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Star Presidian

Vol. 28, No. 1 "Published in the interest of the people of the Presidio of San Francisco." January 11, 1985

News Briefs

Promotion Worksheet revised

A change to the Army's E-5 and E-6 promotion policy, to take effect in May 1985, will allow candidates to amass more points on their 1,000-point promotion worksheet for duty performance, skill qualification test, weapons qualification and physical readiness.

According to Sp5 Mary Jones, NCOIC of the promotions section at Presidio's COMPACT, the change will make it easier for people to make 1,000 points, or at least come as close as they can. "Before," she said, "it was almost impossible to reach 1,000 points."

DA personnel officials say the new DA Form 3355 (Enlisted Promotion Point Worksheet) with implementing instructions will be sent to the field about Feb. 1, 1985.

The worksheet's revisions, according to personnel officials' announcement message to the field, are "designed to promote soldiers who are physically fit, self-disciplined, achievement-oriented, committed to self-improvement and professionally competent."

The change eliminates points for time in service and grade as well as for completing high school. It also reduces the total points promotion boards can award.

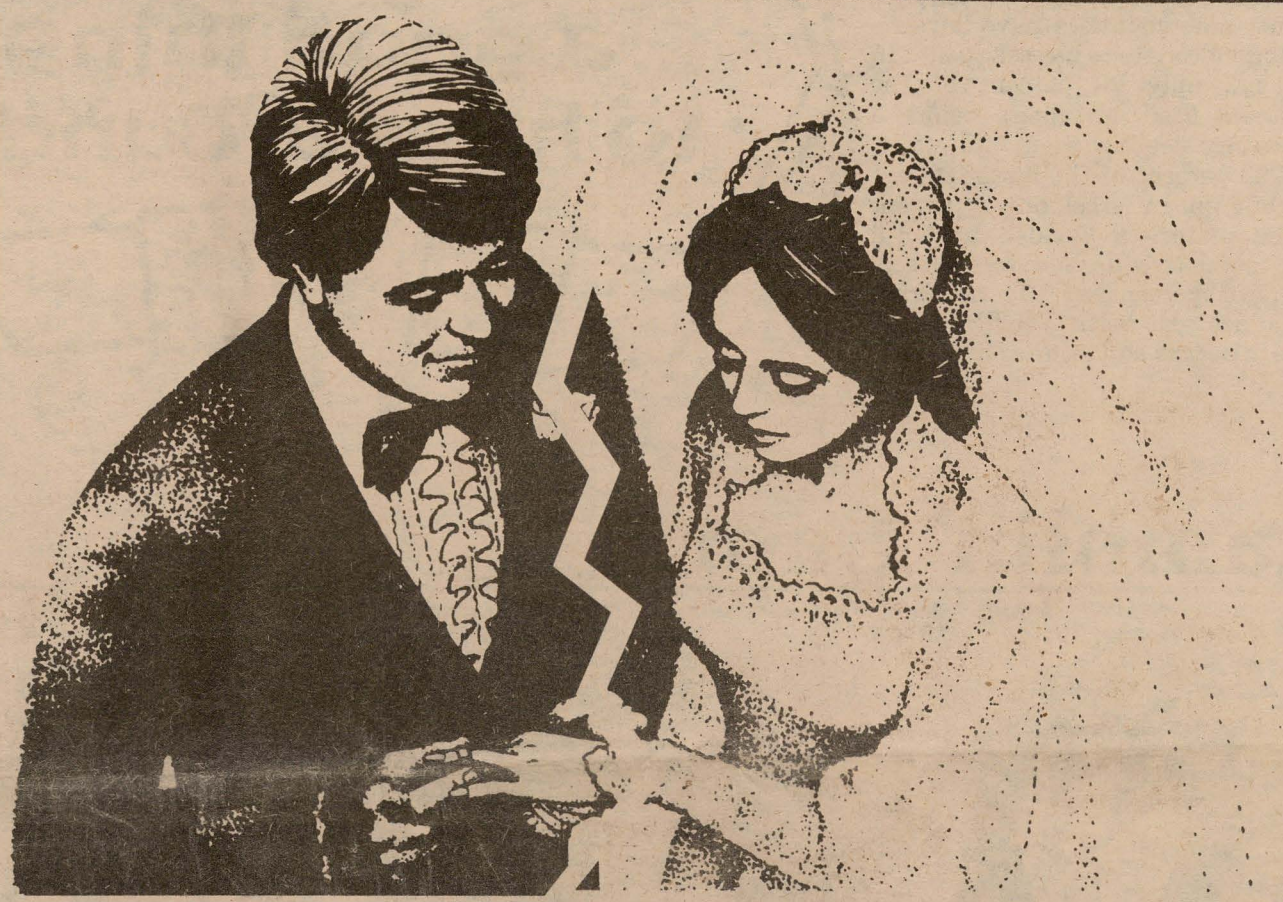
Under the new policy, promotion points will be awarded as follows:

- Duty performance (awarded by commander): maximum 200;
- Skill qualification test: maximum 200;
- Awards and decorations: maximum 50;
- Military education: maximum 150;
- Civilian education: maximum 100;
- Military training: maximum 100 (a maximum of 50 each for individual weapons qualification and the Army Physical Readiness Test);
- Promotion Board: maximum 200.

The policy change will allow a one-time award of 10 points for educational improvement when the soldier completes one of the following while on active duty: high school/GED, accredited post-secondary course or improved GT score. —ARNEWS

Central Appointments phone number changes

The phone numbers for Letterman Army Medical Center's (LAMC's) Central Appointment System have changed. You are no longer able to reach Central Appointments on the 561-5381 number. Instead, you should make appointments for the 23 clinics using the Central Appointment System by dialing 561-5324 (on-post), 563-5324 (commercial) or 415-561-4289 (long distance).



Act extends ex-spouses' rights

by Richard A. Cefola and Mark S. Pfeiffer

There has been a lot of discussion—and confusion—recently about the Department of Defense Authorization Act of 1985. This act, signed on Oct. 19, 1984, amends the Former Spouses' Act to extend medical, commissary and exchange privileges to former soldiers' spouses not previously eligible for these benefits. Several changes went into effect Jan. 1, 1985.

There are three basic categories of former spouses: the 20/20/20 former spouse; the 20/20/15 former spouse divorced before April 1, 1985; and the 20/20/15 former spouse divorced on or after April 1, 1985.

- **The 20/20/20 unremarried former spouse.** This spouse was married to the soldier for at least 20 years, the soldier has at least 20 years creditable service and the couple was married for a minimum of 20 years of the soldier's creditable service. This category of spouse (and minor family member) is authorized commissary, post exchange and theater privileges. If the former spouse is not enrolled in an employer-sponsored health care plan, full military or CHAMPUS medical care is authorized also.

However, if the former spouse is a DA civilian, Presidio's Kaiser and Blue Cross plans (among others) are considered employer-sponsored health plans.

- **The 20/20/15 unremarried former spouse divorced before April 1, 1985.** For this category, the spouse must have been married to the soldier for at least 20 years, the soldier must have put in at least 20 years' creditable service and the couple must have been married for at least 15 of the years of creditable service. In this category, the former spouse is eligible for military medical care or CHAMPUS care for two years following the final decree *if* the spouse is not enrolled in an employer-sponsored health plan. No other benefits such as theater, commissary or exchange privileges are authorized.
- **The 20/20/15 unremarried former spouse divorced *on* or *after* April 1, 1985.** The criteria are the same as those for 20/20/15 (above), except the divorce was final on or after April 1, 1985. This spouse will be entitled to two years of transitional care in the military medical care system followed by the right to convert to a DOD-contracted private health insurance plan. These entitlements also depend upon the former spouse's not being enrolled in an employer-sponsored health care plan. No other benefits (commissary, theater, etc.) are authorized.

The Department of Defense has been given two years to contract with one or more private insurance companies to provide a conversion policy. Such a policy would be available to people who lose their entitlement for care in the military health system (for example: former spouses, non-student dependent children over 21 years old, etc.). All benefits will be terminated upon the former spouse's remarriage. Medical benefits will not be extended if the former spouse takes part in an employer-sponsored medical plan.

please see page 3

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Opinions

Seat belt laws reduce deaths by 15-30 percent

The first comprehensive seat belt law in the country went into effect in New York state, beginning Jan. 1, 1985. The new law requires all drivers and front seat passengers to wear safety belts or face a $50 fine.

Mandatory use laws, such as the one in New York, have proved effective in some foreign countries. Twenty-nine countries have laws requiring motorists to use seat belts. In England, only 20 percent of the motorists used seat belts before a mandatory use law went into effect. Now 95 percent of the motorists are buckling up. In Israel, only 6 percent of the motorists buckled up until their mandatory use law was passed. Now, 70 percent of the motoring public use seat belts. Verified reductions in deaths and injuries in most of these nations are in the 15 - 30 percent range.

The enormous advantages of seat belts have not gone unnoticed by the Department of Defense and the services. Department of Defense Instruction 6055.4 clearly states that "All DoD personnel operating or riding in a DoD motor vehicle required to be equipped with seat belt assemblies shall wear the seat belts whenever the vehicle is in motion. It shall be the responsibility of the senior occupant to ensure that this requirement is observed."

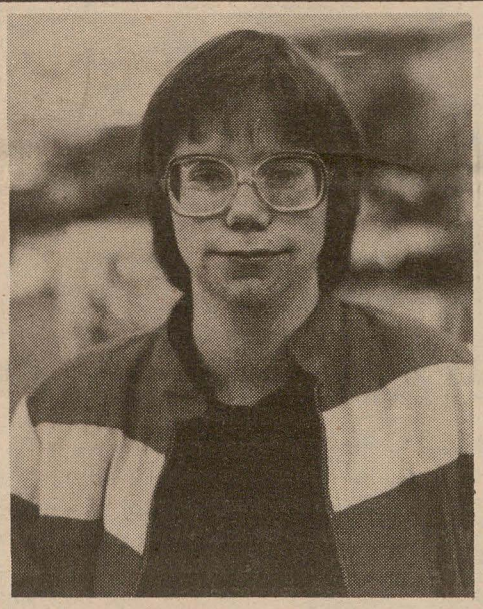
The Army and the Air Force have regulations requiring people on their installations to buckle up. The Navy and Marine Corps leave the decision up to the local installation commander.

AFPS

Ramblin' Sam

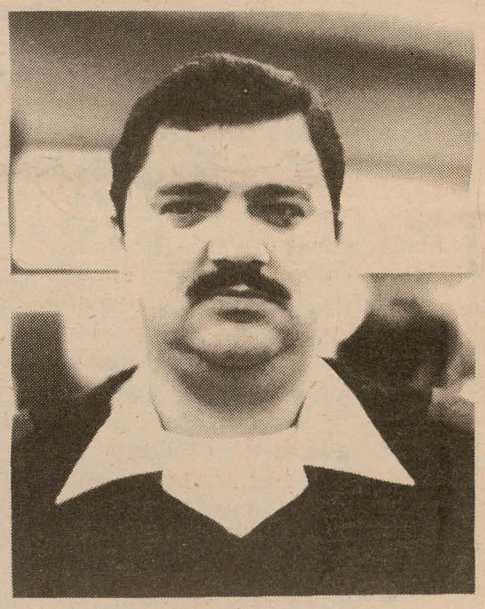
"What story should the Star Presidian run that it hasn't previously?"

Sp4 Lisa Carson, animal care specialist, LAIR, "The subject of animals for laboratory experimental use for research purposes, so as to see how the people who experiment with animals feel about their work—seeing the other side of the story. I think it would be a very interesting story."



Maxine Sumrow, family member, "Family oriented things to see would be nice—things like the San Francisco Zoo and the Aquarium. People don't know the cost of things, yet would like to do things on Saturdays as a family."

SSgt. Jesse Meddler, communications chief, COMPACT, "They should look more into compassionate assignments, especially for sole survivors and E-4 s and below in regard to housing. Most are single parent females, E-4 and below, and are having a tough struggle on the economy. The Army should take a good look at that."



Capt. Pedro Serna, Force Modernization Officer, Sixth Army, "I would like to see something on the manpower staffing shortage at both Presidio and Sixth Army. I have seen stories on housing shortages, but nothing current on the ongoing problem."

Poetry Corner

Remember the special things....

Like: the way the sunshine warmed the fir trees...
the way they rocked and swayed...
Like: the way the stream sounded...so fresh and calm...knowing its destination only by proceeding...

Like: the way the cool, crisp air chilled your arms...
but somehow it warmed your heart...
Like: the sound of children playing outside...
without a care in the world...

I Remember to...
thank you for wiping the tears from us...
for making us happy and joyful...
But most of all:

thank you for loving me as much as I love you...

I love you, Mom
Pvt. Daniel L. Gourley

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Ex-spouses continued from page 1

It is important to note that the definition of "service that is creditable in determining the member's or former member's eligibility for retired or retainer pay, or equivalent pay" is *not* restricted to active federal service. Any combination of active, reserve or other creditable service that can be verified by the appropriate authority counts toward meeting the service requirement.

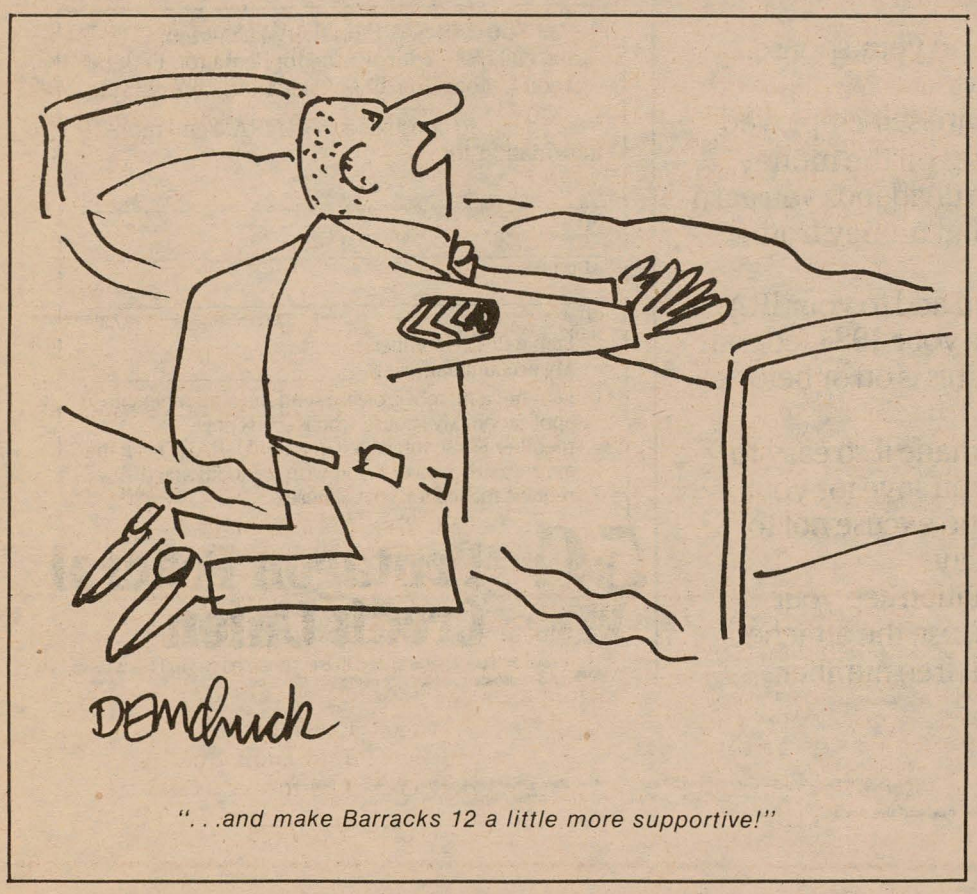
The Identification Card (ID Card, DD Form 1173) issuing/verifying office is responsible for getting the necessary statements of service from either the servicing Military Personnel Office (MILPO) for active duty soldiers or the Reserve Components Personnel and Administration Center (RCPAC) for retirees, reserve components and deceased soldiers.

Applicants for ID Cards must present the following documents in support of their applications: marriage certificate; divorce, dissolution or annulment decree; and a statement from the applicant confirming unremarried status and stating whether or not they take part in an employer-sponsored health plan. Presidio's COMPACT (Consolidated Military Personnel Activities) office in Bldg. 86 will provide preprinted statements for this purpose, as well as obtain the required statement of service.

Since there is no interservice eligibility verification agreement among the five branches (Army, Air Force, Navy, Marine Corps and Coast Guard), an applicant whose spouse was most recently affiliated with another branch of service must apply to that branch.

For answers to legal questions, call Melvin A. Howry, Office of the Staff Judge Advocate, at (415) 561-2925 or 561-6096. For questions about eligibility, call the COMPACT Personnel Actions Branch at 561-3478/5137.

The Lighter Side



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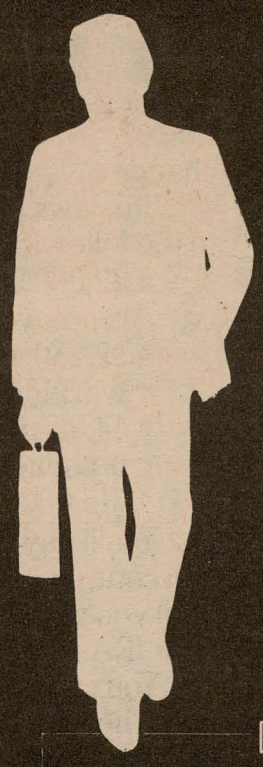

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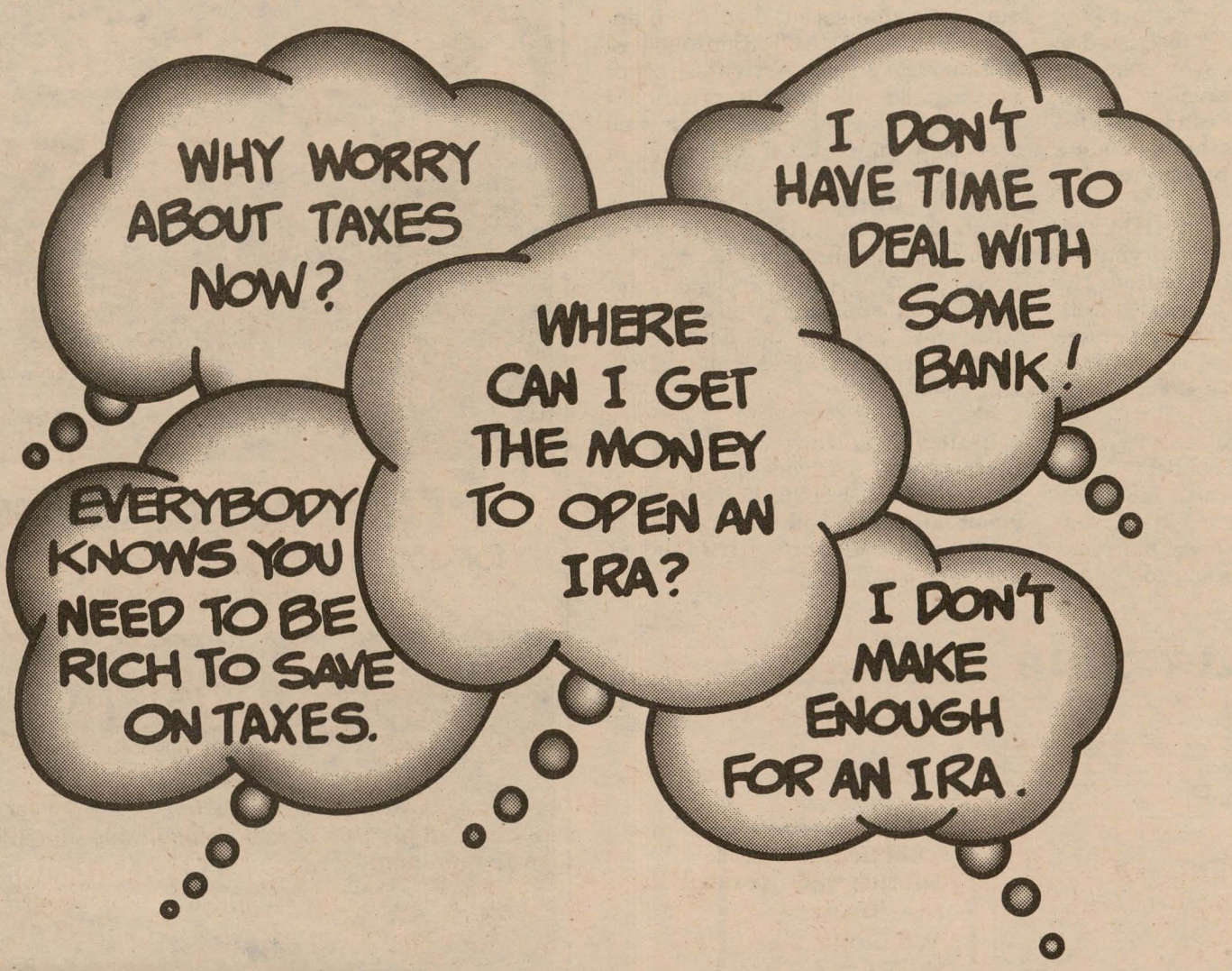

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Movie Review

'The Cotton Club' - sizzling, sexy and a must-see

by Liz Greeley

Once upon a time (back in the big studio days), movie moguls made films with attention to detail and quality. These films has lots of production values—good singing, dancing and acting; an interesting plot and, sometimes, a little sex with a dash of danger.

I thought those times were long gone—that is, until I saw "The Cotton Club," which opened at the Regency III Theatre in downtown San Francisco on Dec. 14. It has all that and more.

Starring Diane Lane as Vera Cicero and Richard Gere as Dixie Dwyer, the singing and dancing alone—the Hines Brothers set the place on *fire*—is worth the price of admission. And sexy? Diane Lane's sultry, sizzling sensuality is the kind that grabs your attention span by the lapels and gives you a good...hard *shake*.

But "The Cotton Club" does have its flaws. Number one in my book is the Lane-Gere match-up; it just doesn't work. Where is the chemistry, the *magic*? Number two is the weak storyline motivation. Some characters' motives just aren't clear enough.

Others will probably add Richard Gere's acting ability to the list of drawbacks. Here is where I beg to differ... who cares if he can act? The man is gorgeous! I'm happy just to be able to look at him for two hours.

As to Diane Lane, she's one of the film's major strengths: not only is this latter-day Cleopatra beautiful and smokily seductive, but she can act with a capital A! What would have been a cartoon character in a lesser actress' hands is a fully rounded, fleshed-out role for Lane.

"The Cotton Club" has what it takes in all the right places: interesting and good-looking characters, wonderful songs, jumping jazz-dancing, romance, intrigue and murder.

Once upon a time they made films like that in Hollywood.

With the release of "The Cotton Club," those times are back.

"The Cotton Club" is rated "R."

photo by Adger W. Cowans

Diane Lane as Vera Cicero chats with Dixie Dwyer, played by Richard Gere. Gere plays all his own cornet solos in this film. (Photo courtesy Orion Pictures Corporation)

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Feature

Paul Laubscher strolls down Agave Trail on Alcatraz Island. photo by Bob Walker

Trailblazing Presidio Scout soars with Eagles

by Bob Walker

Presidio now has something that it hasn't had in about five years: a new Eagle Scout.

Sixteen-year-old Paul Laubscher received his Eagle badge on December 19, 1984. He comes from a family with a strong background of such achievements. His father and brother were both Eagle Scouts and his sister holds the Girl Scout equivalent—the Silver Star Award.

According to Brig. Gen. Walter Bickston, it is harder to become an Eagle Scout than it is to become the head of a big corporation or even a general. What does a Scout have to do to make Eagle when only 2 percent of the boys going into scouting attain that rank?

First they have to earn *21* merit badges; Laubscher earned 36! Also, they have to do a service project requiring many hours of work, which has to be documented.

Laubscher's original project was to work on the Presidio Ecology Trail. He had planned to clean it up, remove litter and install signs directing nature lovers along the trail.

But his plans backfired when red tape got in the way of obtaining signs for the trail. He and the rest of the troop (under his direction) had picked up litter on many occasions. Though the hours spent working on the project ticked by, because of the red tape he had to plan a new service project, since he was unable to complete the original. Laubscher said that he had put in hundreds of hours' work on the trail over a period of about a year, with the help of about 20 to 25 other Scouts. Even a special Ecology patch was designed for the project... all for naught.

When asked how he felt about all of this, he said, "At first there was a lot of animosity; I had put in a lot of time. I like the trail a lot and I really wanted to complete the project. The proverbial red tape got in the way."

Undaunted, he then started work on a new project—blazing a trail on Alcatraz Island. The trail was completed in one long day on July 14, 1984, with the help of about 10 other Scouts. The trail is called the Agave Trail, after the plant that grows there.

Agave is like a cactus, having long sharp spines. The boys had to cut through the agave to blaze the trail. The trail is over three-quarters of a mile long. But blazing through the agave was only one part of the job; topsoil had to be spread over much of the trail to make walking easier.

Laubscher said, "It was strenuous work because there was a lot of pick and shovel work. It took about 80 man-hours to complete, plus 40 hours of planning."

He hopes that some other Scout will be able to pick up the Presidio Ecology Trail project and see it to its completion. "It's a really beautiful trail with lots of plants for people to enjoy. People are drowning in their own ignorance because they don't know it's there," he said.

Laubscher came home from school as a junior at Principia Upper School in St. Louis to receive his award. He hopes to attend West Point if he is accepted.

He eventually wants to go into politics or counsel other nations. "I want to make nations know that at any time, two nations can talk to each other," he said. His ultimate goal, though, is to become president of the United States.

His father, Chaplain (Lt. Col.) Walter Laubscher, said of his son, "I'm extremely proud of Paul. He wasn't discouraged when plans for one reason or another couldn't be accomplished. He hung in there and, through the National Park Service, was able to go to Alcatraz and build a trail at one end of the island."

His mother, Marilynn Laubscher, said, "I think the scouting program was fine for Paul, a place to express his talents; it's been a growing experience for Paul. I'm very, very impressed with all the support Paul received from the troop and the post—we're a post scouting family! I was delighted that he was able to persevere. My excitement didn't come until I got home after the awards and looked back and saw all the support he received."

Perseverance and support were the keys to young Laubscher's Eagle success. With such determination, maybe someday he really will become the president of the United States. Maybe he'll even find becoming president is easier than becoming an Eagle Scout.

Feature

Welder from D/864th wins SOM competition

by Liz Greeley

A squad leader from the Maintenance Platoon of D Company, 864th Engineers captured Soldier of the Month honors for November.

Sgt. William A. Barnello Jr., age 24, of North Syracuse, N.Y., won the competition.

Barnello, both a squad leader and the senior welder for the Maintenance Platoon, said the Soldier of the Month board was competitive and challenging.

"I sat in awe of the vast amount of information it takes to be a soldier—the vast amount of knowledge you have to possess to be a good soldier, to be a professional soldier—and the rich heritage there is behind being a soldier.

"Really, it just makes me feel good to be a member of the United States Army, somebody who serves his country," he said.

The son of a retired Air Force master sergeant, he said it was somewhat of a shock to his father when he decided to join the Army as a 17-year-old high school student.

"The Army just appealed to me more than the other services, I guess. I saw more heritage there and, maybe, a little bit more pride. There was a lot of pride in the Marine Corps, but I didn't particularly want to be a Marine," he added.

"I just like the Army, I guess."

So join the Army he did, coming in under the Stripes for Skills program. Since he had studied welding at a vocational-technical school during his junior and senior years, he was able to enter the Army as an E-2. Afterward followed fairly rapid promotions to his current rank and position.

He has strong feelings about what it takes to be a good squad leader and a good sergeant.

"I guess it's how you feel when you go home at night," he said. "If you go home at night and put your feet up and say, 'I did a good job today and I didn't kid myself and I didn't cheat the Army out of anything,' then you can pretty much rest assured that you're a good soldier, and that's the basics of it whether you be an NCO or an officer or just an enlisted member... we're all soldiers.

"I try to go home every night feeling that I did my best in any situation," he added.

A self-described "by-the-book" soldier who doesn't believe in cutting corners or making up his own rules, he said he goes by what the Army says is right, "because they must have *proven* it right or they wouldn't have put it on paper for us to follow," he maintained.

Barnello also looks out for his soldiers, especially when it comes to acting in their best interests, though he admits they probably don't see it that way at the time.

It seems that soldiers sometimes start to develop bad work habits, but if you break their habit now, when it's starting, then you don't have to wait until it's a big problem, he said.

Though he hasn't decided exactly what course he wants his career to take, what seems to matter most to him is just being a good soldier.

"I don't know if I want to stay enlisted, but if I look at my first sergeant, I see that he is probably one of the most professional soldiers I have ever met."

But what he likes best about the Army is the *opportunity.*

"You have control of your destiny," he said. "In other words, you can be all you can be—you have that chance in the Army.

"You can do anything you want in the Army; you can *be* anything you want." Like Soldier of the Month, squad leader and NCO.

Soldiers, sailors enjoy services' retirement homes

"Taking care of the troops" is more than just a slogan. Elderly retirees and disabled servicemembers are eligible to live in retirement homes operated by the federal government.

The U.S. Soldiers' and Airmen's Home is located in Washington, D.C.; the U.S. Naval Home is at Gulfport, Miss.

The beautiful setting in Washington provides residents with outstanding health care facilities, comfortable living arrangements and activities.

Robert M. Brown, a retired Army staff sergeant, said he enjoys the home because "it allows me to live my golden years in proper pride and self-respect. I am not alone."

Others like it for recreation and companionship. Richard C. Boyd, a retired Army sergeant first class, said he's there because of "the fine facilities for meeting my health and recreational needs, and the continuing fellowship with men and women of similar background."

The home's 385-bed hospital is for the exclusive use of residents. Geriatric care specialties include podiatry, dentistry, mental health, rheumatology, optometry, cardiology and neurology. There is also physical, occupational and recreational therapy.

The typical resident is a 67-year-old male who served 20 years on active duty in enlisted status and has been living at the home for nine years. However, the ages range from 40 to 100, although most are between 60 and 79. About 4 percent of the residents are women.

A spokesman for the home explained that all regular, retired enlisted personnel and warrant officers with 20 years of honorable service are eligible for admittance as well as non-retired enlisted personnel and warrant officers unable to earn a living because of service-connected disabilities or who served during wartime and are unable to earn a living because of non-service-connected disabilities. Currently, only about 12 percent are not retirees.

Soldiers' and Airmen's Home

There are no age or income restrictions. However, anyone convicted of a felony during or after service is ineligible. An alcoholic must show proof of recovery and a deserter must show evidence of later good conduct.

Accommodations for the more than 2,000 residents include private rooms with a member manager on each floor to ensure resident welfare. Showers and bathrooms are shared.

Residents are charged 25 percent of their retired military pay and/or VA compensation. The average cost is $229 a month. All other income is exempt. About 25 percent of the residents work at the facility or outside the home.

No taxpayer money is used. The rest of the money to meet the facility's $31.3 million annual operating budget comes from 50 cent monthly contributions made by active duty soldiers, airmen and warrant officers, and interest from a fund set up with these contributions, as well as from court-martial fines. In fiscal year 1983, these fines totaled $23.7 million, or 51 percent of the home's total income of $46.8 million.

In July 1984, there were about 300 rooms available. However, because the hospital is filled, only those in fairly good health who are able to take care of themselves are being considered. There is no waiting list.

Unlike the Soldiers' and Airmen's Home, which is an independent federal agency, the U.S. Naval Home in Gulfport, Miss., is part of the Navy. It has an annual operating budget of $5 million and is run by active duty naval officers. There is no charge to residents. In July 1984, there were 170 vacancies in the 600-resident facility. There is no waiting list for retirees. The average wait for non-retired veterans is three to six months.

All honorably discharged Navy and Marine Corps veterans, 65 years of age or older, who are unable to earn a living, including commissioned officers, are eligible, provided they are able to walk and are in fairly good health. Upon admission, they must be able to take care of themselves and their rooms. Coast Guard veterans who served during wartime as part of the Navy are also eligible.

Although the age requirement is 65, exceptions are made for disabled veterans. About 40 of the residents are disabled veterans. Approximately 75 percent of the residents are retirees.

"Although we are primarily a retirement home, we take 29 non-retired veterans a year," a spokesman explained. Each application is reviewed separately. "We consider things like disability and whether a person was a POW," the spokesman added.

The 60 women at the facility make up 15 percent of the residents. Their average age is 81; the average age for men is 78.

The 11-story residency building, which dominates the 38-acre site on the Gulf of Mexico, includes a dining hall, library, theater, bowling alley and a Navy Exchange. There are also an outdoor swimming pool and a 60-bed health care facility.

As at the Soldiers' and Airmen's Home, convicted felons need not apply. Alcoholics must show proof of recovery.

For more information and applications, contact the Governor, U.S. Naval Home, 01800 East Beach Blvd., Gulfport, Miss. 39501. Tel.: (601) 896-3110.

To contact the Soldiers' and Airmen's Home, write or call the Secretary, Board of Commissioners, U.S. Soldiers' and Airmen's Home, Washington, D.C. 20317. Tel.: (202) 722-3338.

AFPS

Feature

photo by B.J. Mountrey

Thomas K. Squier crushes acorns, which can be used as flour, mush, a coffee substitute or ingredient in various foods.

Wild nut trees provide food, fuel, fungicides

by Thomas K. Squier

Because nuts such as almonds, pistachios and Carpathian (English) walnuts are available in supermarkets and are fairly inexpensive, not many people venture into the woods to forage for wild nuts. But the same favorable growing conditions that have made almond and pistachio cultivation a major California industry also help produce a bounty of wild nuts, which often go unharvested.

One doesn't need to be concerned about taking food from the mouth of a hungry squirrel or other animal, either. At one point on busy Highway 101, between San Francisco and Castroville, the author discovered a dozen or more wild black walnut and butternut trees. The trees were loaded with this year's harvest, and the ground below was littered with uneaten nuts from years past.

Walnuts and butternuts are related, and both are excellent sources of protein, oil and carbohydrates. The Indians would crush the walnuts after removing the husks and drop them in a pot of water. The pieces of walnut (about *$7* per *pound* now in grocery stores) would sink and the shells would float to the surface, where they could be removed. (These shell particles are excellent for smoking meat.) Also, on top of the water would float a layer of oil, which the Indians skimmed off and stored for use in cooking; walnut oil is very rich.

When the walnuts fall, the hard nut is surrounded by a soft, green husk, which turns black and falls off to allow the nut to dry and mature. The husks contain a natural antiseptic and antibiotic which the Indians and herbalists use in treatment of such skin diseases as ringworm and athlete's foot, which are both actually fungus infections. The black water from the soaked walnut husks is an excellent cure for athlete's foot—if you don't mind having brown feet. The Indians also use walnut skins to dye cloth and wool—brown, of course.

In mountainous areas are found chinquapin trees, diminutive cousins of the chestnut. These small, sweet miniature chestnuts are delicious raw or roasted. These nuts grow on small bushes, with three or four nuts enclosed in a small burr that looks like the mace of a knight.

The acorn, which is found virtually everywhere, can literally serve as an entire meal. It can be used as a coffee substitute, flour meal, a "mush" and of course as a roasted nut.

All acorns contain tannic acid in varying amounts, which makes them bitter if there is a lot of it and it is not removed. Fortunately the acid can easily be leached out with cold water, with the shells on or off. It's easiest to crush a quantity of acorns as you would walnuts and let the meats sink while the hulls float to the top to be removed. Keep changing the water until it no longer darkens; the acorns should be sweet by now. They should then be boiled until soft. Continued cooking produces a mush which is highly nutritious and was a winter staple in Indian diets. When thickened, this mush can be fried or roasted into flat cakes or crackers. Dried and pulverized, the softened acorns become a flour to be stored and used like any other flour. The softened nuts can be roasted until brown and then ground up to be boiled as a coffee substitute, without caffeine, but very tasty. When mixed with chicken broth and celery and onions and maybe pumpkin, the acorns make a delicious soup.

Previously the tannin was removed commercially for use in tanning leather. Tannic acid is an astringent and is also used in herbal medicine for such things as drying up weeping sores of burns and poison ivy.

Oak trees are fairly rapid growing and come in two types, evergreen and deciduous (which drop their leaves in winter). Both have dense wood that gives off high heat when burned.

Not only do nut trees provide food and warmth, but the living trees purify our air as well. So if you gather wild nuts for yourself, be sure to pick a few extra ones to plant in areas where there are no trees now. Future generations will thank you.

Feature

How DoD fights fraud

"I consider this type of activity on the same level as sabotage.' " So remarked U.S. District Court Judge Marvin Shoob in sentencing two employees of the Metal Service Center of Georgia, Inc., to 10 years in prison and directing they be placed on probation for five years following their release.

The two had been convicted of selling inferior metal to the Department of Defense. Some of the metal found its way into armor plating for the battleship *USS New Jersey* and the U.S. Space Shuttle Program. Judge Shoob also stated that one of the defendants "endangered the lives of a lot of people, motivated by greed and a lack of concern for his country."

Combatting fraud, waste and abuse is a continuing priority for the Department of Defense. And in the last three years, according to the Defense Department, significant progress has been made, saving taxpayers billions of dollars.

In the past three years:

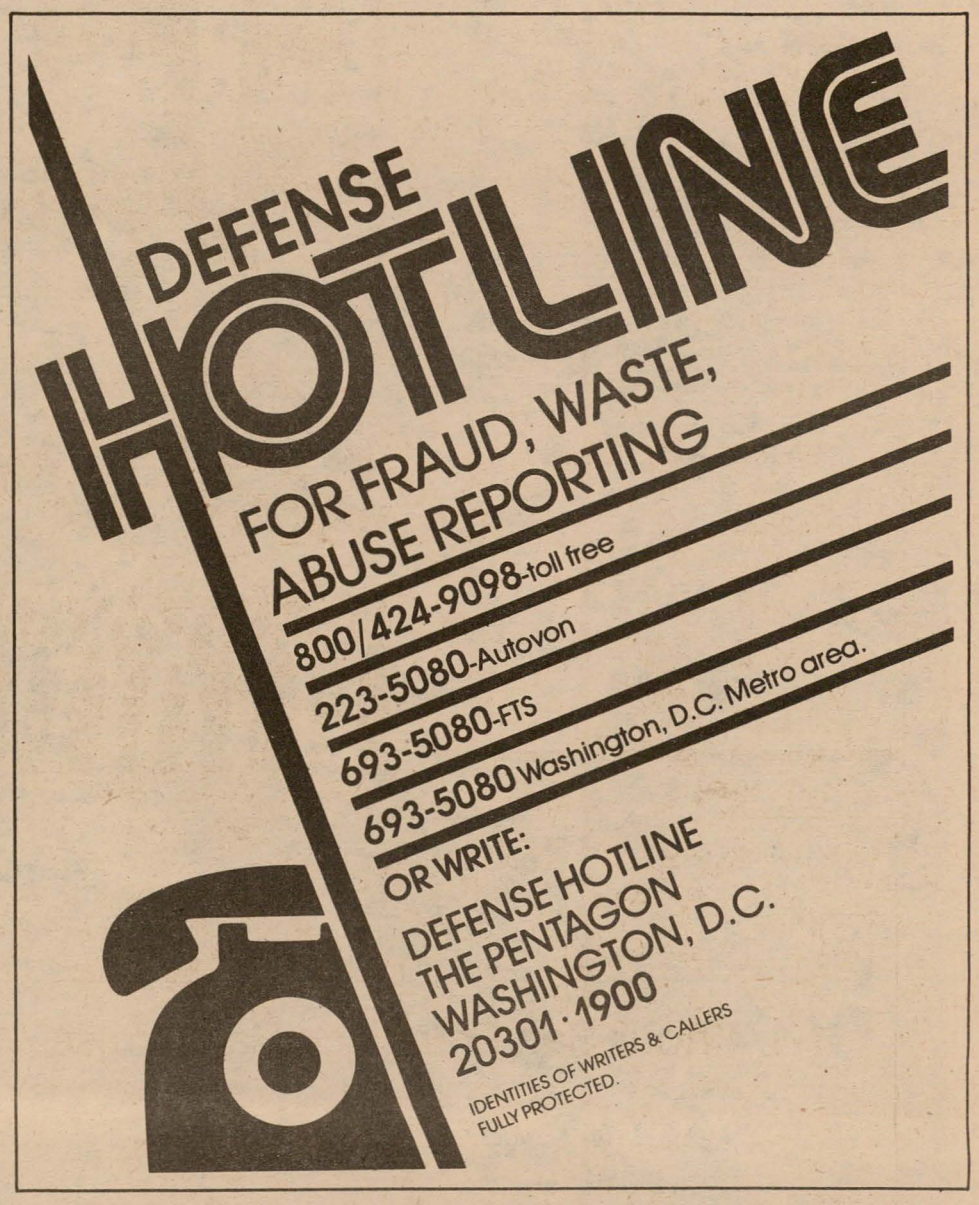
- 58,000 internal audits were completed, with potential savings of $6.1 billion;
- 123,000 corrective actions were completed on 41,000 DoD internal audit reports, resulting in monetary benefits of $4.8 billion;
- 2,400 corrective actions were taken on 1,000 General Accounting Office (GAO) reports, resulting in monetary benefits of $3.6 billion; and
- An additional 4,000 DoD and GAO reports are being tracked, with potential savings of $3.1 billion.

In October 1981, Secretary of Defense Caspar W. Weinberger established the Defense Criminal Investigative Service (DCIS) to focus on "white collar" crime. The DCIS is a specialized unit under the DoD Inspector General with about 250 agents in 10 main field offices and 18 subordinate locations.

DCIS has an impressive record: 186 indictments, 143 convictions, and $18 million in fines, recoveries and recoupments. Included in these figures are judgments against these defense contractors:

- *Sperry Corporation* — Convicted of mischarging labor hours on two Air Force contracts involving the Peacekeeper missile. A total of $30,000 in fines, $650,000 in double damages and $167,000 in interest penalties were assessed.
- *Davey Compressor Company* — Convicted of fabricating documents to inflate the cost of materials. Davey's vice president was sentenced to two years in jail, and the company was fined $250,000 plus $2.7 million in civil penalties.
- *National Semiconductor* — Convicted of false certification of microchips. Criminal fines of $247,000, $105,000 for the cost of prosecution and $1.4 million in civil penalties were levied.
- *Municipal and Industrial Pipe Services, Ltd.* — Convicted of submitting fraudulent statements concerning construction work at 14 DoD facilities. Three corporate officers, all members of the same family, received sentences ranging from six months to eight years.

AFPS



Dr. King's friend to address memorial service

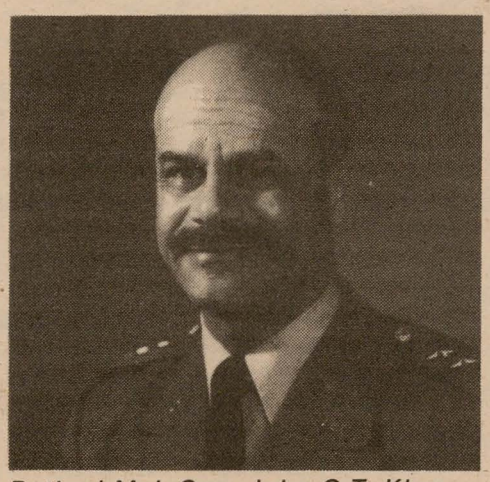
by Cate Fields

Sunday, John Q.T. King, president of Huston-Tillotson College of Austin, Texas, and a retired Army major general, will be guest speaker at the 11 a.m. memorial service honoring Dr. Martin Luther King Jr. at the post chapel.

Gen. King was a personal friend of Dr. King. "I met Martin through Dr. Benjamin E. Mays, president of Morehouse College in Atlanta. Dr. Mays introduced Martin [then a Morehouse student] as 'a young man with a great future and a young man of great promise.' Our paths crossed quite often after that," Gen. King said.

Gen. King has been president of Huston-Tillotson College since 1965 and is a well-known writer as well, having collaborated with others on four mathematics textbooks and contributed numerous articles to both professional and religious journals. With his wife, he co-authored two books: "Stories of 23 Famous Negro Americans" and "Famous Black Americans."

Besides being a friend of Dr. King, Gen. King was an active participant in the civil rights movement. Today he is still quite active in civic and professional organizations. He is also a recipient of the Martin Luther King Jr. Humanitarian Award and the Roy Wilkins Meritorious Award.


Retired Maj. Gen. John Q.T. King

According to Gen. King, he feels one of the really unusual things about Martin Luther King was that he was a very high-energy person, with a highly vivid imagination, and great drive as well.

"He was a man of ideas and a man of ideals," he added.

Sunday's memorial service will include songs, confessionals and a litany entitled "Let My People Go," inspired by Dr. King's famous and dynamic speech, "I Have a Dream."

According to deputy post chaplain (Lt. Col.) Jerry Autry, this service will recognize Dr. King's accomplishments, but more importantly, it is a memorial for the living, focusing on the achievements and accomplishments of blacks today.

Such blacks are well represented by John Q.T. King, who made it to the rank of major general in the United States Army before becoming a college president.

Gen. King's speech, "The Amistad Story," talks about the debt he feels we all owe Dr. King.

"He was a very fine, compassionate person. He was a 'people' person and he was very soft-spoken—except when he was preaching," he said.

But what he thinks people should remember most about Dr. King is his compassion... and his love.

"I think his compassionate fervor, his love of people, his concern for the welfare of *all* people and his concern for peace are what we should remember most about Martin," he said.

When memorializing Dr. King this Sunday, perhaps we should also remember that it was his determination and persistence through *non*-violence which has in large part overcome racism so all Americans can live with dignity and self-respect.

Two decades have passed since the heyday of the civil rights movement. For many the struggle and protests for equality are still vivid in their minds, because they were *there* ... they were on the streets of Birmingham. They remember what it was like to live in segregated towns and to be treated as second-class citizens. Yet they survived that violent era to watch our society consciously begin to change.

Twenty years later, the progress toward equality is taken for granted by many of the young. Today they expect to be treated equally and fairly. No longer do "whites only" or "colored" signs hang above public restrooms or in restaurants. Today we live in integrated towns and cities and our children attend integrated schools.

Twenty years ago Dr. Martin Luther King Jr. had a dream—a dream that one day black children and white children would go to school side by side, irrespective of race. His dream became the dream of many.

Today it is our reality.

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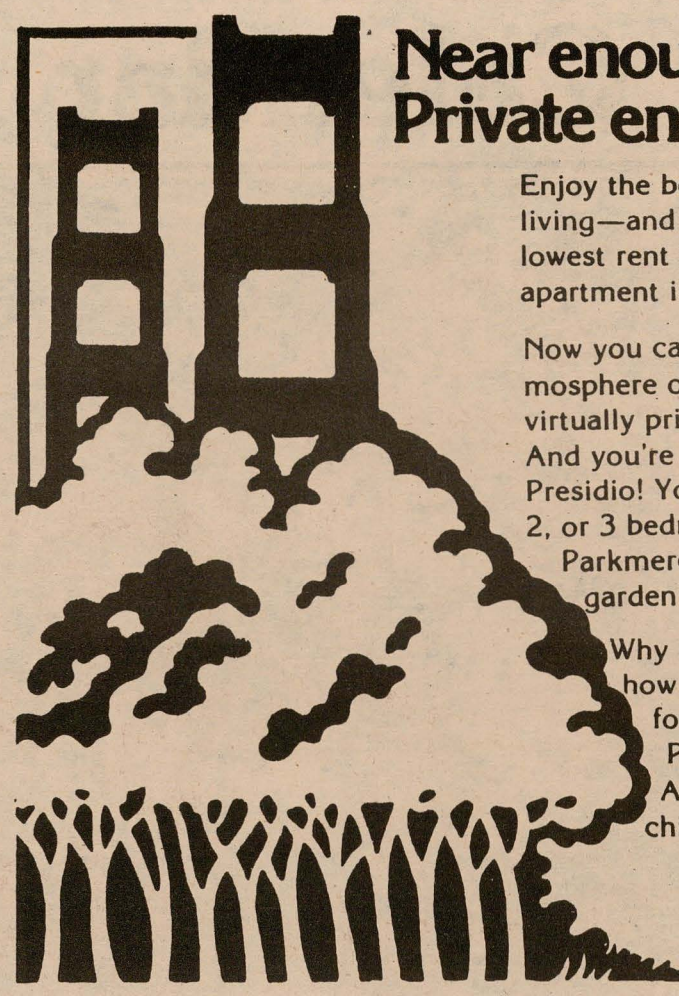

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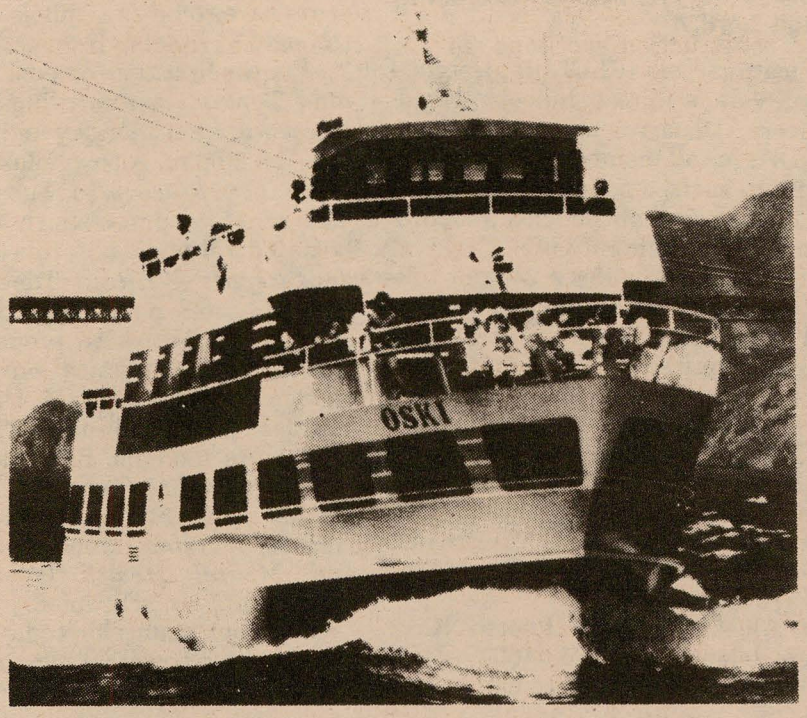

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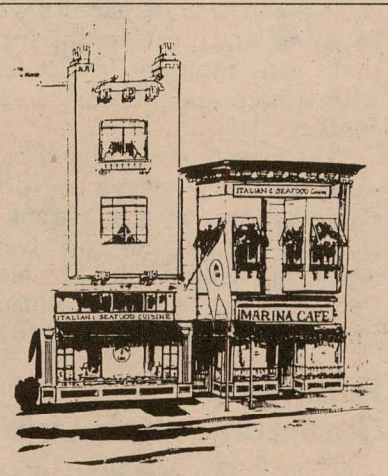

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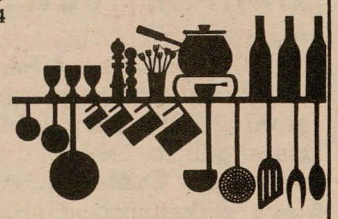

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Community Calendar

Purple Heart

Recipients of the Purple Heart, awarded to those wounded or killed in battle, are entitled to increased recognition under provisions of recently enacted legislation.

The medal has been raised in stature so that it now ranks immediately after the lowest award for valor when worn on military uniforms. It was previously worn after the lowest achievement medal, and before the Good Conduct Medal.

This was the second action affecting the Purple Heart last year. In February, the president signed an executive order that authorized the medal for military personnel and American civilians serving with U.S. forces who are victims of international terrorist attacks against the United States or against foreign forces friendly to the United States.

AFPS

FEW meeting

Wanda Greer of the San Francisco Chapter of Federally Employed Women (FEW) announced the group will meet at the Presidio Officers' Club January 16, commencing with no host social at 5:30 p.m., followed by dinner business meeting. Guest speaker will be Ms. Barbara Sanford, program development specialist for the Women's Bureau, Department of Labor. Ms. Sanford will present an overview of the responsibilities and functions of the Women's Bureau and how members of FEW may utilize the Women's Bureau services.

Greer said, "Ms. Sanford is dedicated to all working women, including young women facing career decisions, displaced workers, housewives stepping into the job market and women anxious to make the leap from middle to upper management."

For dinner reservations, contact Margaret A. Smith at 561-3852. For details about Federally Employed Women, write to the San Francisco Chapter, Federally Employed Women, P.O. Box 29115, Presidio of San Francsico, CA 94129.

Parent Effectiveness classes

Child Development Services will offer Parent Effectiveness classes beginning Thursday, 7-9:30 p.m. Classes will be held at the Child Development Center, bldg. 563. The 24 hours' instruction (10 sessions) will focus on listening skills (yours and your child's), on problem ownership, on active listening and on problem solving (a six-step process that really helps). Parent Effectiveness classes can provide parents with new listening and problem-solving skills that can improve communication with others and reduce parent-child conflicts.

The class instructor will be Karen Jupe, family services director. Registration for the Parent Effectiveness classes is now being accepted at the Child Development Center, bldg. 569. For additional information call Jupe at 561-4612.

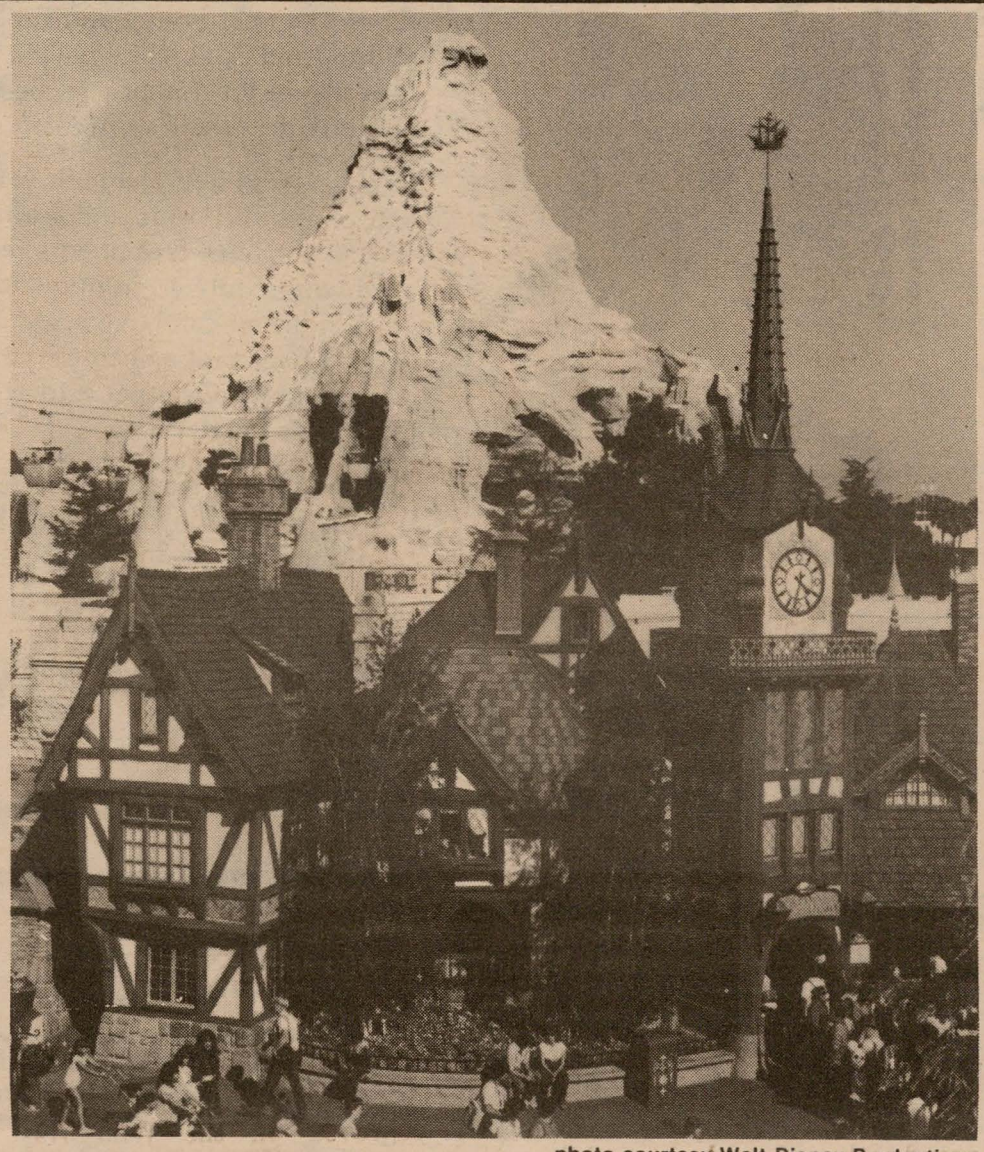


photo courtesy Walt Disney Productions

Storybook land

January 9 through June 21 are Military Days at Disneyland (excluding weekends and the week of March 30 through April 7.

Family Life Communication Line

The Army Family Life Communication Line (FLCL) is designed to provide a direct link to Headquarters, Department of the Army (HQDA) for all members of the Army family to surface policy issues and to get information on policies and programs affecting family life.

The FLCL provides a 24-hour toll-free service for the families of active and reserve components, DA civilians, retired soldiers and other service personnel stationed with Army elements in CONUS (continental United States), Alaska, Hawaii, Puerto Rico and the Virgin Islands. Telephone numbers:

- U.S. (except Virginia): 800-336-5467; Virginia: 800-572-5439;
- Alaska, Hawaii, Puerto Rico, Virgin Islands: 800-336-5460.

You are encouraged to call.

Commissary Council

The Commissary Council meeting is scheduled for Tuesday at 10 a.m. in the post conference room, bldg. 220, All areas of operation affecting provisions of adequate service will be discussed. Authorized patrons of the commissary are invited to attend and present pertinent data for the council's consideration.

Dr. Martin Luther King Jr. birthday activities

The Presidio of San Francisco is sponsoring two activities to commemorate the birth of Dr. Martin Luther King Jr. These activities are:

Sunday, January 13: Memorial Service - Post Chapel at 11 a.m.

Tuesday, January 15: Luncheon - Presidio Officers' Club from 11 a.m. to 1:15 p.m.

Tickets for the luncheon are $7 and must be purchased no later than by today. Tickets will not be sold after this date. Point of contact is 2nd Lt. Michelle A. Koster, Equal Opportunity Advisor, 561-4602/3701.

Start the year right

Resolve to further your education by enrolling in a college course right here on the Presidio!

City College of San Francisco courses begin Monday. The *Supervisory Development Certificate* program begins its introductory course on Monday and Wednesday, 6-8 p.m. If you want to become a better boss or prepare to be one, this is the place to begin.

For the first time on post, a *Beginning Typing* class carrying a college credit will meet Monday and Wednesday, 6-8:30 p.m. Also available are *Income Tax Procedures* Tuesday and Thursday, 6-9 p.m.), which will cover both federal and California tax laws, and *Report Writing* (Tuesday and Thursday, 6-8 p.m.) to help soldiers and civilians learn to prepare effective written communications at work.

San Francisco State University courses start January 22. *U.S. History to 1865* and first and second semester *English Composition* will be conducted at Ft. Scott. At LAMC, *Holistic Nursing* (Monday, 5-9 p.m.) and *Mental Health* (Wednesday, 5-8:45 p.m.) are scheduled.

See your counselor today to take the first step toward a more educated future!

Time to Spare

The greatest mountaineer

by C.A. Wolff

John A. "Snowshoe" Thompson was a man of tremendous strength who dedicated his life to helping others. In the winters of 1856 to 1876 he carried the mail across the mountains from Placerville to Carson Valley, Nevada, in 70-pound sacks on homemade skis.

The trip was 90 miles each way over the crest of the Sierras and it took him three days over, one day to rest and two days back on his 25-pound skis. Five days later he would repeat the trip, until the spring thaw, when the wagon trails were usable again.

The only man who applied for the job of carrying the mail, when asked why he did it, his answer was "people get lonely in the long winter without their mail."

No overcoat, no blanket

"Those extra items would add weight," he told friends. But he did carry beef jerky and hard biscuits. At night when he didn't ski by starlight, he would light a fire in a cave or overhang and sleep for a few hours. He carried a pistol on his first trip only because he saw a pack of wolves once.

He was paid for only two years' work—the rest of his service he received nothing due to red tape.

To this day not even a commemorative stamp has been printed in honor of him.

125-year record challenged

In 1984, expert ski mountaineer Allen Drummer decided to challenge Snowshoe Thompson. So he got in top physical shape and followed Snowshoe Thompson's route to take a shot at his record.

Drummer carried 90 pounds on his back, but had the latest in skis, freeze-dried food and equipment.

It took him five days and he's one of the *best.*

To read more about the 180-pound, six-foot-tall Snowshoe Thompson, read the book "Flying Snowshoes," by Evelyn Teal.

Community Calendar

Recreation Center news

Saturday is the Bay Bandits Volksmarch Club to Sacramento Volksmarch. It costs $10 ($6 transportaton, $4 medal).

Novitiate Winery and Los Gatos Old Town tours cost $5.

Special Event:

Super Bowl Sunday, January 20 from 10 a.m. to 9 p.m. Join the crowd. Football on the big screen TV, popcorn, refreshments and hot dogs for all our fans. Bring the family and enjoy.

Workshops:

Gourmet Cooking, "Winter Dinner," January 27 from 2 to 6 p.m. The cost is $10 and you eat what you make! Three persons minimum. Isabel Stephenson will instruct the class.

Classes:

Beginner's Cake Decorating Class, January 23, 7:30 to 9 p.m. The cost is $25 for four sessions. Eight persons minimum. The instructor is Janet Phillips.

Learn to Play Bridge; beginner's class every Thursday, 6:30 to 9 p.m. The purpose of the class is to form teams of four players to play in bridge tournaments. FREE. The instructor is Ophelia Hilton.

Piano lessons every Monday and Tuesday. $7 per half-hour.

For additional information please call the Recreation Center at 561-2000 after 2 p.m. Recreation Center hours of operation are 2 to 9 p.m. Sunday through Thursday and 2 to 10 p.m. Friday and Saturday.

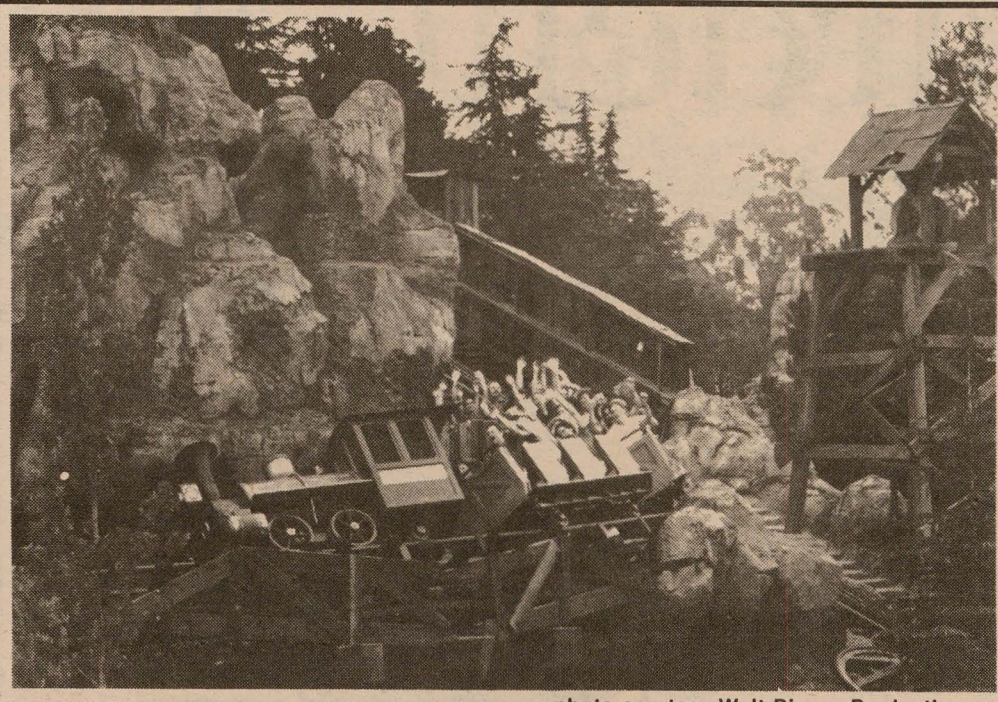


photo courtesy Walt Disney Productions

Whoosh!

This train ride is just one of the many attractions included in the $11 price during Military Days at Disneyland. For more information call the ITT office, bldg. 385, at 561-3992.

Annual Casio Zoo Run

The 9th Annual Casio San Francisco Zoo Run will take place on Sunday at 9 a.m. (registration at 8 a.m.). 4,000 runners are expected to participate in the Bay Area's family classic, the perfect race for people of all ages, all shapes and all sizes.

The course follows four miles of paved paths and gentle slopes, following the Great Highway ocean loop, circling the new Primate Discovery Center, around Monkey Island to Wolf Woods, past the bears, rhinos, hippos, giraffes and big cats and over the bridge and through the woods to Gorilla World.

Timing: Splits each mile, display clock and chronomix at the finish line.

Awards: The winner's name will be engraved on the Wild Ass perpetual trophy. The top three men and women finishers will be presented with Zoo Run plaques, Casio watches, gift certificates for Laura Todd cookies and cases of Crystal Geyser sparkling water. The first 200 men and 200 women to cross the finish line will be awarded Zoo Run souvenirs.

Registration: Preregistration for Zoo Society members is $10 for adults, $5 for each child under 16 running with an adult. For non-members, the fee is $12 for adults, $6 for each child under 16 running with an adult. Race day registration is $15 for everyone. Your entry fee includes a collector's item Zoo Run T-shirt, free Zoo admission for the day, free Zebra Train ride and end-of-the-line refreshments. Additional T-shirts are $10 for everyone. Zoo Fun Run is one of the largest races in Northern California; preregistration is strongly recommended.

Preregistration: You will be sent race day instructions and a bib number with a T-shirt coupon (redeemable prior to race day at the Zoo Society Office, open Monday through Saturday, 10 a.m. to 3 p.m. or on Sunday).

For information contact Ellen Newman at 661-2023.

KSFO's Carter B. Smith will emcee the awards ceremony after the race. Highlighting the event will be a celebration in honor of the 80th birthday of Ivor Welsh.

Zoo Run is sponsored by the San Francisco Zoological Society as a benefit for the San Francisco Zoo. Special thanks to Casio, who provided major underwriting for the race, and to R. Dakin and Co. and Crystal Geyser for their contributions.

. . . the write stuff . . .

by Richard Wetzel

"Heigh-ho, heigh-ho,
it's back to work I go!
I musn't be late
for this auspicious date,
for my sergeant may call
HEY BOY, YOU'S GONE AWOL!"

It's tuff to get started. After several weeks of being absent from the newsstands and the desks, the office staff is slowly pulling itself together...Back to the same routines: opening the stacks of mail, sorting the tons of paperwork and dropping your coffee mug on top of it all...It's heartwarming, to say the least, to hear the familiar office sounds—typewriters sputtering, phones ringing and the ancient coffee maker gurgling...In the aftermath of the holiday break, branch chiefs have moved on (good-bye Carol), present chiefs have shuffled (Barbara has moved next door with Luciano Pavarotti in stereo) and the search continues for a replacement to fill the vacant position down the hall...Yep, vacations are fun, but it's good to be back home.....

You can call it a meat market, if you prefer, but I still like beauty contests. They are an American tradition...just like politicians and elections...the more scandalous they are, the more fun they become—impeached or dethroned, what's the difference??...Anyway, if you are poised(??) attractive (++), over 18 years old, married at least one year and are a "super homemaker or career woman with that extra sparkle," guess what? You qualify for Mrs. California 1985. Details for this televised event are available by calling (818) 991-7723...Good luck!

ONGOINGS—GOINGS-ON...The public is invited to attend the Ethnic Dance Festival Auditions, with 65 dance companies performing in full costume and to live music. The shows are free at the McKenna Theatre, San Francisco State University, Jan. 10-13. Hours for performances are: Thurs. and Fri. 6-10 p.m., and Sat. and Sun. 11 a.m. to 6 p.m.....CHINESE HERITAGE WALK—Docents will lead a two-hour tour starting at 2 p.m. tomorrow from the Chinese Cultural Center Lobby, 750 Kearny Street (3rd floor)....

Celebrate Super Bowl Eve with three continuous parties...The World's Largest TAILGATE AND LOCKER ROOM PARTY featuring the *Pointer Sisters* and *Tower of Power*, tomorrow night at the Moscone Center, 7 p.m. to 1 a.m. Tickets are $30/35....

San Francisco State University is holding an orientation and reception for community members who want to know more about the university's programs and courses, admission requirements, financial aid and other information tomorrow morning from 10 to noon at the 19th Ave. and Holloway campus.

A SNORT-FUL OF ELEVATOR (YAWN) MUSIC...Old cronies never die—they're repackaged, reformed, regrouped and the muzik rehashed...The Circle Star Theatre, San Carlos, plays host to *Tom Jones* Jan. 18, and 19...*DIANA ROSS* Feb. 3-10, also will be at the Circle Star...*DEEP PURPLE* (who once claimed to the be loudest rock and roll band) will try to prove something at the Cow Palace Jan. 31... and *JOHNNY CASH* (that's it, I draw the line) and his beeutiful wife, *June Carter*, will play the Marin Civic Center Jan. 17 (San Rafael deserves 'em)....It looks like the Red Cross isn't the only thing that needs new blood....Check out *ROMEO VOID* at the Stone, 415 Broadway, on the 15th of the month.

NEW YEAR'S RESOLUTIONS...We all make them, never keep them and often wonder why...My resolution this year is to "Buy American." If it's not made in the good old USA, with American hands and know-how, I don't want it. Needless to say, I ought to have a nice savings account by the end of the year....Oh well.....

At the movies

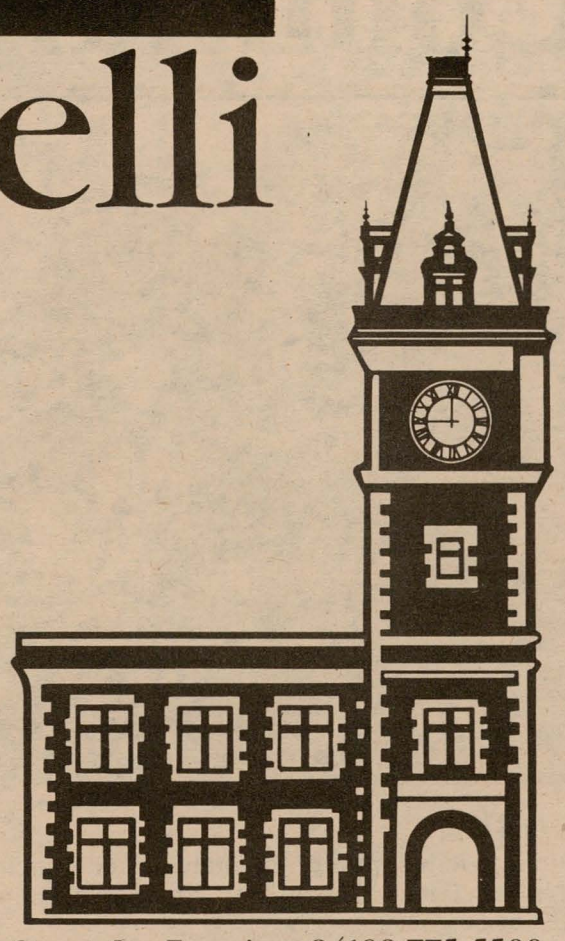
Presidio Theater

Fri.,	Jan. 11	Songwriter (R)	7 p.m.
Sat.,	Jan. 12	Supergirl (PG)	7 p.m.
Sun.,	Jan. 13	Supergirl (PG)	2 & 7 p.m.
Mon.,	Jan. 14	Supergirl (PG)	7 p.m.
Tues.,	Jan. 15	Purple Rain (R)	7 p.m.
Wed.,	Jan. 16	Purple Rain (R)	7 p.m.
Thurs.,	Jan. 17	Fleshburn (R)	7 p.m.

Schwartz Theater

Mon.,	Jan. 14	Songwriter (R)	7 p.m.
Wed.,	Jan. 16	Supergirl (PG)	7 p.m.
Thurs.,	Jan. 17	Purple Rain (R)	7 p.m.

Ghirardelli Square



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Sports

Holiday sports tournament

The post gym was a hotbed of physical fitness, as the Sports Branch conducted three sports tournaments during the recent holiday season. Exciting action took place in basketball, volleyball and racquetball. The following are highlights of each tournament.

Basketball

Twelve teams participated in an elimination tournament which saw a strong Oakland Army Base team easily defeat DEH 2 (Directorate of Engineering and Housing) 71-48 in the championship game.

The game was close for the first quarter, until Oakland's offense went on a scoring binge to pull away.

Third place went to a good LAIR team, who defeated the 864th Engineers 48-43.

The tournament had an unusual game which pitted DEH 1 against DEH 2. This was a spirited and physical contest. The referees tried to control the game as each team excessively fouled the other. Hot tempers flared as six players fouled out and 11 technical fouls were called. DEH 2 then had only two players on the court versus five DEH 1 players and still won the game by one point. The fans enjoyed the spectacle.

Volleyball

The host Sports Branch team easily won the volleyball tournament with three wins and no defeats.

They romped over DPCA and USAG on the first day, as LAIR defeated LAMC to earn a spot in the other bracket. This was the best match of the tournament, as LAIR kept close in both games. The all star Sports Branch team had too much experience and spiking power.

Racquetball

A major upset occurred as Butch Alexander defeated Carlos Farias (LAMC) in the Open Division (51-11, 10-15, 11-9). This is the first post tournament loss for Farias in more than two years at the Presidio.

Each player easily won his prior matches to set up the championship game. Alexander's quickness prevailed as a new champion was crowned. Third place went to Ed Castillo (Navy).

The women's division champion was Monica Freire, who defeated Pat Olsen.

In the novice division James Holt (Sixth Army) defeated Reginald Wright (USAG).

Bowling

The Presidio bowling team met with the Mather II bowling team, and the old adage "any team can beat any team on any given day" was confirmed by the score—Mather II's 18 to PSF's 12.

The Presidio team came back in the second set with a head to head match with Mather II (the league leaders) and had a good match, with Presidio coming out ahead 18-12. Presidio finished the day breaking even with a score of 30 to 30.

The Presidio post bowling team remains in second place. The following team members scored as follows: George Arcaina shot a 621 series with games of 225 and 200; Dick Muller had a series of 603 with games of 226 and 210; Rich Fesler's series were 572 and 560 with games of 202 and 217.

Come out and support your Presidio team on Jan. 27 at 11 a.m. at the Presidio Bowling Center and watch the Presidio team beat the NOR CAL Traveling League. You will see some superb bowling.

photo by Liz Greeley

And it's good for you!

Karen Behnke, R.N., stretches with the aerobics class she teaches Tuesdays and Thursdays.

YA basketball, cheerleading and wrestling

More sign-ups are needed to complete the Fall sports teams. Come by the post gym on Tuesday between 4:30 and 6:30 p.m. Sign-ups are for basketball and cheerleading, grades 3-10 and wrestling, ages 6-16. Registration fees are $10 for basketball and $5 for cheerleading and wrestling. For more information call the Youth Activities Office at 561-5143.

Aerobics

Get fit or stay fit!!! Inspiring, high-energy exercise classes are held *daily* at Post Gym 1, bldg. 63. Exercises will stretch, tone and strengthen your body with aerobic conditioning. All exercises are done to popular music. Classes are ongoing, so you can join anytime. Monthly registration is encouraged. Classes Tuesday and Thursday: 4:30-5:30 p.m. and 5:45-6:45 p.m.; Karen Behnke, R.N., instructor. Monday, Wednesday and Friday: 11:30-12:30 p.m.; Wendy Carrol, instructor (formerly with Jane Fonda's Workout). Cost is $3 per class or monthly; $3.50 drop-in fee.

There is a FREE "introductory" class. Classes are open to both men and women of all ages and levels of fitness. (Participants are encouraged to exercise at their own pace.) Register with the instructor at the class.

For more information, call 561-4120 or 753-8733.

Racquetball tournament

The 1985 Annual Showboat Military Racquetball Tournament (men and women) will be conducted by the Showboat Hotel, Casino and Bowling Center in Las Vegas, Nev., February 4-8 to recognize the best racquetball players in the military. Interested soldiers can be authorized permissive TDY at no expense to the government for a period not to exceed ten days if approved by their commander.

Interested people should contact Steu Betterton, 800-634-3484, 2800 E. Fremont, Las Vegas, Nev. 89109 for more information. Point of contact at the Department of the Army is Billy Dove, autovon 221-9715.

Sports Corner

Men's basketball

By Rudy Russell

On the evening of Jan. 4, the Presidio men's basketball team played McClellan Air Force Base. With very strong play all weekend from the front court men, the Presidians lost the first night 86 to 82 to the McClellan team. The Presidians were led by Dave Bernstein with 24 points, eight rebounds and eight assists. The big spark of the weekend was the play of the big men in the pits. Winning the war was "Big E," Elvis Williams with 10 points, six blocked shots and 15 rebounds. Also with 15 rebounds and 13 points was Joel Smith, returning from TDY—the team was glad to have him back. The other bookend under the bucket was veteran forward Oscar Hines, with 14 points and 12 rebounds. To round out the starting five for the Presidians was point guard Rudolph Russell, who added 12 points 13 assists and eight steals.

On Jan. 5 the balanced scoring attack combined with strong play off the glass and aggressive "D" led the Presidians to the second win of the last three outings. The Presidian's 89 to 79 victory came as the team played to mid-season form. Once again it was the consistency in the backcourt scoring machine, Bernstein, that led the team with a high 26 points, hitting on nine field goals and eight of eight from the free-throw line. However, the play off the glass was outstanding. The threesome pivotman ("Big E") Elvis Williams played the middle of the 2-1-2 zone with authority, blocking a season high of 10 shots, pulling down 15 rebounds and chipping in 10 points. On both flanks were the ever-present strong forwards Joel Smith and Oscar Hines. Smith was the second leading scorer on the team with 17 points, grabbing 15 rebounds. Hines had 12 points and 13 rebounds. Big credit for the victory had to go to Coach Phil Ray. With point guard Russell getting into early foul trouble, he platooned reserve point guard Dennis Porter to control the ball and would shift him in and out with defensive pressure applied by Tim Peterson. But his best coaching may have been done in the second half, when he used small forward Julius Harmon, who dropped in two key follow-up rebounds for three point plays, and the move of Anthony Howard to point guard with 15 minutes to play in the game when Russell fouled out. Howard stepped into the point guard position, giving the Presidians the biggest team on the floor. Howard ended the day with six points, eight steals and 10 assists to lead the Presidians to an 89 to 79 win.

This weekend the post team will travel to Sacramento again to play in the Mather Air Force Base Invitational Tournament. The Presidians hope to dominate the board continuously as they have the frontcourt and to play the backcourt consistently.

With a few breaks the Presidio team hopes to come home winners.

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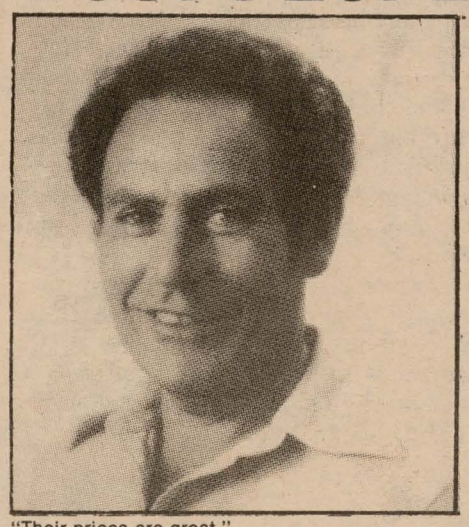

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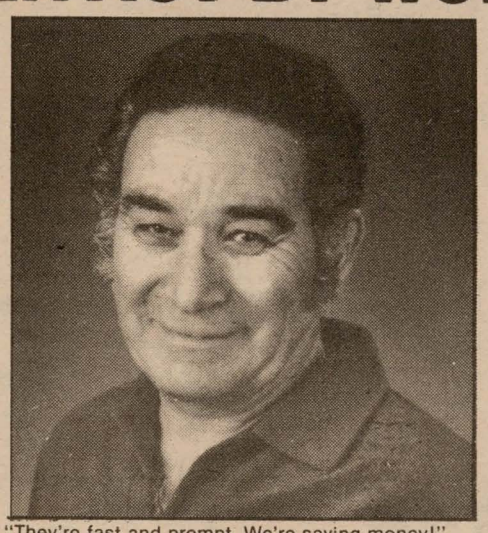

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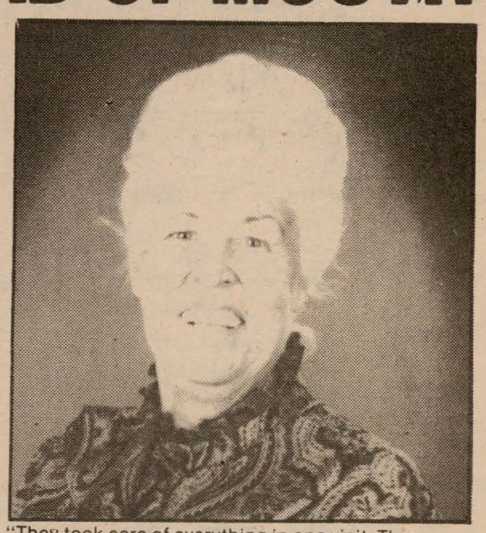

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— Star Presidian —

Incest: one Presidian's tragic fate and important message / **page 5**

Soldier of the Month: first woman wins in a year and a half / **page 8**

YA sports director: pep and pizazz personified / **page 8**

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Star Presidian

Vol. 28, No. 2 "Published in the interest of the people of the Presidio of San Francisco." January 18, 1985

News Briefs

photo by Richard Wetzel

Top employer

Col. Eugene Hawkins, post commander, contemplates the San Francisco Handicapped Employer of the Year award he just received on behalf of the Presidio. The City of San Francisco gave the award to the Presidio for its exemplary management training about the handicapped and placement of handicapped workers.

BSEP class

If you're planning to retest on the ASVAB to raise your scores to reenlist, to qualify for a military school or to change your MOS, enrolling in the next BSEP class may be exactly what you need to sharpen your basic skills before you retest.

The next BSEP class will be held at the Education Center, bldg. 1216, from 8 to 11:45 a.m., January 28 through April 12. In addition to helping students prepare for the ASVAB, these classes are also good preparation for high school GED tests.

For more information or if you want to enroll, call the Education Center at 561-2974 or 4445.

Girl Scouts

The Presidio Girl Scouts will be taking Girl Scout cookie preorders on post starting today and running through February 1. Cookies will be delivered and paid for during National Girl Scout Week in March. Please help support our girls; this is a major source of income for local girls' camping and supply needs.

According to Patty Brown, Presidio Girl Scout chairman, this solicitation has been cleared through the Staff Judge Advocate.

photo by Bob Walker

Gen. Sinforoso Duque, adjutant general of the Philippine Army, enjoys one of Capt. Kermit Lay's pleasanter war stories. Lay was awarded the Gold Cross on behalf of the Philippine government.

GI receives foreign medal

by Bob Walker

The Philippines honored an American World War II Army veteran this week as they presented him with one of their nation's highest awards—the Gold Cross.

Gen. Sinforoso Duque, adjutant general of the Philippine Army, presented the Gold Cross to Capt. Kermit Lay, Ret., on January 10 at the Philippine Consulate in San Francisco. The award was presented for gallantry in action while he was a second lieutenant on the Bataan peninsula on April 4, 1942. The Gold Cross is equivalent to the U.S. Silver Cross.

Two Filipino guards at the forward post of the First Provisional Military Police Company were in danger of being killed or captured. Lay voluntarily rescued them through intense fire, unconcerned for his own safety, even though he was weak from fresh wounds.

Consul General Romeo Arguelles cited such gallantry as the force upsetting the Japanese conquest of Bataan and Corregidor. He added that "the men in Bataan hung on—and they waged four months of heroic struggle against men, arms, disease, hunger and fatigue. Outnumbered and battered into bloody defeat, Maj. Gen. Edward King Jr., senior American officer, surrendered Bataan on April 9, 1942. Then began the most horrifying episode in World War II, the infamous 'Death March'."

A victim of the "Death March," Lay has many stories of his three and a half years as a prisoner-of-war (POW).

"We were not in any condition for any marches. Malaria, dysentery, yellow jaundice, beriberi and diphtheria were common. When the Death March started, if you fell out to relieve yourself or if you fell out for water, they'd shoot you or bayonet you to death," Lay said.

The officers had been told that they would have orderlies and bed rolls. "We thought we would live high on the hog," he said. But it was all lies.

Lay commented that many Death March POWs cry when they discuss their experiences.

Tears came to his own eyes as he told the story of a lieutenant colonel who rode in the same recon car before they were all put into the march. "The car stopped and a Japanese soldier came up and touched the colonel's rank insignia. The colonel pulled away, angering the Japanese. The colonel was jerked from the car, at which time the Japanese bayonetted him, cut off his private parts and stuffed them in the colonel's face as he died," he said with great difficulty.

According to Lay, there was not just one Death March, there were many Death Marches, as the Japanese would assemble 100 to 150 POWs and take off on a march to a prison camp.

Lay said that at one point, "we were put in box cars with 100 POWs each. We stood up like sardines. It's a miracle any got out alive. There were

please see page 3

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Opinions

TAKE A BITE OUT OF CRIME

Life is too sweet

by Bernard V. Cannon

A motorcycle ride can be exhilarating; the feeling of power, instant mobility and the element of danger combine to give the driver a sense of freedom that can be addictive. A motorcycle also provides economical transportation and mobility in heavy traffic and enhances a young person's social contacts.

In this age of consumer awareness, in which products that are life-threatening are condemned, it's odd that so little is said about the inherent dangers of motorcycles and the mutilations inflicted on victims of motorcycle accidents, not to mention the deaths.

Barbara Winter, who works at the Traffic Analysis Division of the San Francisco Police Department, said that during 1984, San Francisco had 51 traffic fatalities, nine of which involved motorcycles. Winter added that motorcycles tend to speed in and out of driving lanes, and car drivers do not see them. When a motorcycle is in an accident, the driver rarely escapes injury.

Why is it that motorcycle accidents result in far greater injury and loss of life than automobile accidents? The main reason is that motorcycles have only two wheels; therefore they have to be balanced and are always at war with the law of gravity. Even when they are not moving, some are so heavy they can break a driver's leg if they fall. Another reason is that when a motorcycle is in an accident, the driver is not surrounded with metal to absorb the impact. You could say there's no such thing as a fender-bender on a motorcycle. Instead, bones get bent.

A new generation of two-wheeled vehicles is now being promoted—scooters. The designs are colorful and sleek and the machines are easy to operate. All over San Francisco, young professional men and women, in their business suits, can be seen scootering to work. A scooter is still basically a motorcycle, but better looking cosmetically. Scooters have a smaller wheel diameter, which makes them *more* dangerous, because less wheelbase touches the road surface. How many bones will be broken in San Francisco during 1985 is anybody's guess.

During 1984, numerous motorcycle accidents took place involving Presidio soldiers. You can see them hopping around with their legs and arms in casts; those are the lucky ones. In one tragic incident, a young Presidio soldier on leave lost control of his motorcycle. The gas tank exploded and the unfortunate young man lost both his legs and some fingers.

The post commander is very aware of and concerned about the casualty rate of Presidio soldiers and civilian employees who drive motorcycles. A recent command letter re-emphasized the importance of driving motorcycles with the headlights on at all times and that passengers and drivers are required to wear protective helmets and eye gear while on the Presidio.

When a normal, prudent person analyzes the facts about the risk to life while riding on a motorcycle, that reasonable person can only conclude that regardless of who is at fault in an accident, motorcycle drivers must have a subconscious death wish.

Parents would be well advised to discourage their children from experiencing the joys of motorcycle riding; life is too sweet. Lawrence of Arabia survived a bloody war only to make that fatal mistake.

"A useless life is an early death."

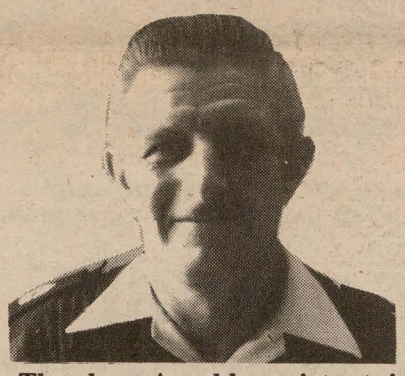
—Goethe

Crime report:

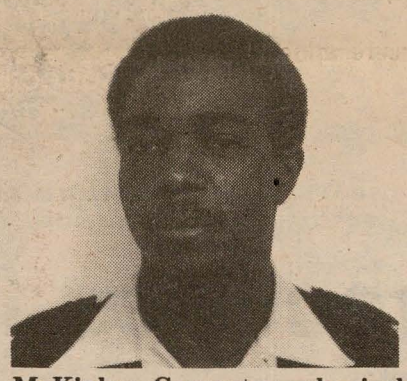
- Person(s) unknown stole a Sony Walkman which was left unsecured in an office at the Civilian Personnel Office.
- Person(s) unknown broke a rear window at the Presidio Museum.
- Person(s) unknown stole a watch, cassette player and headphones which were left unsecured in Letterman Army Medical Center (LAMC).
- Person(s) unknown stole an Army water-repellent jacket which was left unsecured inside LAMC.

Ramblin' Sam

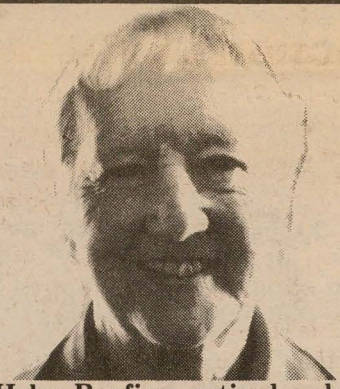
"What can the Army do to help prevent child molestation and incest?"



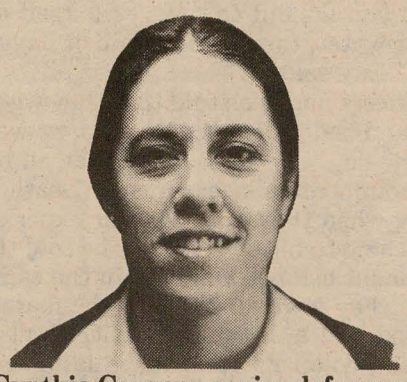
MSgt. Theodore Arnold, assistant inspector general, Sixth Army. "The best thing they could do here is to tighten access to the post."



Sgt. McKinley Carpenter, physical security specialist, Provost Marshal's Office, "Parents need to watch their kids, to be more aware."

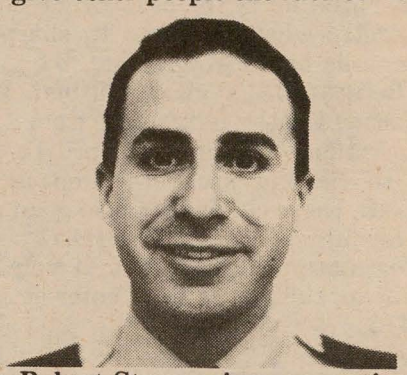


Lt. Col. Helen Boufiero, retired, volunteer, Army Community Service, "I don't know what the Army can do. What can anybody do about it? They can have meetings, but the meetings might give other people the idea to do it."



Capt. Cynthia Conners, senior defense counsel, Staff Judge Advocate, "I think closer monitoring of children's health, complaints, problems and attitudes. More publicity about help available to abusive parents, a hot-line and maybe some kind of amnesty program."

Sp5 Tamara Howell, administrative specialist, Administrative Services Branch, "The Army Community Services could have a child abuse hot-line that children could call in an emergency like that. The Child Development Center could also give a class to children for their age groups to inform them about how to prevent it."



1st Lt. Robert Stacy, crime prevention officer, Provost Marshal's Office, "Better education programs for children and their families so that children will know to tell someone who can help them if one of these terrible things happens to them."

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Kermit Lay continued from page 1

probably 20 dead in the boxcar I was in. When we got out, they fell down."

Lay helped in the burial of approximately 1,900 POWs. "We'd take off their clothes and sterilize them for those who were alive to wear. I got the first chaplain for the burials when I saw it wasn't being done. The Japanese didn't want a chaplain or a prayer, so they would slap or hit you with their rifle butt. Sometimes I got away with it; I took a chance in getting a chaplain. I'd give orders to the burial detail to render a hand salute if I couldn't get a chaplain."

These are but a few of the horrid experiences he had. He was retired in 1951 as a captain after 19 years of service, with an 80 percent permanent disability, Lay was the only private to jump to a second lieutenant in Infantry on Bataan with a battlefield commission. While going through the ordeal he had tuberculosis, dysentery, malaria, scurvy, yellow jaundice, beriberi, diphtheria and a liver problem and wound up with a nervous condition and arthritis from being hit by rifle butts in the knees. He also suffered injuries to the jaw from rifle butts.

Lay said that he would commit suicide rather than go through another Death March. Upon being freed on September 2, 1945, he was a mere 98 pounds, just before being bombed with food from United States planes. Upon discharge from the service he was up to 154 pounds.

Lay is very patriotic and still serves his country through membership in fraternal groups, ex-POW organizations and retired officers' organizations. He finds himself going up to places with tattered flags to present new ones he has bought, showing his concern and love for his country and the nation's flag.

Capt. Kermit Lay truly earned the Gold Cross, plus his many awards from the United States Army, which include the Silver Star, two Bronze Stars and a Purple Heart, with an oak leaf cluster.

"I will defend my country again if called upon.

Lay said, "God bless America, I love it!"

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The Presidio of San Francisco would like to extend heartfelt thanks to the following contributors to the Soldier of the Month progam. Thanks go to:

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Corrections...

Last week's *Star Presidian* article, "Act extends ex-spouses' rights" contained a factual error.

As reported in the article, a 20/20/15 unremarried former spouse divorced before April 1, 1985, is eligible for military medical care or CHAMPUS care for *two years* following the final decree.

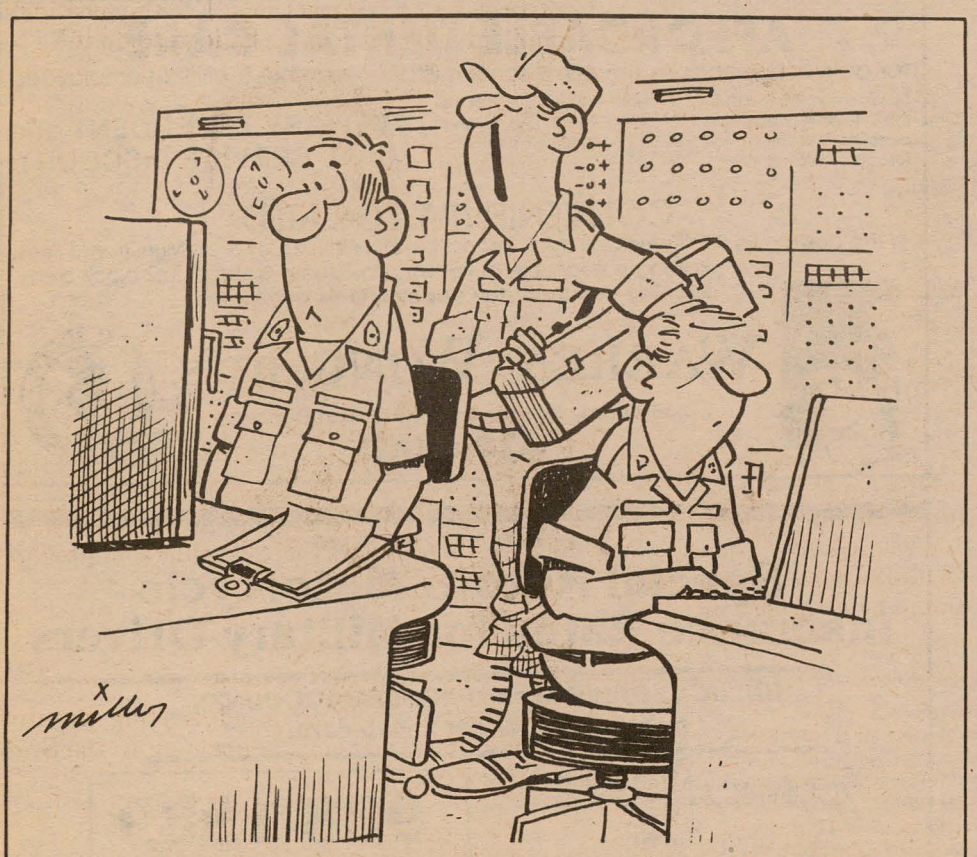
The article should have left out the two year time limit; there is NO TIME LIMITATION for medical care for spouses in this category.

We extend our sincere apologies for this error.

When it rains...

It pours. Also in last week's *Star Presidian* post chaplain (Col.) Jerry Autry, was *mis*identified as *deputy* post chaplain and as a *Lieutenant* Colonel.

We hope Chaplain (Col.) Autry can find it in his heart to forgive us for this grievous sin. We are sincerely penitent for the error of our ways and promise not to do it again.



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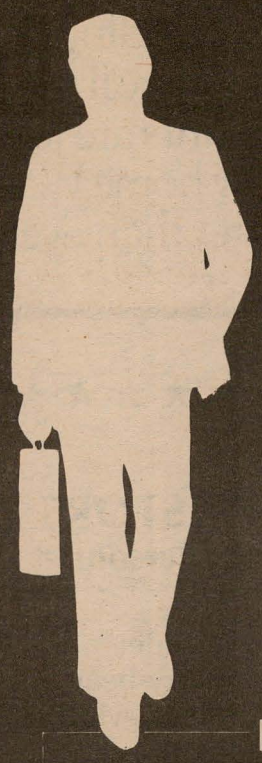

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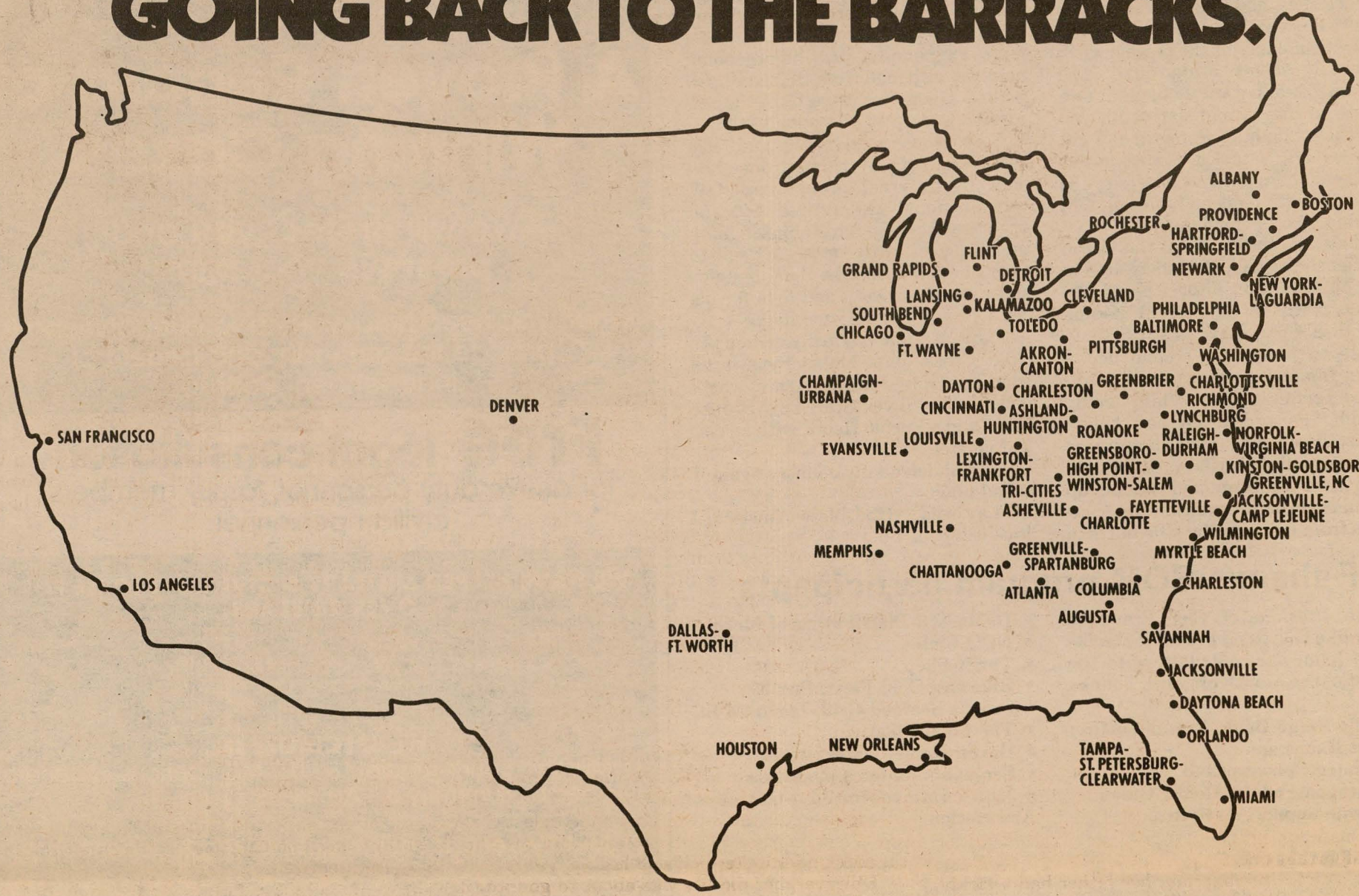

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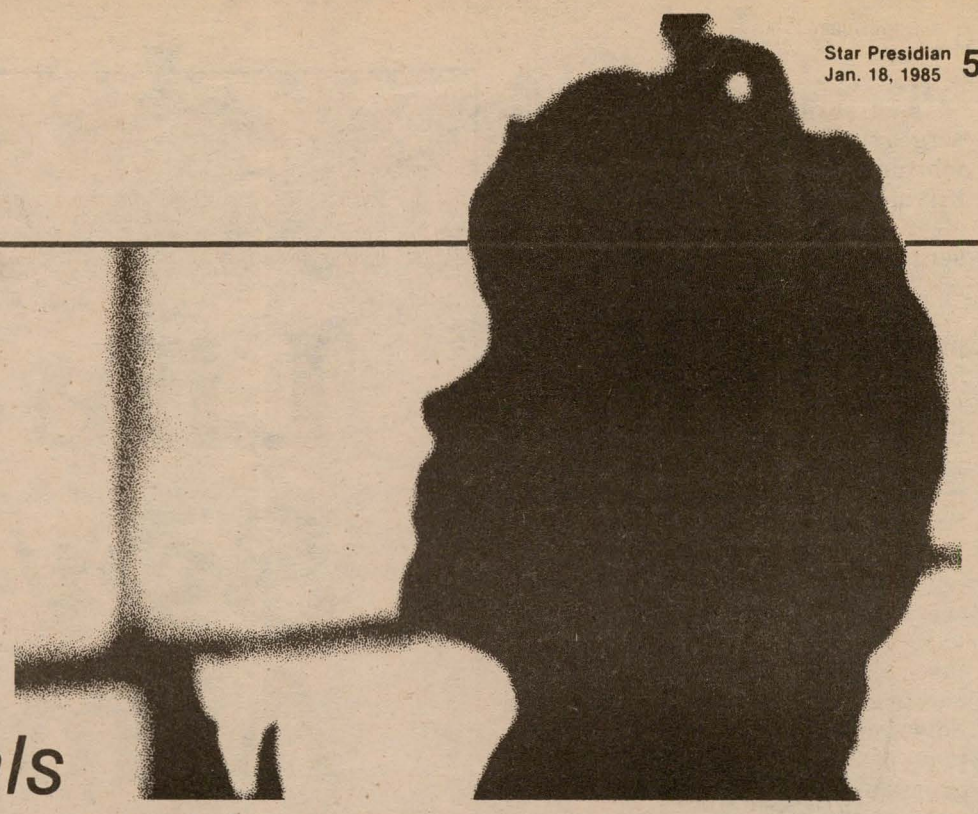


INCEST

The wound that never heals

by Liz Greeley

Editor's note: *The following story is about incest and therefore contains graphic and sexually explicit language. Because of the nature of the story, sensitive persons may find it greatly distressing, but we feel people should be aware of the situation. Parental judgment should be exercised as to whether or not the story is suitable for children.*

This is Evelyn's story. Although "Evelyn" is not her real name, she is a real person and all the details of her story are true; nothing has been changed.

Evelyn Smith is a 34-year-old Hartford, Conn. native and a Presidian. Evelyn is a secretary by trade. She is also a victim of incest; Evelyn's father forced her to have sex with him, starting when she was 9 years old.

This was a difficult story for her to tell, but it is an important one.

A strict disciplinarian, her father had a sickly wife and eight children who feared him, of whom Evelyn was the oldest.

When her mother was ill, it was Evelyn's job to take over her mother's duties of getting the other children off to school, cleaning the house and doing the dishes.

But Evelyn, being a typical 9-year-old, really hated doing the dishes, so she put it off as long as possible. Instead, she sometimes put the dishes in the sink to soak while she sat down with the rest of the kids to watch an after-school children's television show.

"But if my father came home at that point and saw me sitting there watching TV, he would glance from the livingroom door where he walked in, into the kitchen area and see the dishes sitting there in the sink.

Then she would get up and head for the kitchen to wash the dishes. But she had to pass by her father first.

"And he would stop me there and start hitting me, beating me for not having done the dishes. My head would *bounce* on that wall. And I *begged* him not to hit me—but he would," she said, her eyes filling with tears.

So when the day came that he decided to teach her the "facts of life," neither Evelyn nor her two younger sisters dared question him.

"It started when I was about 9, 10 years old and initally started off with my father taking me aside and saying he wanted to teach me about the facts of life; I'd come of age, I needed to start learning.

"But then, with time, it went beyond just *telling* us and with time, it went beyond the group and became more exclusively just me and him, I guess because I was the oldest.

"And it went beyond just telling me, explaining to me the facts of life, it went to the point where he started *showing* me things. For instance, he thought it was important that I know what a man's penis looked like so I wouldn't be afraid of it. And then he would show me what a man's penis looked like with an erection. And, uh, what an erect penis looked like and the changes it went through when it was—masturbating. And, and, then it developed into a petting and necking type situation between him and me," she said uncomfortably, her hands shaking.

She had a lot of mixed feelings about what was going on with her father.

"For instance, the first time he French kissed me—it was the *strangest* sensation being French kissed by your own father. I was only 9, 10 years old.

By the time she was 11 years old, it was much more than French kissing.

"By this time it had developed into actual sexual relations with my father, primarily anal sex," she said.

Though Evelyn had promised not to tell, she slipped up once and said something in front of her mother. Immediately, her mother wanted to know where she got her advanced knowledge. So she swore her mother to secrecy and told her. Fortunately, her mother believed her.

However, her mother was about to go into the hospital. According to Evelyn, it was her mother's intention to take action against her father as soon as she returned.

She never got the chance. She had cancer of the ovaries, which had spread to other organs. Evelyn's mother died two weeks after Evelyn's 12th birthday.

So the sexual relationship between Evelyn and her father continued. But for him, this was *not* the first time, she said.

The family history

According to Evelyn, her grandfather used to have sex with *his* daughter and even invited his young son to join him.

Evelyn's grandmother eventually discovered what was happening to her daughter; she couldn't deal with the fact that her son and her husband were molesting her daughter.

One day, when the men were out of the house, Evelyn's grandmother asphyxiated both herself and her daughter, Evelyn said.

But Evelyn survived. At age 14, she turned her father in to the police at her sisters' insistence. He was now molesting Flo and Sonia, though he was not having intercourse with them.

As soon as she went to the police, her family was broken up. They were allowed to get a few personal belongings and then they were split up and sent to various agencies and foster homes. Evelyn finished high school in an institution.

Why did he do it? No one will ever really know. Evelyn doesn't feel it was her appearance or "irresistibility."

"I was not an overdeveloped young girl, I was very skinny; I was malnourished. When my family broke up I was 14 years old, I was 5 foot 6, my height now, and I weighed 98 pounds. Tell me, what is so sexually *enticing* about a malnourished child?" she asked.

Her father went to prison and she was left to deal with her emotional scars as best she could. As a teenager, she was suicidal, though writing poetry seemed to help, as did just talking about it with someone.

The first time she had sex with a man was a disaster; she fainted! But she is a survivor; she overcame the obstacles that were set in her path and never gave up.

Some wounds may never heal, but she graduated from high school with straight As.

Some memories may never fade, but she went on to eventually achieve a satisfactory sex life in spite of the flashbacks she experienced.

Finally, Evelyn became a secretary and came to work at the Presidio. Recently, she was promoted to GS-6.

"What I think is important," she said, "is that people know these things *do* happen to real people and not just some stranger on the news they may never see or meet. It's happened to me, and they know me."

Incest and child molestation are ugly facts of life of which parents should be aware, yet not overly frightened.

What's being done on the Presidio

"In terms of resources available on the Presidio, we've got adequate resources and we've got some pretty good folks," said Lt. Col. Wayne A. St. Pierre, chairperson of the Family Advocacy Case Management Team, located in bldg. 1051, a part of LAMC Social Work Service.

Cases of child molestation or abuse are usually reported to the Family Advocacy Case Management Team by doctors or military police. Sometimes, people come in on their own.

Regardless of how clients come in, the team is made up of at least one social worker, psychiatrist, psychologist, pediatrician, chaplain, military police investigator, CID (Criminal Investigation Division) agent, JAG (Judge Advocate General) officer, Army Community Health nurse and representative from the Child Development Center, plus the Family Advocacy Program coordinator from ACS (Army Community Services).

The Child Development Center has its own program. Its director, John Gunnarson, explained that about once a year the Children's Self-Help Project of San Francisco holds a workshop at the Child Development Center.

At the workshop, they teach children about "yes," "no" and "question mark" touches, along with skills for responding to the "no" and "question mark" touches. The children are told they don't have to keep long term secrets and that they *do* have the right to say "no." If they should ever be molested, they're taught that they should tell someone and *keep* telling someone until they are believed.

In addition, the Child Development Center staff follows up and reinforces the workshop's teachings year round.

Incest, horrible as it is, can and does happen and the Presidio of San Francisco is not immune to the ills of society. But the Presidio community is taking steps to prevent sexual molestation and provides the resources to cope with the problem where it exists.

Life in the SOVIET Army

The shrill sound of the junior sergeant's whistle pierces the early morning quiet, rousing 18-year-old Private Ivan Grechko out of a deep sleep. It's exactly 0650 as the sergeant marches through the crowded barracks shouting obscenities. Ivan scrambles out of his sack and into his uniform. It's not wise to be late for early morning muster.

So begins a day in the life of a Soviet army conscript serving a two-year hitch and one of about five million people under arms in the Soviet Union.

In 1967, the Union of the Soviet Socialist Republics (USSR) passed the Law of Universal Military Service. It requires all Soviet men to take preinduction military training and to serve in the armed forces. The Soviet military is not exactly a champion of women's liberation; Soviet generals have been quoted in the press saying women are not needed in the military. That may explain why there are only about 10,000 of them serving on active duty, mostly in clerical and health fields.

Even with the 1967 law, only 90 percent of Soviet men ever serve in their armed forces. Those who don't serve have an educational exemption or family hardship or "know someone."

But just what is a Soviet military conscript really like? Chances are he is a lot more militarized than his American counterpart—and, in some ways, a lot more disciplined. After all, he's been programmed for a long time.

Soviet military patriotic education begins early—at 6 or 7 years of age. Communist party organizations such as the Young Pioneers and Komsomol (Young Communist League) conduct training and summer exercises with a strong emphasis on developing military skill.

But the primary way preinduction training requirements are met is through 140 hours of mandatory training for 16-to-18-year-olds. This training includes basic military skills, such as drill and marksmanship, and takes place over a two-year period, usually in school. School dropouts take their training where they work. Wherever they get it, this training could be likened to what U.S. soldiers go through in basic training; but the Soviets use the term "basic training" to cover the early phases of training when a person reports to his first operational unit.

At 17, every Soviet man reports to his local draft office. He is given a physical examination and later appears before a board which determines what military training he has had, what his political activity has been and what skills he possesses. Still later, another board meets to decide who gets in and who stays out.

Those who are accepted are assigned to one of the five branches of the armed forces: Strategic Rocket Forces, Soviet Army, Air Defense Forces, Soviet Air Force and the Navy. The naval infantry is similar to the U.S. Marine Corps but numbers only about 13,000 people. The Soviets also have a Coast Guard, which is part of the border patrol. Their Coast Guard is much the same as ours: it guards the borders on land, sea and air. The big difference is that the Soviet Coast Guard is run by the state security agency, the KGB.

Those who have the best skills usually are assigned to the elite units. Personal preferences usually don't count for much, by skill level does. And one way for a young man to improve his skills, either through his own choice or at the direction of his draft board, is to take more training on his own time through DOSAAF (the Voluntary Society for Assistance to the Army, Air Force and Navy). DOSAAF training includes everything from military drill to electronics, communications, parachuting and even flying.

At age 18, the recruit goes on active duty.

There is no centralized basic training program in the Soviet Union. Most inductees are shipped directly to the unit they will serve in during their entire tour. But there are exceptions. Some Navy and Air Force people attend a technical training school before being assigned to a unit. There they receive the initial "basic training" other recruits get at their units.

Army, Coast Guard, Naval air, border and security troops serve two years. Those assigned to Navy ships, Coast Guard combat units and maritime units of the border troops serve three years, because their training period is longer.

Before inductees report to their units, they're pretty sure of what they're getting into: a very structured lifestyle with little or no free time.

The first week is especially intense. Physical conditioning and field training are the order of the day. And, like everybody from generals on down, inductees spend about five hours a week listening to the political officer preach the party line.

The initial training usually lasts about three months. One of the highlights for a recruit comes during the fourth week. That's when he is sworn into the armed forces. Each soldier reads the oath of enlistment aloud in front of his comrades.

"If I should break this my solemn oath, then let me suffer the severe penalties of Soviet law and the general detestation and contempt of all workers" is the last line in the oath.

Even after the initial basic training, a recruit's life still doesn't change much. The average Soviet G.I. starts his day early and ends it late. It's filled with organized drill, sports, physical conditioning, political lectures and, depending on the time of year, planting or harvesting local crops. Several times a week the unit participates in very realistic combat exercises.

The Soviets place a lot of emphasis in physical conditioning. Before the end of the first year of training, all military people must pass tests consisting of pulling up and crossing the parallel bars, the 100-meter run, the 1 or 3-kilomter cross-country run, the 100-meter freestyle swim and 10-kilometer ski race or 6-kilometer forced march.

The Soviet soldier spends a lot of time cleaning his weapon. Soviets are known to keep their weapons very clean. But you can't say the same for the soldiers themselves.

Soviet society doesn't place as much importance on personal hygiene as Americans do. Soviet soldiers bathe once every two days, if that often. And wherever the conscript is assigned, there's probably a shortage of hot water.

Most of the barracks are open bay and sleep as many as 100 men. Bunks are stacked two, and sometimes three, high, with as little as eight inches between stacks. That's about the same space as in your average coffin. There are common areas for personal hygiene.

A Soviet base usually has a library filled with officially approved books and a movie theater (open only on weekends), where you can be sure Western films aren't shown. Bases sometimes have a gymnasium and service club.

There isn't much free time. Nearly every minute of a serviceman's time is "organized." The Soviets have repeatedly said that leisure time often is frittered away, and that it needs to be directed into activities useful to the state and Communist Party. Activities may include sports competitions or contests to see how fast a weapon can be disassembled. Even when the conscripts go out to see the sights, they go in groups and are accompanied by their political officer.

If a few servicemen are musically inclined, they might be allowed to sing; but the songs are strictly censored by the political officer. Most of a recruit's free time is spent listening to the political officer.

Most soldiers don't leave their duty assignments during their entire tours. A very small percentage of them are granted 10 days' leave as a reward for exceptional performance during a 2-year tour; they may earn up to 20 days while on a 3-year hitch.

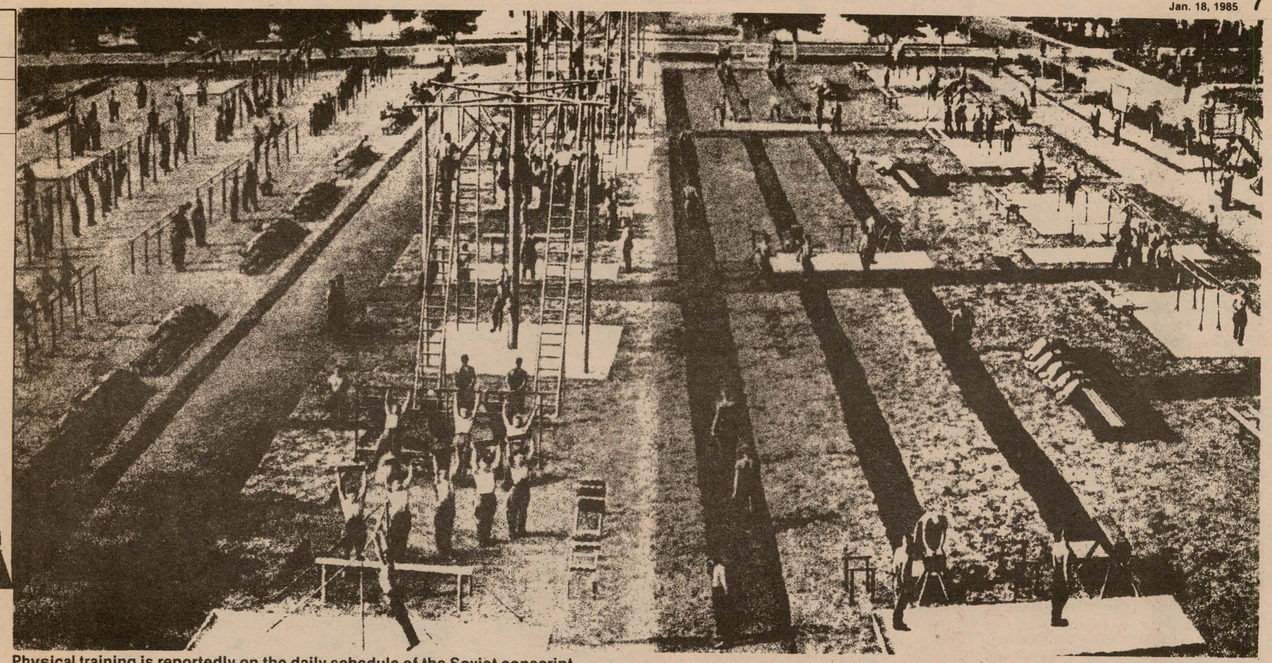
When it comes to chowing down, Soviet GIs are allowed about 4,100 calories a day. Breakfast consists of something like cream of wheat, tea and bread. They usually eat soup for lunch and probably have potatoes and dried fish for dinner. There is very little meat.

They have messing facilities, but no civilian cooks. The soldiers do the cooking. Many of the messes rely on wood-burning stoves. It's not unusual for the troops to grow their own vegetables or raise chickens and livestock to supplement their diets.

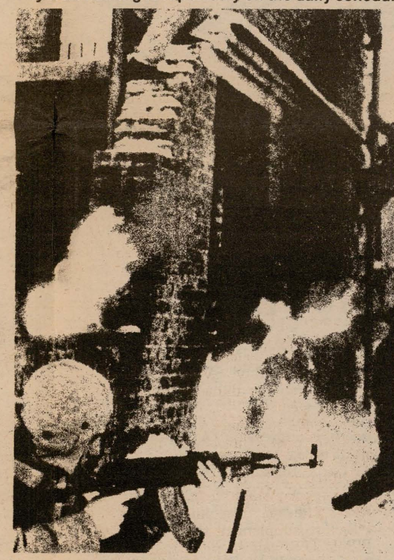
While U.S. sailors spend months at sea without port calls, their Soviet counterpart doesn't. But that's because the U.S. Navy is the best in the world at replenishing its ships at sea and keeping them on the move. The Soviets have historically operated out of ports, and still do for the most part. But that's changing. Their cruises are getting longer.

Pay in the Soviet armed forces is nothing to write home about. Food, housing and other needs are provided, but conscripts get only about $10 a month, most of which goes for cigarettes. Pay and privileges increase for careerists.

What about the wife and kids? Forget them for a whole tour. Soviet GIs who reenlist do get some consideration for their families though—even housing assistance.



Physical training is reportedly on the daily schedule of the Soviet conscript.



These swashbuckling Soviet soldiers posed for the photographer—this is not actual assault training.

But fewer than 5 percent of the conscripts make the military a career. In the Army, for example, nearly 77 percent of the soldiers are first-termers. Conscripts also get a lot of hazing from career NCOs. Since uniforms are at a premium, it's not unusual for an NCO to demand a new conscript turn over the uniform he was issued. If he resists, he is taken out "behind the barn" and taught the rules of the game.

And no recruit is going to report the incident. The officers turn their heads to that kind of abuse. They think it's necessary for good order and discipline.

Military life doesn't end after a conscript's tour of active duty is over. Everyone serves in the reserves until age 50. Occasionally reservists are called up for refresher training.

So, how does Private Grechko stack up as a fighting man? Notwithstanding the stories about highly centralized control, inability to make decisions at lower levels and rampant alcoholism, those who keep a close eye on the Soviet military agree that Ivan is no pushover. He is said to believe he's better than his American counterpart and would come out ahead in battle. As one observer put it, "Ivan isn't 10 feet tall, but he's not a drunken midget, either."

American Forces Press Service

A Day in the Life of a Soviet Army Conscript

0700-0705	*Reveille formation*
0705-0735	*Barracks clean up*
0735-0810	*Inspection*
0810-0840	*Breakfast*
0840-1520	*Training classes (seven classes with 5-10 min. breaks)*
1520-1530	*Clean up of clothing and personal wash up*
1530-1610	*Lunch*
1610-1640	*Free time*
1640-1810	*Studying for political and military classes*
1810-1910	*Servicing of equipment, military technology*
1910-1920	*Clean up of boots, personal gear, and wash up*
1920-2050	*Mass political and team sport activities*
2050-2120	*Dinner*
2120-2220	*Personal time*
2220-2235	*Evening walk*
2235-2250	*Evening head count*
2250-2300	*Equipment clean up and boot wash up*
2300	*Lights out*

Source: "Understanding Soviet Military Developments," **Office of the Assistant Chief of Staff for Intelligence, Department of the Army**

Feature

Woman MP wins SOM

by Bob Walker

The first woman soldier to win the Presidio Soldier of the Month (SOM) in nearly two years captured the title in December and is a military policewoman from the Law Enforcement Company (LEC).

Sp4 Vicki Guzman was promoted to sergeant less than three weeks after winning the Soldier of the Month title on December 13, 1984. Her ambition is to become Sergeant Major of the Army.

According to Guzman, she had a great desire to win the award. "I really wanted to win. I really tried," she said.

Having arrived here in October 1984 from Germany, Guzman is happy to work in the orderly room at LEC. While in Germany she was strictly an office worker; here she works as an MP in the orderly room—getting the best of both worlds. Guzman joined the SRT (Special Reaction Team) here to get hands-on experience. The SRT deals with special tactical work (like SWAT teams) and riot control.

Guzman says she loves the Army and loves to work. "I can't stand to be doing nothing. I'm always trying to improve things," she said.

Keep busy she does. She spends a considerable amount of time training and studying to be a good soldier and for the SRT. She loves all sports except golf—playing a lot of racquetball and weightlifting, as well.

She said, "If it weren't for PFC Steve Syas and SFC Wayne Fischer, I probably wouldn't have made SOM. They were my motivation, stimulation, everything!"

Fischer, the operations sergeant at LEC, said, "Guzman always keeps busy. She's very concientious about work and very much into detail. She's very thorough in her work and is very energetic."

Fischer added, "Her desire to do well was there to help her win SOM. She took it very personally—she just had to do well."

Several of Guzman's peers at LEC said she is very congenial—the most congenial person you'll ever meet.

Her husband, whom she met while stationed in Germany, is due to arrive here in a few weeks. Previously in the communications field, he is now a civilian.

Though they don't have any children yet, Guzman said she would like to have two. In the meantime she has a king German shepherd and a black cat she got on Halloween, named Jinx.

This is at least in part what makes December's Soldier of the Month tick and what made her Soldier of the Month—lots of work, lots of energy and the desire to do well, resulting in her breaking the male trend for SOM.

photo by Bob Walker

Sp4 Vicki Guzman enjoys a favorite pastime—weightlifting.

YA sports director takes super-active, energetic role

By Bob Walker

Glowing with happiness and energy, she plans, coordinates, regulates and attends the Youth Activities (YA) sports activities that are held on post.

Mary Metheany, YA sports director, has an aura about her that does not go unnoticed. She has organized new programs for Presidio youth in her short 13 months here, programs that never were available or successful in years past.

Metheany's slender, mid-twentyish presence is often noticed at YA baseball games.

She seems to have a feeling for youth that comes across in the programs she coordinates. Metheany added swimming, gymnastics, wrestling, cheerleading, weightlifting and racquetball to the tennis, soccer, baseball, basketball and bowling that already were YA sports.

As if this isn't enough to keep the hard-working Metheany busy, she is trying to get volleyball and golf started soon. For little children, she plans to start tee-ball. This will be a first at the Presidio.

According to Bart Porter, the Youth Activities director, Metheany's parents saw her athletic abilities and steered her in that career direction. So Metheany attended San Diego State and earned her degree in physical education. Porter says, "Metheany really excels in swimming, volleyball and gymnastics."

Porter describes Metheany as "emotional, sensitive, pretty and pretty demanding. She is dynamic and hard working and very effective in her work. She's really good with human relations."

Porter went on to say, "It's nice to work with Mary. She's a dynamo of activity. Her high energy is very creative."

In addition to all this, Porter says Metheany made excellent flyers for the DPCA (Directorate of Personnel and Community Activities) Christmas party and retirement parties and an excellent booklet for the summer youth program. She recently started a monthly Youth Activities newsletter to keep people informed of YA activities. Also, she came up with the idea of Youth Activities suggestion boxes, which are located in the library, the Parent-Youth Club, the ITT Office, the Girl Scout House and the YA office. The purpose of the suggestion box is to find out what Presidio youth want and need.

To make the program succeed, Metheany asks for volunteers and support. She makes many contacts in her work, talking to sports equipment vendors, school officials and sports coaching volunteers.

Even though Metheany's job is to organize the programs, she does much more. She keeps a close tab on the programs; she and her evelasting smile frequently are found at YA events.

Patty Brown, who heads up the Presidio Girl Scout program, thinks the world of Metheany. Brown describes Metheany as "vivacious, exciting, responsible, child-oriented and a happy worker. She is geared toward YA sports, but she spills out into other YA programs such as scouting.

"Mary is always there to do additional work other than job duties. She was out for baseball games just about every night and often helped us (the Girl Scouts) sell concessions. She makes the kids feel she really cares about them. The kids like her."

Brown feels that Metheany has been a real plus to the YA program here because she is oriented to service for youth. She said, "Mary's attitude always lifts others up, which is an important part of working with people. She always leaves a happy and positive impression that makes you want to try harder."

Carol Kendall, a mother of two children involved in YA activities, said, "Mary is one of only a few people who are truly interested in YA programs on post. She has so much energy seeing that things are carried out, which makes the coaches happy. Mary is often out to the games, while many parents are not."

Kendall's 9-year-old daughter, Wendy, said, "Mary is nice and very helpful and she has a lot of spirit."

When speaking with Metheany, one senses her concern for youth. She said, "The youth gain the ability to learn new sports, improve abilities, keep fit and have a chance to be with their military peers. I appreciate everyone's support. We need all of you."

Metheany's glowing personality certainly is contagious for those who come out for YA sports. If you don't believe it, come on out!

Community Calendar

Dance Between the Lines

Dance Between the Lines is a jazzy, sassy, exciting cabaret show dealing with the lives of show dancers. Discount tickets are available for February 3 at the Music Hall Theater. The Sunday matinee includes a brunch. Brunch is served at 12:30 p.m. and the performance begins at 2 p.m. The cost for the matinee with brunch is $14.75. Come join the fun!

German classes

German Headstart classes will be held at the Army Education Center, bldg. 1216, from Jan. 28 through March 25. The class will meet Monday and Wednesday from 6 to 8:30 p.m. The class is offered free to soldiers, adult family members and DA civilians who want to learn practical German. Soldiers on orders or alerted for duty in Germany have priority for enrollment.

For more information or to enroll, call or visit the Education Center, ext. 2974/4445.

Secretarial skills

Military Correspondence, Typing I and Typing II will be held at the Education Center, bldg. 1216 today through March 14, Military Correspondence is Tuesday through Friday, 7:30 to 9:30 a.m., and Typing I and II are Tuesday through Thursday, 9:30 to 11:30 a.m. and Friday, 9:30 to 10:30 a.m. Military, DA civilians and adult family members are eligible to enroll in the course. There is no fee. For more information or to enroll, call the Education Center, ext. 2974/4445.

Dance between the lines

Tickets to this exciting cabaret show are available at the Recreation Center ITT Office in bldg. 385, at 561-3992. Hours of operation are 11:30 a.m. to 1 p.m. and 2 to 5:30 p.m., Monday through Friday.

Attention recruiters!

A special program designed to improve your communication skills will be offered on post (bldg. 1205) by San Francisco State University Jan. 24 through May 24. *Communication and Human Interaction* (4 semester units of upper division credit in Speech) meets Thursday nights, 7-9 p.m., and *Communication as a Vehicle to Understanding* (8 semester units of upper division credit in Speech) meets Saturdays, 9 a.m. to 4 p.m.

Cost is $1,080 for both courses: Army Tuition Assistance or veteran's benefits may be used by those eligible. See a counselor at the LAMC or Fort Scott Education Centers today!

Preseparation briefing

A preseparation briefing will be held Feb. 6 at the Army Education Center, bldg. 1216, from 8 to 11 a.m. All soldiers who plan to ETS before April 30, 1985, are required to attend. Topics covered will include VA benefits, schools, careers, Army Reserve, National Guard, ROTC and other items of interest to the soldier.

For more information, contact Michele Ruby, 3692/3693 at the LAMC Army Education Center, bldg. 1007.

Recreation Center news

Special Event:

Super Bowl Sunday, January 20 from 10 a.m. to 9 p.m. Join the crowd. Football on the big screen TV, popcorn, refreshments and hot dogs for all our fans. Bring the family and enjoy.

Workshops:

Gourmet Cooking, "Winter Dinner," January 27 from 2 to 6 p.m. The cost is $10 and you eat what you make! Three persons minimum. Isabel Stephenson will instruct the class.

Classes:

Beginner's Cake Decorating Class, January 23, 7:30 to 9 p.m. The cost is $25 for four sessions. Eight persons minimum. The instructor is Janet Phillips.

Learn to Play Bridge; beginner's class every Thursday, 6:30 to 9 p.m. The purpose of the class is to form teams of four players to play in bridge tournaments. FREE. The instructor is Ophelia Hilton.

For additional information please call the Recreation Center at 561-2000 after 2 p.m.

. . . the write stuff . . .

by Richard Wetzel

REBUTTALS-REBUTTALS...(we've let our hair down)...It's not that I don't make no mistakes (how's that for the ultimate triple negative)...I just don't like to admit them...besides, I usually blame it on the editor...and spank her with the rolled up edition...

First of all, it dawned on me (by way of the big boss) that the Super Bowl Game is this Sunday, not a week ago, as this misguided and confused (un)fan thought....THEREFORE (there's always one of them) the WORLD'S LARGEST TAILGATE AND LOCKER ROOM PARTY wasn't last week either...it's tomorrow night at the Moscone Center, featuring the *Pointer Sisters* and *Tower of Power*. Cost is $30/35.....Now that we've got that much settled, it's onward to bigger and better things....

"*From Foot Travel to Flying Machines; A Parade of Early Transportation at Sutro*" is on display now through Feb. 28. Among the various forms of transportation illustrated and displayed are gondolas, sidewheelers, dog sleds, jinrickshas, carts, wagons, stagecoaches, steam trains, bicycles, streetcars, gliders and balloons. Also featured in the display are transportation disasters such as ship and train wrecks...The Sutro Library is at 480 Winston Drive, on the North Campus of San Francisco State University. For more info call 557-0421....

MUSICAL SNUFF...The Henry J. Kaiser Convention Center (formerly the Oakland Auditorium) presents *WHAM* (whoopie) Feb. 5 and *KISS* (double whoopie) Feb. 9... *Bryan Adams* plays the Berkeley Community Theater Jan. 29... *Sammy Hagar* is at the Cow Palace Jan. 18 and 19... On the brighter side of things a chance to hear some real music: *Ella Fitzgerald* will perform at the Marin Veterans Auditorium March 30.

The Fort Scott Education Center is offering Beginning German Language for all military, dependents and civilians. During the course, students will learn to ask directions, order a meal, exchange dollars and make a phone call. Classes start Jan. 28 and there is no charge.

PERSONALITIES...*David Copperfield* will appear at the Warfield Theater Feb. 6-10...The US Gymnastics Team "Looking Good Tour," with *Mary Lou Retton* and many others, will perform at the Oakland Coliseum Feb. 1...*Sammy Davis Jr.* will play the Orpheum Theater Feb. 2...

If you're into cheap entertainment (as in dollars, not sleeeeeze), a simple afternoon walk or bus ride can provide that. The Presidio itself offers a small selection, first starting with the Ecology Trail, and the Presidio Museum. Open every day except Monday, the museum offers a fantastic display of the 1906 earthquake that rocked the City, not to mention the history of the military and the Presidio's role....If the city intrigues you, why not take advantage of a cheap tour by way of a Muni bus? Catch the 45 Greenwich outside the Lombard Gate, and for 60¢, ride the bus for a couple of hours. The 45 will take you downtown (if there is such a thing in San Francisco) to Union Square. Your transfer slip is good for the cable cars. From there you can ride in the wind to Fisherman's Wharf, which is a tourist trap, but can be fun anyhow. A good route to follow back to the Presidio is the waterfront, which will bring you back to the Crissy Field area.....

By now, you've obviously realized that I'm pretty hard up for some information to fill this space. Ideas, suggestions, advice and recommendations are desperately needed by this writer....the ability to type faster than 20 minutes a word wouldn't hurt either. At any rate, I've managed to cover the page with little letters, and that's all that really counts.....

At the movies

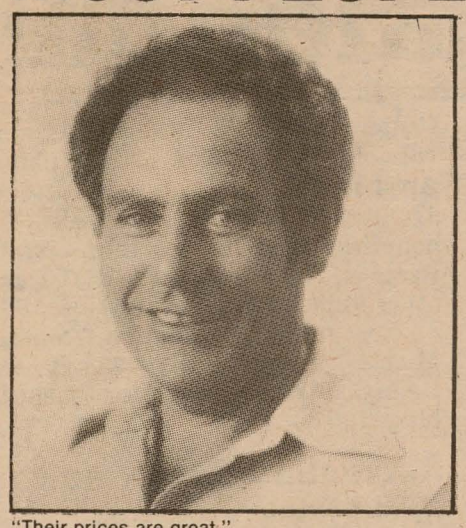
Presidio Theater

Fri., Jan. 18	Once Upon a Time in America (R)	7 p.m.
Sat., Jan. 19	Missing in Action (R)	7 p.m.
Sun., Jan. 20	Missing in Action (R)	2 & 7 p.m.
Mon., Jan. 21	Missing in Action (R)	7 p.m.
Tues., Jan. 22	Revenge of the Nerds (R)	7 p.m.
Wed., Jan. 23	Lovelines (R)	7 p.m.
Thurs., Jan. 24	Night of the Comet (PG-13)	7 p.m.

Schwartz Theater

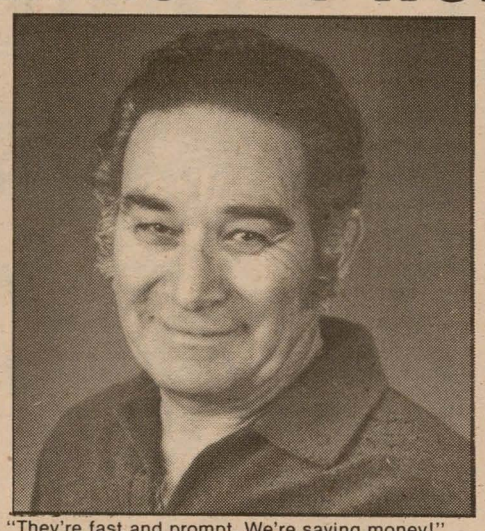
Mon., Jan. 21	Once Upon a Time in America (R)	7 p.m.
Wed., Jan. 23	Missing in Action (R)	7 p.m.
Thurs., Jan. 24	Lovelines (R)	7 p.m.

MOST PEOPLE CHOOSE A DENTIST BY WORD OF MOUTH

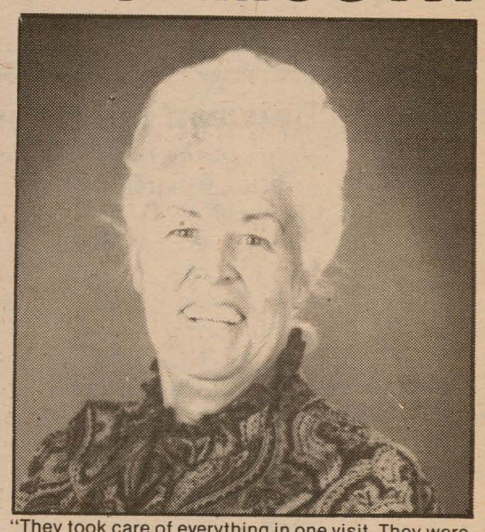


"Their prices are great."
Paul Scrivner

"I always appreciated the evening service. We started coming when Ciara was two. She doesn't dread the dentist. She's crazy about him."
Dana Parsons



"They're fast and prompt. We're saving money!"
Max Padilla



"They took care of everything in one visit. They were very efficient. We've recommended this place to our friends."
Betty Souza

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Sports

Bowling team roll-off

The Presidio men's bowling team will have three or four openings coming up in February. To fill these openings there will be a roll-off for all active duty soldiers with an established average of 170 or above (21 games or more) on Jan. 19 at the Presidio Bowling Center, starting at noon. Anyone interested in trying out for the post team should sign up at the Bowling Center not later than Jan. 18.

For more information, please call the Sports Branch at 561-4120/5032.

Intramural basketball

The Presidio intramural basketball league officially started on Jan. 8 with 15 teams. Looking back at the practice round during December, it seems that the teams to beat will be the Doctors, 6th Army and Veteran's Administration. The teams that could possibly upset them in league play are the 864th Engineers; LAMC, Co. B; USAG; LAIR; and DLI-SF.

The other seven league teams are not to be underestimated: just the other night, DEH 1 beat Veteran's Administration 49-47. All the teams seem to be well organized and coached by knowledgeable individuals. The Presidio intramural program will be competitive and successful.

Last week's results

864th Engineers 57 - DEH 2 46
DEH 1 49 - USAISC 47
LAIR 49 - LEC 37
VA 66 - MILPERCEN 38
6th Army 52 - LAIR 43
DLI-SF 53 - DEH 1 41
6th Army 67 - USAG 61
Doctors 49 - LAMC Co. B 47
LEC 47 - DEH 2 38
DEH 1 49 - VA 47

Next week's games

Gym 1, 5 p.m.: LAIR vs. USAG
Gym 1, 6 p.m.: DLI-SF vs. MILPERCEN
Gym 1, 7 p.m.: DPTSEC vs. 6th Army
Gym 1, 8 p.m.: Doctors vs. OARB

Tues., Jan. 22

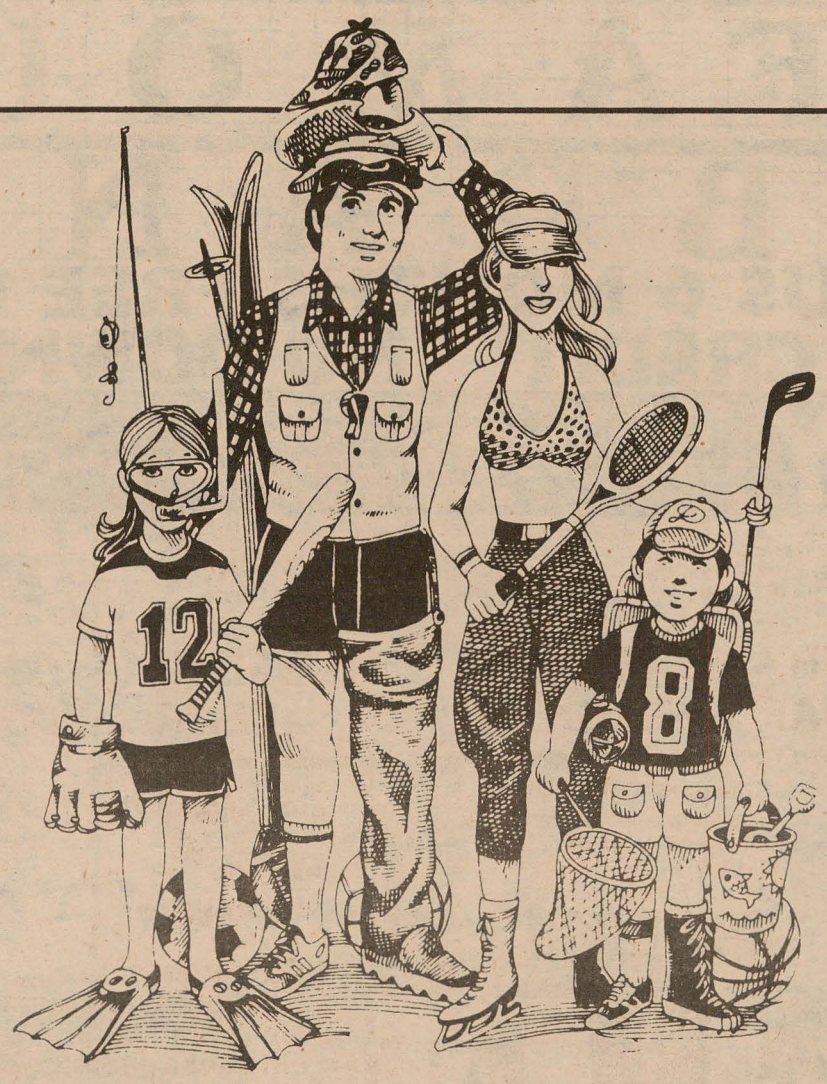
Gym 1, 5 p.m.: MILPERCEN vs. DEH 2
Gym 1, 6 p.m.: USAG vs. USAISC
Gym 2, 6:30 p.m.: 864th Engrs. vs. LEC
Gym 2, 7:30 p.m.: DEH 1 vs. LAMC Co. B

Wed., Jan. 23

Gym 1, 5 p.m.: DLI-SF vs. DPTSEC
Gym 1, 6 p.m.: 6th Army vs. Doctors

Thurs., Jan. 24

Gym 1, 5 p.m.: OARB vs. LAMC, Co. B
Gym 1, 6 p.m.: VA vs. DPTSEC
Gym 2, 5 p.m.: LAIR vs DLI-SF
Gym 2, 6 p.m.: USAG vs. Doctors.



Basketball trial camp

The Presidio of San Francisco is currently hosting the Army Basketball Trial Camp for 27 of the Army's most talented players form Army installations throughout the world.

Returning as coach is Ronald Foster, from Fort Hood, Texas. Returning players include Herman Harris, Fort Stewart; Julius Thomas and Donahue Kinsey, Fort Hood; James Beachum, Cameron Station; James Smith, EUSA; Clovis McDowell, Fort Devens; David Williams, USAREUR; and Walter Golden, Fort Monmouth.

Daily practices are at the main post gym from 9 to 11:30 a.m. and 1:30 to 3:30 p.m. Practice games with top semi-pro and AAU teams are scheduled as part of the training schedule. The Army basketball team schedule follows. Note that some times have not yet been set.

Date	Time	Opponents	Site
Wed., Jan. 23	7:30 p.m.	Joe Rucker's	Presidio
Sat., Jan. 26	1:30 p.m.	Hawaii New Pizza	Presidio
Wed., Jan. 30	7:30 p.m.	Believers	Presidio
Fri., Feb. 1	7:30 p.m.	East—West All Stars	Presidio
Sat., Feb. 2		Manteca Tournament	Manteca
Sun., Feb. 3		Manteca Tournament	Manteca
Wed., Feb. 6	7:30 p.m.	Esquirer	Presidio
Fri., Feb. 8	7:30 p.m.	East-West All Stars	Presidio
Sat., Feb. 9		Manteca Tournament	Manteca
Sun., Feb. 10		Manteca Tournament	Manteca
Wed., Feb. 13	7:30 p.m.	Believers	Presidio
Sat., Feb. 16		Lake Tahoe Tournament	Lake Tahoe
Sun., Feb. 17		Lake Tahoe Tournament	Lake Tahoe
Wed., Feb. 20		Cal Med Center	Presidio
Sat., Feb. 23	1:30 p.m.	Hawaii New Pizza	Presidio
Wed., Feb. 27	7:30 p.m.	Esquirer	Presidio
Mon., Mar. 4	7:30 p.m.	Houston Flyers	Houston
Tues., Mar. 5	7:30 p.m.	Houston Flyers	Houston
Fri., Mar. 8	8 p.m.	Carver YMCA	Fort Hood
Sat., Mar. 9	8 p.m.	Carver YMCA	Fort Hood
Mar. 10-16		Armed Forces Championship	Fort Hood

U.S. Military Academy Examinations

Post Gym 1, bldg. 63, will be closed all day, Jan. 27, for the U.S. Military Academy Physical Aptitude Examination.

Anyone who wants to make tennis reservations should do so tomorrow and should pick up the reservation permit on that day.

Outdoor Recreation

Ski Orientation classes: Classes on ski safety and maintenance for the remainder of January and February will be held at Outdoor Recreation, bldg. 92 at 5 p.m. on Jan. 24, Feb. 5 and Feb. 14. Authorized people who anticipate using skis from Outdoor Recreation must attend one session prior to checking out skis; there will be no exceptions to policy. People who have previously attended a class at Outdoor Recreation, are not required to attend.

Package ski trips: Ski trips 3 and 4 are three-day trips to South Shore Lake Tahoe. Cost is $60 (skiers); $55 (non-skiers and skiers with own equipment). Cost includes transportation, lodging and equipment rental as specified. Ski lift tickets and meals are *not* furnished by Outdoor Recreation. Dates are as follows:

Ski trip 3—March 22, 23 and 24; deadline for sign-up payment or refund is Feb. 28.

Ski trip 4—April 12, 13 and 14; deadline for sign-up payment or refund is March 25.

Space is limited, so choose your dates and sign up now to be assured of the dates desired.

Ski lift tickets: Outdoor Recreation has Military Ski Lift Coupons for Squaw Valley for $21, good any day of their 1985 ski season. Ski Lift Coupons for Alpine Meadows are $17, good Sunday through Friday. Coupons are not good on Saturdays or from Feb. 16 through Feb. 18. Coupons are redeemable at any ticket booth.

For more information call or come by Outdoor Recreation, 561-4324, bldg. 92, between 8:30 a.m. and 5 p.m., Monday through Friday.

Aerobics classes

Join anytime! Register with instructor at class. Open to all ages, all levels of fitness, both men and women. For more information call 561-5120 or 381-3382.

Jimmy the Freak

Hellooooo out there! Is anyone still listening? If so, let's talk about "49er Magic" a bit, okay? Although he looks more like a successful stockbroker than a coach, Bill Walsh has proven himself to be on the same level as Lombardi, Lambeau and Landry (I thought I'd give you a little "L" this week). As a motivator of men, he's nonpareil (maybe Sixth Army could hire him as a psychological warfare specialist in the off-season).

Although this football season started way back in hot, hot August, this 49er team magically made the season still seem too short. I don't know about you, but my Sundays seem incomplete without an opportunity to watch another San Francisco victory.

I secretly hope that Joe Montana's engagement doesn't work out and that he stays single long enough for my daughter to grow up so *she* can marry him. Just think of the free seats I could get to the games then ("I must be in front roooow!").

Oh, well... enjoy this season as long as you can. It's impossible for the 49ers to have another season as good as this one, what with injuries, free-agency and the looney-tune owners of the USFL. Even with a better team, it may take decades before another team goes through an entire year with only one loss. That's right, *one* loss, because I believe that the 'Niners will win Super Bowl XIX (that's "19" to you California public school grads) in a high-scoring game. Say something like 34-28. The only difference will be a couple of Wershing field goals. Let's hope I'm right. Any other ending wouldn't be fitting this season. With that, I'll sign off now. Mrs. Freak has the padded room ready for me, and the doctors have the batteries all hooked up for the shock treatments. See ya!!

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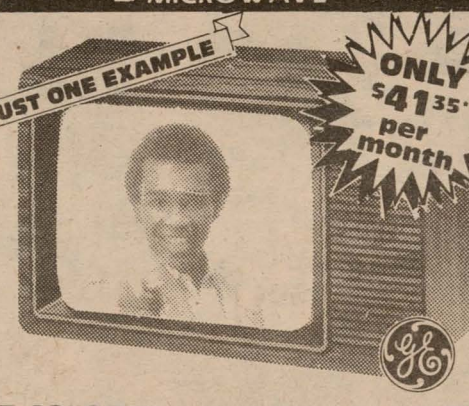

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Sixth Army birthday; piece of cake at dining facility / **page 4**

S.F. Zoo: life goes on without pandas from China / **pages 6&7**

Freak: shares final words on 49ers season / **page 11**

Star Presidian

Vol. 28, No. 3 "Published in the interest of the people of the Presidio of San Francisco." January 25, 1985

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News Briefs

Blue Cross

Bernice Morgan, a Blue Cross, Blue Shield representative, will be at the Presidio on Feb. 12. She will be available from 9 to 11 a.m. in the Civilian Personnel Office (CPO), bldg. 37, to meet with people who may have questions or problems concerning their policies. Those who wish to see Morgan are asked to bring all pertinent paperwork relating to their question or problem. Please call JoAnn Smith at CPO at 561-5757 to make an appointment.

Pot luck supper

The Support for Parents with Special Children organization is hosting a pot luck supper Wednesday, at the Incarnation Episcopal Church, 1750 29th Ave., San Francisco (Noriega and Moraga). The guest speaker is Dr. Richard Leonards, S.F. pediatrician and specialist on infectious diseases. The supper will begin at 6 p.m. and Dr. Leonards will speak at 7 p.m. POC is Margie Dee, Army Community Service, 561-5057.

Meeting change

The location for the Preretirement Orientation for Monday at 9 a.m. has been moved from the NCO Club to the Officer's Club Ball Room.

Parent support

If you have a special child with a learning disability, developmental or physical handicap, or chronic serious illness you are invited to join other parents at the two parent support groups meeting on the Presidio of San Francisco. The daytime group meets at the Religious Activities Center on Mondays from 12:15 to 2 p.m. People are invited to bring a brown bag lunch if they desire. Child care is provided at the Child Development Center, if you make your reservation 24 hours ahead of time and contact Margie Dee at Army Community Service (ACS), phone 561-5155. The evening group meets at ACS, bldg. 214 on Monday evenings from 6 to 8 p.m.

Stress workshop

"Dealing with stress and the handicapped child" will be the topic of discussion at a brown bag workshop held at the San Francisco Hearing and Speech Center, 1234 Divisadero on Feb. 6 from 12 to 1:30 p.m. Interested people should contact Margie Dee at Army Community Service, bldg. 214 phone 561-5155/5156. Transportation is available, as well as child care if you make a reservation by Monday, Feb. 4.

Mike Halloran, work order clerk at DEH, goes about his busy day.

photo by Liz Greeley

Award received

PSF honored for hiring

by Liz Greeley

The San Francisco Mayor's Committee for Employment of the Handicapped awarded the Presidio of San Francisco their Employer of the Year Award on Jan. 10.

According to a letter from the mayor's committee, "this honor is based on your demonstrated achievement in improving employment opportunities for persons with disabilities. The Presidio has undertaken positive action to ensure its policies and procedures as used in the recruitment and selection of qualified disabled applicants are fair and unbiased. Also, the Presidio has shown the willingness to make special accommodations available to disabled employees."

Presidio's efforts in hiring and retaining disabled employees won the award, but how did they do it? To begin with, it took a concerted effort on the part of the Civilian Personnel Office (CPO) staff. For example, they:

- Presented an executive-level overview on hiring the disabled to senior managers;
- Trained line managers in hiring and reasonable accommodations for the disabled;
- Touched base with the state vocational rehabilitation agency and other organizations (such as the Veterans Assistance Center) to make sure that disabled workers are aware of the Presidio's job opportunities;
- Hired disabled workers in various fields for positions at Letterman Army Medical Center (LAMC), Logistics Control Agency (LCA), Sixth U.S. Army headquarters and at Presidio headquarters.

The Presidio has hired disabled workers as computer programmers, personnel assistants, medical technicians, computer operators and secretaries, among many other jobs.

But it isn't over yet. The CPO staff has vowed to continue their efforts to reach more disabled people who want jobs and to make more contacts with the advocacy groups who can help them reach their goal.

Inquiries regarding the Presidio Handicapped Employment Program may be directed to Floyd Thomas, chief, employee service section at 561-2801.

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Opinions

TAKE A BITE OUT OF CRIME

Facts about burglary

• More than six million residential burglaries occur every year in this country. That's one every ten seconds!

• Nearly half of these burglaries are committed without force—that is, through UNLOCKED doors and windows!

Most of these burglaries could be prevented.

• Always lock your doors and windows even when leaving for "just a minute."

• Never leave a house key available: under a doormat, in a flower pot, on the ledge of the door. These are the first places a burglar will look.

If you would like to make life even harder for crooks—Remember the following tips:

Check you locks

• Exterior doors should have "dead bolt" locks with a 1 inch strong metal bar extending into the door frame.

• Sliding doors and windows should all have "ventilation" locks as well as auxiliary locks to bolster security.

• Be sure to include good locks for garage, cellar, patio or other doors that lead out through storage areas or a spare room.

• For information on locks, contact the Presidio Crime Prevention Office, 561-5011.

Going out?

• Lock all doors and windows.

• Use timers so that lights, radio, T.V., go on and off throughout the house to indicate someone is home.

• For longer trips be sure to stop mail and newspaper delivery or have a neighbor collect them daily.

• IN SHORT -MAKE YOUR HOME LOOK "LIVED IN".

Remember, if you come home and see a broken window or a jimmied door, don't go in.

Confronting a burglar can be dangerous. Phone the police immediately.

Other Tips

• Install a wide-angle lens viewer in the front door. Never open the door without knowing who is there.

• Consider alarm systems or trained security dogs for additional protection.

• Whenever you move to a new home, have the locks changed.

• Teach your children home security.

Operation I.D.

• Another deterrent to "would be" burglars is Operation Identification.

• Mark your valuables with your California Driver's License number preceded by the letters "CA."

• Post Operation I.D. stickers in your doors and windows to warn housebreakers to stay away.

• Burglars don't want marked merchandise because it is difficult to fence and evidence of guilt if they are caught.

• So mark your items as conspicuously as possible without defacing them.

• Photograph those items that cannot be engraved (jewelry, silverware, antiques).

• Operation I.D. also facilitates the return of stolen property when it is recovered.

Courtesy Presidio Crime Prevention Office

Crime report

Person(s) unknown entered a set of quarters on Fort Baker and stole the occupant's purse.

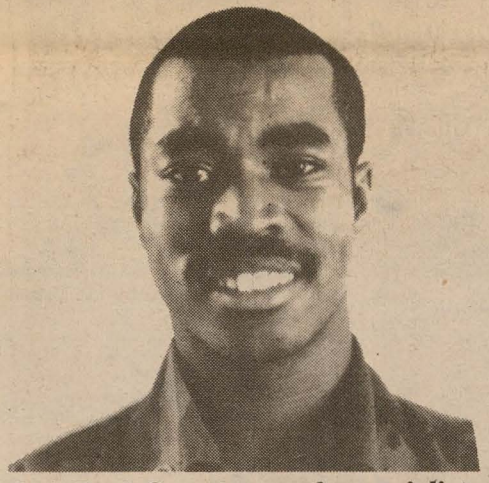
Person(s) unknown broke into a 1984 Renault and stole a digital clock. The car was parked in a carpool on Stilwell Road.

Person(s) unknown sprayed paint on a 1983 Mercedes which was parked in the LAMC parking lot.

During the past seven days, two automobile drivers were aprehended by the Presidio Military Police for driving a vehicle under the influence of an alcoholic beverage.

Ramblin' Sam

"Are you influenced by advertising? Why?"



Sp4 Paul Carter, records specialist, COMPACT, "Yes I am influenced by advertising, but it depends upon what the item is. One reason is that it looks so good when you see someone else with it."

Sheryl Holly, freight rate specialist, Materiel Movements, DIO, "Yes, I think I am influenced by advertisements because advertising is a strong media to influence the public."

Lt. Col. Kenneth Sherfey, inspector, IG, Sixth U.S. Army, "No, I think everybody is set in their ways, if the product doesn't fit their needs, they won't buy it."

Sp4 Sandra Mays, promotions section, COMPACT, "No, I'm not, because some of them you see are false."

Dear Editor...

Farewells are difficult to say especially to one who has loved so deeply and passionately as I have loved you, Presidio. For over five years, I have loved you more than you could realize—you gave so much to me. When I first moved here and did not have a place to live, you provided me a temporary residence; when I was unemployed, you provided me employment; when I needed a new Army Reserve home, you provided me a unit; when I needed additional income, you provided me a part-time job; when I needed socialization with peers, you provided the NCO Club; when I needed education, you provided the Army Education Center and the CPO Training Branch; when I needed self-actualization through making personal and professional contributions, you gave me EEO Counseling, Dr. King's Birthday, Black History Week, National Secretaries' Day, Women's History Week, and Women's Equality Day; and when I needed the support and encouragement of friends through difficult times, you supplied some of the best. You gave me so much!

And, I in turn, wanted to and gave you so much of myself in return. I tried so hard to support your imperatives of STRIVING FOR EXCELLENCE and EQUAL EMPLOYMENT OPPORTUNITY (in fact, I believe I have made the name Alice Slater synonymous with Equal Opportunity!). When your personnel were distraught with their working conditions, I provided a listening ear with recommendations for possible solutions, and when they were

Please see page 3

The **Star Presidian** is published weekly by Coast Publishing as a civilian enterprise in the interest of the military and civilian personnel at the Presidio of San Francisco, California.

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PX brand saves you $$$

by Bob Walker

Near the end of February when you browse through the Post Exchange you will see new signs that read 'extra value', 'compare and save', and 'special buy'. The Army Air Force Exchange Services (AAFES) is doing this to identify products that save soldiers and their families extra dollars.

AAFES now carries its own product lines. Items with the AAFES label have been thoroughly tested to meet AAFES standards. These items will be identified by the 'compare and save' signs.

According to AAFES figures, an overall savings of 26.1 percent can be obtained by buying from the Exchange's nine lines of products.

A random survey by this reporter has shown that when buying the AAFES brand over a name brand off post you save 48.6 percent. Comparing brand names off post with brand names at the PX resulted in a 27.4 percent savings.

AAFES has a list of 129 items in their own label personal care line. Of this 92 items are currently stocked here. The remaining items will soon be added to the inventory according to Chester Harris, sales and merchandise manager.

The AAFES operations manager, Kay Vallone said, "You walk into a store and reach for the brand name you've known all your life, no matter what is next to it. If people would just try the AAFES brand, they would see there is no difference in quality."

But the personal care line isn't the only area that AAFES is striving to provide at lower prices. They now have coordinated fashions which sell for much less than brand names. All you have to do is look for the AAFES label. The AAFES label is found on clothing for men, women and children, so you don't have to spend so much on children's clothing which are so quickly grown out of. Just shop around, conduct your own survey. See what you'll find.

You'd be surprised at the strange looks and comments you receive while conducting your own private survey. Store workers seem bewildered by it all.

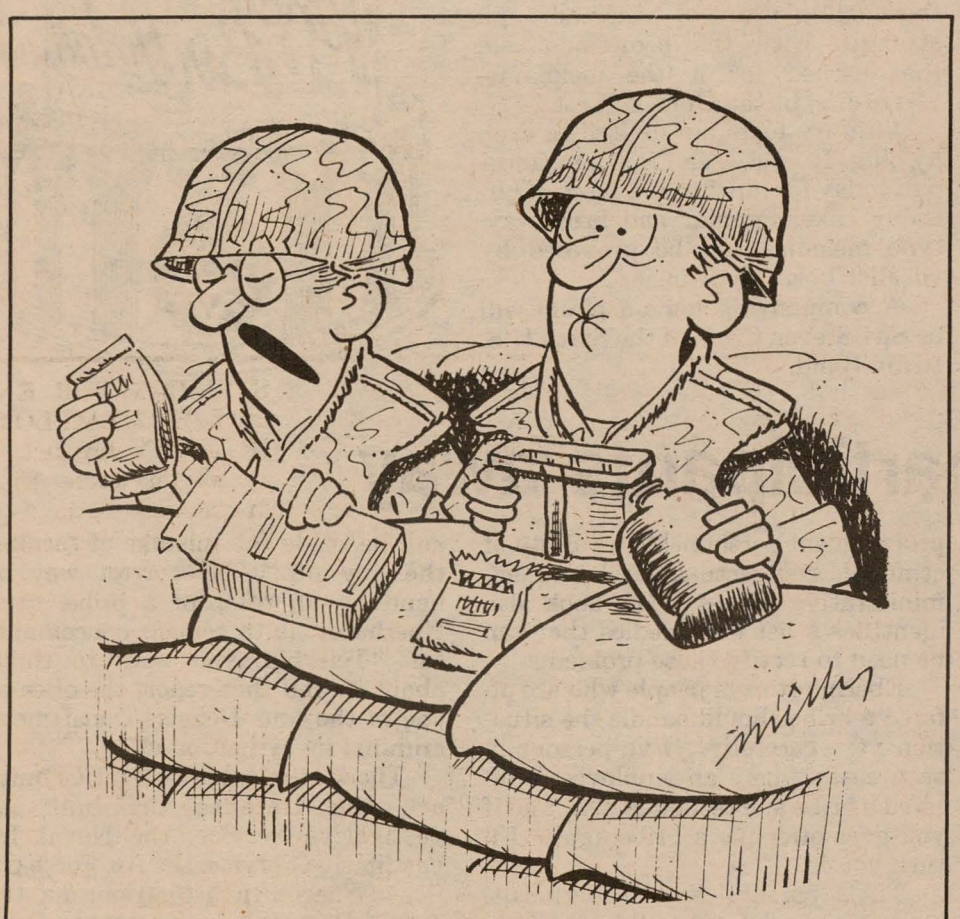
So go to the PX, look for the new signs that signal extra savings; savings which you and I both deserve.

Dear Editor from page 2

frustrated with unlawful discrimination, I was always there providing them with as much honesty, fairness, diligence, integrity, and professionalism as humanly possible. And it's difficult! It is difficult to leave behind a relationship which had such tremendous exchange and impact. Why, we even got angry at each other at various times yet the exchange of the relationship kept going and kept going. I never thought I would fall in love with another area like I did Cambridge, but you showed me differently, Presidio!

There are many people I did not have the opportunity to say farewell to before I left because other things got in the way—other farewell luncheons for people with more grade than me, holiday leaves, etc. However, I did not want to leave without saying farewell and I did not want to leave without being friends still. Although at this time I am not able to continue to serve your needs in the same capacity as I had while working on your beautiful grounds, I am able to continue to be of some assistance and want to make myself accessible. Please stay in touch.

Alice E. Slater
14 January 1985



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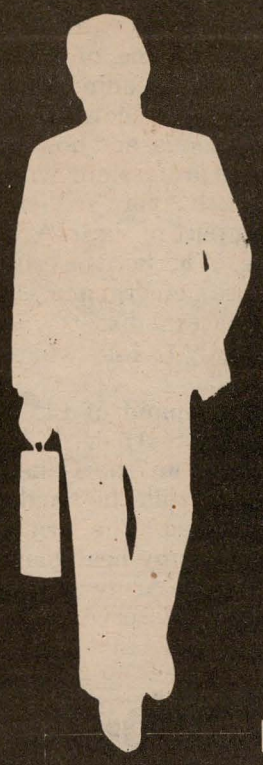

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YOUR FIRST APPOINTMENT IS WITHOUT CHARGE

Feature

PSF 16th BPO participates in Reforger 1985

The 16th Base Post Office (BPO) left for West Germany on Jan. 11 to take part in REFORGER '85 exercises.

Based in Giessen, West Germany, about 60 kilometers from Frankfurt, the 16th BPO is attached to the 61st AG Det (Postal) Postal Group, Europe. According to SSgt. Jeffery Feldmeyer, 16th BPO schools NCO, the unit is scheduled to return to the Presidio in late February.

Background:

In 1967 a trilateral agreement was signed between the United States, United Kingdom and the Federal Republic of Germany authorizing the removal of one U.S. Army division with associated support units and four U.S. Air Force tactical fighter squadrons from Europe.

At that time, the United States agreed to return NATO-committed ground and air units to Germany annually for training. Thus, REFORGER, short for Return of Forces to Germany, began.

More than 17,000 soldiers and some 51,000 tons of equipment were deployed from the United States to Europe in August and September, 1984.

Once the Army units arrive in Germany, they take part in corps level field training exercises in NATO's central region.

The benefits of training on the actual terrain and bases from which these units may some day have to engage in active combat cannot be replaced by any type of facilities or training in the Continential United States (CONUS.)

Why do we do it?

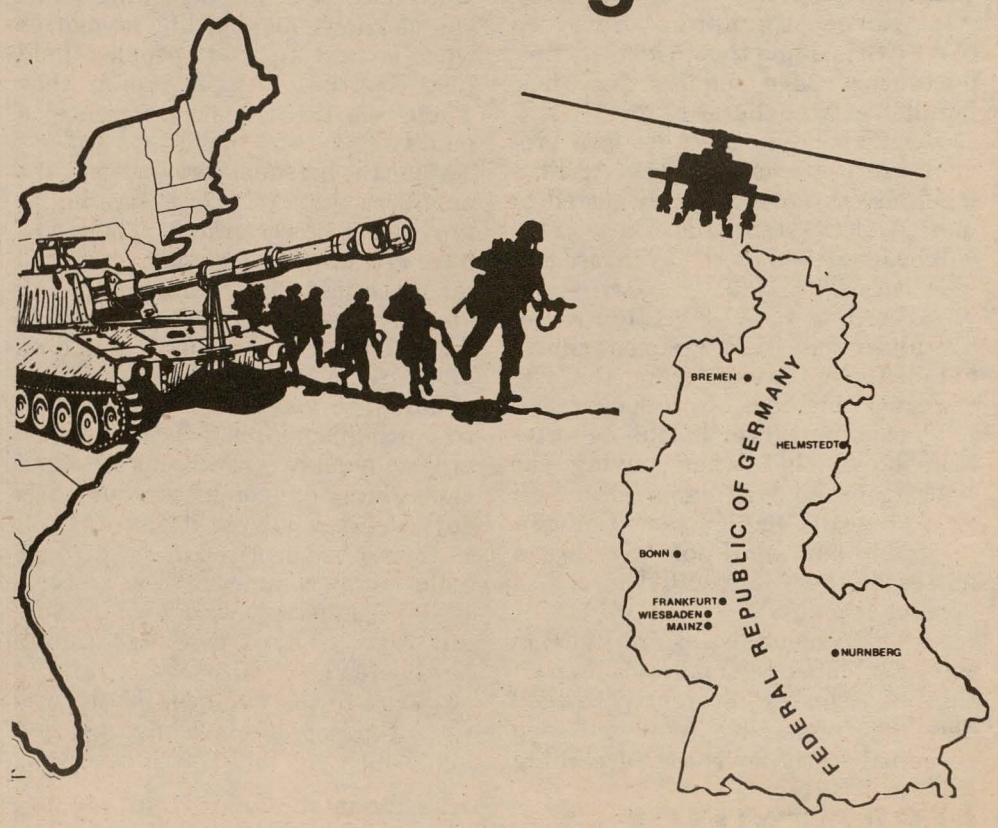
We do it to test and demonstrate our ability to get to Europe in a hurry.

Why do we need to get to Europe? To discourage war. We do it so everyone can see us and know we are serious about honoring our NATO commitments. We do it to defend our interests and the interests of our friends.

We need to go to preserve the culture and way of life unique to each European country. Above all, we do it to help protect the people.

If you've ever been to Berlin, you know why we need to go. The Wall, police dogs, tangles of barbed wire and armed guards are a reminder that some people in this world are not content to let others live as they would like.

That's why.



Soldiers Scene

Dining Hall provides cake for Sixth Army birthday

by Sixth Army Public Affairs

The Headquarters Company, U.S. Army Garrison, will sponsor a luncheon in honor of Sixth U.S. Army's 42nd birthday today, at the USAG dining facility on post, between 11:30 and 1 p.m.

It will be a good time to remember some of the "war stories" which make up the fabric of those 42 years.

"Born of War" in 1943 at the request of General Douglas MacArthur, Sixth Army played a major role during World War II in the Southwest Pacific. Between 1943 and 1945 Sixth Army participated in 15 amphibious operations including 22 major assault landings. Upon the surrender of the Japanese, Sixth Army served as an occupational force until it was inactivated in January 1946. However, just three months later, Sixth Army was re-activated and its headquarters established here at the Presidio of San Francisco.

Today, during peacetime, Sixth Army's mission is one of military training and combat readiness of the Reserves. History has shown how important this mission is, and how much it depends on the professionalism and excellence of Sixth Army soldiers.

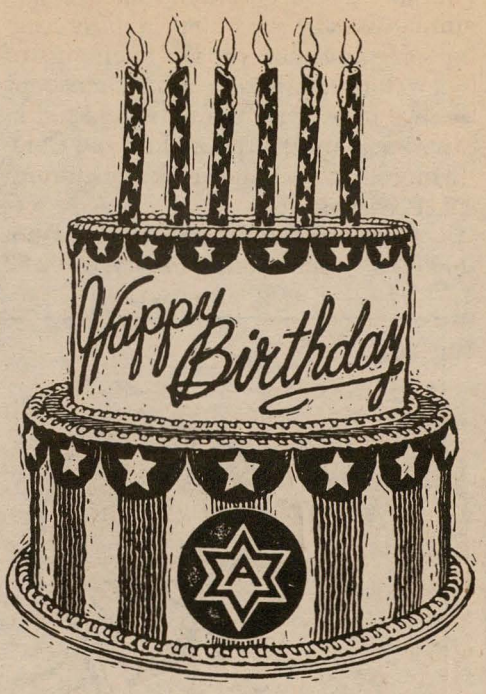
Another big part of Sixth Army's job is planning. Whether the crisis is a civil defense emergency, civil disturbance or natural disaster, Sixth Army stands ready to take whatever action is required.

Under the command of Lt. Gen. Robert Arter, the Sixth U.S. Army covers the area from the Canadian border to Mexico, from the Pacific to east of the Rockies. The principal mission of Sixth Army headquarters today is assisting Army National Guard and Army Reserve units in maintaining mobilization readiness and commanding mobilization activities within the 12 western state area.

Reorganized in 1973 and again in 1984, it anticipates an era of strength and leadership as a significant part of the total Army of the 1980's. From its headquarters on the headlands of the Golden Gate, Sixth Army expects to fulfill its expanded mission during the coming years of peace through strength with the professionalism that earned for it the nickname, "Guardian of the Golden West."

Military folks are invited to drop by bldg. 101 between 11:30 a.m. and 1 p.m today for lunch and a piece of birthday cake. Popular and broadway-type melodies will be provided by vocalist Lori Goodwin.

Accompanying her on piano will be Sp4 Steven Crum of the Sixth U.S. Army Band.



Stiff penalties put bribery participants away

A former government procurement analyst learned the hard way that accepting bribes can lead to real trouble.

The analyst, a GS-12 with 12 years of federal service, pleaded guilty to accepting approximately $1,000 in cash from the president of a Connecticut firm for disclosing confidential pricing information.

A U.S. District Court judge placed him on five years' probation and fined him $2,000. The analyst resigned from government service the day after he was indicted.

Bribery is just one of the subjects covered in a new Department of Defense Inspector General publication, "Indicators of Fraud in DoD Procurement." Some 50,000 copies have been distributed since its late-summer publication.

Michael Eberhardt, assistant inspector general for criminal investigations, policy and oversight, says the 56-page publication is an analysis of the primary indicators of various types of fraud that have been seen in the Department of Defense.

"The book," he says, "is intended to sensitize Department of Defense procurement personnel to a variety of criminal, contractual, civil and administrative abuses." The book also identifies a list of remedies that can be used to rectify these problems.

Eberhardt says people who are offered a bribe should handle the situation very carefully. "I've personally seen cases where an employee is offered a bribe and responds, 'No, and if you ever offer me a bribe again, I'll turn you in.'"

That person, says Eberhardt, made two mistakes: "He made a mistake by not reporting the bribe, and he made the mistake of turning the guy off." The correct way of handling an offer of a bribe, says Eberhardt, is to remain noncommittal. "Tell him you want to think about it, and then report the offer to one of the four Defense Department criminal investigation units."

Those criminal investigation units are the Defense Criminal Investigative Service, the Naval Investigative Service, the Air Force Office of Special Investigations and the Army Criminal Investigative Command.

AFPA

Review

'Jeeves takes charge' with a one-man show

by Barbara Mountrey

"Jolly good show!" is a British phrase for anything done well. It also is an apt description of "Jeeves Takes Charge," the one-man comedy now playing at Marines Memorial Theatre.

Edward Duke, who wrote and stars in the show, plays 12 characters from the novels and stories of P.G. Wodehouse, primarily Bertie Wooster, a rather dim young gentleman-about-town, and Bertie's imperturbable valet, Jeeves.

Bertie's main talent is for getting into scrapes, from which his unflappable gentleman's gentleman invariably rescues him, but only after several ingenious twists of plot.

Duke has wisely retained much of Wodehouse's language, which creates scenes and characters with a few deft strokes. For example, a character describes "one of those summer evenings so quiet you can hear a snail clearing its throat half a mile away."

Poor Bertie bemoans the constant demands of his rather dreadful aunts, especially Aunt Agatha, "who kills rats with her teeth." He describes his reluctant entrance into a room in which five aunts are "calling to each other across the room like mastodons across some primeval swamp."

Duke's physical creation of the characters he portrays relies on a similar use of small but telling factors. He switches characters instantly by changing his walk, the angle of his body, his gestures and especially his vocal mannerisms. He also manages a few amazingly rapid costume changes.

No matter how fast Duke moves from one character to another, however, the audience never is confused about whether the speaker is Bertie, Jeeves, an aged uncle, Bertie's fiancee, the fiancee's young brother (with "a face like a ferret") or the lovelorn friend who wishes he were a newt, so that he would know the proper way to attract a female of the species.

photo courtesy of Marines Memorial Theater

Bertie Wooster (live, at right) regales the audience with tales of his unflappable gentleman's gentleman, the inimitable Jeeves, in "Jeeves Takes Charge."

The striking Art Deco sets, designed by Carl Toms, are capable of changing as rapidly as the characters. Segments of wall pivot neatly to move the setting from Bertie's chiaroscuro bedroom to a red-and-white striped tent, as foliage spurts from the tops of columns, to the enthusiastic applause of the audience.

In the prologue, Bertie's club, The Drones, is peopled with cardboard cutouts of his equally useless chums. During the brief blackout before the play opens, Duke slips in among them. When the lights go back up, it takes a moment to see that there is an additional character on stage, until he moves and launches into an account of his rebelling against Jeeves by wearing a bright red waistcoat (which he unaccountably pronounces as it is spelled, rather than "wesket," the correct pronunciation even in the Colonies).

From the time he first speaks until the end of the play, Duke never stops talking, except to perform a slightly overlong but technically impressive tapdance. And as long as he is talking, the audience is laughing. There are few belly laughs in the show, but there is a constant stream of appreciative chuckles.

Wodehouse's strengths are his masterful use of language and his creation of unique but classic characters. Duke's play has not only retained these characteristics but literally fleshed them out, delighting both those who love the original stories and those who never have read them. It is no wonder that "Jeeves Takes Charge" has won awards in London and New York and has played in Canada, Australia, China and elsewhere in the United States.

"Jeeves Takes Charge" will play through March 3 at Marines Memorial Theatre. Performances are Tuesday through Saturday evenings and Saturday and Sunday afternoons.

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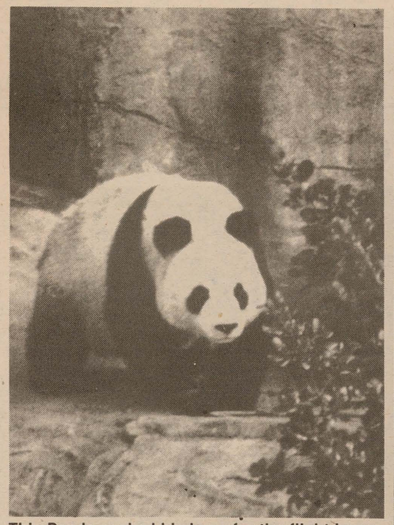


This Panda packed his bags for the flight home to Peking, China.

These African lions complain about the pandas' departure from San Francisco.

photos by Bob Walker

San Francisico Zoo

Tours teach about animals

by Bob Walker

Pandas from the Peking Zoo in China made for a very popular exhibit at the San Francisco Zoo. People waited in lines for up to two hours or even longer to see the adorable creatures. Unfortuantely the exhibit closed yesterday as the pandas fly home this weekend.

People shouldn't be disheartened by the pandas' departure. There are still many fascinating animals to see. Though there aren't any unicorns, there are certainly cats and elephants and monkeys, farm animals and birds.

Zoo docents (who are volunteers) are on hand to give guided tours of the zoo, which is great if you have questions about the animals you see. According to docent Henrietta Wiley, the docents enjoy their work because they like animals and the knowledge they gain about the world around them.

Or you could get a zoo key to turn on recordings that tell about the animals you see. It's very informative.

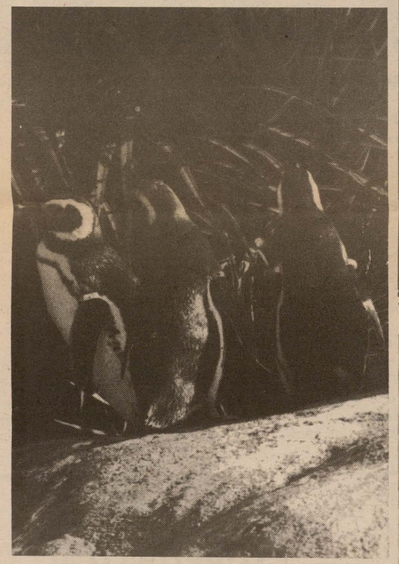
There's also, a children's zoo where farm animals can be fed grain, giving children a hand-on personal touch to the zoo visit.

There's also a tour on the Zebra Train should you not feel up to a lot of walking or standing.

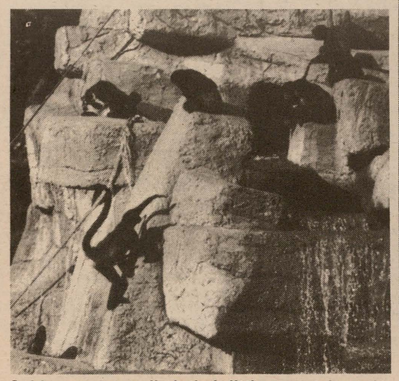
If you get tired of looking at animals you could go for a ride on the carrousel, or the kids could play at the playgounds that are available.

To remember your visit there's the gift shop with all kinds of mementos from stickers and stuffed animals to posters, hats and pencils.

The San Francisco Zoo is open everyday of the year from 10 a.m. to 5 p.m. It still makes for a very nice family outing, even though the pandas have said their farewells to San Francisco.



Standing at 'attention', the Magellanic penguins draw attention to themselves.

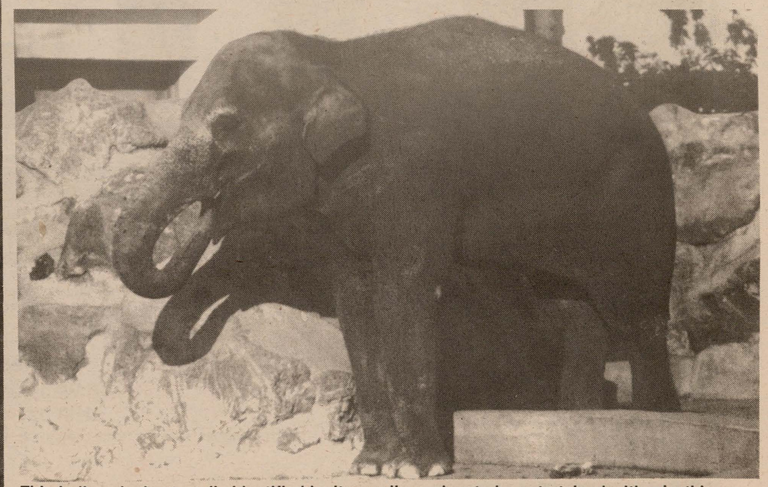


Spider monkeys climb their little mountain at the zoo.

Standing guard, this goat is on the look-out for a free hand-out of food in the children's zoo.

Undaunted by spectators, this North American River Otter continues to eat his dinner.

Scratching his neck on a stump is more interesting than the visitors as far as the Sun Bear is concerned.



This Indian elephant easily identified by its small ears has to be entertained with playthings.

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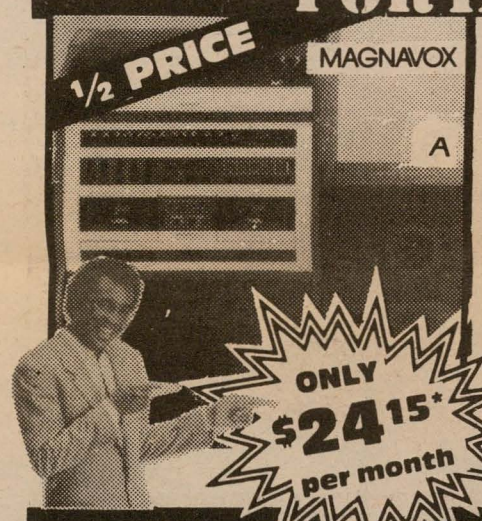

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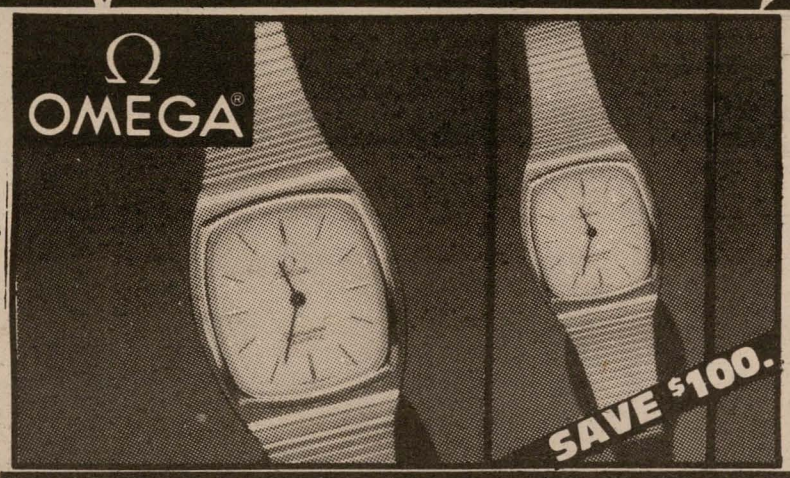

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Community Calendar

Recreation Coordinator

The Youth Activities Office is looking for an individual to work part-time as a Recreation Coordinator. Responsibilities include, among others, telephone coordination and program planning. Hours of work will be on weekends and in the evenings. Anyone interested in this position should send a resume as soon as possible to Youth Activities Director, Morale Support Activities Div., bldg. 122, PSF, CA 94129 or give us a call at 561-5143.

Off-post families

The USO is sponsoring a get-together with a FREE buffet and a DOOR PRIZE (dinner for two at a San Francisco restaurant) on Sunday, Feb. 3 from noon to 3 p.m. for military families residing off post in the San Francisco area. Army Community Service will have a representative there to provide you with important information on services available at the Presidio, low-cost housing in the civilian community, job and career possibilities and a chance to ask questions. If you live off post, come and take advantage of this opportunity to meet other families and exchange ideas.

Rec Center news

A **South Bay Wine Tour** will be held on Saturday, Feb. 9 from 10 a.m. to 5 p.m. Cost of the tour is $5.

A **Whale Watch Tour** will be on Saturday, Feb. 23 from 9 a.m. to 6 p.m. Cost of the tour is $20.

A **Gourmet Cooking "Winter Dinner"** will be held Sunday from 2 to 6 p.m. Cost of the dinner is $10 and you eat what you make. There is a minimum of three persons, and the instructor is Isabel Stephenson.

Classes

A new **Clogging and Beginners Square Dance** will be held on Feb. 5 at 6:30 p.m. at the Log Cabin. The class cost is $2.50.

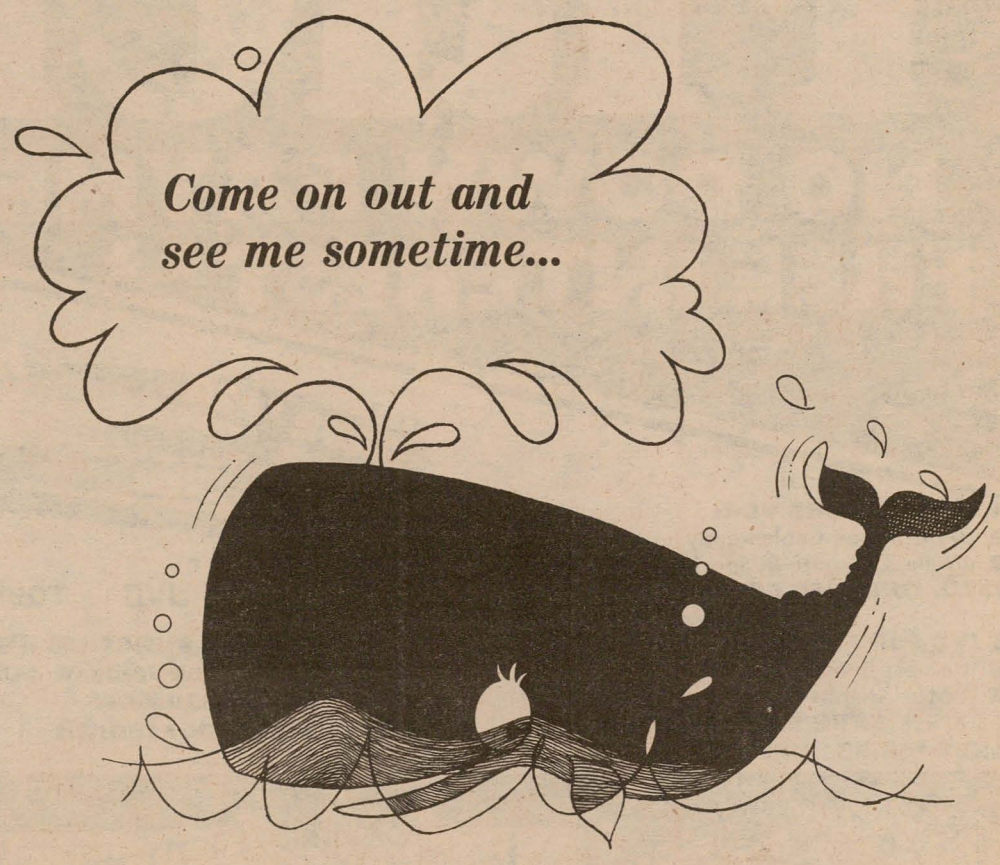
Learn to play **bridge** in a beginners class every Thursday from 6:30 to 9 p.m. The purpose of the class is to form teams of four players in bridge tournaments. The class is free, the instructor is Ophelia Hilton.

Computer Certificate Classes begin Feb. 6 at 7 p.m. The cost of the class is $150 for a 12-week course. The instructor is Mr.Melton.

Piano lessons are held every Monday and Tuesday and cost $7 for one half-hour.

Practice sessions for the **All Army Chess Tournament** will be held on Saturdays at 3 p.m.

For more information, please call the Recreation Center at 561-2000 after 2 p.m. Recreation Center hours of operation are 2 to 9 p.m. Sunday through Thursday and 2 to 10 p.m. on Fridays and Saturdays.



Army Journal

Subscriptions for *Parameters*, the Journal of the Army War College, are now available through the Government Printing Office. The cost is $9.50 per year.

Parameters, a quarterly journal, publishes articles about the art and science of land warfare, national and international security affairs, military history, military strategy, military ethics, military leadership and management and other topics of current interest to the Army and DoD.

Subscription requests, accompanied by a check, should be addressed to: U.S. Government Printing Office, Superintendent of Documents, Washington, D.C. 20402.

. . . the write stuff . . .

by Richard Wetzel

Writing for a weekly paper has its definite drawbacks. It's not easy to appear timely, and at the same time, be a week late with the news...we don't have a motto at the Star Presidian, but if we did, perhaps it would read "*...through rain, fog, wind and the occasional flu, the Star Presidian will always deliver...last week's news...*"

It should be of no surprise to anyone that the Super Bowl Game was last Sunday and the 49'ers did their job well...enuff said already.....The really big news this week is that last week we found out that we macho male soldiers still can't carry an umbrella...nothing lost, nothing gained, except maybe a cold...hey, I don't wanna look like a wimp anyhow...NEWS FLASH...The Army has decided to discard the traditional Colt .45 pistol in favor of the Italian-made, Beretta 9-millimeter handgun, a favorite weapon of James Bond...I'll bet nobody calls him a wimp....

OTHER LATE BREAKING NEWS...One man's junk is another man's art...if you think this way, you could be a very rich person...on the other hand, you could be the proud owner of a lot of expensive junk...A painting is considered a piece of art; so is sculpture...but what about edible underwear?...Keeping this perverse thought in mind, 16 Bay Area artists will unveil what they have dubbed as "Wearable Art", in a multi-media presentation Jan. 29 at the Herbst Theatre, Museum of Modern Art, 401 Van Ness Ave. The show begins at 7 p.m.

Among the many new video games being introduced at the winter Consumers Electronics Show in Las Vegas, comes MINDSHADOW, a game in which you are immediately stricken of your memory and left to find your way to England...You think I make this stuff up, don'tcha.....

VERY BRIEFLY...Cree tipi raising by members of the Indian community will take place tomorrow at 1 p.m. at the California Academy of Sciences in Golden Gate Park....The Motorcycle Show begins tonight at the Cow Palace from 4-8 p.m. and continues Saturday and Sunday 10 a.m. to 6 p.m.....The Harlem Globetrotters will bounce their way into the Oakland Coliseum Arena Sunday, Feb. 3, for two afternoon shows....

I tucked this away in September, to save for November and it's now January, but there's still time left for the 3rd International Peace Poem Contest. "Poems may describe people, current or historic events, traditions, customs, fantasies, dreams or ideas for peace. The deadline is Jan. 31 and the entry fees range from $2 (single poem) to $7 (four to 10 poems). For more info, or to submit poems, write to Mary Rudge, 532 Haight Ave., Alameda CA 94501.

The Outdoor Recreation Center has two more package ski trips scheduled for 1985 to Lake Tahoe. Active duty soldiers, family members, retirees, reservists and DoD civilians are encouraged to join trip 3 (Mar. 22-24) or trip 4 (April 12-14). The cost is $60 with skis, $55 without skis. Transportation and lodging are included in the price; however, meals and lift tickets are not furnished. To reserve your spot, call 561-4324/4356....

SHUFFLIN' ....The Warfield Theatre on Market Street is gearing up for a fabulous February...*JEAN-LUC PONTY* will open there in Feb. 12... *UB40* is scheduled to play Feb. 20 and *GEORGE THOROGOOD and the DELAWARE DESTROYERS* invade Feb. 22....Jazz dancers can attend free dance workshops at the Recreational Arts Building, 50 Scott, on Thursdays, from 5:30-7 p.m. The classes are offered to adults and teens, age 16 and up who have some dance experience. For more info., call 558-3601...

Ask anyone when the Chinese New Year begins and you'll probably get several different answers...It technically begins at the stroke of midnight, Feb. 20...it traditionally begins some other time and the official celebration is yet another date...Looking at the Chinese Calendar (is this the technical, the traditional or the official version?) I see that I was born during the year of the boar, otherwise known as an uncastrated male pig. I'm supposed to be very honest and sincere and I usually don't fight back,... all of which may be true, but it still doesn't do much for my ego.....Technically, officially and personally, I prefer the traditional sign of Scorpio....the sign of the sex fiend.....good day.....

At the movies

Presidio Theater

Fri.,	Jan. 25	Night of the Comet (PG-13)	7 p.m.
Sat.,	Jan. 26	The Terminator (R)	7 p.m.
Sun.,	Jan. 27	The Terminator (R)	2 & 7 p.m.
Mon.,	Jan. 28	The Terminator (R)	7 p.m.
Tues.,	Jan. 29	Blame it on the Night (PG-13)	7 p.m.
Wed.,	Jan. 30	Runaway (PG-13)	7 p.m.
Thurs.,	Jan. 31	Runaway (PG-13)	7 p.m.

Schwartz Theater

Mon.,	Jan. 28	Night of the Comet (PG-13)	7 p.m.
Wed.,	Jan. 30	The Terminator (R)	7 p.m.
Thurs.,	Jan. 31	Blame it on the Night (PG-13)	7 p.m.

Sports

Intramural basketball

After two weeks of league play, D Co., 864th Engineers has jumped to a 3-0 won-loss record to lead the Presidio Intramural Basketball League. Sixth Army (2-0) and the Doctors (1-0) are the only other teams with no losses.

The best game last week was between D Co., 864th and USAG. The half time score was in favor of USAG 26 to 21. Both teams were playing a physical-type defense, giving up very few points. Fouls played a major role in the outcome of the game, as the bonus situation (one and one) came early in both halves. USAG's team under Rudy Russell (13 points) had several steals in the first half, but he fouled out early in the second half. Russell's presence was missed greatly by USAG. Elvis Williams of 864th played a major role with his rebounding scoring (12 points). The 864th Engineers just would not give in to USAG. They just kept on hustling and played tough defense to top USAG 58 to 57 in overtime.

Results of last week's games:
864th Engineers 62; LAIR 45
OARB 66; DLI 49
LAMC, B Co., 52; USAISC 44
LEC 58; DPTSEC 49
USAISC 44; DEH No. 2 40
864th Engineers 58; USAG 57
Veterans Admin. 65; OARB 52

photo by Bob Walker

There's still more Outdoor Recreation ski trips this season for winter- time fun. For information call Outdoor Recreation at 561-4324/4356.

Intramural basketball schedule

Jan. 28
Gym 1, 5 p.m.: DEH 1 vs. DEH 2
Gym 1, 6 p.m.: 864th Engrs. vs. Doctors
Gym 1, 7 p.m.: Sixth Army vs. USAISC
Gym 1, 8 p.m.: MILPERCEN vs. DPTSEC

Jan. 29
Gym 1, 5 p.m.: 864th Engrs. vs. USAISC
Gym 1, 6 p.m.: Vet. Admin. vs. LAIR
Gym 2, 6:30 p.m.: DEH 1 vs. DPTSEC
Gym 2, 7:30 p.m.: OARB vs. DEH 2

Jan. 30
Gym 1, 5 p.m.: USAG vs. DLI
Gym 1, 6 p.m.: LEC vs. Doctors

Jan. 31
5 p.m.: Sixth Army vs. DLI
6 p.m.: MILPERCEN vs. LAIR
5 p.m.: LAMC, B Co. vs. DEH 2
6 p.m.: USAG vs. Vet. Admin.

Women's golf tournament

The annual military women dependents championship golf tournament will be held April 23-25 at NAS Pensacola, Florida. The 54-hole stroke competition is open to all female dependents of active duty, retired or deceased military personnel. More information is forthcoming from the meet directors. Contact the Sports Branch, bldg. 63 for entry blanks.

U.S. Military Academy Examinations

Post Gym 1, bldg. 63 will be closed all day on Sunday for conduction of the U.S. Military Academy Physical Aptitude Examination. All tennis reservations should be made by tomorrow for Sunday.

Post Gym 2, bldg. 1152 will be open for patrons from 9 a.m. to 4:30 p.m. on Sunday.

Aerobics classes

Join anytime! Register with instructor at class. Open to all ages, all levels of fitness, both men and women. For more information call 561-5120 or 381-3382.

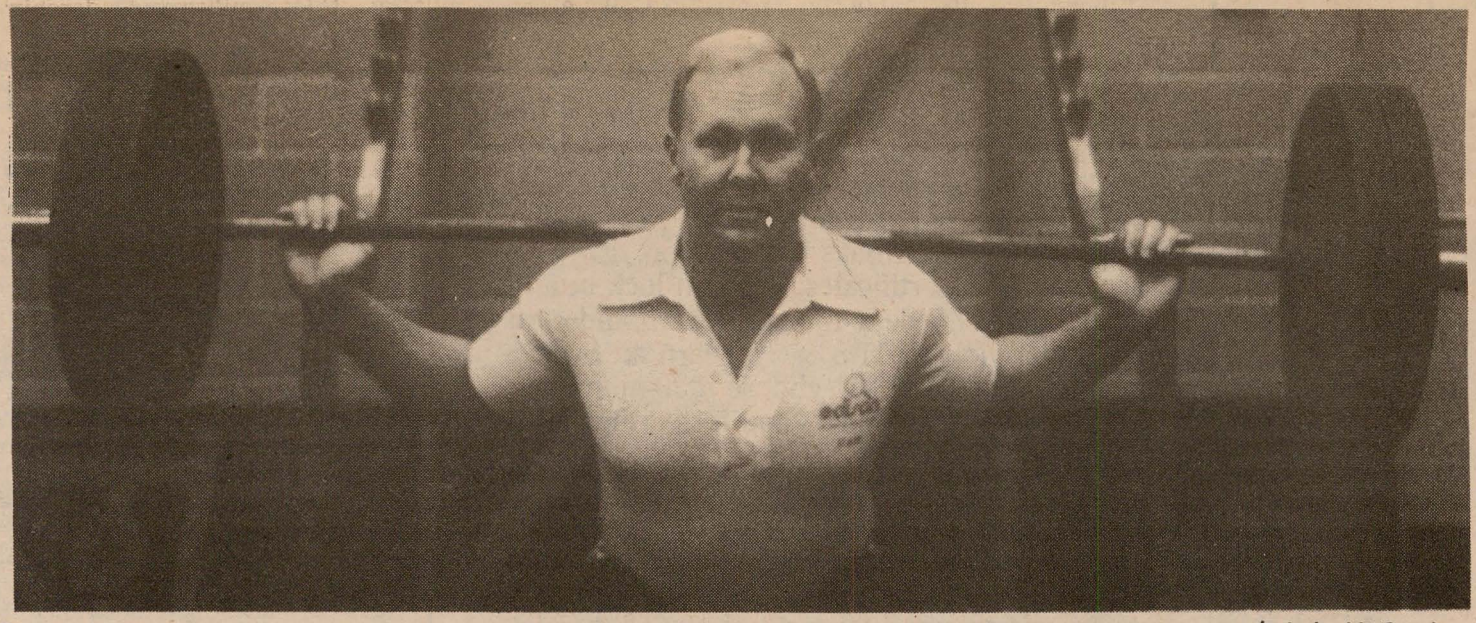
Body building

by Bob Walker

If you want to improve your physique, programs here for body building and weightlifting will certainly help you to achieve your goal.

According to James C. Sandefer, the third in a series of clinics will be held here soon that will focus on training routines and diet. He said, "The goal of the program is to increase overall awareness and knowledge of body building and how to train and diet to prepare for competition. Competitions are to be held here later this year."

Sandefer taught the first two body building clinics here which discussed diet, food supplements and steriods and provided demonstrations of 64 exercises.



James Sandefer lifts weights at the Main Post gym to stay fit and to maintain his physique. photo by Liz Greeley

Sandefer has many titles and records to his name, having been a body builder for over 15 years. He is a certified national weight lifting and physique judge.

So, if you want to get into body building, keep your eyes trained on future body building event notices.

Jimmy the Freak

In order for me to share in all of the festivities planned in celebration of the 49ers great Super Bowl victory, I was able to persuade my doctors to delay my primal scream therapy. Besides, the only people who could afford the scalpers' prices to see the game were doctors like mine, plus a few "double-dippers".

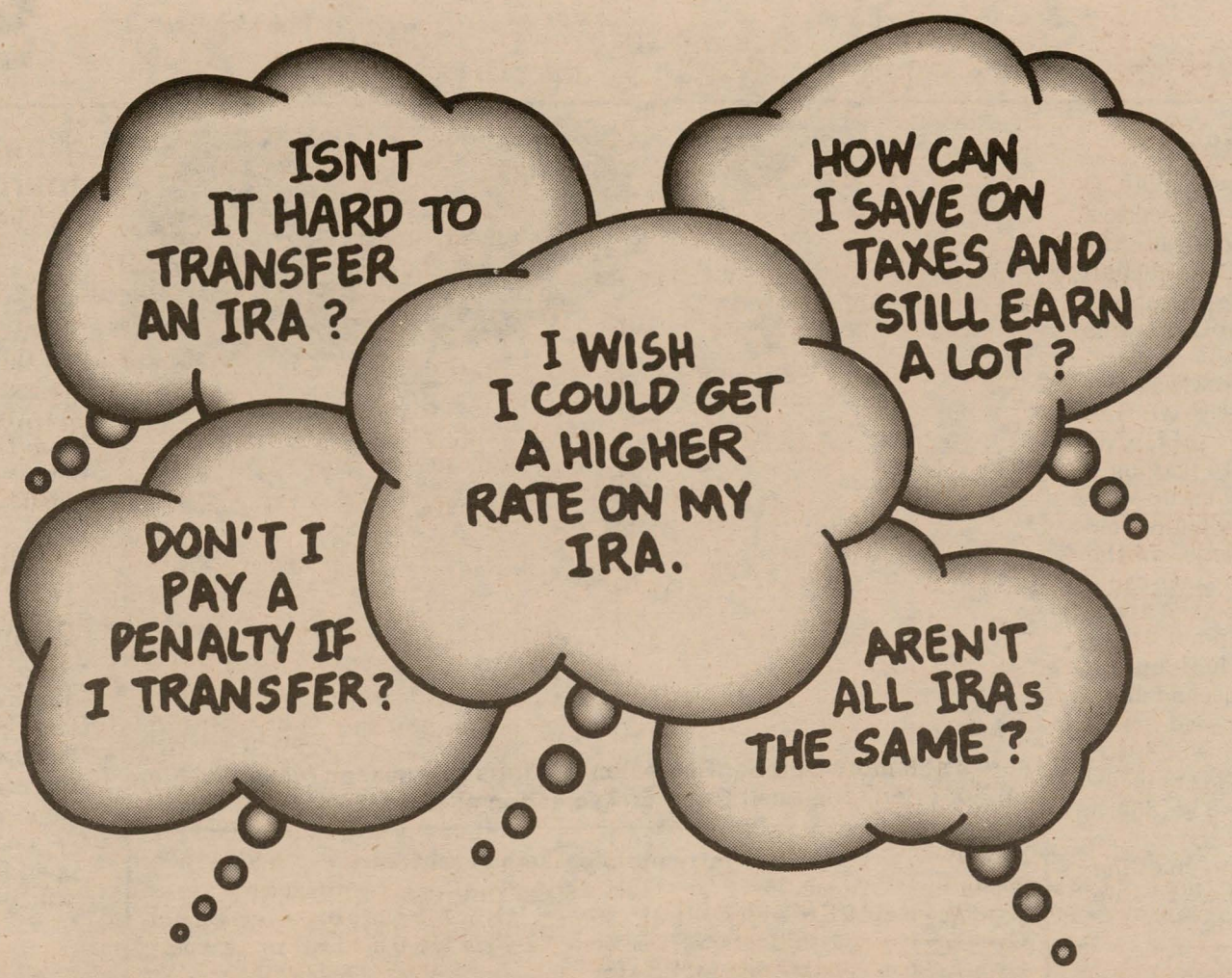
I truly enjoyed seeing the 'Niners force feed several tons of printed hype to a few of the overconfident and smug Dolphins. How's that ink taste, Danny Boy?

If you watched the players' introductions at the beginning of the game, you may have noticed Marino winking brashly at the camera. Only later, after consulting my handy dandy medical journal, did I discover that involuntary winking is a symptom of the dreaded Dean-Tuiasosopo Syndrome. This is a condition whereby an overbloated ego is deathly afraid of defensive ends and anyone with more than five vowels in his name.

All seriousness aside, it was a pleasure to see Joe Montana prove to the entire country who the best Italian-American quarterback *really* is. When I made my prediction last week, I was honestly trying to be gentlemanly and modest. My real prediction was...let's see...I have it here on a scrap of paper.... How about that!!! 38-16!!! Maybe this will teach those scoffers who belittle my football knowledge!

Enjoy this season as long as you can. Next year, even with a better team, there is no way that the 49ers can repeat their 18-1 record. *Everybody* will be aiming at them, and the schedule is much, much tougher.

Even so, I predict a record of 12-4... and another successful trip to Super Bowl XX. Save that game jersey, Mr. Montana. The people in the Hall of Fame are reserving a spot for its display. That's it for this football season. See you at Spring Training (hey, Mr. Lurie, is stumble bums hyphenated?).



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Ceremonial Platoon: it really is a tough job / **pages 6&7**

Your daughter: how to develop a *good* relationship / **page 8**

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News Briefs

Laundry service

The purpose of the Army Fabricare Facility, bldg. 1047, is to support military organizations and active duty personnel. Are you aware that the laundry offers a service to all active duty soldiers which, through payroll deduction, authorizes a 25-piece laundry bundle each week for a nominal cost of just $8 per month? The bundle may include both military and civilian shirts and trousers within the 25-piece limit.

You may either turn in and pick up your laundry yourself or turn in your clothing to your unit supply representative.

On-post college program

Planning is currently under way to determine what college courses will be taught on the Presidio from August 1985 through July 1986. Unit representatives and individuals are invited to give input to Jeane Redsecker at the Fort Scott Education Center, bldg. 1216, 561-3189.

ROA

"The History of Naval Aviation at Moffet Field," a ROA-recommended program, will be presented by Cmdr. Brooks Bendetsen at the Feb. 7 meeting of the Presidio-6 Chapter of ROA.

Membership in the Reserve Officers' Association is drawn from regular rolls of all the services as well as from the reserve forces, active duty and retired service members. All are welcome to attend with their guests.

Social hour will be at 6:30 p.m. and dinner at 7:30 p.m. Send reservations ($14 per person) to Angus L. Loop Jr., 8401 Melville Drive, Oakland, Calif. 94611; or call Maj. Ann Thornton, 387-6577, by Monday.

Recycling

Recycling for February will be held tomorrow. Quarters residents are reminded to have newspapers and all aluminum cans ready for pickup between 10 a.m. and 3 p.m. All profits from recycling go to the Boy Scouts, Girl Scouts, Parent-Youth Club, and Aquarius Swim Club. In case of rain, there will be no recycling. However, newspapers and cans may be dropped off at the recycling point, next to bldg. 661, at any time.

Taekwondo class

A Taekwondo class, open to both soldiers and civilians, starts on Tuesday. The class meets at 11:30 a.m. at gym 1, bldg. 63.

People interested in taking this martial art, or who just want more information, may attend the first class or call Master Jerome R. Reitenbach at 992-3939.

Photo by PHAN F.J. Richard USN

DoD seeks equity for women

A first-of-its-kind task force has been established by Secretary of Defense Caspar W. Weinberger to help identify actions that can be taken to increase equitable opportunities for military and civilian women in the Department of Defense and civilian spouses of military personnel.

The Department of Defense Task Force on Equity for Women's charter calls for it to:

- Evaluate the effect of Department of Defense policies, programs and practices on opportunities for women and recommend changes where appropriate;
- Consider the impact of existing and proposed legislation on equitable opportunities for Department of Defense women;
- Charge those responsible for defense publications and materials to produce and use printed and audiovisual matter that is free of gender-based references and effects.

The task force, formed in August 1984, is scheduled to release its findings regarding these issues this month.

Rosemary Howard, the Department of Defense Federal Women's Program Manager and coordinator for the task force, says its mission is to assess what has been done through DoD program initiatives over the past several years and to find what still needs to be done with regard to equity for women.

Action officers from the services and other DoD agencies meet twice a month. "The meetings are a good way for agencies to exchange information on programs that are working which affect women," says Howard. "In most cases, successful programs can be expanded to other services with little preparation and low cost."

"An example is the "One Stop Employment Center" at Fort Knox, Ky., which helps military spouses with employment. "Many of the spouses married to soldiers in the lower four grades have a hard time getting government jobs," says Howard. "The Fort Knox program is unique as a full employment service in that the center helps spouses find jobs in government. If government positions are not available, the center helps spouses find employment in the civilian community."

Presidio's One Stop Employment Center is scheduled to become operational in March.

Howard says the program is a good idea, one the task force is highly recommending be used in the Navy, the Air Force and elsewhere in the Army.

The task force is not concentrating on the development of separate programs aimed at women. The aim is to emphasize and expand on programs that have already been proven effective. "We want to focus on managers at all levels," says Howard. "They are the ones responsible for getting men and women to work together. What we want is a work atmosphere free of sexual harassment and sexual politics and oriented toward equity and productivity."

That isn't all. Incentive awards, pay equity, equal opportunity programs as they affect women, promotion, recruiting, and utilization are issues, among many others, that are getting the attention of the task force and work to the benefit of the 1.5 million women on the Defense Department team, which includes approximately 199,000 military women, 368,000 civilian employees and more than one million civilian spouses.

As Secretary Weinberger has said about them, "Women in the Department of Defense have responded to the challenges of citizenship with courage, dedication and perseverance. Both civilian and military women have every reason to be proud of every aspect of their achievements. We owe them a debt of gratitude for the vital contributions they have made to the security of the nation."

American Forces Press Service

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Opinions

TAKE A BITE OUT OF CRIME

Consumer protection

by Bernard V. Cannon

Overseas and at home, soldiers have always been regarded as lucrative customers in the consumer market. Military people have a guaranteed income which does not fluctuate with the ups and downs of the American economy.

Consumerism is a word we hear a lot. The American economy provides consumers of every economic level an array of goods and services that is unparalleled. In Russia the problem is *finding* consumer goods, while in America it is deciding what and what not to buy.

It is strange how Americans devote so many hours on the job to making their money, yet devote so little time to deciding how to spend it. Military people are somewhat insulated from this decision-making process in that they have the post exchange and commissary to buy products that are for the most part under $100. The goods offered are quality products, with prices that are usually much lower than those in the civilian marketplace. The post exchange and commissary eliminate the need for comparison shopping on small items. However, military people sometimes fail to shop around when buying high-value items. The constant mobility of military people, moving from one economy to another, also makes comparative shopping difficult.

How to become an informed consumer:

• Subscribe to consumer magazines or visit your post library to read them.

• Never buy a "big ticket" item without first researching its history, maintenance requirements and your realistic need for the product.

• Try to manage your consumer needs so that your big purchases are made when the items are on sale.

• Credit cards are useful, but interest rates are high. Be wary of using credit cards for big purchases. Take out a loan at a lower interest rate instead.

• Do not rush into something involving your money or property; the variety and types of consumer fraud is dizzying. People who have financial fantasies in their hearts—that is, they believe they can get something for nothing—are setting themselves up for a swindle.

• Don't let your decision-making process make you a victim of fear-sell; for example, if you need a new car engine, by driving your car you are endangering your life. When you find yourself cornered into making a fast decision regarding a major outlay of cash, back off and shop around first.

• And always mail your warranty cards in to the company so that you are covered in case of a product defect.

Ways in which you can get conned

Authorities have documented more than 800 different schemes in which someone can con you out of money or property. Here are a few to be particularly careful of:

• **Debt consolidation**

Any mail offer that offers debt consolidation will probably result in your having heavier financial burdens than when you started. Stay with local or hometown lending institutions.

• **Work at home schemes**

If a newspaper ad or flyer proposes that you can earn money by working at home and asks for a registration fee, don't do it. One such offer drew more than 200,000 inquiries. No one was "qualified," and none of the money was refunded.

• **Self improvement**

We all have a natural desire to look, act and be better than we are. These goals are seldom accomplished through a mail offer. Always consult your education center for advice on matters involving self-improvement education courses.

• **Bait and switch**

If somebody advertises a commodity at a very low price, that is the bait. If the bargain does not exist when you get there, or is "sold-out," and you are steered to a similar but higher-priced item—that is the switch; do not go for this con. Ask for a rain check for the sale item, or wait and purchase it on sale at some other location.

If you become a consumer fraud victim

Every day intelligent, well-educated, aware people are swindled and defrauded by con artists who happen to promote the right scheme at the right time. The universal question put to the police officer is, "How could this happen to me?" If you become the victim of a swindler or suspect something is out of character, do not be embarrassed to contact the state or local consumer affairs office, military police or your local JAG (Judge Advocate General) office. Con artists *count* on their victims' reluctance to acknowledge that they have been duped in carrying out their con with other people.

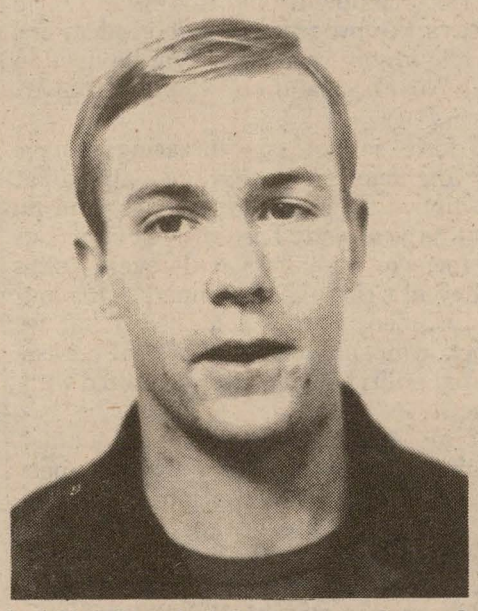
Crime Report

• Person(s) unknown stole an unsecured purse from an office in LAMC.

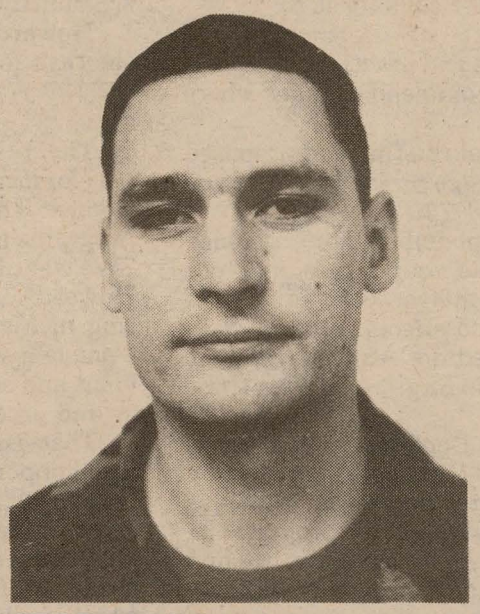
• A driver was stopped for an inoperative headlamp and was discovered to be under the influence of alcohol.

Ramblin' Sam

"How do you feel about being the Army's representative in the Bay Area? Why?" (Asked of the HQs Bn. Ceremonial Platoon).

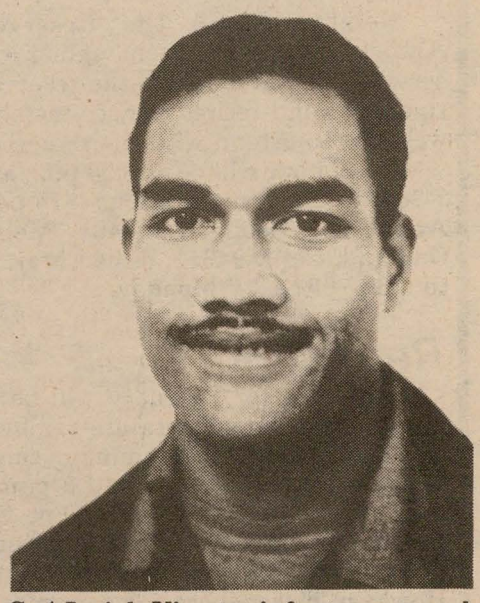


Sp4 Neil Lynch, infantryman, funeral team 1, "I think it's a good job for an 11B to have. We're a highly visible unit and we provide a needed service for the community."



SFC Daniel Eckert, infantryman, platoon sergeant, "I think of it in two ways. First, it's always a great source of pride to be in the Army in the public eye, and second, it's a great responsibility to present a good image to the public."

Sp4 Andrea Porter, admin specialist, funeral team 2, "We have a lot of expectations we have to live up to. I'm proud of it, especially being one of only two females in the platoon, representing women in the Army."



Sp4 Isaiah Vimoto, infantryman, color guard, "To me it's a good duty station. I live in San Jose, so I'm right at home. I see a lot of great things in the Bay Area that I've never seen before in my Army career, and I'm proud of it."

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CARING

How to lead well

by Army Chief of Staff John A. Wickham Jr.

Washington—"*Far from being a handicap to command, compassion is the measure of it. For unless one values to lives of his soldiers and is tormented by their ordeals, he is unfit to command.*" Author—General Omar Bradley.

Over time, when our nation's history is written, its greatness will not be measured by economic wealth, international prestige or moments of glory in battle, but by how we have cared for our people.

It is the continuous, creative, selfless care given to our soldiers, families and units under the demanding requirements of military life which will give sustaining power to these same soldiers, families and units when our soldiers must go to war.

We must care to train and we must train to care.

More than 20 years ago, Gen. Harold K. Johnson worked with great faith to develop the concepts of "the Army takes care of its own" and "Let's put the personal into personnel." He helped start the Army Community Service (ACS). Over the years, the Army has built on that commitment to caring for soldiers and families.

All of us have a moral obligation to enhance unit and family cohesion and to foster human values within our military community. The stronger the family, the better the soldier tends to fulfill his role in military life. As Secretary of the Army John O. Marsh Jr. has said, "The stronger the family is at sustaining values and strengthening bonds, the better the children are, and in a sense, the better the nation." There is a dimension of the American Dream, the notion of strength, that is tied to the military family, and we have a great opportunity to influence and perpetuate that dream.

There is another dimension that is both significant and a point of self-interest to the Army. Our most important mission is to maintain the readiness of the Army in order to protect this great nation. That is our first task. But readiness is inextricably tied to soldiers' morale and discipline, and to sustaining their families' strength. Therefore, to the extent we can make those soldiers and families feel better about the Army and the support provided by the Army, then the better off will be the soldier, the Army and the nation.

Caring for soldiers means much more than cursory interest in their affairs. Caring means sincere involvement in helping to find solutions to their problems and in improving their welfare and that of their families. Caring means dedicated teaching and training so that soldiers are successful in battle or in tough training, and so that they survive the perils of war. Caring means setting examples of moral and professional excellence that soldiers can be inspired to reach. And caring means nurturing a command climate where soldiers are challenged, and where they can feel good about themselves and the Army because they can learn, grow and "be all they can be."

There are fundamental, practical reasons for bonding soldiers, families and the Army together, and there are many areas where we can progress. We are fortunate to have many caring agencies such as the chaplains, the Army Community Service, the Red Cross and other organizations who work on building a stronger Army by boosting "soldier and family power."

1984 was designated the "Year of the Army Family." This is not a passing theme. The Army remains committed to formulating legislative initiatives that will provide substance to the program. We are building organizational momentum, but it will take everyone in the chain of command to assure success.

Recently, I received a letter from a young soldier who tells a moving story about the two-way commitment between the Army, its soldiers and its families. In a parachute accident, he suffered a serious brain injury, and medical experts were doubtful about his survival. But he did live, and he wrote the following letter:

"Life's difficulties are always cropping up, but in the Army people make up for the things that go wrong. There is always someone who will help in the Army. When the doctors thought I would never make it, my unit never gave up.

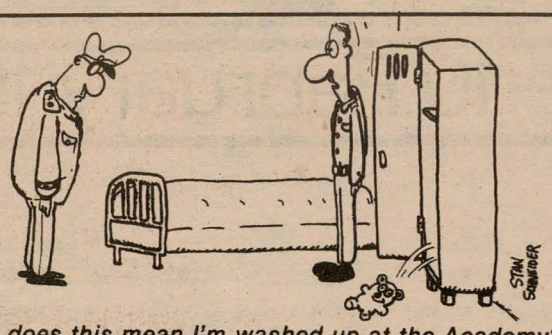
"They were with me and supported me. They stayed behind me and my family the whole way. Words cannot express my thanks and the thanks of my wife for the care that my company commander, my first sergeant and my Army buddies showed during the most difficult time in our lives.

"That's what the Army is all about, taking care of each other. I appreciate what the Army is doing for families. And, you know what? I'm proud to be soldier."

When you receive this kind of message from a soldier, you know you have a better Army, an Army whose leaders care about people. The quality is there. An extraordinary responsibility rests on the shoulders of our leaders—and those who work with soldiers and their families—to capitalize on "this great reservoir of quality."

In accepting the "special trust and confidence" reposed in us, the leaders of today's Army, we must dedicate ourselves to caring for our soldiers, our civilians and our families. The history of our individual careers will reflect the legacy of our gifts to enrich the human dimension. We must be generous.

ARNEWS



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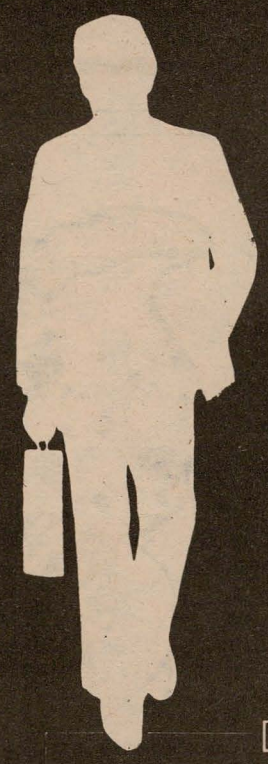

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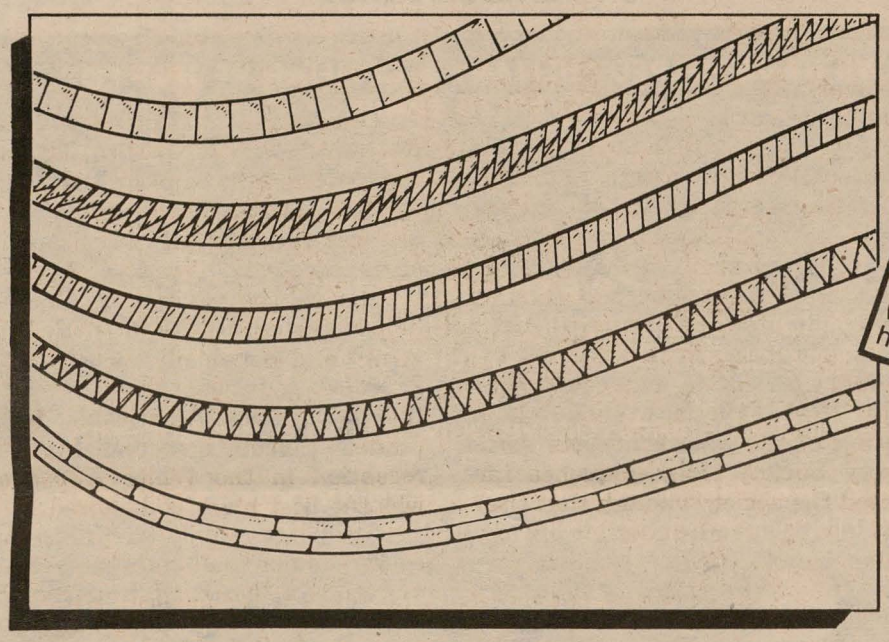

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Wednesday through Sunday 6–10 February 1985

Black History

A black strikes a blow for freedom, wins

Frederick Douglass (1817-1895)
"Liberty won by white men would lose half its luster. Who would be free themselves must strike the blow." —Frederick Douglass.

by Melvin D. Wong

During the 1800s, the foremost spokesman for American blacks was Frederick Douglass. Born a slave, self-taught, a fugitive and an author, Douglass became a distinguished and eloquent orator. His crusade against slavery served the cause of freedom notably.

This February marks the anniversary of Douglass' birth in 1817. The exact date is unknown because such data were considered insignificant by whites of that era. Originally, he was named Frederick Augustus Washington Bailey and was born in Maryland. He did not know his father and at the age of 8 was sent to Baltimore to work for his master's relatives. There he began to educate himself and later worked in a shipyard where he caulked (made watertight) ships.

At the age of 21, in 1838, this young man fled his master and went to Massachusetts. To avoid capture, he eliminated his two middle names and changed his last name to Douglass. Although he had escaped slavery, prejudice remained, as whites refused to work with him as he sought paid work as a caulker.

In 1841 Douglass spoke at a meeting of the Massachusetts Antislavery Society. His eloquence impressed the society enough that they hired him to lecture about his life as a slave.

Later, when he protested segregated seating on trains by sitting in an area reserved for whites, he was dragged off. He also protested against religious discrimination against blacks.

When he was 28 he published his autobiography, *Narrative of the Life of Frederick Douglass.* However, a fear that his identity as an escaped slave might be revealed by the book's publication prompted him to flee to Britain.

After two years in Britain, he returned to America and founded an antislavery newspaper, the *North Star,* in New York.

In regard to employment of blacks, Douglass charged that employers hired white immigrants before blacks. He declared, "Every hour sees the black man elbowed out of employment by some newly arrived immigrant whose hunger and color are thought to give him a better title to the place." Douglass even accused some abolitionist businessmen of job discrimination.

Douglass' residence was in Rochester, N.Y., and was a station on the underground railroad that helped escaped blacks reach freedom. He also led a successful struggle against segregated schools in Rochester.

During the Civil War, Douglass helped recruit blacks into the Union Army and personally met Abraham Lincoln to discuss slavery and the future of black Americans. He attended Lincoln's second inaugural reception in the White House and was the first black so honored.

After the Civil War, Douglass served as marshall and later recorder of deeds for the District of Columbia.

Finally, he served as a government minister to Haiti.

In 1895, at age 78, Douglass died in Washington, D.C., known as the "spokesman for his race."

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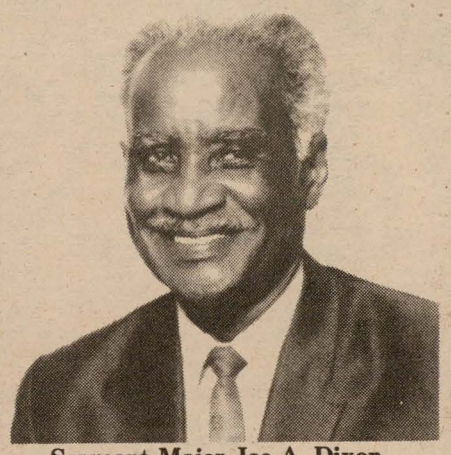

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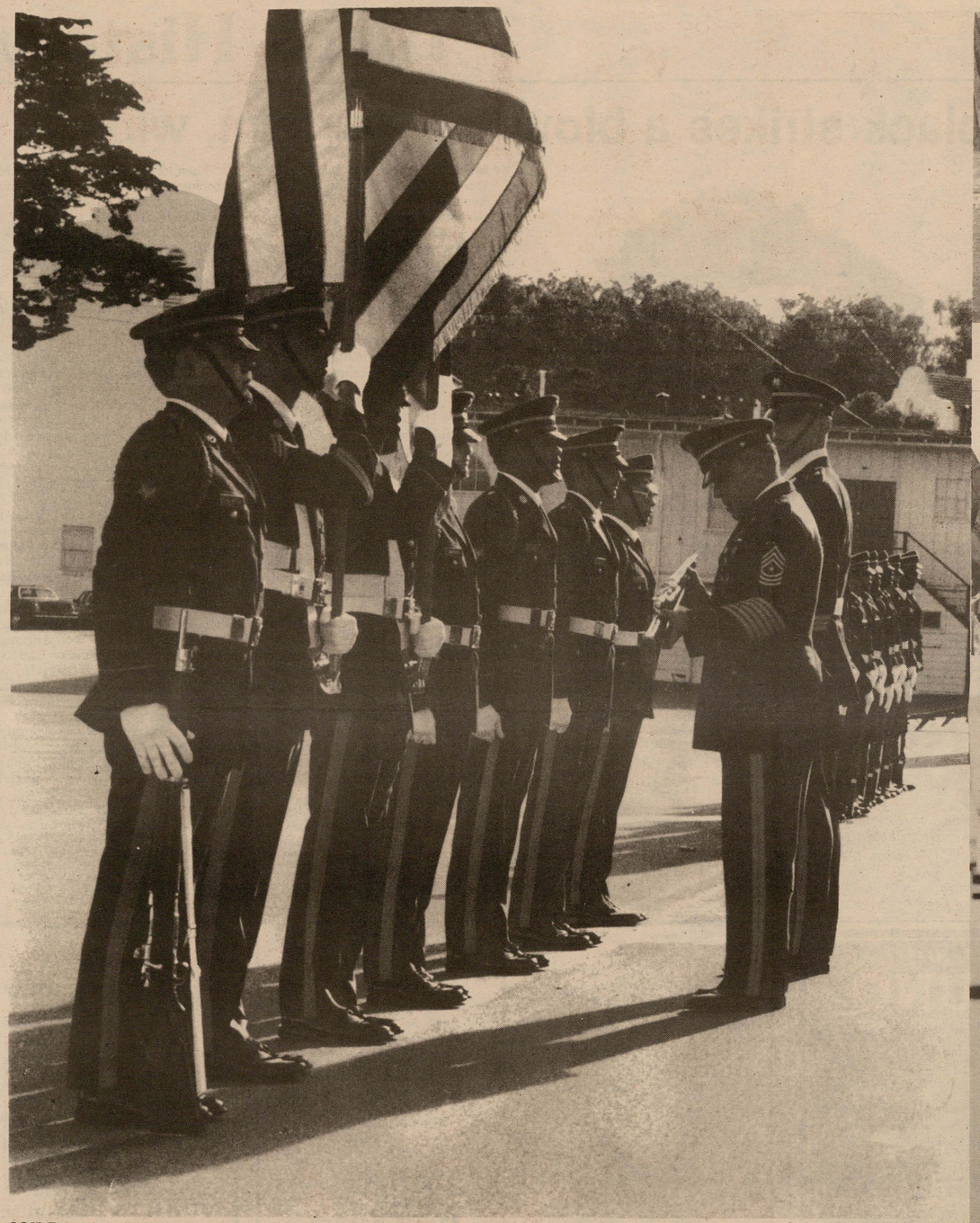
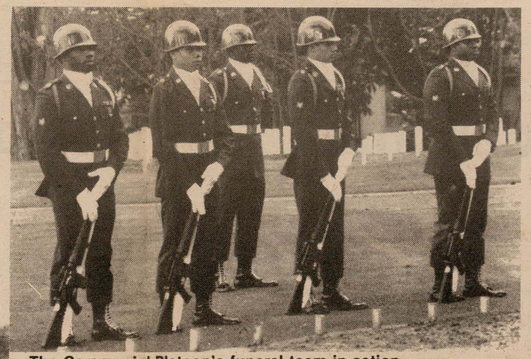
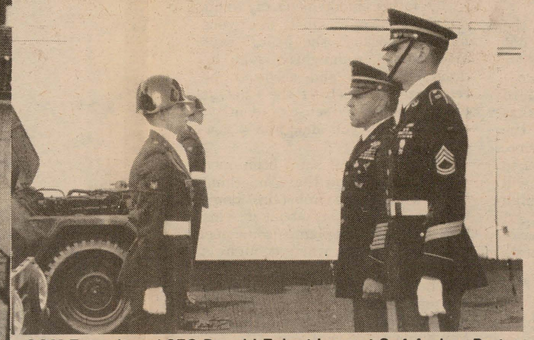


SGM Tetrault inspects the color guard during a command inspection.

photos by Bob Walker



The Ceremonial Platoon's funeral team in action.



SGM Tetrault and SFC Donald Eckert inspect Sp4 Andrea Porter, a member of one of the funeral teams.

Sp4 Timothy VanMeter rehearses his part of the ceremony as part of the color guard.

Ceremonial Platoon

What they really do, feel

by Bob Walker

One platoon of soldiers on post produces a variety of thoughts in the minds of those who look upon them. The ceremonial platoon performs several services which are very much in the public eye.

Some soldiers may look up to the platoon with great respect for the work they do. Others may look at them with the attitude that the platoon has it easy.

The ceremonial platoon does not have it easy! They have to be prepared at all times for sudden duties such as funeral details, color guards, battery salutes and even the monthly retirement ceremonies. It takes a lot of work to keep uniforms ready at all times and lots of hours, too, as the details often take the platoon miles from the Presidio.

The platoon has two teams with 11 soldiers on each to carry out funeral details. Funerals can take the soldiers to Sacramento, San Bruno or Petaluma—anywhere within a 50-mile radius of the Presidio.

The ceremonial platoon also provides a color guard that takes part in ceremonies and parades. It normally takes four soldiers for a color guard mission. Seven soldiers specialize in this area for the platoon.

The platoon takes part in joint-service color guards also, such as the one at the Super Bowl. These color guards normally require three soldiers, two Marines and one servicemember each from the Navy, Coast Guard and Air Force.

Battery salutes are done for general officer promotions, retirements, funerals and visiting VIPs. The platoon members are trained as cannoneers.

SFC Daniel Eckert, platoon sergeant for the ceremonial platoon, said, "These guys up here are professional and represent the 6th Army and Presidio to the public. We are involved every day with the public, so we do our best to put forth a professional image. We've done that very well."

According to Eckert, "The ceremonial platoon is a daily job with lots of high pressure; we are top-notch people."

Since the ceremonial platoon's beginning a year ago, they have performed more than 160 funerals, 100 color guard missions and 11 battery salutes.

All this combined with many practice hours makes for a complete schedule and the very professional-looking ceremonial platoon of which Eckert and many others are so proud.

Sgt. Ricky Aikens chats with a World War II vet after a color guard detail.

Hodgepodge

How to get in touch with your daughter

by Melinda A. Dunlevy
*Asst. editor, **Kiwanis Magazine,** Copyright 1983 by Kiwanis International.*

Women have come a long way since the turn of the century. No longer confined to housework and raising children, women can be found doing almost anything. There are women astronauts, sanitation engineers, corporation presidents, mechanics, firefighters, athletes.

It's not too surprising, then, that today's fathers sometimes find it difficult to relate to their daughters. After all, they have to handle situations their fathers never faced.

"A father plays a vital role in his daughter's development," says James Garbearino, associate professor of human development at Pennsylvania State University, "particularly if the mother is the primary care-giver. The father is important to both the intellectual and social development of the child."

"Of course, every father should follow the general child-rearing principles—being affectionate, attentive, fair and available," says Lawrence Grebstein, professor of psychology at the University of Rhode Island.

"The main thing is not to disappear from each other," says Charles Wilkinson, a family therapist in Northbrook, Ill. "By and large, men don't know how to meet women on an emotional level, although they're very good on a logical level.

"A lot of men have difficulty relating to women because they are not in touch with the feminine sense in themselves," he says. "That dimension gives a father the ability to track the emotions of his daughters."

The experts all agree on one thing: good communication is the key to a wholesome, two-way relationship. Here's some advice on how to develop successful communication:

• **Create a one-on-one relationship.**

"Parents very rarely take the time to create individual relationships with each of their children," says Wilkinson.

"One man I know had each of his daughters choose a restaurant and then once a month he takes each daughter out to dinner—alone."

Adds Wilkinson, "He has a very special relationship with each child."

• **Meet your daughter on her level.**

Be responsive to her interests. If she likes pizza, take her out for pizza on occasion. "Do what your daughter wants to do, go with her once in a while," says Wilkinson. "Enter her world and try to understand it."

• **Establish expectations for your daughter as you would a son.**

"A father has to be very careful, particularly if he has a son and a daughter, to show equal interest in his children's desires and ambitions in terms of sports and education," says Grebstein.

It is important to make the distinction that equal goals do not necessarily mean the same goals.

• **Give your daughter a choice.**

"Many fathers are inclined to treat their daughters in ways that reinforce the negative side of the traditional role," says Garbearino. "They won't allow their daughter to take risks. For instance, they will not let her jump from a high place—they will lift her down.

"Men tend to be too protective of little girls especially. But daughters need to learn to take care of themselves."

• **Display your humanity.**

Set limits and establish rules, but don't be inflexible. Let your daughter see that you can make mistakes, too.

• **Support your daughter.**

Reassure her about her looks, her taste in fashion and friends, her scholastic achievements and her special talents.

"Don't forget to compliment and flatter your daughter," says Grebstein. "This is especially important during her adolescent years when the boys her age tend to poke fun at the girls. Your reassurance builds her self-esteem and confidence."

• **Recognize your daughter's individuality.**

"A father should never say to his daughter, 'You're just like your mother,' because she isn't," says Wilkinson. "A daughter is an individual person and needs to be recognized as such. If she's not, it works against her sense of identity.

• **Respect you daughter's sensitivity.**

"Particularly if she's been open enough to tell you that something bothers her," says Grebstein, "don't continue to tease her about it. This is a frequent complaint—some men just don't know when enough is enough."

These suggestions by the experts for maintaining an open, positive relationship with your daughter won't guarantee that your relationship will be trouble free, but they may help.

Every relationship requires a lot of love, patience and understanding. After all, growing up is hard to do.

Soldiers Scene

. . . the write stuff . . .

by Richard Wetzel

How do I love thee? Let me count the ways...then scratch them on paper and mail to the S.F. Examiner...Shakespeare would probably roll over his typewriter if he read some of the responses likely to come out of area residents, but that's the chance the Examiner is taking with its "How Do I Love Thee" contest...There are two categories, humorous and romantic, and you must specify which category you're entering...(only in San Francisco could the two categories get confusing). The deadline is February 7, so be quick to mail your suggestive suggestions to "How Do I Love Thee," The S.F. Examiner, P.O. Box 7260, San Francisco, CA 94120 ....by the way, watch your lingo. The winners will be printed and you wouldn't want to smear the ink.....

SOMETHING TO WRITE HOME ABOUT...Can't tell you where, (no advertising done here) but certain Bay Area merchants are stocking baby-blue bras filled with genuine down, promising excellent protection from the cold...Although it doesn't get *THAT* cold around here, these things might be an excellent place to keep things dry...since we can't carry an umbrella...!!!That famous dainty (read sexy) underwear company has a new catalog...in the form of a video. Selling for $49.95, it comes complete with a plot, which is more than a lot of other Hollywood movies can brag about..!!!!...Area banks and credit unions will soon (if not already) offer customers complete home banking by telephone. You can make deposits, transfer funds and even get a loan (the check is mailed to you the next day)...Yep, progress is finding more and more reasons for me to never leave home...with or without it.....

"SORRY, SOLD OUT!"...Sold out??????...yep, The Purple Prince, who forced me to like his latest album, has sold out six concerts at the Cow Palace, in four hours!!! No sense in announcing dates, but I do invite all scalpers to stop by my office.....

GENTLEMEN, heel your dogs...down girl, it's the 75th Annual Golden Gate Dog Show at the Cow Palace (why is it called that?) tomorrow and Sunday, 9 a.m. to 7 p.m.

"ARE YOU FIT OR FAT?" Do you puff and pat?...Spend and evening with Covert Bailey and you might find out otherwise. An authority on fitness and the author of at least two best-selling fitness books, Bailey will reign over those bulges at the Marin Veterans Auditorium Feb. 4...Tickets are $8 and may be ordered by phoning 472-3500....

If you were a participant in the Headquarters Command Battalion's Fun Run (what's fun at 0600 hrs?) you were treated to the sweet sounds of the Sixth U.S. Army (Symphony Pep-Rally and Philharmonic Orchestra) Band *and* soggy sneakers.....hey, can we carry an umbrella during PT...???????

MUSIC THIS WEEK (I'm not sure!) Tonight and Saturday evening is the last chance to catch *THE INUIT THROAT SINGERS AND DRUM DANCERS,* performing the traditional music of the Canadian Arctic (I didn't even know there were people there, much less music) at the New Performance Gallery, 3153 17th St. Tickets are $7-8....Dance the night away with *QUEEN IDA and her BON TEMPS ZYDECO BAND* at the Great American Music Hall, 859 O'Farrell...For those that may remember, Queen Ida performed on the Presidio, during the 1983 Fourth of July celebration.

LEAST AND LAST ON MY MIND THIS WEEK...we say good-bye, farewell and get lost to our very own Jimmy the Geek...er, ah, make that Freak, the man with no seasons...but cheer up Freak, you could always go down and cheer for the Castro Cubby Scouts.....

At the movies

Presidio Theater

Fri., Feb. 1	Runaway (PG-13)	7 p.m.
Sat., Feb. 2	Dune (PG-13)	7 p.m.
Sun., Feb. 3	Dune (PG-13)	2 & 7 p.m.
Mon., Feb. 4	Dune (PG-13)	7 p.m.
Tues., Feb. 5	Country (PG)	7 p.m.
Wed., Feb. 6	Starman (PG)	7 p.m.
Thurs., Feb. 7	Starman (PG)	7 p.m.

Schwartz Theater

Mon., Feb. 4	Runaway (PG-13)	7 p.m.
Wed., Feb. 6	Dune (PG-13)	7 p.m.
Thurs., Feb. 7	Country (PG)	7 p.m.

Feature

Chaplains' Day honors men who gave their lives

by Richard Wetzel

In younger, happier days, she was a luxury passenger ship, carrying vacationers into golden horizons. But in January 1942, in the midst of World War II, she was taken over by the U.S. Army, painted battleship gray and converted into a troopship.

On January 22, 1943, exactly one year later, the S.S. Dorchester sailed out of New York harbor, bound for Greenland. The troopship, also transporting aviation fuel, was crowded to near capacity, as it headed out on yet another dangerous mission across the Atlantic Ocean.

Among the 904 men aboard the ship were four Army chaplains: George Fox, a Methodist minister from Vermont; Alexander D. Goode, a rabbi from Pennsylvania; Clark V. Poling, a Protestant from upstate New York; and John P. Washington, a Catholic priest from New Jersey.

Despite their vastly different backgrounds and religious beliefs, the four chaplains found themselves quartered together in adjoining cabins. They were quick to greet each other, but there was little time to exchange stories and ideas.

As the Dorchester made its way across the Nazi submarine-infested waters, the four chaplains worked round the clock, holding informal meetings with the soldiers, reassuring them of their mission. They led worship services, sang with the men and visited the sick and ailing.

Shortly after midnight on February 3, the Dorchester was cautiously navigating the icy waters off Greenland's southern coast. Except for those on watch and the transportation crew, the troops were nestled down in the multi-tiered bunks below deck. Some had removed their life jackets for more comfort, so they could get some much-needed sleep.

When the Dorchester was close enough to her destination, the accompanying convoy turned and headed back, unaware that a Nazi submarine had been tailing the troopship for some time, its periscope up and the Dorchester between the cross-hairs.

At 3:58 a.m. a torpedo was fired from a German U456 sub. It was a hit, exploding in the boiler room and knocking the sleeping troops from their bunks. Many men were killed instantly. Many others were permanently trapped below decks.

Panicked, the soldiers hurried up the already leaning and black passageways, many leaving their life preservers behind in the dark. Freezing salt water gushed through the portholes, flooding the lower deck berthings. The troops had to reach the top before the ship sank farther.

The four chaplains were among the first to reach the upper deck. They quickly began helping the injured and weak to the top, calming frightened young soldiers and directing them to the lifeboats.

But confusion prevailed. Ropes holding lifeboats were slashed and dropped before they were loaded with soldiers; consequently, many were swept away empty. Other rafts were filled with too many troops, and frigid water flowed inside.

The chaplains began to organize and control. When the lifeboats were all gone, the chaplains began dispensing life jackets to those who had left theirs below. Then that supply ran out. Still, soldiers remained helpless.

Without hesitation, the chaplains removed their own life preservers and gave them to the first four soldiers. The men of the cloth, who had aided so much in saving hundreds of lives, had given away their only means of survival to save four other lives.

When the chaplains realized they had done all they could, they stood side by side on the slanting deck, arms linked and heads lowered. They raised their voices to the God they each served in his own way, praying for the safety of the men who had left the stricken ship and those now buried at sea.

Twenty minutes later, the S.S. Dorchester sank. Of the 904 men aboard, 649 lost their lives, including the four chaplains. But 209 men lived; four of them because four chaplains *cared.*

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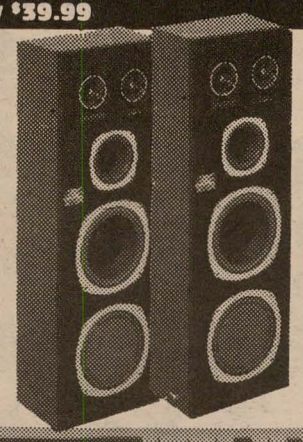
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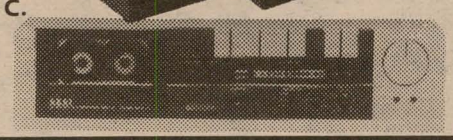
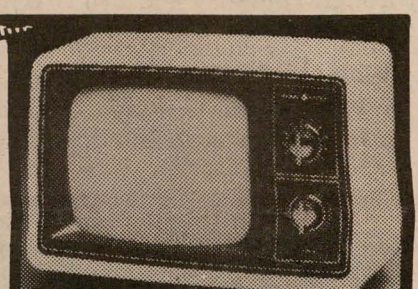
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Community Calendar

Rec Center news

A **South Bay Wine Tour** will be held on Saturday, Feb. 9 from 10 a.m. to 5 p.m. Cost of the tour is $5.

A **Whale Watch Tour** will be on Saturday, Feb. 23 from 9 a.m. to 6 p.m. Cost of the tour is $20.

Classes

A new **Clogging and Beginners Square Dance class** will be held on Feb. 5 at 6:30 p.m. at the Log Cabin. The class cost is $2.50

Learn to play **bridge** in a beginners class every Thursday from 6:30 to 9 p.m. The purpose of the class is to form teams of four players in bridge tournaments. The class is free, the instructor is Ophelia Hilton.

Computer Certificate classes begin Feb. 6 at 7 p.m. The cost of the class is $150 for a 12-week course. The instructor is Mr. Melton.

Piano lessons are held every Monday and Tuesday and cost $7 for one half-hour.

Practice sessions for the **All-Army Chess Tournament** will be held on Saturdays at 3 p.m.

For more information, please call the Recreation Center at 561-2000 after 2 p.m. Recreation Center hours of operation are 2 to 9 p.m. Sunday through Thursday and 2 to 10 p.m. on Fridays and Saturdays.

Walt Disney on ice

Walt Disney's Magic Kingdom on Ice is coming to the Cow Palace. This ice skating extravaganza features Linda Fratianne, Olympic Silver Medalist, as well as all the favorite Disney characters.

Discount tickets are available for Saturday, Feb. 16, at noon. The ticket price is $7.25. The ITT Office is located in bldg. 385; hours of operation are 11:30 a.m. to 1 p.m. and 2 to 5:30 p.m., Monday through Friday.

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Country

Jewell Ivy (Jessica Lange) shares a tender moment with her husband, Gil (Sam Shepard), in "Country," the stirring drama of a contemporary farm family and their struggles. "Country shows at the Presidio Theater on Tuesday and the Schwartz on Thursday.

Flea market

The Presidio Thrift Shop will hold a Flea Market on Saturday, March 2, 10 a.m. to 1 p.m., at bldg. 204. Come on out and bring your own table. Cost is $5 for one table. This schedule is subject to change because of inclement weather. For further information call the Thrift Shop 922-3384.

Blue Cross

Bernice Morgan, a Blue Cross, Blue Shield representative, will be at the Presidio on Feb. 12. She will be available from 9 to 11 a.m. in the Civilian Personnel Office (CPO), bldg. 37, to meet with people who may have questions or problems concerning their policies. Those who wish to see Morgan are asked to bring all pertinent paperwork relating to their question or problem.

Please call JoAnn Smith at CPO at 561-5757 to make an appointment.

Parent support groups

If you have a special child with a learning disability, a developmental or physical handicap or chronic serious illness, you are invited to join other parents at the two parent support groups meeting on the Presidio of San Francisco. The daytime group meets at the Religious Activities Center on Mondays from 12:15 to 2 p.m. You are invited to bring a brown bag lunch if you desire. Child care is provided at the Child Development Center, if you make your reservation 24 hours ahead of time and contact Margie Dee at Army Community Services (ACS), phone 561-5155. The evening group meets at ACS, bldg. 214, on Monday evenings from 6 to 8 p.m.

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Sports

Basketball league

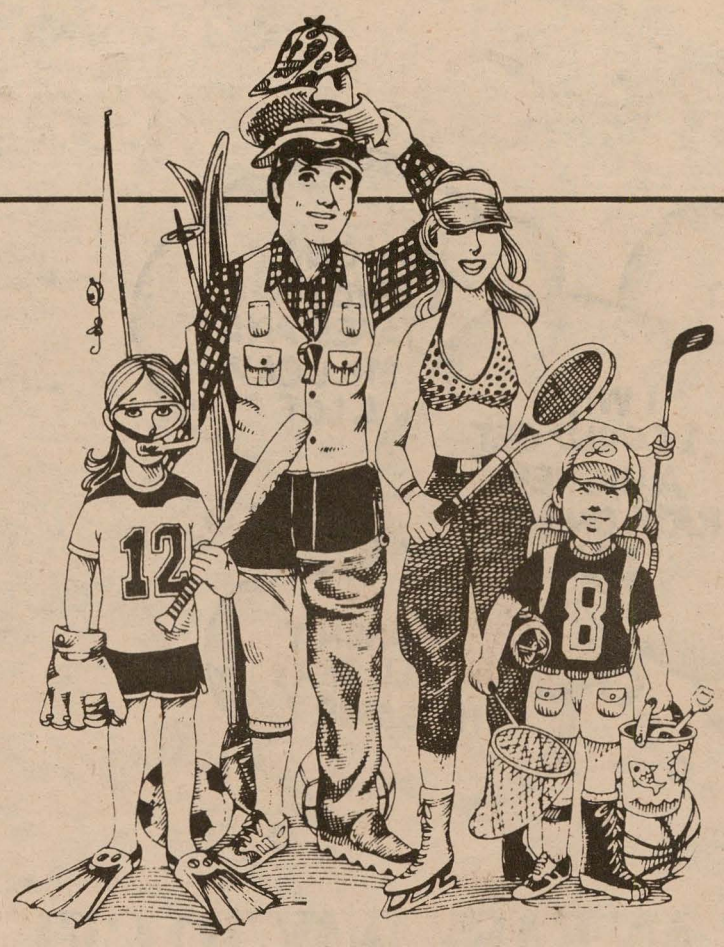
The 864th Engineers lead the Intramural Basketball League with a 5-0 record, closely followed by the Doctors and 6th Army with 4-0 records. Many teams seem to be pretty evenly matched, as proved by the scores of the following games and league standings.

Results

Jan. 21: USAG-54, LAIR-52
Jan. 21: 6th Army-60, DPTSEC-50
Jan. 21: Doctors-40, OARB-33
Jan. 22: USAG-63, USAISC-54
Jan. 22: 864th Engrs-62, LEC-57
Jan. 22: DEH 1-80, B Co., LAMC-64
Jan. 23: DLI-SF-59, DPTSEC-42
Jan. 23: OARB-58, USAISC-50
Jan. 24: OARB-68, B Co., LAMC-66
Jan. 24: VA-61, DPTSEC-51
Jan. 24: LAIR-39, DLI-SF-37
Jan. 24: Doctors-54, USAG-51

Standings as of Jan. 24

Team	Won	Lost
864th Engineers	5	0
Doctors	4	0
6th Army	4	0
DEH 1	4	1
VA	2	1
OARB	4	2
DLI-SF	3	2
LEC	3	2
USAG	3	3
LAIR	3	3
B Co., LAMC	2	3
USAISC	2	4
DEH 2	1	3
DPTSEC	1	4



Intramural Basketball Schedule

February 4
Gym 1; 5 p.m.: OARB vs. DPTSEC
Gym 1; 6 p.m.: Doctors vs. USAISC
Gym 2; 5 p.m.: 864th Engrs vs. DLI-SF
Gym 2; 6 p.m.: DEH 1 vs. LAIR

February 5
Gym 1; 5 p.m.: B Co., LAMC vs DPTSEC
Gym 1; 6 p.m.: 6th Army vs. VA
Gym 1; 7 p.m.: LEC vs. USAISC

February 6
Gym 1; 5 p.m.: OARB vs. LAIR
Gym 1; 6 p.m.: LEC vs. DLI-SF
Gym 2; 6:30 p.m.: 864th Engrs vs. VA
Gym 2; 7:30 p.m.: DEH 1 vs. USAG

February 7
Gym 1; 5 p.m.: DEH 2 vs. DPTSEC
Gym 1; 6 p.m.: USAG vs. LEC
Gym 2; 5 p.m.: B Co., LAMC vs. LAIR
Gym 2; 6 p.m.: Doctors vs. DLI-SF

Women's basketball

The Presidio will be hosting a Women's Invitational Basketball Tournament today through Sunday. Teams from McClellan Air Force Base, Mare Island Naval Shipyard and the Presidio of Monterey will participate in the competition. The opening game will feature the post women's team vs. Mare Island today at 5 p.m. at post gym 1, bldg. 63. The next game will be McClellan AFB vs. Monterey tomorrow at 10 a.m. There is no admission charge and all games will be played at post gym 1, bldg. 63.

Post bowling team

The Presidio bowling team hosted the Northern California Traveling League on Sunday. In the first set Presidio "stomped" Castle Air Force Base 27-3.

However, the victory was short-lived because Mather embarrassed Presidio 26-4 on their home alleys.

On Jan. 19 there was a "roll-off" to fill three vacancies on Presidio's team with the departure of Ben Newsome, George Arcania and Len Shanks. Top qualifier was Jim Armijo with 180; Dave Vershages rolled 174, and Robin Spears rolled 173.

The Presidio bowling team's next game will be at Treasure Island on Sunday.

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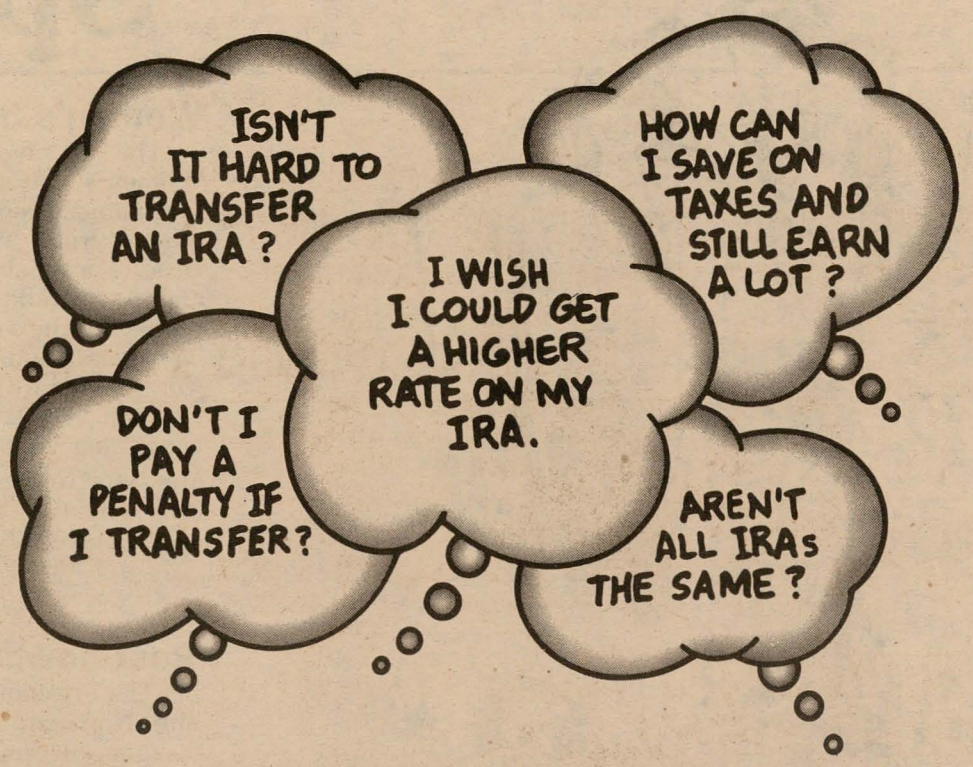

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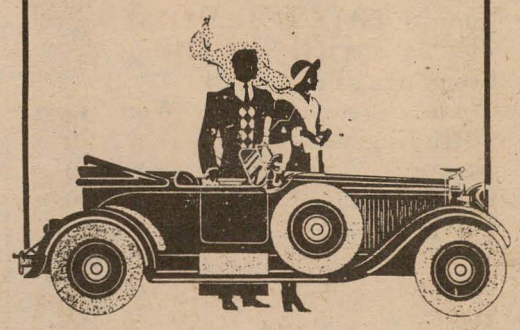

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Star Presidian

Vol. 28, No. 5 "Published in the interest of the people of the Presidio of San Francisco." February 8, 1985

News Briefs

Defense attache

The Army is seeking volunteers in grades E-5 through E-7 to serve in the defense attache system at embassies and diplomatic posts throughout the world.

Soldiers with excellent certifiable foreign language skills or those having a passing Defense Language Aptitude Battery score are especially needed.

Training for attache assignments may range from four to 18 months, depending on the need for and length of language training.

Details on this program are contained in AR 611-60. Contact SSgt. Hansen or MSgt. Malone at 561-4405/5009 at the Personnel Management Branch, COMPACT, for more information.

ARNEWS

Army staff changes

A major Army staff leadership position change was announced recently by Secretary of Defense Caspar W. Weinberger.

Maj. Gen. Quinn H. Becker, currently the commanding general, 7th Medical Command, and surgeon, U.S. Army Europe and 7th Army in Germany, has been nominated by the president for appointment to lieutenant general and assignment as the surgeon general of the Army. He will replace Lt. Gen. Bernhard T. Mittemeyer, who is retiring at the end of February with more than 26 years of service.

In a related announcement, the president has approved the extension of Lt. Gen. Willard W. Scott Jr. as the superintendent, U.S. Military Academy. Scott's extension has been approved through July 1986.

ARNEWS

No umbrellas

The ongoing speculation about whether or not male soldiers will be able to carry umbrellas has been laid to rest.

Army Chief of Staff Gen. John A. Wickham Jr., in a response to an Army Clothing and Equipment Board recommendation, has ruled that the use of umbrellas by uniformed male soldiers in inappropriate.

ARNEWS

Assistance Office hotline

The toll-free phone number to call for Enlisted Personnel Assistance and Information at the U.S. Army Military Personnel Center changes today.

Soldiers can call 1-800-255-ARMY (2769) starting today. The current number, 1-800-255-9411, ceased operation yesterday.

ARNEWS

DA announces new enlisted pay rates and allowances

New military pay rates and Basic Allowance for Quarters (BAQ) rates became effective Jan. 1. The new pay rates include an across-the-board 4 percent increase for all soldiers except E-1s with less than four months' service.

New BAQ rates have been adjusted to 65 percent of the average housing cost in CONUS. Soldiers receiving BAQ before Dec. 31, 1984, are entitled to either their current rate or the new rate, whichever is higher.

The change in the Variable Housing Allowance (VHA) is yet to be announced, but Finance Center officials indicate rates will increase for most locations.

FICA (or Social Security) withholding rates also increased on Jan. 1. The new rate is 7.05 percent and will apply to annual earnings up to $39,000.

Monthly Basic Pay Effective Jan. 1, 1985

Pay Grade	Under 2	2	3	4	6	8	10	12	14	16	18	20	22	26
E-9	0.	0.	0.	0.	0.	0.	1860.60	1902.90	1945.80	1990.50	2034.90	2074.50	2183.70	2395.80
E-8	0.	0.	0.	0.	0.	1560.60	1605.00	1647.00	1690.20	1734.60	1774.80	1818.30	1925.10	2139.90
E-7	1089.60	1176.00	1219.80	1262.40	1305.60	1347.00	1390.20	1433.40	1498.20	1540.80	1584.00	1604.70	1712.40	1925.10
E-6	937.20	1021.80	1064.40	1109.70	1150.80	1192.80	1236.60	1300.20	1341.00	1384.20	1405.20	1405.20	1405.20	1405.20
E-5	822.60	895.50	938.70	979.80	1044.00	1086.30	1129.80	1171.20	1192.80	1192.80	1192.80	1192.80	1192.80	1192.80
E-4	767.40	810.30	857.70	924.60	960.90	960.90	960.90	960.90	960.90	960.90	960.90	960.90	960.90	960.90
E-3	723.00	762.30	793.20	824.70	824.70	824.70	824.70	824.70	824.70	824.70	824.70	824.70	824.70	824.70
E-2	695.40	695.40	695.40	695.40	695.40	695.40	695.40	695.40	695.40	695.40	695.40	695.40	695.40	695.40
E-1►4	620.40	620.40	620.40	620.40	620.40	620.40	620.40	620.40	620.40	620.40	620.40	620.40	620.40	620.40
E-1◄4	573.60	.0	.0	0.	0.	0.	0.	0.	0.	0.	0.	0.	0.	0.

Reserve Component Drill Pay Effective Jan. 1, 1985

Pay Grade	Under 2	2	3	4	6	8	10	12	14	16	18	20	22	26
E-9	0.00	0.00	0.00	0.00	0.00	0.00	248.08	253.72	259.44	265.40	271.32	276.60	291.16	319.44
E-8	0.00	0.00	0.00	0.00	0.00	208.08	214.00	219.60	225.36	231.28	236.64	242.44	256.68	285.32
E-7	145.28	156.80	162.64	168.32	174.08	179.60	185.36	191.12	199.76	205.44	211.20	213.96	228.32	256.68
E-6	124.96	136.24	141.92	147.96	153.44	159.04	164.88	173.36	178.80	184.56	187.36	187.36	187.36	187.36
E-5	109.68	119.40	125.16	130.64	139.20	144.84	150.64	156.16	159.04	159.04	159.04	159.04	159.04	159.04
E-4	102.32	108.04	114.36	123.28	128.12	128.12	128.12	128.12	128.12	128.12	128.12	128.12	128.12	128.12
E-3	96.40	101.64	105.76	109.96	109.96	109.96	109.96	109.96	109.96	109.96	109.96	109.96	109.96	109.96
E-2	92.72	92.72	92.72	92.72	92.72	92.72	92.72	92.72	92.72	92.72	92.72	92.72	92.72	92.72
E-1►4	82.72	82.72	82.72	82.72	82.72	82.72	82.72	82.72	82.72	82.72	82.72	82.72	82.72	82.72
E-1◄4	76.48	76.48	76.48	76.48	76.48	76.48	76.48	76.48	76.48	76.48	76.48	76.48	76.48	76.48

These rates are for a weekend drill.

Monthly Basic Allowance for Quarters Rates

Pay Grade	Without Dependents: Full Rate	Partial Rate	With Dependents
E-9	315.30	18.60	429.90
E-8	292.20	15.30	400.50
E-7	249.30	12.00	372.60
E-6	221.40	9.90	337.80
E-5	204.90	8.70	300.30
E-4	177.60	8.10	259.50
E-3	172.50	7.80	238.50
E-2	146.40	7.20	238.50
E-1►4	133.50	6.90	238.50
E-1◄4	133.50	6.90	238.50

Basic Allowance For Subsistence

Enlisted Members

When on leave or authorized to mess separately	$5.06/day
When rations in-kind are not available	$5.72/day
When assigned to duty under emergency conditions where no messing facilities of the United States are available	$7.57/day

Soldiers Scene

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Opinions

One soldier's story of bravery, tragedy at Christmas

For the second consecutive year, members of the West Coast Military Intelligence (Counterintelligence) Battalion opened their hearts to the children at Letterman Army Medical Center (LAMC) by donating gifts for those in the pediatrics ward. After delivering the gifts, which were all neatly wrapped in white tissue paper, one of Santa's helpers SSgt. Jeff Smith, was moved to write the following story:

On December 21 members of the West Coast Battalion delivered Christmas gifts to the youngsters in the pediatric ward of LAMC. The children were both surprised and excited to receive gifts from our unit.

One very beautiful little girl who comes from an island in Micronesia was so shy that she never spoke and always looked at the floor. After giving her a gift and talking to her for about ten minutes she lifted her head, smiled and waved goodbye.

Another little girl was 17-month-old Lauren. Lauren loved the orange stuffed animal she received. She always smiled and looked as happy as anyone could be in a hospital. But Lauren doesn't know much about anything *but* a hospital. You see, she has spent all but three weeks of her young life in that hospital room.

Finally, when we had finished our Santa act, we spoke to the head nurse. We were concerned because there was a 15-year-old boy named David who had not received a gift. Only one of our gifts was for a boy that age and we had already given it away.

The nurse told us not to worry, "David's parents are going to go all out for him this year; he will have a lot of gifts.

"You see," she continued, "David isn't going to live to see his next birthday."

Maybe as a belated New Year's resolution we should remember David and Lauren. The next time we worry about our place or position in the world we can be glad that we *have* one. And should we ever worry what the future holds, we can just be happy to have a future.

Guest editorial

Don't take it for granted

by Dale Lee

On Feb. 5, at approximately 3 a.m., a young lady was frantically running through the hallway of the apartment complex where I reside yelling "Someone call an ambulance, my baby isn't breathing!"

I opened my door and let the lady in. She was holding her infant (2 weeks old), his complexion a light shade of blue. She said to me, "Please help me, my baby isn't breathing!"

I immediately called the Rescue Squad, who didn't have an ambulance available, but would send the Fire Department. The lady attempted to administer mouth-to-mouth resuscitation, without any success.

She looked up at me, tears flowing from her eyes, "Please help my baby, please! Oh God, don't take him away from me!"

I looked at the infant, who looked as though he was in a sound sleep, and all I could do was stare. The mother began to cry hysterically and all I could do was hold her and cry along with her.

Unfortunately, this story has a sad ending; the infant died.

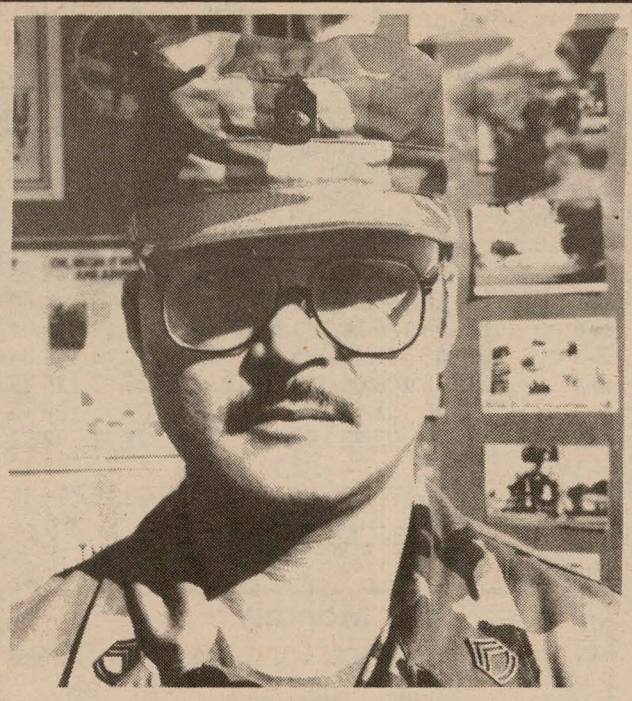
I feel I could have done something; I have been in the Army for 10 years and received all kinds of first aid training. I didn't take it seriously, because I was going to get out of the Army. So when I received the training, I left it in the classroom.

I am just writing this to let the military people know that you never know when something is taught to you, when you may need it. A lesson learned for me, even though it was the hard way to learn. So when receiving further training, especially first aid, please, ***DON'T TAKE IT FOR GRANTED.***

Ramblin' Sam

This week's question was directed to the U.S. Army Recruiting Station in San Mateo, Calif. "Why did you join the Army?"

SSgt. Jeanette Melendez, recruiter, "I joined the Army to be independent, to travel, to further my education and to be trained in the medical records field. I also wanted the adventure of traveling to foreign lands. I've been at Forts Benjamin Harrison, McClellan, Sam Houston and Hood. I was also at the Presidio of San Francisco for seven years prior to becoming a recruiter here six months ago. I have also been to Japan and Korea."



SFC Harvey Kinoshita, station commander, "It's a very hard question to answer—why did I join the Army? I would say one of the big reasons is occupational training, leadership and to learn to get by on my own. A big thing is travel; I've been in Vietnam, Thailand and all over Europe during my 15 years in the Army. My last duty station before becoming a recruiter was as the NCOIC at the photo lab at the Presidio of San Francisco."

SFC Rudy Dumandan, USAR recruiter, "It was family tradition. My father is a retired officer and my three brothers are Vietnam vets. I wanted to become an airborne medic or paratrooper, and of course I had an interest in the training the Army had to offer. The Army has lived up to its promises. I echo the belief that every individual should serve his country."

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Commentary

by Army Chief of Staff General John A. Wickham Jr.

"Training is not done in a sterile environment of cold, calculating management. Training has to be rooted in deep ideals and beliefs - love of country, pride and belief in each other—yes, duty, honor, country —that's the warrior ethic."
(Author: Retired Army General Richard E. Cavazos)

The Army is in a state of transition, preparing itself for the challenges of the future. Missions are more diverse and demanding. Thus, the training of our soldiers and units becomes more important than ever before. Since readiness is our priority task, quality training is absolutely essential if we are to fulfill our missions and responsibly use the resources entrusted to us.

Today there are many factors that contribute to the challenging environment within which we must train our soldiers and units:

• The threats to our security are dangerous and growing. Hence, the Army must be prepared for a broad spectrum of missions, with the greatest risk of hostilities being at the lower end of the spectrum where most of the conflicts today are taking place. As a consequence, we must be deadly serious about our business of being ready for war—so as to assure peace. If we compromise on standards of training, we jeopardize unit cohesion and the lives of our soldiers who may have to fight tomorrow or deploy rapidly without further preparation. At times, we may have the luxury of "training up" for an assigned mission. However, most of the time, we will not. Grenada is the classic example.

• Over 400 new warfighting systems are being developed and fielded within the Army. Many exhibit unrivaled mobility and lethality. They are also sophisticated, requiring a high level of knowledge and proficiency by crew and commanders if we are to capitalize on their capabilities.

• An evolution in doctrine and tactics now places unprecedented emphasis on initiative, offensive action, flexibility and coordination within the combined arms team. New tactical concepts require excellence in professionalism and military skills by leaders at all levels.

• Volunteer soldiers are first class soldiers who are smart, tough and patriotic. They expect first class leadership and training. Making the most of this superb human resource calls for training that is demanding, realistic and imaginative. Quality soldiers deserve quality training. After all, tough training saves lives in battle. Soldiers instinctively know this and our mission demands it.

• To be effective, Army training must start at the top. Because of this, we have initiated a thorough study of officer professional development, to be completed this year. By mid-1985, we plan to conclude similar studies of the warrant officer and NCO corps. These comprehensive studies will focus on officer, warrant officer and NCO training and professional development in Army schools, and their output will be relevant to training needs in light of future Army missions and requirements.

The soon to be published CAPSTONE training manual for the Army, FM 25-1, describes what it takes to provide training that develops strong bonds and confidence between soldiers and leaders. This type of training reflects our commitment to professional excellence and the warrior ethic. The points that follow highlight what good training is and what it achieves:

• As all of us know from personal experience, good training bonds units. Training involves shared experiences and mutual challenges that develop and sustain cohesion. Training generates confidence in the organization and its leaders which in turn strengthens the morale of each soldier. The Israeli army has discovered this from their studies of why some units perform and survive better than others in battle.

• Good training leads directly to good discipline—both collective and individual. Concurrently, good training develops initiative and resourcefulness: the ability to perform independently under a wide range of conditions.

• Good training for soldiers builds faith and trust in the chain of command and is conducted by leaders who are proficient, dedicated and concerned for their soldiers' well-being.

• Good training concentrates on wartime missions and the way units are going to fight, but, at the same time, assures that the training is safe.

• Good training is performance-oriented with realistic objectives for each training period. It develops and sustains the skills of soldiers and leaders within the organization.

• Good training involves holding our soldiers and their leaders responsible for training to the standards needed to ensure success on future battlefields. However, this accountability must emphasize *learning* and *teaching* rather than retribution.

• Good training means recognizing the high value of soldiers' time. Good commanders protect their units from training detractors and last minute changes. They take the time to observe, coach and teach one-on-one, capitalizing on a soldier's spare time during field training exercises and major training events.

• Good training means strong leadership development with NCO's **fully responsible for individual training** and officers responsible for unit training. Good commanders give a high priority to training their trainers.

In summary, there's a synergism that comes from well-trained soldiers and units. Such units have a greater capability than the mere sum of the parts. They perform and survive better in battle and have fewer casualties. Morale, esprit, discipline—all are elements of this phenomenon. But an individual soldier's competence and confidence in his military skills and capabilities, as well as confidence in his leaders, are perhaps the most important elements to ensure success on the battlefield and survival under tough and dangerous conditions. **Quality training of quality soldiers by quality leaders** will make this all happen.

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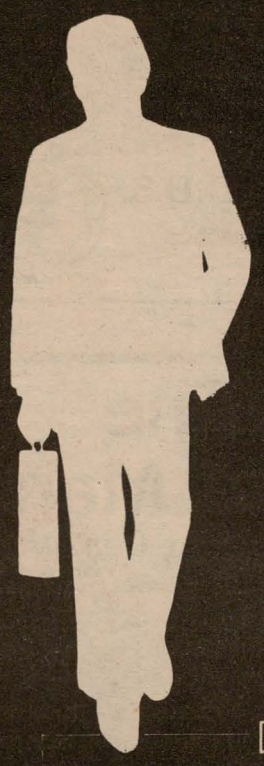

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Information please...

Clerical test can give job hunters a leg up

by Bob Walker

You can't find a job and you don't know where to turn. You've heard that there are some clerical openings at the Presidio, but you think you'd waste your time in such a dead-end, low-paying job.

Maybe you should take a second look at your own needs and talents and exactly what a clerical job could do for your career. Crazy you say? Well, take a look!

Connie Reese, a personnel staffing specialist at the Civilian Personnel Office (CPO), had much to say about the subject. She started out in the civil service as a GS-2 clerk; she is now a GS-9.

How did she get to where she is now?

She accepted and looked for opportunities that came her way. She qualified for advancement in various jobs, getting away from clerical positions. And she's not through yet. Her eyes set on bigger and better things, she will undoubtedly reach for higher positions that she can qualify for, based on experience and education.

Another example of getting places in a clerical position is Deborah Kawaii, information receptionist at CPO. She started out just a few years ago as a part-time student aide working at minimum wage. She is now a GS-4 and a permanent full-time employee at CPO. To get there she took the clerical test given at CPO. She didn't pass the test with a high enough score the first time to be hired at the Presidio, which has a higher test score requirement than civil service in general. So she boned up on her weak areas and took the test again, passing with flying colors the second time.

Speaking of the clerical test, Kawaii said, "I think it's really great. I recommend that a lot of people try taking the test, especially if they are having problems getting a job. You take the test to get a rating to get into the system; just get your foot in the door by taking the test."

How do you go about it?

All you have to do is call the CPO job information section between 7:30 a.m. and 4 p.m., Monday through Friday, at 561-5732. They can tell you when the next test will be and you can make your appointment to take the test.

The advantage of taking the test at CPO, in building 37, is that it is a "one-stop" employment service: you can take the test and apply for a job at one location.

To get a job at the Presidio you need a score of at least 74.1 on the test. The clerical test is normally given once a week here. If you prefer, you could go for the test at 211 Main Street at the Office of Personnel Management in downtown San Francisco—but why bother when it's available to you here?

The exam is made up of multiple choice questions in vocabulary, spelling, number and name comparisons, alphabetizing, grammar and word relations. Sample test questions are available at CPO.

Not all jobs require you to take the exam. If you have enough experience or education, you may qualify for a job without the test. Though some job descriptions may say they require an examination, "examination" means reviewing your background for education and/or experience.

So if you're looking for a job, you may want to consider clerical work. As Reese said, "We are definitely recruiting." The Presidio has many openings available in clerk typist, clerk and data transcriber positions up to grade GS-4. Those interested should apply at CPO.

If you have any questions or want to get your "foot in the door," in civil service, call CPO at 561-5732 for more information.

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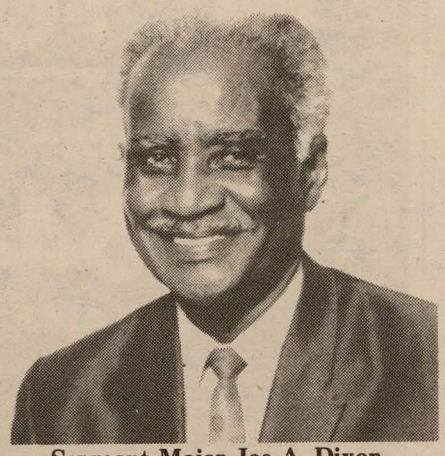
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Features

QRIP program gets equipment, saves money

by Liz Greeley

There's a piece of machinery you *know* your directorate needs—but it costs $85,000. Neither your directorate nor the post can afford to buy it. Still, you know that if you could somehow find the money, the directorate wouldn't have to work those soldiers outside their MOS, your organization would run more efficiently and you could save the post a lot of money besides.

Though this is a hypothetical situation, many offices on post find themselves in similar situations. And QRIP could be the answer.

QRIP stands for Quick Return on Investment Program (pronounced Q-rip) and it is part of the EEMI (Economies, Efficiencies and Management Improvement) Program.

This is a special fund belonging to FORSCOM (Forces Command) through which you can buy equipment that will make your organization more efficient. Two of the guidelines for the program are:

- The equipment may cost between $3,000 and $100,000.
- The equipment must be able to pay for itself within two years.

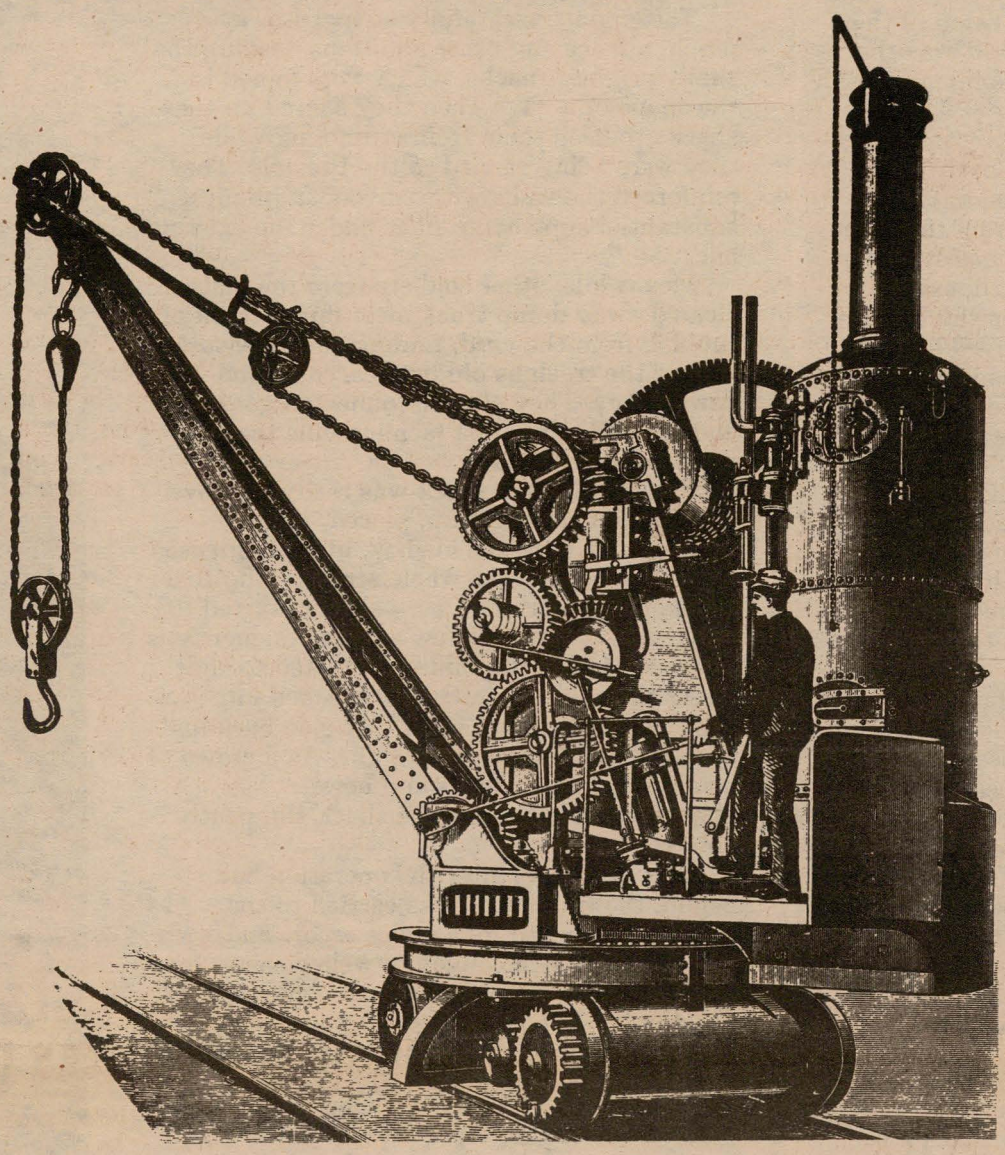
Under QRIP, the savings can come through labor, positions, supply costs or canceling a contract.

For example, DEH (Directorate of Engineering and Housing) bought a trailblazer sweeper with a vacuum wand and blower with QRIP money. The sweeper can reach tight places that formerly required a man to sweep by hand. It saves DEH and the post $44,041 a year, according to Marie Boland, a management analyst at the Comptroller's Management Division.

Another good example of use of QRIP funds on post is the SJA (Staff Judge Advocate) office.

Through QRIP, they bought computer equipment for $95,000 which has saved the post $72,071 in the *first* year, Boland said.

In fact, they have become a prototype for the Army as a whole, according to Boland.



"They are the first Army SJA shop that has been automated," she said.

Automation has so improved office efficiency that they are now able to process insurance claims they simply *couldn't* before, because of their heavy workload. The added income from the insurance claims is counted as part of the savings of the QRIP Program.

SJA's automation has had some unanticipated benefits also, according to Boland. One was they they actually saved *more* money than expected.

"Another thing that Lt. Col. Plaut (Staff Judge Advocate) stressed was that he just feels he's had a hundred percent impovement in morale since he got this because he says they've taken the drudgery out of the work they used to do.

"He still has his people typing, but they're not typing the same thing every day," Boland explained.

His people are also experiencing the excitement of working with high technology, according to Plaut.

As good as the system is, there are some minor drawbacks. While it is called the Quick Return on Investment Program, that does *not* mean your equipment will arrive overnight.

First you have to put together a package documenting your need for the equipment, how it will improve office efficiency and, specifically, how it will pay for itself in two years.

Admittedly, this takes time and effort, but management analysts Marie Boland and Jeanne Hiltabrand at the Management Division are there to help you.

Once your package has been reviewed at the Management Division, it goes to FORSCOM for approval or disapproval. In all, the process can take from six months to a year.

But remember, like SJA, you could find it an extremely worthwhile project.

As a matter of fact, SJA has proposed to FORSCOM that SJA offices be automated Army-wide. If the proposal is adopted, Plaut projects the savings to the Army will be in the millions of dollars, Boland said.

So let's suppose FORSCOM has approved your QRIP package and you finally have your new equipment. Then what?

"The program is set up so that six months after you have the item, we are tasked as management analysts to go in and audit and make sure you did what you said you'd do. So we verify the savings, and that information has to be forwarded to FORSCOM, so that keeps the system honest," Boland said.

To give you an idea of the possibilities, equipment that other posts have bought with QRIP money include:

- Word processors;
- A micrographics system;
- Personal computers;
- Paint spray booths; and
- Loading ramps.

If QRIP sounds like the answer to some problems for you, give Marie Boland or Jeanne Hiltabrand a call at 561-3151.

Like SJA, your organization could be another Presidio success story.

New parent support group helps in dealing with handicaps

by Bob Walker

"Everyone dreams of the baby they're going to have. Getting news of defects is as bad as hearing that your baby died. You have to learn how to bring up your baby and you have a lot of anxiety to overcome as a mother. Did I drink or smoke too much? What did I do to cause this?" Joan Cassel said.

Cassel is the education director at Support for Parents with Special Children (SPSC). SPSC is a non-profit organization in San Francisco which was established to offer counseling and information for parents of children with special needs, learning disabilities and handicaps.

Cassel and Helen Rossini, the clinical director at SPSC, have the training and experience to help parents cope with these kinds of problems. Their knowledge and advice are available here at meetings of Presidio's parent support groups. Meetings are held on Mondays from 12:15 to 2 p.m. at the Religious Activities Center and from 6 to 8 p.m. at the Army Community Service (ACS), also on Mondays.

The groups meet to share experiences, problems and solutions. Role playing often is a part of the learning experience at the meetings.

Cassel said, "It makes a woman feel better when she sees that others are going through the same thing. It's a long road to accept handicaps. Being around others helps, I believe."

One Presidio mother who comes to the meetings said, "It's an outlet for dealing with the frustrations of having a special child and their problems and needs. It's a place to let it all out. You can open up there, even if the family doesn't agree. It helps you to prepare for situations such as surgery."

The Presidio parent support group is open to Presidians, DoD civilians and civilians from the San Francisco area. Both husbands and wives are welcome. It is not limited to parents of handicapped children, either. Parents who may have handicaps of their own—such as a learning disability or short-term memory loss caused by an accident—are welcome. The group exists to help those with handicaps.

SPSC holds monthly pot luck suppers at the Incarnation Episcopal Church at 1750 29th Avenue, San Francisco. Guest speakers attend the suppers to share their expertise in different areas. A recent speaker talked about diseases in mothers that can cause birth defects.

So don't let a child's handicap get you down. Learn how to deal with it. The parent support group is here to help you cope with the frustrations of handicaps. Take advantage of this service provided by ACS and SPSC.

For more information, call Margie Dee of ACS at 561-5155. It could make life better for you and your family, as you learn how to cope with handicaps.

Engineers come to the rescue!

by Barbara Mountrey

It used to be the cavalry that came to the rescue of civilians, but last week it was the engineers—two platoons of D Company, 864th Engineer Battalion.

The engineers saved two important pieces of San Francisco history, two 8-by-10 foot "refugee shacks" built by the federal government to house refugees from the great earthquake and fire of 1906. Of nearly 6,000 original shacks, only about 40 still exist. These two, known collectively as the "Goldie Shack," would have been destroyed by the owner if the Presidio had not responded to a last-minute plea for help. (Goldie lived in the shacks 37 years until evicted by the owner last August.)

Many elements of the Presidio garrison worked together to save the shacks: The MPs coordinated with the San Francisco Police Department to have part of 34th Avenue blocked off and to approve permits for carrying the shacks on lowboys through city streets. The photo lab documented each stage of the operation. The Public Affairs Office took photos and provided information to the many civilian news media representatives who covered the event. Operations personnel from Headquarters Command Battalion coordinated the many separate tasks involved.

But the physical labor and "know-how" came from 1st Platoon and Earthmoving Platoon of D/864th. They were the troops who showed up early each frosty morning and set to work while the neighbors drank their morning coffee and watched from their windows.

The first stage was removing various additions to the original shacks that had made them larger and more livable. Jane Cryan, founder of the Society for the Preservation and Appreciation of San Francisco Refugee Shacks, and Eric Saul, curator of the Presidio Army Museum, showed the soldiers which parts to remove and which to save.

The engineers carefully stripped away a porch, a fence and other additions, leaving the shaky original shacks, which were joined in the shape of a "T." Then they shored up the shacks to keep them from crumbling while they were being carried to the Presidio. They reinforced the walls with 2-by-4s and built a substantial supporting floor under the existing one.

Meanwhile, other soldiers from the platoon cleared away dump truck after dump truck of rubbish from the yard, finding such treasures among the trash as old bottles, coins and newspapers. They also disconnected gas pipes and carefully dug up a jasmine vine that the owner wanted to save.

Finally the first shack was ready to move. The soldiers jacked it up, placed boards leading from it to the lowboy, literally greased the skids, hooked the whole structure up to a cable on the truck and *very* slowly started to move it. There were a few anxious moments as one side of the little building started to slide faster than the other. Soldiers leaped into position, straining to push that side back and keep the shack moving straight. As a crowd of neighbors, history buffs and news photographers cheered, the shack slid neatly onto the truck.

Only two days after the operation had begun, the first shack was carried to the Presidio, preceded by a police escort and accompanied by a convoy of well-wishers. It was brought to the recreational vehicle parking lot on post, where it awaits restoration. The second shack was brought the next day.

When the shacks are restored, they will be placed next to the Army Museum, near the corridor that shows photographs of the fire and the refugee camps at the Presidio. There they will remind visitors of the Army's role in helping the civilians of San Francisco, both in 1906 and today.

Soldiers of D/864th Engineer Battalion sliding 1906 "refugee shack" onto a lowboy for transport to the Presidio.

photo by Richard Wetzel

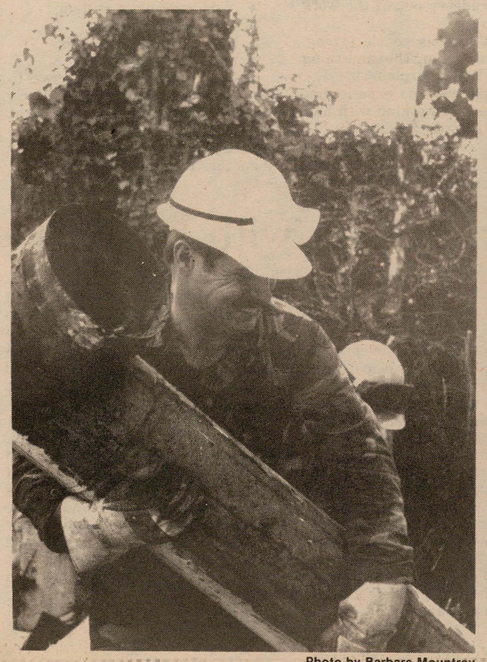


Photo by Barbara Mountrey

SSgt. Lee Williams strains as he removes an old stove pipe from the "refugee shack."

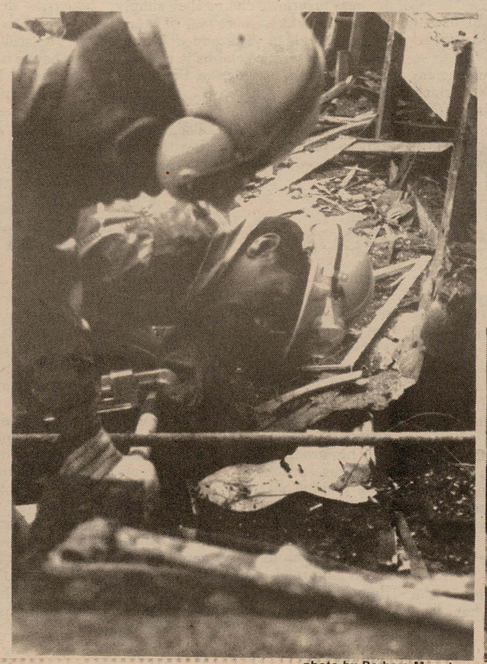


photo by Barbara Mountrey

Sp4 Elvis Williams removes an old gas line.

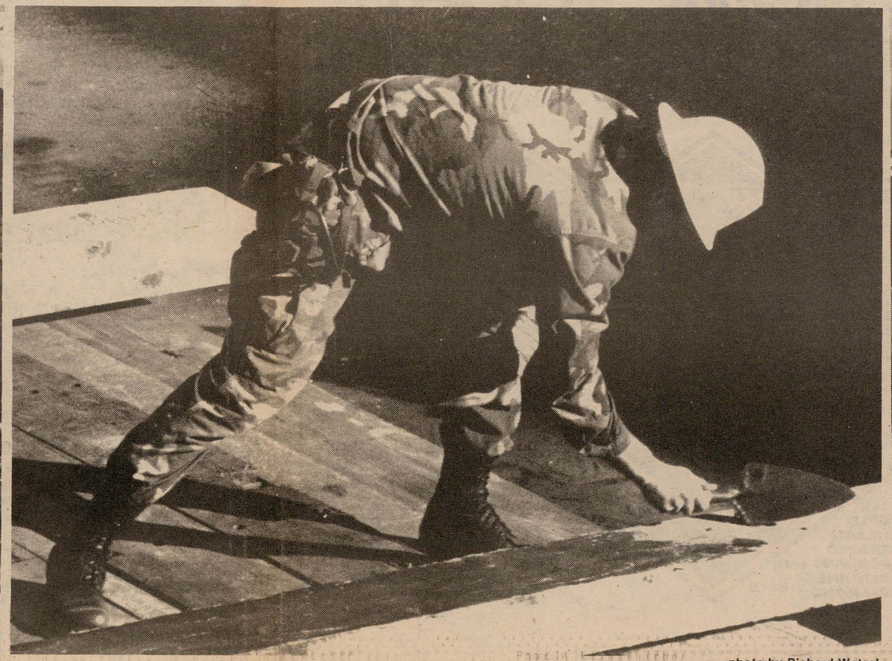


photo by Richard Wetzel

Sgt. Mark Juel trowels thick grease onto a 4x8 that served as a skid under the "refugee shack."

photo by Barbara Mountrey

The 864th carry their payload to the Presidio—accompanied by convoy, police escort and martial music.

Movie Review

'The Killing Fields' *moves* rather than merely entertains

by Jim Hudgins

My wife cries at the end of "good, serious" movies. In fact, no movie, other than a comedy, will get her seal of approval without tears blurring her view of the credits. I always chided her for this, but no more. At the end of *The Killing Fields* it was I who gulped back a wave of teary relief. It was I who had to sit the few extra minutes waiting for my eyes and mind to clear enough to navigate through other affected viewers to reach the lobby. My wife is a nicer person than I am. Not once did she say, "I told you so," only, "See why I didn't wear mascara tonight!"

Do not let a little bit of running mascara—do not let anything—stop you from seeing *The Killing Fields*, this year's most intense and gripping motion picture. I went because, like most others, I knew of the movie's subject (the aftermath of the Khmer Rouge takeover of once-neutral Cambodia) and I enjoy anything that Sam Waterston plays in. Sam came through, again. The perfect choice of an actor to play the role of a *New York Times* journalist. I was prepared for what I thought would be another movie in which the American public flagellates itself for our misdeeds in Southeast Asia. Although our actions and policy did come across as less than noble, it is the heart-rending look at the attempted genocide of a comely, gentle land and its people that grabs you by the lapels and tightens its grip for two hours.

Sam was very good, but it was a Cambodian doctor playing in his first role as an actor, Haing S. Ngor, who stole the show. Of course, he truly wasn't acting. He was, I later found out, replaying what happened to him a decade ago. If anything, his actual experience may have been more harrowing and terrible (if such terror is humanly possible) than that which he portrayed as Dith Pran, a Cambodian photojournalist. Dith Pran sacrificed his own safety to save the lives of foreign friends, including his closest "brother," the *New York Times* journalist. Because of this, Pran was caught up in the senseless, overwhelming destruction of his country.

It is the depiction of the subsequent years of inhumane, unspeakable treatment of Dith Pran and millions of others that rivets your attention. The title of *The Killing Fields* comes from the views that Dith Pran gets of thousands of rotting corpses littering once-lush landscape. The photography work done for this and all other scenes is both beautiful and horrible. The contrasts are powerful and poignant. You find yourself wanting to yell at the screen, "Don't... oh, God, don't!!"

When the main character finally escapes and is reunited with his American friend and his family, you feel as wrung out as an old kitchen rag.

There is momentary relief, but then the realization hits you that the killing and destruction still goes on, unabated, even today. For that realization alone, a viewing of this movie should be considered. It will get its share of Academy Awards, and rightfully so.

When you go, be certain to take someone with you strong enough to help lift you from your seat at its conclusion. Forget the popcorn. Forget the mascara.

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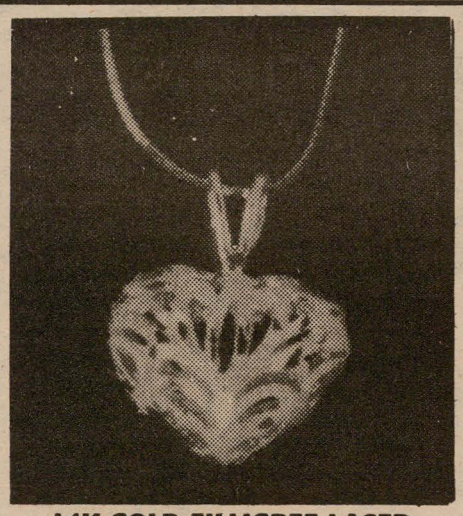

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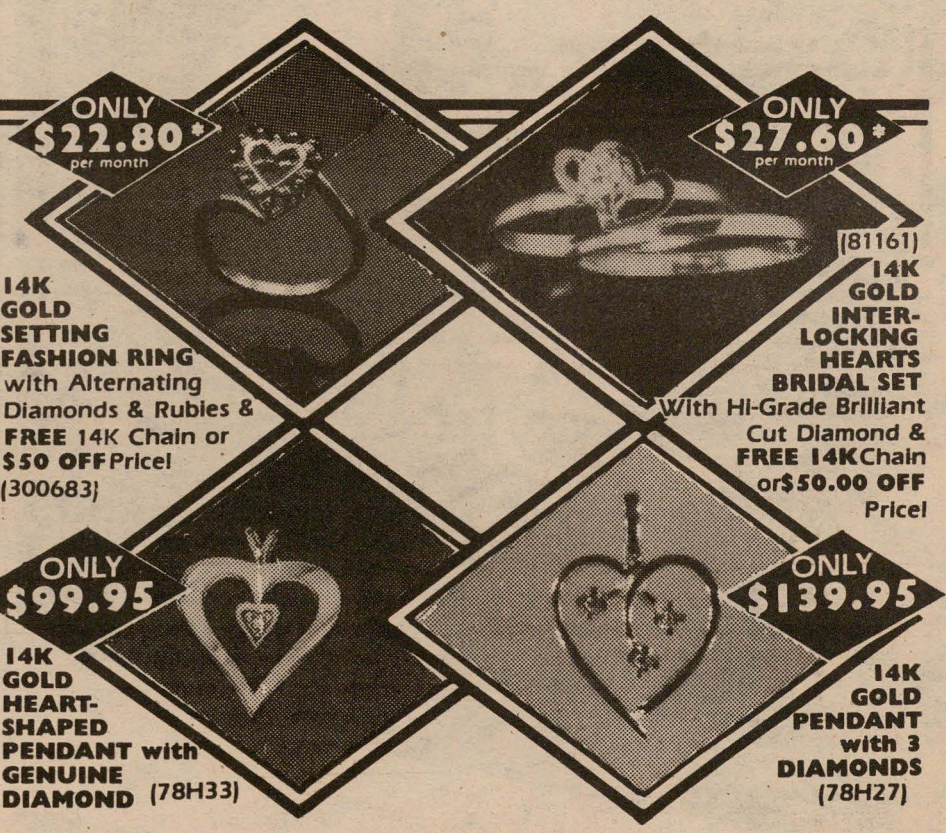

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Community Calendar

Commissary hours

The Presidio commissary *will be open* Feb. 19 from 10 a.m. to 6 p.m., the commissary's regular hours.

GMAT

The Graduate Management Admission Test (GMAT) will be given on post March 18, from 7:30 a.m. to 1 p.m. This test is for active duty military only. The testing fee of $30 is payable by check or money order no later than February 13.

If you are interested in taking this examination, contact a counselor at the LAMC Education Center, bldg. 1007, 561-3692/4030, or the Fort Scott Education Center, bldg. 1216, 561-4445/2974.

On-post math course

The Education Center would like to offer an on-post college course in Intermediate Algebra this fall, if at least 15 soldiers or civilians are interested and have successfully completed one year of high school algebra or a semester of elementary algebra on the college level.

For more information, contact Jeane Redsecker at the Fort Scott Education Center, bldg. 1216, 561-3189.

Afro-American / Black History month

The month of February has been designated as Afro-American/Black History Month. The Fort Point Museum will be highlighting the "History of the Black Soldier" display all month with tours daily from 10 a.m. to 5 p.m.

In addition, the 6th U.S. Army Band will be presenting a concert Feb. 28 from 11:45 a.m. to 12:30 p.m. at the Presidio Cultural Center (formerly the Presidio Playhouse).

Watch for flyer announcements on other planned activities for the month of February in honor of Black History Month. Point of contact is 2nd Lt. Koster or SFC Warwick, at 561-3701/4602.

Crime doesn't pay

photo by Dave Friedman

Sean Penn as Daulton Lee and Timothy Hutton as Christopher Boyce in "The Falcon and the Snowman." Now showing at the Galaxy and other San Francisco theaters.

© 1984 Orion Pictures Corporation. All rights reserved.

Ballet classes

Ballet classes for beginners to advanced are available Monday through Friday in building 1390 behind the Fort Scott Bowling Alley. Call Helen Piernik from noon to 2 p.m. at 994-0681 for more information.

Square dance seminar

Parents interested in having their youngsters, age 8 through 12, learn more about square dancing and clogging are invited to attend a seminar tomorrow morning, from 10 to 11 a.m. at the Community Center. There is no fee for these activities. For more information, contact Maj. Lighter at 931-9663 or the Youth Activities office at 561-5143.

OWC luncheon

The Presidio Officers' Wives' Club and the Letterman Women's Auxiliary will hold a combined luncheon Feb. 14. Social hour will begin at 11:30 a.m. and lunch will be at noon. Models from both clubs will be modeling clothes from various outlets.

For reservations call Leslie Nickels at 750-3750, Sue Ann Cartwright at 750-3782 or Beverly Bagnal at 346-5890, no later than noon on Feb. 11. Cancellations must be called in by noon Feb. 12.

Rec Center news

Tours: Feb. 9, South Bay wine tour, from 10 a.m. to 5 p.m. Cost is $5. Feb. 23, Whale-watching tour, from 9 a.m. to 6 p.m. Cost $20.

Classes:

New clogging and beginners' square dance began Feb. 5 at 6:30 p.m. at the Log Cabin. Cost is $2.50 a class.

Learn to play bridge, beginners' class. Every Tuesday, 6:30 to 9 p.m. The purpose of the class is to form teams of four players to play in bridge tournaments. Class is free. Instructor is Ophelia Hilton.

New computer certification classes started Feb. 6 at 7 p.m.. Cost is $150 for 12 weeks. Instructor is Mr. Melton.

Piano lessons are given every Monday and Thursday. $7 per half hour.

Practice sessions for the All Army Chess Tournament will be Saturdays at 3 p.m. Tournament will be June 1.

For more information, please call the Recreation Center at 561-2000 after 2 p.m.

Recreation Center hours of operation at 2 to 9 p.m., Sunday through Thursday, 2 to 10 p.m. Friday and Saturday.

Parent support groups

If you have a special child with a learning disability, a developmental or physical handicap or chronic serious illness, you are invited to join other parents at the two parent support groups meeting on the Presidio of San Francisco. The daytime group meets at the Religious Activities Center on Mondays from 12:15 to 2 p.m. You are invited to bring a brown bag lunch if you desire. Child care is provided at the Child Development Center, if you make your reservation 24 hours ahead of time and contact Margie Dee at Army Community Services (ACS), phone 561-5155. The evening group meets at ACS, bldg. 214, on Monday evenings from 6 to 8 p.m.

. . . the write stuff . . .

by Richard Wetzel

You know you're in a weird city when you see the street people talking to themselves in sign language...next thing you know, they'll be asking themselves for some spare change...I don't know how you handle the situation, but whenever I think someone is going to hit me up for that extra dime or quarter in my pocket, I ask them first...You'd be surprised how much spare change I've collected.

Try it and maybe you can get enough to go to the Fine Arts Auction at the Hyatt on Union Square. Original paintings, all beautifully framed, and other pieces of fine art will be auctioned off Sunday and Monday. The bidding starts at 3 p.m. on Sunday, 8 p.m. on Monday. The doors open one hour early on each day for inspection.

A quarter here, a dime there, sure it adds up, but how would you like an extra $8,000 all at once and the chance to get *even* at the same time?...The Ministry of Culture at the Iraqi Embassy is sponsoring an "anti-Ayatollah Khomeini poster contest." Entries should "depict the savage and vicious crimes committed by the Khomeini regime against the Iraqi POWs held in Iran."...Hey, nobody said the contest was easy, but even if you place only second, it's still worth $6,000, and that's a lot more than what you'd get from begging from the beggars....

It's always been mandatory, but now it's being enforced. Anyone who rides in a DoD-owned vehicle is required to strap themselves in behind a seatbelt. We wouldn't want anyone to get loose, now would we?.....

I GOTTA GET ME ONE...Sp5 Leo Simmons must have a rich uncle or something (a sugar daddy???) Not only did he carry the Olympic torch through the Presidio, I hear he's been assigned to the Old Guard at Fort Meyer, VA...I take back the sugar daddy part, what he *has* is a guardian angel.....

If you haven't anything special planned for your loved one on Valentine's Day, consider the 5th Annual Valentine's Bay Cruise, departing Pier 39 at 4 p.m. on Sunday and returning at 7 p.m. Cost is $30 per couple and includes wine and extras. All proceeds go to the American Heart Association.

Tomorrow is the last day of International Forgiveness Week (Feb. 3-9) so I can only hope that Specialist Simmons will forgive me for that wisecrack...congrats, Leo.

At the movies

Presidio Theater

Fri., Feb. 8	Starman (PG)	7 p.m.
Sat., Feb. 9	City Heat (PG)	7 p.m.
Sun., Feb. 10	City Heat (PG)	2 & 7 p.m.
Mon., Feb. 11	City Heat (PG)	7 p.m.
Tues., Feb. 12	City Heat (PG)	7 p.m.
Wed., Feb. 13	No Small Affair (R)	7 p.m.
Thurs., Feb. 14	Micki & Maude (PG-13)	7 p.m.

Schwartz Theater

Mon., Feb. 11	Starman (PG)	7 p.m.
Wed., Feb. 13	City Heat (PG)	7 p.m.
Thurs., Feb. 14	No Small Affair (R)	7 p.m.

Sports

Taekwondo class

A Taekwondo class, open to both soldiers and civilians, is held Tuesdays at 11:30 a.m. at gym 1, bldg. 63.

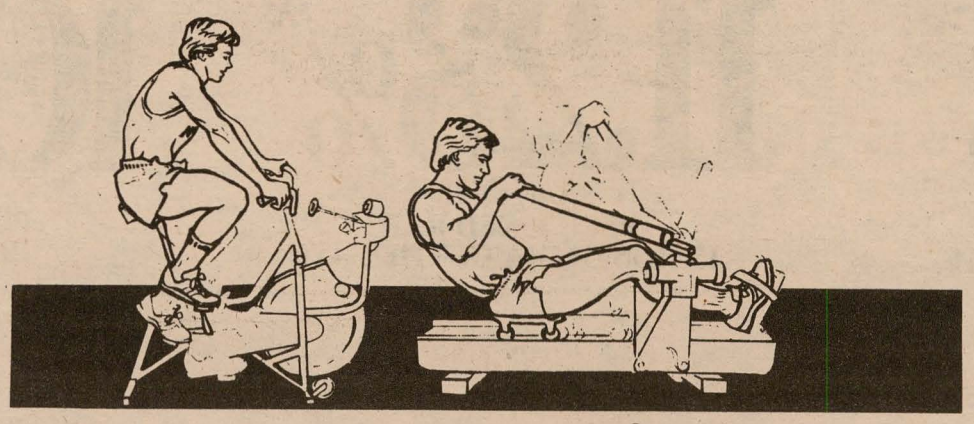
People interested in taking this martial art, or who just want more information, may attend the class or call Master Jerome R. Reitenbach at 992-3939.

Intramural basketball

6th Army and the Doctors are still undefeated with 6-0 records. The Doctors had a scare playing against Law Enforcement Company (LEC). LEC led until the final seconds, when the Doctors caught up to win by 2 points. Final score: Doctors 52, LEC 50. Doctors also gave the 864th Engineers their first loss with a score of 61 to 53.

Standings as of Jan. 31

	Win	Loss
6th Army	6	0
Doctors	6	0
864th Engrs	6	2
DEH 1	6	2
OARB	6	2
LAIR	4	3
DLI-SF	4	3
B Co., LAMC	4	3
USAG	4	4
VA	3	3
LEC	3	4



	Win	Loss
USAISC	2	6
DEH 2	1	5
DPTSEC	1	5
MILPERCEN	0	14
	(Dropped out)	

Schedule

*Games to watch next week:

Feb. 11, 5 p.m.: *DEH 1 vs. 6th Army; Gym 1
Feb. 11, 6 p.m.:*OARB vs. USAG; Gym 1
Feb. 11, 5 p.m.: *USAG vs. DLI; Gym 2
Feb. 11, 6 p.m.: *Doctors vs. VA; Gym 2
Feb. 12, 5 p.m.: DPTSEC vs. USAISC; Gym 1
Feb. 12, 6 p.m.: DEH 2 vs. LAIR; Gym 1
Feb. 12, 6:30 p.m.: LEC vs. VA; Gym 2
Feb. 12, 7:30 p.m.: B Co., LAMC vs. USAG; Gym 2
Feb. 13, 5 p.m.:*OARB vs. 6th Army; Gym 1
Feb. 13, 6 p.m.: VA vs. DEH 2; Gym 1
Feb. 13, 7 p.m.:*864th Engrs. vs. DEH 1; Gym 2
Feb. 13, 8 p.m.: DPTSEC vs. LAIR; Gym 2
Feb. 14, 5 p.m.: DEH 2 vs. USAG; Gym 1
Feb. 14, 6 p.m.: USAISC vs. VA; Gym 1
Feb. 14, 5 p.m.:*B Co., LAMC vs. 6th Army; Gym 2
Feb. 14, 6 p.m.: *Doctors vs. LAIR; Gym 2

Who's who

Can't tell the players without a scorecard? Well! DEH stands for Directorate of Engineering and Housing; OARB is Oakland Army Base; LAIR is Letterman Army Institute of Research; and DLI-SF is Defense Language Institute-San Francisco.

Meanwhile, USAG is U.S. Army Garrison; VA stands for the Veteran's Administration; LEC is the Law Enforcement Company, of course; USAISC stands for U.S. Army Information Systems Command (formerly known as Directorate of Communications-Electronics); and the Doctors are from LAMC (Letterman Army Medical Center).

By the way, DPTSEC stands for Directorate of Plans, Training and Security.

Aerobics dance class

Attend the Beginner's Aeorobic Dance class Tuesday the Thursday mornings start your day off right from 9 to 10 a.m. Feb. 12 through March 21. The cost is $36 for the 6-week program; class is held at the Fort Scott gym, bldg. 1226. The program is professionally choreographed by Jackie Sorenson. Instructor: Sarah Owens. For more information call 387-8296.

Outdoor Rec

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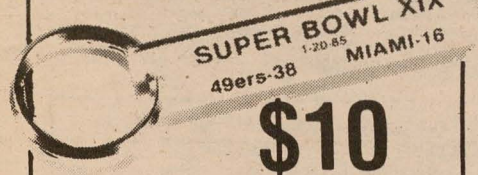

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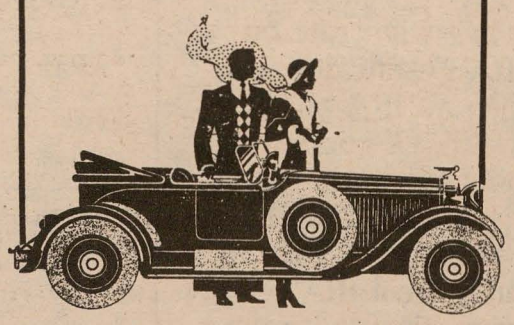

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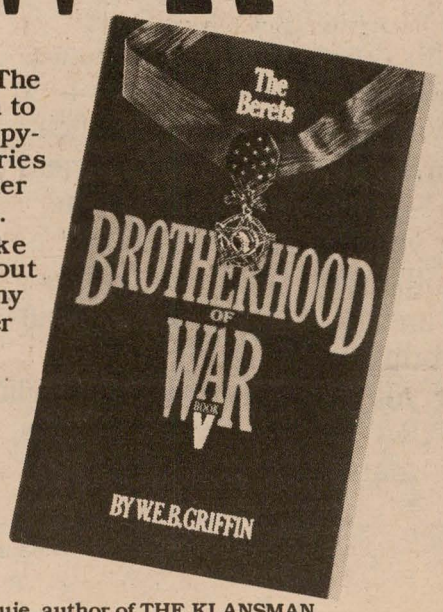

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Chinatown: Year of the Ox begins / **pages 6&7**

Star Presidian

Vol. 28, No. 6 | "Published in the interest of the people of the Presidio of San Francisco." | February 15, 1985

864th Engr soldier takes Soldier of the Year

Sgt. Barnello welds a base for a tent stove. photo by Bob Walker

by Bob Walker

November's Soldier of the Month (SOM) captured the Soldier of the Year (SOY) title in January against two very competitive Law Enforcement Company soldiers.

Sgt. William A. Barnello Jr., a 24-year-old native of North Syracuse, N.Y., is assigned to D Company, 864th Engineer Battalion. He is a squad leader in the maintenance platoon and is also the senior welder for the company.

Winning Soldier of the Year won him a one-week vacation to Hawaii with his wife Nancy, and the first sergeant took him off the duty roster for a year. Other awards will be presented to him Feb. 27.

Making Soldier of the Year is a challenge! "I studied long and hard. If I've ever been able to use this line, I can this time. I knew the others had to have a lot on the ball, which made me study harder. I had the desire to excel. I knew a lot of people were rooting for me. I certainly thought about that—it gave me the motivation. I don't like to lose, so I did all I could to win."

Part of what he did to win was staying up late studying, often with the help of his wife, Nancy, "after the kids were to bed," he said.

Barnello is indeed very competitive, according to his first sergeant, 1st Sgt. Don K. Corkran. Corkran said, "Barnello won because of his desire, his determination and his will to win. The morning before the board I tried to prepare him for defeat. He wouldn't hear of it—he was going to win. His desire to win took him over the hump."

Corkran feels Barnello has a good future in the Army. "I see a lot in Barnello's future. We have a lot of young soldiers here learning a trade to get out of the Army. Barnello is the opposite; he wants to give to the Army. He wants to go through the leadership ladder, going to drill sergeant school, for example. I'm sure he will reach the highest enlisted rank," he said.

This is only part of what helped Barnello to become Soldier of the Year. Corkran said, "Barnello has more initiative than any other E-5 I've known. When he gets his work done, he finds other work to do. He volunteered to be the Equal Opportunity NCO, has been a training NCO for 15 months and is the company safety NCO. He volunteers to take extra duties rather than have us (the company) give the duties to someone who won't do the job. He's a professional soldier and NCO."

When asked about his assignment at the Presidio, Barnello said, "I like the area, as there are a lot of things to do and see. This is probably the best duty station I've had. The post offers a lot to do for a small post."

Barnello's goals include becoming a platoon sergeant. He said, "I definitely want to be a command sergeant major someday. I definitely want to leave my mark to better the military. I don't know what that mark is right now, but I'll find it when I get there."

Though he loves his position as squad leader and feels that his company is the best on the post, he said, "I'm looking at getting out of my career field. I don't know if I want to be a welder all my life or not."

So when it comes time to reenlist he may become an intelligence analyst or an armor crewman. He has been given eight options for reenlistment, so the Presidio's Soldier of the Year's days as a welder may be limited.

You don't have to be a welder to win Soldier of the Year, but you do need to have Barnello's determination and will to win to make it over the hump to earn the special title—Soldier of the Year.

New Federal Women's Program coordinator named

by Liz Greeley

As of January 7, Brenda Saenz, a 30-year-old native of Puerto Rico, became the Presidio's new Federal Women's Program coordinator. Though new to the post, she's quite familiar with the Equal Employment Opportunity field.

An ex-soldier, she spent her active duty working as a minority, family, and drug and alcohol counselor. She also has a bachelor's degree in psychology, another bachelor's in business administration and a master's degree in psychology.

Since coming to the Presidio as a computer programmer from Fitzsimmons Army Medical Center, Colo., she has taken on additional duty as an EEO counselor.

What are her plans as the new Federal Women's Program coordinator?

Automation of the EEO office is definitely on her agenda and has already begun, as witnessed by the computer terminal sitting beside her desk.

But when asked what she wanted to accomplish, Saenz said, "To assist women in getting out of dead-end

please see page 3

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Opinions

Wickham stresses leadership by example

by Army Chief of Staff, Gen. John A. Wickham

"Of a great leader...when his work is done...they will all say, "We did this ourselves."
Author: Lao-Tzu, 6th century B.C.

Leaders are made, not born. They are made by a lifelong study of history, of the influence of leaders on it, and by absorbing the real-life teachings of role model leaders. Leaders are made by the day-to-day practice and fine tuning of leadership talents, because leading is an art as well as a science and best developed by application. Leaders are made by the steady acquisition of professional knowledge and by the development of 24-carat character during the course of a career. These traits foster inner strength, self-confidence and the capacity to inspire by examples of professional, as well as personal, excellence. General Maxwell Taylor once wrote:

> "Even with the gifts of human understanding and professional competence arising from careful training, our military leaders will not be complete without a third attribute of greatness: namely, character—character which reflects inner strength and justified confiddence in oneself."

Our commission as officers reflects the truth that leaders are made rather than born, because of the responsibilities and values called for in the commission. The commission says that special trust and confidence are reposed in each of us. We have an extraordinary responsibility to fulfill when we consider the human and materiel resources and the security missions which are entrusted to us.

The commission also calls for valor, patriotism, fidelity and abilities in fulfilling the responsibilities of being an officer. Clearly, ability relates to professional knowledge and the teaching, as well as the training, of our soldiers and officers. Valor, patriotism and fidelity all are tied to the development of character, leadership by example and selfless service.

As I travel around the Army, I make a point of speaking with assembled groups of leaders. Also, I make the effort every month to talk with all of the new battalion and brigade commanders going through the precommand course at Fort Leavenworth. In addition to covering matters of interest about the Army, I talk with them specifically about leadership, because it seems important to teach what I can about leading, and to try to convey by example the elements of sincerity and conviction. I tell all of these officers that, in my opinion, the most important legacy any of us can leave to the Army lies in the teaching of excellence to those entrusted to our care.

Only by teaching can we truly prepare soldiers to be successful and to survive in combat. Only by teaching can we make the Army better across-the-board. By teaching, I am talking about "footlocker counseling," which means that, for example, battalion commanders should counsel each of their officers individually several times a year. The counseling should cover observations about the officer's performance; but, more importantly, it should convey to the younger officer the experience, the values and the historical knowledge of the senior.

I also believe that such "footlocker" teaching should take place in the Noncommissioned Officers Corps, with the senior NCOs taking a direct hand in the professional and personal upbringing of junior NCOs. General Bradley once said that the greatest leader in the world could never win a battle unless he understood the man he had to lead. Understanding of the men and women we lead is tied up with face-to-face teaching.

The professional knowledge of leaders is essential to sound teaching and to improving the proficiency as well as readiness of units. Quality training and maintaining cannot be done without solid professional knowledge of responsible leaders. Professional knowledge, to be sure, comes from day-to-day experience on the job. But a great military historian, Dr. Douglas Southall Freeman, who wrote *Lee's Lieutenants,* once said that the difference between a career and a job is the difference between 60 and 40 hours a week. The numbers are not that important, but the difference in terms of extra effort is. The professional knowledge that is required by us must be achieved by self-study over the years and, of course, by schooling. This includes the reading of military history, biographies and autobiographies of leaders, both military and civilian. It also means self-analysis of personal military experiences so that we can benefit from lessons learned and strive for self-improvement.

The character of leaders is clearly of great importance in inspiring those who follow. General Abrams used to say that "the higher one goes up the flagpole, the more the tail hangs out for all to see." General Patton wrote on D-Day that "officers are on parade 24 hours a day." These quotes suggest that we lead by example and, therefore, the better the example, the better the leadership. Of course, fear of a tyrannical leader does motivate people, but not as much as respect and admiration for an inspirational leader who brings forth the inner strength of men and women who must face great challenges and possible sacrifice. One does not develop character in the heat of battle or a moment of crisis. Character grows out of the steady application of moral values and ethical behavior in one's life.

Units which have quality leaders, both commissioned and noncommissioned, will be units with a strong bonding between leaders and the led. They will be units that sustain readiness and morale. They will be units with a high potential for success in battle and with lower casualties than less well-led units. Experience of wars past demonstrates this truth. Such units will have a command climate where those who are led feel that they can grow because they are part of a learning opportunity *and mistakes in learning are tolerated in order to* capitalize on the great potential of soldiers.

There is much written about leadership and much for all of us to study and learn. One quote in particular seems to summarize the essence of leadership. After World War II, General Bradley wrote:

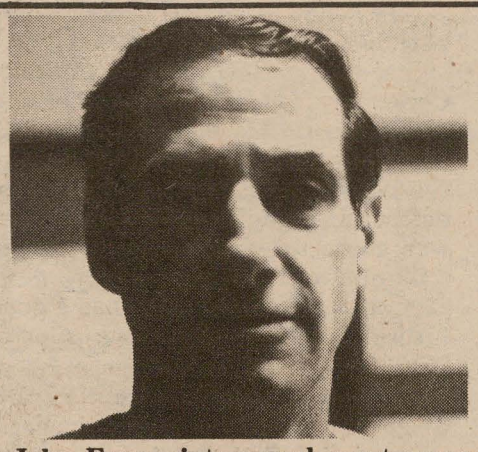
> "Leadership in a democratic Army means firmness, not weakness; justice, not license; humaneness, not intolerance; generosity, not selfishness; pride, not egotism."

ARNEWS

Ramblin' Sam

"What do you think makes a good leader? Why?"

Sp4 Jody Linn, clerk, Headquarters Command Battalion, "A leader has to be concerned about the welfare and morale of the troops, because it is something that is earned."



John Funes, intramural sports coordinator, MSAD, "To be a leader you have to know the needs of your subordinates, making sure that they are taken care of and they'll do their job for you. You must give a lot of respect and they'll give you a lot of respect back."

Edward Jackson, outdoor/indoor maintenance, MSAD, "First of all you have to have some good men under you to be able to get the mission accomplished."

Sgt. Karen Yerena, PAC supervisor, Headquarters Command Battalion, "In order to be a good leader, you must know their job as well as your own. You must be willing to give of your time—to get involved in what's important to the soldiers you supervise.."

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Federal Program coordinator from page 1

jobs and into positions of authority and, basically, where they can better their economic situation.

"There are a lot of women who have an enormous amount of education and are GS-3s, GS-4s."

So she's listing all the women on post with the aid of a computer and identifying those who have more than a college education and are a GS-5 or less, she said.

"And it's not one or two here at the Presidio from what I've seen on that list—there are a *lot*," Saenz said.

Once she's finished her list, she said she plans to get in touch with the women she feels are underemployed and offer them her assistance.

"If people want to help themselves, I am going to do everything in my power to help them get better jobs," she said.

She also plans to reinstate the Federal Women's Program committee, which has been inactive of late. However, she emphasized that the committee would be *work*-oriented.

Is a program such as this one really important to the Presidio?

"The majority of women do not work to supplement the income of their spouses. They work because of financial need; they work because otherwise they couldn't contribute to the family, or even get by," Saenz said.

Though the situation might not be ideal, Saenz said she thinks the federal government is way ahead of civilian industry. Civilian industry is unregulated and there are no watchdogs, she said.

But the federal government has regulations and management's support.

"The present command is one of the commands that has been *most* interested and supportive of equal employment opportunity here at the Presidio," she said.

A colleague, Hispanic Employment Program manager Eleanor Castorena, said of Saenz, "I think she is a great asset to this office.

"She is an outgoing individual and she is serious about what she is doing. She is going all out to increase the representation of women in higher grades. She is really giving her all.

"The women on this post can look forward to good things. She is available to assist them in any way she can."

As one might expect, Saenz already has several ideas about the direction the Federal Women's Program should take, but she is also soliciting ideas from women who work on post so she can better assist them.

If you have ideas you would like to share, or you need some assistance, you can reach Saenz at 561-2022.

"I'm going to do my damnedest," she said.

The Lighter Side

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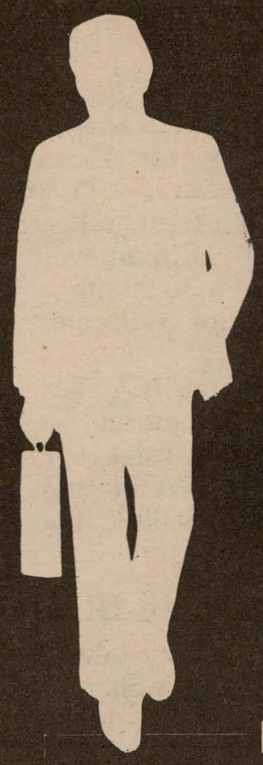

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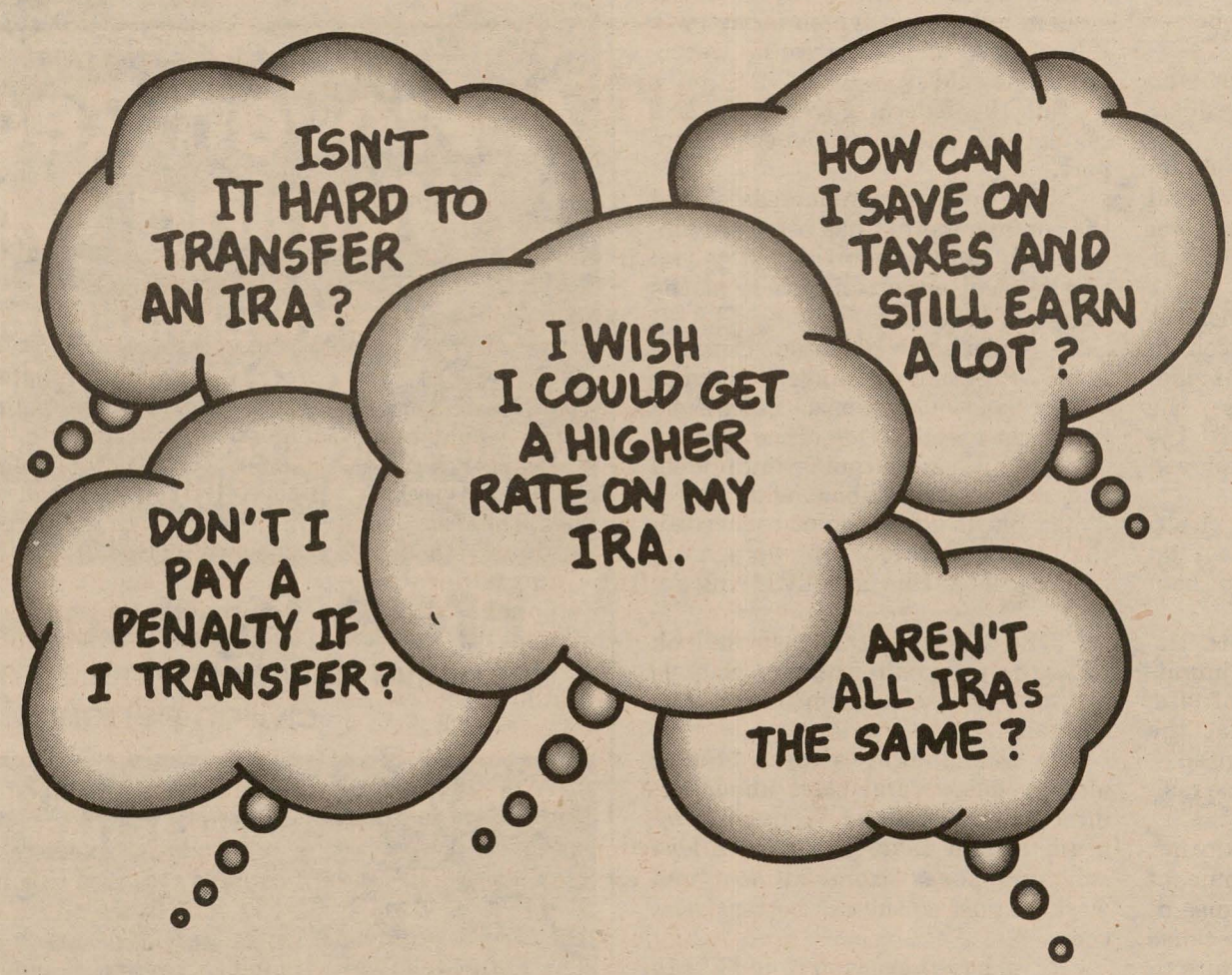

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Features

PSF soldiers take part in MOBEX at Parks

by Liz Greeley

M-Day had arrived. At 6:20 a.m., soldiers from COMPACT started loading their typewriters and boxes of equipment into the two waiting vans. At 6:40 a.m., the vans of people and equipment headed for Parks RFTA (Reserve Forces Training Area) to set up in-processing for the mobilized 91st MTC (Maneuver Training Command).

But today M-Day was an exercise, part of the 91st U.S. Army MTC MOBEX (mobilization exercise) held Feb. 9 and 10.

To the Presidio soldiers providing support, some of them napping on the hour-long drive to Parks, the MOBEX was real enough.

When they arrived at Parks, they began setting up their equipment. Soon, they were open for business.

Presidio in-processing support for the MOBEX included finance; personnel; medical; ACS (Army Community Services; Red Cross and SJA (Staff Judge Advocate).

In a real mobilization, the 91st MTC, headquartered at Parks RFTA, would regroup as part of six Mobilization Assistance Teams, or MATs. Once in-processed, they would each go to one of six Mobilization Stations (MSs) such as the Presidio and Fort Irwin, for instance.

For example, let's follow the Fort Irwin MAT team as it goes through processing at the MOBEX.

At 7:30 a.m., the team had a briefing on legal matters, UCMJ and the Code of Conduct at the NCO Club.

Then it was on to the 91st MTC headquarters building for supply processing by MTC soldiers.

After that they went back to the NCO Club for medical processing. There, their records were checked by Dr. Dianna Chooljian (Capt.), chief of Physical Examinations at LAMC (Letterman Army Medical Center) and Sp5 Willie P. Singley, NCOIC of the Physical Examinations Section.

"We're checking to see when their last physical exam was. We're also checking for profiles. Singley is checking to see if immunizations are up-to-date.

"In a real mobilization, there would be a place for physical examinations, immunizations, dental and optometry.

"*We* would be doing them (the physical exams) if they were not up-to-date. That would be our *direct* role," said Chooljian, who is also Sixth Army's flight surgeon.

With medical records checked, the Fort Irwin MAT went back to the headquarters for a OPSEC/SAEDA briefing on (Operations Security/Subversion and Espionage directed against the Department of the Army).

After the security briefing, they went to the NCO Club basement for their initial in-processing briefing by Presidio COMPACT's SSgt. Arlene S. Anderson, Sp5 Stanley McEachern and SSgt. Gabriel Velez.

McEachern observed, "I think it's a learning experience for all involved, so that in a wartime situation we'll be prepared—both physically and mentally."

Initial in-processing done, the MAT team went upstairs for legal processing. Maj. John M. Reidenbach from the 91st Division SJA and his colleagues talked to each of the MAT team members about powers of attorney, wills and anything having to do with a mobilization.

Finally, lunchtime arrived and the team enjoyed a break before going through administrative and finance processing at the headquarters building.

Other MAT teams went through administration, ID Card and finance processing at the NCO Club.

Soldiers from COMPACT went through each reservist's personnel records, making a check mark here and a check there—then sending them to the ID Card Section.

"Do you have your ID card application? Checksheet? Have you been to legal yet? No? You need to go there first, then back here," said Sp5 Norris D. Smith from Presidio's ID Card Section to one reservist.

"It's realistic. About the only thing you *could* do to make it more realistic is to bring about 2,000 more troops through," Smith said. As it was, about 250 reserve soldiers were processed during the MOBEX weekend.

After the ID Card Section, finance records were checked by Sp4 Sharon Perkins and Sp4 Benjamin Shearrow—and in-processing was done! Now on active duty, they have only briefings to attend.

On M + 1 (the next day), things weren't nearly as hectic—the Fort Irwin MAT finished their in-processing early, so they had a break until the 10 a.m. MAT and MS mission briefing. When the briefing ended at 11:15 a.m., it was time for lunch.

Finally, the last briefing—the Family Assistance briefing.

91st MTC soldiers and about 60 family members attended this briefing, given by Presidio ACS, Red Cross and SJA people. ACS and Red Cross services and the legal ramifications of mobilization for families were explained to the assembled soldiers and families.

Was it a success? Did the MOBEX accomplish what it set out to do?

"Extremely informative, well worth it," said Capt. Thomas S. Russell, mobilization planner for DPTSEC (Directorate of Plans, Training, and Security).

How important was this MOBEX?

SFC Patrick J. Simon (an official observer) from Oakland Army Base Separation Transfer Point, said, "This is serious now—this is realistic. Today is the day that makes them stop and think, 'Hey, this could really happen.'"

Jade—sumptuous jewel of purity, intelligence, truth

by Melvin D. Wong

In this country gold is the most precious mineral and diamonds are a lady's best friend. During the Olympics, gold is the first award, silver is second and bronze is third. yet in ancient China winners of contests of skill earned jade; the second award was gold and the third was ivory. Jade is considered the most precious treasure in China.

Jade is so revered that it has played an important part in Chinese history, religion, literature, philosophy and art. It is said that jade is the most complete Chinese material, for it is the stone of heaven, earth and man. For instance, in religious ceremonies jade held a place accorded no other substance because jade was the link between earth and heaven. It was the stone of immortality and the embodiment of man's highest thought, almost touching upon the divine. The Emperor himself spoke to heaven through a jade disk, with a hole in the center which represented heaven.

For more than two thousand years jade was the official stone of nobility, and most of the great carvings were created for the imperial family. Jade art reached its highest form during the Ming dynasty (1368-1644).

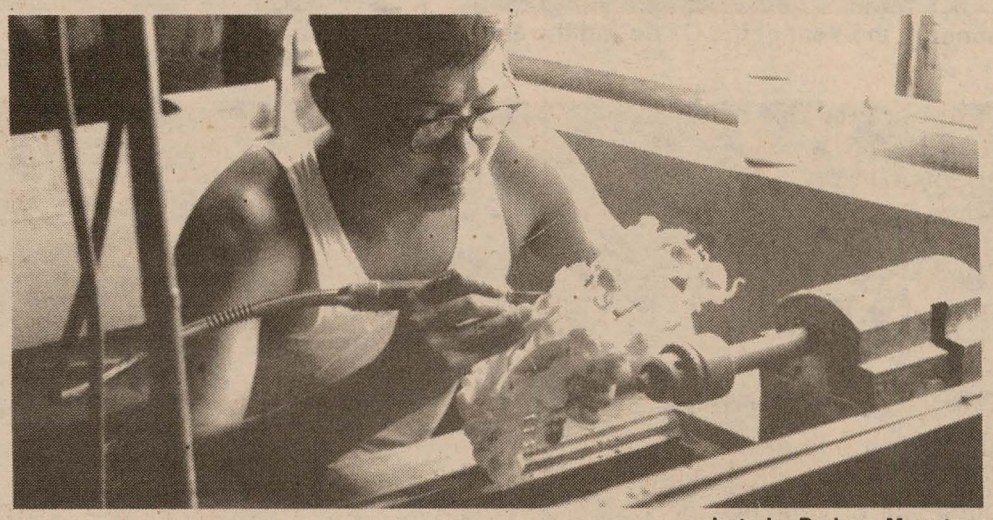


photo by Barbara Mountrey

A jade carver in Shanghai, People's Republic of China, uses modern tools in the service of an ancient art.

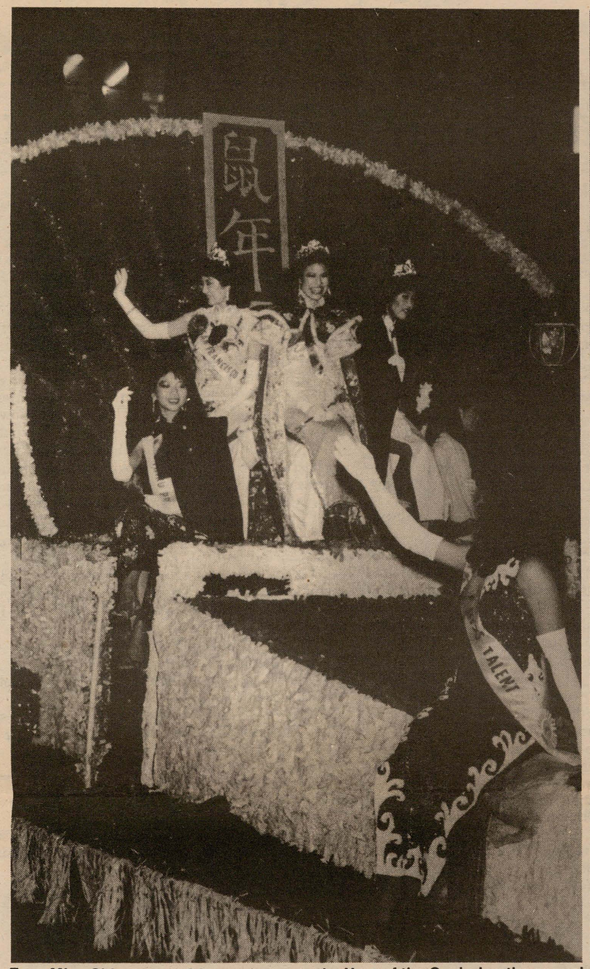
The famous American novelist Pearl S. Buck wrote of jade, "Jade is a possession to be cherished...Chinese women ask for jade ornaments for their hair...a piece of cool jade so smooth that it seems soft to the touch....Jade grows more beautiful with age. The poorest courtesan has her bit of jade to hang in her ears or to use in a hairpin, and the most successful and popular actresses wear jade instead of diamonds because jade is the most sumptuous jewel against a woman's flesh."

Jade is cool to the touch because it is a nonconductor of heat. However, Chinese philosophers such as the great Confucius chose more magical and poetic explanations: "Jade is cool because it comes from the essence of clear mountain streams." The feel of "cool jade" was said to purify and elevate the thoughts, to quiet the mind and induce a state of meditation. Frequently handled jade would become even more beautiful in luster.

Furthermore, Confucius said, jade's "polish and brilliancy represent the whole of **purity**; its perfect compactness and extreme hardness represent the sureness of **intelligence**; its angles, which do not cut although they seem sharp, represent **justice**; the pure sound which it gives forth when one strikes it represents **music**. Its color represents **loyalty**; its interior flaws call to mind **sincerity**; its iridescent brightness represents **heaven**; its admirable substance born of mountain and water represents the **earth**. Used alone without ornamentation it represents **chastity**. The price all the world attaches to it represents the **truth**."

A common myth about jade is that it is only green. Pure jade is white, and its color varies from yellow to gray, green, red and even black; on rare occasions it is pink and blue. Color comes from presence of other minerals in the stone. Hence, white jade missing any minerals would be equivalent to albino plants missing pigmentation. The four common jade colors traditionally represented the four directions and seasons: green (east and spring), white (west and autumn), black (north and winter) and red (south and summer).

Jade, whether you prefer the poetic or pragmatic description, remains a stone representing beauty—and mystery.



Even Miss Chinatown USA pays honor to the Year of the Ox during the annual parade.

photos courtesy of SF Convention and Visitors Bureau

Two lion dancing teams will open the Year of the Ox celebration with a noon-hour show in Union Square on Feb. 23.

"Gum Lung" will snake his way through admiring crowds at the height of the Chinese New Year parade on March 2.

Towering papier-mache figures of Chinese folk heroes are part of the pageantry of the Chinese New Year celebration.

牛年 Chinese observe Year of the Ox

by Bob Walker

Buying gifts and learning about Chinese culture is always a part of going to San Francisco's Chinatown, where more than 100,000 Chinese-Americans live, but at the stroke of midnight Tuesday evening, the Chinese New Year 4683 begins, providing much more to see.

Activities scheduled in celebration of the festive occasion mark the Year of the Ox, which Presidians may find well worth attending.

Why is the ox so celebrated?

The Chinese believe the ox once lived in heaven and was sent by Buddha to tell his people that if they worked ceaselessly, they would be given food every third day. The ox delivered the message wrong, saying that the people would get three meals a day for their hard work. Because of this, Buddha sent the ox to earth to *help* man grow his food.

So the ox is honored for pulling the plow.

The ox, referred to as "ngow," indicates the year in a complicated system. The past year, ruled by the rat, represents a new era or "the opening of the sky." The ox represents "the settling of the earth" for the coming lunar year.

People born under the Chinese zodiacal sign of the ox are considered natural leaders, good speakers, very talented and able to inspire confidence. Famous people born under this sign include Gerald Ford, Hitler, Napoleon, Jane Fonda, Robert Redford and Bill Cosby.

This year's festivities are many and varied.

A play about ancient China, "Amazing Truth," features a kung fu battle. Call Bernice Lew at 982-6116 for ticket information, meal options and group rates. Performances will be held through March 10 on Fridays at 8:30 p.m., Saturdays at 2:30 and 8:30 p.m. and Sundays at 2:30. All performances will be at Buddha's Universal Church at 720 Washington Street.

Docents lead Chinese New Year walks from the Chinese Culture Center on Saturdays through March 2 at 2 p.m.. Reservations are $8 for adults and $6 for those under 18. Call 986-1822 for reservations and information.

See the Chinese jade ox carving exhibit at the Asian Art Museum (part of the M.H. deYoung Museum) in Golden Gate Park, open daily beginning Wednesday, from 10 a.m. to 5 p.m.

A program opening the celebration with lion dancers, giant parade puppets and Miss Chinatown USA will be at Union Square, noon on Feb. 23.

Exploding firecrackers, drums, cymbals and gongs will announce the appearance of lion dancers on Clement Street from noon to 5 p.m., also on Feb. 23.

Crowning of Miss Chinatown will take place at 7:30 p.m. Feb. 23 at Masonic Auditorium, 1111 California Street. Tickets cost from $10 to $100 and are available from Citicorp Savings and Loan at 845 Grant Ave., phone 982-2034.

Watch folk dancers, listen to music and enjoy folk art at the Chinese Culture Center at 750 Kearny Street on Saturday and Sunday, Feb. 23 and 24, from 11 a.m. to 5 p.m. Lion dancers perform at noon.

Enjoy Chinese paintings at the Chinese Culture Center Feb. 23 through April 21, Tuesdays through Saturdays from 10 a.m. to 4 p.m. and Sundays from 1 to 5 p.m.

See displays of Chinese lanterns at the Chinese Culture Center as part of an ongoing display beginning Feb. 23, Tuesdays through Saturdays from 10 a.m. to 5 p.m. and Sundays from 1 to 5 p.m.

Come cheer on the volleyball team of your choice at the Queen's Cup Volleyball Tournament at the playground on Sacramento Street and Hang Ah Alley on Feb. 24 at 11:30 a.m.

Or see the photograph exhibit at the Chinese Photography Society at 132 Waverly Place from Feb. 24 through March 1 from noon to 9 p.m.

You could listen to music by The Flowing Stream Ensemble on Feb. 26 at 8 p.m. Tickets are available at Morrison Planetarium, California Academy of Sciences in Golden Gate Park; tickets are $4 to $6. For more information call 668-7379.

Dance with the queen at the Miss Chinatown USA Coronation Dance March 1. 6:30 p.m. to 1 a.m. Tickets are available from the Chinese Chamber of Commerce at 730 Sacramento Street.

Come see the Miss Chinatown USA contestants in a fashion show at noon on March 2. Tickets are $20 to $40 and are available from Emma Louie, 827 Grant Ave.

The Golden Dragon Parade concludes Chinese New Year festivities with "Gum Lung," Chinatown's 150-foot dragon, floats, Chinese-American beauty contestants and costumed marchers.

Whether you have the attributes of those born under the sign of the ox, or not, you probably will be able to find something of interest to do or see during the eight-day celebration of the Chinese New Year—marking the Year of the Ox.

"Gung Hay Fat Choy," or Happy New Year!

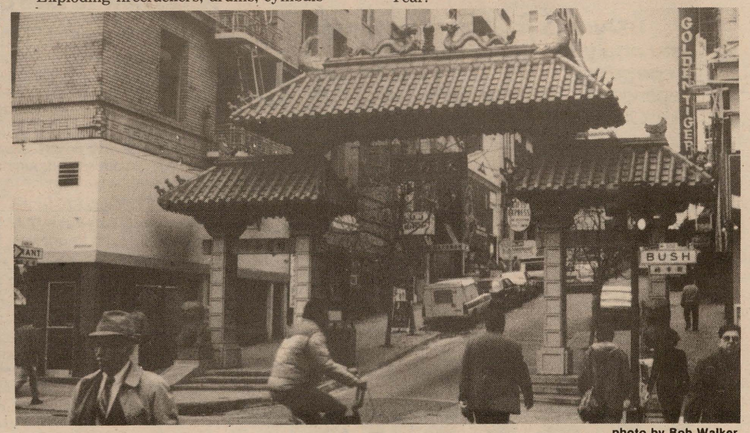


photo by Bob Walker

The gateway to Chinatown at Grant and Bush marks a part of San Francisco's unique heritage.

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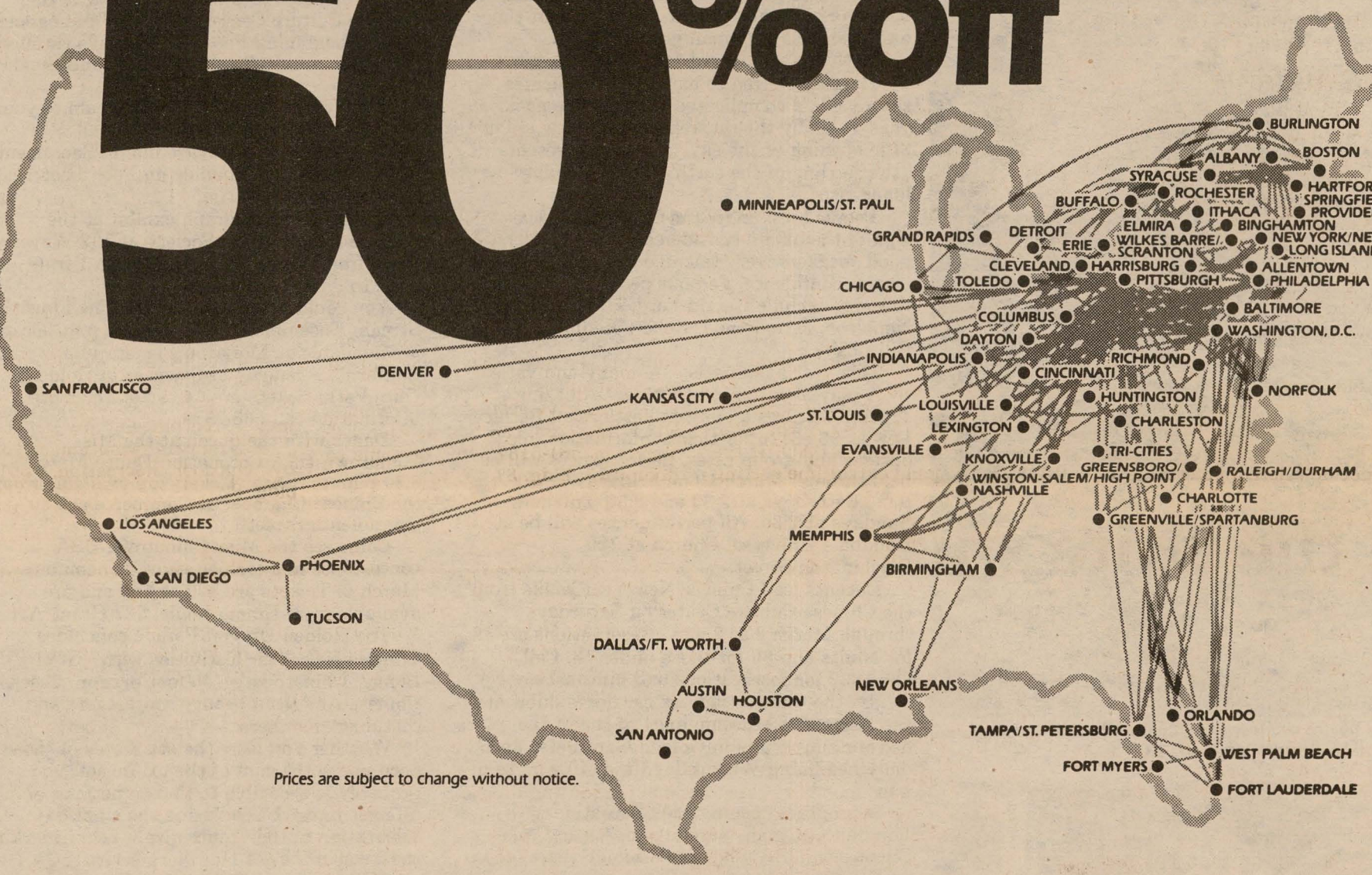

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How do I get the Military Fare? Just present your green active duty military I.D. or discharge papers when you purchase your ticket and when checking in.	Military dependents at least 10 years of age must present a tan Uniform Services Dependent Identification card marked "active". Military dependents ages 2-9 must present proof of family relationship when checking in.

Community Calendar

Black History Month

From Feb. 17-23, the following activities will be held at the Presidio in observance of Black History Month.

A concert by the 6th Army Band will be presented Feb. 28 from 11:45 a.m. until 12:30 p.m. at the Presidio Cultural Center.

The post library will be displaying books about prominent blacks featuring the accomplishments they have made to America. The Fort Point Museum is depicting the history of the black soldier with a free exhibit and tours are available, too. The Tradewinds NCO/EM club will be having an ethnic food dinner.

All-in-all, it's a month-long celebration honoring the Black American here at the Presidio.

Hometown News

Ever wanted to blow your own horn? To shout to the world at large what a great person and soldier you are? Well, there is a way to do this (without destroying your reputation as a modest person).

The Hometown News Release (HNR) Program exists so that the "folks back home" can learn about the achievements and activities of their sons and daughters in the U.S. Army.

Your unit should have a representative who acts as a liaison between your unit and the Public Affairs Office (PAO). This representative can help you decide whether your achievement is one that can be released through the HNR Program. If so, he or she can help you fill out a release form (DD Form 2266) and forward it to the PAO.

It is vital that you have accurate information on the DD Form 2266 when you send it to the PAO. If the PAO has to spend extra time getting correct and complete information, the process is slowed down. If the release is sent out too long after the event, your achievement may never appear in your hometown newspaper.

If you have a question or want a DD Form 2266, call Sp4 J. Alan Edmonds at 561-5187/5465, or come to Room 215, bldg. 37.

Chinese craftsman photo by Barbara Mountrey

The skills of older people are still valued in modern China, especially if they are skilled craftsmen like this ivory carver in a Shanghai jade and ivory "factory."

Commissary hours

The Presidio commissary *will be open* Feb. 19 from 10 a.m. to 6 p.m., the commissary's regular hours.

Community luncheon

Join other Presidians every Friday at the Religious Activities Center, bldg. 682.

Oakland Invaders football

The Oakland Invaders football team kick off their 1985 season Feb. 24 at 1 p.m. That Sunday the Invaders will be challenging the Denver Golds. The discounted ticket price is $4. Tickets for the opening game, as well as all home games, are available at the Recreation Center ITT office in bldg. 385. Hours of operation are 11:30 a.m. to 1 p.m. and 2 to 5:30 p.m., Monday through Friday.

Outdoor Rec hours

Outdoor Recreation equipment check-out center will be open Saturdays from 11 a.m. to 3 p.m. starting Feb. 16.

Outdoor Recreation is selling military discount ski lift coupons for Squaw Valley for $21. The coupons can be used any day of the 1985 ski season. Alpine Meadows coupons are available for $17. Alpine Meadows coupons cannot be used on Saturdays or from Feb. 16 through 18. Coupons may be redeemed at any ticket booth.

For more information, call or come by Outdoor Recreation, 561-4324, bldg. 92.

. . . the write stuff . . .

by Richard Wetzel

You can say what you like about San Francisco... and most of it will be true, at one time or another... I'm reminded of a popular bumper sticker that read "AMERICA: LOVE IT OR LEAVE IT" ... only in this case, it should probably read, "SAN FRANCISCO: IF YOU CAN'T BEAT 'EM JOIN 'EM."

Yep, you can say what you like...The City is a charmer for both good and evil, depending on which way your judging eye is looking. On any given day, on any crooked street, you'll find an outward abundance of warmth that has nothing to do with the unpredictable weather; an openness discovered in a city closed in by water on three sides and an honesty that's felt in a city reputed to be filled with weirdos, freaks and other so-called "society misfits."

Say what you like about the lonesome sound of the foghorn on the Bay (in the Bay), swaying 30-story towers, traffic jams, clanging cable car bells. Say what you like about the outrageous, whether it be ethnic goings-on or the people going on in them, the political circles or the folks running in them. Say what you like, but to many, this is heaven, even on a Monday morning.

Say what you like and The City will try to prove true all the fables of her famous land with the Chinese New Years celebrations... If you've been a prior witness to this annual ritual, you'll not want to miss the next episode. If you're a newcomer to the area, this is a MUST for understanding San Francisco's cultural history.

THE OX takes reign at 0001 hrs. on Feb. 20, with happenings happening all over the place. From walking tours of Chinatown streets, through firecrackers night and day to social and cultural events including the infamous parade and dragon, The City is the place to be—unless, of course, you're in China...For a detailed schedule of events, see other pages of this issue *(not yet, silly, read the rest of this article first!)*.

Ah, but this is San Francisco, and if you tire easily of one environment, never fear, there's another...On the other side of town is the BRAZILIAN CARNIVAL BALL '85, at the Giftcenter Pavilion, 888 Brannan St., tonight at 8 p.m. Entertainment includes VOZ DO SAMBA and LARGANDO BRASA.

Another skip, another culture...The Palace of Fine Arts presents the 1985 PADDY NOONAN IRISH CONCERT TOUR Feb. 17 with two shows, starring a whole bunch of people, who I assume (oops) are Irish... The San Rafael Marin Center plays host(ess) to The Irish Rovers Feb. 22.

They (who?) are always finding new ways for you to hand over your hard-earned bucks to charities, and some of them are far more interesting than the tiresome payroll deduction... A whole bunch of local celebs (is that contradictory?) are s'posed to be on hand (holding out their hand) at the Pier 39 ALL YOU CAN EAT CRAB FEED, a benefit for the American Lung Association (light 'em if you got 'em). Tickets are $35, tax deductible (of course!), and must be purchased in advance (someone's gotta count those things).

SANS QUICKLY...AAFES is opening four Burger Kings on Army bases, two of which are in Germany, in Ansbach and Frankfurt. I'm surprised they forgot Hamburg(er). (I think I was set up for that one.)...Don't forget to pick up a newspaper (Brand X) on Valentines Day for the "HOW DO I LOVE THEE CONTEST"...Ten bucks to the first person who spots my entry...

ONE AFTER THOUGHT...As journalists, we are sometimes put in awkward positions, always getting asked why we don't write about this or that, or the classic, "Why don't I ever see my name in print?" (Who wants to keep a low profile?)... And there's always one who never gives up, and this next part is for just that person...Sp5 Siverand from HQ, USAG, Headquarters Command Battalion, would like everyone to know that he spent the better part of the holiday season working on Operation Pallet, sorting mail and making sure those Christmas packages got home in time. He also wants everyone to know he did a good job...Film at 11...

At the movies

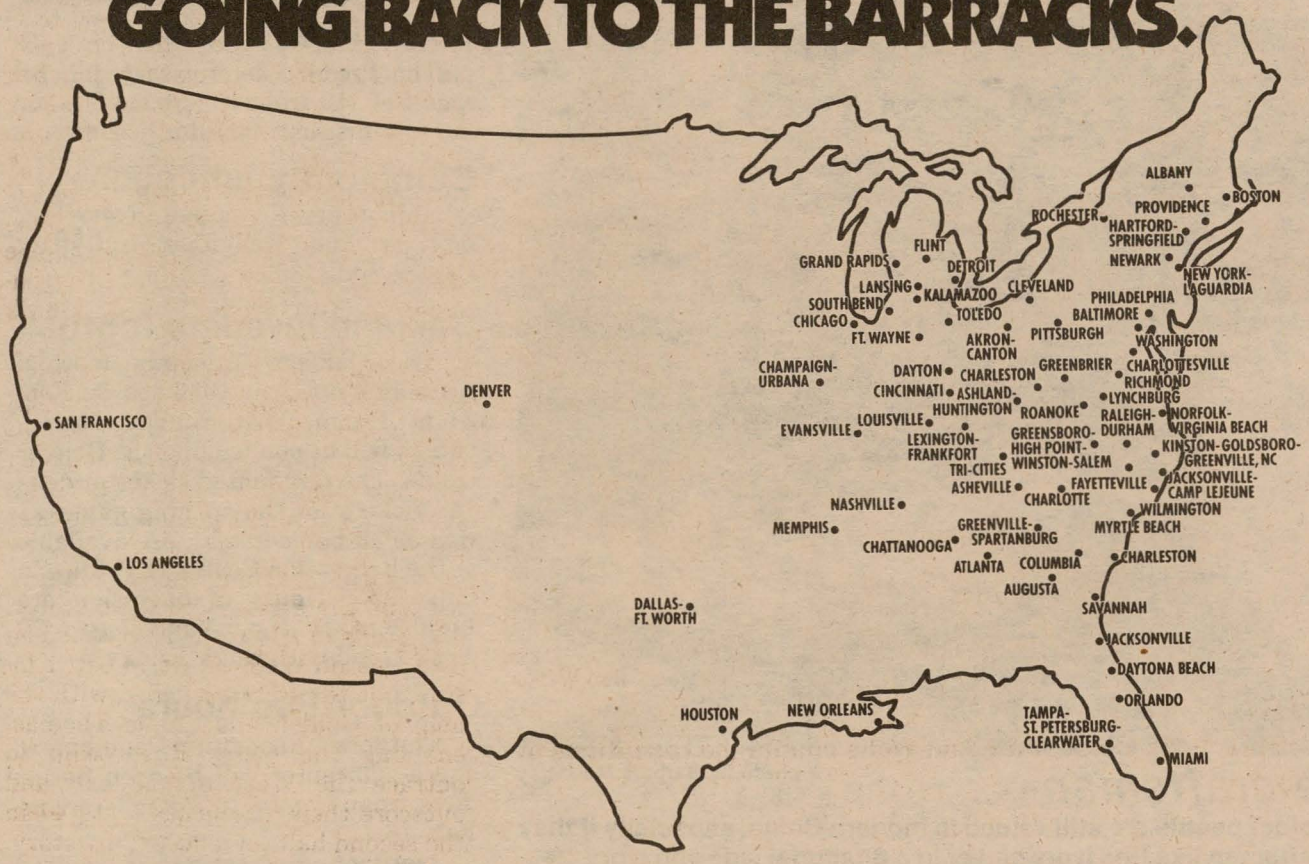
Presidio Theater

Fri., Feb. 15	Micki & Maude (PG-13)	7 p.m.
Sat., Feb. 16	Protocol (PG)	7 p.m.
Sun., Feb. 17	Protocol (PG)	2 & 7 p.m.
Mon., Feb. 18	Protocol (PG)	7 p.m.
Tues., Feb. 19	Falling In Love (PG-13)	7 p.m.
Wed., Feb. 20	Johnny Dangerously (PG-13)	7 p.m.
Thurs., Feb. 21	Johnny Dangerously (PG-13)	7 p.m.

Schwartz Theater

Mon., Feb. 18	Micki & Maude (PG-13)	7 p.m.
Wed., Feb. 20	Protocol (PG)	7 p.m.
Thurs., Feb. 21	Falling In Love (PG-13)	7 p.m.

WHEN GOING HOME DOESN'T MEAN GOING BACK TO THE BARRACKS.



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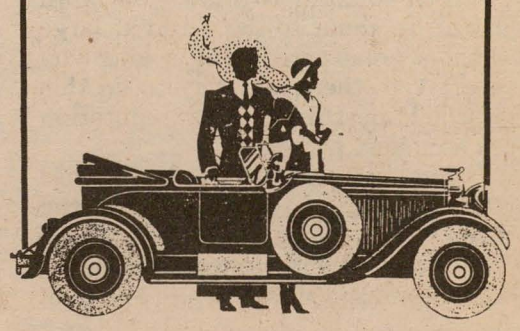

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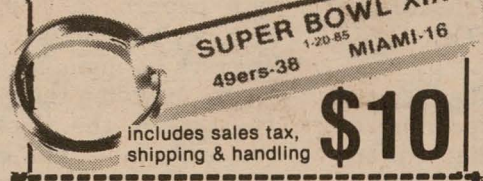

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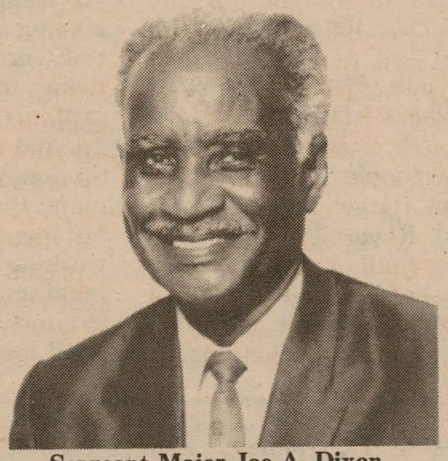

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Sports

Post bowling team

The Presidio bowling team was blown out on both sets at Treasure Island on Feb. 3. On the first set they were humiliated by Treasure Island 26½ to 3½.

The second set was a little better, but not much, losing to Beale Air Force Base 20 to 10.

The Presidio bowling team is going through a slump, but still remains in second place. The team will be going to the Showboat Military Bowling Tournament Feb. 11-15 in Las Vegas, Nev. Hopefully they will be able to turn things around and bring home the trophy. The bowlers will be Dick Muller, Len Shanks, Rick Fesler, Don Fryer, George Arcaina and David Versharges.

Aerobics classes

Join anytime! Register with instructor at class. Open to all ages, all levels of fitness, both men and women. For more information call 561-4120 or 381-3382.

Presidio basketball

Doctors lead league play with an 8 wins, no losses record midway through the Presidio basketball season. 6th Army, who were also undefeated, went against Veterans Administration last week and were upset for their first loss of the season. 6th Army led at half time 26 to 23. *VA's Lee Daugherty scored 13 points in the second half, along with teammates* Gordon Lish and Ted Williams each scoring 10 points. VA's domination of the boards along with their shooting overwhelmed 6th Army 70 to 57.

The 864th Engineers who were tied for second place, were also upset by DPTSEC (Directorate of Plans, Training and Security), 53 to 48.

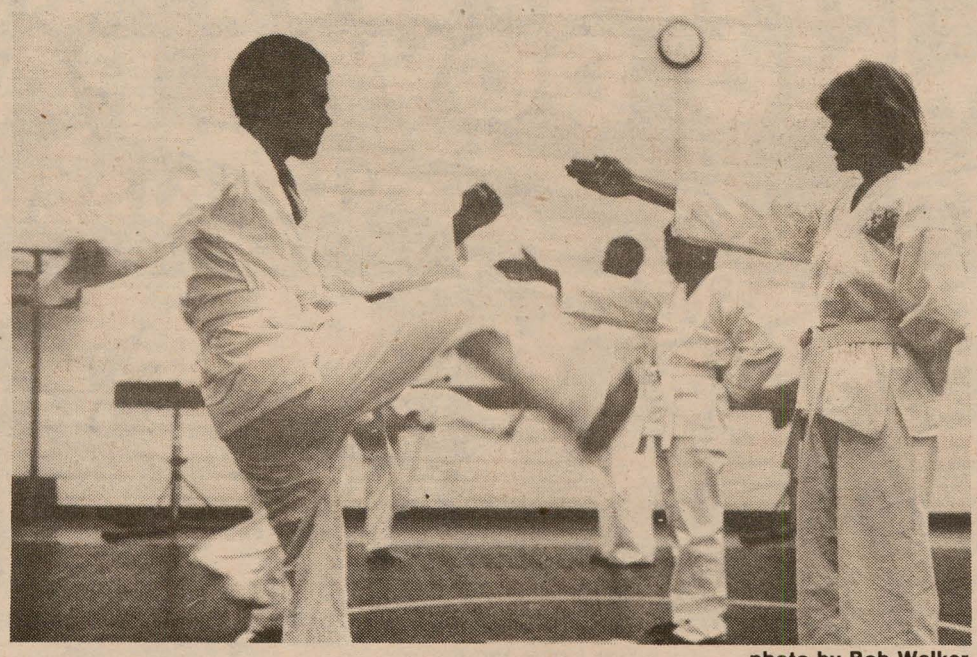

photo by Bob Walker

Taekwondo

Tony Rodriguez practices a kick while Ann Wells counts the repetitions in Korean.

Last week's results:

Feb. 4

OARB 39	vs.	DPTSEC 39
Doctors 72	vs.	USAISC 46
864th 51	vs.	DLI-SF 40
DEH 1 59	vs.	LAIR 45

Feb. 5

Co. B, LAMC 46	vs.	DPTSEC 34
VA 70	vs.	6th Army 57
LEC 46	vs.	USAISC 38

Feb. 6

OARB 72	vs.	LAIR 59
LEC 58	vs.	DLI-SF 50
864th 45	vs	VA 39
USAG 66	vs.	DEH 1 52

Feb. 7

DPTSEC 53	vs.	864th 48
LEC 46	vs.	USAG 30
Co. B, LAMC 49	vs.	LAIR 47
Doctors 49	vs.	DLI-SF 41

Next week's games:

Tues., Feb. 19

5 p.m.	LAIR	vs.	USAISC Gym 1
6 p.m.	LEC	vs.	DEH 1 Gym 1
6:30 p.m.	DEH 2	vs.	6th Army Gym 2
7:30 p.m.	DPTSEC	vs.	USAG Gym 2

Wed., Feb. 20

5 p.m.	6th Army	vs.	LEC Gym 1
6 p.m.	DLI-SF	vs.	VA Gym 1
6:30 p.m.	Doctors	vs.	DEH 1 Gym 2
7:30 p.m.	LAMC	vs.	DEH 2 Gym 2

Thurs., Feb. 21

5 p.m.	DPTSEC	vs.	DEH 2 Gym 1
6 p.m.	LEC	vs.	OARB Gym 1
7 p.m.	6th Army	vs.	Doctors Gym 1
8 p.m.	DLI-SF	vs.	Co. B, LAMC Gym 1

Army basketball trial camp

Sparked by the outstanding performance of veteran performer Walter Golden, who scored 48 points against the West team, the East team evened their series to 1 and 1 in the annual All-Army Training Camp Basketball Trials competition. The East team, coached by assistant coach/manager Bobbie Gascon, took advantage of the slow moving big guys of the West team, coached by trainer Edward Jackson. Head coach Ronald Foster sat in the stands to observe and decide who the final 12 will be that will win the coveted positions and represent the Army in the Armed Forces Basketball Tournament at Fort Hood, Texas, March 11-15.

The first half ended with the score tied 42 to 42 as clutch shooting by Walter Golden kept the East team in the game. Newcomer Norris Coleman was the big gun for the West team, scoring 13 of his 21 points in the first half.

In the second half, playing without the services of their center, 6'9" Randall Alter, the East relied on 6'8" Benton Wade. It was a battle inside, but the East prevailed with the help of Golden and Julius Thomas, enabling the faster East team to outrace the West to the ball and outscore their opponents 48 to 44 in the second half for a 90 to 84 victory.

After the game, Coach Ronald Foster selected the following to represent the Army in the Armed Forces Tournament: Julius Thomas; Jerry Carter; Anthony Smith; Randall Alter; Walter Golden; Clovis McDowell; Donahue Kinsey; James B. Smith; Norris Coleman; James Beachum; Herman B. Harris; Benton Wade. Head coach: Ronald Foster; assistant coach/manager: Bobbie Gascon; trainer: Edward Jackson.

Women's golf tourney

The annual military women dependents championship golf tournament will be held April 23-25 at NAS Pensacola, Florida.

For more information, call 561-4120.

Taekwondo master stresses courtesy, discipline

by Jeff Smith

"T-A-E-K-W-O-N-D-O. I don't think you'll find it in the English Dictionary," Sydney Reeser said through a bright smile. And you won't.

"Taekwondo is the Korean equivalent of Japan's karate and kung fu in China," added Reeser, the assistant instructor for the Jerome R. Reitenbach Institute of Taekwondo. A literal translation of "Taekwondo" goes like this: *Tae,* in Korean, means to jump, kick or smash. *Kwon* means the fist, and *do* is the art of the way in which you do it.

On Feb. 5, a new semester of classes in this martial art began in the exercise room of the main gym, bldg. 63. Classes are held every Tuesday and Thursday from 11:30 a.m. to 12:30 p.m., at a cost of $20 per month or $40 per two-month semester. Even though the semester has already begun, anyone interested is invited to watch or join at any time.

Reeser and Reitenbach teach these classes in a professional, thoughtful way. Their backgrounds in taekwondo are extensive, as is their knowledge of the art.

"During the first semester, we cover the basic stances, courtesy, rules and the background of the sport," said Reitenbach, who has been involved with taekwondo since 1956, when he began taking classes at Fort Campbell, Ky. During the next two semesters, blocks and basic moves are taught. After that, movements are put together and performed more quickly.

Asked why they use a semester system, Reeser pointed out that semesters allow a student to see if they like the sport without making a long-term commitment.

"In addition, we like semesters because we can set a goal for the class that is attainable within the foreseeable future," Reitenbach said.

People who attend classes given by Reitenbach and Reeser can be assured of experienced instructors. They have a combined total of 43 years of involvement in taekwondo.

Reitenbach is a fifth degree black belt who has taught and studied all over the world. Much of his preparation for becoming a taekwondo instructor was done in Korea between 1969 and 1971. Currently, he is the vice president of the United States Taekwondo Union and is associated with the U.S. Olympic Committee. In fact, in 1988 at the Seoul, Korea, Olympics, taekwondo will become a medal sport. Reitenbach will begin working with American Olympic hopefuls in July to begin preparing them for the games. In addition, Reitenbach has been involved with many other organizations and activities interested in taekwondo.

Reitenbach's assistant, Reeser, is no rookie either. She has been involved with the sport since 1971, when Reitenbach retired from the military and settled in the Bay Area.

Since his retirement, the Reitenbach Institute of Taekwondo has bloomed into a well-known, respected organization. In addition to the lessons taught on the Presidio, there also are classes at the Hamlin School for Girls in San Francisco, the University of San Francisco and the institute's headquarters in Daly City.

Whenever someone thinks about martial arts, they immediately think of black belts. "It takes about five years to reach the level of black belt in taekwondo," said Reitenbach. To attain this level, a prospective black belt must meet certain standards that are reviewed by a panel of judges. If the student fails to meet those standards, he or she must wait three or four months to try again.

When asked what a person could expect to get out of the sport of taekwondo, Reitenbach replied, "Some fitness is involved, but mainly this is a discipline that requires concentration, listening to commands and performing movements. Concentrating on the individual movements makes it impossible to think about other problems a person may have, making it almost relaxing. In classes at the University of San Francisco, we have a lot of medical students who have a lot on their minds. When they begin their taekwondo lesson, they are forced to forget medicine and concentrate on what they are doing."

Classes are held in a formal atmosphere. Courtesy and manners are stressed to all students. New students are handed a page of rules and regulations that they are expected to follow. Among other rules, talking during class is not allowed and students must bow to all black belts.

Whether you are on active duty, a family member or a civilian, if you get a kick out of martial arts, give Reitenbach a call at 992-3939. And when you do, give him a hearty *keehop*!

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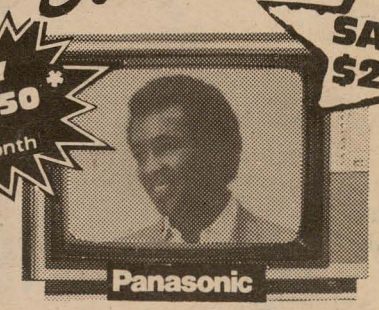

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Black cowboys: the little-known history of black pioneers, **page 4**

Broderick-Terry Duel: how the duel was won, the cause lost, **page 5**

Running: a new way to shed pounds *and* see San Francisco, **page 6**

Star Presidian

Vol. 28, No. 7 "Published in the interest of the people of the Presidio of San Francisco." February 22, 1985

News Briefs

National Prayer breakfast

Dr. David Tansey will speak at this year's National Prayer Breakfast, to be held March 1 from 7 to 8:15 a.m. at the Officer's Club.

Tansey has had a distinguished career as an educator, leading to his present position as superintendent of schools in Berkeley. Of special significance, he was asked to be the keynote speaker at a former state desegregation conference. He also was a featured speaker at the World-wide Conference on Individualizing Instruction in Honolulu. He is a humorous, articulate and dynamic speaker.

Tickets are available for $4 from each organization's ticket contact person or from the Post Chapel, bldg. 130. For more information, call 561-4719/4239.

Black History Month

Celebrate Black History Month with the 6th *Army Band in a free lunchtime concert featur*ing the works of Scott Joplin, Duke Ellington, Stevie Wonder and Dixieland music.

The performance will be on Feb. 28, at 11:45 a.m. at the Presidio Cultural Center (bldg. 385, next to the post theater).

Don't miss your chance to hear fine music by this group of talented musicians!

EOD wants you

The 87th Explosive Ordnance Disposal (EOD) Detachment wants qualified people who want a challenging and rewarding job—explosive ordnance disposal.

If you are qualified and selected, part of your job would consist of disposing of military munitions, home-made bombs and clearing firing ranges of unexploded shells.

The job standards and disqualifiers are covered in AR-50-5, paragraphs 3-7 and 3-12. To find out if you are eligible or not, check AR-614-200, paragraph 7-25.

If you meet the requirements and think this is the job for you, see your COMPACT (Consolidated Military Personnel Activities) sergeant and call SFC Jimmie P. Lynch at the 87th EOD. Officers, lieutenant through captain, should contact Capt. Brian D. Keifer, also at the 87th EOD.

For more information about explosive ordnance disposal, call the 87th at 561-5209 or 561-2524.

Laundering the BDU cap

If the following laundering instructions from DA are followed, BDU caps can safely be washed:

- Machine wash using permanent press cycle, in warm water with mild detergent.
- Hand wash in warm water using mild detergent. Do not wring or twist. Rinse in clean warm water.

photo by Karl C. Rankin, Jr.

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I think I could turn and live with animals, they are so placid and contain'd,
I stand and look at them long and long.
They do not sweat and whine about their condition,
They do not make me sick discussing their duty to God,
Not one is dissatisfied, not one is demented with the mania of owning things,
Not one kneels to another, nor to his kind that lived thousands of years ago,
Not one is respectable or unhappy over the whole earth.
—Walt Whitman; *Leaves of Grass.*

Scouts beautify pet cemetery

by Karl C. Rankin Jr.

A child's pet dies.

The heartache can be as intense and emotional as any adult's grief. What can parents do to help console their child's sorrow?

For one thing, the Presidio pet cemetery near Crissy Field, overlooking the bay beneath picturesque pine trees, can be a comforting burial place for that special pet.

And thanks to the efforts of Mark Casias, 17, and San Francisco Boy Scout Troop 77, there will be more plots for those pets. At present, there are none. But, for those of us who believe in an "Animal Heaven," that will change.

The idea for expanding the cemetery came about last year when his pet cocker spaniel, Minnie, died. "You see, there were no more gravesites left for the pets. So, I decided to see what could be done to make it larger," said Casias, son of Maj. Richard and Pam V. Casias.

The cemetery is 54 years old and was officially closed about 10 years ago because it was overcrowded.

Within the cemetery, there are about 395 graves where pets have been buried, of which approximately 285 are unmarked.

Casias, who now is only two merit badges away from eligibility as an Eagle Scout—the highest Boy Scout honor—needed to plan and organize an event to better the community. The pet cemetery expansion is his community project. He hopes to have it finished by the first of March, or no later than the end of March.

"Also, we intend to replace some old markers, which because of the weather and lack of care need to be replaced," he said.

The job of upgrading and beautifying the cemetery by the Scouts was temporarily halted Feb. 17 so the troop could take a camping trip to Mount Lassen.

Boy Scouts are supposed to do good deeds, like the proverbial helping a little old lady cross the street.

Certainly, Casias' and Troop 77's good deed will ease the pain for Presidio children and families, who have lost a dear and devoted friend—their pet.

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Opinions

TAKE A BITE OUT OF CRIME

by Bernard V. Cannon

The Presidio Fire Department and MPs rushed to the Pershing housing area on Feb. 9. A utility room containing boilers had caught fire.

It turned out that someone had been living in the boiler room. Makeshift wiring for light and cooking candles were found. It was all very mysterious. Who could be living in such poverty?

The fire was caused by a candle left burning, resulting in $300 estimated damage. And though, fortunately, no one was injured, the apartment complex residents had their weekend rest disturbed, to say the least.

An investigation revealed that young children were the perpetrators of the fire. There was no evidence of any criminal activity; it was a case of children being children and no parental intervention.

Like adults, children seek their moments of solitude and escapism. Man is a builder as well, and children are no exception.

Presidio kids have built an astonishing array of structures out of discarded material, in the most unexpected places. Some of these kids will no doubt become America's future architects. For most people memories of building such structures are some of the most treasured of childhood.

However, Eugene Day, assistant fire chief for the Presidio, points out that numerous fires have been started on post by children who build hideouts in isolated areas, buildings and wooded areas.

In many instances, parents are aware of the "hideout," but regard it as innocent; besides, it gives the parents a welcome break.

Day is not against chidlren, he simply is concerned about their safety and the safety of housing residents where some children have their hideouts.

Children know that their parents do not let them have certain items, namely matches and any other form of fire-causing materials; hideouts give children a storage place to hide their contraband.

Day estimates that 10 structural fires causing more than $700,000 damage over the past five years have occurred on the Presidio. In one tragic incident, a young child playing with matches was so badly burned that he was medevacked to the Burn Center at San Antonio, Texas, and remained hospitalized for five months.

Fire has a natural fascination for children. Parents should not hesitate to give them the business whenever they are discovered exhibiting their innocent, but dangerous, interest. When you have children in the house, your very survival dictates that all fire-causing material be secured and supervised.

Parents and housing coordinators, who have their respective areas of responsibility in housing areas, are reminded to keep a watchful eye and ensure that children do not build hideouts in utility rooms or any other storage areas. Boiler rooms must be secured; only post engineers are authorized access. Should you discover an unsecured boiler room, inform the post engineers.

We read and hear a great deal about the atrocities of terrorists. Being concerned is prudent, but the average American is more likely to be killed in a fire than by a terrorist.

And the Presidio has a tragic history of fires. Since 1960 two Presidio firefighters have been killed in action. Back in August 1915, when Gen. John J. Pershing was fighting Pancho Villa in Mexico, his wife, three children and a housemaid were killed on the Presidio when the general's house burned down.

Who will be the next Presidian to suffer such a painful fate?

Watch your kids! Don't let it happen to them, or let them cause it to happen to someone else.

"*The burnt child dreads the fire*"—Ben Jonson

Crime report:

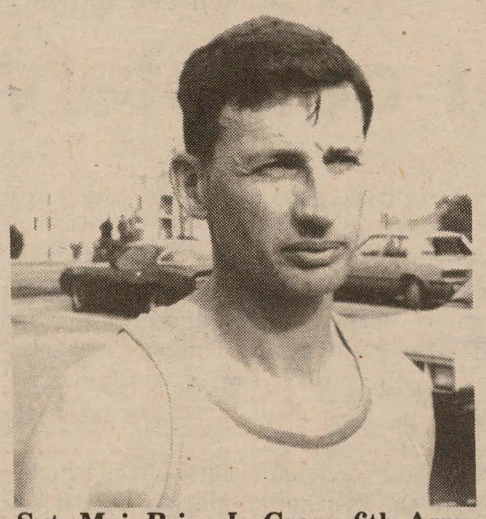
On Feb. 8, three civilian teenagers riding north in a Jeep on a Presidio street struck a guardrail and rolled over. A passenger was killed and the driver injured his hand and right leg. The Jeep had a roll bar, but the riders were not using seat belts.

Person(s) unknown stole four hub caps from a privately owned vehicle parked on Storey Avenue.

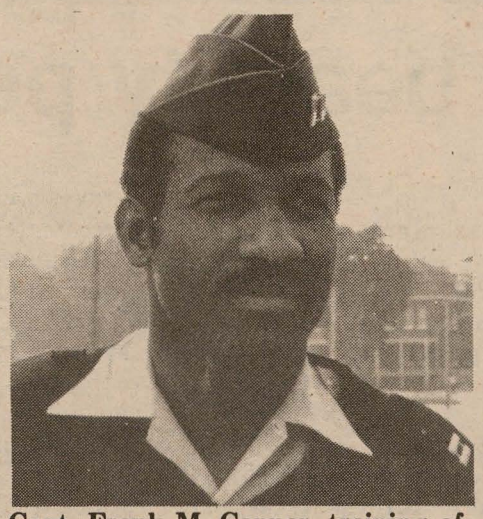
The driver of a 1981 Mazda was observed driving in an erratic manner. The military police intoxilyzer test indicated the driver had been drinking.

Ramblin' Sam

"What contributions have blacks in the Army made?"

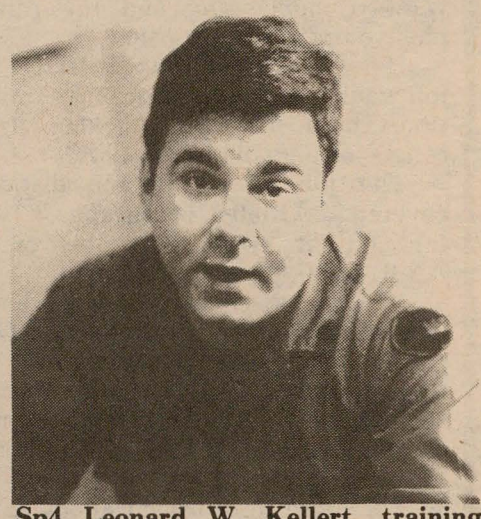


Sgt. Maj. Brian L. Grass, 6th Army IG, "They have proved the Equal Opportunity program works, not only for those goals of the Army, but in civilian life as well. The Army has given them a financial base to progress—a plateau to start."



Capt. Frank M. Connor, training officer, ODCST, 6th Army, "We're capable fighters, decision makers and leaders. We have established good role models not only for blacks, but for whites and other races."

Sp4 Juanita M. Hobson, Headquarters Co., USAG, "The main contribution has been to themselves. This is a good image for other blacks to see."



Sp4 Leonard W. Kellert, training assistant, Headquarters Co., USAG, "They have proven that there is no difference between them or anyone regardless of race, color, creed or sex."

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Unintentional abuse hurts

by Brig. Gen. Johnie Forte Jr.
This article is taken from the editorial page of the Aug. 16, 1984 issue of the community newspaper, "Weisbaden Post"

During a long military career, we see all kinds of behavior, including some that is tragically self destructive. We get angry and frustrated when we see a few people waste their lives and potential happiness through things like excessive drinking, drug abuse and reckless driving.

But one thing that causes the most anger is seeing people mistreat or neglect small children, whether through deliberate abuse or simple thoughtlessness.

Deliberate child abuse, of course, is both a criminal and a mental health problem. It is being given a great deal of attention by both civilian and military authorities in the United States and overseas.

What I want to talk about here is something much more common and more subtle. I want to talk about the way good people—parents who love their children dearly—unintentionally jeopardize their youngsters' safety or health by ignoring inconvenient precautions or even through simple thoughtlessness.

There are many examples, but one that comes to mind is frequent failure to protect children in automobiles. I often see children riding "loose" even when seat belts are available. Sometimes I see parents holding tiny infants on their laps in the front seat. It is obvious they love them.

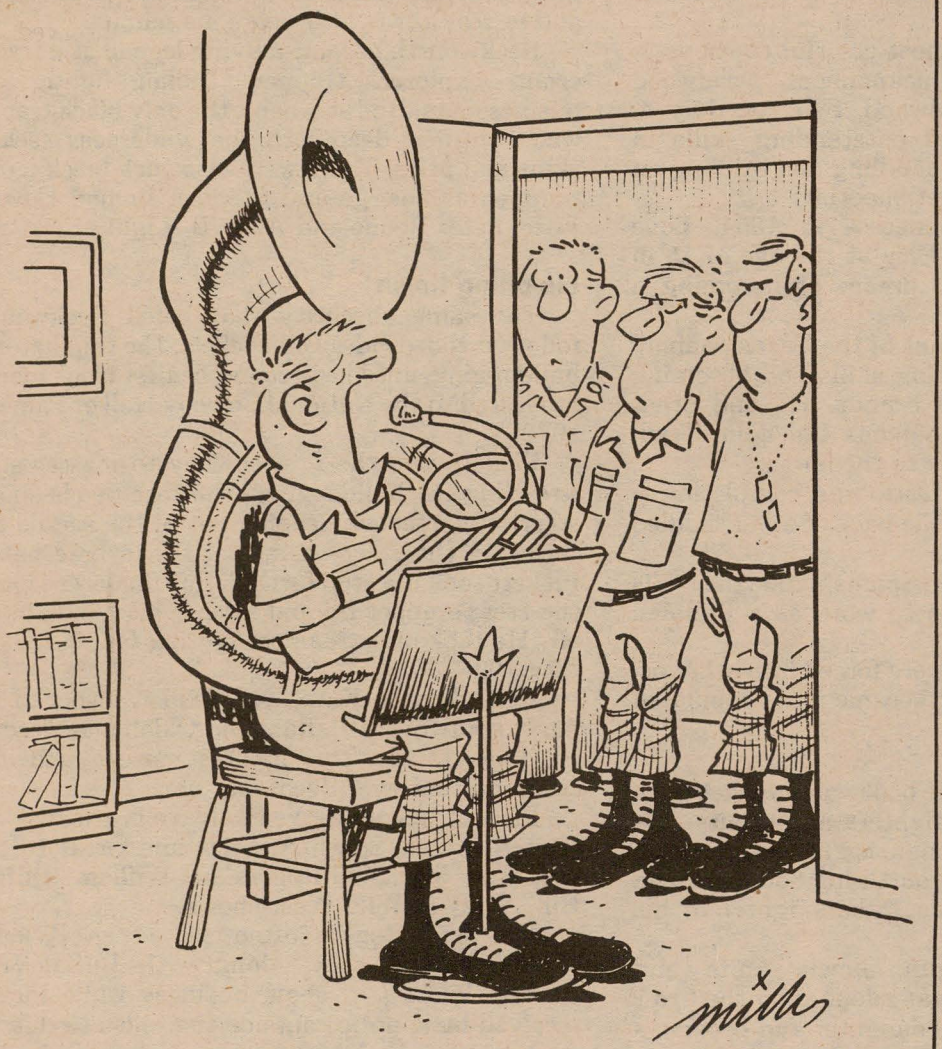
Nevertheless, they unintentionally expose these children to great risks of death or serious injury from even a minor accident or sudden braking. Others leave their small children locked in cars, while some leave their children unsupervised in quarters.

It is against the law in many states to allow children to ride in automobiles without being properly restrained; in Germany, it is unlawful for children under 12 years old to ride in the front seat. Such actions are so dangerous that all parents should forbid them, law or no law.

All very young children should be placed in properly secured child seats in the back seat. Older children should use seat belts in the back seat. young children are not mature enough to make safety choices themselves. Parents must take charge here, as in other areas. Parents should also not leave children unattended in cars or quarters. It is *absolutely* dangerous.

I urge you to avoid a tragedy by thinking about child safety constantly and adopting every possible safeguard. Everyone is a VIP—and that goes for our children, too.

The Lighter Side



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YOUR FIRST APPOINTMENT IS WITHOUT CHARGE

Feature

Reprinted courtesy Adolph Coors Company, 1983

Among his many accomplishments, Jim Beckwourth was a trader, scout, explorer, trapper, Indian fighter and businessman.

How blacks helped tame the American West

by Rudi Williams

White men who were trappers, explorers, adventurers, frontiersmen, homesteaders, missionaries, soldiers and cowboys in the early American West have been glorified and lionized in motion pictures, television and print. The same is true of some Indians, such as Chief Sitting Bull, Geronimo and Cochise.

But what about black Americans and other minorities in the old West? Even today, only a handful of blacks or whites know there were gunslinging, rough, tough black marshals and black counterparts to Tom Mix, William "Billy the Kid" Bonney, Bat Masterson, Frank and Jesse James, the Dalton brothers, Will Rogers and countless others. Yet, many blacks worked with and were friends of these men, performing the same feats—good and bad.

"The story of black people was ignored when historians told of...Davy Crockett, Billy the Kid, Bat Masterson, Sitting Bull, General Custer and Buffalo Bill," William Loren Katz wrote in his 1973 book, "The Black West." "Yet blacks are mentioned in explorers' diaries, government reports, pioneers' reminiscences and frontier newspapers. They also appear in sketches by Charles Russell and Frederic Remington, and in early photographs by professional and amateur cameraman, military and civilian. Like other Americans, they helped shape our many frontiers."

Thousands of blacks headed westward after the Emancipation Proclamation. They faced the same hardships and took the same risks as everyone else in settling and taming the West. Some worked side by side with whites, but only a few became foremen or trail bosses. Nearly one cowboy in three was either Mexican or black.

Silver screen stereotypes

For many years, the lifeblood of the Hollywood movie industry was westerns. But blacks were most often cast in trifling, ignominious roles—cooks, maids, butlers, mammies, stableboys and other characterizations that usually portrayed them as lazy, shuffling, childish, laughing dancing-singing buffoons.

When stories of legendary marshal Bat Masterson flashed on the silver screen, his real life friend, black cowboy Nat "Deadwood Dick" Love, was nowhere to be seen. Neither were any of the other black cowboys who were to be found in Dodge City, Kan., at the time of Masterson's adventures.

In his 1907 autobiography, "The Life and Adventures of Nat Love: Better Known in Cattle Country as 'Deadwood Dick,' " Love claimed to have also been a friend or acquaintance of Frank and Jesse James, psychopathic killer William "Billy the Kid" Bonney and other well-known white figures of the time.

Love was one of the most colorful cowboys in the West. He earned the nickname of "Deadwood Dick" naturally, in Deadwood, S.D., on July 4, 1876, when he displayed outstanding skills in riding, roping, throwing, saddling and bridling an unbroken horse, and target shooting.

Born a slave in Tennessee in 1854, Love migrated west to Dodge City at the age of 15 in pursuit of his childhood dream of becoming a cowboy.

Love worked the ranches of the Texas panhandle, sharpening his shooting skills and becoming expert at reading cattle brands. He and other black cowboys rode the famous Chisholm Trail, herding steers from Texas to the north.

One of his greatest feats was completing a 12-hour, 100-mile ride on the back of an unsaddled horse.

Love, who was fluent in Spanish, rode the trails until 1890, when he went to work as a Pullman porter on the "iron horse."

Many black cowboys were forced into other occupations when the West became more populated with whites.

His fame faded

Countless novels, comic books and movies have depicted famous Indian fighters and scouts, but Jim Beckwourth, a black man, isn't one of them. A reporter who knew Beckwourth in 1860 described him as "the most famous Indian fighter of his generation."

Skilled with the gun, bowie knife and tomahawk, Beckwourth was adopted by the Crow Indians, married a chief's daughter and became a tribal leader. The Indians renamed him "Morning Star," which was later changed to "Bloody Arm" after his participation in many battles against the Blackfeet.

Known as "The Famous Mulatto of the Plains" for his courage and daring on the frontier, Beckwourth was also an Army scout during the third Seminole War in Florida. He later became a trapper and gold prospector, traveling extensively throughout the West. He also carried mail between Monterey and southern California.

In 1850, Beckwourth discovered an important pass through the Sierra Nevadas, a few miles northwest of what is now Reno, Nev. He led the first wagon train of settlers through "Beckwourth Pass," which, along with a moutain peak, valley and nearby town, still bears his name.

Beckwourth became a living legend as a trader, scout, explorer, trapper, Indian fighter and businessman. But he wasn't the only black trapper who ventured deep into the wilderness seeking skins and pelts. There were also such black mountainmen as George and Stephen Bonga, Edward Rose, Peter Renne and Allen B. Light.

Lip-biting finish

The same obscurity that befell Beckwourth followed rodeo rider Bill Pickett, the originator of bulldogging, until he became the first black man to be elected to the National Cowboy Hall of Fame (in 1972).

Pickett was the first cowboy to master steer wrestling, or bulldogging—the feat of chasing a steer on horseback, leaping out of the saddle and throwing the steer on its back with bare hands. Pickett took it a step further—his finale was biting the steer's upper lip and raising his hands in the air. He took on a Spanish fighting bull in Mexico City 1908.

According to Katz, Zack Miller, owner of the huge, sprawling 101 Ranch in Oklahoma, described Pickett as "the greatest sweat and dirt cowhand that ever lived—bar none."

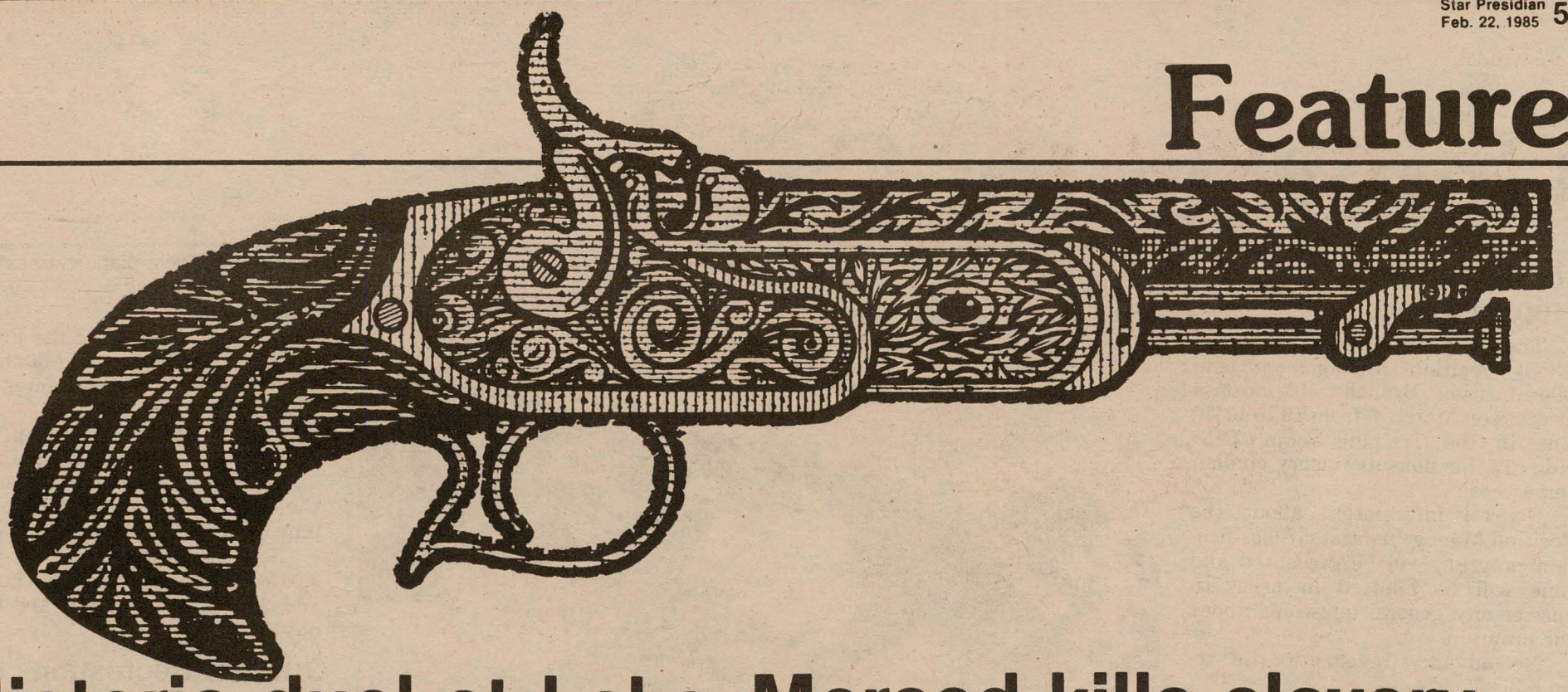
Pickett spent 10 years traveling across the United States, South America and Great Britain with Tom Mix, Will Rogers and William "Buffalo Bill" Cody in Wild West shows.

Mix and Rogers often served as Pickett's assistants, but they, along with Buffalo Bill, became famous in show business while Pickett received little notice outside the rodeo circuit. He died in 1932 on his 160-acre ranch in Oklahoma after being kicked in the head by a horse.

There were thousands of other black frontiersmen and women whose lives would make fascinating Western fiction and whose exploits would fill history books. But their stories are never likely to be told. And an important part of American heritage and history will forever be lost.

American Forces Information Service

Feature



Historic duel at Lake Merced kills slavery

by Bob Walker

It was early morning on Sept. 13, 1859, when two friends with opposing views on the slavery issue arrived at a site near the south end of Lake Merced, just a few miles from the Presidio. About 75 spectators turned out to witness one of California's famous duels.

California Supreme Court Justice David S. Terry had challenged Senator David C. Broderick just the day before the duel, while Broderick was staying with his friend, Leonidas Haskell. Today, Haskell's former home is building 2 at Fort Mason.

Broderick was elected to the Senate shortly after arriving here from New York. He was a self-educated red-whiskered Irish-American who didn't smoke, drink or go out with women. He remained a bachelor to his death.

Terry, originally from Texas, who looked as if he could have been a Texas Ranger, was well educated. Terry issued his challenge on Election Day, after it was apparent he would lose his reelection bid.

Terry was angered by Broderick's campaign attack against William M. Gwinn, who led the pro-slavery forces; Broderick was firmly opposed to slavery.

Terry had only a few weeks left to his term and apparently felt he didn't have anything to lose. Dueling was against the law and those who took part in duels lost their privileges to vote and to hold office.

So the duel proceeded as planned, with both dressed in formal dueling outfits of black suits, frock coats tightly buttoned and soft black hats.

Broderick, an expert marksman, was not in good health at the time and was unfamiliar with the weapons being used. Terry, on the other hand, had practiced with the guns and was familiar with their hair-triggers.

After they had walked 10 paces, holding the pistols vertically in the air, David D. Colton asked if they were ready. Colton gave the count, "one, two, three."

Broderick's pistol fired on the count of one accidentally, with the shot striking the ground in front of Terry's feet. Terry's shot went off on the count of two, striking Broderick on the right side, causing Broderick to fall to the ground unconscious.

Broderick was taken to Black Point (now Fort Mason) to the Haskell home, where he died three days later for the cause he believed in.

Terry's career ruined by the duel, so he went back to his law practice after his term in office ended.

The Broderick-Terry duel discredited dueling more than the law did, as people realized that dueling was not the solution to people's differences. The duel also helped to further split the Democratic Party, turning more people in favor of Abraham Lincoln and the freeing of the slaves. And Gwinn's and Terry's hopes and dreams were killed as a result.

Gwinn was later arrested in 1861 as a disloyal person and was exiled to Mexico, as was Terry.

Duels are now a thing of the past, but as shown by this famous duel, winning a duel did not always make you a winner.

Where does the money go?

You probably know, off the top of your head, how much money you take home each payday. It's the same amount that appears in block 13 of your Leave and Earnings Statement (LES). But do you know where the rest of your money is?

It's explained in blocks 7 and 8 of your LES.

Block 7, Allotment Collections, shows amounts you have asked finance to take out of your pay. It can include money to help take care of your family, savings bonds, mortgage and life insurance payments, deposits to your checking or savings accounts, and Army Emergency Relief contributions.

Block 8, Other Collections, includes mandatory deductions such as federal and state income taxes, Social Security, and U.S. Soldiers' and Airmen's Home. It also includes voluntary deductions such as premiums for Servicemen's Group Life Insurance.

If there are adjustments to your pay such as advanced or casual pay collections, previous overpayments or statement-of-charge collections, these will also appear in block 8.

Your LES contains a lot of important information. If there's a term you don't understand, check the back of the LES. It may be explained there. If not, check with your commander or first sergeant for an explanation.

You play an important part in knowing where your money is. When you start an allotment, get promoted, or change your number of family members, your pay information changes. It's important that you send in the necessary documents and be sure they are filled out properly.

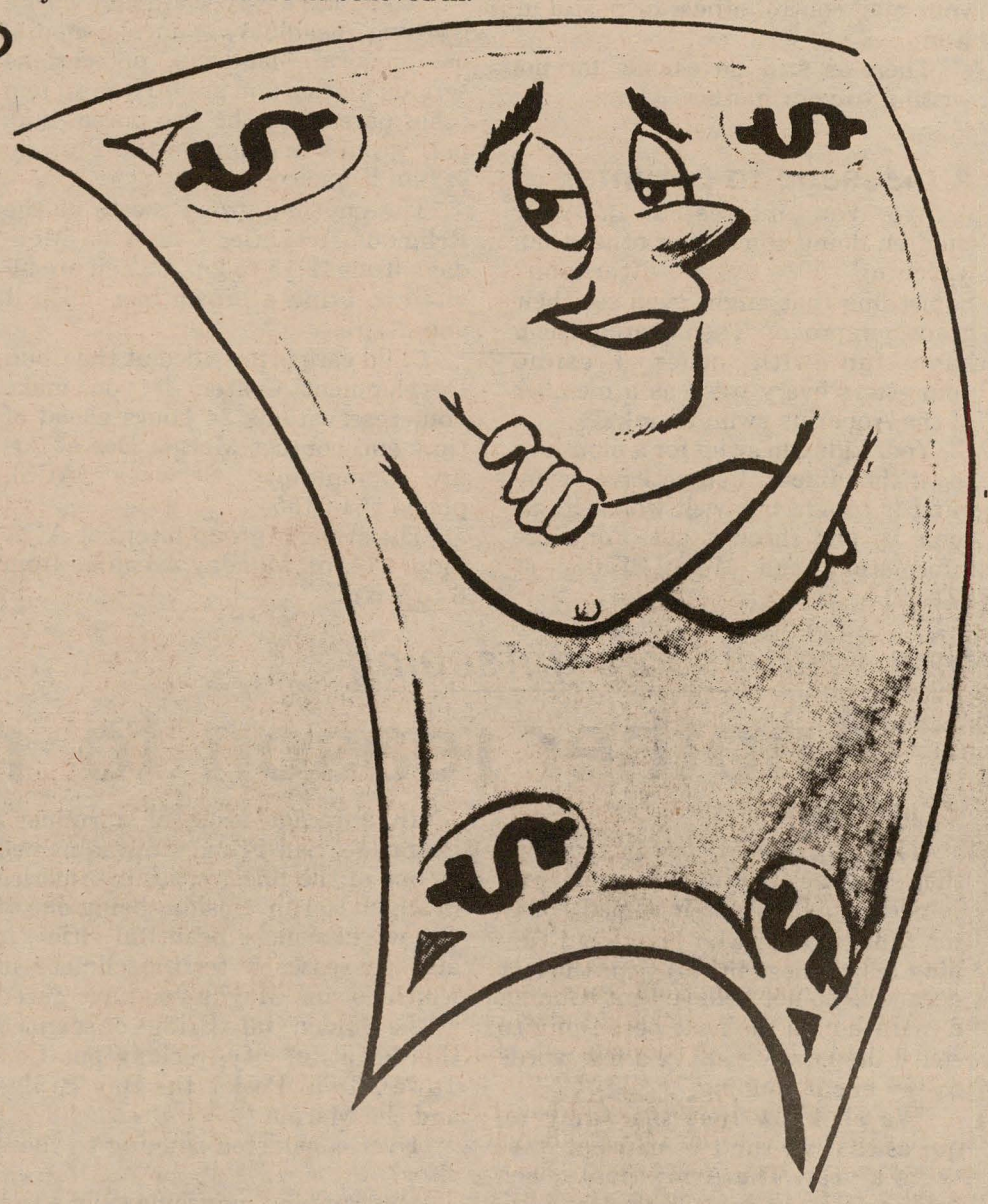
Pay changes take time. The rule of thumb is the U.S. Army Finance and Accounting Center (USAFAC) must have your pay change request by the middle of the month for it to be reflected on your end of month paycheck.

It's also a good idea to keep a record of all documents your receive or turn in concerning your pay. This includes paperwork for allotments, pay options, promotion orders, pay inquiry forms and travel vouchers. You may need them if a question arises concerning your pay.

A word of warning: Be as careful to report an *over*payment as you would an underpayment. The Army's Criminal Investigation Command investigates overpayments. And the government will collect debts owed whether you're in or out of service, even if court action is necessary. Besides, it saves you and the government time and money.

The next time you look at your LES, check blocks 7 and 8 as well as block 13. A careful reading of your LES will tell you exactly where your money is.

Soldiers Scene



Community Calendar

Nonsupervisory employees

The Civilian Personnel Office (CPO) Position Management and Classification Branch will host a meeting on March 4, from 10 to 11:30 a.m. in the Training room, CPO bldg. 37, for nonsupervisory civilian employees.

General information about the Position Management and Classification program will be presented and time will be allotted in order to answer any general questions about the program.

No advance registration is required.

Flea Market

The Presidio Thrift Shop will hold a Flea Market on March 2, 10 a.m. to 1 p.m., at building 204. Come on out and bring your own table; cost is $5 for one table. This schedule is subject to change in case of inclement weather.

For more information call the Thrift Shop at 922-3384.

New postal rates

New postal rates went into effect Feb. 17. It will now cost you 22 cents, rather than 20 cents, to mail a first class letter that weighs up to one once. Each additional ounce will still cost 17 cents.

Post cards went up from 13 cents to 14 cents.

Rates for priority and express mail also rose. If you need details, see your mail control officer or postal officer.

There is still no excuse for not writing to your mother.

A message to parents

Are you interested in your children doing something other than watching TV every afternoon? Something that might even see their grades improve? Then watch them have fun with other Presidio youngsters every week as a member of the Aquarius swim team!

Your kids can swim for a month to see if they like it. Competitive swimming is tough, but well worth it. So come by and check it out. For more information, call Muriel Talley at 221-2915.

Reprinted courtesy Adolph Coors Company, 1983

"Deadwood Dick"

Though one of the most colorful cowboys of the Old West, Nat "Deadwood Dick" Love never became famous.

Community luncheon

Join other Presidians every Friday at the Religious Activities Center, bldg. 682. Light-hearted fun, soup and sandwiches are on the menu. The luncheon begins at 11:30 a.m.

If you have any community announcements, please feel free to share them with the group.

Parent support groups

If you have a special child with a learning disability, a developmental or physical handicap or chronic serious illness, you are invited to join other parents at the two parent support groups meeting on the Presidio of San Francisco.

The daytime group meets at the Religious Activities Center on Mondays from 12:15 to 2 p.m. You are invited to bring a brown bag lunch if you desire.

Child care is provided at the Child Development Center, if you make your reservations 24 hours ahead of time and contact Margie Dee at Army Community Services (ACS), phone 561-5155.

The evening group meets at ACS, bldg. 214, on Monday evenings from 6 to 8 p.m.

Rec Center news

Events:

Enjoy the Chinese New Year Parade on March 2 from 6 to 9 p.m.; cost is $3.

Join the Valley of the Moon wine tour on March 9, from 9 a.m. to 6 p.m.; cost is $5.

March 15, watch the St. Pat's snake race! The race is from noon to 5 p.m. and costs $2.

Like to walk? Then take the Sacramento Rancho Cordova Volksmarch tour on March 16 at $6 for transportation and $4 for a medal.

Classes:

The clogging and beginners' square dance classes are on Tuesdays at 6:30 p.m., at the Log Cabin. Cost is $2.50 per class.

If you're more the intellectual type how about learning to play bridge? There's a beginners' class every Thursday from 6:30 to 9 p.m. and Friday mornings from 10 a.m. to noon. The purpose of the class is to form teams of four players each in order to play in bridge tournaments. The instructor is Ophelia Hilton.

The younger set (or the young at heart) can learn Dungeons and Dragons in the class that starts March 2 at 5:30 p.m. The instructor for the class is Bob.

We also have piano classes every Monday and Tuesday at $7 for a half hour lesson.

The first meeting of the Presidio Computer Users group is March 10 at 2 p.m. at the Recreation Center, bldg. 1331.

Practice for the All-Army Chess Tournament will be held June 1.

For more information, please call the Rec Center at 561-2000 after 2 p.m.

Recreation Center hours are from 2 to 9 p.m. Sunday through Thursday and 2 to 10 p.m. Friday and Saturday.

Outdoor Recreation

Package Ski Trips: There are still a few slots open on Ski Trip 3. Ski Trips 3 and 4 are three-day trips to South Shore Lake Tahoe. Cost is $60 (skiers)/$55 (nonskiers and skiers with own equipment). Cost includes transportation, lodging and equipment rental as specified. Ski lift tickets and meals are not furnished by Outdoor Recreation.

Dates are as follows:

Ski Trip 3, March 22, 23 and 24; deadline for sign-up payment or refund is Feb. 28.

Ski Trip 4, April 12, 13 and 14; deadline for sign-up payment or refund is March 25.

Space is limited, so choose your dates and sign up now to be assured of the dates desired.

Ski Lift Tickets: Outdoor Recreation has military discount ski lift coupons for Squaw Valley for $21, good ANY DAY of the 1985 ski season and ski lift coupons for Alpine Meadows for $17, good Sunday through Friday. Coupons are redeemable at any ticket booth.

Delinquent Equipment: People renting equipment from Outdoor Recreation are reminded that it is the user's responsibility to return equipment on time. Double rental fees go into effect on all rental equipment the day following the due-in date. Extensions will be granted; however, extensions will not be permitted unless the user calls Outdoor Recreation at 561-4324 to extend.

Reminder: Sponsors or sponsors' spouses must sign for all equipment and make all reservations.

For more information, call or come by Outdoor Recreation, 561-4324, bldg. 92.

San Francisco sightseeing

Another reason to run a few extra miles

by Jeff Smith

This story is written in the hope that anyone reading it will gain something. It is not intended solely for those people who have read running magazines faithfully for the last decade. I do not believe that running a marathon is the next best thing to sex. I do, however, have a few words to say about running.

We all know that the Army requires that we run two miles at least twice a year. The Army wants each soldier to be in good physical condition. Are you doing that? Whether you are or not, read on.

In a recent issue of a runner's magazine, San Francisco was named as one of the finest cities in America in which to run. Besides being one of the world's most beautiful cities, it also possesses a terrific climate in which to run. Maybe you have gazed at the Golden Gate Bridge or scanned this beautiful city, picking out Coit Tower, Twin Peaks, the Bay Bridge and the Marina.

Ever considered running to these sites?

One running magazine calls a trip across the Golden Gate "one of the great thrills in running." There is always something to see on the bridge, and always time to see it when you are on foot.

The Marina run is a flat course that offers beautiful homes, expensive boats, a view of the bay and a wide assortment of runners to look at, chase and pass.

You may have noted that both the Marina and Bridge runs can start from the Presidio. The fact is, there are dozens of routes to take, starting from any part of the Presidio. Seal Rock is within reach, as is Golden Gate Park with its miles of trails.

There are other benefits to running besides sightseeing, but your doctor, first sergeant or spouse can tell you most of those (or are they telling you already?).

Here is my favorite: When I run, I burn calories. When I burn calories, I can eat more food without gaining weight. In fact, I can pig out on pasta, wolf down burgers and slurp down beer just like the charter members of the weight control program. The only difference is 50 to 100 pounds.

To find out more about the places referred to in this story, just lace up your running shoes and take off!

Community Calendar

Army Art Contest

Army Art Contest entries are being accepted at the Arts and Crafts Center, bldg. 122, for the FORSCOM-level competition.

Eligibility:

All soldiers on active duty 90 days or more; Army reservists, provided the entry was prepared while on active duty; National Guard members on tours of active duty.

Competition:

Group I-Novice or amateur. People whose art skills have not been gained through formal education.

Group II-Accomplished or experienced. People with skills gained through formal education or who have received awards in professional competitions.

Categories:

A-Drawings (pencil, brush, pen and ink, crayon, chalk, scratch board)

B-Prints (etchings, lithographs, lino-cuts, wood blocks, silk screen)

C-Water-base painting (acrylic, watercolor, gouache, tempera)

D-Oil-base painting

E-Mixed media

For entry rules, size requirements and entry forms please contact the Arts and Crafts Center at 561-4497/5915. Deadline for submission is March 15.

Reprinted courtesy Adolph Coors Company, 1983

Cowboy Hall of Famer

Rodeo rider Bill Pickett was the first cowboy to master steer wrestling.

NCO/ENLISTED CLUB

Take advantage of the brunch every Sunday at the "Tradewinds" NCO/Enlisted Club, from 10 a.m. to 2 p.m. Cost for adults is $5; children ages 5-12 are $2.50; and youngsters under 5 are admitted FREE.

Bingo is featured every Sunday from 2 p.m. to 5 p.m. If you bought an adult Sunday brunch ticket, you get one free bingo card for that day's play.

Don't forget about the Saturday "2-for-1 Steak Night," from 5:30 p.m. to 9 p.m. and the Friday Seafood Buffet Nights.

Bring your family to the Club tonight for the Army Family Buffet—5:30 p.m. to 9 p.m.—$5 per family.

Officer's Club

Join disc jockey Anne in the Attic Lounge tonight!

Pete Damante and his band will be playing for your dancing pleasure on tomorrow evening.

Show your appreciation to that Right Arm of yours. Right Arm Night with DJ Anne will be in the Attic on Monday. Anne will again be playing your favorite tunes on Feb. 27.

Another International Food Night (Indian this time) will be in the dining room on Feb. 28, with Anne upstairs in the Attic Lounge.

Black History Month

From Feb. 17-23, the following activities will be held at the Presidio in observance of Black History Month.

The post library will be displaying books about prominent blacks featuring the accomplishments they have made to America. The Fort Point Museum is depicting the history of the black soldier with a free exhibit and tours are available, too. The Tradewinds NCO/EM club will be having an ethnic food dinner.

All-in-all, it's a month-long celebration honoring the Black American here at the Presidio.

...the write stuff...

by Richard Wetzel

I've been known to spend up to several weeks reading a book. Some I've never finished and probably never will. They just sit on a shelf collecting dust and rot, sort of like the plot itself.

And then along comes a book that so captures my attention that I sit down and read it in one marathon session...17 hours of constant reading...a nice way to kill the CQ Blues....

Although "The Confessions of Phoebe Tyler" was written and published almost five years ago, this sugar-coated tell-all only recently came to my attention. A friend had been harboring this "masterpiece" at the bottom of an obviously mildewed box.

If you're not a fan of the soaps, you probably don't know who Phoebe English Tyler Wallingford is. You're probably even more baffled as to what she is confessing. However, if you are one of an estimated one million men and women, ranging from professional and political positions, to waitresses and soldiers, you know her as the high-strung, opinionated, arrogant, slither-tongued, rich-bitch matriarch of "All My Children."

A SOAP OPERA?? *(Boy, he's really flipped his lid this time).* No, a daytime drama or serial, as they are now called. But try and explain that to someone who doesn't watch and you're likely to receive a strange and bewildered look and a shake of the head.

In "The Confessions of Phoebe Tyler," actress Ruth Warrick, who plays the notorious grand lady, guides us through her early days in radio, Broadway and Hollywood, including a major role with Orson Welles in "Citizen Kane." She details the roles, both on and off stage, that she claims led to the "creation" of Phoebe Tyler.

Now, while all that's nice to know (however tainted in honey) what we really want to read are the confessions of all her children ...and eventually, that's exactly what she does.

But first we're taken backstage to the set of "All My Children," filmed in New York City, for a behind-the-scenes look at how the show is written, rehearsed and taped.

Like everything else on TV these days, the soaps have grown up over the years. They have expanded from the kitchen, hospital rooms and the still (today) controversial bedroom (where all actors must show both hands at all times) to the corporate boardroom and political offices.

The plots have done some growing up too. Although there's still the predictable divorce and death scenes, today's story lines range from rape, incest and social issues to political corruption.

And then, Ms. Warrick does exactly what we expect of Phoebe Tyler: she starts confessing (tattling?) little harmless but intimate details, not about herself, but about fellow cast members...all in the traditional tongue that we have come to love and hate.

But the best is yet to come. At the end of the book, there's a chronological list of the cast members, sort of a glossary of Who's Who in Pine Valley; who married whom, when divorced, who fathered whose child and when they moved to Oregon (as Phoebe confesses, all her children move to Oregon when they leave the show).

As this is obviously the most important aspect of the book, it's an absolute MUST for the fan who didn't catch the beginning of the show in 1970. It's also a neat way to remember what the hell is going on.

I made my confession five years ago, when I admitted to a group of intimate friends that I too was an avid fan of "All My Children." During the years, I've scheduled my lunch hour (or two) around the daily show. When circumstances have prevented me from tuning in, I've been able to catch up and be filled in by yet another fan.

Each day, a small group of friends and I sit glued to our seats watching intensely and sometimes yelling back at the characters on the TV set. During the commercials, we discuss the plots and make bets as to whether or not Greg's wife, Jenny, will return from the dead and be reunited with her grief-stricken husband. (It finally turned out to be a look-a-like, only pretending to be a ghost.) Olga set her up as a promotional stunt, hoping Sheila could replace Jenny in the modeling business, which is run by Erica, who at the time was married to the psychopath Adam Chandler, but having an affair with Mike Roy. (That is, Erica was having the affair with Mike not Adam his twin brother, although that might have made an interesting twist to the plot). Phoebe, who confessed all this, ties in here somewhere, because she is always sticking her nose in everyone else's problems instead of her own. She only recently learned what everyone else in Pine Valley already knew, that her husband was actually a con man...and then there's...oops, it's almost noon..."*Hey, have you got the TV set plugged in yet?*"

At the movies

Presidio Theater

Fri, Feb. 22	Johnny Dangerously (PG-13)	7 p.m.
Sat, Feb. 23	2010 (PG)	7 p.m.
Sun, Feb. 24	2010 (PG)	2 & 7 p.m.
Mon, Feb. 25	2010 (PG)	7 p.m.
Tue, Feb. 26	Oh, God! You Devil (PG)	7 p.m.
Wed, Feb. 27	Oh, God! You Devil (PG)	7 p.m.
Thu, Feb. 28	Body Rock (PG-13)	7 p.m.

Schwartz Theater

Mon, Feb. 25	Johnny Dangerously (PG-13)	7 p.m.
Wed, Feb. 27	2010 (PG)	7 p.m.
Thu, Feb. 28	Oh,God! You Devil (PG)	7 p.m.

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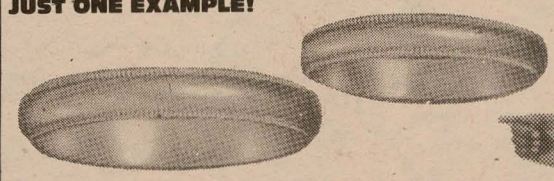

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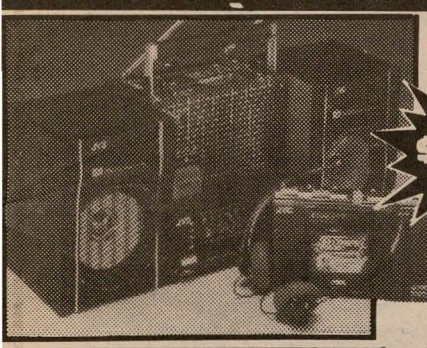

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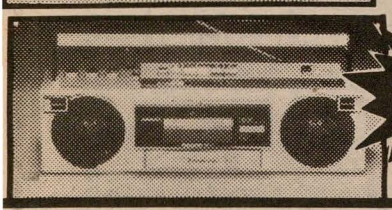

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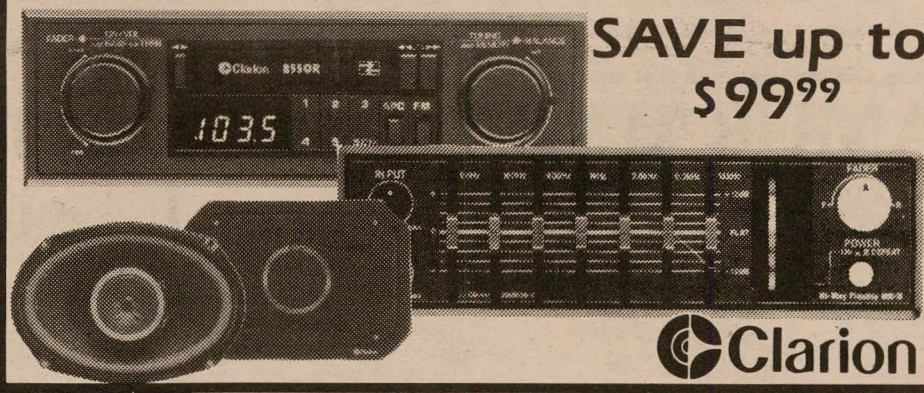

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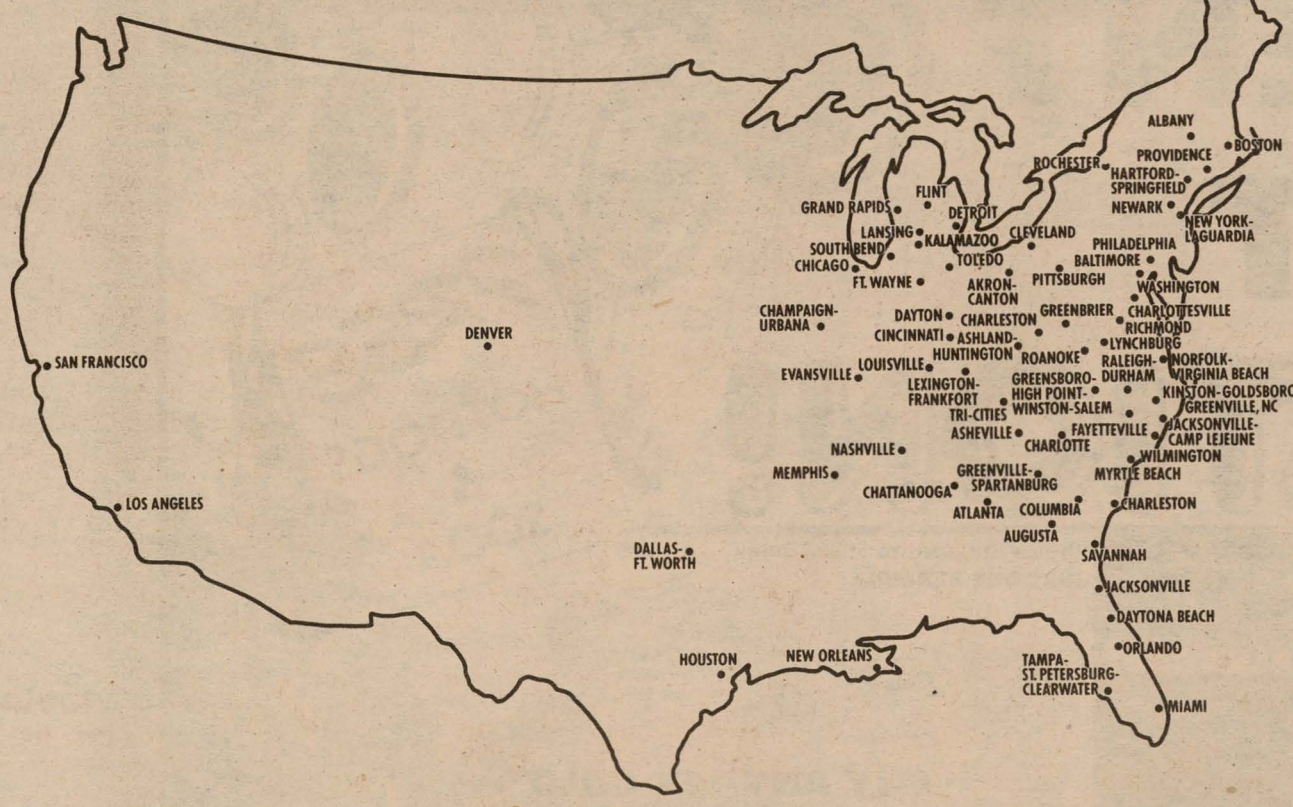

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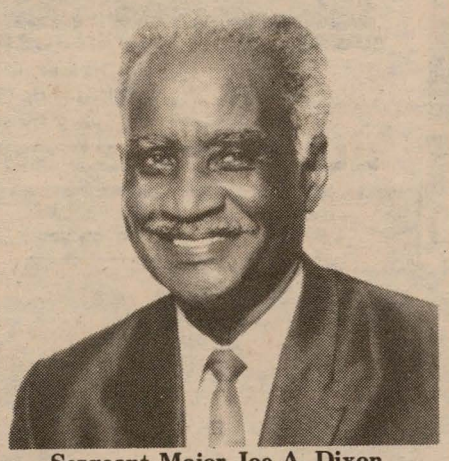

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Sports

Men's locker room to be closed

The men's locker room in post Gym 2, bldg. 1152, will be closed for painting Feb. 25 through March 2.

All men should make arrangements to change and shower at the post swimming pool, bldg. 1152, which is next door to Gym 2.

Softball coaches wanted

The Sports Branch is seeking experienced and qualified coaches for both the post men's and women's softball teams. These post-level teams will compete in military and civilian leagues and tournaments in the northern California area.

Anyone interested should call the sports director, Bobbie Gascon, at 561-4120 or 561-5032, post Gym 1, bldg. 63.

Intramural basketball

The Doctors received their first defeat of the season from the Veterans Administration (VA) team. They still lead the Intramural Basketball League with a 9 to 1 record.

It's going to be a close race to qualify for the post championships—the top eight teams are eligible to compete in the playoffs. The championships start on March 6 and run through March 12. All games will be played in Gym 1, bldg. 63.

There will be a meeting for all coaches of the teams that qualify on March 1, at 1 p.m. in Gym 1.

Last week's results

Date	Won	Lost
Feb. 11		
DEH 1 - 82		6th Army - 72
USAG - 71		OARB - 62
DLI-SF - 45		USAISC - 35
VA - 64		Doctors - 59
Feb. 12		
USAISC - 38		DPTSEC - 32
LAIR - 42		DEH 2 - 36
VA - 56		LEC - 55
Feb. 13		
OARB - 74		6th Army - 70
DEH 1 - 78		864th Engrs - 63
LAIR - 57		DPTSEC - 45
Feb. 14		
USAG - 61		DEH 2 - 34
VA - 58		USAISC - 29
Co. B, LAMC - 64		6th Army - 60
Doctors - 48		LAIR - 32

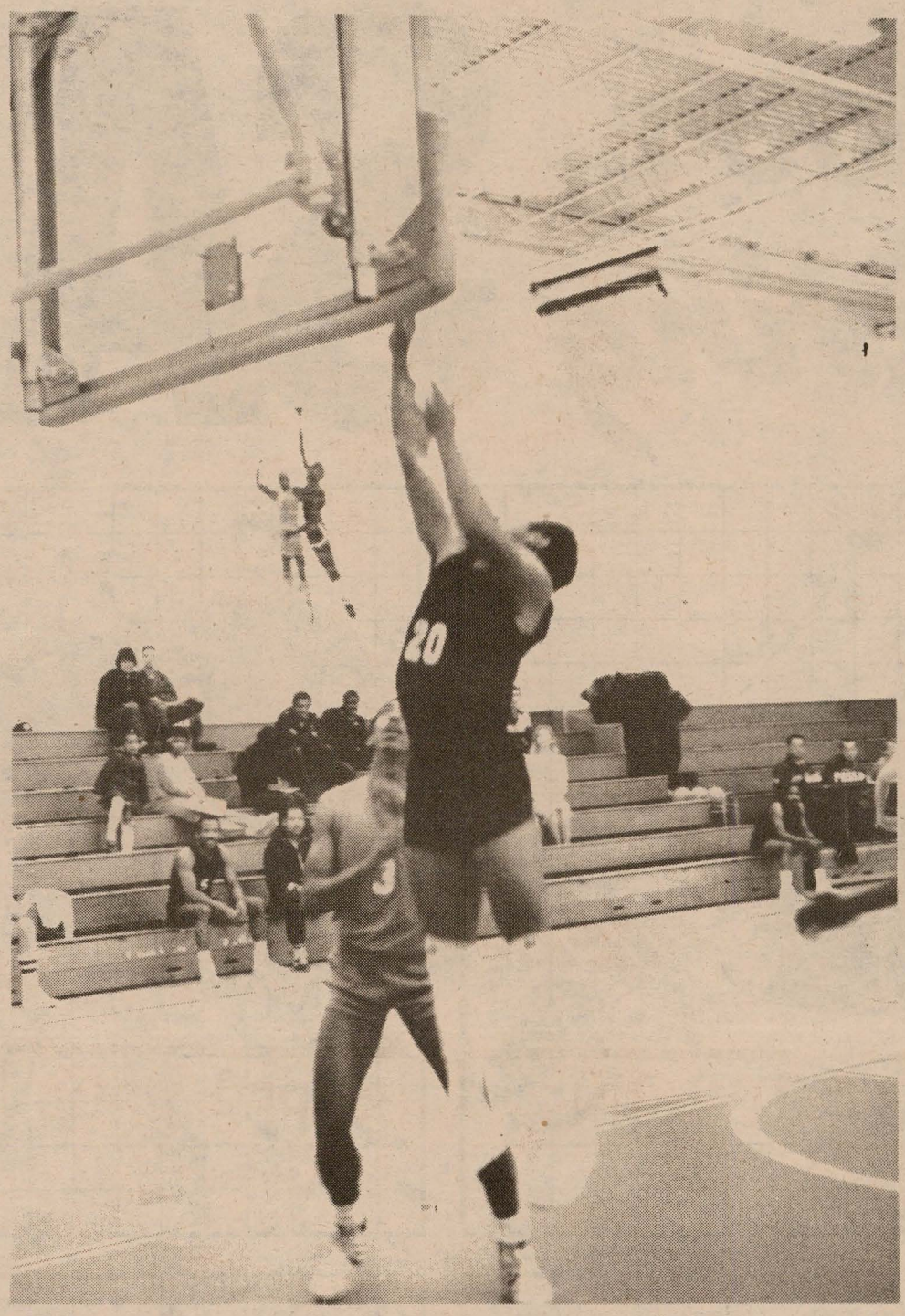

photo by Karl C. Rankin Jr.

DEH 1 vs. 6th Army

Thomas Tyrone of DEH is unable to block James Holt's shot.

Upcoming games

Date		Teams			Place
Feb. 25	5 p.m.	DLI-SF	vs.	DEH 2	Gym 1
	6 p.m.	DPTSEC	vs.	Doctors	Gym 1
	5 p.m.	OARB	vs.	864th Engrs	Gym 2
	6 p.m.	VA	vs.	Co. B, LAMC	Gym 2
	5 p.m.	6th Army	vs.	864th Engrs.	Gym 1
	6 p.m.	DEH 2	vs.	Doctors	Gym 1

Softball field reservations

Usage of the Fort Scott and PX softball fields is not allowed *unless* clearance is obtained from sports director Bobbie Gascon at 561-4120 or 561-5032. Use of the fields is limited to allow the post engineers to prepare them for the upcoming softball season.

U.S. Military Academy physical exams

The U.S. Military Academy Physical Aptitude Examination will be held all day at Gym 1, bldg. 63, on March 3.

Post Gym 2, bldg. 1152, will be open to patrons for use from 9 a.m. to 4:30 p.m. that day.

All tennis court reservations should be made by March 2.

Oakland Invaders football

The Oakland Invaders football team kick off their 1985 season Feb. 24 at 1 p.m. That Sunday the Invaders will be challenging the Denver Golds. The discounted ticket price is $4. Tickets for the opening game, as well as all home games, are available at the Recreation Center ITT office in bldg. 385. Hours of operation are 11:30 a.m. to 1 p.m. and 2 to 5:30 p.m., Monday through Friday.

Aerobics classes

Join anytime! Register with instructor at class. Open to all ages, all levels of fitness, both men and women.

For more information call 561-4120 or 381-3382.

Standings as of Feb. 15

Team	Wins	Losses
Doctors	9	1
OARB	9	3
DEH 1	9	3
Co. B, LAMC	8	3
864th Engrs	8	4
VA	8	4
6th Army	6	4
USAG	7	6
LEC	6	5
LAIR	6	7
DLI-SF	5	6
USAISC	3	10
DPTSEC	2	9
DEH 2	1	8

DEH 1 tramples 6th Army; final score 82-71

by Jeff Smith

On Feb. 11, in Gym 1, David Bernstine and the rest of the DEH 1 basketball team rudely handed 6th Army their second loss of the season by a score of 82-71.

Bernstine was the master of the court for the last 10 minutes of the first half and the first five minutes of the second. Seventeen of Bernstine's 28 points came in the first half when DEH 1 erased an early 7 point 6th Army lead by firing up the turbo boosters and running away with the game.

6th Army started out well by keeping the tempo slow, working the ball around and drawing a lot of early fouls from the overly aggressive DEH 1 players. James Holt, who led 6th Army with 25 points, was 6th Army's floor general. His passing and shooting kept DEH 1 at bay for the game's first five minutes. But DEH 1 finally shifted gears as Oscar Hines hit a jumper and drove in for two more to give DEH a lead that was never to be threatened. Bernstine then exploded into the spotlight and seemed to shake 6th Army. Holt and Anthony Howard tried in vain to keep the game close. By halftime, DEH 1 was cruising with a 9-point lead.

The second half saw 6th Army trying to slow down the tempo of the game as they had early in the first half. On defense, everyone was trying to stop Bernstine from continuing his torrid scoring. Neither of these tactics worked for long. 6th Army passed the ball well, but was only getting one shot at the basket. On defense, Bernstine was being guarded too closely. He made numerous trips to the free throw line early in the second half.

With about 10 minutes remaining in the game, 6th Army finally seemed to stop Bernstine. That seemed to leave everyone but the coach open for shots. Oscar Hines, Curtis Nelson and Doug Latham led a scoring spree by DEH that created an 18-point bulge midway through the second half. When it ended, DEH coasted to what must have been a very satisfying win.

DEH coach William Ray said that DEH 1 had one of their best games of the season. "My men came to play," he said. Of his players, coach Ray said, "Bernstine is the franchise, but Tyrone Jackson came off the bench and did a good job." Indeed, the entire team did a job on 6th Army, as evidenced by their convincing win.

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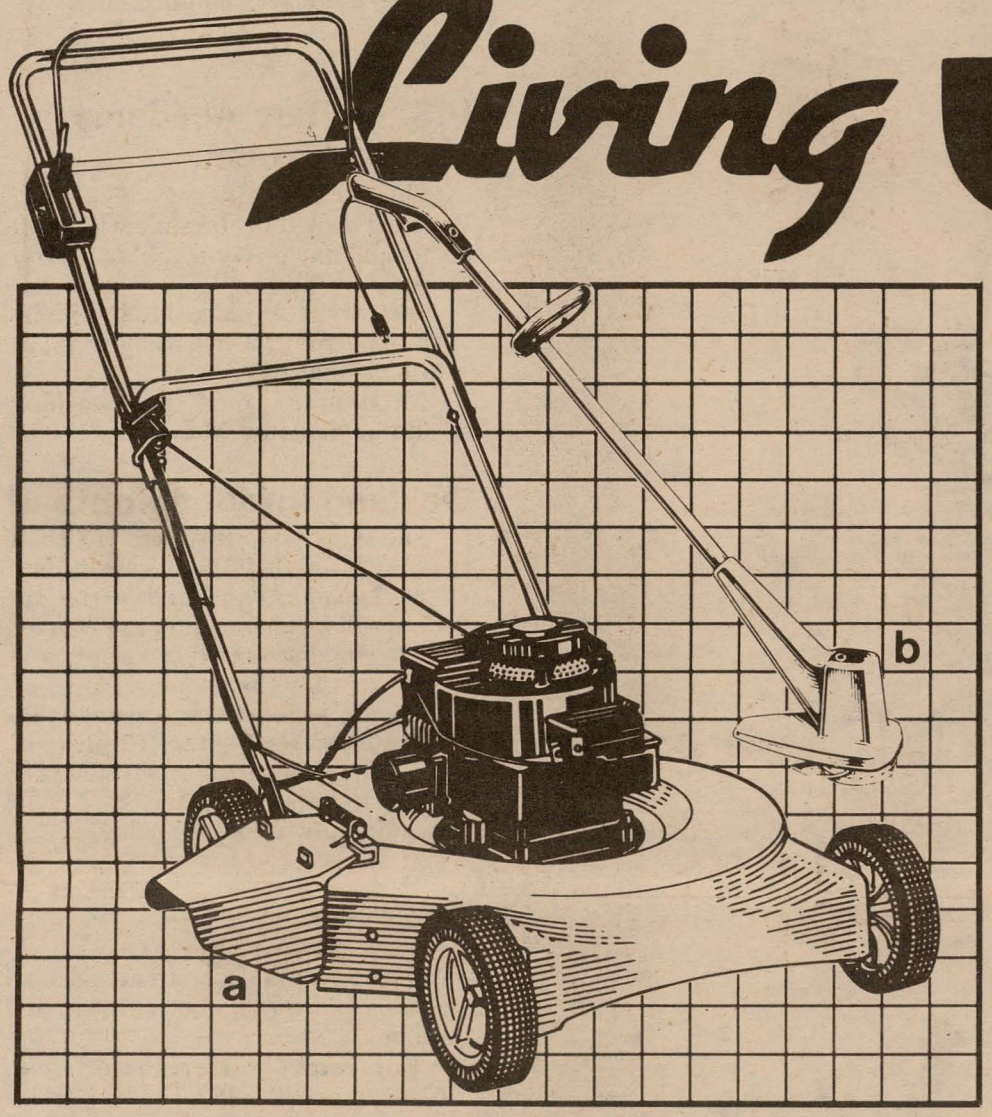

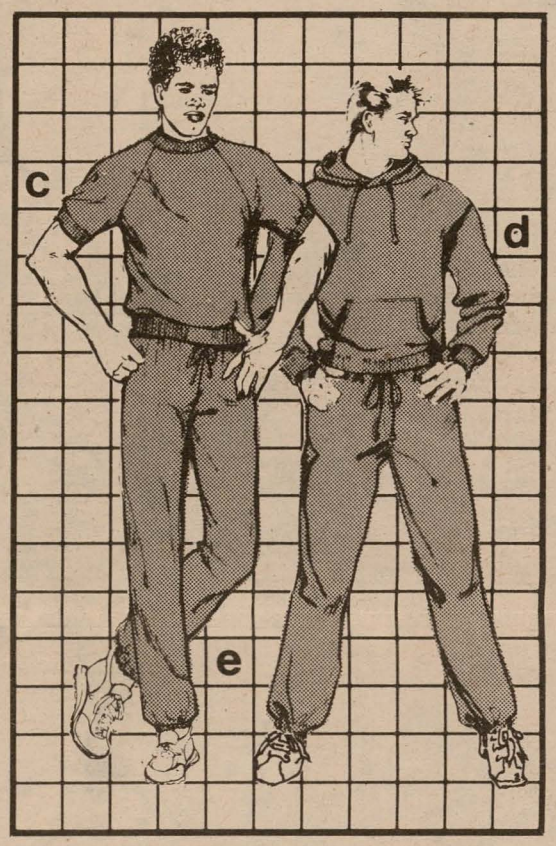

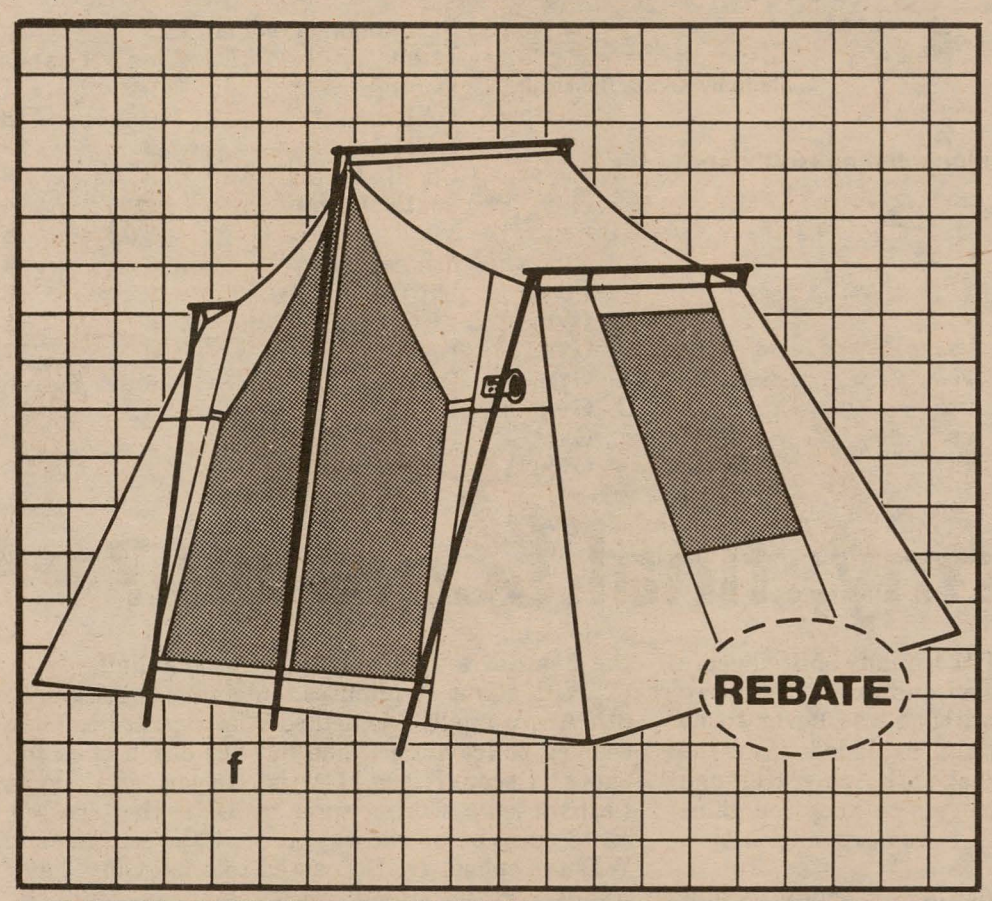

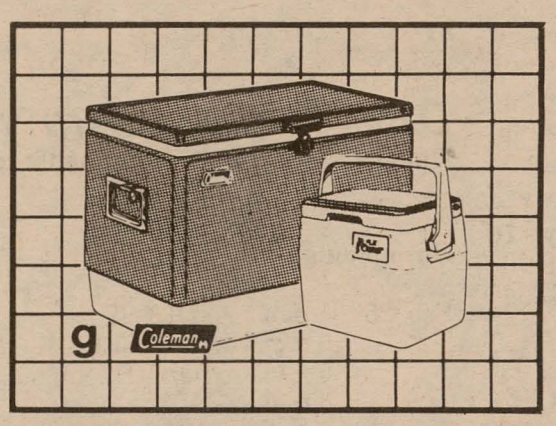

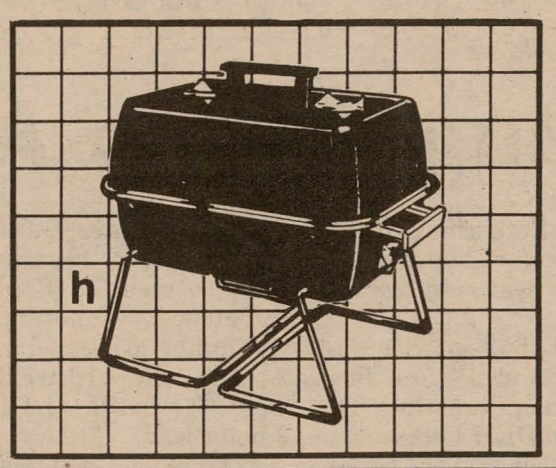

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d. **Sale 6.75**
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our reg $6
Pull-on sweatpants

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Wednesday through Sunday 27 Feb–3 Mar 1985

'Maintaining': last in Wickham series on leadership, **page 2**

Dr. Walker: only woman to earn Medal of Honor, **page 5**

Lt. Col. Neck: battalion commander shares leadership views, **page 5**

Star Presidian

Vol. 28, No. 8 "Published in the interest of the people of the Presidio of San Francisco." March 1, 1985

News Briefs

Summer jobs

The Civilian Personnel Office (CPO) will be accepting applications for summer employment from March 18 through March 29.

College-age sons and daughters of soldiers and DA civilians may apply. However, they can be considered only after the list of all other qualified candidates has been exhausted. (Any family members who have worked previous summers on the Presidio will be considered rehires and therefore will be listed as first-priority applicants.)

TRANSFER OF ELIGIBILITY: When an applicant demonstrates that his or her application was properly filed and accepted for consideration for summer employment in a different commuting area including all necessary forms and information completed as stated in the summer announcement, the application will be accepted at the new location, even if the local summer announcement closing date has passed.

Applications (SF171s) may be obtained from the CPO receptionist, bldg. 37, Monday through Friday from 7:30 a.m. to 4 p.m. or by calling 561-5732.

For more information, call Carrie Carlson at 561-5758.

Walking tour

Learn about the Presidio's past tomorrow with Col. Milton B. Halsey Jr. when he leads a walking tour of the old Presidio square. The tour will begin at 10 a.m. at the Presidio Officers' Club. From there, the tour will take visitors past the old artillery barracks, now the MP station; the Army Museum, once the post hospital; south on Funston Avenue past a row of Victorian-era officers' quarters; and Pershing Hall, a late-19th-century structure now used for post visitors.

The tour will last approximately one and a half hours. This tour is sponsored by the Fort Point and Army Museum Association, a non-profit support group serving the Presidio Army Museum and Fort Point.

For more information about the tour, call 921-8193.

Officers' Wives Club

The Presidio Officers' Wives Club will host the Fifth Annual Bay Area Officers' Wives' luncheon Thursday at the Presidio Officers' Club.

Social hour begins at 11 a.m. and lunch will be served at 11:45.

Pulitzer Prize winner Allen Drury will be the speaker. Get together with our Air Force, Navy, Marine and Coast Guard friends.

Make your reservation by sending a $10 check to: POWC; Box 29063; Presidio of San Francisco, CA 94129. Include your birth month on your check.

When troops go into combat

The commitment of United States forces to combat should be made as a last resort...but when made, that commitment must have national support, a clear objective, and the aim of winning.

That's the main message on the uses of military power delivered by Secretary of Defense Caspar W. Weinberger to members of the National Press Club in mid-December.

The secretary noted that while the use of military force to defend territory has never been questioned when a democracy has been attacked and its very survival threatened, most democracies have rejected the unilateral aggressive use of force to invade, conquer or subjugate other nations. The extent to which the use of force is acceptable remains unresolved for the host of other situations that fall between the extremes of defensive and aggressive use of force.

"We find ourselves, then, face to face with a modern paradox: The most likely challenges to the peace—the gray area conflicts—are precisely the most difficult challenges to which a democracy must respond," he said.

"Yet, while the source and nature of today's challenges are uncertain, our response must be clear and understandable. Unless we are certain that force is essential, we run the risk of inadequate national will to apply the resources needed."

Weinberger set forth a list of six major tests to be applied when weighing the use of U.S. combat forces abroad:

- The United States should not commit forces to combat overseas unless the particular engagement or occasion is deemed vital to our national interest or that of our allies.
- If we decide it is necessary to put combat troops into a given situation, we should do so wholeheartedly and with the clear intention of winning.
- If we *do* decide to commit forces to combat overseas, we should have clearly defined political and military objectives. And we should know precisely how our forces can accomplish those clearly defined objectives. And we should have and send the forces needed to do just that.
- The relationship between our objectives and the forces we have committed—their size, composition and disposition—must continually be reassessed and adjusted if necessary.
- Before the United States commits combat forces abroad, there must be some reasonable assurance we will have the support of the American people and their elected representatives in Congress.
- The commitment of U.S. forces to combat should be a last resort.

American Forces Press Service

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Opinions

TAKE A BITE OUT OF CRIME

In the last two months several soldiers from the Presidio and other Bay area military installations have been assaulted and robbed in downtown San Francisco. In all the situations the soldier was alone in a high crime area.

To cut the risk of personal attack, be aware of your potential as a victim. Your goal should be to make yourself a person who seems neither particularly available nor particularly vulnerable.

Begin with what security experts call "threat analysis." This theory suggests that victims define themselves by what they do and where they go. Violent crimes tend to happen in situations where the victim can be isolated.

It is true you cannot eliminate every situation where you would be isolated, but being wary of isolation is a sound first step toward becoming less vulnerable.

There are 45 varieties of physical and psychological isolation, ranging from hitchhiking to minding your own business at home.

Here are a few things you can do to improve your odds against inevitable risks:

- Plan ahead—what will you do if something happens?
- Tell a trusted friend your plans;
- Act as if you know what you are doing at all times;
- Don't let yourself get cornered;
- Conceal your valuables; put your cash in one pocket and your credit cards in another;
- Conceal the fact that you are alone—vary your routine;
- Always ask for IDs from salesmen, service people, etc.;
- Teach your children what to do in an emergency; and
- Create extra security when away from home, for example, put valuables in the safe at hotels.

How to say no to an attacker and survive:

- Avoid confrontations;
- Give up money on demand;
- Look as if you belong;
- Remain cool and assertive;
- Don't threaten criminals;
- Fight *only* to escape;
- Make careful observations. Record all the information you can—the attacker's description, direction, and means of escape, number of accomplices, etc.;
- Convince people to help you;
- Overcome spectator apathy.

Contact the military police as soon as possible. If the attack occurs off post, contact local police first, as time is essential in catching the offenders. Information that is passed on is vital, as it is used to identify patterns or to develop physical evidence that may prevent this crime from recurring.

Get involved—protect yourself!

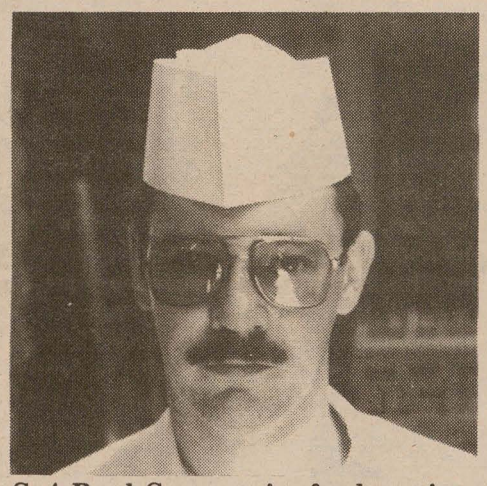
Crime Report:

- A purse was stolen out of a parked POV next to the Reserve Center.
- An unsecured wallet was stolen from the Bowling Alley.
- Unknown person(s) broke into a POV and stole a gym bag containing clothes.
- Three motorists were charged with DUI (Driving Under the Influence of alcohol (during the reporting period.

Ramblin' Sam

"What contributions to history have women made?"

Brenda Saenz, Federal Women's Program coordinator, EEO, "In the kitchen or in the foxhole, their talents and contributions have directly or indirectly shaped history. The printer of the original Declaration of Independence was a woman."



Sp4 Reed Swearengin, food services specialist, USAG, "They've made contributions in medical, science and political areas. What good is a man without a woman behind him?"

PFC Holly Sawyer, admin specialist, Personnel Actions, "Without the first ladies, the presidents wouldn't have made it through their terms in office. Eleanor Roosevelt, for example, made great contributions to the women's movement."

Lee Lambert, lead clerk, COMPACT, "They've broken into the executive level and have achieved the independence they didn't have before as housewives. We nearly had a woman vice-president."

Army Chief of Staff talks about 'maintaining'

by Army Chief of Staff Gen. John A. Wickham Jr.

We have come a long way since the days when entering the logistical net meant asking the supply sergeant, "Got any? Gonna get any?" However, even though our forces have become more capable and our equipment more sophisticated, today we are faced with the prospect of highly accelerated consumption of supplies and attrition of equipment on the battlefield.

These projections challenge our logisticians to provide support to sustain our Army under any future warfighting scenario. Not only must our logistics system be able to transport, supply and maintain rapidly, it must operate well forward and be flexible and responsive to our tactical commanders.

The responsibility

To accomplish our missions, the nation entrusts to our care its youth and its resources. There can be no greater responsibility. As stewards of the Army's assets, we must be alert for ways to improve the efficiency, effectiveness and safety of all our operations. This is both a leadership and a management responsibility. If we fail in this important endeavor, we will waste valuable resources we may need one day to fight and win. The very serious responsibility for maintaining what we are given is based on the hard reality that we will never have all the equipment, supplies, facilities and funds we require. On the battlefield, we will be short because of combat losses, accidents, interruptions in the supply system or just insufficient resources to fill all needs. Thus, a well-trained soldier must be taught to maintain and conserve what he has—in peace and in war.

Maintaining takes on several dimensions for the soldier. It is his responsibility to assure his performance is not hindered by equipment failure. It is his commander's responsibility to provide the time, materiel and training to allow him to maintain his equipment. And it is the Army's responsibility to provide him the best "tools of the trade" that technology can offer.

The start point

Successful maintenance begins at the unit level. That is where a positive program of preventive maintenance keeps equipment operational and detects faults.

The cornerstone of good maintenance is well-trained, motivated, supervised equipment

please see page 3

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Army Chief of Staff continued from page 1

operators who know how to perform before, during and after operational checks. Then commanders must motivate the operators to perform those checks and take appropriate corrective action when they find faults.

The chain of command must be the supervisors of an effective maintenance program—and *they* must be completely knowledgeable about their equipment and the maintenance system. To do so, they must be trained. The first-line supervisor is the key to good operator maintenance, but supervision does not stop here. All members of the chain of command have a responsibility to be active in the field and the motor pool.

The bottom line

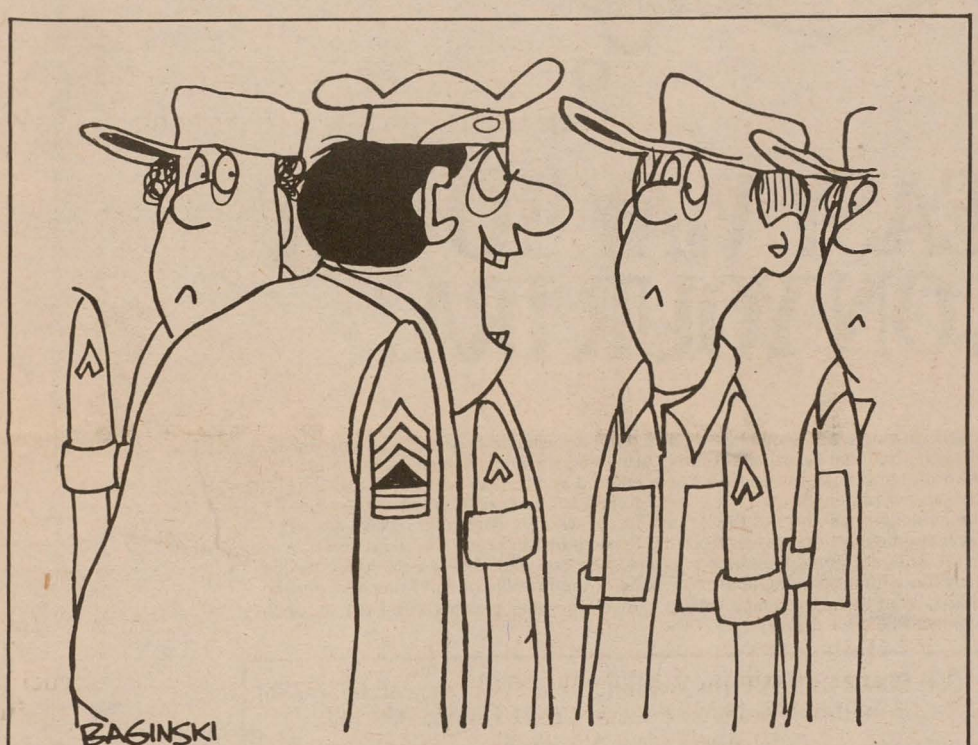
The key to good maintaining is to change the way we think about maintenance. We have grown up, by and large, in a peacetime Army where we have separated training from maintaining. We go to the field, train for four, five, six days, and then come back in, stand down and maintain.

We cannot separate training from maintaining. We cannot stand down to maintain at the National Training Center. We could not stand down in Grenada, and we cannot stand down if we are at war. We have to maintain as we go—integrating the maintenance mission into our peacetime training—and train for our wartime mission as we maintain.

We have to change our way of thinking to recognize that training and maintaining must go hand in glove. We have to exercise in the field and at the same time maintain our equipment.

This is the only way we will be able to meet the maintaining challenges before us, building on the substantial improvements already made to better support our soldiers. It will take a dedicated effort from each of us to continue this progress.

The Lighter Side



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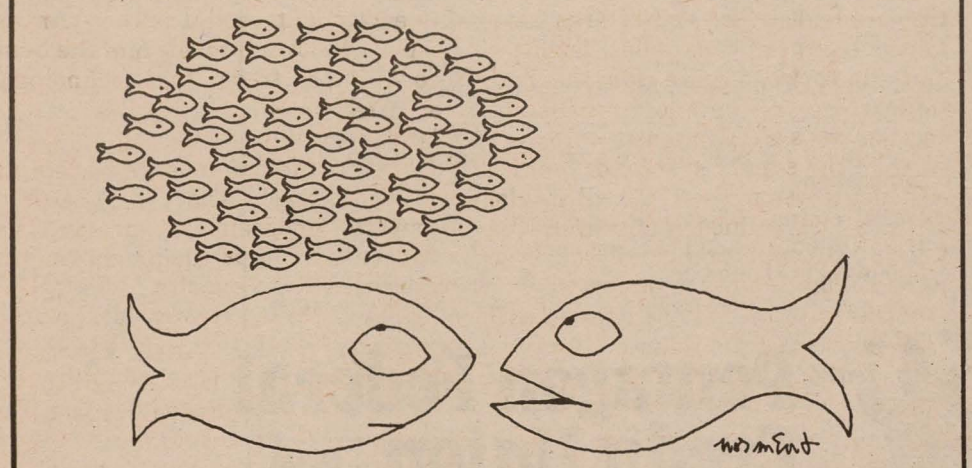

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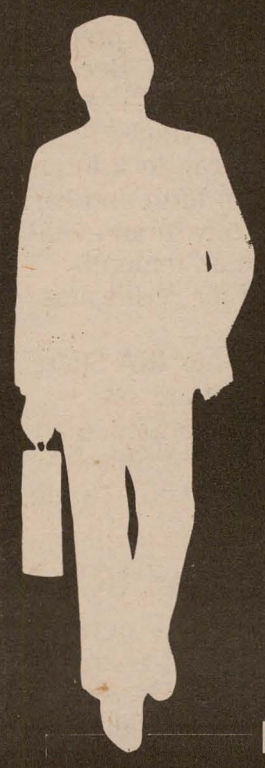

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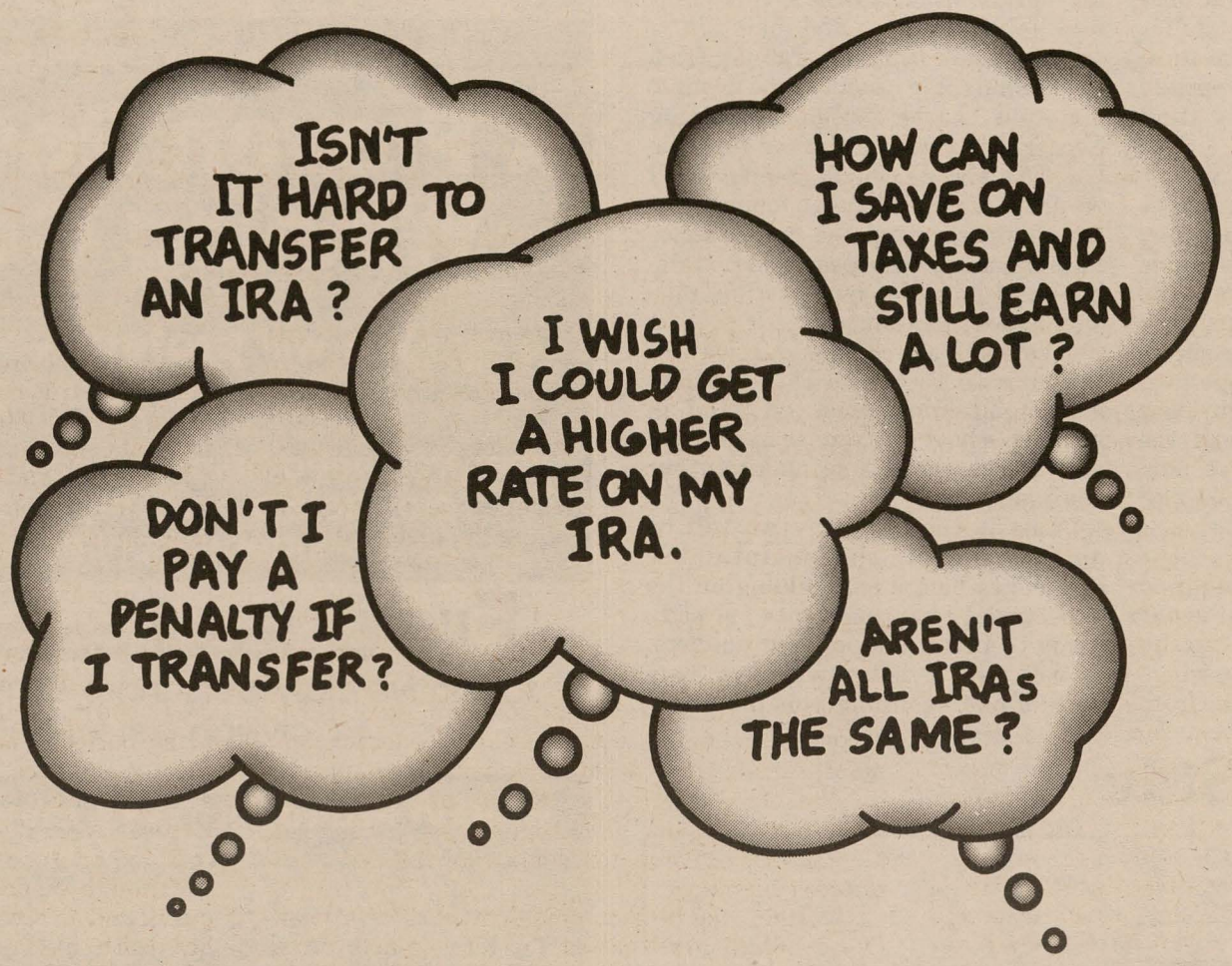

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Gutsy woman's Civil War work earns MOH

by Bob Walker

A nurse, a doctor, a surgeon, a women's suffrage leader, a teacher, an author and even a quack and eccentric are all descriptions her contemporaries might have used—for Dr. Mary Edwards Walker.

But more importantly, Walker is the only woman in our country to have earned the Medal of Honor.

Walker, born near Oswego, N.Y., on November 26, 1832, was the sixth of seven children in her family. After finishing local schooling, Walker attended Falley Seminary in Fulton, N.Y.

She then taught school briefly before going to Syracuse Medical College. She graduated in 1855, the only woman in her class.

She practiced as a doctor for a short time before going to Rome, N.Y., where she married Albert Miller, a fellow medical student. Though it was unusual at the time, Walker never took Miller's name. Also, she wore a pant suit to her wedding and deleted "obey" from the wedding vows.

She and her husband practiced medicine together for a few years, during which time she joined a dress reform movement for women. Even as a girl, Walker had thought women's clothing was too confining.

Then Walker separated from her husband in 1859 because he was unfaithful to her.

Later she attended Bowen Collegiate Institute for a short time, but was suspended because she refused to resign from the all-male debating society.

When the Civil War broke out, she traveled to Washington, D.C.; she wanted to be a surgeon in the Army. But she was turned down because she was a woman.

In Sept., 1863, she traveled to Tennessee, where she became an assistant surgeon for the 52nd Ohio Regiment, encamped near Gordon's Mills. The troops protested her appointment, but she continued to work there. She often wore the same uniform as the officers, even though she wasn't *in* the Army.

She then traveled into Confederate territory, giving medical care to civilians. While doing so she was captured and taken prisoner in April 1864. Taken to Richmond, she was held prisoner for four months, then freed during a prisoner exchange.

Walker received the Medal of Honor for Meritorious Service later that same year for her medical service and for what she endured as a prisoner of war.

In 1866, she became president of the National Dress Reform Association and later joined forces with the Central Women's Suffrage Bureau in Washington, D.C., making many congressional appearances on the subject.

Walker was a suffragist who believed the Constitution already gave women the right to vote. Such beliefs and her attempts at voting soon made her unwelcome at suffrage movement events. Many of her compatriots thought her attempts to vote were illegal acts and an improper course.

Walker's beliefs were exemplified by her wearing men's clothing—pants, shirt, jacket, bow tie and a top hat. This furthered ridicule she received from the dress reform movement. Some people termed her an eccentric; she *did* send Kaiser Wilhelm of Germany a telegram offering her Oswego farm as a site for peace talks.

In 1916 her Medal of Honor was rescinded as being unwarranted, as were more than 900 other war medals. However, she continued to wear hers proudly, refusing to return it.

Walker died in 1919 at the age of 86. Even in death she maintained her position on dress reform, being buried in her black frock suit.

A grandniece, Helen Hay Wilson, left hearings at the Army Board for the Correction of Military Records with Walker's Medal of Honor officially restored on June 10, 1977.

Though Walker was considered by some to be a quack and an eccentric, she stuck to her position to her death, having accomplished many things during her life. But her most important contribution was during the Civil War—work that won her the honor of being the only woman to earn the Medal of Honor and a permanent place in the nation's history.

Hqs Cmd Bn commander talks about leadership

by J. Alan Edmonds Jr.

U.S. Army Chief of Staff Gen. John A. Wickham Jr. has expressed what he considers to be the guideposts for officers to follow in dealing with soldiers under their command. These four points are **training, maintaining, leading** and **caring**. The following is a personal interview with Lt. Col. David E. Neck, the commander of the Headquarters Command Battalion.

In this interview, Neck expresses his views on the guideposts and gives his interpretation of Gen. Wickham's philosophy of leadership.

After earning his commission 22 years ago from The Citadel, a military college in South Carolina, Neck was an infantry commander with the 82nd Airborne Division. He then went on to command an infantry company in the 1st Cavalry Division in Vietnam and has since held various staff jobs at the battalion and brigade level before taking the reins of his present command.

Training

QUESTION: "As a commander, how important is training to you?"

ANSWER: "Well, I think in one form or another, everything we do involves training—maintenance is training, taking care of soldiers is training, SQT is training; we have to train soldiers to survive on the battlefield. We also have to train soldiers on proper counseling techniques. We have to train soldiers and NCOs and the whole chain-of-command on what we should be doing to take care of soldiers. What this all boils down to is that training is the baseline of the Army system in that it is essential in accomplishing the mission."

Q: "One of Gen. Wickham's points was that NCOs are responsible for individual training and commissioned officers are responsible for unit training. How do you translate this statement?"

A: "Well, basically that's the idea behind BTMS (Battalion Training and Management System). The premise of this concept is that the NCO is the front-line supervisor. He's the guy who's responsible for such individual training as MOS qualification and MOS sustainment. As you go up the chain you get to the officers who are more involved in collective training, i.e., training of the unit. We have been doing this for a long time and we do very well in this respect."

Maintaining

Q: "The second guidepost in Gen. Wickham's philosophy is maintaining. In order to train soldiers correctly and efficiently, the Army must ensure that its materiel is properly maintained. How often are inspections conducted at the post motor pool, the MPs' motor pool, the engineers' equipment and so on?"

A: "Very often. I think we have made tremendous strides in this respect, because again maintenance is training. I'm a firm believer in good maintenance and we have had several unannounced inspections.

"There are various types of unannounced inpections; one is the inspection or evaluation by one person, or a group of people who go in and look at all aspects of maintenance."

Q: "The obvious result of maintenance is improved safety and reduced hazards. How is your safety record?"

A: "First thing, maintenance is more than that. Maintenance has a major aim in reducing safety hazards, as we've done in this battalion, but it also means that you can shoot, move and communicate. It means that if you have got to move out for combat, you'll be able to do it with a minimum of effort and without wasted time because of malfunctioning equipment."

Leading

Q: "The third point is leading. How would you describe the ideal leader?"

A. "I think the first thing is he's got to know his business. He's got to know his job. Next, a leader has got to **lead**, and that means being in front. That means if soldiers are out doing storm-damage recovery, then the leader should also be out there in the rain, wet and cold. The leader has got to be highly visible and he must be someone who cares about soldiers and their families."

Q: "A point that Gen. Wickham expressed was that a good climate of command allows soldiers to grow, to make mistakes, to err and still survive professionally. Is this also your policy?"

A: "Yes, no question about that. I won't say that when someone blunders that I don't get upset about it and I may darn sure let them know about it. But I'm not one of the types to hold a grudge against a soldier for making a mistake. The climate of command here certainly allows soldiers to make mistakes."

Caring

Q: "The fourth and final point is caring. How are we dealing with the issue of caring for the soldier and his family?"

A: "I've had at least 50 family members I've met through my associations approach me on matters that pertain to them.

"The Honduras operation was a prime example of caring. A family network was set up by D Company, 864th Engineer Battalion that included several get-togethers with all the wives. Once a week I would meet with the wives in my office and we would put through a telephone call to Honduras to solve problems that had come up with families."

Q: "What programs do you think we have here on post that 'speak care'—that tell the soldiers that someone is there looking out for their interests?"

A: "There are many of them. I think the Christmas and Thanksgiving basket program is one example of programs organized to take care of soldiers. ACS operations are there to help soldiers with the multitude of problems they may encounter. It just goes on and on.

"I think this post has done a super job in this direction and one of the reasons for this is Col. Hawkins' (the post commander) attitude. He's a great leader who has done a lot for the Presidio and a lot of these programs are his and those that aren't have certainly been improved by him."

Q: "Is the philosophy behind these four links (training, maintaining, leading and caring) in the chain that holds the Army together any different from your own?"

A: "I think what Gen. Wickham is saying is something I've believed my entire career. Surely he has given me things to think about. As a leader, I know there are things I can pull up on and do better."

photos by Karl C. Rankin Jr.

Sgt. Kurt E. Rushlow pauses to talk to the MP station while out on patrol.

MPs

The long journey through the night

by Karl C. Rankin Jr.

Through the night and early morning, while most of us sleep, the MPs are patrolling the Presidio, safeguarding our property and enforcing the law. "Our primary concern," MP patrol supervisor Sgt. James D. McManama said, "is security checks—that is, checking buildings and property, making sure they are secure. Secondly, we monitor traffic."

However, before the night watch begins, there are weapons and uniform inspections, briefings on the last patrol and SOP (Standard Operating Procedure) briefings on the use of deadly force—when it is necessary to take a life for self-protection. Also, there are instructions on how to be both stern *and* courteous to people stopped during the night.

In many cases, the MPs issue only warning tickets to drivers who violate Presidio traffic laws, unless they have a lot of tickets, it's a recurring offense or the person is belligerent.

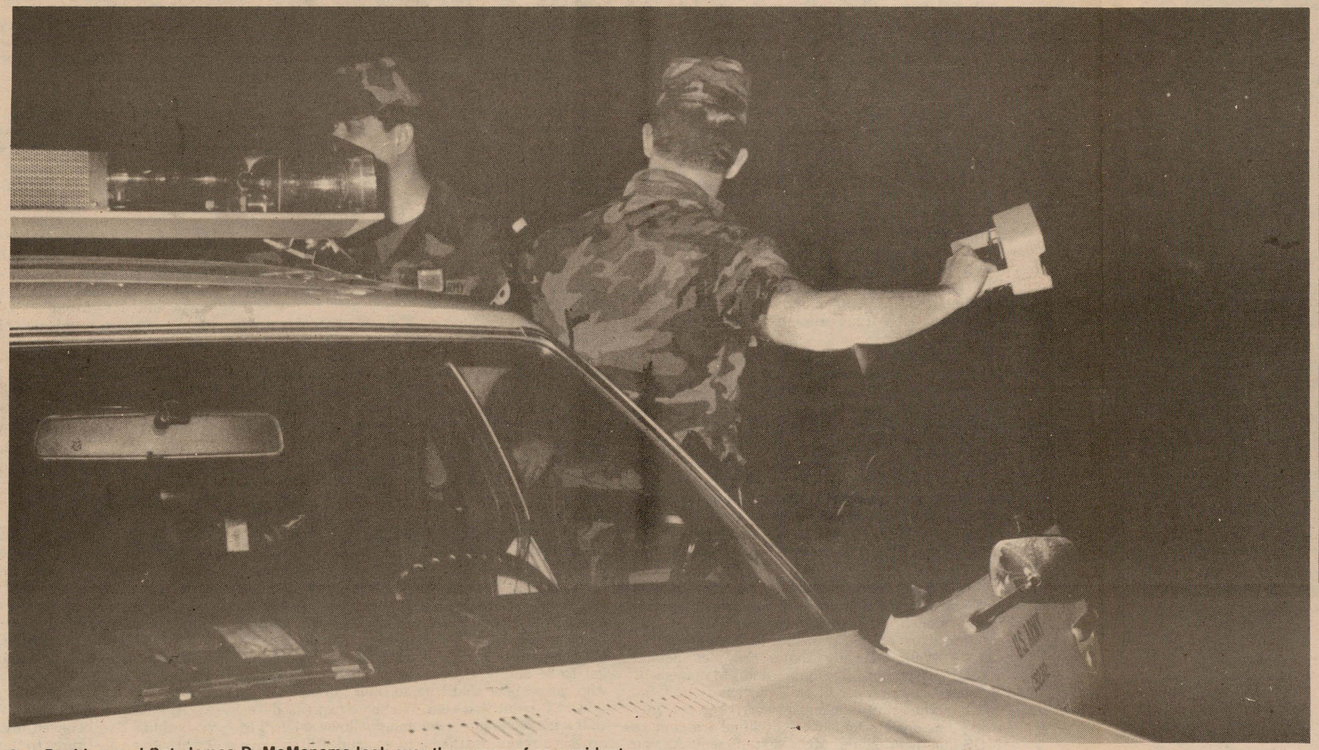
"We're not here to harass anyone, but to aid the people," one patrolman said.

There are certain procedures that the MPs take when you have been stopped at night. They check your driver's license and car registration, which sometimes seems to take forever. However, the license and registration check is for Presidio residents' and the driver's protection as well as the officers'. Nevertheless, they usually have a backup patrol car ready to assist the first patrol.

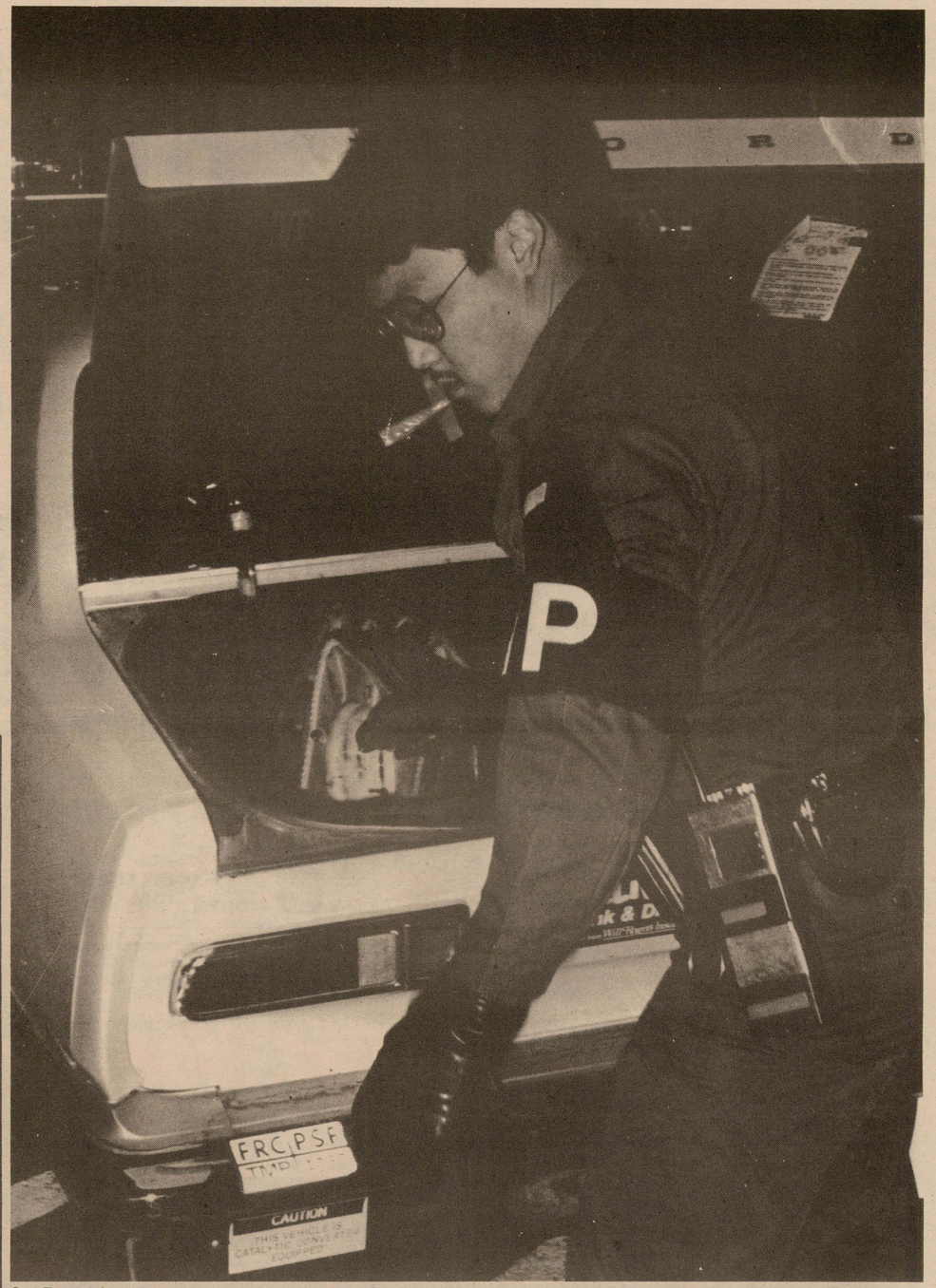
So, if you get stopped by the Presidio MPs, be courteous and you might get just a warning.

Whether it's a warning or not, the Presidio MPs are here to protect us and our property and to enforce the law—whether by day or during our nightly slumbers.

Much too often, a well-deserved "hand of appreciation" is forgotten.



Sgt. Rushlow and Sgt. James D. McManama look over the scene of an accident.



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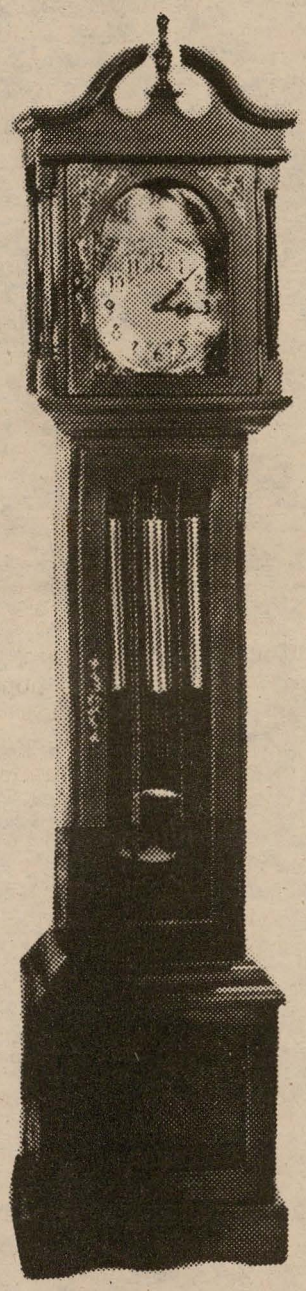

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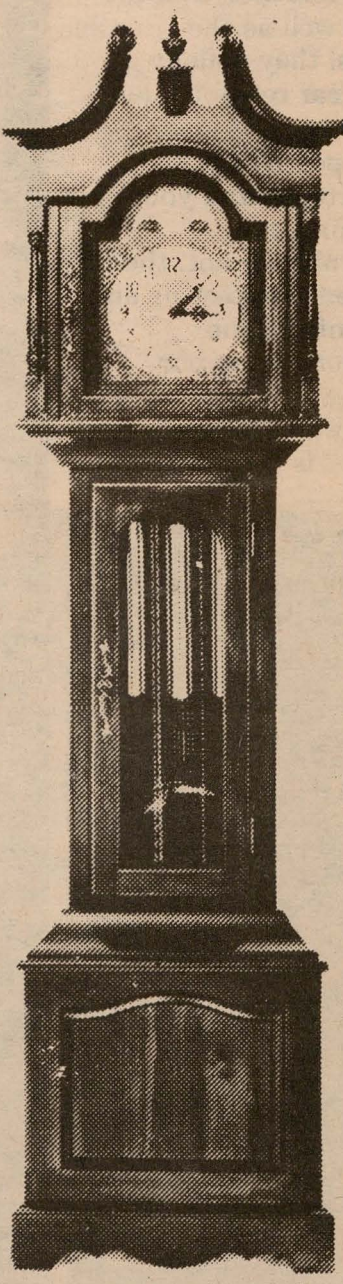

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Community Calendar

Oakland Invaders' Military Day

To honor the Bay area's military personnel and federal employees, and their families, the Oakland Invaders have designated their March 10 game against the Houston Gamblers as "Military Day."

The game is scheduled to begin at 1 p.m. A pregame flag football tournament is set for 11 a.m., with local teams from each of the armed services. An all-star team composed of selected players from the Presidio's intramural league will represent the Presidio, and the Army.

The 6th U.S. Army Band will entertain at halftime for the Invaders' game, and the Presidio's Soldier of the Year, Sgt. William A. Barnello Jr. of D Company, 864th Engineer Battalion, will be invited to toss the coin for the opening kickoff.

Tickets are available at half price, $5.25. Those interested in attending should contact the ITT office in the Cultural Center, bldg. 385, or call 561-3992. Look for more information in next week's paper.

Recycling

Recycling for March will take place tomorrow. Quarters residents are reminded to have newspapers and all-aluminum cans ready for pick-up from 10 a.m. to 3 p.m.

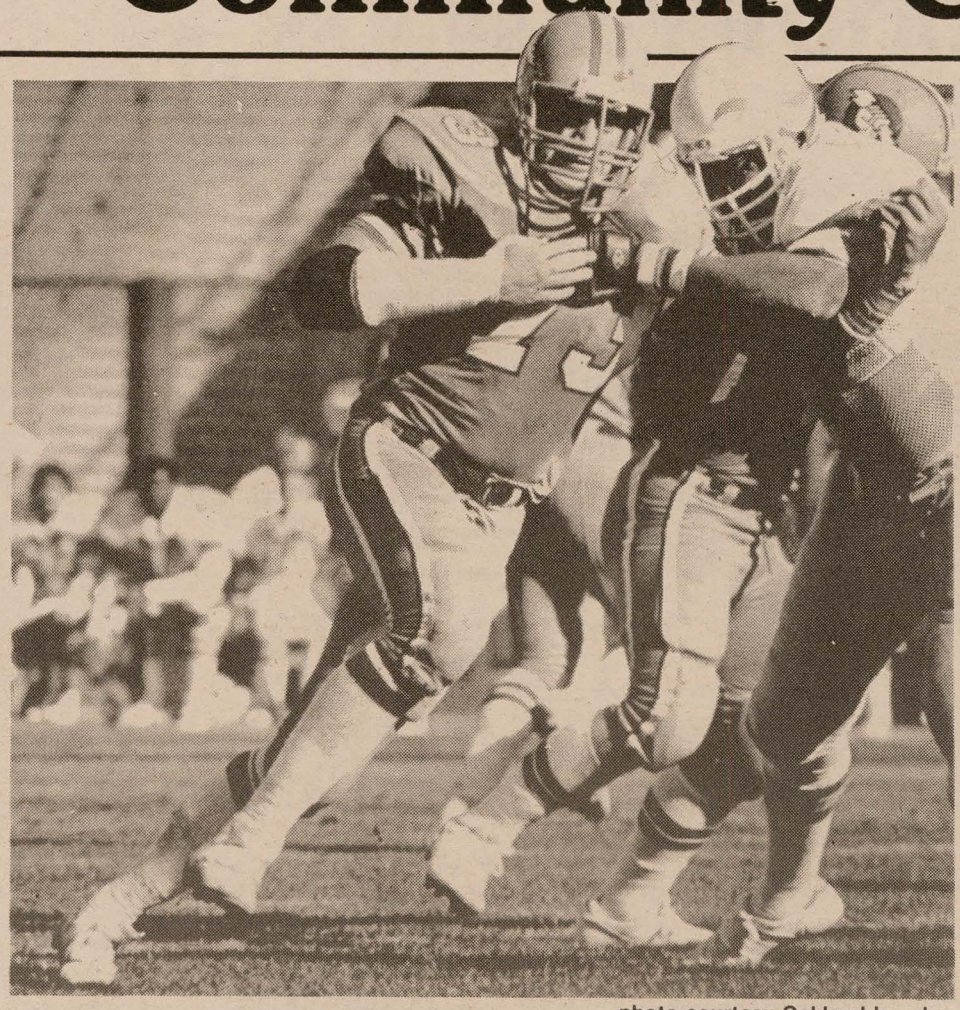


photo courtesy Oakland Invaders

Oakland Invaders

Defensive end Dave Browning is just one of the players on the tough local team.

All proceeds from recycling go to the Girl Scouts, Boy Scouts, Aquarius Swim Club and Parent-Youth Club.

If it rains, there will be no recycling. Cans and newspapers can be dropped off at the recycling point, next to bldg. 661, at any time.

Testing

The Graduate Record Examination (GRE) will be given April 18, from 7:30 a.m. to 12:30 p.m., at the Fort Scott Education Center. The registration fee of $29 is payable by check or money order no later than **March 13.**

The College-Level Examination Program (CLEP) English with Essay test will be given on April 17 from 8 to 10 a.m., at the Fort Scott Education Center. There is no charge.

You must order this test no later than **March 13.**

These tests are for active duty soldiers only. If you are interested in taking one of these examinations, contact a counselor at the LAMC Education Center, bldg. 1007, 561-3692 or 561-4030, or the Fort Scott Education Center, bldg. 1216, 561-4445 or 561-2974.

NCO/Enlisted Club

The Tradewinds NCO Club has a great Sunday brunch—all you can eat for $5 for adults; children age 5 to 12 get in for $2.50 and kids under 5 eat for free! March 21, the Tradewinds will be featuring country and western entertainment. And come by and see how the remodeling is coming along!

...the write stuff...

by Richard Wetzel

INQUIRING MINDS WANT TO KNOW.....

EXTRA! EXTRA!...and remember, you read it here first...tsk, tsk,...the poor thing!...In case you hadn't heard, the Presidio's superstar celebrity himself, Ramblin' Sam, could be in trouble with the ratings and the public...Seems our mysterious walking questioner has let the curiosity well run dry...According to my sources, he's been seen stumbling on street corners asking innocent privates inane questions like, "What makes a good leader?"

At the urging of Jimmy the Freak and myself, Repulsive Sam, as he's known here in the office, has committed himself, not to the chic Betty Ford Clinic (that's gauche these days) but to the hip Vanessa Williams/Boy George Camp...One can only wonder what will become of our beloved nemesis...I guess time will tell, and so will the Readership Survey, which is s'posed to be mailed out to randomly selected readers "sometime soon."...By the way, yours truly and "...the write stuff..." have been inadvertently? left off the survey.....I'm not advocating a mutiny or anything, but you could dig out the red felt markers and make it a landslide "*write-in...*" "*stuffing*" the ballot box is encouraged, also.....

Reading between the lines can be harmful to one's mental health...back up, refocus and start again...you obviously missed it the first time.....

I've just been appointed (detailed?) to the Dining Facility Advisory Council, and I'd like to make my first suggestion right now: Kill the soup!...It tastes like the soup Mom used to make...just before they took Dad to the hospital...My second suggestion is to send all the post cooks TDY to the "KQED Dessert Delight." There hundreds of desserts, from vanilla fudge to chocolate souffle, will be available for sampling, while Don Neely's Royal Jazz Society Orchestra performs. This event is open to the public, not just cooks, so bring your hungry heart to the Showplace Square, 8th and Brannan streets from 1 to 5 p.m. tomorrow.

After you have stuffed your face with goodies galore, you're gonna have to do something to rid yourself of those extra pounds. By walking six blocks to Second Street and then a few more to Market Street, you ought to arrive at a good place and in time to catch the beginning of the Chinese New Year's Parade, starting at 7 p.m. The longest dragon in Chinatown's history proceeds down Market Street to Stockton to Post and down Kearny to Columbus Avenue...

Feeling a little homesick? Join the "Corn Huskers Weaving" class at 1 p.m. tomorrow at the California Academy of Sciences in Golden Gate Park.

You may not be able to do much of anything about the weather (who's complaining lately?), but visitors to the Exploratorium on March 23 and 24 will learn how to understand and predict it (even in San Francisco?) Local meteorologists from KPIX-TV and KRON-TV as well as independent weather consultants will be on hand to discuss long- and short-term weather forecasting. Participants will learn how to read cloud charts, rain gauges, hygrometers and psychrometers. It is hoped that by the end of the class, students will know when to drag out the overcoat and when to carry the umbrella (unless they're male soldiers in uniform).

The Asian American Theater Company presents "Tea," a story of five Japanese "war brides" who gave up the security of their country and family to marry American GIs after World War II. This based-on-fact story runs Thursday through Sundays, March 15-April 28, at the Fort Mason Center, bldg. B, third floor. Call 928-8922 for more info.

MUSICAL SNUFFing....Jimmy Page, former lead guitarist for Led Zepplin, and Paul Rodgers, formerly of Bad Company, have joined forces to form *THE FIRM,* and will be playing at the Oakland Coliseum March 15...*IRON MAIDEN* and *TWISTED SISTER* will be at the Cow Palace March 21...*TRUIMPH* will rock the Cow Palace on March 9...*GENERAL PUBLIC* will produce some interesting sounds at the Henry Kaiser Convention Center March 10...and *ROGER WATERS,* once with the famed *PINK FLOYD* (which one is Pink?) will be at the Oakland Coliseum April 3....

With Black History Month coming to a close with February, one has to wonder what's next on the agenda.....on second thought, maybe I should leave that alone... 'Til next time, keep smiling and asking yourself, "Why Ramblin' Sam? Why?..."

At the movies

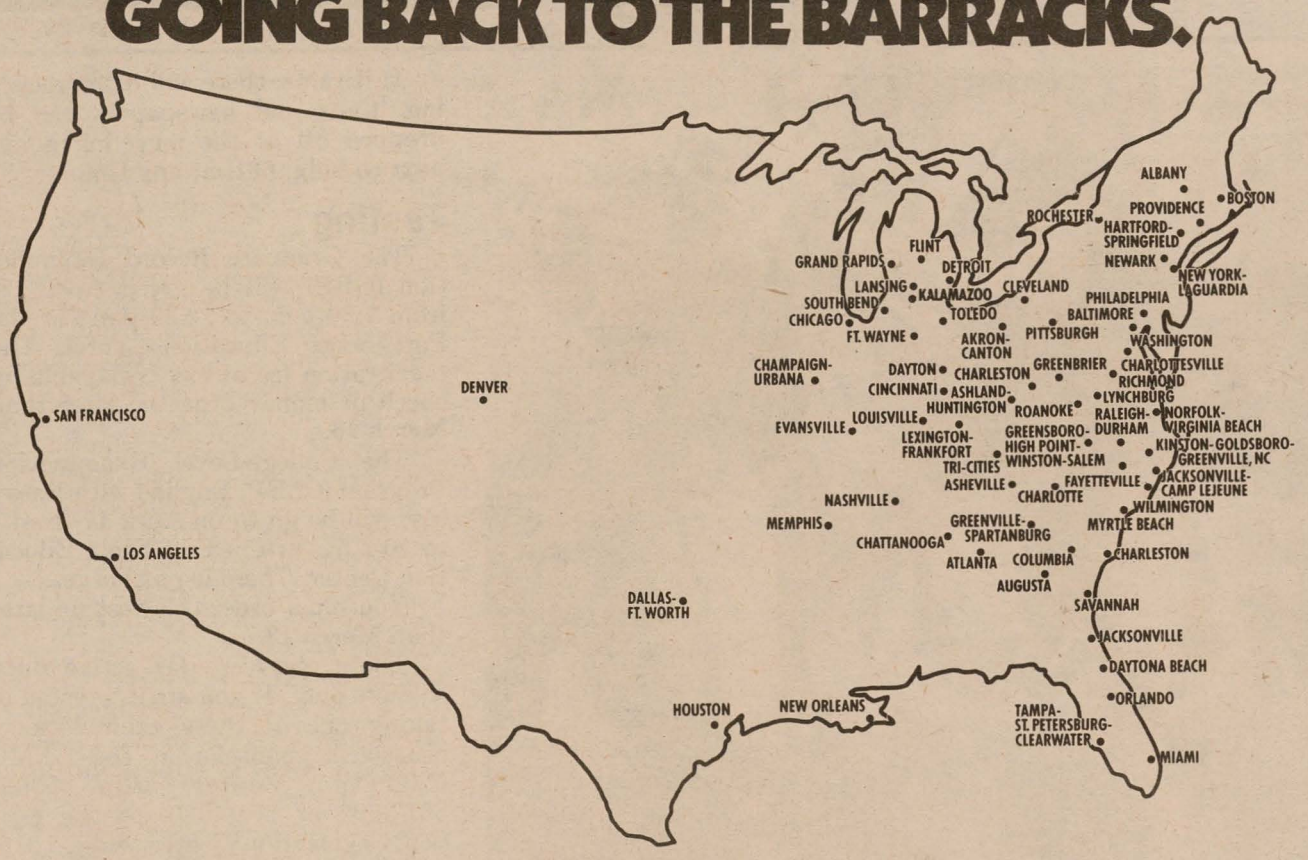
Presidio Theater

Fri, March 1	Body Rock (PG-13)	7 p.m.
Sat, March 2	The Cotton Club (R)	7 p.m.
Sun, March 3	The Cotton Club (R)	2 & 7 p.m.
Mon, March 4	The Cotton Club (R)	7 p.m.
Tue, March 5	Friday the 13th—Part 3 Friday the 13th—The Final Chapter (R)	7 p.m.
Wed, March 6	Tightrope (R)	7 p.m.
Thu, March 7	The River (PG-13)	7 p.m.

Schwartz Theater

Mon, March 4	Body Rock (PG-13)	7 p.m.
Wed, March 6	The Cotton Club (R)	7 p.m.
Thu, March 7	Friday the 13th—Part 3 Friday the 13th—The Final Chapter (R)	7 p.m.

WHEN GOING HOME DOESN'T MEAN GOING BACK TO THE BARRACKS.



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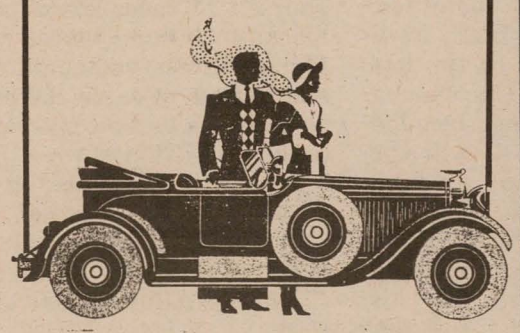

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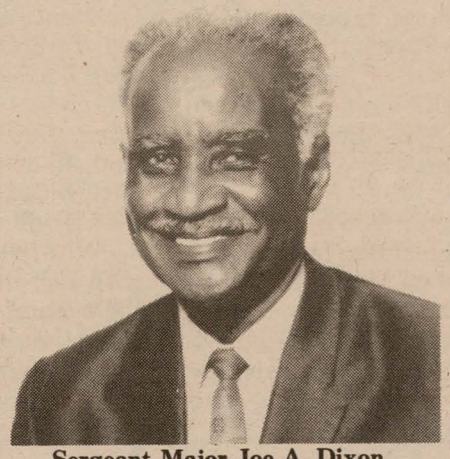

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Sports

Intramural basketball

The Post Basketball Championship playoffs start March 6 and continue through March 19. The top eight teams competing in the post intramural basketball league will advance to the Post Championship. There is just one more week of league play, and it's still a close race for the final eight positions.

Standings as of Feb. 22:

Team	Wins	Losses
Doctors	10	2
DEH 1	11	3
Oakland Army Base	10	3
Co. B, LAMC	9	4
864th Engrs	8	4
VA	8	5
6th Army	8	5
USAG	8	6
DLI-SF	7	6
LAIR	6	8
LEC	6	8
USAISC	4	10
DEH 2	2	10
DPTSEC	2	11
MILPERCEN	0	14

NOTE: There will be a coaches' meeting for all playoff teams (top eight places) at 1 p.m. today at Gym 1, bldg. 63. The team pairing will be announced at that time.

Intramural golf

The 1985 Intramural Golf League will get started Thursday. All golfers are reminded to contact their unit sports officer on forming a unit team. A minimum of three golfers are needed to start a team, with a maximum of six players on a roster.

Competition will be match play with handicap (maximum 36). All matches are at the challenging Presidio golf course on Thursdays at noon.

Green fees for non-members of the Presidio Golf Club are paid by the Sports Branch. It's a great sport that will test your skills and allow you to enjoy the lovely countryside.

An organizational team meeting will be held at Gym 1, bldg. 63, at 11:30 a.m. Monday.

For more information, call the Sports Branch Office, bldg. 63, at 561-4120 or 561-5032.

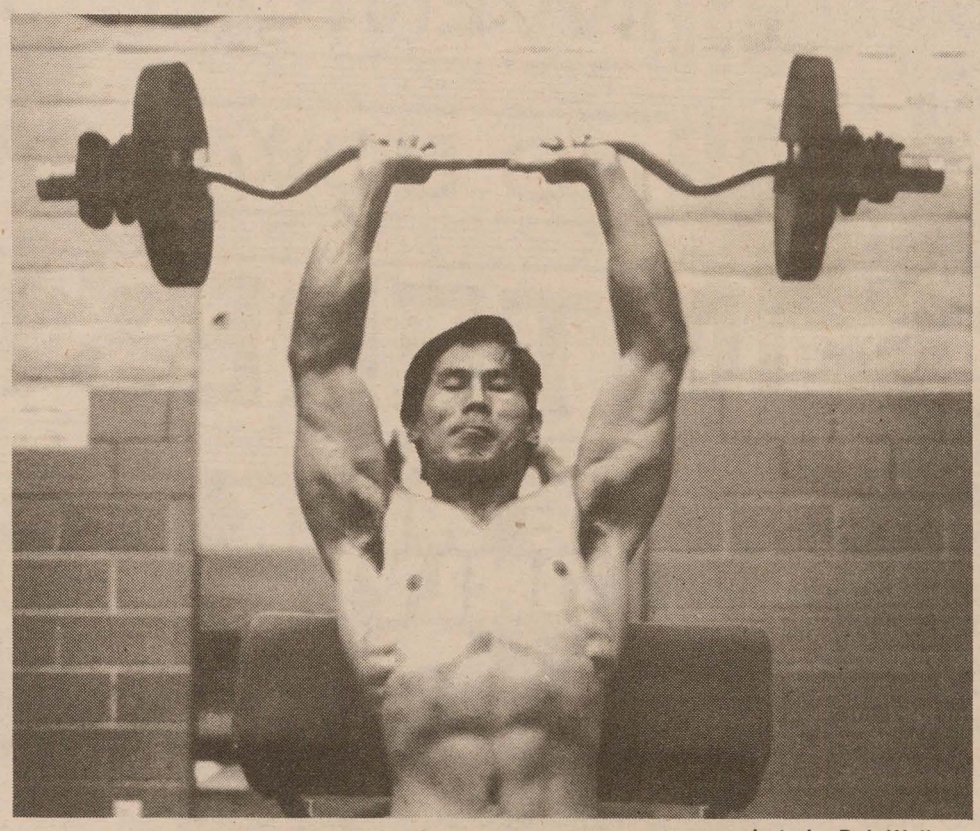

photo by Bob Walker

Brains and brawn

Computer clerk Wayne Chow likes to spend his lunch time lifting weights at the post gym.

Post bowling team

After a letdown from the Military Bowling Tournament in Las Vegas, Nev., the Post Bowling Team attempted to get back on track in the NORCAL Traveling League.

Their first opponent was an old nemesis, Mather AFB 1, the league leaders. Although Presidio bowled well, they could only manage a score of 14 to Mather's 16.

The second set was much better against the team from Beale Air Force Base. The score was Presidio 18½ to Beale's 11½.

The following team members were high scorers for the day: Len Shanks, 623 series and games of 231 and 205; Don Fryer, 598 series and games of 226 and 205.

Softball coaches wanted

The Sports Branch is seeking experienced and qualified coaches for both the post men's and women's softball teams. These post-level teams will compete in military and civilian leagues and tournaments in the northern California area.

Anyone interested should call the sports director, Bobbie Gascon, at 561-4120 or 561-5032.

Aerobics classes

Join anytime! Register with instructor at class. Open to all ages, all levels of fitness, both men and women.

For more information call 561-4120 or 381-3382.

USMA physical exams

The U.S. Military Academy Physical Aptitude Examination will be held all day at Gym 1, bldg. 63, on Sunday.

Post Gym 2, bldg. 1152, will be open to patrons for use from 9 a.m. to 4:30 p.m. that day.

All tennis court reservations should be made by tomorrow.

Outdoor Recreation

Saturday hours for Outdoor Rec:

The Outdoor Recreation equipment Check-out center is now open Saturdays from 11 a.m. to 3 p.m.

Ski orientation classes:

Classes on safety and maintenance will be held at Outdoor Recreation, bldg. 92, at 5 p.m. on March 5 and 21. Authorized people who expect to rent skis from Outdoor Recreation must attend one session before checking out skis; there will be no exceptions to policy.

People who have previously attended a class at Presidio's Outdoor Recreation Center are not required to attend.

Package ski trip:

There are still openings on Ski Trip 4 on April 12, 13 and 14. The ski trip is a three-day trip to South Shore Lake Tahoe. Cost is $60 for skiers and $55 for nonskiers and skiers with their own equipment. Cost includes transportation, lodging and equipment rental as specified. Ski lift tickets and meals are not furnished by Outdoor Recreation.

Ski lift tickets:

Outdoor Recreation is selling military discount ski lift coupons for Squaw Valley for $21. The coupons can be used any day of the 1985 ski season. Alpine Meadows lift coupons are available for $17; Alpine Meadows coupons cannot be used on Saturdays. Coupons may be redeemed at any ticket booth.

For more information, call or come by Outdoor Recreation, 561-4324, bldg. 92.

Delinquent equipment:

People renting equipment from Outdoor Recreation are reminded that it is the user's responsibility to return equipment on time. Double rental fees go into effect on all rental equipment the day following the due-in date. Extensions will be granted; however, extensions will not be permitted unless the user calls Outdoor Recreation at 561-4324 to extend.

Reminder:

Sponsors or sponsors' spouses must sign for all equipment and make all reservations.

Army Basketball team trounces Thomas' Tycoons 93-81

by Jeff Smith

When time ran out in the Army Basketball team's February 23 scrimmage, Army had a seemingly easy 93 to 81 victory. But if you were to write a book about the game, you might have called it "A Tale of Two Halves." The first half was won by the Thomas' Tycoons, a fine local team from the Hayward League, 45-31. The second game (half) was dominated by the talented Army cagers, 59-36.

The fact is that Army did not grab the lead for good until almost 10 minutes into the second half. To start half number two, Coach Ron Foster had his team press the Tycoons full court. Soon after that, the team, led by Julius Thomas and Walter Golden, began routing the Tycoons. Thomas was particularly impressive in the second half. His quick hands, deft shooting and court savvy turned a six-point deficit into a seven-point lead within a span of three and a half minutes. Golden, meanwhile, had kept Army close during the first half, when it looked as if the experienced Tycoons would beat Army.

The Thomas' Tycoons, recent winners of the Northern California Championship in Yuba City, had lost only one league game this season. Their team included two NBA veterans, players who had performed in Australia and Norway and an ex-Pittsburgh Steeler. Clearly, this team had some fine talent.

The game's first half was unexciting. The Tycoons built their lead steadily on the hot hands of NBA veteran John Lambert, who scored 27, and Ollie Johnson, who finished with 25 points. But Army never got untracked. A fine steal resulted in a missed lay-up. Lambert and Andre Keyes rebounded well against the slower big men that Army put against them. At the half, down by 11, Foster had a "heart to heart talk" with his team. "We decided to run the ball and full-court press whenever we could," he said.

Initially, the pace of the second half seemed unchanged from that of the first. The Tycoons seemed to be controlling the game. Suddenly, Army's tenacious press began forcing the Tycoons to throw away pass after pass. Thomas, Golden, Jerry Carter and Anthony Smith benefited most from these errant tosses, turning them into easy two-pointers. Army continued pressing and assumed a commanding 15-point lead with four minutes left. They never stopped hustling until the final buzzer sounded.

About Thomas, whose fine second half turned the game around, Coach Foster said, "He had an average day; Thomas is capable of 30 to 35 points a game." When asked how he felt the team was rounding out, he smiled and added, "A coach is never satisfied!"

The Army team will soon leave the Presidio for Fort Hood, Texas, where it will participate in the Armed Forces Championships beginning March 12.

With a little luck, Coach Foster may finally be satisfied at the end of this tourney.

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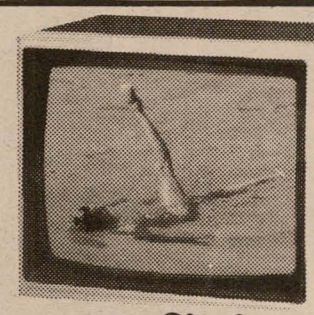

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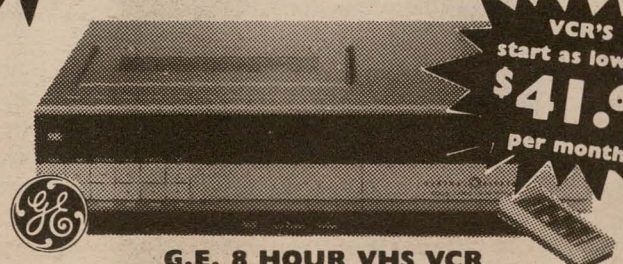

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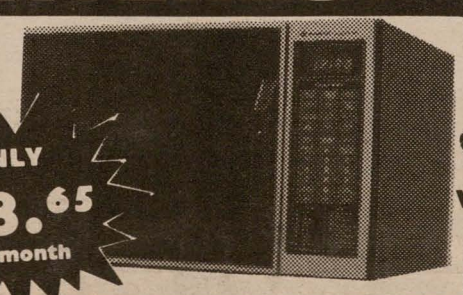

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Income tax time: no one likes it, but everyone does it, **page 5**

Gardening: the plot may not thicken, but flourishes here, **page 6**

Lockouts: what costs 600 man-hours a year? Answer on **page 7**

Star Presidian

Vol. 28, No. 9 "Published in the interest of the people of the Presidio of San Francisco." March 8, 1985

News Briefs

New LAMC commander

Letterman Army Medical Center saluted its departing commander, Maj. Gen. Frank F. Ledford Jr., and welcomed its new commander, Brig. Gen. Frederick N. Bussey, during a change of command ceremony at the Presidio on March 2. At the ceremony, Bussey both became Letterman's commander and was promoted to brigadier general.

Ledford commanded Letterman from August 1982 until March 1985. He left Letterman to become head of the 7th Medical Command in Heidelberg, Germany. In his new position, Ledford will oversee the operations of the 11 Army hospitals in Europe.

During his career, Bussey has served as chief of the Department of Surgery at Fitzsimmons Army Medical Center, in Denver, from 1982 to 1983; commander of the U.S. Army Hospital in Nuremberg, Germany, from 1979 to 1982; chief of Professional Services and of Surgery at Fort Carson Army Hospital in Colorado from 1973 to 1979; and commander of the New Arrivals Station Hospital for Vietnamese refugees at Fort Chaffee, Ark., in the fall of 1975. Before coming to San Francisco in 1984, Bussey attended the Army War College at Carlisle Barracks, Pa.

Bussey is a fellow of the American College of Surgeons. His military awards include the Bronze Star, the Meritorious Service Medal and the Humanitarian Service Medal.

Bicycle race

For the sixth year in a row, the "Flying Wheels of San Francisco" will conduct their annual *Criterium* series of bicycle races at Fort Baker's Murray Circle on Sunday.

The races, which traditionally attract Olympic-class racers, will begin at 8 a.m. and finish by noon. All Presidians, particularly residents of Fort Baker who graciously support this colorful event each year, are invited to view this unique and exciting activity.

The recent success of the U.S. Cycling Team at the Los Angeles Olympics can partly be attributed to such events as the *Criterium*, a showcase of cycling on the West Coast.

Every effort has been made to minimize disruption to traffic and residents' activities, but some delays can be expected. Enjoy the event, but, as they say on "Hill Street Blues," BE CAREFUL OUT THERE!

POWC scholarships

Applications for scholarships from the Presidio Officers' Wives' Club (POWC) are now available. These scholarships are for POWC members or their family members who are graduating high school seniors or vocational or continuing college students.

For scholarship forms, call Karen Tarantola at 931-9370 or Sandy Halsey at 922-2380.

What is, is not 'fraternization'

story and photo by Karl C. Rankin Jr.

Around the barracks, you can hear the latest gossip about a senior NCO's affair with the company clerk. Soldiers are complaining that she is excused from the detail roster too often. And discipline is growing worse with the passing of each day. As a result, morale is low.

What does a commander do?

In November, the Department of the Army released a policy letter clarifying a 1980 Army regulation on such undesirable relationships. The letter instructs commanders or supervisors to counsel soldiers of different ranks whose relationships:

- Cause actual or perceived partiality or unfairness;
- Involve the improper use of rank or position for personal gain; or
- Can otherwise reasonably be expected to undermine discipline, authority or morale.

Please see page 2

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Opinions

What is, is not 'fraternization' continued from page 1

From these guidelines, the commander must make a decision for reassignment, oral or written reprimand or both.

But the guidelines state that the commander's actions shouldn't result in a bad evaluation or efficiency report for the soldiers involved or relieve them of command, unless it can be proven that there was favoritism, abuse of rank or position and decline in discipline, authority or morale.

The term "fraternization" now applies only to officers whose relationships meet these criteria. For officers, it is a criminal offense punishable under the UCMJ (Uniform Code of Military Justice).

However, for enlisted soldiers the Army realizes that relationships on the job happen, and if they don't violate this policy, they're permissible.

Capt. Larry E. Gilmore, company commander, USAG, said, "Allowing senior and junior enlisted soldiers to form relationships is a big part of the policy clarification. It takes the guilt away from those parties involved in a relationship. But, when soldiers form a relationship, it can cut to the core of a unit's morale if not kept within the bounds of Army policy. The major concern is how someone might misinterpret the relationship of those involved."

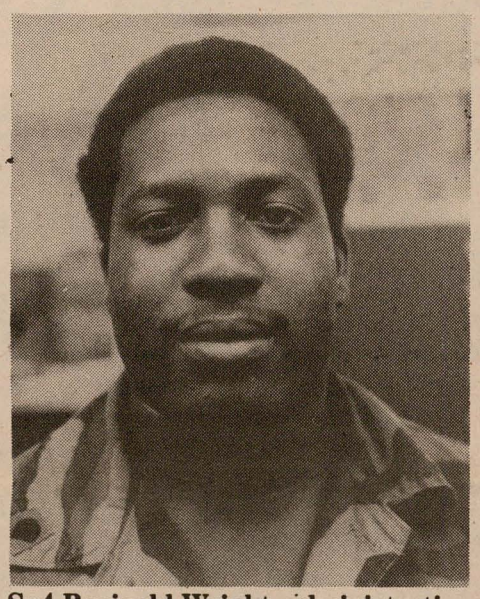
"It is very important that there be an alertness to appearance, it involves some adult thinking," said Capt. Wilford H. Ross, trial counsel for SJA (Staff Judge Advocate). "Think before you act, thus encouraging dignity within the unit. The recent policy doesn't give free rein to hold hands, but leaves the responsibility to the individual soldier. You're a professional and the Army expects you to be professional in your relationships as well.

"There are some questions that soldiers should ask themselves," Ross added. "*How* do other people view the relationship? Does this friendship carry over to work?"

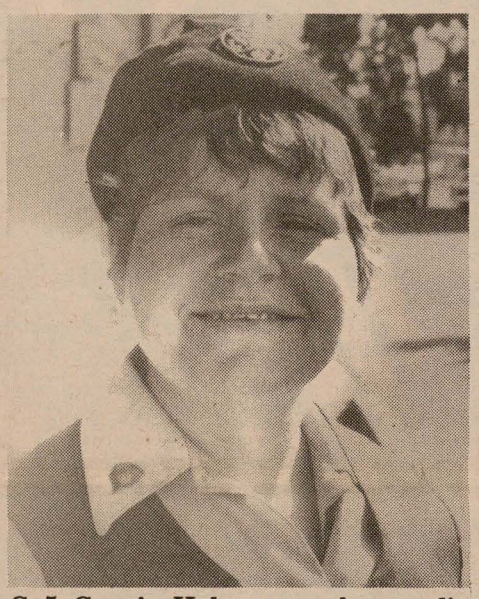
Sometimes, people blindly walk into relationships without realizing the consequences. But as professionals we *can't* be blind to relationships between soldiers which may cause, or appear to cause, favoritism, low morale or decline in discipline.

Ramblin' Sam

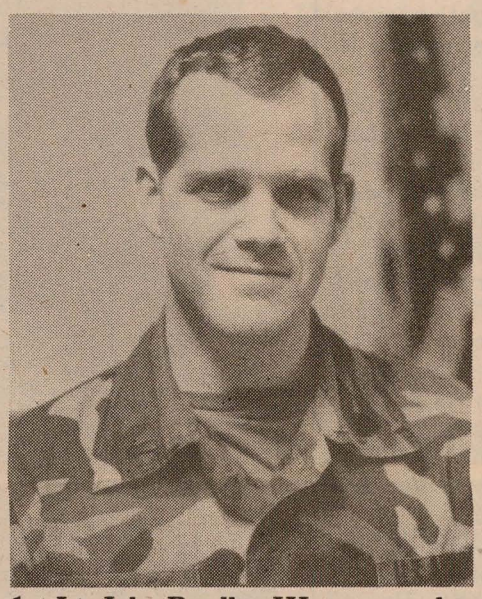
"What would your role be during a mobilization?"



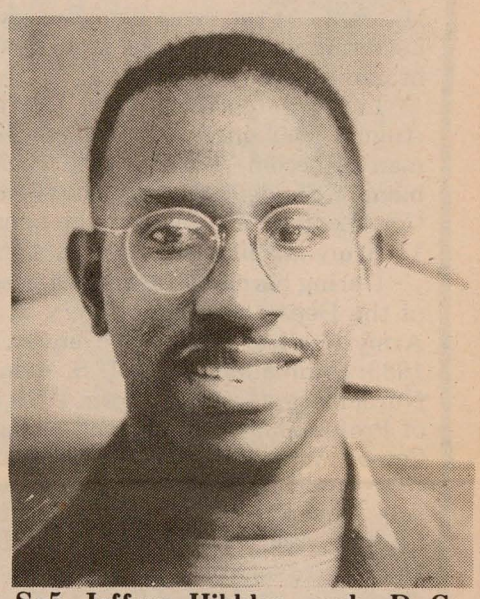
Sp4 Reginald Wright, administrative specialist, Admin Services Branch, "I think I would be assisting in administration work, preparing mobilization documents, processing others for mobilization and shipping them out to their destinations."



Sp5 Connie Holmes, combat medic, LAMC, "My role would probably be as a combat medic as I'm a 91A, a combat medic. During peacetime we work as corpsmen in the hospital."



1st Lt. John Bradley III, commander, 16th AG Detachment (Postal), "My role would be to ensure that my unit would arrive at the designated point from where I would see that the unit was deployed in a safe and timely manner. Once we'd arrived at the designated point, I'd see that we set up operations and deliver mail."



Sp5 Jeffrey Hibbler, cook, D Co., 864th Engineers, "My role would be to help deploy the cooks and the rations to ensure that troops receive the proper meals and to pull details as the company sees fit."

The true confessions of a would-be yuppie

by Liz Greeley

I admit it. I'm a failure.

Not for lack of trying, you understand; the Fates conspired. I *wanted* to be a yuppie, to follow the trend; I just couldn't.

For the uninitiated, a yuppie is a Young, Urban Professional. I am a professional, you can't get much more urban than San Francisco, and "young" is such a relative term.

So what stopped me? I mean, I had it made in the shade, right? I'm even part of the Baby Boom Generation!

Money. Or, rather, the lack of same. Let's face it, BMWs and Gary Hart rallies don't come cheap.

Oh sure, it sounds easy enough to rake in 30 to 40 thou a year, but I'll guarantee you it's tough on a civil servant's salary. The whole thing has been a crushing burden, not to mention the disappointment.

But in my heart, I *am* a yuppie. Every time I see a sleek, red motor scooter I yearn to drive down Sacramento Street, with the wind in my hair and a briefcase strapped to the back, as I head from work to my workout class (at an expensive club, of course). Why do something at home for free when you can pay to sweat someplace else?

And oh, how I've envied those young business-types standing on the corner in their suits and running shoes while waiting for the 1 California.

I wanted to sip white wine at gatherings of a few close friends—I found being a teetotaler a serious drawback in this endeavor.

I would have voted for Gary Hart—if only he had gotten himself on the ticket.

And yes, I'd like to own a butcher block table and a Cuisinart, and then go out to dinner 3.5 nights per week.

Nevertheless, I have to take the ultimate responsibility for my failure. The buck stops here. It has to when your weekly take-home pay is $2.75.

Okay, *maybe* I'm exaggerating just a tad. And maybe, perish the thought, I'll never be a yuppie.

But I tried to follow the trends, honest I did!

I bought a popular workout album, I keep my fridge well stocked with chilled white wine (I don't drink, but who's to know?), and I went to an ever-popular Union Street bar, hoping no one would notice my soft drink

Please see page 3

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Confessions continued from page 2

wasn't a wine spritzer. While I was there, I did my best to act as self-indulgent and hedonistic as the rest of the crowd. But, alas, it was no use; I just didn't fit in.

I even—well, this is really embarrassing—I even painted my 10-speed bright red and tried to *pass*. Naturally, I was caught before I'd pedaled two blocks.

"**You're** not a yuppie," cried the voice behind the accusing finger.

I slunk back to my apartment in shame and degradation. Without an electric knife, I couldn't even slash my wrists to avoid disgrace.

So now what? Where do failed yuppies go, what do they do? Well, I'm thinking about writing a book, *Alternatives to the Yuppie Lifestyle*.

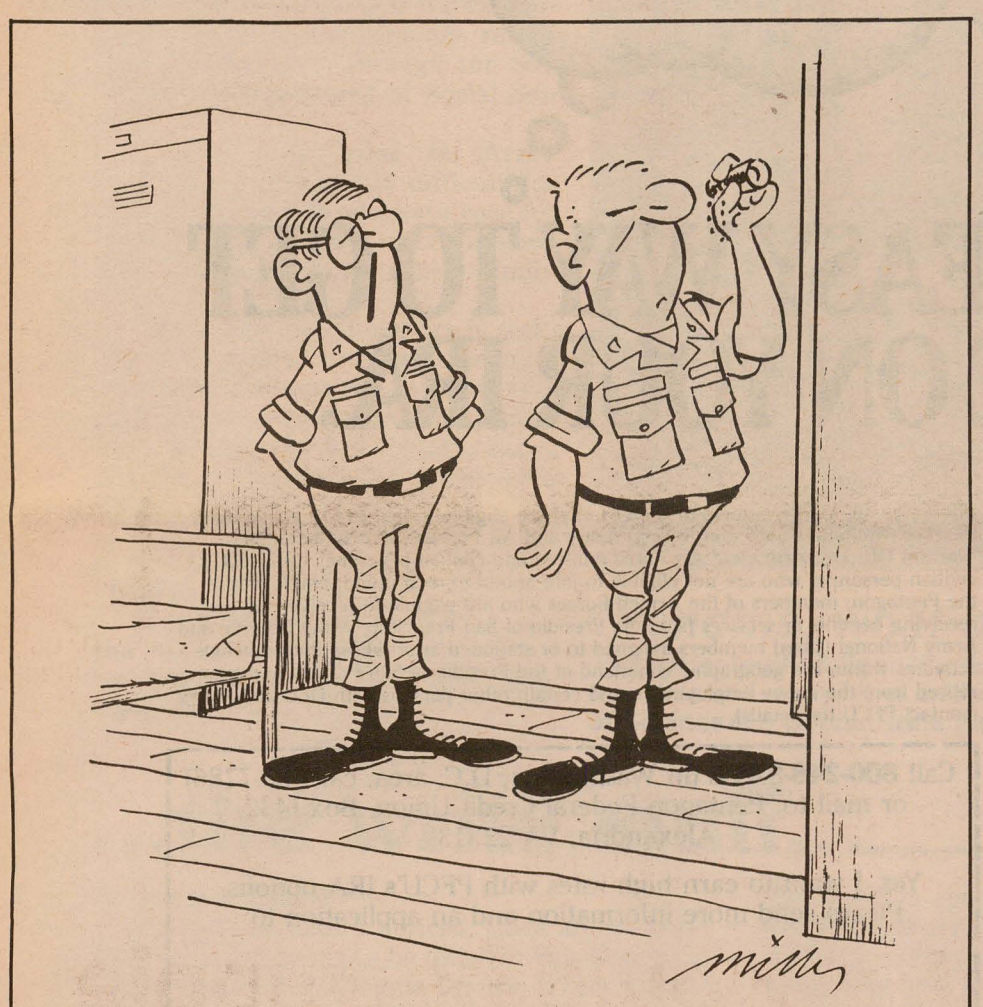
The book would emphasize community service and gifts to worthy charities, as opposed to rampant self-indulgence; walking or riding the bus, instead of scootering to work (or taking the BMW); a simple, balanced diet at home, rather than dining out at the latest in trendy bistros; wearing *shoes*, not sneaks, to work; and, finally, reintroducing con-ver-sa-tion.

You remember it. It was people discussing foreign policy and the possibility of war in exotic countries, including all the ramifications, instead of just replying, "Wow, isn't that a *bummer*?"

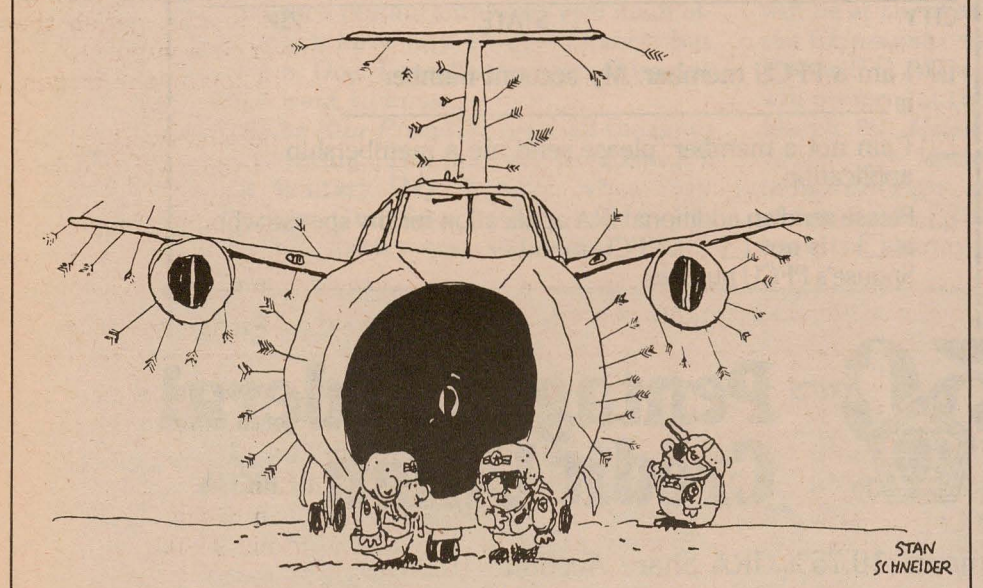
I know it sounds like sour grapes; well, it is. But just think, my book could make it to the best seller list, then it could become widely popular. I'd be famous and then I'd be on the Carson show, David Letterman would call me up...

Why, by George, I could start a *whole new trend*!

The Lighter Side



"Yes, a beautiful four color picture of all 44 members of the 6th Army Band. What did you expect?"



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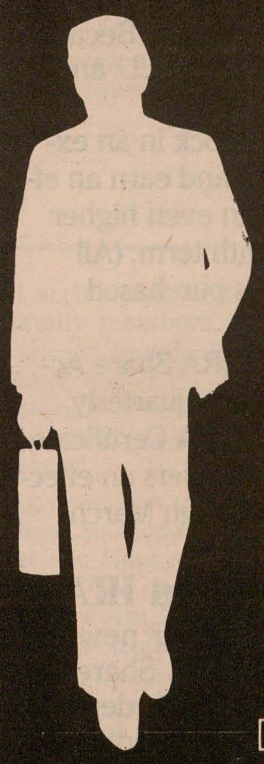

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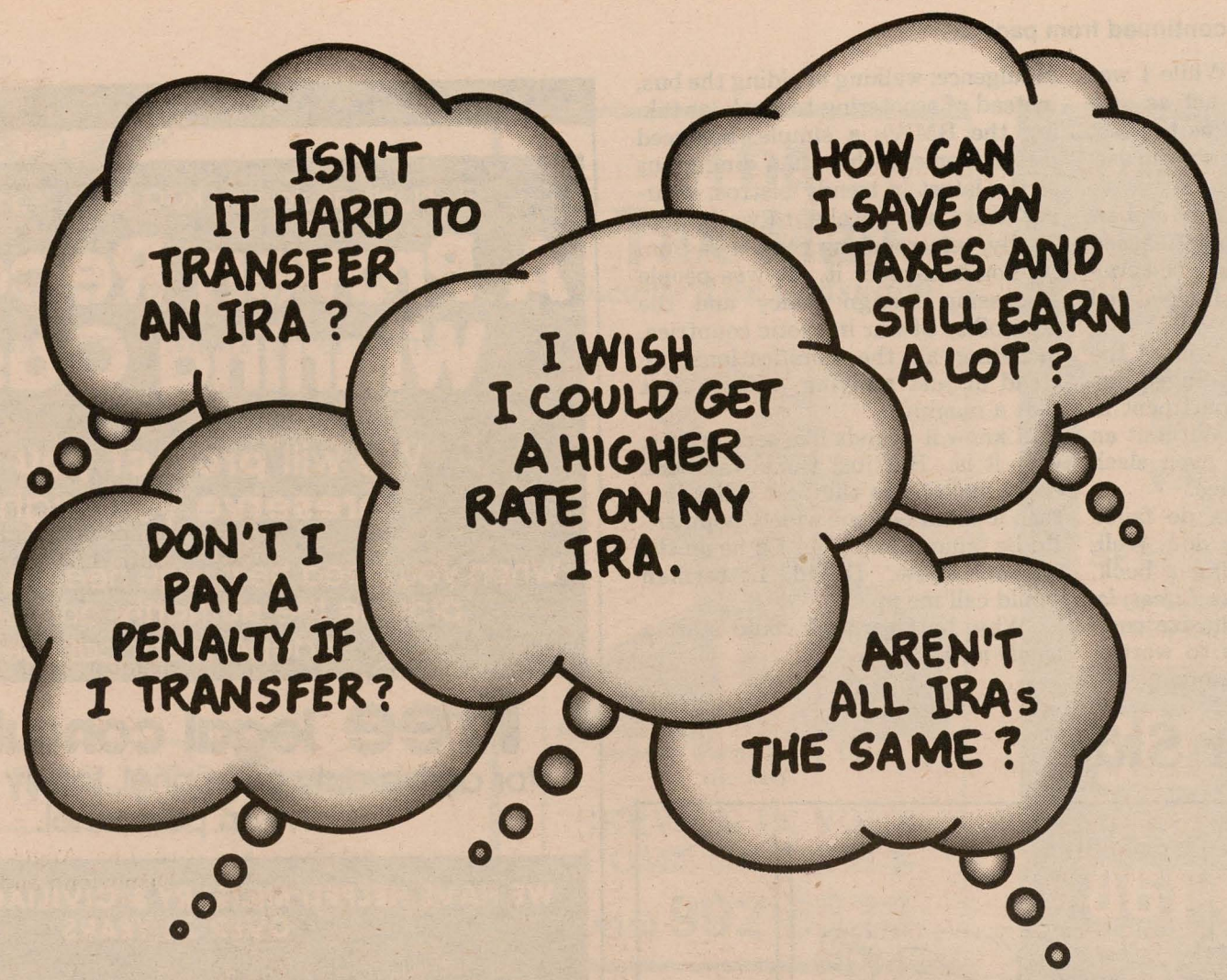

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Feature

Girl Scouting celebrates 73rd anniversary

by Bob Walker

If good things come in small packages, as they say, maybe that's what "Daisy" Juliette Low had in mind when she organized the Girl Scouts of the United States on March 12, 1912. This week marks the 73rd anniversary of Girl Scouting.

The program is full of good things. It all starts with the Girl Scout Promise:

On my honor, I will try:
To serve God and my country,
To help people at all times
And to live by the Girl Scout Law.

As Scouts, girls have the opportunity to learn about computers, auto mechanics, photography, communications, creative cooking, outdoor survival, first aid, drama, aerospace and much more.

Patty Brown, the Presidio's Girl Scout service unit director over all the troops on post, said, "On the whole, the Girl Scout program provides for the needs of girls as they learn to become responsible adults. They are taught the principles of being an adult as they work, share, play and serve the community. Girls often learn basic skills not taught in the home due to the parents' busy schedules. For example, they learn how to sew, cook and clean."

Brownie leader Anita Blain said, "Girls get to know adults as friends, not just as an authority figure like father, mother or teacher. Scouting is an exciting way for the girls to learn about their environment and people and their customs."

Expanding on the importance of scouting, Mariane Danley, an assistant leader for Juniors, said, "I see scouting as an opportunity for girls to have a close relationship other than with a parent or teacher, with someone who can take time to listen. Girls learn self-governing and responsibility as they plan their own programs. It's a fine program for young women, plus the girls get to go camping and to go on trips."

What is planned to celebrate Girl Scout Week?

According to Brown, distributing cookie orders will be the main thrust for the week. She explained that in preparation for the week the girls collected 271 pounds of food for the San Francisco Emergency Food Box, which is a city program that provides a three-day supply of food for the needy. Also, the girls contributed more than $100 to help Ethiopian relief efforts. "It's children helping children," she said.

photo by Cindy Brown

Cindy Ninos and Chrissy Holcombe practice developing film for a photography project.

Most of the girls find camping to be their favorite part of scouting, but there's more to scouting than that.

Kathy Danley, a 9-year-old Junior, said, "I especially like the Girl Scout field trips. In March we are going to Angel Island on a six-hour trip to pick up leaves, sticks and litter. I feel good about the work and when we get back we're going to have a pizza party. During Girl Scout Week we bring friends into scouting. The Girl Scout pin is put on upside down and it has to stay that way until they do a good deed."

Julia Blain, a 6-year-old Brownie, said, "Most of the time we get to play lots of games. We camped out once; it was good. I like working on stuff. I like gardening; sometimes I like to get my hands dirty in the garden. I like to grow carrots and green beans—I like them a lot."

Cheri Brown, a 15-year-old Senior troop member, said, "The anniversary is a time when you do something special for others instead of yourself. If it weren't for the Girl Scouts, I probably wouldn't have done so much for others.

"I like the social part; you can get away from homework and stuff. You meet new girls on post through Girl Scouts. I like trips like the one going to Los Angeles; we'll be going to places like Disneyland and Knott's Berry Farm."

That's what the girls get out of the program, but what do the leaders get?

Dick Brown, who assists on outings, said, "It's fun watching kids have fun. Many of them haven't camped very much, but they enjoy it a lot. There's nothing like camping in the mud and rain with girls who are afraid of spiders. They wake you up as they fall in the mud, running out of their tents screaming around midnight. My number one job on camping trips is latrine digger."

Patty Brown said, "I get a lot of satisfaction watching the kids grow into mature adults. The younger ones believe everything you tell them. As they get a little older, they begin asking questions. And the older ones don't question things, they figure it out themselves and accept it. It's fun to watch girls grow up, including their applying for college. Scouting accomplishments are significant enough to be accepted at college."

Indeed scouting does a lot of good. And that's what Girl Scout Week is all about, doing good for the girls themselves, the people around them and for the environment.

Good things may *come* in small packages, but in the Girl Scouts they seem to have a way of growing into mature, responsible young women.

It's tax time again!

Delay is OK—if you pay on time

April 15 is the deadline for filing 1984 federal income tax returns. Just about everybody knows that. But what if you can't meet that deadline?

If you are not able to file your 1984 Form 1040 or 1040A on time, you can get an automatic four-month extension for filing, but you must pay the amount of tax you owe by April 15 anyway. (This extension is not available to those who use Form 1040EZ or those who want the IRS to figure their tax.)

The four-month extension is yours for the asking. Nothing has to be justified, and you don't have to give a reason. The request, using Form 4868 (Application for Automatic Extension of Time to File U.S. Individual Income Tax Return), must be filed by April 15.

This only allows you more time to complete your return. It *doesn't* give you more time to pay any taxes you may owe.

Taxpayers should "rough out" their deductions and income. Internal Revenue officials say it is in your best interests to come as close as possible to the actual tax owed. Once you have made a tentative estimate of the year's taxes, submit estimated taxes owed with the extension form to avoid paying interest later on. Taxpayers who substantially underestimate their tax liabilities will be penalized.

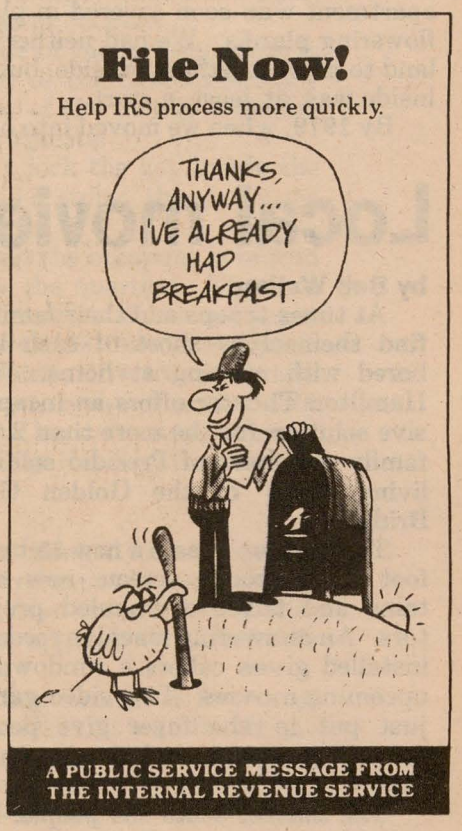
If you don't include the tax owed, your request for extension will be denied. If your estimate of the tax due is incorrect and you owe more money to the IRS when you actually file your return, expect to be charged interest from April 15 on the unpaid balance.

In addition to the automatic four-month extension to Aug. 15, another extension is possible, but only if you have a very good reason. And expect that reason to be reviewed by the IRS and accepted or rejected on a case-by-case basis. This additional extension takes a Form 2688 (Application for Extension of Time to File U.S. Individual Income Tax Return), which must be filed in duplicate on or before Aug. 15. The IRS will send one of the Form 2688s back to you telling you if your extension has been granted. Interest on any unpaid balance is charged from April 15 until the date it is paid.

If your return is completed but you don't have the money to pay your tax, the IRS recommends that you not request an extension. Send as much of the money as you can and they will bill you for the remaining tax due.

All requests for extensions are filed where you normally file your return.

American Forces Press Service



Feature

A house is not a home—without a garden

by Anne L.M. Bowman

I recently celebrated a birthday by planting Australian tea trees and pink jasmine vines in our backyard. By some standards this might not rank close to champagne and strawberries at Top of the Mark, but to me it was even more fun.

Thirty years ago I watched my mother proudly gather the jonquils she'd planted in our tiny yard in rural Japan—a yard we enjoyed for less than a year when quarters at Washington Heights became available to us.

Years later my parents received letters from Mrs. Iwada, the lady whose home we briefly shared in 1955, and she always mentioned the beauty and joy my mother's flowers had continued to bring.

By 1965 my father had retired after 26 years of service as an Army officer. Life in one place, with no threat of sudden transfers, took some getting used to. After all, we'd lived in seven different homes during a 10-year period.

Notice I said "homes," not "houses" or "quarters." We always had a home, no matter how short the duration. The reason, in part, was my mother's garden.

One of our assignments was the now-defunct island post of Fort Slocum in New Rochelle, N.Y. Our quarters had to be the ugliest on post—a five-family gray barn just a few feet from the post's coal supply bin and ferryboat station. We had the worst of all worlds: noise, pollution and congestion.

Within two months, Mom had started the transformation. Rapid-growing vines soon covered the peeling gray clapboard, and our window boxes were teeming with bright red geraniums and white candytuft.

Ferryboat passengers started dropping by to thank my mother for her improvements. When we moved a few years later, this was one of the most admired and coveted sets of quarters on the 80-acre island.

No matter where we lived, her gardening turned houses into homes. I was merely a passive observer who enjoyed the rewards of her labor, and I remained dispassionate about playing in dirt until apartment living taught me the value of plant life.

When my husband and I married in 1972, our apartment was soon covered in plants, especially flowering plants. We had neither permission nor land to grow anything outside, but the stuff I had inside was, at least, a start.

By 1979, when we moved into our first house, I was ready for greater challenges, and boy, did I get them! The acre of land that came with the house was covered with wonderful greenery planted by some considerate former owner, but it was in need of landscaping.

We were only going to be there until my husband graduated from medical school, but four and a half years seemed ample time to work wonders.

I planted dogwoods, azaleas, ivy, herbs, roses and anything else that could withstand the droughts and oppressive heat of Virginia summers as well as the ice storms and snow that enshroud the mid-Atlantic from December through late March.

When we moved last spring, I was predictably sad about leaving the yard that had become my playground, but I was also proud of the legacy I'd left the new owner.

Now that I'm a Californian, I'm relishing the moderate climate that is conducive to year-round gardening. It's no secret that the Presidio is a jewel in terms of location, temperature and opportunities, but what I'm enjoying most right now is my yard.

By some standards ours is probably quite small, but by venturing down the city streets, as I do when I teach my classes at the University of San Francisco, I've learned about maximum utilization of minimum space.

For two weeks I've dug up the grass and weeds in our front yard and replaced them with junipers, candytuft, lobelia, primroses and pansies—all perennials that should give us color and joy for the three remaining years we will be here.

People have watched me as I've hauled boxes of plants from the car to our front door or dodged the odd bumblebee trying to make friends with whatever I've got in my hand. I've appreciated their compliments and have gotten to know some of my neighbors.

One comment is constantly repeated by many onlookers, "We'd do something too, but we just aren't going to be here that long."

The fact is that *none* of us is "here" very long—not "here" at the Presidio, nor "here" on earth for that matter—but if we all waited to be in one place for a long time, our lives (especially military lives) would be pretty bleak.

The B'Nai Brith women have produced a television commercial that states that although the world's creation took place in six days, not all the work was completed, so that every generation could take part in the process. In part, this explains my fascination with gardening; it's my small contribution.

I can appreciate people's reluctance to invest a lot of time, energy and money in fixing up a place that is theirs temporarily, but its' *because* of our transience that military families in particular should attempt to create a home-like setting to offset the reality of our impermanence.

One of the easiest ways to achieve this is by putting down roots—literally! So what if we won't be here next month or next year? Someone else just as nomadic will be. But even if we aren't philanthropic enough to consider the next residents, we can indulge in a little selfishness here and provide some beauty for ourselves.

Editor's note: Anne L.M. Bowman, wife of Capt. Philip C. Bowman, M.D., Ph.D., teaches English at the University of San Francisco.

Local moviegoers reveal inexpensive nearby theater

by Bob Walker

At times troops and their families find themselves short of cash and bored with staying at home. The Hamilton Theater offers an inexpensive solution for the more than 2,000 family members of Presidio soldiers living north of the Golden Gate Bridge.

The theater boasts a new 35-by-15 foot cinemascope screen, new curtains and three overhauled projectors. An answering machine recently installed gives callers a rundown of upcoming movies. Two video games just put in the foyer give people something to do before the show begins.

The theater seats 334 people, but attendance is generally very small, which couples with a romantic evening in mind may prefer. However, the improvements at the theater, along with the low admission cost, should increase attendance as the word gets out. The first-run movies being shown these days as part of the recent improvements should also increase attendance.

What do Hamilton Theater-goers have to say about all this?

Two frequent moviegoers are Erik Jarvi and David Fitzpatrick, both 13-year-olds, whose fathers are in the Navy.

Fitzpatrick said, "I usually like the movies shown here. It's much cheaper and closer than going to a theater in town."

Jarvi agreed and added, "We go to the theater three or four times a week. I go to see the movies and to get out of the house."

Navy family member Chris Heuson said, "It's close to home and economical. We can see a show and still get home early enough for the kids. Our kids go to almost every matinee; I come out as often as I can. They have some pretty good movies. It's too bad more don't come to the theater."

Bonnie Robertson, an Army family member living at HAAF (Hamilton Army Air Field) said, "I really like the theater here—it bothers me that the facilities here aren't patronized more. Movies like the matinee today are really great. You do save a lot of money here—it's a big factor. To go to a movie in town, it costs our family of four $20, but at Hamilton it costs less than $5, and that's including snacks."

One reason it's so economical is that children under 5 are admitted free. Children from 5 to 11 are admitted for only 50 cents, and youngsters 12 and up get in for only $1.35. That's real economy, just as the Hamilton moviegoers say. The theater is open to active duty military and their families and retired military families.

Movies are shown at 7 p.m., Wednesdays through Saturdays, with a matinee at 1 p.m. on Saturdays. As of this week, the Hamilton Theater movie schedule is included in the *Star Presidian*.

So if you get bored with television at home, as many people seem to, go on out to the Hamilton Theater for some inexpensive entertainment.

It will help chase away those cabin fever blues.

Feature

Lockouts

How PSF loses fire, police protection

by Ted Weller

Could your hometown lose five hours of its fire protection per week?

What community wants to lose its police protection for an additional five hours a week during the hours of darkness?

This is precisely what is happening to the Presidio every week because of lockouts.

Quarters residents who leave their house keys in their quarters or manage to lose them or have them stolen experience lockout on an average of ten times a week at the Presidio, according to fire prevention, military police and engineering officials.

"We are averaging ten lockout calls a week," said Assistant Chief Eugene Day of the Presidio Fire Station, "with the majority of calls coming in between midnight and four in the morning."

The firefighters are a vital link in the process for a person to get back into his or her quarters after duty hours. With the present system, only the firefighters have the key to the locksmith's shop of the Directorate of Engineering and Housing (DEH).

Less fire protection at night

"Every time we receive a call to assist someone, we have to pull a firefighter off of his normal assignment, whether it be the engine or the rescue squad," continued Day. "This action reduces the capacity of the unit in its ability to handle an emergency situation, and, in our business, time is crucial in fighting a fire or providing assistance to a traffic accident. We don't have time to wait for that man to return to the station or to arrive on scene to assist."

Not only is the fact of hampered fire protection a problem, the morale of the firefighters also is affected by the lockouts, according to Day. "We have only ten personnel on duty at a time—that's for a 24-hour period. When one of these calls comes in after midnight, the whole crew is disrupted in the effort to dispatch one man to retrieve the key."

Lessened security

From the aspect of less police protection, it's not a matter of waking up someone, but a matter of pulling a patrol off of its security checks or routine patrol.

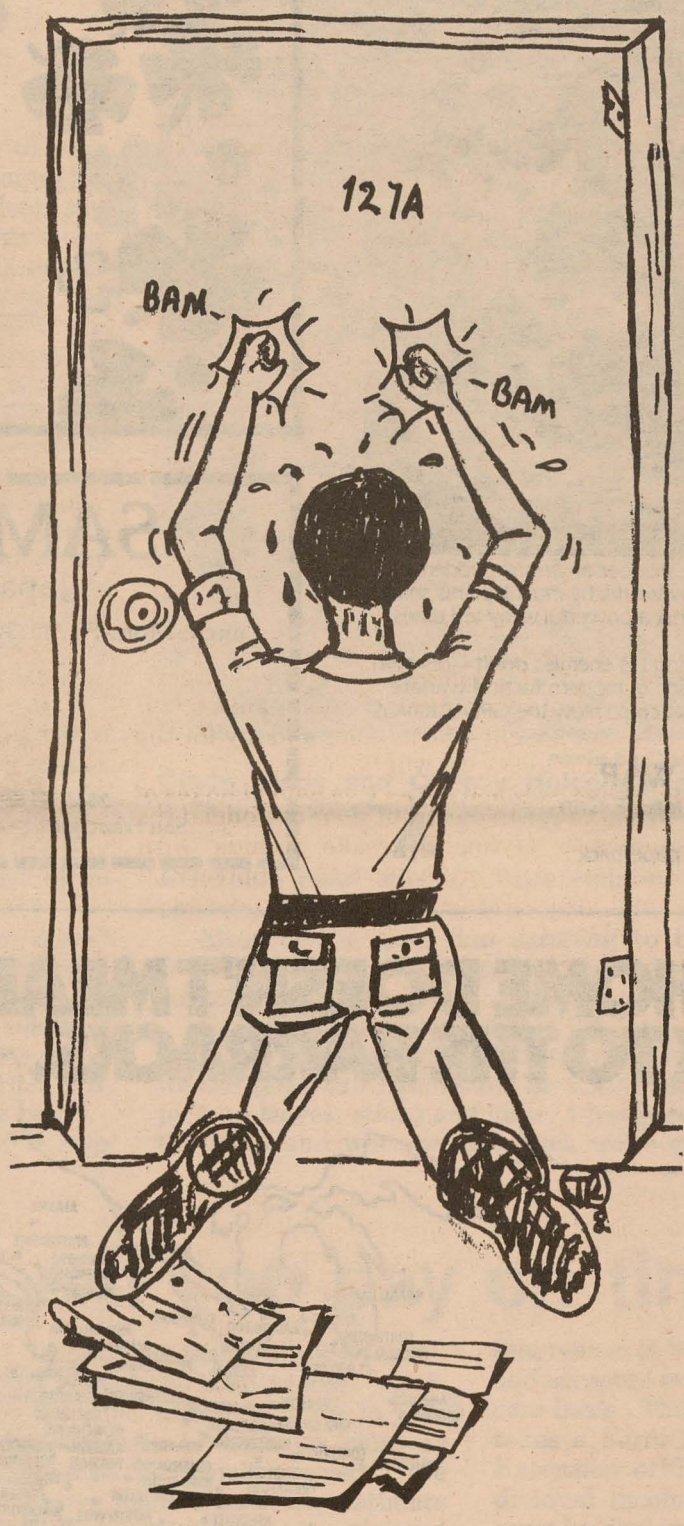
"Taking a patrol off the street leaves an area of the Presidio unprotected," explained SFC Sheldon Stein, operations NCO, Provost Marshal's Office (PMO). It takes an average of 30 minutes for the military policeman to complete the actions required to place someone back into their quarters.

"The Presidio currently has the right amount of military police to cover all of its assigned missions," Stein said. "When the 504th Military Police Battalion was here, we had an additional company of trained MPs that could be used to supplement the garrison police force. Because they had to maintain their skills, they were used as patrols, and the PMO had the extra manpower to use for covering the lockouts. We don't have that luxury today.

"There have been many times when all the patrols were occupied with requirements and the desk sergeant just had to wait until one was free to handle the lockout," Stein added.

Cost in time

The time involved for fire protection people is approximately 20 to 30 minutes with one firefighter and one vehicle out of service. For the military police it means one or two soldiers and one vehicle involved 40 to 60 minutes for each call received after duty hours.



When the initial telephone call is received by whatever agency, the process begins.

First the post staff duty officer, (561-3601 or 561-2045) must be notified by the quarters occupant, so the occupancy can be verified.

After the person is correctly identified, the fire station is called to dispatch a firefighter to the locksmith's shop in the DEH compound. At the same time, a military police patrol is called in to get the key from the firefighter at the fire station.

When the firefighter returns to the station, he turns the key over to the patrol and the military policeman goes to the quarters, checks the identification of the caller and opens up the quarters. The MP then returns the key to the fire station, and, in turn, a firefighter takes it back to the locksmith's shop.

This whole process, when it is working right, takes an average of one hour.

But if the key is missing from its place in the shop, or it's an old lock and the key does not fit properly, or the resident who called is not at the quarters when the military policeman arrives, the process can drag on and on, keeping safety and security personnel from their normal missions.

Cost in man-hours

The problem of lockouts is costing the Presidio an after-duty-hours loss of more than *600* protective man-hours a year. In addition, the fire department travels more than 350 additional miles a year, and the military police add more than 2,500 miles a year on their vehicles for lockouts alone.

The lockout problem exists during normal duty hours also, and the lost man-hours are almost equivalent to the off-duty time spent.

During duty hours, for a resident who has locked his or her key inside the quarters, the first stop is the Family Housing Branch, bldg. 227, where a work order is prepared for the DEH locksmith to be called in and open the quarters.

"Since I began work at the Presidio in 1980, I have averaged one call a day to open up someone's quarters," noted "Lucky" Countee, DEH locksmith. There are just two locksmiths assigned to DEH to handle real property on the Presidio and its subinstallations (the other post locksmith is assigned to the Directorate of Industrial Operations and is concerned with office equipment locks).

"It usually takes us about ten minutes to respond to a call for assistance," Countee said, "but that's if one of us is in a location where we can hear the call. Sometimes the radio won't pick up the call and the work order desk supervisor has to find other means of reaching us."

Countee doesn't work just on the locks here at the Presidio. His responsibility extends to Reno, Nev., to Eureka, Stockton, Modesto and San Jose, Calif., and to all the areas in between.

The only time that one of the locksmiths is in the lock shop is the end of the day, when they make keys at the request of the Family Housing Branch and other work requests.

If the occupant didn't lock the key inside the quarters, but lost it or had it stolen, then he or she must buy a new set of keys.

"We have to verify that the occupant is indeed the individual signed for the quarters. Then we prepare collection documents, and the occupant must pay $3.33 for each key that has to be replaced. After payment is made, a work request is prepared, and the occupant carries it to the work order desk, DEH, for a new key to be cut," explained Ron Smith, chief, Family Housing Branch.

Cost to other residents

If the locks have to be changed for any reason, whatever costs are incurred must be paid by the Family Housing Branch from money that is normally used to repair and upgrade the Presidio's family quarters.

During a survey of San Francisco Bay area locksmiths conducted by DEH, it was found the average cost of getting into one's home during the normal work day was $30, but during nights and weekends it was $55.

When you look at the costs, in both man-hours and money, the "small" problem of locking yourself out of your quarters is not all that small.

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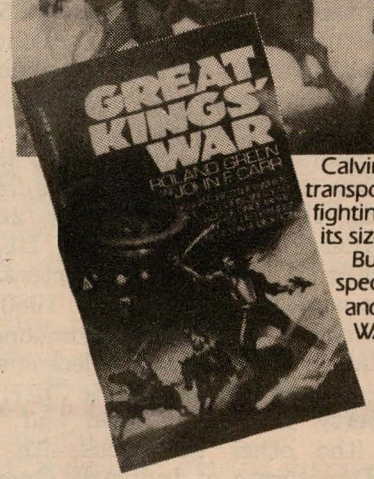

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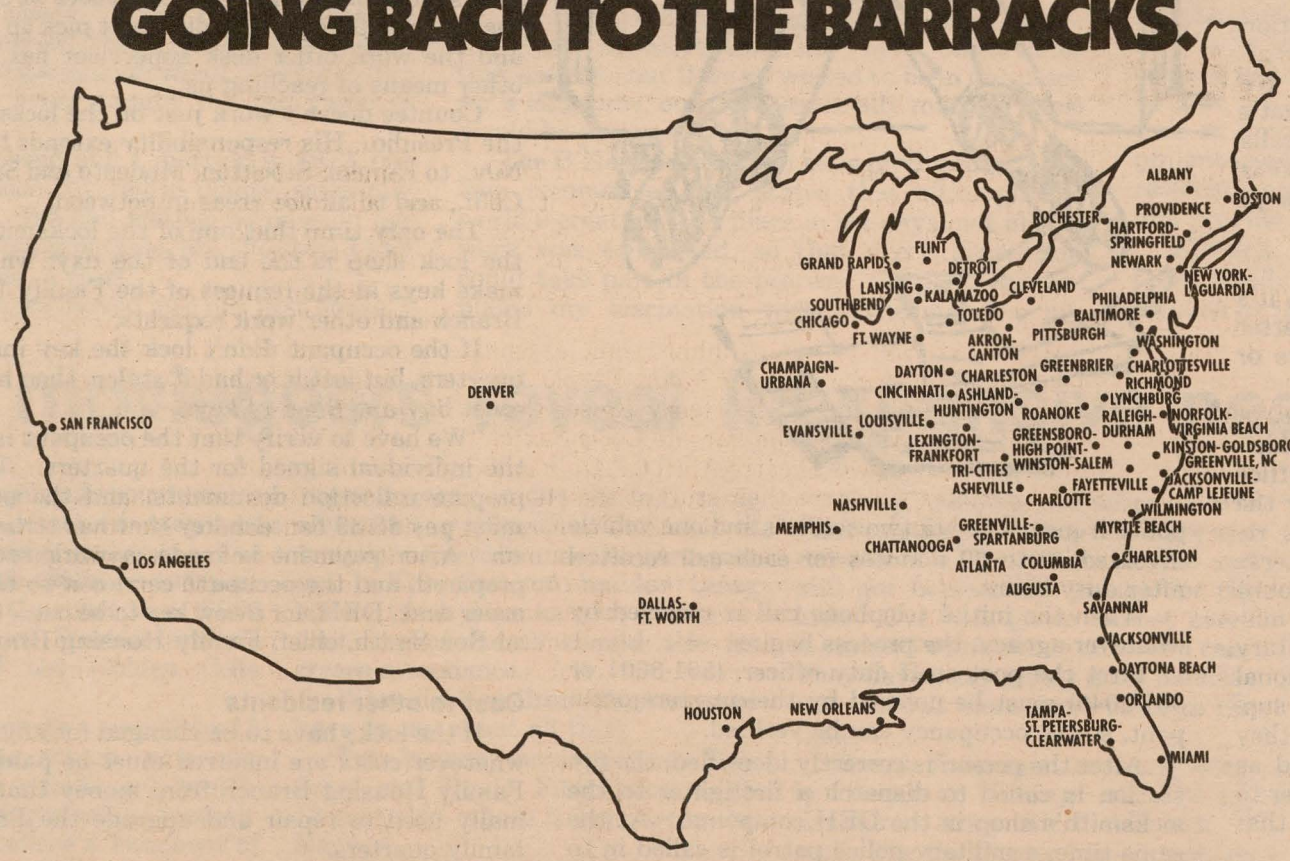

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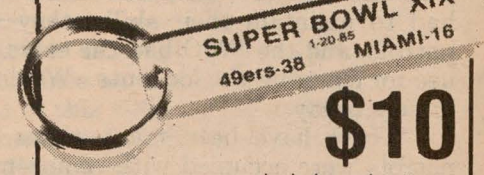

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Community Calendar

Commissary meeting

The Commissary Council meeting will be held March 15 at 10 a.m. in the post conference room in bldg. 220.

All areas of operation affecting adequate service will be discussed. Authorized commissary patrons are invited to attend and share their information and views for the Council's consideration.

Volunteers needed

A young mother is rushed to the hospital in the middle of the night. Her husband is in the field and there are two small children at home needing care. Army Community Service (ACS) would like to be able to refer these children to a warm, nurturing home on the Presidio, rather than placing them through the San Francisco Department of Social Services.

Crises often arise in Army families which make it difficult for parents to provide adequate care for their children because of hospitalization, deployment or other family crisis.

Army Community Service is seeking volunteers to provide emergency child care. Perhaps you have an extra bedroom or spare bed that you could make available on a short-term basis, to offer compassion and shelter to a child or children *in need*.

The emergency child care program is one more way in which you can "help the Army take care of its own."

If you can help, PLEASE contact the ACS office at 561-5156 or come by bldg. 214 (next to the post cafeteria).

photo by Liz Greeley

Grandma, what big teeth...

This saber-toothed tiger *(Smilodon Californicus)* apparently brushed every day. This and many other exhibits can be viewed at the California Academy of Sciences in Golden Gate Park.

Tradewinds Club

As you come into the club there will be a breathalyzer; for 25 cents you can find out how you stand and breathe (and whether it's safe to drive home or you should catch a ride).

Don't forget country and western night with a live country and western band that starts March 21.

Sunday brunch is still the best bargain on the Presidio, with a $5 charge for adults and $2.50 for kids ages 5 to 12, while children under 5 eat for free!

Youth activities

Car wash

Youth Activities Sports will be offering a car wash tomorrow from 10 a.m. to 2 p.m. The car wash will be in the parking lot near the firehouse and the ACS building. The cost will be $1.50 for sedans and $2.50 for vans.

If it rains, the car wash will be held March 16.

Come on out and support your local youth program! For more information call the Youth Activities office at 561-5143.

Baseball, T-Ball signups

Signups for spring baseball will be tomorrow from 10 a.m. to 2 p.m. at the car wash (ACS parking lot), March 12 from 4 to 7 p.m. at Gym 2, March 14 from 4 to 7 p.m. in the Pershing housing area at Stilwell and Pershing or March 16 from 10 a.m. to 2 p.m. at Gym 2.

T-Ball will be for kids ages 6 to 8. For baseball, children 9 and 10 are in the Minor League, children 11 and 12 are in the Major League and youngsters 13 and 14 are Junior Leaguers.

Registration fees will be $12.50 and family discounts are available.

...the write stuff...

by Richard Wetzel

In case you hadn't noticed, there are no Bob's Big Boy restaurants to be found in San Francisco, but there are three Doggie Diners. There's also a Doggie Bath House...Oakland doesn't have any Big Boys either, but they have five Doggie Diners and a Doggie in the Window Grooming salon...of course, posh Marin doesn't have a Bob's Big Boy, they don't even have a Doggie Diner, but they do offer Dogercize classes for the pup...Only the San Jose/Santa Clara area has a Bob's Big Boy; in fact they have five such restaurants, plus two main offices. They don't have any Doggie Diners, but they do have a Dog Laundry service...Jusssst thought you'd want to know...

Yep, we at the *Star Presidian* print all the news that's worth printing...The Oakland Invaders are sponsoring a Military Day, Sunday, when they play the Houston Gamblers. Tickets are $5.25, reduced from $10 (better seats this time). Since this event is open to all active duty, retired and reserve military, their family members and DoD civilians, perhaps they should have called it All Army Day...but then, nobody asked me...Speaking of sports, the Sports Branch is in need of experienced and qualified softball coaches...contact them at 561-4120 or 561-5032...

MUSICAL SNUFFing...Ahhhhh, some decent music comes our way...*Depeche Mode* (People Are People) will be playing at the Henry Kaiser Convention Center, April 3...The *Paco de Lucia Sextet* will be at the Warfield Theatre April 6...*Alvin and the Chipmunks* will strut their stuff at the Henry Kaiser C.C. March 27 through 31...*Ella Fitzgerald* will perform at the Marin Veterans Auditorium on March 30...*Helen Stephens and the Lighthouse Singers* are featured at the gospel extravaganza tomorrow night at the First Presbyterian Church of San Rafael, 1510 Fifth Street...and all efforts to book the steamy Marilyn Chambers at the NCO Club have gone up in smoke...

Since St. Patrick's Day is just around the corner, all soldiers are requested to wear green... pushing my luck, huh?

TONIGHT: Dr. Jerry Solfvin will give a lecture on "Ghostbusting: Confessions of a Poltergeist Investigator," which ought to be more fun than the First Annual Evening of Comedy, also tonight at the Zellerbach Hall, U.C. Berkeley, featuring *Doug Ferrari, Bobby Slayton* and *Bob Sarlatte.*

AS I WAS SAYING EARLIER...Being the center of kookiness, Los Angeles probably has more Big Boys and Doggie Diners than most residents can count. However, they are the first and (to the best of my knowledge) the only city to offer a doggie health spa, complete with jacuzzi and gym facilities...Oh, speaking of dogs, did ya hear that the Wax Museum at Fisherman's Wharf has just added Boy George to their collection...woof woof....

At the movies

Presidio Theater

Fri,	March 8	The River (PG)	7 p.m.
Sat,	March 9	Indiana Jones & the Temple of Doom (PG)	7 p.m.
Sun,	March 10	Indiana Jones & the Temple of Doom (PG)	2 & 7 p.m.
Mon,	March 11	Indiana Jones & the Temple of Doom (PG)	7 p.m.
Tue,	March 12	Ninja III, The Domination (R)	7 p.m.
Wed,	March 13	Heavenly Bodies (R)	7 p.m.
Thu,	March 14	The Flamingo Kid (PG-13)	7 p.m.

Schwartz Theater

Mon,	March 11	The River (PG)	7 p.m.
Wed,	March 13	Indiana Jones & the Temple of Doom (PG)	7 p.m.
Thu,	March 14	Heavenly Bodies (R)	7 p.m.

Hamilton Theater

Fri,	March 8	The Lost Empire (R)	7 p.m.
Sat,	March 9	1001 Rabbit Tales (G)	1 p.m.
Sat,	March 9	Tightrope (R)	7 p.m.
Wed,	March 13	Deadly Force (R)	7 p.m.
Thu,	March 14	Rhinestone (PG)	7 p.m.

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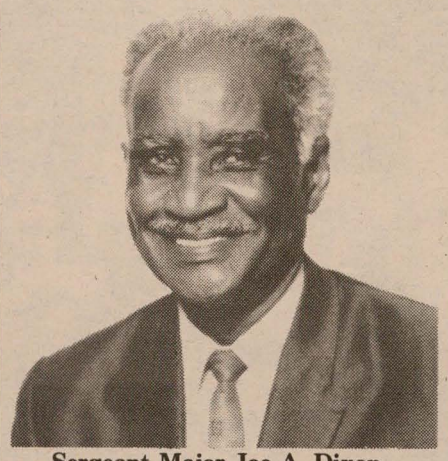

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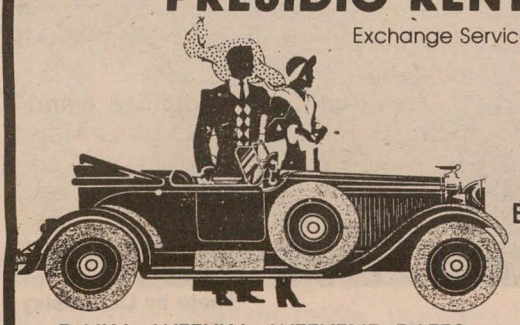

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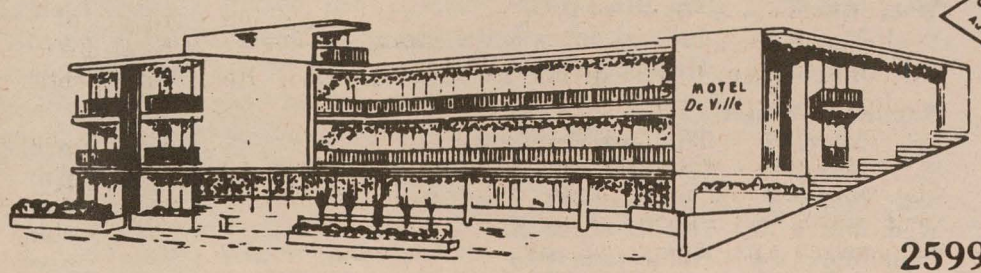

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Sports

Post golf team

The Presidio golf team recently competed in the California State Military Golf Championship at Rancho Del Rey golf course in Atwater, Calif.

The team placed eighth overall among 13 teams; this was our team's best finish in the last four years.

Competition in this tournament is tough, as you had to be a 17-handicap or less just to enter it.

In the second flight (6- to 9-handicap), Brent Baughn (DENTAC) placed second, Allen Mauldin (6th Army) third and Joe Gardner (LAMC) sixth.

The third flight saw Water Piskun (LAMC) place third. William Myers (6th Army) also contributed to the team's fine finish.

The team and individual championships were won by George Air Force Base (Mike Daly).

Basketball championship

The intramural basketball league regular season play has ended as the top eight teams compete in the championship playoffs.

The Doctors captured first place in the league with a 12 and 2 record. OARB and DEH No. 1 tied for second place with 11-3 records. There was a tie for sixth place among four teams—DLI-SF, 864th Engineers, USAG and VA.

The top eight teams are eligible for the championships, so those four teams had to play off to see which one would be eliminated. USAG went against DLI-SF and lost 52 to 53. The VA played the 864th Engineers and beat them by a score of 58 to 52. 864th Engineers and USAG will play to see who gets the last playoff spot.

The post basketball championship kicked off March 6 with the Doctors vs. VA in the opener followed by DLI-SF vs. B Co., LAMC. The winner between 864th Engineers and USAG played DEH No. 1, followed by OARB vs. 6th Army.

The post championship is a double elimination tournament. All games will be played at post gym No. 1, bldg. 63.

Game dates are: March 11, 6 and 7 p.m.; March 12, 6 and 7 p.m.; March 14, 6 and 7 p.m.; and March 18, 6 p.m. The championship game is on March 19 at 6 p.m.

File photo

Going 'down under'

Always a fun sport, scuba diving has many Presidio devotees, both military and civilian.

President's meet

The Presidio's Aquarius Swim Club started the 1985 swimming season with a splash at the President's Short Course Meet in Vallejo, Calif., Feb. 23 and 24. Fourteen-year-old Lisa Palladino led the Aquarius team with the club's first "AA" time of the season—a 1:18.44 in the 13 to 14-year-old girls' 100-yard breaststroke.

Palladino also scored an "A" time in the 13 to 14-year-old girls' 200-yard breaststroke with a time of 2:53.28. Eight-year-old Gabby Talley captured the only first place for Aquarius, earning it in the age 8 and under girls' 25-yard backstroke with a time of 19.67. The time was fast enough to meet the "A" time standard. Talley also picked up "A" times in the 50-yard freestyle (37.52), 100-yard individual medley (1:40.20), 25-yard breaststroke (22.78) and 25-yard freestyle (16.21).

Other "A" swimmers for Aquarius included Jeaniene Talley in the 13 to 14-year-old girls' 50-yard freestyle (28.71) and Eva Walker in the 9 to 10-year-old girls' 50-yard breaststroke (45.95).

Coach John Rozum was pleased with the high number of improved races by club members. Other club members attending the meet included Robert Hart, Ted Gallardo, Rachael Autry, Christine Richardson, Krista Palmquist, Tami Assadurian, Dylan Mills, Gene Talley, Robert Assadurian and Emily Mills. The club's next meet will be in Napa on March 15, 16 and 17.

The Aquarius Swim Club is open to all children on the Presidio, ages 6 to 18, who are interested in competitive swimming. The club holds daily workouts between 4 and 6 p.m. at the post swimming pool.

For more information, call Muriel Talley at 221-2915.

Learn to scuba dive, enjoy the underwater world

by Jeff Smith

The Bay area possesses great beauty. A person can gaze from almost any point on the Presidio and be treated to a lovely view of the city, Sausalito, Alcatraz, Angel Island or the Pacific Ocean. It is fairly easy to explore the city or an island on the bay. But what about the ocean? The only way to view its special beauty is in a glass submarine or by scuba diving.

No one on the Presidio can supply you with a sub, but Lawrence "Dutch" Bowen can help you with the scuba diving. Bowen, who has been diving for more than a dozen years, teaches classes to students who wish to get closer to the ocean than a Jacques Cousteau special.

Classes normally are held on Thursdays or Saturdays. Saturday classes last for eight hours; weekday classes are four hours each. According to Bowen, most people prefer the weekend classes because they graduate sooner.

The basic scuba class costs $85 for tuition plus $15 for the textbook and $10 for equipment. Additional equipment may have to be rented also.

The basic class consists of 40 hours of instruction. Sixteen hours are dedicated to classroom work; this includes basic physics, first aid and physiology. Students also work in the post pool, where a swim test is given.

Bowen said, "We have a test to be sure that everyone can swim a reasonable amount."

Bowen said that failing the swim test at first does not mean an end to one's dream of becoming a diver. "This is more of an evaluation than a test; we work on it until the person is comfortable in the water," he added.

The swim test consists of a 20-yard swim underwater, swimming 220 yards using any style, a 15-minute survival swim and recovering a 10-pound weight from the bottom of the pool and putting it back on the bottom.

After the pool work is done, students make two skin dives and four scuba dives. At this point students test their skills and begin to become accustomed to the world below the water's surface under the instructor's watchful eye.

Once a diver successfully completes the course he is certified by one of the two organizations that Bowen represents, the Professional Association of Diving Instructors (PADI) and the National Association of Underwater Instructors (NAUI). Graduates receive a sea card, a patch and a decal that identifies them as divers.

Bowen is an enthusiastic supporter of diving in northern California. He notes that the water here is cold and makes one feel vigorous while diving. In addition, there are many popular places in the region for diving. Several areas north of San Francisco and others around Monterey Bay to the south give divers a wide assortment of diving locations.

What about sharks?

"On a freeway you can get hit by a car and in the ocean it is possible to get bit by a shark," said Bowen. "Since 1926, there have been only 55 or 56 hits from sharks in this area, and only five or six have been fatal," he added.

Bowen's students were generous with praise for their instructor and the sport.

"Dutch was great, excellent!" said Arturo Maltos, who took the course about a year ago. Maltos added that being underwater was like being in a new world.

"Once, when I was diving for abalone up north, I saw four sea lions just a few feet away!" he said.

Vicki Cowan, who has taken both the basic and advanced courses, said that Bowen was a good teacher who emphasized safety practices. When asked if diving was difficult for women, she said, "The equipment was heavy and tiring at first, but it was no big deal once I was used to it."

Bowen, Maltos and Cowan have more in common than diving classes. Each is a member of the Presidio's dive club, *The Conquistadores del Mar* (Spanish for Conquerors of the Sea).

"Club meetings are held the first Tuesday of each month in bldg. 1187, the scuba hut," said Cowan, the club's secretary. Among other activities, the club puts out a flyer and goes for a group dive once each month.

"The club makes it easy to find friends to dive with," said Maltos, who added that divers must always dive in pairs.

Membership in the Conquistadores is free and is a great way to meet new people and enjoy the sport to its fullest.

If *you* feel like a fish out of water and would like to get back into it, call the Outdoor Recreation Center at 561-4356 or 561-4324 for details about classes. If you already have a dive card and want to get involved with The Conquistadores del Mar, attend one of their monthly meetings or write the club at P.O. Box 29356, San Francisco, Calif. 94129.

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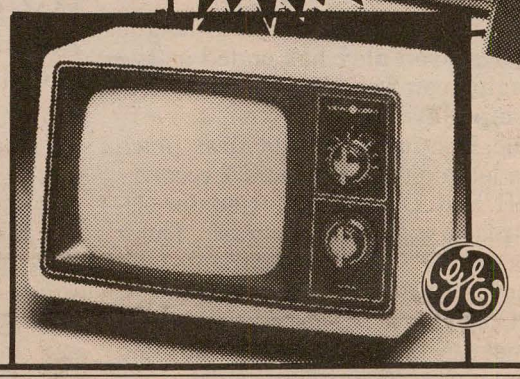

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Golden Gate Park: no place for a marathon, **pages 6&7**

Exercise: keeps mind and heart ticking, **page 11**

Star Presidian

Vol. 28, No. 10 "Published in the interest of the people of the Presidio of San Francisco." March 15, 1985

News Briefs

Summer jobs

The Civilian Personnel Office (CPO) will be accepting applications for summer employment from March 18 through March 29.

College-age sons and daughters of soldiers and DA civilians may apply. However, they can be considered only after the list of all other qualified candidates has been exhausted. (Any family members who have worked previous summers on the Presidio will be considered rehires and therefore will be listed as first-priority applicants.)

TRANSFER OF ELIGIBILITY: When an applicant demonstrates that his or her application was properly filed and accepted for consideration for summer employment in a different commuting area including all necessary forms and information completed as stated in the summer announcement, the application will be accepted at the new location, even if the local summer announcement closing date has passed.

Applications (SF171s) may be obtained from the CPO receptionist, bldg. 37, Monday through Friday from 7:30 a.m. to 4 p.m. or by calling 561-5732.

For more information, call Carrie Carlson at 561-5758.

Personnel changes

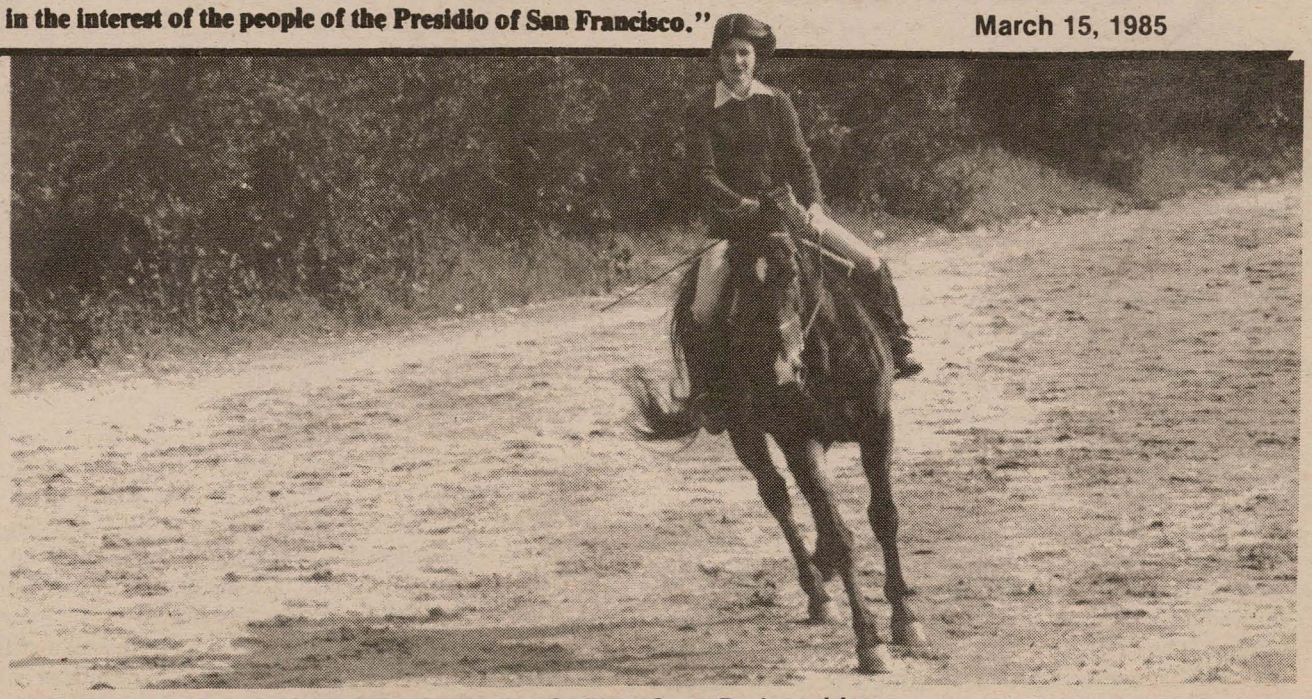
Retiring as director of Engineering and Housing March 31 is Lt. Col. Thomas J. Edgerton. He will be replaced here by Lt. Col. Leroy L. Saage, who comes from Anchorage, Alaska. Saage was deputy district engineer for the Alaska district before coming to the Presidio. Edgerton is retiring from the Army after 21 years of service. He came to the Presidio from the USA Engineering District of San Francisco in 1982.

Lt. Col. Joseph P. Pellegrino was replaced as director of plans, training and security Feb. 19 by Lt. Col. Don R. Alexander while Pellegrino became commander at Parks RFTA. Alexander came to the Presidio from the USA Readiness Group, Western Command, Fort Shafter, Hawaii.

Soldiers' supper

A Community Soldiers' Supper will replace the Single Soldiers' Supper beginning with this month's supper to be held Wednesday at the RAC (Religious Activities Center), bldg. 682, at 5:30 p.m. Single soldiers say they eat by themselves enough and would like to see some families at the suppers. This is the reason that a change is being made at this time.

All families and single soldiers are invited to attend the supper. You are welcome to bring a dish to help bring the goodness of a home-cooked meal to the supper. For more information, call the RAC at 561-3535 or 561-4440.



Pvt.2 Sharon Dickie rides Zachary at the Golden Gate Park stables.

DLI-SF equestrian earns SOM

photo and story by Bob Walker

A 21-year-old equestrian from Vintondale. Pa., captured the honor of Soldier of the Month in February. She is a graduate of the Spanish course at DLI-SF (Defense Language Institute-San Francisco).

Pvt.2 Sharon Dickie is currently on casual status with Company H, but she has never given up her love for horses. Leasing a horse at the Golden Gate Park stables, she rides at least two or three times a week.

Before entering the Army, Dickie apprenticed as a working student for U.S. Olympic Equestrian Hilda Gurney. According to Dickie, Gurney took fourth place in the Montreal Olympics in dressage and last fall placed about 14th with the same horse, named Keen. Dickie explained that dressage is a French word for a style of riding that is similar to ballet — but on horseback.

Dickie, a certified English riding instructor, plans to keep up her interest in riding, as she has done here. She heads for Fort Bragg, N.C., soon and thinks she may then go on to Central America.

What brought Dickie into the Army?

She said that she has seen what the military has done for her brother. "It encouraged me, as he's done very well in the Air Force," she said.

In addition, Dickie explained that her interest in education and travel and to see what she could become were the main factors. "The Army was a good opportunity to get me off the farm in Los Angeles," Dickie said.

According to Dickie, she went for Soldier of the Month at the lower levels, just to see if she could do it. "As I went on, I got very competitive and wanted to see if I could actually win it," she said.

What helped Dickie to win the Soldier of the Month?

First, there was her own motivation; second, she had a lot of support from Company H. Dickie said, "It was really hard as I was approaching final exams and graduation."

Dickie credits SFC Randall Dill, her platoon sergeant, for quizzing her a lot on the boards; 1st Sgt. James Brown for holding mock boards, giving her experience; and Company H commander Capt. Mary Kone for being very supportive.

Dill said of Dickie, "She just had a burning desire to excel, including in the Spanish class, which is very intensive, and she maxed the PT test through her determination and drive. She graduated from here with honors and a 94 average. She approaches everything professionally and is an outstanding troop. She went up against some tough NCOs at the battalion and again at the post level to win Soldier of the Month."

Brown said, "Dickie had a positive attitude and took advantage of my pre-Soldier of the Month board, which I hold twice a week. She's a real go-getter. Winning Soldier of the Month was the icing on the cake for her. Dickie is very dedicated. Any direction she goes, she will do well, because she applies herself well."

Kone said, "Dickie is a high achiever. She's the kind of troop company commanders dream of. She sat on mock boards to help others after she won Soldier of the Month, coaching them and loaning out her own study notes for the board. She is well liked by her peers and superiors alike. I want her as my command sergeant major when I'm chief of staff. She does everything 110 percent."

Dickie likes Army life. "It doesn't put me off. It's a really good way to make a living," she said.

With Dickie's attitude and drive, it's certain she won't just ride off into the sunset, but she may well be riding a horse as she helps others to become better troops.

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Opinions

TAKE A BITE OUT OF CRIME

Presidio horse thieves

People who live and work on the Presidio regard it as not only a beautiful place to live, but also safe. After driving around the big city, entering the Presidio is like going back to the womb. This perception is basically true. People normally *are* safe on the Presidio. Violent crime is not the norm here. The beauty of the Presidio tends to reinforce this perception of being safe. Additionally, people know that the Presidio is highly policed by dedicated Park Police and Military Police. Should you ever need a cop, you would not have long to wait.

Although the Presidio is a safe place for people, it is not a safe place for parked cars. Between Feb. 24 through Feb. 27, nine cars were broken into, and over $4,000 worth of property was stolen, mostly car radio-cassettes. The cost of the stolen property is normally a small part of the cost to the victim, because the damage caused by the perpetrators to gain entry into the car often exceeds the value of the stolen property. Then, of course, the victims have the trauma of dealing with insurance companies, which manifests itself in frustration and psychological depression. Having your car broken into is not a nice experience.

You may ask, "What are the cops doing about this situation?" Dealing with auto burglars is like dealing with terrorists, in that you never know when or where they will strike next. And if they see a cop, they wait until the time is right.

The mentioned auto burglaries occurred all over the Presidio, even outside housing parking areas. No place is immune, although some areas such as the LAMC parking lot, have a higher frequency than others.

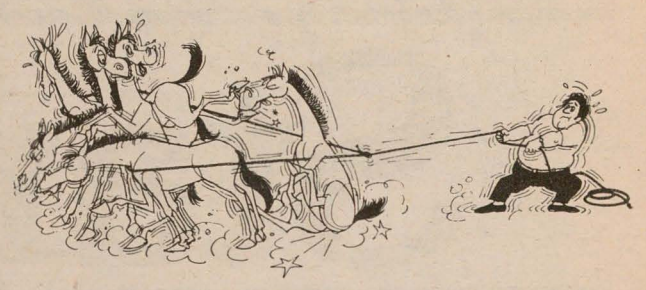
The Military Police sometimes are successful at catching auto burglars. But the public must keep in mind that one auto burglar can be responsible for as many as 25 auto break-ins before he is apprehended.

Most residents and civilian workers of the Presidio drive cars, and the Presidio has plenty of free parking. Therefore, Presidians, as a group, are very vulnerable to having their cars broken into.

What can be done?

First, the Military Police want Presidians to know they are concerned and want to apprehend these auto burglars, who are the equivalent of horse thieves in the frontier days. People despised horse thieves and cooperated with each other to rid themselves of the problem. *Your* help is needed today. You may be helping yourself or a friend by adopting the following guidelines from the Provost Marshal's Office:

- *Be aware* of the problem, and ensure the new soldiers and civilian employees are informed about the high rate of auto burglary on the Presidio;
- *Keep your eyes open.* Should you see any suspicious activity around parked cars, call the MP Desk Sergeant at 561-2251, 561-2252 or 561-2253. You don't have to get involved, or even give your name, just give the Desk Sergeant a call and tell him what you saw and in a matter of minutes a patrol will roll by to check it out.
- *Do not leave valuables in your car,* especially in plain view. Even if you lock you valuables in your trunk, avoid leaving them overnight. View your car as a means of transportation, not as a storage area.
- *Radio-cassettes are the hottest items* that



auto burglars go for. Should you elect to purchase a radio-cassette, try to keep it concealed. Although good acoustics require speakers to be displayed in the rear window, they are an invitation to break in. You might even consider buying a radio-cassette that can be slid out of the dash when not in use. People who insist on an expensive car stereo system should consider investing in an alarm system.

- *Keep your car locked* at all times. Presidians are very forgetful about locking doors and windows. Why make it easy for an auto burglar?

Well, Presidians, that's the latest crime scoop about the Presidio. Will you be the next victim of an auto break in? You can be a sitting duck, or you can tell yourself that you're fed up and you're not going to take it any more.

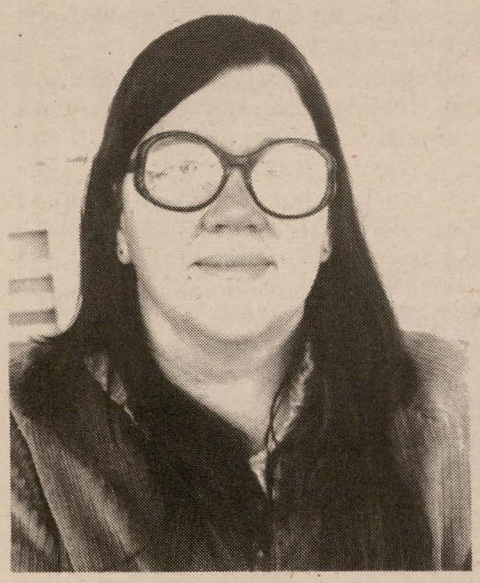
Let's do something about those horse thieves!

Crime report:

- Person(s) unknown stole a wallet that was left unsecured in a white lab coat at LAMC.
- A wallet containing $68 was stolen by person(s) unknown at the PX hot dog stand.
- The Military Police received a report of a lost credit card, serial number 002-204-142-0. Should anyone find it, please contact the MP desk sergeant at 561-2251 or 561-2252.
- *Person(s) unknown broke into a 1984* Honda Accord parked at the DLI-SF helipad amd stole two sheepskin seat covers and a leather jacket.

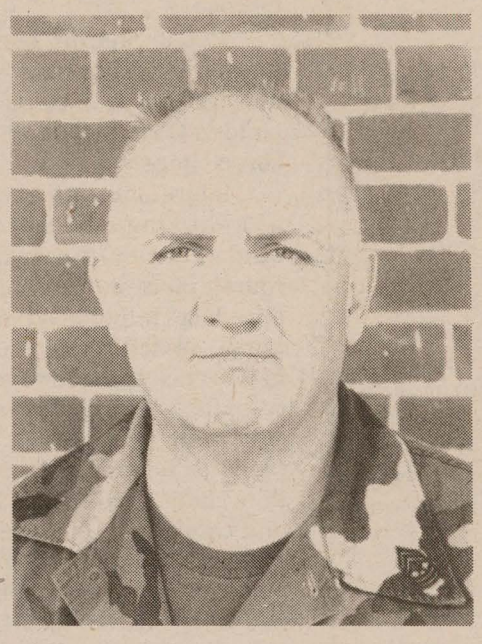
Ramblin' Sam

"What kind of problems do people have with credit card debt? What's the solution?"

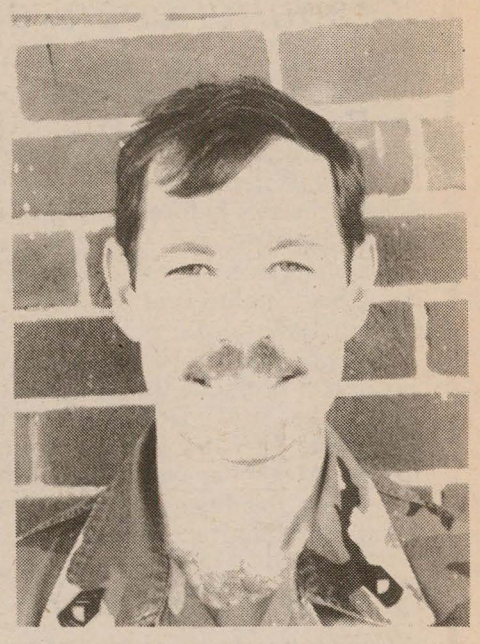


Jean Clements, family member: "It's too easy to run up bills. The solution is to not have credit cards or to control their use. They keep sending them to you."

Senior Master Sgt. Lloyd Jackson, retired Air Force: "The problem obviously is the overuse of credit cards. The solution is to make it more difficult to get credit cards or tighter credit restriction."



Sgt. Maj. Lauren Griffiths, Readiness Group: "You can get too far extended so easily. You don't know how far you are into debt until it is too late. Just about everyone does it. We need to better educate our people about credit use."



MSgt. Thomas Worley, NCOIC admin team, Readiness Group: "Most people overextend their credit because they have too many credit cards. The military should have more financial management classes for all personnel."

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Credit cards grab at your money if not used wisely

by Karl C. Rankin Jr.

"Things on the shelf say, 'Buy me, buy me,' and I do. Here's my credit card. Charge it," a soldier said.

He is suffering from a disease known as "complusive buying." Buying goods with credit cards may seem the quick and easy way to shop, but problems can develop such as overindebtedness or even bankruptcy.

According to Diane G. Newcomb of financial planning and consumer affairs at ACS (Army Community Service), the ease of getting them and the ease of using them is the biggest problem with credit cards. Newcomb's job is to help those soldiers who have gotten into trouble with overspending and who end up in more debt than they can afford.

Newcomb is an advisor and representative between the soldier and the financial institution with which he is in trouble. She has found that institutions have been very cooperative with her efforts to resolve any problems soldiers have financially.

A soldier in financial trouble can suffer serious consequences in his or her military career and even discharge from the service, according to a Department of Defense pamphlet.

The pamphlet also says the the Department of Defense regards name, rank, date of rank, salary, present and past duty assignments and office phone numbers as public information available to anyone who requests it. But, home addresses are protected under the Privacy Act. Commanders can forward mail to soldiers' homes, but it's entirely up to the person who receives it whether or not to respond.

What are some solutions to indebtedness?

You might be able to arrange partial payments with your creditor from your monthly check until you are "more on your feet" and able to make full payments. So, be honest with your creditors about your problem.

Or ask your creditor to extend your contract. It may increase your finance charges, but it will reduce your monthly payments.

Another alternative is going to your local credit union and setting up a meeting with your creditors. If the creditors agree, your money would be paid into the credit union where an officer would pay a proportion to each creditor every month.

Other possibilities are a consolidation loan, a second mortgage on your home, a wage earner bankruptcy plan that allows a debtor to take up to four years to pay off the debts or, as a last resort, a regular bankruptcy petition. However, this may be detrimental to your career. You are advised not to take this step unless your legal assistance officer advises it.

What if you lose your credit card?

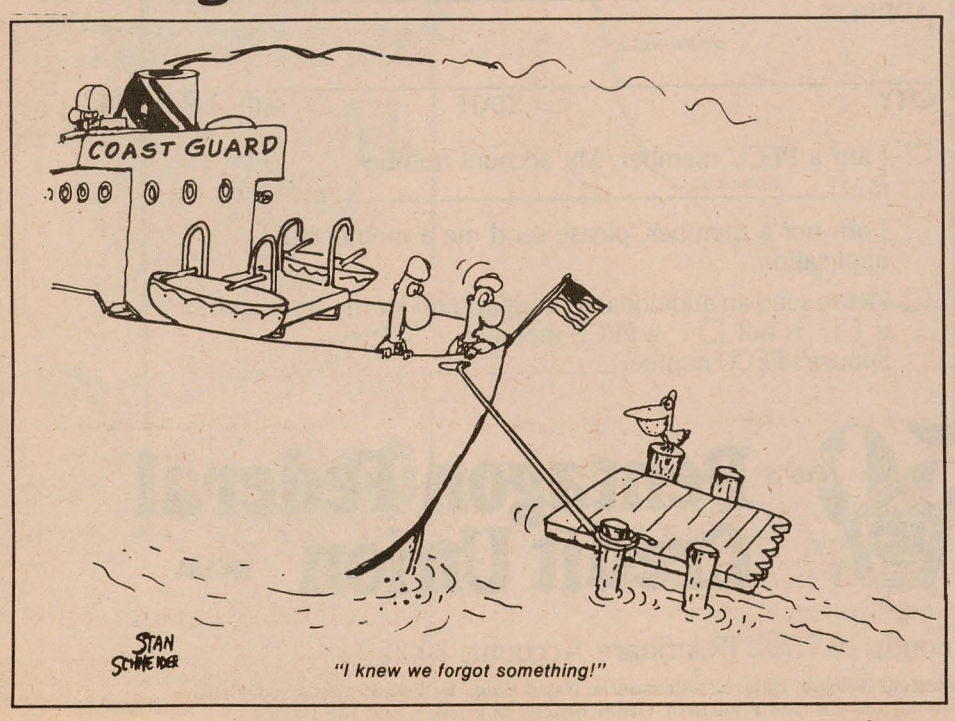
After notifying the company of credit card loss, you're liable for only $50 in personal loss, unless you can be identified as the actual user by signature, photograph or fingerprints on the card. Of course, if you lose more than one credit card you can lose a substantial amount of money. So, safeguard those credit cards.

Newcomb had some suggestions on protecting those cards from theft, loss, or misuse. "Don't use your credit card number over the phone. Also, don't leave them in the glove compartment of your car; the heat can damage them, and they are accessible to a thief. And you shouldn't let friends borrow them," she said.

Credit cards can be very handy in times of emergencies when products go on sale or when you are traveling. But, shop around for the wisest investment in a credit card purchase. Be aware of the interest rates on credit cards; some are higher than others. Comparing rates can save you money. Well-planned shopping can save you money and prevent you from ending up in financial trouble, bankruptcy, or worse yet, discharge from the service.

So, when those voices from the shelf say "Buy me, buy me" exercise restraint and check your balance. It's not always easy to say, "No." But, you'll feel better about yourself when you do. Plus, you're a little richer for it. If you have any problems, call 561-5057 or go to bldg. 214, ACS.

The Lighter Side



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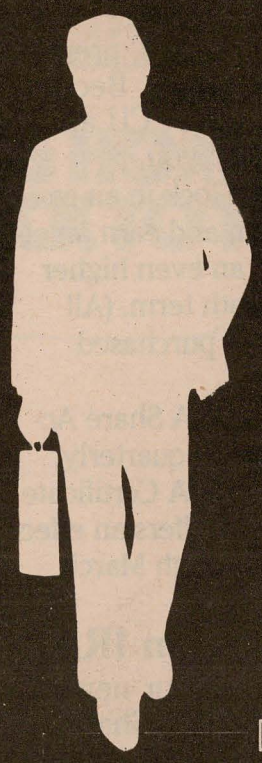

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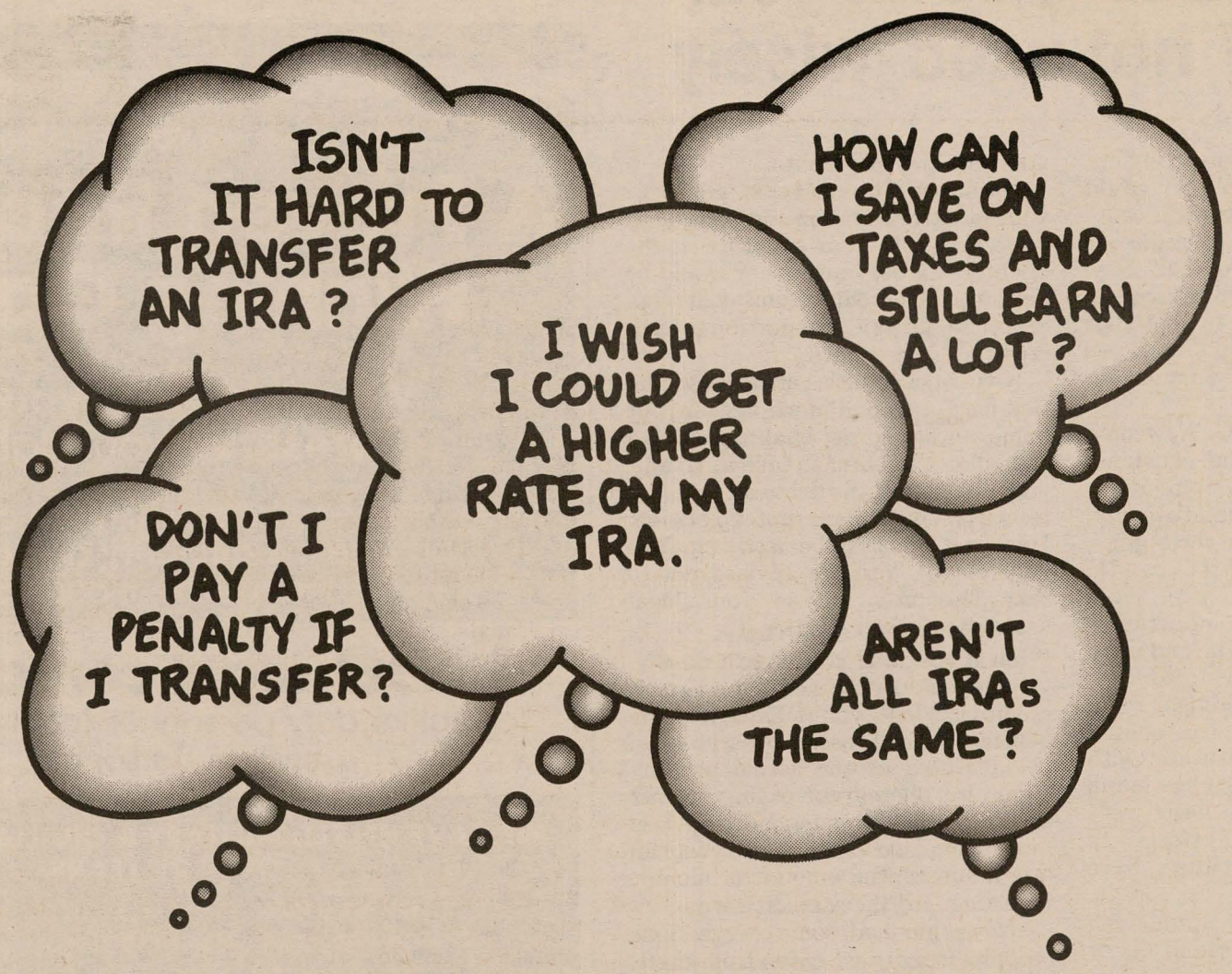

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Feature

16th AG tells of cold, rewarding REFORGER

by Liz Greeley

The snow was knee deep, there were seven or eight showers for 3,000 soldiers and it was a half-mile walk to the dining facility, but the tents were warm—when the heaters were working.

It definitely wasn't life on the Presidio; however, it *was* part of what the 16th AG (Postal) experienced at REFORGER (Return of Forces to Germany) 85 from Jan. 11 until they came home Feb. 20.

It all started Jan. 11 when the troops loaded their gear aboard a C-141 for the 14-hour flight to Frankfurt, according to 1st Lt. John W. Bradley III, 16th AG (Postal) commander.

With the cargo loaded on pallets in the back, the plane flew out of Travis Air Force Base. The fabric seats were uncomfortable and it was difficult to sleep during the long flight, although the plane did make stops in Goose Bay, Labrador, and in Amsterdam before arriving in Frankfurt, according to Bradley.

But the trek wasn't over; the troops then drove the 75 kilometers (about 45 miles) from Frankfurt to Giessen, Germany.

Once there, they were assigned to tents large enough for 3,000 soldiers. Each tent had four heaters which blew warm air into it, Bradley said.

Fortunately, the unit brought their own cots; otherwise, their sleeping bags would have been on the floor of the tent.

"The best time to shower was 3:30 to 5 o'clock in the morning, to be sure you had hot water," he said.

Orderly Room clerk Sp4 Yolanda Tisdale said, "We learned to get dressed fast and *run* to the showers."

All this was just a part of life for soldiers taking part in REFORGER 85.

Meanwhile, the 12-person unit set up postal operations, located units and began seven-days-a week mail service to more than 20,000 troops in the Giessen area.

The 16th AG also had a four-member team in Bebra, Germany, providing full postal operations to 17,000 troops.

As big a job as it sounds, the main job of the 16th AG is participating in exercises like REFORGER, because it is a deployable unit and a part of the Rapid Deployment Force.

"The only time that my people can do their job is when we deploy," Bradley explained. Because government regulation prohibits duplication of effort, the 16th AG can't compete with the U.S. Postal Service by providing mail service except during deployments, **where** the Postal Service won't be handling the mail.

Bradley added that the 16th is one of only two active duty postal units; the other is the 305th, which is with the 18th Airborne Div., Fort Bragg, N.C.

The 305th went to Grenada, since it was the lesser-committed unit at the time, according to Bradley.

So the 16th takes part in deployment exercises to train troops and to keep their skills sharp, never knowing when or where they might be needed.

The unit is on such missions as REFORGER, Gallant Eagle and other exercises about four months out of the year.

But soldiers, even good soldiers, are only human.

"While you're over there, all you think about is getting back to the Presidio with the nice weather and your family,"Bradley said.

Tisdale missed home too, but this was her first deployment. The first problem for her and the other troops was getting accustomed to the abrupt weather change.

"Everyone caught colds; I think the whole unit slipped and fell on the ice." she said.

Tisdale said the work was hectic at first—finding units and selling stamps. But it was interesting at the same time.

"Meeting infantry, ranger and airborne troops was interesting. It was the first time I got to meet really hard core troops.

"The rangers were telling us their ranger tales about eating snakes. When you look at some of them, they look like they would eat a few snakes," she said.

With all the deprivations, would she want to go back?

German pastries came with it. They started to pay, but a German man at another table made them understand he had paid for them. Then he came over to their table and patted them on the backs.

"It just really made me feel good," Tisdale said.

"Yes, definitely! It was my first time deploying; it taught me we were ready to go. I'm looking forward to going back to the next REFORGER.

"We **made** it those 41 days; we all stuck together," she said.

But the larger question is why, aside from training, the U.S. sends troops to REFORGER every year.

Perhaps something that happened to Tisdale and some other soldiers can suggest the answer.

Tisdale was part of a group that stopped at a *Gasthaus* that was a little off the beaten track. They went in to get some tea, because it was so cold outside.

When the tea arrived, a tray of

Couple goes home as LAMC's first transition-to- home

by Bob Walker

Letterman Army Medical Center (LAMC) doctors and nurses gave an elderly Groveland, Calif. couple a precious birthday gift, returning them to their home after the wife's stay of nearly a year at LAMC.

Injured in an auto accident in February, 1984, 71-year-old Jane Anderson spent time in two civilian hospitals before her admission to LAMC in May, 1984. Complications developed, requiring her to be on a ventilator to assist her in breathing. According to Maj. Lindsey Smith the Intensive Care Unit did a fine job caring for Jane for a long period of time.

The last two weeks of her stay in LAMC, Jane's 68-year-old husband, Wade, remained by her side in a private room set up in the intensive care unit as part of a transition-to-home program.

According to Capt. Scott A. Depe of the LAMC medical corps, cooperation and teamwork from many departments resulted in this first transition-to-home move for LAMC. Wade was with Jane in a private room, being taught all he had to know to care for his wife. He learned how to use all the equipment that would be set up in their home.

Depe said, "personnel were on hand to care for Jane around the clock, if needed. Wade's active part developing his ability to care for his wife made the transition-to-home possible. The home environment made her much happier."

The Andersons were taken home on Feb. 8, giving them several days to adjust to home life again before they celebrated their birthdays, both of which were on Valentines Day, Feb. 14.

Doris Ketchum, technical director of respiratory therapy, accompanied them home in the ambulance to see that everything was set up properly. Ketchum said, "Jane was on the ventilator for about 16 hours a day and breathed on her own for about eight hours a day with a trach mask, which held the trach tube in place, permitting breathing through an artificial opening in her neck. It was really joyful to see her returned to her home. A complete mood change took place; she was all smiles."

Juanita Voss, one of the nurses who helped out at the Andersons' home, said, "something heroic happened soon after her coming home. A leak developed in the trach ball, which holds the trach in Wade had been trained on how to change the trach, which isn't normally done out in the field. But Wade, with the help of his son, another nurse and a doctor's assistant from town (who had never changed a trach), successfully changed it. Home care can be done."

While at LAMC, the Andersons developed a love for the doctors and nurses there. Wade said, "everyone certainly was interested in my wife. The care Jane received was really good."

LAMC's interest in the Andersons was evident when a 43rd anniversary party was given in November which included a man in a tuxedo handing out balloons. "We tried to make it special for her," Maj. Lindsey Smith said. Smith helped plan the anniversary and also provided Wade with a place to stay when he ran out of other alternatives to housing here. He stayed at Smith's home for more than two weeks.

Jane was doing really well the first few days at home. According to Wade, "She was out on the deck waving to people as they drove by. She wanted to go home — that was the main thing." Jane passed away Feb. 24.

In spite of her death, the diligent efforts of the LAMC staff and Wade's deep love for his wife made Jane's desire to go home possible. It also resulted in LAMC's first transition-to-home.

Because of this program, Jane and Wade were indeed able to be home on Feb. 14 to celebrate their birthdays with their friends and relatives, a most precious gift without a doubt.

Golden Gate Park

People hunger for knowledge

story and photos by Bob Walker

If you'd like to try for a world record, try to see everything at nearby Golden Gate Park in just one day.

The park, which is located from Fulton Street to Lincoln Way and from the ocean to Stanyan Street, covers over 1,000 acres and includes more items of interest than anyone could hope to see in one day.

The Conservatory contains many kinds of tropical plants and flowers.

The M.H. de Young Museum contains European art; the Avery Brundage collection of Oriental art; wall murals from Mexico, which are being restored before your very eyes. a hands-on exhibit of prayer rugs and other crafted items; and exhibits of Egyptian, Roman, Greek, American and African art. There is also an art school for children and adults, along with an art reference library.

The Asian Art Museum contains art from China, Japan, the Middle East and other parts of Asia. Collections include jade, bronze, and textiles.

Books may be purchased at the Museum Society Bookstore on subjects relating to both museums.

Thousands of species of plants from around the world excite plant lovers at the Strybing Arboretum. The Helen Crocker Russell Library is a reference library within the arboretum open to the public. It contains more than 10,000 books on plants, according to Jane Gates, the librarian.

The California Academy of Sciences houses a host of collections such as the Discovery Room, a hands-on exhibit; the Simson African Hall; and the Aquarium collection of fishes, penguins, alligators, seals and dolphins. Also there are Fossil Hall, Bird Hall, Gem and Mineral Hall and North American Hall.

The Morrison Planetarium provides laser light shows and introduces people to the subject of planets and galaxies. The Wattis Hall of Man, an anthropology exhibit, takes visitors on a tour through various cultures and times. Also, through April 29, there is a traveling display, "Circles of the World," that takes visitors through the lives and arts of the Plains Indians.

Sports enthusiasts can do their thing at the archery field, the track, the polo field, the football field or the fly casting pond. Also there are baseball fields and tennis and handball courts.

There are numerous lakes that add to the opportunities at the park, with model boating at Spreckels Lake and boating around Stow Lake.

Music lovers enjoy performances at the Music Concourse and children enjoy the playground.

Though the hours of operation vary, remember that admission to most exhibits is free on the first Wednesday every month. Admission to the Asian Art Museum is also free every Saturday if you arrive before noon.

Displays at the museums change from time to time as items are rotated from the museum collections and as traveling exhibits come and go, according to Lorrie Bunker, the public relations director at the Asian Art Museum.

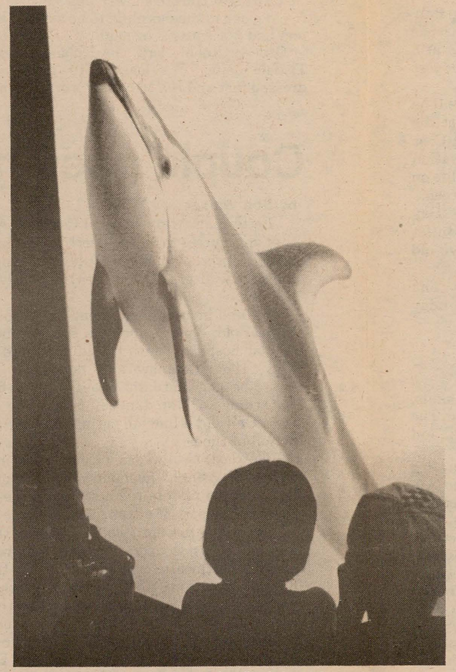
According to Pvt.2 Sharon Dickie from DLI-SF (Defense Language Institute-San Francisco), there are many things to see at the park. "It's a really pretty place. The landscaping is very nice and nicely kept. It's a great place for jogging," she said.

So, now that you know about much of what there is at the park, take several days to see the park and all it has to offer. You'll discover that you won't set any world records. You'll spend many hours at the park as you fall in love with all it has to offer in recreation and cultures.

Young and old alike challenge themselves on the steep bridge in the Japanese Tea Garden.

The Golden Gate Park allows relaxing moments, just like an ordinary park.

College art students come the Conservatory to make drawings of the interesting plants that are grown there.



Youth watch a dolphin at the Steinhart Aquarium.

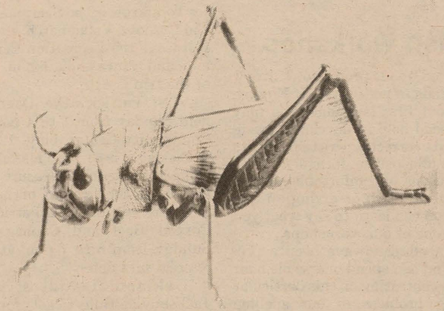


photo courtesy of the Asian Art Museum of San Francisco

The anatomy of this silver grasshopper from Japan can be moved just like a real grasshopper.

photo courtesy of the Asian Art Museum of San Francisco

This Chinese bronze "Tsun" ritual vessel dates back to the 11th century B.C.

photo courtesy of The Fine Arts Museum of San Francisco

The reconstruction of this painted wall mural from Teotihuacan, Mexico dates back to 400 to 700 A.D. The process observed from a window gives people an idea of how challenging the work is.

Community Calendar

Belly dance class

Mideastern belly dance classes for beginners are given at the Hamilton Army Air Field Community Center, bldg. 203, in the ballroom. The cost of the class is $20 a month for one one-and-a-half hour class given each week. It is open to both men and women and makes a good way to lose weight. For more information or to register for the class, call Dilanna Corbitt at 382-0490.

YA Basketball and T-ball

Youth Activities will be having signups for the 1985 Spring baseball season. Sign up at the Youth Activities office in the basement of bldg. 122 between 8 a.m. and 4 p.m., Monday through Friday. Also, 6-to-8-year olds may sign up for T-ball. The registration fee is $12.50 and a birth certificate is needed for proof of age. For more information call the Youth Activities office at 561-5143.

Officers' Club

Make your reservations now for the St. Patrick's Day Buffet, Sunday from 5 to 8 p.m. This is a special night for our Irish friends, who will enjoy a variety of food dishes from Ireland. Walter Traverso and his Magic Accordion will play for you from 5:30 to 8:30 p.m. Don't miss this special event.

NCO/Enlisted Club

Saturdays are two-for-one steak nights. And every week there is a Sunday brunch with all you can eat for $5 from 10 a.m. to 2 p.m.

There is an all night disco tonight. There will be a special Easter brunch with three Easter egg hunts that Sunday at 10 a.m., noon and 2 p.m. Three Easter bunnies will be given away that day.

Orchestra auditions

The Presidio Chamber Orchestra (PCO), a community group of amateur musicians, announces open auditions for string players next week. The PCO meets on the Presidio weekly to rehearse and perform works by Bach, Haydn, Mozart and others. For more information, phone director Mitchell Covington at the Post Chapel, 561-4719.

photo by Bob Walker

Taste buds get a workout on the Recreation Center's Winery Tour held Saturday. Winery tours are sponsored by the Recreation Center every second Saturday of the month.

Easter concert

Renowned northern California organist Ralph Hooper will present a free concert of Holy Week and Easter music at the Fort Scott Chapel Thursday at 2 p.m. The program will focus on organ settings of the beloved hymn tunes and chant melodies associated with this most solemn and glorious liturgical season.

All members of the Presidio family are cordially invited to this concert.

English workshop

Worried about promotion? Know what stands in your way? If English is not your first language, you may need special help in developing well-organized, correctly written reports and DFs (disposition forms).

If you feel uncomfortable appearing before a board or giving an oral report, you can learn to say what you mean in one of our workshops.

Has spelling always been a problem? You can spend one whole hour a day concentrating on this particular annoying problem in our spelling workshop.

Help or a solution can be found at the English as a Second Language workshops on Developmental Writing, Speaking in Front of Groups and Spelling begining April 8.

Call the Education Center, bldg. 1216, at 561-2974 or 561-3189 for more information.

Ballet classes

Ballet classes for beginners to advanced are available Monday through Friday in building 1390 behind the Fort Scott Bowling Alley. Call Helen Piernik from noon to 2 p.m. at 994-0681 for more information.

Open house day

On March 23, the 6211th U.S. Army Garrison and its subordinate units will sponsor "Open House Day" at the Golden Gate USAR Center (bldg. 1750) from 10 a.m. to 4 p.m. Among the events, ceremonies and demonstrations offered will be a parade with support from various veterans' organizations and the 6th U.S. Army Band, an antique military vehicle and weapons display, a Civil War skirmish, a "K-9 Corps" attack dog demonstration, a modern American and Soviet weapons display, a magic show, a break dancing show, free snacks and, weather permitting, a parachute jump, as well as a variety of games and movies.

Everyone is cordially invited to attend this family event.

Rec Center

Tomorrow is the Sacramento Rancho Cordova Volksmarch. A tour bus will leave the Recreation Center at 8 a.m. and return about 6 p.m. The cost of the trip is $10.

A St. Patrick's Day Dance will be held Sunday from 1 to 4 p.m. at the Community Center, bldg. 1299. Cost of the dance is $1.50. This celebration will add incalcuable pleasure to life on this day of the "wearin' of the green."

There will be a St. Patrick's Day Corned Beef and Cabbage Buffet Sunday from 5 to 7 p.m. at "ye old Recreation Center."

Oakland Invaders vs. the Jacksonville Bulls tickets for Sunday are $4.

Arts and Crafts Shops offer spring classes for family fun

The **Basic Automotive Welding** class will be held April 10 through June 14 on Wednesdays and Fridays from 7 to 9 p.m. The class meets twice a week for 10 weeks; total fee is $40. The course covers basics of auto welding, electric, gas and brazing.

The **Beginning Automotive Repair and Maintenance** course will be held from April 9 through June 13 from 7 to 9 p.m. The fee for this 10-week course is $40. Students will learn auto maintenance and repair to include oil changes, lubrication, tune-up and water pump.

Family Day: every Friday from 4 to 10 p.m. families are encouraged to share their arts and crafts with their children.

Children's Crafts—Puzzles, Mazes and Games are scheduled for April 6, 13, 20 and 27 from 11:30 a.m. to 1:30 p.m. Children ages 7 and up may participate. The class is limited to 15 persons. All supplies are included in the $12 fee. Students will learn how to use jigsaws and other craftsmen's tools to make fine finished wood puzzles, mazes for marbles and wooden board games.

"Movie Stars," a filmmaking-for-kids course, will run for 12 weeks, April 6 through June 22, from 9:30 to 11 a.m. The class is limited to 15 children ages 8 and up. The fee is $20, which includes all needed supplies. Writing and original script, storyboard, casting of actors and assembling props and costumes will be covered. Students will star, film and edit the movie themselves. All materials and equipment will be provided. The class is for children with no previous experience and emphasis is on creative fun.

"Dancin' and Prancin'" will be given each Tuesday from April 2 through June 4 (10 weeks). The class runs from 10 to 11 a.m., is for toddlers 3 to 5 years old and will be held at a cost of $18 per child. Emphasis will be on teaching movement skills, combined with games and music. The class is lots of fun for kids and parents, too!

An **art show** featuring FORSCOM-level winners of the All-Army Art Contest is scheduled for April 9 and 10 from 7 to 8 p.m. It is FREE! Refreshments will be served. There will be a slide show presentation of the drawings, prints, watercolors, oil paintings and mixed media works by active duty people who have won the All-Army Contest at the FORSCOM level and by others who were judged at the Presidio for the finals.

Community Calendar

...the write stuff...

by Richard Wetzel

If you can get it used and at a better price, why buy anything new?...These days, you can get just about anything used...I've bought used cars, used records, used furniture, even used clothes when the occasion called for something out of date...I'm not proud, hell, I would have bought a used Army career if I thought I could have got one at a good price.

Granted, some things are better bought new and untouched, like virgin wool...But have you priced ugly sheep lately?

Lucky for those of us that believe in this theory, there are just that many more who don't, but then somebody's got to buy it new so I can get it used.

Fortunately, we have people like Bob (who?) who will sell you BOOKS FOR THE PRICE OF A POLITICIAN. Also known as BOB'S USED BOOKS AND EL CHEAPO RECORDS AND C.E.D. MOVIE DISKS, Bob sells some of his books as low as 25 cents each or three politicians for $1...But there's more to "Bob's..." than just bargain prices.

Practically every inch of the walls are covered with newspaper clippings of some sort (this one may be soon) and other pieces of odds and ends and what-not...Browsing through Bob's depository is sort of like listening to the great gov'nor make one of his (in)famous speeches...a little bit of this, a little bit of that and nothing that makes a whole lot of sense but always good for a chuckle or two...Located at 758 Geary Street, he's open every day except "Sundays and most holidays"...oh, and of course (as his card says) Closed on Richard Nixon's birthday.

SPEAKING OF FUNNIES: You (even me?) can meet artist Frank Cirocco (Alien Legion) of Marvel Comics and underground artist Spain Rodriguez (Trashman) at the StateCon Comic Book and Baseball Card Show, March 23, 10 a.m. to 4 p.m. at S.F. State University. Admission is $2...The Palace of Fine Arts is hosting the Festival of Animation March 22-28 with a guest appearance by Will Vinton on the first two dates...

IT'S A JUNGLE OUT THERE...Today (being Friday) is a free day at the San Francisco Zoo...(maybe I should have announced that one a little earlier). Other free days at the Zoo are April 15, June 20, Sept. 3, Thanksgiving Day and Christmas Eve...The St. Patrick's Day Parade begins tomorrow in Oakland at noon at the corner of Broadway and 11th Streets and proceeds down Broadway to 22nd Street.

The Cedar Cinema, 38 Cedar St., presents Montogmery Clift in a series of his best films, April 21-May 4. Among the big screen flicks to be shown are *From Here to Eternity* (1953, with Elizabeth Taylor); *Suddenly Last Summer* (1959, with Taylor and Katherine Hepburn); and *The Misfits* (1961, with Clark Gable and Marilyn Monroe)...For more information on these and other "Monty" films plus other featured series, call 776-8300...

MUSICAL SEARCHING...Only one addition to this department this week...*REO Speedwagon* will be playing the Oakland Coliseum April 5...everybody go WHOOPIE...

SPEAKING OF ANIMALS...Does the Star Presidian look different this week?...maybe even a little better?...That might be because we have a new (temporary) editor this week, Bob Walker...anyone need a second-hand (permanent) editor???...I think I can get you a good price.

At the movies

Presidio Theater

Fri,	March 15	The Flamingo Kid (PG-13)	7 p.m.
Sat,	March 16	Ghostbusters (PG)	7 p.m.
Sun,	March 17	Ghostbusters (PG)	2 & 7 p.m.
Mon,	March 18	Ghostbusters (PG)	7 p.m.
Tue,	March 19	All of Me (PG)	7 p.m.
Wed,	March 20	Just the Way You Are (PG)	7 p.m.
Thu,	March 21	Breakin' 2, Electric Boogaloo (PG)	7 p.m.

Schwartz Theater

Mon, March 18	The Flamingo Kid (PG-13)	7 p.m.
Wed, March 20	Ghostbusters (PG)	7 p.m.
Thu, March 21	Just the Way You Are (PG)	7 p.m.

Hamilton Theater

Fri, March 15	Three Evil Masters (R)	7 p.m.
Sat, March 16	Bambi (G)	1 p.m.
Sat, March 16	Misunderstood (PG)	7 p.m.
Wed March 20	Class (R)	7 p.m.
Thu, March 21	Electric Dreams (PG)	7 p.m.

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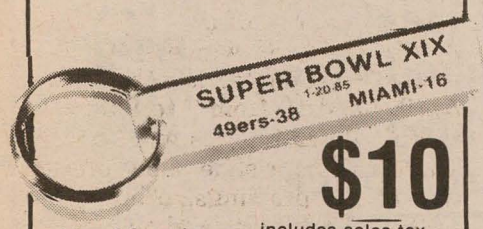

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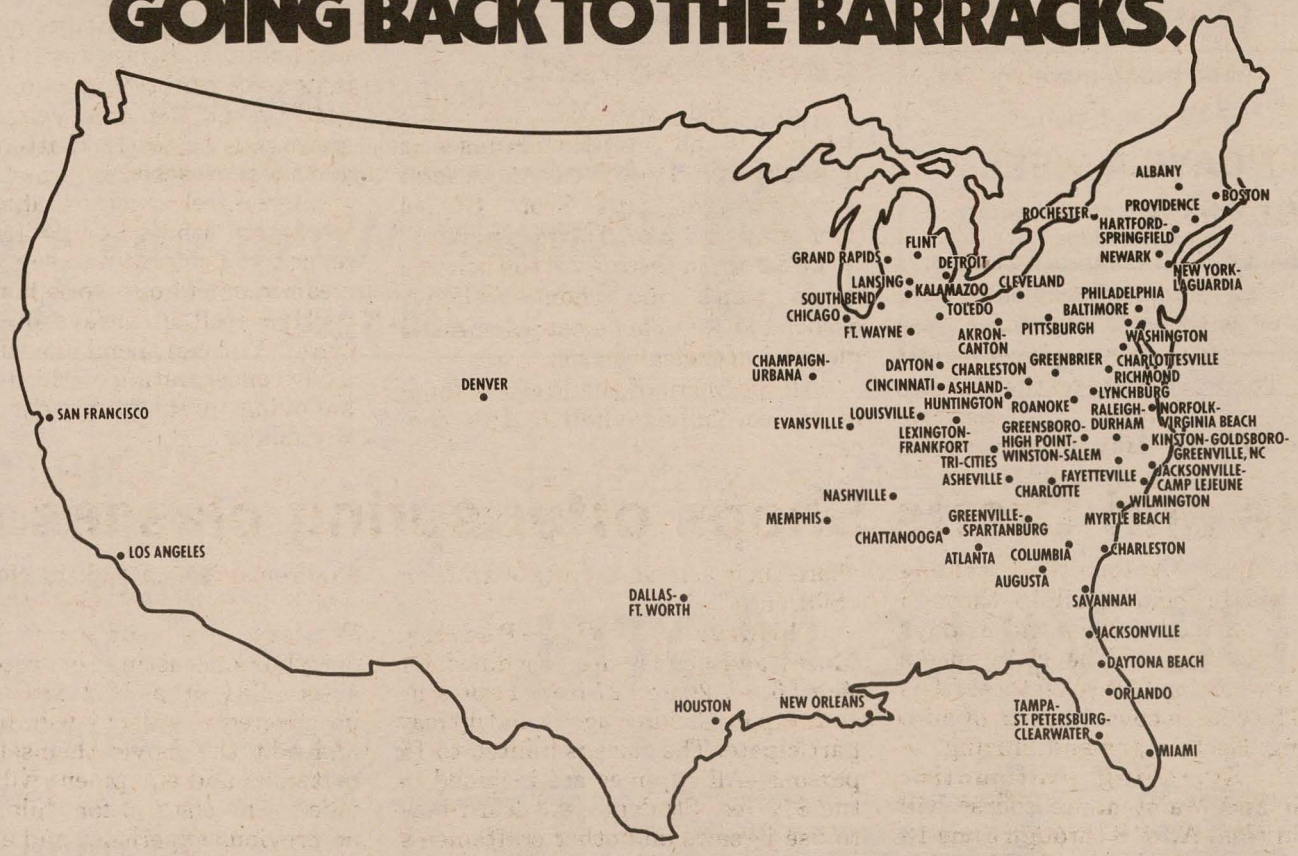

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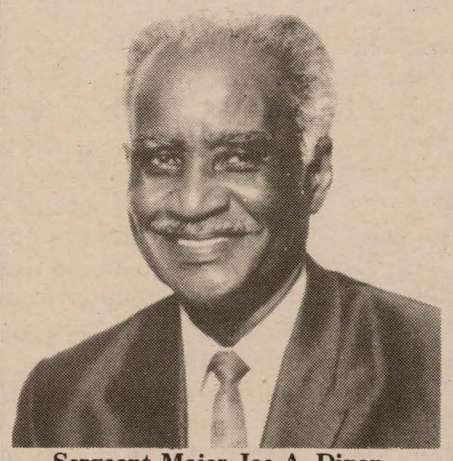

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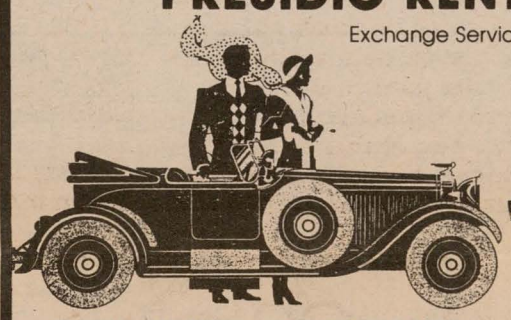

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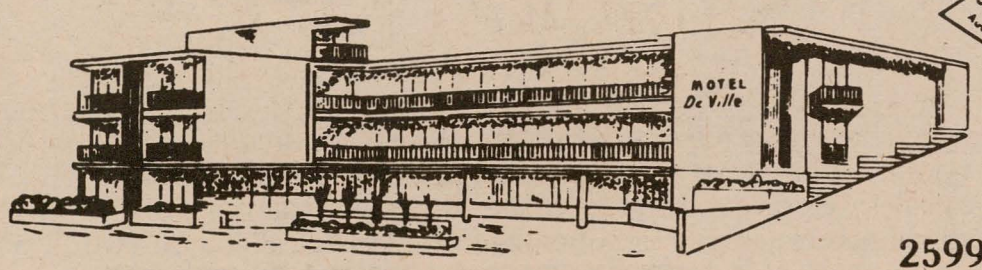

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Sports

Exercise keeps body, memory in good shape

by Karen Behnke

By the time many busy professionals take a serious interest in their health, they've lost some of it, including the quickness of making good decisions. A simple change in attitude, however, is often sufficient to erase much of the damage and restore a great deal of their health.

Each cell, tissue and organ in the body requires active stimulation to function optimally. When denied maximal usage, deterioration in function and structure is certain to follow. Until recently, we have had no scientific basis for fully understanding the many effects of physical and mental inactivity.

One of the early symptoms of aging is loss of recall for recent events, such as the details of yesterday's business meeting. Clinicians test for memory loss by measuring the ability to recall sets of random numbers. The elderly do quite badly and the young do best. However, even the young do poorly if they lose fitness through immobilization. Within two weeks of traction or plaster body casts, youngsters show impaired abilities to recall the random number test. Therefore, we may conclude that fitness keeps the mind alert and seems to postpone one effect of aging—memory loss.

A Purdue study found similar results from testing 20 midwesterners who had worked out three times per week for six months The results were dramatic. They were not only 20 percent more fit than when they started, they perfomred 70 percent better on a test of complex decision making—a 60 percent improvement over the control group.

The NASA program has also provided us with documentation that fitness keeps the mind alert. Weightlessness in space amounts to accelerated disuse, for the body's musculature doesn't even have to counteract the otherwise omnipresent effect of gravity that we have on earth.

In the early days of space training, astronauts were not required to perform regular calisthenics while in orbit. After a day or two in the weightless environment, they began having memory lapses. Scientists found that exercise could restore mental function. Calisthenics are now a regularly scheduled part of space travel.

It appears that part of what most of us commonly accept as change due to normal aging is not caused by age at all, but by disuse. Most adults become increasingly sedentary as they grow older, when, in fact, they should strive to stay forever active.

With the demands and stresses placed upon all of us nowadays, we are in special need of caring for our minds and bodies. We must pay extra attention to our total health.

If you're not on a regular fitness program already, now is the time to start so it will carry you through your entire lifespan. You'll find that a fit mind and body enable you to be much more productive. So if you won't start on a wellness program for yourself—do it for your career.

Editor's note: Karen Behnke,R.N., B.S., is president of **Execu-Fit,** *a San Francisco-based exercise and fitness company. She also teaches the evening aerobics classes on post.*

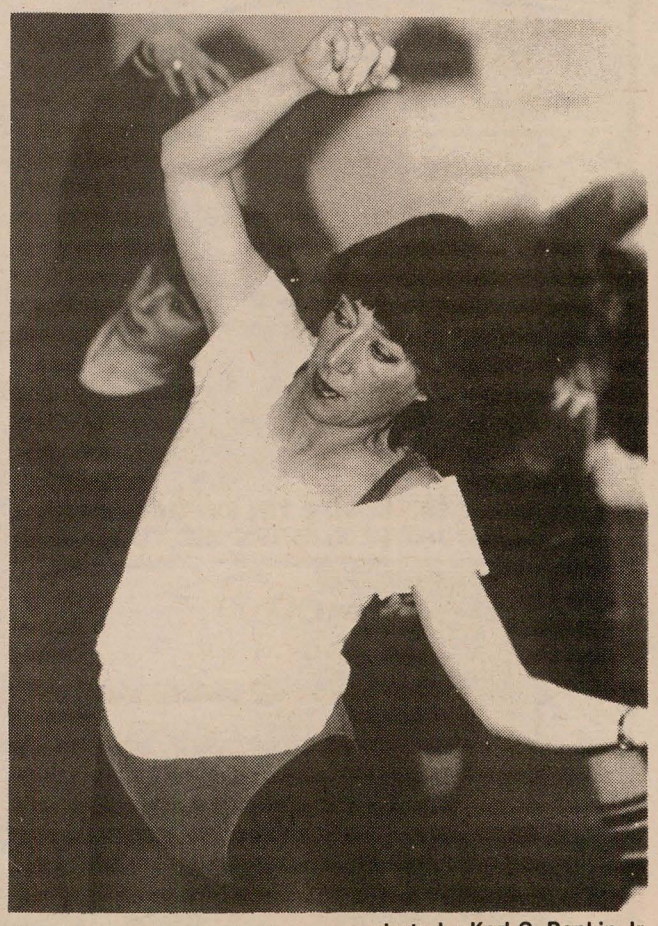
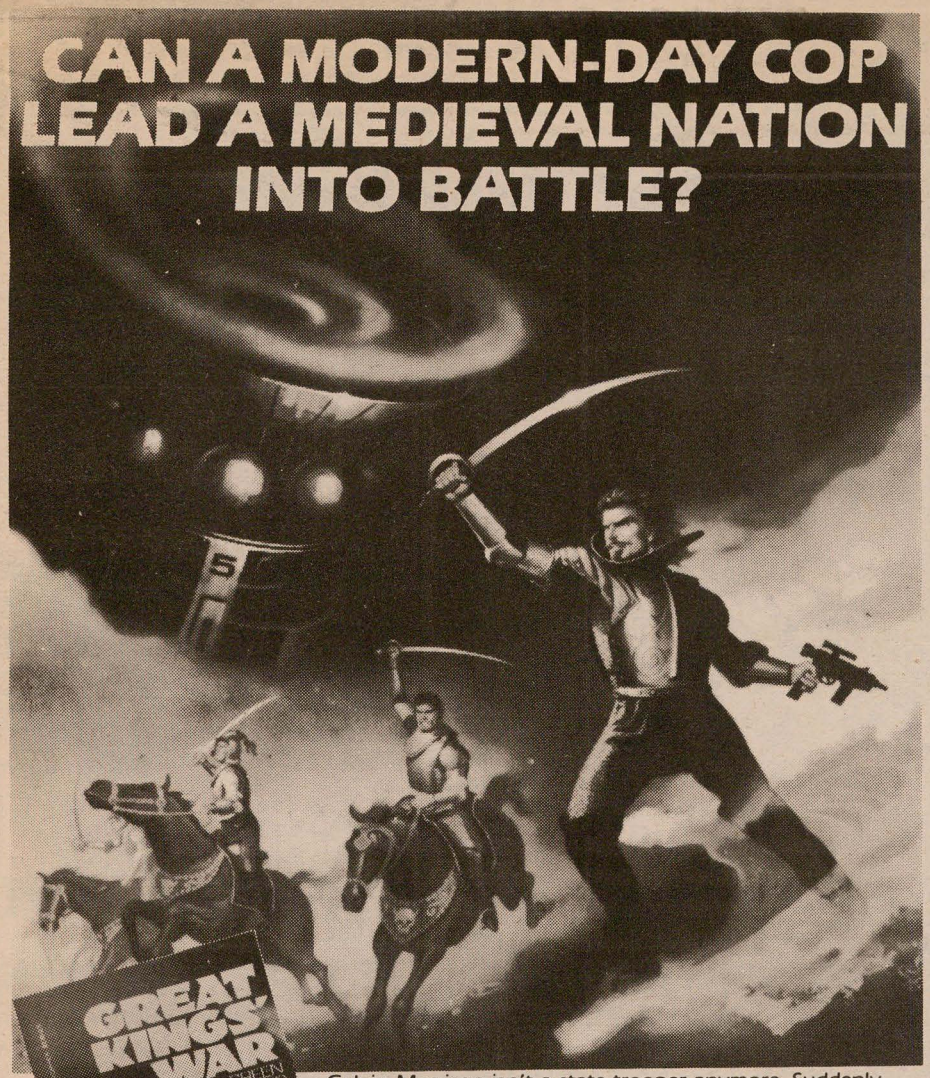
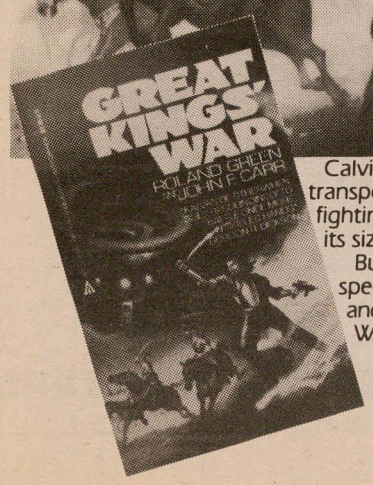


photo by Karl C. Rankin Jr.

Christy Dougherty stretches at the aerobic class given in Gym 1.





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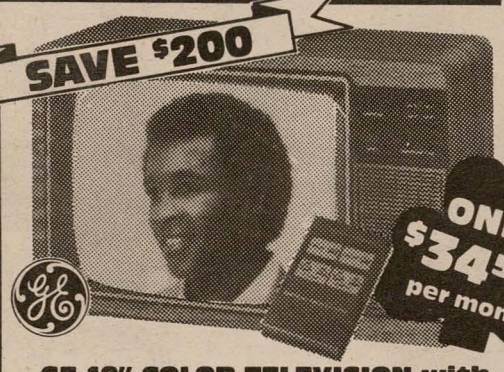
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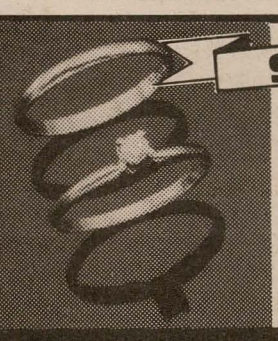
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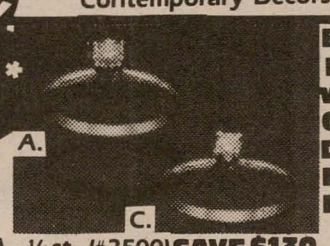

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Construction: Presidio soldiers to get new barracks, **pages 6 & 7**

Retirement: avoid surprising stresses, **page 10**

Salt and sweat: hot news for runners, **page 11**

Star Presidian

Vol. 28, No. 11 "Published in the interest of the people of the Presidio of San Francisco." March 22, 1985

News Briefs

Passover festival

The Jewish Festival of Passover is celebrated for eight days. This year it begins at sunset, April 5, and concludes at sunset, April 13.

Passover, the spring festival, celebrates Israel's deliverance from Egyptian bondage. It is a joyous family holiday, rich in history, symbolism and ritual. Above all, it calls attention each year to the yet unrealized dream of freedom for all mankind.

A Seder service and dinner for Jewish soldiers and their families will be held Saturday evening, April 6 at 7 p.m.

For more information, please call Ruth Callmann at 561-4397.

ACS is moving!

Families move. Units move. And once in a while, agencies move. Army Community Service (ACS) has found a new home, a bigger home, to house its growing family of services for Army families.

ACS is moving from bldg. 214 into bldg. 566 (Girl Scout building) near the Child Development Center.

To facilitate this move, ACS will be closed from April 1 through 5 (except for emergencies and loan closet returns). Phone numbers will remain the same, but Presidians are reminded to change the address in their Family Resource Directories, phone books and staff directories.

The Girl Scouts will be moving into bldg. 214, next to the cafeteriea.

The point of contact at ACS is Mary Schuster at 561-5155 or 5057; for Girl Scouts, call Patty Brown at 922-4691. Questions about the Child Observation Class should be directed to Sandy Talbot-White at 561-3588.

Distribution

There will be no neighborhood distribution of the *Star Presidian*, flyers, etc. the week of April 1 to 5 because of the move of Army Community Service (ACS).

Potluck/support group

Improving learning efficiency in children and adults will be the topic for the evening at a potluck sponsored by the Support for Parents with Special Children organization.

Dr. Marjorie Goody, school psychologist in the Special Education Department of the San Francisco Unified School District, will discuss learning disabilities and new research in the right- and left-brain functions.

The potluck will be held at the Incarnation Episcopal Church, 1750 29th Avenue (Noriega and Moraga), San Francisco, on Tuesday at 6 p.m. Transportation is available.

For more information, call Marjorie Dee at Army Community Service at 561-5057.

Win a $1,000 college scholarship

The Federal Personnel Council and the San Francisco Bay Area Federal Executive Board are offering 10 $1,000 scholarship awards for children of federal civilian employees or for youths employed under Youth Opportunity Programs.

Scholarships will be awarded to outstanding high school graduates upon their enrollment in a recognized junior college or accredited college or university. Selections will be announced at a luncheon in May.

To be eligible, a student must be a high school senior graduating from January through June this year and must:

- Be the son or daughter of a permanent civilian employee currently working for a federal agency in northern California; or
- Be the son or daughter of a retired or deceased permanent civilian who was working for a northern California federal agency at retirement or death; or
- Currently work for a federal agency in northern California under the president's Stay-in-School campaign; *or*
- Have worked in northern California last summer under the Summer Youth Opportunity Program.

Northern California encompasses Monterey, Kings, Tulare and Inyo counties, plus all areas in California north of these counties.

The children of temporary civilian employees and Postal Service workers are not eligible for consideration.

Scholarship awards will be based on scholastic ability, activities or leadership, a written essay and economic need.

Scholastic ability will be judged by the student's high school record and the results of the Scholastic Aptitude Test (SAT) or the College Entrance Examination Board (CEEB).

High school activities and leadership are determined by participation in school, community and civic groups.

The student must write a 900- to 1,100-word essay that evaluates the success of the United Nations in alleviating world hunger: Why hasn't it worked? Essays **must** be typewritten.

Economic need will be determined by considering family size and income. This will be a factor in up to five of the awards.

No later than April 19, in order to apply, interested students must submit:

- A scholarship application, which can be picked up from the Incentive Awards Branch of the Civilian Personnel Office, bldg. 37. Incentive Awards can also be reached at 561-4332.
- A copy or photostat of high school transcripts as of December which show credit hours for each course, grade, date of completion and CEEB or SAT results. The cumulative grade point average may be shown on the transcript or included in a letter from a teacher, a counselor or the principal.
- An essay on world hunger 900 to 1,100 words long. The applicant must use the indicated topic and the essay must be typewritten.

Civilian personnel officials caution that **incomplete application packages will not be considered.**

Students should send completed application packages to:

Federal Personnel Council
c/o Civilian Personnel Office
WESTNAVFACENGCOM
PO Box 727 Code 09G
San Bruno, Calif. 94066-0720

ATTN: Frank Kahren

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Opinions

TAKE A BITE OUT OF CRIME

Of all the crimes people can commit, jaywalking is regarded as one of the most minor. It is regarded as so minor that most people do not think of it as a traffic violation, and most police agencies hardly enforce it except on rare occasions when emphasis is put on it.

Ironically, the consequences of jaywalking can result in the most tragic experiences known to modern man. For example, a jaywalker is at risk of being propelled 50 feet in the air. Any part of his body is at risk of being squashed and bones broken.

The fear of being mugged is much greater than that of being a jaywalking victim, yet the jaywalker will suffer greater physical injury. People just don't like to think about the potential of suffering that occurs every day all over the world to jaywalkers. Some people actually go into shock after witnessing a jaywalker being struck by an automobile—it's not a pleasant sight, even when an animal, rather than a person, is involved.

Why do people jaywalk? There are as many reasons as there are people, but some generalizations can be made:

- Modern society causes people to be in a hurry.
- Many people believe the shortest distance between two points is in a straight line.
- Some people assume or demand right of way.
- Some people just don't look or care when they cross the road.
- Some people do not give automobile drivers time enough to stop when crossing the road.

Children and elderly people are the highest risk groups, but they do not have a monopoly. Given the right set of circumstances, everybody at one time or another may knowingly or unknowingly become a jaywalker. It is a calculated risk that you can observe anywhere.

The risk is based on an assumption that the driver of the oncoming vehicle is of sound mind, is a qualified driver and respects human life.

When a car travels 35 miles per hour, it needs 106 feet to stop safely. Traffic investigators have recorded evidence that when a pedestrian wears corduroy clothing and is struck by the bumper of a car traveling 45 mph, the corduroy actually makes an indentation in the metal. Imagine what happens to the human body.

When wandering around the Presidio, a person can easily assume that he or she is in the countryside, instead of an urban center. Soldiers sometimes assume that the Presidio is like any other stateside post, where troops always have the right of way, and motorists better watch out.

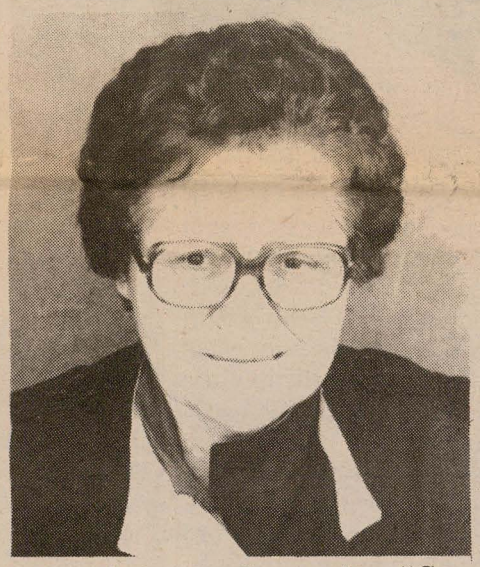
The fact is, the Presidio is used by everybody in San Francisco. Some motorists use the Presidio as a shortcut and, at times, are in a mad hurry and those people in that strange green uniform better watch out. These different attitudes create a dangerous situation, and sometimes an accident is just waiting to happen.

The Presidio Military Police have been instructed to be on the lookout for jaywalkers. Should you be cited for jaywalking, the citation will cost you a $10 fine.

The moral of this story is: You better watch out when walking across the road, for motorists *and* the Military Police. Your best bet is to use an authorized crosswalk. Supervisors are asked to advise their subordinates and parents should ensure that their children understand the important rules of the road.

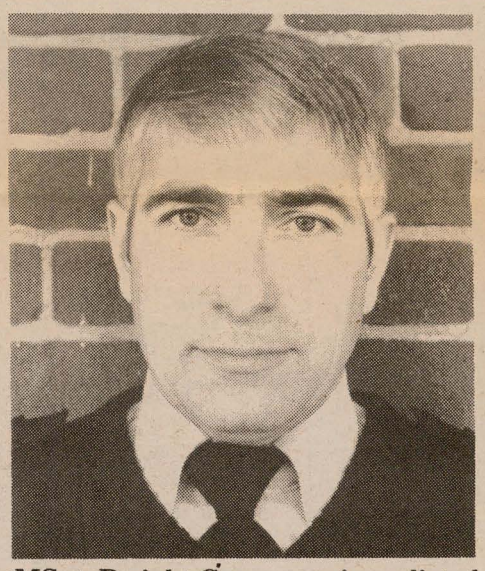
Ramblin' Sam

"Who is your hero or heroine? Why?"

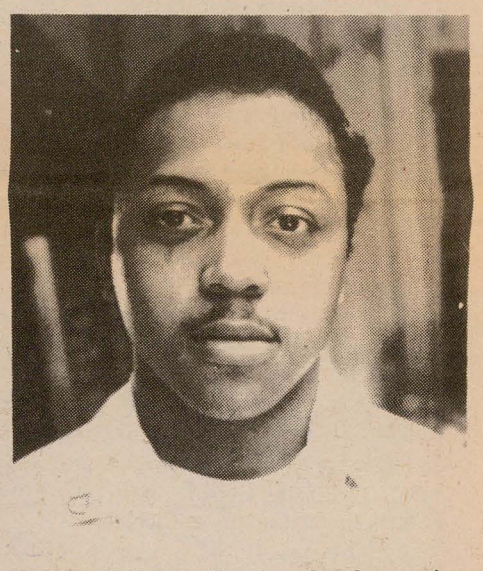


Donna Carey, family member: "Gen. Douglas MacArthur is my hero because he did quite a bit of good for the country."

Lt. Col. Ralph West, USMC, retired: "MacArthur is my hero. I admired him through his career. I'm 90 years old and I know all about him."



MSgt. Dwight Carnes, senior enlisted advisor, Readiness Group-PSF: "I don't have any real heroes anymore. In my youth I had many heroes, like John Wayne. I've reached a stage in my life when, rather than looking at an individual, I look at humanity and ideal concepts. I don't really see those ideals in any human beings."



PFC Kelvin Morris, food services specialist,USAG: "My hero has to be Frederick Douglass because of all the things he did for the advancement of blacks."

The decline and fall of American civilization

by Liz Greeley

Until recently, I thought our society, our civilization was beginning to decline. I thought I saw the first insidious cracks in the pillars of our civilization; noticed the slightest oppressive breath of decay lingering in the air.

Perhaps it was all those declining Scholastic Aptitude Test (SAT) scores I read about that got me down. Or maybe it was the high school graduates who admitted they didn't know how to read.

Oh, I admit I was miffed when the Equal Rights Amendment was defeated, but I quickly snapped back, thinking it was a temporary setback in an otherwise progressive society.

Ah, but then came the rise of Jerry Falwell, school prayer debates, "creation science," book bannings, bombings of planned parenthood clinics and a vigilante who was hailed in New York. I was concerned, even a little worried.

I began to lose faith in our society. I even doubted the ability of our youth to save us — how can they let their elected leaders know they're either for or against a bill if they're unable to read it? No, I reasoned, even our youth, historically our greatest strength and resource, would be unable to save us from

please see page 3

The **Star Presidian** is published weekly by Coast Publishing as a civilian enterprise in the interest of the military and civilian personnel at the Presidio of San Francisco, California.

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3742 San Pablo Dam Road
El Sobrante, California 94803

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The decline and fall from page 2

ultimate deterioration.

But what really got to me wasn't any of these things — it was television. With but few exceptions, it had become that vast wasteland that someone had termed it in its early days.

Not long ago it became obvious that more production value, better acting and better writing with more intricate plots were lavished on commercials than the shows that now serve as fillers.

I don't expect everyone to agree with me, but ask yourself one question. What television show today is as well-produced, as interesting, as musically and visually pleasing as that new cola commercial? You know, the one featuring the singer with *dynamite* voice and the Statue of Liberty, no less. How can you not like it?

When was the last time you saw an actual TV program that had that kind of quality? You begin to see what I mean.

Things are definitely going down the tubes when you begin to look forward to the cola and jeans commercials. (I love those jeans commercials —I've always loved blues songs.)

But you know what? I was all wrong. Even though all the other indicators may point to societal demise and the death of American civilization as we know it, fear not!

That's right, because a program featuring Betty Boop will have aired by the time you read this. I'm not talking about some Saturday morning kiddie show. No! Friends, I'm talking middle of the week, prime-time television. Now what does **that** say about our society!

Over in Russia, they're probably watching something dumb like algebra, biology, fractal geometry or calculus on state TV.

That's just like the Soviets and their linear thinking. They probably don't even realize the educative value of Miss Boop's show—*The Romance of Betty Boop,* I think it is. They probably don't even understand that her dimples and the cute way she talks will stir the creative juices of American youth, urging them on to the innovative, right-brain thinking that results in the creative leaps that are keeping us on the cutting edge of today's high technology.

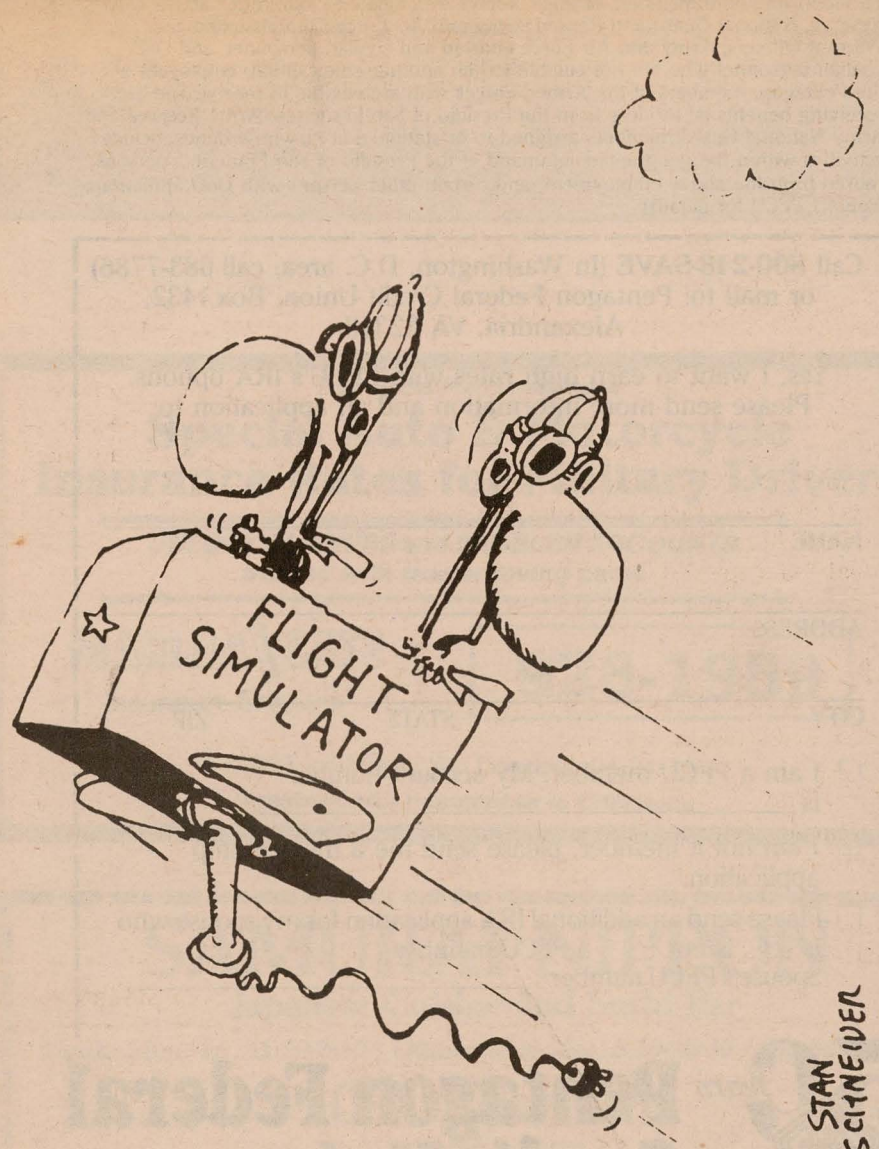
The Soviets probably will envision the program as a barely noticeable dimple on the near-featureless plain, the wasteland, that is American television.

If they only knew, they'd call it another subversive, imperialist, capitalist plot.

Thank goodness that with programs like Betty Boop's for our impressionable youth to watch, our society, our culture and our proud civilization are **safe.**

Uh... Just don't *lean* on that pillar, okay buddy?

The Lighter Side



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6) Recovering money for you if you have been hurt.
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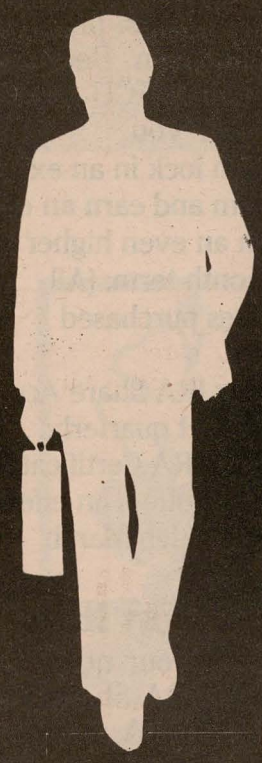

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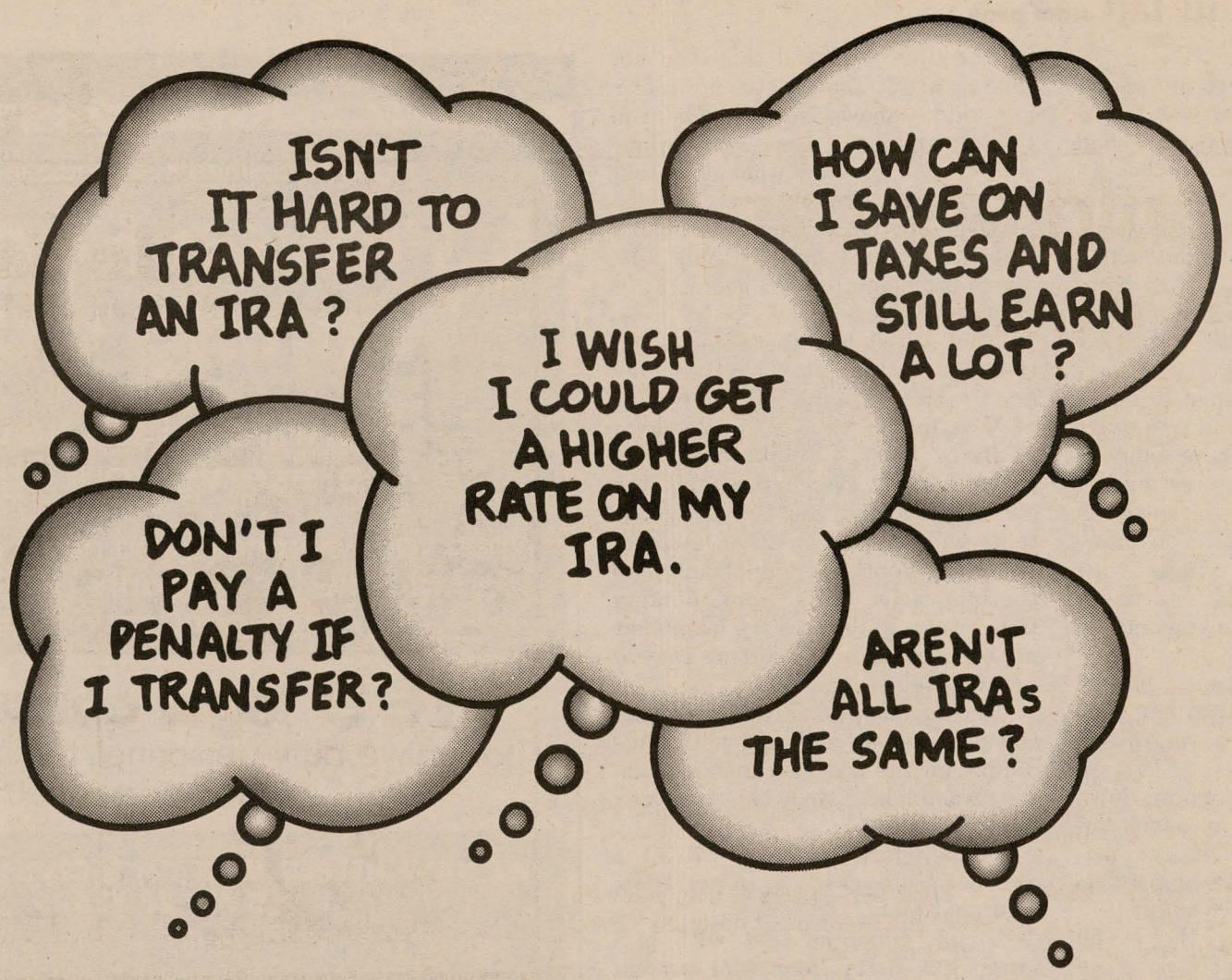

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Feature

What soldiers can, cannot deduct

Because there are exemptions on certain military payments, there is some confusion in the minds of some service members as to what is taxable and what is exempt.

To set the record straight, here's the difference.

Taxable income includes:

- Active duty pay;
- Reserve training pay;
- Reenlistment bonus;
- Armed services academy pay;
- Amounts received by retired soldiers serving as instructors in junior ROTC programs;
- Lump-sum payments upon separation or release to inactive duty; and
- Military retirement pay based on age or length of service.

The following items are *not* taxable:

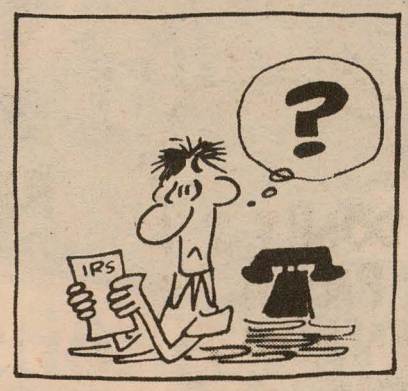
- Quarters allowance or variable housing allowance;
- Subsistence allowance;
- Clothing allowance;
- Family separation allowance;
- Station housing allowance;
- Cost of living allowance;
- Moving and storage expenses provided in kind or reimbursements for actual expenses for permanent change of station moves;
- Benefits under Servicemen's Group Life Insurance (SGLI);
- Death gratuity benefits;
- Forfeited pay, but not fines;
- Certain disability retirement pensions; and
- Veteran's Administration (VA) benefits, including VA insurance dividends.

There are experts to help you with every tax problem, at both the federal and state levels.

American Forces Press Service

Tele-Tax

is a recorded tax information telephone system to answer your tax questions. The local number to call and a list of tax topics is in your tax package.



A PUBLIC SERVICE MESSAGE FROM THE INTERNAL REVENUE SERVICE

At the movies

Presidio Theater

Fri, March 22	Breakin' 2, Electric Boogaloo (PG)	7 p.m.
Sat, March 23	The Falcon and the Snowman (R)	7 p.m.
Sun, March 24	The Falcon and the Snowman (R)	2 & 7 p.m.
Mon, March 25	The Falcon and the Snowman (R)	7 p.m.
Tue, March 26	Teachers (R)	7 p.m.
Wed, March 27	Garbo Talks (PG-13)	7 p.m.
Thu, March 28	The Karate Kid (PG)	7 p.m.

Schwartz Theater

Mon, March 25	Breakin' 2, Electric Boogaloo (PG)	7 p.m.
Wed, March 27	The Falcon and the Snowman (R)	7 p.m.
Thu, March 28	Garbo Talks (PG-13)	7 p.m.

Hamilton Theater

Fri, March 22	Sea Devil (PG)	7 p.m.
Sat, March 23	The Last Unicorn (G)	1 p.m.
Sat, March 23	Hard to Hold (PG)	7 p.m.
Wed, March 27	Staying Alive (PG)	7 p.m.
Thu, March 28	Cheech and Chong's Corsican Brothers (PG)	7 p.m.

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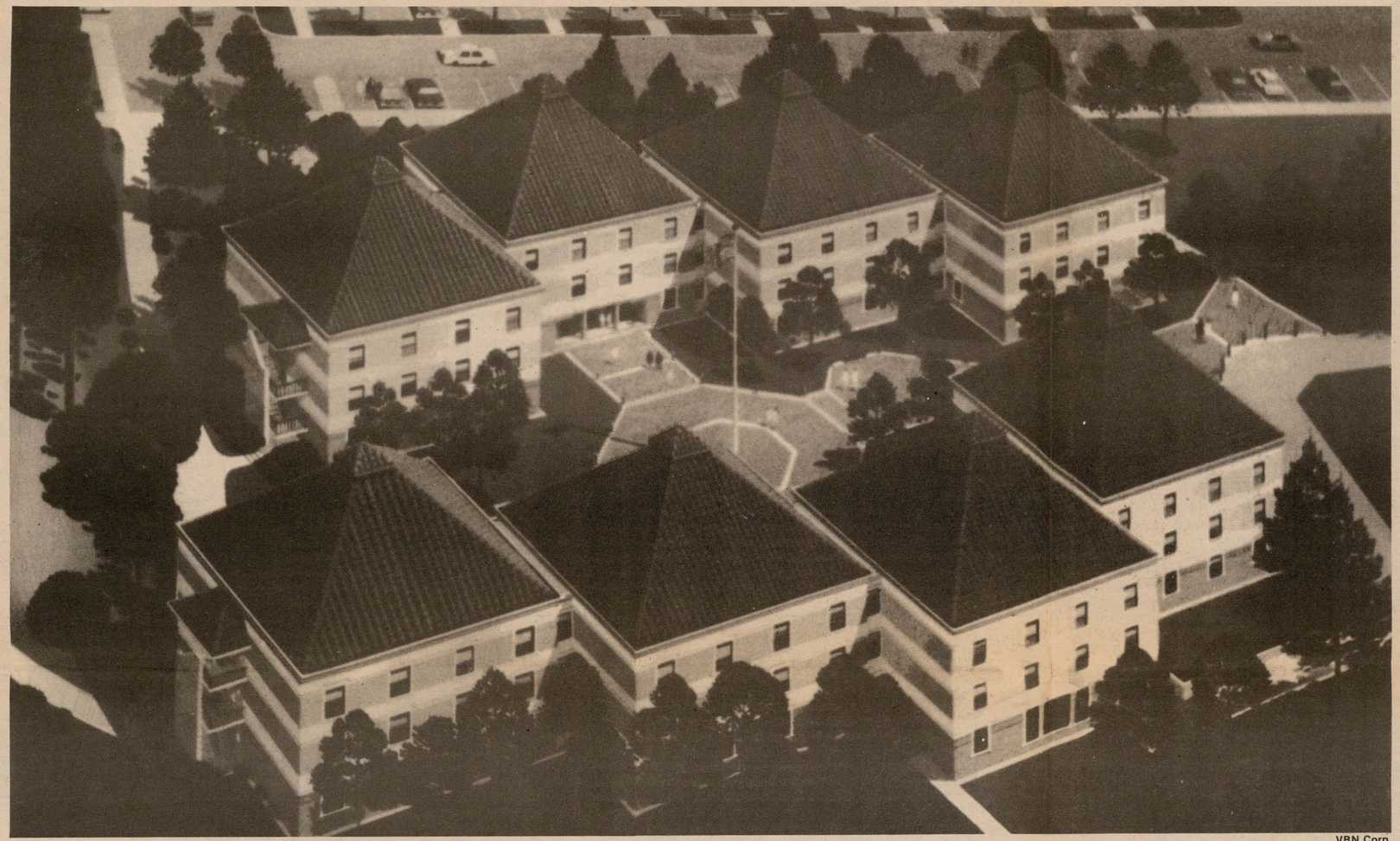


This model shows the future LAMC barracks.

VBN Corp.

New barracks

Construction to start soon

by Karl C. Rankin, Jr.

Beginning in May, long traffic tie-ups and blocked streets will result from heavy construction equipment moving through the streets of the Presidio.

This will mark the beginning of construction on the new Mason Street barracks, LAMC barracks and post office.

"We realize it will be a great inconvenience for the residents here on post. During these projects I want to emphasize the need for patience and understanding. When the work is finished, we will have a tremendously improved post," said post commander Col. Eugene D. Hawkins.

The Mason Street barracks project is scheduled to begin in June. The barracks should be completed by August 1986, if all goes well, according to Master Planning Chief Larry Landon.

The barracks will accommodate 351 soldiers and will have a dining facility plus two separate supply and operation buildings. The rooms will be very modern with private bathrooms.

At about the same time construction should begin on the new Letterman Army Medical Center (LAMC) barracks which will be located off Gorgas Ave.

Sooner than either barracks construction starts, construction of a new post office begins about May 1. This project is scheduled to be finished by March 1986, and the new building will be close to the post exchange (PX).

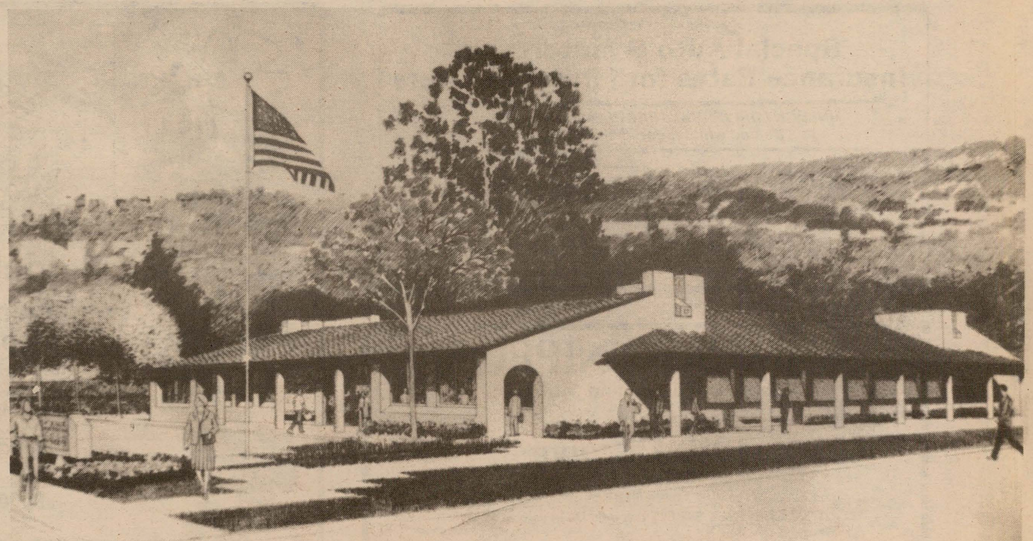
There are several other projects scheduled to begin here later in the year and in the future. For example, construction on a new commissary will begin in December. The construction of a new package beverage store in the PX shopping complex could start in November 1986 or earlier if the non-appropriated funds come in, according to Landon. Also, the conversion of bldg. 102 to the new permanent Finance and Accounting Center starts about April 1.

On October 1, the construction of a new child development center will begin. The new building will be near the main post library and should be completed in January 1987.

A lot of projects for the Presidio and a lot of headaches for the residents, you may say to yourself. Parking lots will be built, other buildings will have facelifts, and the construction *will* cause problems with traffic.

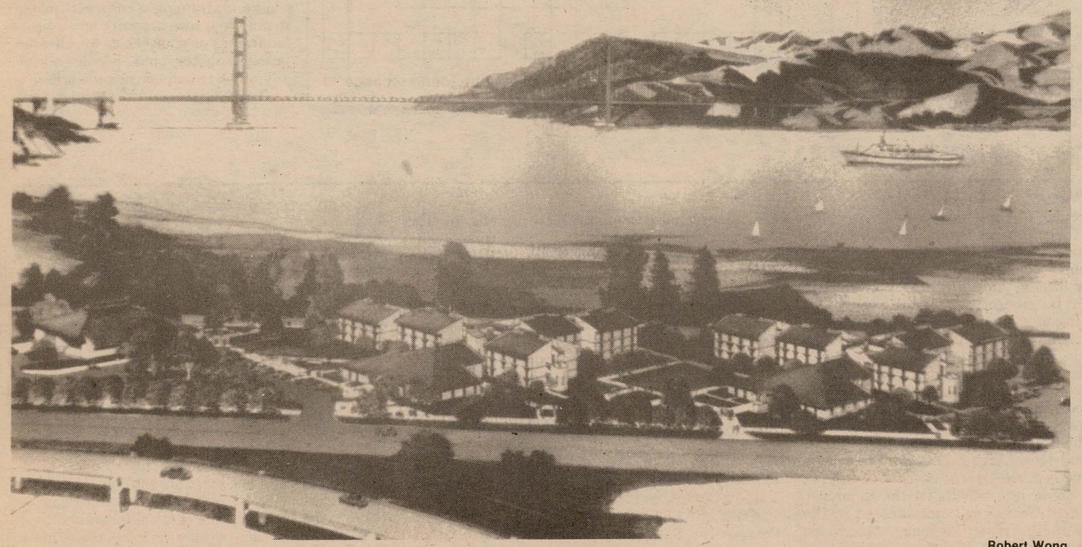
But though there will be problems for a short while for many Presidians, it will be a better post for our soldiers and families when all the work is done, according to Hawkins.

Making the Presidio a better place live and work is what it's all about.



This is what the new post office will look like when finished.

Robert Wong



The Mason Street barracks should enjoy a scenic view.

Robert Wong

Community Calendar

On-post college

There' still time to complete an on-post college course before summer comes.

San Francisco State University will offer three classes starting next week and ending May 23. **Introduction to Astronomy** (ASTR 115) meets Monday and Wednesday nights, 6 to 8:45 p.m., providing one of the few opportunities to earn natural science credit without a laboratory requirement. **Introduction to Comparative Politics** (POLSCI 220) meets Tuesday and Thursday nights, 5 to 7:45 p.m., and is guaranteed to engage your mind. **Introduction to Psychological Statistics** (PSY 371) meets Tuesday and Thursday nights, 5 to 7:45 p.m. at LAMC, room 355. The prerequisite is completion of high school or college algebra and sophomore standing. Statistics will be taught by Ms. Jean Foster, an instructor who has proven very popular with LAMC people.

Tuition for San Francisco State courses is $195 each, not including books. Soldiers qualifying for Army Tuition Assistance pay $48.75 or $19.50, depending on rank and years of service.

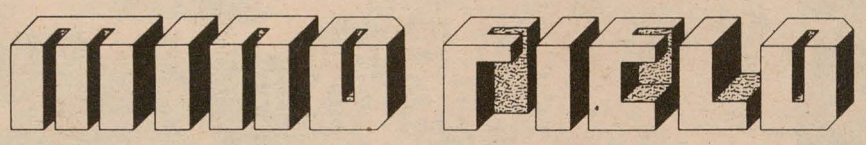
All on-post courses are open to any adult, military or civilian. To register, see a counselor at the Fort Scott Education Center, bldg. 1216, or the LAMC Education Center, bldg. 1007.

Easter egg hunt

The annual Presidio Easter Egg Hunt will be April 6 at 10 a.m. at the Paul Goode Athletic Field, at the end of Portola Street. Children aged 1 through 12 of active duty and retired soldiers are cordially invited to participate in this free event.

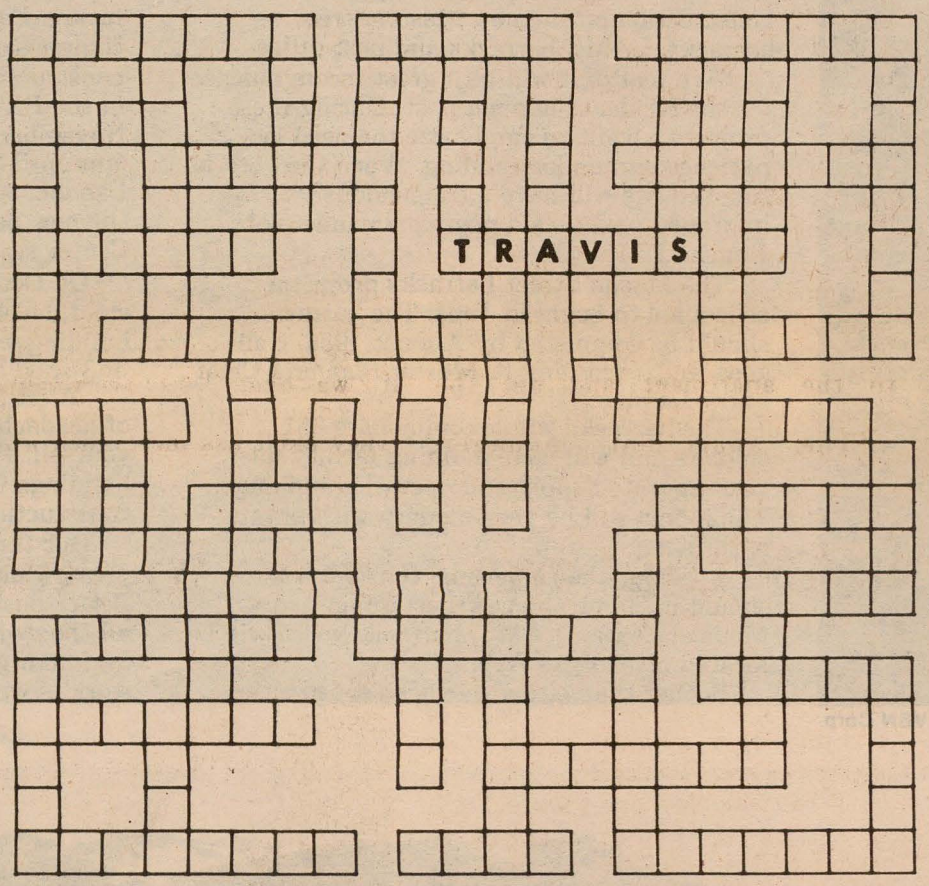
Child care

Want to offer child care in your quarters? Then call Karen Jupe, Family Services director, at 561-4712. Orientation classes for family child care providers will be April 3, 10 a.m. to noon, April 5, 9 a.m. to noon and April 8, 9 a.m. to noon. All three classes are required.



The object of this puzzle is to fit the words provided below in their proper place in the diagram. To get you started, the word "**TRAVIS,**" has been entered into the diagram. To proceed, look for a six-letter word ending with "T" or a seven-letter word starting with "R," etc. Continue this way until the puzzle is completed. There is only one correct location for each word. When it appears that more than one word will go in a space, check to see if connecting words also fit.

4 Letters	5 Letters	6 Letters	7 Letters	8 Letters
ADAK	BEALE	ATHENS	ANDREWS	ABERDEEN
BYRD	EARLE	DALLAS	COOS BAY	CARLISLE
ENID	EGLIN	EL TORO	DAM NECK	REDSTONE
HOOD	HAYES	GEORGE	DETRICK	SAN DIEGO
LIMA	IRWIN	MERCED	EDWARDS	SAVANNAH
LUKE	MARCH	NASHUA	HANSCOM	WINOOSKI
LYNN	MINOT	OFFUTT	KEESLER	YORKTOWN
POLK	OGDEN	SENECA	LAMBERT	
SHAW	PEARY	TOOELE	LANGLEY	
SILL	SALEM	TOPEKA	MIRAMAR	
VOLK	SCOTT	TRAVIS	RADFORD	



Mind Field solution may be found on page 11

Quarters-based Family Child Care is a program providing developmental care for children by an adult (18 years old or older) in the adult's own home for 10 hours or more per week for pay.

Both the person providing services and the provider's home will be certified in accordance with AR 608-10.

Certification is mandatory for those wishing to offer child care in their quarters on the Presidio and its sub-posts.

Computer Faire

Celebrate a perfect 10 in computer fairs. The 10th West Coast Computer Faire is March 20 through April 2 at Moscone Center in San Francisco.

The fair offers more than 300 exhibitors, 700 booths, computer clinics, hands-on demonstration areas and daily prizes.

The discount ticket price is $13—reduced from $20!

Tickets may be purchased at the Recreation Center ITT Office in bldg. 385. Hours of operation are 11:30 a.m. to 1 p.m. and 2 to 5:30 p.m., Monday through Friday.

Arts and Crafts

Beginners' watercolor painting classes are to be held each Thursday from 6:30 to 9:30 p.m., April 4 through June 6 (10 weeks). The course is designed for teens and adults. A $20 fee will be charged, and students are requested to furnish their own supplies. Unlock your imagination while learning basic watercolor painting skills. *Materials are required at the first class meeting. Call the Crafts Center for a materials list.*

Matting and framing workshops for beginners are scheduled April 13 from 9 a.m. until noon and every Thursday from 6:30 to 9:30 p.m. Each class is one session only. The fee is $3, plus approximately $10 for materials. Come and learn how to use our matting and framing shop, cut mats, mount your own art work and assemble frames of your choice for all your posters, photographs, needlework or any other two-dimensional work.

To register for classes call 561-4497.

...the write stuff...

by Richard Wetzel

Ever have one of those days when you really don't want to be where you're at?...Like, right now, I'd rather be lying on a beach, soaking up the hot rays, sipping a cold beer, whiffing coconut oil in the salty breeze and listening to Annette Funicello...To be perfectly Frankie (sorry), I'd rather be doing anything than sitting in front of this typewriter looking at three blank pages...but we all gotta do what we gotta do and I yam what I yam and so on and so forth...you get the idea...yeah, so much for the beach theory...

If your entertainment schedule looks bleak, never fear, we have the stuff to fill it right here:

Put that hair mousse to some good use and dig out the leather jacket...KYA (FM 93) presents a Sock Hop, with *Little Anthony* and the KYA Oldies Road Show, in a benefit for the Examiner Bay to Breakers Charities...Come dressed in the 50s/60s style to the Hyatt Regency, March 29, from 7 p.m. to midnight...tickets are $10/$12...

DANCE FOR THE HEART, a three-hour exercise dance marathon for the benefit of the American Heart Association, is tomorrow, 9 a.m. to noon at S.F. State University and the Marin Civic Center Exhibition Hall...call 433-2273 or 456-9222 for more info...The Cannery, at Fisherman's Wharf, presents the Spring Garden Festival tomorrow and Sunday, with wine tasting and live entertainment in the courtyards shared by cut flowers, houseplants, shrubs and herbs...

The S.F. Mime Troupe opens at the Victoria Theater, 2961 16th Street, with their latest political satire, "Factwino: The Opera" March 27-May 12...call 282-7032...Super Break Sunday, sponsored by the S.F. Street Breakers, is at the Palace of Fine Arts March 31 and features break dancing, tap, rap bands and members of the Pickle Family Circus...call 285-8759...

HEY, PALEFACE...Join an authentic Indian Powwow at S.F. State University March 30, 6 p.m. to midnight. Sponsored by S.K.I.N.S., the Powwow brings genuine music and dance, Indian food and arts and crafts...by the way, all drums welcome...

MUZIK REVISTED...The Gospel Academy Awards are tomorrow evening at the Oakland Paramount Theater, 2050 Broadway, featuring the *Richard Smallwood Singers*...The Paramount is also host to the *Count Basie Orchestra*, the *Mills Brothers* and *Billy Eckstine*, March 30...*Madonna* will be at the S.F. Civic Auditorium April 23...

AN HONEST-TO-GOODNESS UPDATE: Bob's Big Boy was recently kidnapped by Santa Clara college students and taken out for a day of beer drinking. Police found the 300-pound plaster(ed) statue behind a dormitory the next bleary-eyed morning...And no one knows how many, if any, Doggie Diners are located in Akron, Ohio, but the city has probably the only dog with a heart pacemaker. And, there's good reason to believe, the keeshond has medical insurance...

Well, that's this week's poop...oops, I mean scoop,...although some critics would have me believe otherwise...

Feature

Soldier rewarded for rescuing civilian worker

by Bob Walker

A Presidio soldier recently received an ARCOM (Army Commendation Medal) for his rescue of a civilian who works in his duty section. The rescue took place October 15, 1984.

SFC T.R. Weller Jr., NCOIC of Presidio Public Affairs Office (PAO), was directed by Public Affairs Officer Robert Mahoney to find out why Liz Greeley didn't show up for work that morning, since she hadn't called in.

Greeley, editor of the *Star Presidian*, had been down with the flu the previous week, so office concern led to Weller's investigation into the matter. Greeley was known to be an epileptic, and it was feared that she might have had a seizure.

Weller's attempts to reach Greeley by phone failed. He then called a close friend of hers, who had last spoken to her on Saturday.

Weller proceeded to go to her apartment to see what the problem was.

"Because it's a controlled access apartment building and I couldn't get Liz to let me in, I called the manager to let me in. The manager herself was concerned about Liz, because she knew her medical history and that she had been sick with the flu," Weller said.

"I went upstairs to try to get her to answer the door. When I didn't get an answer, I went back down to the manager who gave me a passkey to get in, but it didn't work because the door was bolted. The manager went down and got the passkey to a neighbor's apartment and opened it up. I went out the window onto the fire escape and knocked on her window to get her to come. I couldn't see through the curtains; with the manager's permission I opened the window.

"Once inside I found Liz sitting up in a semi-conscious state. She responded very slowly to touch and loud voices, but she couldn't talk. I had the manager call the paramedics," he said.

According to Weller, he checked Greeley's vital signs. An elderly retired nurse who lived in the building came downstairs and looked at Greeley and said she was in a bad way.

"Between the two of us we tried to get Liz to walk to her bed. I then gathered all the medicine bottles I could find and gave them to the paramedics, who took her to the hospital in an ambulance. The only life-saving things I did were to get into the apartment and get the paramedics," Weller added.

The apartment manager, Christina Donovan, said, "It was lucky timing that Weller came around to check on her. We've had emergencies in our apartments before; this was a lucky one because Greeley was quite dehydrated. She's lucky she has the Presidio and such good friends."

Greeley's problem turned out not to be epilepsy at all. It was later discovered that she had acute intermittent porphyria—a rare disease she didn't know she had. Greeley spent two and a half weeks in the hospital recovering.

"The last thing I remember occurred on Saturday. T.R. found me on Monday; I was still in a coma when the ambulance picked me up. I started to come out of the coma Monday night and came out of the intensive care unit Tuesday afternoon. The first thing that I remember was being asked how old I was. I wasn't even aware of the heart monitor and the whole bit. I probably wouldn't have lived if I'd been found much later," Greeley said.

Now that things are back to normal at PAO, Greeley said, "I was amazed because I've been in offices where people wouldn't even call to see if I was okay. I was overwhelmed at the concern of the entire PAO office. They didn't ask me, 'When will you be back to work?' but asked, 'Are you going to be all right?' I'm really impressed by the caring attitude of the whole office."

Weller's feelings on the incident are that "there are times when you have to make something work. You can't wait for the world to catch up; you have to do something. Liz could have overslept, but we couldn't count on that. The fact that she is a civilian employee doesn't matter. I would have done it for military members.

"The rescue doesn't make me feel like a hero. Something had to be done. I was the person there, it had to be me and so I did what had to be done.

"In PAO, greensleeve or civilian, everyone has a role. We have a great feeling of teamwork here; we work together.

"The idea of responsibility is reinforced when you are an NCO. You have a sense of responsibility to care for the welfare of your people," he said.

Weller's sense of caring and sense of responsibility emphasize the importance of teamwork and caring about the welfare of those around us. That his efforts earned him an ARCOM demonstrates that the Army recognizes how important caring for the "team" can be.

The 'miracle plant' that may grow in your back yard

by Thomas K. Squier

Nearly 2,000 years ago, according to the Bible, aloe vera was used to prepare Christ's body for burial. Today that same plant is used by nuclear scientists to cure radiation burns.

That's pretty impressive, especially considering that in both cases the soft green leaves were simply mashed and the gel applied directly to the skin.

Aloe vera, originally from East and South Africa, is grown extensively in the Caribbean and Mediterranean areas and in tropical America. It can be found growing wild in Florida, Hawaii and California. This attractive member of the lily family is commonly grown both as an ornamental houseplant and as a kitchen first-aid remedy for burns—hence the common name "burn plant."

Some herbalists refer to aloe vera as a miracle plant and claim it can be used in the treatment of more than 100 ailments. True or not, it certainly has diverse applications.

It can be found in at least 100 medicines in an average pharmacy, including laxatives, medicinal soaps, skin and hair products, internal medications and ointments. Its natural healing qualities are taken advantage of in products for the treatment of eczema, detergent and chemical burns, insect bites and poison ivy rashes, as well as localized itching and rashes caused by cosmetics and jewelry.

What is in aloe vera that makes it so effective? Scientists still have not isolated all its constituents after centuries of use and study, but the plant contains in its gel a mixture of antibiotic, astringent and coagulating agents as well as a pain inhibitor and a substance that promotes wound healing by production of a growth stimulator.

The gel acts to retard production of hydrochloric acid by the stomach and provides a wide range of nutritional substances and several vitamins. The Doctors Morton have devoted an entire chapter to aloe vera in their book *Sexual Nutrition*, and claim its aphrodisiac and healing properties have produced tremendous results in treating various sexual dysfunctions.

The natural and biochemical bandage provided by an application of aloe vera gel also makes it an excellent sunburn treatment.

Volumes have been written about aloe vera. Hundreds of formulas based on it have been developed, and research still continues on this "miracle drug." It is inexpensive and has proven to be an effective, ready-to-use remedy in many minor emergencies. Maybe this once Mom was right: "Keep a burn plant around the house!"

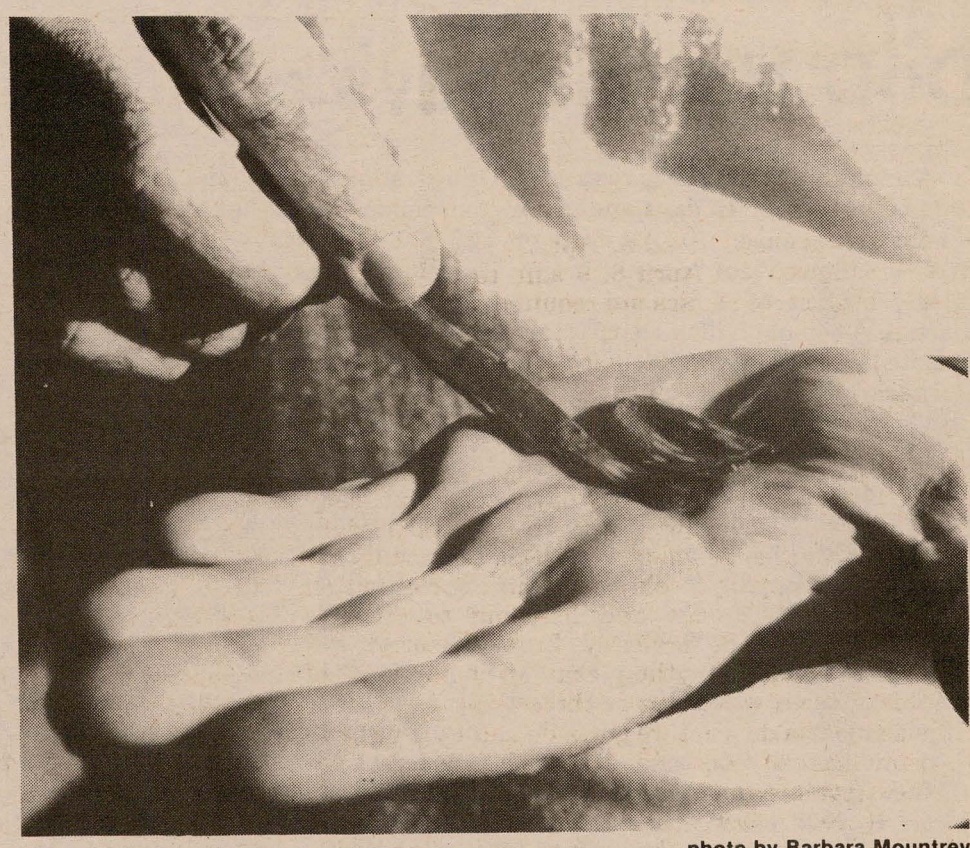


photo by Barbara Mountrey

Thomas K. Squier breaks a piece of aloe to reveal the healing and soothing gel inside.

Editor's note: Never take any drug, natural or otherwise, without the advice of a physician. Many substances claim to have aphrodisiac qualities, but check with your doctor first.

Feature

Overcome the hidden stress of retirement

by Bob Walker

Planning retirement takes a lot of thought and consideration to make it a good experience free from stress and worry, whether you're retiring from a military or a civilian position.

Everyone approaches retirement differently, making it very much an individual experience.

Retirement can and often does bring considerable stress to both the retiree and family members.

The Post Library, bldg. 386, even has a section devoted to retirement which includes a list of available books on such varied topics as retirement planning, travel, leisure activities, planning a second career, further education, writing resumes, investments, physical fitness, hobbies and sex. Several periodicals about retirement life are available at the library also.

Thelma Wilkes, the military retiree counselor at Army Community Service (ACS), suggests that people start thinking about retirement at least one or one and a half years before getting out of the military.

Wilkes said, "They suddenly realize they have lived in the world of the Army and upon stepping out they are not aware of what to expect outside." She recommends investigating the job desired, to see what the competition is like, and taking college courses to fill in what is lacking.

Attending a preretirement orientation is mandatory, and one is given twice a year at the Presidio. According to Wilkes, the next orientation is Aug. 5, at the Officers' Club. She urges spouses to attend so that they will be aware of military benefits.

"Sometimes it's hard for a wife to know how retirement stress is bothering her husband. She realizes there is something, so they need to talk about it together," she said.

According to personnel actions clerk, Kristine Taylor, soldiers should plan their retirement early, because distribution of retirement orders sometimes takes longer than might be expected. You have to allow a minimum of 60 days, and you can put in for retirement up to 12 months ahead.

"The earlier you put in for retirement, the better," Taylor said. Those planning to retire can discuss it with her by calling her at 561-3304 or 561-3315.

A look at how retirees approach retirement offers a glimpse of the feelings, stresses and attitudes involved with retirement.

Lt. Col. Thomas Edgerton is leaving the Army after 21 years of service. He took a three-week terminal leave to start a civilian job in New Mexico.

"I was apprehensive about whether to retire; it took me nine months to decide. It was like taking a heavy weight off my shoulders when I decided to retire. I look forward to my new job. It will have its rewards—a private company won't have as many bureaucratic regulations preventing us from doing the job efficiently," Edgerton said.

Edgerton said that retirement was stressful not only for him, but for his family as well. His wife had a fine job here as a registered nurse that she had to give up.

"She will be starting up again in New Mexico. The children wanted to finish up school here, (but) we all look forward to New Mexico because we all love skiing. We will be living in the mountains at Los Alamos—a 7,300-foot elevation," he said.

Edgerton said, "There are five things in life that cause major stress: retirement, moving, a change in jobs and the death of a wife or child. There are always moves and changes of jobs in the military. We have retirement thrown in now too."

Amy Durham, a clerk typist who has worked with Edgerton for his last six months at the Presidio, said, "His attitude became more personable, lighter and more positive than when I first started work here." This shows how his personality changed during the retirement process, which Edgerton acknowledged himself.

Another retiree is Fred Needham, who is retiring after 18 years of civil service.

"I was apprehensive about retirement since November, and that apprehension made me procrastinate on my decision to retire. Retirement is the most traumatic thing you can do. I've seen where retirement didn't work, because the people felt they had no purpose in life," Needham said.

"Two years ago I married a child bride, all of five years younger than I am. She's been urging me to retire. I've tried to tell her that for her, my retirement means twice as much husband and half as much money, but she honestly wants me home. We plan to do some traveling," he added.

Frances Haluska, a civilian worker, is leaving government service after 28 years. She made the decision to retire nearly three months ago and says she really hasn't had any stress.

"I've been thinking about retirement for 28 years," she said.

Haluska feels she is ready for a change and plans to visit relatives and enjoy the outdoors by going horseback riding, hiking and fishing. She also plans to sew, quilt and do volunteer work at church.

"There will be no more clanging alarms at 4:45 a.m. and no more fighting traffic at peak hours," she said.

If you want retirement to be a pleasure, maybe you should do as a librarian once said and start planning your retirement the day you start your first job. It could make the transition much easier, knowing the things you have to do for retirement and what you really want to do with your life afterward.

DoD Hotline pays off

A senior naval officer is restricted to his quarters for 15 days and given a letter of reprimand. An Air Force officer is allowed to "pursue retirement" in lieu of a general court-martial. A senior civilian Department of Defense employees' $500,000 home is attached by the government. These are some of the many results of people reporting suspected wrongdoing on the DoD Hotline.

Since the Hotline was established in June 1981, more than 23,000 calls or letters have been received. About one-third of them have led to inquiries and further reviews.

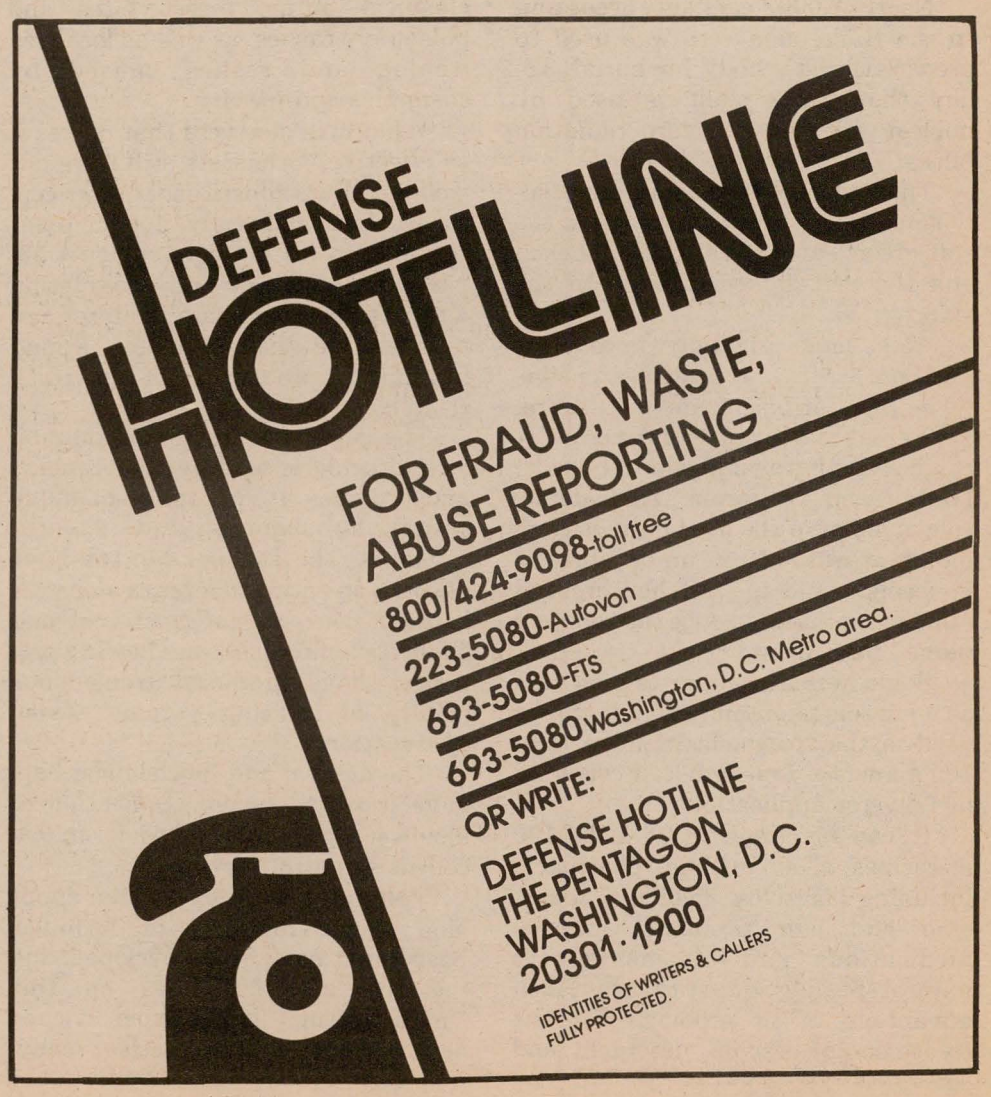
Following are some specific examples of cases which have resulted from the Hotline:

• A naval officer performing duties as a contracting officer directed the prime contractor to award two $22,000 contracts to a subcontractor. The subcontractor then further subcontracted the work to another firm of which the naval officer was the sole director. The officer pleaded guilty to two counts of conflict of interest and one count of unlawful acts affecting a financial interest. He was sentenced to two years imprisonment with 18 months suspended, and he was also fined $6,000. The Navy is seeking civil recoupment of the $44,000 initially awarded.

• Another caller alleged that an Air Force officer was conducting personal business while on duty. An investigation disclosed that the officer was a representative of two retail firms and spent duty time selling these firms' products to subordinates and other personnel. The officer received an Article 15, was fined $817 a month for two months and was allowed to pursue retirement in lieu of a general court-martial.

• A caller complained that a DoD civilian employee was making unauthorized expenditures in connection with a relocation of a facility within New York state. A preliminary inquiry resulted in the formation of a joint government task force consisting of teams from four federal organizations. A senior civilian pleaded guilty to more than 170 counts. The government has attached the defendant's home, which is valued at more than $500,000.

American Forces Press Service



Sports

Rule changes

The following sports rule changes from Headquarters, Department of the Army, are effective immediately at all Army sports facilities:

Racquetball scoring: A game is won by the first side scoring 15 points (11 points in a tie-breaker game). A player needs to win by only one point.

Five-foot encroachment rule: The player receiving the serve may not enter the five-foot zone until the ball has bounced. On the return attempt, the receiver may not strike the ball on the fly until it breaks the plane of the five foot line. Violation results in a point for the server.

Racquetball eye protectors: Eye protectors are now mandatory for all racquetball players in Army facilities.

Basketball

Oakland Army Base (OARB) made it to the finals by defeating the Doctors 61 to 55. The Doctors' lead at half time was only 27 to 24, as their outside shooting was not as sharp as it normally is.

OARB's Fred Kilgore and Lloyd Daniels were controlling the rebounds under both baskets. OARB took the lead with five minutes to go in the game, and went into a stall. The Doctors managed to create a few turnovers, but failed to capitalize on them.

High scorer for the game was Steve Ramee (Doctors) with 19 points, followed by teammate Joe Ducey and OARB's Fred Kilgore with 14 points each.

In the loser's bracket game, 6th Army beat DLI-SF 62 to 58, thus knocking DLI-SF out of the tournament. In the first half DLI-SF took the lead right away and at one time were up by 12 points. But 6th Army just kept on trying harder and would not give up and managed to close the gap to 6 points, 31 to 25.

In the second half, 6th Army's James Holt was hot, hitting 18 points of his game high, 27 points. DLI-SF's Dennis Adams also played a fine game with 27 points, but that was not enough to overcome the aggressive and physical 6th Army team. Both teams deserve a standing ovation for their great game.

Earlier results

Last year's champions, the Veterans Administration (VA) team, was eliminated by DLI-SF in a major upset in the playoffs. VA led most of the game, with a halftime score of 34 to 15, but could not stop the momentum that DLI-SF created in the second half. DLI-SF's Dennis Adams was strong on the boards (rebounding) and scored 12 points. Teammate Michael Conlan added 10 points. Final score: DLI-SF 52, VA 50.

The next game that night was between the Doctors and Co. B, LAMC. LAMC stayed within sight of the Doctors in the first half, 25 to 28. In the second half, the Doctors' tight defense and shooting ability proved too much for LAMC. Final score: Doctors 64, LAMC 48.

In the loser's bracket, 6th Army came out hot against DEH No. 1, scoring 42 points to DEH's 31 points in the first half of the game. In the second half, DEH matched 6th Army point for point. However, that was not enough to win. 6th Army's James Holt had 36 points and DEH's David Bernstine scored 31.

Final score: 6th Army 82, DEH No. 1 69.

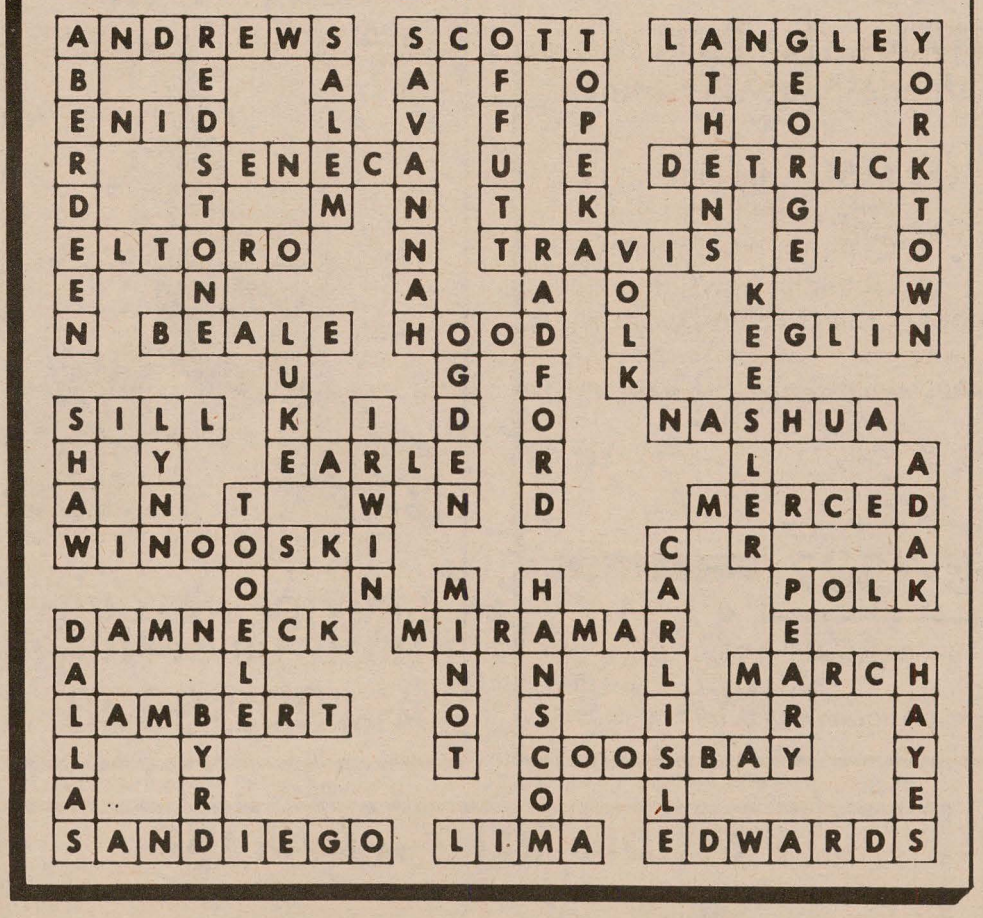
In the second game that night, OARB took on USAG. It started out at a fast pace with both teams scoring at will. Still, OARB managed to be a little stronger on the boards, and shoot a better percentage from the floor.

USAG's Marlon Smith was high scorer with 32 points; OARB's high scorer was Lloyd Daniels with 19 points. The distribution of points on OARB's team was the key factor in their win.

In another loser's bracket game, DLI-SF defeated USAG 80-69 in overtime. *DLI's Michael Conlan* sparked his team to victory.

Other highlights: 6th Army 80, Co. B, LAMC 70. 6th Army's James Holt 32 points; Co. B, LAMC's Ethon Reeves, 21 points.

Solution to Mind Field from page 8



The truth about salt, electrolytes for athletes revealed

by Jim Emerson, Dietitian

It drips off your nose, soaks your clothes and makes you sticky. Even though Lena Horne says it makes her look "dewy," most people don't like sweat.

Sweat, however, is extremely important. Under many circumstances it is the primary method your body uses to cool itself. Without sweat a working human body would quickly overheat and stop functioning.

It just makes sense that during the summer when it is hot, our bodies need to sweat more to keep cooler. The hotter we get or the more we exercise the more we sweat.

It may not always seem that way since when the humidity is low our sweat quickly evaporates and we stay dry.

However, when it is humid, evaporation takes longer and sweat accumulates. It often hits worse since without evaporation and cooling the body will sweat faster to try to keep cool. Unfortunately, the extra sweat doesn't evaporate. To quote Rosanna Rosanna Danna, "It makes little sweat balls right on the end of your nose."

During the summer, runners and other athletes become concerned about replacing fluid and salt lost through sweating. A common misconception is that the athlete needs to concentrate on replacing salt.

This idea is promoted by advertising for several glucose/electrolyte drinks. They all claim to be beneficial in not only providing energy, but also restoring fluid and salt balance.

However, believe it or not, plain water is the best fluid replacement. The reason for this is fairly simple: The concentration of sodium in the blood actually increases. This point has been illustrated by studies on marathoners. The sodium concentration of the runners' blood was measured before and after a race. The concentration of sodium in their blood increased after the race. This was true even for runners who drank plain water during the race.

Consuming an electrolyte or salt solution during a race will cause the concentration of sodium in the blood to increase to an even higher level. This elevated level may cause problems since it may lead to physiologic difficulties and actually impair performance.

Runners and other athletes should note that thirst during and after exercise is not enough of an indication of fluid needs. The best method to determine your fluid needs is to maintain a daily weight chart. Record your weight both prior to and at the completion of exercise. The difference in weight is due to fluid (not fat) loss. This is the amount of fluid that should be replaced.

You should replace one pint of water for each pound lost. Thus a person who sweats off four pounds during a run on a hot day will require fluid replacement of two quarts. This is two quarts **extra** above what normally would be consumed during a nonexercising day. (The normal nonsweating, nonexercise fluid replacement is at least one quart per day.)

Only when losses of sweat are extensive (greater than five to 10 pounds of body weight) should salt replacement be considered. Even then the recommended method to replace salt is through the salt we eat with our meals. The average American diet contains *five to 10 times* the amount of salt needed. This is sufficient for almost everyone's salt needs.

A few other comments concerning fluid may be of benefit to the athlete.

Besides the sodium content, electrolyte/glucose solutions (drinks) have another disadvantage as a fluid replacement during running. Any solution containing glucose or sugar will remain in the stomach longer than plain water and will thus take longer to enter the blood. During a race the main objective of drinking fluids is to get water into the system as soon as possible. Again, plain water is best.

Studies show that performance may be improved by drinking plain, cool (45 degree) water (one to two pints) about 10 minutes before prolonged exercise and drinking water (one-half pint) during exercise. Thus, during the summer you may want to plan a running route that includes access to water fountains, if possible.

Remember these two points:

- Plain water is the best fluid replacement.
- Do not rely on thirst as an indication of fluid needs.

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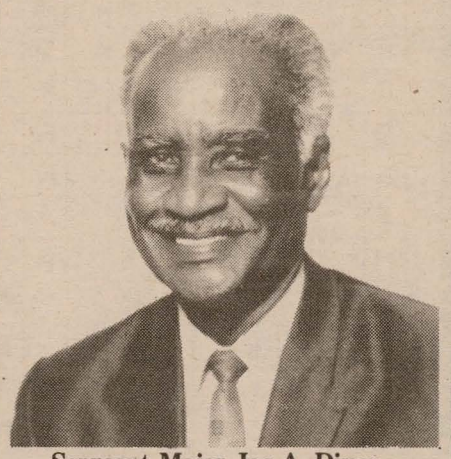

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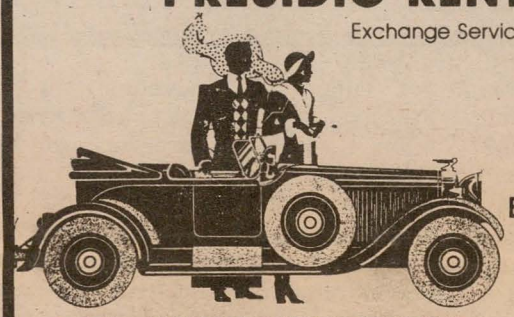

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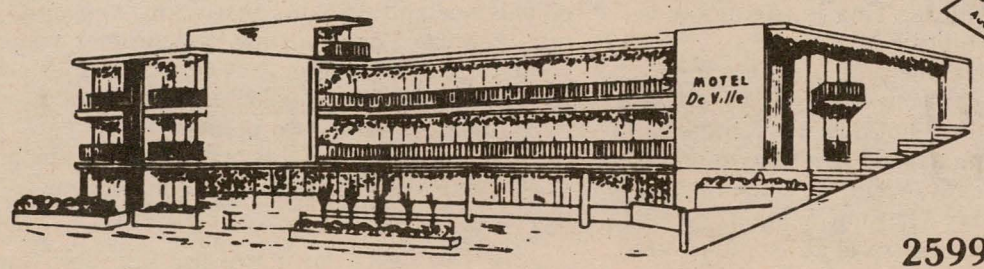

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Dial 'BOSS': when nothing's workin', who do you call? **page 5**

Single parent soldiers: fears, tears, frustrations *and* rewards, **page 5**

Community Calendar: time to grab your Easter bonnet, **page 9**

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Star Presidian

Vol. 28, No. 13 "Published in the interest of the people of the Presidio of San Francisco." March 29, 1985

News Briefs

Energy conservation

The Presidio of San Francisco was one of nine installations recently congratulated by FORSCOM headquarters for energy savings during FY 84.

The Presidio contributed $168,000 toward an overall energy savings of $5 million for FORSCOM during the year.

If that figure is broken down by the number of soldiers, civilians and family members on post, then the Presidio saved $153 for each man, woman and child who either lives or works here!

Col. Eugene D. Hawkins, post commander, thanks the entire Presidio community and urges us to keep up the good work.

Position management

The Civilian Personnel Office (CPO), Position Management and Classification Branch, will host a meeting on April 4 from 10 to 11:30 a.m. in CPO's Training Room, bldg. 37, for non-supervisory civilian workers.

The meeting will cover general information about the Position Management and Classification Program and time will be set aside to answer general questions about the program.

No advance registration is required.

Tunnel closure

The Fort Baker/Barry tunnel will be closed from 6 a.m. Monday mornings through 6 p.m. Fridays, beginning Monday. The tunnel will be open from 6 p.m. Fridays until 6 a.m. Mondays.

The tunnel will be getting new light fixtures during this period and the work should be completed by May 24.

New GI Bill

The new GI Bill will go into effect on July 1, 1985. Although it was designed mainly for soldiers who enter active duty on or after that date, parts of the new law will have impact on soldiers eligible for the old GI Bill and also soliders eligible for the Army College Fund or Veteran's Educational Assistance Program.

Beginning with the next issue, the *Star Presidian* will publish articles with up-to-date information on the new GI Bill and how it will influence each benefit plan.

The local contacts for specific questions are the guidance counselors at the Fort Scott Education Center, bldg. 1216, 561-2974, or the LAMC Education Center, bldg. 1007, 561-4030.

Distribution

There will be no neighborhood distribution of the *Star Presidian,* flyers, etc. the week of April 1 to 5 because of the move of Army Community Service (ACS).

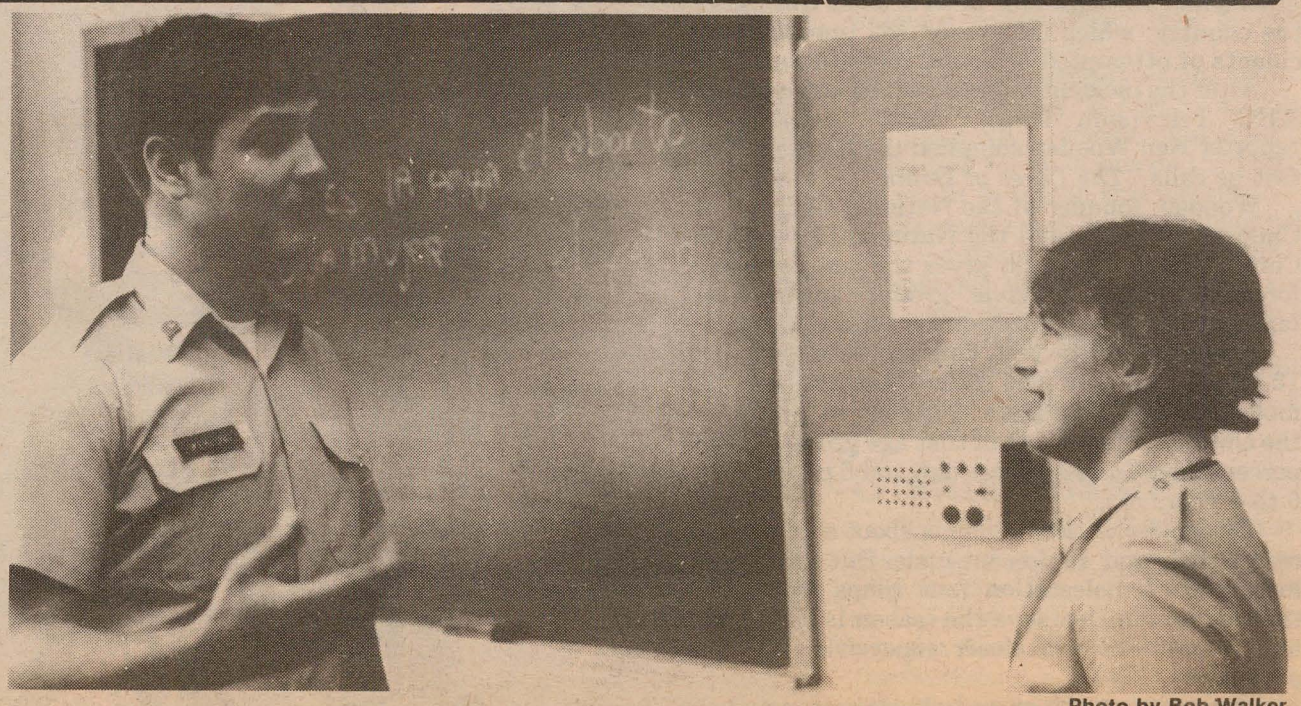

Photo by Bob Walker

Sp4 Scott Okerlund chats with fellow DLI-SF student, Pvt. 2 Karen Ranney, whom he rescued from drowning last October.

Brave GIs tell their story

by Bob Walker

At the Defense Language Institute-San Francisco (DLI-SF), the "H" in Company H should stand for hero, not hotel, as three Company H soldiers have proven themselves heroes.

Early last week, a 32-year-old Spanish language platoon sergeant, SFC Randall Dill, was jogging in the Pershing area on Lincoln Boulevard after PT, when a car pulled over abruptly. A woman got out yelling and screaming for help—her 18-month-old daughter was choking on a piece of candy lodged in her throat.

"I took the child out of its infant seat, draped her over my arm and patted her on the back. The first two pats didn't work, so I whacked her hard the third time, because she was turning blue. The candy came flying out like a bullet," Dill said.

Dill said he didn't consider himself to be a hero, because he didn't have to risk his own life.

"Anyone would have done what I did," he said. But the child's mother felt differently. She was so appreciative that she called DLI-SF about it.

Dill said a real hero from Company H is 23-year-old Sp4 Scott Okerlund. On Oct. 4, 1984, Okerlund rescued a fellow student from drowning.

A group ot students had gone to Baker Beach to have some fun in the sun. According to 19-year-old Pvt. 2 Karen Ranney, "I was knee deep in the water about 15 feet from shore. I was looking at the others nearer the shore when a big wave came in and knocked me down. At first I didn't think anything of it; I would just stand up and walk out of the water. But then another big wave came and it pulled me out, farther from shore. I was scared to death, because I don't swim well. The water was just too strong. I didn't think I was going to make it."

Okerlund, who had been standing on the beach with the others, saw her predicament and swam out to help her. Okerlund isn't considered a strong swimmer either, but he was apparently the only one on the beach who didn't freeze with shock.

"I didn't think about it. I saw her in trouble and thought I could help. We got separated three or four times as I tried to get her to shore; she was having a harder time than I was. Once we got about 50 feet from shore, Pvt. 1 Shawn Ray came out to get Ranney to shore. Once I was standing in knee-deep water, a civilian came out and helped me to shore," Okerlund said.

"I guess I'd do it again if I was facing the same circumstances; I hope I won't have to again. I'm not swimming in the ocean again," he added.

According to Sgt. Chris Lukasevech, the waves were the highest he had ever seen at Baker Beach. So, as Dill said, "Okerlund risked his life to save Ranney."

Sp4 Richard Hobble, who witnessed the incident, said, "It took a lot of guts to do what Okerlund did. Ranney probably wouldn't be here today if it weren't for him. People were in a state of shock."

Okerlund has been put in for a Soldier's Medal for his actions, because an anonymous letter is the only thing that brought the incident to light just a short time ago.

"Okerlund's tenacity is the major factor in Ranney's going to classes today," Dill said.

A third DLI-SF student who became a hero was PFC Lewis Winkoff, who rescued two young women who were being harassed by four men on a Muni bus Nov. 21, 1984. Winkoff was later followed and beaten by the men, receiving a gash over his left eye as a mark of his heroism.

Dill, Okerlund and Winkoff all belong to Company H. At DLI-SF, "H" indeed stands for hero!

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Opinions

How molesters lure children to their deaths

by Rudi Williams

Stymied by seven unsolved child murders, Oakland County, Mich., law enforcement officials conducted "Operation Police Lure" in 1977 to gather data on how the children were lured to their deaths.

Hundreds of children were interviewed in grades four through nine in 54 schools throughout the country, which uncovered 782 unreported incidents of attempted or actual molestations.

After the incidents were screened and analyzed, ABC Television News' 20/20 investigative reporter Ken Wooden compiled the findings into a test he calls "*The Lures of Death.*"

Wooden, founder of the National Coalition for Children's Justice and the National Child Victim Computerized Network, gives the test to law enforcement officials, civic groups and military family-oriented organizations around the country.

According to the test, children between 10 and 12 years old are the prime targets of child molesters and abductors. Fifty-seven percent of the children affected are in that age group. Only 13 percent were 14 to 16 years old, and 6 percent were 6 to 8 years old.

The gender of the victims is about even—51 percent female and 49 percent male. But girls report instances of molestation four times more often than boys. Wooden says the reason is that "boys fear restrictions and closer supervision by their parents."

The pretense of love and affection is one of the most effective lures. A child of divorced parents can easily fall prey to molesters and abductors who offer kindness and understanding. "The more *bitter the divorce, the easier* and quicker it is to seduce the child," Wooden said.

Wooden finds it "strange" that 45 percent of the incidents occur during the months of March

and April. Thirteen percent happen in January and February, 12 percent during May and June, and 9 percent during September and October. Incidents in July, August, November and December are not mentioned in the test.

Children walking or playing alone between the hours of 3 and 6 p.m. who appear to be neglected or unkempt (shirt or pants not ironed for instance), loners or those with psychological problems are primary targets. More than 40 percent of the incidents happen during those afternoon hours—22 percent occurred between noon and 3 p.m., 8 percent between 6 and 9 p.m. and 5 percent between 9 a.m. and noon.

Based on Operation Police Lure, 99 percent of the child molesters and abductors are white. Police officials found that the majority of the crimes in Oakland County were committed by white males, about 40 years old, married, with two children. But Wooden said, "The age of offenders has been going down in recent years. They are now between 20 and 30 years old—people who grew up during the years of sexual permissiveness."

This age group commits 51 percent of the crimes against children. Those between the ages of 30 and 40 are now committing 27 percent of the incidents, while 40 to 50-year-olds account for 13 percent. Nine percent of the crimes are committed by "others."

Twenty-nine percent of the molesters and abductors lured children by asking for help (mainly directions), 3 percent offered a bribe (candy), 4 percent used coercion or force and 2 percent offered to take the child's picture.

Wooden says most child molesters use some type of symbol or badge of authority to deceive the victim: a Roman Catholic collar, rabbi's garb, the Bible, a police badge or shirt or a red light on an unmarked car. He emphasized that many of these items can be obtained easily.

"Assistance" lures, such as *offering to help* find a lost puppy or asking for directions, are very effective. "Children should be taught to tell strangers to get another adult to help them," he adds.

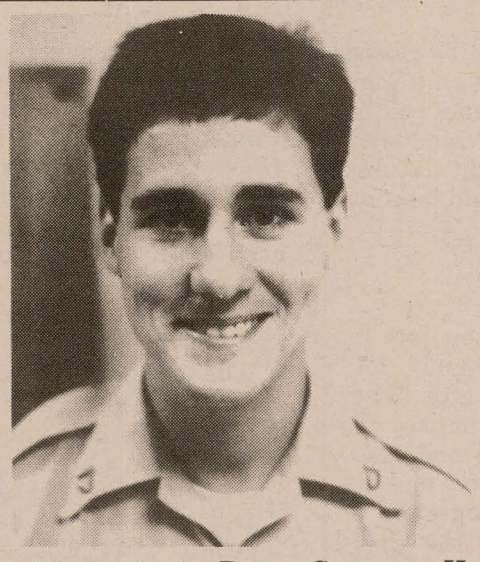
American Forces Press Service

Ramblin' Sam

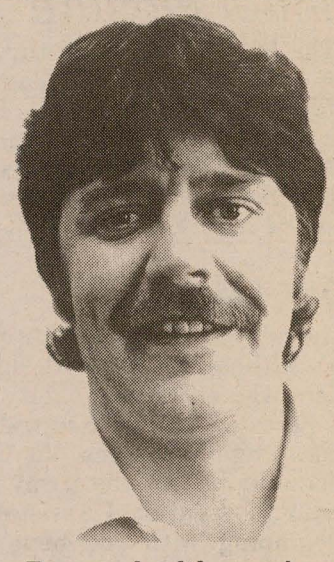
"What is the most foolish *thing* you've ever done?

SP4 Anita Rao, Company G, DLI-SF: "I left home (India) to come here. All my relatives are in India."

"Gloria Werntz, clerk typist, CPO: "The most foolish thing I did was leaving the work force for so many years and then coming back."



PFC Benjamin Perez, Company H, Spanish platoon, DLI-SF: "The most foolish thing was quitting college. I went for about three years working on pre-med, supporting myself. It just got too hard with a 40-hour-a-week job. I regret quitting because I would have graduated by now."



Pete Brown, health services assistant, staff management, 6th Army: "The most foolish thing I've ever done was riding a motorcycle across a field of cactus, not realizing I'd get a flat."

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Editorial

by Liz Greeley

Last Sunday I was walking down the street, minding my own business (yeah, sure), really! And I was approached by a guy who tried to pick me up—not terribly unusual even in this city.

But he eventually got around to asking me what I did for a living and I told him, as I was walking along, that I'm an Army newspaper editor. He said, "You're not *in* the Army, are you?" I said, "No, no I'm not."

"Thank *goodness*," he said, relieved. At the time, I didn't think twice about it or question it; I was too busy fending off his other questions and overtures.

Later it hit me. What if I had been in the Army? What was I then—chopped liver?! You have to understand that he said this in a tone of voice similar to one he'd probably have used if I had just told him that no, I don't have herpes.

Bad as his attitude was, I was worse; I didn't say anything, I didn't defend women soldiers. And I should have, because he was wrong—dead wrong.

Where would we be today without women like Dr. Mary Edwards Walker, the Civil War physician who tended the sick and wounded on the battlefield? Walker so wanted the **honor** of wearing the uniform that she wore it anyway, even though she wasn't *in* the Army.

What about all the Molly Pitchers, the Deborah Sampsons and the Pauline Cushman Fryers? (Sampson disguised herself as a man and fought in the Revolutionary War; Fryer was a Union spy in the Civil War.) By the way, the Army didn't know Sampson was a woman until she was wounded in combat.

In more modern times, young women weren't afraid to go "over there" as telephone operators in order to help the war effort.

In World War II, where would we have been without Army nurses, 63 of whom were POWs on Corregidor for more than three years.

And Vietnam. My drill instructor in boot camp had been an admin chief in Saigon. I remember hearing television reports about bombings in Saigon, too. Staff Sgt. McKemey was hard as nails and a good Marine. I know of no better compliment. (Okay, I'm biased, so shoot me.)

Women Marines weren't the only ones in Saigon, not by a long shot. Our sister services were there too, in far greater numbers.

I could go on. I could tell you about Semiramis, who legend says defeated Persia and Egypt around 800 B.C. Or I could tell you about the naval commander Artemisia. She fought in the Peloponnesian wars (on the Persian side) and led the forces from Halicarnassus, Cos, Nisyra and Calynda, according to the ancient Greek historian, Herodotus.

Xerxes, the Persian commander, is said to have remarked, "All my women have become men, and my men women."

Again, moving to more modern times, Reba Whittle Tobiason, an Army nurse, was a POW in Stalag Luft 9 for four months during WWII.

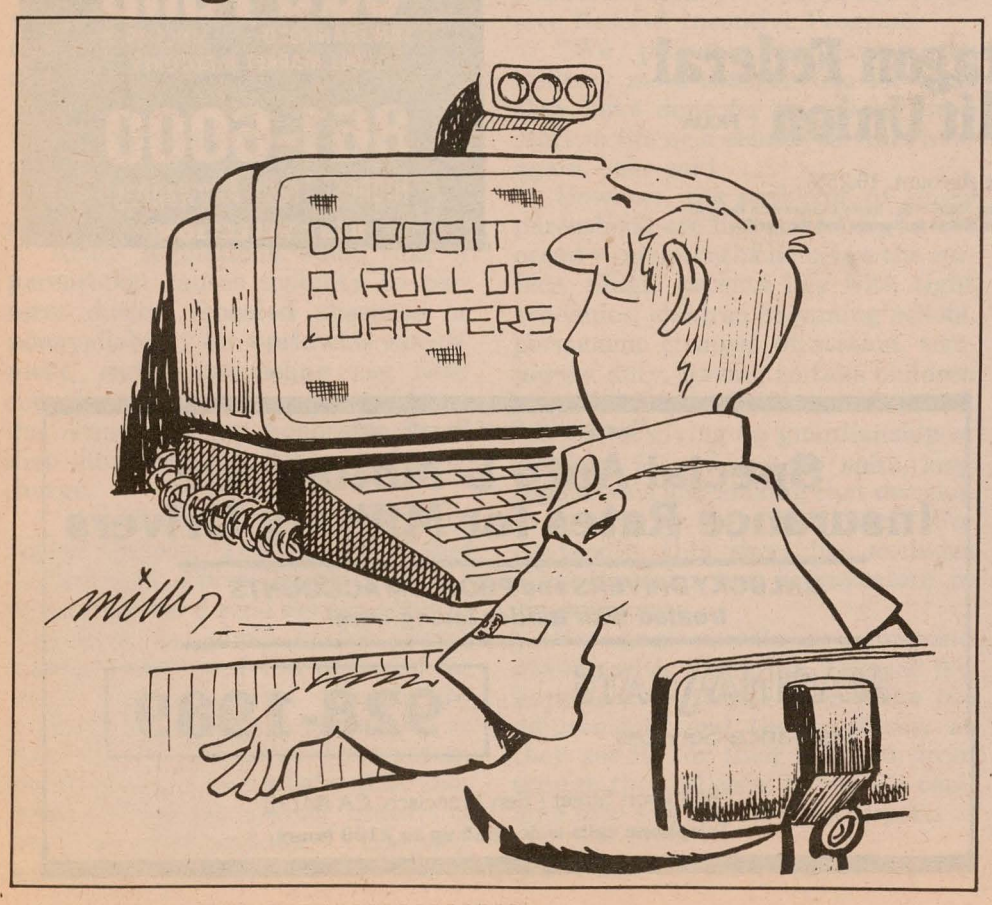
Both Tobiason and Fryer are buried here on the Presidio.

So what am I saying? Only that there have been a lot of women soldiers and they have a long, proud history leading right up to today. I'm also saying that they in no way deserve the contempt I heard in that man's voice last Sunday. I only wish it were the first time I'd heard it.

The bitterest irony of all is that, should we ever have to go to war again, women like the Deborah Sampsons of the past will be there once again, serving in whatever capacity they're needed. They'll risk their lives if necessary, while the Sunday afternoon Don Juans remain safely behind.

All I can say is, the next guy who asks me if I'm in the Army better watch how he says it.

The Lighter Side



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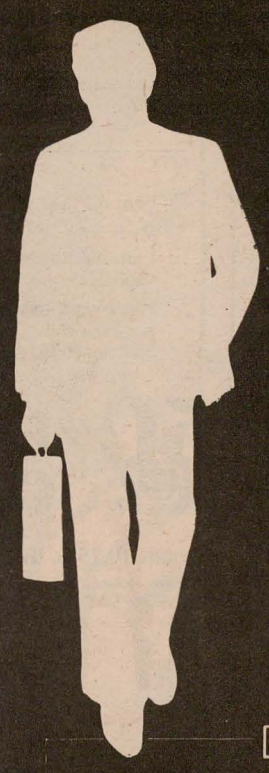

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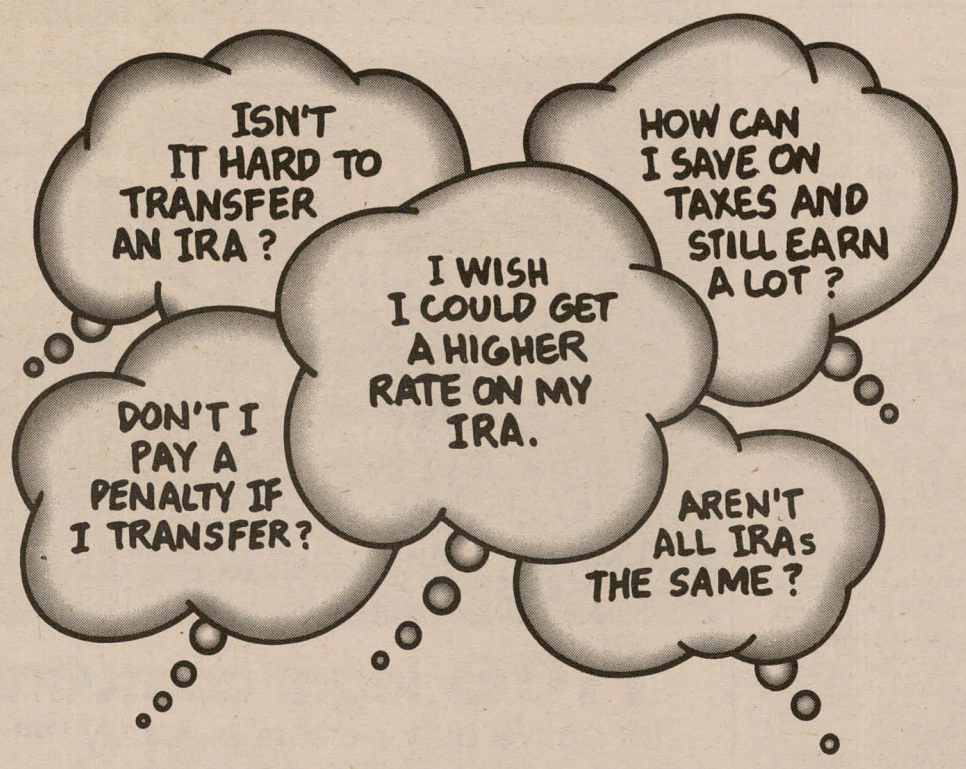

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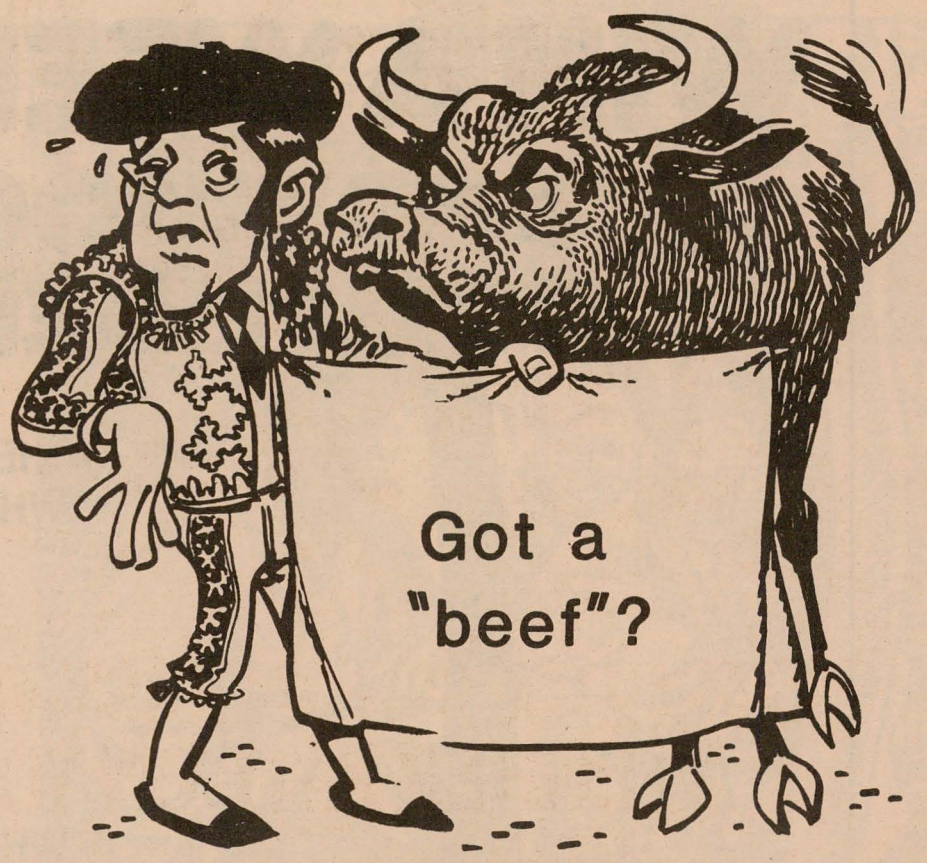

by Barbara J. Mountrey

Has something on post been bothering you? Something you just *know* could be fixed, if only you could tell the right person about it? Well, now you can tell the one person on the Presidio who can reach anyone for you and get some action!

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Single parent soldiers explain goals, fears

by Karl C. Rankin Jr.

In a large airport, a six-year-old boy's tears flow from his confused face as he clings to his mother; he is reluctant to leave her.

Suddenly, the public address announcer says, "Flight 258 is now boarding at gate seven for Nashville, Tenn. All passengers report for boarding. Thank you."

Then the stewardess takes a gentle hold of his small hand and leads him away.

"It's difficult to send him away like this. If anything should happen to him, I couldn't live with it," said Sp4 Victoria L. Thompson of the 16th AG (Postal).

It's a familiar sadness which is shared by Army parents. But to single parents like Thompson, it's as necessary as the tears which often accompany these times.

They realize leaving the service would be giving up security, benefits and a better life for their children and rely on the hope that as the children grow up, they will understand.

Army regulations state that if parenthood causes inability to perform duties, repeated absences or nonavailability for worldwide assignment, and if counseling has been done, he or she can be separated from the Army with an honorable, less-than honorable, or entry-level discharge.

"My situation is different from some parents. I'm in the Rapid Deployment Force, which means I have to go. So I send my son home to Tennessee by plane to his grandmother—that is, if I'm deployed for more than 40 days, though the military has given me permission to have a live-in babysitter. I don't want my son to stay with a babysitter that long. During the shorter times I'm away, he stays with her," Thompson said.

Another parent said, "My child asks, 'Daddy, why do you leave me at home? Why?'" He explained that "child care is too expensive on my salary, and it's hard sometimes to come up with a babysitter. If you have staff duty or the children are out of school before you get off, what are you supposed to do? You leave them alone at home and give them strict rules to abide by. It's hard to do, but the advantages are the child's future and yours as well, if you want to stay in the Army.

Many single parents do decide to stay in.

"I couldn't make it out there if it weren't for the Army," said SSgt. Barbara Prach, NCOIC of the Selective Reserve Incentive Program.

"We probably appreciate the military more than anyone for what they have done for us, giving us a start in life or a chance to start over again," she said.

However, the problems of single parenthood are like an iceberg in the ocean — nine-tenths lie below the surface. Single parents live with tight schedules, children beginning school, permanent changes of station, temporary duty, having to take children out of school and re-enroll them elsewhere, giving up guardianship or custody, fear of custody suits, long separations and making that decision to stay in or leave the Army. Undoubtedly, this short list excludes other problems just as important to single parents.

But, single parents are coping and dealing with Army life, because it's important to them. They make the adjustments and the sacrifices, as they see it, for their children, even though they all seem to share a common fear and sorrow—the airport.

photo by Karl C. Rankin Jr.

Single parent SSgt. Marianne Langone swings her 3-year-old daughter, Alison, at the Child Development Center.

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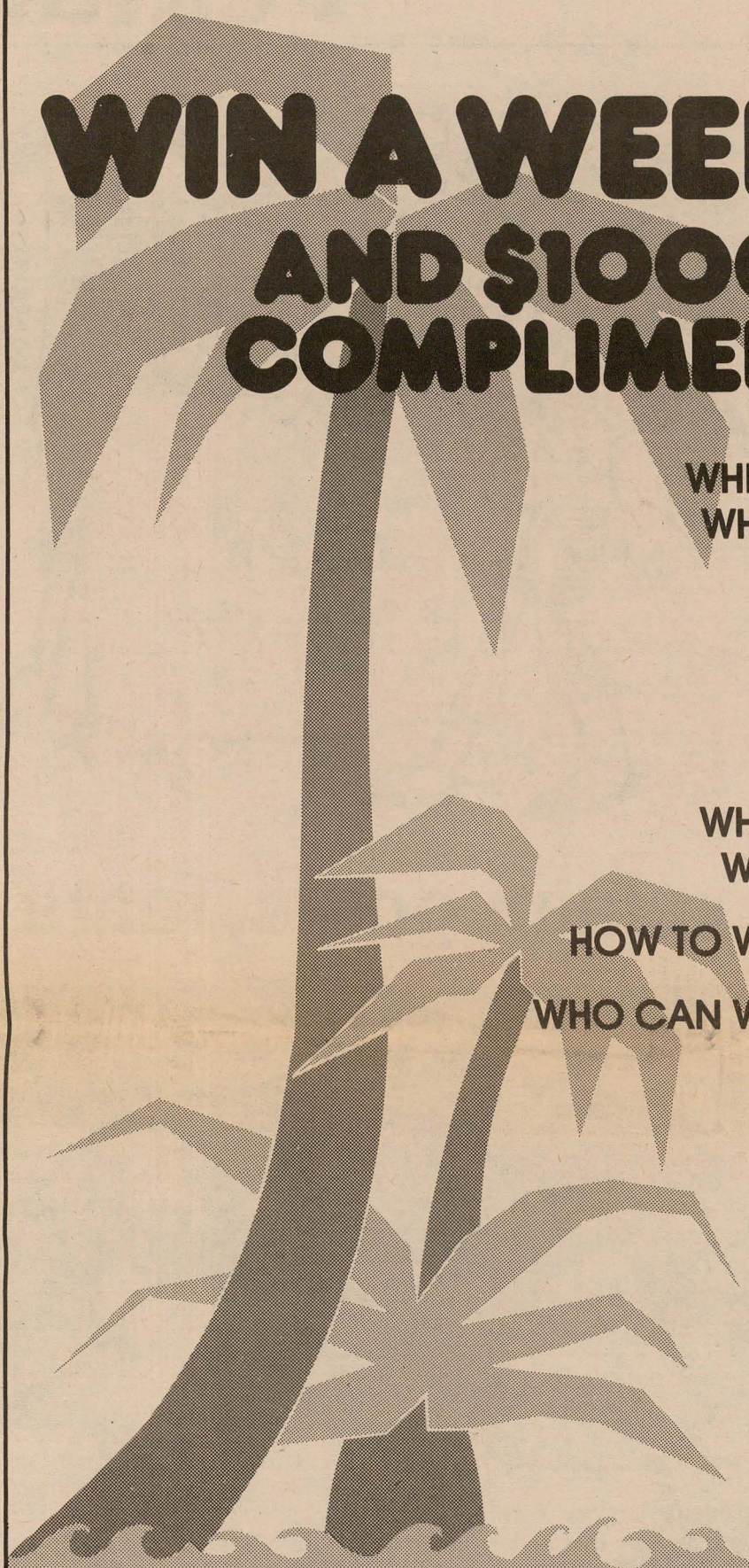

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Feature

Dining out—in the field

by Randy Goins

Soldiers on maneuvers around the world today are finding a new eating experience with Meals, Ready to Eat (MREs) and good old American ingenuity.

Introduced three years ago, MREs are lightweight, flat, flexibly packaged rations that are eaten by soldiers under real or simulated combat conditions. The bendable pouches fit easily into field clothing pockets.

All the entrees and most of the side dishes found in the 12 current MREs are cooked and vacuum-sealed inside individual packets. Pork and beef patties, potatoes and the fruit side dishes are freeze-dried.

While MREs have met with general approval, soldiers have complained about small entree portions, freeze-dried items taking too much water to prepare and the poor taste and flavor of some items.

In response to these complaints, the Army is modifying five of the 12 menus and increasing seven of the entrees from five to eight ounces. A new breakfast entree is planned, as well as the addition of a variety of cold beverages. All freeze-dried items are being replaced by wet packs.

However, most of these improvements are at least three years away. So, instead of complaining about their food, the members of Combat Support Company, 1/35th Infantry and Combat Support Company, 1/21st Infantry came up with a unique MRE trading program during a 36-day field training exercise in the summer of 1983.

When word of the soldiers' swapping program got back to division, a team of food service people went to the field to watch firsthand. They found that the soldiers had come up with some rather odd but tasty concoctions.

The soldier's ideas were taken back to division. And the food service people put together the 25th Infantry Division (of Schofield Barracks, Hawaii), *Tropic Lightning MRE Cookbook*. The 31-page booklet gives the 12 MRE menu selections and lists 14 new recipes for grub that can be made by mixing the MRE food packets.

The list ranges from traditional food and drink ideas like coffee mocha, strawberry shortcake and ham with applesauce to more original dishes such as "Day Before Pay Day Soup," "Huli Huli Pig" and "Battlefield Birthday Cake."

The cookbook is now issued to all soldiers going to the field when MREs are going to be used for an extended period. So the next time you're enjoying "Foxhole Ambrosia" while on maneuvers, you can thank the ingenuity of the soldiers of the 25th Division.

© 1945 Bill Mauldin

Soldiers Scene

"Drop them cans in th' coffee gentle, Joe. We got a chicken stewin' in th' bottom."

Presidio 'mayors' help solve problems in new plan

by Karl C. Rankin Jr.

Sometimes, when problems develop, Presidio families don't know where to turn for help or to be heard.

However, families will soon have a medium to express their problems and concerns—the Mayoral Program.

The program is designed to give the commander community feedback. It is a means by which the commander learns what's going on and may possibly resolve problems that otherwise may be overlooked or forgotten.

"Also, we can look at our resources and allocate them more effectively. We can decide where the needs are and address them," said Col. Charles J. Rittman, director of Personnel and Community Activities (DPCA).

By definition the Mayoral Program will subdivide the Presidio (on paper only, of course) into community areas. Each area will have a mayor and representatives. The mayor will serve as the link between the commander and the community.

There will be meetings for each of the neighborhoods to discuss what issues are important to the residents, chaired by each area's mayor. Any problems and possible solutions are discussed at the mayor's meeting.

The next step is to bring any information gathered from the mayor's meeting to the Community Action Council meeting, which is chaired by the deputy commander. This is where the design and development of appropriate action to solve any problems will be made.

"We want to resolve problems at the lowest possible level," said Dave Ciechanowski, chief of Army Community Service (ACS).

An example of just how effective the program has been elsewhere was the "design input for family housing at 8th Army in Korea. It was here that families gave the command suggestions on housing construction and the suggestions were implemented in the construction," Rittman said.

"I'm not saying that all the problems that families have here can be resolved, but it will solve many of them. Our job is to serve the residents, employees and soldiers. This program is designed to help us perform a service to our community," he said.

The first meeting to announce appointments for mayor and staff will be in May, according to Starine Cheek, Community Life Program coordinator.

For those who live off post, there is the Community Outreach Program.

This program is designed to inform off-post families about military services and benefits.

If you would like some more information, or are interested in volunteering for the Mayoral Program, call ACS at 561-5156.

The Mayoral Program should help resolve the problems of Presidio families and improve the quality of life for all Presidians.

At the movies

Presidio Theater

Fri, March 29	The Karate Kid (PG)	7 p.m.
Sat, March 30	The Breakfast Club (R)	7 p.m.
Sun, March 31	The Breakfast Club (R)	2 & 7 p.m.
Mon, April 1	The Breakfast Club (R)	7 p.m.
Tue, April 2	The Mean Season (R)	7 p.m.
Wed, April 3	The Mean Season (R)	7 p.m.
Thu, April 4	The Mean Season (R)	7 p.m.

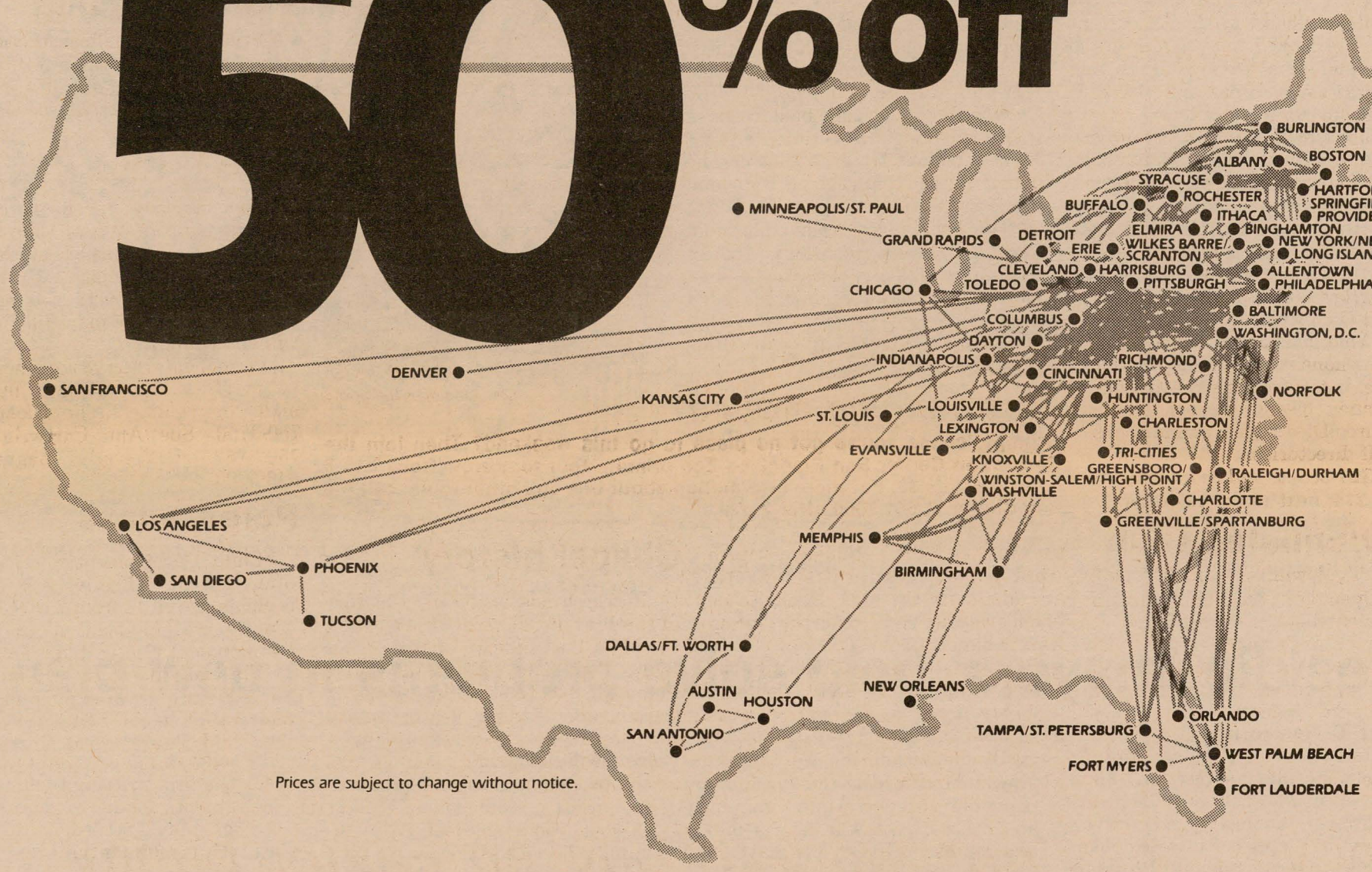
Schwartz Theater

Mon, April 1	The Karate Kid (PG)	7 p.m.
Wed, April 3	The Breakfast Club (R)	7 p.m.
Thu, April 4	Terror in the Aisles (R)	7 p.m.

Hamilton Theater

Fri, March 29	Hambone & Hillie (PG)	7 p.m.
Sat, March 30	The Secret of NIMH (G)	1 p.m.
Sat, March 30	Finders Keepers (G)	7 p.m.
Wed, April 3	Dr. Detroit (R)	7 p.m.
Thu, April 4	Slayground (R)	7 p.m.

USAir Military Fares 50% off



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For more information about USAir's Military Fares and other discount fares, call your SATO at (415) 561-2920 or call USAir at 1 (800) 428-4322.

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Here's how to save on USAir.

Military Personnel (YM)	**Military Dependents** (YM)
Who is eligible? All U.S. active duty personnel who are on leave, furlough or pass or within seven days of discharge (official travel is not permissible).	All U.S. military dependents.
Are there any restrictions? Just make reservations and purchase your tickets anytime prior to departure.	Same requirements as for military personnel. New! Roundtrip travel not required.
How long can I stay? As long as you want to, up to one year. There is no minimum stay.	Same requirements as for military personnel.
Does my family have to travel together? No.	Military dependents may travel separately as long as children ages 2-9 are accompanied by a military dependent at least 10 years of age.
How do I get the Military Fare? Just present your green active duty military I.D. or discharge papers when you purchase your ticket and when checking in.	Military dependents at least 10 years of age must present a tan Uniform Services Dependent Identification card marked "active". Military dependents ages 2-9 must present proof of family relationship when checking in.

Community Calendar

Passover festival

The Jewish Festival of Passover is celebrated for eight days. This year it begins at sunset, April 5, and concludes at sunset, April 13.

Passover, the spring festival, celebrates Israel's deliverance from Egyptian bondage. It is a joyous family holiday, rich in history, symbolism and ritual. Above all, it calls attention each year to the yet unrealized dream of freedom for all mankind.

A Seder service and dinner for Jewish soldiers and their families will be held Saturday evening, April 6 at 7 p.m.

For more information, please call Ruth Callmann at 561-4397.

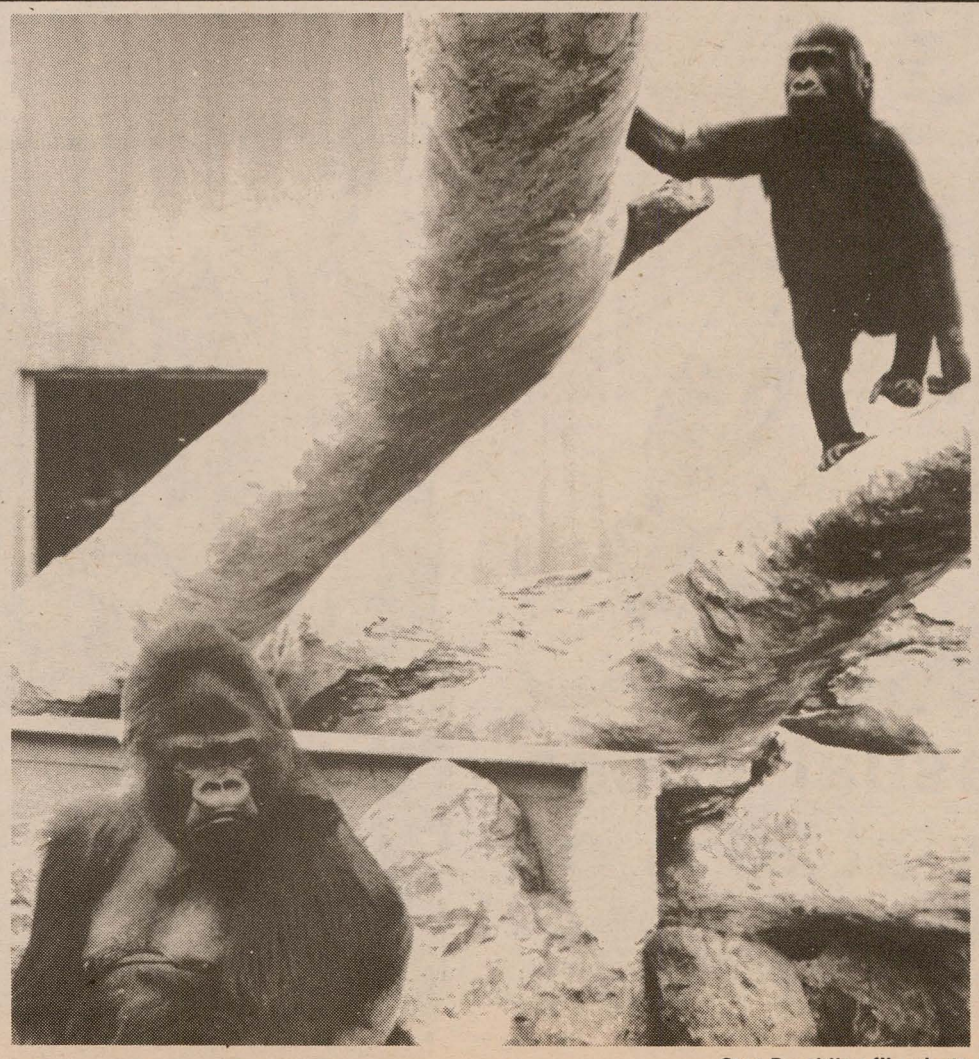
ACS is moving!

Families move. Units move. And once in a while, agencies move. Army Community Service (ACS) has found a new home, a bigger home, to house its growing family of services for Army families.

ACS is moving from bldg. 214 into bldg. 566 (Girl Scout building) near the Child Development Center.

To facilitate this move, ACS will be closed from April 1 through 5 (except for emergencies and loan closet returns). Phone numbers will remain the same, but Presidians are reminded to change the address in the Family Resource Directories, phone books and staff directories.

The Girl Scouts will be moving into bldg. 214, next to the cafeteria.



Star Presidian file photo

Just hanging around?

Grumpy 'cause you've got no place to go this weekend? Then join the Recreation Center San Francisco Zoo primate tour tomorrow from 2 to 6 p.m.! It's only $3. For more information about this and other tours, call the Rec Center at 561-2000 after 2 p.m.

NCO/Enlisted Club

The Tradewinds is having the Grand Opening of the Ballroom with a ribbon-cutting ceremony today at 5:30 p.m. This is also Army Family Nite. (Note: Air Force, Navy and Marine personnel living on the Presidio are welcome.) At Army Family Nite, the entire family eats for only $5. All drinks are extra.

Make your reservations now for the special Easter Sunday brunch April 7 with three different Easter egg hunts for the kids. Prizes to be given away are three different stuffed Easter bunnies.

If you have not visited the NCO/Enlisted Club lately, you will probably notice a few changes that have been made to make it a more pleasant club to which to bring your girlfriend, boyfriend or family.

Chapel history

Research has begun on a history of the Presidio chapels. This includes the Main Post Chapel, Chapel of Our Lady, Fort Scott Chapel and Fort Baker Chapel. We are interested in learning about the physical aspects of the chapels, e.g., dedication plaques, flags, memorial garden, etc., as well as the people and the units that attended the chapels.

If you or anyone you know has any chapel memorabilia or other interesting information, please call Linda Jackowski at 752-5119 or the Religious Activities Center at 561-3535.

Easter egg hunt

The annual Golden Gate Chapter NCOA-sponsored Presidio Easter egg hunt will be April 6 at 10 a.m. at the Paul Goode Athletic Field at the end of Portola Street. Children, aged 1 through 12, of active duty and retired soldiers are cordially invited to participate in this free event.

April recycling

Because of the Post Easter egg hunt on April 6, there will be no recycling for the month of April. The next recycling effort will be the first Saturday in May.

Wives' Club

The monthly luncheon of the Presidio Officers' Wives' Club will be an old-fashioned potluck at the Log Cabin on Thursday, at 11:30a.m.

Election of officers will be held and song and dance man Bill Howard will entertain.

Permanent reservations will not be in effect. Reservations may be made by calling Leslie Nickels at 750-3750, Sue Ann Cartwright at 750-3782 or Beverly Bagnal at 346-5890.

Parent class

Child Development Services will offer Parent Effectiveness classes beginning April 11 from 7 to 9:30 p.m. Classes will be held at the Child Development Center, bldg. 563.

The class instructor will be Karen Jupe, Family Services director. Class registration is now being accepted at the Child Development Center. For more information, call Jupe at 561-4712.

Why you may not want to buy an Easter bunny

by Thomas K. Squier

Well, Mom and Dad, it is almost Easter again, and who could resist those cute little bunnies and fuzzy chicks? I hope that you can!

Even though more than 75 percent of all the cuddly live pets sold at Easter time die before the end of the month, I won't try to judge the right or wrong of buying and selling these millions of living animals. Everybody has the right to make up his or her own mind on the morality of this issue.

There are, however, some really valid reasons for avoiding the live-pet-for-Easter trade. Now, I am not talking about giving a child a puppy or kitten; these animals are long-lived, and a young person can learn a lot from the experience of caring for a loving and responsive pet. But there really is no place in the home for a chicken or a rabbit.

Chickens and rabbits are basically domestic food items and not intended as pets. They don't stay small and cute for long, but soon grow into full-sized barnyard critters.

A full-grown rabbit has very powerful teeth and long claws on extremely muscular legs which can deliver tremendous wounds. An adult chicken can devastate a flower or vegetable garden in a very short time. And chickens are not very cute when half their feathers fall out because of dietary deficiencies. Rabbits are highly susceptible to ills, catching colds in the slightest breeze if not protected.

Zoonotic diseases are those illnesses that can be transmitted to people from animals. Both chickens and rabbits are hosts to diseases, illnesses and parasites that can be shared with their masters. Rabbits are likely to develop diarrhea if their feed is improperly balanced, and many die from diarrhea and dehydration. Infants and small children also suffer from this shared problem.

Neither of these animals has a reputation for cleanliness, and one animal can create quite a mess in a small cage, a home or a city-sized backyard. Most buyers never have to worry about what to do with the adult animals, because the majority of the Easter animals sold in pet shops do not live long enough to require their owner to buy a second package of food for them.

What happens to those that *do* live to adulthood? A scant few are fortunate enough to be given to the owner's relatives or friends who live in the country. They still often ultimately end up on the table, like their cousins who were born on the farm.

What happens to the rest? Around the first of May, the SPCA is full of chickens and rabbits which usually end up being "adopted" by some farmer. The pet stores get back a lot of free half-grown Easter pets, which are now the perfect size for — you may have guessed it — snake food, a big business in itself.

Who cares? Well, believe it or not, there are a lot of people who do, but not the vendors. Their price is normally 10 times higher, or more, than the price farm suppliers charge for the same animals. Profit is the motive, not the smiling face of a child. That smile sure is hard to remember when the tears are flowing after the animal dies or has gone to a farm or back to the pet store.

Completely disregarding the moral issue of the Easter-pets-for-profit industry, I hope you really will have second thoughts about everything involved before you plunk down your hard-earned money for a chick or bunny.

As an alternative, why not consider giving your child a small tree, which he or she can watch grow for years? Or how about a square foot of dirt in the yard and a package of seeds? A lot can be learned and shared in a "square-foot garden."

Easter is as good a time as any to "walk in balance with the earth," including all her creatures.

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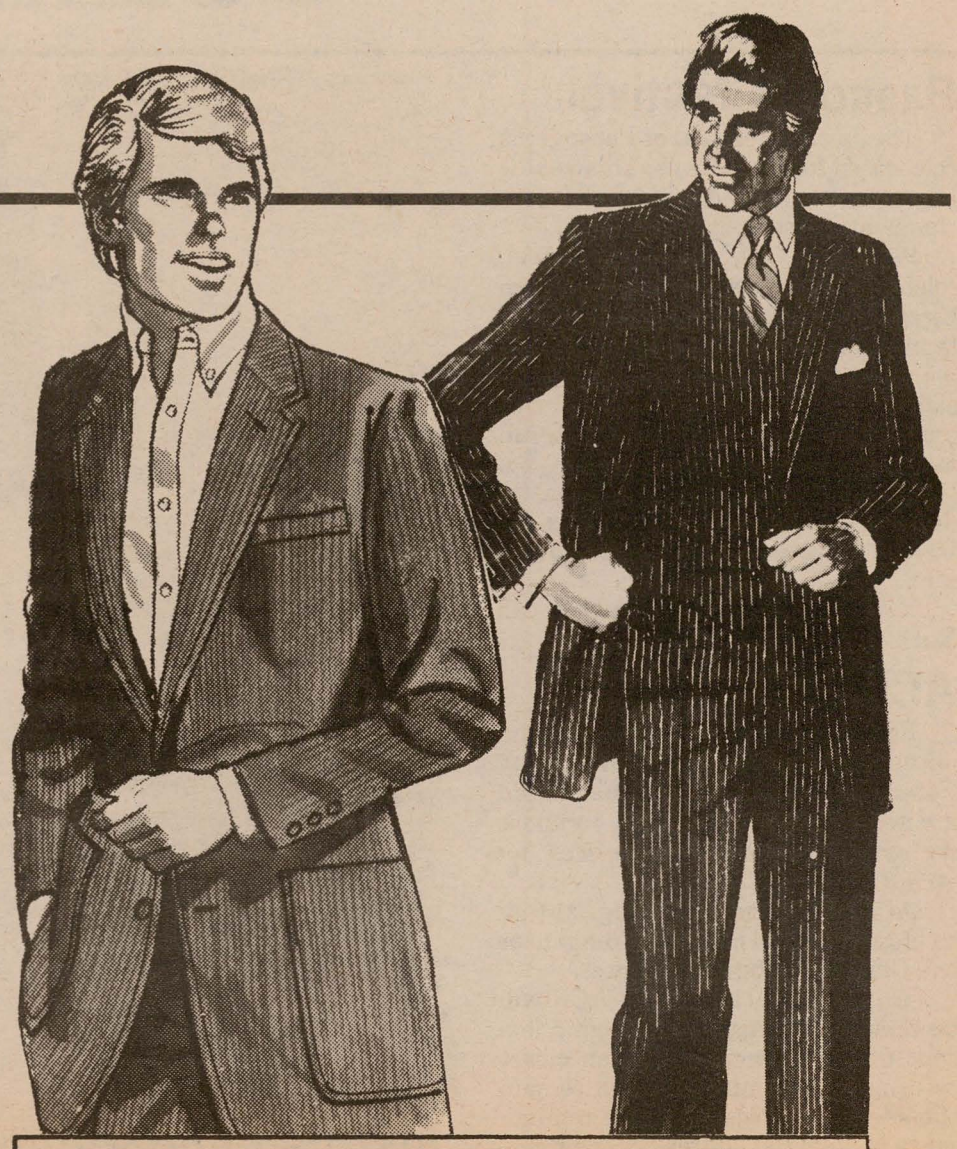

dress and casual shoes for the family at 20% off

Put your best foot forward this spring! Every shoe and boot in the store, except military and athletic styles is on sale. Limited quantities.

20% off Little Girls Dresses

Choose from every style in stock, for infants 9-24 mos. and toddlers 2-4. Limited quantities.

and for the ladies. . .

Special 29.95

Spring dresses from Act I and Leslie Fay.
Choose from a super selection of dresses in basic-to-bright springtime colors, and easy-care fabrics. Select Act I for juniors, Leslie Fay for misses sizes.
These dresses are a special purchase for this event only, so hurry to your exchange because quantities are limited.

Sale $65 3-pc suit our reg $93

It's easy to look successful in these tailored, 100% textured polyester separates from Haggar. Start with the jacket, add a pair of great-fitting slacks, and top off the look with a classic vest. Choose navy and grey pinstripes or medium brown multistripes.

Jacket	**Sale 38.50**	our reg. $55
Slacks	**Sale 14.00**	our reg. $20
Vest	**Sale 12.50**	our reg. $18

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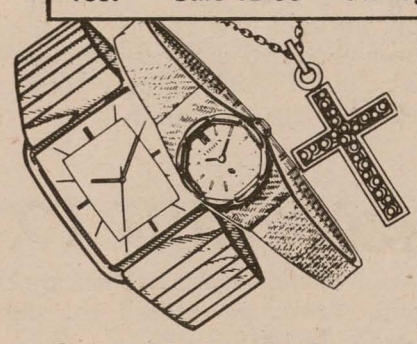
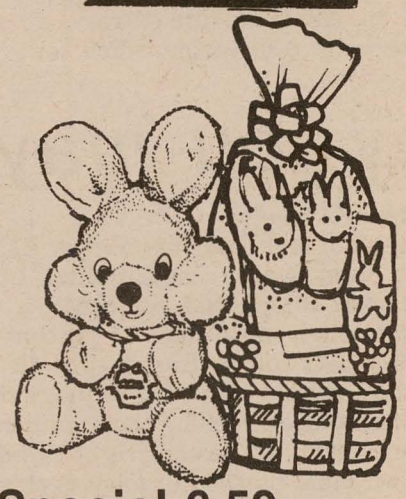


Special 39.95

Citizen Precision quartz watches for men and women. Each model offers you split-second accuracy as well as good looks. Limited quantities.

Save 25% on 14K gold crosses, rings, pendants and earrings.



Special 6.59

Kays large Easter basket. Filled with candies and a gift. Small basket 2.89.

Special 8.50

Touch 'n Play 10″ musical bunny. Simply touch this cuddly rabbit to hear a tune. Plays up to 15,000 times. Limited quantities.

Easter Sale

Wednesday thru Sunday 3-7 April 1985

Sports

Basketball Championships

Oakland Army Base (OARB) won the 1985 Intramural Post Basketball Championships by beating 6th Army 73 to 62 on March 19.

OARB did not take the lead until there were only 12 minutes left in the game. The lead then changed hands a couple of times before OARB took full control of the game. With two minutes and 29 seconds left, OARB led 60 to 57. From then on it was all over for 6th Army.

High scorers for the game were 6th Army's James Holt with 21 points and teammate Anthony Howard with 13. OARB's Keith Harry and Al Hart each scored 16 points followed by teammate Fred Kilkore with 14 points. Kilkore was selected as the tournament most valuable player.

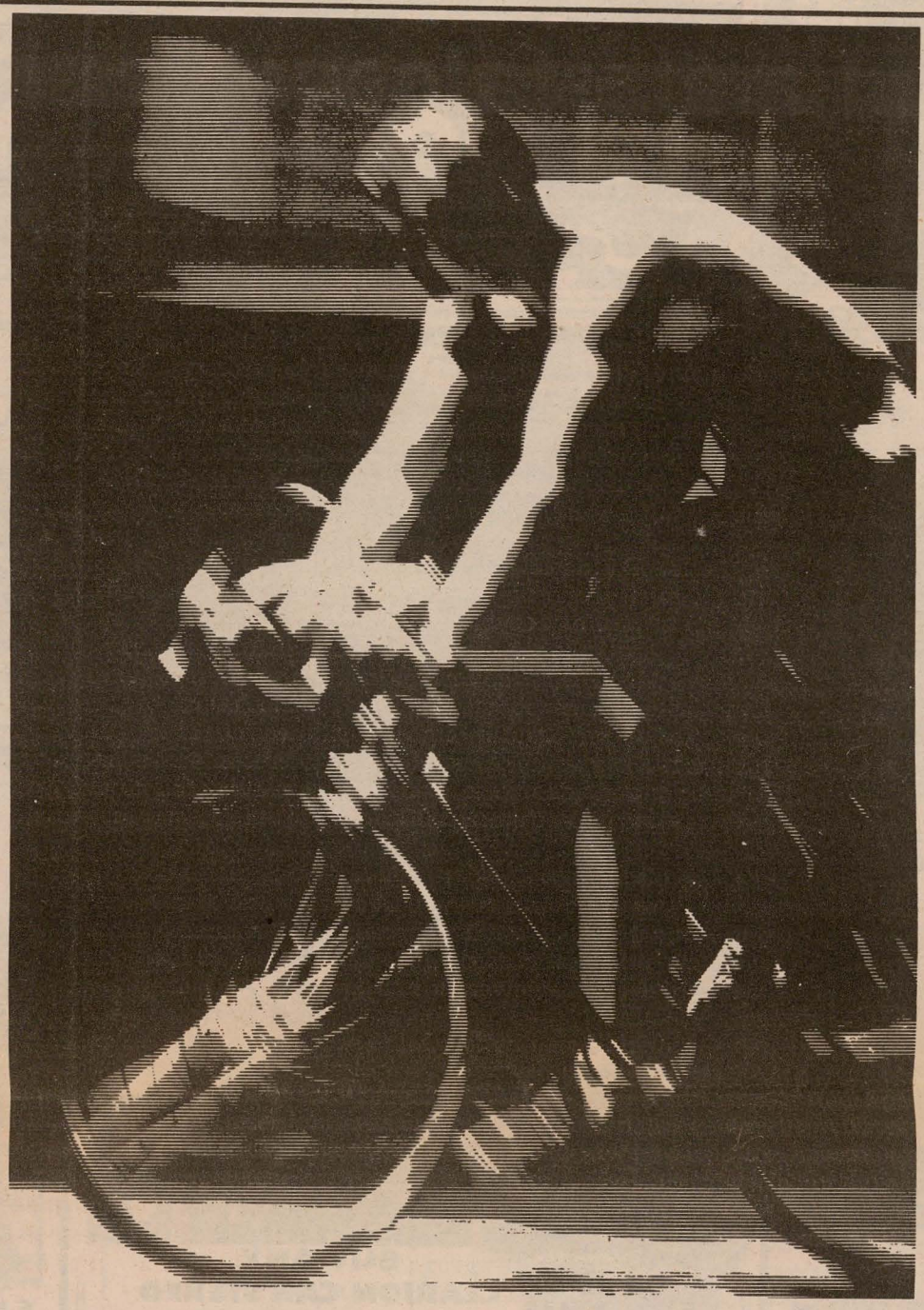
All star team selections were as follows: First Team—OARB's Fred Kilkore, Lloyd Daniels, 6th Army's James Holt and Anthony Howard and the Doctors' Bill Williams; Second Team—Michael Colan, USAG's Marlon Smith and DEH No. 1's David Burnstein.

Racquetball Championships

The Presidio Racquetball Championships start April 15 and run through April 19. All active duty soldiers assigned or attached to the Presidio are eligible to compete in the following divisions:

- Open division (any age);
- Senior division (35 years old or older); and
- Women's division (any age).

Competition will be singles play only. This will be a double elimination tournament. Games will be scheduled during off duty hours, Monday through Friday. The entry deadline is noon on April 10.



A meeting and clinic will be held at Post Gym No. 1, bldg. 63, at noon, April 10. All participants *must* attend this meeting.

For more information and entry into tournament, call 561-4120 or 561-5032.

Presidio soccer

The Presidio Soccer "A" team continued undefeated by winning 4-3 over the Marin County Soccer Club, March 17.

The goals were scored by Brian Wennerlind, John Matthew, Kurt Keesling and Ventura "Panama" Rodriguez. This team is undefeated, 5-0. The game was played at the San Rafael soccer field as part of the Marin County Soccer Championship.

Also on Sunday, the "B" team lost, 3-0.

Softball teams

Tryouts for the men's and women's softball team will be held Monday through April 12. An organizational meeting will be held at 5 p.m. on Monday, at Fort Scott Softball Field No. 1. People interested in competing for positions on the teams are urged to attend this meeting.

The men's and women's team will be competing in tournaments throughout northern California and will take part in the 11th Naval District softball leagues.

For more information, call Bobbie Gascon, Presidio Sports Office, at 561-4120 or 561-5032.

Giants baseball

Opening Day for the Giants' 1985 season is April 9, when the Giants play the San Diego Padres at 1 p.m. in Candlestick Park. The exhibition game is April 6, when the team plays the Oakland A's. Tickets for Opening Day, the exhibition game and all Sunday home games cost $8.25.

The tickets are available at the Recreation Center ITT Office in bldg. 385; call 561-3992. Hours of operation are 11:30 a.m. to 1 p.m. and 2 to 5:30 p.m., Monday through Friday.

Just a reminder: San Francisco Giants' home games are **free** to active duty soldiers with a valid ID card, Monday through Friday, day or night games. This offer is good for the whole season.

The Oakland A's offer a half-price discount to active duty soldiers with a valid ID card for all home games. This offer is valid for all seating locations except general admission seats.

Dietitian explains fiber's role in your health

by James B. Emerson, dietitian

Bran and prunes.

Is that what you think of when you hear the advice, "Eat more fiber?"

If so, you are probably one of many Americans who have been influenced by the latest version of the "fiber" fad.

As with a lot of good advice, some people have carried it too far and have become fiber fanatics, sprinkling ground fiber on everything they eat. (One baker even added sawdust to his bread to boost its "fiber" content.)

Why all the fuss?

Eating foods with adequate fiber and starch is certainly good advice and is one of the Army's seven guidelines for a healthy diet.

The reason for this advice is sound. During the past hundred years there has been a decrease in the amount of fiber that we eat. More and more of our food is "processed," and the fiber that occurs naturally has been removed.

A British doctor living in Africa observed and reported that Africans who ate large amounts of fiber had a low incidence of many of the diseases of "modern man" such as diabetes, heart disease, cancer and obesity.

The role of fiber in preventing these diseases is still controversial, and, if it does exist, it probably is small. However, lack of fiber probably plays a significant role in the development of several bowel diseases. Constipation, diverticulitis and irritable bowel syndrome are all usually improved by moderately adding fiber to the diet.

What qualifies as fiber? This is also a matter of controversy. The term fiber means different things to different people, including the experts.

Practically speaking, fiber consists of anything you eat that your body does not digest. Yes, even that rubber band a child accidentally swallows may be considered fiber, although it does not function as dietary fiber.

Dietary fiber consists of those parts of plants which aren't digested. This may include a large part of many plant leaves, stems, roots, skins, seeds and hulls. The belief is that if we eat more fiber and less refined food, then the incidence of bowel diseases will decrease.

Of course, you can eat too much fiber. Some types of fiber will keep several important minerals such as zinc, iron and calcium from being fully absorbed in the intestine.

The sensible approach to increasing fiber in your diet is to do it "naturally." Eat more of the foods that have fiber. You can do this by substituting them for more refined foods in your diet. Substitute whole grain breads, muffins, cereals, rolls, pita bread and the like for refined grain products (those made from white flour).

Eat more fruit and vegetables. Include a salad with your meal whenever possible. Select fruit for dessert instead of puddings and cakes. Instead of having juice in the morning, have a piece of fruit. When possible, eat the skins of fruits and vegetables. Many people don't eat the best part of a baked potato—the skin.

In the morning eat "old fashioned," not instant, cooked cereals. If you prefer dry cereal, eat wheat flakes, shredded wheat or granola. (However, many granolas are high in fat.)

Instant foods such as instant cooked cereal or instant mashed potatoes are poor sources of fiber. Mashed potatoes made from fresh potatoes do contain significant amounts of fiber.

If you pay attention to what you eat you can get enough fiber easily, and it can be done with or without bran and prunes.

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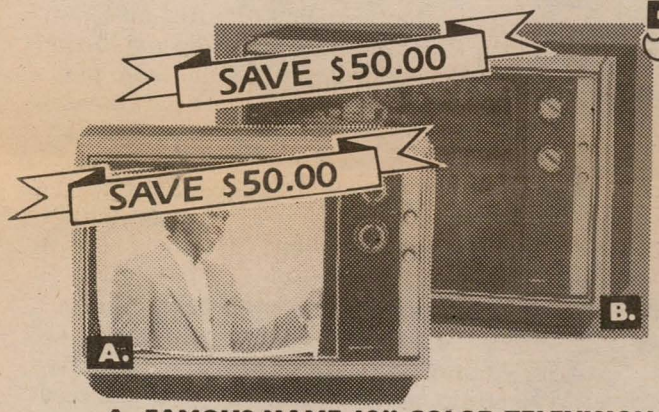

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Mobilization: what happens *before* soldiers get to the battlefield, **page 5**

New GI Bill: how it affects new GIs, **page 5**

TL 'Seal': loving care shows at Marine Mammal Center, **pages 6, 7**

Star Presidian

Vol. 28, No. 14 "Published in the interest of the people of the Presidio of San Francisco." April 5, 1985

News Briefs

Vitamin recall

Dallas—Officials of the Army and Air Force Exchange Service (AAFES) are recalling one lot of their AAFES brand vitamin A capsules. The vitamin A content of the capsules was found to exceed the amount listed on the labels. The AAFES brand vitamin A capsules involved in the recall are sold in 100-count bottles. Also, the label will carry the lot number 131838, which is the only lot being recalled.

The vitamins should contain 10,000 USP (United States Pharmacopoeia) units per capsule, which is the maximum amount allowable for over-the-counter purchase. However, routine sampling by AAFES' Quality Assurance Division disclosed that some of the capsules contained up to 20,000 USP units of vitamin A.

Exchanges are removing the lot number 131838 vitamin A capsules from their shelves. At the same time, customers who may have the recalled vitamin are urged to return it to their local exchange for full refund.

However, it takes 25,000 USP units of vitamin A **per kilo** (about 2.2 lbs.) of body weight to cause acute toxicity in adults, according to a pharmacist at Letterman's Unit Dose Inpatient Pharmacy. In addition, it takes 4,000 USP units of vitamin A per kilo of body weight, taken for six months to a year, to cause chronic toxicity.

In other words, you would have to take at least 1 million vitamin A USP units for three days to reach chronic toxic levels for the average adult.

New Command Sergeant Major

Headquarters Command Battalion has a new command sergeant major. On Feb. 28, CSM Robert C. Riddle, 47, took over for CSM D.P. Tetreault who went to North Carolina State University for Reserve Officer Training Corps duty.

Riddle came to the battalion from the 12th Engineer Battalion, 8th Infantry Division in Dexheim, Germany.

According to Riddle, some of his concerns are "for more cooperation among soldiers on post. Also, a problem I see is the enforcement of Army guidelines for appearance and standards. With continued cooperation, I would like to see an increase in training and even more concern for the soldiers' welfare, and to see that the soldiers use the education facilities available on and off post, so they're more competitive," he said.

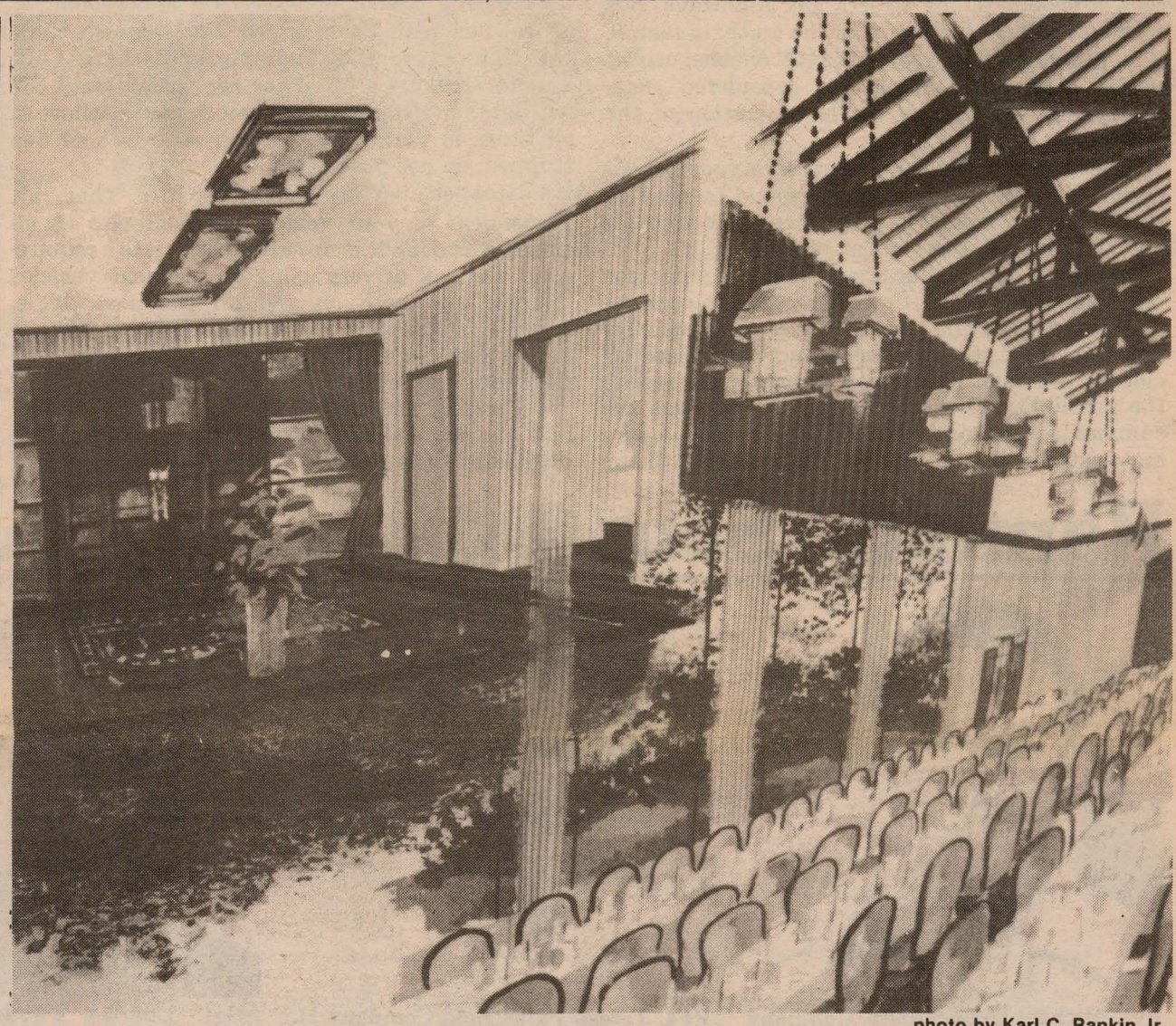

photo by Karl C. Rankin Jr.

Artist's rendering of the newly remodeled NCO/Enlisted Club.

'New' NCO Club unveiled

by Karl C. Rankin Jr.

Along the ballroom floor, yards and yards of new carpet have been laid. Gallons of paint have dried on the woodwork trim and walls. The blue curtains which accent the new carpet hang in front of the large windows looking out over the bay—work at the NCO/Enlisted Club is completed.

"It has taken years to get the club comparable to the Officers' Club, which has been the primary goal," said MSgt. Richard J. Tejkl, NCO/Enlisted Club branch manager. "It was a project which began over 6 years ago, when the club was located in the Log Cabin at Fort Scott," he said.

The remodeling of the club was completed March 29 and a ribbon-cutting ceremony was held that afternoon in the ballroom with Col. Eugene D. Hawkins, post commander, on hand.

"All of this work is to provide a place where soldiers and their families can come to socialize, eat and dance. We want it to feel more like a country club than just a club," Tejkl said. "We want the soldier to have someplace he can bring his family, parents, girlfriend or just friends to and be proud of," he said.

Additionally, the club has been designed to be a primary community center for soldiers, lower grade civilians (GS-6s and below), retirees and reservists. In addition to daily entertainment, food and bar services, there are many activities at the club such as the Sergeant Major's Ball, dining-ins, wedding receptions, the Soldier of the Month banquet, blood drives, awards ceremonies and more. Whatever the needs of the soldiers or the people at the Presidio are, the club aims to provide.

"We want members and their guests to use their club. When they think parties or occasions to celebrate, we want them to consider their club first," Tejkl said.

The NCO/Enlisted Club is a place where both the family and a single soldier can feel comfortable.

So, come out and see the changes and enjoy the entertainment and food and drink available at the NCO/Enlisted "Tradewinds" Club, bldg. 135, at the Presidio.

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Opinions

TAKE A BITE OUT OF CRIME

by Sheldon Stein

Many drivers believe it is their right to drive a vehicle on our public streets and highways, but nothing could be further from the truth; in fact, it is a privilege. The requirements on the use of safety equipment should be considered mandatory, not optional or at the discretion of the driver.

When you apply for and receive your vehicle operator's permit, you become bound to obey all traffic laws and safety requirements, as your life and the lives of others are at stake.

Webster defines "accident" as "an unforseen or unplanned event." If we knew when an accident was about to occur, we could take the necessary steps to avoid it. Since we cannot anticipate accidents, we must plan ahead to prevent or reduce the possibility of accidents. As we approach the summer season and warm weather once again, motorists by the thousands will be taking to the road for vacations. We must then begin to prepare ourselves and our families to reduce the possibility of accidents.

Listed below are some of the most common areas of noncompliance which have been observed by the Military Police:

- Crosswalks—Vehicles approaching marked or unmarked crosswalks at an intersection must yield to any pedestrian crossing within them. This, of course, does not automatically relieve the pedestrian from exercising care and caution.
- Passing school buses—Upon approaching a school bus with flashing red lights, which show that children are being loaded on or discharged off, a motorist must stop his or her vehicle until the red lights are turned off. A good rule to follow at all times is that whenever you see a school bus stopped, do not pass at all.
- Seatbelts—You should ensure that all passengers in your vehicle use seatbelts at all times. Although it is not a state law, it is a requirement that all drivers using government vehicles "buckle up" both on and off the post. It is, however, a state law that all children under the age of four years or 40 pounds must be placed in an appropriate restraining device.
- Drinking and driving—As we all know, alcohol and gas do not mix. Statistics have shown that drinking is the leading cause of the majority of fatal and serious injury accidents. Also, effective January 1, 1985, under the California Implied Content Law, failure to take one of the three chemical tests (blood, urine or intoxilizer) will result in automatically losing your driving privileges for one year.

Let's all enjoy the upcoming summer and all the fun and joy it will bring us and our families. But, do not forget that more people have died on our highways then in all the wars we have fought. So, "let's all be careful out there."

Crime Report:

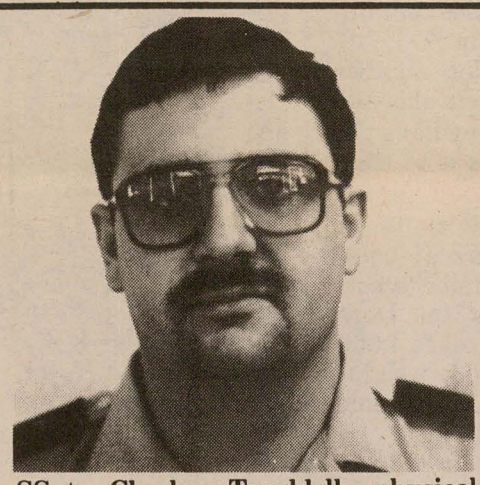
- There was a pedestrian hit while crossing the street in a marked crosswalk by bldg. 101.
- There were two accidents involving Muni buses on Lincoln Boulevard and Torney Avenue. Both struck the guard rail, with a combined total of six injuries.
- A vehicle was attempting to turn left at Bowly and Lincoln Boulevard, then suddenly turned right, striking a passing vehicle.
- A vehicle was attempting a U-turn on Gorgas Avenue by bldg. 1161 and struck a passing vehicle.
- A vehicle lost control on Presidio and Rawls and was struck by an oncoming vehicle, resulting in four minor injuries.
- A pedestrian was struck in the crosswalk at MacArthur and Presidio; minor injuries.

Ramblin' Sam

"What Army-sponsored education have you taken advantage of and what did it do for you?"

Pvt. Michael Heppelmann, Company H, Spanish Platoon, DLI-SF: "I have the Army College Fund, so in four or five years I can use that. It will pay for part of my college, I hope."

PFC Teresa Palaschak, Company H, Spanish Platoon, DLI-SF: "This school gives me 33 credit hours of college credit."



SSgt. Charles Tweddell, physical security inspector, LEC: "Since I've been in I've gotten my associate degree, which gave me promotion points that got me E-6."

Sp4 Shirl Beamon, distributing clerk, SIDPERS: "I've taken Army correspondence courses. They've helped me a lot in my MOS because I took courses that I thought would benefit me. It helps my career in the Army."

By the fire bomb's red glare, people dying everywhere

by Liz Greeley

A bus of schoolchildren in the Mideast is blown up; Olympic athletes are killed; a British policeman in Northern Ireland dies. All these things, though geographically far apart, are all varying shades of red on the canvas of terrorism.

There's mostly blood red on this canvas, but you might add daubs of yellow and blue for fires and bombings; perhaps a bit of purple for beatings; ocher for torture and dying screams; black for fear.

The most confusing aspect of this canvas is that there are often two painters—from opposing sides. Though they might be enemies, they oft contribute to the "artistry" in terrorism's portrait.

It makes it difficult to discern the "good guys" from the "bad guys" when they use the same methods, doesn't it?

Yet, the saddest thing to me is that no one seems to win in the war of terrorists; people just keep dying. Did the Baader-Meinhof gang win anything? How many years has the Irish Republican Army (I.R.A.) been fighting and what have they won for all their terrible losses?

So far I can tell (and I'm Irish, by the way), all these terrorist groups have accomplished is murdering others and death within their own ranks. They certainly haven't swayed public opinion in their favor through these methods and in the case of the I.R.A., they haven't gotten the British out of Northern Ireland either. In short, it's not only bloody gruesome, but *it doesn't work*.

I do have a suggestion, though I'm quite sure it won't be heard or considered.

I suggest that groups that really want to achieve their aims adopt passive resistance as their weapon. That's right, passive resistance, just as Gandhi practiced it.

Gandhi knew that it's very difficult to come off as the bad guy in a conflict when you have no weapons or defense.

Does passive resistance work? Were they still alive, you might ask Gandhi or Dr. Martin Luther King Jr. It worked in India and it worked in Selma, Ala.

Gandhi and King might also tell you that passive resistance is not

please see page 3

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Terrorism continued from page 2

easy to practice; there *will* be martyrs. But difficult as it is, you save in some things as well. You save in the cost of weapons and bullets, the number of comrades killed for the cause and the number of the enemy murdered.

The most difficult thing about passive resistance seems to be getting anyone to practice it.

What happens if both sides in a conflict use passive resistance? I don't know; the problem's never come up.

But I occasionally wonder if the starving people of Ethiopia, so desperately clinging to the slenderest thread of life, would understand why people who have bread to eat are killing each other in Beirut, Londonderry and so many other places.

Perhaps they, or someone understand; I do not.

In the meantime, there are a couple of new droplets of red to add to terrorism's canvas, along with a fleck of black—that last one's for Terry Anderson in Beirut.

Dear Editor...

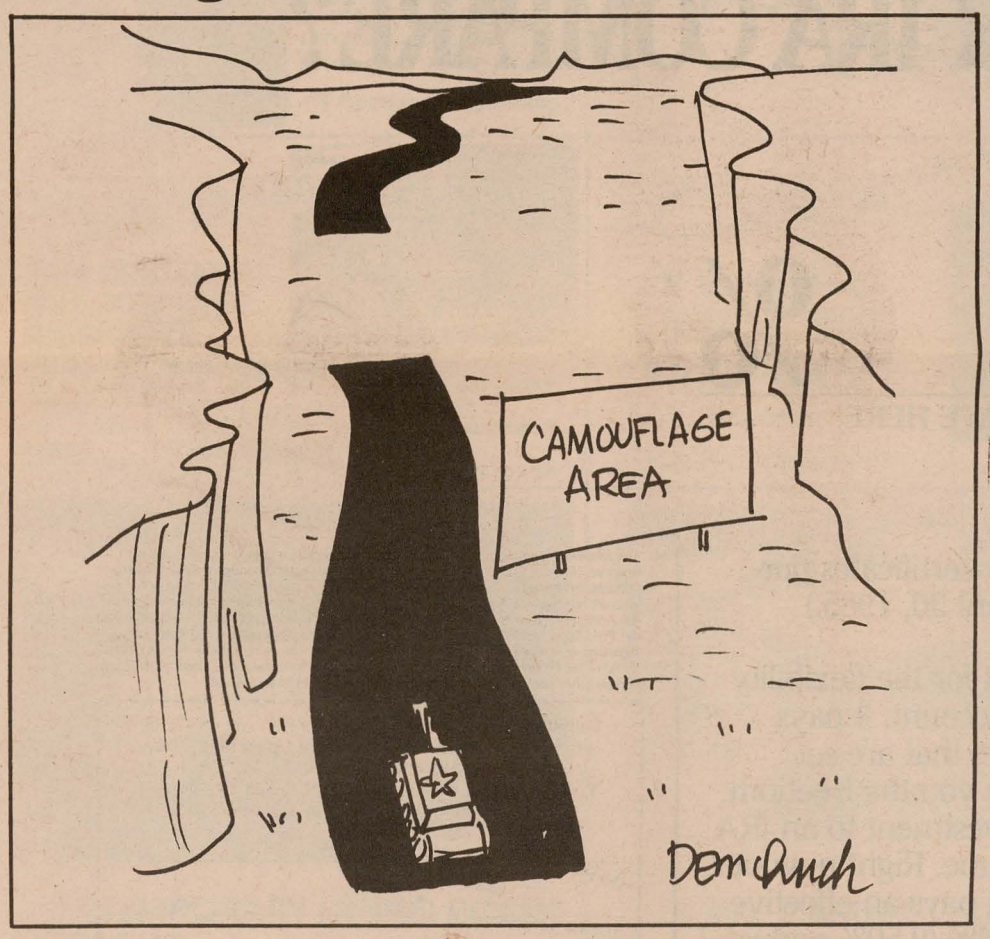
Reference "Take a Bite Out of Crime," March 22, 1985.

To quote the last paragraph of the referenced article, "the moral of this story is: You better watch out when walking across the road, for motorists *and* the Military Police." SO TRUE! I am an occasional jaywalker. But the closest call that I ever had was when I was almost hit by a Military Policeman while using an authorized crosswalk.

The reason I occasionally jaywalk is that illegally parked cars in the vicinity of bldg. 36 require that I park my car across [the street] on Lincoln Blvd. (And do you know what building 36 is?)

Name withheld under the Fifth Amendment

The Lighter Side



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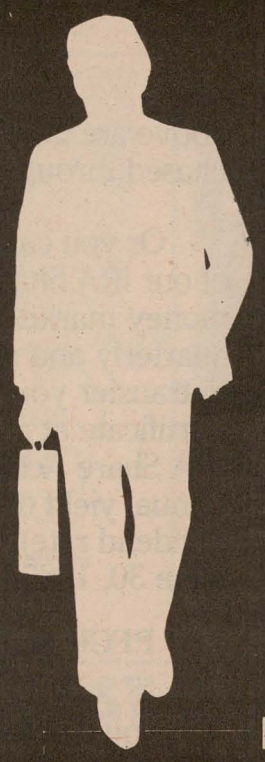

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Feature

How would the Army mobilize if there's war?

by Liz Greeley

"Everyone will now be mobilized and all boys old enough to carry a spear will be sent to Addis Ababa. Married men will take their wives to carry food and cook. Those without wives will take any woman without a husband. Women with small babies need not go. The blind, those who cannot carry a spear, are exempted. Anyone found home after receipt of this order will be hanged."

According to the U.S. Army Command and General Staff College training text "An Introduction to Mobilization," that was the late Emperor Haile Selassie's 1935 plan for mobilization against Mussolini's forces in World War II. It is also an example of a plan for total mobilization.

The United States actually has five types of mobilization (though more complex than Ethiopia's 1935 plan):

•**Selective mobilization.** Selective mobilization probably would be called in response to a domestic, rather than a foreign, threat.

•**Presidential call-up of 100,000 selected reservists.** The reservists would augment the active forces and national emergency is not necessary to initiate this action.

•**Partial mobilization.** The president or Congress may order augmentation of the active armed forces (short of full mobilization) by mobilizing up to 1 million soldiers of the Ready Reserve (units or people), for up to 24 months.

•**Full mobilization.** This action requires Congress to declare war or a national emergency. In that case, all reserve units, reservists and needed materiel would be mobilized.

•**Total mobilization.** In this case, the active armed forces would be expanded and additional units might be activated. All needed national resources would be mobilized, including production facilities. For example, factories would be in full gear producing military equipment.

To give you an idea of the difference between partial and total mobilization, Vietnam was a partial mobilization, while World War II was our country's last total mobilization.

To clarify the point a bit further, mobilization is gathering the troops and making sure they're ready for the battlefield. *Deployment* occurs when the troops board their transports and step out onto that battlefield.

In the process of mobilization, soldiers are first alerted, then mobilized at their home station and then moved to their mobilization station. There

their readiness for deployment will be evaluated (also called validation).

Once the troops are at their mobilization station, the mobilization station commander is responsible for:

- Making sure the installation can support mobilized units reporting to the installation;
- Arranging the training facilities;
- Taking care of any administrative inprocessing not already done by units at their home station;
- Setting up procedures for reassigning overstrength reservists;
- Giving readiness infornation about the mobilized units to the area commander.

Since the Presidio is one of three mobilization stations in California, mobilization will have a direct impact upon the Presidio and its people.

During a mobilization, Presidio's mobilization station commander would be aided by a Mobilization Assistance Team (MAT), in making sure that mobilized units are inprocessed, validated, trained, equipped and deployable.

Presidio's MAT would be made up of soldiers from 6th U.S. Army headquarters, Readiness Group-Presidio (a part of 6th U.S. Army) and the 91st Mobilization Training Command (MTC), which is also a part of 6th Army.

The size and makeup of the MAT would depend on the types of units mobilizing at the Presidio and the level of mobilization—whether it was a partial, full or total mobilization.

Just as an example, the Presidio MAT would have a headquarters, administrative section and operations section. It might contain a field artillery team, medical team, ordnance team, military police team and transportation corps team, according to Maj. John R. Barbeau, plans, policy and training officer for 6th Army's training branch.

Once inprocessed, a mobilized unit would then undergo validation by the MAT. In this the MAT would look at the unit's soldiers, training and equipment status. In terms of personnel, training and equipment, will this unit be ready to go? That's the question the MAT chief must ask himself. If not, what will it take for the mobilized unit to be ready to meet its deployment schedule?

The MAT's basic mission is to make sure mobilized units are sufficiently manned, equipped and trained. If a unit has enough well-trained people, but is a transportation company that is short a jeep or two, then the MAT sets out to solve the problem. The same goes for personnel or training—overweight soldiers would immediately go on weight reduction and soldiers who need to qualify with their rifles would be taken to the range.

What if the unit still won't be able to come up to par in time to meet their scheduled deployment date? Then it basically comes down to how much the theater commander needs that unit, according to Capt. Wayne V. Saylors, Mobilization Cell chief at Readiness Group-PSF, 6th US Army. Can the theater commander wait for that unit to come up to par? If not, the unit probably will deploy as scheduled. If there is time, then the MAT will bring the unit up to standards as quickly as possible; then it will deploy.

This is really a thumbnail sketch of what would happen during a mobilization and how a MAT operates under those circumstances, leaving out reporting procedures and a detailed description of how a MAT teams brings a unit up to deployable status.

As many soldiers have probably heard, current Army philosophy is that if there is another war, it will be a "come as you are" war. Can we do it and will we be ready for a "come as you are" war?

"Yes," said Saylors. "We train our reserve component as well as our active component units to assume that when they arrive in a theater, wherever that may be, it's going to be a dirty battlefield—there *will* be no front line.

"It would be exactly that—come as you are," he added.

How the new GI Bill will affect first-term soldiers

by Jeane Redsecker

Regardless of the date they formally enlisted, soldiers who enter active duty for the first time between July 1, 1985 and June 30, 1988, are eligible for the new GI Bill. Unlike the old GI Bill, the new law requires a soldier contribution of $100 per month for the first 12 months of service. This amount will be automatically deducted from the soldier's base pay unless he or she declines to participate. Once the decision is made not to enroll, the soldier cannot enroll at a later date. West Point and ROTC scholarship graduates are not eligible for the new GI Bill.

In return for the $1,200 contribution, a soldier who enlisted for two years will be able to draw $250 per month of educational benefits for 36 months while attending a Veterans Administration-approved school full-time; a soldier who enlisted for three years will draw $300 per month. If a soldier enlisted in a critical skill MOS, the Army will add $400 per month to the Veterans Administration (VA) rate. A list of which skills would qualify for this "kicker" has not yet been published. Soldiers who complete eight years of active duty may be awarded additional benefits from the Army, but details of this plan are not yet available.

Questions about the new GI Bill may be referred to guidance counselors at the Fort Scott Education Center, bldg. 1216, at 561-2974, or the LAMC Education Center, bldg. 1007, at 561-4030.

At the movies

Presidio Theater

Fri, April 5	Pinocchio (G)	7 p.m.
Sat, April 6	Pinocchio (G)	2 p.m.
Sat, April 6	The Terminator (R)	7 p.m.
Sun, April 7	Pinocchio (G)	2 p.m.
Sun, April 7	The Terminator (R)	7 p.m.
Mon, April 8	The Terminator (R)	7 p.m.
Tue, April 9	Mischief (R)	7 p.m.
Wed, April 10	Mischief (R)	7 p.m.
Thu, April 11	Turk 182 (PG-13)	7 p.m.

Schwartz Theater

Mon, April 8	The Mean Season (R)	7 p.m.
Wed, April 10	The Terminator (R)	7 p.m.
Thu, April 11	Mischief (R)	7 p.m.

Hamilton Theater

Fri, April 5	America (PG)	
Sat, April 6	The Love Bug (G)	7 p.m.
Sat, April 6	The Buddy System (PG) (Double Feature)	1 p.m.
	The Adventures of Buckaroo Banzai (PG)	7 p.m.
Wed, April 10	Cujo (R)	7 p.m.
Thu, April 11	The Bear (G) (Double Feature)	7 p.m.
Thu, April 11	The Hotel New Hampshire (R)	7 p.m.

They don't slip slide away at MMC

story and photos by Bob Walker

Everybody loves pups— seal pups are no exception.

People, especially children, just love to watch seals and sea lions. Pupping season is just beginning and mother harbor seals temporarily leave their pups on the beach while they go back into the water in search of their own food.

Presidians who come from all over the country may not be accustomed to such sights and may be tempted to pick up or pet the baby seal. This is a mistake! The mother seal can detect such contact and may then abandon the adorable little creature. Should the mother abandon its pup, it will surely die, as it has not yet been weaned from its mother.

When a baby seal is abandoned, the California Marine Mammal Center located at Fort Cronkhite should be called to pick up and care for the baby seal until it is large enough to care for itself.

The Marine Mammal Center, a non-profit organization, is licensed to rescue, treat and study sea lions and seals that become stranded along 15 coastal counties from San Luis Obispo, Calif., up to the Oregon border.

If you do locate a seal or sea lion stranded on the beach, call the center at 331-SEAL. According to one center assistant director, Lynn Amaya, you will be told not to go near the animal, to observe it from a distance and keep others away from it. You will be asked the location of the small animal, what color it is, whether it has ears and if it walks on all fours. The animal is to be checked 24 hours later; if it is still there, a call should be made once again to the center with a description of the problem. For example, is it bleeding? Is it having difficulty breathing?

At that point a rescue team will be sent out to get the animal. A physical exam will be given and a blood sample taken, then treatment will be determined. Each animal has its own chart which center volunteers can read and know what care is to be given.

Volunteers are the life blood of the center— 95 percent of the workers are volunteers.

What do they get out of the experience?

Denise Paquette who has worked as a volunteer for six months said, "It's a good opportunity to work with animals to help them get well enough to be put back into the wild."

"It's an opportunity I wouldn't have otherwise, doing my bit for the environment. There are nice people here and it's nice to work with the animals," Caran Brawner said.

Sue Mengarelli, a volunteer supervisor, said, "My two years here have given me a lot of experience and an opportunity to learn things I wouldn't have otherwise in everyday life. I like to do my part to help the animals."

What kinds of problems do the animals have?

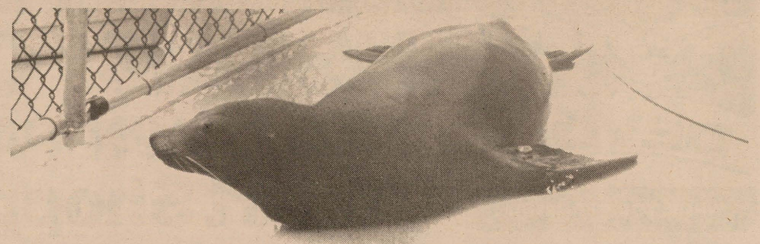
Some are blind, some have skin diseases and others may be infested with worms. Last year there was an epidemic of leptosporosis which affects the kidneys and liver, resulting in kidney failure.

If you'd like to do your bit to help the animals, volunteer for one of the many areas in which the center needs volunteers. All you have to do to volunteer is call 331-SEAL.

If you haven't seen any seals on the beach and you would like to, just drive over to Fort Cronkhite. There is no admission charge and it is open from 10 a.m. to 4 p.m. every day of the year.

You'll enjoy hearing their barks and watching the California sea lions slide across their pens. You may even get bitten by the bug to volunteer to help the animals.

"Mr. Friend," an elephant seal, downs a fish at the Marine Mammal Center at Fort Cronkhite.



A California sea lion slides across his wet pen, entertaining visitors.

Sue Mengarelli gives a yearling elephant seal a shot for parasites.

Volunteer Paul Povey gets 6-week-old "Washington" ready for a trip to the scales. Even elephant seals have to watch their weight!

Denise Paquette and Caran Brawner feed three blind sea lions. (Sea lions have ears; seals don't.)

Theater

Theater review

'Our Town' charms audiences

by Barbara J. Mountrey

There are three good reasons to see Thornton Wilder's *Our Town*, now playing at the American Conservatory Theatre (ACT): the play itself, the acting and the special price for military members.

Our Town is a genuine American classic, an apparently simple story of small-town American life that gently teaches about the infinite value of all life.

Set in the mythical village of Grover's Corners, N.H., in the early years of this century, the play shows the daily lives of the Gibbs and Webb families as their children grow up, fall in love, marry, give birth, die—and look back with compassion on the living.

Central to the movement of the play is the Stage Manager, beautifully played by veteran actor Peter Donat. Since there is no scenery, and the only props are a few chairs and tables, he addresses the audience directly, explaining the settings and commenting on the action. Occasionally he steps directly into the action—for example, as the soda fountain clerk in a small gem of a scene so expertly done that the audience burst into applause.

Annette Bening accomplishes the difficult task of making Emily Webb seem totally natural in her simplicity and grace. Her realization, after death, that people never appreciate fully the precious moments and other people in their lives is as poignant as if we had never before heard that bit of wisdom.

The numerous supporting characters, many of whom have played major roles in other productions of this repertory company, all turn in strong performances as well.

ACT gives a two-for-one discount to anyone with valid military identification. You can present your ID when buying tickets at the box office or send a photocopy of the ID with your check to order tickets in advance. The theater is at 450 Geary Street, between Mason and Taylor. For ticket prices and other information, phone 673-6440.

Our Town will play at ACT through April 20.

Next week

photo by Larry Merkle

'Painting Churches'

Barbara Dirickson hugs William Patterson and Marrian Walters who appear in the ACT play by Tina Howe which opens April 9.

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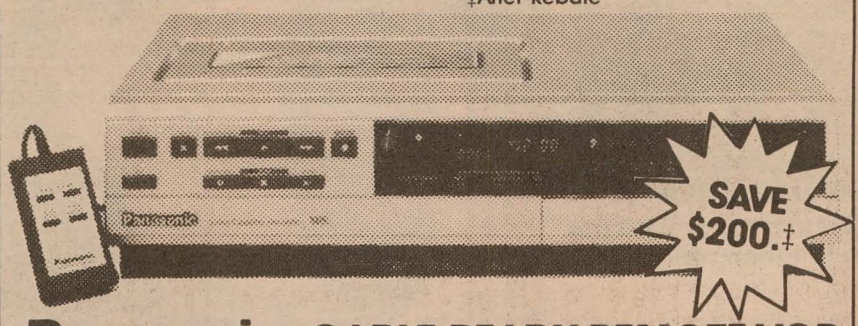

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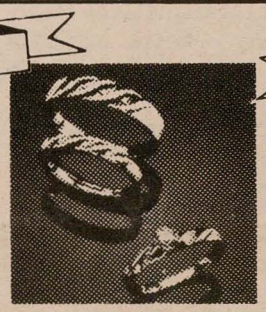

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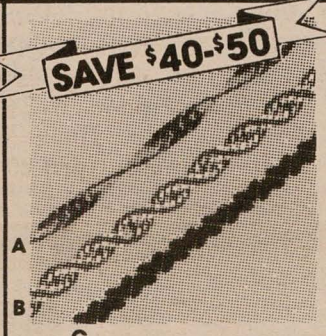

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Community Calendar

Veterinary clinic

Reminder: all dogs and cats 4 months old or older living on post must have a yearly rabies vaccination to meet post registration requirements. Pets residing off post need a rabies vaccination every two years. Yearly distemper vaccinations may also be given at this time. Vaccinations are given by appointment on Tuesdays and Thursdays.

Call 561-3744 to make an appointment.

Snake-eaters news

Where do old Green Berets go to die? Well, nobody knows for sure, and it may be classified. Anyway, we're pretty certain that those T-shirts that say "Green Berets Eat Their Dead" are just another Special Forces lie, like "The trucks are on the drop zone, the check is in the mail"...and you know the third one!

We do know what current, former and retired Special Forces soldiers in the San Francisco area do once a month: they get together and have a business/social meeting at the Presidio NCO/Enlisted Club. Here these veterans of one of the world's most elite military outfits get together to toast each other, fallen comrades and the mystique of the Green Beret.

Normally, they get together every third Saturday at the Presidio but the April meeting will be at Moffett Field on April 13. At this meeting they will install new officers following this year's election.

Young soldiers who may be contemplating joining Special Forces are also invited to come to the meetings and talk to the "old pros." The next meeting at the Presidio will be at 6 p.m. on May 18 at the NCO/Enlisted Club.

Passover festival

The Jewish festival of Passover is celebrated for eight days. This year it begins at sunset, tonight, and concludes at sunset, April 13.

A Seder service and dinner for Jewish soldiers and their families will be held tomorrow evening at 7 p.m.

For information, please call Ruth Callmann at 561-4397.

Officers' Club

Join the Easter parade to the Officers' Club on Sunday for our traditional Easter brunch with holiday special items and Easter baskets for the kids from 10 a.m. to 2 p.m.

The ballroom orchestras for our dinner dances tonight and tomorrow night will be Harry Mason and Pete Damante. Music will be provided from 7:30 to 10:30 p.m., tonight and 8 p.m. to midnight tomorrow evening.

The Attic Lounge offers entertainment every Thursday and Friday night.

Tradewinds Club

There will be a luncheon April 12 from 11 a.m. through 1 p.m. at the Tradewinds NCO/Enlisted Club honoring 1st Sgt. Martinson of Headquarters Company, USAG, who will be leaving this command soon. So come one—come all!

For more information, call SFC Rogers, SSgt. Daga, SSgt. Freeman or SFC Villanueva at 561-5195.

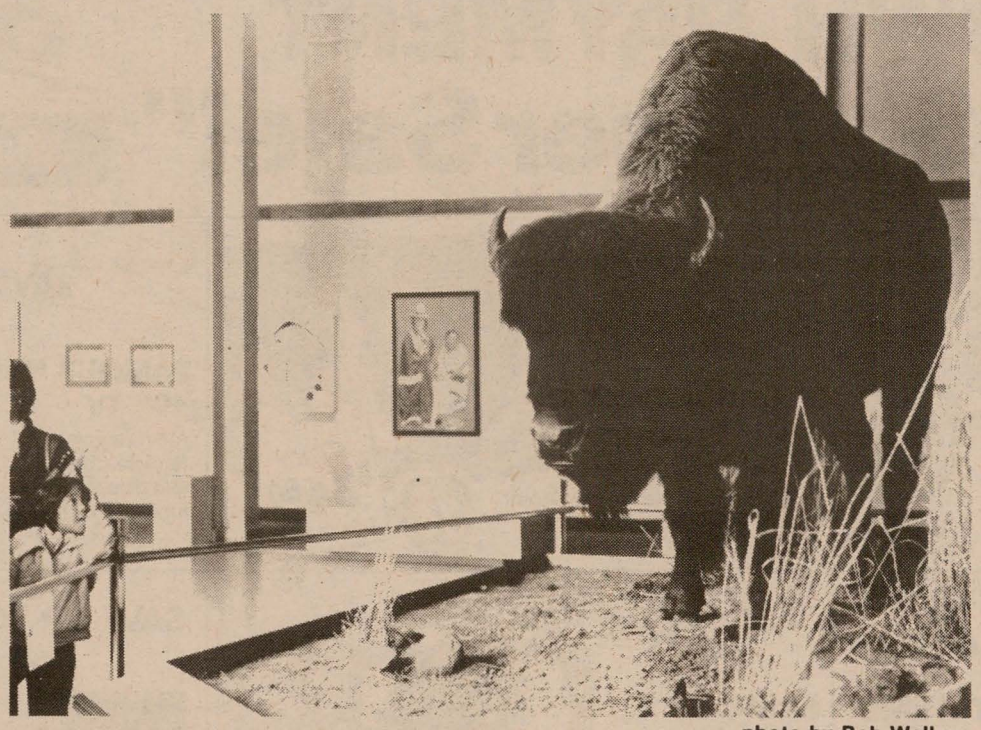

photo by Bob Walker

Don't buffalo me!

This American bison sets the mood for the Plains Indian exhibit "Circles of the World" which will be at the California Academy of Sciences through April 29.

Easter egg hunt

The annual Golden Gate Chapter NCOA-sponsored Presidio Easter Egg Hunt will be tomorrow at 10 a.m. at the Paul Goode Athletic Field, at the end of Portola Street. Children, aged 1 through 12, of active duty and retired soldiers are cordially invited to participate in this free event.

April recycling

Because of the post Easter Egg Hunt tomorrow at the Paul Goode Athletic Field, there will be no recycling for the month of April. The next recycling effort will be the first Saturday in May.

Slurry seal

A special application of slurry seal will be applied to our major parking lots and some streets during the next two weeks. The Military Police and the company doing the construction will do all in their power to make this project go as smoothly as possible.

The following schedule will be followed by the contractor:

April 9

1) One-quarter of the 900 area parking

2) Presidio Boulevard; Pacific to Simonds Loop

3) McDowell Avenue; Lincoln to Crissy Field

4) Gym parking lot; off Lincoln Boulevard

April 10

1) One-third hospital; 1800 area

2) One-quarter 900 area parking lot

3) Parking lot off Taylor Street, behind bldgs. 101 through 104

April 11

1) One-third hospital; 1800 area

2) One-quarter 900 area parking lot

3) Bldg. 650 parking lot; off Mason

4) Mason Street; Crissy Field to bldg. 643

Presidio Health Fair

Everybody benefits from being aware of his or her own state of health and of how to improve it. If you wonder how your health is faring but don't have time to wait for an appointment for a doctor, then come to the Presidio's Health Fair at Harmon Hall on Wednesday, April 17. Fair hours will be from 8 a.m. to 3:30 p.m.

Medical personnel from Letterman and volunteers will give various physical examinations ranging from oral health screenings to prostate exams. Also, displays and consultants will provide information on stress prevention, health exercising, preventing sports injuries and nutrition.

The Presidio's active duty soldiers and retirees, their families and families of Army civilian employees are all invited to this free one-stop checkup on their general state of health.

Arts and Crafts

A beginners' stained glass course will be given each Monday from April 8 (no class on April 22) through May 20 from 6:30 to 9:30 p.m. The class covers the basic techniques of glass cutting and leaded or copper foil construction. The $22 fee for this six-week course includes all supplies except a glass cutter and an eye protection device, which are required and are available at the Crafts Center Resale Store.

A wood safety single session will be held each Friday from 6:30 to 8:30 p.m. There is no charge. This class is designed to meet the requirements of the woodshop qualification card, which is necessary for patrons to use the woodshop.

Beginners' basic wood classes (each five weeks) are scheduled to meet on Thursdays from 6:30 to 9:30 p.m. from April 11 through May 9 and May 16 through June 13. Students will be introduced to different types of wood, technical proficiency, lamination, joinery, finishing techniques and basic operation of wood power equipment.

Intermediate woodworking will be given starting Monday through June 3 (no class April 22) each Monday from 6:30 to 9:30 p.m. This eight-week class will cost $20 plus approximately $50 for materials. Students (limited to 12) will learn to make a butcher block table using maple. Techniques will include stock selection, joining, planing, gluing and other fine furniture techniques.

A beginning photo class is scheduled to meet Tuesdays, April 16 through May 7. Another class will meet May 14 through June 4. The time will be 6:30 to 9:30 p.m. Fees for these classes will be $6 per student, plus approximately $15 for materials. This is a basic introduction to photography. Each student will learn the basic camera skills for good picture taking. Other subjects covered are film processing, printing, touch-up and display.

Rec Center

Recreation Center tours include:

- A Russian River wine tour on April 13 from 9 a.m. to 6 p.m. at a cost of $5;
- A Marin headlands ranger walk tour on April 20 from noon to 4 p.m. for $2;
- A tour of the Monterey Aquarium on April 27 from 9 a.m. to 5 p.m. for only $15;
- An Alcatraz Island tour from 11 a.m. to 4 p.m. on April 28 for just $5; and
- A tour of Great America on May 4 from 9 a.m. to 6 p.m. for $15.

Some of the Recreation Center's ongoing classes are:

- A clogging class on Tuesdays at the Community Center, bldg. 1299, for $2.50 a class;
- Levis and Laces square dance on Wednesdays at the Community Center at $2 a class;

The 1985 FORSCOM Festival of the Performing Arts will be held May 15. Entries and applications (active duty soldiers only) have been extended to April 14 and application forms can be picked up at the Recreation Center.

Since lighting and sound people are needed for this extravaganza, interested parties may call the Rec Center at 561-2000 after 2 p.m.

Special Event: Join a centipede group (I'm told they have to run together—like a centipede) for the annual Bay to Breakers Run. A finalization meeting will be held April 16 at 7 p.m. at the Recreation Center.

For more information, please call the Recreation Center at 561-2000 after 2 p.m. Rec Center hours are: Sunday through Thursday and holidays, 2 to 9 p.m.; Friday and Saturday from 2 to 10 p.m.

Sports

Racquetball championship

The Post Racquetball Championship will be held April 15 through 19 at Gym No. 1, bldg. 63.

This tournament is open to all active duty soldiers assigned or attached to the Presidio of San Francisco. Competition will be in open and senior division (35 years and older).

A rules interpretation meeting for all players will be held at noon, Wednesday, at Gym No. 1.

For more information, call the Sports Branch office at 561-4120 or 561-5032.

Baseball and T-ball signups

Youth Activities (YA) will hold ongoing signups for the spring baseball season. Come by the YA office in the basement of bldg. 122 between 8 a.m. and 4 p.m. Monday through Friday.

Age group for T-ball is 6, 7 or 8 years old. The 8-year-olds have a choice of playing either T-ball or minor league baseball.

Baseball is for the 9- and 10-year-olds, who are minor leaguers; 11- and 12-year-olds are major leaguers; 13- and 14-year olds are junior leaguers.

The registration fee is $12.50 and a birth certificate must be presented for proof of age.

The YA baseball program also needs umpires for the season. If you are interested or have any questions about the program, call Youth Activities at 561-5143.

photo courtesy Headquarters Command Battalion

Fit to win!

Presidio's Ceremonial Platoon ready themselves at the start line for March 17's Irish Sprint—a 5-mile jog around Lake Merced. Wearing BDUs and full field gear (boots, helmets, load-bearing equipment and rucksacks) they finished the race in 45 minutes and won the "Most Squared Away" trophy.

Permanent lockers

All active duty soldiers who have an assigned permanent locker at Gym No. 2, bldg. 1152, will need to fill out a new locker utilization card no later than April 15. After that date, all unrenewed lockers will have their locks cut and property stored for 30 days. Call Mr. Tauaese at 561-5051 for more information.

Taekwondo classes

The Reitenbach Institute of Taekwondo will be continuing classes in Taekwondo beginning Tuesday through May 30. Classes for adults will be held in the Main Gym, bldg. 63, from 11:30 a.m. to 12:30 p.m. Classes for children will be held at Fort Scott Gym, bldg. 1226, from 4 to 5 p.m.

For information, call Master Jerome R. Reitenbach at 992-3939, or see him at the first class.

PSF volleyball tournament

The Golden Gate Reserve Center won the Presidio preseason volleyball tournament by defeating last year's champs, LAMC, in two straight sets. Nine teams took part in this preseason double elimination tournament. Since then, five more teams have asked to enter the volleyball program, for a total of 14 teams. The league started April 1 and goes through the entire month. There will be four games on Mondays through Thursdays at 5 p.m., Gym No. 1, bldg. 63.

Game schedule:

Mon, April 8		
5 p.m.	Co. G, DLI-SF No. 2	vs.....USAG
5:30 p.m.	Co. G, DLI-SF No. 1	vs.....Co. H, DLI-SF
6 p.m.	6th Army	vs.....864th Engrs.
6:30 p.m.	LAMC No. 1	vs.....DPCA
Tues, April 9		
5 p.m.	JAG	vs.....LAIR
5:30 p.m.	LEC	vs.....GGR
6 p.m.	SF MI	vs.....Co. H, DLI-SF
6:30 p.m.	LAMC No. 2	vs.....USAG
Wed, April 10		
5 p.m.	Co. G, DLI-SF No. 1	vs.....864th Engrs.
5:30 p.m.	Co. G, DLI-SF No. 2	vs.....DPCA
6 p.m.	6th Army	vs.....LAIR
6:30 p.m.	LAMC No. 1	vs.....JAG
Thu, April 11		
5 p.m.	LEC	vs.....USAG
5:30 p.m.	GGR	vs.....Co. H, DLI-SF
6 p.m.	SF MI	vs.....864th Engrs.
6:30 p.m.	LAMC No. 2	vs.....DPCA

He lifts weights, pulls self up by bootstraps

by Jeff Smith

Every so often, you meet someone who seems bright, friendly and full of energy—the type of person that everyone enjoys meeting. If that person also happens to be one of the finest weight lifters in the entire armed forces and an outstanding soldier, you have the stuff that legends are made of.

SFC Orlando Jones of the post reenlistment office stands 5 feet 4 inches tall and weighs 135 pounds. Yet within that small frame lies the strength to bench press 280 pounds of steel. But what makes the most lasting impression on the observer are the qualities that make Jones a fine soldier as well as a champion weight lifter.

Jones' start as a weightlifter was anything but notable.

In June of 1981 he arrived in Germany; with his family still stateside, he began to pass the time by watching weight lifters in the post gym. After talking to some of them, Jones learned how to start a program of his own.

By October 1981 things began to fall into place and he really began enjoying the new challenge and mental discipline required to lift twice his body weight over his head.

"It was like taking a ball of clay and shaping it," Jones said of his early lifting. He added that lifting requires a thorough knowledge of the human body. Studying the body has intrigued Jones to the point that he hopes to attain a degree in sports medicine in the future.

By March 1982 Jones was ready for his first weight lifting competition. How did it turn out? "Pretty bad!" he said through a wide grin, "but I felt great afterward and learned a lot about diet and calorie intake from the other competitors."

More competitions followed. As Jones' results improved, so did his expectations.

In 1984 his hard work and talent paid off with an invitation to the All-Army weight lifting trials at Fort Bragg, N.C. There he was successful in his bid to become the Army's best in the 132-pound weight class and prepared for the 1984 Interservice Championships at El Toro, Calif.

"The opening ceremonies of the Interservice Championships is an experience I'll never forget," Jones recalled. He said that each of the four services entered the gymnasium from different corners, each dressed in their distinctive sweatsuits, representing the best their service could offer. It was very much like being an Olympian to Jones, who recalled that everyone treated the athletes with a gratifying respect.

The competition itself lived up to his expectations, too. Each weight lifter performed three events: bench press, squat and the dead lift. In the dead lift, the lifter raises the bar and holds it until the judge is satisfied the athlete controls the weight. Results of the three events are totaled to determine the champion.

Jones is proud of the bronze medal he earned for the competition, but he wants more. He hopes to make the All-Army team again in two years, take home the gold in the Interservice games and eventually get into the bodybuilding circuit.

Weight lifting is sometimes seen as a sport for people who aren't too bright, but Jones tries to present a different image as a role model for lifters and soldiers.

"I hope to show people that I am not all 'bronze' and no brains," he said.

For soldiers, Jones likes to point out that weight training is not just for lower-ranking enlisted people and said he feels that there should be more counseling for overweight, senior enlisted and retired soldiers. He added that obesity is an enemy and the Army should devise a strategy and attack it!

Away from the gym, Jones is no less impressive. An articulate, outgoing man, he entered the Army a high school dropout. Within seven years of enlisting, he graduated from high school, earned an associate degree and then a bachelor's degree. Now, he has his sights set on a graduate program at the University of San Francisco. While Jones downplays his athletic and academic achievements, it is obvious that he takes special pride in going from high school dropout to college graduate. And there's more.

In 1984, Orlando not only made the All-Army weight lifting team, but he was also the 3rd Armored Division's Reenlistment NCO of the Year. That award, coupled with a service award, brought him two Army Commendation Medals in one week last year.

Pretty heady stuff for a soldier who hasn't reached 30 yet.

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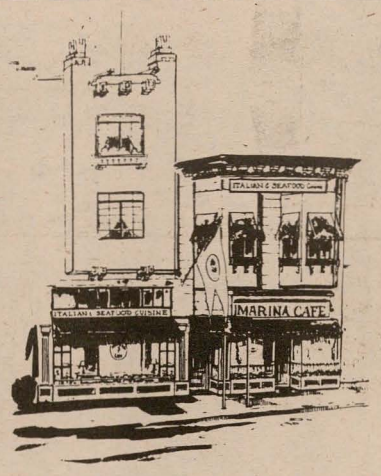

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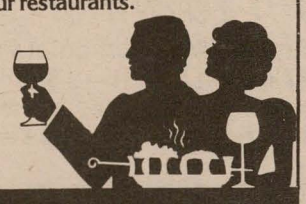

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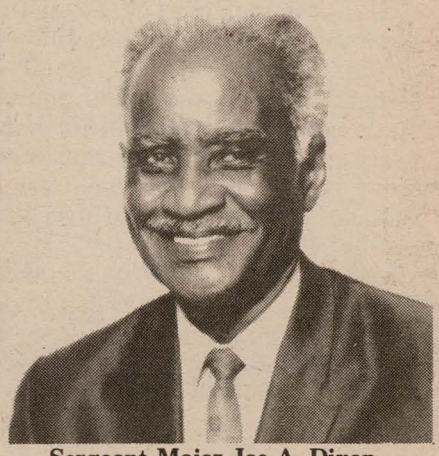

Sergeant Major Joe A. Dixon
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Civil servants: why do we feel so guilty? **page 2**

New GI Bill: some changes affect today's soldiers, **page 4**

CDC: see what next week's Open House offers, **page 5**

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Vol. 28, No. 16 "Published in the interest of the people of the Presidio of San Francisco." April 12, 1985

News Briefs

Blood drive winners

A total of 409 units of blood were donated during the first quarter Blood Drive.

Winners of the incentive prizes are as follows:

One free night at the Lake Tahoe condo—winner: Betsy Odom, DPCA

Dinner for two—winners: Sp5 Sersernne B. York, DLI-SF and Sp4 Lynn Hadley, DLI-SF.

Theater tickets—winner: Capt. Eugene Dickerson, INSCOM.

Free bowling—winners: Pvt. 1 Francis V. Lynch, DLI-SF; Pvt. 2 Charles Vaughn, DLI-SF and Pvt. 2 Colin D. MacNeil, DLI-SF.

Box of candy—winners: Dee Maxwell, LSB; SFC Earl T. Gravile, IG and Pvt. 1 Robert Tucker Jr., DLI-SF.

Blue Cross, Blue Shield

Bernice Morgan, a Blue Cross, Blue Shield representative will be at the Presidio on Tuesday. She will be available from 9 to 11 a.m. at the Civilian Personnel Office (CPO), bldg. 37, to meet with people who may have questions or problems concerning their policies.

Those who wish to see Morgan are asked to bring all paperwork relating to their question or problem.

Please call JoAnn Smith at the Civilian Personnel Office at 561-5757 to make an appointment.

EO executive seminar

An EO Executive/Middle Management seminar will be held April 26 from 9 to 11 a.m. at the NCO Club, bldg. 135.

Attendance of all Presidio executive-level officers and civilians, directors, division chiefs and senior (E7-E9) NCOs is required at this seminar.

The topic of the seminar will be affirmative actions.

Point of contact is SFC Durant or 2LT Koster at 561-3701 or 561-4602.

Benefit from BSEP

People can benefit from the Education Center's Basic Skills Education Program (BSEP) in many ways. Soldiers can prepare for the SQT or raise their GT scores above 100 for purposes of retention, promotion and military schooling.

Their adult family members and civilian employees can prepare for the high school equivalency test (GED), thereby enabling them to find a job or move into a position with upward career potential.

Call the Education Center at 561-4445 or 561-2974 for more information.

Let's get physical!

by Kathy Canham

"I really should get a medical checkup, but... I'm too busy at work, my boss won't give me the time off, I feel okay so why go looking for trouble, it's a hassle getting an appointment, I hate waiting for doctors."

Reasons why people don't get medical checkups form one of the longest entries in the "*World's Greatest Excuses Book.*" If you care about your health but find yourself thinking up excuses to avoid an exam, then come to the Presidio's Health Fair on April 17. You can get a free one-stop checkup on your general state of health at the fair.

Letterman Army Medical Center is hosting the fair and invites the Presidio's active duty soldiers, military retirees and Department of Army civilians and their families to attend. The fair will be at Harmon Hall, bldg. 649, next Wednesday from 8 a.m. to 3:30 p.m.

The fair will offer an assortment of examinations, exhibits and consultants to assess your health, answer your questions and arouse your curiosity about healthful living. Medical experts and volunteers will give breathing capacity, blood pressure and urinalysis tests; hearing, oral health, foot, skin cancer and glaucoma screenings; and breast, testicle and prostate examinations. As you leave the fair, physicians will explain the results of your examinations to you.

Knowing how well your body is faring is the first step in improving your health. The exhibits and consultants at the fair will help equip you with the knowledge to actively pursue better health. There will be information available on stress prevention and management, healthful exercising, preventing sports injuries, diet and nutrition, occupational health and drug and alcohol problems.

Bus schedule

You can reach the fair easily by taking the post shuttle bus. To help you plan for your day at the fair, a modified schedule for the shuttle bus is shown below.

From Fort Scott/DLI: The bus leaves from Scott Hall once an hour between 7:45 and 9:45 a.m. Starting at 11:35 a.m., the bus runs once an hour until 2:35 p.m.

Pickup points and times for the first morning run are: Fort Scott Chapel, 7:51 a.m.; Fort Scott PX, 7:53 a.m.; Kobbe and Upton, 7:54 a.m.; BEQ, bldg. 1347, 7:54 a.m.; DLI, 8:01 a.m.

Through housing areas: After its DLI stop, the bus will go to Lincoln and Brooks, 8:04 a.m.; South Pershing and Lincoln, numbers 1596, 1597 and 1598 Pershing, North Pershing and Lincoln, between 7:01 and 7:05 a.m.; Kobbe and Harrison, 8:11 a.m.; numbers 1407 and 414 Washington, 8:11-8:14 a.m.; and 342 Arguello, 8:16 a.m.

Main Post: The bus will continue to the post theater and Finance, 8:18 a.m.; CPO, 8:19 a.m.; post bus station, 8:21 a.m; and Crissy and McDowell, 8:23 a.m.

The bus will arrive at and leave from Harmon Hall once an hour from 8:24 a.m. to 10:24 a.m. and from 12:14 p.m. to 3:14 p.m.

Because of the route the shuttle follows, it is not practical to take it from LAMC, LAIR or the main gym. People at those locations should take the bus from the post bus station at the times listed above.

"My boss won't give me the time off" can't be used as an excuse for missing this fair. The Presidio's commanders are granting two hours of administrative leave to civilian and military employees to attend.

If you are eager to sweep away all excuses and to become more aware of your health, come to the free fair. "Every body benefits"—that's the fair's theme and promise. So start yourself and your family down the fairway to health by coming to Harmon Hall on Wednesday between 8 a.m. and 3:30 p.m.

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Opinions

TAKE A BITE OUT OF CRIME

Walking wallets strike again! During the month of March, nearly 20 wallets and purses were stolen from desks, nightstands, automobiles and coat pockets.

These wallets and purses were stolen more for the cash contents than for the credit cards or personal memorabilia. The majority of these wallets are never found again, meaning the owner has to replace his or her driver's license, credit cards, bank cards, etc. Then there are the irreplaceable items like pictures of family, business cards, etc.

The most tragic thing about the theft of most of these wallets and purses is that they were stolen due to the owner's fault! Over 90 percent of the wallets and purses stolen were left **unsecured!** The owners created the opportunity for their personal belongings to be stolen. A person who commits thefts of this type looks for the opportunity (an unsecured purse or wallet). If he finds it, he takes advantage of it. If the opportunity is not there, he will not have anything to steal.

A thief needs three things to commit a successful crime:

- The means (an empty office);
- The motive (needs money); and
- The opportunity (an unsecured wallet or purse).

The thief will always have the motive and means to commit a crime, but it is up to us, the community and the individuals, to deny him the opportunity.

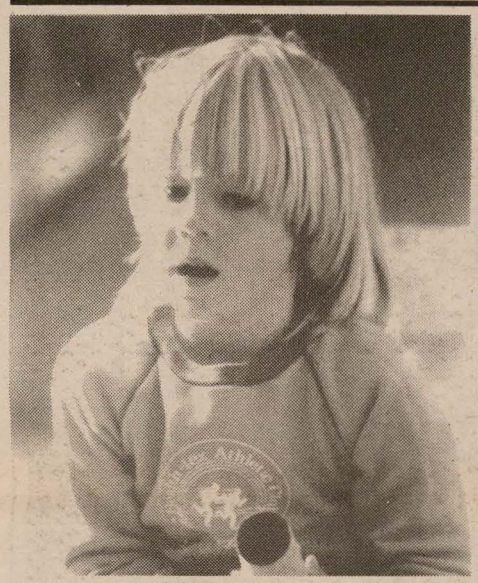
Save yourself the heartache and hassle of losing your wallet and all its contents, secure your personal property while at work (and if a patient at Letterman). Join the ranks of the crime fighters and deny a thief the opportunity to strike.

Crime Report

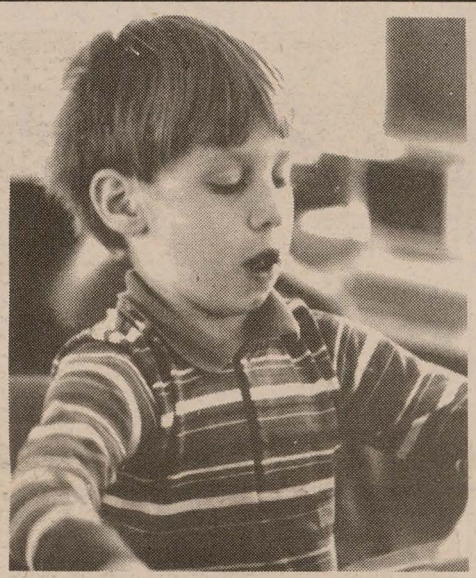
- A necklace and ring were stolen from a room in the troop billets.
- A wallet was stolen from an unattended jacket in the commissary.
- A CB antenna was removed from a car in the Letterman parking lot.
- Two people were apprehended for suspicion of driving under the influence of alcohol.

Ramblin' Sam

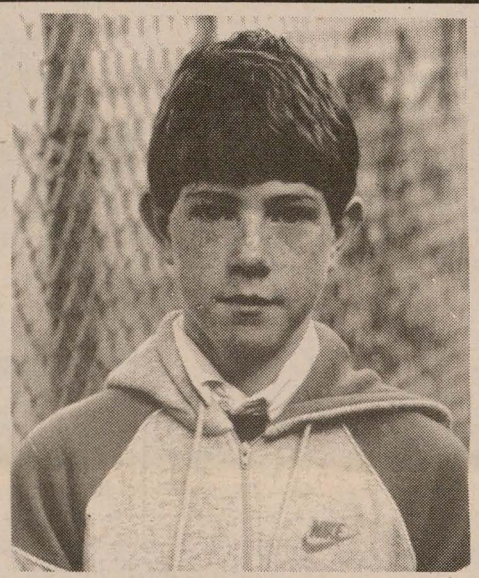
How does being a military child affect your life? Do you like military life?



Sarah Bundy, age 5: "I want to be in the military when I grow up. I want to be an officer. I want to work at DLI where my daddy works."



Robert L. Shippey, age 7: "I like being a military child because I get 25 cents every day."



Ryan K. Pryomski, age 9: "Yes, because my daddy makes a lot of money."

Christina Thompson, age 11: Yes, because you get to move around a lot and see a lot of stuff."

The civil servant—mad as heck, not gonna take it

by Jim Hudgins

How many government employees does it take to screw in a lightbulb? Those of us in the "system" know that the answer is one, and that one employee will do it efficiently and loyally. However, many people outside of the system, i.e., that great, faceless mass known as "taxpayers," innocently believe that the real answer is 355...one to turn the bulb, 54 to process the paperwork and 300 to work under an outside contractor who got the job as the lowest bidder.

I'm being silly...but only a little. Especially this time of year when our fellow feds in the IRS get ready for another season by throwing out the first audit. (Nooooo....the "I" does not stand for Inquisition.)

I am certain that most of you reading this article feel the same way I do about working as a "civil servant." It is an honorable and satisfying calling, one with plenty of challenges and an opportunity to *do* something for your country without wearing a uniform or carrying a weapon. I feel good about what I do —when I'm with other federal employees or by myself. See if what I'm about to relate doesn't hit you where you live just a little.

You are at a social gathering with people that you are semi-acquainted with, or at a long-planned family reunion with a load of people that you are semi-related to. You know that it's just a matter of time before a smug neighbor (the one with the Great Dane that has a romantic attachment to most of your shrubs) or a smart-alecky cousin named Bubba (who spent the happiest seven years of his life in high school) will ask you that dreaded question, "Well, Cuz, what is it that *you* do for a living?" This is usually asked after the observation has been made that you've put on a few pounds—but not to worry, on *you* it looks becoming. The only "becoming" is the fact that you're becoming both tense and a tad nauseous.

Not wanting to appear either unneighborly or a poor relation (although you'd like to send the questioner to a convenient salt mine), you swallow the bile rising in your esophagus and mumble/cough your answer as quickly as possible... "Well, I'm a...ahem...sigh...ah... federal employee." You say this while checking the shine on your tennis shoes and avoiding eye contact.

As the fear sweat starts to bead on your upper lip, you pray that if there is a God, he'll make this bozo go on to another subject. But, invariably, the next response is "Excuse me. I didn't quite hear that....what did you say?"

You know in your heart that he *did* hear you, but for some past sin, you are going to have to repeat your answer. And you say, in a little louder voice, "Alright, I'm guilty...I work for the government...your taxes pay my salary...I get nine paid holidays a year....mea culpa, mea culpa!"

The questioner doesn't say anything right away, but you can tell by his expression—that controlled

please see page 3

The **Star Presidian** is published weekly by Coast Publishing as a civilian enterprise in the interest of the military and civilian personnel at the Presidio of San Francisco, California.

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The civil servant continued from page 2

look one gets when sipping unsweetened lemonade—that you deserved the disdain he's felt for you for some unexplained reason. Oh, well, you didn't really want to be the life of the party, or be remembered in some distant uncle's will.

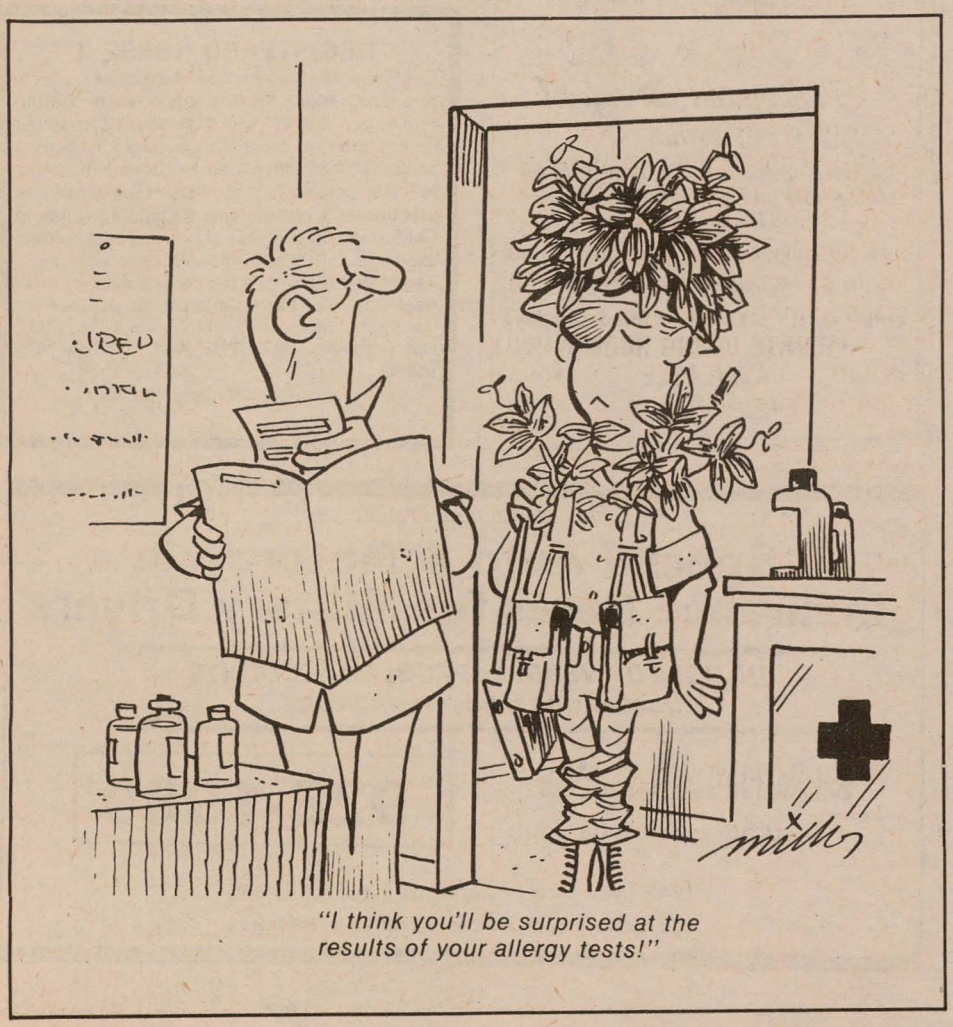
I say enough is enough! I contend that after years and years of undeserved criticism and scorn, we have been our own worst enemies. We've read so much about abuses in the "system" and heard so many jokes made about our ineptness (after all, Senator Proxmire doesn't give awards to steamfitters, does he?) that we tend to accept the abuse. Our attitudes and our work atmospheres need to be uplifted. It's very much like coming home from a hard day at the office and seeing the family dog scurrying away with his tail between his legs. You don't know what he did wrong, but he looks so guilty, you just know that you are going to step in it sooner or later.

The bottom line is that yes, there are some problems with the "system" and, yes, there are some federal employees who are malcontents and laggards. But, by and large, the overhwelming majority of us in government service are dedicated, hardworking individuals who do not deserve the abuse or blame we've been getting from all directions. Nor will the economy be revitalized merely by cutting our salaries or benefits.

What I'm suggesting is that we start a campaign to re-establish a little pride in what we do. Don't slouch because you're in government employ, walk tall! Don't hesitate to respond to the question of what you do for a living with a resounding "I'm a civil servant, and damn' proud of it!" I can't wait to see that neighbor with the Great Dane or my half-witted cousin at the next reunion. Boy, have I got an earful for them!

The Lighter Side

"Night guard duty. . .you mean when it's dark?"



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YOUR FIRST APPOINTMENT IS WITHOUT CHARGE

Education

What the new GI Bill means to current soldiers

by Jeane Redsecker

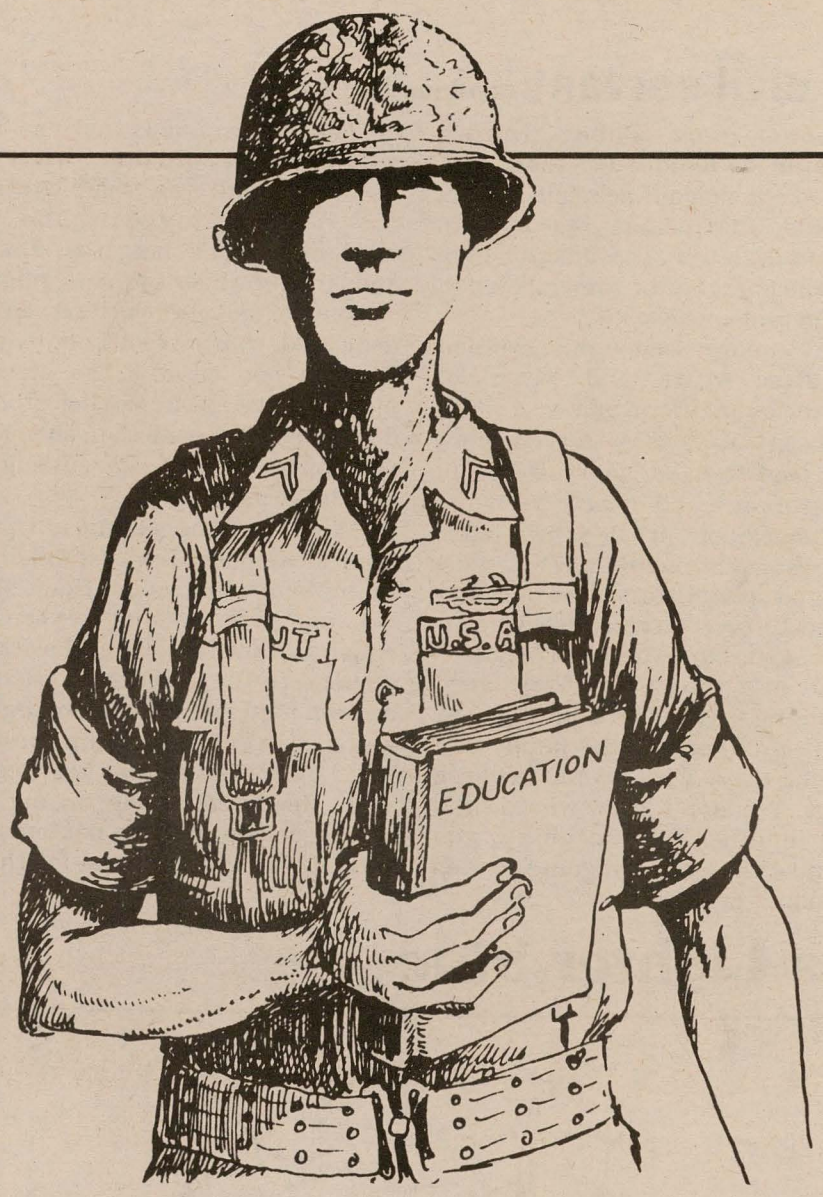
If you are eligible for the old GI Bill, chances are you will be influenced by parts of the new GI Bill, unless you have had a break in service since December 31, 1976.

The new law offers soldiers an opportunity to qualify for a combination of benefits, if they remain on active duty until at least July 1, 1988. These soldiers may use their old GI Bill benefits until December 31, 1989, and then can begin to draw on both the new GI Bill and half of their remaining old GI Bill entitlement. Soldiers or veterans who have used all 45 months of their old GI Bill by December 31, 1989, will not be eligible for benefits under the new GI Bill.

You may use up to nine months of your old GI Bill before December 31, 1989, and still qualify for the maximum benefits under the new law.

Let's take an example of a soldier with two family members who entered active duty July 1, 1968, and stays in the Army until retirement on July 31, 1988. If he has at least 36 months of his old GI Bill remaining on January 1, 1990, and attends school fulltime, he will be paid $300 a month of new GI Bill benefits *plus* $225 a month of old GI Bill for 36 months ($45 more than the regular old GI Bill monthly rate). If the soldier has fewer than 36 months of old GI Bill left, he or she will receive $555 for that number of months. Veterans who attend school halftime instead of fulltime receive half of these amounts for twice as long.

If you are still confused about your education benefits or would simply like to sit down with a counselor and discuss your situation, call the Fort Scott Education Center, bldg.1216, at 561-2974, or the LAMC Education Center, bldg.1007, at 561-4030.



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REGISTERED NURSE II
California Medical Facilty, Vacaville is accepting applications for Registered Nurse II. Starting salary is $1897 with $200 retention pay per month, after six months of satisfactory service salary is $1989 pluse $200. Requirements are as follows: possession of legal requirements to practice as a professional Registered Nurse in California and one year of professional nursing experience in California state service as a Registered Nurse or a facility licensed for Inpatient Care. For further information contact the California Medical Facility, Vacaville, 1600 California Ave., P.O. Box 2000, Vacaville, CA 95696.
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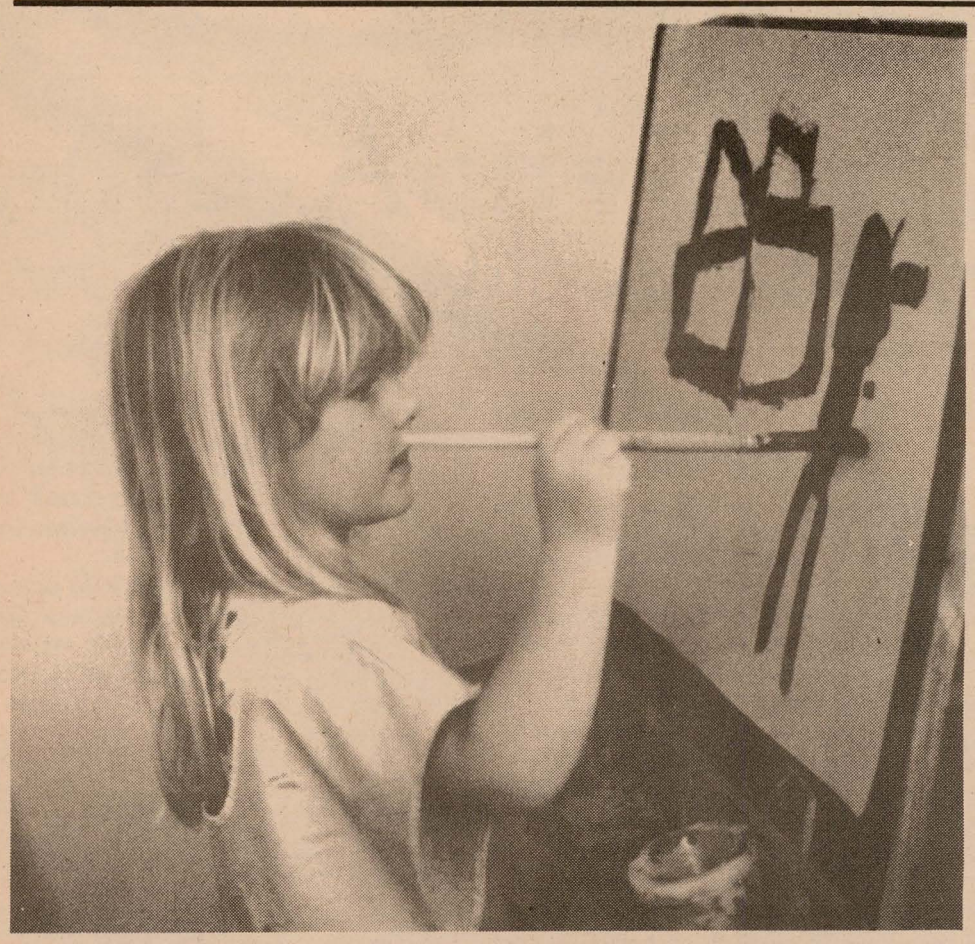

photo by Bob Walker
Elizabeth Burzo, 4, paints a picture at the Child Development Center.

CDC slates Open House

by Bob Walker

When Col. Eugene D. Hawkins, post commander, received his invitation to the Child Development Center (CDC) Open House, 2-year-old Jessica Burzo told him that she would be making the spaghetti for the Open House dinner.

The CDC Open House is Wednesday from 5 to 7 p.m. All classrooms will be open with the children's artistic creations displayed for all to see and enjoy.

A slide program of CDC children will be shown four times during the evening.

Also a videotape on sexual abuse prevention will be shown. A Hollywood crew filmed the tape which aired on television last fall. According to John Gunnarson, CDC director, the film features the Presidio program.

Is the Presidio's sexual abuse prevention program really that good?

The Department of the Army certainly thinks so. The Army will be bringing six people from Europe, two from Japan and 12 from various CONUS (continental United States) locations here in September to train people on the subject of sexual abuse prevention. So, the Presidio CDC has indeed demonstrated its concern and knowledge on the subject of preventing children's sexual abuse.

On April 20, the Presidio CDC will co-sponsor a Joint Services Child Care Conference at the Treasure Island Child Care Center from 9 a.m. to 4 p.m. According to Gunnarson, "We were kind of the founding force that got it going. This is the second such conference. Last year's, the first, was held at the Presidio."

So come on out to the CDC Open House and learn more about programs to help both parents and children. Maybe you won't find Jessica making spaghetti, (though there will be a spaghetti dinner), but you will find it an evening packed with fun and information about the CDC as part of the "The Month of the Military Child."

A child's eye view of life in the military

by Liz Greeley

Military children lead a different life from most of their peers. Every few years they're uprooted from home and school and must adjust to a new home, a new school and new friends.

Not only do they have to make new friends in their new home, but that new home could as easily be in Fort Polk, La., as Frankfurt, Germany, or Vicenza, Italy.

Yet, 6-year-old Jarred Parker, the son of Sgt. Dolores L. Parker of 6th Recruiting Brigade, Fort Baker, says he likes the Army.

"I'd like to be an officer and—I like to do paperwork," he said when asked what he wants to be when he grows up.

What does his mother say about the Army?

"She said it's pretty good," Jarred said.

Robbie Betts, 8, is the son of Medical Hold Company 1st Sgt. Charles R. Betts. Robbie said he hasn't noticed any big differences between military and civilian kids.

However, Robbie does admit that making new friends can be hard sometimes, though he has some advice to offer.

"If you see any kids you'd probably ask them if they could be your friends," he said, adding that he has a lot of friends now.

The drawbacks to military life, from a child's point of view, can be somewhat different from an adult's.

"Well, you just can't stay home by yourself, because you have to be over 10 or 11 to stay home by yourself," Robbie said.

According to Robbie, he doesn't care to come to the Child Development Center when his friends aren't there.

On the other hand, Jarred says the only thing that bothers him is his brother.

Richard A. Velez, 14, is the son of SP6 Sharon R. Velez, a biological research assistant at Letterman Army Institute of Research. Richard did have a couple of drawbacks to military life to add to the list.

"One thing—you have a little more space to roam, than if you live on the Presidio; the city's bigger," Richard said.

"As a civilian kid, you don't have to obey all the rules they have on the Presidio that they're really strict about.

"For instance, they're strict about crossing streets safely. You get caught jaywalking and the MPs—they can be a little upset about things," he said.

What does he mean by a "little upset?"

"They just give you a big lecture about it. I've gotten in trouble over things like that before," he said.

On the plus side, Richard talked about on-post prices, the woods to roam in, the beach and the theater.

About what he liked best, he said he couldn't decide.

"I really don't know. I like almost all the things about the Presidio, it's kind of hard to choose."

As the mother of a military child, Richard's mom sees differences between military and civilian life, too.

"I've seen some differences in terms of neighbors who care, because I have a [civilian] friend who's a single parent," Velez said.

"Her kid goes home and, most of the neighbors they know, but one time the kid got locked out and the neighbors wouldn't let him use their phone to call mom or anything like that.

"Richard's locked himself out a couple of times and neighbors are willing to let him use the phone to call me so that I knew he was locked out.

"I think there's much more sense of community in the military than out in the city," she added.

The main thing Velez likes on post are all the activities for kids—from arts and crafts to tennis lessons and swimming.

The Presidio does have a lot to offer families. But possibly the best advertisement for life as a military child is that each child and parent interviewed was asked, "If you had it to do all over again, would you?"

Everyone said "yes" to life in the military.

At the movies

Presidio Theater

Fri, April 12	Turk 182 (PG-13)	7 p.m.
Sat, April 13	Into the Night (R)	7 p.m.
Sun, April 14	Into the Night (R)	2 & 7 p.m.
Mon, April 15	Into the Night (R)	7 p.m.
Tue, April 16	The Jigsaw Man (PG)	7 p.m.
Wed, April 17	Fast Forward (PG)	7 p.m.
Thu, April 18	Dune (PG-13)	7 p.m.

Schwartz Theater

Mon, April 15	Turk 182 (PG-13)	7 p.m.
Wed, April 17	Into the Night (R)	7 p.m.
Thu, April 18	The Jigsaw Man (PG)	7 p.m.

Hamilton Theater

Fri, April 12	Solo (PG)	7 p.m.
Sat, April 13	The Looney Bugs Bunny Movie (G)	1 p.m.
Sat, April 13	Teachers (R)	7 p.m.
Wed, April 17	Never Say Never Again (PG)	7 p.m.
Thu, April 18	Phar Lap (PG)	7 p.m.

Youth Activities

That championship season begins!

by Karl C. Rankin Jr.

April is the month when things start hopping, jumping, batting, sliding, hitting and rolling for the children of the Presidio.

For the Youth Activities Office it's also a time to get actively involved in programs for children.

By the end of April, baseballs will be batted, bunted and blasted over outfield fences as baseball season slides into action. The season begins April 27 at Pop Hicks field at 1:30 p.m.

Other activities planned for April are softball for kids ages 12, 13, 14 and 15. The league practice begins in April and play begins in May. Also, volleyball for youngsters in grades 7 through 12 starts slamming April 30 from 4:30 p.m. until 5:30 p.m. at gym No. 2. Some other activities for children which have already begun are gymnastics at the main post gym on Mondays from 4:30 to 6:30 p.m.; wrestling on Wednesday and Friday from 5 until 6 p.m. and ballet at the Fort Scott Chapel on Monday, Tuesday and Thursday at 4 p.m.

According to Mary Metheany, sports director for Youth Activities, "We're interested in providing a variety of creative and interesting programs for the youth. Also, we work in close contact with all our volunteers to assure a stable program. We are always improving on new and old programs to encourage involvement of the youth on post," she said.

"We can't neglect all the people who volunteer their time on days, evenings and weekends to make our programs work," said Bartley P. Porter, Youth Activities director. "They make it work," he added.

Though it may seem like work at times, there is no greater pleasure than children's smiles, laughter and growth as they take part in the many Youth Activities sports and events.

photo by Karl C. Rankin Jr.

Nine-year-old Marc Gonyea really gives it all he's got on the baseball field.

photo by Karl C. Rankin Jr.

Nicole Smith, 2, took part in Youth Activities' Easter egg hunt April 6.

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Akil Whitaker, 7, uses his own inimitable style to get the bowling ball rolling.

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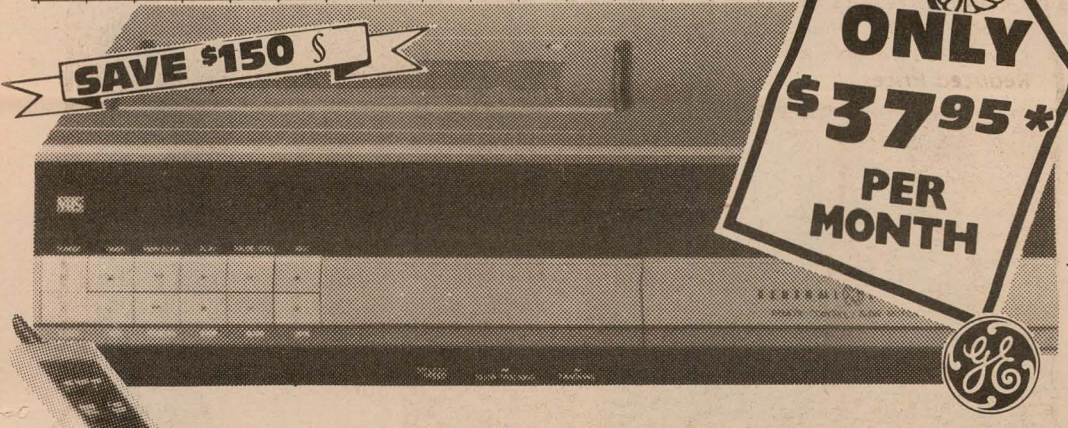

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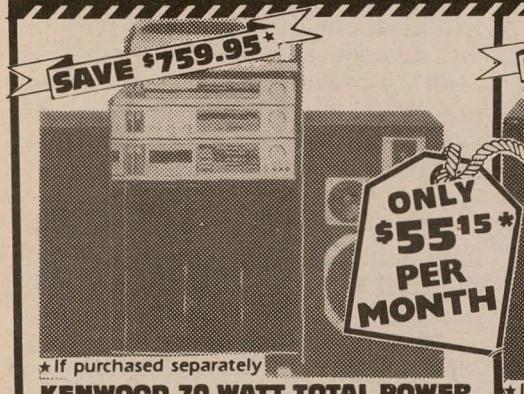

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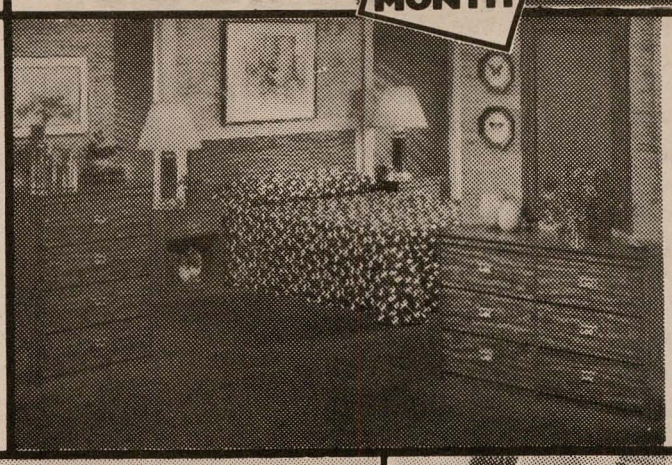

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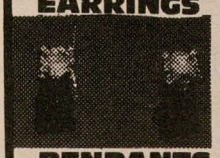

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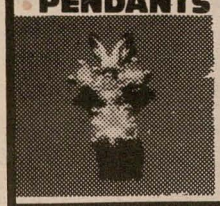

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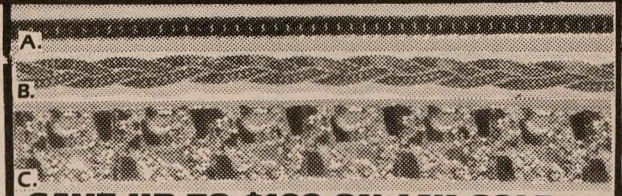

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Community Calendar

Flea market

The Presidio Thrift Shop will hold a flea market on May 4, from 10 a.m. to 1 p.m. at bldg. 204. Come on out and bring your own table; cost is $5 for one space and an ID card is required.

This is subject to change depending on weather conditions. For more information, call the Thrift Shop at 922-3384.

Are you ready for an earthquake?

If you're like most people, you're not. Plan ahead now! Find out all about earthquakes and what you can do to prepare for one by coming to the Presidio Natural Disaster and Earthquake Preparedness Seminars. The Directorate of Plans, Training and Security (DPTSEC) is hosting multimedia presentations at the post theater on April 17, 18 and 19 at 10 a.m. for the military response for an earthquake, and at 1 p.m. for the individual and family survival presentation.

We must be able to ensure the survival of the Presidio in order to successfully maintain our ability to provide assistance for the total federal recovery effort. It is vital that every member of the Presidio community have a clear understanding about what he or she is supposed to do during a major earthquake and what actions to take *now* to prevent needless injury or property loss.

Earthquakes are a fact of life here in the Bay Area. During the last major earthquake, in 1906, the Presidio was instrumental in putting San Francisco back on its feet. If an earthquake of that magnitude once again struck the area, the effects would be devastating. So prevent needless injuries and fatalities! Come to one or both multi-media presentations at the main post theater.

For more information call Tom MacKenzie, DPTSEC Plans officer, at 561-3636 or 561-3961.

The public is encouraged to attend this important presentation!

photo by Karl C. Rankin Jr.

Playing favorites?

No, the Easter Bunny is just helping one of the smaller kids who took part in the Youth Activities Easter egg hunt at Paul Goode Field last Saturday.

Summer theater

The American Conservatory Theater has announced June 17 through August 24 as the dates for its 1985 Summer Training Congress, an intensive introduction to professional theater. The application deadline for the full-time, 10-week theater training program is May 1.

Classes for the training include acting, jazz, combat, voice, Shakespeare, tap, speech, ballet, yoga, Alexander technique, dance and text, in addition to workshops and seminars on special subjects like theater history. The final week of the Congress culminates in students' presentations of their own scenes for evaluation by the faculty, made up of A.C.T. trainers, acting company members and distinguished guest instructors.

Students completing the course will earn approximately 16 semester units. In addition to theater novices, the Congress can also benefit teachers, professionals and those who would like to re-enter the field. Guaranteed student loans, Pell Grants and some special scholarships are available to assist students.

Minimum age of the course is 17. More information on how to apply can be obtained by calling Emilya Cachapero, registrar, at (415) 771-3880.

Slurry seal

A special application of slurry seal will be applied to our major parking lots and some streets this week. The Military Police and the company doing the construction will do everything in their power to make this project go as smoothly as possible.

The following schedule will be followed by the contractor:

April 12

1) One-third hospital; 1800 area

2) Parking lot around bldg. 230, off Gorgas

3) One-half Main Post Exchange area, near bldgs. 603, 605.

April 13

1) Letterman parking lot, off Edie Road

2) Main parade ground, all

April 14

1) Northern half Letterman

2) Gorgas Avenue, Lyon to Halleck

3) Marshall Street, Mason to Gorgas

April 15

1) Mason Street, Marine Blvd. to Halleck

2) Freeman Street plus parking lot near bldgs. 85, 86, 87

3) Bachelor Officers' Quarters parking lot

April 16

1) Park Boulevard, Washington to Lincoln

2) Military Police parking lot, between Graham and Keyes

3) Halleck Street plus parking, Mason to Lincoln

...the write stuff...

by Richard Wetzel

Touche'...I have a dream, so don't shoot till you see the whites of their eyes, coz you may have won the battle but the war isn't over with yet...besides, I cannot tell a lie (I freed who?) so damn the torpedos and full speed ahead...Four score and seven years ago, I said I shall return, so give me liberty or give me a longer deadline...Play it again Sam and then tell me, is it live or is it a flashback..."Can I quote you on that, sir?"

"Bits and Pieces II" (no relationship to *"Friday the 13th Part V"*), a musical comedy revue, is being presented by the Young People's Musical Theatre Company of the San Francisco Recreation and Park Department, April 19 and 20 at the J. D. Randall Junior Museum...call 558-3601 for mo' info...

How's come' (that's a bastardized contraction for "how has it come to be") the Presidio Gate Apartments are located outside the Lombard Gate...or hadn't you noticed...Either change the name or move the building...we're the Army on the other side of the wall and we have enuff confusion as it is...

Bits and Pieces Part XIII (no relationship to *"The Texas Chainsaw Massacre"*)...The San Francisco International Film Festival is already in progress and continues through April 21 at the Palace of Fine Arts. For info call 221-9055; for tickets call 775-2021...A course in Chinese brush painting will be offered by the S.F. Recreation and Park Dept. on Tuesday. Call 558-4394 for details...The 1985 International Boat Show starts tonight, and continues through April 21 at Mariner Square, Alameda...

It may or may not affect most of us if Army installations raise the drinking ages to conform to state laws, but you gotta feel for that 19-year-old private who's regulated to downing a stiff iced tea after a hard day at the office...Supposedly, this would reduce the number of alcohol-related vehicle accidents...If you want my opinion (shut up!) it would seem easier and perhaps more efficient to simply raise the driving age to 21...this might solve more than one problem...And speaking of hair-raising thoughts...Instead of the Army constantly battling hair length, wouldn't it be simpler to have surgeons whack off the ears in basic training...maybe relocate them...say closer to the ankles...well it was just a thought...and not even totally mine...

Bits and Pieces Part XIV (no relationship to "Dawn of the Dead")...Volunteers are needed to help with a variety of chores during the March of Dimes Walkathon, scheduled for April 28...call 448-7400...The Schweppes $40,000 International Tennis Classic will be at the Berkeley Tennis Club April 17-21; call 435-2226...Learn to cook Greek specialties at Saturday and Sunday workshops, call 826-5886...

MEEWSIC REVISITED...*Julian Lennon* will make two local appearances at the Warfield Theater May 5, 6...*Chicago* brings its brassy sound to the Oakland Coliseum April 26...*Spandau Ballet* will be at the Henry Kaiser C.C. April 22...Season tickets to the 28th Annual Monterey Jazz Festival (September 20-22) are now on sale ($74, 69.50, 64.50 plus $3 handling) and are available by mail; P.O. Box JAZZ, Monterey, CA 93942...

Bits and Pieces Part XX (no relationship to *"The Exorcist"*)...Fort Mason will play host to the S.F. American Indian Arts & Crafts Show and Sale, tomorrow and Sunday, 11 a.m.-9p.m...."Every Body Benefits" at the Health Fair, presented by the Letterman Army Medical Center, Wednesday at Harmon Hall...

On the other hand: If you can't beat 'em, join 'em, coz only the good die young, but the sun will return tomorrow, especially if you saved for a rainy day, becoz, love is a many-splendored thing, when it's cold as hell, so if you can't stand the heat, get out of the kitchen and if that's calling the kettle black, then so be it.

Sports

Fort Scott softball fields

Reservations for the use of the Fort Scott softball fields are now being accepted by the Sports Branch, 561-5032 or 561-4131, on a first-come, first-served basis. Reservations will be limited to one hour, which must be used before another reservation is accepted.

Units with confirmed reservations must pick up the authorization slip from the Sports Office in bldg. 63, Gym No. 1, to preclude being denied use of the field.

The softball fields will be open for reservations only during the following days and hours:

Sunday—9 a.m. to 7 p.m.; Saturday—11 a.m. to 7 p.m.; Monday—6:30 p.m. to 7:30 p.m.; Tuesday—4:30 p.m. to 7:30 p.m.; Wednesday—6:30 p.m. to 7:30 p.m.; Thursday—4:30 p.m. to 7:30 p.m.; Friday—4:30 p.m. to 7:30 p.m.

The following days and hours are reserved for the post men's and women's softball teams:

Monday and Wednesday—4:30 p.m. to 6:30 p.m.; Saturday—9 a.m. to 11 a.m.

For more information about the Fort Scott fields contact Bobbie H. Gascon, sports director, at 561-4120 or 561-5032.

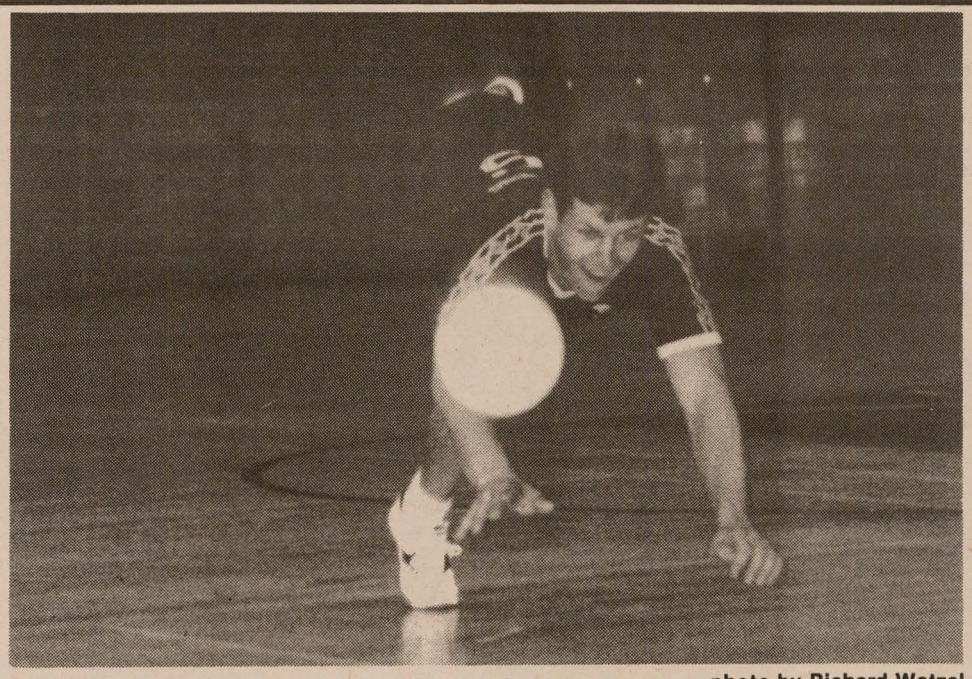


photo by Richard Wetzel

Dive! Dive!

Jack Rogers tries for a diving save during the men's trials for the All-Army Volleyball team.

Intramural Golf League standings:

Unit	Won	Lost	Tied
6th Army	3	0	0
LAMC	3	0	0
LAIR	2	1	0
LEC	1	1	1
Readiness Group-PSF	1	1	1
USAG No. 1	1	2	0
USAG No. 2	0	3	0
6th Army Band	0	3	0

6th Army and LAMC continued to remain undefeated in match play in the intramural golf league. They will play each other on April 18 and this key match should decide the league championship.

Key players for 6th Army are Allen Mauldin and John Dobbs.

Leading the way for LAMC are Joe Gardner and Richard Harding.

Over-30 softball

Plans are new being made to organize an over-30 coed slow pitch softball league. People interested in participating are urged to contact the sports director at 561-4120 or 561-5032 for more information.

YA baseball officials needed

Youth Activities is looking for qualified baseball officials for the upcoming baseball season.

The season begins April 27 and ends June 15.

If you are interested in making a little money and supporting the sports program—please give us a call at 561-5143.

Presidio soccer

The Post soccer team (A) continued its winning streak by defeating the Marin College Soccer team by a score of 8 to 5 in the game played March 31 at the Marin soccer field. The goals were scored by Brian Wenner (2), Dan MacGraw (2) and Ventura "Panama" Rodriquez (4).

The Post soccer team (B) in the second game of the afternoon won their first game of the season, defeating the Novato Soccer Club by a score of 5 to 1. Goals were scored by Benjamin Perez (2), Gretchen Howard (1), Jeff Cerny (1) and Fritz Meyers (1).

2 Presidians try out for All- Army Volleyball team

by Jeff Smith

Until April 18, the men's and women's trials for the All-Army Volleyball team will be held at the Presidio.

Each person trying out has a different background, motivation and goal, but two attendees are from the Presidio: men's coach John Funes and Sp5 Rosalina Lau of USA DENTAC, who is trying for the women's team.

It's 8 a.m., and a quiet Saturday morning on the Presidio. Inside Gym No. 1, the All-Army men's volleyball trials are continuing. In a silent, sleepy way the athletes go through their stretching exercises. None of them shows much emotion, just a resignation that they must stretch to prepare for the next few hours, when they will jump, lunge and smash volleyballs. Their goal is making the All-Army team and winning the Interservice Championships at Point Hueneme (near Santa Barbara), Calif., from April 22 to 26.

The men's team coach watches the warmup intently. Funes, intramural sports coordinator at the Presidio, expressed guarded optimism about the team.

"I'm real pleased with the progress so far," he said. He added that in recent years, the Air Force has dominated this event, but this year he feels that the Army has a good shot at the title.

Funes has the experience to make that kind of observation; he has been involved with the Army's volleyball teams for 17 years. Three of those years he was coach and the remainder of the time was spent as a player.

The men's trials started with 27 names selected by the Department of the Army to attend. Of that number, 19 arrived at the Presidio on March 27. By April 5, the number was down to 12.

"We have five players returning," Funes said, "but not very much height." This means that his team will have to rely on speed and execution more than some teams.

The Army team works on seven plays that have several variations to each. They are designed to eliminate two-man blocks and give his spikers a better shot.

"If you get past the block, about 60 percent of the balls will not be returned," Funes said. Blocking is an important part of volleyball. In men's volleyball, the net is 8 feet high. This means that players must be able to move quickly and leap high to block potential spikes from opponents.

That may not seem too hard until you consider that spikes are set up in carefully orchestrated plays and, when hit right, reach upward of 85 miles per hour.

The men's trials are hosting players from Korea, Alaska, Hawaii, Europe and CONUS (Continental U.S.). Coach Funes has only a few weeks to work them into a cohesive, working unit. "This team is one of the better ones, condition-wise," he said, noting there is no time for weights or working into playing shape at the trials.

Constant practice is needed to engrave the skills into the mind. "I can get more out of a guy in a half-hour game than in two hours of practice," Funes said, explaining the need for all of the sessions. He added that comparing practice to championships is like comparing a distance runner with a sprinter.

An hour before the men's practice ends, Rosalina Lau is in the gym applying ice to her knee. "I overdid my training before the trials, running and playing racquetball," she said smiling. Lau, who is from American Samoa, has been playing volleyball for 12 years, but this is her first shot at All-Army in the five years she has been in the service.

Some people may think that an All-Army training camp is like a vacation, but Lau strongly disagrees. "It's just like a job," she says, "I'm up at 5 a.m. getting ready, and when I go to bed each night I still think about the day's practices." The chance to attend the All-Army trials is something Lau has looked forward to.

"At home on Samoa, volleyball is a big sport," she said, explaining her prowess. To reach her goal of making the team, Lau has needed support from her family. Her mother is here to help her care for her three-year-old daughter during the trials, and hopefully, the Interservice championships.

Lau is impressed with first-time women's coach SSgt. Phillip Ibara. "He's concerned about us; he makes sure that everyone can make it each day," she said of Ibara's concern for injuries.

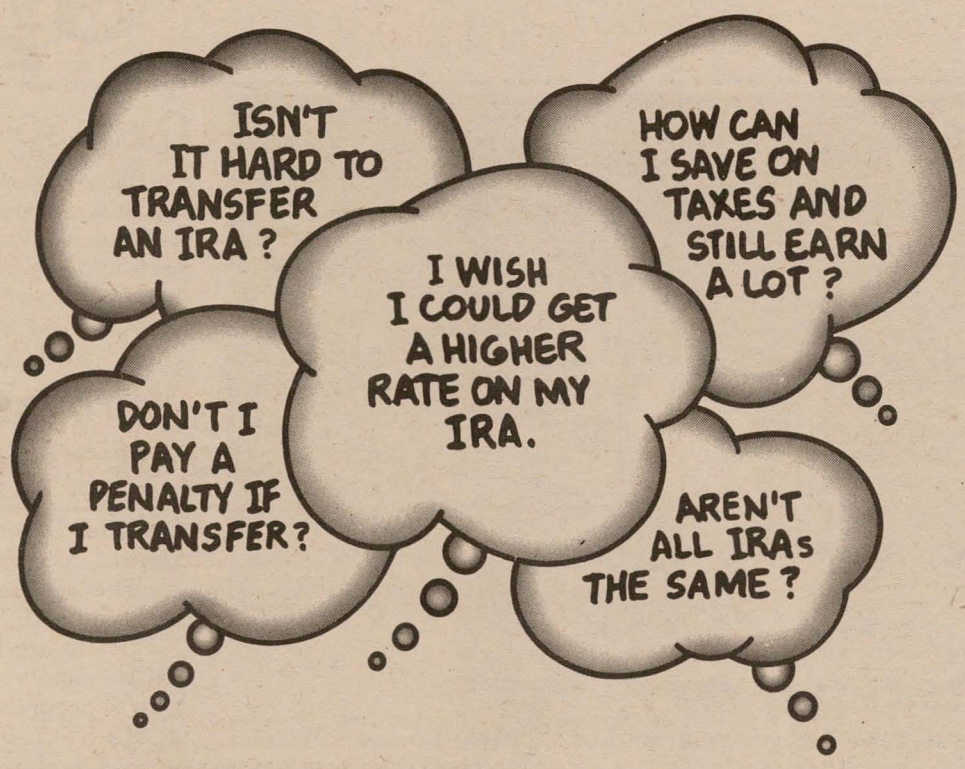
After ensuring the health of his charges, Ibara puts the team through roughly the same drills as the men. One difference in women's play is the net, which is 7 feet 4¼ inches high, compared to 8 feet for the men. That height is about 2 feet above Lau's head, but she has little trouble jumping and spiking the ball.

"The coaches make sure we are in shape," she laughs. Lau estimates that since the trials started, she has spent no less than six hours a day practicing volleyball. She then spends more time each night going over the day's practice.

Lau said she hopes that everyone on the Presidio will come out to watch the team practice before it leaves on April 18. Until that time, the teams will be playing a lot of scrimmages, starting around 7 p.m. in Gym No. 1.

From here, the teams will travel to Los Angeles to play some teams from that area before moving on to the Interservice Championships.

Coach Funes, Sp5 Lau and the rest of the athletes at the trials hope all of the strawberries, black and blue knees, atomic ointment and plain hard work will produce a winner for the Army.



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Star Presidian

Vol. 28, No. 16 "Published in the interest of the people of the Presidio of San Francisco." April 19 1985

News Briefs

Asian/Pacific-American Week

The week of May 4 through 11 has been designated as National Asian/Pacific-American Heritage Week.

The theme for this year is "Fulfilling America's Promises." The Presidio community will host several events. Watch for specific information from the Recreation Center and club system.

Disabled persons competition

The National Organization on Disability is sponsoring an awards competition.

The competing organization must be a nationally based, non-governmental, non-profit organization with chapters, affiliates, institutions or members throughout the United States.

Eligible organizations include associations in all fields: labor unions, professional societies, religious organizations, trade groups, cooperative leagues and other national network organizations throughout the country.

Competing organizations are not limited to those that work with or for the disabled.

Army installations or activities are *NOT* eligible to nominate organizations for this award.

The deadline filing date is April 30. For information on filing procedures please contact the National Organization on Disability at (202) 293-5960 or (202) 293-5968, 2100 Pennsylvania Ave., N.W., Suite 232, Washington DC 20037.

Resumé Class

A resumé class will be held at Letterman Army Education Center, bldg. 1007, from 11 a.m. to noon on Tuesday, April 30, May 7 and 14. The class consists of four days attendance and is free. To reserve a seat or for more information, call 561-3692 or 561-4030.

Post Chapel concert

Members of the Post Chapel and the Chapel of Our Lady choirs will be presenting a concert this Sunday evening. The program is entitled *Beau Soir* (Beautiful Night), and will feature choral, solo and instrumental music by French composers including Debussy, Fauré, Saint-Saéns, and Durafle. Accompanying the choir will be the Presidio Chamber Orchestra, and the "Presidio Brass" handbell choir. Works performed will include Fauré's *Requiem,* featuring Victoria DiMartini on the harp. *Beau Soir* will be presented free at the Post Chapel, Sunday at 7 p.m.

For more information, phone 561-3535.

photo by Karl C. Rankin Jr.

Traffic stopper

Rick Hansen stopped at the Presidio to talk to reporters on April 12 after he wheelchaired across Golden Gate Bridge. Hansen has already wheeled a thousand miles and has 25,000 miles left in his effort to support Spinal Paralysis research.

Purple Heart stature raised

by Bob Walker

Recent legislation elevated the Purple Heart to just below the Bronze Star, raising it above many peacetime service medals and giving recognition to the sacrifices made by servicemen and American civilians wounded while serving with United States forces.

Soldiers should immediately rearrange their service ribbons on their uniforms to reflect the change. Full-length photographs are *not* to be retaken solely for the sake of updating Official Personnel Files (OPFs). Soldiers who are awarded Purple Hearts after this change should have full-length photographs taken with service ribbons arranged in the new sequence.

According to Julio V. Sosa Jr., post awards clerk, "All the ribbons have to be changed on uniforms. That's one of the biggest problems—getting the word out to everybody."

What do Presidio Purple Heart holders have to say about the change?

Lt. Col. Kern W. Dunagan, Directorate of Industrial Operations (DIO) chief, said, "I like the change; the Purple Heart ought to be up there. I've already changed my service ribbons on my uniforms."

MSgt. Eugene W. Mitchell, NCOIC at the Directorate of Engineering and Housing, said, "I think the change is long overdue. In itself, the Purple Heart is not always a valorous award. The agony one goes through makes the new precedence long overdue."

Post chaplain, Col. Jerry D. Autry, awarded two Purple Hearts for his service in Vietnam, said, "I haven't thought much about it. With two Purple Hearts and 75 cents, I can still get a cup of coffee at the San Francisco airport USO."

What do they think about the Purple Heart itself?

Mitchell said, "I feel I earned it. I know what I did to get it." Mitchell's Purple Heart was awarded in Vietnam for shrapnel wounds he received. He added, "The Purple Heart is a token for those injured who have enough backbone and don't run away from the circumstances."

Dunagan has two Purple Hearts for wounds received on two consecutive days in Vietnam.

"I didn't earn them—I stood up when I should have been sitting down. Everyone was under the same danger; I just happened to be the one that got hit. The Purple Heart doesn't separate one soldier from another. You can get a Purple Heart for being in the wrong place at the wrong time. [Yet,] I'm proud of the service I serve," he said.

Autry echoed the same statement that everyone is in the same danger and that he is proud to serve his country.

But, regardless of one's thoughts about the Purple Heart, it is now time to rearrange service ribbons to conform to the change made raising the Purple Heart's stature.

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Opinions

Child Safety Day

As we all know, safety for children is a year-round concern however, special emphasis is placed on child safety for the week of April 21 through 27 because Child Safety Day is April 25.

McGruff is concerned that all children on the Presidio know how to act safely. If you would like a McGruff coloring book on child safety or an activity book, write to McGruff telling him what you are doing to help be safe at home and he will send you these books. Also tell McGruff how you are helping mom and dad in keeping your home safe. Mail or drop your letters off to:

McGruff the Crime Biter Dog
Office of the Provost Marshal
ATTN: Crime Prevention
Bldg. 36
Presidio of San Francisco, CA 94129

Here are some safety tips for children from McGruff that will help keep you, your friends and your family safe.

- Always tell your parents where you are going to play. If you change your mind, or go somewhere else, stop and call your parents to tell them.
- Always play in a safe place. Avoid driveways or other places where cars are parked.
- Play with a friend. Two together are safer than one.
- Never run into a street after a ball or other toy. Cross the street only at corners and only after looking both ways for cars and bicycles.
- Never get into a car or walk with someone you don't know. Get away from them as fast as you can and tell your parents immediately.
- When riding bicycles do so safely. Do not ride double and observe all traffic signs.
- Never go near or pet strange animals. They may *look* friendly, but still bite you.
- When at home, never open your door to a stranger.
- When you finish playing with toys or bicycles, put them in a safe place or lock them up. Each year, many people on the Presidio have their bicycles stolen because they leave them unlocked. Remember, if your bicycle is stolen your parents may not be able to afford to buy a new one for you.
- Most of all, remember that police officers are your friends. If you need help, *tell* a police officer.

It is also the responsibility of parents and older children to set an example for safety for children to follow. Children look to their elders for guidance and example. If you, as a parent, do not lock up your personal belongings, jaywalk or do other unsafe acts, your children will think this is the way of the world and follow your example.

As parents, you must make sure your children are informed on safety and how to better protect themselves. Get your child's fingerprints taken and get a picture ID for him or her with your address and phone number on it as a point of contact in case of an emergency. Get your children involved with school, church and scouting programs. Build their confidence and trust through responsibility.

Summer is soon upon us and with it comes increased chances for accidents and unsafe behavior. Ensure the safety of your family and have an enjoyable summer.

For information on child safety, or to pick up an activity book or coloring book, contact Crime Prevention at 561-5011 or stop by our office in bldg. 36.

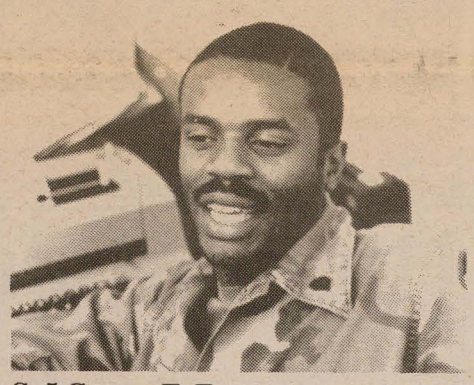
Crime Report:

- An unsecured wallet was stolen from a room in LAMC.
- An unsecured checkbook was stolen from a room in LAMC.
- Various items of jewelry were removed from an unsecured suitcase at Parks Reserve Forces Training Area.

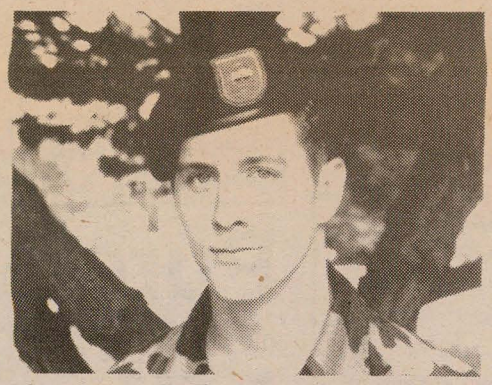
Ramblin' Sam

"Who do you think is a good sport?"

Sgt. Darryl M. Teel, accountable mail clerk: "My mother; she gave me the initiative for the Army. She's a good sport just to put up with me."



Sp5 George E. Ferguson, post mail inspector: "Dr. 'J' is a good sport. He punched Larry Bird in the mouth and then two nights later he shook hands and made up."



Sgt. James P. Fleming, parachute rigger: "Rudolph Hobbs, a helicopter plot in Korea, because he's inspirational and he gave me career direction."

Sp4 Terry R. Petty, personnel action specialist, COMPACT: "Capt. Gilmore; he's a good sport. He's helpful and supportive."

Thoughts on the 'little' pleasures of life's springtime

by Liz Greeley

Rain on windowpanes, spring flowers, a warm quilt and a good book—these are all little pleasures in life that everyone forgets to notice once in awhile. But now that spring is here, I'll share a few of my favorite little pleasures.

For example, my favorite is to curl up in bed with a good book while a storm lashes outside. Just knowing that I'm safe, warm and caught up in a stimulating book while the rain batters at my windows and the wind tries to ruffle the shingles is a satisfying feeling. Perhaps there isn't a great distance between snug and smug.

I also love the sweet, clean smell of country air just before a light spring shower blows up. That air is fresh and pure and you can actually feel the cool moisture in it.

And lilacs. Every spring I wait for the lilacs to bloom. I love their fragrance and among flowers, they represent honesty, innocence and humility to me. Lilacs are humble flowers, not proud like the stately rose or the elegant tulip.

"Take me as I am," they seem to say to me. I took a doubly deep whiff of the bouquet in my livingroom when I left my apartment this morning.

If you stop to listen around 6 a.m., even deep in the environs of the city, you can hear the sparrows chirping, welcoming yet another dawn.

I don't think even a confirmed gouch (or an owl like myself—I am *not* a morning person) can stay in a bad mood after listening to those cleery chirps for a moment or two.

I wonder what grumpy sparrows do. Do they chirp dutifully anyway, or do their fellows carry their share of the load until another day?

And what about the smell of a grassy hill in spring? I like it best after the dew has evaporated, but that earthy, grassy smell still hangs in the air.

At times like that, it seems like the whole world is brand new; there is no past, only the future and all things are possible.

But the best thing about the little pleasures in life is that all you have to do is stop and take notice. No one can ever take that away from you.

For the lilacs will always bloom; the birds will always sing.

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For information concerning advertising or any matter of a business nature pertaining to the **Star Presidian**, please contact:

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Oops! We goofed!

In last week's edition of the *Star Presidian* (April 12, 1985), we gave credit for the Easter Bunny photograph on page 10 to staff journalist Karl C. Rankin Jr.

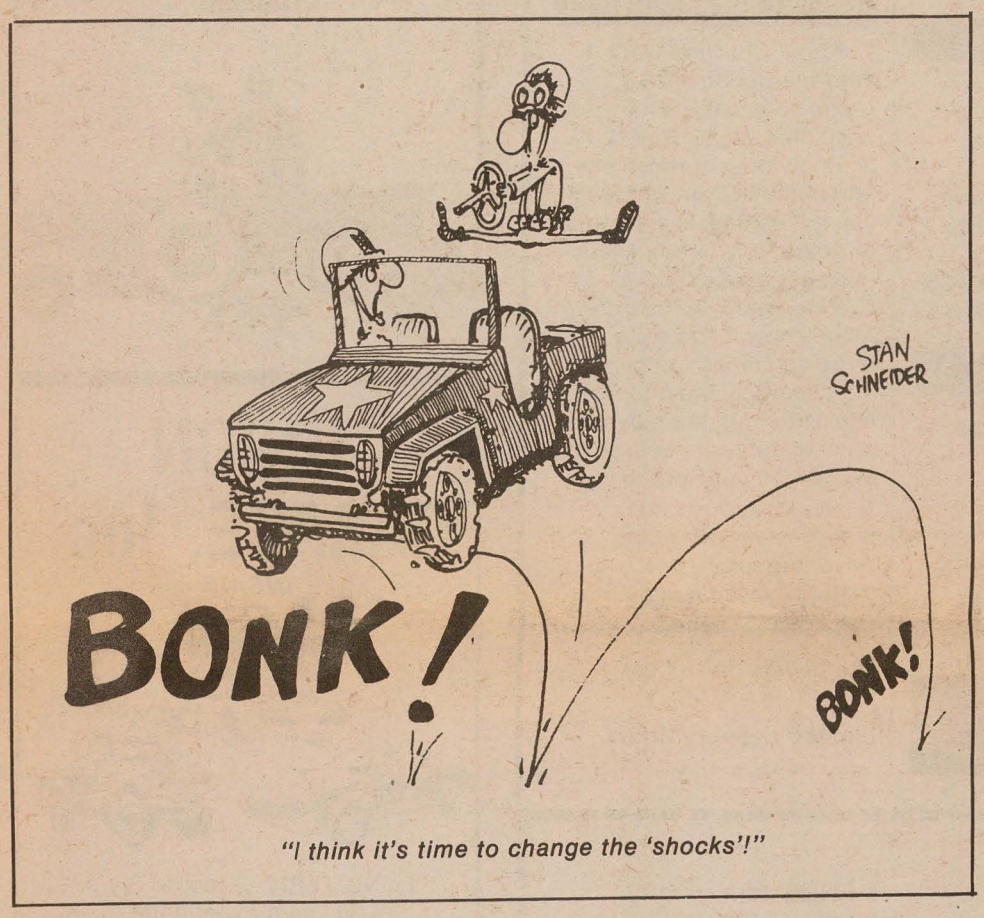
Unfortunately, the editor failed to *check* (a cardinal sin for an editor), or she would have discovered that the photo in question was actually taken by **Chuck Blancet**, a photographer with the TASC Photo Lab.

Our humblest apologies to Chuck and we assure you we will check twice next time!

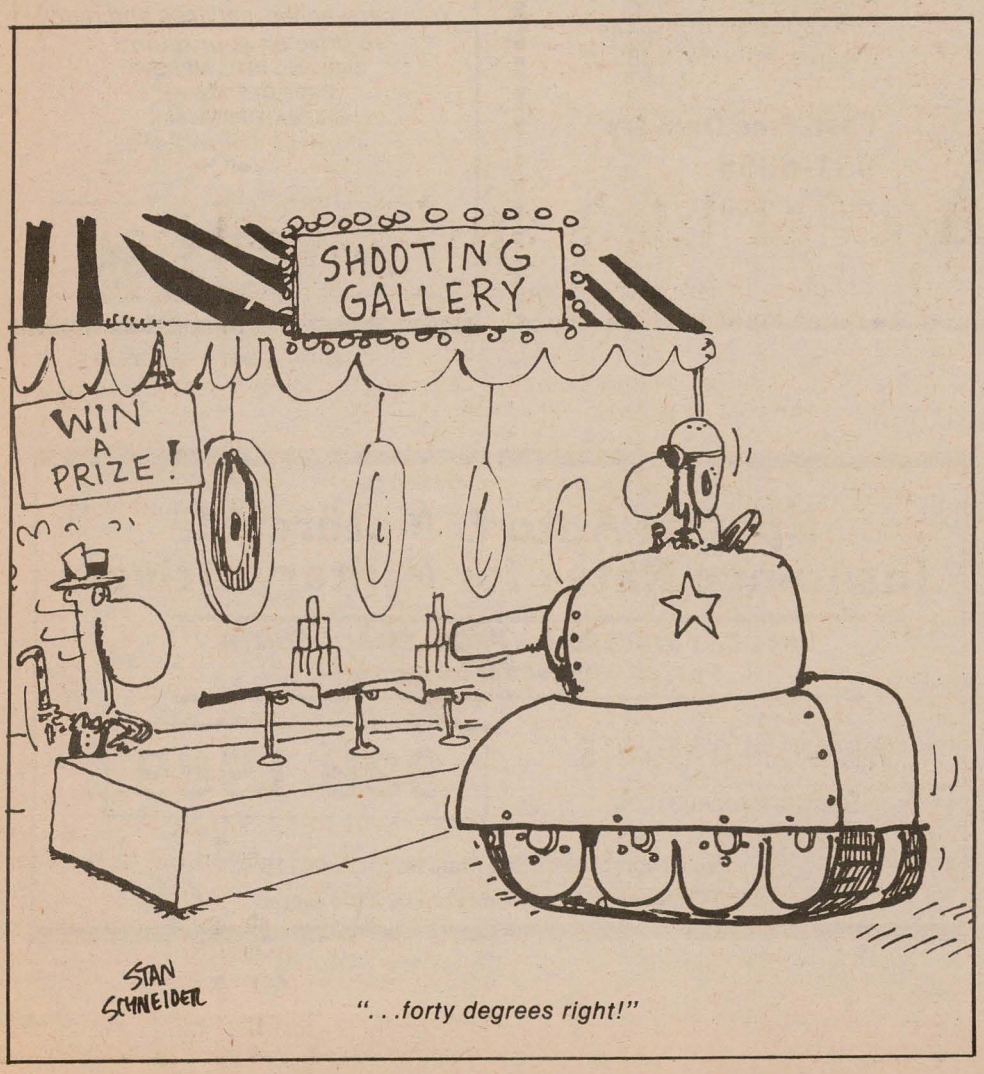
Again, our sincere apologies for the error.

the editor

The Lighter Side



"I think it's time to change the 'shocks'!"



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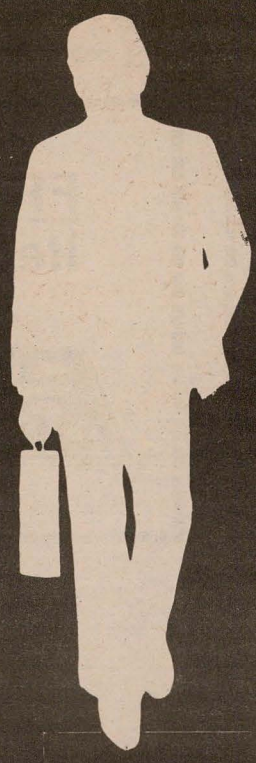

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4. Remain by the phone after ordering. We may call back to confirm the order.
5. Turn on your porch light.
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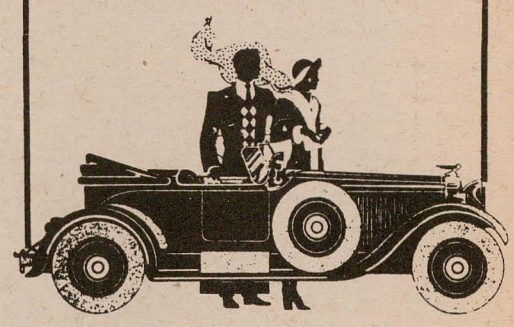

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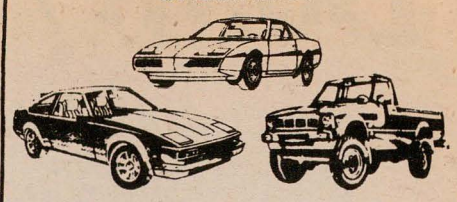

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Features

LAIR researcher wins top soldier award

by Karl C. Rankin Jr.

"It was like being King for a Day," said Sp4 Daniel W. Cheng, a biological science assistant at Letterman Army Institute of Research (LAIR).

Cheng was referring to the prizes he won for being named Soldier of the Month (SOM) for March.

"It was nice getting all of this. I didn't imagine it would be this much," he said.

A naturalized American, Cheng was born in Hong Kong. His father, a retired Merchant Marine seaman, saved his money and brought the family to San Francisco when Cheng was 4 years old.

"There wasn't much to get accustomed to as a child growing up here since I remember almost nothing about China. I would like to go there before I leave the Army; my mother told me we have relatives there who I would like to see," he said, smiling.

Cheng is presently a technician on Project Blaser studies. His research studies the effects of light flashes from explosions and lasers on tank gunners' eyes and tracking performance. There is a large degree of complexity to his research which also includes the effects on rifle-sighting devices, mortar-sighting devices and other military tactical equipment which depends on soldiers' vision during combat.

Cheng, always smiling, seems a happy young man and he has a deep love for the sea. His ambition is to become an officer with National Oceanic Atmospheric Administration, traveling the oceans, studying and researching marine life.

He earned his bachelor's degree in Marine Biology from California State University at Long Beach and minored in secondary education.

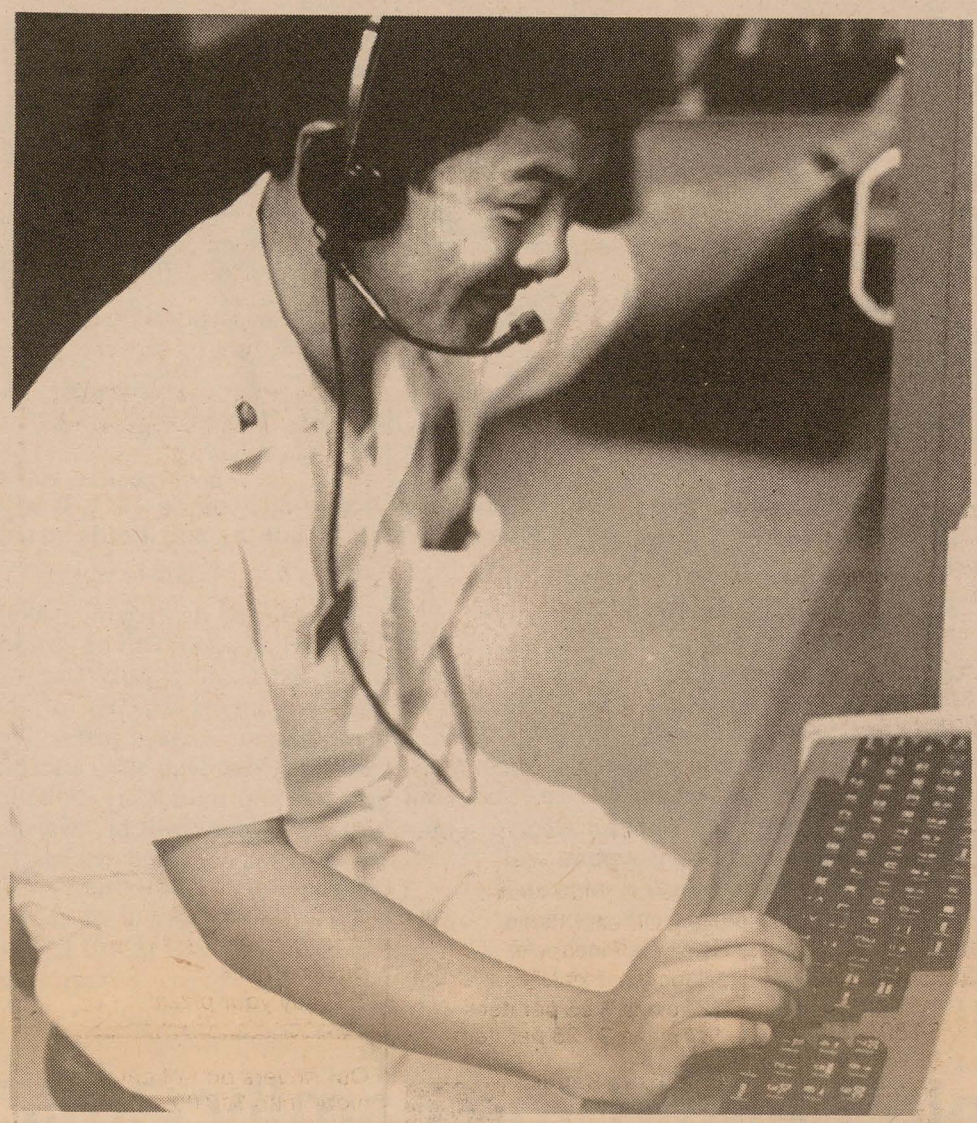


photo by Karl C. Rankin Jr.

Sp4 Daniel W. Cheng, March's Soldier of the Month, uses the office computer at LAIR to run an experiment on Project Blaser.

"After I have spent time as a marine biologist, following the Army, I plan to teach high school students. There are a lot of teachers who come right out of college to teach. I think it is as important to know something about life before you teach, so you can share some of your experiences in life as well," he said.

Cheng is exemplary, helpful and knowledgeable about his work, according to 1st Sgt. Douglas J. Hartsough at LAIR.

Cheng's work is a small but vital part in assuring "safety in training or survivability of the soldier on the battlefield," Hartsough said.

The 26-year-old Cheng's pleasantness and friendliness is returned by fellow workers, according to NCOIC for Ocular Hazards Division, Vernon R. Farr.

Farr said, "He is dependable; you could ask him if a job is done yet and it's finished. He has a good military appearance and is readily available to his peers and subordinates."

It's not all work and no pleasure for Cheng. Away from work, he finds pleasure in skiing through the snow-covered countryside wherever snow can be found.

Cheng said one of his Soldier of the Month gifts was a trip to Lake Tahoe where he plans to do some cross-country skiing. "It's a nice way to view nature this way," he added.

The prizes awarded for Soldier of the Month were donated by the Presidio Thrift Shop; Blue and Gold Fleet; Civic Center Travelodge; De Maestri Distributing Company, Inc.; Enlisted Spouses Club; Golden State Warriors; Keith Sportsware International; Liverpool Lil's; Morale Support Activities Division; National University; Noncommissioned Officer's Club; Oakland Athletics Baseball Club; Oakland Invaders; Pentagon Federal Credit Union; Presidio Post Exchange; Round Table Pizza Restaurants; Scott's Seafood Bar and Grill; The Final Final; The Front Room; U.S. Tobacco; Wells Fargo Bank; Noncommissioned Officer's Association; Association of the U.S. Army and Sergeants Major Association.

Though he has won numerous gifts for Soldier of the Month, Cheng has given LAIR and the Presidio a gift as well—his professional conduct, skill and notable friendliness.

How to protect your benefits under the new GI Bill

by Jeane Redsecker

If you came into the Army too late to qualify for the old GI Bill, your educational benefit plan is one of several under an umbrella of the Veteran's Educational Assistance Program. *You could be in danger of losing your benefits* when the new GI Bill takes effect on July 1, 1985.

Soldiers who will lose their benefits on that date are those who have not contributed to their Educational Savings Account (EDSAV) by allotment or lump sum. The only exceptions are a few soldiers who entered active duty at certain entrance stations and in specific MOS skills between December 1, 1980, and September 30, 1981, and were covered by a non-contributory program.

What can you do to protect your benefits? You must arrange through Finance for an EDSAV allotment which will go into effect by June 30, 1985. The amount can be as low as $25 a month or as high as $100 a month. Another option would be to contribute a lump sum cash amount of at least $300, which would be posted to your EDSAV account at the rate of $25 a month for 12 months.

Soldiers who started an EDSAV account, but have withdrawn their contribution, will not be affected by the new GI Bill. However, they still must replace their contribution before separating from active duty in order to qualify for education benefits.

Counselors are available to talk with soldiers about educational benefit plans. Contact the Fort Scott Education Center, bldg. 1216 at 561-2974, or the LAMC Education Center, bldg. 1007, at 561-4030.

At the movies

Presidio Theater

Fri, April 19	Dune (PG-13)	7 p.m.
Sat, April 20	Beverly Hills Cop (R)	7 p.m.
Sun, April 21	Beverly Hills Cop (R)	2 & 7 p.m.
Mon, April 22	Beverly Hills Cop (R)	7 p.m.
Tue, April 23	Beverly Hills Cop (R)	7 p.m.
Wed, April 24	Protocol (PG)	7 p.m.
Thu, April 25	Fandango (PG)	7 p.m.

Schwartz Theater

Mon, April 22	Dune (PG-13)	7 p.m.
Wed, April 24	Beverly Hills Cop (R)	7 p.m.
Thu, April 25	Protocol (PG)	7 p.m.

Hamilton Theater

Fri, April 19	Reno and the Doc (PG)	7 p.m.
Sat, April 20	Peter Pan (R)	1 p.m.
Sat, April 20	The Terminator (R)	7 p.m.
Wed, April 24	Under Fire (R)	7 p.m.
Thu, April 25	Rear Window PG)	7 p.m.

Feature

DoD trades in trusty Colt .45s for Beretta

by Tom Joyce

The Battle of *Ojos Azules* (Blue Eyes) Ranch pitted almost 100 members of Gen. John Pershing's 11th Cavalry against more than 100 of Pancho Villa's Mexican forces in 1916. The battle resulted in the death of 61 of Villa's men and the capture of many more in a matter of minutes. There were no American casualties. One deciding factor: Pershing's men were equipped with the deadly Colt .45 pistol.

And who can forget Alvin York's heroics during World War II? He single-handedly killed 35 Germans and captured another 132. After his Springfield rifle ran out of ammunition, he resorted to his .45.

The Colt .45 was originally adopted by the U.S. military to allow cavalrymen to have a "handful of firepower." It was, according to Dr. Ed Ezell, curator of the Divsion of Military History at the Smithonian Institution, an offensive weapon. "It was the 'anti-tank' weapon of the early 1900s," he said.

Although the .45 has endured and has a long and colorful past, the Department of Defense has decided to replace it with the Beretta M92SB-F 9mm pistol. Army, Navy, Air Force, Marine Corps and Coast Guard personnel will exchange some 400,000 M1911A1 Colt .45 and 100,000 Smith and Wesson .38-caliber weapons for the Beretta within the next few years.

photo courtesy AFPS

The Colt .45-caliber pistol (left) has been on active duty since 1911. It will soon be replaced by the 9mm Beretta, which is lighter and holds more rounds.

Lt. Col. Craig Mac Nab, an Army spokesman, said those weapons will be used for foreign military sales and sales to other government agencies and local civilian law enforcement agencies. He said there are laws against selling the weapons to private citizens or destroying them. Those that are not sold will be stored.

Beretta USA will supply the services with an initial 315,930 of the 9mm pistols under a fixed price, five-year contract. Mac Nab says another contract for approximately 200,000 more of the weapons will be awarded after the current contract expires.

The Beretta is the first new military handgun since the .45-caliber pistol was introduced in 1911. Mac Nab says it has several advantages: it holds 15 rounds, is "ambidextrous" (it can easily be adapted for use by left-handed people or right-handed people), double-action (users don't have to "cock" the weapon before firing it), is very easy to take apart, safer, more reliable and more modern than its predecessor.

The Beretta weighs 2.56 pounds loaded and has a muzzle velocity of just under 1,200 feet-per-second. The .45 weighs about three pounds loaded and has a muzzle velocity of only 830 feet-per-second.

Mac Nab says the need for a standard handgun was reflected in a 1978 survey which showed many different types of handguns and ammunition being used by the services. Under the initial contract, at least 134,000 of the weapons must be manufactured in the United States. The others will be made in Italy.

The first Beretta should be in the hands of the servicemen and women in about a year Mac Nab said. They will be issued as a weapon system: 9mm weapon, magazines, new green nylon reversible holster and ammunition pouch.

And the Beretta will provide compatibility with NATO allies who use 9mm weapons.

American Forces Press Service

Meet the people behind the Family Child Care program

by Karl C. Rankin Jr.

There are a lot of devoted women on post who help mothers and fathers who work each day.

They are part of the Family Child Care "providers" program. This program was developed about a year ago "to provide flexible care in an intimate, family-style setting," said John Gunnarson, director of Child Development Services.

Today, about 150 children are cared for in homes around the Presidio.

There are several reasons for the providers program. The Army was concerned that health and safety standards were being met. Also, the Child Development Center couldn't meet all the child care needs of the post and this was a way of offering the care and a business within homes here.

"We feel it very important to provide professional care to the children. No longer can anyone babysit for more than 10 hours per week for pay, so the Child Development Center has to certify these people on post for in-home care," Gunnarson said.

"Three times each year we provide these programs to people at the Presidio, or more often, if need be," said Karen Jupe, director of Family Child Care (FCC).

The certification of each potential provider is thorough. Each person is screened medically and background checks are done. Then they must attend three orientation briefings —which are just the beginning.

photo by Karl C. Rankin Jr.

Marcy L. Roberts, a Family Child Care provider, recently directed children under her care in the fine art of Easter egg coloring.

After the orientation, providers must attend regular meetings where they discuss problems, give solutions and interact with other providers. "When they get together like this with each other they can see problems, exchange ideas and learn to know one another," Jupe said.

"It's also a way we can detect whether any red flags go up, meaning any serious problems that providers may have with themselves. Like anything else, there can be a lot of stress in this kind of situation and we want to be aware of any," Gunnarson said.

"If we notice that any provider has a problem, Karen devotes more time to that person until it is resolved," he added.

The providers are visited regularly in their homes also. Some of these visits are announced and others are not.

"It is very important that children get the right kind of care. Recent studies indicated that 50 percent of the skills which children use in their life are learned by age 4. Many of their attitudes and values about work and life are determined in these years. For this reason, we feel it is important to have professional people caring for children here," he said.

"Parents knew that I loved children and the families of the children got me involved in the program," said Annie Mae Hunter, a FCC provider. "I had cared for children for 40 years with only a mother's experience. Now, they give me guidance so I can give guidance," she said

Another FCC provider, Marcy L. Roberts, got involved in the program for her daughter's sake, mainly for the activities.

According to Jupe, the providers devote time to instructional periods, rest times, playtime and time for personal care.

"I think the Army is doing a better job monitoring homes. A lot of homes aren't checked even once a year in California," Gunnarson said. "Jupe does a good job of monitoring the homes. She knows each of the providers personally, so she knows if anything is wrong."

Family Child Care is an important part of the lives of the people who care for Presidio children and the mothers and fathers who depend on it each day as they work.

Bay Bandits

A volksmarching we will go

by Bob Walker

Twice a year a group of bandits make their presence known about the Presidio. They do not rob or plunder, instead they hike through scenic areas as a fun and a social activity.

The "bandits" call themselves the Bay Bandits and are a group of dedicated volksmarchers. The two times they make themselves really known on post are when they put on their semi-annual volksmarches. Instead of walking, they are busy setting up and sponsoring their own volksmarch such as the upcoming May 4 volksmarch.

According to Bay Bandit president, Jeff Gere, a great deal of work goes into the organization of a volksmarch. At the Presidio, the group plans two routes for those who want to partake in the fun. Both a 5-kilometer and a 10-kilometer route is planned so that more people will come out to see what volksmarching is all about. The 5-kilometer route is for young children, parents with strollers, handicapped people and the elderly.

Gere said, "People like to walk. Volksmarching is a health and fitness activity. It was originally started because it's something all ages can do together. Everyone wins and volksmarching is a lot of fun. The Bay Bandits Volksmarch Club is a social club as well as a fitness club. Club meetings are normally held at the Recreation Center on the second Thursday of the month."

When the club isn't busy working on their own activities, they keep busy by going on volksmarches elsewhere. There are up to eight volksmarches a month in Northern California alone. The most recent one was the Sacramento Ranch Cordova Volksmarch which was a 10-kilometer march. The Recreation Center provided a tour bus for anyone who wanted to go and 17 people came out for it, ranging in age from about 8 to 65 years old.

One active member of the Bay Bandits is Roger Hanlon. He began volksmarching in 1980 while stationed with the Army in Germany.

"I've been in nearly 100 volksmarches. It's great fun for any age; it's great to get together and walk. I really like it," he said. Hanlon has been active in the Bay Bandits for about a year.

Hanlon's 8-year-old daughter, Emily, has been on volksmarches since she was 4 years old.

"She has walked 20-K, but is not crazy about walking that far. She's been on almost as many marches as I have," he said.

Hanlon said that the Bay Bandits had the largest turnout in all of California on a previous volksmarch and "we can do it again" with the May 4 volksmarch.

Active volksmarchers say that volksmarching is a lot of fun and that if you are new to volksmarching, it doesn't take long before you are "hooked" as they say.

"It only takes one volksmarch and you get bitten by the volksmarch bug," several volksmarchers said.

The Bay Bandits' May 4 volksmarch draws near. It might be a good time to find out if you like the volksmarch bug—it's one bug that is good for your health.

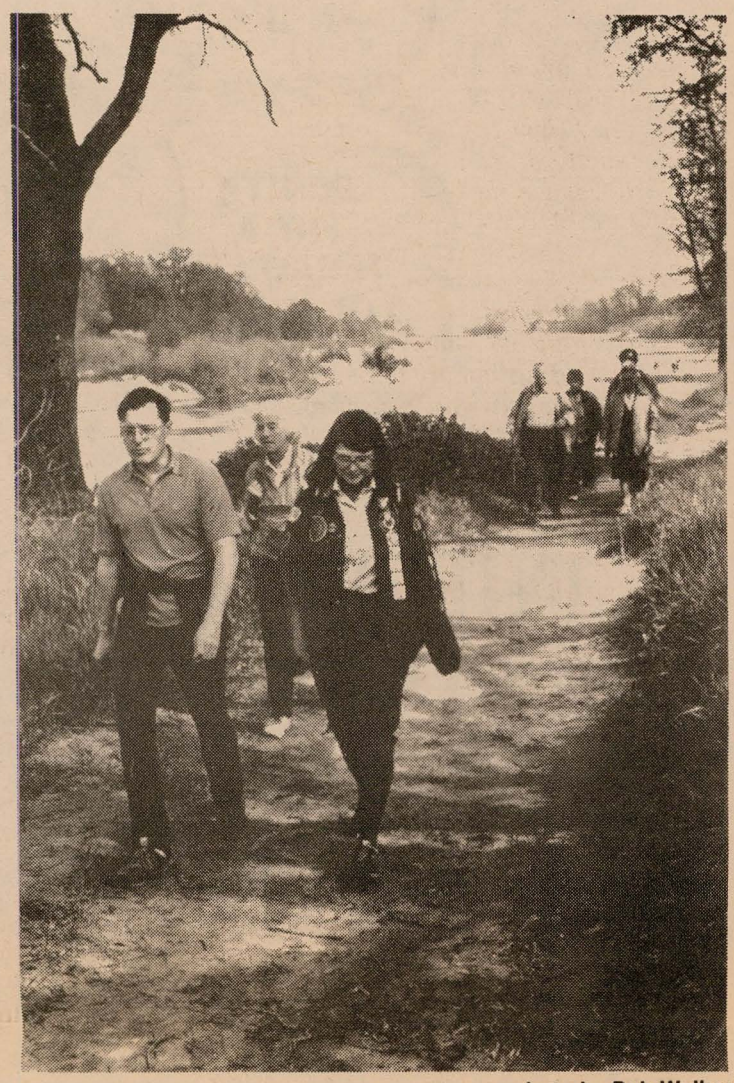


photo by Bob Walker

Volksmarchers enjoy walking around a cool river.

photo by Bob Walker

Further down the trail, marchers look forward to a lemonade break.

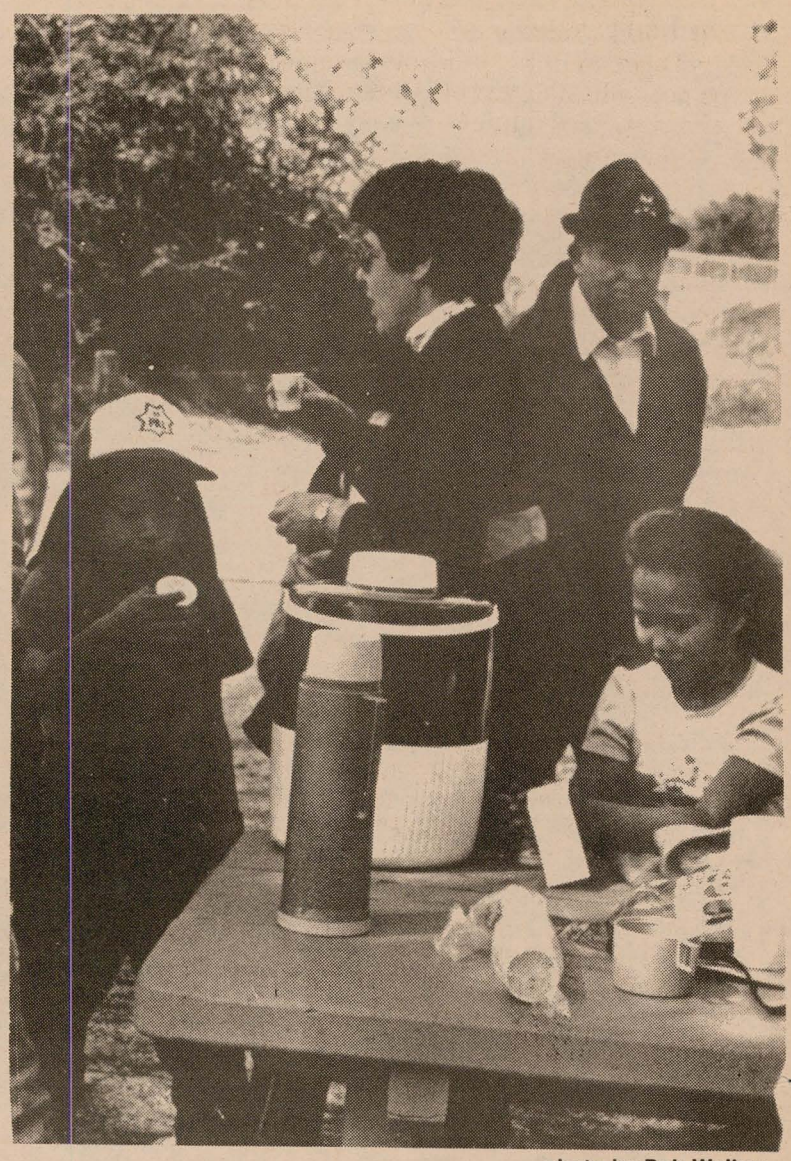
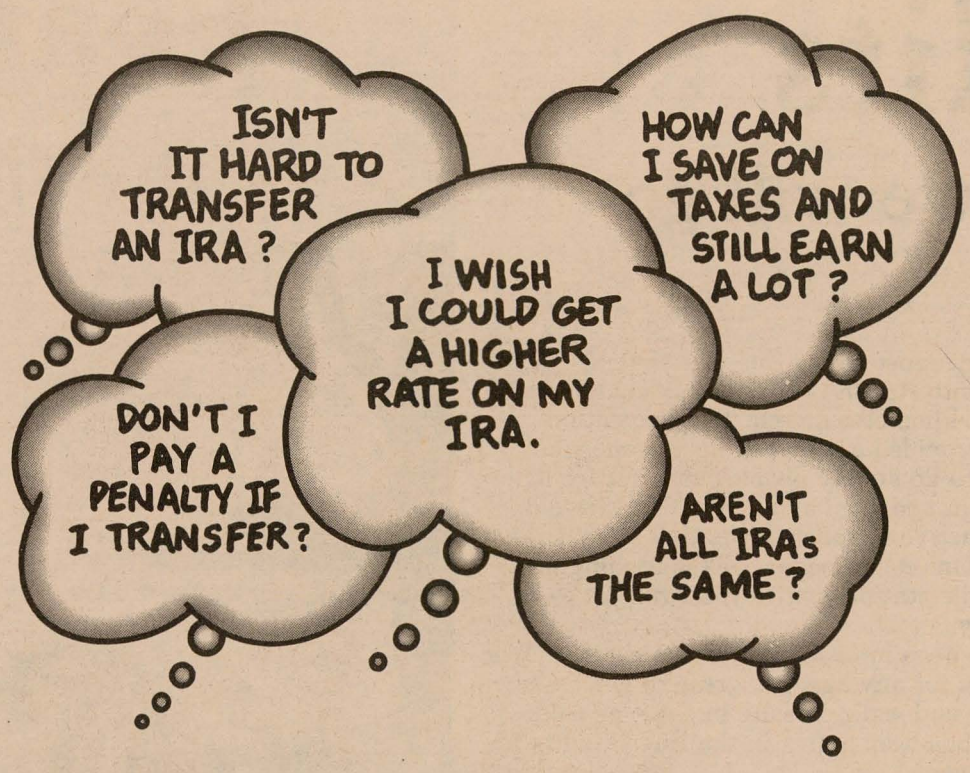


photo by Bob Walker

Ahhh! At last! Marchers, young and old, stop to enjoy a little lemonade in the shade.



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REGISTERED NURSE II

California Medical Facilty, Vacaville is accepting applications for Registered Nurse II. Starting salary is $1897 with $200 retention pay per month, after six months of satisfactory service salary is $1989 pluse $200. Requirements are as follows: possession of legal requirements to practice as a professional Registered Nurse in California and one year of professional nursing experience in California state service as a Registered Nurse or a facility licensed for Inpatient Care. For further information contact the California Medical Facility, Vacaville, 1600 California Ave., P.O. Box 2000, Vacaville, CA 95696.
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Feature

'The Purple Rose of Cairo' excels—a movie gem

by Liz Greeley

The Purple Rose of Cairo, Woody Allen's romantic fantasy, received rave reviews from the critics. And if the posters advertising the film are to be believed, the critics thought it was "pure enchantment" and "a gem." Many of them marveled at Allen's originality in his movie about a movie.

And that's precisely where they miss the point. Cleverness from a critic's point of view is **not** why you should go see *The Purpose Rose of Cairo*.

You should go see the *Purple Rose*, but not because Woody Allen is creative, witty and a comedic genius (though he is). You should go see the film because it has the one quality all great films have—it is a story about a person (or persons) that you have come to care about.

A person like Scarlett O'Hara in *Gone With The Wind*, for instance. Scarlett could be a vixen, but you cared about what happened to her. I won't even get into Rhett Butler.

Sally Field's portrayal of a woman trying to save her farm and family in *Places in the Heart* is an even more recent example.

In *The Purple Rose of Cairo*, the person you come to genuinely care for is Cecilia, played by Mia Farrow. Though no longer an ingenue, Farrow still brings a sweet, tender waif-like quality to the characterization of Cecilia.

Cecilia is a Depression-era waitress who would rather lose herself in the movies than think about the problems awaiting her at home. For it is at the theater that she can forget about the way her husband roughs her up, the extra laundry she has to take in to make ends meet and imagine...just for a while—that *she* lives in the Art Deco-style penthouse up on the screen. *She* has the penthouse with the Erté sculptures. And then it's back to the cruel reality of life during the Depression.

But suppose, just suppose, something truly extraordinary were to happen? In *The Purple Rose of Cairo* it **does**.

Movie character Tom Baxter (poet, explorer and adventurer, of the Chicago Baxters), marvelously played by Jeff Daniels, notices Cecilia and steps right off the screen to talk to her. Later he confesses that he's in love with her and says he finds her quite "fetching." There's just one teensy drawback though—he's fictional.

How is Cecilia going to react to all this? How is Gil Sheppard, the Hollywood actor who played Tom Baxter in the movie, going to take it when he hears his character walked off a movie screen in New Jersey? And while we're at it, what do the other characters in the movie do while Tom Baxter is enjoying his freedom?

Then there's Cecilia's husband to consider. How is he going to feel about this Tom Baxter character falling in love with his wife?

So you have to see the movie! It really is worth your while, too. The film is a gem and an exquisite one at that.

What I marvel at is how, in spite of all the unreal happenings in the film, you still feel as if you're actually in the 1930s and there's a Depression going on. There isn't one wasted scene, yet the characters come across as real people; there's no feeling that someone "skimped" somewhere.

In short, it was something I've never seen in a movie before—a brilliant, perfect movie not only about people, but one which asks the audience where does fiction end and reality begin? And which is really better, fantasy or reality?

photo by Brian Hamill

Mia Farrow and Jeff Daniels (as Gil Sheppard) embrace in Woody Allen's romantic fantasy, *The Purple Rose of Cairo*.

The Purple Rose of Cairo is rated "PG" and is showing at the Galaxy Theater at Van Ness and Sutter in an exclusive engagement.

How nutrition affects runners' performance

by James Emerson, dietitian

There is no magic that will transform a 250-pound person into a "string bean." Improved performance comes from a combination of several factors including training, adequate rest, a positive attitude and a good basic diet. No one can do his or her best and perform at maximum ability without making the most of these four factors. Just as you cannot expect to win without training, you cannot achieve your maximum potential without a sound diet.

One prime concern is supplying an adequate level of energy to the muscles while exercising. Three nutrients supply energy during exercise: protein, carbohydrate and fat.

Many misconceptions exist about protein. Protein is used primarily for the repair and growth of muscle tissue. It is a very inefficient energy source and may actually impair the elimination of protein waste products, which may contribute to dehydration.

The bread-and-butter fuels of energy production are carbohydrate and fat. Except under extreme circumstances, the body uses a combination of carbohydrate and fat.

At rest, energy is produced by the body's burning primarily fat and only small amounts of carbohydrate. When exercise starts, there is an increased demand for oxygen in order to burn fat and carbohydrate to produce energy. Carbohydrate has a definite advantage over fat, since it uses oxygen to produce the same amount of energy. In other words, if carbohydrate is the primary fuel, one will have to breathe in less oxygen in order to run a given distance than if one were burning primarily fat.

Unfortunately, you do not have direct control over whether your body burns carbohydrate or fat. The percentage of carbohydrate used is determined by the intensity of exercise and by prior training.

In addition to providing lots of carbohydrate, a training diet should fill several functions. One, it should ensure an adequate supply of nutrients, such as vitamins and minerals.

Second, a training diet should ensure you eat enough calories. An insufficient calorie intake will lead to a decrease in body weight. In some individuals, this may be desirable; however, in those athletes with a very low percentage of body fat, a caloric decrease can lead to the breakdown of muscle tissue.

A large portion of calories eaten should be of high quality. These should include carbohydrates, those foods supplying significant amounts of vitamins and minerals. High quality carbohydrates are found primarily in two of the basic four food groups: (1) breads and cereals, and (2) fruits and vegetables.

Many people mistakenly feel that starchy food is not good for them. However, starch is one of the foods that the body uses to make glycogen.

Include in your diet, both at mealtime and for snacks, a good deal of bread, pasta, rice, fruits and vegetables such as potatoes. Try to avoid those foods with a high fat content such as fried chips.

What should you eat just before you compete? There are three goals of the pre-competitive meal. One goal is to avoid hunger and weakness. A second goal is to ensure an empty stomach so you don't throw up. The third goal is to take in adequate fluid to help prevent dehydration.

Adequate fluid is essential for good performance also. In a warm or hot environment, sweating must be maintained to cool the body. It is **not** necessary to consume salt when exercising. Plain water is your best fluid replacement.

Office of the Surgeon General

Community Calendar

Flea market

The Presidio Thrift Shop will hold a flea market on May 4 from 10 a.m. to 1 p.m. at bldg. 204. Come on out and bring your own table; cost is $5 for one space and and ID card is required.

This is subject to change depending on weather conditions.

For more information, call the Thrift Shop at 922-3384.

Hail and farewell

The Presidio Enlisted Spouses Club and the Tradewinds NCO/Enlisted Club is having a Hail and Farewell on May 17 from 7 to 9 p.m. at the Tradewinds NCO/Enlisted Club. Come see what we have to offer. R.S.V.P. required. Babysitting is available.

For more information, call Edmee Bowright at 922-7939 or Paula Graville at 931-1384.

Officers' Club

For your listening pleasure tomorrow night, Pete Damante's Orchestra will be playing in the Moraga Room. Tomorrow, the Grand Ballroom will feature a dinner dance with Harry Mason's Orchestra.

Mark your calendar for Secretary's Day, April 24. The Officers' Club will offer a luncheon special from 11:15 a.m. to 1:30 p.m.

Our International Night on Thursday has popular Spanish dishes.

The Attic is open on Thursday nights from 5 to 7 p.m., serving barbecue and roast beef sandwiches. Bobby Branson will play the piano with his sing-a-long group.

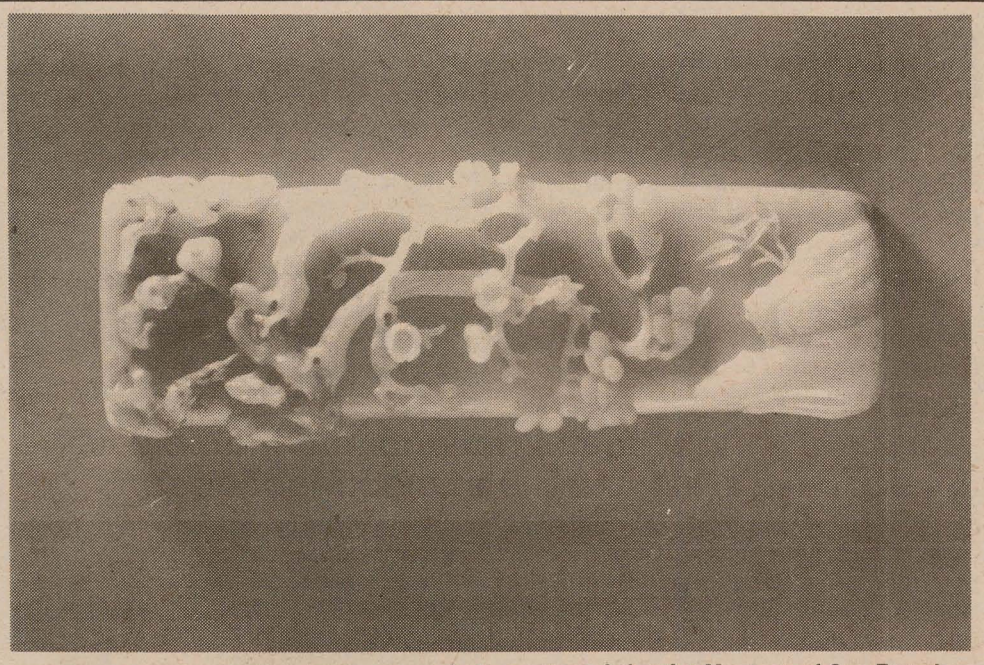

photo courtesy Asian Art Museum of San Francisco

What to do?

This plaque of pale green jade represents a pine tree, plum tree and bamboo. It is from the Ch'ing dynasty (18th century) and art lovers can find it at the Asian Art Museum in Golden Gate Park.

Executive seminar

An Equal Opportunity Executive/Middle Management seminar will be held April 26 from 9 to 11 a.m. at the NCO Club, bldg. 135.

Attendance of all Presidio executive-level officers and civilians, directors, division chiefs and senior (E7-E9) NCOs is required at this seminar.

The topic of the seminar will be affirmative action.

Point of contact is SFC Durant or 2nd Lt. Koster at 561-3701 or 561-4602.

Transplants: a gift of life

April 21-27 is National Organ Donation Awareness Week. Donated organs save lives—organ donation is an important decision which should be considered carefully.

Yet for thousands of people there is no decision to make. They are waiting for a transplant...waiting for enough people to donate their organs leaving them a legacy of renewed life. Many wait in vain.

The human body is a storehouse of valuable tissue and organs. However, we still lack enough organs from children as well as adults for those who are in need of transplants.

Become a donor. Give new life to someone. For more information on becoming an organ donor, call Kathy Plambeck at your local American Liver Foundation Chapter, 931-6250.

Rec Center

The FORSCOM Festival of the Performing Arts will be May 15 at the Cultural Center, bldg. 385. People interested in participating in the show are invited to attend auditions which will be held until the end of April. Entries are limited to active duty soldiers.

Volunteer lighting and sound technicians are also needed. Entry applications and talent contest rules are available at the Recreation Center, bldg. 385. This may be your first step to stardom. Give it a go!

The Presidio Bay Bandits Volksmarch Club will hold their fourth Volksmarch on May 4 from 9 a.m. to 3 p.m. Preregistration for the event closes on April 29. The cost of the patch is $4. After April 29 the entry fee is $5 and will be payable at the starting desk.

The Volksmarch begins and ends at the Community Center, bldg. 1299. Join in the fun and learn all of the interesting paths hidden on the Presidio.

For more information call the Recreation Center at 561-2000, daily after 2 p.m. Hours of operation are: Sunday through Thursday and holidays from 2 to 9 p.m.; Friday and Saturday from 2 to 10 p.m.

...the write stuff...

by Richard M. Wetzel

Yesterday was April 18, the 79th anniversary of the 1906 earthquake and fire that all but destroyed San Francisco...As expected, there were TV specials broadcast and news articles printed commemorating this antique tragedy...And as every year, the survivors were there to reminisce; the survivors who are turned into celebrities for one day of the year...One has to wonder why disasters are annually rehashed by the media and transformed into nostalgia with a thin coat of brittle veneer...or is it that the media doesn't want to forget...and doesn't want to lose this annual field day. Isn't it they who are always predicting another...let's face it, earthquake preparedness makes for good ratings...

Now, I suppose all of you are wondering what all of this has to do with the fact that Van Ness Avenue is so wide...well, I'm getting to that...During the chaos that erupted after the tremors and fires, Presidio troops were called out to restore order to the crumbling city. Soldiers moved thousands of refugees to relief camps...Then, in an all-out effort to control the fires, Brig. Gen Frederick Funston ordered troops to dynamite the mansions that lined Van Ness and construct a fire wall out of the rubble.

Now, that seems like a heroic feat, and since it worked, to many it was...except the owners of those mansions, many of which were still standing and untouched by the earthquake...the mansions, that is...And it was these same people that later brought charges against Gen. Funston and tried him in court. Luckily the general was acquitted, as he was three years ago when the Court of Historic Review staged a mock trial.

Okay, so California has earthquakes... Everyone already knows that a true Californian has a brick or two loose anyhow (shake, rattle and roll)...still, I hear people tell me they're leaving the Golden State for a safer land...Where?...To Indiana, so a tornado can blow you back to California?...Montana and get buried in a blizzard?... Mississippi where you drown in a flood?...or how about Texas where a hurricane can wash you into the droughts of Oklahoma?...I suppose you could go to Arkansas...as far as I know the only natural disaster there that'd be deadly is boredom...

(Yeah, I figured that would rub someone the wrong way!)

So what all this has to do with anything, I really don't know...but when I wrote this part, it was Sunday and I was on a 24-hour CQ...and while you're trying to stay (yawn) awake, your mind starts to wander...Yawn...Yawn...zzzz....thhmmmpppp...(that's supposed to be a snore).....

Okay, let's get back to center field...Play ball!!!!!!

The Cherry Blossom Festival opens tomorrow at the Japan Center with taiko drum performances, karate demonstrations, akita dog shows, flower arrangements and other forms of entertainment, plus a variety of food and drink, with song and dance. The festival, with other celebrations throughout the city, continues through April 28....

The Third Annual Huckleberry House Star Spangled Comedy Benefit is Sunday, May 26 at the Palace of Fine Arts. With *Tim Bedore* from KQAK as master of ceremonies, the two shows will include *Dr. Gonzo, Ronn Lucas, Carrie Snow, Bill Rafferty* and a host of others. Tickets are $15.00 and $12.50 and are available through major ticket outlets...Proceeds from this event will go to the Huckleberry House/Youth Advocates...

You probably grew up with him, now meet him...*Dr. Benjamin Spock* will debate *Dr. S.I. Hayakawa* on May 8 at the Marin Community College, Olney Hall; the topic: educational reform. ...Blacksmithing demonstrations with *Eric Clausen* will be held at the Exploratorium, tomorrow from noon to five...

Ancient artifacts used by Egyptian workers, artists and villagers are on exhibit at San Francisco State University, Science building 115, now through May 3...the exhibit is free, call 469-1500 for hours...The Theatre Arts Department at S.F. State University presents, *The Ballad of a Sad Cafe* May 1-5 in the Little Theatre. Tickets are $4.50 and under...call 469-2467 for info...

Give my regards to Broadway, from the punks to the Keystone Cops...Tonight at the Chi Chi Club, 440 Broadway: *Terminal Man, Royal Palm Orchestra* and *The Convictions*...At the Mabuhay Gardens, 443 Broadway: *The Nuns, The Afflicted, Fraulen Bambe* and *Inverted Triangle*...

Closing Statements: Have you noticed the sign that hangs outside the Parachute Shop... "Try jumping without us"...I suppose it's catchy...Maybe all the offices on post should have their own little slogan...Finance: "Try getting paid without us."...or maybe this...The Chaplain's Office: "Try getting past the Pearly Gates without us"...or even...the write stuff..."Try censoring me"...

Sports

Novato swim meet

Presidio's Lisa Palladino captured first place in the girls' 13- to 14-year-old 100-yard breaststroke to lead the Aquarius Swim Club to a fine performance in the swimming meet held at Indian Valley College March 30 and 31.

Palladino scored a 1:18.11 to best swimmers from a dozen other clubs throughout northern California. The only other "A" swimmer from the Aquarius team to score was 10-year-old Eva Walker who captured second place in the girls' 9- to 10-year-old breaststroke with a time of 1:38.70 and fourth place in the 50-yard breaststroke with a time of 46:79.

Swimmers in the "B" division who scored included Walker with third places in the 50-yard backstroke (42.93) and 50-yard freestyle (34.63); Palladino with a second place in the 50 freestyle (30.47) and third places in the 200-yard backstroke (3:01.53), 100-yard freestyle (1:05.87), 200-yard freestyle (2:27.17) and 200-yard individual medley (2:44.07); Ted Gallardo with third places in the boys' 13- to 14-year-old 200 backstroke (2:53.49) and 100 breastroke (1:22.57); and Robert Hart with first places in the boys' 17- and 18-year-old 200-yard breastroke (3:00.21) and 100 freestyle (1:11.31) and second places in the 100 backstroke (1:20.55) and 100 breaststroke (1:21.45).

Other swimmers from the Aquarius team who competed included Alex Thacher, Robert Assadurian, Tami Assadurian, Kim Srephichit, Teresa Kan Hai, Krista Palmquist and Rachael Autry.

Palladino was selected by coach John Rozum as the club's Swimmer of the Meet, because she improved her times in the 100 and 200 backstroke races, 100 breaststroke, and 200 individual medley. Palladino also logged a total of 28,100 yards in practice for the two weeks before the meet.

photo by Liz Greeley

Slide!

Byron Hamford races for home place at Pop Hicks field as Coach Frank Schiaretti tries to tag him out.

Intramural softball

The intramural slow pitch softball competition begins with a preseason tournament on May 1. All units or activities who want to enter a team in this tournament are urged to send a letter of entry to the Presidio Sports Branch, bldg. 63, no later than April 26 or call Bobbie Gascon, sports director, at 561-4120 or 561-5032.

A rules interpretation meeting will be held at 1 p.m. on April 29 at bldg. 63, Post Gym No. 1. Units entering a team in the preseason tournament and the Presidio Intramural League must have a team representative at this meeting.

For more information, call the Presidio Sports Office at 561-4120 or 561-5032.

Women's softball

Coaches and players are needed for the Presidio women's softball team. Women soldiers and family members are needed to represent the Presidio in the Central Pacific Sports Conference Women's Slow Pitch Softball League.

Interested women are urged to contact Bobbie Gascon, sports director, at 561-4120 or 561-5032.

Practice schedule is each Monday and Wednesday at Fort Scott Field No. 2 at 5 p.m. League play will begin the first week of May.

Officials needed

Youth Activities is looking for qualified baseball officials for the upcoming baseball season.

The season begins April 27 and ends June 15.

If you are interested in making a little money and supporting the sports program—please give us a call at 561-5143.

Boys and girls of spring wind up for baseball season

by Jeff Smith

Spring is in the air. For some, it is a time for romance. For others, it is a time to get out in the improving weather and limber up the body after a winter's hibernation. But for those of a special order that borders on the religious, spring beckons another, unique dawning. For some, charcoal under the eyes is an appealing makeup and a glove on one hand does not mean you are a Michael Jackson fan. For those who follow, it is always a time for optimism—it is the start of baseball season.

This year on the Presidio, boys and girls from 6 to 14 years old will be able to learn and experience first-hand one of America's favorite pastimes. Players are divided into four groups: the T-ball league for those 6 to 8 years old; the Minor League for 9- and 10-year-olds; the Major League for 11- and 12-year-olds and the Junior League for 13- and 14-year-olds.

According to Mary Metheany, youth sports director, participation for the program has varied. "There has been a lot of interest from children 6 through 10, but not as much for older kids," she said.

The Junior league team has only 12 players signed up and the Major league team also has only 12. Even though signups have officially ended, anyone interested in playing is encouraged to sign up.

"It will be hard to have a competitive team," said Major league coach Wally Ramsay, "we really need more players." In addition to players, there is a need for umpires for games on the Presidio.

Currently, there are seven teams on the Presidio: three T-ball, two Minor league, one Major league and one Junior league team. The Junior league team will play in the City's Police Athletic League. The Minor and Major league teams will compete within their own age groups with teams from the city. The three T-Ball teams play against each other.

As with the big league stars of the sport, these players and coaches have their own opinions and comments about the game.

Tom Blain, coach of a T-Ball team, has coached since 1982 and has seen two daughters and a son pass through his team. Blain explained that T-Ball differs from normal baseball in several ways.

First, no one keeps track of the score. "This way kids learn the rules of the game, sportsmanship and there is no pressure to win," he said. Games are four innings long and nine children bat each inning. There are no balls or strikes; no outs.

The ball is put on a tee, similar to what a golfer might use, and adjusted to the child's height. From there the child takes aim and hopefully whacks the stuffing out of the ball. If not, it is no problem. Whether the nine batters hit home runs or ground out weakly, it is all part of the learning process.

Jeremy Blain, the coach's son, said, "My first year I was one of the best, but this year, I'm the best."

Christina Kirby is a shy, but pretty eight-year-old who explained that she liked baseball, but it was only the second practice she has ever been to.

The children were spirited and eager to master the basic skills Coach Blain was teaching. While it may not be errorless baseball, it seems to have a special charm and innocence.

As the children grow, the game becomes more competitive. The children seem more intense and there is a lot of gum chewing and lip biting. Frank Schiaretti, coach of the Minor league, thinks that this year, the Minor league will be more competitive than last year.

"We rated the kids at the trials this year and split them up evenly according to their abilities," he said. Although most of the players have three to five years' experience, Schiaretti notes that winning is not the main goal.

"We don't care if they win as long as they enjoy the experience and learn some new skills," he added.

From this age group on up, the children play regular baseball, and players are developed for different positions. "We need to find a catcher and a couple of pitchers," noted Schiaretti, nodding as he watched batting practice.

Major league Coach Wally Ramsay voiced a similar, but more complicated problem, "We need a few pitchers and some reserves, but we only have 12 kids signed up." Ramsay was holding a practice with only eight players, on a windblown field he shared with soccer and softball teams. The players seemed to lack enthusiasm as they took their batting practice, but they will continue, hoping more players arrive. Ramsay said that even though signups have ended, he will take any interested 11- or 12-year-olds.

Youth baseball is an opportunity for children to learn the meaning of teamwork and the pleasures and satisfaction of competing. Adult support and participation is needed to show these new boys and girls of summer that their efforts are indeed worthwhile.

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Secretaries' Week: a heartfelt personal tribute, **page 2**

Earthquake exercise: LAMC strives for realism, **pages 6 & 7**

The Golden Knights: soar with eagles, but jump with the Golden Knights, **page 9**

Star Presidian

Vol. 28, No. 17 "Published in the interest of the people of the Presidio of San Francisco." April 26, 1985

News Briefs

Mandatory briefing

All soldiers honorably separating (not retiring) from the Army during the months of June, July, August and September are required to attend a briefing at the Fort Scott Education Center, bldg. 1216, on May 8 from 8 to 11 a.m. Spouses may attend.

For more information, call Jeane Redsecker at 561-2974, or 561-4445.

Supervisors workshop

The Civilian Personnel Office will hold a workshop on June 26 exclusively for managers and supervisors (second level and higher or equivalent) who have been delegated position management responsibility and authority over a number of employees, i.e., those with authority to design positions and change organizational position structures.

The workshop will be held from 8 a.m. to 4 p.m. in the Training Room, bldg. 37. Please submit your written nominations early to Training and Development Branch, 561-2554, to reserve space. Class size will be limited to 24 and advance reading assignments are required. Nomination should include name, title and grade or rank of the nominee.

Women Vietnam vets

Cleveland State University is doing research on women who served in Southeast Asia during the Vietnam War. If you are a woman who served in any capacity in Southeast Asia, researchers would like you to fill out a confidential questionnaire concerning your experiences there and how you feel they affect your life today.

For more information, contact:
Margaret A. Gigowski
c/o The Department of Psychology
Stilwell Hall
Cleveland State University
1960 East 24th Street
Cleveland, Ohio 44115

(American Forces Press Service)

Asian/Pacific Week

Asian/Pacific-American Heritage Week kicks off its celebration on May 4 at the Recreation Center with an Asian historical film at 4 *p.m.*

Other Recreation Center activities include a Chinatown walking tour on May 5, an Asian/Pacific-American buffet on May 8 and a sake wine tour on May 11.

The Officers' Club will feature Asian foods on May 9 while the NCO Club comes alive on May 15 with a Mongolian barbecue.

And the Main Post Library plans to display Asian/Pacific-American items May 1 through May 11.

photo by Karl C. Rankin Jr.

Motor pool mechanic Peter A. Geraldizo checks the engine on one of the cars that will be converted to methanol power.

PSF tests methanol vehicles

by Bob Walker

Testing begins here in May of four new methanol-powered Military Police vehicles that won't look much different from their gasoline-powered counterparts.

The four cars mark the first phase of the Army's testing of methanol as an alternative fuel.

According to Jack Battenburg, manager of the Tactical Systems program at the Army Program Office with NASA's Jet Propulsion Laboratory in Pasadena, Calif., "Last October we were asked by the assistant secretary of the Army, Dr. J. R. Sculley, to develop a program where the Army could get experience using methanol as a vehicle fuel. We gathered information on methanol-users, which led us to the Bank of America in San Francisco. The quickest way for the Army to become involved was to get four or five vehicles of the same type as those used at the B of A."

The Bank of America's fleet of methanol-powered vehicles is maintained in Concord, Calif. The bank's vice president and general manager of automotive services, Don Dennler, said, "We started looking for alternatives in 1979 and started using methanol in February of 1980. Methanol has worked exceptionally well for us. It is now a viable alternative to gasoline. Our experience is that it takes one-third gallon more to go the same distance, but we're getting higher octane. As long as gasoline is $1.07 we break even, as methanol costs us 81 cents a gallon. If gasoline costs more that $1.07, we see savings." So at today's prices, the Bank of America is saving money with methanol.

"The Army purchased the test vehicles from B of A. Presidio was chosen to implement Phase I which will run for 90 days beginning in May," said Tom McMorris, Presidio's Transportation Division chief.

Phase I testing consists of five cars, four being tested at Presidio and one being tested at the Jet Propulsion Lab in Pasadena. Battenburg said, "We have a very broadly based lab here. We did quite a bit of testing a few years ago with alternative energy sources, primarily electric cars. Methanol has been used as fuel by the military for remote mobile power plants, the methanol being in fuel cells."

Once Phase I of the methanol testing is completed at the Presidio, Battenburg said that a second phase with 25 to 30 vehicles could begin, which could put the Army in a position to convert a large number of vehicles to methanol.

Plans call for Phase II to be conducted at Fort Ord, Calif. "The use of methanol as an alternative fuel enhances the United States' energy posture," Battenburg added.

MPs driving methanol-powered cars will become a familiar sight on post as the Army continues its quest for cheap alternative energy sources.

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Opinions

TAKE A BITE OUT OF CRIME

In recent weeks there have been several incidents with people and cars confronting each other in marked crosswalks on the Presidio. Drivers not paying attention, or trying to adjust the seat, move the kids, hurry home or just not caring about the rules and regulations have caused many close calls and a few bumps and bruises.

On the other hand, there are people who think the crosswalk has a force field surrounding it and just walk out. There are also people who, for the same reason as people in cars, just walk into the crosswalk without thinking. Now, let's talk some facts:

In accordance with the state of California Vehicle Code, Pedistrians' Rights and Duties:

Right-of-way at crosswalks

• The driver of a vehicle shall yield the right-of-way to a pedestrian crossing the roadway within any marked crosswalk or within any unmarked crosswalk at an intersection.

• The provisions of this section shall not relieve a pedestrian from the duty of using due care for his or her safety. No pedestrian shall suddenly leave a curb or other place of safety and walk or run into the path of a vehicle which is so close as to constitute an immediate hazard. No pedestrian shall unnecessarily stop or delay traffic while in a marked or unmarked crosswalk.

• These provisions shall not relieve a driver of a vehicle from the duty of exercising due care for the safety of any pedestrian within any marked crosswalk or within any unmarked crosswalk at an intersection.

Vehicles stopped for pedestrians

• Whenever any vehicle has stopped at a marked crosswalk or at any unmarked crosswalk at an intersection to permit a pedestrian to cross the roadway, the driver of any other vehicle approaching from the rear shall not overtake and pass the stopped vehicle.

Laws applicable to bicycle use

• Every person riding a bicycle upon a highway shall have all the rights and shall be subject to all the provisions applicable to the driver of a vehicle, including, but not limited to, provisions dealing with driving under the influence of alcoholic beverages or drugs.

It also states that bicycles must follow the same rules of the road as do automobiles, to include yielding the right-of-way to pedestrians in crosswalks.

The facts presented above from the Vehicle Code are laws we all must follow.

Let me tell you about some very sad statistics from the last few months:

The Military Police investigated numerous traffic complaints and minor bumps that happened in crosswalks and intersections. Even sadder yet, there have been three major accidents in the last six weeks involving cars and people in crosswalks. All three people were admitted to the hospital and underwent major surgery because of the accidents.

This article does not attempt to point an incriminating finger, only to present some facts and explain laws. Whether the pedestrian was right or the driver was right, the people involved have suffered a great deal, both physically and mentally.

Let's help take a big bite out of crime—let's be much more careful when we walk, ride bikes or drive our cars on the Presidio.

Crime report:

• An unsecured purse was stolen from an office in LAMC.

• A pedestrian was hit by a car while in a crosswalk and seriously injured.

• An unsecured wallet was stolen from a desk in bldg. 35.

• A $20 bill was removed from a secured bag in the LAMC Emergency Room.

• A wallet was lost in the vicinity of the Main Exchange.

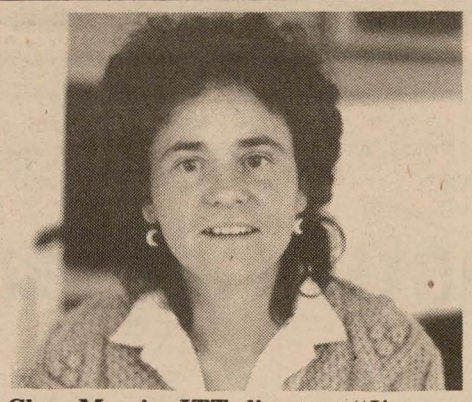
• Several miscellaneous items left unsecured were removed from a room in LAMC.

• Three people were detained and charged with suspicion of driving under the influence.

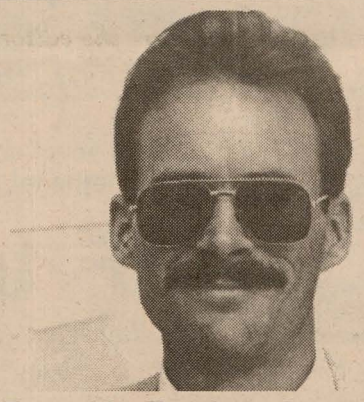
Ramblin' Sam

"Do you worry about living in earthquake country? Why or why not?"

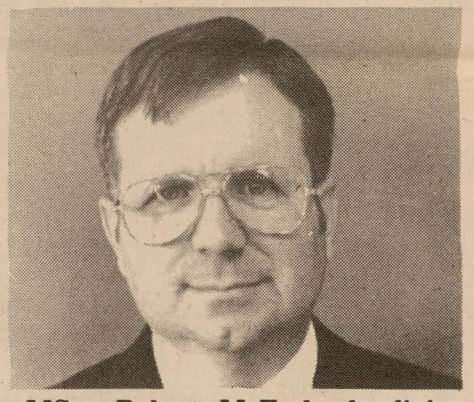
1st Sgt. Billie Russell, Company B, LAMC: "No, I'm not worried. You just can't get insurance against acts of God."



Char Morris, ITT director: "I'm not afraid of them, but I think you should definitely go to all the classes they have to be prepared in the event of an earthquake."



Tom MacKenzie, plans officer, DPTSEC: "No, I don't worry, I plan ahead. I was born and bred in California, so I have learned to deal with earthquakes by planning for them. I store food, water and emergency supplies—flashlight, portable radio and first aid kit. Finding out what local, state and federal governments will do in the event of an earthquake is also a good idea."



MSgt Robert McFarland, clinics NCO, Department of Nursing, LAMC: "*It doesn't bother* me; it's not my 'fault.' I am aware of it, but I don't worry about it. It would be foolish to live here and not prepare for the possibility, so our family has prepared. Each area of the country has its own hazards; earthquakes just happen to be ours here."

A personal tribute to 'unsung heroines' behind the scenes

by Brenda Saénz

At 16, my mother quit high school to support her grandparents. She had had some business courses and thus became a legal secretary, one of the few professions a woman could enter with minimum education.

That was a long time ago. I remember the office she initially worked in, a one-lawyer practice. Mommy would sit all day in a stark office, in front of a manual typewriter, and hit stroke after stroke of convoluted legal documents, stopping only to take dictation, get her boss some coffee and answer the phone.

Mommy got married and had a couple of kids, but she always returned to work. We needed the income and she enjoyed the interaction, although every day she had to take the bus to and from work and once slipped and fell when she was pregnant.

There was no sick or annual leave, no life insurance, no paid federal holidays, just a paycheck. But she liked her job. That was a long time ago.

After the fourth child and 20 years of no promotions, no step increases, no cost-of-living raises, my mother hesitantly took the risk of a new job in a large and presitigious

please see page 3

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Unsung heroines from page 2

law firm.

She secured a higher income, generous health and life insurance paid by her employer, vacation, paid holidays and annual bonuses partaken from the company's large profits.

Mommy would sit all day in a plush office in front of an electric typewriter and hit stroke after stroke of corporate legal documents, stopping only to take dictation at a conference, get her boss coffee in an imported china cup and answer transoceanic phone calls. And throughout the years she received training on the most advanced electronic office equipment.

Every morning, she would sharpen new pencils and carefully place them with the lead up for her boss to use. As soon as one of them became a bit dull, he would turn it down for my mother to sharpen again tomorrow or discard, if it was just a little short, just a little inconvenient for the boss to write with.

But she liked her job, she enjoyed the interaction. Some nights, after having prepared dinner and when helping me with my homework, she would say, "Get an education in anything, but never become a secretary."

My mother is much older now, and she is the secretary of fiery attorneys who call her by her first name and are easily young enough to be her children.

And I do not know if she still pays the boss's bill and balances his checkbook.

For whatever reasons, she never accepted any other career opportunities—maybe because she did like her job and enjoyed the interaction.

Yet, she always urged all of us to become professionals, to become part of the front line, not part of the support group.

I pay my respects to all those who comprise the ranks of the support group. Without them, no boss would look good; they are the unsung heroines.

I know that on this day, Mommy will get flowers, a gift from her appreciative boss and lunch in an expensive restaurant because she is a great secretary and because all understanding bosses like to observe Secretaries' Week by saying "thanks" once a year—at least.

Correction

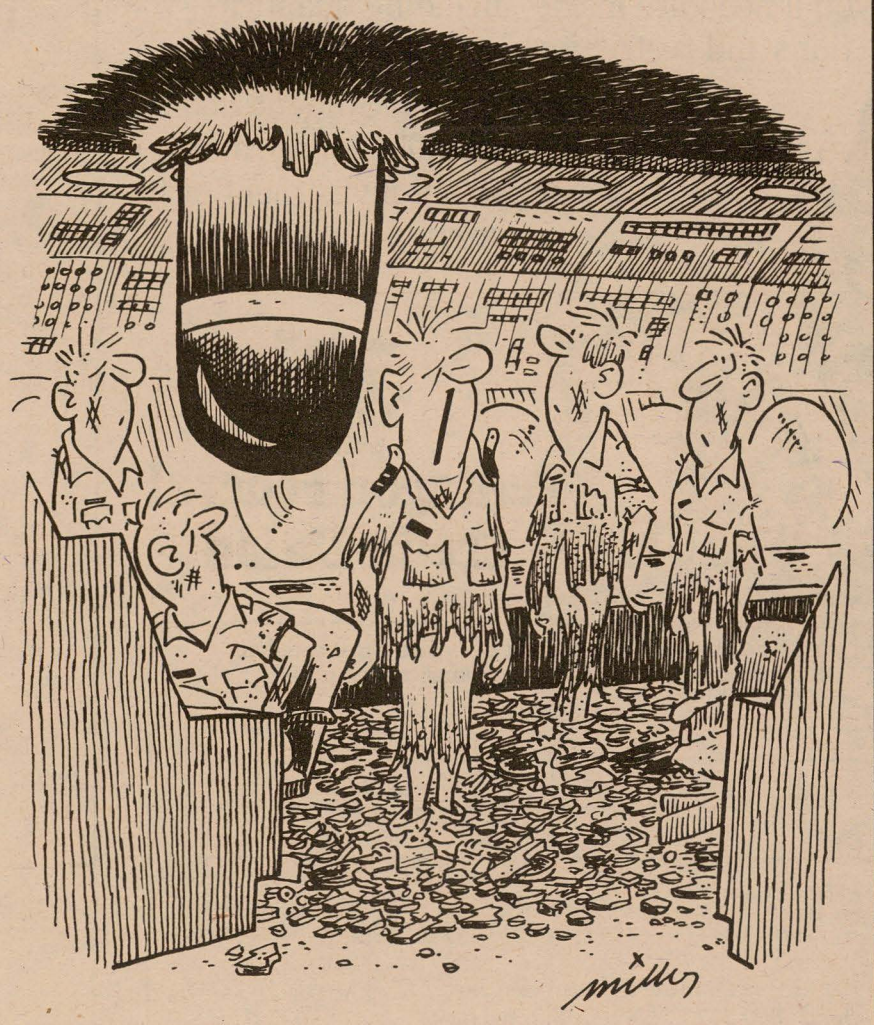
No, we weren't testing your knowledge of history, the reference to Sgt. Alvin York's heroics in World War II in last week's *Star Presidian* (DoD trades in trusty Colt .45s for Beretta, page 6) contained a typographical error.

Sgt. York really killed and captured all those Germans, but he did it during *World War I,* not World War II, as we reported.

We sincerely regret the error and thank the sharp readers who brought it to our attention.

the editor

The Lighter Side



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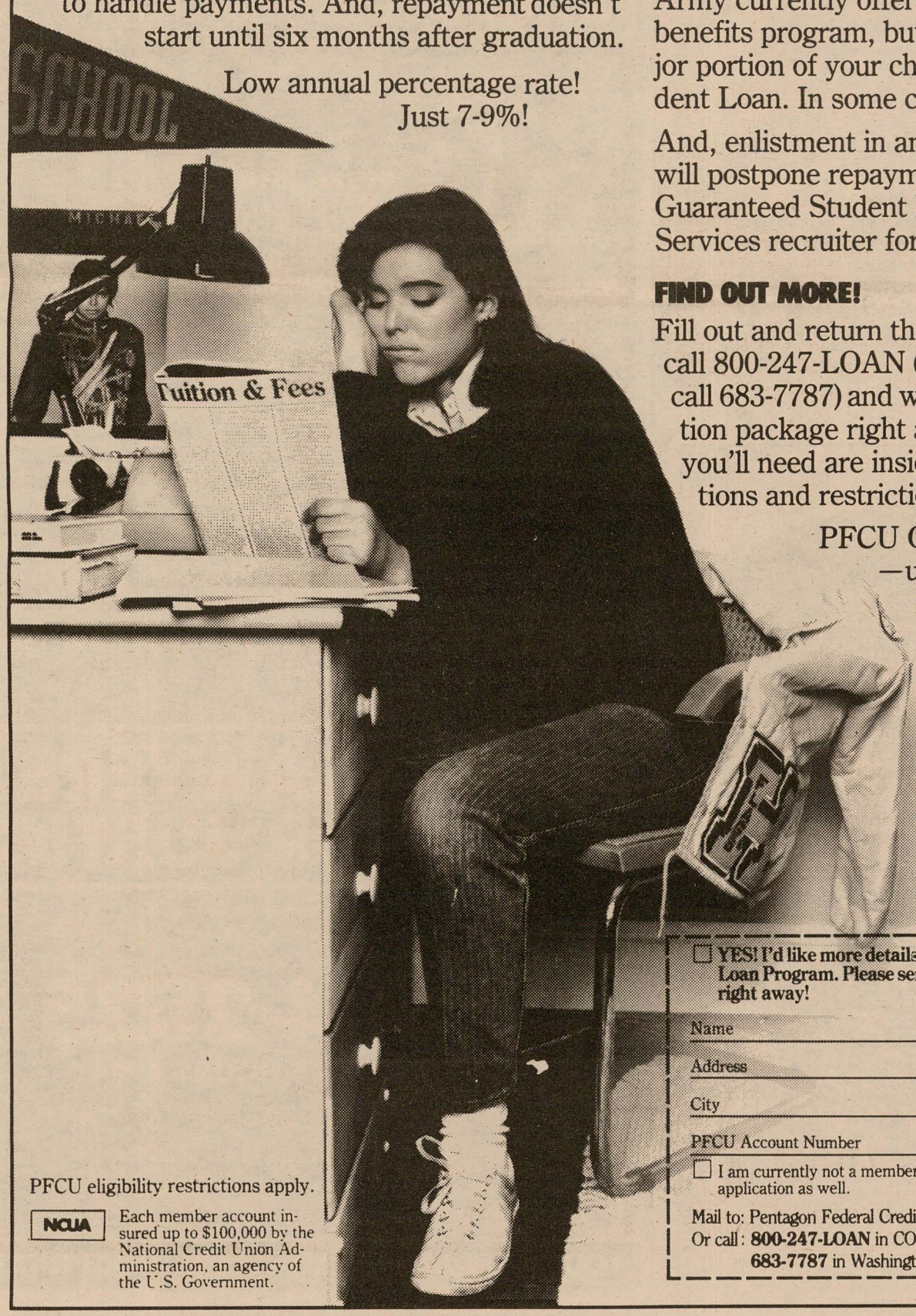

Flexibility. Most colleges, universities and post-secondary vocational and technical schools qualify!

High dollar amounts. Borrow up to $12,500 for undergraduate studies and up to a total of $25,000 if your child goes on to graduate school!

No previous credit history needed!

PLUS!

An additional bonus if your son or daughter joins the Army after they leave college. The Army currently offers not only an attractive benefits program, but they will repay a major portion of your child's Guaranteed Student Loan. In some cases up to 100%.

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NCUA Each member account insured up to $100,000 by the National Credit Union Administration, an agency of the U.S. Government.

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Name _____

Address _____

City _____ State _____ Zip _____

PFCU Account Number _____

☐ I am currently not a member of PFCU. Please send me a membership application as well.

Mail to: Pentagon Federal Credit Union, Box 1432, Alexandria, VA 22313
Or call: **800-247-LOAN** in CONUS and Hawaii
683-7787 in Washington, D.C. 488

Feature

AER is looking for a few good contributors

by Karl C. Rankin Jr.

An unexpected death in the family can cause a tremendous financial burden, or sickness can erode a family's income.

However, for military people, there is assistance available through the Army Emergency Relief (AER) Fund to cover food, rent, emergency travel, utilities, essential car expenses, emergency medical or dental care, or funeral expenses.

Consequently, the money for AER has to come from people who care. "The way we make money is through contributions only," Assistant Army Relief Officer Ursula S. Sallee said.

April 1 was the beginning of this year's AER campaign for the Presidio. AER hopes to continue its past canvassing success here from April through June 1.

Last year was a record year for AER throughout the Army. In 1984, according to a pamphlet from the Department of the Army, over $24,245,000 was used to help Army people. 1984 was also a record year for contributions; more than 6.6 million dollars was raised throughout the Army, which was about $600,000 more than collected in 1983, according to Sallee. The AER officer here in 1984 assisted 473 people totalling over $190,000 in financial aid and raised about $58,900 in contributions.

Since AER is a voluntary donation program, it means that the program is only as successful as people's willingness to give.

AER helps all Army people, whether active or retired, and their family members. AER also helps the orphans and spouses of deceased soldiers.

For the last 10 years, assistance to military people has increased. Since 1942, when the program began, AER has given over 250 million dollars in financial aid.

"Anyone in the military here can borrow up to $1,000 for an emergency. If more money is needed, it has to be approved by the headquarters of AER in Alexandria, Va.," Sallee said. "Usually, a loan or grant can be approved the same day by the AER office," she said.

AER financial assistance is available wherever people in the Army may be. When an emergency arises and there's need for help from AER, contact your unit commander, AER officer, or Red Cross chapter.

Presidio soldiers will be contacted during the campaign by people designated to represent AER.

The AER office is in bldg. 566 and their telephone number is 561-5156.

How much help AER can give directly depends upon how much you care about your fellow soldiers. Do you care enough to give?

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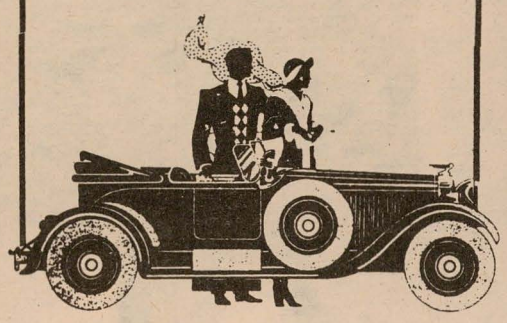

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Sp4 Tim Spurlin (LAMC Eye Clinic) and Sp5 Donald Maree (LAMC Allergy Clinic) apply moulage to Lt. Cmdr. Rita Hannon (Naval Regional Medical Center), creating an enucleated eye injury. An enucleated eye is one which has been removed from its enveloping cover.

Quake

LAMC holds earthquake exercise

story and photos by Liz Greeley

An earthquake registering 8.3 on the Richter scale struck San Francisco at 6:30 a.m. on April 18. Casualties exceeded 40,000; fires and 15-foot fissures brought traffic to a near standstill. The year is 1985, not 1906, and the temblor was all part of Letterman Army Medical Center's (LAMC's) tri-service earthquake preparedness exercise.

As part of the exercise, volunteers were made up in *moulage* (a mold of a lesion or defect) in order to simulate eye injuries, severe burns, broken bones and chest wounds. Some of the "victims" were able to walk; many were not.

Once the moulage team finished, ambulances moved the victims to LAMC.

As the ambulance rushed to LAMC, one patient called out for water. When the ambulance doors opened, a spleen-injury victim weakly cried, "Take me first! Take me first! They can wait; take me first!"

Now the victims were in the triage area, where wounded are sorted according to priority and appropriate place of treatment within the hospital.

According to Maj. Marcia Patrick, a LAMC nurse in the Infection Control Section, patients were given a quick check of their airway, breathing and circulation to determine where they would go in the facility. Patients who needed immediate attention (such as the spleen patient with internal hemorrhaging) got a red tag, and so on.

"They did a really nice job moulaging—some of them look dramatic," Patrick noted.

From triage, patients were moved to various parts of LAMC for treatment. But there were far too many casualties for LAMC to handle alone, and St. Francis and French Hospitals had too much structural damage to take patients, according to the exercise scenario.

So some patients were stabilized for evacuation to other San Francisco and Bay Area hospitals. Some patients were taken to Marshal Hale Memorial, Ralph K. Davies Medical Center, Pacific Presbyterian Medical Center, and San Francisco Veterans Administration Medical Center. Other patients were medevacked to David Grant Regional Medical Center at Travis Air Force Base and the Naval Regional Medical Center in Oakland.

Around 10:30 a.m., two Chinooks touched down at the helipad at Crissy Field. One helicopter took patients to the Navy hospital in Oakland and the other took people to David Grant.

On the chopper to Travis Air Force Base, it was a quiet flight; between the engine noise and earplugs, no one could hear the moaning patients.

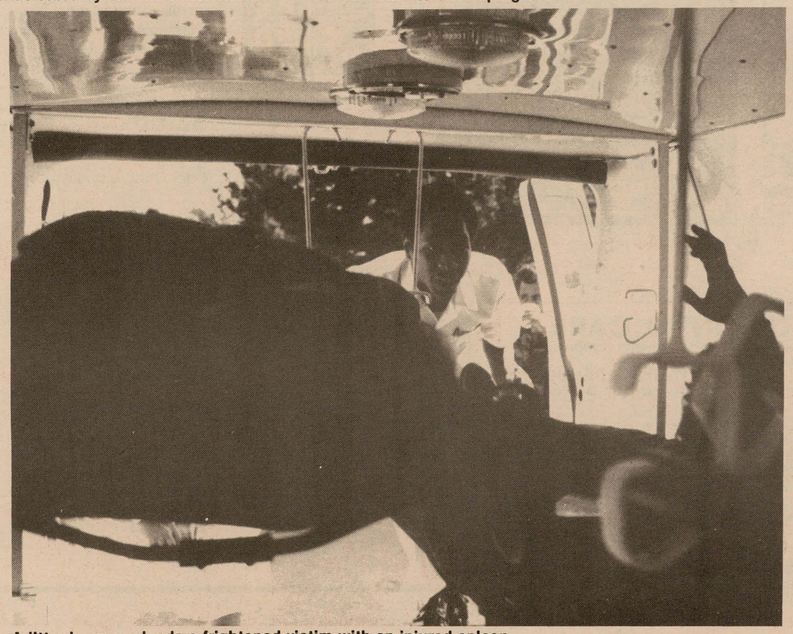
Twenty minutes later, the chopper touched down at Travis and airmen in starched uniforms quickly, efficiently took the patients away in a scream of ambulance sirens.

It was all over; now it was all up to the doctors and nurses at David Grant Regional Medical Center.

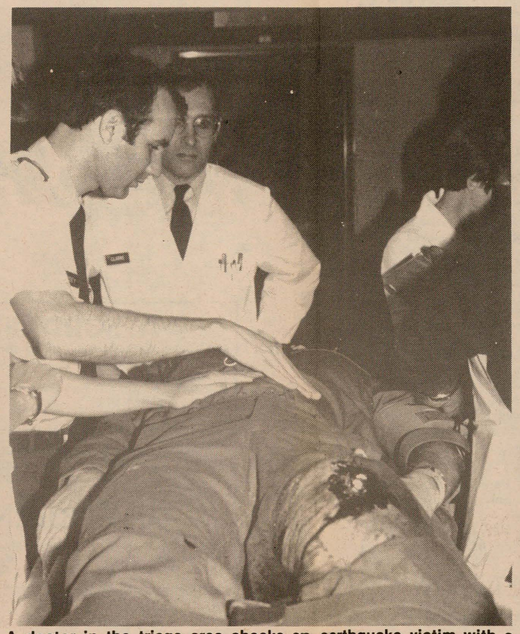
It was all over—until next year—or the real thing.

Two Army National Guard Chinooks (from the 49th Transportation Helicopter Company, Stockton, Calif.) come in for a landing at Crissy Field to medevac earthquake victims.

A crew chief helps load a victim onto a Chinook as Sp5 Walter Mozingo (LAMC exercise observer) and an ambulatory patient stand by.



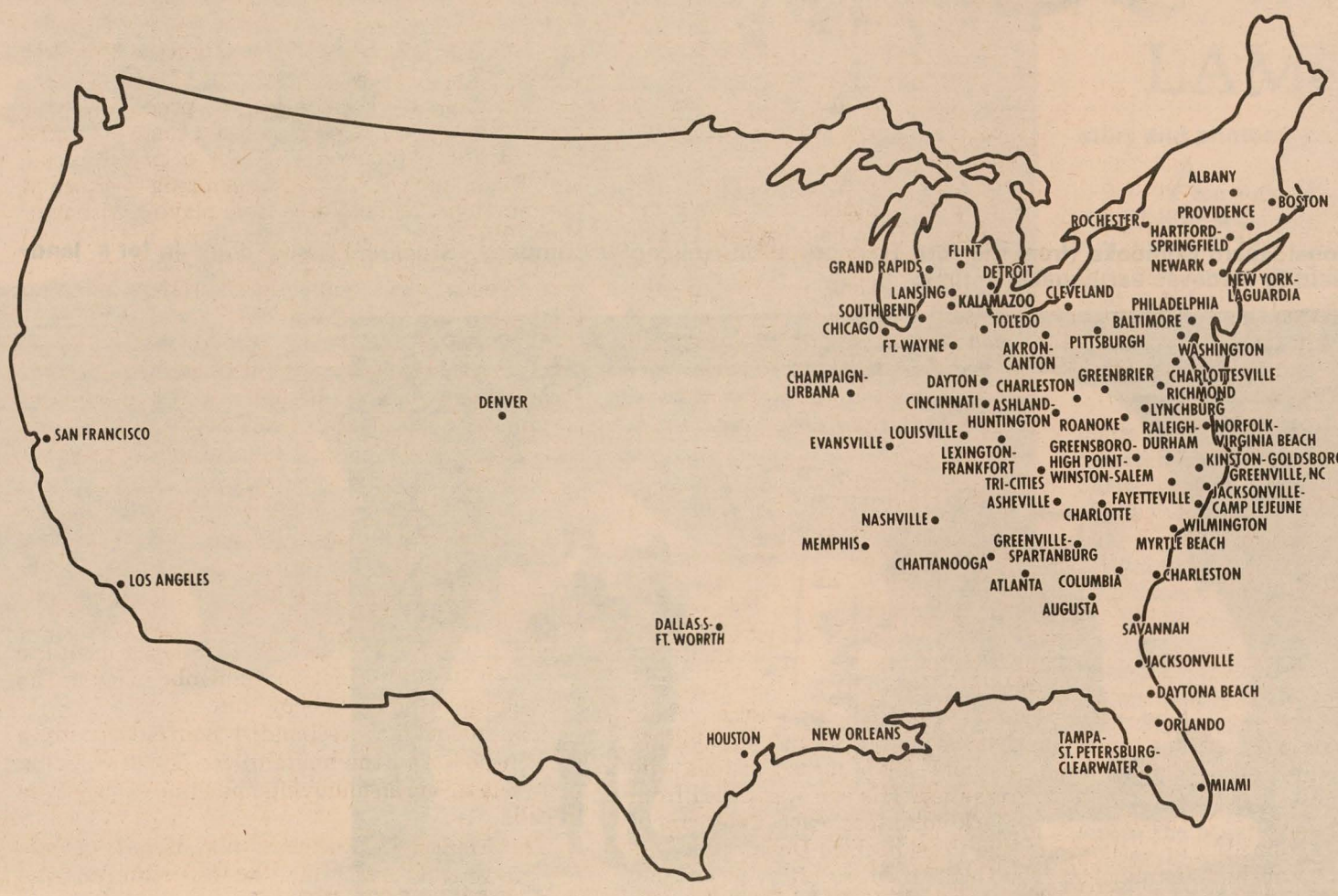
A litter bearer unloads a frightened victim with an injured spleen.



A doctor in the triage area checks an earthquake victim with a broken leg for other injuries.

Evacuees relax enroute to David Grant Medical Center at Travis Air Force Base.

WHEN GOING HOME DOESN'T MEAN GOING BACK TO THE BARRACKS.



MEDICAL TRANSCRIBER

The California Medical Facility Vacaville is accepting applications for Medica Transcriber. Starting salary is $1349 per month. Requirements are: two years of experience in typing and clerical work, at least one year which shall have been in medical nature requiring transcription of dictation from a dictating machine. Academic education above the twelfth grade may be substituted for year of general experience. Mail applications to California Medical Facility, Box 2000, Vacaville, Ca 95696-2000. Final filing date is April 30, 1985.

Equal Opportunity Employer

PHYSICAL THERAPIST II

California Medical Facility, Vacaville, is accepting applications for Physical Therapist II. Starting salary is $1973. Requirements are as follows: possession of legal requirements for practice of physical therapy in California as determined by California Board of Examiners. (Applicants may be admitted to examination prior to meeting these requirements, but the Board of Medical Examiners must determine that all legal requirements have been met before candidates will be eligible for appointment.) State applications are available at E.D.D. in your area. Mail applications to California Medical Facilty, P.O. Box 2000, Vacaville, CA 95696-2000.

Equal Opportunity Employer

CALIFORNIA MEDICAL FACILITY VACAVILLE

is accepting applications for Surgical Nurse I. Salary is $1897 plus $200 retention pay per month. After six months satisfactory service salary is raised to $1984 plus $200 retention pay. When supervising inmates starting salary is $2078 plus $200 retention pay per month. Requirements are: possession of valid California license to practice as RN; one year of experience as a surgical nurse in licensed facility. Mail state applications to California Medical Facility, Box 2000, Vacaville, CA 95696-2000.

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REGISTERED NURSE II

California Medical Facilty, Vacaville is accepting applications for Registered Nurse II. Starting salary is $1897 with $200 retention pay per month, after six months of satisfactory service salary is $1989 pluse $200. Requirements are as follows: possession of legal requirements to practice as a professional Registered Nurse in California and one year of professional nursing experience in California state service as a Registered Nurse or a facility licensed for Inpatient Care. For further information contact the California Medical Facility, Vacaville, 1600 California Ave., P.O. Box 2000, Vacaville, CA 95696.

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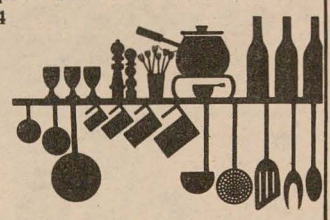

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Features

PSF firefighters have that special something

by Thomas K. Squier

"What people don't realize is that we are here all the time. This is not a 9-to-5 job. We spend half our life right here," said Firefighter Dispatcher Darryl Barr, of the Presidio Fire Department, explaining that the firefighters here work 24 hours on and 24 hours off.

Barr spends 22 out of every 24 hours at work in front of the new computerized switchboard. The old system had only one radio channel, and it took precious time to answer the phone or hear a signal from the alarm panel or radio, look up the necessary information in a file and get back on the radio or the station intercom system. The new system has eight separate radio channels and the dispatcher can simultaneously communicate with fire department vehicles and hand radios, the MPs, the Emergency Room, the Coast Guard and the California Disaster Network, among others.

Around the clock, an average of 11 people live and work in the fire station on the Presidio and the sub-station at Fort Cronkhite. The fire chief explained that they have assigned duties from 7:30 a.m. to 4:30 p.m. and then must find something to occupy their time until the next morning. The firefighters eat, sleep and relax, all on the station property in close confinement.

Fireman Ed Moniot said that much of the free time is spent studying. He said more than half of the firefighters on the Presidio have college degrees—mostly in Fire Science—and two firefighters are college instructors in Fire Science.

In addition, some of the firefighters are trained as Emergency Medical Technicians and constantly have to study for recertification, aside from the daily department training.

Fire Chief William J. Williams Jr. said the Presidio Fire Department is a many-faceted emergency service. Besides the normal task of firefighting, they also handle cliff rescues, automobile rescues, medical assistance calls and gas leak investigations.

Firefighter Moniot said, "To be a firefighter, you have to have something special inside. We are firefighters because we like to help people. I can't stand to see someone in pain or suffering; I have to do something to help." That is how all the firefighters are, he said.

The chief backed that up, saying they are good men who work an average of 72 hours a week, compared with the 40 or 50 of a municipal department. In fact, the men are so well trained that turnover is frequent.

Municipal fire departments often hire the firefighters away from federal service after they are trained. Federal hours and pay just can't compete with the bigger budgets of other agencies. Municipal fire departments are happy to pay them better wages without having to train them.

This fire department has a colorful history. Originally, all fires on post were handled by volunteer firefighters who were soldiers stationed here; there was no regular fire department. Then, in 1915, while Gen. John J. Pershing was fighting Pancho Villa, his home here burned and his wife and two daughters died. His son was pulled from the house by a black volunteer. After two years of investigations, the Presidio Fire Department was established. The Department is still in its original location, although through work done by the firefighters it has been remodeled several times. The department building is one of the few stations that has a brass pole which firefighters still slide down.

When asked what the biggest problem for his department is, Chief Williams said there is "a problem of fires associated with lack of parental control. Years ago there were big campaigns aimed at parents to prevent children from playing with matches. We need similar campaigns against the cheap, disposable butane lighters. They are lying around everywhere and children are fascinated by them; they are very dangerous."

Because of not being able to prove intent, children are not charged and fires are not called arson, but many fires are actually caused by children playing with butane lighters. These fires go on the record as incendiary fires and are not considered accidental.

The emergency number for the Fire Department is 561-5656. The chief said the reason that the 911 system is not used on post is that all the military phones use "9" to dial an off-post number, so 911 would not work. The non-emergency number is 561-4220. While the fire department is a good source of information, remember they are an emergency response agency first.

The dispatcher responded courteously to a caller who asked the hours of the Thrift Shop on post, but this is an annoying and unnecessary type of call.

The firefighters' primary duty is putting out fires and saving lives—just like the volunteer who saved Pershing's son 70 years ago.

Special soldiers sought to jump with Golden Knights

The United States Army Parachute Team, the "Golden Knights," are accepting applications from soldiers who are interested in trying out to become a member of the team for the 1986 demonstration and competition season.

The "Golden Knights," the Army's only official aerial demonstration unit, perform more than 300 live demonstrations throughout the United States before an estimated audience of 10 million spectators each year.

The following requirements must be met before requesting selection for the tryout program:

- Service members must be active duty men or women in grades E-1 through E-7, have at least 150 freefall jumps and be actively jumping a ram-air (square) canopy.
- The applicants must have at least two years remaining on their current enlistment or be willing to reenlist or extend if accepted on the team.
- Applicants must have a clean military record, no court martials, Article 15s or bars to reenlistment and must not be on orders or alerted for overseas service.
- Soldiers already serving tours overseas must have completed five-sixths of the obligated tour by December 1.

This year's tryout program is tentatively scheduled for October 1 through November 11, 1985. Interested people may request tryout applications by writing to:

U.S. Army Parachute Team
"Golden Knights"
ATTN: Tryout NCOIC
P.O. Box 70126
Fort Bragg, NC 28307-0126

Would-be applicants also may call AUTOVON 236-4800 or 236-4828 or commercial (919) 396-4800 or 396-4828. All applications must be completed and received no later than July 30.

If selected for the tryout program, soldiers will be placed in either temporary duty or special duty status with the Army Parachute Team.

U.S. Army Parachute Team

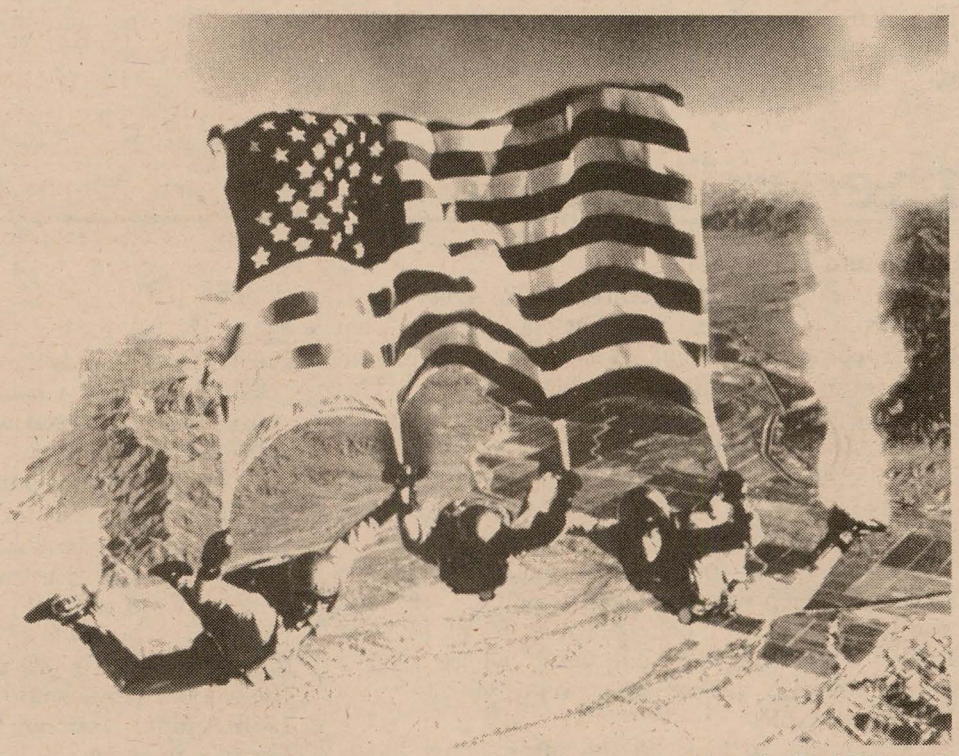

photo by Fred O'Donnell

Three Army Golden Knights fall through the air at 120 miles per hour as they fly the American flag two miles above the earth.

At the movies

Presidio Theater

Fri,	April 26	Vision Quest (R)	7 p.m.
Sat,	April 27	Missing in Action 2, The Beginning (R)	7 p.m.
Sun,	April 28	Missing in Action 2, The Beginning (R)	2 & 7 p.m.
Mon,	April 29	Missing in Action 2, The Beginning (R)	7 p.m.
Tue,	April 30	Avenging Angel (R)	7 p.m.
Wed,	May 1	City Heat (PG)	7 p.m.
Thu,	May 2	City Heat (PG)	7 p.m.

Schwartz Theater

Mon,	April 29	Vision Quest (R)	7 p.m.
Wed,	May 1	Missing in Action 2, The Beginning (R)	7 p.m.
Thu,	May 2	Avenging Angel (R)	7 p.m.

Hamilton Theater

Fri,	April 26	Off Your Rocker (PG)	7 p.m.
Sat,	April 27	Robin Hood (G)	1 p.m.
Sat,	April 27	Dreamscape (PG) & Red Dawn (R)	7 p.m.
Wed,	May 1	Jungle Book (G)	7 p.m.
Thu,	May 2	Never-Ending Story (G)	7 p.m.

Community Calendar

Flea market

The Presidio Thrift Shop will hold a flea market on May 4 from 10 a.m. to 1 p.m. at bldg. 204. Come on out and bring your own table; cost is $5 for one space and and ID card is required.

This is subject to change depending on weather conditions.

For more information, call the Thrift Shop at 922-3384.

Educational seminar

The Presidio Post Chapel is sponsoring two Saturday educational seminars at the Religious Activities Center (RAC), bldg. 682.

Tomorrow, from 11 a.m. until 3 p.m., Robert Phillips, M.A., will conduct seminars on *Retirement from the Military.*

Phillips is a military retiree who experienced difficulty during his adjustment to civilian life in 1982. He subsequently decided to continue his education and hopes to pursue a doc-doctoral degree in social psychology. He currently provides rehabilitation counseling at the Berkeley Veterans Administration Medical Clinic.

This three-hour seminar will explore and examine the psychological and personal aspects of military retirement and the transition to civilian life. Potential obstacles to successful transition will be discussed along with goals and employment objectives.

The second seminar will be held on May 4 from 1 to 3 p.m. at the RAC. This seminar will be conducted by Betty Packard-Voris, the author of *When Someone is Crying.* Packard-Voris is a management consultant and a creative force behind specially designed training and interpersonal development programs.

To register for either or both seminars, please call the RAC at 561-3535 today.

photo by Andy Schwartz

Desperately Seeking Susan

Rosanna Arquette hugs Madonna who plays Susan in the madcap comedy now playing at the Galaxy Theater at Van Ness and Sutter.

City College

City College of San Francisco's summer term runs from June 3 to July 18. The deadline for mail-in registration is **May 3.**

Examples of evening classes on campus are: astronomy, business, computer science, English, math and sociology.

Pick up your schedule and application today at the Fort Scott Education Center, bldg. 1216, or the LAMC Education Center, bldg. 1007.

Beach Blanket Babylon

Beach Blanket Babylon's Makin' Whoopee! is a delightful new version of the Beach Blanket series which has been running for the past 11 years. This 90-minute giggle features new musical numbers and character impersonations, including Cindi Lauper, Prince and Tina Turner.

Tickets are available for May 4 at 8 p.m. with special seating in the Tiara Room of the Club Fugazi. Tickets are $17.25 and may be bought at the Recreation Center ITT Office located in bldg. 385.

Hours of operation are 11:30 a.m. to 1 p.m. and 2 to 5:30 p.m., Monday through Friday.

Officers' Wives' Club

The Presidio Officers' Wives' Club May luncheon will be held at 11:30 a.m. on May 2 at the Presidio Officers' Club.

Please call for reservations before noon on Monday. Leslie Nickels at 750-3750, Sue Ann Cartwright at 750-3782 or Beverly Bagnal at 346-5890 can take your reservations.

VEAP, Army College Fund

If you have not established your Educational Savings (EDSAV) account by contributing through Finance **before July 1, 1985,** you will lose your eligibility for these educational benefits.

You may start a monthly allotment of $25 to $100, or deposit a lump sum of $300.

For more information, call a counselor at the Fort Scott Education Center, bldg. 1216, at 561-2974 or the LAMC Education Center, bldg. 1007, at 561-4030.

the write stuff...

by Richard M. Wetzel

A recent letter to the editor of *The Army Times* was from a young soldier stationed on the East Coast, complaining that soldiers were singled out because of the traditional military haircut...This can't be the case here at the Presidio, since the military haircut is the style for the West Coast.

Still, an out-of-uniform soldier roaming the streets in The City is likely to be spotted...but not because of the haircut...it's the behavior.

In order not to look like an out-of-uniform soldier or, even worse, a tourist, you have to look and behave as if you belong...make it look like you know what you're doing and where you're going...one slip and someone's on to you.

For example:

- Try not to look up too often...most locals look down at the sidewalk when going somewhere...that way they avoid broken glass, vomit and any traces of dogs.
- If you're simply out for a day of sightseeing, don't make it look so obvious. Instead of staring and gazing up at tall buildings, make it look like you're searching for something in particular...you might want to say in a loud voice, "I know that office is around here someplace."
- Hey, you're not in uniform...don't march...strut!!!!!!
- Don't be intimidated by street beggars...ask them first, or use that sarcastic remark you've been saving for your sergeant...
- If you're driving, don't blow your cover by circling the block looking for a parking spot... double park!
- By all means, don't flash your wallet or cash...There's only two kinds of folks that carry cash in The City...soldiers and tourists...you're only setting yourself up to be spotted...and a very possible victim.

Now that the ground rules are set:

The Third Annual Whole Life Expo ("The healthiest place to be...") starts tonight and continues through the weekend at the Moscone Center. Featured will be fitness and movement programs, bodywork and massage, 41 panel discussions and more than 300 exhibits...I think the whole Army should attend...all at once.....The 15th Annual National Educational Film Festival starts tomorrow and continues Sunday at the Oakland Museum...call 273-3402

In Golden Gate Park (which means **free**)...*Bandido Borderock* will perform at the Band Shell, tomorrow from noon to 3 p.m....California Spring Blossom Society's Show starts tomorrow from noon to 4 p.m. in the Hall of Flowers...Morrison Planetarium celebrates National Astronomy Day with star gazing (weather permitting) at 7 p.m. at the California Academy of Sciences...

And for those of you that have money to blow...Join *Nelson Riddle and His Orchestra* at the Hyatt Regency for the 38th Anniversary Extravaganza, tomorrow night...tickets are $75 per person (tax deductible, since proceeds benefit the Variety Club Blind Babies Foundation)...black tie is optional...

PURE ENTERTAINMENT: *The Commodores* (minus Richie, thank heavens) will play the Circle Star Theatre June 8 and 9...Also at the Circle Star will be *Bob Hope,* June 21, and *Bill Cosby,* June 29...*The Smothers Brothers* will be at the Marin Center, San Rafael, June 9 and at the Paramount Theatre, Oakland, June 15...

SPORTS: The San Francisco Giants will take on the Cincinatti Reds tomorrow at 1 p.m. at Candlestick Park...The Arizona Outlaws vs. the Oakland Invaders, 5 p.m., Oakland Coliseum... check with the Presidio ITT Office for discount tickets...

ETHNICALLY SPEAKING: *Rosa Montoya Bailes Flamencos,* which, I think is flamenco dancing and music of Spain, will perform on Saturdays only (tomorrow, May 25, June 22, July 27) at the Music Hall Theatre, 931 Larkin at Geary...which is just around the corner from the Mitchell Brothers Theatre, where Marilyn Chambers received her bust (all puns intended)...Just thought I'd throw that in, in case you got bored with the flamenco dance...

Tell me, why does an institution, such as a bank, that is supposed to serve the public, in particular, soldiers, operate at hours that keep those same folks away?...If the average person gets off work at 4 p.m., why does the bank close at 3 p.m.?..Are they trying to tell us something?..have banks forgotten who needs whom?...Far be it from me to mention names...(that be fair enuff?)...

Sports

Post racquetball championship

The Post Racquetball Championship saw All-Army candidate Carlos Farias (LAMC) defeat Butch Alexander (PMO) 9-15, 15-14, 11-9 to capture the Open Division title.

These two top-notch players engaged in an intense battle, with no slack given.

Alexander was confident from the first serve and played well to win the first game. The pivotal second game had long rallies as Farias kept the intense pressure to edge Alexander. The pressure carried into the tie-breaker game as Farias' spirit prevailed. He avenged his defeat by Alexander in the Christmas holiday tournament.

The Senior Division (35 years old and over) saw a red-hot Joel Cameron (USAG) easily defeat Ed Begley (USAG) 15-8, 15-9.

The expected tough game never occurred as Cameron's quick serve kept Begley off balance.

In the Women's Division, Jennifer Freitas (LEC) had a tough match with Tracie Davis (LAIR).

Freitas was undefeated going into the championship game, but was defeated by Davis 15-9, 5-15, 11-5 to force the tie-breaker game. This next match was an endless seesaw battle of long rallies. The contest saw Davis powerfully hit the ball, racking up points. Yet Freitas regained her composure to prevail 15-13, 15-13.

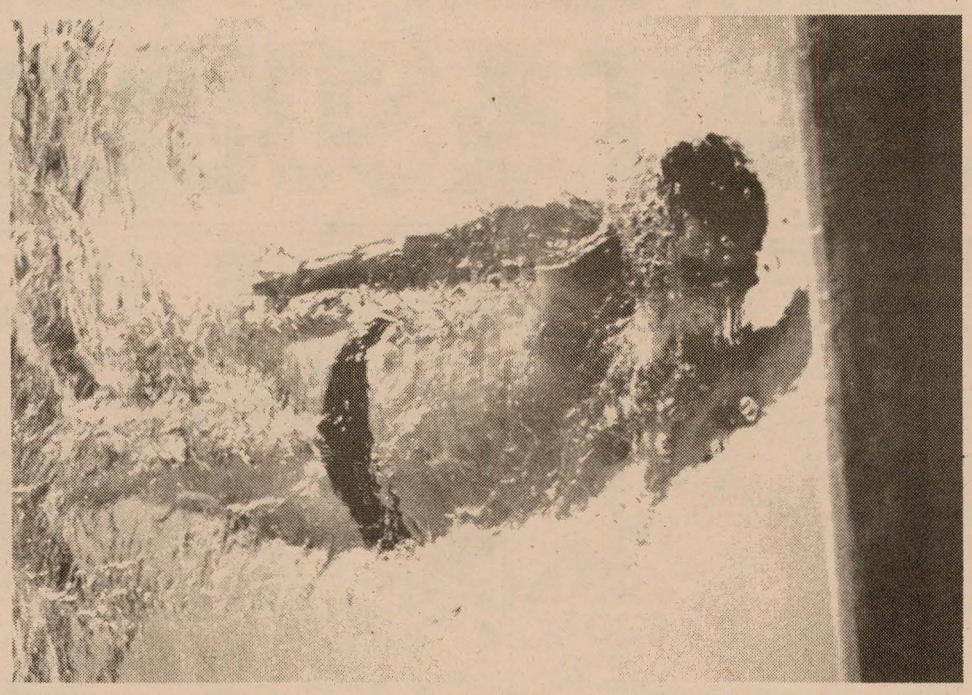

photo by Karl C. Rankin Jr.

Stroke! Turn!

Robert Hart, 17, makes a turn during warm-up exercises at the post pool.

Women's softball

Coaches and players are needed for the Presidio women's softball team. Women soldiers and family members are needed to represent the Presidio in the Central Pacific Sports Conference Women's Slow Pitch Softball League.

Interested women are urged to contact Bobbie Gascon, sports director, at 561-4120 or 561-5032.

Practice schedule is each Monday and Wednesday at Fort Scott Field No. 2 at 5 p.m. League play will begin the first week of May.

Officials needed

Youth Activities is looking for qualified baseball officials for the upcoming baseball season.

The season begins tomorrow and ends June 15.

If you are interested in making a little money and supporting the sports program—please give us a call at 561-5143.

Intramural golf standings

Team	Won	Lost	Tie
6th Army	3	0	1
LEC	3	1	1
LAIR	3	1	1
LAMC	3	1	0
Readiness Group	2	2	1
USAG No. 2	2	3	0
USAG No. 1	1	4	0
6th Army	0	5	0

Intramural volleyball standings

Team	Won	Lost
SF MI	5	0
LAMC	3	0
GGR	5	1
USAG	5	1
LAIR	4	1
Co. G, DLI-SF No. 1	3	1
Co. H, DLI-SF	4	2
DPCA	3	3
JAG	1	4
Co. G, DLI-SF No. 2	1	4
6th Army	1	3
864th Engineers	0	5
LEC	0	4
LAMC No. 2	0	5

Intramural Bowling League final standings

Team	Won	Lost
LAIR	174	66
USAG	137	103
LAMC	136	104
Band I	127	113
6th Army	117	123
INSCOM	115	124
USAISC	114	126
Band II	106	134
Flashbowlers	104	136
Bay Bombers	52	188

Fort Scott softball fields

Reservations for the use of the Fort Scott softball fields are now being accepted by the Sports Branch, 561-5032 or 561-4131, on a first-come, first-served basis. Reservations will be limited to one hour, which must be used before another reservation is accepted.

Units with confirmed reservations must pick up the authorization slip from the Sports Office in bldg. 63, Gym No. 1, to preclude being denied use of the field.

Kick, stroke with PSF's winning swimming team!

by Jeff Smith

Swimming is a grueling sport. While you cannot see swimmers sweat or watch them go through a workout on an athletic field, they work longer hours than football teams. The Aquarius Swim Club, which is sponsored by Presidio Youth Activities, works out in relative anonymity in the post pool. In the club are an assortment of youths aged 6 to 18 who practice two hours a day, five times a week, all year long.

Their coach is John Rozum, a second-year law student who has been with the team since December. Rozum, who has five years' coaching experience, said he has 25 people on the team. "Of those, there are six hard-core swimmers who show up every practice," he said. The club is open to military family members and youths sponsored by a military family. There is a registration fee of $8 for a United States Swimming Card and a $10 monthly fee to Aquarius Swim Club for membership.

Practices are held from 4 to 6 p.m., Monday through Friday, and from 6 to 7:30 a.m. on Mondays, Wednesdays and Fridays. Rozum said that constant practice is needed at this level to improve endurance and technique.

"Everyone on the team is an age group level swimmer," Rozum said. As the swimmers grow and progress, they enter the Junior level and then Senior level. Seniors are the athletes who perform in the Olympics.

Younger or less-experienced members swim between 2,500 and 3,000 yeards, while better swimmers stroke out 4,000 to 4,500 yards a practice.

Practices all start with long swims using the four basic strokes: butterfly, breaststroke, freestyle and backstroke. As the swimmers tire, distances shorten and the coach begins to push for speed and check for flaws in their strokes.

Despite all of the laps done in practice, swimmers need not have much endurance or perfect strokes in order to join the club.

"We take any kid who can swim one lap in a pool," Rozum said. "We concentrate on technique with new kids," he added.

To improve the skills of his charges, the coach uses a number of devices to improve certain areas of the swimmers' physique. Paddles are attached to the hand to create resistance which strengthens arms and shoulders. Holding on to boards keeps hands occupied, so the swimmer must rely on his legs for propulsion. And then there is always the trusty old stopwatch. With it, the coach can measure an athlete's improvement in minutes and seconds.

There is one more gauge for overall improvement. The Aquarius Club normally participates in two competitions a month. During the two-day meets, club members swim up to 10 races each. Because of the disparity in the numbers of swimmers on individual squads, individual results are emphasized, not team scores.

In their most recent meet, at the Vallejo Aquatic Club Individual Meet on April 13 and 14, Rozum had nine swimmers available. In the "A" Division, Lisa Palladino finished second in the 13- to 14-year-old 100-yard breaststroke with a time of 1:17.55. She also finished sixth in the 100-yard butterfly behind teammate Jeaniene Talley, who finished fourth in a time of 1:10.65. Talley added a sixth in the 25-yard freestyle and a seventh in the 200-yard individual medley. Both Eva Walker and Gabby Talley won races in the 9- to 10-year-old age group. Walker captured the 50-yard backstroke and Talley took the 50 freestyle. Talley added a second and two fourth places in the 50 backstroke, 100 freestyle and 100 medley. Walker took a fourth place in the 50 butterfly as well.

Palladino, 14, has been swimming for five years, one and a half of those spent right here on the Presidio. She said she races six to eight times a meet and enjoys the challenge of swimming. She hopes to continue to swim when she enters college, but admits that she sometimes tires of the sport.

"Sometimes I get tired of it, but I wouldn't give it up; it means too much to me," she said.

Kimberly Srephichit, 12, has been in competitive swimming only four months. She got involved because a close friend was on the team. Even though she is moving in August, she said she has enjoyed the experience.

"The first couple of days on the team made me feel good," she said.

If you would care to see the Aquarius Club in action, stop by one of their practices or attend one of their meets around the Bay Area. Their next meet is on May 11 and 12 in Benicia, just south of Vallejo. If you are interested in joining the swim club, contact Muriel Talley at 221-2915.

Perhaps you, too, can stroke your way to victory on Presidio's winning swimming team!

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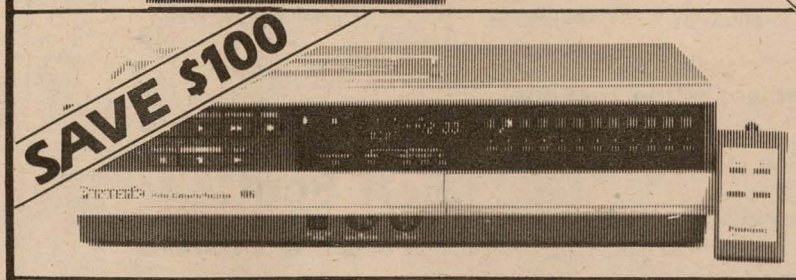

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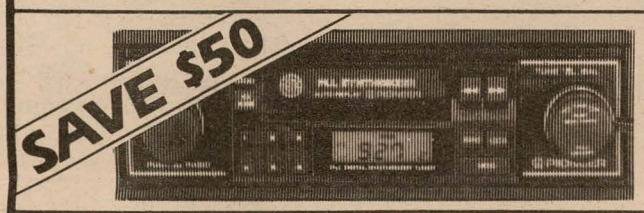

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A soldier's legacy: Vietnam *and* Dachau remembered, **page 3**

Point Reyes: enjoy the wild beauty of the rocky coastline, **pages 6&7**

Caveat Emptor: buyers beware of contracts, **page 9**

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Star Presidian

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News Briefs

Armed Forces Week

The nation's defense forces located in the Bay Area will celebrate Armed Forces Week, May 12 through 18, with public band concerts, exhibits, demonstrations, a parade and a military ball.

The local celebrations reflect National Armed Forces Day and Week proclaimed by the president to honor American military forces. The occasion has been celebrated yearly since instituted by President Truman in 1949.

In San Francisco, Army, Navy, Air Force, Marine and Coast Guard marching units and bands will perform in the Armed Forces Week Parade at 12:30 p.m. Friday, May 17. They also will be heard in concert in locations throughout the area during the week.

Pier 39, Pier 45 and the Marina Green will be sites for displays of military equipment on Saturday, May 18. Demonstrations of military activities, including parachute jumps, will also take place at those locations.

Saturday evening, May 18, the annual military ball will be held at the Officers' Club here. This is the only event for which it will be necessary to buy a ticket. Tickets may be bought at the San Francisco Chamber of Commerce or any military installation.

864th returns

The D Company, 864th Engineers returned to the Presidio from an ARTEP (Army Training Evaluation Program) at Fort Lewis, Wash. About two-thirds of the group came back by military aircraft, arriving here on April 26, while the other third returned on April 29 by convoy.

The heavy equipment engineer's two-week exercise with its parent battalion included building a three-wire cable bridge across a river and reroofing a CS gas chamber. The soldiers worked in a simulated war environment, showing their survivability skills and construction proficiency.

Sunday matinee ends

The Sunday matinee at the Presidio Theater has been discontinued.

The decision to eliminate the Sunday matinee was the result of a study that revealed low theater patronage and high personnel and rental costs.

In June 1984, the matinee was changed from Saturday to Sunday on a temporary basis, but low attendance has finally left no alternative but to eliminate the afternoon showing on Sunday.

The Presidio Theater will remain open seven days a week and is still dedicated to providing quality motion picture entertainment for authorized patrons.

photo by Karl C. Rankin Jr.

Sp4 Jody Adams swings at the ball during her unit's softball practice.

USAISC soldier wins SOM

by Bob Walker

Women soldiers won three of the last four Soldier of the Month (SOM) competitions when April's title went to a United States Army Information Systems Command (USAISC) soldier.

Sp4 Jody Adams, methods and results clerk for USAISC, won Soldier of the Month in her first try for the title. Adams comes from a Michigan family with 11 children and, according to her co-workers, she knows what hard work is.

Asked about her reaction to winning, she said, "I was shocked. I couldn't believe it. My first sergeant said I won it, but I told him he was joking. I've never been boarded before; I went for Soldier of the Month to gain experience to prepare me for making E-5."

Adams prepared for the board by studying a lot with the help of her husband, Sp4 Robert Adams, who works as an asphalt and concrete specialist for D Company, 864th Engineers. Co-workers also quizzed her to help her prepare.

Adams said 1st Sgt. Florentino Burril told her, "Adams, you're going to win it; that's the bottom line." Adams credits him for being the one who really helped her out. To get her ready for the board, Burril loaned her manuals he had brought from his previous assignment in Alaska.

Her NCOIC, SSgt. Johnny McWilliams, said, "I knew she'd get Soldier of the Month before she went up there; she's really great. She's my right arm and gives attention to detail. I think she'll go warrant officer someday; she wants to go places in the military. Everyone gets along with Jody."

Her civilian supervisor, Joseph Wilson, said, "She's very dedicated, conscientious and highly motivated. She's well versed in all phases of the communications center and operations. She's an asset to the Army and particularly to USAISC."

Burril, who is new to the Presidio, said, "I prepare my people for the board. Adams wanted Soldier of the Month, went after it and got it. I think Adams has the potential of making a very strong senior NCO. I can see her going all the way to the top; she has a lot of the qualities needed to do so. I can see a lot of women winning Soldier of the Month in the future, because I think they take more interest in things and sink their teeth in and go for it."

When asked about her winning, her husband said, "I loved it. I knew she was going to win. Her first sergeant helped her out a lot by asking questions and giving her time to study."

With her husband on orders, the Presidio will soon be saying farewell to the couple as they head for Germany, leaving further SOM opportunities for others here.

Presidio women have shown that they make great soldiers as they continue to earn more Soldier of the Month titles.

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Opinions

TAKE A BITE OUT OF CRIME

The popularity of motorcycles, four-wheel-drive trucks and other off-road vehicles is growing by leaps and bounds. The feel of the wind in your face—the challenge of you and your machine against the elements—it can be exhilirating, but also can be deadly. If you are not an experienced off-road driver, you can easily become involved in an accident at the risk of not only hurting yourself, but other passengers, joggers and hikers.

The use of off-road vehicles on a military installation is governed by Army Regulation 210-9. It states, in part, that all land and water areas will be closed to recreational use of off-road vehicles. Only those trails and areas determined suitable, and specifically designated as such, can be used by off-road vehicles.

As members of the Presidio community, we are able to enjoy and appreciate all the natural beauty the post has to offer and all the recreational opportunities that are close by. However, there is no authorized area for the use of off-road vehicles on the Presidio. Any use of off-road vehicles on the Presidio or its subinstallations is strictly prohibited. Anyone caught operating a vehicle off-road on post will be issued a traffic citation, which carries a fine.

The Military Police are attempting to prevent the dangerous and illegal operation of off-road vehicles on the Presidio and its subposts.

The use of off-road vehicles also destroys the habitat for some endangered plant species.

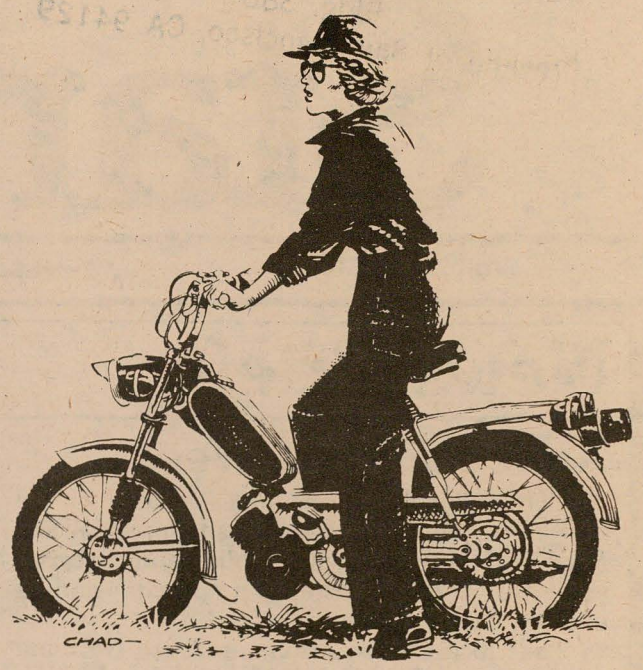
Parents who have children with motorcycles, mopeds or other off-road vehicles should make sure they are using these vehicles legally and have the proper equipment to operate them safely.

Operate your off-road vehicle only in authorized areas and you can help ensure this summer will be filled with fun, joy and safety.

The following licensing and operating procedures are listed to make sure adults and children alike understand their duties and responsibilities:

- A moped may not be driven on a freeway, bicycle path or trail, bikeway, equestrian trail, hiking trail or recreational trail, unless the path or trail is on or next to a roadway—or permission to use the trail or roadway is granted by local ordinance.
- Motorcycle operators must possess a Class 4 driver's license, or an endorsement to the normal driver's license, before they can legally operate a motorcycle under California law.
- Motorcyclists and moped drivers are required by regulation to wear protective headgear (helmets) while riding on the Presidio and its subposts. Violators will be cited.
- There are many off-road trails available for public use in the area. Your local library or bookstore can yield a guide to the location of these areas and the benefits of safe off-road driving.

If you have any questions or comments on this topic, call the Military Police Traffic Office at 561-3810 or the Crime Prevention Office at 561-5011.



Crime Report

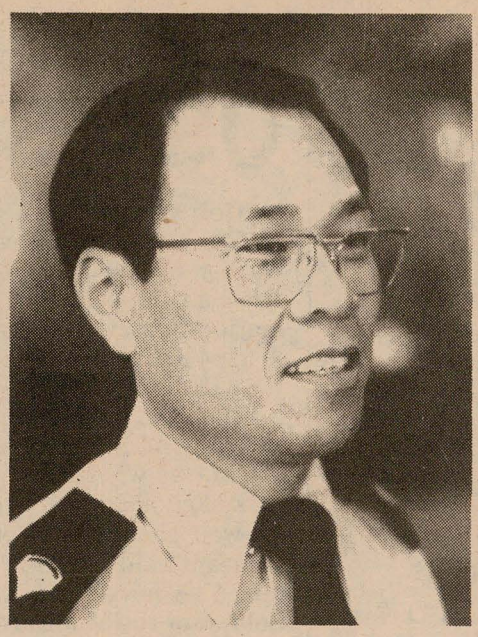
- Unknown person(s) broke into a secured camper shell and removed numerous personal items.
- Person(s) unknown removed an unsecured wallet from an office in Letterman Army Medical Center.
- An unsecured purse was stolen from a desk in bldg. 1014.
- Two people were detained and charged with suspicion of driving under the influence.

Ramblin' Sam

"What one question would you like to ask the post commander? Why?"

May Binder, position classification specialist, CPO: "He's done such a terrific job for the Presidio. Why does he have to retire now? Why can't he stay longer?"

Sp5 Jacqueline Kelly, DART NCO, 6th Army: "Why don't we see more of him? If we see him coming around more, it strengthens the Army and builds soldier morale."



Sp5 James Park, chaplain's assistant, Post Chapel: "I would like to ask the commander to attend the Sunday services for both Catholic and Protestant. Because he is the commander the congregation is happy when he attends. He doesn't come every week."

Sgt. Randall French, NCOIC Crime Prevention, PMO: "What has been done in reference to the vehicle parking situation in the Pershing area? Because I live up there and we have trouble commuting on the weekends."

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A soldier's legacy...

by Liz Greeley

This past week has been a special week. For the most part, the media has been concentrating on the 10th anniversary of the fall of Vietnam.

That is all well and good, but I think we should remember all of history, not just the part likely to get the highest ratings.

This past week also marked the 40th anniversary of the liberation of Dachau concentration camp.

On April 29, 1945, American soldiers freed Dachau. When they opened the gates, they found hundreds of unburied corpses and prisoners who could barely be counted among the living. They had no problem finding the gas chambers.

Dachau was not the first camp liberated—Nordhausen had been liberated on April 11, 1945; Lublin in July of 1944 by the Russians.

There were many other concentration camps: Bergen-Belsen, Sachsenhausen, Treblinka, Majdanek, Auschwitz and Buchenwald.

Buchenwald...I never will forget the day I was flipping through the "B" section in our home encyclopedias (I must have been about 11 years old) when I came across a photograph that froze and deeply shocked me. I could feel my hair standing on end as I looked at the photo. That photograph was of newly freed prisoners in Buchenwald.

Twenty years later, I still remember their glassy-eyed stares and the ribs that stood out so visibly you could count each one. Two of the men in the photograph were dressed. The third, and foremost, stood in the barracks doorway modestly holding his striped prison uniform in front of him. Nevertheless, the waxy, matchstick legs, the knobby shoulders attached to spindly arms and the eyes full of pain beyond caring were not hidden from view. Twenty years later, that image is seared into my memory; it still haunts me.

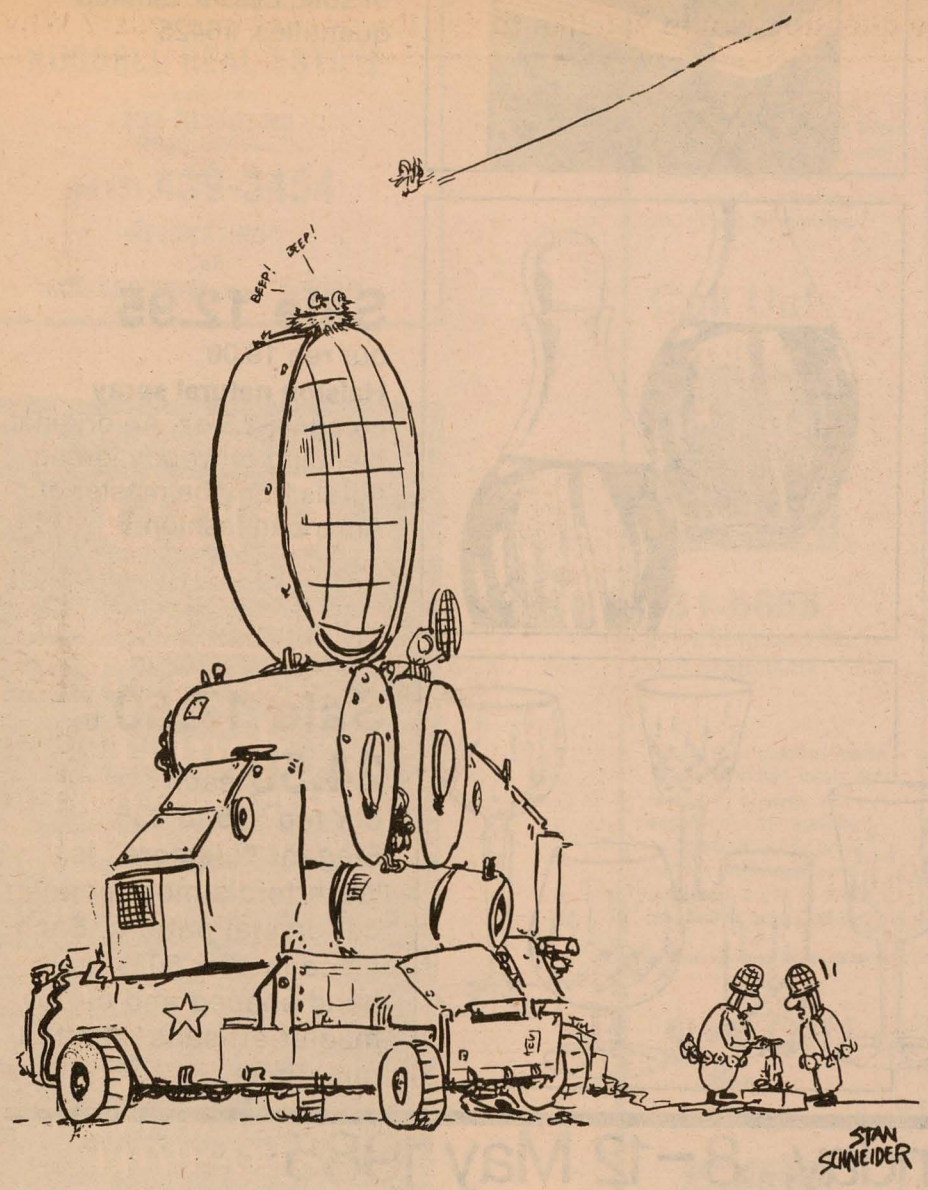
What's the point of all this? Why do I bring this up? Balance.

As long as we are remembering anniversaries, we must remember Vietnam and, yes, that we lost that war. But we should also remember World War II and the people American soldiers and their allies *saved* from the gas ovens, the experiments, disease and starvation.

Six **million** Jews and another 6 million gypsies, communists, homosexuals, Jehovah's Witnesses and others—12 million in all—perished in those camps. That American soldiers and allied troops were able to rescue survivors is to the everlasting credit and honor of these soldiers.

A partial truth by any other name is a lie; let us remember the whole truth and our *whole* history.

The Lighter Side



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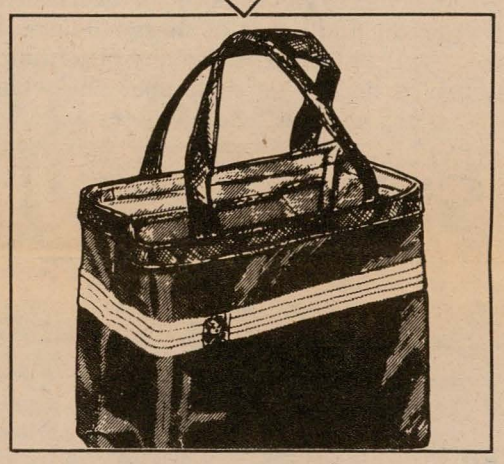

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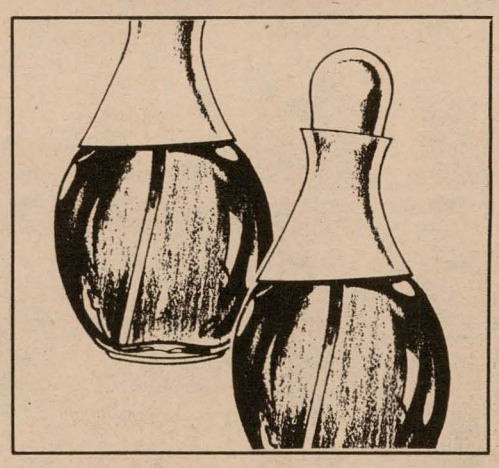

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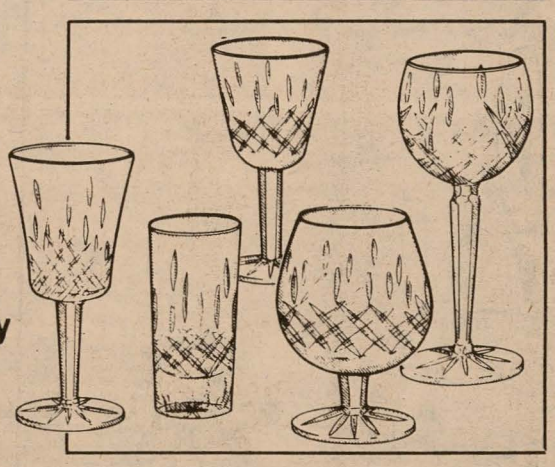

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Feature

Computers demystified at Computer Users Group

by Liz Greeley

The budget people in your office keep talking about "LOTUS 1-2-3," the secretary is always on some mysterious piece of machinery called a "Displaywriter," and your boss just got something called a "PC" (you're hoping it's not contagious) and *everyone* in the office keeps talking about "diskettes"! You're frustrated; the only disk you know anything about is the Edith Piaf record you put on the turntable last night.

Yes, you're frustrated, but if the truth were known—you're intrigued, too!

Don't worry. LOTUS 1-2-3 is a budget computer software program, a Displaywriter is a wordprocessing system (you can correct the boss' letter without that messy liquid), a PC is a personal computer and a diskette is a disk that stores information, just as your record stores Edith Piaf's voice.

But what about that intriguing computer system in your office—how do you learn about all the secrets lurking in that sleek frame?

Well, you could just come to the next meeting of the Computer Users Group, which meets at the Recreation Center, bldg. 1131, every Tuesday from 11:45 a.m. to 12:45 p.m. for a brown bag lunch.

According to John Crimen, computer assistant for the Administrative Support Branch, COMPACT, the group meets to sit down and talk about common problems and new applications to software programs already in use. It's an informal, friendly group, Crimen said.

And the group isn't just for systems analysts and computer programmers.

"Anybody on this post can come. Really, we'd be more than happy," Crimen said.

"We try to have demonstrations either every week or every other week," he added. For example, at a recent meeting, they had a person from the Tandy Corporation demonstrate the TRS-80 computer.

The only requirement to attend the Computer Users Group is curiosity about computers, whether your office uses computers or not.

The group was originally the brainchild of L. D. Bowen, deputy director of Personnel and Community Activities. It seems that when the Presidio began to computerize, there were a lot of people using the new systems who had questions, but didn't know where to find the answers.

"There are so many people on this post that now use computers and Displaywriters, any sort of data-processing system, and none of us ever talks to the other," Crimen explained.

So Bowen put the group together about three months ago, so they could share solutions its members discovered, share newly gained expertise and discuss new software being developed and how it might be applied here.

Crimen added that if anyone has questions about the post's computer system, they're welcome to call.

"I love for people to call and ask me, 'Can you help me with such-and-such?' Sure! Come on over, we'll talk about it!" he said enthusiastically.

Curious and still intrigued, but, awww, why go to all that bother?

Well, one lunch a week isn't really too much of a bother, but John Crimen has a better reason to go to the meetings.

"I don't think, in the next few years, there isn't *anything* that computers won't be able to do," he said.

The future awaits. Are you going to be left behind?

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Point Reyes

Enjoy the wild, rocky coast

by Bob Walker

People seem to like tradition and our government is no different it appears. Less than a two-hour drive north of the Presidio, off Route 1, you can find one tradition to which the government still clings.

Since the Civil War the government has used Morgan horses for various chores. And the Point Reyes National Seashore uses 30 Morgans in line with that tradition.

According to Gina Muzinich, manager of the Morgan Horse Ranch there, the reason for this tradition is that the Morgan is the first American breed of horse and has a body capable of patrolling, pulling and carrying packs. Morgans also have "a good temperament," she said.

The Morgan Horse Ranch gives demonstrations by appointment. During these demonstrations, Park Rangers talk about the history and tradition of Morgans and show how to groom, saddle and bridle a horse. Then they ride through an obstacle course to show the agility of the breed. The tour takes 30 to 45 minutes, according to Muzinich.

A blacksmith shop tour, available on request, shows the old-fashioned tools which were once used to shoe a horse (shoes are manufactured nowadays), tells about horse's hooves and takes you through the process of making a shoe—just as it was done in the "old days."

Muzinich said, "Every year the horses are bred, so there are babies every spring. People sometimes get to pet them, to get them used to people."

But you can see much more than just the Morgan Horse Ranch.

The Bear Valley Visitor Center has information about Point Reyes and shows the film *Something Special* which gives an overview of everything about the park.

There are lists of scheduled hikes and tours, such as the spring wildflower tour held tomorrow and Sunday and May 18 and 19; the fee is $45. For more information, call 663-1200.

Numerous theme trails in the park teach visitors many things about the area.

For example, the Earthquake Trail, accessible by wheelchairs, shows the 16-foot movement in the San Andreas fault caused by the 1906 earthquake.

The Woodpecker Nature Trail, a longer and more rigorous trek, takes visitors deep into the woods in search of birds.

A Miwok village replica shows how the local Indians lived. A docent demonstration every Saturday shows how they made their food and weapons.

People come to Point Reyes to get to the beaches, to see the lighthouse and the oyster farm, to observe flora and fauna, and to picnic and camp.

According to Greg Gnesios, interpretive supervisor at the Bear Valley Visitor Center, the most common problem there is poison oak.

"A few rescues are made each year to remove people from cliffs as they become stranded by tides coming in," he added.

There's much more to see on Point Reyes' 65,000 acres. For more information, interested people can call the Bear Valley Visitor Center at 663-1092.

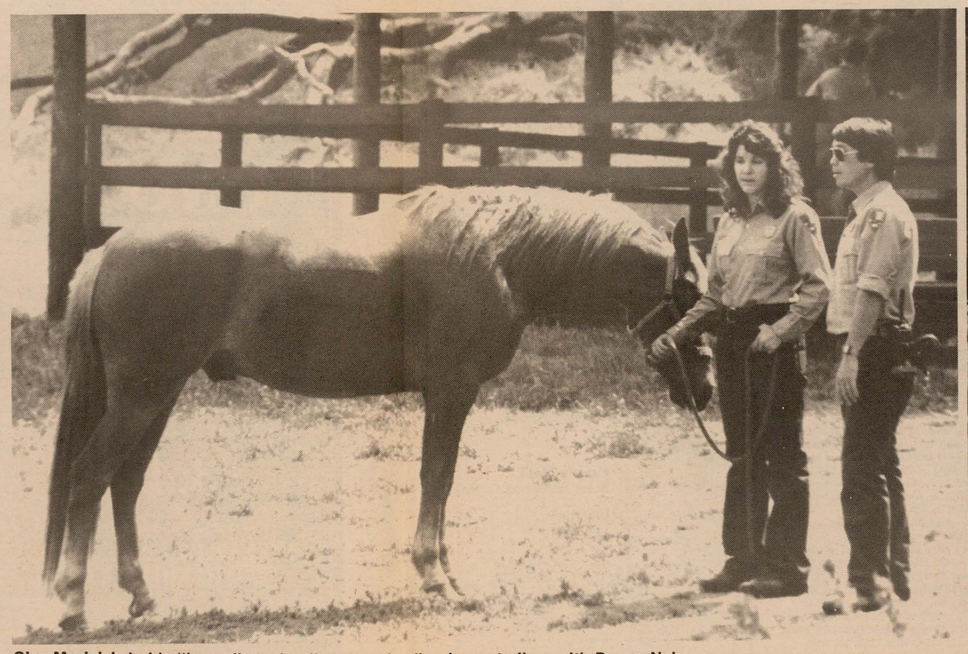
Whether you're interested in tradition or the natural wonders of the area, Point Reyes makes a fine weekend trip away from the fast pace of the city.

The sea pounds the rocky shore at the tip of Point Reyes near the lighthouse.

photos by Bob Walker

Visitors can see gray whales and seals from the lighthouse, but dress warmly! The fog can make it cold and clammy for observers.

The Bear Valley Visitor Center is also a center of activity—picnic areas, the Earthquake Trail, Morgan Horse Ranch and Miwok village are all nearby.



Gina Muzinich holds "Lance" as she discusses loading horse trailers with Duane Nakano.

Picnicking is just part of the fun at Point Reyes.

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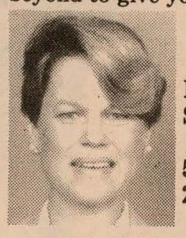

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Features

Soldiers visit Port Call—next stop Tokyo!

by Karl C. Rankin Jr.

Standing in front of a long, waist-high counter, a sergeant leans over to ask about his ticket to Germany. A woman opposite him then thumbs through a stack of paperwork and removes a sheet of paper that confirms his flight and the date he's scheduled to leave.

The sergeant, like other military people, depends on this office each day to arrange reservations for flights all over the world, from Hawaii to Alaska to Turkey; from Panama to Hong Kong.

For Port Call office employees like Marietta S. Abadsantos, a Port Call transportation agent, it's rewarding and comforting just helping soldiers. Abadsantos, a petite Filipino-American, said, "It truly pleases me to help them the best I can."

Betty Lee, a passenger rate specialist, said, "It's challenging; when you deal with figures, every penny counts. I like to deal with people,"

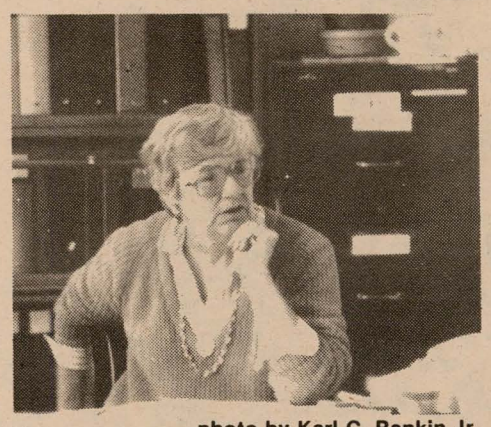

photo by Karl C. Rankin Jr.
E'Lane Bielecki answers a question for Marietta S. Abadsantos.

"They are all outstanding people and very knowledgeable. I would stack them up against any office in the U.S.," said E'Lane Bielecki, Personnel Movements Branch chief.

Port Call's responsibility is to ensure the lowest possible fare for military people while providing the best possible transportation.

"Since 1980, our offices everywhere have saved the government over $100 million. Our aim here at the Presidio is to please our soldiers in any way we can," Bielecki said, looking over the top of her rose-tinted glasses.

Soldiers come here from all over the world and leave here for all parts of the world. Port Call's people make the travel arrangements that get them to their destination—whether it's Frankfurt, Germany, or Riyadh, Saudi Arabia.

Alice Gascon, a Port Call transportation agent, said, "We have hospital patients coming to Letterman Army Medical Center from as far away as Panama or Alaska, for example, and we have to make travel arrangments for them."

The employees have good knowledge of possible problems, too.

Charles Reinsberg, another Port Call transportation agent, said, "Almost all of us have been overseas. We understand their problems very well and do our best to help."

Reinsberg, who began in the Freight Branch about seven years ago, said he enjoys the view of the bay and Golden Gate Bridge from his office. "Our location now is much better than the basement where we were before," he said.

While an airplane rumbled past, another soldier leaned over the counter to ask about his airline reservations.

And like the other sergeant who leaned over the countertop, he and other soldiers lean on the resourceful Port Call people every day.

Caveat Emptor—let the buyer beware of contracts

by Jon L. Frobish, SJA

This article is one in a series dealing with legal problems that soldiers face every day. The goal of the Staff Judge Advocate (SJA) office, through these articles, is to inform soldiers so that they may avoid falling into common pitfalls. By the time we see the soldier, it is sometimes too late to solve the problem or it has become very difficult and time consuming to solve the matter—unless the soldier has followed the "rules of the game," so to speak.

Important note: The information in this article about contracts is based on California law. It may not apply to contracts made in other states or contracts made by mail with out-of-state companies.

What is a contract?

A contract is a legally binding agreement or promise to exchange something you have for something from another person or company.

Usually, a contract means that you agree to buy or sell goods or services from someone for cash. However, it could involve a trade. You also can make a contract that states that you will *not* do something. Perhaps you agree to give up smoking in return for your uncle's gold watch, for example.

What should I do before I sign a contract?

First, read the contract carefully. The contract may be complicated or you may be buying or selling something expensive. If there is a lot at stake, it's a good idea to have a lawyer read the contract before you sign it.

You can make changes on the contract before you sign it as long as the other person agrees. But both of you should initial the changes when you sign the contract. Do *not* rely on spoken promises. You probably won't be able to enforce them. And make sure that everything a salesperson promises you orally is written into the contract until all the blanks are filled.

Must a contract be in writing to be enforced?

Certain contracts must be in writing to be enforced; they can be either printed or handwritten. Many oral contracts are legal, too, but they can be risky. If you and the other person remember things differently, you will have a hard time proving the terms of the contract.

These are just some of the contracts that *must* be in writing to be enforced:

- Contracts that deal with land. This includes land and any buildings on it that are sold, leased or rented for more than one year. Contracts dealing with mortgages and other debts on land also must be in writing.
- Contracts that will last more than one year.
- Contracts for the sale of goods worth more than $500.
- Contracts involving the sale of stocks and bonds.
- Certain contracts involving a promise to marry someone.
- Most co-signed contracts.

What would I buy or sell through a contract?

Almost anything you buy or sell can involve a contract. These are just some of the contracts you are likely to make: real estate, dance and health studio contracts, installment plans, door-to-door sales, warranties, loans, credit cards and rental agreements.

Should I co-sign a contract?

It depends. When you co-sign a contract, you promise to take over if someone fails to live up to the agreement.

Can I get out of a contract legally?

In some cases you can. The contracts you can cancel legally include:

- Door-to-door sales. If you agree to buy an encyclopedia or anything else worth more than $25, you can cancel the contract. But you must do so in writing by midnight of the third business day after you sign.
- Contracts that involve "fraud" or "misrepresentation." However, if *you* made the fraudulent statement, the contract is binding unless the other person wants to cancel it.
- Contracts involving "undue influence."
- Contracts made against your will.
- Some contracts containing mistakes.

What happens if I break a contract?

You and the other person involved may be able to agree on a way to cancel the contract. If not, you may have to go to court. But in almost all cases, you would not go to jail for breaking a contract. Depending on the kind of contract you have, you might be sued for:

- Money damages. This is the difference between an item's "contract price" and the "market price." Perhaps you agree to sell your car to Mr. Smith for $500, the contract price. Then you sell the car to your brother instead. Mr. Smith finds a car like yours, but it costs $750, the market price. Mr. Smith can sue you for $250, the extra amount he must pay for a car.
- Specific performance. This means the person suing you still wants whatever you agreed to before you backed out of the deal—not money damages.
- Liquidated damages. This is money you promise to pay if you fail to live up to the contract.
- Quasi-contractual relief. Let's say you make an agreement to pay a contractor to remodel your kitchen. By the time the job is three-fourths finished, the contractor has spent $6,000. If you cancel the contract now, the contractor may ask you for the $6,000, even though the job is not done, as long as it does not include a profit.

What if I sue someone for breaking a contract?

First, check to see if your contract has an "arbitration clause." This means you have the right to submit your dispute to an impartial panel—a group of people who have no connection with the courts. The panel members will hear both sides of the story and suggest a solution. However, you give up this right to arbitrate once you file a lawsuit in court.

Perhaps you don't want to arbitrate. If you are suing for money and the amount is $1,500 or less, you may use the small claims court. A lawyer cannot represent you in this court, but you can talk to one beforehand.

What if you want a lawyer to represent you? You can take your case to municipal or superior court, depending on the amount of money you are suing for. You can sue for as much as $15,000 in the municipal court and for more than $15,000 in superior court.

If you decide to hire a lawyer, be sure to ask about how much he or she will charge to handle your case. In fact, you and the lawyer should sign a written fee agreement. This is a contract that says how much you will pay for the lawyer's services. Sometimes it is impossible to tell exactly how much time your case will take and, therefore, how much it will cost. If so, you should ask for a written estimate of charges.

Remember—since the terms of oral contracts can be difficult to prove, it is important to make written contracts. The other person involved in your contract is concerned with his or her own interests. So be sure you understand all the terms of every contract you make and that all promises are written into the contract.

For more information left out due to space requirements, stop by the SJA office for an expanded copy of this article.

Community Calendar

Laundry service

The Fabricare Facilities Laundry Service has new hours of operation and changes in service which are:

- Monday through Friday, open from 7 a.m. to 3:30 p.m.;
- Thursday **only**, open from 7 a.m. to 5:30 p.m.;
- Special service—in by 9 a.m. and out by 3 p.m. the same day;
- Regular service—three to four days for return; and
- Payroll deduction service—three to four days for return.

Testing news for soldiers

The Graduate Record Exam, Graduate Management Admission Test and the CLEP English Exam with Essay will be given at the Fort Scott Education Center in mid-June. These tests are for active duty soldiers only.

The Graduate Record Examination will be given June 13 from 7:30 a.m. to noon. The fee for this test is $29.

The Graduate Management Admission Test will be given June 17 from 7:30 a.m. to 12:30 p.m. The fee for this test is $30.

The College Level Examination Program English Essay will be given on June 14 from 8 to 10 a.m. There is no charge for this exam.

The deadline for registration for each of these tests is **May 10.** The fees are payable by check or money order when you register for the test.

To register, contact a counselor at the LAMC Education Center, bldg. 1007, 561-3692 or 561-4030, or the Fort Scott Education Center, bldg. 1216, 561-4445 or 561-2964.

Commissary Council

The Commissary Council meeting is scheduled for May 21 at 10 a.m. in the Post Conference Room, bldg. 220.

All areas of operation affecting adequate service will be discussed. Authorized commissary patrons are invited to attend and give pertinent information for the council's consideration.

VEAP, Army College Fund

If you have not established your Educational Savings (EDSAV) account by contributing through Finance **before July 1, 1985,** you will lose your eligibility for these educational benefits.

You may start a monthly allotment of $25 to $100, or deposit a lump sum of $300.

For more information, call a counselor at the Fort Scott Education Center, bldg. 1216, at 561-2974 or the LAMC Education Center, bldg. 1007, at 561-4030.

photo courtesy San Francisco Zoo

Awww!

Step from daylight into moonlight for a look at this Senegal bushbaby, one of four exotic nocturnal species on exhibit in the Primate Discovery Center's Nocturnal Gallery. The reversed cycle lighting makes it possible to watch these rarely seen primates at peak activity.

Position management

The Civilian Personnel Office will hold a workshop on June 26 exclusively for managers and supervisors (second level and higher or equivalent) who have been delegated position management responsibility and authority over a number of employees, i.e., those with authority to design positions and change organizational position structures.

The workshop will be held from 8 a.m. to 4 p.m. in the Training Room, bldg. 37. Please submit your written nominations early to the Training and Development Branch, at 561-2554, to reserve space. Class size will be limited to 24, and advance reading assignments are required. Nominations should include name, title and grade or rank of the nominee.

Recycling

May recycling will be held tomorrow. Quarters residents are reminded to have newspapers and all-aluminum cans ready for pickup from 10 a.m. to 3 p.m.

All proceeds from recycling go to the Girl Scouts, Boy Scouts, Parent-Youth Club and Aquarius Swim Club.

If it rains, recycling will be cancelled. However, cans and newspapers may be dropped off at the recycling point, located next to bldg. 661, at any time.

Jobs

The Civilian Personnel Office is currently accepting applications for the following positions:

- Diagnostic radiologic technician—GS-647-6;
- Diagnostic ultrasound technician—GS-699-7;
- EEG technician—GS-649-6/7; and
- Dental assistant (temporary) —GS-681-4.

For more information, please call Bernard Scott at 561-5754.

Rec Center

The Recreation Center has several tours scheduled, including:

- A tour to Great America tomorrow from 9 a.m. to 5 p.m. for only $15.
- A Chinatown walking tour on Sunday from noon to 4 p.m.; cost is $2.
- On May 11, the Berkeley wine tour will be from noon to 4 p.m.; cost is $9.
- A real bargain! A tour of Hearst Castle from 8 a.m. to 8 p.m. for only $22!

Ongoing classes include:

- Clogging classes every Tuesday at 6 p.m. at the Community Center, bldg. 1299, for $2 a class.
- The Levis and Laces square dancing class every Wednesday at 7 p.m. at the Community Center, also for $2 a class.
- Bridge classes on Thursdays at 7 p.m. at the Recreation Center, for *free!*
- Chess classes on Thursdays at 6:30 p.m. at the Recreation Center; also free.
- Ballroom dancing classes every Monday at 6 p.m. at the Community Center for $3 a class.
- A new computer certification class which starts May 15 at 7 p.m. Cost is $150 for 12 classes.
- A belly dancing class starts in May; classes are 1 to 3 p.m. on Mondays and Wednesdays at the Community Center.

Aerobics

Get fit or stay fit!!! Inspiring high-energy exercise classes are held daily at Post Gym No. 1, bldg. 63. Exercises will stretch, tone and strengthen your body with aerobic conditioning. All exercises are done to popular music.

Classes are ongoing, so you can join any time. Monthly registration is encouraged.

Classes are held on Tuesdays and Thursdays from 4:30 to 5:30 p.m. and from 5:45 to 6:45 p.m. The instructor is Karen Behnke, R.N.

Monday, Wednesday and Friday classes are held from 11:30 a.m. to 12:30 p.m. and the instructor is Kathy Thompson.

Cost is $3 per class if you sign up for the month and $3.50 to drop in.

There is a FREE introductory class. Classes are open to both men and women of all ages and levels of fitness. Participants are encouraged to exercise at their own pace.

For more information, call 561-4120 or 753-8733.

Intramural golf league

Team	Won	Lost	Tie
6th Army	4	0	1
LAMC	3	2	0
LAIR	3	2	1
LEC	3	2	1
Readiness Group	3	2	1
USAG No. 2	3	3	0
USAG No. 1	2	4	0
6th Army Band	0	6	0

Intramural volleyball league

Team	Won	Lost
GGR	8	1
LAIR	8	1
LAMC No. 1	7	1
USAG	6	3
Co. H, DLI-SF	6	3
SF MI	5	5
Co. G, DLI-SF No. 1	4	4
Co. G, DLI-SF No. 2	4	4
DPCA	4	5
6th Army	3	4
JAG	2	7
LAMC No. 2	2	7
LEC	1	7
864th Engineers	0	5

At the movies

Presidio Theater

Fri,	May 3	City Heat (PG)	7 p.m.
Sat,	May 4	A Soldier's Story (PG)	7 p.m.
Sun,	May 5	A Soldier's Story (PG)	7 p.m.
Mon,	May 6	A Soldier's Story (PG)	7 p.m.
Tue,	May 7	2010 (PG)	7 p.m.
Wed,	May 8	2010 (PG)	7 p.m.
Thu,	May 9	Tuff Turf (R)	7 p.m.

Schwartz Theater

Mon,	May 6	City Heat (PG)	7 p.m.
Wed,	May 8	SA Soldier's Story (PG)	7 p.m.
Thu,	May 9	2010 (PG)	7 p.m.

Hamilton Theater

Fri,	May 3	American Dreamer (PG)	7 p.m.
Sat,	May 4	Pete's Dragon (G)	1 p.m.
Sat,	May 4	Revenge of the Nerds (R)	7 p.m.
Wed,	May 8	C.H.U.D. (R)	7 p.m.
Thu,	May 9	The Goodbye People (PG)	7 p.m.

Sports

Track team readies for Armed Forces Championships

by Jeff Smith

Track and field has produced some of America's finest moments. In 1936, a quick young black man named Jesse Owens shattered Adolph Hitler's Aryan supremacy theory with four gold medals on a cinder track in Berlin. In 1964, an unknown half-Indian Marine lieutenant named Billy Mills won America's only Olympic gold medal ever in the 10,000 meters. Yet another American, named Al Oerter, won gold medals in the discus in four successive Olympics.

Until June 1, the Presidio will be hosting some of the finest current track and field talent in the United States. The Army men's and women's track team will be based on the Presidio in preparation for the Armed Forces Championships that will be held at McChord Air Force Base, Wash., from June 2 to 8.

Many of the team members are former college All-Americans who have already experienced topflight national and international competition.

Likewise, the first-year coach of this year's team is no babe in the woods in the world of international track. Maj. Charles Greene is a man well-acquainted with the training needed to be a winner. He is a double medalist from the 1968 Olympics, owning a bronze from the 100-meter dash and a gold for the 4x100 meter relay.

Greene, a graduate of the University of Nebraska, does not wish to have the focus on his career. Nevertheless, please note that in addition to his Olympic medals, he was undefeated in the 100-meter dash from September 1964 until May 1967.

Asked about his goal for this year, Greene said, "In the late '60s and early '70s, Army always won the Armed Forces Championship; we want to win again."

Last year's meet was won by the Air Force team on their home track at the Air Force Academy in Colorado Springs, Colo. "The altitude (over 7,000 feet) was a disadvantage to the other teams," Greene said.

Kenneth Washington, a middle-distance runner who competed last year, said, "At the Armed Forces Games I ran my worst time ever in the 800 meters. The Air Force team had been up there for three months," he added, shrugging.

This year's event at McChord Air Force Base will be at sea level, giving all teams an equal share of oxygen.

The assortment of talent available to Greene is impressive. Among the former All-Americans on the team is Ernest Patterson, from Fort Knox, Ky. Before joining the Army, he took All-American honors at Murray State (Kentucky) in the high jump with a personal best of 7 feet, 4 inches.

This is the Blue Grass State native's first Army team and he is looking forward to the competition. "Leo Williams is a jumper for Navy I competed against in college," Patterson said. He said that he and Williams were always competitive and he looks forward to renewing their rivalry.

Another Army high jumper with All-American skills is George Milton. In last year's Armed Forces Championship he tied for the highest jump of the meet at 6 feet, 11 inches. That was good enough to send him to the Military Olympics in Alexandria, Egypt, last October.

"That was a fantastic experience," Milton said through a wide grin. This year he views the season with guarded optimism. While hoping to qualify for this year's National Championships, he, like many other Army athletes, will be hurt by a late start at practice.

photo by Bob Walker

Coralisa Sheppard throws a javelin as Jeff Wolfe and Assistant Coach Charles Bowman watch.

Milton said he knows that he can get into good condition, but the timing needed to clear seven-foot jumps is not easy to come by. Still, he knows what to do and confidently said, "Over the last few years I've learned that I'll be ready for the Armed Forces meet."

Another jumper is Ralph Spry, who, along with Harold "Lujack" Lawrence, will anchor Army's long jumpers. Spry is in his first year in the service; Lawrence is in his 10th. In 1983, Spry was the National Champion in the event, and in 1984, Lawrence took third place in the Armed Forces Olympics.

With a personal best of 27 feet, 5 inches, Spry is not too far behind quadruple gold medalist Carl Lewis in this event. In fact, a pulled groin muscle is all that kept him from the Olympic trials last year.

This year, Spry said, "I would like to go for a jump in the high-26-foot range at the Armed Forces games."

Though working as executive officer with a training battalion, he was allowed to train for about 20 days before the trials.

Lawrence has been to four Olympic trials, and has been on the Army team for 10 years, seven as a competitor and assistant coach. "I've won Interservice twice and placed every year," he said.

Currently, as a gunnery sergeant in Europe, he has little time for training. Asked how he has stayed so enthusiastic about track for 10 years, he said, "I didn't start until my senior year in school and I've never been hurt."

In the Armed Forces meet, running events vary from 100 to 10,000 meters. Two of the team's finest 100-meter runners are Vivienne Britton and Martin Freeman.

Freeman, like so many others, is a former All-American from Kent State, who also ran a leg of the Army's second place 4x100 relay last year at Colorado Springs. Unlike many of his teammates, he ran extensively over the winter.

"I feel I have a good chance at the Armed Forces crown," he said. He also hopes to qualify for his first National Championship this year.

In addition, he has other things to consider. with his ETS approaching, he has received several scholarship offers from schools interested in the three years of athletic eligibility he has remaining.

"Both Kansas State and Kent State have offered scholarships," he said.

Britton was a double winner in last year's Armed Forces meet. Besides winning the 100 meters and long jump, she placed in the 200 meters and ran a hurdles race and a relay. This year she has had to train around a move from Fort Meyer, Va., to Darmstadt, West Germany.

Napoleon Hooks runs the 400 and 400-meter hurdles. Tall and pencil-thin, Hooks has the long legs of a runner. Four times an All-American, he has been training for the 800 meters.

"Training for the 800 helps my hurdling more than it hurts," he said. He has trained with six- to eight-mile runs and sprints along beaches and up hills.

At 27, Hooks has bests of of 46.8 in the 400 and 49.7 in the hurdles. He explained that over the winter he added five pounds to his upper body to help him race.

"I want to continue in track as long as I can," he said.

The Army also has some fine talent in the middle distance races—the 800-, 1,500-, and 3,000-meter races.

Kenneth Washington has been running for a club near his station in Germany. While his performance at last year's Armed Forces games disappointed him, he has been a serious runner for only a short time and sees many more chances in the future.

"I have only been running since I joined the service and I've only been serious for two years, yet last year I was only three-tenths of a second from qualifying for the Olympic trials," he said. For now he is building up his strength and endurance for the Armed Forces competition, but in his mind he is wishfully entertaining thoughts of the 1988 Olympic games.

Janet O'Hara is a graduate of the University of New Hampshire and a high school All-American in cross country and the 800 meters. In her first year on the team she is working on the 800-, 1,500- and 5,000-meter races.

Her training, like that of the rest of the distance runners, consists of 10 to 12 miles in the morning, followed by a speed workout in the afternoon.

Among the 5,000- and 10,000-meter runners, Tim Tays is one of Army's finest. An All-American from Kansas University, he placed 67th in last year's Armed Forces Cross Country Championships in Portugal. Training by running 15 miles a day with a speed workout twice a week, he feels he has a good shot at the Armed Forces title. And, like so many others, he hopes to qualify for the National Championships.

These athletes, and many like them from all four services, are now practicing twice a day in preparation for the Armed Forces games. Each athlete dreams of breaking the tape first and leading his or her team to victory. They may not realize it yet, but the fact that they put forth such an effort to excel has made them winners already.

The National Championships will be held later this summer in Indianapolis, Ind., and will feature stars such as Carl Lewis and Mary Decker.

With a little luck, and a lot of hard work, they will also feature a whole lot of soldier-athletes from the Armed Forces Championship Army Track Team.

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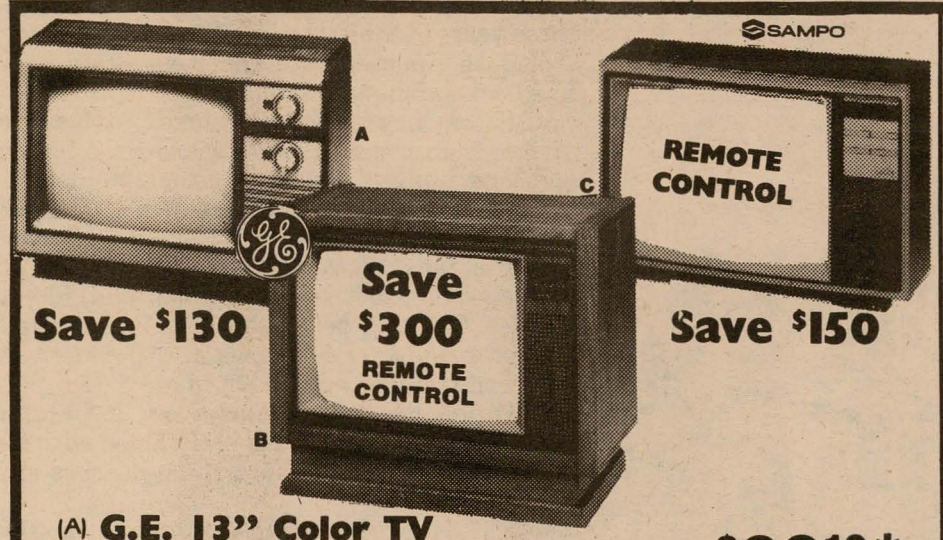

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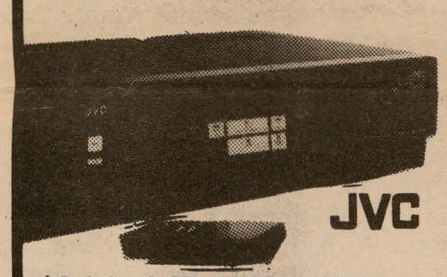

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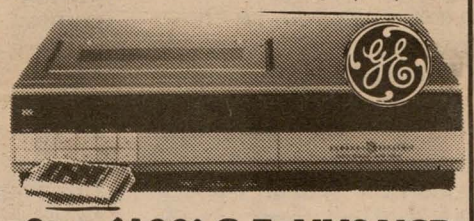

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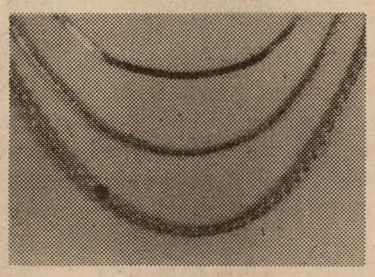

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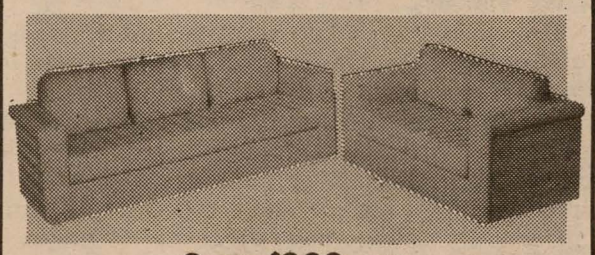

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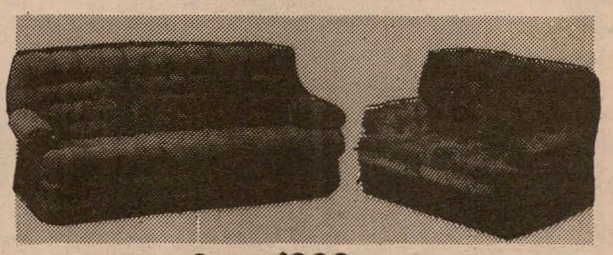

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Armed Forces Week honors you

by Bob Walker

Presidians, take note: many parking lots will be closed because of Armed Forces Week activities, which run from Monday through May 18.

The south half of the Main Parade Ground parking lot will be blocked off after 4:15 p.m. Monday in preparation for Transpo '85 on Tuesday. A helicopter will be a part of the display. The parking lot will reopen after close of business Tuesday and will remain open Wednesday and Thursday.

However, the entire Main Parade Ground parking lot will be closed on Friday, May 17, at 5 a.m. in preparation for other Armed Forces Week activities and won't reopen until after the conclusion of the festivities on Saturday, May 18.

Presidians need to make alternate parking plans during these times to avoid having their cars towed away. The Provost Marshal's Office suggests parking in the parking lot in front of the Officers' Club.

Kickoff ceremony

The week kicks off Monday at 3:45 p.m. with an awards ceremony and retreat at the parade field in front of 6th Army. The Commander's Award will be presented to Henry Morris for more than 10 years of public service promoting military events.

Tuesday at noon the Navy's "Show Band West" from Treasure Island plays at Ghirardelli Square.

Wednesday at 11 a.m. the 6th Army Band performs at Ghirardelli Square, and at 11:30 a.m. the Navy Band plays at the Port of San Francisco.

Thursday steps up the momentum as the Navy Band performs at a change of command ceremony at Moffet Field, the first Marine Division Band of Camp Pendleton plays at Ghirardelli Square at 1 p.m. and the Navy Band plays at a reception at Treasure Island at 7 p.m.

The annual Armed Forces Week Parade steps off at noon on Friday, May 1 from downtown San Francisco. It starts up Market Street and turns up 4th to the Embarcadero. It features Army, Navy, Marine and Air Force bands.

Armed Forces Day

The week reaches its climax on Armed Forces Day, Saturday, May 18. The 6th Army Band performs at Marina Green at 9:45 a.m. The Army's 91st Division Band performs at the Main Parade Ground parking lot at 11 a.m. Also at 11 a.m., the Marine Band plays at Pier 45. At 11:30 a.m. the Navy Band sounds off at Jack London Square. The Army Reserve band plays at 12:30 p.m. at Pier 45 and then at 2 p.m. at the Marina Green. The Marine Band makes another appearance at 1 p.m. at the Marina Green.

The San Francisco Unified School District Junior ROTC kicks off its 39th annual Spring Review with more than 1,200 cadets participating in a pass and review. Drill competitions in three categories—platoon, men and women—will show the cadets' talents. Trophies and medals will be awarded, along with two scholarships from the Association of the United States Army. This event will take place in the Main Parade Ground parking lot from 11 a.m. to 3 p.m.

The Bay Area Military Ball will be held that evening in the Presidio Officers' Club. The reception from 6:30 to 7:30 p.m. will feature the 1st Marine Division Band. From 7:30 to 9 p.m. the 6th Army Band will perform for the dinner, and the Navy Band will perform at the dance from 9:30 to 11:30 p.m. The ball is black tie and costs $20 per person. Tickets are available from Darlene Houck at 6th Army Protocol; call her at 561-3950 or 561-2540.

In addition to all of this, military equipment displays and demonstrations will be on view Saturday, May 18, at Marina Green, Pier 39, Pier 45 and the Presidio.

What more can be asked for? Come on out and enjoy the many festivities that are planned in honor of you, a member of the armed forces. Be sure you don't park where your car will have to be towed away and you should have a great time.

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Opinions

TAKE A BITE OUT OF CRIME

The week of May 12 through 19 has been declared National Police Week. In recognition of this event, we would like all the residents and employees of Presidio to reflect on the importance of the Military Police to your lives and the lives of your families.

What thoughts ran through your mind the last time you saw a police car? Were you worried that you might be doing something wrong and that maybe you would get pulled over, or were you glad to see the MPs—knowing that they work hard to keep the Presidio safe? Too many people look at and talk about the Military Police in a bad way—unjustly. The young soldiers you see day in and day out are doing their very best to keep Presidians safe from crime and to create an atmosphere of mutual well-being.

Military Police men and women work long, hard hours, with the average shift lasting 15 hours. On top of that they spend many hours preparing their uniforms and participating in training and physical training on their off time. They sacrifice a substantial amount of their personal time so that they can better prepare themselves to respond to the dangerous and possibly life-threatening situations characteristic of their duties. Many times their hours are spent doing duties which may be considered mundane and unnecessary by others, but are important to the Military Police man or woman doing the task. The long nights of constant driving, standing in the middle of the street directing traffic for hours, chasing stray dogs and giving directions all become worthwhile when somebody says thanks. Thank you for finding my little girl. Thanks for responding to help out. Thanks for catching the robber or the child molester. Thanks for being there to protect us and make us feel more secure.

It is hard for someone who gets a traffic or parking ticket to understand that the MP gave it to him for his own good and the good of the community. There is a purpose for that MP to give you that ticket for speeding or running a stop sign. In the last month alone, at least five pedestrians have been hit by vehicles while crossing the roadway in a crosswalk. The MP who gives you the ticket has seen these serious accidents, and is just doing his job to ensure that no similar ones happen to you.

Too often the efforts of the most important people go overlooked and unappreciated. During this National Police Week, tell the Military Police men and women you see that you appreciate their efforts. Tell them thanks for being there.

The importance of National Police Week is best said by PFC Coburn, Military Police Patrolman, Law Enforcement Company:

"I hope it (National Police Week) will let people appreciate how hard we work for their safety and well-being. Too many times have people complained that we overdid something, or didn't do enough. There is a lot of stress with the job and we try to do our best. We really *do* care about serving the public."

Crime Report

In the past week the following were reported to Military Police:

- $1,300 was removed from a secured purse.
- A window was broken and a radio was taken from a car.
- $18 was taken from an unsecured purse.
- An unsecured purse containing several personal items was taken.
- An unsecured purse containing home and car keys, $6 and other personal items was taken.
- $58.56 was removed from the secured cash room at the commissary.
- There was a traffic accident involving a car and a bike with injuries.
- A gold diamond ring was removed from a secured location.
- Several high-value construction equipment tools and machinery were taken from a secured location.

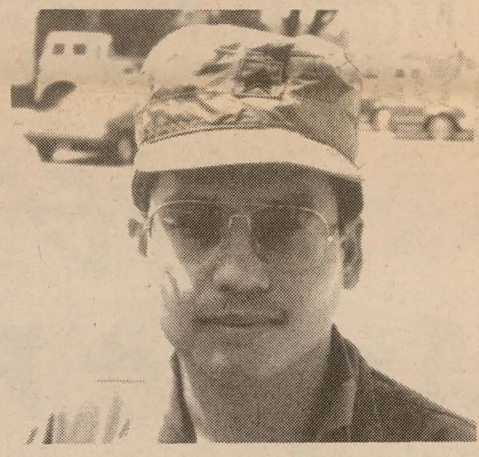
Ramblin' Sam

"Do you think your MOS should receive a reenlistment bonus? Why?"

SFC Elizabeth A. Horne, Administration NCO, 107th Medvac Detachment: "Of course, why discriminate?"

Cpl. Ambrose N. Williams, Ceremonial Platoon: "My MOS is 11 Bravo. When you are an infantryman, you deserve it all, especially when you fall under that."

Sp5 Barbara A. Parker, eye specialist, LAMC: "Not per se, but we need a better cutoff score. Ours is like 999 points. It's going to be hard to get promoted. If they drop the cutoff that would be fine for me."



Sgt. Michael T. Cendana, assistant reenlistment NCO, LAMC: "My MOS is critical. I'm a 66 Tango, but there's no bonus in zone "B," so instead of reenlisting, I'll probably wait six months, then reenlistI'm hoping for a bonus."

Airborne pedestrians often land in the hospital

by Bob Walker

I recall as a child in the L.A. area how strict the police force was on pedestrian right of way laws. Motorists were pulled over and cited for not stopping when they should. As soon as a pedestrian put one foot into a crosswalk, drivers were supposed to stop.

The reason for the regulation was to prevent pedestrian accidents. It seems unnecessary to point out that an airborne pedestrian takes a rough landing in the hospital, if he's lucky.

Times seem to have changed. Police seem to have forgotten that simple regulation on pedestrian right of way.

But the police officer isn't the one to blame. The blame should be put on the motorists, as they are the ones who maim innocent people. Yes, accidents happen, but motorists seem to be in such a rush all of the time, it's no wonder that accidents do happen.

As the driver of the Hamilton shuttle bus (a 45-passenger school bus), I've seen people in a rush like I've never seen before. People from the Hamilton bus are let off at numerous locations. A few locations (at crosswalks) are wide, multi-lane areas. When the bus has flashing red lights on, motorists are required by law to stop. The lights in the case of the Hamilton bus indicate that passengers are getting off the bus and will be crossing the street in the crosswalk.

But what response do motorists make to the flashing red lights?

About half of the motorists seem to think they are green lights at a race track. Rather than stop, they speed up and pass on either the right or the left side. It doesn't seem to matter. I don't know what's going on in their minds.

please see page 3

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Airborne pedestrians continued from page 1

However, I do know what goes on in my mind. I think back to last September when my wife had worked as a school crossing guard, with a red fluorescent vest and hand-held stop sign. I think of her being run down by a motorist who saw no need to stop. I think of the five weeks she spent in hospitals. I think of the pain she went through. I think of the worry, the tears, the love and concern of our children and myself, not knowing whether she'd live, become a vegetable or die.

Do motorists involved in such accidents feel those kinds of agony?

I don't know, but would you as a motorist want to find out the hard way?

Talking with the MPs and school bus drivers on the Presidio, I've learned that the motorist problem is not unique to the bus I drive. Many close calls have occurred with our schoolchildren, as well as adults.

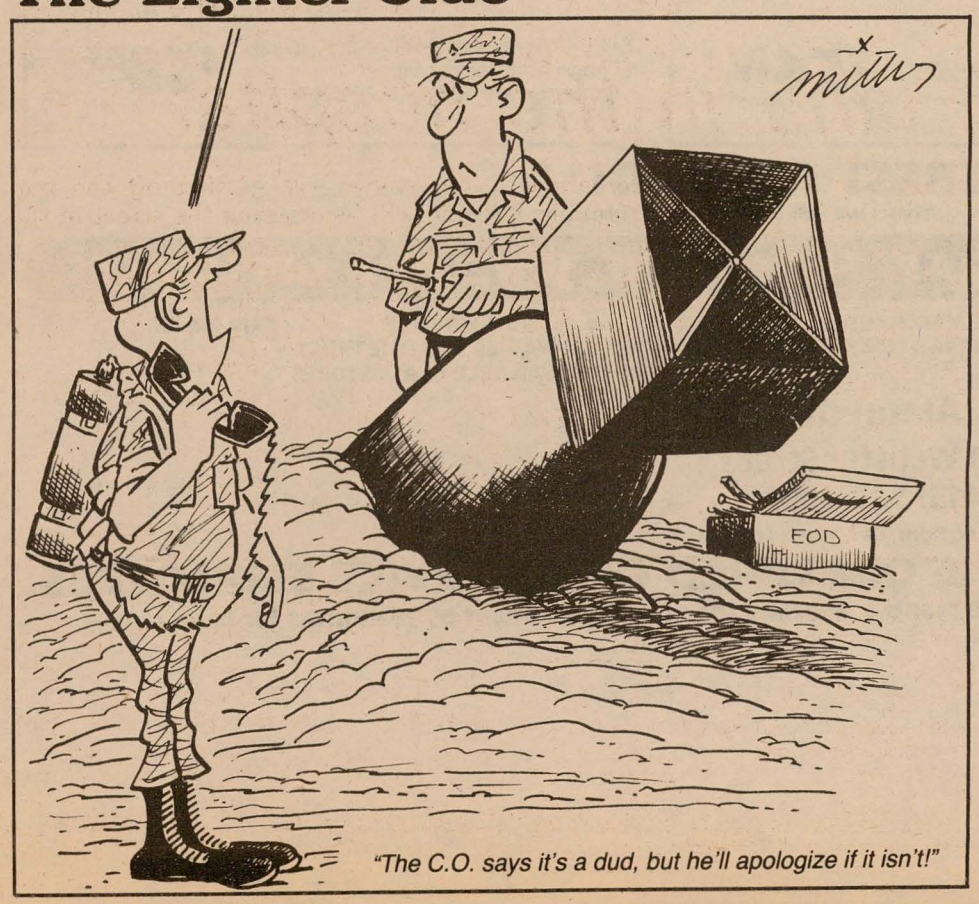
What will it take to convince motorists to stop when they see the flashing red lights on buses? Will it take an accident injuring your son or daughter? Will a child have to be killed first? Will motorists have to shed tears for maiming or killing a child?

If a crusade is needed to end this rash of insane driving tactics, so be it. Drivers, beware: MPs may be out in full force to catch those who break these laws.

A word to the wise is to drive wisely. Nothing is important or urgent enough to justify such bad driving habits. No one should have to suffer the realization that they have inflicted so much pain and agony upon another human being.

Though I can't bring back the good old days when these laws were more readily enforced, I do hope this message will impart a better awareness of the problem and result in better driving habits on the Presidio.

The Lighter Side



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YOUR FIRST APPOINTMENT IS WITHOUT CHARGE

Feature

Soldiers endure ARTEP, return to Presidio

by Karl C. Rankin Jr.

Two soldiers wake fram a four-hour sleep to a clear, frosty morning. The ground is hard. Their BDUs are slightly damp. The morning sun's golden glow sparkles from their frosty uniforms.

It was cold, hot, dry, rainy, windy and hailing for the 107 soldiers and officers of Delta Company, 864th Engineer Battalion during the Army Training Evaluation Program (ARTEP) deployment April 11 through April 26.

"The soldiers got to see what it was like in a field tactical environment. Most of these soldiers hadn't done this before," said 1st Sgt. Don K. Corkran of Delta Company. "The weather was bad, but morale was good, even though many of the soldiers went without sleep for 18 to 20 hours at a time," he said.

Some soldiers and equipment left by cargo plane from Travis Air Force Base on April 9, while other equipment was shipped on commercial trucks. The remaining convoy of vehicles and troops traveled north to Fort Lewis, outside Tacoma, Wash., two days later. There the unit joined up with its parent battalion. According to Capt. M. Thadd Buzan, commander of Delta Company, one of the highlights of the convoy was eating at the National Guard Armory in Yreka, Calif. "The food was well prepared for the troops," he said.

Under simulated wartime conditions, Delta Company's mission included the construction of a three-cable bridge over the Nisqually River. Heavy equipment graded dirt roads for tank movement and dug anti-tank ditches to prevent tank movement. Soldiers also made repairs on a gas chamber.

"During the repair of the NBC chamber, soldiers worked as much as five hours in protective suits with intermittent rest," Buzan said. "A lot of credit has to be given to the soldiers who performed this task," he added.

There was an enormous amount of work involved in getting equipment and vehicles ready for the ARTEP. An important part of the operation was supply. Assistant supply sergeant Sgt. David A. Kessler said, "We had to make sure the platoons had equipment, tools, cleaning equipment, weapons, ammunition, laundry service and much more. There was a lot of work supplying the mission," he said.

"We're the ones who turn mountains into molehills," said earthmoving platoon squad leader Sgt. Ronald D. Bodkins. The heavy equipment operators graded roads, constructed tank ditches to slow down enemy tanks, and lent help on the gas chamber. "The happiest we all were was when we got back here. Most of us couldn't wait to get back," he said.

SSgt. Euland L. Williams, 1st platoon, 2nd squad leader, was also happy to get back but realized the importance of the mission. "My platoon and 2nd platoon were very actively involved with the work on the NBC chamber. We spent long hours on the chamber, security missions and reconnaissance," he said.

"This was a good opportunity for our people to get the experience needed in a simulated wartime condition," Buzan said.

Soldiers gained experience combating weather and stress to perform their duties. Delta Company's ARTEP proved once again that they are ready to move wherever and whenever needed to win.

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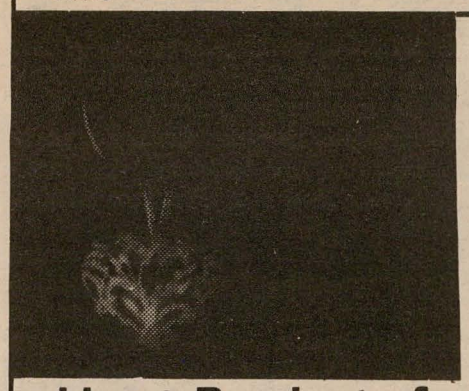

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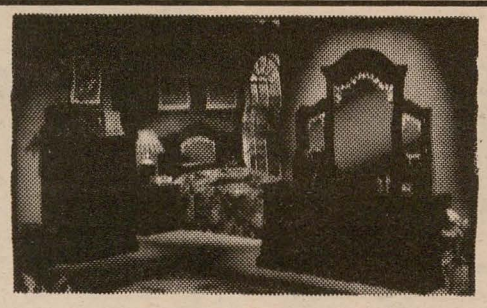

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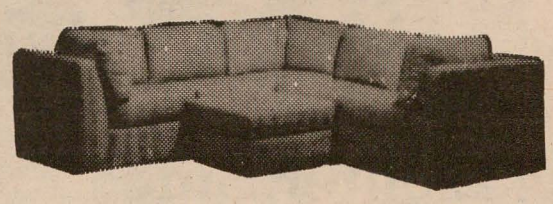

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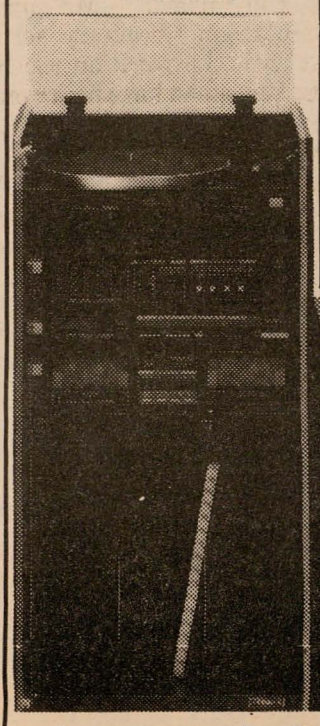

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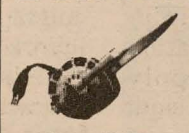

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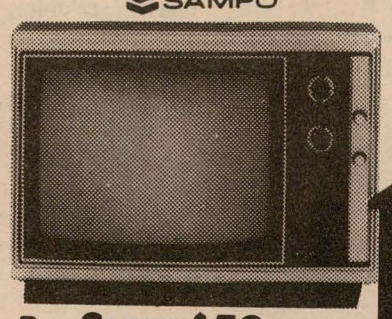

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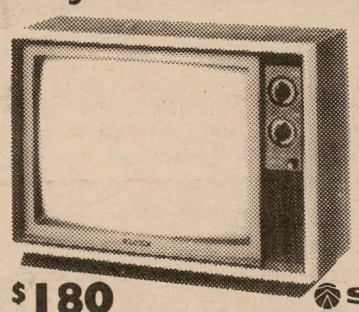

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Features

Computers teach troops just about anything

by Bob Walker

Today computers do just about anything. Now at the Education Center, technology comes alive with the Programmed Logic Automatic Teaching Operation (PLATO). It seems as though it can teach everything and do anything.

PLATO trains and tests those who take advantage of the system. The computers have touch-sensitive screens that register student responses to multiple-choice and true-and-false questions.

PLATO is new at the Presidio, so new in fact that up to this point the only people using it are those who heard about it by word of mouth. The program hasn't actually begun yet, but an open house explaining and demonstrating the potential and advantages of PLATO will begin after Memorial Day. Demonstratons will be at 10 a.m. and 2 p.m. daily.

How does PLATO help people?

photo by Bob Walker

Touch your teacher!

Larry Lopez answers questions on a PLATO computer screen.

Skills for troops

The troops can learn needed basic skills, MOS-related skills, common tasks and just about anything else they desire. If courses aren't available in a particular area, they can and will be developed here, according to Patrick Farrell, director of the Computer-Based Learning Center.

Farrell said, "The Army has made a major investment to upgrade both military and civilian workers at all posts. The Army purchased 1,800 terminals last year. They will be found at any post, not just at the Presidio. We have four terminals now and are getting two more. The Letterman Education Center will also have two terminals.

"Just about anything can be done with PLATO. It's the best thing in the way of learning. The system, over 20 years old, was developed by professionals. There are thousands of courses available and we can write our own here. We will talk to the commanders to see what are common needs. You don't need typing skills or a great knowledge of computers," Farrell said.

PLATO students can talk to other people by using the computers, including some of the instructors who wrote the courses at universities around the country, or they can leave messages if the other people aren't available to answer.

A free university

"PLATO is a free university," Farrell said.

Some courses may surprise you.

So, you want to become a pilot? That's possible, without the dangers—by learning all you need to know and by taking a simulated cross-country flight on the terminal.

What do PLATO students have to say about the program?

Larry Lopez, a check control analyst at DPCA, said, "There's nobody on you; you work at your own pace. It helped me out a heck of a lot. My scores are a lot higher now. It taught me things I didn't learn in school. It's a better teacher than listening to somebody lecture. Anyone trying for the GED should try it."

Sp4 Bruce Sharpley, an MP with the Law Enforcement Company, said, "I had been afraid of computers, but not anymore. Once you learn the basic use of the computer, it can do a lot for you. I think it's great—probably the best teaching aid I've ever used."

Sp4 Jackie Simmons, administrative clerk and the assistant editor of the "Fogbank" at the Defense Language Institute-San Francisco, said, "It has been a big help to me. I did very well on the BSEP test. I recommend PLATO to everyone; it's really great."

MSgt. Richard Van Scoyoc, a signal advisor for the Readiness Group, said, "The computer is designed so that even a child can use it. You just touch the screen, and you don't have to be afraid of taking courses because of the computer."

To expand your knowledge, PLATO can do wonders. The Army is spending the money to help you learn, so check it out and help yourself.

Doctors say women who run hard make bones soft

by Kathy Canham

Sore muscles, shin splints, minor aches and pains
Are the price we often pay to make our fitness gains.
If you push too hard, though, and run too long,
You may ***hurt*** *your health by making your bones less strong.*

Exercise experts and enthusiasts, books, magazines, newspapers and television barrage us with descriptions of the many beneficial effects of running. Yet, running presents a fitness paradox for women.

Running increases bone density and thereby lessens the runner's chance of developing the sometimes crippling bone loss disease known as osteoporosis. However, for women runners with amenorrhea (the term for absence of menstruation), the opposite effect can sometimes occur. Rather than helping to prevent osteoporosis, running is somehow connected to its development in these women.

What the connection is between running amenorrhea and bone loss is still unclear. However, researchers at Letterman Army Medical Center have conducted a study which suggests how women can break that connection and enjoy the healthful benefits of running.

Capt. Jill Lindberg, M.D., a resident in internal medicine at Letterman, and her co-researchers followed the health of seven women runners with exercise-induced amenorrhea for 15 months. Four of the runners took supplemental calcium and reduced their weekly running distances during the study period. These runners gained weight, their periods restarted and their bone mineral content increased. Three runners who took supplemental calcium but did not reduce their running distance remained amenorrheic and had no significant changes in their bone mineral content.

In reflecting on the results of the study, Lindberg said, "Most likely the four women decreased their running and then about three months later their periods started and they gained weight." That finding supports the fact that women with higher proportions of body fat have higher estrogen levels. Estrogen levels are considered an extremely important factor in maintaining bone density.

Although the study did not pinpoint the connection among running amenorrhea, weight and bone loss, it did demonstrate that both women runners and physicians ought to be aware of the negative health effects associated with amenorrhea and can take positive stops to counteract those effects.

Lindberg elaborated on the need for awareness, saying, "When a woman with amenorrhea goes to a physician, the physician's usual response is 'that isn't so bad,' or the prime concern is with infertility. Now researchers have found that there is an increase in stress fractures and bone loss in women with amenorrhea.

"Osteoporosis causes pain, fractures and vertebral body compression. Fractures and early body compression can cause neurological problems; a person who has early bone loss can be debilitated by age 40."

Lindberg recommended that a woman with amenorrhea should ask her doctor to measure her bone density and to make follow-up measurements periodically. According to Lindberg, bone density tests are especially important for amenorrheic women who suffer from stress fractures, since fractures are an indicator of osteoporosis.

The Letterman study also suggested how amenorrheic women can reverse bone loss, since the four women who decreased their running mileage increased their bone density.

"However, there is no set number of miles all women should run," said Lindberg, "because women each have an individual response to exercise." She also stated that there is no optimum body weight for active women, since weight requirements vary from woman to woman.

Because there are no absolute rules concerning the proper length and intensity of exercising or the ideal weight, Lindberg advised, "Do everything with common sense. Your body will let you know if you need to ease up on your running mileage."

For amenorrheic runners, then, the Lindberg prescription is: get your bone density measured, decrease your running distance, increase your body weight, re-establish a normal menstrual cycle and supplement your diet with 1500 mg of calcium per day taken with water. Running can be a healthful habit if you give your body a chance.

Feature

No lawyers allowed: You can file your own suit in small claims court

by Jon L. Frobish, SJA

This article is one in a series dealing with legal problems that soldiers face every day and remedies which are available. In today's article we will discuss Small Claims Court. Important note: The information in this article is based on California law.

What kinds of disputes can I take to small claims court?

If you have a dispute with a person, company or government agency involving $1,500 or less, you can use the small claims court.

Note: Before you file a claim, you must demand payment, and the person who owes you must refuse to pay or ignore your demand.

How does small claims court work?

Small claims courts are not complicated. Lawyers are not allowed. And there are no juries, motions or objections, either. Cases move quickly. Usually it takes no more than 40 days to get to the hearing. However, if one of the people involved lives outside the county, it might take up to 70 days for the hearing.

The fees you pay are few and inexpensive, and you may be able to get this money added to your judgment as costs if you win.

How do I file my claim?

Telephone or visit the office of the small claims court clerk. Look in the white pages of your telephone book under the name of the justice or municipal court in your area where small claims are heard.

You will want to file your claim in the county where the dispute took place. Generally this is where the person you are suing lives, where the firm does business, where the contract was signed or where the accident took place.

Fill out and sign the "Claim of Plaintiff" form—a paper saying whom you are suing and for how much—and pay the filing fee, which usually is $6. If you cannot afford this fee or other costs, you may be able to have them waived.

You will need to know exactly how much money you are claiming, the reason why you are claiming the money and the date and place the dispute got started.

Arrange to have a copy of the Claim of Plaintiff delivered to "each defendant" or person you are suing. The clerk can send the notice for you by certified mail for a fee of $3 for each defendant. Or you or the clerk can arrange to have someone from the sheriff's, marshal's or constable's office serve the notice on the defendant(s) for $14 for each one. The law also allows any person 18 or older who is not involved in the case to deliver the notice.

You should know that if the person you are suing turns around and says that you owe him more than $1,500, the case must be sent to a higher court where attorneys can be used. If this should happen, you could wind up needing an attorney to represent you.

What should I do before going to court?

There is no need to be nervous about going to court. The judge, or mediator in some cases, is experienced in settling disputes and will try to come to a fair decision. Decisions are based on the law, experience and common sense.

If it is hard to remember the facts or you think you will have trouble talking to the judge, write down what you want to say. Or have someone write it down for you. Then read it to the judge. But do not plan to read a long statement.

Counties now provide advisors who will help you prepare for your hearing. Ask the small claims court about this service. And though you cannot take a lawyer to court with you, you have the right to talk with one before you go.

What should I bring to court with me?

Be sure to bring all the papers (originals, not photocopies) you need to prove your case. For example, bring any letter, contract, renter's agreement, deed, canceled check, repair bill, written damage estimate, diagram, drawing or photograph that will help your case. You might even bring the ruined shirt or the blender that does not work.

If you have any witnesses, you must bring them to court with you. The judge generally will not consider what a witness has to say unless the person is in court to say it.

If a witness refuses to come, the court can issue a "subpoena," an official statement ordering the person to come. The small claims clerk can tell you how to do this. If you do subpoena a witness, you must be prepared to pay the person $35 a day plus 20 cents a mile to and from the court. If you win, be sure to ask the judge to add these fees to the "judgment" (the amount of money the court says the defendant owes you).

If I lose, can I appeal to a higher court?

The defendant (the one sued) has the right to appeal to a higher court. The plaintiff (the one who sues) does not have this right. The defendant must file the appeal with the clerk in municipal or justice court within 20 days after being mailed notice of the decision. You file a form and pay fees of about $35 to appeal. The superior court will hear your case all over again. There both you and the defendant may have lawyers to represent you.

A word of caution: If the defendant loses again on appeal, he or she must pay the judgment plus 10 percent interest, all costs and an attorney's fee of $15. The defendant may even have to pay up to $250 in attorney's fees if the judge decides the appeal had no real basis and was not brought in good faith.

Is small claims court the best way to handle my claim?

The plaintiff must decide if small claims court is the best answer. You will have to spend some time getting ready for your hearing. You may have to take time off work to visit the clerk's office and to attend the hearing. If you win, and the person whom you sued really hasn't the money to pay you, it will take more time and money to follow up and try to collect.

If you do have time to collect the money yourself, you may have to hire a collection agency. The agency may charge a fee of $25 or 30 percent of the money it collects. In some cases if you can settle out of court, even though you lose part of the money, you may be ahead in the long run.

Finally, if you do go to court, remember that the winner is entitled to costs—filing fee, cost of serving notice on the defendant, witness fees. Ask The court to add these fees to the judgment.

How do I collect my money?

The small claims court cannot collect your money for you, but the clerk can tell you about some ways to do this yourself.

For example, you may be able to have the defendant's wages "garnished." This means the person's employer gives you part of his or her wages each payday until the debt is paid. To collect your money this way, you must find out where the person works—including the name of the company and address, including the county. Then the clerk can help you fill out a "Writ of Execution," which you can have the sheriff or marshal deliver to the debtor's employer.

If you know where the defendant has a bank account—including the name of the bank, branch address and county the small claims clerk can issue a "Writ of Execution" which the sheriff or marshal takes to the bank. The bank will pay you what is owed, if there is enough money in the account.

With another writ certain kinds of personal property, such as a car, stocks, bonds and the contents of a safe deposit box, can be "attached" and taken. After this property is collected, it can be sold to pay the money the debtor owes you. Before you get this writ, it is a good idea to find out about what kind of property can and cannot be taken and how much it costs to get this done.

Each "Writ of Execution" costs $3.50. This fee, as well as what the sheriff or marshal charges to deliver the writ, can be added to the amount owed to you. You also are entitled to 10 percent interest on the judgment for the time it takes you to collect.

If you do not have the information you need to collect your money, you can make the defendant come to court and answer your questions about the amount and location of his or her wages, bank account, personal property and real estate. Contact the clerk in the civil division of your justice or municipal court for information about how to schedule such a hearing.

The purpose of this article is to provide general information to the public on an area of California law, which may differ from the law of other states. It is not intended to give legal advice regarding any specific legal problem. Readers should know that the law is complex and constantly changing. Therefore, anyone with a specific legal problem should should consult an attorney.

Expanded copies of this article are available at the JAG office.

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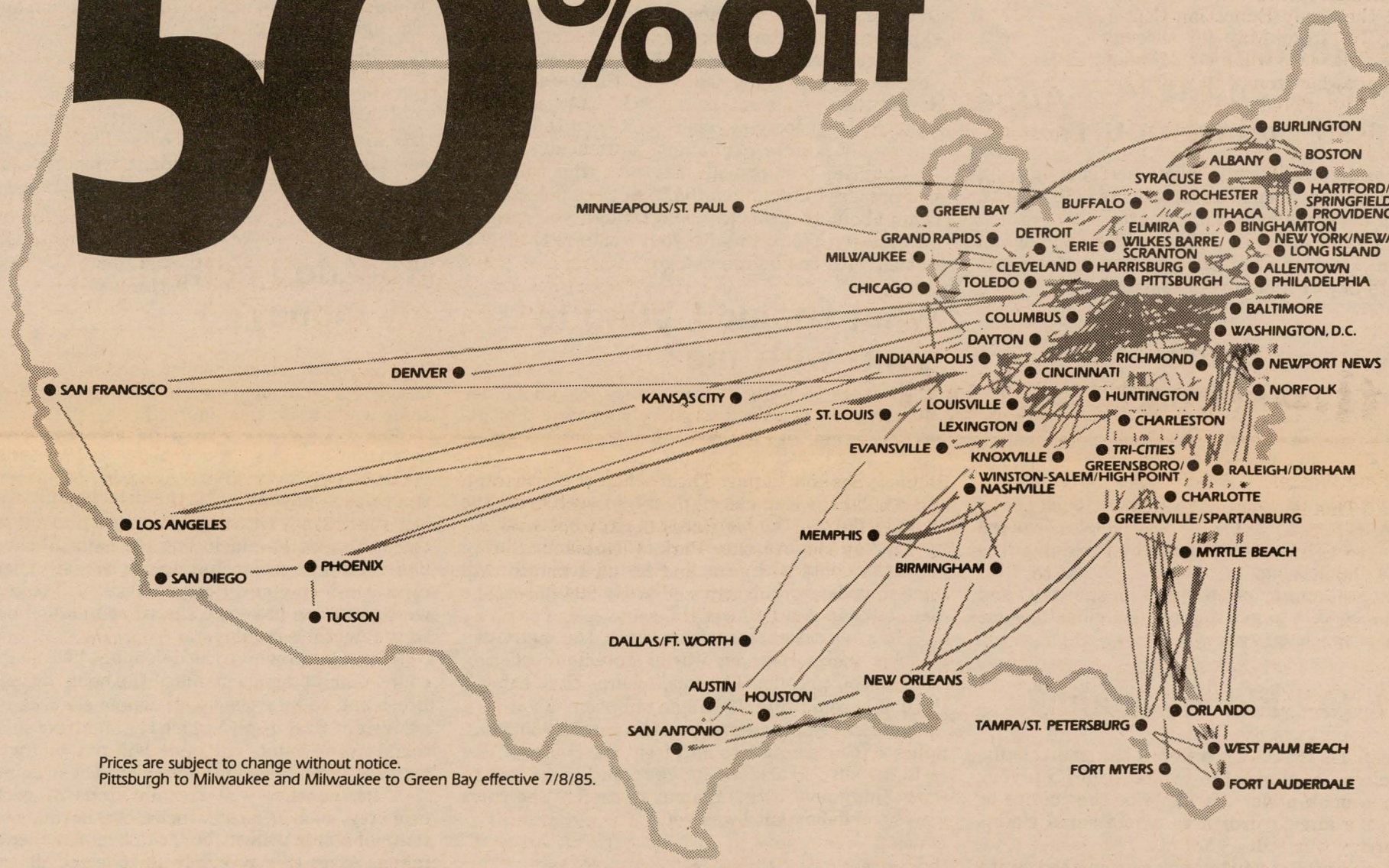

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How long can I stay? As long as you want to, up to one year. There is no minimum stay.	Same requirements as for military personnel.
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How do I get the Military Fare? Just present your green active duty military I.D. or discharge papers when you purchase your ticket and when checking in.	Military dependents at least 10 years of age must present a tan Uniform Services Dependent Identification card marked "active". Military dependents ages 2-9 must present proof of family relationship when checking in.

Community Calendar

ID Section closed

On Friday, May 24, the Identification Card Section located in bldg. 86, COMPACT, will be closed for business. The section will be moving two doors down from its present location. Its new location will be at the south end of bldg. 86 and will be marked by signs. All services will resume on Monday, May 27.

For more information call MSG Martin at 561-4449.

German Headstart class

A German Headstart class will be held at the Army Education Center, bldg. 1216, from May 20 through July 15. The class will meet Monday and Wednesday from 6 to 8:30 p.m.. The class is offered free to military personnel, adult family members and DA civilians who want to learn practical German. Soldiers on orders or alerted for duty in Germany have priority for enrollment.

For more information or to enroll, call or visit the Education Center, 561-2974 or 561-4445.

photo by Bob Walker

Airborne!

Aristotle flies for a frisbee at the Main Parade Ground.

Showcase tour

Visit one of San Francisco's most outstanding properties—the Phelan-McGinnis mansion. This historic mansion is located at 2150 Washington Street, between Octavia and Laguna streets, opposite Lafayette Park. The residence has been transformed by 35 of the Bay Area's most talented designers and is now open to the public as the 1985 San Francisco Decorator Showcase.

The Presidio Recreation Center has a tour scheduled for Saturday, May 18 from noon to 4 p.m. The price for the tour is $9 per person. Sign up for the tour at the Recreation Center ITT Office, bldg. 385. Hours of operation are 11:30 a.m. to 1 p.m., and 2 to 5:30 p.m., Monday through Friday.

Rec Center

The Berkeley Wine Tour is tomorrow, noon to 4 p.m. Cost is $3.

FORSCOM Festival of the Arts

The date of the show is May 15 at the Recreation/Cultural Center, bldg. 385 at 7 p.m. All post personnel are invited to attend and support the participants. Admission is free.

Coming events

The Presidio All-Army Chess Tournament is Saturday, June 1, beginning at 9 a.m. This will be a 5-round Swiss tournament. Winners will be nominated for selection at DA level for future tournaments. Entry fee is $2 and open to active duty personnel only. Sign up now!

...the write stuff...

by Richard Wetzel

HEY! This business of changing the clocks to shift with the season is gonna have to stop... it's simply too confusing... Instead of moving the clock one hour ahead, like I was supposed to, I set it 24 hours forward... Whew!, I thought, a full day with no sleep... so I took a nap... Waking up countless hours later and realizing this insipid mistake, I rectified (how do you like these fancy words) the situation by rolling back the hours 24 times, and then for safety measures, I subtracted an additional 24 hours.

To say the least, this screwed things up royally. Not only was I unaware of the correct time, I wasn't even sure what day it was. It couldn't be Friday, we already had one of those this week... but Sunday was still 48 hours away, wasn't it?

At any rate, a couple of days vanished in my hands... It's not the first time something like this has happened... This past New Year's, I misplaced a whole week... anyway I just thought you might like to know why "*...the write stuff...*" wasn't here last week... or was it and I somehow missed it in the confusion???

Oh, well,... ONWARD before I lose myself in this conversation.

The Sausalito Spring Fair begins at 10 a.m. tomorrow near the ferry terminal. Featured will be arts, crafts and food... Fashion and hair show, live music and martial arts will be offered at the National Black Showcase, tomorrow from 11 a.m. to 6 p.m. at the Convention Center, Oakland... The Balinese Shadow Puppet Theatre begins tomorrow at 2 p.m. at the Exporitorium, 3601 Lyon Street...

The National Worm Races begin tomorrow at 11 a.m. at the Austins Park, Clearlake... these races were held last year, and for all I know, it's the same race... You can call (707) 994-3600 for more information and get the same response I've been getting... lots of ringing and no answer... I guess it does take those worms a while to get to the phones, but I have no patience... that's why I'm a journalist and not a doctor...

Hey, this ought to tickle your fancy, if you can figure out what the heck it is... "*The Gyuto Tantric Monastery Multiphonic Choir*" at the Berkeley Community Theatre, May 18... Word of advice... if you find a room full of skinheads with glowing eyes trying to sell you poppies, I'd find the nearest exit... these are not yuppies...

The 44th Edition of the Spring Rose Show will be conveniently held on Mother's Day (Sunday) at the Hall of Flowers in Golden Gate Park from 1 to 5 p.m. It's a freebie... Also free in the park: Ten musicians will be performing their original compositions from noon to 3 p.m. tomorrow at the Bandshell... The San Francisco Historical Trolley Car Festival on Market Street is already in progress and continues through October 31... that's just in case you have nothing better to do all summer long...

Since there's so much emphasis being put on NBC training, shouldn't we give equal time to CBS and ABC... Does PBS qualify?

MUSIC TO MY EARS... Direct from Trinidad, *The Mighty Sparrow, King of Calypso,* May 24 at Zellerbach Hall, UC Berkeley... *Van Morrison* and *Mose Allison,* May 28, at the Warfield Theatre... *Phil Collins* and (the "no jacket required" tour), June 7,8,9, Oakland Coluseum... "A Concert for the Earth," an evening of music and poetry, with *Paul Winter* and *Yevgeny Yevtushenko,* June 8, Zellerbach Hall...

You won't want to miss out on the Concord Pavilion's Summer Concert Series... for example, if you purchased Series 3, for $68.50/80.50, you would see *Crosby, Stills and Nash* June 30; *Eric Clapton* July 23; *Santana* August 10; *Kenny Loggins* and others at a later date. There are nine series, to be purchased separately. For info, see newspaper ads or call 762-2277... this number also applies to other Bay Area concerts and shows...

HEAR YE, YE HEAR!... Bob's Big Boy has been saved! The people have voiced their opinion and voted to save this oversized figurine... Seems like everyone jumped on the bandwagon at the last minute... The great gov'ner recently visited several sites, amid the protests of some Burger King fanatics... even Jerri Feelwell wanted to save this bloated young soul... Now we can all sit back and relax, knowing that future generations of junk food addicts will look up to this symbol of American pride...

Well, that's all this week, folks... Join us here next week for an in-depth study of why the Army waters the grass when it's raining...

At the movies

Presidio Theater

Fri,	May 10	Tuff Turf (R)	7 p.m.
Sat,	May 11	The Killing Fields (R)	7 p.m.
Sun,	May 12	The Killing Fields (R)	7 p.m.
Mon,	May 13	The Killing Fields (R)	7 p.m.
Tue,	May 14	Sword of the Valiant (PG)	7 p.m.
Wed,	May 15	Sword of the Valiant (PG)	7 p.m.
Thu,	May 16	Night Patrol (R)	7 p.m.

Schwartz Theater

Mon,	May 13	Tuff Turf (R)	7 p.m.
Wed,	May 15	The Killing Fields (R)	7 p.m.
Thu,	May 16	Sword of the Valiant (PG)	7 p.m.

Hamilton Theater

Fri,	May 10	The Goodbye People (PG)	7 p.m.
Sat,	May 11	Cinderella (G)	1 p.m.
Sat,	May 11	Give My Regards to Broad Street (PG)	7 p.m.
Wed,	May 15	Red Dragon (PG)	7 p.m.

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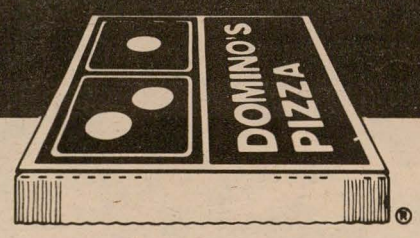

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4-item	$8.20	$12.27
5-item	$9.05	$13.52

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16" Price Destroyer™ $13.52

Additional Items

Ground Beef, Green Peppers, Ham, Double Cheese, Pepperoni, Mushrooms, Black Olives, Onions, Sausage, Pineapple, Jalapenos, Extrra Thick Crust
12" pizza $.85 per item
16" pizza $1.25 per item

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4. Remain by the phone after ordering. We may call back to confirm the order.
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Sports

PSF bowlers aim for perfection, scholarships

by Jeff Smith

The Presidio of San Francisco always seems to be blessed with an abundance of visiting athletes. So far this year, the Army Men's Basketball Team has trained here, as has the Army Volleyball Team, and now the Army Track Team is here for a month of work. But ever so quietly, during all these Army camps, a group of people who live and work on the Presidio have made a strong impression in a sport without the benefit of an "All-Army" moniker. The sport is bowling, and members of the Presidio Adult Travel Team and the Junior Travel Team, have become big winners.

Don Fryer is a member of the Adult Travel Team and the Junior Travel Team coach. In addition, he is secretary for the Northern California Military Traveling League. Teams from the Presidio, Oakland Army Base, Treasure Island, Travis Air Force Base (AFB), Mather AFB, Castle AFB, Beale AFB and McClellan AFB competed over the winter season. Our team finished a strong second and decided to take their talent to Las Vegas to compete in the Military Invitational Classic, a prestigious meeting of 62 of the military's finest teams.

When the smoke over the lanes cleared, the Presidio had finished in a very respectable 10th place. "Everybody bowled above their average," said Fryer, who placed 20th in the individual standings. The winning Air Force team had fielded six previous Air Force champions, three of whom carried Professional Bowlers Cards.

In the San Francisco City Championships, the Traveling Team finished 25th and two other teams from Presidio's Thursday night league ended up 3rd and 10th out of 69 teams.

Next up for the Traveling Team is a trip to the California State Championships in Sacramento tomorrow and Sunday. Teams will bowl four games for the team event, then compete in singles and doubles for the all-events championship. The Presidio will field two teams; Fryer will captain one and Jim Seale the other. Seale, who started bowling on the Presidio in 1973, explained that there is a $28 entry fee per person, but winners receive cash prizes.

The Presidio of San Francisco is a small post. The number of bowlers is not great. So what makes our bowlers so good? "It's the lanes," says Fryer. He notes that the Presidio was the first center to put in synthetic lanes, which are tougher to bowl. "A person who bowls on the Presidio is probably 10 pins better at another lane," adds Fryer. Not only are the lanes tough, but the management does not engage in the practice of "blocking" lanes. Blocking is putting oil on parts of lanes so that scores are increased. Many bowling centers apparently see this as a way of increasing their clientele.

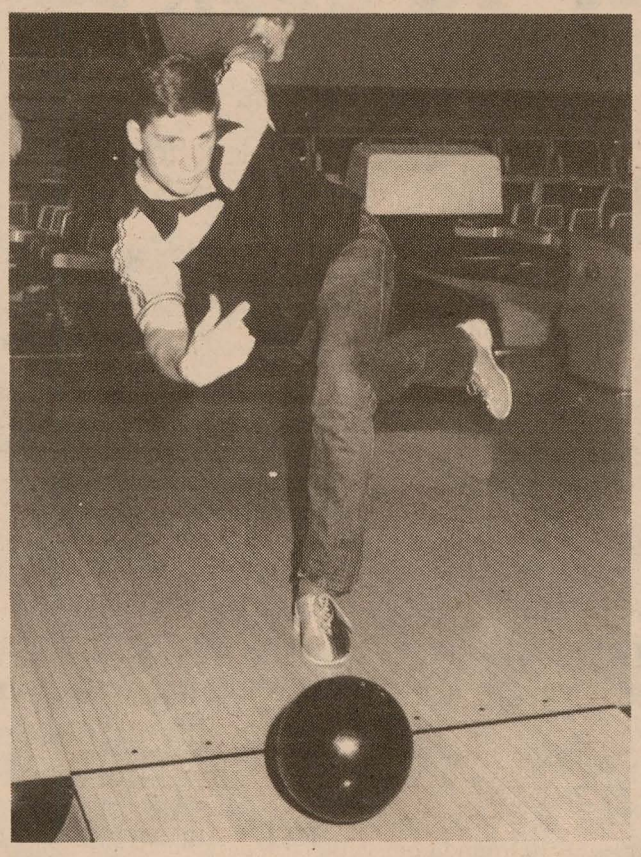

photo by Chuck Blancet

Strike

Adult Travel Team member Dave Verschage rolls one down the lane.

Another, equally anonymous group of bowlers of the Presidio is the Junior League, which bowls on Saturdays. When Fryer took over the league in 1983, the best bowler was a young lady with a 131 average. This year, one person has a better average than the coach's 184. Fryer not only administers the league, but coaches the youths also. Presidio boys took first, second and third in 1984's Nor Cal Coca Cola Championships, while the only girl attending also finished first. In the state final, two of the Presidians tied for fifth place.

This year seven bowlers from the Junior Travel Team qualified for states. The Bantam and Prep bowlers, Robert George, 5; Stephanie Robertson, 10; and Donalisa Fryer, 11, cannot attend states because of their ages, but provided quite a bit of inspiration. George, at 5, is only slightly heavier than the ball, yet had a 56 average during the year. At the Nor Cal event, he nearly doubled his average, shooting a 102, 104 and 105. Fryer competed in bowling for the first time this year. Despite a shyness that seems to accompany her having only one arm, she has progressed steadily throughout the year. Asked how she likes the sport, she quietly replied, "I like bowling, but I'd like it more if I was better." Her father seems very pleased with her already.

Meanwhile, the two Junior Travel Teams from Presidio have been dominating play in San Francisco. During the first half of the season, they finished first and fourth in the eight-team league. In the second half, they finished first and second.

Those who will travel to states will compete for $1,500 in scholarships and the chance to compete for an additional $33,000 at the national event in Colorado. Elizabeth and Brian Begley and Billy and Chip Niemi will represent the Presidio at the State Tourney. Elizabeth, 13, explained, "One bowler in five will move up from states to the national meet." At the national level, the top four finishers with scratch and handicap scores in each age group will receive scholarships.

Bowlers always seem to be armed with a story. Most of them are the kind that make a struggling bowler's blood run cold. Take the story of Dave Verschage. Verschage, a member of the Adult Travel Team, was at Beale AFB for a match when he discovered his ball was missing. He decided to use Jim Seale's ball, even though it did not quite fit his hand. The result? Verschage rolled a 278 game (a perfect score is 300) and a 713 three-game series.

David Fryer, 17, has been bowling for just four years. In that short time he has rolled a 255 game and this year improved his average 25 pins. His brother Steven, 10, already knows the thrill of six strikes in a row.

To attain good results at any sport, one must practice; bowling is no different. But style may be another matter. Felix Mallorca, another Travel Team member, rolls the ball in a wide sweeping arc that seems to kiss the left gutter before exploding into the pocket each time he delivers a ball. "Lefties seem to have more hook, naturally," says Mallorca, unimpressed with his own stylish deliveries.

Any youths interested in bowling can sign up for the summer league when it begins on June 1. Registration will be at 9 a.m. at the Post Bowling Alley. The cost is $7.50 for registration followed by $1.50 each week to bowl. Anyone desiring further information should call Don Fryer at 561-3002 for details.

Intramural softball

The Presidio Intramural Softball League will officially begin play on Monday with 22 teams competing for the league championship. The 1984 league and post champions, LAMC No. 1, coached by Steve Burton, will be back to defend their titles and try to go through another season undefeated. Oakland Army Base, a team that is always around when the awards are presented; 864th Engineers with all their racehorses; the Doctors, with their heavy hitter; One Six Pack, with all their veterans; LAIR, a team that has it all; DEH, a team that has ensured that the playing fields will be to its advantage; Garrison, a team that will have the "top kick" looking for players every day; and the surprise of the league, according to the "Fog Horn," LAMC MSC, should provide LAMC No. 1 all the competition they can handle.

League schedule for the first week of play is as follows. All games are scheduled to be played at Fort Scott softball fields:

Monday—Field No. 1
One Six Pack vs. LEC . . . . . 4:30 p.m.
AAFES vs. OR Docs . . . . . 5:45 p.m.
Doctors Plus vs. Co. G, DLI-SF . . . 7 p.m.
Monday—Field No. 2
Two Six Pack vs. LAMC No. 1 . 4:30 p.m.
LAMC No. 2 vs. Corps of Engrs 5:45 p.m.
FBI vs. LAMC MSC . . . . . 7 p.m.
Tuesday-Field No. 2
USAISC vs. 6th Army . . . . . 4:30 p.m.
LAIR No. 1 vs. Garrison . . . . . 5:45 p.m.
Oakland vs. Attorneys . . . . . 7 p.m.
Wednesday—Field No. 1
Two Six Pack vs. LAIR No. 2 . . 4:30 p.m.
AAFES vs. One Six Pack . . . . . 5:45 p.m,
Doctors Plus vs. LAMC MSC . . . . . 7 p.m.
Wednesday—Field No. 2
DEH vs. 6th Army Band . . . . . 4:30 p.m.
FBI vs. LAMC No. 1 . . . . . 5:45 p.m.
Attorneys vs. Garrison . . . . . 7 p.m.
Thursday—Field No. 1
USAISC vs. Co. H, DLI-SF . . . . 4:30 p.m.
LAMC No. 2 vs. OR Docs . . . . . 5:45 p.m.
LAIR No. 1 vs. Corps of Engrs . . . . 7 p.m.
Thursday—Field No. 2
LEC vs. 864th Engineers . . . . . 4:30 p.m.
Oakland vs. Co. G, DLI-SF . . . . 5:45 p.m.

Men's softball

The Presidio Men's Post Softball Team is currently undefeated, with five wins and no losses in the Central Pacific Sports Conference Slow-Pitch Softball League.

The slow-pitch softball team, coached by Barry Franks, will travel to McClellan Air Force Base on Saturday and Sunday to compete in their eighth Invitational Men's Slow-Pitch Softball Tournament.

Home games for the Presidio team are May 21, 25 and 30 and June 6 and 13.

All games will be played at Fort Scott Field No. 1.

Hui-O-Hawaii bowling league

The Hui-O-Hawaii Mixed Doubles Bowling League begins their summer league competition on May 17 at the Presidio Bowling Center. Openings for interested individuals or teams are available.

Sign up at the Bowling Center or contact Don Fryer at 561-3002 or Bobbie Gascon at 561-4120 or 561-5032.

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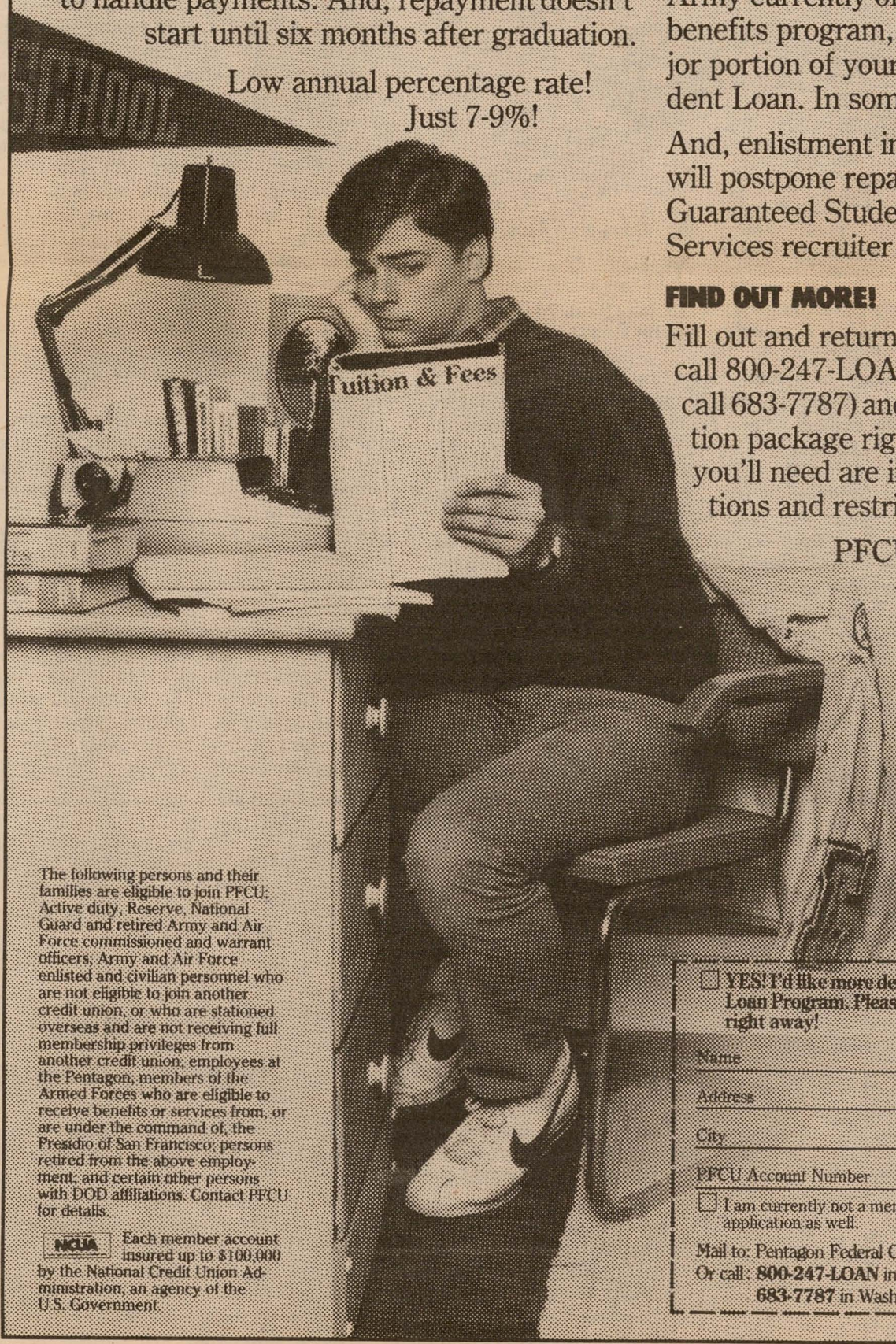

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Workers unite! And hey, let's have some appreciation out there, **page 2**

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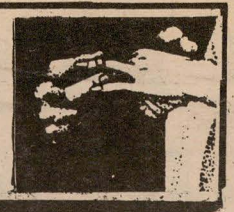

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Star Presidian

Vol. 28, No. 20 "Published in the interest of the people of the Presidio of San Francisco." May 17, 1985

photo by Bob Walker

Profiled soldier Sp5 Mary Hearne does push-ups while tester SSgt. Reynaldo Bulda counts.

PT for the profiled

by Bob Walker

"Profiles fall out to the right," said the Physical Training (PT) instructor.

Until about a year ago, these words released profiled soldiers from PT formation and sent them on their merry way to their duty sections.

Last year the Army gave directions that profiled troops should take a special PT—one that is within their limitations.

According to SFC Levi Rogers, training NCO at Headquarters Company, U.S. Army Garrison, the Headquarters Command Battalion decided that the profiled troops would take a profiled PT. Once an SOP for profiled soldiers was drawn up, soldiers were screened to determine who would participate. PT designed to enhance soldiers' physical condition was drawn up in a way that would not violate profile limitations.

Soldiers unable to run substitute swimming, bicycle riding or walking as long as these activities are within their profile limitations.

Profiled soldiers must walk two and a half miles in 36 minutes, swim 800 yards in 17 minutes or cycle six miles in 23 minutes.

The number of push-ups and sit-ups a soldier must do is based on the soldier's age—if he or she is allowed to do them at all.

Rogers said, "Profiles used to be forgotten, pushed aside; they didn't participate in PT. Now they train within their limitations."

SSgt. Bruce Davis, master fitness trainer for the post training section, explained that profiled PT starts off with stretching exercises.

According to Davis, the big problem is soldiers not getting profiles stating what they can do. Profiles state what they *can't* do, not what the soldier should be doing to maintain fitness.

SSgt. Bernard Bebel frequently instructs the profiled PT for the Garrison unit. Bebel said, "The bulk of the group can stretch, walk, do strengthening exercises and more stretching. Those who have a profile against standing sit on a bench and exercise."

SFC Ed McClellan, special projects NCO in the operations (S-3) section of the Headquarters Command Battalion, has a P-3 profile limiting him to short walks, so his test consists only of push-ups and sit-ups. He said, "The program is good. You don't get a numerical score; you get a pass or fail score."

A woman soldier with a no-standing profile said, "I do sit-ups and stretching exercises for about half an hour. I don't do push-ups because they push on my feet.

"I wouldn't depend on the program by itself. I do some exercises on my own—Jane Fonda floor exercises. It works for me; I maxed the sit-ups."

Profiled soldiers now make sure they are as physically fit as possible, because there is no more "Profiles fall out on the right."

News briefs

'One Too Many'

On Tuesday, from 8 to 9 p.m., ABC television will present a special drama entitled *One Too Many* about teenage drinking and driving.

Driving while intoxicated kills or injures more than 130,000 teenagers every year. Laws, parents, warnings and statistics cannot prevent drunken driving. This program dramatizes the tragedy of drunken driving in the hope that teenagers will confront the national problem by assuming responsibility for their behavior and safeguarding the conduct of their friends.

School registration

If you haven't yet registered your student for school this fall, there is no time to lose.

Army Community Service functions as school liaison for families living on the Presidio. If you have questions about school placement or enrollment, contact Marjorie Dee at 561-5057.

The Sausalito School District has kindergarten pre-registration through June 28. Registration is held from 9 a.m. to 3 p.m. at the Bayside School office, 630 Nevada Street, Sausalito. Children who will be 5 years old on or before December 2, 1985, are eligible.

For kindergarten registration in Sausalito or San Francisco, parents will need proof of birthdate, such as a birth certificate, passport or baptismal records—and immunization records.

ID Section closes

On May 24, the Identification Card Section, located in bldg. 86, COMPACT, will be closed for business. The section will be moving two doors down from its present location. Its new location will be at the south end of bldg. 86 and will be marked with signs.

All services will resume on May 27. For information, call MSgt. Martin at 561-4449.

Respite care training

It's hard enough to find a good babysitter, and next to impossible if you have a child with special needs. It takes someone who is willing to spend time with that child and learn with that child and grow in the process. Parents of special needs kids do this 24 hours a day for months, and sometimes years, at a time without a break.

When your child is handicapped, that break you need is called "respite." And you need someone who is trained to care for the special needs your child has.

The Respite Care Training Program is 15 hours of comprehensive training in giving temporary care for the handicapped person. The training begins May 30 and will finish June 3.

If you live on the Presidio and would be interested in enrolling in this training course, call Marjorie Dee at 561-5156 or 561-5057. Deadline for sign-up is May 22.

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Opinions

TAKE A BITE OUT OF CRIME

Driving a car on post is a privilege extended (to properly licensed drivers) by the post commander and the state of California. Not only are cars quick and efficient, but they're fun and convenient. Like most people, you probably rely heavily on their capabilities and pleasures every day.

However, this "invisible privilege" can end quickly for people who are habitual traffic law offenders—people who disregard laws and have incorrigible driving behavior. Beware! The post commander can withdraw post driving privileges—either temporarily or permanently—because of your driving record, whether you are military or civilian.

One of the easiest ways to lose your driving privileges is repeated parking violations. Illegal parking slows traffic flow and leads to congestion. Parking legally, on the other hand, is safer and helps prevent accidents.

Red-painted curbs are NO STOPPING, STANDING OR PARKING zones for several reasons; emergency access and better traffic flow are just two.

Imagine how you'd feel if a co-worker or friend went into a cardiac arrest, then cardiac failure, at the office or if a house burned down—all because your car blocked emergency vehicles! Even if you're in your car, your engine can fail to start, or, in momentary panic, you can crash into the emergency vehicle. And these incidents do happen.

Blue curbs signify handicap parking *only;* it is a service to those who require this privilege. Again, inconsiderate parking can cause great inconvenience.

Yellow and white curbs are for loading and unloading freight or passengers. Green curbs are for temporary parking. All such curbs are timed for the period needed to complete the necessary task, no more, and in no case may parking exceed 30 minutes.

Another area gaining closer scrutiny is the use (or non-use) of approved helmets when soldiers and civilians drive motorcycles on post.

Although California doesn't require motorcyclists to wear helmets, Army regulations (190-5 and 385-55) do. Cyclists must also wear protective glasses or goggles or have an approved safety windshield.

Violations may be reported to the offender's commander or supervisor for appropriate action, but repeated offenses may result in the revocation or suspension of on-post driving privileges. For cyclists, the helmet is the "smart" way to protect yourself.

And hey, "let's all be careful out there."

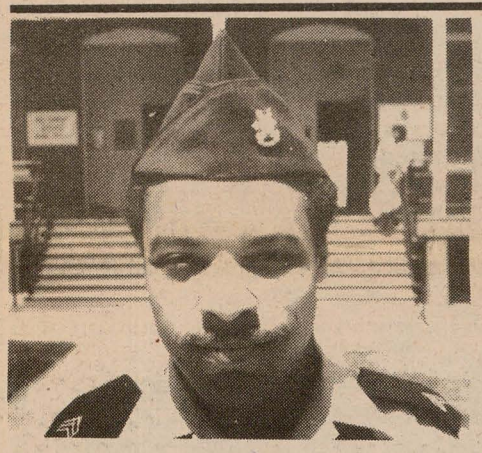
Crime Report:

In the past week it was reported to this MP station that:

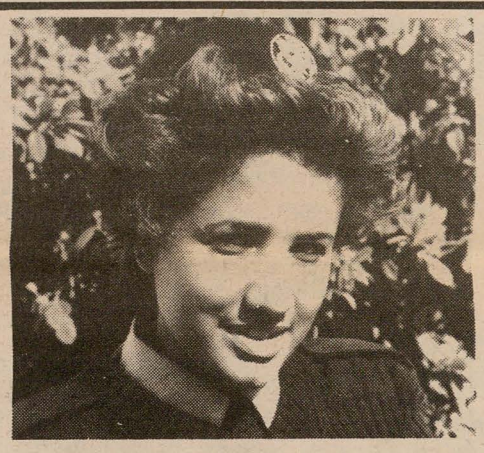
- A wallet was lost containing money and personal items.
- There was one attempted car break-in.
- There were three house break-ins—$460 was taken from one, $100 from another and tools from the last.
- There were three secured bicycles and a tire pump stolen from the Defense Language Institute - San Francisco (DLI-SF).
- There was an unsecured tool box taken from a truck in the DLI-SF area.
- There were seven traffic accidents reported.

Ramblin' Sam

"What post facility would you like to see improved? Why?"

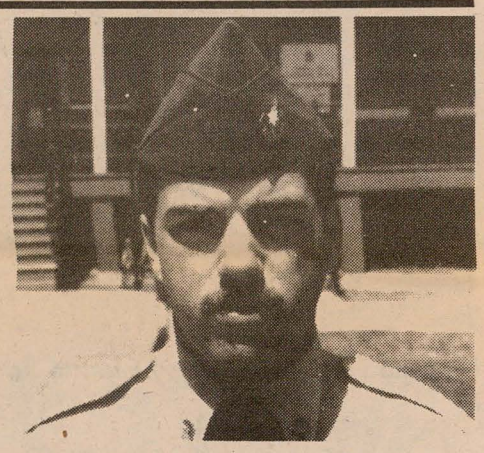


Sp4 Timothy E. Evers, 6th Army DCSOPS I&S administration assistant: "Have you ever been to the post gas station at 5 p.m. on Fridays?"



Pvt. 2 Betty Ware, 6th Army DCSPER awards clerk: "I feel the barracks are very primitive; perhaps some remodeling, such as painting, could improve overall troop morale."

Capt. Mary Kone, DLI-SF Company H commander: "They're all pretty good, but the soccer fields could be in better condition. The students that play sometimes take a beating because the fields are in bad shape."



Sgt. Walter Jones, 6th Army DCSOPS I&S Consolidated Training Facility specialist: "Basically, they should keep the small PXs and snack bars open untill 11 p.m., or so, so you don't have to go off post."

Why do PSF employees work so darned hard?

by Liz Greeley

During your last 12-hour workday, did you wonder *why* you were putting in all that time? You knew the boss probably wouldn't mention the extra hours; you knew no reward awaited you—so why did you do it?

Well, let's consider the possibilities.

A. You could be crazy. Now, now; in the interest of scientific analysis, we're considering *all* the possibilities!

However, I haven't noticed any crazed civil servants running around the Presidio in the 11 years I've worked here, so I don't think that is a probability. (Although I think I'm the exception that proves the rule—should have been locked up years ago.)

B. You fear your boss. You could be burning the midnight oil because you boss said—no, promised—that if the report wasn't done on time you'd be strung up by your thumbs and the flesh flayed from your little body. This kind of "management technique" is simple, yet effective.

This is a possible reason for extra effort in some cases. I don't think it's what Gen. Wickham has in mind in supporting leadership, though. If this describes your situation, you have my heartfelt sympathy; it's a lousy way to instill subordinate loyalty.

C. & D. Ambition and recognition are the other possibilities. These are based on the hope that the boss will notice your initiative, drive and dedication to the mission.

Both are worthy reasons for working harder—you are to be commended and I hope the boss doesn't let you down.

E. The final reason I'll offer for working a little harder is your desire to do the job according to high personal standards.

You work harder because you know that someone won't get his or her promotion on time if you don't, you work some fast and furious hours so a distraught wife can join her husband in Germany a week earlier and you work a little harder,

please see page 3

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Why?

continued from page 2

a little longer, because you want to do the job *right.* Your boss probably would be satisfied with just average effort, but you wouldn't. And you probably feel a little unappreciated.

The fact is that people don't always even have a chance to say thanks, or perhaps they don't realize the extra trouble you went to for them.

But people who got their promotions on time because of your efforts are glad and the family happily flying to Germany is thankful for your dedication. And the worker who operates under the principle that a job should be done right or not at all probably has developed a reputation for superior performance among colleagues—perhaps inspiring others.

This isn't a fairy tale. I think we all would be surprised if we knew how many Presidio workers fall into the last category.

In fact, I know a woman who used to *sneak* back into her office after work so she could get her towering workload finished—on time, all the time.

It wasn't uncommon for her (I'll call her "Mrs. S") to work until 10 p.m. some nights and, occasionally, until midnight. The only reason I don't mention her real name is because it might embarrass her.

But Mrs. S was an inspiration to me and set an example I'll never forget. I'm not talking about the "old days;" Mrs. S still works on post.

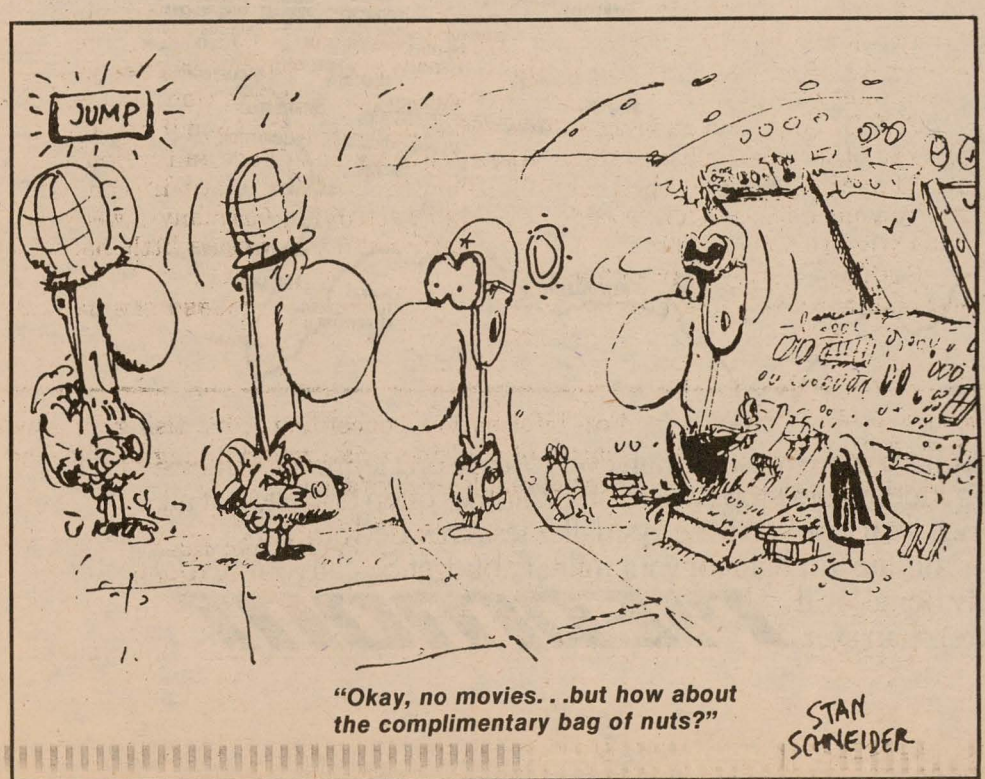
To all workers like Mrs. S —**bravo for you!** And if you haven't heard it lately, "Thank you." You deserve it.

Armed Forces Week Parade correction

The annual Armed Forces Week Parade steps off today at noon, not May 1 as printed in last week's *Star Presidian.* We regret any inconvenience that this typographical error may have created.

The Lighter Side

"That's my kid!" STAN SCHNEIDER



"Okay, no movies. . .but how about the complimentary bag of nuts?" STAN SCHNEIDER

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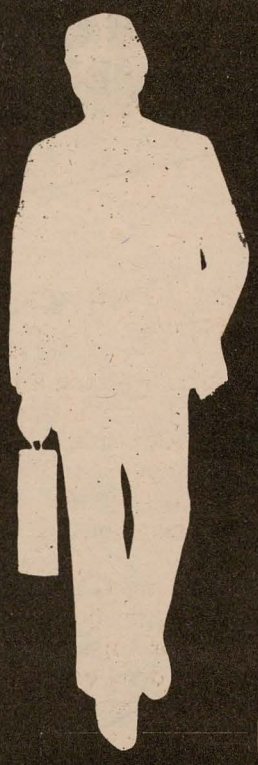

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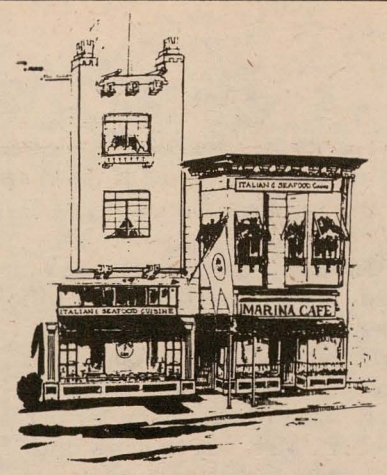

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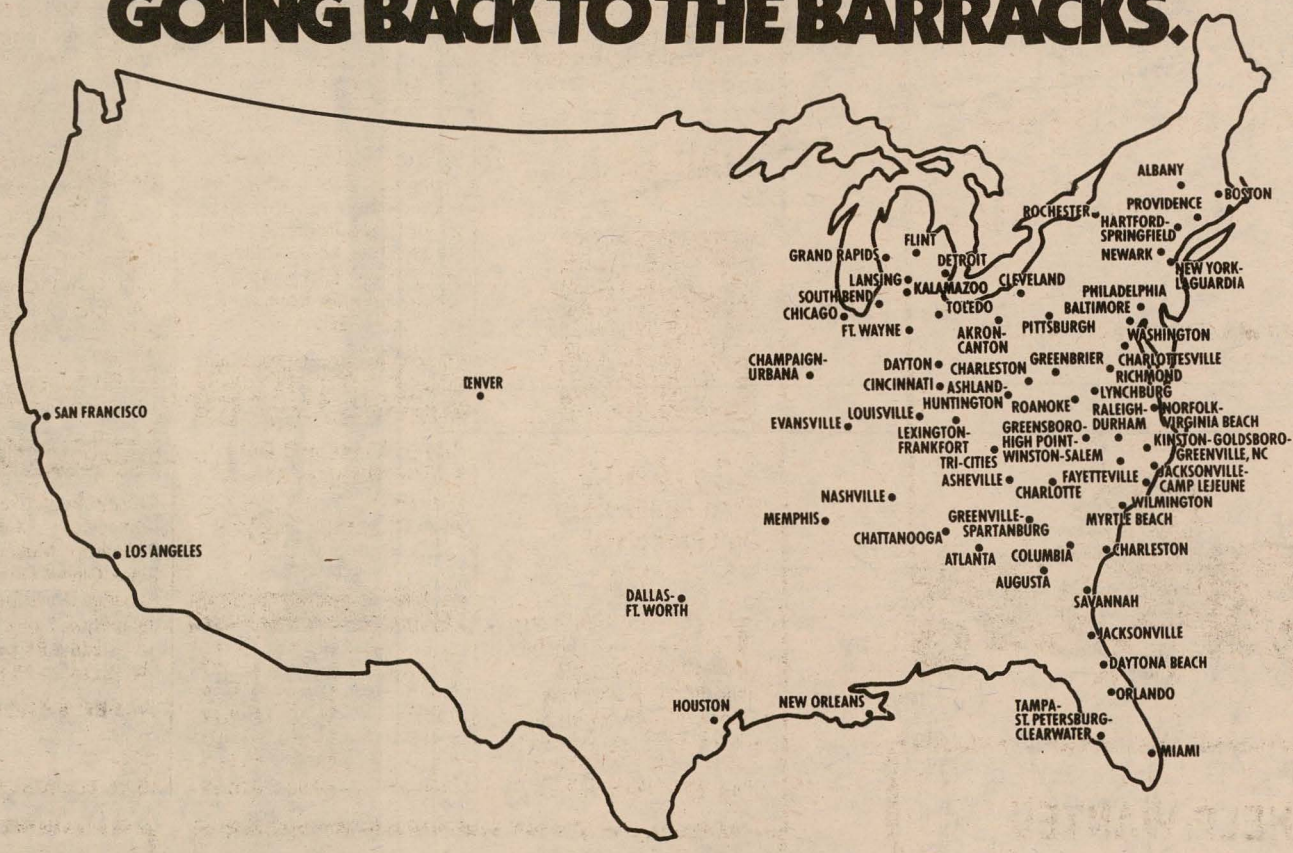

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Feature

Spouse Day

Have you hugged your spouse today?

by Bob Walker

"Let's start packing for our PCS move to Germany," says the spouse of a soldier.

Though it's not all that simple, spouses give the troops a great deal of support.

That's why National Military Spouse Day, honoring spouses, will be celebrated Thursday. At the Presidio, spouses will eat free at the Officers' Club with a two-for-one dinner on Thursday. The Arts and Crafts Center offers spouses free use of craft areas for the day.

Spouses bowl their third game free at the Bowling Center between 9:30 a.m. and 5 p.m. The Recreation Center has an Open House from 2 to 9 p.m., with cake, cookies, ice cream, punch and a buffet from 2 to 7 p.m.

Morale Support is sponsoring a volleyball tournament at bldg. 63 (Post Gym No. 1) at 5 p.m. and aerobic dance exercise demonstrations from 4:30 to 5:30 p.m. and from 5:30 to 6:45 p.m., also at Gym No. 1.

AAFES has Military Spouse Day specials with items marked down for both men and women.

Sixth Army spouses may visit staff offices to become familiar with their spouses' work and what they do. Hours for the Open House are 3 to 3:45 p.m. Soldiers will give their spouses passes for golf, bowling or the movies, and each honored spouse will receive a rose.

A special retreat ceremony will take place from 3:45 to 4:30 p.m. on the parade grounds in front of 6th Army.

The NCO/Enlisted Club extends the occasion with a two-for-one dinner on Friday, May 24.

What do people around Presidio have to say about National Military Spouse Day?

Army Community Service chief David Ciechanowski said, "Military spouses are special; they are a totally different breed of person, with the moving, trials and tribulations of military life. It takes someone special with an understanding and a frustration tolerance, being willing to move every three years and having to reestablish. Oftentimes they have to be a single parent when the soldier is gone for long periods of time.

"The spouse has to make career sacrifices because of frequent moves. Civilians aren't faced with this as often or as dramatically," Ciechanowski added.

Col. Angelo Scavarda, chief of physical medicine at Letterman Army Medical Center, has over 16 years in the Army. He said, "I'll take my wife out to dinner. Spouse Day is a good thing, honoring spouses for support during PCS moves, for example. My wife has been quite supportive."

Sp4 Sally Dewar said, "I'll give him breakfast in bed and give him a back rub. We do special things for each other all the time; that's why we are so happy. When you're good all the time it's hard to be extra good.

"He does a lot of things for me! He helps me shine my boots, helps with the dishes and does all the cooking. He gives me a back rub after a hard day at work. Sometimes he gets up early and cooks breakfast for me."

Whether you have been in the service a long time or not, your husband or wife gives you a lot of support.

Military life isn't easy on spouses and that's why spouses are honored each year with National Military Spouse Day.

Let's hear it for the spouses!

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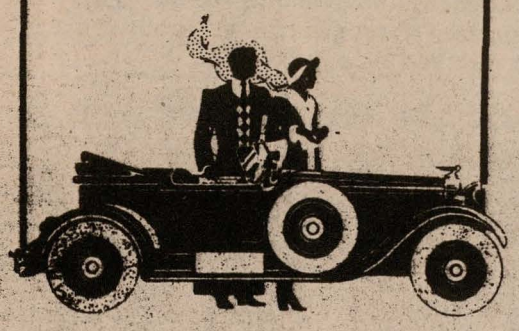

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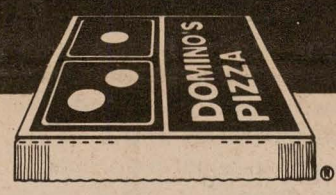

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News Feature

Divorce—when 'for better' becomes 'for worse'

by Jon L. Forbish, SJA

This article is one in a series dealing with legal problems that soldiers face every day.

Important note: The information in this article is based on California law.

What are the grounds for divorce in California?

In 1970, California became the first state to allow "no-fault" divorce, which the law now calls "dissolution." This means you no longer have to accuse your spouse of being cruel, committing adultery or doing anything else that caused your marriage to break up. In other words, you do not have to "fault" or blame your spouse in order to get a dissolution.

How will our property be divided?

California, unlike many states, has many community property laws. If you were married in California or lived here during your marriage, everything you own is either "community property" or "separate property."

Community property is all property in or out of the state that either you or your spouse acquired through your labor or skills during marriage while living in California. It can include real estate—a home, land or rental property—cars, money and other personal possessions. Each spouse owns one-half of all community property.

Separate property is real estate, money, furniture or any other belongings that you or your spouse owned **before** you married. It also is certain gifts and any inheritance that one of you received either **before** or **during** marriage. And after you and your spouse are separated, anything you earn is your separate property. Separate property is not divided during dissolution.

What if you were married in a state that does not have community property laws? Perhaps you still own the home you bought in that state during your marriage before moving to California. Ownership is in your name only; even so, the house will be treated as community property when you get a dissolution in California if it was bought with your earnings during marriage. This kind of community property is called "quasi-community property."

When your marriage is dissolved, any money you owe will be divided into community property debts and separate property debts. Debts that either you or your spouse acquired during marriage are community property debts. This includes credit card bills, even if the card is in your name only. But money you owed before getting married or after separating from your spouse is your separate property debt.

Community property possessions and community property debts are divided equally, unless you and your spouse agree to an unequal division.

What kinds of community property am I likely to own?

Many married couples own a home, furniture, appliances and a car as community property. You and your spouse may have cash in checking and savings accounts, stocks and bonds, pension and profit-sharing plans, life insurance policies, tax refunds, a vacation home, rental property or a business—all of which can be community property. Even though each spouse usually keeps his or her clothing and jewelry, these belongings may be community property, too.

You also should know that there are ways for community property to become separate property and for separate property to become community property. For example, if you put separate property money that you inherit into a savings account that contains mostly community property money, it may become community property.

Who will divide our community property?

You and your spouse can decide how to divide your community property belongings. You can divide them any way you like—even if the division is not equal. This can be a complicated process, and each of you may want a lawyer's advice.

If you and your spouse cannot agree, the court must decide how to divide your possessions. Unless there are unusual circumstances, your belongings will be divided evenly. However, the court might not split the ownership of each of your belongings between you and your spouse; instead, it might give each of your things of equal value.

For example, if your spouse gets the furniture and appliances, you might get the family car or something else of equal value.

What if you have young children?

The court **might** say that the spouse who has custody can live in the house and that the house should be sold when the youngest child is 18 years old.

Important note: Once the court approves the property settlement that you and your spouse agree to, you cannot make changes.

How does alimony work?

You and your spouse can decide if one of you should receive "spousal support." This is the new name for alimony under California law. No matter what you call it, spousal support is money that one spouse pays to help support the other after a dissolution is filed.

If you and your spouse cannot agree, the court will decide whether spousal support should be paid, who will pay it, how much it will be and how long it will last. But the court does not order spousal support in all cases.

Let's say you have been married 25 years. If one spouse has never worked outside the home, the court might decide that his or her chances of finding a job are limited. Then, this spouse might receive spousal support for life or until he or she remarries.

Suppose one spouse is young and has never worked outside the home? The court might say the spouse should receive spousal support until he or she either is self-supporting or receives training for a job.

You also should know that federal and state income taxes must be paid on any spousal support payments received. And the spouse who makes the support payments can deduct the amount paid from his or her taxable income.

Who will get custody of our children?

You and your spouse can decide with whom the children will live. You have two choices—"sole custody" and "joint custody."

Sole custody means that one parent will be responsible for raising the children. The parent who does not have sole custody usually has "reasonable visitation" rights. In other words, he or she can see the children at certain times and places that both parents agree on. If the parents cannot agree, the court will set up a schedule.

Joint custody means that both parents are involved in making decisions about the children, such as where the children will go to school and where they will live. For example, they might decide the children will spend equal time with each parent. Or they might agree that the children should spend more time with one parent than with the other. A new California law says the court must favor joint custody if the parents request it in court.

If you and your spouse cannot agree on custody, the court makes the decision. The court does not automatically give custody of young children to their mother. Instead, the court must decide which parent will serve the best interests of the children.

If I have custody, will I receive child support payments?

You and your spouse can work out a child support plan, but the court must approve the amount to be paid. If you cannot agree, the court will decide whether you should receive child support payments and how much they should be. Among other things, the court will consider the income and earning ability of both you and your spouse and the ages and needs of your children. It also will consider whether you or your spouse are supporting other people, such as a child from a previous marriage.

Usually, child support payments are made until your children are 18 years old. However, if you have a child under 18 who gets married or becomes "emancipated" or "self-supporting," the child support payments can be stopped. At any time, either spouse may ask the court to change the amount of payments.

If your spouse does not make the child support payments that the court orders, you may ask the judge to order the payments deducted from your spouse's paycheck and sent directly to you.

Unlike spousal support, the child support money you receive is not taxable and your spouse cannot deduct it from his or her taxable income. But if one spouse pays more than half the cost of supporting a child, he or she can claim the child as a tax exemption.

How long does a dissolution take?

Before you can file for dissolution, you or your spouse must live in California for six months and in the county where you file for three months. Then you can get a dissolution six months from the time your spouse is served with a "summons." This is a paper that says you are filing for a dissolution.

You also should know that a dissolution is not final just because six months have passed or because you attended the hearing. Instead, you or your lawyer must ask the court for a final judgment signed by the judge and entered into the record by the county clerk before your marriage can be dissolved. Generally, you can ask for the final judgment at the end of six months.

Important note: You cannot legally remarry until you receive this paper.

Should I be represented by a lawyer?

Since property settlements can be complicated, a lawyer can help you decide which of your belongings are community property, which are separate property and how the court may divide them. A lawyer can help you put your property settlement agreement in writing.

Can I get a dissolution without going to court?

Depending on how long you have been married and many other things, you may be able to get a "summary dissolution." This is a way to dissolve a marriage without going to court. In general, this requires that the couple have been married less than five years, have no children and own no real property.

Because of space limitations, this article is a very brief overview. For expanded copies of this article contact the SJA office.

Photo Feature

Graphics Shop

Workers illustrate their skills, aid training mission

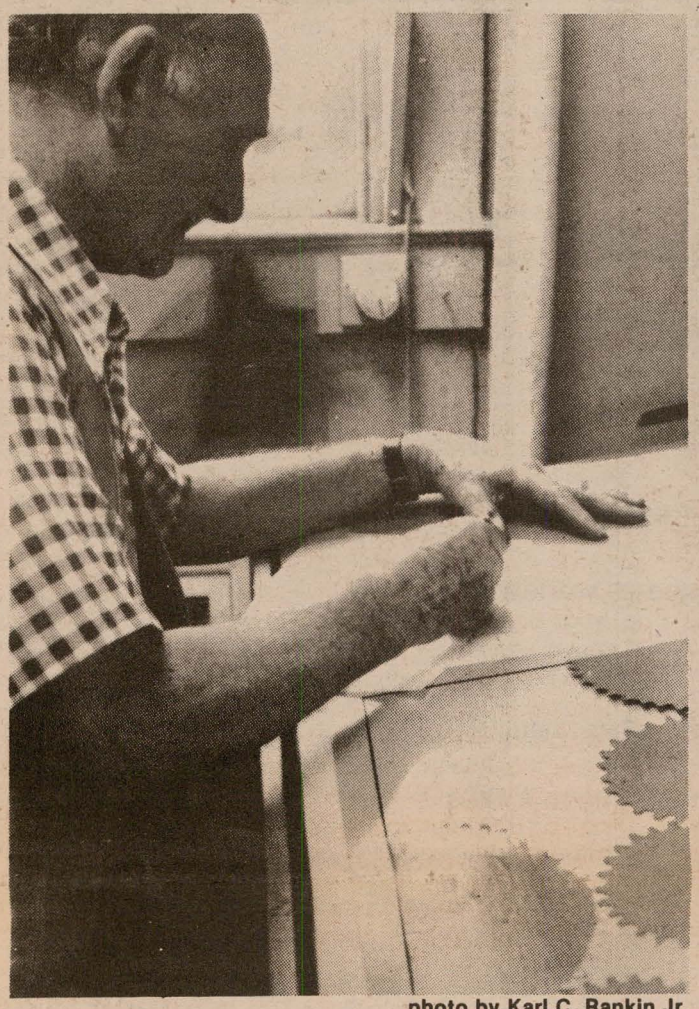

photo by Karl C. Rankin Jr.

Senior Illustrator Allen C. Schaf quickly calculates the size of some cut-outs for a project.

by Karl C. Rankin Jr.

Scattered over drafting tables are paper, pencils, pens and rules used by a skilled group of men and women—illustrators.

Within the Graphics Shop in bldg. 35, these illustrators support Presidio units and tenant units with 35mm slides, overhead viewgraphs, posters and other necessary training aids.

PFC Robert Burwell, the only military illustrator at the Graphics Shop, said, "I began at Graphics here in June of 1984. I had attended the Advanced Instructional Training School at Lowry Air Force Base in Denver. There they taught me the hardest way to do things. But here, because I'm the least experienced, the other people have taught me the best and quickest way to do things. We don't have a great deal of time, so we have to shorten the time it takes to do a project, but still maintain quality."

Each employee's role is important. For Yoko Kelton, another illustrator, it's running the Diazo machine (which makes viewgraphs) and a camera that reduces and enlarges artwork, as well as using her illustration talents.

When there are deadlines to meet at *the last moment, there's stress.*

"But when the stress of the work becomes almost too much to bear, we all seem to work together to get the job done," Burwell said.

According to Clarence Bennett, section leader, "They're professionals. They get a lot of work and sometimes almost too much. However, it gets done."

"People don't realize how much time and planning has to go into the job. There are times when even after it's done, it's not approved. When that happens, we make the corrections and submit it to the customer again for approval," Burwell said.

Allen C. Schaf, senior illustrator, finds it rewarding when a project is completed. Working meticulously over his drafting table, he took a moment to explain a job that took more than three years to complete (while he continued to work on regular assignments).

"You feel like you have accomplished something, when you begin with an idea and develop it through each stage of its creation," he said. The project was a food safety slide presentation which started with pencil drawings and later colorful posters. Then photographs and finally its presentation not only here and around the Bay Area, but as far away as England.

The illustrators at the Graphics Shop diligently work with all sorts of instruments, helping to ensure the success of training missions for Presidio units. So the next time *you are in an auditorium, watching a speaker* use some kind of visual aid through a lecture, it's likely it was produced by the illustrators at the Graphics Shop.

Like a jewel in a crown, illustration is only a part of an impressive entity—the Presidio Graphics Shop.

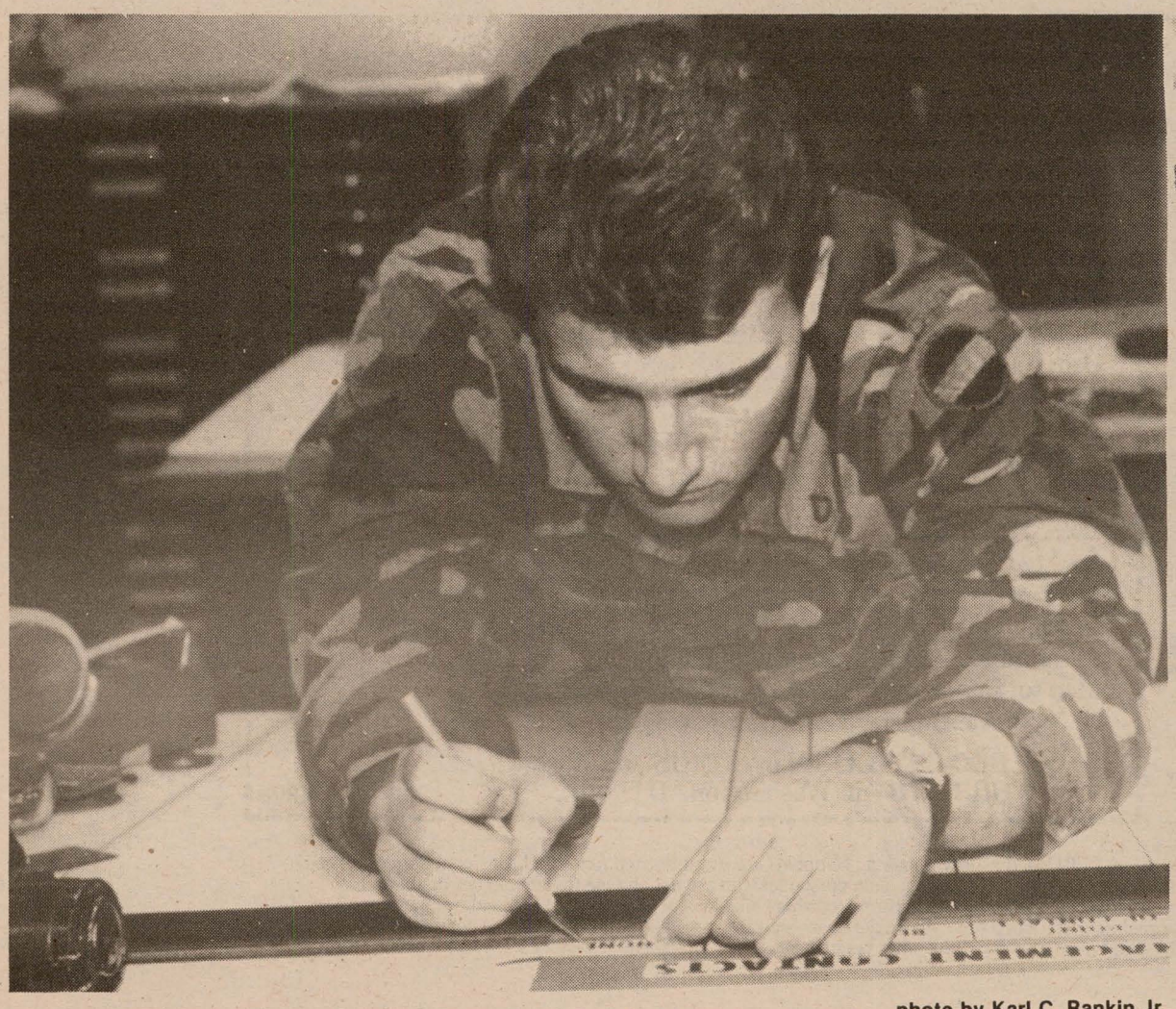

photo by Karl C. Rankin Jr.

PFC Robert Burwell concentrates on lettering a poster.

photo by Karl C. Rankin Jr.

PFC Robert Burwell talks to Yoko Kelton as he makes transparencies at the reproduction machine.

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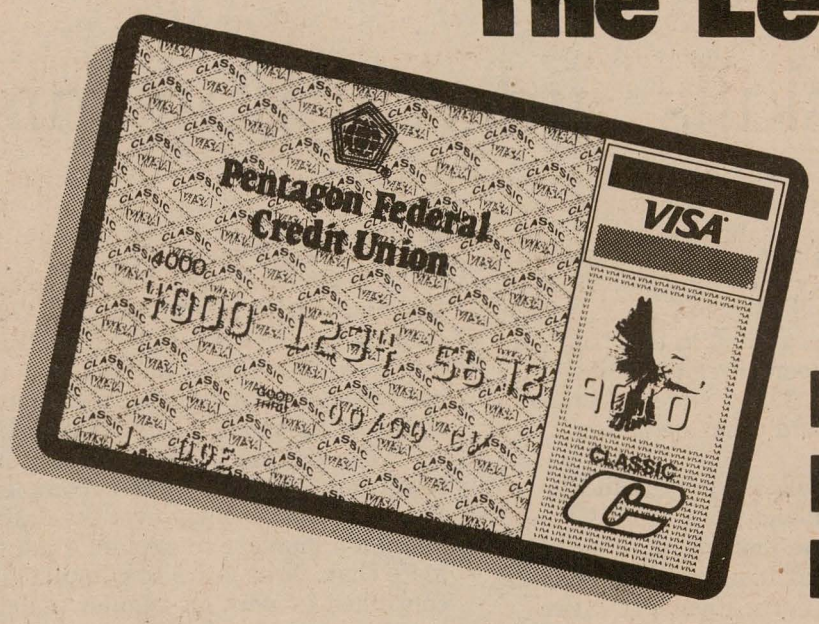

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Community Calendar

Instructors needed

The Youth Activities (YA) office is looking for several people to conduct activities for the summer activities program.

People with skills and experience in the following areas are needed: swimming (must have current WSI certificate); weight lifting; racquetball; fencing; computer operations; tennis and theater arts.

Activities will begin after school is out and will be held at various times on weekdays from 8 a.m. to 3 p.m.

These are paid positions and will last about 10 weeks. For more information, phone the YA office at 561-5143.

ACS

Where do you go when you arrive at your new assignment and you need dishes and cots until your household goods arrive? Where do you turn when you have a death in the family and need emergency funds for a trip home? Whom do you call if you are a single parent with a sudden attack of appendicitis, and you need emergency temporary foster care?

Is there help if you arrive at your new duty station and find you have an eight-month wait for quarters, so you need to find an apartment, but you lack funds for the first and last month's rent? Where do you get support and services when your doctor has just told you that your 2-year-old is deaf?

The answer to all these questions is the same—you call Army Community Service (ACS). Located in bldg. 566, near the Child Development Center, ACS has a volunteer and professional staff that is working at providing high-quality service to Presidians.

1984 saw the development of three new ACS programs—the Family Advocacy Program, the Exceptional Family Member Program and the Community Life Program. The Family Advocacy Program is concerned with providing public education and awareness, crisis intervention and treatment for families involved in spouse or child abuse.

The Exceptional Family Member Program gives information and referrals, support groups and advocacy training for families with physically, emotionally or educationally handicapped children or spouses.

The Community Life (Mayoral) Program has established a system of communication and problem resolution between the Presidio community and the command.

Army Emergency Relief and Retirement Services are other ACS programs with which Presidians are familiar.

Army Community Service relies heavily on its well-organized, highly motivated volunteer staff. ACS volunteers welcome new Presidio families, operate the loan closet, keep the ACS reception area running smoothly and handle post-wide quarters distribution of bulletins, flyers and the *Star Presidian,* as well as a multitude of other services.

If you are new to the Presidio or have extra time, you may want to consider joining the ACS volunteer staff. There are openings for volunteers as receptionists, neighborhood welcomers or workers with weekly distribution.

If you have organizational abilities and interests, there are opportunities to volunteer as a paraprofessional with the Family Advocacy or Exceptional Family Member Program, in Consumer Affairs or as a project manager with the Foster Care Program, Safe House Project, Respite Care Training Program and others.

You work hours that are best for you, get free child care at the Child Development Center while volunteering and earn valuable work experience for the future. Plus you have the self-satisfaction of knowing you are helping where it really counts.

If you think you'd be interested in volunteering, call Mary Schuster or Angie Mitchell at 561-5156 or 561-5057.

... the write stuff...

by Richard N. Wetzel

No one is ever gonna accuse me of not knowing how to say no... let me rephrase that... no one is ever gonna accuse me of not knowing how to *use* the word "no"... it sounds so defeating... so final... so negative.

There are several ways of saying no without really saying no, if you know what I mean... You can soften the blow by adding the cushion words, like "no way" or "no doing" or even "no can do"... Still, even those have a negative ring to them.

Another method is more mathematical (didn't think I could spell that correctly, no?)... First of all, you find the square root of the word "no," which is zero, so you drop it... Next, divide "w" into "way," and you'll find it goes one time, which means you turn it upside down and that gives you an "m." Now add the "ay" left over from "way" and add it to the "m" and get a subtotal of "may"... Next, you add a "b" and combine that with the subtotal, which should give you a grand total of "maybe"...

That doesn't sound as bad as "no" or "no way," and you still haven't committed yourself to anything... And you'd be surprised how long you can dangle a person with a "maybe"...

Try it! This weekend, instead of saying, *"No, I don't want to go anywhere, I just want to sit here in my barracks room and pout,"* simply say, "Maybe"... that way you can change your mind and still hold out for the best offer.

If someone offered to take me to a Video Drive-In, I'd probably say maybe. It starts at 9 p.m. tomorrow night and continues till midnight at the A.R.E. Inc., 345 B Folsom Street. Call 543-5144 for more information... and yes, I might be available... maybe...

You could ask someone to the SFJCC Dance tomorrow night at 3200 California street and boogie to the sounds of Motown and related soul music from 8 p.m. till ??? or you could go alone and find someone else who might say maybe when you take her home...

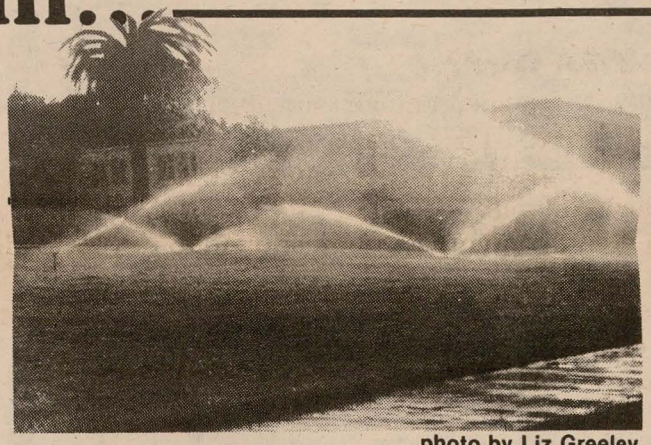

photo by Liz Greeley

Sprinkles, sprinkles, there you are...

"HELL NO, WE WON'T GO"... to the Prune Festival, tomorrow and Sunday between Harrison and Third Streets in Campbell... California, that is...

Last week, I promised you an in-depth study as to why the Army waters the grass while it's raining... After spending several minutes researching and writing this important document, I turned it in to my editor and watched her twitch her nose, crinkle her eyebrows, wiggle her ears and turn several colors of red. She then proceeded to wad it up and spit it out at me... She said most of the words weren't printable and other ones she had never heard before... oh well...

The Korean National Dance Company, with 60 traditional dancers and musicians direct from Seoul, will perform at the Herbst Theatre, May 21. For tickets call 392-4400... The 10th Annual Pacific States Crafts Fair is May 17, 18 and 19, from 11 a.m. to 6 p.m. at the Concourse Showplace Square, 8th and Brannan Streets. Cost is $5.

Jugglers, musicians, fire-eaters and mimes will all be a part of the *Pier 39 Street Performers Festival,* to be held (where else) at Pier 39 on Fisherman's Wharf. Preliminary competitions will begin at 1 p.m. May 11, 12, 17 and 18. The finals will be held May 19 from noon to 4 p.m.

A FASHION HAPPENING is a series of live fashion photo sessions with models wearing designer outfits, complete with stylists, music and photographers, May 17 at 625 Sutter Street, room S4F (fourth floor) at 7:30 p.m. This is in conjunction with the Annual Spring Show, the same evening at the Academy of Art College, 540 Powell Street, from 5:30 to 9:30 p.m. Don't ask me how you're supposed to be in two places at the same time, ask the Art College... and don't ask me for the phone number, look it up yourself.

MUSICAL SNUFF... The Warfield Theatre presents *Earl Klugh* May 29, *Van Morrison,* May 28 and *Paul Young and the Royal Family* June 13... *Frankie Goes to Hollywood* (North American Tour '85) June 18, and at the Henry Kaiser Convention Center, Oakland... *Phil Collins and His Hot Tub Club* June 7, 8 and 9 at the Oakland Coliseum...

On a smaller scale...*Dead Kennedys, Subhumans* and *Frightwig* will be at The Farm, 1499 Potrero Street, May 24... *The Nuns, Lethal Gospel* and *Crawl Away Machine,* tonight at Wolfgang's, 901 Columbus Ave...

AS I WAS SAYING... Some people really cringe at the word "no." They take it as rejection, which can lead to depression. A lot of studies have been done in this area by... excuse me, my editor just walked in and she isn't smiling...maybe someone said "no" to her.

"Rick, it's six hours past deadline. Are you ever gonna turn in 'the write stuff'... ?"

I'd better be careful!

"Eh... maybe... "

At the movies

Presidio Theater

Fri,	May 17	Night Patrol (R)	7 p.m.
Sat,	May 18	Porky's Revenge (R)	7 p.m.
Sun,	May 19	Porky's Revenge (R)	7 p.m.
Mon,	May 20	Porky's Revenge (R)	7 p.m.
Tue,	May 21	The Cotton Club (R)	7 p.m.
Wed,	May 22	Mask (PG-13)	7 p.m.
Thu,	May 23	The Cotton Club (R)	7 p.m.

Schwartz Theater

Mon, May 20	Night Patrol (R)	7 p.m.
Wed, May 22	Porky's Revenge (R)	7 p.m.
Thu, May 23	The Cotton Club (R)	7 p.m.

Hamilton Theater

Fri, May 17	Terror in the Aisles (R)	7 p.m.
Sat, May 18	The Apple Dumpling Gang (G)	1 p.m.
Sat, May 18	The Man Who Knew Too Much (PG)	7 p.m.
Wed, May 22	Chattanooga Choo Choo (PG)	7 p.m.

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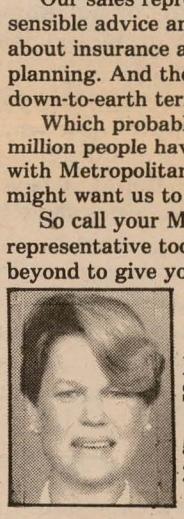

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Sports

Intramural softball slides into starting position

by Jeff Smith

For the past several weeks, sprinkler systems around the Fort Scott area of the Presidio have been working overtime. The grass has been trimmed and the infields have been rolled. Can the 1985 Presidio intramural softball season be far away?

On May 13, the 22-team coed league opened the new season with six games on the two fields located across from the post bowling alley on Fort Scott. Before that, teams were engaged in two weeks of practice games to get all the kinks out of the body and give players a chance to show their coaches what they have.

This year, the season will be divided into halves. The first half will end on June 13 and the second will end sometime in mid-July. Following the close of the season, a tournament will determine the overall champion.

At the start of any sport season, optimism reigns supreme. So does the desire to scout the opponents and try to gain some sort of edge on the competition. To get an impression of the league, an attempt was made to contact the coaches of the league's 22 teams; of that number, only seven could be reached. Some teams' coaches' names were unavailable. Some coaches were called, but there was no answer on the phone. And the Operating Room (OR) Doctors' coach was indeed in the operating room.

The first coach contacted was Gary Moulton, of the Law Enforcement Company (LEC). LEC, which Moulton said finished either sixth or seventh in 1984, is "a little rough on the edges," according to Moulton. He noted that the 1985 version of the team will feature power and defense.

A man with a brighter outlook for 1985 is Mike Richards, assistant coach of the newly combined Six Pack team. On the season schedule, there are two Six Pack (6th Army headquarters) teams. Richards explained that Six Pack was having trouble filling the roster for the second team, so a merger took place. Richards, who will assist Charles Pendergast in coaching, offered a positive view of the the team.

photo by Karl C. Rankin Jr.

A player races for home plate in a double-header between 6th Army and LAMC No. 2.

"Our infield is outstanding, stronger than in the past," he said. But he also added that the Six Packers will need all the players from their two combined squads. "We do a lot of traveling in this unit," said Richards.

Another coach looking for an improvement over 1984 is John Bell of the Letterman Army Medical Center (LAMC) No. 2 team. LAMC No. 2, who split two pre-season games, has a lot of returnees from a team that barely made the playoffs last year and moved up four positions during that tourney.

"We have more offense than defense," noted Bell. This year's team will be led by Jeff Curry, Rick Ketchum, Anthony Somrow, John Spade and Bill Houston.

James Kosman, coach of LAMC Medical Service Corps (MSC), is another who sees a vast improvement this year. He may have more proof of the state of his team than any other coach in the league, because his team has already been playing the city league for five weeks, carrying a 2-2 record into the start of the Presidio's season. Kosman has seen so much interest in the team that he said it will be hard to fit everyone onto the team. He also has seen a lot of new talent.

"Out fielding is the strong point; we play excellent defense," he said. While noting that LAMC MSC's hitting remains sporadic, he sees a big jump from last year's finish in the league's second division.

In 1984, the U.S. Army Information Systems Command (USAISC) team finished runner-up in the post championship tournament. Robert Richardson is one of only three returning players from that team.

"It will be asking a lot of these players to do as well as last year," Richardson said, who is recovering from a knee injury himself. " We lack a lot of experience." Asked what teams look good for 1985, Richardson mentioned the 864th Engineers and the Doctors Plus teams.

The 1985 6th Army Band team will pray that a flu epidemic doesn't hit the team. "We have only 12 or 14 players on the roster," said their coach, Tom Opoien. Still, Opoien sees an improvement from last season's 7-14 finish. "The team has eight experienced players," he said.

The Directorate of Engineering and Housing (DEH) team, made up entirely of civilians, should be the "toast of the town," according to team member James Eldridge.

Last year they missed the playoffs so for '85 they added some new players and a new coach. According to Eldridge, the results have been very good.

"We'll give them a run for their money this year," Eldridge quipped. In practice, he noted, the team has been pounding the heck out of the ball. That strong hitting, along with a 3-0 pre-season record, gives evidence of an improved DEH team. Asked whom he looks to for competition, Eldridge immediately said, "LAMC No. 1 is a heck of a good team."

With 22 teams, the season promises to provide a wide open race full of exciting games. While some of the teams were confident and others cautious, the outcome is entirely undecided.

Who would have guessed that the Chicago Cubs and San Diego Padres, two of the National Baseball Leagues's perennial doormats, would meet for the pennant? Maybe this year's Presidio League will have a Cinderella champion and maybe it will not. But the only way to find out who the 1985 champions will be is to play ball!

Softball schedule

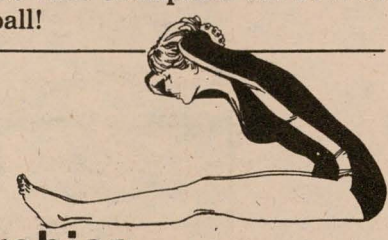
May 20, Field No. 1			
Bay Ward	vs	6th Army Band	4:30 p.m.
AAFES	vs	864th Engineers	5:45 p.m.
Doctors	vs	LAMC No. 1	7 p.m.
May 20, Field No. 2			
USAISC	vs	DEH	4:30 p.m.
LAMC No. 2	vs	Six Packers	5:45 p.m.
Oakland	vs	LAMC MSC	7 p.m.
May 21, Field No. 1			
Presidio	vs	NAS Moffett Field	5 p.m.
LAIR	vs	OR Docs	6:45 p.m.
May 21, Field No. 2			
LEC	vs	Co. H, DLI-SF	4:30 p.m.
FBI	vs	LAIR	5.45 p.m.
Attorneys	vs	Corps of Engineers	7 p.m.
May 22, Field No. 1			
USAISC	vs	LEC	4:30 p.m.
Oakland	vs	LAMC No. 1	5:45 p.m.
Garrison	vs	Co. G, DLI-SF	7 p.m.
May 22, Field No. 2			
Bay Ward	vs	DEH	4:30 p.m.
Doctors	vs	LAIR No. 2	5:45 p.m.
Attorneys	vs	OR Docs	7 p.m.
May 23, Field No. 1			
LAIR No. 1	vs	Six Packers	4:30 p.m.
FBI	vs	6th Army Band	5:45 p.m.
Garrison	vs	LAMC MSC	7 p.m.
May 23, Field No. 2			
LAMC No. 2	vs	864th Engineers	4:30 p.m.
Co. G, DLI-SF	vs	Corps of Engineers	5:45 p.m
AAFES	vs	Co. H, DLI-SF	7 p.m.

Post volleyball championship

The post volleyball double-elimination tournament will get under way on Monday. The four games, starting at 4:30 p.m., will feature the top eight teams in the Presidio intramural volleyball league. Golden Gate Reserve Center, LAMC No. 1, LAIR and Garrison loom as the tournament favorites. Finals are set for Thursday, May 23.

Volleyball league standings

Team	Won	Lost
GGR	13	1
LAIR	13	1
LAMC No. 1	11	1
Co. H, DLI-SF	9	4
SF MI	9	6
USAG	7	6
Co. G, DLI-SF No. 2	7	5
Co. G, DLI-SF No. 1	6	7
6th Army	5	6
DPCA	4	10
LAMC No. 2	3	11
JAG	3	10
LEC	2	11
864th Engineers	0	13



Aerobics

Get fit or stay fit!!! Inspiring high-energy exercise classes are held daily at Post Gym No. 1, bldg. 63. Exercises will stretch, tone and strengthen your body with aerobic conditioning. All exercises are done to popular music.

Classes are ongoing, so you can join any time. Monthly registration is encouraged.

Classes are held on Tuesdays and Thursdays from 4:30 to 5:30 p.m. and from 5:45 to 6:45 p.m. The instructor is Karen Behnke, R.N.

Monday, Wednesday and Friday classes are held from 11:30 a.m. to 12:30 p.m. and the instructor is Kathy Thompson.

Cost is $3 per class if you sign up for the month and $3.50 to drop in.

There is a FREE introductory class. Classes are open to both men and women of all ages and levels of fitness. Participants are encouraged to exercise at their own pace.

For more information, call 561-4120 or 753-8733.

Concerned about the high cost of college?

PFCU HAS UP TO $25,000 FOR YOU!

AT ANNUAL PERCENTAGE RATES OF ONLY 7-9%!

If you're a parent concerned about the high cost of putting your daughter or son through college, Pentagon Federal Credit Union has the solution. Our Guaranteed Student Loan Program lets your college-age dependents borrow up to $25,000 each, for the most important investment they'll ever make—their education.

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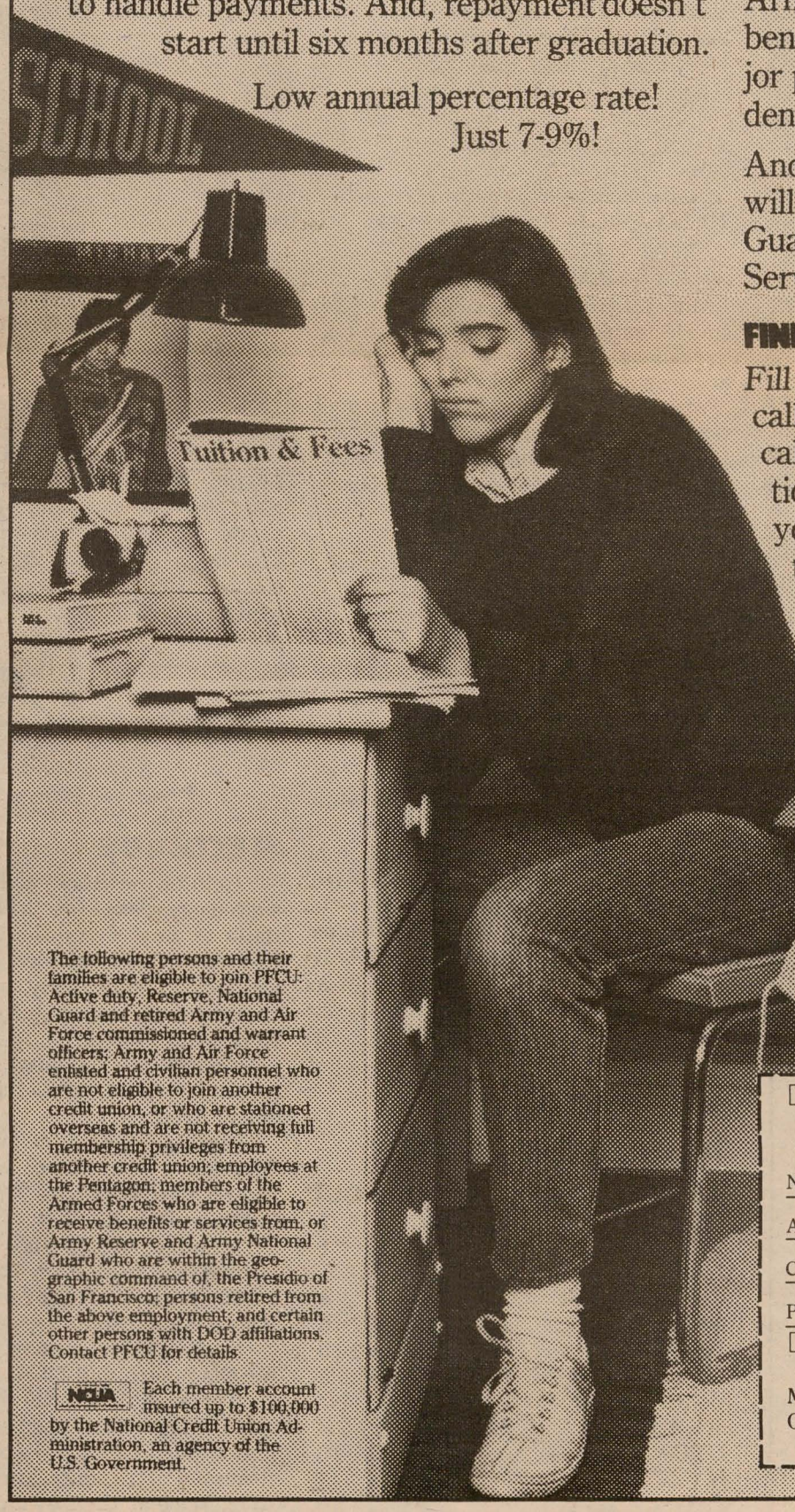

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High dollar amounts. Borrow up to $12,500 for undergraduate studies and up to a total of $25,000 if your child goes on to graduate school!

No previous credit history needed!

PLUS!

An additional bonus if your son or daughter joins the Army after they leave college. The Army currently offers not only an attractive benefits program, but they will repay a major portion of your child's Guaranteed Student Loan. In some cases up to 100%.

And, enlistment in any branch of the service will postpone repayment of your child's Guaranteed Student Loan. See an Armed Services recruiter for details.

FIND OUT MORE!

Fill out and return the attached coupon or call 800-247-LOAN (in Washington, D.C. call 683-7787) and we'll send you an application package right away. All the details you'll need are inside, including qualifications and restrictions.

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NCUA Each member account insured up to $100,000 by the National Credit Union Administration, an agency of the U.S. Government.

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Address _____

City _____ State _____ Zip _____

PFCU Account Number _____

☐ I am currently not a member of PFCU. Please send me a membership application as well.

Mail to: Pentagon Federal Credit Union, Box 1432, Alexandria, VA 22313
Or call: **800-247-LOAN** in CONUS and Hawaii
683-7787 in Washington, D.C.

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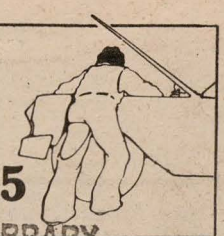
TMP: a peek inside the organization, **page 5**



Armed Forces Week: honoring our servicemen, women, **page 7**

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Star Presidian

Vol. 28, No. 21 "Published in the interest of the people of the Presidio of San Francisco." May 24, 1985

photo by Liz Greeley

1st. Sgt. Florentino Barril of USAISC just warms up with this 405-pound squat lift. Barril *can* lift 600 pounds in the squat lift.

USAISC 1st. Sgt. tackles 'weighty' issues

by Bob Walker

He's a lot of things to a lot of people. He's a teacher, a sergeant major, and—maybe most importantly of all—a good example.

Coming from Fort Richardson, Alaska, 1st Sgt. Florentino Barril arrived here on Feb. 11, 1985, taking on his new sergeant major position with the United States Army Information Systems Command (USAISC).

During his five years at Fort Richardson, Barril competed in state powerlifting each year taking the championship in the 181-pound masters class (over 40 years of age) and three times in the open class. His best lift was 1,485 pounds, which breaks down to 600 pounds in the squat lift, 610 pounds in the dead lift and 375 pounds in the bench press.

Though already strong in appearance, he does aerobics, he said, "to keep from getting too muscular. Aerobics works the cardiovascular system well. I'm not graceful, and people in the aerobics class laugh at me, all in fun."

In addition to aerobics, he works out in the gym about three hours a day weightlifting.

"Most women want to lift weights for body toning, but are intimidated by the men who dominate the weight rooms. Ladies, I say to all of you, if you want to learn how to lift for body toning, the guys would be more than happy to show you what to do.

"I dog the ladies I teach! But I also build a lot of self-confidence and they feel good about that," Barril said.

Barril chuckled while relating how people here wondered what he was, because of his dark hair, rounded face and medium complexion. "People here just don't know what to think. I look Hawaiian but I don't sound like one—I could pass as a Filipino, Mexican or Japanese," he said. But there is a simple answer to the puzzle.

Barril's father is Filipino; his mother is a native Alaskan. He was born in Alaska. "I was raised among Alaskan Indian people, so I eat all the traditional foods and I go along with most Indian traditions," he added.

Barril comes from a large family, with nine brothers and three sisters. This could be why he gets along well with others and cares about others, according to his co-workers.

Telecommunications Center Operator Sp4 Melissa Jeffries said, "He likes to get to know people personally and to help them in any way he can. He's really a nice guy and is easy to get along with. He started my sister and me weightlifting and got us to take aerobics with him. We expect him to be crushed under the weights he lifts."

USAISC budget analyst Margaret Morkowski said, "He's very nice and a very good family man. I really like his interaction with the troops. He's on the unit softball team. There were no hard feelings with a troop who recently got an Article 15; he gets along well with everybody."

USAISC Administrative Supervisor Sp5 Vicky Marshall said, "He enjoys sports and he's a fun-loving person. When it comes to work, he's serious. He's always planning activities such as the upcoming Lake Tahoe trip; the whole unit [USAISC] is invited."

Barril, a single parent, still finds time for his three children, 16-year-old Dionne, 13-year-old Cathalina and 10-year-old Florentino Jr. He recently took them to Fisherman's Wharf.

"Being a single parent, I understand younger people and their problems," he said about the younger troops in his unit.

Barril also jogs, plays tennis and goes fishing and crabbing.

"As soon as a couple of my children get out of school and into college, I'm going to hang up my hat and do something else. My heart is in Alaska, but I have to be realistic and settle where it's best for me. I plan to open my own health club when I retire," he said.

His goals include a 2,000-pound lift (no, not all at once!) in a national powerlifting meet, making sergeant major and getting married. "But not necessarily in that order," he added.

Barril certainly is a good example to military and civilians alike, in both his great physical condition and his way with people.

In the role of father, teacher or first sergeant, he sets an example of how to get along with others and to help others to become all they want to be.

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Opinions

TAKE A BITE OUT OF CRIME

San Francisco is a year-round vacation attraction. As tourists plan their visits, the Golden Gate Bridge is usually included as a major sightseeing attraction. Because of the location of the Presidio and its historical significance, our community attracts thousands of visitors to this area annually.

Vacation is a time for fun and relaxation. A successful vacation can be described as a fun time for all without accidents or lost or stolen valuables. Taking protective measures while on vacation or as part of a vacation community will increase your chances of keeping your hard-earned possessions. *You* are our biggest asset in reducing crimes within the community. These crime prevention suggestions will assist in your overall vacation planning.

Hotel security

- Never leave money, checks, credit cards or car keys in the room.
- Place extra cash, expensive jewelry or other valuables in the hotel or motel safe.
- Report any lost or stolen items to the hotel management and to the police.
- Do not open the door to your room if you doubt the person has a legitimate reason to enter your room.
- When staying in or leaving your room, use all auxiliary locking devices on doors and windows.
- Determine the most direct route to and from your room and to the fire escapes, elevators and nearest phone.
- Report to the management any suspicious movements in the rooms or hallways. Remember—the only way to stop crime is to become actively involved in crime prevention.

Before leaving...secure your home!

- Have good locks on all doors and windows, and use them!
- Engrave your valuables with your California driver's license or Social Security number and display Operation ID stickers (available at the Crime Prevention Office, 561-5011) on entry doors and windows.
- Never leave your house key hidden outside under a doormat, in a flower pot or on the ledge of a door.
- Make your house appear "lived in." If possible, use timers for lights and radios. Have a friend or neighbor pick up mail, packages and newspapers, and keep the lawns mowed and watered.
- Leave your trip plans and an emergency phone number with trusted friends and neighbors. If you live on post, also leave a copy with the Military Police, who will make random security checks of your quarters while you are on vacation.

On the road

- Never carry large amounts of cash.
- Keep a record of your travelers' check numbers and your credit card numbers in a safe place.
- Be aware of your surroundings and never advertise your plans to strangers.
- Do not stop to help a stranded motorist; go to the nearest phone and call for help.
- If your car breaks down, raise the hood, attach a colored cloth to the antenna and stay in your locked car. Keep all passengers together.

Sightseeing

- Do not advertise that you are a tourist by leaving maps and travel brochures in the open in your vehicle; store them in the glove compartment.
- Select your guides carefully.
- Ask if there are areas in town you should avoid.
- Stick to well-lit main streets and public areas.
- If older children go off separately, be sure they understand the importance of keeping track of time and returning promptly at appointed hours.
- Remember, planning reduces your chance of becoming the victim of crime.

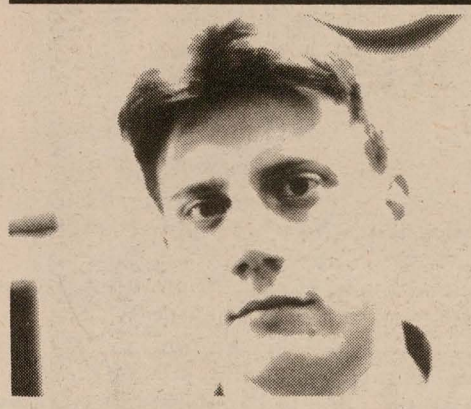
Crime report

In the past week it was reported to the Military Police that:

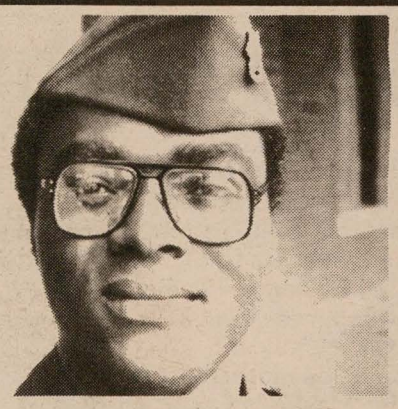
- A tire and rim were taken from the rear of a truck which was secured.
- A jacket was taken from a building on the Presidio; it was left unsecured.
- A Big Wheel tricycle was taken from a lawn; it was left unsecured.
- There was an attempted break-in in the LAMC parking lot. Nothing was taken, but the trunk was damaged.
- A 12-speed bicycle was taken from a house; it was secured.
- It was reported that two men took $40 from a pizza deliveryman at gunpoint.
- Three hubcaps were removed from a car in the LAMC area.
- A purse, which was unsecured, was taken from the Pink Flamingo Club at DLI-SF. It contained $58 and personal items.
- A thief broke into a car and took several high-value items that had been left in the car.
- A skateboard, which was secured, was taken from a house.
- There were six traffic accidents and two drunken driving offenses reported.

Ramblin' Sam

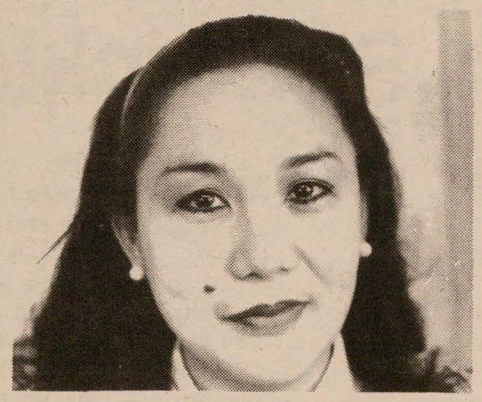
"How do you think Memorial Day *should* be observed? Why?"



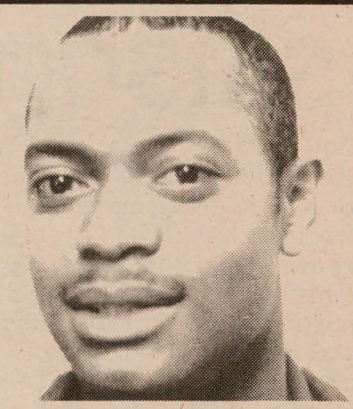
Sp4 Rick Shaddox, MP, Law Enforcement Company: "I think it should be a solemn occasion where people honor their dead with a military ceremony, a 21-gun salute and speeches."



SFC Ernest Goodwin, administrative NCO, DCSOPS, 6th Army: It should be observed the old-fashioned way—ceremonies. People get into it with ceremonies. The meaning of Memorial Day has been lost."



Lynn Sullivan, clerk, COMPACT: "I think we should give more emphasis to the veterans who died fighting for their country and get veterans together with the units they served in."



Pvt. 1 Chester Williams, general construction operator, D Company, 864th Engineers: "I think there should be an hour or two-long, nationwide broadcast showing the military fighting gallantly to protect the freedom we have."

Let's put the 'personal' back into personal service

by Bob Mahoney

It all started with the vending machine. Businesses could cut down on the number of employees simply by requiring the customer to insert coins for the product or service they needed.

Then came the pay telephone. Up until recently, when your time was up, a *human being* interrupted your call to remind you that you had to deposit more coin. Now, it's a recording.

Have you ever called someone long distance and succeeded in making contact with their electronic answering device, which refers you to another number...only to find another electronic answering device?

Last Saturday, I received a telephone call. I picked up the receiver and, as humanly as

please see page 3

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Personal service continued from page 2

possible, said, "Hello." What I heard back was, "Hello, my name is Michael and I'm a computer. I'd like to talk to you for about two minutes..." At that point, I hung up.

Computers have called me before. One national retail store now uses the computer to let you know that "Your catalog order has arrived." The recording relays the message with the enthusiasm of a radio announcer describing a bottom of the ninth inning home run to win the World Series.

And how about the new appointment system at the Department of Motor Vehicles. I took a quick look into DMV recently. What I saw was: four people on the phone taking appointments, one gentleman walking up and down the waiting line asking people if they had an appointment and maybe four or five clerks actually waiting on customers.

Banks are becoming less and less human as well. The automated teller machines are the ultimate in depersonalization. Unless you think that the advent of the self-serve gas station wins the title.

We can all think of other examples of depersonalization: the automatic measuring device that some cocktail lounges use to dispense liquor, automatic toll collectors on highways and bridges and our own interoffice communication through the word processor or personal computer.

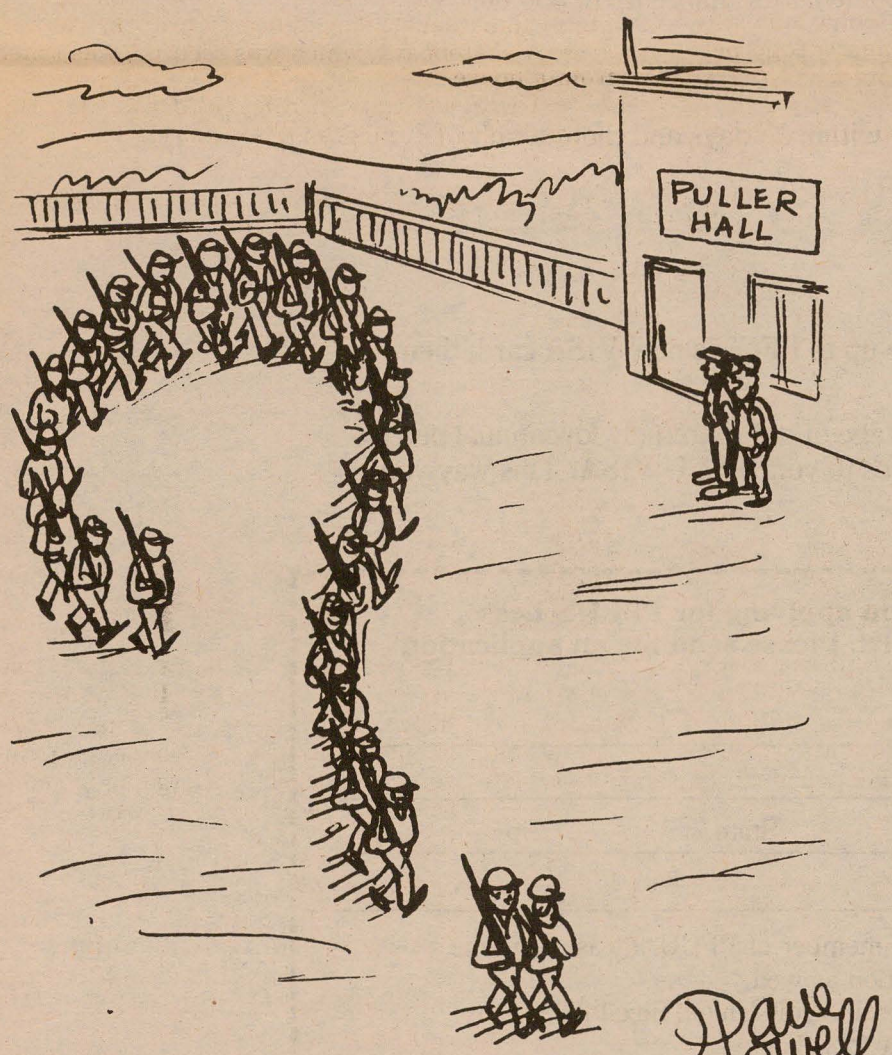
There is a point to this litany of technology. The Presidio is a service organization. Most of what we do here is helpful to people, be they fellow employees on the installation or Army reservists in Idaho waiting for their last drill pay. We have the golden opportunity to let them all know that there are at least two persons left in the area of personal service—that is the person being served and the person who does the service.

Technology makes life easier for us all. But easier does not mean more pleasant. There is something special about a living, breathing human being who is helpful. I really would like to have a human being—a person—help me when I'm having a problem. I am not alone. There's a lot of people out there with the same feelings.

Presidians have the opportunity to help simply by smiling, cooperating and serving. We have to make that conscious effort to try.

So go ahead...make my day. Put the person back into personal service.

The Lighter Side



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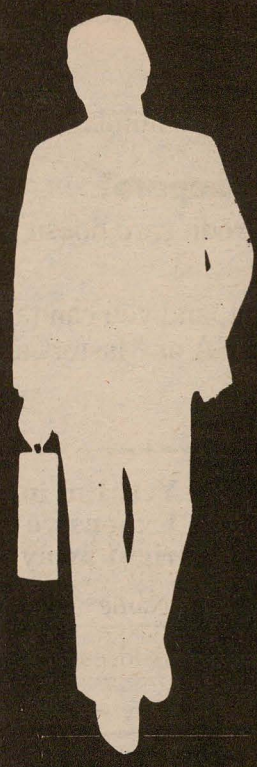
5) Defense of doctors, nurses & pilots facing disciplinary or licensing problems.
6) Recovering money for you if you have been hurt.
7) Defense of any state or federal criminal code violations.



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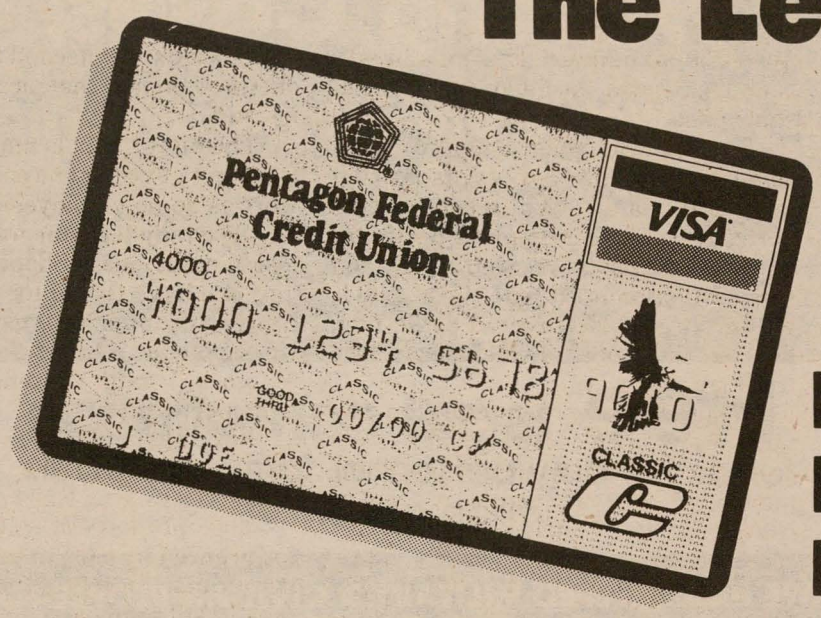

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Check it out:
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- ☑ Up to $5,000.00 credit line.
- ☑ Low minimum monthly payments—adjust them to fit your budget.
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How do your other credit cards compare?

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Feature

Take a look underneath the hood at TMP

by Karl C. Rankin Jr.

Sliding beneath a greasy car engine, he removes a plug and the thick, black oil slowly drains from the engine into a container. He also replaces an oil filter and it's ready to go. Or is it?

It takes more than an oil and filter change to keep post vehicles going. It's a day-in and day-out job for the auto mechanics at TMP (Transportation Motor Pool) or motor pool.

"It takes a lot of maintenance to keep these vehicles going. There are many with over 100,000 miles on them," said Nolan Kelton, TMP main foreman.

There are engine tune-ups, engine and transmission overhauls and replacing worn-out parts like alternators, water and oil pumps, fan belts, spark plugs and all those other parts which some of us only know as "gadgets and gizmos."

Each day, in conditions not always ideal, these mechanics keep the Presidio on wheels.

Because of the post construction projects, the motor pool moved to bldg. 640, while the old motor pool building was torn down to construct the new post office and commissary complex. Although it's still a few years away, a new motor pool building will be built.

The present location is only a temporary home. In any large scale move such as this, there are some problems, but none seem too large for the motor pool employees.

"We've had to do a lot of remodeling here ourselves to make it work," Kelton said.

By tearing down walls to make available space, they have built a tire and battery shop; some other finagling, and they had a lounge area.

However, some things they can't fix, like the overhead 8-inch steel beam for the 6-inch hoist. Understanding, though, that problems occur, everyone goes about the work in a professional manner. During a break, they'll discuss problems and seek solutions.

For example, Shep Shepard, TMP leaderman, pointed to a disposition form and said, "We received this notice from the commander notifying us that the rest room would be fixed soon; we submitted a request and it was granted." However, a pallet now lies on the floor to keep their feet from getting wet.

While they were moving to the temporary shop, Kelton said, "We only got maybe a percentage point above our allowed quota of 10 percent; that is, vehicles that weren't road ready."

Mechanic Alfred W. Reed was quick to add, along with other employees, that a shipment of new vehicles that make up about 10 percent of the fleet will help tremendously.

"Because they are new, there will be less required maintenance, which will give us the needed time to work on the vehicles that are needing it," he said.

The motor pool is under review for letting a government contract, which worries some employees.

"We may lose our jobs if someone else bids us out," Shepard said.

"We have to bid for our jobs. If a contractor bids us out [getting the work done at a lower cost], we're out of work," said Clarence E. Jump, transport officer.

Yet, their jobs aren't the immediate concern—the post vehicles are, according to Kelton.

The motor pool, although taken for granted by each of us at times, is a very important and functional part of the Presidio mission.

So, the next time your government vehicle "chugs" into the motor pool, or is running as smooth as a sewing machine, remember the mechanics who slide underneath it to keep you and the Presidio on wheels.

'Mask' wins, breaks moviegoers' hearts

by Liz Greeley

Mask stars Eric Stoltz as Rocky, a young man with a horribly deformed face, while Cher plays his pill-popping motorcycle mama.

The natural assumption is that a youngster born with such severe facial deformities—sort of a junior "Elephant Man"—would also have severe psychological problems. Let's face it, raising a well-adjusted teenager is difficult enough under the best of circumstances, and these are hardly the best of circumstances.

Rocky's mother pops pills the way some people pop mints. She comes in at all hours of the day and night, with all sorts of men. Yet her son seems basically normal, with the exception of his deformity.

In fact, unlike most mother-and-son relationships, Rocky often looks after his mother, Rusty Dennis, brilliantly played by Cher.

There are some wonderful scenes in the film, such as the one (often shown in the TV ads) where Rusty enrolls Rocky in high school—"brusquely" would be putting it politely.

You come to admire Rusty's moxie and Rocky's sometimes surprising sense of humor, intelligence and sensitivity.

The only flaws I want to point out are Rocky's makeup and one unnecessary scene.

Mask is an appropriate title, because from the way the "skin" pulls and wrinkles as Rocky speaks, his face is obviously a rubber latex mask. If makeup technology has reached the point where we can watch a man realistically change into a werewolf, as in *An American Werewolf in London*, then you would think they could do a better makeup job in a film where makeup plays such an important role.

Nevertheless, you begin to believe in Rocky's deformity, and then you start looking past it to the person underneath. Yet the entire metamorphosis takes place in the viewer's mind. Stoltz is a believable, natural actor who, I'm sure, has a great career in front of him.

The other flaw was the brief and unnecessary scene with Rocky's grandparents, who come by to take him out to a baseball game. The scene adds nothing to the plot and should have wound up on the cutting room floor.

I almost didn't go to see the film because I thought it would be so depressing I'd feel suicidal afterwards.

But *Mask* isn't depressing; what it *is* is surprising, warm, touching, funny and a little sad.

Come to think of it, it's a lot like real life.

Mask is showing at the Presidio Theater tonight at 7 p.m. and at the Schwartz Theater on Monday, also at 7 p.m. *Mask* is rated PG-13.

I recommend you see *Mask;* I was glad I did.

"'MASK' IS SUPERB..."
-Gene Siskel, "AT THE MOVIES"

MASK

Sometimes the most unlikely people become heroes.

PG-13

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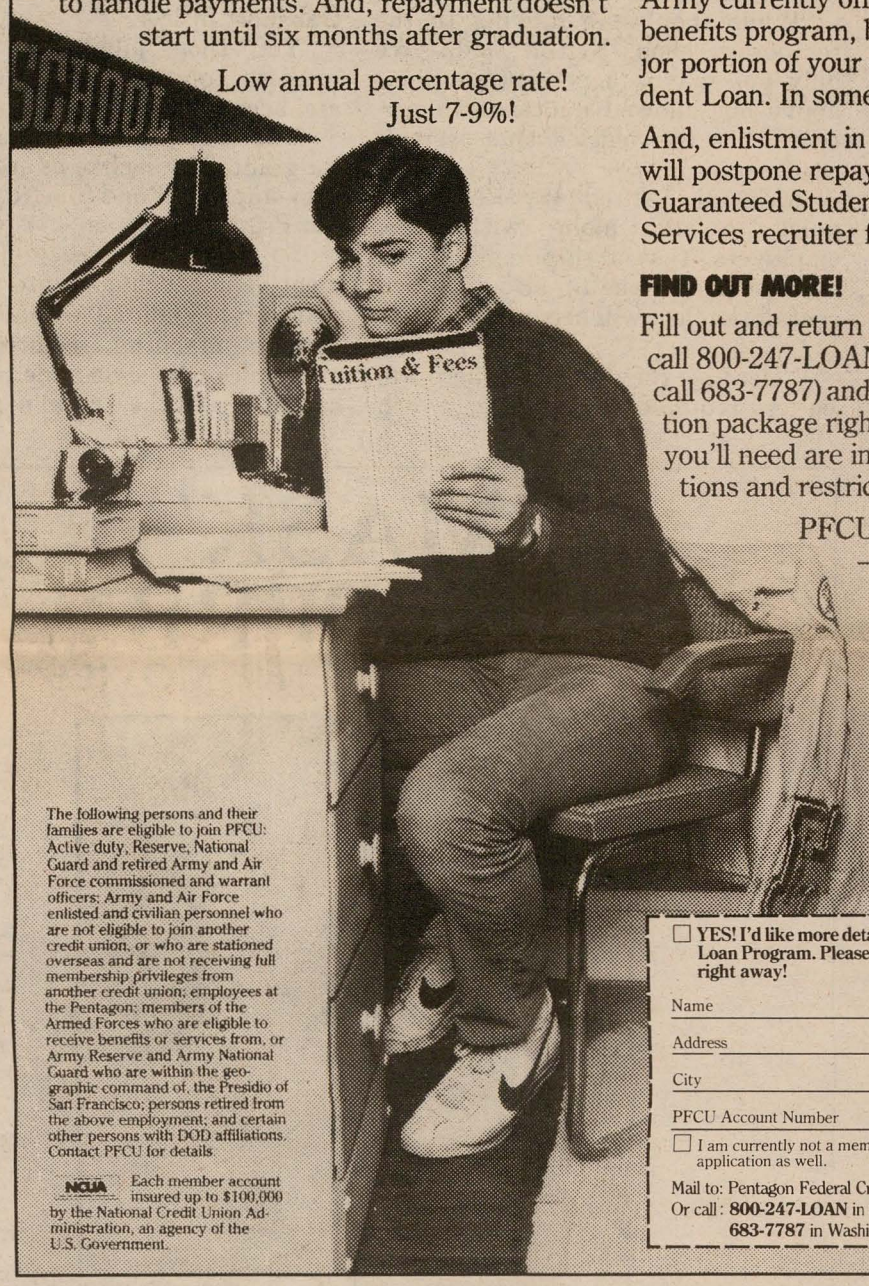

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Photo Feature

Armed Forces pass in review

by Bob Walker

From an awards ceremony to a parade, Armed Forces Week gave people here an opportunity to celebrate and honor the men and women who serve our nation in the various military services.

It all began with a ceremony here honoring several citizens for public service.

The Armed Forces Week Parade set the tone for the week as all services joined together with bands and marching units.

Then the 6th Army Band performed at Ghirardelli Square midway through the week, playing military marches, pop tunes and songs from musicals. The public showed its appreciation by asking where the band would play the rest of the week.

Armed Forces Day concluded the week with numerous activities. The 6th Army Band once again captured peoples' hearts as they played at Marina Green. An Army Reserve Band made two appearances, one at Pier 45 and the other at the Marina Green.

The San Francisco Unified School District Junior ROTC showed their stuff when they performed in a pass and review and in drill competitions for platoons, both men's and women's categories. Trophies, medals and scholarships were awarded to competitors.

The Armed Forces Day Ball provided another opportunity for the 6th Army Band to be heard with a black-tie dinner and dance rounding out the evening.

Those who had cabin-fever blues had a chance to rid themselves of their affliction with all the activities during Armed Forces Week 1985.

photo by William Malkiel

This display of an Army Reserve medevac helicopter and equipment at the Marina Green was just one of many displays in honor of Armed Forces Week.

photo by Bob Walker

The 6th U.S. Army Band concentrates on their performance before and appreciative crowd at Ghirardelli Square.

photo by William Malkiel

The 6th U.S. Army Band proudly marches down Market Street during the Armed Forces Week parade.

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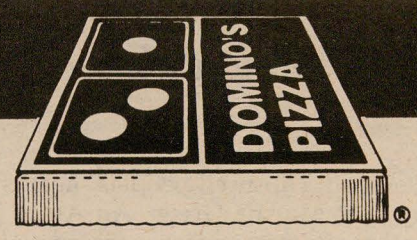

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4-item	$8.20	$12.27
5-item	$9.05	$13.52

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12" Price Destroyer™ $9.05
16" Price Destroyer™ $13.52

Additional Items

Ground Beef, Green Peppers, Ham, Double Cheese, Pepperoni, Mushrooms, Black Olives, Onions, Sausage, Pineapple, Jalapenos, Extra Thick Crust
12" pizza $.85 per item
16" pizza $1.25 per item

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3. When placing the order, let us know if you have large denomination bills.
4. Remain by the phone after ordering. We may call back to confirm the order.
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PHYSICIAN and SURGEON

California Medical Facility, Vacaville, Ca, is accepting applications for physician and surgeon. Requirements are: possession of legal requirements for practice of medicine in California. Completion of internship in an approved hospital. Starting salary is $4488 per month. Send State applications to California Medical Facility, Box 2000, Vacaville, Ca 95696-2000.

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California Medical Facility, Vacaville, is accepting applications for staff psychiatrist. Requirements are: possession of legal requirements for the practice of medicine in California. One year of experience in the practice of psychiatry or completion on one year of an approved residency in psychiatry. Send State applications to California Medical Facility, Box 2000, Vacaville, Ca 95696-2000.

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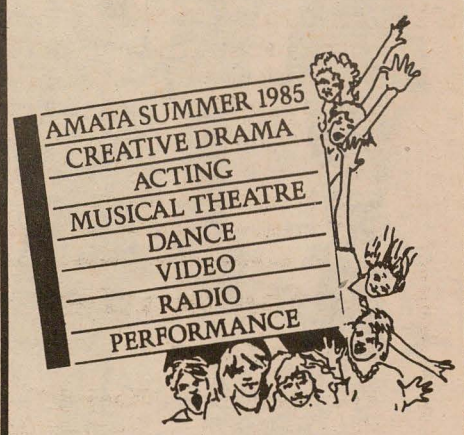

CALL
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Community Calendar

Marin residents

Deadlines for summer course registration at the Marin Community Colleges are: June 7, by mail; June 11 by phone (must have VISA or Mastercard if fees are involved).

New: College for kids, ages 5 to 15. Subjects include computers, science walks, magic, languages and sports. Fees range from $25 to $100.

For more information, call the College of Marin at 485-9411, Indian Valley College at 883-2211, or College for Kids at 485-9305.

Instructors needed

The Youth Activities (YA) Office is looking for several people to conduct activities for the summer activities program.

People with skills and experience in the following areas are needed: swimming (must have current WSI certificate); weightlifting; racquetball; fencing; computer operations; tennis; theater arts and arts and crafts.

Activities will begin after school is out and will be held at various times on weekdays from 8 a.m. to 3 p.m.

These are paid positions and will last about 10 weeks. For more information, phone the YA Office at 561-5143.

photo courtesy Touchstone Films

Thursday's child

George (William Katt) and his wife Susan (Sean Young), begin a danger-filled trek to reunite a baby brontosaurus with its mother in the movie 'Baby'. 'Baby' is showing at the Presidio Theater on Thursday at 7 p.m. and is rated PG.

MCMLXXXV Touchstone Films

Leaving on-post housing?

Please let the Family Housing Office staff, bldg. 227, 561-2040, know of your PCS move or separation from service orders as soon as possible.

The most accurate waiting times projected for people on the waiting lists are based on the termination dates given to Housing by the quarters' occupants. Other sources for projections include PCS and ETS orders from the Military Personnel Office and organizational strength reports.

Be sure to make Guest House reservations, 561-3411 or 561-2096, at the earliest possible date if they are necessary for temporary housing.

Single soldier items at commissary

The Presidio SF Commissary now features a single soldier selection for the benefit of our single soldiers. This selection is identified throughout the commissary by special shelf tags with the Single Soldier design.

Featured will be basic food and snacks, health and beauty aids, household items and non-food items such as paper and plastic products, shoe polish and disposable lighters.

The items were selected especially for the single soldier for barracks life or field and travel use.

Chess tourney

The Presidio All-Army Chess Tournament on June 1 begins at 9 a.m. This tournament will be 5-round Swiss. Winners will be nominated for selection at DA level for future tournaments. Entry fee is $2 and open to active duty soldiers only. Sign up now!

For more information, please call the Recreation Center at 561-2000 daily after 2 p.m. Hours of operation are: Monday through Thursday and holidays 2 to 9 p.m.; Friday and Saturday 2 to 10 p.m.; Sunday, 2 to 9 p.m.

...the write stuff...

by Richard L. Wetzel

San Francisco... land of the transplanted and transferred... home to the homeless... salvation for the odd... tranquility for the persecuted... stretching roots from east to west, north and south and everything in between... instead of a rainbow coalition, perhaps what we have here is more like a box of crayons... each color representing a different tradition or custom...each celebrated with flair and style of the native land... the nuts take to the streets...

Check this out:

• The 14th Annual Greek Festival, at the Marin Civic Center, San Rafael, tonight, 6:30 to 10:30 p.m.; Sunday, noon to 10 p.m....

• The African Violet Show, Saturday and Sunday, 2 to 5 p.m. at the Hall of Flowers (near 9th Avenue and Lincoln Way) in Golden Gate Park...

• The North Beach Photo Art Fair, with live entertainment, food and photo exhibits, Sunday and Monday, 5 to 9 p.m. at Fort Mason Center.

• Belize Carnival, with live music, dancing, food and exhibits tomorrow at 8:30 p.m. at the Russian Center, 2460 Sutter Street.

• Antique Fly-In and Air Show, featuring restored airplanes, balloons and gliders, from 9 a.m. to 6 p.m. at the Watsonville Airport. The Air Show is scheduled for 12:45 to 3:30 p.m.

Yep, this is "Ethnic City," just below our feet... and the Army fits right in...

Last week we talked about the word "no" and its alter ego, "maybe"... well, if you're still getting no for an answer, check this out: Judy Feeman will lecture on "Surviving One Crisis after Another" at 8:30 p.m. tomorrow at the Unitarian Center, Franklin Street and Geary Blvd.

DEFINITION: *Infantry*... The foot soldiers of the Army get their name from a word meaning "baby." The word is "infant" which comes from the Latin words "in" meaning "not" and "fans" meaning "speaking." So the infantry is really a group of non-speaking persons. ...And why are they referred to as "grunts"?.. A tanker told me that's the sound one made when he ran over him...

The World's First Mack Bolan Convention. In attendance with Bolan will be Don Pendleton, with the Able Team, Phoenix Force, Track and SOB's teams of topflight artists and writers. If you understand all of this you'll want to be there, Sunday from 10 a.m. to 5 p.m. at the San Franciscan Hotel, 1231 Market Street...

For all you schizos... *RAMBO: First Blood Part II*, with Sylvestor Stallone, is now hiding in the theaters, ready to ambush you any minute...

MUSICAL SNUFFing... *Robert Plant and Songs from the Honey Drippers* will be at the Cow Palace June 14... COME—*Frankie Goes to Hollywood*, June 18 at the Henry Kaiser Convention Center, Oakland... *The Smiths*, June 21, also at the H.K.C.C.... *Club Foot Orchestra*, Sunday night at the Last Day Saloon, 406 Clement Street... *Fishbone* and *3 Mouseguitars*, Sunday at the Stone, 412 Broadway.

Don't save your money for a rainy day... all we get around here is fog... For $150 per person, you can dance to sounds of *Tower of Power, Greg Kihn, Eddie and the Tide, The Bonnie Hayes Band, Cesar's Latin All-Stars*, with special appearances by *Neal Schon* of *Journey, Mickey Hart* of the *Grateful Dead, Eddie Money, Paul Kanter* and *Tom Johnston* of the *Doobie Brothers*... The Black and White Ball is the place to be seen, May 31, 9 p.m.... call 431-5400 for more information or tickets...

Just knowing that this will be the last *write stuff* I ever do, my pilot light decided to go on strike... and you thought United Airlines was having troubles...

Yep, folks... I'm packing up the nonsense... boxing the missspelled words, forgotten verbs and dangling participles... bundling the self-righteous anecdotes and opinions... even bagging a few intended puns.

One might say *the write stuff* is heading for the great word processor in the sky... or maybe that old manual downstairs... it breathes... it grows... but will it live???

As for me... well, it's been fun playing the underdog... tucking my tail between my legs and only lifting it when necessary... but it's time to stop yapping at the heels and chasing tanks and start sinking my teeth in a few thighs.

WOOF! WOOF!

At the movies

Presidio Theater

Fri, May 24	**Mask (PG-13)**	**7 p.m.**
Sat, May 25	**Witness (R)**	**7 p.m.**
Sun, May 26	**Witness (R)**	**7 p.m.**
Mon, May 27	**Witness (R)**	**7 p.m.**
Tue, May 28	**The Sure Thing (PG-13)**	**7 p.m.**
Wed, May 29	**The Sure Thing (PG-13)**	**7 p.m.**
Thu, May 30	**Baby (PG)**	**7 p.m.**

Schwartz Theater

Mon, May 27	**Mask (PG-13)**	**7 p.m.**
Wed, May 29	**Witness (R)**	**7 p.m.**
Thu, May 30	**The Sure Thing (PG)**	**7 p.m.**

Hamilton Theater

Fri, May 24	**Windy City (R)**	**7 p.m.**
Sat, May 25	**The Looney Bugs Bunny Movie (G)**	**1 p.m.**
Sat, May 25	**Supergirl (PG)**	**7 p.m.**
Wed, May 29	**The Ninja Mission (R)**	**7 p.m.**

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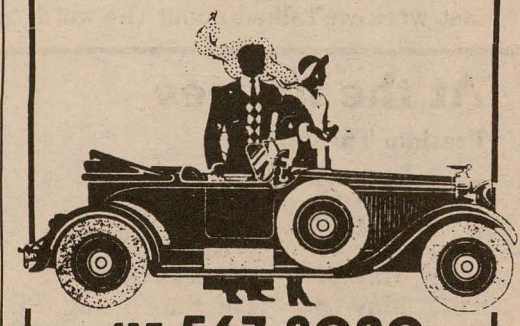

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DAILY - WEEKLY - WEEKEND RATES

Sports

PSF volunteers give Bay to Breakers an assist

by Jeff Smith

The Bay to Breakers is the largest foot race in the United States. In 1985, the race featured some of the finest racers in the world. People like 1984 champion Ibrahim Hussein of Kenya, two-time Boston marathon winner Geoff Smith and Olympic gold medalist Joan Benoit gave the race its strongest field ever. And the 80,000 or so who make up this 7.5 mile jog give it a flavor uniquely San Franciscan.

Behind the scenes were hundreds of volunteers. And where did these volunteers come from? Many of them are members of the military serving in the Bay Area.

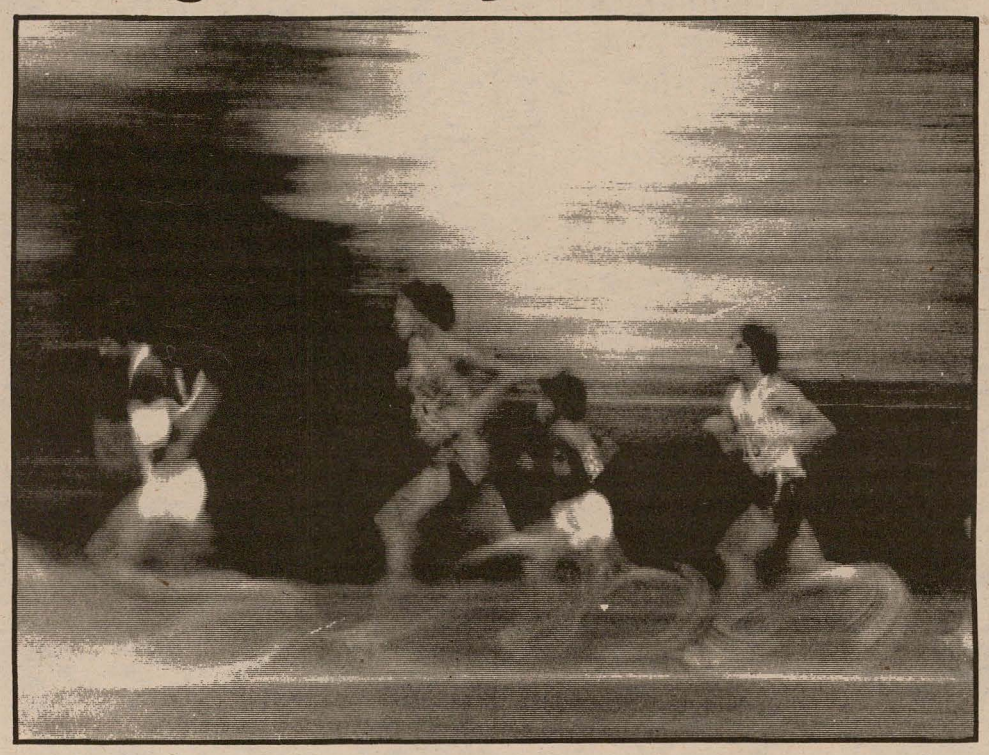
Long before Hussein and Benoit broke the tape at Ocean Beach, people were working to ensure that all would go well and that indeed, there would be a tape to break at the finish.

The race was directed by Terri Robbins, an employee of the San Francisco Examiner. The technical director, Lynn Wallach, is a retired Army colonel who has three coordinators working for him. Of the three, the start line coordinator and the finish line coordinator are both soldiers assigned to the Presidio.

Start Line Coordinator Lt. Col. David Neck is commander of the Headquarters Command Battalion and has volunteered to help with the Bay to Breakers since 1982. He began by apprenticing as finish line coordinator in '82.

For the next two years he acted as finish coordinator before moving up to the starting line for 1985.

Taking Neck's place at the finish line is Col. John Moore, who normally spends his time working at LAMC.



"This is the first time the start and finish lines have been run by folks in the Army," Neck said during a short break in his preparations for the race.

While these activities were run very much like a military operation, it was all volunteer work that supports charities all over the Bay Area.

Neck is happy with the organized involvement from the Presidio. "Headquarters Command Battalion provided 100 people, 6th Army 50, Readiness Group 80, LAMC 50 and other Presidio organizations provided an additional 30 volunteers to control the crowds throughout the race," said Neck.

The volunteers, who totalled more than 1,000, were organized into what came to be known as the "Human Wall." The wall was responsible for separating the seeded runners from the rest of the pack and sealing off a number of side streets within a several-block area around the starting line.

Neck and MSgt. Ronald Hays organized the volunteers and provided designated numbers of the wall on streets to keep crowds from spilling onto the course. They also put together the wall of people who joined arms at the start to separate the seeded runners from the pack.

"Our goal was to allow ten seconds for the seeds to get away. Last year the wall lasted about two seconds before the runners pushed through," Hays said.

When the race began, a group of runners known as the "Hot Shots," to Neck, broke out of the alleys in front of the seeds. Their job was not to race so much as it was to protect the seeded runners from any people cutting in on the start and possibly colliding with a runner or otherwise interfering with them. Neck was responsible for the race up to Moscone Center, where the runners' safety was passed on to the San Francisco Police.

Neck and Hays worked on the planning of the start for months. Both felt that the rewards were more than just personal.

"One of Col. Hawkins' goals has been to increase Army involvement in the community," Neck said of the Presidio commander.

For the Army's efforts, Race Director Robbins allowed Army banners at the start, middle and end of the course. In addition, two of the four official starters this year were Col. Eugene D. Hawkins and Lt. Gen. Robert A. Arter, 6th Army commander.

Neck produced the most of volunteers from his own unit. In addition, elements of the Ceremonial Platoon rode in a flatbed truck five minutes ahead of the race to act as a crisis team. Neck noted that a similar technique was used last year in the Los Angeles Olympics and proved very successful.

In 1985 the Examiner Bay to Breakers had the finest and possibly largest field in its 74-year history. It also seems to have had some of the best pre-race planning.

This can be attributed in a large part to the dedicated, anonymous work of hundreds of Presidians.

Softball schedule

May 28, Field No. 1			
LAIR No. 1	vs.	864th Engineers	4:30 p.m.
FBI	vs.	DEH	5:45 p.m.
Oakland	vs.	LAIR No. 2	7 p.m.
May 28, Field No. 2			
Co. G, DLI-SF	vs.	OR Docs	5:45 p.m.
AAFES	vs.	LEC	7 p.m.
May 29, Field No. 1			
Garrison	vs.	LAMC No. 1	4:30 p.m.
Doctors	vs.	6th Army Band	5:45 p.m.
Attorneys	vs.	Six Packers	7 p.m.
May 29, Field No. 2			
Bay Ward	vs.	USAISC	4:30 p.m.
LAMC No. 2	vs.	Co. H, DLI-SF	5:45 p.m.
Corps of Engineers	vs.	LAMC MSC	7 p.m.
May 30, Field No. 1			
Presidio	vs.	Concord	5 p.m.
LAMC No. 2	vs.	LEC	6:45 p.m.
May 30, Field No. 2			
LAIR No. 1	vs.	Co. H, DLI-SF	4:30 p.m.
Doctors	vs.	DEH	5:45 p.m.
Oakland	vs.	6th Army Band	7 p.m.
May 31, Field No. 1			
Garrison	vs.	LAIR No. 2	4:30 p.m.
Corps of Engineers	vs.	LAMC No. 1	5:45 p.m.
Attorneys	vs.	864th Engineers	7 p.m.
May 31, Field No. 2			
Co. G, DLI-SF	vs.	Six Packers	4:30 p.m.
LAMC MSC	vs.	OR Docs	5:45 p.m.

Post Gym No. 1 closure

The basketball court will be closed for play on June 7, and on June 8 the entire gym will be closed in support of the *Forgotten Heroes* (the story of the Philippine-American soldier in the U.S. Army) Museum Exhibit opening.

Gym No. 2 will be open on June 8 from 9 a.m. to 4 p.m.

The entire Gym No. 1 parking lot will be closed on June 7 and 8.

Intramural volleyball season closes

by Jeff Smith

The 1985 Presidio Intramural Volleyball regular season closed on May 16 with two exciting, well-played matches, featuring three of the league's best teams.

In the first match, LAMC No. 1 ensured themselves of a share of first place by defeating the tough San Francisco Military Intelligence Detachment (SFMID) team 13-15, 15-7 and 15-2. The second match featured two more teams who were part of the three-way tie for first. In that match, the Golden Gate Reserves (GGR) easily defeated LAIR 15-10 and 15-8.

LAMC No. 1, coached by All-Army standout Rosalina Lau, took charge of the first match, after being surprised by the spirited SFMID team in the first game. Despite the loss, SFMID will advance to the playoffs.

In the second match, GGR's Jim Seale made much of the difference as he produced seven service winners in the first game and four more in the second. Despite some fine blocks by LAIR's Tom Pool in the first game and good clutch serving by Mike McCreevy in the second, GGR was always in control of the match. The win gave GGR a share of the regular season crown while LAIR finished one game off the pace.

The volleyball playoffs began on May 21 in Gym No. 1. The double elimination tournament included the top eight teams from the Presidio's intramural league. They are: GGR; LAMC No. 1; LAIR; SFMID; DLI-SF No. 2; Co. H, DLI-SF; DLI-SF No. 1; and Garrison.

Considering the number of fine teams in the playoffs, the finals of this event are sure to be exciting and well played. They will be held on Tuesday in the main gym and everyone is invited to attend.

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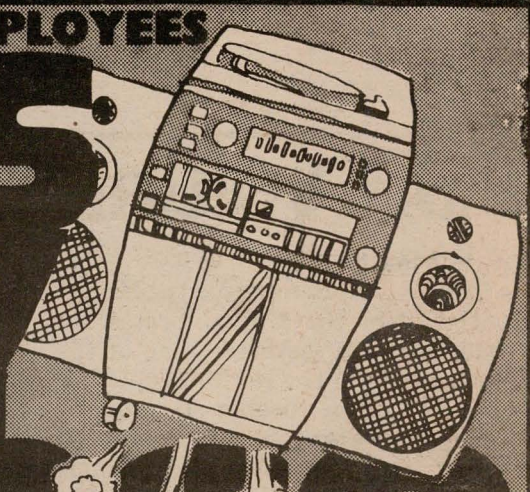

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May SOM: the few, the proud, the *professional,* **page 5**

Army track team: mining the talent, **page 7**

A dark and foggy night: sometimes the strangest things happen...**page 11**

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Star Presidian

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photo courtesy Presidio Army Museum

Cpl. Maxwell Bentley, of St. George, Utah, and Lt. Teodolfo Quejano, Filipino guerilla, lead a patrol on a heaviiy-wooded hillside on Luzon.

New museum exhibit to open

by Liz Greeley

Imagine that you are a citizen of an island-nation of 20 million inhabitants. One by one, you've watched your neighboring nations quickly fall to an invading army. Your country is next; the invaders boast that they'll take your country in a month.

For us, this is an exercise in imagination, but for the people of the Philippines, it was all too real in World War II.

According to Eric Saul, curator and director of the Presidio Army Museum, the invading Japanese 14th Army "was one of the toughest and battle-hardened armies of the Japanese Army." It was Japan's 14th Army that boasted they'd take the Philippines in a month.

But the Filipino soldiers *fought.*

"They fought an incredible battle without supplies, without medicines, without food, without ammunition and with 100,000 refugees along with them who consumed most of their supplies.

"The only country [in the Far East] that resisted throughout the entire war was the Philippines," Saul said.

To chronicle the many achievements in the Philippines from 1898 to 1945, the Presidio Army Museum is dedicating an exhibit on June 8 at 1 p.m. to the Philippines and all those who fought for it, entitled *Forgotten Heroes. Forgotten Heroes* will be on display for one year, after which a portion will become a part of the permanent exhibit. The Presidio Army Museum is open daily, except Monday, from 10 a.m. to 4 p.m. and admission is free.

Forgotten Heroes is the story of General John J. Pershing, (then) Col. Frederick Funston and 6th U.S. Army, liberators of the Philippines in WWII. It's also the story of Gen. Arthur MacArthur, first military governor of the Philippines, and his son, Gen. Douglas MacArthur who promised, "I shall return."

And the exhibit is the story of the Bataan Death March, as well as that of the guerillas, both men and women, who fought the Japanese during their occupation.

During the infamous Bataan Death March, the Japanese marched their captives more than 100 miles in five days with no food or water in the blazing sun. To stop to rest was to be killed—more than 1,000 people died *each day* of the march, Saul said.

But if you were fortunate enough to escape to the hills or escape from the Japanese camps, you probably became a member of a guerilla band. Still, there were more than ordinary risks.

"The penalty for being a guerilla was torture and death—and you jeopardized not only your life, but the life of your family if you were caught," Saul said.

For the first time in the continental United States, this story will be told when the *Forgotten Heroes* exhibit opens June 8.

The Presidio of San Francisco is home for this new exhibit because of its history as the gateway to the Pacific and Pacific maritime frontier. The Presidio was the gateway to both the Philippines and China—troops leaving for ports in either country left from here—their histories becoming entwined with the Presidio's, according to Saul.

What makes so much of this story interesting?

Gen. King, MacArthur's third in command on Bataan during WWII, had a theory:

"One of the things that God dispenses very carefully is courage. He dispensed that courage very few times and of the few times that he did, one of those times happened to be to the Filipino soldier."

News briefs

Family dental care

The Presidio dental facility at LAMC will be permitted to give care to military family members on a space-available basis after July 1, according to LAMC dental facility officials.

According to Brig. Gen. Billy Johnson, deputy commander and chief of Dental Services for the Army's Health Services Command at Fort Sam Houston, Texas, there will be no expansion of dental resources to treat family members, but Congress has authorized dental care to active duty family members, on a space available basis. The priority for treatment is to active duty members, followed by active duty family members, with retirees and their families having third priority.

This congressional action will make dental treatment available for the first time for family members on the Presidio.

Health Services command officials added that this change does not mean that family members will get all the free dental care they need. Services available to families will vary among locations, depending on resources and workload.

(ARNEWS)

New banking hours

On Monday, the Presidio office of the Wells Fargo bank will cut back its hours to 10 a.m. to 1 p.m., Monday through Friday. On military paydays *only*, hours of operation will be 10 a.m. to 3 p.m. However, there are two Express Stop automatic teller machines available 24 hours a day.

Cashier's checks, domestic and international money orders and U.S. Savings Bonds no longer will be sold at the Presidio branch; however, they may be bought at the Wells Fargo Marina Branch (2166 Chestnut Street), the Cow Hollow Branch (1900 Union Street) or the Geary-Arguello Branch (3624 Geary Boulevard).

Chapel summer theater production

You may remember the Post Chapel's production of *Follow That Star* last summer; it was a great success and involved people from all over the Presidio.

This summer's production is going to be *Godspell* and once again, anyone and everyone is welcome to participate. Tryouts will be on Sunday evening (June 2) between 4:30 and 6:30 p.m. and Wednesday night (June 5) between 6:30 and 8:30 p.m.

Don't be shy! Bring the whole family! For more information, call Mitchell Covington at 561-3535.

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Opinions

TAKE A BITE OUT OF CRIME

As the saga of walking wallets continues, the residents and workers of Presidio wage a meek battle against crime. Destroyed by treacherous infiltrations of forgetting to lock up valuables, propagandized thoughts of "nobody will rip me off," and outright blatant treason—"I won't lock my stuff up"—the citizens of Presidio are creating the opportunities for thieves to steal their wallets, purses and other personal belongings.

The Military Police are doing the best job they can, but to investigate the unwitnessed larceny of property that is not easily identifiable (cash, bicycles, etc.) is virtually impossible and time consuming. The Military Police need your help to take a bite out of crime. Soldiers in the barracks, employees in their offices and residents in their quarters need to realize how important it is to lock up their belongings. More importantly, you should mark all your property and have a good record to help the Military Police in identifying and recovering stolen items.

The government helps to heal the scars created by theft of your personal property, but only if you took proper measures to secure it. If you did not secure your property, the loss falls on you. Don't let this happen to you—deny the opportunity for a thief to steal your property.

Most larcenies occur in offices or include property stolen from automobiles. If you see someone in your work or quarters area who does not belong or looks suspicious, get a good description of the person and *immediately* call the MPs. Be careful and cautious, however, as this person may do anything if they feel threatened or cornered. Remember, your family is the most important thing to you, and vice versa. The MPs are here to safeguard you and are the professionals in dealing with potentially dangerous or criminal situations.

If you, the citizens of Presidio, work together with the Military Police, we can deny criminals the opportunities to strike. Help McGruff take a bite out of crime!

For more information and assistance, call the Crime Prevention office at 561-5011, or stop by bldg. 36 to pick up literature, posters and child coloring and activity books.

Crime Report

In the past week it was reported to the Military Police that:

- Someone tried to break into a car in the LAMC area but was unsuccessful.
- A woman was caught trying to remove beauty items from the PX.
- A bicycle, which was left outside and unsecured, was taken from a set of quarters.
- Fog lights were removed from a vehicle which was secured in the LAMC area.
- Spray-painted graffiti were reported on the walls in a bathroom and a hallway in a building.
- There were five traffic accidents.
- There were three drunken driving reports.
- Two of the drunken driving cases were involved in traffic accidents.

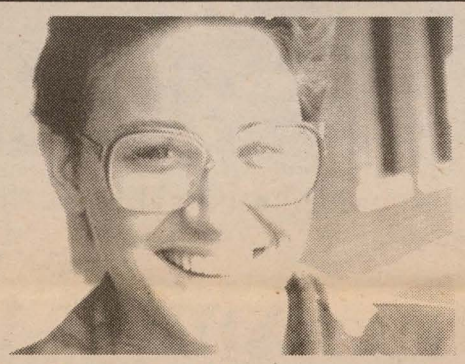
PLEASE, IF YOU DRINK, DON'T DRIVE. HELP KEEP OUR FAMILIES SAFE!!! CALL A CAB, OR HAVE A FRIEND DRIVE YOU!

Ramblin' Sam

(Effective June 1, the military drinking age is 21.)
"How do you feel about the new military drinking age?"

Beatrice Jones, military personnel clerk, COMPACT: "I don't think it's a good idea, because it's only going to increase drugs if they can't have alcohol, or they'll get alcohol from older people."

Sp4 Bobby Johnson, supply clerk, Law Enforcement Company: "I think it's unfair to the younger soldiers because if they're old enough to die for the country, I'm quite sure they're old enough to drink."



Pvt. 1 Sandra Mazor, unit supply specialist, Company B, LAMC: "I'm not even close to the drinking age. Every time I get close, they raise the age. I think it's good, though, because some of the young people might abuse the privilege. I'm 20."

Capt. Carlos Costa, automatic data processing officer, HQ Company 91st Division Training: "It's definitely a good idea. Drinking in itself is a privilege that should be learned by all individuals. It's not a privilege that should be given to you because of age. People of all ages should be presented with the pluses and minuses of drinking."

How to survive the summer of our discontent

by Liz Greeley

If *only*...

If only I made more money... If only I were married... If only I *weren't* married... If only my kids were...

If only. How many times have you said to yourself, "If only... ?" If only you could reach that unattainable *something* just out of your grasp, then you'd be happy. Oh, yes, then, most assuredly, you would be happy—content.

It's not that you're unhappy now, it's just that, well, if only...

Human beings are basically discontent creatures. I keep thinking about something a character said in the movie about the yuppie generation, *The Big Chill*. The character asked, "I haven't seen that many happy people in my life—what are they like?"

And what happens when you finally get that promotion you've been salivating over, the one you would have sold your first-born child for (if only they'd *asked*)? You're content—for a while. And then you're thinking about your next promotion and your salivary glands are working overtime again.

So, am I saying that we're all on a vast treadmill reaching for ever more elusive goals; going nowhere fast? Not at all.

Discontent is not necessarily negative; it can have several results.

One result of discontent could be poor performance on the job, I'll grant you. You could feel frustrated, down on the organization and just plain not care anymore. You could do your job, maybe even better than some, but there's no joy in it. So you begin to say to yourself, "If only... "

Another result could be what I'll call the "Nine-to-five Syndrome." In the Nine-to-Five Syndrome the job gets its eight hours, no more and no less.

You've seen people with this syndrome, maybe even worked with a few—they're pretty easy to pick out in a crowd. They're the people who take every break allowed, regardless of work crunches or harried, hurried customers left waiting—the customers can wait; they're entitled to their break.

But there's another possible result of discontent—innovation.

Wilbur and Orville Wright probably started their great quest by saying to themselves, "If only man could fly... "

Sir Edmund Hillary, the first man to scale Mount Everest, probably once said, "If only... "

please see page 3

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Discontent continued from page 2

And so many innovators in the computer industry started out with, "*If only* I could get more memory capacity in less space... " "If only I could get it to do more calculations per second... " "If only I could get this chip smaller... "

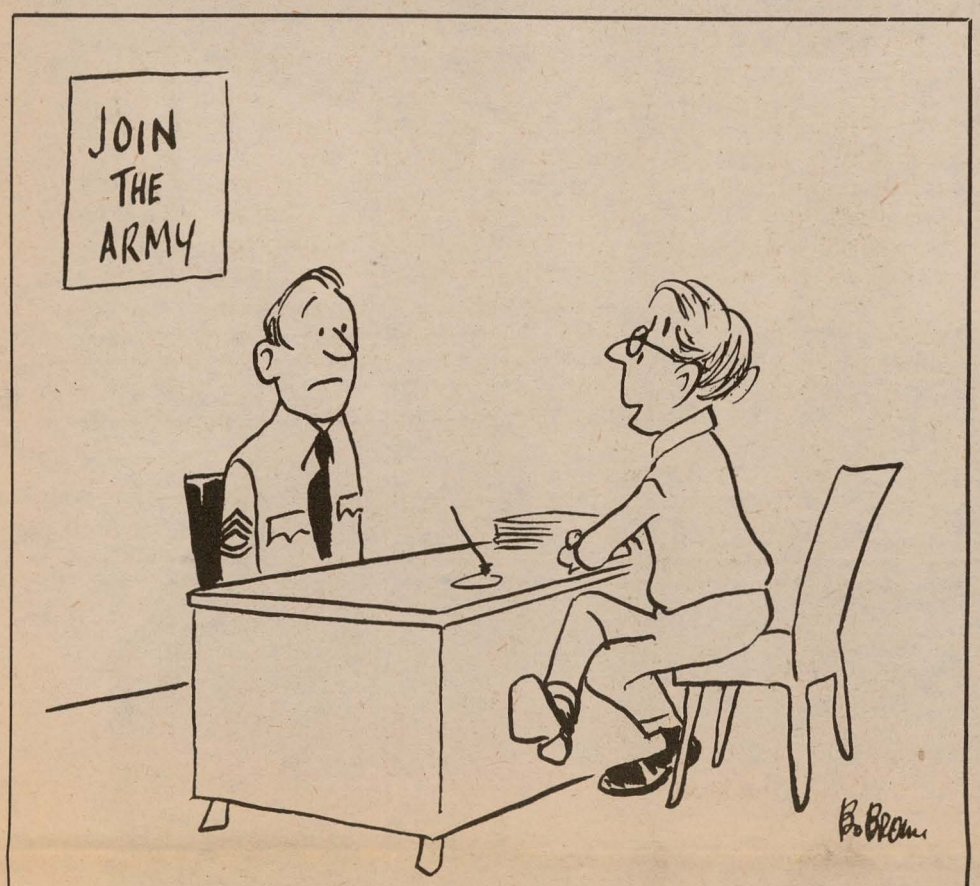
If only...

With a little imagination, discontent can be put to positive use, especially when identifying thorny problems. The trick is to take that discontent one step further by going out and *solving* the problem now that you know what it is.

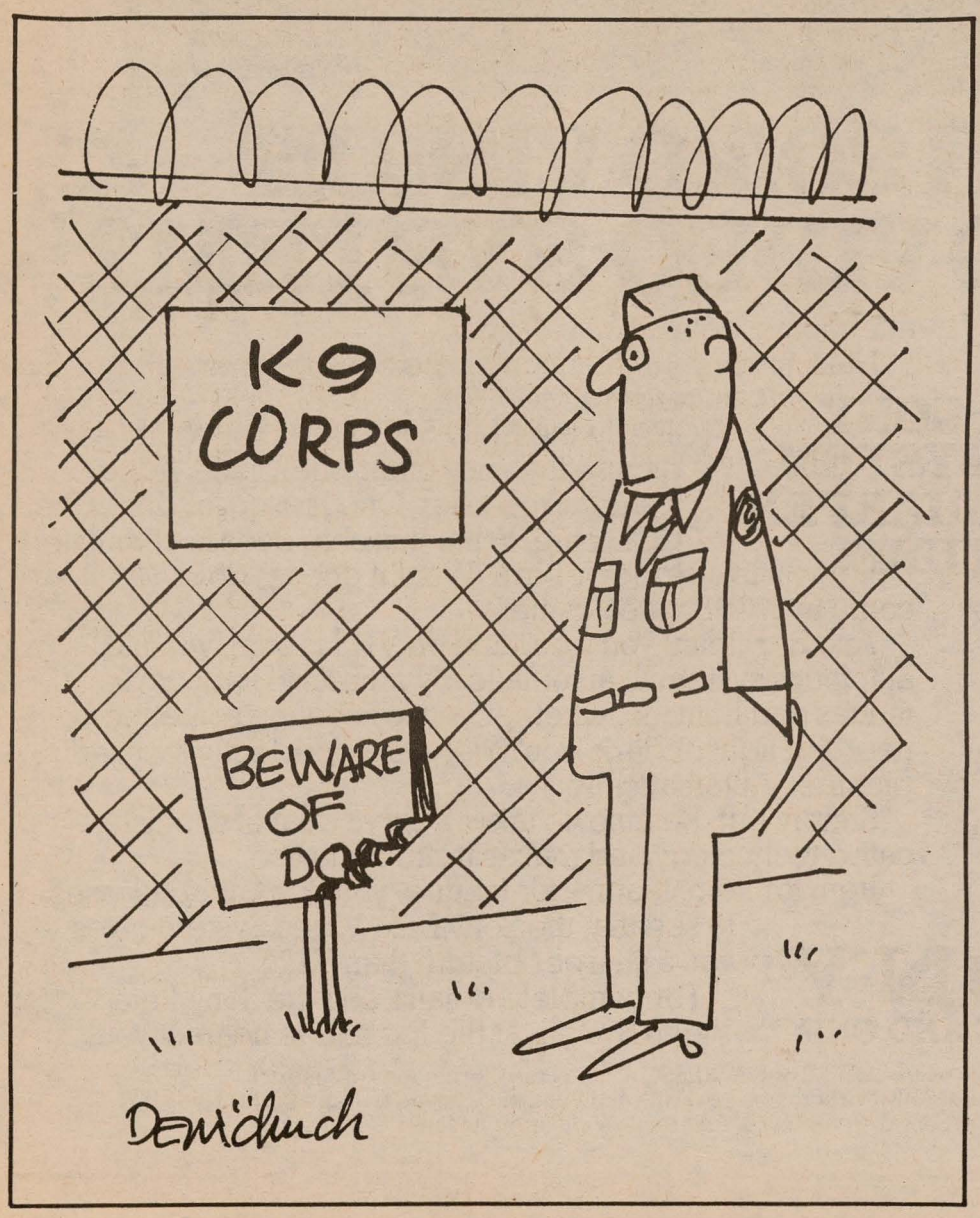
It's just a question of deciding whether to take a positive or negative approach to your discontent.

If only more people...

The Lighter Side



"Combat isn't exactly what I had in mind. Do you have any civil disobedience units?"



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Feature

May SOM sprints to win

by Bob Walker

The May Soldier of the Month (SOM), an administrative specialist from the Letterman Army Institute of Research (LAIR) adjutant's office likes to run in his spare time, and ran in the recent Bay to Breakers race.

PFC Freddie Justiniano grabbed the title after competing against his peers at LAIR, taking the LAIR Soldier of the Quarter and then going for the post title, outscoring a sergeant to win.

When asked what he did to prepare for the boards, Justiniano said, "I studied Army regulations and field manuals and reviewed the study guide we have here at LAIR; it's pretty comprehensive, covering most things boards would cover.

"I also reviewed the *Army Times* to get abreast of current military news and information. Military current events was the toughest area because there's always so much going on; it's hard to remember the dates, facts and figures."

Justiniano credits his success in part to all the unit support he received at LAIR. Luella Voss was the most supportive, he said.

Though his career plans are uncertain at this time, Justiniano definitely plans to go back to school when he gets out of the Army in November. He already has three years of college under his belt with a major in English. He said he plans to make English his minor and make political science or criminal justice his major.

"I've considered ROTC. A long-term goal may be to become a JAG officer," he said.

Asked about Justiniano, PFC Christopher McKillop, a LAIR administrative specialist, said, "He's an outstanding guy and very intelligent. He's punctual and always here; he doesn't take leave. He cares about what he does. He's not God, but he's second best to him. He's single and available and so am I. Outstanding is all I can say about him."

Luella Voss, adjutant secretary, said, "He's extremely intelligent, very pleasant to work with and pleasant to look at. I'll be sad when he leaves. He's tops in my books."

Justiniano's NCOIC SSgt. Donna Foley, said, "I'm really impressed; just the whole person—Justiniano. He's a total soldier. His overall professional appearance and bearing gave him the edge to win Soldier of the Month. It makes me feel good to see quality people getting into the Army. He does things almost before you ask him to."

Part of being a professional soldier is keeping fit; Justiniano said he was overwhelmed by the size of the Bay to Breakers run. He is now running twice a day in preparation for the San Francisco Marathon in July. His goal is to run the 26 miles in a "sub 2:40 time," he said.

With his determination, drive and support from the office, he may very well achieve his goal in the marathon; making it with the same elements that made Justiniano the May *Soldier of the Month.*

photo by Bob Walker

PFC Freddie Justiniano takes a brisk run in his spare time.

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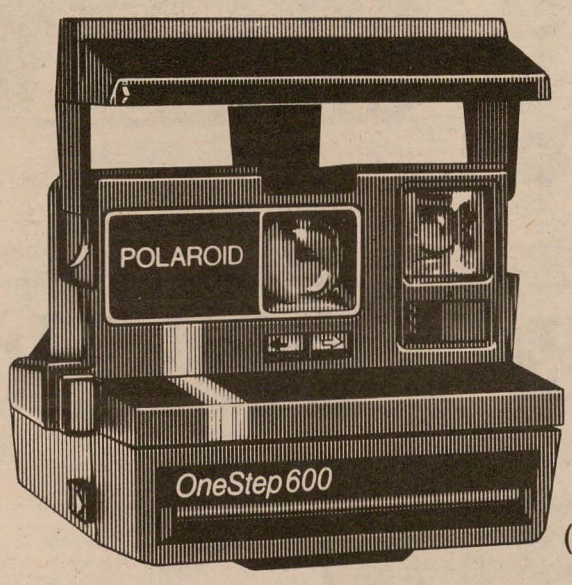

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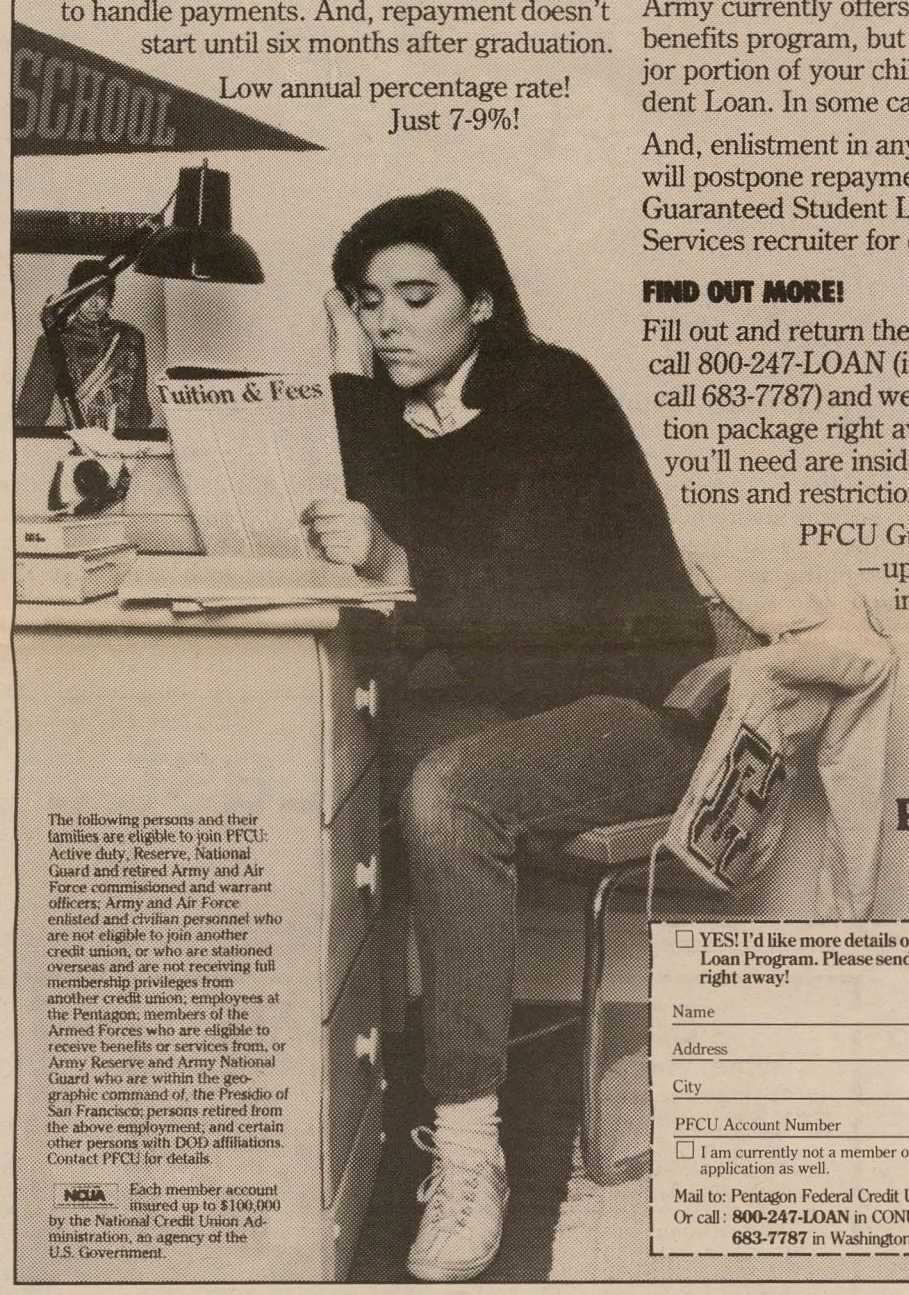

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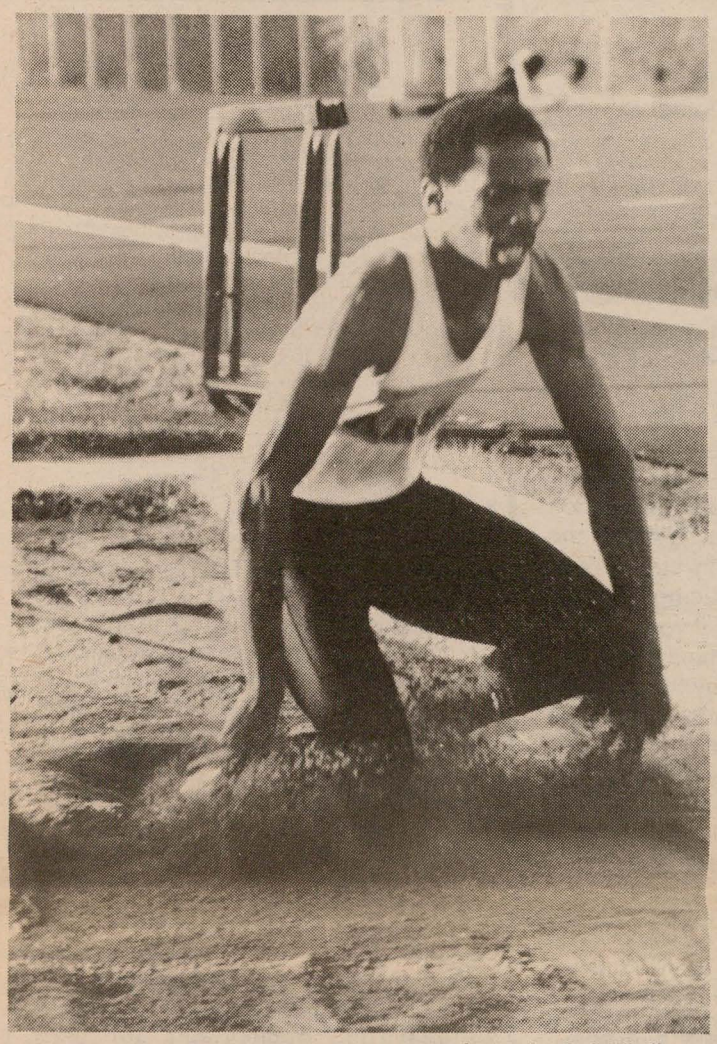
Photo Feature

Soldiers go for interservice gold

Army track team finishes training, leaves



photos by Bob Wallker

Vesco Bradley kicks up some sand with this long jump.

by Bob Walker

Men and women in gold sweat suits will be leaving Presidio tomorrow in search of gold and silver in the interservice track meet at McChord Air Force Base, Wash., on Tuesday and Wednesday.

The Army track team has completed its month of training at the Presidio after competing in various track meets.

One such meet was the Pacific Coast Track Athletic Conference meet in Los Gatos on May 18. Team members placed in numerous events.

Vesco Bradley took first place in the long jump with 24-11. Charles Swindell won the triple jump with a distance of 50-7. Jeff Waldo took first place in the 100-meter dash. Al Horne had his best personal time for the year to capture first place in the 400 meters, while Mike White grabbed first in the 1,500 meters. Tim Tays ran away in the 10,000 meters to take first place and Napoleon Hooks raced to a first place finish in the 400-meter intermediate hurdles.

Brent Barth took second in the 400-meter intermediate hurdles behind teammate Hooks. Jeff Wolfe captured second place with a 201-feet javelin throw. George Milton flew 6-11 to take second place in the high jump. Al Horne crossed the finish line with a second place in the 100 meters.

Coralisa Sheppard captured third place with her 124-foot javelin throw.

According to Coach Charles Greene, "The Los Gatos meet was a real good final tune-up for most of the athletes. We're 90 percent ready to go to the Armed Forces Championship and win."

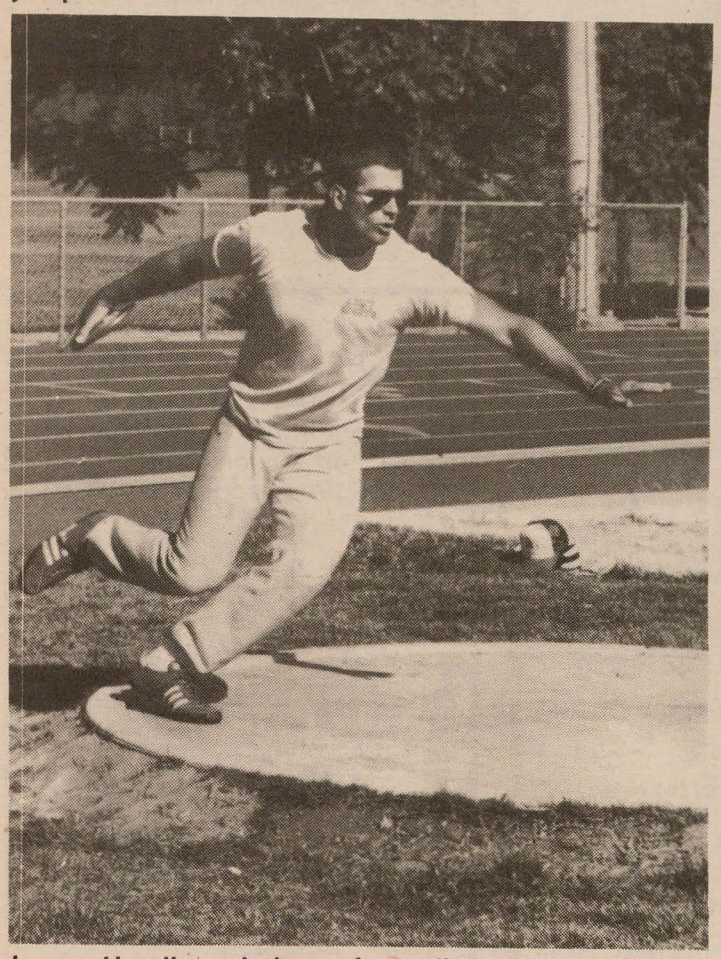
Teammates expressed their hopes and various feelings about their work.

Fred Brooks, a triple-jumper, said, "This will probably be my last year in interservice competition for the Army. My goal is to win it."

George Milton said, "I should finish in the top two in the high jump and in the top three in the 110-meter high hurdles. We'll just have to wait and see if I'll be back again next year. I just want to stay healthy and compete."

James "Curly" Morris, only 18 years of age, competes against juniors this year. He qualified for the June 21 and 22 Junior Nationals for the triple jump and long jump. He said, "I'm winning the national this year! I compete for a German club overseas and will be competing in Egypt, the Netherlands and in and around Europe. I'm one of the best juniors in the United States. Next year I'll be on the senior team. I like the triple jump most; it's so pretty. I'm planning on being in Seoul in '88."

Some team members are looking for the gold at McChord while others are looking ahead, such as Morris, to the Olympic gold. There may just be gold in them thar track stars.



James Headley winds up for a discus throw.

Angela Jenkins leads midway through the 5,000-meter race.

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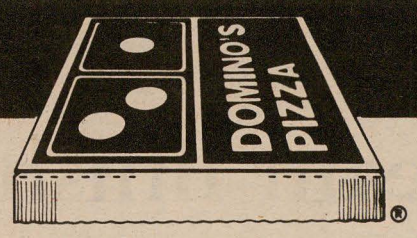

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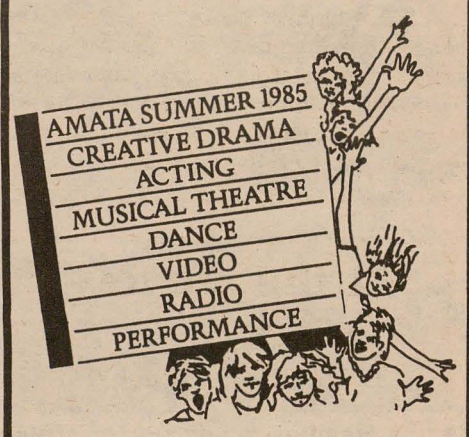

CALL
776-4720

Community Calendar

Power outages

An electrical power outage is scheduled June 4, starting from 7:30 a.m. until 4 p.m. (at the latest) in the 500-700 areas. Buildings or quarters affected are as follows: quarters 1, 89, 90, 91, 510, 514, 516, 517, 532, 539, 715, 737, 787 and 788.

On June 5 an electrical shutdown is scheduled from 7:30 a.m. until no later than 4 p.m. in the 1000 area. Buildings 1040 and 1065 will be affected.

Speed reading

A nine-hour speed reading course will be offered at the Letterman Army Education Center, bldg. 1007, on June 10, 11, 12, 17, 18, 19, 24, 25 and 26 from 11 a.m. to noon.

Designed to improve your reading rate, these Tuesday, Wednesday and Thursday classes should help you improve your comprehension as well.

No reservations are necessary—first come, first served; however, soldiers will be given enrollment preference.

For more information, call 561-3692 or 561-4030, or visit the Education Center.

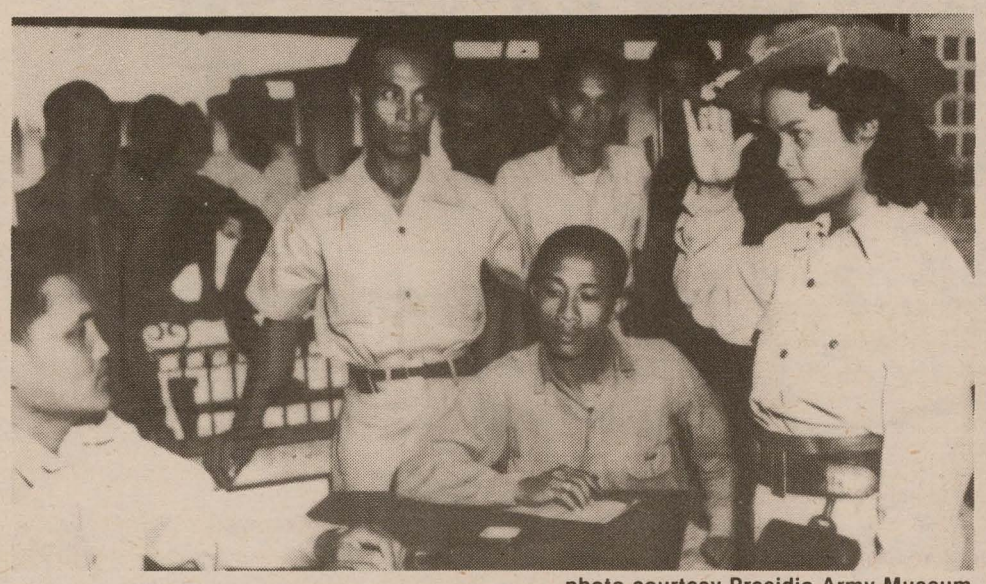

photo courtesy Presidio Army Museum

Forgotten Heroines

Florentina Punsalon, 20-year-old Filipino guerilla leader, pauses to salute guerilla Capt. Marcel G. Payne. Punsalon is credited with killing two Japanese during the Philippine occupation. The story of the guerillas' fight is part of the *Forgotten Heroes* exhibit which opens June 8 at the Presidio Army Museum.

New GI Bill

Soldiers who would like to see a 12-minute videotape describing the new GI Bill and its effect on educational benefits may do so on a drop-in basis at the Fort Scott Education Center, bldg. 1216, during regular duty hours.

Recycling

Recycling for June will be held tomorrow. Quarters residents are reminded to have newspapers and cans ready for pickup from 10 a.m. to 3 p.m.

All proceeds from recycling go to the Boy Scouts, Girl Scouts, Aquarius Swim Club and youth sports.

In case of rain, recycling will be cancelled.

However, cans and newspapers may be dropped off at the recycling point, next to bldg. 661, at any time. This will be the last recycling effort until the program resumes in October.

Photo contest

The Presidio-level competition of the All Army Photography Contest will be held July 12 at the Arts and Crafts Center, bldg. 122.

Deadline for Presidio entries is July 10 at 10 p.m. All entries must be mounted and accompanied by an official entry form, DD 1553.

For more information, call 561-4497 or 561-3445 and ask for Steve Metcalf, photo instructor.

...the write stuff...

by Ted Weller

Summer's here, there and everywhere... the valleys are dusty, brown and hot and, of course the Presidio is lush, green and C-O-L-D! Natura air-conditioning is wonderful, but does it have to come in with a 30-knot wind... I saw three people go into take-off positions on Crissy Field last week.

All in all, summer is great for everyone in northern California. For those of us at the beautiful Presidio of San Francisco it couldn't be better. We can take to the beaches... (yes, I know how cold Ocean Beach is, but go south)... the valleys or the mountains.

For those of you who intend to take advantage of this ideal geographical location and hit the road, stop by the Outdoor Recreation Branch, MSAD, in building 92; it's just across from the post theater.

The staff will be more than happy to help you find just what you need for that weekender or the long trip: fishing poles with reels, sleeping bags, stoves, canoes, fresh water fishing and ski boats, roller skates, skateboards... skateboards?... I have your attention again? Great!... lanterns, tents, cooking sets and the list continues at the counter.

For all those people that have been borrowing trees and anything else vertical, POLES have been found for the volleyball sets. Last but not least... croquet sets.

Sounds like everything one would need plus. For the not-so-hearty, the staff has just added one more rental unit for Presidians at South Lake Tahoe... remember you heard it here first... Located in the Tahoe Keys is this sedate, three-bedroom, two-bath, fully furnished townhouse which will set you back just $30 per night Monday through Thursday and only $50 for Fridays, Saturdays and nights preceding holidays (I'll let them explain the last). For more information, call the Outdoor Recreation Branch at 561-4356 or, better yet, go visit them.

Lets get ed-U-cated: Saturday, June 8, San Francisco State University is holding an orientation and reception for members of the community who want to know more about university programs and courses, admission requirements, financial aid, extended education and special support services. The orientation will be held 10 a.m. to noon at the Seven Hills Conference Center, located off Font Blvd. behind Mary Ward Residence Hall.

More from State: The Music Department at SFSU is sponsoring its third annual San Francisco Young Pianists' Competition on June 25 and 28 in Knuth Hall. The final competition will feature six finalists chosen from the preliminaries on June 25. The competition is open to pianists aged 15 to 21. Entries must be submitted by June 17. Each contestant should be prepared to perform three pieces of music, representing three different style periods. For more info contact Dr. Victoria Neve through the SFSU Music Department, 469-1431.

Taking care of yourself: The American Cancer Society is offering a free *I Can Cope* course beginning June 5. The course will meet from 11 a.m. to 12:30 p.m. each Wednesday through July 24 at the Veterans Administration Hospital, 4150 Clement St. The course is designed to help cancer patients through the recovery period after treatment. More information and registration forms are available from the American Cancer Society at 545 Post St., or call 673-7979.

For the Golden Gate parkgoers:

- The Artists Guild of San Francisco will have an Outdoor Art Show at the Hoover Redwood Tree near 19th Avenue and Martin Luther King South Drive this Saturday and Sunday, 10 a.m. - 3 p.m.
- 6th Annual NORML 10K and 1-Mile Foot race begins from the north tunnel at the Polo Field, 7 to 11 a.m. Sunday.
- For those who take joy in either the media or an elected offical losing it, there is the Operation Home Run Softball Game, which has the finest from both camps playing at Kezar Stadium for the benefit of Family Services. Game starts at 1 p.m. on Sunday.

If there are still tickets available, the Black and White Ball is still on for tonight featuring orchestras... Tommy Dorsey, Harry James... the Symphony... Tower of Power, Greg Kihn, a host of others and special appearances by Mickey Hart, Neal Schon, Paul Kantner, Tom Johnston... if you don't know these people, see last week's "*stuff*" or buttonhole a rock-n-roller. Call 431-5400 for more info and tickets.

For the sun lovers of the East Bay, summer is beginning in style with the Festival at the Lake... Lake Merritt, that is... festivities begin at noon today at the lake. The festival will be today, tomorrow and Sunday, 11 a.m. to 7 p.m.. Just a little jazz, dixieland, samba, blues... a little bit for everyone at the Lake in Oakland... call 893-0677 for info. Ride BART to 19th Street and either walk or shuttle to the fun in the sun.

Wow! I did it, Rick, the w-h-o-l-e thing, and I did keep everything in perspective... I missed the deadline too.

Have fun out there... in THE CITY.

At the movies

Presidio Theater

Fri,	May 31	Baby (PG)	7 p.m.
Sat,	June 1	Ladyhawke (PG-13)	7 p.m.
Sun,	June 2	Ladyhawke (PG-13)	7 p.m.
Mon,	June 3	Ladyhawke (PG-13)	7 p.m.
Tue,	June 4	Jungle Warriors (R)	7 p.m.
Wed,	June 5	Starman (PG)	7 p.m.
Thu,	June 6	King David (PG-13)	7 p.m.

Schwartz Theater

Mon,	June 3	Baby (PG)	7 p.m.
Wed,	June 5	Ladyhawke (PG-13)	7 p.m.
Thu,	June 6	Jungle Warriors (R)	7 p.m.

Hamilton Theater

Fri,	May 31	Marvin & Tige (PG)	7 p.m.
Sat,	June 1	Old Yeller (G)	1 p.m.
Sat,	June 1	Dune (PG-13)	7 p.m.
Wed,	June 5	The Perils of Gwendoline (R)	7 p.m.

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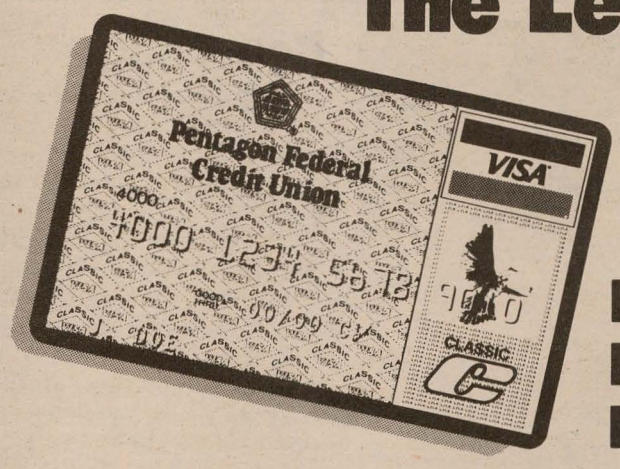

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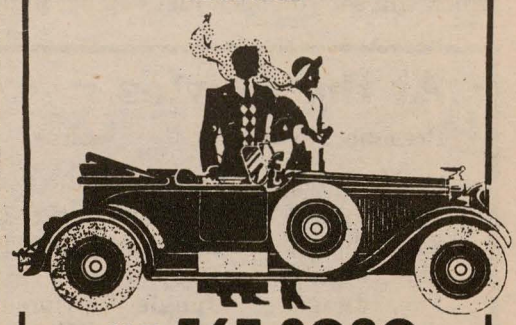

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DAILY - WEEKLY - WEEKEND RATES

Sports

It was a dark and foggy night...

by Jeff Smith

It was late at night and fog had engulfed bldg. 1648, perched on the cliff above the entrance to San Francisco Bay on Fort Scott. I was working late trying to come up with a story for this week's *Star Presidian*—wasn't having much luck.

Behind 1648 lies Battery Godfrey, an old artillery position that once guarded the bay's entrance.

As I stared blankly ahead I barely noticed a dull light escaping from around the door of one of the old bunkers.

As I stepped from the safety of 1648 and crept toward the lit bunker door, my skin crawled. A series of low moans pierced the night. Whatever was in that bunker was hurt or luring an unsuspecting victim to his end.

"Well, at least if it's a monster waiting to zap me I won't have to face the editor in the morning," I thought.

As I reached the door I paused and listened. It sounded like a baseball game! Opening the creaky door, my eyes gazed upon a graying man in shabby clothes shaking his head at a small black-and-white, battery-run TV that had produced the eerie light.

"Damn Giants," swore the man, "if they'd listened to me, they'd be in first. And who be you?" he asked suspiciously when he saw me in the shadows.

"I work in the building behind here and saw your light, what are you doing here on a night like this?" I asked.

"Watchin' the bloody Giants lose another; they got things all messed up here," he replied.

"In what way?" I asked, not quite sure what to make of this transient with a TV.

"Well, when I owned 'em, I played all night games at home and wanted to remove the heat from vis'ters lockers, then ah'd heat the Giants dugout and wait for the opposition ta freeze," he replied with a wicked smile in reference to the famous cold night games at Candlestick Park.

"Wait a minute, who are you, what are you talking about owning and what are you doing here at this time of night?" I asked.

His reply was this: "Boy, I be Hiiro Gliffix, American entrepreneur and former owner of the Giants who lives in this here abode!"

All I could say was, "Why live here, you'll freeze!"

"Nah, it reminds me of Candlestick durin' the night games, nuthin' colder'n Candlestick, yes sir, some of ma fondest memries is foggy night games at da 'Stick," he cackled.

By now I keenly surmised that this nut was merely a deranged Giants fan who'd lost one too many division titles and had gone off the deep end of Fisherman's Wharf.

In an effort to get out of the bunker without angering Hiiro, I began to excuse myself by explaining that I was writing a sports story for the *Star Presidian* and still had a lot of work to do.

"Oh yeah?" he asked. "Read it all the time, keeps me warm some nights too," he chuckled.

"Well, ah, see ya at Candlestick," I said nervously.

"Jus' wait one minute," he cracked, "who be you, that nut Wetzel or Jimmy da freek?"

"No, my name is Jeff," I replied, suddenly embarrassed at my anonymity.

"What ya writin' bout dis week, Chef?" he asked.

"No material, I have to improvise and don't have a clue on what to write about," was the disenchanted reply.

"Why not write about some of the great opportunities to*participate in sports here at Presidio?" he started.* "Why, in all my travels I've never seen a small post with more to offer," he said.

"Well, gee, don't you think people here already know that?" I asked.

"Shoot, some folk don't leave Lincoln Boulevard 'less they git lost," he said. "How many folks know about the great golf course right here on Presidio, yep even Joe DiMaggio himself is a member!" shouted Hiiro in a righteous rage.

"Well, some people here take advantage," I said defensively. "The Aquarius Swim Club provides excellent training for youths; we have one of the Army's finest tennis players, and Rosalina Lau made the Army volleyball team that John Funes coached!"

"Lissen youn'un, I know that Bobby Gascon and his staff do a fine job, but how many adults take advantage of the gym and pool!" he retorted.

"Aha," I started, "Dave Palmieri has become an excellent triathlete by using the pool and weight room; Orlando Jones and Florentino Barril are both topnotch weightlifters who encourage others to join in with the lifting programs. The gym has a 'Run for your Life' program, a complete calendar of intramural sports and programs like aerobics and taekwondo are available!"

"A couple dozen overacheivers," Hiiro shrugs, "do they appreciate what they got here?"

"Yes, they do," I stated proudly, "not everyone is involved yet, but we know that the Presidio is a terrific place that has some outstanding facilities."

"Well, maybe you can write about them facilities and all the good things people got here that costs nothing or next to it," he responded.

"Maybe so," I said, considering the possibilities, "but now all I want to do is go home and sleep."

"Need a ride?" he asked.

"You have a car?" I asked, with a raised eyebrow. We walked from the bunker toward the toll booths at the bridge and there, in the workers' parking lot, sat a blue 1985 Mercedes 500 turbo diesel.

"This is yours!" I gasped.

"Take me home, Hiiro," was my only reply as my body collapsed into the seat of the turbo 500 and we headed for home.

(Editor's note: Truth or apocrypha? You decide.)

Softball schedule

June 3, Field No. 1

LAIR No. 1	vs	LEC	4:30 p.m.
LAMC No. 1	vs	OR Docs	5:45 p.m.
Six Packers No. 2	vs	Doctors Plus	7 p.m.

June 3, Field No. 2

LAIR No. 2	vs	USAISC	4:30 p.m.
LAMC MSC	vs	Six Packers No. 1	5:45 p.m.
LAMC No. 2	vs	AAFES	7 p.m.

June 4, Field No. 1

Co. G, DLI-SF	vs	864th Engineers	4:30 p.m.
Corps of Engineers	vs	LAIR No. 2	5:45 p.m.
FBI	vs	USAISC	7 p.m.

June 4, Field No. 2

Garrison	vs	6th Army Band	4:30 p.m.
Oakland	vs	DEH	5:45 p.m.
Attorneys	vs	Co. H, DLI-SF	7 p.m.

June 5, Field No. 1

LAMC No. 1	vs	Six Packers No. 1	4:30 p.m.
LAIR No. 1	vs	AAFES	5:45 p.m.
Attorneys	vs	LEC	7 p.m.

June 5, Field No. 2

Co. G, DLI-SF	vs	Co. H, DLI-SF	4:30 p.m.
Doctors	vs	FBI	5:45 p.m.
OR Docs	vs	LAIR No. 2	7 p.m.

June 6, Field No. 1

Presidio	vs	Treasure Island	5 p.m.
Corps of Engineers	vs	6th Army Band	6:45 p.m.

June 6, Field No. 2

Garrison	vs	DEH	4:30 p.m.
LAMC MSC	vs	864th Engineers	5:45 p.m.
Oakland	vs	Six Packers No. 2	7 p.m.

Summer basketball league open

Form your own teams and become participants in the Presidio Summer Basketball League. The league is open to all active duty soldiers, full-time civilian employees and family members 18 years and older. An organizational meeting is scheduled for June 5 at Gym No. 1, bldg. 63, at 5 p.m.

Teams can be formed with players from units or activities assigned to the Presidio or Oakland Army Base. Team captains or a team representative must be present at the organizatioal meeting in order to register for team competition.

The league is scheduled to start play on June 11.

For more information call Bobby Gascon, sports director, at 561-4120 or 561-5032.

Gym No. 1 closure

The basketball court will be closed for play June 7, and on June 8 the entire gym will be closed in support of the *Forgotten Heroes* (the story of the Philippine-American soldier in the U.S. Army) Museum Exhibit opening.

Gym No. 2 will be open on June 8 from 9 a.m. to 4 p.m.

The entire Gym No. 1 parking lot will be closed on June 7 and 8.

Instructors needed

The Youth Activities (YA) office is looking for several people to conduct activities for the summer activities program.

These are paid positions and will last about 10 weeks. For more information, phone the YA office at 561-5143.

Softball standings:

Teams	Win	Loss
DEH	7	0
Six Packers	5	0
Co. H, DLI-SF	4	1
FBI	4	1
Co. G, DLI-SF	4	1
OARB	3	1
LAMC No. 1	3	1
864th Engineers	4	2
OR Docs	4	3
MSC	3	3
Doctors Plus	2	2
LAIR No. 1	2	1
Attorneys	2	2
USAG	1	2
6th Army Band	2	4
LAMC No. 2	3	4
AAFES	2	5
Bay Ward	2	7
LEC	1	4
USAISC	1	5
LAIR No. 2	1	5
Corps of Engineers	1	6

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Landlady blues: what are a tenant's rights? **page 5**

Joe Dan and B: special love, special people, **pages 6&7**

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Strong and feminine: can women be both? **page 11**

Star Presidian

Vol. 28, No. 23 "Published in the interest of the people of the Presidio of San Francisco." June 7, 1985

photo by Bob Walker
Presidio and San Francisco firefighters ventilate this building as part of a training exercise.

Firefighters put old barracks to new use

by Bob Walker

"Where there's smoke, there's fire," they say, but there have been several exceptions to this rule of thumb at the Presidio recently.

Presidio firefighting training has been going on in barracks 213 which is scheduled to be torn down in July. Simulated fires have occurred on an almost daily basis for the past few weeks.

According to Capt. Barry Gaab of the Presidio Fire Department, a smoke maker borrowed from Marin County produced the smoke. No flames were involved in the training exercise.

The Presidio Fire Department, on a mutual aid basis with the San Francisco Fire Department, has been training on the old barracks, sharing knowledge and techniques.

The San Francisco Fire Department assists the Presidio more often than the Presidio helps them, according to Fire Chief Bill Williams. He said, "The training here has been good for both departments."

Presidio firefighters get more training than just that on the old barracks. According to Gaab, normal training days are on Wednesdays and Thursdays, so that both shifts receive training. Training includes emergency first aid, handling hazardous materials, building construction, prefire planning and looking at structures under construction.

Simulated fire conditions also occur at Parks RFTA. The Presidio Fire Department teaches heavy rescue there to both military and civilian departments. Gaab said, "The day Coalinga went down we were training at Parks RFTA. We had the equipment and men and we expected to be sent to Coalinga, but we weren't."

Presidio Fire Department driver and operator Tom Bliss said, "The training here is good. With firefighters today, most calls are medical calls. The training teaches us our duties at a fire and fire behavior, so we won't get hurt."

Fire Suppression Captain James Ahrens said, "I was down there with everybody else eating smoke on a night drill—I was a victim on the floor. The training is really good to give the guys experience with realistic conditions."

Doing rooftop ventilation has given some of the barracks a Swiss cheese look. This technique directs the smoke and flames out of the building, allowing firefighters to search other areas for fire victims.

The Presidio department does more than just fight fires. According to Gaab, extricating people from car accidents is really challenging, as firefighters have to know several ways of getting people out of their cars as quickly as possible, keeping safety in mind for all concerned.

They also take over the work order phones after hours and, if they determine the work is an emergency, send out work crews to make repairs if it is an emergency such as a water main break.

Both the Fire Department and the Military Police become involved when people lock themselves out of their housing. Gaab said, "It ties up two people and two emergency vehicles."

And there's the chore of trying to rescue animals stuck in trees.

"Sometimes we have irate people calling. We've had firefighters injured rescuing animals and most times the cats jump out of the tree before we get close to them," he said.

The Fire Department also helps Boy Scouts and Girl Scouts with their merit badges in first aid, earthquake preparedness and firemanship. "Everyone gets involved," Gaab said.

The firefighters here have a wealth of talents, some more important than others. The training they receive, whether on their own or with the city, helps them to be as qualified and as professional as possible.

So the next time you drive down Lincoln Blvd. past the old barracks, check it out calmly. If you see smoke and the Fire Department is already there, more than likely it's our Fire Department getting more training to better protect us.

News briefs

New drinking age

The drinking age at the Presidio changed on June 1 to match the minimum legal age of the state in which it is located, in this case, age 21.

This new DoD policy affects all service members stationed in the 50 states and the District of Columbia.

The only exceptions to this policy are:

- At an installation approximately 50 miles or one hour's driving time of a neighboring state or foreign nation with a lower drinking age than the state where the installation is located;
- At remote locations where privately owned vehicles are not available for use by service members;
- Under controlled conditions "in order to foster camaraderie and friendship in the millitary environment" on "...infrequent, nomroutine occasions when an entire unit, as a group, marks an occasion such as the conclusion of arduous military duty or the anniversary of the establishment of a military service, organization or vessel."

Exceptions will be granted or denied based on the consideration of motor vehicle safety, according to DoD officials.

American Forces Information Service

Jobs available

The Civilian Personnel Office (CPO) will be accepting applications for summer employment for clerk typist, GS-3, positions.

Applications will be accepted for a one-week period, from June 10 through 14. All applications must be in the Civilian Personnel Office not later than close of business on June 14.

Applicants must be able to type at least 40 words per minute and have at least six months of clerical experience or 30 semester hours of college credit.

You can pick up applications from the CPO receptionist, bldg. 37, Monday through Friday, from 7:30 a.m. to 4 p.m.

For further information, call Carrie Carlson at 561-5758.

Secretarial skills

Military Correspondence and Typing I and Typing II will be taught at the Education Center, bldg. 1216, from June 1 through August 2.

Military Correspondence is taught Tuesday through Friday from 7:30 to 9:30 a.m., and Typing I and II are taught Tuesday through Thursday from 9:30 to 11:30 a.m. and Friday, from 9:30 to 10:30 a.m.

Military, adult family members and DA civilians are eligible to enroll in the free courses.

For more information or to enroll, call the Education Center at 561-2974 or 561-4445.

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Opinions

TAKE A BITE OUT OF CRIME

Summer is coming fast; the weather (when it decides) is getting warmer and warmer. With it comes picnics, swimming pool openings, and, yes, the trip to the beach.

A word, ugh! I mean a scream of caution is given to everyone concerned with safety. Police, firemen, doctors, nurses, ambulance attendants and, of course, parents are very worried about the possibility of accidental drowning.

Remember, the only place authorized for soldiers to swim is a place that has a qualified life guard on duty. For civilians, it is your choice.

However, here are some guidelines:

- Don't go swimming without someone with you.
- Don't go swimming in an area without knowing what is on the bottom.
- Don't go swimming in the ocean where there is a heavy undertow.
- Always use life jackets when boating.
- If you are not a good swimmer, stay in the shallow area.
- Do not dive into water where the bottom may have rocks or is not too deep.
- Parents, don't let your younger children go swimming unattended.

If you have your own swimming pool, or are visiting a friend who has one, please take extra precautions while watching your children. Each year thousands of children are injured and even die because of pool accidents. Some drowned; others suffered brain damage. These victims are not able to look out for themselves. They are too young to make the proper decisions and know the danger of playing in or around a swimming pool. This age group is usually 2 to 5 years old. They see toys or other things lying around the pool that they can play with, then, all too soon, tragedy happens. You, the parent, can stop some terrible accidents.

Just follow a few tips:

- Install a pool cover on your pool. *But remember,* it is not 100 percent safe. A child can slip under the cover and it will be much harder to find him or her.
- Install an alarm that alerts you when someone goes around the pool.
- The best way to keep children safe is by watching them very, very closely.

Teach your children the rules of safety for swimming and tell them about the hazards. Teach them how to swim, or enroll them in some sort of a swimming class. Teach them how to give first aid; if you have older children, teach them or make sure they learn how to give cardiopulmonary resuscitation (CPR). Teach all your children how to dial, and *when* to dial, your local police, fire and ambulance telephone numbers.

Adults, when you are out at a picnic or on a boat trip or swim party, please remember that swimming and alcohol do not mix. If you drink, don't go into the water; watch your friends and relatives to make sure they don't either.

Remember, we must all get involved to take a bite out of crime and keep our homes, offices and recreational areas free of danger and as safe as possible.

Let's take a big bite out of crime!

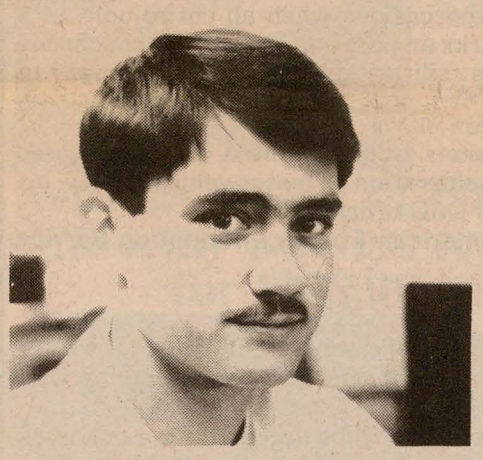
Crime report

In the past week the Military Police received reports that:

- A hood was removed from a car in the Pershing housing area.
- Speakers were taken from a locked car in the LAMC area.
- Some personal items were taken from a locked car in the Battery Caulfield area.
- A color TV was taken from a building in the Parks RFTA area.
- Two pieces of beef jerky were shoplifted from the LAMC PX. The subject was caught.
- A person's car was taken for a joy ride and the car was damaged.
- There were five drunken driving apprehensions.
- There were five traffic accidents; one of them was a drunken driver.

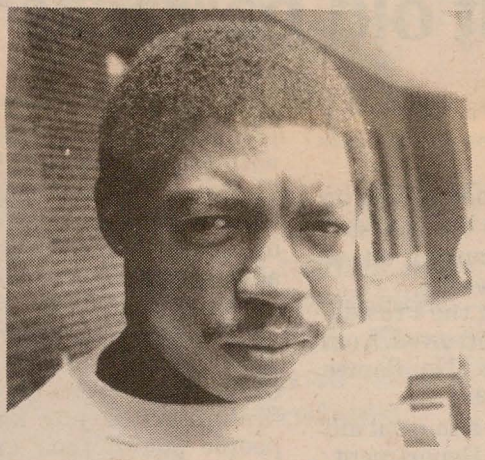
Ramblin' Sam

"What is your biggest complaint about barracks life? Any suggestions?"

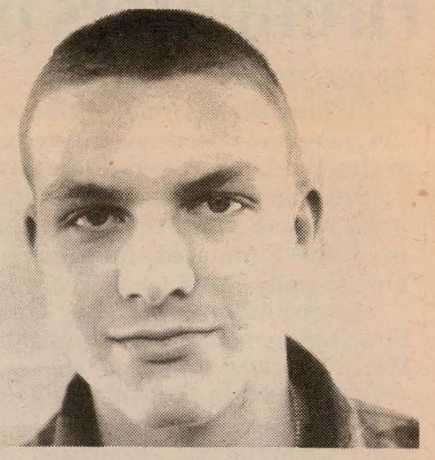


Pvt. 2 Scott Houck, x-ray specialist, LAMC: "I don't have a place to put all my stuff. There isn't room enough in the wall lockers. Besides that, the barracks I've been in have been nice. I like the three-man rooms much better than billets."

PFC Sheri Minhas, personnel records specialist, COMPACT: "No privacy and being controlled all the time. We can't have any cooking stoves. I'm looking forward to getting in family housing. I have two daughters who are staying with my mother right now."



SSgt. Izell Rice, drill sergeant, USAG: "I have no complaints because if you have somebody in charge to keep it cleaned up and the music turned down you have nothing to complain about. We have people in the battalion who are concerned about about troop life in the barracks who want to make it more like home."



Pvt. 2 Dennis Winfrey, personnel records specialist, COMPACT: "My biggest complaint was the Tank Hill barracks at Fort Jackson. They are hard to put into words. They needed to be torn down 30 years ago. It's too soon to say about the barracks here; they seem fine to me. It's home with a couch, refrigerator and a TV."

Hear ye, hear ye, all ye blood donors' Scrooges

by Liz Greeley

I'm not totally naïve, but I've just discovered that there are some supervisors out there that I can describe only as latter-day Scrooges.

These Scrooges aren't allowing their employees administrative leave after donating blood. Now to be fair, maybe these supervisors are so goal-oriented, they just don't fully comprehend what they're doing. Maybe they're really well-meaning people at heart, maybe...naaah, they're Scrooges.

I can see it all now. Workers are forced to supply their own coals for heat (okay, whatever the modern-day equivalent is) and signs reading, "Be Worthy of Your Employ" are scattered about the office. And what do you want to bet civilian employees are *not* encouraged to take annual leave on training holidays?

Now folks, don't get me wrong; I do *not* have a reputation as a bleeding heart or a soft touch—quite the contrary—but I don't ask my people to swoon at their desks as part of their jobs!

In fact, I have been known to say to my journalists things like, "I take it back; your spelling isn't terrible—it's atrocious."

And once I was talking with the Public Affairs Officer and made the

please see page 3

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Scrooges continued from page 2

observation that my immediate supervisor thinks I'm two steps away from Attila the Hun. His reply? "Well...maybe *three* steps. Remember, I can hear the screams through the wall..."

Okay, he was exaggerating a little (probably very little). But the point is that even I am appalled by bosses who won't give their people time off to recuperate from donating blood—it really steams me. Besides, the regulations are on the employees' side.

According to Civilian Personnel Regulation 990-2, S11-5, paragraph b, "All employees who volunteer as blood donors, without compensation, to the American Red Cross, to military hospitals, other blood banks, or respond to emergency calls for needy individuals will be excused from work without charge to leave. *In addition* to the time required to travel to and from the blood center and to give blood, donors will be authorized 4 hours of excused absence on the day the blood is donated for recuperation purposes. All donors are *encouraged* to take the full 4 hours for this purpose." (Emphasis mine.)

I hasten to add this does **not** mean you can donate blood on Wednesday and then take Friday afternoon off. You are on administrative leave to recuperate; the time off must be taken after you donate blood, the **day** you donate. Employees should not take advantage of their supervisors or vice versa.

And if there are some supervisors out there who just didn't know what the regulation stated, well, I really don't mean to include you among the Scrooges.

But please remember why we encourage our people to donate in the first place:

For one thing, it serves both the military and civilian community—everybody needs blood.

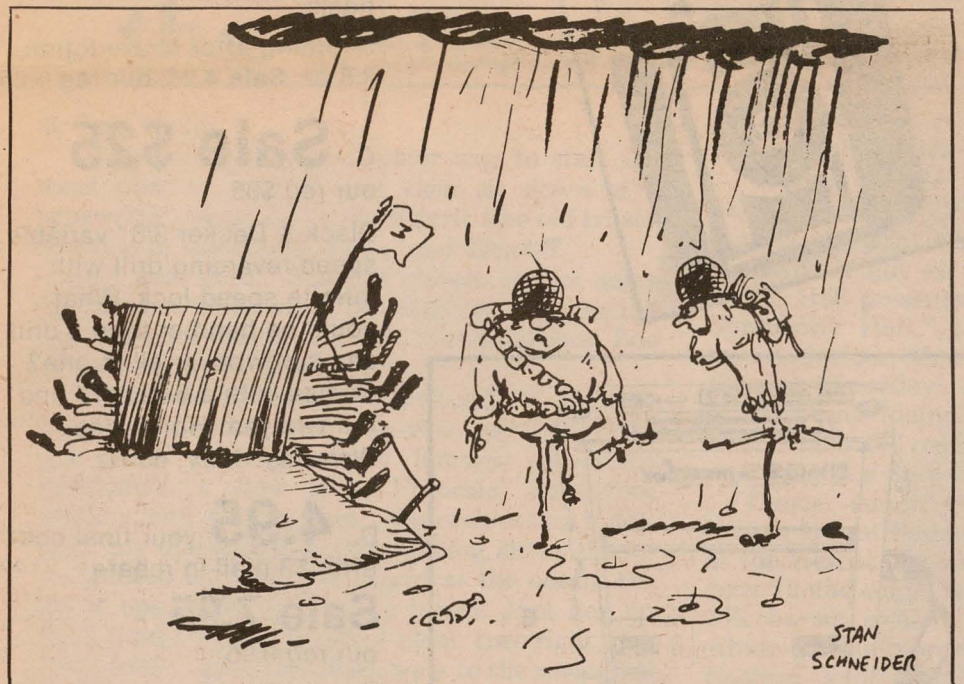
For another, it's my personal opinion that as good citizens it's the duty of every eligible person to donate blood when called upon.

Finally, it's especially important now for every healthy person to donate blood because of the AIDS (Acquired Immune Deficiency Syndrome) epidemic. And in case you're worried, no, you can't get AIDS from donating blood—the paraphernalia is used *once* and then thrown away.

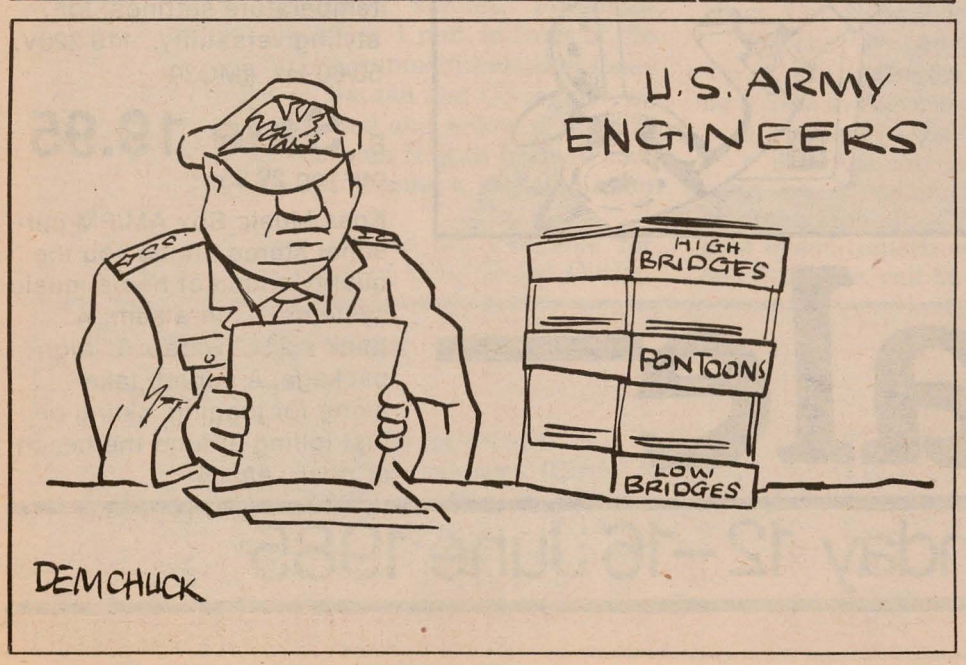
So give your people the time off they deserve when the blood drive comes around next time.

You owe it to your people and you owe it to the community to encourage blood donation; requiring dizzy blood donors to return immediately to work isn't encouraging them to donate the next time—it isn't even humane.

The Lighter Side



"It's just Third Platoon, sir. They lost all their tents in last night's river crossing!"



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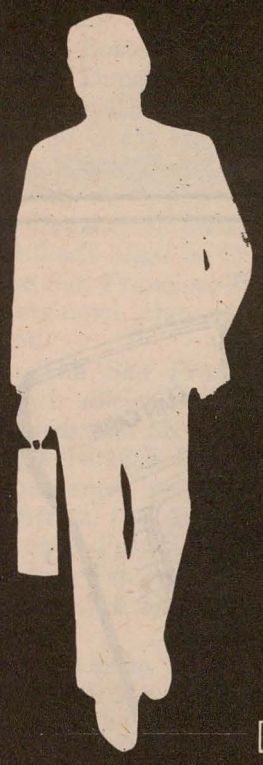

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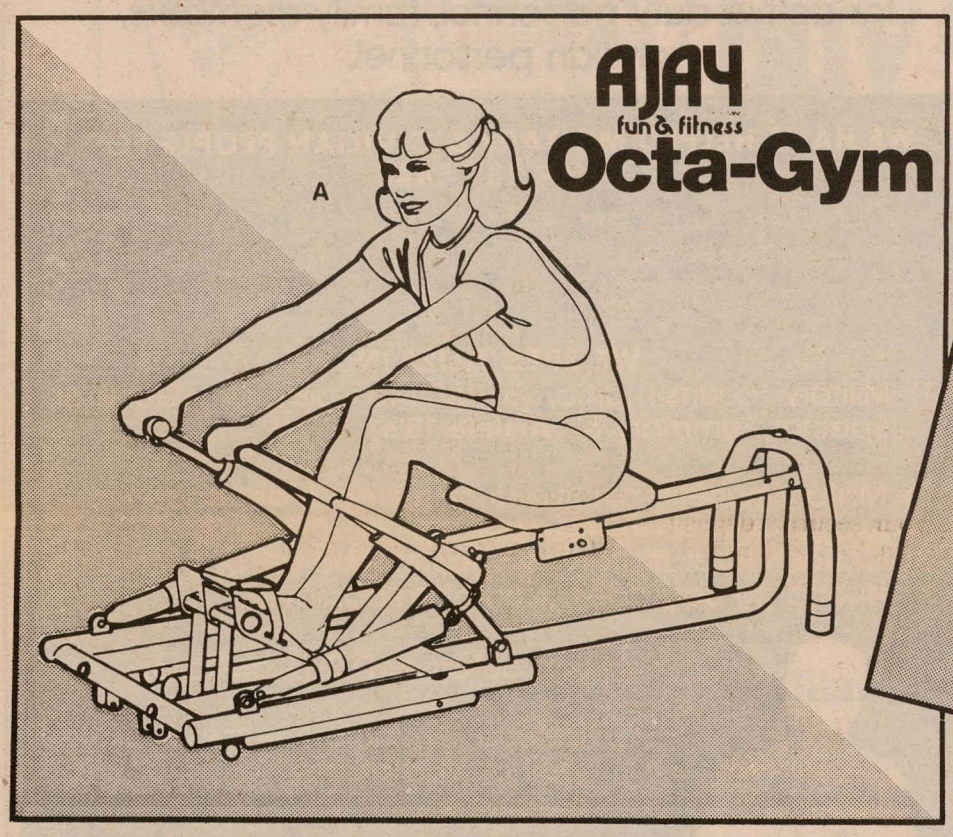
Father's Day gift shopping has never been so simple—now you can choose from over 100 gift items all on sale and advertised in our sales tabloid that you can pick up at your Main Exchange. Here are just a few of the many values available.



A. **Sale 99.95**
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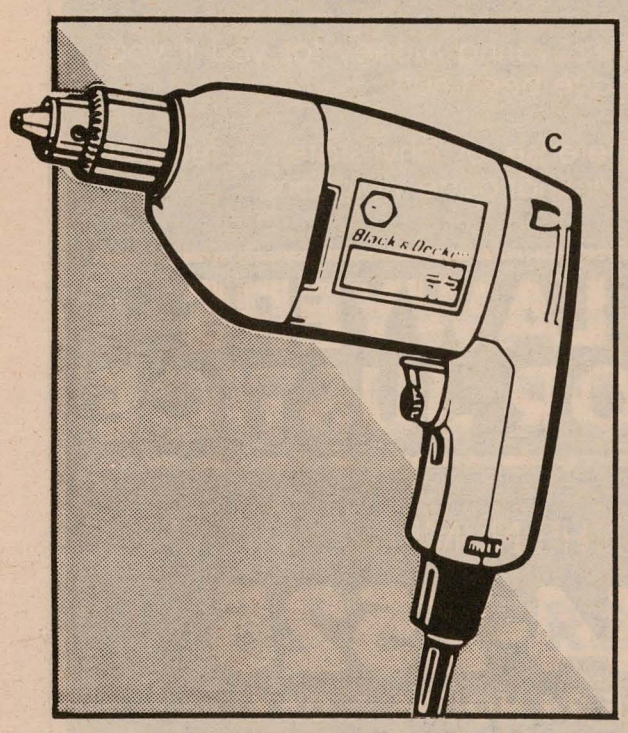

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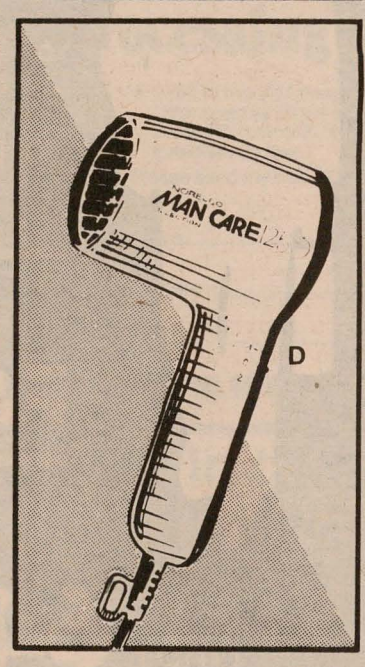

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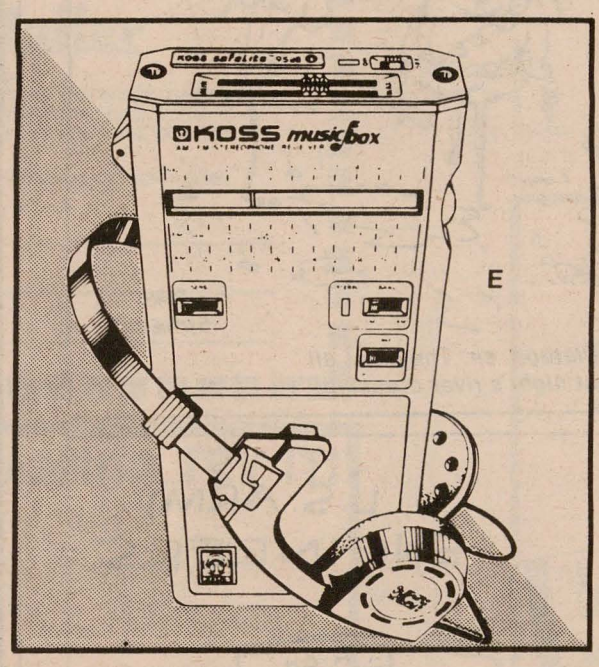

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News Feature

Just what *are* your rights as an apartment renter?

by Jon L. Frobish, SJA

This article is one in a series dealing with legal problems that soldiers face every day. In today's article we discuss the rules of *renting.*

Important note: The information in this article is based on California law.

Are all rental agreements alike?

No, the two most common kinds of rental agreements are "lease" and "month-to-month."

A lease is for a definite period of time, generally one year. Unless you break the terms of the lease, the landlady (or landlord) cannot raise your rent or ask you to move until the lease is up.

A month-to-month rental is not for a set period of time. It continues until you decide to move or the landlady asks you to leave. If you pay your rent monthly, you must give your landlady a 30-day written notice when you decide to move. And, if the landlady wants you out or decides to raise your rent, she must write you 30 days ahead of time. This is true unless you and the landlady agree in writing to shorter notice—which never may be less than seven days—or unless you break the building rules, say by bringing home a stray kitten when no pets are allowed.

Both leases and month-to-month agreements may be oral or written. However, a lease for more than one year generally must be in writing to be enforced.

With an oral agreement, nothing is written down. You and the landlady talk things over and come to an understanding. Some people like oral agreements because they have fewer rules than do other agreements. On the other hand, after several months have passed, you and the landlady might remember the agreement differently.

If you have a written agreement, read it carefully and make sure you understand everything it says. Sometimes a lease or month-to-month agreement mentions another paper such as "House Rules." Do not sign the agreement until you read these extra rules. Also, make sure that any blank spaces in the agreement are filled in or crossed out before you sign it.

Whether you have an oral or written agreement, be sure to get the name, address and telephone number of your landlady or her agent. You will need this information in case of an emergency, such as a broken water pipe or lost keys. You also should know where to reach your landlady or her agent, if you have a complaint.

Strangely enough, some tenants do not know where to find their landladies. But in California, the law says the names and addresses of the owner and manager must be on the rental agreement if the building has three or more apartments. Or, they can be posted in the building in two places where tenants are likely to see them. If the landlady's address is not listed, talk to your building manager. He or she must fill in for the landlady.

What if I do not like something the agreement says?

You can make changes—as long as your landlady agrees. Just cross out whatever you and she do not like. Write in anything you want to add. Be sure you *both* initial the changes.

In order to avoid problems in the event you receive orders assigning you to a new location, make sure that you have included a military clause. If the landlady does not wish to add this clause, look somewhere else or expect trouble.

Here is a military clause sample that can be used: It is expressly agreed that if the lessee herein should receive official orders relieving him from being stationed at the Presidio of San Francisco, California, or retiring or relieving him from active duty in the military or assigning him quarters on post, he may terminate this lease upon written notice of his intention to do so, and such termination shall become effective 30 days after the date of service of the notice upon the lessor, and if the date of such termination shall fall between days on which rent becomes due, there shall accrue on the first day of the rental period in which such termination shall take effect a proportionate part only of the rent which would be due but for such termination.

Do I owe my landlady any money except the rent?

You might. Landladies and landlords have the right to ask for a number of fees and deposits. And you have a right to a receipt or written agreement that tells you what the money is for and how you can get it back.

These are some of the payments your landlady might ask you to make: last month's rent in advance, cleaning fee or deposit and security deposit.

The landlady can ask you to pay the last month's rent before you move in. Then, if you give proper notice when you want to move out, you will not have to pay rent for the last month.

Sometimes, the last month's rent is called a security deposit. But the landlady can ask for a security deposit in addition to the last month's rent. If so, you will get it back unless you do something wrong. For example, if you break a window and do not replace it before you move, the landlady can use the security deposit to pay for a new window.

Some landladies want a cleaning deposit or fee. Your lease may say such a fee is not refundable; *but it is illegal.* Whether it is called a fee or a deposit, you usually can get the money back if you keep your place clean.

If you are entitled to get your security deposit and cleaning fee or deposit back, the landlady must give you the money within two weeks after you move. If the landlady needs to use part of the money for cleaning or repairs, she must give you the rest. The landlady also must tell you in writing, within two weeks, why she kept all or part of the money and how she spent it. If she does not, or if you believe she is not entitled to keep the money, you can sue her in small claims court. If you win the case, you could get part or all of your deposits back, plus up to $200 damages.

California law puts a limit on the deposits the landlady can ask for, no matter what they are called. All of them cannot add up to more than the cost of two month's rent for an unfurnished apartment or three month's rent for a furnished place.

What happens when my lease runs out?

Read your lease carefully. It may say what you must do. For example, the lease may have an "automatic renewal" clause. This means you must tell the landlady you want to move before the lease runs out. Or the landlady must ask you to move before it ends. Otherwise, the lease will be renewed for the same period of time as the original agreement.

Note: Automatic renewal clauses cannot be enforced unless they are printed in bold type or in at least 10 pitch print.

What if you have a six-month or one-year lease, but no automatic renewal clause? If you pay rent monthly and the landlady accepts your rent after the lease is up, the agreement is automatically renewed—but only on a month-to-month basis.

Some leases do not say they last for a year or some other period of time. Instead they might say the agreement ends on a certain date. In this case, you can stay on in the apartment past that date on a month-to-month basis if the landlady accepts your rent payment.

Maybe you will want to move before your lease runs out. If your lease has a sublet clause, you must find a new tenant to keep paying rent. If your lease does not have a sublet clause, you still can move. The landlady must make a good faith effort to find a new tenant. If she cannot find one right away, you may have to pay the rent until she does find a new tenant or until your lease expires. If you do not, the landlady can use your security deposit to pay the rent while the apartment is vacant or she can sue you for the money.

What are my landlady's rights?

Your landlady has a right to expect you to go by the rules of your rental agreement. For example, you certainly should pay your rent on time and keep the apartment clean. And you should not bother other tenants with noisy parties or a television turned up full blast.

In addition, you should use the apartment only as intended. For example, don't cook if there is no kitchen. Your landlady also has the right to expect you to fix anything you damage. For instance, if you break a lamp in a furnished apartment, you should repair or replace it.

If you do not do these things, your landlady may have a good reason to ask you to move. And if you will not move, she can sue to evict you.

A landlady can ask you to sign an agreement saying you won't smoke or keep a pet in the apartment. In some communities, a landlady can refuse to rent to people with children if she has a good reason. For example, she can tell you that a family living in a one-bedroom apartment would be a health hazard.

A landlady also has the right to sell her building. If she does, your lease will not change and she must transfer any deposits you gave her to the new owner or refund them. If she transfers your deposits, she must tell you in writing and give you the new owner's name, address and telephone number.

What are my rights?

You deserve a decent place to live for the rent you pay. In fact, the law says that your apartment must be livable. If the apartment is not livable—through no fault of your own—you can move. You may not have to pay rent after you move, even though you have a lease. Or, you can stop paying rent until you and the landlord—or a court—decide on a more reasonable rent.

According to law, these are some of the conditions that make a place unlivable: a leaky roof, rusty or leaky pipes, lack of heat or lights, unsafe wiring, rats and garbage that is not picked up regularly. Also, you are entitled to hot and cold running water and to safe floors, stairways and railings.

You may rent your apartment to someone else, as long as your agreement does not say you cannot. If the agreement forbids subleasing, check with your landlady. She may say it is all right to sublease. If so, try to get her approval in writing. And be sure your subtenant is responsible. If he or she does not pay the rent or damages the place, *you* will have to pay.

Some communities have "rent control" laws that give you certain protections against rent increases. These laws usually say when and how much your rent can be raised.

Can my landlady come into my apartment without asking me?

Yes—but only in emergencies. For example, perhaps water overflows a bathtub in the apartment above yours. The landlady may want to check your apartment for water damage. If so, she can enter your apartment even if you are not at home.

The landlady can enter your apartment for certain other reasons—but only after giving you a 24-hour notice and only during normal business hours. For example, if you plan to move, she has a right to show the apartment to other people. Or, she might want to bring in an electrician to check the wiring.

In the next article, we will finish our discussion on renting and deal with who should make repairs, what to do if repairs are not made, how the eviction process works and what to do about discrimination.

Dear Joe Dan - 24 Aug 84

Hi there! How are you feeling today? Great, I hope. I'm sorry to hear about your illness, but I'm sure you'll be well real soon, so you can come back to Tyler... we really do miss you!!!
And besides, I don't know about you, but I'm a Dallas Cowboy fan and I need you back here close to home so you can help me cheer for them - I think they're gonna need it this year! So far, they aren't looking good! I'm a little worried!

I know all about you because I read it in the Tyler paper, but let me tell you about myself...

It all started with this letter from B. Tennison to Joe Dan Thomas.

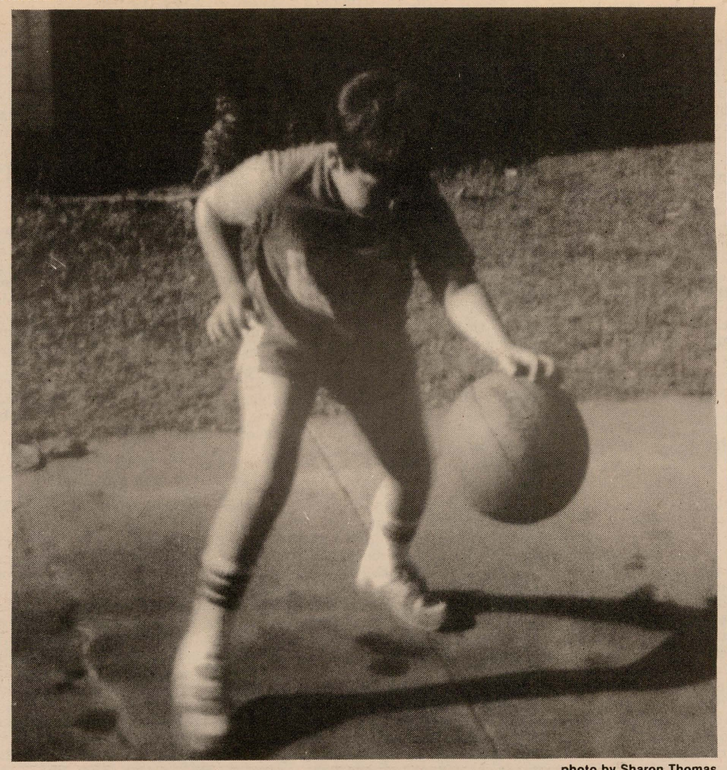

photo by Sharon Thomas

Joe Dan Thomas has recovered enough to play a mean game of basketball now.

photo by Bob Walker

B. Tennison discusses ammunition accountability with LEC's Sp4 Bobby Johnson.

Dear Boogie,
Boy! Was I ever excited. I Loved everything I got. I have been going to skool and I love it and I love you even though I havent met you in person. I am real proud of my kidney that my dad gave me as you already know I just wanted to tell you. Plese write bak and plese send me a picter of you that you don't need if you can. I have been playing basketball. And rideing my bike. And playing kickball tough don't you thank so. I love you love Joe Dan. Love and xxxx xxxx x xxxx x x x

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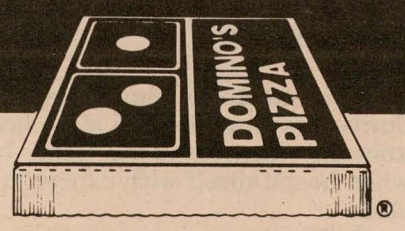

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4-item	$8.20	$12.27
5-item	$9.05	$13.52

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1. Know what you want before ordering (size of pizza, how many, what you want on it, any Coke®?)
2. Know the phone number and address from where you are calling. Is it a house or apartment? What is the nearest cross street?
3. When placing the order, let us know if you have large denomination bills.
4. Remain by the phone after ordering. We may call back to confirm the order.
5. Turn on your porch light.
6. Have coupons and money ready when the driver arrives.
7. Enjoy your pizza!

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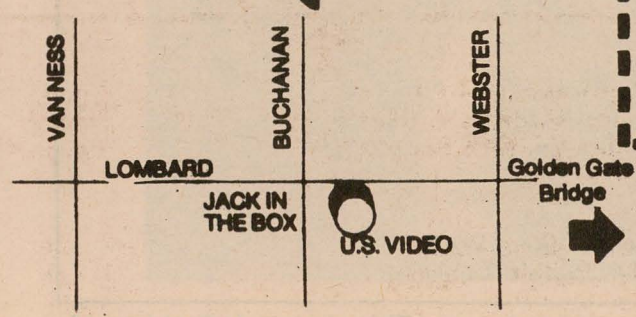

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Community Calendar

Leaving family housing?

Please let the Family Housing Office staff, bldg. 227, 561-2040, know of your PCS or separation from service orders as soon as possible.

The most accurate waiting times projected for people on the waiting lists are based on the termination dates given to Housing by the quarters' occupants. Other sources for projections include PCS and ETS orders from the Military Personnel Office and organizational strength reports.

Be sure to make Guest House reservations, 561-3411 or 561-2096, at the earliest possible date if you need temporary housing before leaving.

Car wash

Youth Activities Sports Branch will have a car wash tomorrow from 9:30 a.m. to 5:30 p.m. at the parking lot near the Fire Station.

The cost will be $1.50 for sedans and $2.50 for vans.

In case of rain the car wash will be rescheduled to June 22.

Come on out and support your local youth program! For more information, call the Youth Activities Office at 561-5143.

photo by James Zenk

'Code of Silence'

Chuck Norris plays Chicago detective Eddie Cusack in the movie now showing at the Alexandria at Geary and 18th.

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Youth Activities has moved

Our new home is bldg. 569, collocated with the Child Development Office. Hours of operation are from 8 a.m. to 4 p.m. You may call us at 561-4712 or 561-5143.

Education

The Education Centers are currently conducting College Program Needs Surveys of soldiers with less than two years of college.

If you are in this category, you should be receiving a questionnaire automatically. Please answer the questions carefully and completely, your direct input will be used to plan and improve college programs.

If you do not receive a questionnaire but want to participate, or if you have questions about the survey, call Jeane Redsecker at 561-2974.

Summer ballet

Classes for June and July will be held on Mondays, Tuesdays, Thursdays and Fridays from 4 to 6 p.m. at the Fort Scott Ballet Studio.

Ballet is for 6-year-olds and older children. Call Helen Piernik at 994-0681 for more information.

...the write stuff...

by Ted Weller

There has got to be a better way to start the week then to run PT and then sit down at a typewriter... even if it is an electric (the old trusty Royal is in the typing well)... and ***Think!!!***

But here goes... School's almost out for some and it is out for others... Yes, they are climbing the walls, aren't they... Try the San Francisco Zoo (Fleishhacker) for a day.

The newest attraction at the zoo is the Primate Discovery Center... just one visit and your child will start talking about lemurs, tamarins, bushbabys, a slow loris, Francois' leaf-eating monkey, and coming soon... the crab-eating macaque... my oldest cannot stop talking about them.

Located on Sloat Boulevard at the ocean, the zoo is open daily 10 a.m. to 5 p.m. Just hop on Muni Route No. 29, get off at Sloat, turn right... into the wind... and it's a short walk to the zoological gardens.

On post: Tomorrow is the opening of the Presidio Army Museum's exhibit, *Forgotten Heroes,* ceremonies begin at 1 p.m. in front of the museum. The exhibit is a commemoration of those soldiers who fought at Bataan and Corregidor, as well as those who preceded and followed them in the Philippines. The museum is open from 10 a.m. until 4 p.m. daily, except Mondays, and admission is free.

Free tickets: Free tickets are available for soldiers at the San Francisco USO Ticket Outlet, 1107 Mission St.... that's Seventh and Mission if you're walking, driving or strolling.

Tickets include: Wolfgang's hottest new Friday night disco, "21st Century Dance," starting tonight at 9 p.m., also Wolfgang's "Dance Dance" tomorrow night at 9 p.m.; The Great American Music Hall presents "George Winston at Davies Symphony Hall," this Sunday at 8 p.m. Free movies include *Mask* at the Regency II (Monday through Thursday), and *The Gods Must be Crazy* at the Vogue (daily). Call the San Francisco USO at 552-2436 and reserve tickets now!.. they go fast and there is a limited amount.

Dance, dance, DANCE: The San Francisco Ethnic Dance Festival, seventh edition, kicks off at the Herbst Theatre, Van Ness and McAllister, June 13 and continues through the 16th. Featured will be 22 soloists and companies performing ethnic dances representing Africa, the Americas, Eastern and Western Europe, Polynesia, the Philippines and the West Indies. Truly a celebration of one of the world's most ethnically diverse cities. Call 392-4400 for tickets.

For the "Trekkies": Tomorrow from 11 a.m. to 7 p.m. at the Golden Gate Holiday Inn there will be a *Star Trek* convention.

Upcoming in the World of Music:

- 9th Annual Chamber Music Classic. Concerts are Monday through Thursday nights in Hellman Hall, June 10, 13, 17 and 20 with an all-gala event tomorrow night. For advance tickets and brochure, call 564-8086, weekdays.
- Patti LaBelle will be at the Greek Theatre, 4 p.m., Sunday, call Ticketron or Cal Performances Ticket Office.
- Howard Jones will be at the Henry J. Kaiser Convention Center, 8 p.m., tonight and tomorrow evening, call BASS.
- Phil Collins and his Hot Tub Club are at the CalExpo Amphitheatre, Sacramento, 7:30 p.m., Tuesday, call BASS for tickets.
- Robert Plant is at the Cow Palace, 8 p.m., June 14, call BASS.

Quickies:

— Gaines Ashley Whippet Invitational Dog Frisbee Competition, Panhandle, Golden Gate Park, 9 a.m. - 1 p.m. tomorrow;

— The Art of Glassblowing, Exploratorium, tomorrow and Sunday;

— Second Annual Cable Car Festival, June 15 -22; and

— The Exploratorium, Free Day, June 19.

Free Festival in the Grove: Crafts, music, dancing, and a preview of summer programs in the parks. People of all ages are welcome to attend this event at Stern Grove, 19th Avenue and Sloat Blvd. on Sunday.

This Week at the Presidio (historically speaking): June 10, 1921—Ninth Corps Area Headquarters established at Presidio; Maj. Gen. Hunter Liggett first commander.

This Week in San Francisco (also historically speaking): June 10, 1951—Goat Island officially rechristened Yerba Buena Island.

At the movies

Presidio Theater

Fri, June 7	King David (PG-13)	7 p.m.
Sat, June 8	Police Academy 2 (PG-13)	7 p.m.
Sun, June 9	Police Academy 2 (PG-13)	7 p.m.
Mon, June 10	Police Academy 2 (PG-13)	7 p.m.
Tue, June 11	Friday the 13th Part V (R)	7 p.m.
Wed, June 12	Friday the 13th Part V (R)	7 p.m.
Thu, June 13	Heaven Help Us (R)	7 p.m.

Schwartz Theater

Mon, June 10	King David (PG-13)	7 p.m.
Wed, June 12	Police Academy 2 (PG-13)	7 p.m.
Thu, June 13	Friday the 13th Part V (R)	7 p.m.

Hamilton Theater

Fri, June 7	Heart Like a Wheel (PG)	7 p.m.
Sat, June 8	1001 Rabbit Tales (G)	1 p.m.
Sat, June 8	Country (PG)	7 p.m.
Wed, June 12	Until September (R)	7 p.m.

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5. Requests must be postmarked no later than 31 August, 1985. Please allow 6 weeks for delivery.
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California Medical Facility, Vacaville, is accepting applications for Physical Therapist II. Starting salary is $1973. Requirements are as follows: possession of legal requirements for practice of physical therapy in California as determined by California Board of Examiners. (Applicants may be admitted to examination prior to meeting these requirements, but the Board of Medical Examiners must determine that all legal requirements have been met before candidates will be eligible for appointment.) State applications are available at E.D.D. in your area. Mail applications to California Medical Facilty, P.O. Box 2000, Vacaville, CA 95696-2000.

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is accepting applications for Surgical Nurse I. Salary is $1897 plus $200 retention pay per month. After six months satisfactory service salary is raised to $1984 plus $200 retention pay. When supervising inmates starting salary is $2078 plus $200 retention pay per month. Requirements are: possession of valid California license to practice as RN; one year of experience as a surgical nurse in licensed facility. Mail state applications to California Medical Facility, Box 2000, Vacaville, CA 95696-2000.

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REGISTERED NURSE II

California Medical Facilty, Vacaville is accepting applications for Registered Nurse II. Starting salary is $1897 with $200 retention pay per month, after six months of satisfactory service salary is $1989 pluse $200. Requirements are as follows: possession of legal requirements to practice as a professional Registered Nurse in California and one year of professional nursing experience in California state service as a Registered Nurse or a facility licensed for Inpatient Care. For further information contact the California Medical Facility, Vacaville, 1600 California Ave., P.O. Box 2000, Vacaville, CA 95696.

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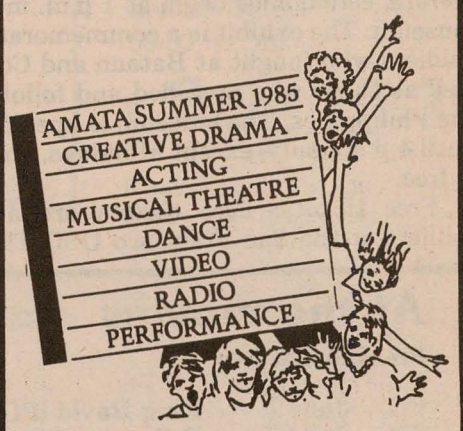


CALL
776-4720

Sports

Do women have to sacrifice femininity for strength?

by J. D. Herzberger

Strong and feminine. Are the two descriptions compatible?

Yes, although there are a lot of men and women who don't believe it.

Muscle (and only muscle) produces body movement. Muscle also directly and indirectly affects the strength of bones, ligaments and tendons. When you increase the size and strength of skeletal muscle, you ultimately make human movement more secure and efficient.

But muscle has other effects, too. Muscle tissue is the body's engine. The more muscle you have, the bigger the engine, therefore, the more calories you need in order to fuel it. This helps reduce body fat and change appearance.

Speaking of appearance, there is no doubt that feminine curves are the result of body fat distribution that occurs at puberty and continues through adulthood. These curves look good as long as they are supported by underlying muscle and as long as precautions are taken against too much fat.

Fat is feminine and appealing only when it is firm. (By the way, everyone has *some* fat.) This suggests that some women's figure problems are a result of having too much fat and too little muscle.

Women, as a whole, are notorious for having weak muscles, especially in the upper body. This is a result, not so much because they are women, but because they've never placed any demands on their upper body musculature. Activity patterns throughout their lives, plus the underlying feeling that "if I lift weights, I'll look like a man," have resulted in poor upper body muscle development.

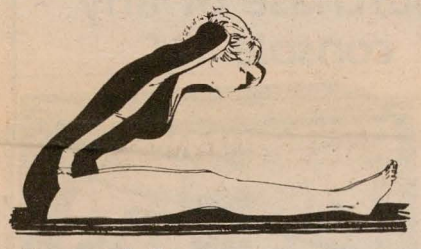
Women don't have to worry about looking like a man. Female hormones will prevent that. What women *will* get out of a strengthening program, combined with an aerobic program, is a tighter and more attractive figure that has less body fat subcutaneously (under the skin) and is capable of increased work capacity and increased calorie expenditure.

Let's face it, most women who want to lose weight start with a diet. The average woman cuts back on food intake. Even if this diet is a sensible plan and there is weight loss, a woman may become weaker, more lethargic, suffer from poor posture and become more prone to injury from dieting alone.

An exercise program must accompany a fat reduction diet in order to increase, or at least conserve, muscle mass and tone. This combination of diet and exercise may not result in much of a total weight loss, especially if part of the exercise program is geared to improving strength, but it will change body composition—meaning more muscle and less fat.

A woman who lifts weights should not be discouraged if she doesn't lose weight, or even if she gains a few pounds. Rather, she should pay more attention to improved body appearance, increased work capacity and reduced dress size.

***The Stripe*, Walter Reed Army Medical Center**



Aerobics

Get fit or stay fit!!! Inspiring high-energy exercise classes are held daily at Post Gym No. 1, bldg. 63., Exercises will stretch, tone and strengthen your body with aerobic conditioning. All exercises are done to popular music.

Classes are ongoing, so you can join any time. Monthly registration is encouraged.

Classes are held Tuesdays and Thursdays from 4:30 to 5:30 p.m. and from 5:45 to 6:45 p.m.; the instructor is Karen Behnke, R.N.

Monday, Wednesday and Friday classes are held from 11:30 a.m. to 12:30 p.m. and the instructor is Kathy Thompson.

Cost for aerobics classes is $3 a class, if you sign up for the month, and $3.50 if you drop in.

There is a *free* introductory class for interested people. Classes are open to both men and women of all ages and levels of fitness. Participants are encouraged to exercise at their own pace.

For more information, call 561-4120 or 753-8733.

Gym closure

Post Gym No. 1, bldg. 63, will be closed tomorrow. The gym will be closed in support of the dedication ceremonies for the *Forgotten Heroes* exhibit.

Post Gym No. 2, bldg. 1152, will be open that day form 9 a.m. to 4:30 p.m.

Softball program

The Intramural Softball Program is well underway with more than 80 games already being played in the 1985 season. As of May 29, three teams remained undefeated in the 22-team league competition. Several other teams are close behind with just one loss under their belt.

Last year's champions, LAMC No. 1, is one of the teams with an undefeated record of 3 and 0. DEH and the Six Packers (6th Army) are leading the league with identical records of 5-0.

All games are played at Fort Scott Fields No. 1 and No. 2, which are located across from the Presidio Bowling Alley. Games are held Monday through Thursday at 4:30 p.m., 5:45 p.m. and 7 p.m.

Softball standings

Team	Win	Loss
DEH No. 1	5	0
Six Packers	5	0
LAMC No. 1	3	0
Co. H, DLI-SF	4	1
Co. G, DLI-SF	4	1
OARB	4	1
FBI	3	1
LAIR No. 1	3	2
LAMC No. 2	3	2
MSC	2	2
6th Army Band	2	3
OR Docs	2	3
864th Engineers	2	3
Attorneys	2	3
Doctors Plus	1	2
USAISC	1	3
LAIR No. 2	1	3
LEC	1	3
USAG	1	3
AAFES	1	4
Corps of Engineers	0	5
Bay Ward	0	5

Instructors needed for Youth Activities

The Youth Activities (YA) office is looking for several people to conduct activities for the summer activities program.

These are paid positions and will last about 10 weeks. For more information, phone the YA office at 561-5143.

Softball schedule

June 10, Field No. 1

LAMC No. 1	vs	864th Engineers	4:30 p.m.
Doctors Plus	vs	USAISC	5:45 p.m.
LAIR No. 1	vs	LAMC No. 2	7 p.m.

June 10, Field No. 2

Six Packers	vs	LAIR No. 2	4:30 p.m.
MSC	vs	Co. H, DLI-SF	5:45 p.m.
Attorneys	vs	AAFES	7 p.m.

June 11, Field No. 1

USAG	vs	Bay Ward	4:30 p.m.
Co. G, DLI-SF	vs	LEC	5:45 p.m.
OARB	vs	FBI	7 p.m.

June 11, Field No. 2

LAIR No. 2	vs	864th Engineers	4:30 p.m.
OR Docs	vs	6th Army Band	5:45 p.m.
Corps of Engineers	vs	DEH	7 p.m.

June 12, Field No. 1

LAIR No. 1	vs	USAISC	4:30 p.m.
Corps of Engineers	vs	Bay Ward	5:45 p.m.
OARB	vs	Doctors	7 p.m.

June 12, Field No. 2

LAMC No. 1	vs	Co. H, DLI-SF	4:30 p.m.
USAG	vs	FBI	5:45 p.m.
Attorneys	vs	LAMC No. 2	7 p.m.

June 13, Field No. 1

Presidio (Post-level game)	vs	NAVHOSP	5 p.m.
Co. G, DLI-SF	vs	AAFES	6:45 p.m.

June 13, Field No. 2

Six Packers	vs	6th Army Band	4:30 p.m.
MSC	vs	LEC	5:45 p.m.
OR Docs	vs	DEH	7 p.m.

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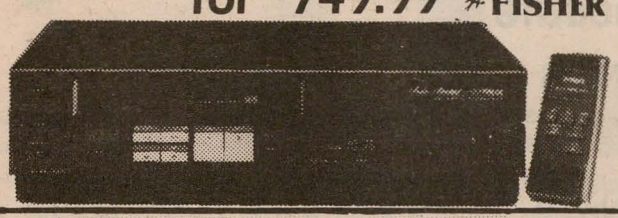

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USAR Nurse: all it takes is being merely fantastic to win awards, **page 5**

Every time you dial: did you know you're helping save money? **page 5**

The printing plant: the straight story, hot off the press! **page 7**

Star Presidian

Vol. 28, No. 24 "Published in the interest of the people of the Presidio of San Francisco." June 14, 1985

photo by Liz Greeley

Antonio W. Cruz, a former Philippine Scout, looks down at a model of the island of Corregidor at the opening of the *Forgotten Heroes* exhibit.

'Forgotten Heroes' exhibit opens

by Liz Greeley

Approximately 1,600 people attended the opening of the Presidio Army Museum's *Forgotten Heroes* exhibit on June 8 at 1 p.m. There were speeches and folk dances...and a gun salute. But at least for one man, it was a bittersweet occasion.

"At the ceremony, I feel sad; I could not hold the sadness of my tears when the gun salute went off," said Antonio W. Cruz, who was a Philippine Scout with the 91st Coast Artillery in World War II on Corregidor.

"[Yet] I'm glad I'm still alive and still around and they don't forget us," he said.

And that was what the event was all about—opening the *Forgotten Heroes* exhibit which honors:

- The regiments of the Philippine Scouts, 1901 to 1945;
- The armed forces of the Commonwealth of the Philippines, 1935 to 1945;
- The officers and men of the USAFE (U.S. Army Far East) forces who fought in the Bataan and Corregidor campaigns;
- The men and women guerrillas and members of resistance forces of the Philippines, 1942 to 1945;
- The men and officers of 6th U.S. Army, 1943 to 1945;
- The 1st and 2nd Filipino U.S. Infantry Regiments, 1941 to 1945; and
- The 1st Reconnaissance Battalion, 1942 to 1945.

Forty years after the fact, one may wonder what it was these people did that was so remarkable that a museum exhibit was dedicated to them—the first in the continental United States.

In explaining this, 6th U.S. Army Commander Lt. Gen. Robert Arter quoted Gen. Douglas MacArthur when he said, "'With faith in their hearts and hope on their lips, they passed beyond the mists that blind us here. Their yesterday makes our tomorrow possible!'"

They fought against the odds—and they suffered, too.

When the Philippines eventually fell under the Japanese army's onslaught, the surrendered soldiers went to the Japanese version of the concentration camp, Camp O'Donnell being among the most infamous.

Cruz's four to five months at Camp O'Donnell are memories which he reluctantly, but politely, shares.

"We lived in little barracks huts. Food was short, but also water. The food was terrible and after a couple of weeks everybody was sick. There was malaria, dysentery and we lost all our hair.

"There was a grave detail—one in the morning, one in the afternoon, seven days a week. The saddest thing was that someone on the grave detail in the morning might be one of the dead in the afternoon," he said.

Yet, on June 8, Cruz and his comrades-in-arms received their recognition.

In a touching and roundly applauded gesture, Lt. Gen. Arter asked each honored group, in turn, to stand up.

"When the general called for the Philippine Scouts to stand up, I looked around. I was so sad that there was only a few of us remaining," Cruz said.

But, he added, "I am happy at this time now. I am happy that I am still around and I am proud of my service; I have 33 years of service."

Few alive today even remember reading about the sheer hell Cruz and his tens of thousands of compatriots endured. But the *Forgotten Heroes* exhibit stands as a shrine to the valor and the suffering of all the defenders and liberators of the Philippines.

The exhibit will be on display for one year, after which a portion of the *Forgotten Heroes* exhibit will become a part of the permanent exhibit. The museum is open Tuesday through Sunday from 10 a.m. to 4 p.m.

News briefs

'Dress for that Promotion'

A professional decorum workshop entitled "Dress for that Promotion" will be presented by professionals from Casual Corner, a clothing store chain, at the Presidio Cultural Center, bldg. 385, on Thursday from 11:30 a.m. to 12:30 p.m.

Along with job qualifications, dressing the part is also important in getting that next promotion. Attend the workshop and learn new ideas for building a successful and sensible wardrobe for the total professional!

For more information, call Brenda Saénz at the Equal Employment Opportunity Office at 561-2022 or 561-2035 no later than Monday. The workshop is sponsored by the Presidio Federal Women's Program Committee.

Community Council

The first Community Action Council will be *held on Wednesday in NCO Club Green Room.* Post Commander Col. Eugene D. Hawkins will install eight neighborhood mayors and formally kick off the Presidio Community Life Program.

In the past few months, neighborhoods throughout the Presidio have met to learn about the Community Life Program and to find a family member (mayor) to represent their interests to the command. Mayors in several neighborhoods have already begun raising neighborhood issues of concern and have successfully started solving problems with Presidio agencies.

The Community Life Program provides an opportunity for families to communicate with other Presidio families and the command and staff, in order to make the best use of available resources and improve the safety and security of the neighborhoods.

Questions about the Community Life Program in your neighborhood may be directed to Starine Cheek, Community Life Program Coordinator, ACS, bldg. 566, 561-5057 or 561-5155.

Army birthday

Both the NCO Club and the Officers' Club will be sites for cake-cutting ceremonies honoring the Army birthday today.

The NCO Club's event starts at 3 p.m. and includes music by the 6th U.S. Army Band and remarks by CSM Robert L. Yates of Letterman Army Medical Center.

The Officers' Club ceremony begins at 4 p.m. today, again featuring the 6th U.S. Army Band. Lt. Gen. Robert Arter, 6th U.S. Army commander, will speak to the gathering.

The NCO Club event should end about 3:45 p.m. and the Officers' Club ceremony is expected to end at 5 p.m.

Everyone is invited to attend and celebrate the happy occasion!

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Opinions

TAKE A BITE OUT OF CRIME

With summer approaching fast, we are ready to go out and enjoy!

However, many people who started out having fun, for some reason or another, ended up in a mishap!

Every summer in the United States thousands of traffic accidents occur; some are minor, others very serious, and, of course, in-between. Here are some things to remember while traveling with your family, or by yourself:

• Don't try to push the distance you drive before you take a break. When you get tired, stop and rest or sleep, or get something to eat or drink. Periodically stop your car and stretch your legs, get some fresh air and move around.

• Drinking and driving—they just don't mix! Drinking dulls your senses and causes you not to pay as much attention to driving.

• Don't drive over the speed limit.

• Do check your car. Check the tires and make sure you have a good spare. Check the oil and transmission fluid; ensure that your car lights and gauges work.

• Have proper emergency equipment and first-aid kit.

• Plan your trip. Make pre-designated stops for breaks, eating and sleeping (if necessary). Set time frames for calling back to relatives to ensure everything is going smoothly and note places to get help, just in case.

• Make sure your belongings are locked up before you leave home, while on breaks, at hotels or motels. Remember—it is no fun to be ripped off!

• Drive carefully.

There are several other things that can go wrong when out having summer fun. A few tips for all around safety:

• When camping watch the children closely. They may eat some poisonous plants or get bitten by a snake or a spider. They may get too close to the water and fall in. Remember, they are just exploring; they don't know what might hurt them!

• Be careful when using a campfire. Again, the younger children may get curious.

• Keep flammable material away from the fire, and watch for sparks flying in the air, which could start a fire in the surrounding wooded area.

• Always check your sleeping area before going to bed in case a spider, snake or varmint has decided to become your roommate without telling you.

• Put all your foodstuffs away and dispose of all garbage. This will help keep our masked bandits, raccoons, from wrecking havoc with your camp.

• Always let somebody at home know where you are staying and when you are due back. Be wary of strangers snooping around your area.

• In different areas of the country there are all types of weather conditions, so find out some facts about the place you intend to visit. When in hot areas dress for the weather. Don't overstress yourself; drink plenty of fluids and watch for signs of heat exhaustion. In cold climates look for possible frostbite and be careful to avoid cold-weather injuries.

The most improtant thing to remember is: please be careful, and do have a nice summer!

Crime report

The following were reported to the Military Police:

• A purse containing $600 and personal items was physically taken from a woman at the post cafeteria.

• A car was damaged for unknown reasons in the Fort Scott area.

• Someone broke four flashing lights on construction barricades and stole another.

• A car window was broken out in the DLI-SF area.

• A wallet containing $604 was taken; it was unsecured.

• A car window was broken out in the LAMC area.

• A bottle of aftershave, a ring and a shirt were taken; all three items were left unsecured.

• During a traffic stop the driver, identified as driving under the influence of alcohol, and the passenger were in possession of substance believed to be marijuana.

• During a traffic stop the driver was found to be in possession of a substance believed to be marijuana.

• $105 was removed from a shirt pocket; the shirt was left unsecured.

• A person was caught attempting to take a stereo cassette from the PX.

• Somebody broke in and took all the candy and money from a vending machine.

• A person was caught in possession of marijuana on the Presidio.

• A car was burned in the DLI-SF area.

• There were ten traffic accidents.

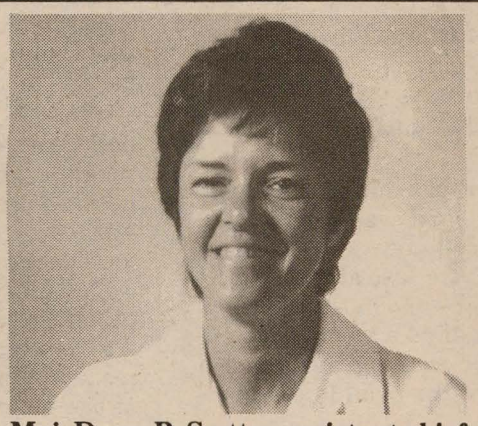
• There were six drunken driving incidents.

Note!!! If you want to keep your valuables, *lock them up!* Most of our thefts are of things that we left out!

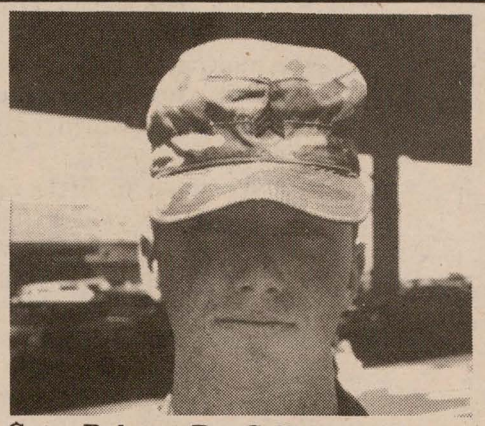
Ramblin' Sam

"Should there be a smoking policy set for working areas? Why?"

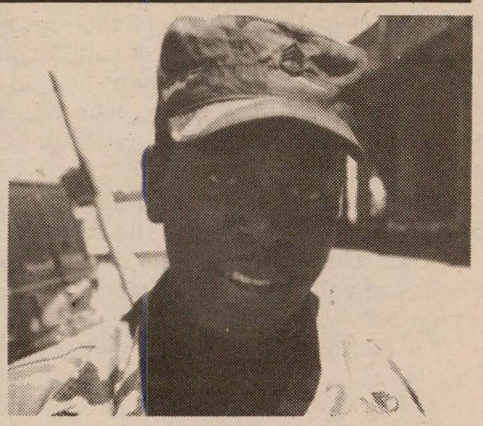
Sgt. Paul B. Rissler, unit clerk, Oakland MEPS: "There should be, but where they smoke should be ventilated."



Maj. Dawn P. Sautter, assistant chief of nursing education and training, LAMC: "Oh yes, there should be no smoking in any working area."



Sgt. Robert D. Collins, assistant squad leader, Co. D, 864th Engineers: "No, smokers have rights, too. You shouldn't infringe upon anyone's rights."



SSgt. Raymond J. Simmons, supply sergeant, Co. D, 864th Engineers: "Definitely should; I'm a non-smoker. If they enforce it in civilian places, they should in the Army, too. I hate to sit in meetings in a small room with all those smokers. They should have set policies."

Creative leaders—how to become one, why

by James C. Sandefer

Many of today's promising leaders may be overlooking one of the most important keys to greater effectiveness and career longevity: creativity.

Creativity results from originality of thought. This is the essence of innovation, change and progress. Indeed, it makes sense that a leader's ability to develop and use creativity on the job will result in better morale, sustained motivation and increased effectiveness.

What is equally clear, however, is that many leaders haven't taken the time, for whatever reasons, to inject their unique ideas into the mainstream of the organization. Consider, for example, the frequently heard statement, "I'm not willing to threaten my rapport or risk my career with the powers that be..."

please see page 3

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Leader continued from page 2

When this attitude prevails, it indicates another victim stuck in the muck of mediocrity and one who is destined for stagnation and lackluster performance.

There's no question that a leader's ethics and values strongly influence his or her commitment and motivation to excel. It is also unmistakably clear that career survival is a primary concern. The result of this paradox is a conflict of monumental proportions. Consider these challenges in regard to the paradox:

- Attempt to improve or change the way things have always been and become a rebel and a threat to your co-workers, peers and supervisors.
- Fall in line with the mediocre majority and compromise your values and squelch motivation and innovation in your subordinates.
- Wait to be told how to do your job and become an organizational puppet, or act with initiative and creativity to achieve more than is required of you.

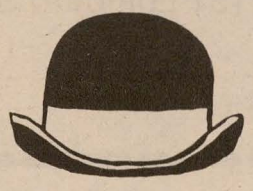
Our values comprise the things that are most important to us. They are the standards by which we evaluate almost every aspect of our professional and personal lives and by which we gain the respect of our superiors, peers and subordinates. How, then, can we consider any compromise in this area? We, as leaders, must value and perpetuate an unyielding commitment to the achievement of personal excellence. This, in turn, creates a congruence between personal and professional excellence, a melding of values that supports and encourages creativity and planned, systematic change and improvement throughout the organization.

Eventually, through persistence, the organizational climate will recognize and reward high achievers who show creativity and innovation in their job performance. Those who cling to the outdated ideas of mediocrity will either leave voluntarily or become extinct in the midst of growth and change. In either case, the result is the same—a dramatic improvement in overall efficiency and productivity.

In today's dynamic atmosphere, there is no room for lethargic dinosaurs who perpetuate negativism and excel at building obstacles and magnifying problems. Indeed, we must have creative leaders with a zeal for attaining the unknown and a quest for exploring its vastness.

Creative leadership is the key to organizational productivity and career longevity. It provides both personal and organizational satisfaction for productivity and highlights those rare individuals who are willing to submit their creative talent for scrutiny, praise and emulation. These are the true leaders.

FATHER'S DAY



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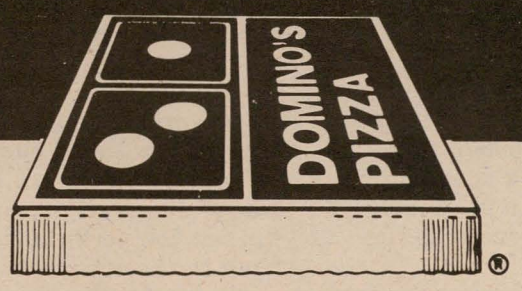

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12" Price Destroyer™ $9.05
16" Price Destroyer™ $13.52

Additional Items

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12" pizza $.85 per item
16" pizza $1.25 per item

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3. When placing the order, let us know if you have large denomination bills.
4. Remain by the phone after ordering. We may call back to confirm the order.
5. Turn on your porch light.
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Features

USAR nurse wins prestigious VA award

by Bob Walker

National Nurses' Day, May 6, became a big day for a registered nurse from the San Francisco Veterans Administration Medical Center when she received the first Administrator's Award for Excellence in Nursing.

Chosen from among 34,500 VA nurses nationally, Army Reserve Lt. Col. Margarethe "Grethe" Cammermeyer received a plaque and several letters of commendation for her work as a clinical nurse specialist in neuroscience.

Known nationwide for her presentations, publications and research in neurological nursing, she also conducts nursing research and gives lectures on subjects which include stroke rehabilitation, brain tumors and neuro-nursing in Vietnam.

Cammermeyer (her name was Hawken at the time) earned the Army Certificate of Achievement in 1966 while in Europe, the Bronze Star in 1968 while in Vietnam, Army Reserve Certificates of Achievement in 1981 and 1983, the Army Achievement Medal in 1984 and "Woman of the Year" in the Women's Army Corps Veterans' Association in 1984.

Concerning her tour in Vietnam, Cammermeyer said, "As a nurse, there was no place more important to be than caring for the American soldier. It was horrible; we saw the maximum of cruelties. As a nurse it was where I needed to be."

She said that her VA work includes working with neurological patients, which includes brain tumor patients and their families.

"I help the patients and their families get through the system, getting them the best medical care possible. I have consultations with physicians here and at the University of California San Francisco (UCSF) Brain Tumor Center to ensure that our patients receive the most current available treatment," she said.

"The nursing profession is more than the social stereotype. You have to know about medical problems as well as the nursing component and how the family is affected to promote quality of life," she said.

Asked how she felt about winning the award, Cammermeyer said, "I don't think you ever feel you deserve an award like this. It's a lot of people working together that makes it possible; it's very humbling."

Cammermeyer's goals include remaining in the Army Reserves and continuing clinical research to improve nursing care.

She said that her choice of the neurological field seemed like fate—her mother had a stroke and a brother sustained neurological injuries from an accident. "I was totally enmeshed in it," she said.

Her co-workers think she's pretty special, too.

Social worker Lisa Mumford said, "She's an extraordinary person, extremely intelligent and hard working. She works like no one you've ever seen before. She's able to do great volumes of work. I fuss about her taking work home all the time because I'm afraid she'll wear herself out. She's able to retain enormous amounts of information and she zeroes in on important issues.

"When I want to know about a patient, I'd rather speak to her than a doctor, as she gives a concise description of medical needs, treatment, prognosis, etc. She gives a better picture of the patient.

photo by Bob Walker

VA nurse Margarethe Cammermeyer salutes patient Stanley Kravitz and Doris Kravitz as she explains that she's an Army Reserve lieutenant colonel, too.

"She's respected by other departments; when she speaks, they listen. She's very interested in finding new ways to maximize patient capabilities; she works to get the patients as functional as possible, even if they are very *limited. More and* more demands are placed on her time here as people recognize her expertise."

Outpatient Stanley Kravitz said, "Grethe is fine; a really fine woman. She puts in a lot of time with me when there's something that has to be done."

Doris Kravitz said, "I feel as though Stanley is in God's pockets with Grethe's care. She's always been right in her referrals, she has compassion and she's so medically correct. She's just a beautiful person, she seems to know what we're feeling and what we're going through. She helps both personally and professionally. Having her there makes me feel better simply because she's there. I've seen her work with other people; she makes them feel the same way too. She always manages to stay calm and is always in control. She's just incredible."

Apparently, all it takes to win the VA Administrator's Award for Excellence in Nursing is for a nurse to be "extraordinary," "extremely intelligent," "respected," "a beautiful person," and "incredible."

If it sounds easy—it isn't.

System saves $20,000 monthly, gives better service

by Karl C. Rankin Jr.

At his desk, a soldier tries to make an important telephone call. He dials 9 to get a commercial number, but the line is busy. He tries and tries but can't get through. Later, the commander asks, "Have you made the call, yet?" He says, "No, sir, the phone lines are busy." The commander impatiently urges him to get the call through.

This was a problem five years ago for Presidio customers, before Least Cost Routing (LCR) began at the Presidio. Today, thanks to a group of dedicated people, it's possible to enter a seven-digit access code, making dialing long distance easier.

"Our mission is to provide the most economical, efficient and easiest service to our subscribers," said Jack Newton, United States Army Information Systems Command (USAISC) telecommunications clerk.

In November 1981, the Presidio along with Fort Ord, Calif.; Fort Lewis, Wash.; Fort Knox, Ky.; and Fort Sheridan, Ill. started using the LCR system in their telephone service. The Presidio, according to Newton, has saved more money with LCR than the other posts.

"At that time our commercial phone bill was about $28,000 [per month]; since then it has been reduced. In January, it was about $8,000 [per month]," he said.

Besides being innovative, the Presidio also plans for growth and the best use of available facilities.

In November 1984, the Presidio telephone office added toll restriction and Federal Telecommunications System (FTS) service, which no longer allowed customers access to commercial telephone service outside the 415 area code without using the LCR system for their long distance telephone calls. FTS, a federally leased telephone system costing 32 cents per minute per call, eliminated the use of six telephone lines in California and two telephone lines that served the continental United States, which were more expensive than FTS service, according to Newton.

"We saved an additional amount of money there because we didn't have to pay Pacific Bell for Wide Area Telephone System (WATS) service," he said.

Referred to as the "guru" of the LCR system, Newton has to be given a lot of credit for the success of this project, said Anne K. Grcich, chief of Operations Division, USAISC.

According to Liz Cochran, chief of Telephone Operations at USAISC, Newton has instructed their people in long distance control system classes and the fundamentals of using the LCR system. He also gave training sessions and assistance at Fort Sheridan and Fort Ord.

Eventually, all voice communications could go through the system. This would eliminate a choice for the customer. The user would dial one access code (17) and the number, eliminating a lot of confusion.

The telephone office here has been instructed by the 7th Signal Command to be aggressive in controlling abuse. People who abuse official telephone service will be penalized and disciplined, Newton said.

An important advantage of LCR, according to Grcich, is that it gives them the availability to detect unofficial calls to be sure customers are using the system for official purposes.

"Although the system doesn't monitor phone calls, it does gather essential information—the caller ID number, where the call is made, when and how long," she said.

"Even with the way costs are now, information calls cost money," Newton said. "We're all taxpayers and it's our tax money; you wonder where it all goes and why. I don't want to subsidize an individual's telephone bill. When you go home and call your mother, you don't expect someone else to pay your phone bill. Neither do I or most people."

The new system is an effective management tool as well. USAISC-Presidio can check the monthly list of telephone calls and computer graphic displays and determine if the dial central office needs more or less telephone service for the Presidio.

Now, just five years later, a commander can walk into a soldier's office and ask, "Have you made that telephone call I asked you to make?" And the soldier can reply confidently, "Yes, sir, I made it just after you asked, early this morning."

The Presidio telephone office is continually improving and changing to better serve their Presidio customers.

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Workers combine precision, artistry at printing plant

by Bob Walker

Paperwork makes the world go around!

Over 100 years of combined printing experience at the Presidio Field Printing Plant, bldg. 1244, provides the post with much of its forms, letterheads, envelopes, flyers and posters.

The printing plant houses six small 15-inch presses and two 25-inch presses operated by seven experienced press operators. Papers printed at the plant range from index card stock on down to 20-pound bond paper.

James Reimann, acting printing officer, has been finding a lot of "paperwork" in his new position, created when the former printing officer left.

"For years I worked on the production end in "litho," then I became foreman with some paperwork. Now I'm into the overall administration of the shop, ordering supplies and working on budget. We print approximately three million production units a month in-house, Reimann said. A production unit is an 8 ½ inch by 11 inch sheet of paper, printed on one side.

Clay Chong, the acting foreman, said, "We print posters up to 17 inches by 22 inches on down to 4 by 5 inch invitations."

Alvin Chan, the photo lithographer, said, "My biggest headache is looking for reprints in the files. The most rewarding part of the job is making half-tones of photos of individuals. It's the most challenging, having to know how to shoot with the camera, making a product that's better than the original. My job is the litho preparation section before printing.

John Odom, an offset press operator, said, "I'd have to definitely say the most rewarding part is when you put out work, meeting deadlines even though it seemed impossible. Sometimes we receive candy, cookies and thank-you notes. It makes me feel good that I'm helping out others with their missions."

According to Gary Smith, getting the work done right is satisfying. "The pay and benefits are very good," he added.

Jack LaRocca, one of the senior workers at the plant with 20 years, said, "Being able to get the work done on time, making the customer happy is rewarding."

Satisfied customers and a sense of accomplishment are what motivates the hard-working people of the Field Printing Plant.

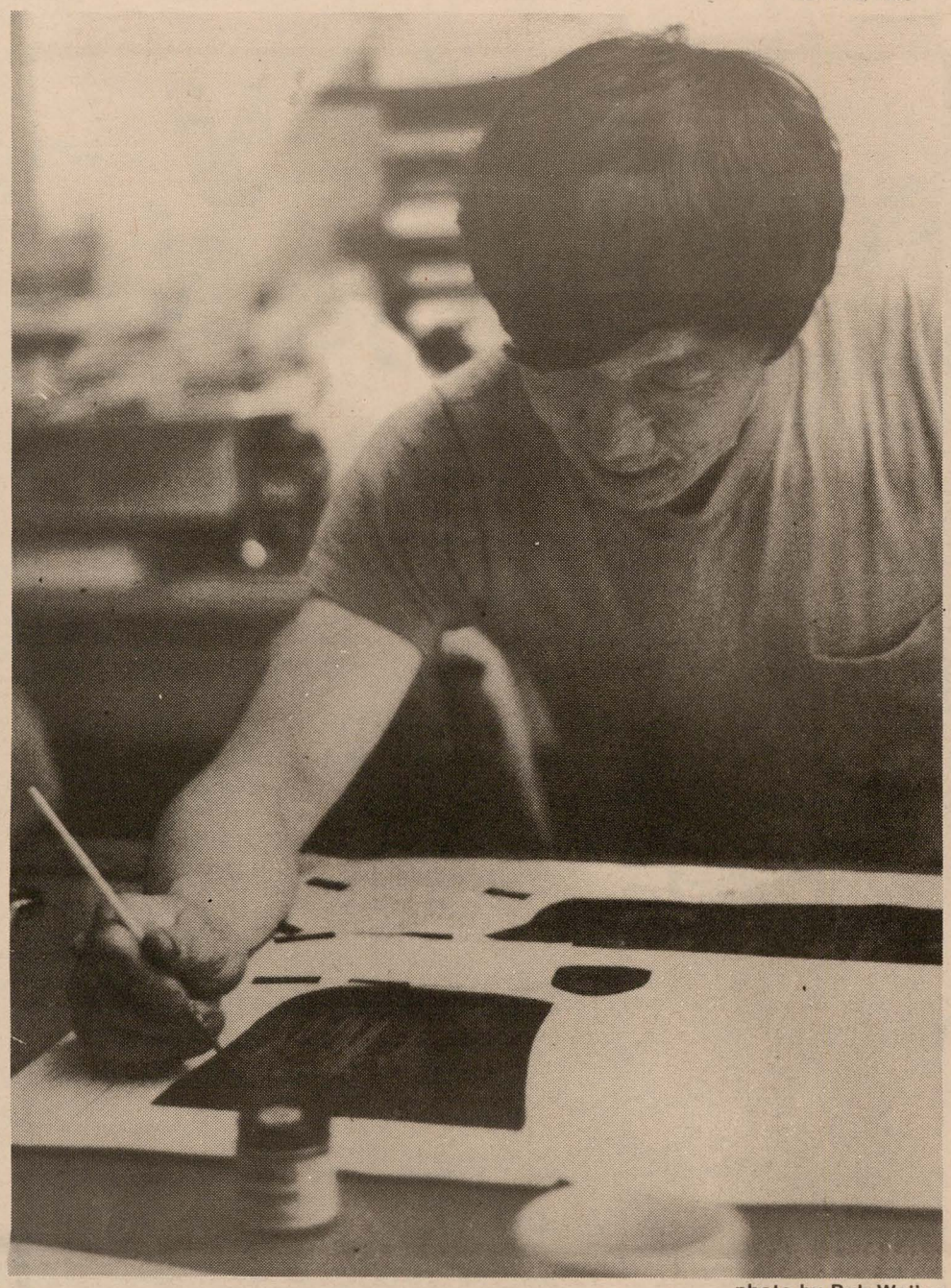

photo by Bob Walker

Alvin Chan works on a project at a light table, the starting point for print work orders.

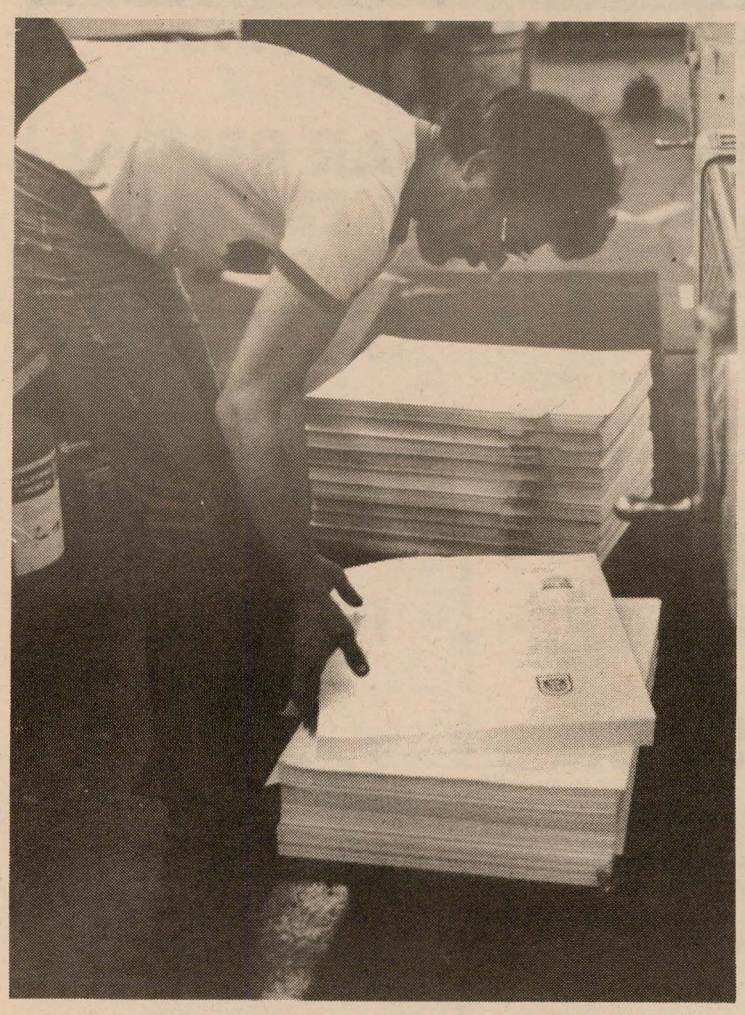

photo by Bob Walker

Gary Smith lifts a stack of print work.

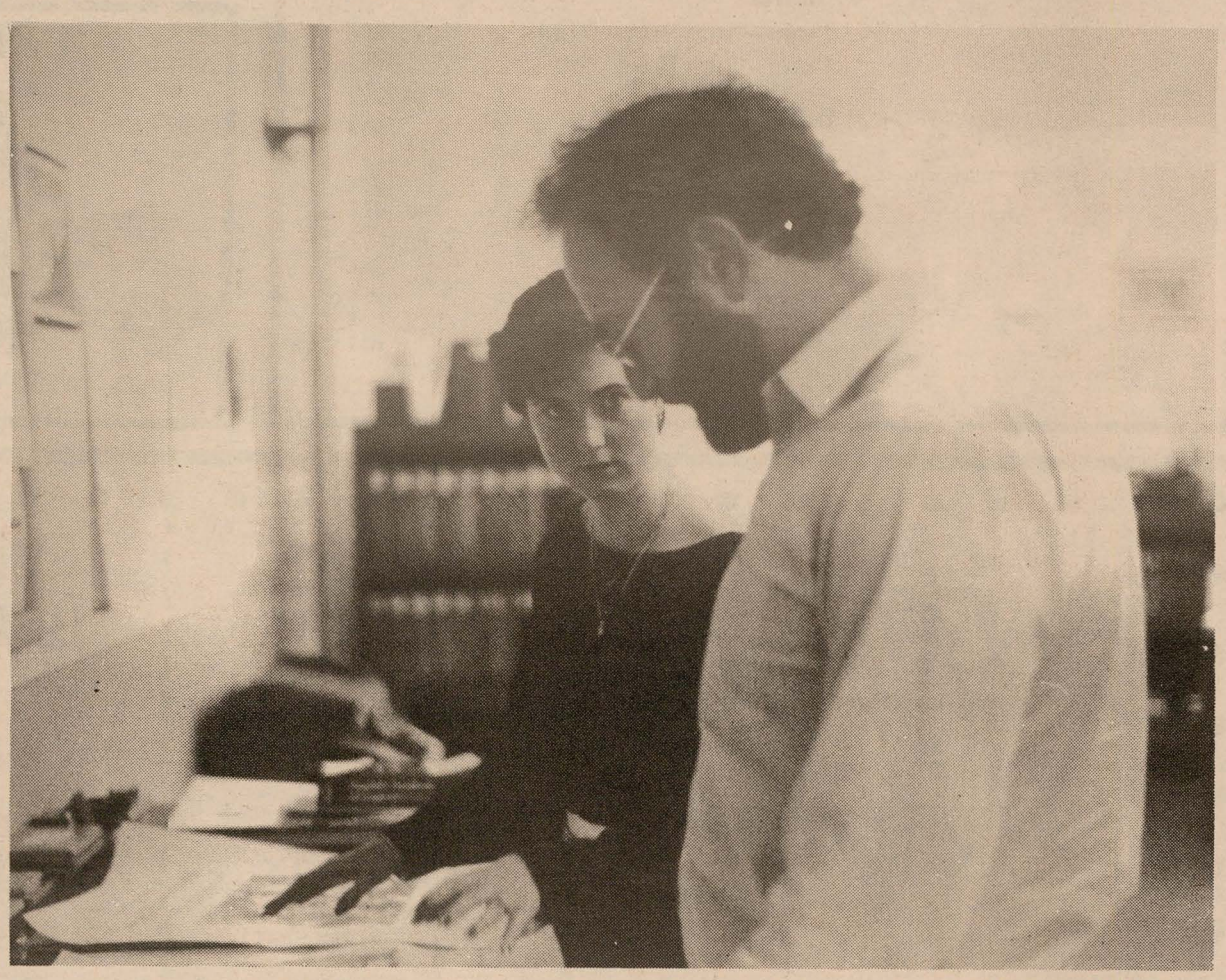

photo by Bob Walker

Susan Stacy shows completed *Forgotten Heroes* posters to Museum Curator Eric Saul.

monday madness

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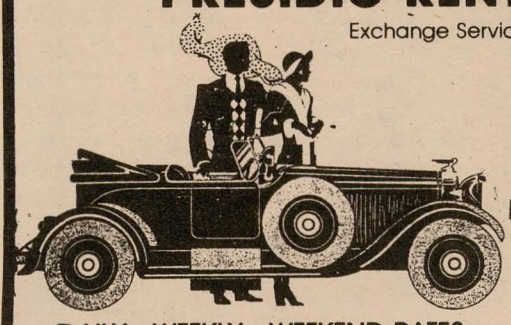

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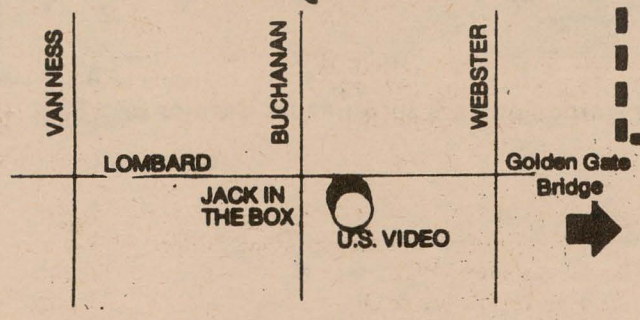

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Community Calendar

Circus

The circus is coming to the Presidio on Thursday, June 20! Make-A-Circus, a San Francisco-based participatory circus, will be staging performances and workshops starting at 1 p.m. on the playing field adjacent to the Post Library.

The kick-off performance will be a professional circus at 1 p.m. put on by the Make-A-Circus staff. This will be followed by circus skills workshops at 2:30 p.m. for school-age children. During these workshops children will have the opportunity to learn juggling, tumbling, stiltwalking and other circus skills. Then, at 3:15 p.m., the grand finale community circus performance will feature the Presidio's children and the Make-A-Circus staff in an original circus show.

All events are free and all adults and children are welcome to attend. Adults taking a late lunch hour may be able to see the 1 p.m. performance.

The Make-A-Circus performance at the Presidio is being sponsored by Child Development Services. Other Presidio organizations will be participating by selling refreshments before and after the circus performance.

photo by Allen Nomara

Make-A-Circus

Derique McGee and Hanne Moller of Make-A-Circus clown for the camera. They will be on post Thursday to teach their craft and help Presidio youngsters put on their own circus.

Summer ballet

Classes for June and July will be held on Mondays, Tuesdays, Thursdays and Fridays from 4 to 6 p.m. at the Fort Scott Ballet Studio.

Ballet is for 6-year-olds and older children. Call Helen Piernik at 994-0681 for more information.

Summer program

Youth Activities will be offering the following classes for the summer: swimming, arts and crafts, tennis, racquetball, weight training, computer operations, theater arts, gymnastics and fencing.

The program begins June 24 and ends August 30. If you are interested in signing up, please call 561-5143 or come by bldg. 569, Child Development Services.

NCO/Enlisted Club

The Tradewinds will be offering a special Steak and Champagne Brunch for Father's Day, June 16, with reservations at 10 a.m., noon and 2 p.m. There will be no bingo that day.

There will be no bingo on Sundays during the months of July and August.

Pizza is now available in the club at a very reasonable price and the club hopes to make deliveries on the Presidio soon.

Country and Western Nite is on Saturdays from 7 to 11:30 p.m. A real foot-stompin' band is playing, so come and join the fun crowd!

...the write stuff...

by Ted Weller

New G.I Bill, Vietnam Era G.I. Bill, Veteran's Educational Assistance Program, Army College Fund, and on and on and ... !

If any of these terms sound unfamiliar to you and you wear green, something is wrong... If you have not been contacted by your NCOIC, platoon sergeant, platoon leader, executive officer, commander or education representative about your eligibility under the New G.I. Bill, "time's a-wasting."

I won't go into the whole picture here, but if you enlisted between July 1, 1977, and June 30, 1985,... yes, that's only 16 days away... 10 working days... and you are not in the Veteran's Educational Assistance Program and you want to have monies for your education, see any one of the above mentioned NOW!!!

If you have not enrolled by 2400 hours, 30 June 1985 (midnight, June 30, 1985), you have missed your chance... who among us can pass up a $2-for-$1 deal for our education?

For the Vietnam Era veterans: if you don't know about the deal they have for us... well??

Back to the real purpose of this weekly occurrence...

"Ring-a-ding, ding, ding"... not even close, but enuf of an intro to the Second Annual Cable Car Festival, beginning tomorrow at noon with a two-hour parade saluting the youth of America. The parade will unfold along the Embarcadero from the Ferry Building to Pier 45 and Fisherman's Wharf. Fireworks will begin at 9 p.m.

June 16 through 22 will feature the Great Cable Car Chase, 8 a.m., June 16 at Justin Herman Plaza; the six-day Barbary *Coast Treasure Hunt, 12:30 p.m. at the Embarcadero* Center; the annual Cable Car Bell-Ringing Championships...(I will take lessons)...at noon on the 19th...and on the 21st, Huntington Park on Nob Hill will be the site of old-fashioned merrymaking and historical skits sponsored by the hill's grand hotels, the residents' association and the *Nob Hill Gazette.* The fun begins at 1 p.m.

The celebration will climax on the 22nd with a twilight parade at 6:30 p.m. ... that's what the release said...circuiting Fisherman's Wharf, followed by more fireworks at 9 p.m. Contact the S.F. Convention and Visitors Bureau at 974-6900 for more info.

FREE, free... the Exploratorium will celebrate the completion of its new roof on Wednesday, June 19, with free admission from noon to 5 p.m. and from 7 to 9:30 p.m. This free day also marks the resumption of public hours on Wednesdays, Thursdays and Fridays from noon until 5 p.m.

For the sea-loving: 6th Annual Festival of the Sea will be held this weekend at the Hyde Street Pier. Celebration will be both tomorrow and Sunday, noon to 6 p.m.

In the parks: The San Francisco Open Croquet Tourney on the Putting Green, Stern Grove, tomorrow from 10 a.m. to 4 p.m.

The American Gesneriad Society Show and Sale will be at the Hall of Flowers, near 9th Avenue and Lincoln Way, on Saturday beginning at noon... it is so good I looked it up: *gesneriaceae,* a large family of tropical American herbs having chiefly opposite leaves and strongly zygomorphic flowers... just for that I'm going... and while we're there let's visit the Strybing Arboretum, 70 acres, with 6,000 different plants that have opened in delight over the beautiful sunny weather. Admission is free for both. The Arboretum is open seven days a week, Monday through Friday 8 a.m. to 4:30 p.m., and Saturday and Sunday 10 a.m. to 5 p.m. It's a must for those people who think flowers cannot bloom in The City.

Music Lovers:

- The Beethoven Festival is still going strong at the Herbst Hall and Davies Symphony Hall through the 28th; call the Symphony Box Office, 431-5400, for info and tickets.
- *Emmylou Harris* and the *Hot Band* will be at the Concord Pavilion, 8 p.m., June 28; call BASS for tickets.
- *Crosby, Stills & Nash* are at the Pavilion for two nights, at 8 p.m., June 29 and 30; call BASS.
- Mountain Aire '85—12th annual rendition will be at the Calaveras County Fairgrounds, Angels Camp, June 29 and 30; gates will open at 10 a.m. each day to feature *Foreigner, Night Ranger, Glenn Frey,* and *Katrina and the Waves;* check with BASS for advance tickets.

This Week at the Presidio (historically speaking?): June 17, 1776—Lieutenant José Joaquin Moraga leaves Monterey to establish a presidio (from the Latin "praesidium," a garrison or a fortified camp) on the site selected by Lieutenant Colonel Juan Bautista de Anza in March 1776.

... Only 3.45 eons behind the curve this week... give or take 10ths.

At the movies

Presidio Theater

Fri,	June 14	Never Say Never Again (PG)	7 p.m.
Sat,	June 15	The Last Dragon (PG-13)	7 p.m.
Sun,	June 16	The Last Dragon (PG-13)	7 p.m.
Mon,	June 17	The Last Dragon (PG-13)	7 p.m.
Tue,	June 18	The Breakfast Club (R)	7 p.m.
Wed,	June 19	Places in the Heart (PG)	7 p.m.
Thu,	June 20	Cat's Eye (PG-13)	7 p.m.

Schwartz Theater

Mon,	June 17	Never Say Never Again (PG)	7 p.m.
Wed,	June 19	The Last Dragon (PG-13)	7 p.m.
Thu,	June 20	The Breakfast Club (R)	7 p.m.

Hamilton Theater

Fri,	June 14	City Heat (PG)	7 p.m.
Sat,	June 15	Snow White and the Seven Dwarfs (G)	1 p.m.
Sat,	June 15	The Stone Boy (PG)	7 p.m.
Wed,	June 19	The Far Pavilions (PG)	7 p.m.

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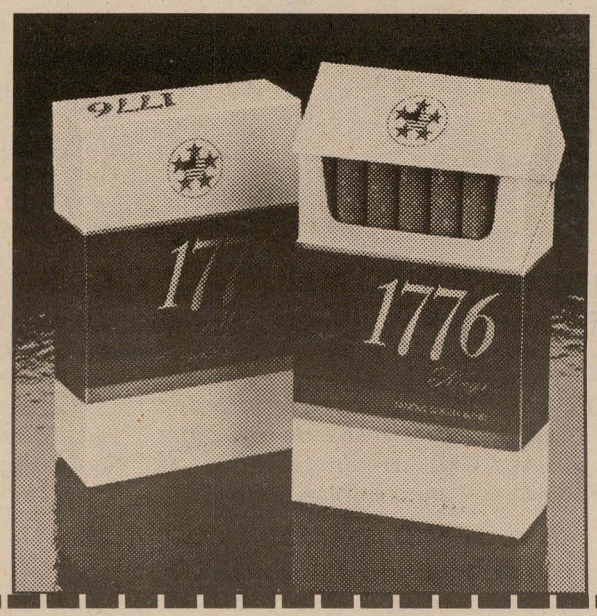

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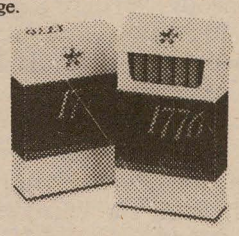

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Sports

DEH capitalizes on fielding errors to beat USAG 12-1

by Karl C. Rankin Jr.

Fielding errors in the 12-1 loss for Headquarters Company, U.S. Army Garrison (USAG) proved too much to overcome in a June 6 afternoon game with the second-place intramural team, DEH (Directorate of Engineering and Housing).

DEH, on four base hits in the first inning, jumped to a 5-0 lead; Garrison didn't score in the first. DEH then added five more runs in the second inning. Garrison retired the side in the top of the third inning and got their lone run in the bottom on two base hits. DEH tacked on another run in the fourth to make the score 11-1. DEH added a final run in the fifth inning to make the score 12-1.

Garrison's last chance to get back in the game came in the last half of the fifth, but was squelched by DEH's fine fielding.

The game was called at the end of the fifth, because of the 10-run rule (if a visiting team leads by more than 10 runs at the end of five innings, then the other team loses).

DEH's record is now 7-1 and Garrison falls to 3-4 for the season at the midway point in the intramural season.

According to DEH's first-year Head Coach, Sam Oravec, they've won every game but one by 10 runs or more and haven't gone past four and a half innings.

"We lost to Oakland Army Base 6-4 in the seventh inning when Oakland scored three runs on us. However, we'll eliminate them in the playoffs," he said.

photo by Karl C. Rankin Jr.

DEH's Dave Bernstein slides safely into home plate as Garrison's Douglas Jackson makes a determined tag attempt.

Oravec has seven starters playing for the first time this year. Oravec, an assistant coach the previous two seasons, said, "I went out and recruited new blood like *First Blood*, the movie. They're strong, young guys with speed."

A lot of the team's success is due to Dave Bernstein, according to Oravec.

"He produces; he's doing an outstanding job and has filled a hole left from last year," he said.

Other players that Oravec said have added to the success of this year's team are first baseman Harry Caldwell and left center fielder Peter Straub. Caldwell is 12 for 15 at bat and has 17 RBIs for the season. Straub is DEH's lead-off batter and has the most walks for the season, with Berstein usually bringing him home.

Other players given a lot of credit by Oravec are Louis Reece for being the most improved player, Al Smith for doing a great pitching job, Greg Robilliard and Hector Almont for being the most consistent hitters in a clutch.

After defeating Garrison and losing to Oakland, DEH is now tied with two other teams, the Six Packers and Oakland, for second place.

Softball schedule

June 17, Field No. 1

Six Packers	vs	DEH	4:30 p.m.
Attorneys	vs	864th Engineers	5:45 p.m.
USAISC	vs	AAFES	7 p.m.

June 17, Field No. 2

LAIR No. 2	vs	Co. H, DLI-SF	4:30 p.m.
Doctors Plus	vs	LAMC No. 1	5:45 p.m.
Co. G, DLI-SF	vs	LAMC No. 2	7 p.m.

June 18, Field No. 1

864th Engineers	vs	6th Army Band	4:30 p.m.
USAISC	vs	FBI	5:45 p.m.
Attorneys	vs	LAIR No. 1	7 p.m.

June 18, Field No. 2

DEH	vs	Co. G, DLI-SF	4:30 p.m.
LEC	vs	Corps of Engineers	5:45 p.m.
Co. H, DLI-SF	vs	Oakland	7 p.m.

June 19, Field No. 1

LAIR No. 2	vs	LEC	4:30 p.m.
FBI	vs	LAMC No. 1	5:45 p.m.
OR Doctors	vs	Bay Ward	7 p.m.

June 19, Field No. 2

Co. G, DLI-SF	vs	LAIR No. 1	4:30 p.m.
USAISC	vs	Oakland	5:45 p.m.
USAG	vs	Doctors Plus	7 p.m.

June 20, Field No. 1

864th Engineers	vs	DEH	4:30 p.m.
Corps of Engineers	vs	FBI	5:45 p.m.
USAG	vs	Oakland	7 p.m.

June 20, Field No. 2

6th Army Band	vs	Co. H, DLI-SF	4:30 p.m.
LAMC-MSC	vs	LAMC No. 2	5:45 p.m.
OR Doctors	vs	FBI	7 p.m.

Commander's golf tournament

The Commander's Spring Golf Tournament will be held June 19 and 20. Tee-off time is scheduled for 8 a.m. both days.

The Callaway system will be used for scoring for people who do not have an established NorCal handicap at the Presidio Army Golf Course.

All active duty soldiers assigned or attached to the Presidio are eligible to participate in the Senior and Open Divisions. Senior Division is for people 40 years old and over, and the Open Division is for people 39 years old and under.

Clubs may be rented at Morale Support Activities at Outdoor Recreation, bldg. 92.

For more information, call Tournament Director Charles Hurd at 561-5328.

Intramural softball program

LAMC No. 1, the perennial champions, continued to dazzle their opponents with power, hustle and plenty of fielding gems to remain undefeated in the 22-team Presidio Intramural League.

DEH, a team that surprised opponents with their power and baseball savvy, was tumbled from the undefeated ranks by an aggressive Oakland Army Base team led by James White. The Six Packers, coached by Charles Pendergast, suffered their first loss of the season at the hands of LAMC No. 1, coached by Steve Burton.

photo by Karl C. Rankin Jr.

Friendship Run

Huang Yayan (interpreter), Stan Cottrell and Shi Yanjie (joined by Maj. Murray Rupert and MSgt. Ron Freeman for the first leg) pause at the Golden Gate Bridge in a joint American-Chinese run from San Francisco to Washington, D.C.

Racquetball

The Sports Branch will host a racquetball singles tournament during July. Active duty soldiers, family members, retirees and Presidio DA civilians are eligible to enter.

A $5 entry fee will be charged to cover the cost of awards, T-shirts and refreshments. Registration and entry fees must be submitted to the Sports Office (Gym No. 1, bldg. 63) no later than July 3.

Checks should be made payable to the Morale Support Fund. Entry blanks will be available at all MSAD sports facilities.

Divisions

Men's Open	any age
Women's Open	any age
Seniors	35 years old or older
B Division	any age

For more information, call John Funes at 561-5032.

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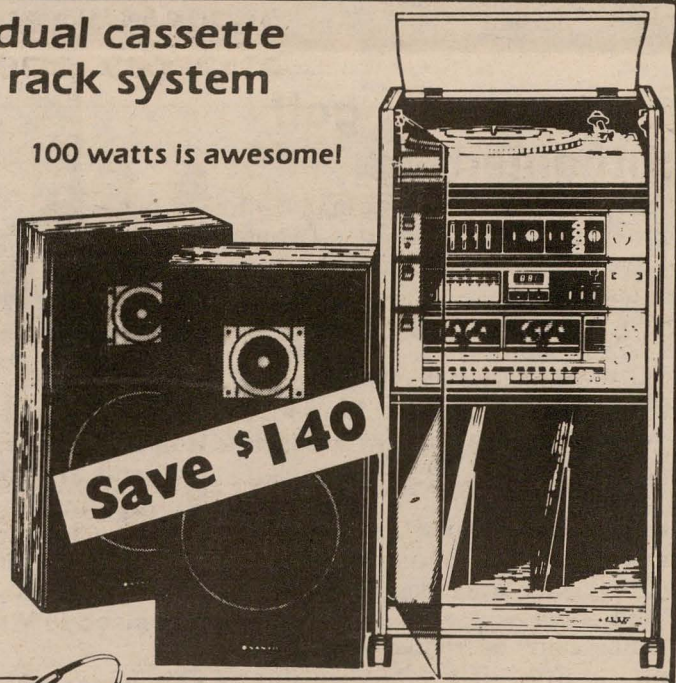

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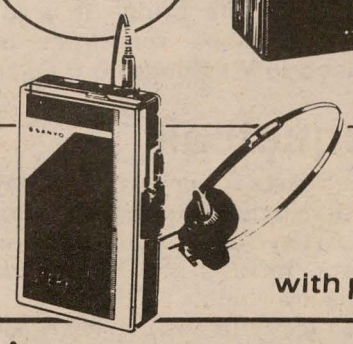

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Star Presidian

Vol. 28, No. 25 "Published in the interest of the people of the Presidio of San Francisco." June 21, 1985

News briefs

Blue Cross/Blue Shield

Bernice Morgan, a Blue Cross/Blue Shield Representative will be at the Presidio on July 2. She will be available from 9 to 11 a.m. at the Civilian Personnel Office (CPO), bldg. 37, to meet with people who may have questions or problems concerning their policies. Those who wish to see her are asked to bring all pertinent paperwork relating to their question or problem. Please call JoAnn Smith at CPO, 561-5757, to make an appointment.

Graduate Record Exam

The *Graduate Record Examination* will be available for active duty military personnel August 8, beginning at 7:30 a.m. at the Fort Scott Education Center, bldg. 1216. The fee for the exam is $34 and is payable by check or money order no later than July 2. If you would like to take the exam, contact your education counselor at the LAMC Education Center, bldg. 1007, 561-3693 or 561-4030, or the Fort Scott Education Center, bldg. 1216, 561-2974, or 561-4445. The next time the exam will be offered on the Presidio will be in October.

EDSAV final notice

If you have not established your Educational Savings (EDSAV) account by contributing through Finance *before July 1, 1985*, you will lose your eligibility for these educational benefits. You may start a monthly allotment of $25 to $100, or deposit a cash lump sum of $300. For additional information, contact a counselor at the Fort Scott Education Center, bldg. 1216, 561-2974, or the LAMC Education Center, bldg. 1007, 561-4030.

Hamilton bus change

Passengers riding the Hamilton Air Force Base Presidio shuttle bus need to adjust their departure time from the Post Bus Stop. Effective Monday, the bus leaves the Post Bus Stop five minutes earlier. Departures will be: Transport Branch 4:15 p.m.; Mason and Marshall at 4:17 p.m.; Gorgas Ave. at bldg. 1164 at 4:18 p.m.; LAMC Bus Stop at 4:22 p.m.; Post Bus Stop at 4:25 p.m. and Fort Scott at 4:30 p.m.

The bus operates Monday through Friday only. All runs enter and exit the Presidio at the Toll Plaza. Passengers should allow at least five minutes variance to compensate for traffic conditions.

The schedule change makes it possible for Hamilton area Presidians working at Forts Baker, Barry and Cronkhite to change over to the Fort Baker, Barry, Cronkhite bus at Fort Scott.

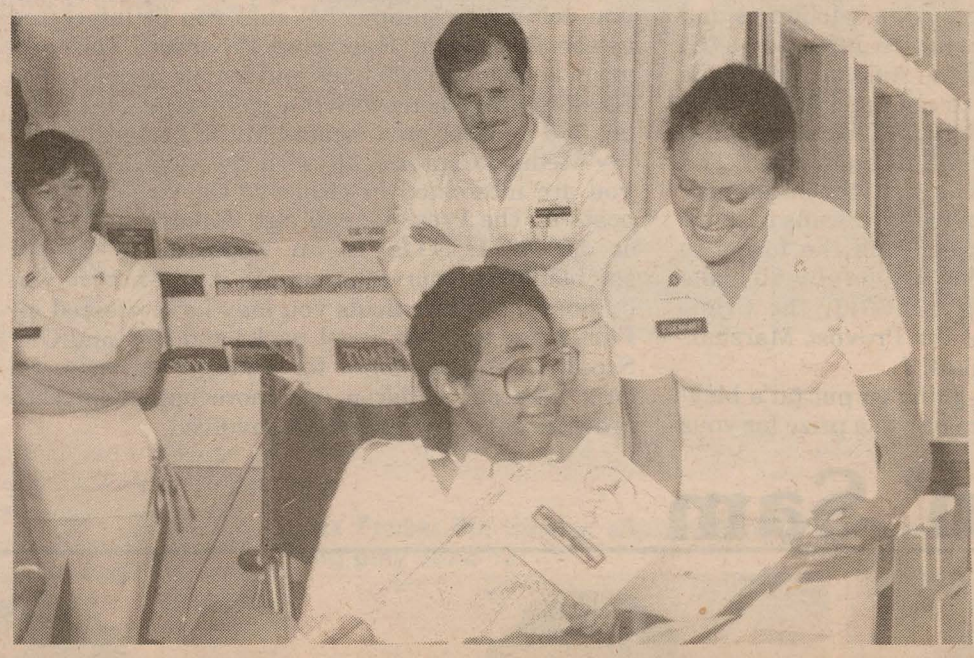

photo by Chuck Blancet
Practical nurse Sp5 Robin Eisenhart shows Dominic Arrendell one of the many graduation cards he received while at LAMC.

Graduation held on 6W at LAMC

by Liz Greeley

Suppose for an instant that there's a Sacramento, Calif., high school senior named Dominic Arrendell whose father is a retired Army lieutenant colonel.

Let's further suppose that Donimic couldn't attend his high school graduation because he had to be in San Francisco at the time. So what happens?

A special ceremony is arranged; family and friends attend, new friends make a point of showing (including a brigadier general) and Dominic's principal, vice-principal and school counselor drive down to be there so the principal can present Dominic's diploma in person.

You may be thinking this Dominic must be pretty special for people to go to all that effort. And, maybe, you're just a *little* bit jealous.

Dominic graduated from C. K. McClatchy High School of Sacramento, Calif., in the 6 West solarium of Letterman Army Medical Center on June 14, because he has muscular dystrophy and has been hospitalized since May 10. On May 10, his lungs ceased to function while his father frantically drove him to the nearest hospital.

Now you may be tempted to say, "Oh, the poor kid!" But you would be well advised not to say it within earshot of Dominic's father.

According to Dominic's father, Edward Arrendell, he has not led a deprived life.

"It's not all sadness; I take pride in what he's done and I'm so thankful that he's so well thought of. He's brought a lot of love and joy into our lives," he said.

Dominic's principal, William Morgan, said, "He was an inspiration to the whole school. I wish some of them had learned *more* from that. We had quite a few who didn't graduate—most of them because they didn't attend classes."

It might have been easy for Dominic to say he wasn't feeling well some days and "get out" of going to school. Apparently, he didn't feel that way.

"He wanted to go to school with everyone else," Arrendell said.

This was not an easy thing to do, because muscular dystrophy is a progressive disease which causes the body's muscles to slowly atrophy.

By the time he was 10, Dominic was in a wheelchair; later he moved on to a powered wheelchair. And since early May, he hasn't been able to speak because of the tracheotomy doctors had to perform. Now he breathes with the help of a respirator.

Though he has muscular dystrophy, Dominic was still able to write and think in school. But having the disease also meant that he couldn't just reach for the dictionary when he wanted it. Any time he wants *anything*, he has to ask for it. And homework does take longer than under other circumstances—he worked an average of four hours a night to maintain his As and Bs. Those hours paid off, because he also earned an educational award from the Omega Psi Phi fraternity.

According to those who know him, he *earned* everything he's received.

"He never asked for anything," said Michael Gill, Dominic's counselor. Gill added that when it came time to take the Scholastic Aptitude Test, Dominic didn't ask for any special favors and that he took it just like everyone else.

On his own merit, he has been accepted at both Sacramento State and the University of California at Davis, although the school of choice is Sacramento State.

But the most revealing thing about this character is the tone of voice people use when they talk about him—it isn't one of pity as in "poor Dominic"; it's one of admiration, as in "I hope I would be like that under the same circumstances."

His brother, Edward Arrendell II, said, "He's been very much an inspiration to me, because whenever I thought things were tough and I got ready to complain, I thought of Dominic."

There aren't any "poor kids" in the Arrendell family—but if you want someone to admire...

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Opinions

TAKE A BITE OUT OF CRIME

A project is in the works called Operation Identification. Would you be interested? If so, please read on. The idea of this campaign is to reach as many Presidians as possible and assist them in marking their personal, high-value belongings and recording these items for future reference. The campaign will run through August. We, the Military Police, would like to call upon you at your quarters and offices. We will be making appointments to do this; the dates will be announced. The degree of identification will be up to the individual. The Military Police will provide the means to mark your property by an engraver and the forms to record your property on. You will be able to make an appointment by calling 561-5011, the Crime Prevention Office, Office of the Provost Marshal.

Kids, saddle up your bikes!!!

The Military Police are going to put on a bicycle rodeo. So practice, you may win a prize for your riding ability and knowledge of the rules to operate a bicycle. We will be marking your bicycle for you, conducting a safety inspection and making sure you know the correct way to ride your bicycle. We will have a course set up to test your skill, and we will give a written test to test your knowledge. The dates for this will be announced, so be watching your papers and tell mom and dad to come! Parents are invited to assist if they wish. Any and all help will be greatly appreciated. For more information, please contact the Crime Prevention Office, Office of the Provost Marshal, 561-5011.

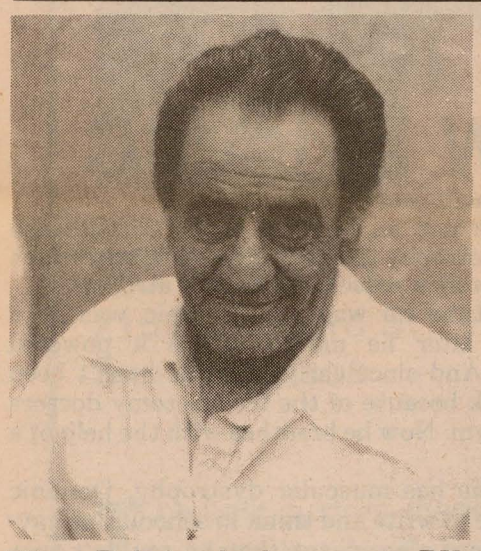
Teenagers 14 through 18 years old, what are you doing this summer? Would you be interested in the Boy Scout Exploring Program? This program is open to both male and female persons. The Explorer post deals with law enforcement, at bldg. 36, and another post located in the Letterman Army Medical Center deals with the medical field. If you are interested in either of the two Explorer posts on the Presidio, call Sgt. Randall J. French at 561-5011. This is an opportunity to fill the blanks in your summer and it will inform you on possible career fields you may be interested in! Plus, there are Cub Scout packs and Boy and Girl Scout troops available for younger persons. So let's give our children one more opportunity to grow. Scouting is great; get involved.

Crime report

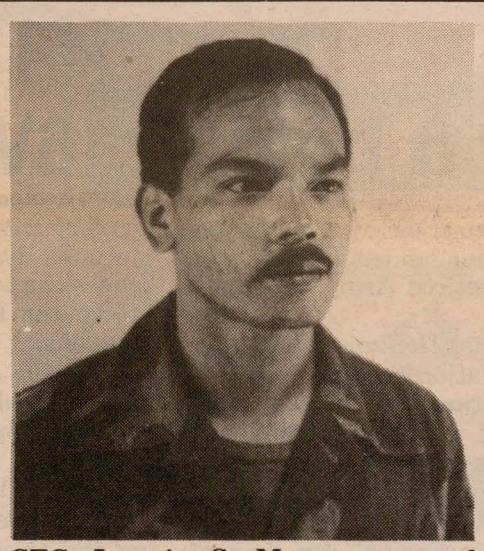
- During a traffic stop, the driver, who was drunk, was found to be in possession of a substance believed to be marijuana.
- Someone broke into a room at Thompson Hall and took eight bottles of alcohol and an electric razor. The room had been locked.
- Somebody broke into a room at DLI and took a purse with an unknown amount of money.
- A checker at the commissary did not charge for some items, and both the checker and person taking the items were checkmated by commissary security.
- A black Army rain jacket was taken from a room in bldg. 30. It had been left unsecured.
- $90 was taken from a wallet in one of the LAMC rooms. It had been left unsecured.
- Someone broke into a pickup truck and took several items in the LAMC area.
- $60 was taken from a person on the Presidio. It had been left in a briefcase and was unsecured.
- A video tape machine and camera were taken from a vehicle that was parked on Lincoln Blvd. The owner had left it unlocked.
- There were eight traffic accidents reported during this period.
- There were two DUIs reported during this period.

Ramblin' Sam

"Who could fill your shoes? Why?"

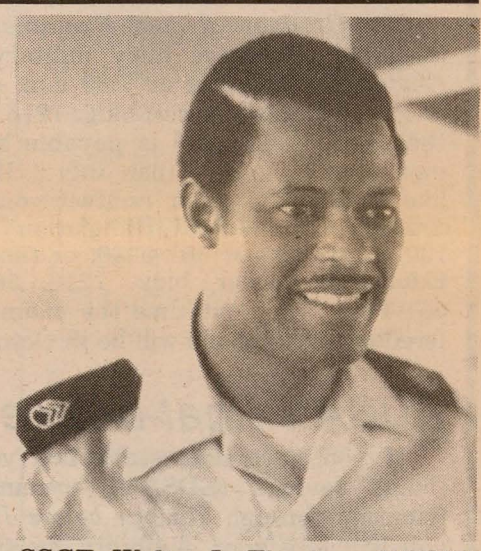


Elias Dabaie, barber, post PX: "Nobody, except my wife."



SFC Joaquin S. Muna, personnel staff NCO, 6th Army: "I have great confidence in this guy, SSgt. Jones. He's dedicated, knowledgeable and a people person."

Vicky L. Marshall, administration supervisor, USAISC: "I don't know of anybody who would fill my shoes. They must enjoy helping people and have a lot of patience to deal with people every day."



SSGT. Walter L. Flemings, NCOIC, operations branch separation transfer point, Oakland Army Base: "I'm in the process of clearing and I've been training Sp5 William Thomas for about three months. He's doing a good job. He can fill my shoes."

Leadership promotes military strength—lip service kills unity

by James C. Sandefer

Acheiving success in any organization depends primarily on the quality of its leadership. Leadership, above everything else, determines the attitude, effectiveness and ultimate productivity of all personnel.

Learning to become an effective leader requires two essential qualities, open-mindedness and desire. Both of these qualities can and should be developed but are oftentimes overlooked as insignificant by many aspiring leaders. Their misguided assumption is that productive leadership must be complex and evasive, otherwise there would be more leaders of great distinction known throughout the service. Some even believe they will automatically become superb leaders when they reach a certain age and rank.

Let's be realistic! Leaders aren't born, they're self-made. Just as some want to follow, others have a desire to lead. Those who choose to lead have a tremendous responsibility for the followers.

Perhaps the most significant responsibility of a leader is his or her development of credibility, that impeccable quality of being able to fulfill commitments. Consider the leaders you have known. How many of them promised to do something for you but never produced? This is lip service, and there's a lot of it going around.

Lip service is used by some to enhance their self-worth and image. They have perfected the art of making promises they can't fulfill, but by carefully and tactfully shifting the blame for their failure onto someone else, they always emerge a hero.

One common method employed by lip service experts is diminishing the requirements on themselves while magnifying the shortcomings of peers and co-workers. For example, "I tried to take care of that problem

please see page 3

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Lip service continued from page 2

for you but so-and-so let me down." It's a clever maneuver—and it works. They have successfully shifted the focus from their inability to produce to an unsuspecting victim. Ultimately their actions undermine organizational productivity through distrust, fear and anxiety among co-workers. As tension increases, productivity diminishes. And the agitator is never suspected of causing the turmoil!

Ironically, because of his or her apparent innocence and consistent performance during the organizational turbulence, the lip service experts frequently are selected for positions of greater responsibility, sometimes as replacements for those whom they deceptively undermined.

The true leaders, however, don't use illusion and deception as their bridge to success. Instead, they nurture and cultivate their career aspirations through ethical, professional methods. Some of our greatest leaders considered the following factors significant in achieving their success:

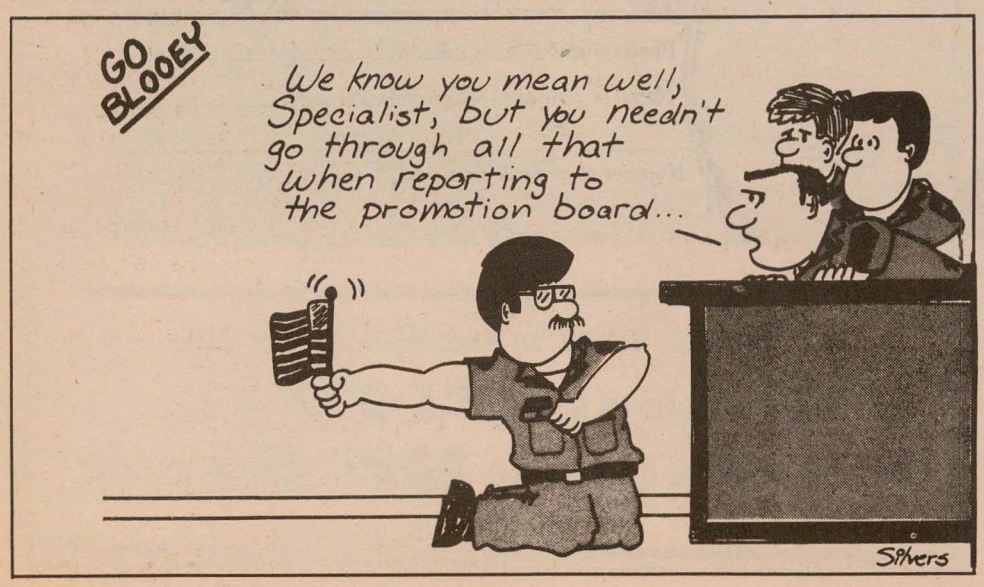
- Find loyal people; treat them well; train them hard; and, above all, tell them frequently that you expect them to succeed.
- Terminate swiftly all those who fail to pursue the development and utilization of their potential.
- Allow sufficient time for family and recreational activities; instill teamwork and camaraderie through professional social events and activities.
- Give your people credit for your success; praise them publicly and motivate them positively at every opportunity.
- Develop a reputation of "making winners" and there will always be talented people desiring to work with you.

The philosophies of our great leaders aren't complex or elaborate. They merely state their premise for success. The key is for emerging leaders to fully understand these philosophies and put them into effect. Without action, the acquisition of this knowledge is meaningless.

It's your decision: leadership or lip service.

The Lighter Side

"The pitter-patter of rain on the roof is okay—what I hate is water in the basement!"



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Features

Family dental care comes to the Presidio

by Clay C. Maupin

This article describes changes in the availability of dental care for active duty family members. These changes are the result of the Defense Authorization Act of 1985, which removed restrictions on providing routine dental care to family members of active duty personnel. Previously, care was not available except when the sponsor was assigned overseas or to areas designated as remote or underserved.

This new program is scheduled for initiation on July 1. Exactly how it will be implemented is determined by the capabilities of the dental staff and guidance from the DENTAC commander. The Presidio of San Francisco Dental Activity welcomes this opportunity to support military family members and to provide them with an essential element of total health care.

However, there are two very important constraints that must be kept in mind. First, the dental clinic's primary mission is to provide dental care for active duty military personnel. Care for active duty soldiers must continue to receive the highest priority.

Second, Congress prohibited any increase in either staff, personnel or budgetary resources to meet this new mission. It determined that all dental care for active duty family members or retired military must be strictly on a space available basis. with our limited resources, the dental staff will certainly not be able to provide all the care that family members want or need.

With these limitations in mind, DENTAC hopes to provide as much service as possible for family members. Effective July 1, the highest priority for space available dental care will be active duty dependents and family members of service members who died while serving on active duty. Next in priority will be retired service members and their families. The availability of specific services will vary from time to time. What follows is the initial "game plan" for implementation of care.

The clinic from which family members will receive dental care will be determined by the "catchment" principle. Family members should seek dental care from the same facility that treats the active duty sponsor. Before scheduling any routine care the patient will be asked whether the Presidio of San Francisco Dental Clinic (PSF DC) maintains the record and/or provides the routine dental care for the sponsor. If the sponsor's care is not provided by PSF DC, then *the family member should seek care* from the facility that supports his or her sponsor. Questions about eligibility for treatment at the PSF DC can be answered by contacting the clinic.

The Dental Clinic cannot appoint all eligible dependents at once. The goal is to provide examinations and to initiate dental care for all family members who desire it during the first six months of this new program. An initial appointment schedule based on the sponsor's birthday will be utilized to distribute the clinical resources and opportunities fairly.

Family members will be eligible for examination appointments based on their sponsor's birth month as given below.

SPONSOR'S BIRTH MONTH					
Jul	Aug	Sep	Oct	Nov	Dec
or	or	or	or	or	or
Jun	May	Apr	Mar	Feb	Jan
MONTH OF APPOINTMENT					
Jul	Aug	Sep	Oct	Nov	Dec

Appointments can be obtained by calling 561-2877 or 561-2385 between 7:30 a.m. and 4:30 p.m. Beginning in January 1986, after this initial phase-in period, examination appointments for family members should be available during the birth month of their sponsors. As a further service, appointments will be offered one *month before or after the actual birth month.*

Those active duty family members who already have had a routine dental exam at the PSF DC during the months of April, May or June 1985 will not be required to have an additional examination. The indicated dental care will be provided based on those recent evaluations. The amount and type of care will be identical to that offered those who have examinations following the above schedule.

Unfortunately, because of the congressional directive, retired individuals who have had the highest priority for space available care will find themselves less able to obtain routine dental service. Family members of retired military will not qualify for the increased care available to active duty family members. The dental staff regrets any inconvenience or hardship this poses for these individuals.

In summary, the dental staff would like to express their commitment to providing quality dental care to active duty family members within the constraints placed on us. Some areas of care will be quite limited. In an article scheduled for release next week, the available dental services will be discussed in detail. The PSF DC is aware that the transition period brings with it certain inherent problems. With cooperation between the dental staff and patients, the new program can result in significant dental benefits for active duty family members.

LAMC reference guide saves time during emergency

In an emergency, you shouldn't have to waste time flipping through the phone book looking for the number of Letterman Army Center (LAMC). Nor should you have to hire a detective to discover the right phone numbers for making appointments. You can make it easier to get the medical assistance you need when you need it by clipping and saving the information below.

Emergency services

Letterman operates an ambulance and emergency room 24 hours daily. The ambulance is available around the clock only on post. After 11 p.m., off-post residents should dial 911 for ambulance services. The ambulance is not sent to addresses across the bridges.

Ambulance 561-5771
Emergency Room 561-5771

Getting seen without an appointment

Letterman holds military sick call in the second floor Ambulatory Internal Medicine (AIM) Clinic from 7:30 to 9:30 a.m. Active duty members are given priority in the AIM Clinic between 7:30 and 8:30 a.m. After that, patients are seen on a first come, first served basis. Military members can make appointments for the AIM Clinic by calling the day preceding or before 8:30 a.m. on the day an appointment is needed.

If you or another family member is sick but not sick enough to need immediate emergency treatment, come to the second floor Screening Clinic. The clinic's physician will either treat you or refer you for treatment in the appropriate clinic. The Screening Clinic is open from 8 a.m. to 3:45 p.m. Monday through Friday.

AIM Clinic/Military Sick Call 561-2656
Screening Clinic 561-2867

Making appointments

Central Appointments—Appointments for several of LAMC's clinics can be made through the Central Appointments system. Some of the more commonly used clinics which are on the Central Appointments System are:

Dermatology . . . . . Optometry (eye wear)
Ears, Nose, Throat . . . . . Orthopedics
Gynecology . . . . . Pediatrics
Opthalmology (eye wear) . . . . . Physical Exams

Central Appointments has dedicated a line for long distance calls which will give a busy signal if the line is in use.

Central appointments

On-post 561-5324
Off-post 563-5324
Long distance . . . . . (415) 561-4289

Direct appointment clinics

Appointments for several clinics can be made by calling the clinics directly. Some of the more frequently used clinics are:

Allergy 561-4311
Auditory Evaluation 561-5267
Cardiology 561-3880/3826
Dental 561-2385
Obstetrics 561-3620/4329
Psychiatry 561-4403/3120
X-ray 561-3955

Pharmacy

Letterman's Outpatient Pharmacy is located on the second floor and is open from 8 a.m. to 5 p.m. Monday through Friday and on Saturday from 9 a.m. to 1 p.m. If you have a prescription from a refill, call the refill number, and your prescription will be ready for pick-up the next day.

Outpatient Pharmacy 561-2967
Call-in Refills 561-2793

Patient services

Patient Assistance (during duty hrs) . 561-3623
CHAMPUS Advisor 561-4923
DEERS Program Information 561-3478
Hospital Chaplain 561-2351

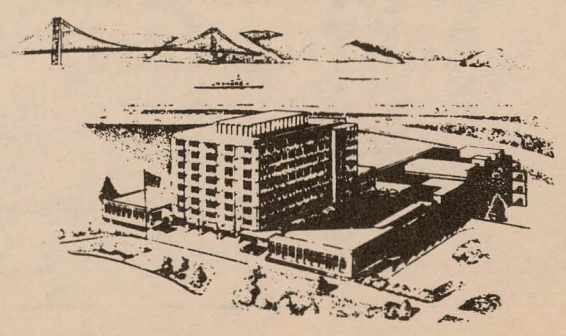
Other useful phone numbers

Outpatient Records 561-3104
Admissions and Dispositions 561-4182
Veterinary Clinic Appointments 561-3744

Information desk

If the clinic or service you need is not listed above, call the Information Desk for help.

Information Desk 561-2231



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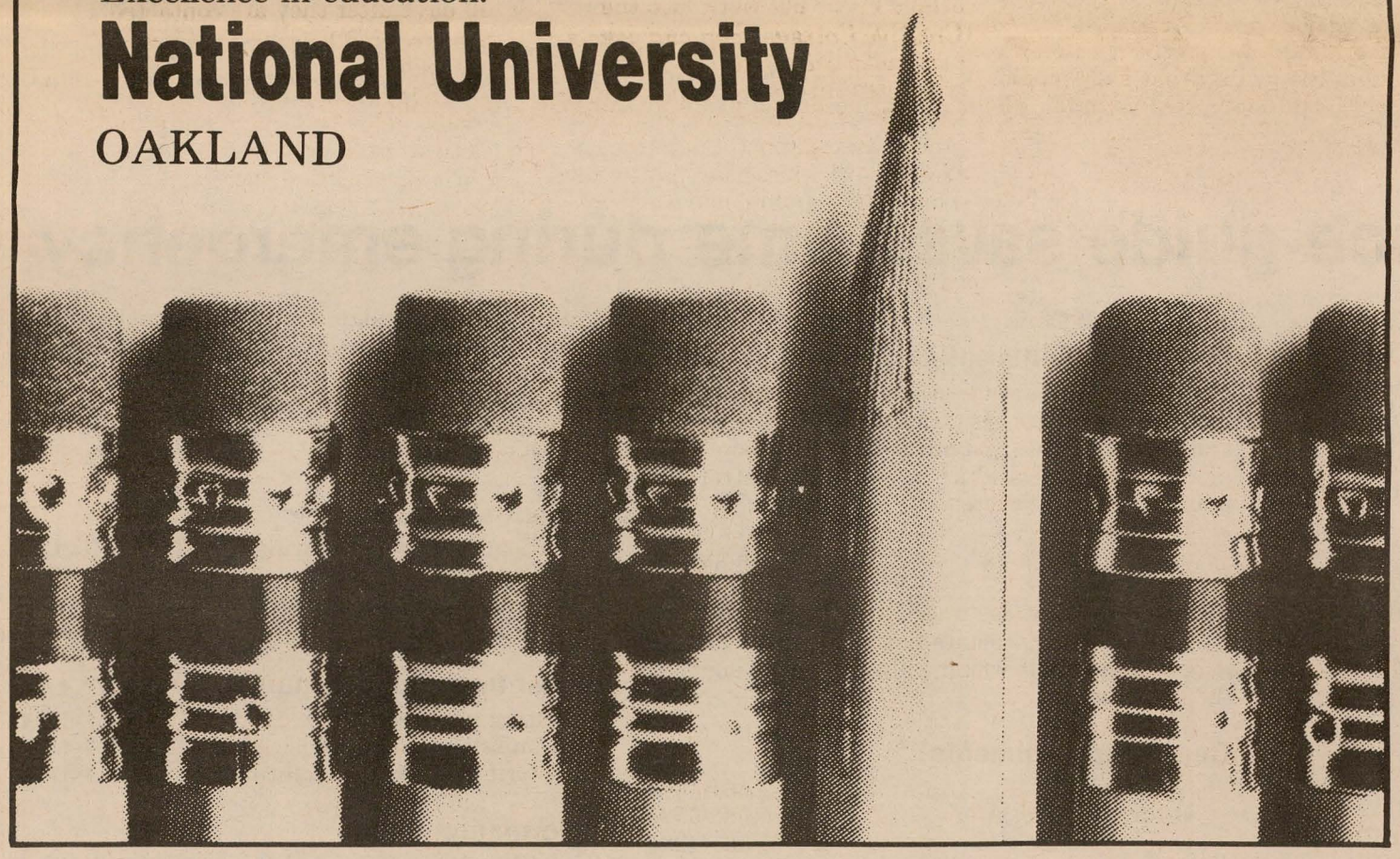

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Photo Feature

Creative Cottage volunteers donate time, benefit charities

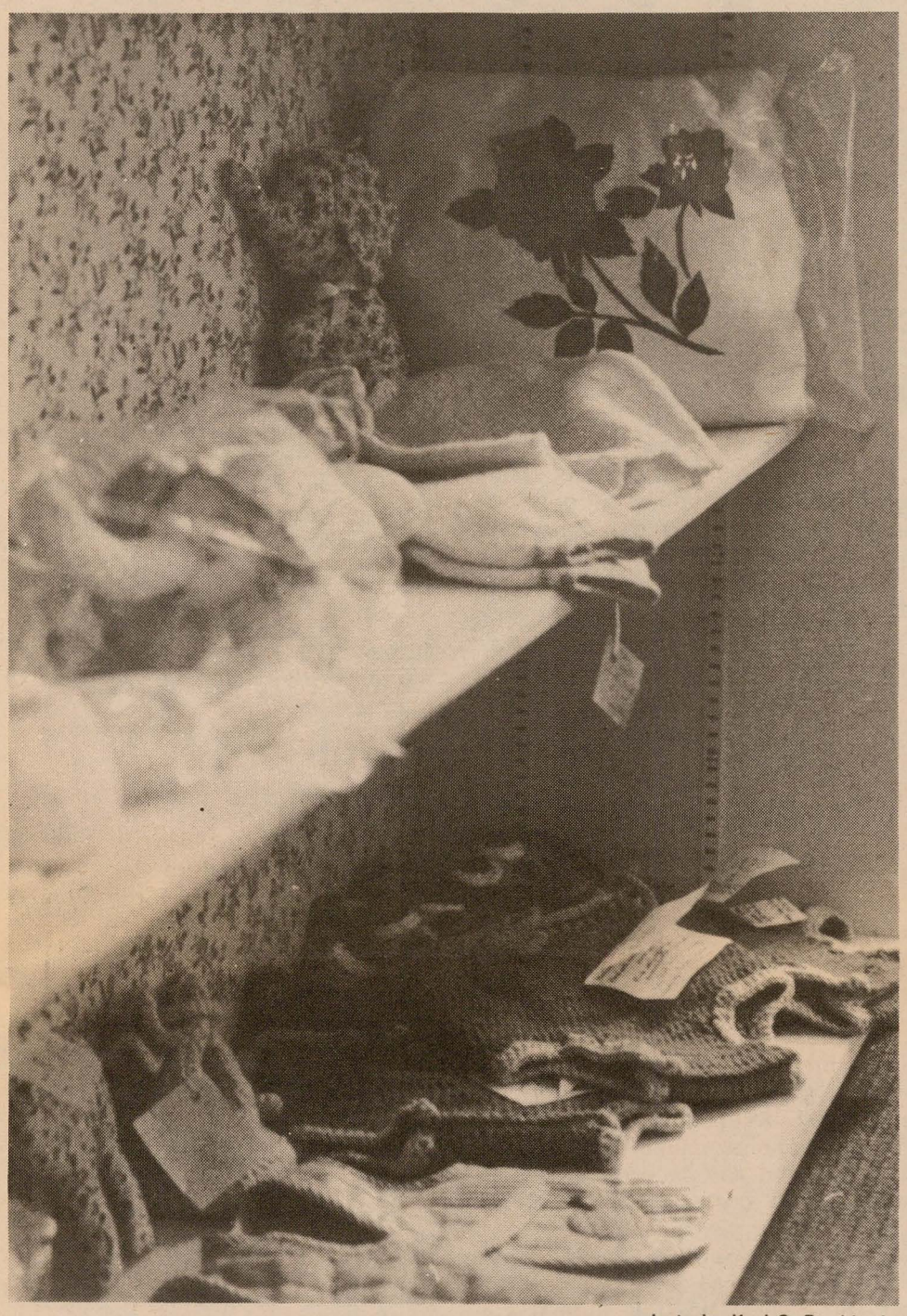

photo by Karl C. Rankin Jr.

Shelves filled to capacity display many kinds of crafts.

by Karl C. Rankin Jr.

When you walk in, it's like imagining the first look at life through a child's eyes or the pleasure received from a small set of hands reaching upward to a suspended carousel of animated characters.

Gazing at the miniature wooden choo-choo train, macramed dolls, tiny metal or wooden table and chairs and other crafts, there's a feeling reminiscent of childhood. Your mind relaxes, and, for a moment, you're taken far away from the sterile office.

It's a world of hand-made crafts at the Creative Cottage, bldg. 204. Since 1974, it has been a link for active duty craftsmen and artists in the Presidio and the Bay Area for selling their wares. Everything here is new and hand crafted. "Our prices at our shop are lower than what you might find in San Francisco," Creative Cottage shop manager Kakie Kopp said. "Many of the people who consign with us are civil servants and military and have been doing so for many years. Some are retired and make crafts to help supplement their income."

"Consignment" means a person brings his or her work into the Creative Cottage shop and asks a particular price. The shop takes a small percentage from that price, which goes to deserving charitable groups around post. "Say, for example, the nursery center needed a high chair and no one else was willing to provide it. We would purchase it for them," Kopp said.

The people who work there are strictly volunteers and do not receive any pay. According to Yaye Herman, Creative Cottage shop assistant manager, "Our greatest problem is attracting volunteers to work for us." Creative Cottage bookkeeper, Sally Bussey said, "We are a non-profit organization and can only operate with volunteer help. We are one of the very few remaining organizations like this."

The Creative Cottage became a part of the Thrift Shop in September 1984 under its own management. It operates under and has its own by-laws, according to Bussey. The Creative Cottage is no longer a fundraiser of the Presidio and LAMC officers' wives' clubs," Bussey said.

"Thanks to Col. Hawkins, we are in this nice new location. We have plenty of parking and are close to the PX, which gives us more business and thus more money for Presidio welfare fundraisers," Bussey said.

Looking around you see all the frills of carefully clothed dolls, painstaking wooden crafts and works that have taken hours to make.

If people leave their merchandise there more than 90 days, the shop contacts them and requires that they either accept a reduction in price or remove their wares from the store, according to Kopp. "If items are not taken from the store within 60 days after they are contacted, the property belongs to the shop," she said.

Today, though, there are many lovable dolls wanting a home and pictures needing a wall, and, for the Christmas season, there is a permanent display of tree decorations and seasonal gifts for the yuletide.

The courteous greeting you receive while visiting the Creative Cottage shop reaches out to hands of all sizes. The time unselfishly devoted by the people there extends into the lives of Presidio people helping Presidio charities.

photo by Karl C. Rankin Jr.

Sally Bussey (left) and Ermie Hummel complete consignment paperwork on items brought into the Creative Cottage.

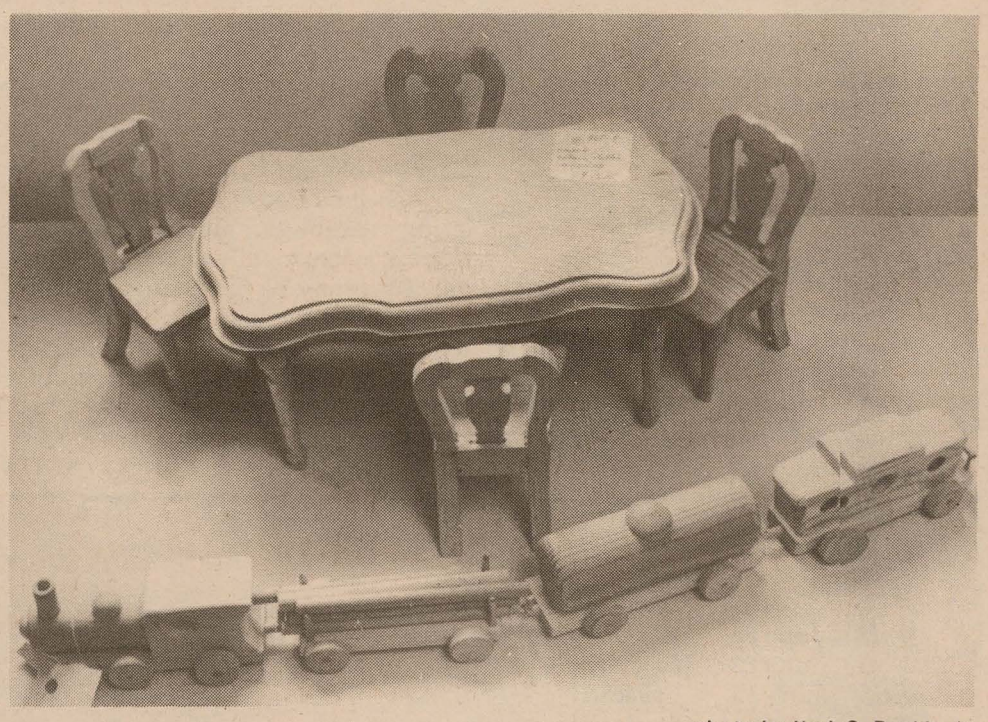

photo by Karl C. Rankin Jr.

Toy trains and tables and chairs entice children at the Creative Cottage.

Community Calendar

Suggestion program

The Army Suggestion Program is running a campaign today through July 19 to improve employee participation. The Suggestion Program provides all active Army and civilian employees with an excellent oportunity to have their ideas implemented and receive recognition for those ideas with a substantial cash award. All that's needed is participation.

When making a suggestion, remember these three essential ingredients. First, identify the present practice, procedure or item being used. Second, state the improvement you are suggesting and where and how it can be used. Lastly, explain what savings or other benefits the Army will result from your ideas.

Forms and information booklets are available from various displays throughout the Presidio and from the Incentive Awards Office. If you need help or have any questions, call the Incentive Awards Office at 561-4332 or stop by in bldg. 37, second floor.

During the suggestion campaign, all ideas will be especially appreciated and recognized. Your participation is the key to making the Presidio a better place to work and live.

Animal care

The Presidio Animal Care Fund's custodian is providing the following information to clear up a possible misconception held by authorized patrons of the Presidio Animal Disease Prevention and Control Center.

The misconception is that a $10 user fee is being imposed when animals are presented for treatment. The $10 user fee is **not** being collected and will not be collected until a definite decision has been made by appropriate DoD personnel. That decision should be made on or before October 1.

There are a number of animals in the Presidio area that are not current on their immunizations. All authorized patrons are encouraged to call the ADPAC at 561-3744 to make an appointment for their animals' required immunizations.

Youth Activities has moved

Our new home is bldg. 569, located with the Child Development Office. Hours of operation are from 8 a.m. to 4 p.m. You may call us at 561-4712 or 561-5143.

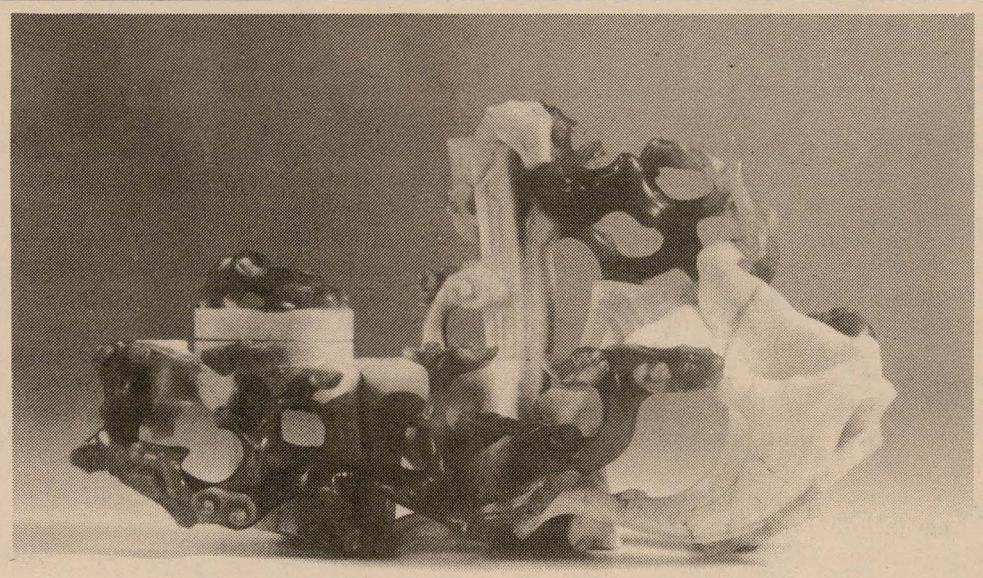

photo courtesy of Asian Art Museum

This Chinese chalcedony-carnelian container in the shape of fungi shows typical art to be viewed at the Asian Art Museum at the Golden Gate Park.

Jobs available

The Non-Appropriated Personnel Branch of the Civilian Personnel Office is currently accepting applications for the following positions:

Club Operations Assistant, PS-0189-6, $6.63 per hour, intermittent-on-call position, open until filled. Candidates should have knowlege of military club operations and the ability to work effectively with all levels of post civilians and military personnel.

Package Store Manager, UA1101-8, $9.46 per hour, $19,470 per year, full-time position, open until filled. This position requires four years of progressively responsible experience in the management of retail sales store, with an emphasis on inventory control and merchandising.

Applications are continually accepted for the following positions: bar assistant, bartender, cashier, cashier-checker, cook, food service worker, waiter/waitress. Location: Officers Club and NCO Club, Installation Club Management Division.

Recreation aide—Morale Support Activities.

Laborer, gardener and recreation aide—Presidio Army Golf Course.

Custodial worker and desk clerk—Billeting Branch, DEH.

Positions above do not reflect existing vacancies, although applications are continually accepted. These positions may be full-time, part-time, intermittent-on-call, scheduled or temporary. Some require that incumbents work various tours of duty including Saturday, Sunday and holidays. To be considered for a NAF position, applicants may bring completed application form (DA 3433, NAF Application) to the receptionist area, bldg. 37, Civilian Personnel Office, or mail applications to the NAF Personnel Branch, Civilian Personnel Office, bldg. 37, PSF, Calif., 94129.

Leaving family housing?

Please let the Family Housing Office staff, bldg. 227, 561-2040, know of your PCS or separation from service orders as soon as possible.

The most accurate waiting times projected for people on the waiting lists are based on the termination dates given to Housing by the quarters' occupants. Other sources for projections include PCS and ETS orders from the Military Personnel Office and organizational strength reports.

Be sure to make Guest House reservations, 561-3411 or 561-2096, at the earliest possible date if you need temporary housing before leaving.

Rec Center

The Presidio Recreation Center is sponsoring a number of tours this summer, including:

- Novato Art and Wine Festival tomorrow from 10 a.m. to 5 p.m.; cost is $3;
- Santa Cruz Boardwalk on June 29 from 8 a.m. to 6 p.m.; cost is $6;
- Freedom Day Parade on June 30 from 9 a.m. to 1 p.m.; cost is $2;
- Great America on July 6 from 9 a.m. to 6 p.m.; cost is $15;
- Sonoma Wine Tour on July 13 from 9 a.m. to 5 p.m.; cost is $5;
- Oakland Bay Cruise on the Red and White Fleet on July 20 from 10 a.m. to 4 p.m.; cost is $5;
- Alcatraz Tour on July 27 from 11 a.m. to 4 p.m.; cost is $7; and
- Russian River Canoe Trip on August 3 from 8 a.m. to 8 p.m.; cost is $30.

Ongoing classes at the Recreation Center, bldg. 1331, include:

- Piano lessons on Mondays and Tuesdays; cost is $7 a half hour;
- Computer Certification class on Wednesdays at 7 p.m.; and
- Bridge classes every Thursday at 7 p.m.; the class is free.

Classes offered at the Community Center, bldg. 1299, are:

- Clogging classes on Tuesdays at 6 p.m.; cost is $2 a class; and
- Levis and Laces square dance classes every Wednesday at 7 p.m.; cost is $2 a class.

For more information, call the Recreation Center at 561-2000 after 2 p.m. Hours of operation are: Sunday through Thursday and holidays, 2 to 9 p.m.; Friday and Saturday, 2 to 10 p.m.

Hamilton activities

Celebrate the Fourth of July at the Hamilton pool from 11 a.m. to 5 p.m. For only $4 per person you can have fun in the sun, play games and have food and soft drinks. It's for the entire family. Hurry, you only have until Wednesday to get your money to Special Services at bldg. 203.

Kick up a storm at a '50's dance in bldg. 934 from 8:30 to 11:30 a.m. on July 6. The dance is for those 12 years old and older and costs $5 per person. The deadline for this event is July 1.

Summer youth classes available this summer at Hamilton include Kung Fu karate, arts and crafts, judo, a bicycling club, newspaper staff experience, auto maintenance, tennis, beginning racquetball, ballet, tap and jazz dancing lessons, bowling and swimming.

Summer fun trips from Hamilton Special Services include Marriot's Great America, Fort Point, the San Francisco Zoo, horseback riding, Windsor Waterworks, Lawrence Hall of Science, Santa Cruz beach and boardwalk, Mt. Tamalpais, Pt. Reyes, Angel Island and Alcatraz.

For more information, call Hamilton Special Services at 883-5962 or stop by bldg. 203 to sign up for classes, trips and other activities. There's no need to be bored this summer at Hamilton!

At the movies

Presidio Theater

Fri,	June 21	Cat's Eye PG-13	7 p.m.
Sat,	June 22	Stick (R)	7 p.m.
Sun,	June 23	Stick (R)	7 p.m.
Mon,	June 24	Stick (R)	7 p.m.
Tue,	June 25	Gotcha (PG-13)	7 p.m.
Wed,	June 26	Gotcha (PG-13)	7 p.m.
Thu,	June 27	Tomboy (R)	7 p.m.

Schwartz Theater

Mon,	June 24	Cat's Eye (PG-13)	7 p.m.
Wed,	June 26	Stick (R)	7 p.m.
Thu,	June 27	Gotcha (PG-13)	7 p.m.

Hamilton Theater

Fri,	June 21	2010 (PG)	7 p.m.
Sat,	June 22	Treasures of the Snow (G)	1 p.m.
Sat,	June 22	The Flamingo Kid (PG-13)	7 p.m.
Wed,	June 26	Protocol (PG)	7 p.m.

Community Calendar

...the write stuff...

by Ted Weller

Okay gentle folks, the time has come to admit that the REAL summer has come to San Francisco; F-O-G has become the dominant feature within the upper peninsula.

Now is the time to "hit the trails"... in our case the black ribbons of asphalt... and see what makes northern California proud to thumb their collective noses at the SMOG!!!!-bound southern half... Yes, I'm a native of the north side.

First required item is a road map or a multitude of them. Any state map of California that shows all of the little winding roads of the north is a good beginning. Add to that a *Guide to the California State Parks* map, available from the ITT Office, bldg. 385, across from the Outdoor Recreation Branch in bldg. 92... I told where 92 was three weeks ago... the map costs one dollar, a savings of a dollar, and it's worth every cent.

There are 250-plus parks, beaches and recreation areas just waiting for you. Each one has a different attraction for our pleasure; whether it's "the greatest meeting of land and water in the world" at Point Lobos or the mighty Sierra Nevada evergreen forests, there is a campsite waiting for you.

Directly north of us is the Redwood Empire and any number of attractions to entertain you, your friends and your family. *The Visitor's Guide to Redwood Empire of Northern California*, published by the Redwood Empire Association, is also available from the ITT, and it's free.

Let this book guide you through the counties of Marin, Sonoma, Napa, Lake, Mendocino, Humbolt, Del Norte and Josephine (the last is in Oregon). Take a ride on the "Skunk" railroad in Fort Bragg... Yes, there is a Fort Bragg in California,... take black bass in Lake Berryessa or Clear Lake; steelhead in Eel and Navarro Rivers; take in a rodeo in Willits or tour the origins of wine in Napa, Sonoma and Mendocino counties.

Three maps, a vehicle, a tent and equipment from the Outdoor Recreation Branch and have a wonderful... WAIT, you say, you don't have a vehicle... you have a license, but no wheels... don't worry—PSF has that solved!

Take a look at the 20-foot recreational vehicles at the Outdoor Recreation Branch, rent them at $35 or $40 per day, and the first 100 miles a day are free! Stop by bldg. 92 for information between 8:30 a.m. and 5 p.m.

Foghorns may be echoing around the Presidio, but the beauty of northern California is waiting to see you.

Short takes: 2nd annual Cable Car Festival ends tomorrow at Fisherman's Wharf, 6:30 p.m., fireworks at 9 p.m.... "film at 11"... Stern Grove continues its 48th season of FREE, free summer concerts. This Sunday is "A Wagner Summer in San Francisco." That's at 2 p.m., in the Grove, at 19th Ave. and Sloat Blvd. Arrive early for that coveted spot in the sun... The Jefferson Starship will be at Santa Clara's Great America tomorrow. Buy your Good Any Day ticket at the ITT Office for admission to the park for all rides and attractions. For the concert, it's $5 more at the park or BASS... Go fly a kite every Sunday at the Marina Green... The USO has arranged for free admission to the San Francisco Giants games, Monday through Friday; just show your ID at the Box Office. GO GIANTS! (I can't help it, I grew up with them). Call the USO at 552-2436 for free BOX SEATS.

Music lovers: Check out the Marin Jazz Festival at Mt. Tamalpais Amphitheatre. Concerts begin Sunday through September 15. Stan Getz, Ramsey Lewis, Shadowfax, Buddy Rich and many others are featured. Call 392-4400 for info... Relive the music... and the feelings... of the greatest era in San Francisco music at the Spirit of America Festival, Lindley Meadows, Golden Gate Park, tomorrow and Sunday, 11:30 to 8 p.m... The Fest features the Dinosaurs, Band of Gypsies and the Kantner, Balin and Cassady Band... have I struck a familiar cord?... the Uptones, Trak, Thunder and Lightning and more. What a way to spend the day... or two!

GG Park goers: Tomorrow, noon to 3 p.m., World Citizen Assembly's Celebration of the 40th Anniversary of the United Nations at the Bandshell... Sunday, 7 a.m., the 25KM PA/TAC Supernutrition Footrace, South Parking Lot, Polo Field... 1 p.m., San Francisco Birthday Celebration, Ballet Folkloric Mexicano, Bandshell... 2 p.m., New Shakespeare Company Performance, Sunken Meadow, behind the DeYoung Museum.

This week in the Presidio history: June 26, 1917, a mushroom construction project producing 216 buildings to accomodate the 6,000 men of a new provisional brigade created by Maj. Gen. Hunter Liggett was completed. Part of the project, the Laguna Merced Military Reservation, was renamed as a fort in honor of Maj. Gen. Frederick Funston.

See you in Tuolumne!

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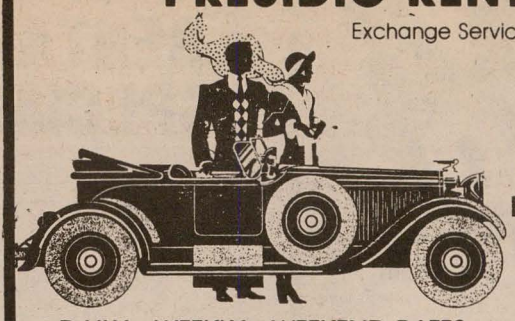

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Sports

Firearm regs, safety key to family well-being

by Thomas K. Squier

Firearms are not permitted in post housing (yes, that includes barracks), as we all know. They are supposed to be locked securely in the company arms room. However, we also know that some people have guns in their quarters or in their off-post homes. Those people have something else—a responsibility for *safety*.

This article does *not* advocate violation of regulations, does *not* suggest a need for guns in quarters, and does *not* suggest risking being thrown off the Presidio for violation of orders. It has been a long time since anyone was attacked in post housing by hostiles. There are Indians in the Bay Area, but they are friendly. (God knows why—they must be very forgiving).

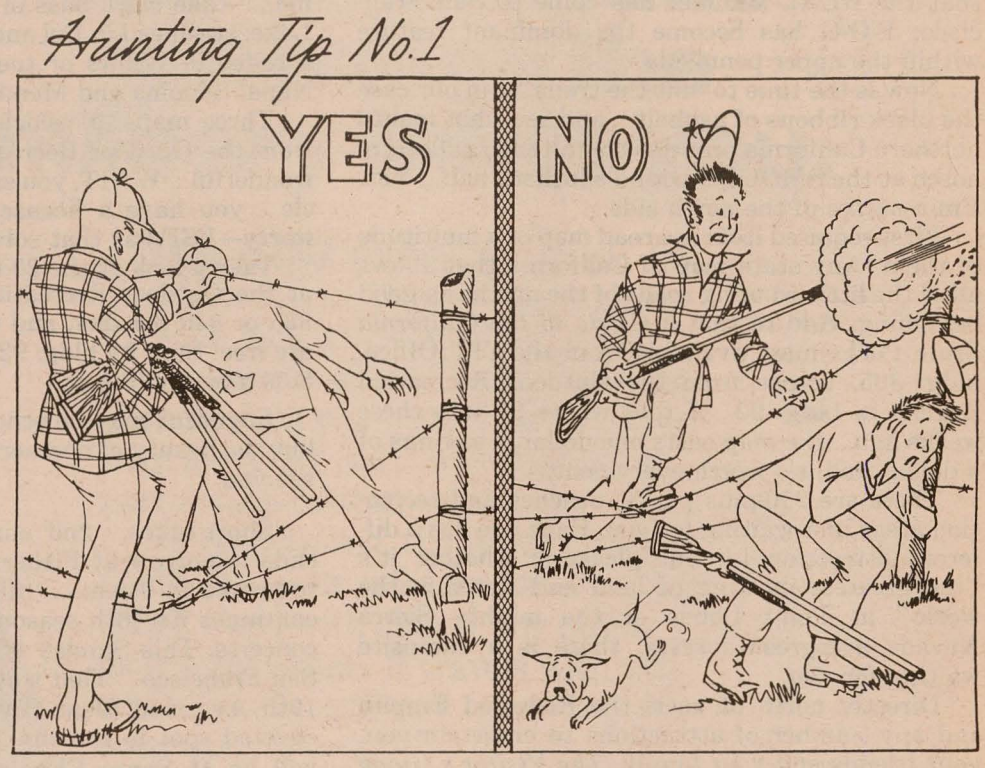
If you are going to take the chance of keeping a firearm in your home or quarters, *know how to make it safe*. Make certain that every member of your household knows how to handle it safely. The state of California and the National Rifle Association both offer courses on home firearms and they are normally free; take advantage. Contact the local police, the California Fish and Game Commission or the provost marshal and find out what there is to learn.

Why is this so important? Because, tell a child not to touch a gun and what does he or she do? The child sees the first opportunity to find out what is so special about that gun! But, if the parents show (providing *they* know) how a firearm operates and what it will do, and if they allow the child to touch the gun, their child's innate curiosity will be overcome. Safety will rule.

Basic safety rules

There are some basic safety rules. For example, make certain that everyone in the household knows the functioning of the gun and how to make it work, as well as how to make it safe; the actual threat is minimal. Store the gun and the ammunition in separate locations under lock and key.

You don't have to be a trained killer to appreciate the fine points of shooting, which requires coordination, skill and knowledge. Even if you don't believe in hunting, teach your kids gun safety anyway. If you are a hunter, teach the kids safety first and then hunting techniques. Sometimes accidents happen because of mechanical failure, but there is no excuse for a shooting accident due to ignorance.



As a soldier you are supposed to be prepared for war and defense, but the first lesson you and your family should learn is *safety*.

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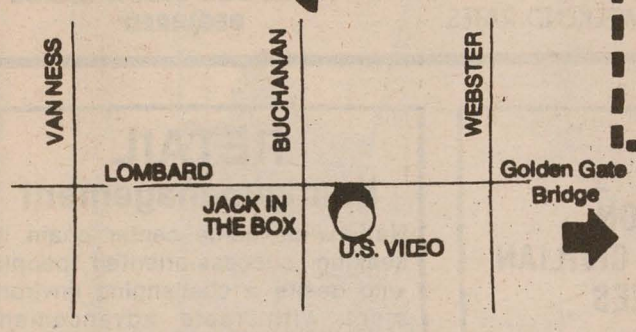

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Sports

Second place Six Packers drum 6th Army Band 11-0

by Karl C. Rankin Jr.

There was power in them bats as the Six Packers drummed 6th Army Band 11-0 at Fort Scott intramural softball field June 13.

The 6th Army Band didn't score in the first inning. However, in the bottom half of the first inning, the Six Packers played the music with three base hits on two errors and four walks to lead the band by 7-0.
any runs in the second inning on one hit. In the last half of the second inning, the Six Packers were in tune as centerfielder James Holt scored on a sacrifice fly to right field by catcher Steve Schlosher. The score became 8-0. In the third inning, 6th Army left one runner stranded. The Six Packers were out one, two and three in their half of the third. 6th Army Band went down the same way in the fourth inning. The Six Packer's trumpet sounded in the bottom of the fourth, as left center fielder Mark Haughs' long double to left center field scored two runs, and first baseman Bill Nicoley's base hit brought in Haughs. 6th Army Band couldn't chip at the lead in the fifth and was left scoreless, as the Six Packers shut them out 11-0.

Three year Head Coach Charlie Pendergast said, "We were a little more dominant in this gane than usual. When they (meaning 6th Army Band) came onto the field in the second inning, there was silence. They looked stunned."

"We've been doing this a lot in the games we've played to date. We've been lucky jumping out to an early lead and staying there. It gives the rest of the players a chance to get the experience. We try to play 16 or 17 players a game. In today's game, I started substituting in the second and third innings. It was time to do that," he said.

"Our infield has shown tremendous chemistry and team play. All my people want to play tough, and if someone makes a mistake, then someone else just picks them up."

Two or three key games remaining, according to Pendergast, are USAG, Oakland Army, Doctors and DEH. "The USAG game has always been a big rivalry. You can throw away the standings in this one," he said.

Pendergast credits the efforts of his players for the team's superb performance. "Holt has taken on a leadership role in the outfield. When he's hitting and playing well, he's a definite catalyst. Nicoley has lots of experience and his aggressiveness has set a standard for other infielders to match up with. Haughs has been a consistent power hitter in run scoring opportunities. The centerfielder, Scott McDonald, is a real team player and performs like an assistant coach on the field."

Third baseman Keith Adams and John Place at shortstop have consistently shut down all hits in their direction.

According to Pendergast, Lt. Gen. Robert Arter will be playing in the weeks to come. "We're looking forward to having someone of Lt. Gen. Arter's obvious heavy hitting ability join our team and contribute," he said.

photo by Karl C. Rankin Jr.

Six Packer Bill Nicoley slips under tag by 6th Army Band's Mike Kogut during play June 13.

For the season, 6th Army Band drops to a 3-7 record and the Six Packers are in second place with a 9-1 record, according to the Sports Branch intramural standings through June 14.

Softball schedule

June 24, Field No. 1

Co. H, DLI-SF	vs	DEH	4:30 p.m.
LAMC No. 1	vs	LEC	5:45 p.m.
Corps of Engineers	vs	Doctors Plus	7 p.m.

June 24, Field No. 2

LAIR No. 1	vs	LAIR No. 1	4:30 p.m.
USAISC	vs	Attorneys	5:45 p.m.
Six Packers	vs	Bay Ward LDS	7 p.m.

June 25, Field No. 1

USAISC	vs	USAG	4:30 p.m.
Co. G, DLI-SF	vs	Attorneys	5:45 p.m.
Corps of Engineers	vs	OARB	7 p.m.

June 25, Field No. 2

6th Army Band	vs	LEC	4:30 p.m.
LAIR No. 2	vs	AAFES	5:45 p.m.
864th Engineers	vs	Bay Ward LDS	7 p.m.

June 26, Field No. 1

DEH	vs	LEC	4:30 p.m.
Doctors Plus	vs	LAIR No. 2	5:45 p.m.
Six Packers	vs	USAG	7 p.m.

June 26, Field No. 2

Co. G, DLI-SF	vs	USAISC	4:30 p.m.
LAMC No. 1	vs	AAFES	5:45 p.m.
LAMC MSC	vs	LAMC MSC	7 p.m.

June 27, Field No. 1

6th Army Band	vs	LAIR No. 1	4:40 p.m.
Six Packers	vs	FBI	5:45 p.m.
Corps of Engineers	vs	USAG	7 p.m.

June 27, Field No. 2

LAIR No. 2	vs	Co. G, DLI-SF	4:30 p.m.
LAMC MSC	vs	AAFES	5:45 p.m.
OR Docs	vs	Doctors Plus	7 p.m.

Presidio basketball

The summer basketball league kicked off on June 13, with an 11 team league. The league will run every Tuesday and Thursday, 5 p.m. through 8 p.m., at Post Gym No. 1.

In the June 13 games, Hoyes beat DLI-SF 21 to 6 and OARB defeated the Hustlers 71 to 64.

Presidio softball

Last week's results:

June 10

LAMC No. 1 4, 864th Engineers 3
Doctors Plus 9, USAISC 5
LAMC No. 2 16, LAIR No. 1 4
Six Packers 20, LAIR No. 2 0
Co. H, DLI-SF 5, LAMC MSC 1
Attorneys 13, AAFES 11

June 11

USAG 7, Bay Ward LDS 0
LEC 9, Co. G., DLI-SF 5
FBI 17, Oakland 9
864th Engineers 23, LAIR No. 2 4
6th Army band 7, OR Docs 3
DEH 14, Corps of Engrs. 8

June 12

LAIR No. 1 7, USAISC, 0
Corps of Engrs. 7, Bay Ward LDS 0
Doctors Plus 9, Oakland 6
LAMC No. 1 8, Co. H, DLI-SF 7
USAG 9, FBI 5
LAMC No. 2 9, Attorneys 4

June 13

Six Packers 11, 6th Army Band 0
LEC 10, LAMC MSC 8
OR Docs 13, DEH 3

Standings as of June 14

	W	L
LAMC No. 1	8	0
Six Packers	9	1
DEH	8	2
Oakland	7	3
Co. H, DLI	7	3
LAMC No. 2	6	3
LEC	6	4
Doctors Plus	5	3
USAG	5	4
Attorneys	5	4
FBI	4	3
OR Docs	5	5
CO. G, DLI-SF	5	5
864th Engineers	4	5
LAMC MSC	4	5
LAIR No. 1	4	6
6th Army Band	3	7
USAISC	2	6
AAFES	2	7
Corps of Engineers	2	8
LAIR No. 2	1	9

Aerobic dancing

Summer fun with aerobic dancing by Jackie Sorenson features easy steps and inspiring music to make exercise enjoyable. Why not try it?

A new session begins June 25, Tuesday through Thursday mornings from 9 to 10 a.m. at Gym No. 2 (behind LAMC). Classes are 10 weeks long for $56, or six to eight weeks at $3 a class. The instructor is Sarah Owens.

For more information phone 387-8296. The class is open to everyone and there is a free trial class.

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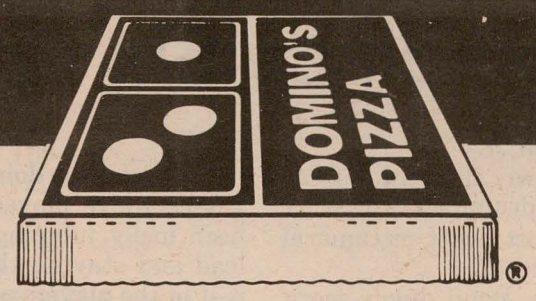

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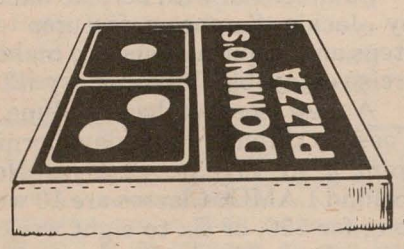

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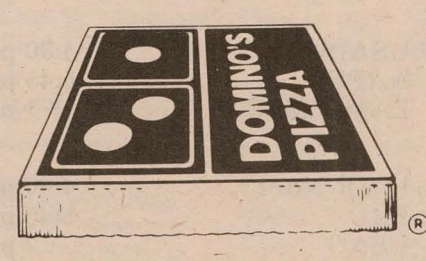

Presidio's mayors: already improving quality of life, **page 5**

Dental care: what types of care can family members expect? **page 7**

Clowns, jugglers, kids: add pinch of giggles, lots of fun, mix well, **pages 8&9**

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Star Presidian

Vol. 28, No. 26, "Published in the interest of the people of the Presidio of San Francisco." June 28, 1985

News briefs

Fourth of July traffic

Presidians planning to attend next Thursday's 4th of July fireworks display are urged *not* to drive to either Crissy Field or the main post area. Because of the popularity of this event and the number of people expected to drive to the Presidio, the Military Police will be making temporary changes to the normal traffic flow.

No parking will be permitted along the main post roads; violators will be subject to citation and/or towing. As people start to leave, some secondary roads will be blocked and the main post roads will become one-way streets, with all the traffic being directed off-post.

Traffic is expected to return to the normal pattern approximately one hour after the display is finished.

If you live on the Presidio, the MPs ask that you walk to the event, if at all possible.

Road construction

Presidio intersections are taking on a new look, with islands, stripe changes, bank work and curbing changing to make traffic flow more smoothly and safely.

The work is expected to be completed by Oct. 27. However, additional contracts are expected to be let which may extend the date of completion for the work.

Work in the Battery Caulfield area at Fort Scott is expected to be finished in July, according to Ed Littleton of the Corps of Engineers, who oversees the projects.

Distribution

There will be no neighborhood distribution of Weekly Bulletins or the July 5 edition of the *Star Presidian* because of the training holiday. Housing residents who want a newspaper may pick one up at the Post Exchange or the Commissary on July 8.

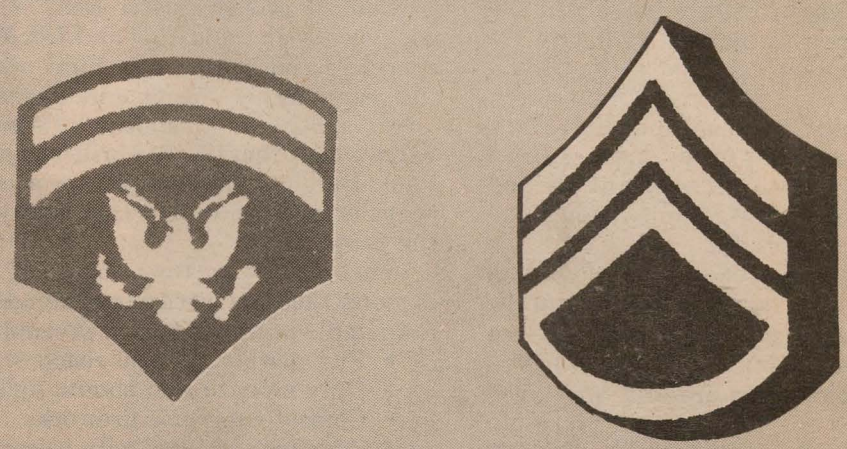
Want a job?

The Civilian Personnel Office (CPO) will be accepting several more applications for summer employment for Clerk Typists, GS-3 and Clerks, GS-3. Applications will be accepted from Monday through Wednesday. All applications must be in this office no later than 4 p.m. on Wednesday.

Requirements for Clerk Typists, GS-3: Applicants must be able to type at least 40 words per minute and have six months clerical experience or 30 semester hours of college credit.

Requirements for Clerks, GS-3: Applicants must have one year of clerical experience or 30 semester hours of college credit.

Applications may be picked up from the CPO receptionist in bldg. 37, from 7:30 a.m. to 4 p.m. For more information, call Carrie Carlson at 561-5758.



Soldiers to don hard stripes

by Karl C. Rankin Jr.

My soft stripe lies over my shoulder;
My soft stripe lies over my sleeve;
My soft stripe's been replaced by a hard stripe;
Now I feel like real Armeee.

"On Oct. 1, the 474 specialist fives and 45 specialist sixes and those promoted before Oct. 1 to those grades in the 6th U.S. Army Recruiting Brigade, MEPCOM, 6th Army, U.S. Army Garrison (USAG) and other organizations served by Presidio COMPACT will become sergeants and staff sergeants," said Acting Post Sgt. Maj. Mark Pfeiffer. Approximately 46,000 soldiers will be affected worldwide.

Letterman Army Medical Center (LAMC) alone has about 200 soldiers in specialist grades E-5 and E-6.

Some soldiers feel the hard stripes for E-5 and E-6 will give them more respect among other soldiers. According to LAMC CSM Robert L. Yates, his people view it as a positive step. Yates said that a lot of specialists feel inadequate and they do not feel respected.

"If it makes them more responsive and puts them in the right frame of mind with positive attitudes and appearance, then that's what we should do. I've been looking forward to the change for a long time," he said.

Yet, there are some concerns.

SSgt. Emma Worthy, assistant food services manager, USAG Dining Facility, said, "Sergeants are supposed to be able to lead anyone, anytime. I don't believe there are any born leaders. They have to be taught and trained in leadership. [For example], in the barracks you have a sergeant who is in charge of specialists. Most sergeants in combat arms are trained from PFC to E-4 and all the way up from team chiefs, squad leaders and platoon sergeants. Don't get me wrong—there are some specialists who would make good sergeants and leaders, but I'm afraid the Army may be creating a monster if it doesn't require the soldiers first to go to some leadership school."

However, Sp5 David L. A. Boyd, shift leader, USAG Dining Facility, sees it differently.

"The only difference is the stripe; I'll get the same amount of respect, regardless. I feel like I'm qualified—I've been in charge of people before. A leader must take responsibility and respect his fellow workers. If a person can do that, he deserves the stripe," he said.

According to Army News Service, Training and Doctrine Command (TRADOC) Enlisted Personnel Management Systems Study Group Director Dennis F. Flint said, "We took it on and basically asked ourselves if the specialist ranks were really required." The group discovered that 14 percent of the Army's Sp6 authorizations and 16 percent of the Sp5 authorizations are filled by hard stripes, which meant that a melting of specialists into the NCO (Non-Commissioned Officer) positions had already begun.

"What was happening was an incursion of hard stripes into those positions despite what current doctrine or policy called for," Flint said.

However, "This was not true for Sp4 positions. Almost 100 percent of the Sp4 authorizations were occupied by Sp4s," he added.

Though it won't affect many soldiers with the Co. D, 864th Engineer Battalion, 1st Sgt. Robert T. Haithcock said, "A couple of soldiers did come to me and said they were looking forward to it. I think it will raise morale."

When the change takes place, soldiers will be able to get their new rank insignia through the Army supply system.

Whether you think it will make a difference or not, soon hard stripes will lie over your shoulder, replacing those soft stripes.

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Opinions

TAKE A BITE OUT OF CRIME

BOOM! POP! POP! BANG! The war raged on as men were wounded and gave their lives for the freedom of our country. "Give me liberty or give me death," stated one Patrick Henry, just for this noble cause!

So every year we, the people, celebrate the independence of the United States from Great Britain. Spectacular firework displays sparkle in the night sky to commemorate the battles fought by our forefathers—the rocket's red glare, the bombs bursting in air! Families gather on the front porch or in the backyard while Tim, Sue, John and Mary light their sparklers and run in an unset pattern twirling and swooshing them. Screams of joy and excitement fill the air. Parents smile, proud and happy. Oh, the thought of it all!

Yet another battle rages on in a never-ending war against injury or even death in and around the home. Casualties are caused when defenses are lowered. People get severe burns, and lose fingers, houses are burned, belongings are lost and loved ones die!

The scene moves to the family picnic. Bill and Tom, ages 7 and 9, see dad set down his lighter. Wow, a perfect chance to get something to light the firecrackers that Al sold them in school, and the ones he swiped from his older brother Robert who had just come back from a trip down south (and was loaded up on these items of fireworks), the boys think. Back in the wooded area, out of sight and sound, next to the brook...bang! Wow, that one was loud! Bang-bang-bang-bang! Help me! I'm hurt! Ahhhhhhhh, I'm bleeding! Help me!

Bill, age 7, didn't throw away the firecracker in time; three more went off in his hand. Result: his hand and fingers were burned badly—the tip of his index finger had to be removed at the hospital.

Why? Because he wasn't watched, wasn't informed or taught about the danger and wasn't given the weapons of this battle—safety instruction.

Jason, 14, and Mary, 13, get a few bottle rockets and sky rockets, much the same way as Bill and Tom did. A fire starts while the kids are trying to set the rockets up and—boom! They explode, leaving Jason dead and Mary severely injured.

Paul, 5, and his sister Rosy, 4, are out in the backyard with mom, dad and Uncle Terry lighting sparklers and having fun. First one, then another and yet another. Mom and dad are taking pictures; another and another. "Mom," says dad, "aren't they cute?" A shrill scream comes from Paul. Barefoot, he stepped on a hot wire from a sparkler not yet cooled that had just dropped in the grass.

These are a few fictional situations to demonstrate how easily bad things can happen. A few simple precautions can prevent many injuries:

- Put sparklers out of reach of children.
- Only mom or dad should light fireworks.
- Closely supervise fireworks.
- A coffee can filled with water should be placed near mom and dad so the expended sparkler can be put in it.
- Educate and discuss the facts about fireworks with your children.
- Know the laws about what kind of fireworks are allowed in your community.

Remember, thousands of injuries are caused by fireworks every year, some very bad. In addition, people travel, party and picnic, often setting themselves up for other potentially hazardous situations. Some further tips:

- Don't drink and drive.
- Don't overexert yourself at picnics or other activities.
- Watch the heat and humidity.
- Drive carefully.

Please use caution this 4th of July and enjoy the festivities.

REMEMBER!! If you get caught with *unauthorized* fireworks this may happen:

- Military personnel can be punished under Article No. 92 of the Uniform Code of Military Justice—failure to obey a lawful general written regulation.
- Civilian personnel and military family members can be prosecuted *under the* California penal code for health and safety, which can carry some very heavy fines and even jail terms!

If you have any questions, call the Military Police at 561-HELP.

Crime report

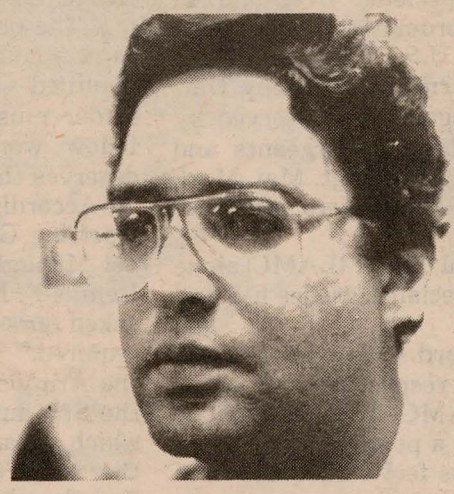
The following was reported to the Military Police during the week of June 17-23:

- $50 was taken from a purse that was left unsecured.
- A video tape recorder and a camera were taken from an unlocked car near Baker Beach.
- Someone broke the lock off two arcade game machines and stole the money.
- A thief stole $10 from a desk and $64 from a purse that was left under another desk. Both the $10 and the purse were left unsecured!
- There were four drunken driving cases, two marijuana possession cases and seven traffic accidents.

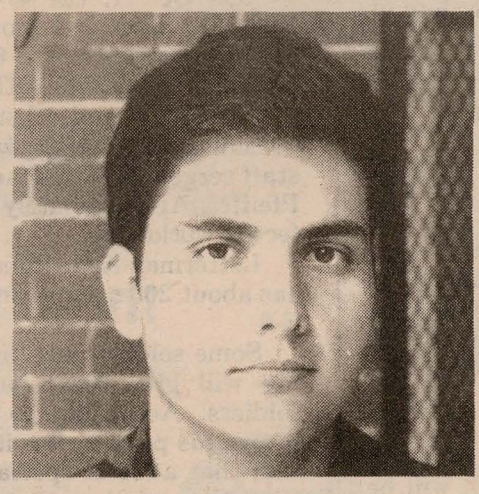
Ramblin' Sam

"What effect do you think the upcoming change to hard stripes will have? Why?"

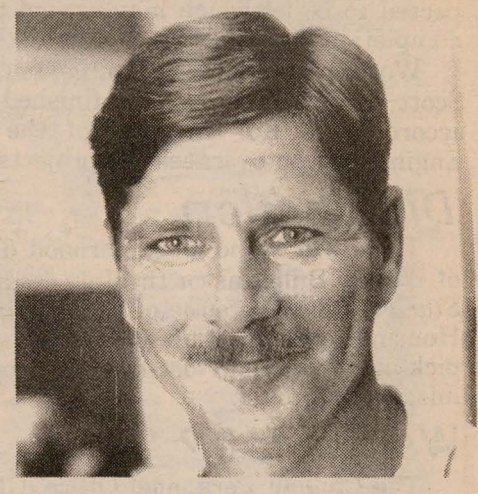
SSgt. Emma Worthy, assistant dining facility manager, USAG Dining Facility: "It will probably boost morale because it will make them think they are somebody. Everybody lives to become an NCO."



Capt. Victor Salcedo, Pulmonary Department chief, LAMC: "I think it will be pretty good. A lot of specialists who work with me don't feel the same as their counterparts with stripes. It will be really good for the morale."



Sp5 Steve Patterson, flute player/section leader, 6th Army Band: "It will change the organizational makeup of the unit because the former Sp5s will be thrust into the position of an NCO. I think that a new attitude has to be developed by Sp5s that become NCOs."



Sp5 Harold Kinchen, acting company clerk, Co. B, LAMC: "One change is to task supply to have enough stripes on hand to meet the demand. Troops should be notified that clothing sales will sew them on free of charge. When people are specialists they are called upon less for leadership positions; once they have hard stripes, they will be called upon and expected to meet the demands."

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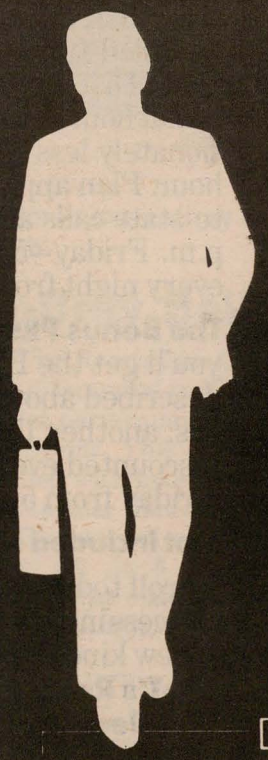

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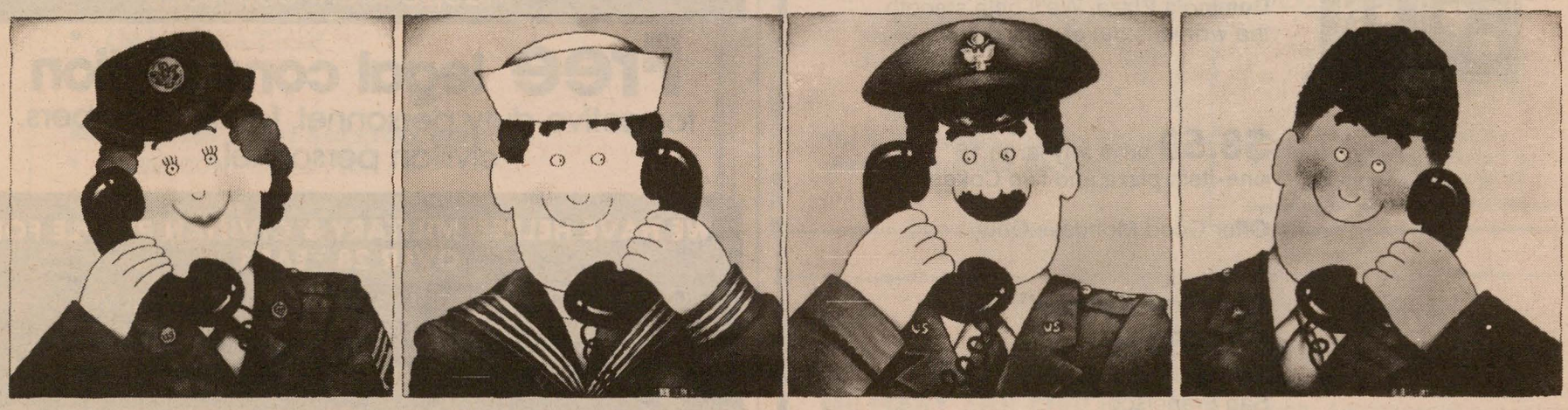

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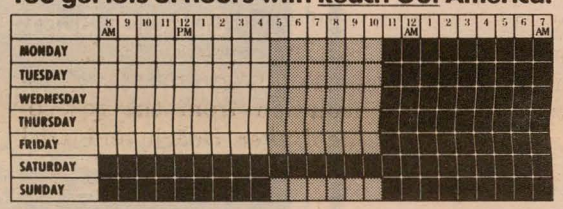

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Features

Mayors sworn in under Mayoral Program

by Karl C. Rankin Jr.

Wednesday at 5:30 p.m. June 19, the mayors who will represent the residents of the Presidio in the Mayoral Program were sworn in at the Green Room in the NCO Club.

Those sworn in as mayors were Peggy Fuhrmann of the Pershing area, Linda Schiaretti of the 1700 area, Dolores Jankowski of Fort Mason, Susan Driscoll of Fort Baker, Susan Honeychurch of Pershing, Donna Fagan of Pershing, Susanne Clyde of the 400 area and Vickie Spinks of Parks Reserve Forces Training Area (RFTA).

Col. Eugene D. Hawkins, post commander, spoke to the guests, agencies and organizations represented and said, "The key to the success of the mayoral program are the mayors." He also urged the mayors to have an open mind so everyone knows they care.

After the swearing in of the new mayors, each mayor explained what she thought were the problems and needs of her community.

Mayors' goals

Peggy Fuhrmann of Pershing housing area said, "I would like to improve communication between families and establish a neighborhood newsletter; also, to improve playground conditions and to find more activities for the children on the Presidio; to work with the MPs on improving parking problems in the Pershing area and improve visibility at the corner of Lincoln and Stilwell."

Linda Schiaretti of the 1700 area said, "I would like to improve on the playground area, like fixing up the toys worth fixing and cleaning it up; to establish programs for the teens living on the Presidio; to work with agencies so that existing programs and recreational facilities are more convenient for military families; and to help the communication between families and engineers to get the work done."

Dolores Jankowski of the Fort Mason community was not present, but her goals were read by Starine Cheek, Community Life Program coordinator. Cheek said, "Jankowski's goal is to clarify jurisdiction of Park Police and Presidio MPs at Fort Mason so that families feel safe and secure; to establish more communication between Presidio and Fort Mason; to help Fort Mason families know the appropriate Presidio agencies to call for help with specific problems and to improve the quality of life for the residents of Fort Mason."

The Fort Baker mayor, Susan Driscoll, said, "I want to initiate a line of communication among residents at Fort Baker and between residents and the Presidio, and to identify and try to resolve concerns of residents through community meetings—for example, dogs running loose, making stop signs and one-way signs more visible and preventing speeding in the neighborhood. Also, I would like to get the neighborhood unifed by holding community meetings, potluck suppers and clean-up days."

Already working

Driscoll pointed out that the program is already working in her neighborhood. They had a problem, worked through the system and the problem was quickly resolved.

Susan Honeychurch, from the Pershing community, said, "I want to work with the MPs on improving the parking problem in the Pershing area; to work with the engineers on the lack of lighting in the carport areas, as a safety issue for the residents in the neighborhood, and to get involved with my community so that I can help other families feel like they're a part of it, too."

Another Pershing area mayor, Donna Fagan, said she wanted "to encourage the establishment of post policies regarding minimum age for children who babysit and children left alone at home. I want to work with the Presidio agencies on providing fencing in the Pershing area for added security and partial isolation from the rest of public, especially in the Baker Beach and DLI [Defense Language Institute] areas. Also, I want to work with the engineers on coordinating work order scheduling to increase efficiency and quality of service. And I want to help change the Presidio from being just housing areas to becoming a real community, getting dependents involved in the military process and helping them understand the Army so they feel like a part of the Army family."

Susanne Clyde of the 400 area said, "I want to establish a neighborhood newsletter to open up communication between families in the 400 area and promote and further a sense of community within our neighborhood."

Vickie Spinks said, "I want to work with the agencies toward providing Camp Parks children transportation to school, thereby lessening the existing financial burden to the family; to establish a better line of communication between Camp Parks families and the Presidio engineers regarding the conditions of the homes; to establish and maintain a neighborhood newsletter to communicate accomplishments of the Community Life Program and keep residents more informed of Presidio activities and resources; and to bridge the geographic gap between Camp Parks and the Presidio by creating a feeling of mutual understanding and support."

Barbara Pruden, the mayor of the 1200 area, did not attend the ceremony.

The goals of the Mayoral Program are to provide the commander with community feedback, to give residents an opportunity to express their problems and concerns and resolve problems that have up till now gone unresolved.

Want to join?

There are neighborhoods still not represented in the Community Life Program. In the next couple of months there will be neighborhood meetings held to explain the program and recruit volunteer mayors. If you are wondering who your mayor is or know someone who could do the job, please call Starine Cheek, Community Life Program coordinator, at 561-5057.

Hawkins said, "We want to open up lines of communication between the families and the command with the ultimate goal of improving the quality of life for all those families that live at the Presidio or one of its subinstallations."

The Mayoral Program should help with the communication between families and the command and eventually improve the quality of life for all Presidio families. The next meeting of the Community Action Council in August will be a working meeting.

How Parent Support Group helps Presidio families

by Karl C. Rankin Jr.

When children suffer, all of us feel the pain. For parents of special children, children who are physically or emotionally impaired, educationally handicapped or terminal, there's assistance. In November, the Presidio began a support program to help parents who have children with special needs—the Parent Support Group.

Meeting once a week at the Army Community Services (ACS) Office, bldg. 556, parents gather to discuss one another's problems and interact with each other. According to Margie Dee, Exceptional Family Member Program coordinator at ACS, one of the important events that takes place during the meeting is role-playing (this is where parents play parent and teacher, parent and doctor and parent and child).

"We have had great feedback from parents on this. It has been very effective," she said.

Dee said one mother had difficulty explaining situations to a doctor. By putting her in a parent and doctor role-playing position, she later found ease in talking to the doctor about her child.

"It's helpful for parents to get together to talk with other people who have children with high needs," said Rose McBiles, a member of the group.

Support for Parents with Special Children (SPSC) was founded two years ago by Joan Cassel and Helen Rossini and helps people in the Bay Area at no cost. The Presidio Parent Support Group is an offspring of SPSC and is available to both civilian and military parents at no cost.

Cassel said the Presidio group of parents is probably one of the best groups around.

Within the group, according to Dee, there is an understanding among the 12 to 15 people, who participate weekly, to talk about how they feel about things. This is most important, she said.

The second most important thing is to give information and provide a referral service to the parents.

"The parents learn how doctors look at them as parents. The problems are the same. Often, doctors don't think we know anything about our children's problems, but we do," Dee said.

Soon a video recording of parents at the Parents Support Group will be shown to doctors in order to enlighten them about the parent's awareness of their situations, she continued.

Maggie Germek, a volunteer at ACS, has a daughter, Alliyson, who has had two heart operations and resulting kidney complications as well as some other problems.

Today, though cheerful and as well adjusted as any child her age, according to Germek, Germek herself says she still has feelings that seem like she's turning on a cartwheel around and around.

"Both my husband and I have a tendency to shift the blame from one to another. Yet, we both are thankful for some things, for instance, Alliyson has no neurological problems. Other people have children who are invalids or have severe physical problems, which she doesn't. Mine can function, though it's all very sad," she said. "Sometimes my husband and I both will just break down and cry at times because of it," she said.

Dee, who has an 8-year-old son who is deaf, said that the University of California Center on Deafness helped locate a school for her son.

"The deaf program in San Francisco was unacceptable. I taught him at home for a year before the Center on Deafness referred us to the California School of the Deaf in Fremont," she said.

Another parent of a special child is McBiles; a mother of a 22-month-old daughter, Sarah. Sarah has chronic problems with her kidneys which results in overactivity, according to McBiles.

"I had been looking for a doctor and was at my wit's end when I contacted the ACS office on post. It was a relief to talk to and join with people who had children with high needs. They were supportive and understood my problems," she said.

The Parent Support Group Program's people understand parent's problems, care and help parents of special children through counseling, referral and group interaction.

With the care generated from the Presidio and people everywhere, maybe someday children and parents can be free of unneccessary pain. If not, it won't be because there weren't enough understanding Presidians who tried.

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Feature

Dental care available to family members

by Wayne W. Herman

On Monday, the Presidio Dental Clinic will institute dental care for active duty family members. This change in policy was directed by the Defense Authorization Act of 1985.

This article deals with the specific dental services that the Presidio Dental Clinic expects to be available for active duty family members. The limitations, eligibility requirements and initial plans for scheduling were discussed in last week's article.

All services discussed are available on a space available basis only, and these projections of service are subject to change based on actual patient load.

The first step in obtaining care is to make a dental examination appointment. Appointments should be scheduled as previously described by contacting the dental clinic at 561-2877 or 561-2385 between 7:30 a.m. and 4:30 p.m. During the initial examination, both a clinical and an X-ray evaluation will be made of the patient's mouth, a treatment plan formulated and the portion of care that can be provided by dental clinic identified and discussed with the patient. The service should be available for all beneficiaries. People who currently are seeing private dentists can get a second opinion on the necessity of treatment if they desire.

The service most requested by patients is teeth cleaning; the goal of the Dental Clinic is to provide this service to each patient once a year. However, a number of problems have arisen to complicate this plan. The clinic has been unable to attract and retain hygienists—there has been an opening in this area for eight months. Nevertheless, the staff will continue to work on a solution to this problem. Cleaning, at present, will be available on a limited basis to active duty family members and retired service members.

Restorations or fillings will be available on a limited basis to active duty family members. In order to divide this resource among as many recipients as possible, patients will be limited to two filling appointments. If additional treatment is required, the family member must seek dental care from civilian sources. Complex cases which cannot be completed within the two-appointment limitation may be immediately referred to civilian sources. Teeth that are so badly decayed or broken down that they cannot be restored with simple restorations will be referred to civilian dentists also.

The dental staff can offer any oral surgery services that are clinically indicated. These services include the removal of one or several teeth, removal of wisdom teeth and biopsies of oral lesions.

The staff also is able to provide orthognathic surgery to correct facial deformities such as a jaw which may be too large. If patients are seeing a private dentist who recommends that they have oral surgery done, this can be performed if patients get a request in writing from the dentist which specifies the desired treatment. All oral surgical services are available to all eligible recipients.

Periodontal therapy encompasses many forms of therapy which have as their goal the preservation of the teeth by obtaining or maintaining gingival (gum) health. Periodontic treatment usually begins where conventional cleaning ends. The treatments range from simple deep scaling through grafts to periodontal surgery. Occasionally patients are confused about the distinction between periodontal surgery and oral surgery.

Periodontal surgery is a specialized technique to eliminate chronic infection in the gum tissues. While both periodontal and oral surgery are surgical techniques, they are performed by two different dental specialists. The clinic expects to provide limited periodontal treatment for both active duty family members and retired service members.

Endodontics, or root canal therapy, is a method for preserving a tooth even after the pulp of a tooth has been irreversibly injured; it frequently requires several dental visits to complete. Endodontic therapy will be available on a limited basis for active duty family members and retired service members.

The prosthetic replacement of missing teeth through the construction of bridges, partial dentures or complete dentures can be a very time-consuming procedure. So the decision to replace teeth and the method by which replacement is done is a highly individualized procedure which is decided on a case-by-case basis. Almost all the clinical appointments available for replacement of teeth with fixed bridges are required by active duty soldiers. However, there will be a limited ability to provide fixed prosthetic procedures for active duty family members. Removable prosthetics will have a moderate number of openings for treatment of active duty family members and retired service members. Family members should be aware that recent regulation changes require the Dental Clinic to charge a nominal fee for prosthetic appliances (bridges, etc.)

Unfortunately, certain specialty services simply are not available at the Presidio Dental Clinic. One of these is pedodontics, or children's dentistry. Children present certain unique dental management problems which are best handled by specialists in this area. The lack of a specialist, however, does not preclude all treatment of children. The care the staff *can* provide for children has to be relatively simple and it must be possible to treat the child in a conventional manner without sedation or restraint. Generally, it is likely the child needs to be seen by a specialist in children's dentistry when the child is very young, has multiple or complex dental problems or is apprehensive of dental care.

The Dental Clinic also does not have a specialist in orthodontics. During the examination process, the staff can make certain observations and predictions about a child's growth and development. If the parent wants the specific advice or orthodontal treatment (such as braces), it is necessary to seek this from civilian sources.

Emergency care to relieve pain and eliminate infections will continue to be available as it has been in the past to all eligible recipients.

The projected space-available dental care as described is subject to periodic re-examination and revision. However, the priorities established by Congress must always be followed. The dental staff accepts this challenging new mission with enthusiasm and is confident that they can significantly improve the dental health of the active duty family members.

No time for breakfast? Ha!

No time for breakfast?

That's what many late risers say. But it isn't necessarily so! Check out these ways you can build a breakfast around foods that are ready to eat or take little preparation time.

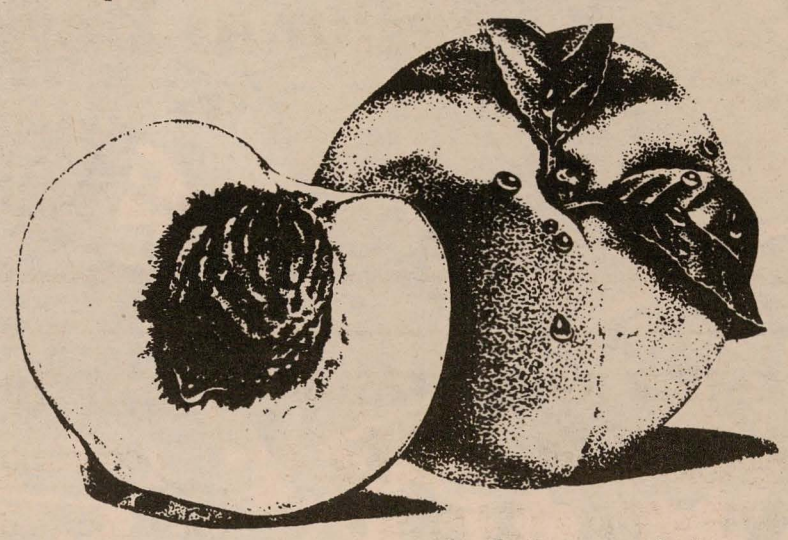
Quick-to-fix foods:

- Fresh, canned or frozen fruit and vegetable juices. Fresh and frozen juices can be prepared ahead and stored in the refrigerator.
- Fresh, canned or dried fruits.
- Milk, yogurt, cheese, cottage cheese or custard.
- Leftover poultry, fish, and meat; canned fish such as tuna.
- Leftover main-dish casseroles such as macaroni and cheese.
- Breads, muffins, rolls and the like.
- Ready-to-eat cold cereals. (Buying unsweetened cereal allows you to control the amount of sugar—if any—added to cereals. A few presweetened kinds contain more than 50 percent sugar. The sugar content of some ready-to-eat cereals is listed on the label.)
- Frozen pancakes, waffles and French toast, homemade or bought.
- Quick breakfast drinks. Make drinks or shakes in a blender from milk and fruits or spices such as cinnamon or nutmeg.

For those occasions when family members are late for work or school, foods that can be eaten along the way mean the difference between breakfast and no breakfast. Add one or two extras to your lunch bag which can be nibbled on the way to school or work, or soon after you arrive.

Here are some foods you can eat "on the go" for breakfast:

- Fresh fruits such as apples, bananas, oranges, strawberries or tangerines.
- Celery stuffed with peanut butter or a meat or cheese spread.
- Cherry tomatoes; strips of carrots, celery and green pepper; raw cauliflower or broccoli.
- Canned fruit or vegetable juices, fruits and puddings.
- Hard-cooked or deviled eggs. (Highly perishable foods such as deviled eggs, chicken, meats and meat spreads need to be kept refrigerator-cold if held for more than two or three hours before eating.)
- Cheese and crackers.
- Cold sliced meat loaf.
- Leftover chicken or turkey.
- Milk.
- Sandwiches.



U.S. Department of Agriculture

photo by Bob Walker

Make-a-Circus performers act in a scene entitled *Circus Comes to Toy Town.*

The day the circus came to post

by Bob Walker

Whoops, hollers and giggles from children and adults alike filled the air Thursday during the Make-a-Circus performance held near the Post Library.

The circus gave children (many of whom were bused in from family housing areas) a chance not only to see a circus, but to learn how to put on a circus and to perform in a circus act themselves.

According to Karen Jupe, Family Child Care director at the Child Development Center (CDC), the circus idea came about while CDC was planning its Summer Fun Program. it was decided to use the circus to kick off the summer program for CDC, Youth Activities and the Arts and Crafts Shop.

Even though some youths appeared timid about participating in the circus, many found the motivating force to get involved and appeared to be glad they did.

Before the workshop began, a few children expressed their feelings about the performance.

Kristin Wiley, a 13-year-old Presidian, said, "They're talented; it's funny. I'd rather watch than be a part of the act."

Nine-year-old Christina Shaffer said, "I think it's funny. Sometimes I can do a back flip, but I don't always land on my feet. I don't want to be in the show."

Kristen Smith, 7 years old, said, "It's fun. I'd like to be in a circus show someday."

Cecil Miller, a Presidio parent, said, "It's a pretty good show. I would like to have my 8-year-old daughter, Venita, take part in the workshop and be in the show. She likes doing cartwheels and jumping. I'm glad I brought my girls out to the circus."

Make-a-Circus people explained why they put on these events.

Laurence Davis said, "We love it! We like kids and we like to perform; it's a way to express ourselves. It gives the kids an idea of what they can do."

A male participant in the show who asked to remain anonymous said, "It [the act] tells the kids important things in the world like love and peace. There are a lot of good messages we can tell the children."

Oran Canfield, an 11-year-old, said, "I think it's great! I was with the circus last year. Being a part of the circus is one of the best experiences I've ever had."

Several Presidio organizations had displays and games; the Aquarius Swim Club had a display and a sign-up and sold popcorn; the Girl Scouts sold buttons and had a Ping-Pong ball toss; the Cub Scouts had a "Drop-a-Dime" candy booth, while the Boy Scouts sold soft drinks; and the Arts and Crafts Shop people sold T-shirts and signed up people for summer classes.

As the day concluded, one could only wonder if any of the young Presidians someday might join a circus to teach future children about love and peace, or just to make others laugh.

photo by Bob Walker

Molly Merkle takes a jump during a scene from *Circus Comes to Toy Town.*

photo by Bob Walker

Laurence Davis walks a tightrope during the circus performance.

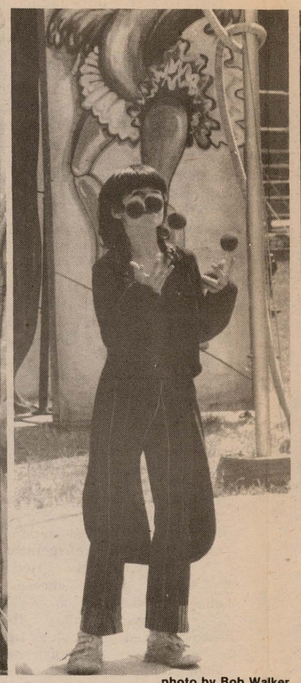


photo by Bob Walker

Oran Canfield juggles one, two, three, *four* at once!

photo by Bob Walker

Kids learn how to make pyramids and become a bridge in the circus!

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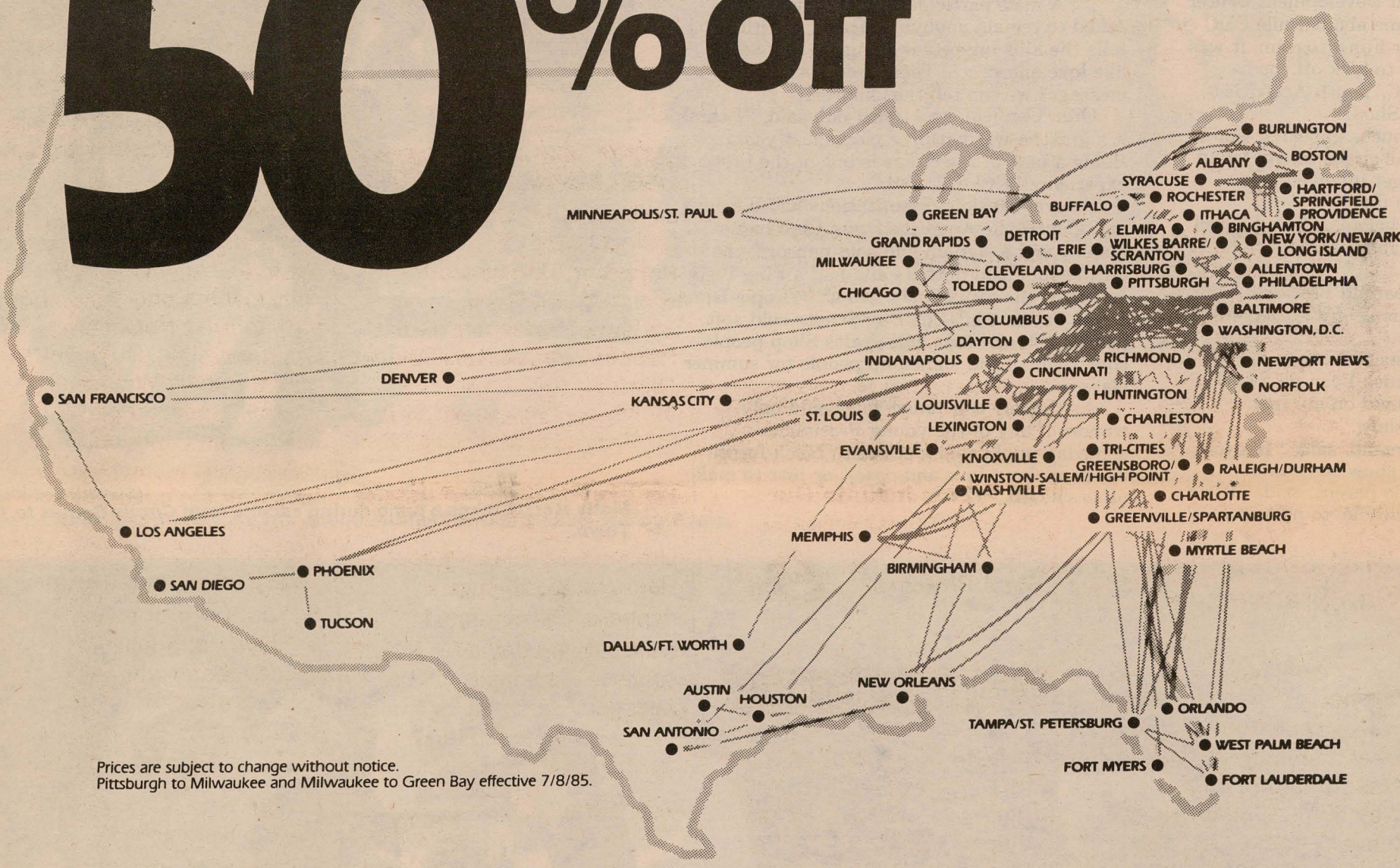

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How long can I stay? As long as you want to, up to one year. There is no minimum stay.	Same requirements as for military personnel.
Does my family have to travel together? No.	Military dependents may travel separately as long as children ages 2-9 are accompanied by a military dependent at least 10 years of age.
How do I get the Military Fare? Just present your green active duty military I.D. or discharge papers when you purchase your ticket and when checking in.	Military dependents at least 10 years of age must present a tan Uniform Services Dependent Identification card marked "active". Military dependents ages 2-9 must present proof of family relationship when checking in.

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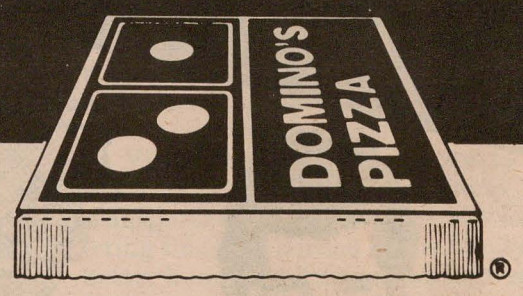

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1-item	$5.65	$ 8.52
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3-item	$7.35	$11.02
4-item	$8.20	$12.27
5-item	$9.05	$13.52

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1. Know what you want before ordering (size of pizza, how many, what you want on it, any Coke®?)
2. Know the phone number and address from where you are calling. Is it a house or apartment? What is the nearest cross street?
3. When placing the order, let us know if you have large denomination bills.
4. Remain by the phone after ordering. We may call back to confirm the order.
5. Turn on your porch light.
6. Have coupons and money ready when the driver arrives.
7. Enjoy your pizza!

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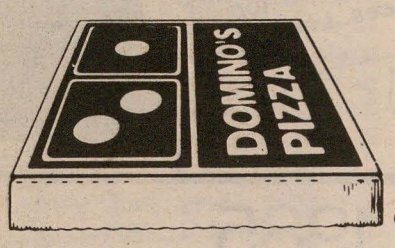

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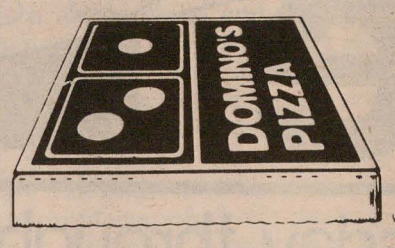

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- Children's knit tops and shorts, 20% off
- Women's Nike joggers, 15.95 our reg. $20
- Maidenform daywear, save 25%
- Cook'n Ca'jun smoker and grill, 47.50 our reg. 57.50
- Black & Decker power tools, 12.95-27.95 our reg. 15.95-32.95
- Pow-R-Vac wet and dry vacuum, $35 our reg $45
- Revere Ware 11-pc cookware set, 89.95
- Igloo Coolers, 5.95-8.95 our reg. 8.95-13.95

There's always a store full of savings waiting for you at your exchange

Salute the 4th! sale

30% off all swimwear

Save a big 30% all week, on swimwear for everybody in the family. You'll find the season's top styles and colors, at can't-be-beat prices. Limited quantities.

Wednesday through Sunday 3–7 July 1985

Community Calendar

Placards for disabled

Starting Monday, all existing permanent Disabled Person (DP) placards will be phased out as the Department of Motor Vehicles (DMV) starts issuing new ones to people who qualify for them, DMV Director George E. Meese announced June 20. By October 1, 1985, only the new placards will be legal.

A California Vehicle Code change enacted last year authorizes DMV to set up a computerized roster which can quickly identify the placard owner. It also authorizes DMV to give each eligible applicant a non-photo ID card with a number matching the one on the placard.

The new permanent DP placard is made of white, heat-resistant plastic, the size of an automobile license plate, with a red border and wheelchair symbol. The lettering and placard number are black.

Persons with temporary disabilities may get temporary placards and ID cards, good for up to one year. The temporary placard resembles the current ones—blue with black lettering. The expiration date is written on the placard and will be recorded in the computer. Temporary placards *already* issued will remain valid until they expire.

All placards will cost $6. All permanent placards will expire at the same time: June 30, 1987. Holders of the new placard will get the expiration notices before that date.

Placard applicants will have to submit a recent doctor's certificate unless their disability is self-evident (i.e., an amputation) and they apply in person.

People who already have Disabled Person or Disabled Veteran license plates on their cars don't need to resubmit medical evidence of their disabilities. People with these plates have disabled parking privileges without having to display a placard, but may exercise that right by also using a placard. All plates are of the reflectorized type (white with blue lettering) and carry either the prefix DP or DV. DP and DV plates were reissued late in 1983.

DMV expects to issue up to 400,000 permanent and 10,000 temporary placards by October.

Placards are intended to be placed on the vehicle's dashboard behind the steering wheel when the vehicle is parked in a disabled person parking space or stall, or a metered zone. A placard so displayed entitles the vehicle owner to park for unlimited periods in zones with time restrictions (along green or blue curbs and in areas posted with signs), and to park in metered zones without paying. The placard does not permit parking where prohibited, as at red curbs, near fire hydrants, tow-away zones, etc.

Persons planning to get the new disabled person placard may apply at DMV offices after Monday. (But they may get their medical certificate sooner.) They may phone their local DMV office and have an application blank mailed to them. It can be mailed back; no personal appearance at a DMV office is required if a doctor's certificate is submitted.

Many organizations and clinics which serve the disabled are helping their clients to apply for the new placards.

photo by Herbert Migdoll

The Joffrey Ballet

Jerel Hilding and Beatriz Rodriguez perform in the Joffrey Ballet's version of Shakespeare's *The Taming of the Shrew.*

Joffrey Ballet

The Recreation Center ITT Office has discounted tickets for the Joffrey Ballet performance of *The Taming of the Shrew.* This Shakespeare classic is filled with love stories, comedy and spectacular dancing.

Tickets are available for Friday, July 12, at 8 p.m. at the Opera House. For center orchestra seating, the discounted price is $18, reduced from $24.

The ITT Office is located in bldg. 385, 561-3992. The hours of operation are 11:30 a.m. to 1 p.m. and 2 to 5:30 p.m., Monday through Friday.

English workshop

Did you speak another language before you learned English? If so, you may have learned some English skills very well, but have difficulty with others. For instance, you may be able to read and write English, but have trouble speaking it.

If this could be you, and you have an English skill you want to improve, the Education Center has designed a program that zeroes in on specific language problems. Three workshops have been scheduled from July 8 through August 21.

The workshop *The Logic of English Sentences,* which will be held Monday through Thursday, from 2:30 to 4 p.m., stresses accurate punctuation and quality and variety in your writing.

Spelling, held from 4 to 5:30 p.m., helps you learn spelling rules and improve your vocabulary. *Basic English* is taught from 12:30 to 2:30 p.m. and is for people who have a lot of problems communicating in English. In this workshop, you will work on speaking, listening, reading and writing.

For more information or to enroll, call the Education Center at 561-2974 or 561-4445.

Youth Activities

Youth Activities is offering the following classes for the summer—swimming, arts and crafts, tennis, racquetball, weight training, computer operations, theater arts, gymnastics and fencing.

The program began June 24 and ends August 30. If you are still interested in signing up, please call 561-5143 or come by bldg. 569, Child Development Services.

NCO/Enlisted Club

REMINDER!! The drinking age for alcoholic beverages is 21 and, as a rule, persons under 21 cannot enter civilian drinking establishments. However, people under 21 are allowed to use military clubs, but the only problem is you cannot drink any alcohol—you can still enjoy the facilities otherwise.

Country and Western Night is now at the Fort Scott Annex every Saturday from 7:30 p.m. to 1:30 a.m. Soul entertainment in July will be at the Tradewinds on Saturday nights from 8 p.m. to midnight. The Two-for-One Steak Night is still on Saturday nights.

P.S. We are still making pizzas!

At the movies

Presidio Theater

Fri,	June 28	Tomboy (R)	7 p.m.
Sat,	June 29	Code of Silence (R)	7 p.m.
Sun,	June 30	Code of Silence (R)	7 p.m.
Mon,	July 1	Code of Silence (R)	7 p.m.
Tue,	July 2	Desperately Seeking Susan (PG-13)	7 p.m.
Wed,	July 3	Desperately Seeking Susan (PG-13)	7 p.m.
Thu,	July 4	Blood Simple (R)	7 p.m.

Schwartz Theater

Mon.	July 1	Tomboy (R)	7 p.m.
Wed,	July 3	Code of Silence (R)	7 p.m.
Thu,	July 4	Desperately Seeking Susan (PG-13)	7 p.m.

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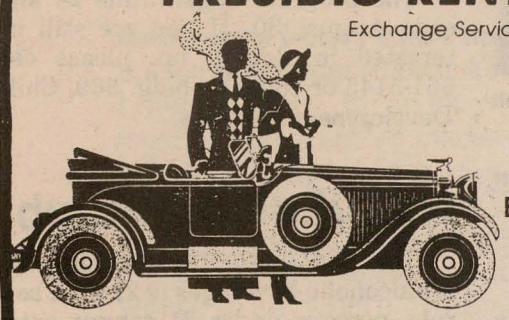

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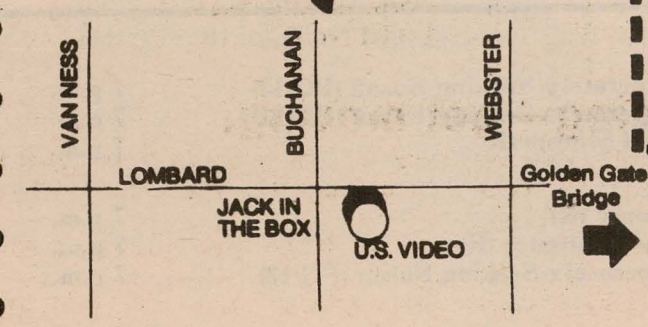
U.S. VIDEO



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FRI.-SAT.: 11am-10pm
SUNDAY: 11am-8pm

Sports

Cdr's golf tourney results

by Karl C. Rankin Jr.

The Commander's Spring Golf Tournament was held June 19 and 20 at the Presidio Golf Course. There were 13 golfers in three divisions: the Senior division, the Open division and the Callaway division.

The Senior division winner in the low gross (the best score before the handicap is subtracted) was John Dobbs. The low net winner (after handicap is subtracted) was Richard Casias. In the Open division the winners were Jim Valentine with the low gross and Robert Stacy with the low net.

In the Callaway division, for new golfers, the winners in the low gross category were Robert Mahoe with first place and Glenn Rouse with second place. The low net winners in the Callaway division were Jake Caulk, first place, and Michael Franks, second place.

Tournament standings are listed below showing the number of strokes for the first nine holes followed by the second nine and the total score last.

Senior division—over 40
First round

John Dobbs	41-39—80
Richard Casias	46-47—93
Ronald Weimer	51-44—95
Roko Smiljanic	44-56—101

Final round — **Low Gross**

John Dobbs	80-78—158
Ronald Weimer	95-86—181
Richard Casias	93-100—193
Roko Smiljanic	101-105—206

Low Net

John Dobbs	70-68—138
Richard Casias	69-76—145
Ronald Weimer	78-69—147
Roko Smiljanic	75-85—160

Open division—under 40
First round

Gary Dutcher	39-41—80
Jim Valentine	43-40—83
Robert Stacy	44-48—92

Open division
Final round — **Low Gross**

Jim Valentine	83-79—162
Gary Dutcher	80-91—171
Robert Stacy	92-85—177

Low Net

Robert Stacy	70-63—133
Jim Valentine	70-66—136
Gary Dutcher	65-76—141

Callaway division
First round

Glen Rouse	44-47—91
Jake Caulk	51-46—97
Robert Mahoe	54-46—100
Frank Muller	56-51—107
Michael Franks	62-55—117
John Cunero	65-56—121

Callaway division
Final round — **Low Gross**

Robert Mahoe	100-85—185
Glen Rouse	91-97—188
Jake Caulk	97-96—193
Frank Muller	107-107—214
Michael Franks	117-101—218
John Cunero	121-120—241

Low Net

Jake Caulk	76-75—151
Michael Franks	76-86.5—152.5
Frank Muller	77-76—153
Robert Mahoe	78-75—153
Glen Rouse	77.5-77—154.5
John Cunero	74.5-80—154.5

photo by Karl C. Rankin Jr.

Robert Stacy, winner of the Open division low net trophy, sinks his putt on the 18th hole of the final round of the Commander's Spring Golf Tournament.

Softball schedule

July 1, Field No. 1

864th Engineers	vs	USAG	4:30 p.m.
LAMC No. 1	vs	LAMC No. 2	5:45 p.m.
LAMC No. 1	vs	LAIR No. 1	7 p.m.

July 1, Field No. 2

6th Army Band	vs	Co. G, DLI-SF	4:30 p.m.
OR Docs	vs	Oakland	5:45 p.m.
LAMC MSC	vs	Attorneys	7 p.m.

July 2, Field No. 1

DEH	vs	LAIR No. 1	4:30 p.m.
Co. H, DLI-SF	vs	Bay Ward	5:45 p.m.
Co. H, DLI-SF	vs	Corps of Engineers	7 p.m.

July 2, Field No. 2

LEC	vs	USAG	4:30 p.m.
864th Engineers	vs	FBI	5:45 p.m.
6th Army Band	vs	AAFES	7 p.m.

July 3, Field No. 1

6th Army Band	vs	LAIR No. 2	4:30 p.m.
LAMC MSC	vs	Co. G, DLI-SF	5:45 p.m.
OR Docs	vs	USAG	7 p.m.

July 3, Field No. 2

Six Packers	vs	864th Engineers	4:30 p.m.
Six Packers	vs	Doctors Plus	5:45 p.m.
DEH	vs	LAMC No. 2	7 p.m.

4th of July softball tournament

Games are scheduled throughout the 4th of July at Fort Scott Fields No. 1 and No. 2. Play will continue Friday evening and conclude on July 6. Come on out and watch the best players in the Presidio softball program in action!

PSF intramural softball program

The Presidio intramural softball season is at the halfway mark with more than 125 games in the book. LAMC No. 1 is still undefeated with a 10 win and no loss record followed by the Six Packers with 11 victories and one defeat. Oakland Army Base is in third place with 11 wins and three losses. Although LAMC No. 1 has been undefeated in the last two years, the defending champions have been struggling to maintain their undefeated string.

On Monday, LAMC No. 1 takes on LAMC No. 2 at 5 p.m. and LAIR No 1 at 7 p.m. on Field No. 1, Fort Scott. Could this be the night that the champions' string is broken? According to Coach Burton it's going to be a long time before this team tastes the "agony of defeat." What do you say, LAMC No. 2 and LAIR No. 1??? Does Steve leave the Presidio with a loss or will his team continue to trounce their opponents?

Standings as of June 21

	W	L
LAMC No. 1	10	0
Six Packers	11	1
Oakland	11	3
DEH	9	4
Co. H, DLI-SF	8	4
LEC	7	4
Attorneys	6	4
LAMC No. 2	6	5
USAG	6	5
OR Docs	5	5
FBI	5	4
Doctors Plus	5	5
LAMC MSC	6	5
Co. G, DLI-SF	6	7
864th Engineers	5	7
LAIR No. 1	5	7
AAFES	3	7
6th Army Band	3	8
USAISC	2	9
Corps of Engineers	2	0
LAIR No. 2	1	1

Aerobic dancing—get moving!

Summer fun with aerobic dancing by Jackie Sorenson features easy steps and inspiring music to make exercise enjoyable. Why not try it?

A new session began June 25, Tuesday through Thursday mornings from 9 to 10 a.m. at Gym No. 2 (behind LAMC). Classes are 10 weeks long for $56, or six to eight weeks at $3 a class. The instructor is Sarah Owens.

For more information, phone 387-8296. The class is open to everyone and there is a free trial class.

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To those who gave: sincere thanks from two grateful Presidians, **page 3**

Poster child: Presidian wins conservation poster contest, **page 5**

Molesters: how to protect your child **page 5**

Star Presidian

Vol. 28, No. 27 "Published in the interest of the people of the Presidio of San Francisco." July 5, 1985

News briefs

Dental disk ID system

Many parents today are concerned about the number of missing children in this country; it alarms all of us. Many of us worry that our own children could be abducted. Is there anything that can be done to help find or identify children if they are abducted, lost or injured? Yes!

The Presidio Army Dental Activity is providing an identification disk which is bonded to a back tooth. The application requires no shots or anesthesia, takes about 20 minutes to apply and provides a wealth of information to medical people or police. The bonding is done in the same manner that orthodontic brackets are bonded to teeth—talk to someone with braces.

The Dental Clinic is initially making this service available to children and teenagers, ages 6 to 18, of active duty military. If you are interested in taking advantage of this opportunity for your children, call DENTAC headquarters on any Monday or Tuesday from 2 to 4 p.m. at 561-5220.

You will need to provide the following information for each child: name, date of birth, home address, home phone number, pertinent medical history, status (son or daughter), sponsor's rank and name, sponsor's Social Security number, sponsor's unit and duty phone.

Please have this information ready *before* calling. After giving the necessary information, you will be given a date and a time to have the information disk bonded to your child's back tooth.

Please note that the clinic can take the information and give appointments only on Mondays and Tuesdays from 2 to 4 p.m. at 561-5220. The information for each child will be stored in DENTAC's computer files for instant retrieval should it ever be required.

New Command Sgt. Maj.

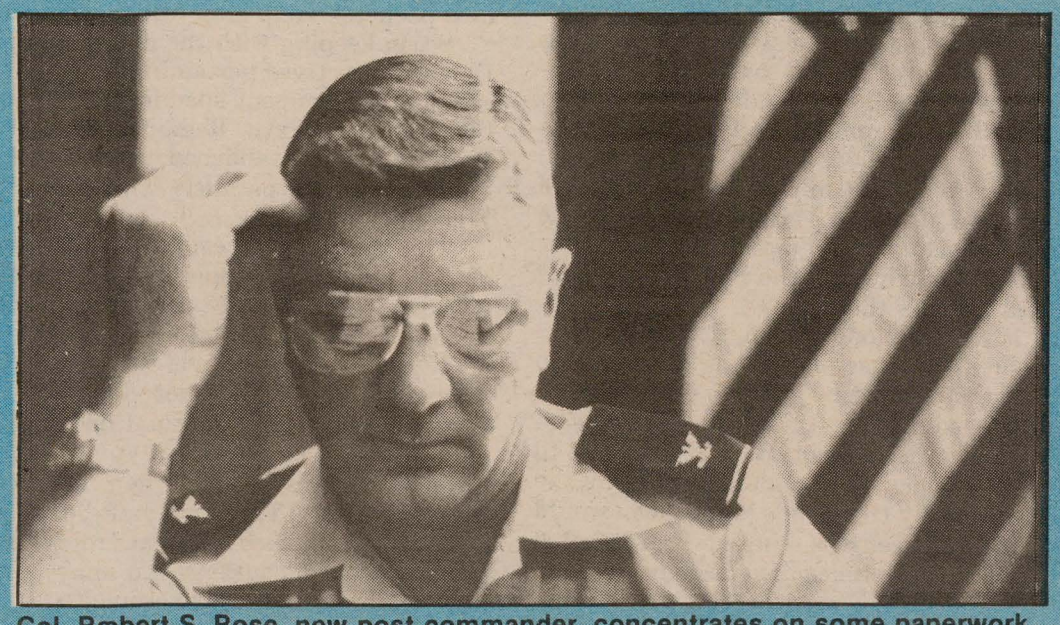
Presidio's new post command sergeant major arrived June 24.

CSM John P. Carvalho's previous assignment was as post command sergeant major of Fort Shafter, Hawaii. He has over 25 years in the service and said he would like to see further improvement in the lives of soldiers, their families and the community.

Pediatric physicals

Routine pediatric physicals, as required by schools and camps or for athletic participation, will be conducted on Saturday mornings, July 27 and August 10.

Appointments may be made by calling Letterman Central Appointments at 561-5324. You are reminded to bring your child's medical card and immunization record with you to the Pediatric Clinic for the appointment.



Col. Robert S. Rose, new post commander, concentrates on some paperwork.

PSF changes commanders

Story and photo by Bob Walker

Experience plays a key role in making a good post commander, and is one of the many things Presidio's new commander brings to his position.

Col. Robert S. Rose took command of the Presidio Wednesday as Col. Eugene D. Hawkins retired.

Rose began his military career when he enlisted in the Army in 1953, near the end of the Korean conflict. In 1958 he completed the Basic Infantry Officer Course, going on to Airborne School in 1959.

In his career, he has occupied every leadership position from team leader, as a young NCO, right through brigade commander as an officer.

He served as aide-de-camp for the commandant of the Infantry School at Fort Benning, Ga., and later as the commanding officer for Company D, 58th Armored Rifle Battalion.

During 1963 and 1964 he served as advisor to a Vietnamese Infantry Battalion assigned to the 25th Vietnam Infantry Division and was district advisor and detachment commander of Advisory Team 7 in Vietnam.

After Vietnam, Rose was assistant professor of military science at the University of Pennsylvania.

He then took command of the 1st Battalion, 8th Infantry (Mechanized) at Fort Carson, Colo., in January 1973, and later was made Inspector General for Fort Carson and the 4th Infantry Division.

In August 1980, Rose assumed command of School Brigade, U.S. Army Infantry School, at Fort Benning, Ga.

Prior to assignment at the Presidio, Rose served as commander of the U.S. Army Readiness and Mobilization Region VIII in Aurora, Colo. He came to Headquarters, 6th U.S. Army as the Assistant Chief of Staff in June 1984.

Concerning plans for the Presidio, Rose said, "I hope to build upon the very solid foundation that Col. Hawkins and his predecessors have built and at the same time to strengthen and enhance the community life for all of our soldiers and family members on post."

When asked what his goal in life is, Rose said, "To try to leave a better place. All of us have to feel what we are doing is helping to improve the total good of all the people. We each, in our own way, make a small contribution, making life better for our fellow man."

The new commander advises our young troops to "be all you can be. Anything worth doing is worth doing well; if you aren't willing to do your best, it's not worth doing at all."

Hawkins, who has known Rose for about five years, said, "Col. Rose is a gentleman, a very professional officer and an airborne trooper. He's going to provide the dynamic leadership to continue Presidio in its leading role. We're in a winning mode, and with Col. Rose, we will continue to soar. He's a good, solid commander. Presidio is fortunate to get such a quality officer as Col. Rose. He and his wife will both be a great addition to the community."

Talking with the new commander's wife, Janet, provided some insight as to what Hawkins meant. She said, "I will support my husband the way I always support him, doing volunteer work and being part of the Officers' Wives' Club. I think we have a good working relationship. We both have a strong commitment to the Army family; we are both people persons. He listens to what wives want as we share each other's concerns. He's had a number of commands and he's always been interested in knowing what others want."

With this experience and concern for family life, it becomes apparent why Hawkins is confident in the new commander's leadership and ability to keep Presidio in a winning mode.

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Opinions

TAKE A BITE OUT OF CRIME

The four-word phrase "fraud, waste and abuse" is one that almost everybody has heard or read. If you are a military or civilian employee, this phrase should be significant to you. However, there are too many people to whom these words carry no significance. These people do not listen to the words and do not get the message that is being sent to them. Before I move on, I think it appropriate to say "thank you" and "good work" to those of you who try to put an end to fraud, waste and abuse.

Now let's pretend for a minute. Suppose it were permissible to drive a government vehicle downtown to lunch or to do personal business. It doesn't take too much time; the cost of the gas is only pennies. What's the harm?

Well, if it was just one person; not very much. However, if it is permissible for *one* person to do this, the same right must be given to everyone else.

On the Presidio alone there are hundreds of government cars and trucks. So we will have to multiply the pennies by hundreds, then in the state of California by thousands. How much would it add up to all over the United States—plus overseas?! Why, the pennies have become millions of dollars!

Now we are faced with another problem: people don't want to get involved.

A construction worker, employed by a contractor who was building a facility for the government, was seen taking a few boards and nails and putting them in his car. This happened two or three times, and a co-worker called the "Fraud Information" hotline. Result: $250 worth of material was recovered. The man was tried by a federal court and convicted; the government saved $250. This is an example of cases that have happened. The situation and amount are different.

Now, let's reflect a little. Some of the things you see every day that, to you, really don't matter, like paper, pens, pencils, gas and other things are things that you *think* taking a few wouldn't really do any harm. However, their theft adds up to millions. Well, how does that affect me, you ask? Let me tell you! Look at your pay stub under the federal tax section. Now think: what are you paying taxes for? If you haven't guessed, it includes the waste that you can prevent!

Let's keep the money where it belongs (in our own pockets). Help stop fraud, waste and abuse!

So, in keeping with the current Department of Defense directives pertaining to fraud, waste and abuse in government spending, the San Francisco Field Office, Sixth Region, USACIDC, at the Presidio, has established a Fraud Information Hotline, which parallels the DoD Hotline in Washington, D.C.

This Hotline was established to enable people at the Presidio to report fraud, waste or abuse without the fear of any repercussions. Total anonymity can be maintained.

If you contact CID via the hotline and provide information, you do not have to give your name, only provide information surrounding the circumstances or event that you feel is causing the government losses. You can also contact the Presidio CID Office, and make arrangements to discreetly meet with an agent from their office and provide any information you may have, and you still remain anonymous through the CID Source Program.

The **Hotline** number is; Commercial: **(415) 561-3578**; Autovon: **586-3578.**

Our hats are off, and a special thanks is given to a Presidio resident who, in the early morning hours, notified the Military Police of a person in his neighbor's house. Because of his awareness, the Military Police were able to catch the would-be burglar. Again, thank you and keep up the good work!

Coming up soon:

Operation Identification. You can have your personal items engraved and recorded for your safety. For information, call Sgt. French, Crime Prevention Section, at 561-5011.

The LAMC Dental Clinic has worked out a way to put a microchip implant on one of the teeth of a Presidian (family members), and the Military Police hope to do fingerprinting along with them. We hope this form of identification will be useful.

Let us know your thoughts and feelings about this. Call Sgt. French at 561-5011.

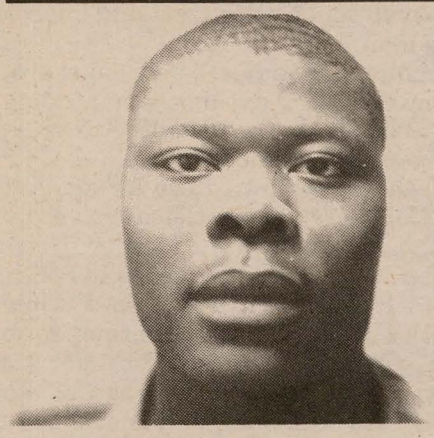
Crime report

The following incidents were reported to the Military Police from June 23 through 30:

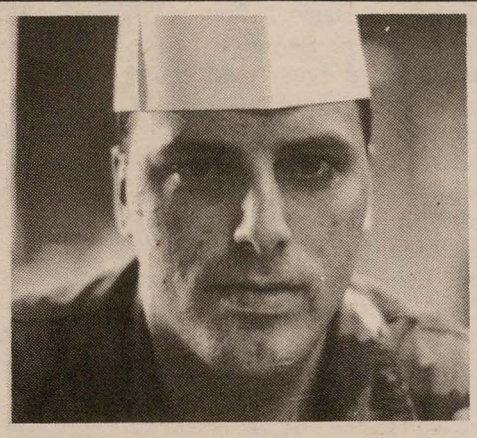
- Someone broke several items off a car in the Pershing housing area.
- Someone took a digital clock from a patient's room in LAMC.
- A dictaphone was taken from LAMC.
- A hibachi pot was damaged by unknown person(s) in the Pershing housing area.
- An unsecured $20 bill was taken from a patient's room in LAMC.
- Someone broke into a room at Thompson Hall and stole three $50 bills and a pair of sunglasses.
- A person had his tire punctured while he was shopping in the Commissary.
- A Commissary worker was caught by Commissary security taking store items without paying. The items were recovered.
- A burglar was nabbed leaving a set of quarters by the Military Police acting on a tip. The quarters occupants were on leave.
- Two barber clippers were taken from the Barber Shop at Parks RFTA when the shop was closed.
- There were three traffic accidents.
- There was one drunken driving incident.
- There was one case of marijuana possession.

Ramblin' Sam

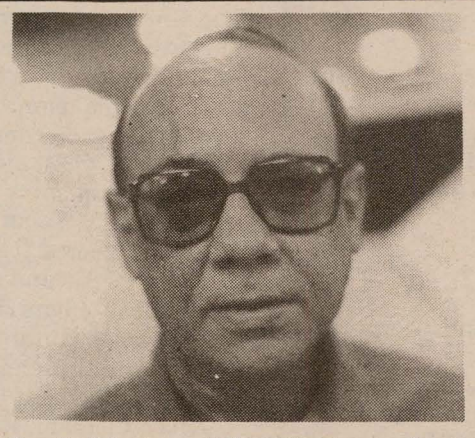
"What historical figure would you like to spend the day with? Why?"



PFC Willie Scott, unit supply specialist, LEC: "I would like to spend a day with President Reagan because I really like the way he handles things in public with minorities."



PFC Donald Labello, cook, D Co., 864th Engineer Dining Facility: "I would like to spend the day with John F. Kennedy because I thought he was the best president we ever had. It was a loss when he was killed."



Brad Wease, SIDPERS analyst, COMPACT: "I'd have to pick General MacArthur. I'm fascinated with people as supremely self-confident as he was. He was so utterly disliked by so many of his peers that I'd be very curious to see how I'd get along with him, although I wouldn't be near his peer."

Helen Zorzakis, instructor, Education Center: "I would like to spend the day with William Carlos Williams, who was a poet. In the simplest things he saw the most beautiful. His vision was clear and he had a no-nonsense approach to life. You could feel a real sensitivity in his poetry. Even though a poet, his profession was as a medical doctor."

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Caring Presidians prove 'Total Army Family' works

by Liz Greeley

Some of you may remember the editorial I wrote about supervisors who weren't allowing their people recuperative time off after giving blood. In fact, I called those people "Scrooges," who were discouraging blood donations.

Well, I have not changed my mind.

But I *have* discovered some supervisors, whether military or civilian I couldn't discover, who really care about the people who work for their organization.

The humane and caring supervisors I'm talking about work at the Directorate of Personnel and Community Activities (DPCA).

During the last blood drive, they found out that two COMPACT civilian employees, Norman and Margaret Lambert, have a son named James Hollister (Margaret's son from a previous marriage), who has leukemia. They also found out that James had taken a turn for the worse, requiring numerous blood transfusions.

For those of you who have never needed a transfusion, it is costly and the bills add up quickly when the patient needs as many transfusions as someone with leukemia. However, if you donate blood in the patient's *name*, those costs are saved.

So DPCA encouraged people to donate blood in James Hollister's name. The result was that more than 30 people from all over the Presidio donated blood in James' name, according to Anne Seaton of COMPACT.

And there was one other result—the Lamberts asked that this letter of thanks be published:

Well done Presidio!

"All too often we are bombarded with tragic news stories because they appeal to our instinctive curiosity. This is not one of those. To the extreme contrary, it is about our innate ability to do the right thing when called upon.

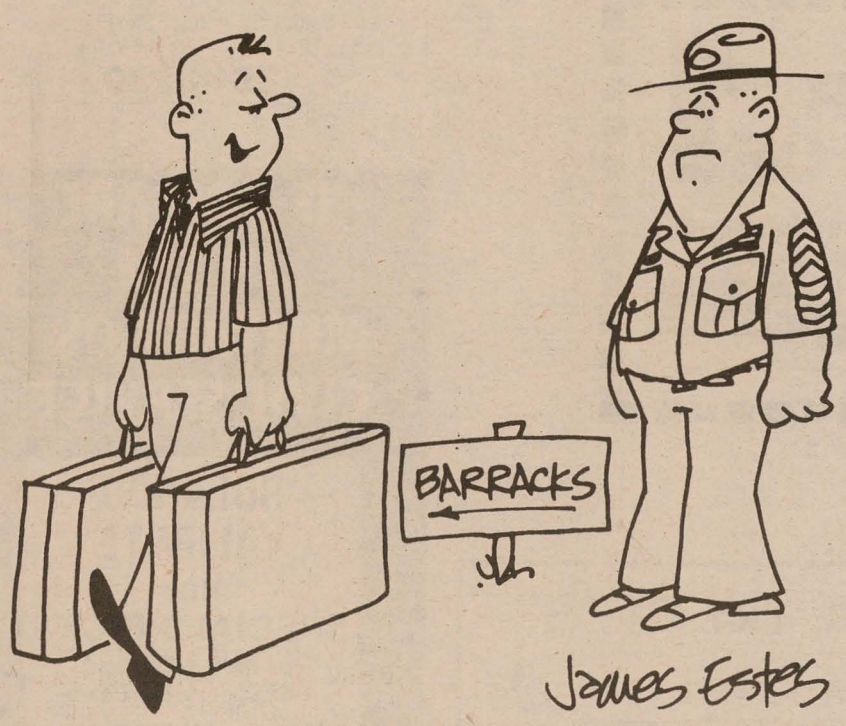
"About once a quarter, soldiers are told during some formation that the Letterman Army Medical Center is sponsoring a blood drive. Additionally, the blood drive information is disseminated among the civilian populace of 'The Army Family.'

"It is to these individuals who literally 'give of themselves so that others may live' that this expression of gratitude is dedicated: 'The heartfelt thanks and appreciation of civilian employees Norman and Margaret Lambert are expressed to all those who recently donated blood to our hospitalized son, James Hollister. His battle with leukemia is made so much easier by your generous and sympathetic support.'

"Well done, Presidio!"

It's nice to know that "The Army Family" isn't just a slogan or motto to be used for a year and tossed aside in favor of the newest slogan. No, "The Army Family" concept is a living, breathing entity that is *real*—just ask the people at DPCA.

The Lighter Side



"Well, it was nice meeting you sergeant. Listen, I'm bushed after my long trip, so I think I'll hit the hay. If I'm not up by noon tomorrow, wake me—I don't want to miss lunch."

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Community News

Presidio child's art posted a winner by PG&E

Story and photo by Karl C. Rankin Jr.

Even though his painting is seen by people who drive past 12th Avenue and Geary Street every day, to him, what he did doesn't seem as important as his going out to play.

Seven-year-old Jason Adamson, a Presidio family member, recently won the kindergarten through second grade Pacific Gas and Electric Company (PG&E)/Foster and Kleiser "Create a Conservation Billboard" contest. Jason's painting, which was blown up to billboard size, is on display at Geary Street and 12th Avenue.

Jason said, "My friends and me went on a recent field trip to see the poster."

"A lot of them seemed proud that a student they knew had won the contest from their elementary school [Sherman Elementary School]," said Marty F. Adamson, Jason's mother.

There were 49 students in kindergarten through second grade who participated in the contest from public, private and parochial schools in San Francisco. The contest also included winning categories for third- through fifth-graders, sixth- through eighth-graders and high school students.

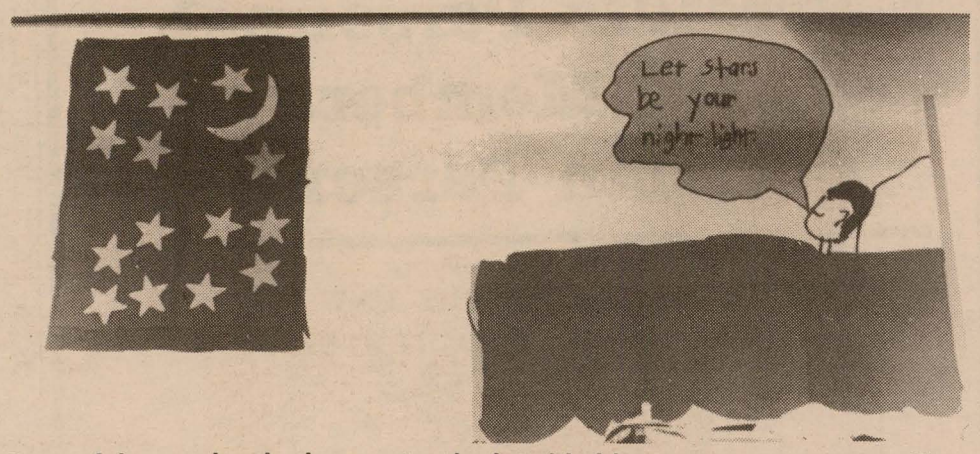
Because Jason won first place in his category, he received a $100 U.S. Savings Bond. "I have to have it for seven years before I cash it," he said.

All the winners of the contest had a chance to go see the place where billboards are made. "The paper was all gluey and it gets on your fingers. But it was fun," Jason observed.

Sitting on the couch at home in his bright blue Cub Scout uniform he said, "The most fun was probably getting the ice cream, when we went to see the billboard company."

"The third annual contest was difficult to judge. There were a total of 175 posters from all the schools and from every grade level. The competition was very good," said Louise Fletcher, community conservation representative for PG&E.

Jason said, "I don't plan on being an artist when I grow up, but fly airplanes." He then asked, "Would you like to see my favorite plane?"



Jason Adamson's winning poster depicts his idea on energy conservation.

How long did it take him to paint his poster?

"It only took me about 30 minutes to make the painting," Jason said. His theme for the painting was *Let Stars be Your Nightlight.*

Later Jason asked if he could go play. And as any 7-year-old child might think, it is more important to play with your friends than to sit in the house.

Jason's mother said, "The whole family is very proud of what Jason has done. But Jason, like other children, would rather play. When he gets older he will feel very proud of winning the poster contest."

Next time you're near Geary and 12th, look for Jason's poster, but do it soon—it won't be up much longer.

Protect your child from abductors, molesters

by Evelyn D. Harris

It is an unfortunate fact of life that there are people out there who abduct and molest children. Tragically, 50,000 children were affected last year. Although it is difficult for many parents, talking to their kids about the problem is one of the best ways to reduce the chance of their becoming victims.

Here are some guidelines that have been recommended by many authorities to help protect children from abduction and molestation.

• First of all, don't scare your children. Let them know that most friendly adults really do like them. However, just because most houses don't burn down doesn't mean you don't need a smoke alarm and regular fire drills.

• Tell your children to avoid going alone to isolated places—shortcuts through woods, down an alley, etc.

• Teach young children that no one should touch their "bathing suit parts" except for legitimate hygiene purposes. You might want to talk about "good touch" and "bad touch." Even very young children can sense "bad touch"—it makes them feel uncomfortable. Encourage them to tell you about any "bad touch" experiences.

• Don't dress your children in clothing with their names on it. Young children can be taken in by a stranger who calls them by their first name.

• Some potential abductors will tell the child, "Your mother is in the hospital—she asked me to get you." Have a special code word that only you and your child know, and tell the child not to go with anyone unless they use the code. In fact, it is a good idea to have an emergency plan of action and "drill" your child so he or she will know what to do.

• Some molesters will ask for some kind of assistance, something as seemingly innocent as asking for direction. Tell your child to tell them to ask an adult for help.

• Most molesters are relatives or are known to the child. Be suspicious of adults who seem unduly interested in your child and who want to spend a lot of time with him or her. If a young child wants to avoid a particular relative or babysitter, try to find out why.

• Children who look unkempt and uncared for, and young children who smoke or hang out in video arcades are particularly vulnerable.

• Although vans are involved in some horrible child molestation crimes, the innocent-looking blue sedan is one of the most common vehicles involved.

• Adolescents can be lured by the promise of a high-paying job, with interviews often held in a secluded place. Tell your teenagers you want to know who is interviewing them and where.

• Perhaps the most tricky ploy for luring children is the individual dressed as a policeman or other authority figure. Some even have false badges and identification papers.

• Teach your children to run or scream "No!" or even "Fire!" if they are approached or touched by a molester. Most say they will flee if the intended victim runs or screams.

• Finally, assure your child that if "something" does happen—a bad touch or a strange remark by an adult—the child should tell you or, in your absence, another trusted adult about it and not keep it to himself or herself.

American Forces Press Service

At the movies

Presidio Theater

Fri, July 5	Blood Simple (R)	7 p.m.
Sat, July 6	Indiana Jones and the Temple of Doom (PG)	7 p.m.
Sun, July 7	Indiana Jones and the Temple of Doom (PG)	7 p.m.
Mon, July 8	Indiana Jones and the Temple of Doom (PG)	7 p.m.
Tue, July 9	Rustler's Rhapsody (PG)	7 p.m.
Wed, July 10	Rustler's Rhapsody (PG)	7 p.m.
Thu, July 11	Moving Violations (PG-13)	7 p.m.

Schwartz Theater

Mon, July 8	Blood Simple (R)	7 p.m.
Wed, July 10	Indiana Jones and the Temple of Doom (PG)	7 p.m.
Thu, July 11	Rustler's Rhapsody (PG)	7 p.m.

Hamilton Theater

Fri, July 5	Johnny Dangerously (PG-13)	7 p.m.
Sat, July 6	Jungle Book (G)	1 p.m.
Sat, July 6	Mass Appeal (PG)	7 p.m.
Wed, July 10	The Kid and the Killers (PG)	7 p.m.
Thu, July 11	Bonnie and Clyde (PG)	7 p.m.

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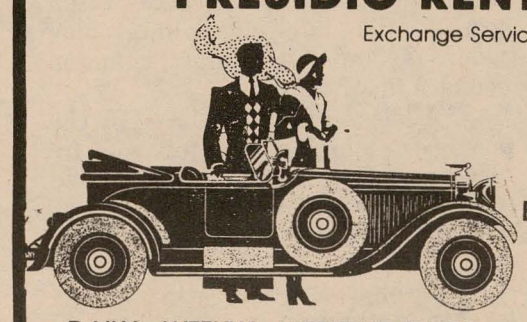

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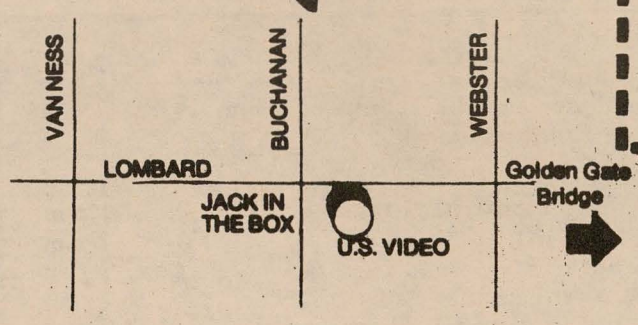

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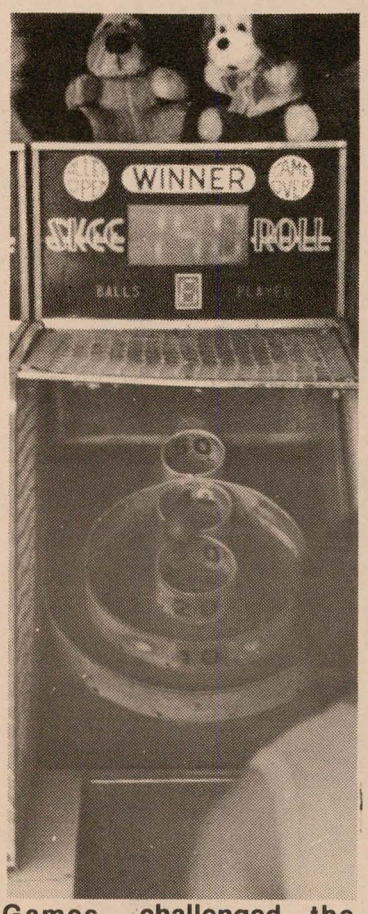
Photo Feature

Enjoy fun in the sun at Santa Cruz Beach, Boardwalk!



Games challenged the visitor's talents.

Story and photos by Bob Walker

Saturday's Recreation Center tour of the Santa Cruz Beach and Boardwalk provided lots of pleasure for those who went on their own.

That's right! Not enough Presidians took advantage of the service provided by the Recreation Center—the cost of transportation, set at only $6 per person, was not enough incentive to make the planned trip a financial success.

According to the Rec Center Director, Liz de la Torre, at least 20 people were needed to offset the cost of the trip; only 10 people signed up. How many of those who had signed up went on their own anyway is anyone's guess.

Many Presidians missed what Santa Cruz had to offer. People at Santa Cruz enjoyed food, rides, games and shops—and don't forget the beach. The weather was great for sunbathing and swimming!

Entertainment on the beach bandstand drew large crowds. A tannercize competition sponsored by a leading tanning lotion company got people's attention. There were 20 contestants who showed the tannercize talents that made them fit people. Winners of the competition will go on to the national competition at Disney World. Both men and women who took part in the competition.

Char Morris, of the Information, Tour and Travel (ITT) Office, would like to see Presidians take advantage of the Rec Center tours; sign-ups are held at the ITT office in bldg. 385. All tours leave from the Rec Center at Fort Scott in bldg. 1331.

Upcoming Rec Center tours include tomorrow's trip (July 6) to Great America, a Sonoma Winery tour on July 13, an Oakland Bay Cruise on July 20, a tour of Alcatraz on July 27 and a Russian River Canoe trip on Aug. 3. Tour suggestions are welcomed by the Rec Center staff.

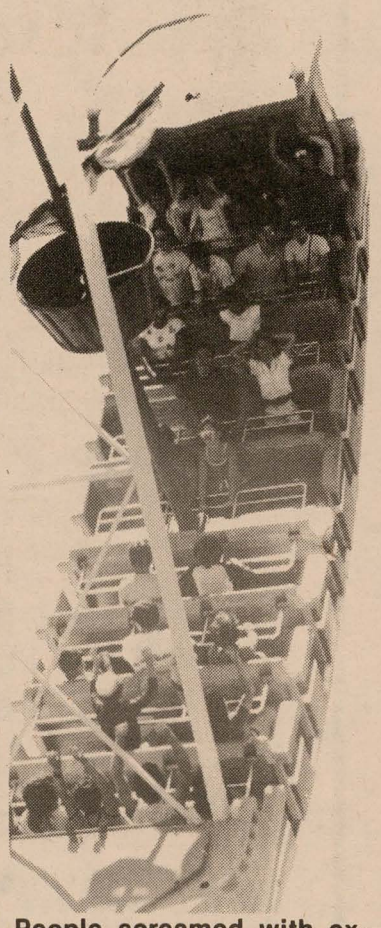
For more information, call the Rec Center at 561-2000 or sign up for the tours by calling the ITT office at 561-3992.

The Rec Center tours offer opportunities for Presidians, military and civilian alike, to see places and to do things they might not otherwise get the chance to do—and at prices that are hard to beat.

Troops trapped in the barracks, with no transportation of their own don't have to stay cooped up there on weekends. They can always go on a Rec Center tour to get away from the daily grind.

All those who go on the tours get to enjoy some fun and relaxation.

Now aren't you sorry you didn't sign up for the Santa Cruz trip? So don't let it happen again. Get out and have some fun! That's why the Rec Center is there!



People screamed with excitement on the rides.

The beach and the boardwalk shops attract large crowds at Santa Cruz.

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Next classes start the week of August 7th

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Community Calendar

English workshops

Did you speak another language before you learned English? If so, you may have learned some English skills very well, but have difficulty with others. For instance, you may be able to read and write English, but have trouble speaking it.

If this could be you, and you have an English skill you want to improve, the Education Center has designed a program that zeroes in on specific language problems. Three workshops have been scheduled from July 8 through August 21.

The workshop on *The Logic of English Sentences,* which will be held Monday through Thursday, from 2:30 to 4 p.m., stresses accurate punctuation and quality and variety in your writing. *Spelling,* held from 4 to 5:30 p.m., helps you learn spelling rules and improve your vocabulary. *Basic English* is taught from 12:30 to 2:30 p.m. and is for you if you have a lot of problems communicating in English. In this workshop, you will work on speaking, listening, reading and writing.

For more information or to enroll, call the Education Center at 561-2974 or 561-4445.

Presidio Chapels

Protestant services are held at the Post Chapel on Sunday at 9 and 11 a.m.; children's church services are at 11 a.m.; Fort Scott Chapel Sunday services are at 11 a.m. and Fort Baker services are Sunday at 9 a.m.

Catholic masses: Chapel of Our Lady masses are on Saturday at 5 p.m.; Sunday at 9 and 11 a.m.; and weekdays at 11:35 a.m. Fort Scott Chapel masses are Sunday at 12:30 p.m.

Jewish services: LAMC Chapel services are held at bldg.1100, Room 106, on Friday at 4:30 p.m.

The first Sunday of the month, Protestant communion is served.

For more information about the chapels, please call 561-4719.

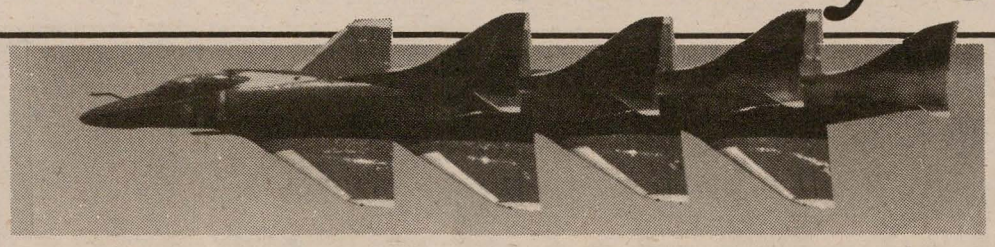

photo courtesy NAS Moffett Field

Moffett's got the 'Blues'

The Blue Angels (six A-4 "Skyhawks") are performing at the annual Moffett Field Air Show July 6 and 7.

Luther Vandross in concert

Luther Vandross is performing at the Concord Pavilion on July 12 at 8 p.m. This well-known black artist specializes in ballads and soul music. The concert is also featuring special guest artist Cheryl Lynn.

The Recreation Center ITT Office has discount tickets for lawn seating. The discount price is $12.75, reduced from $13.50. The ITT Office is located in bldg. 385 and the operating hours are 11:30 a.m. to 1 p.m. and 2 to 5:30 p.m., Monday through Friday.

There are a limited number of tickets available for this concert, so hurry!

Benefit from BSEP

People can benefit from the Education Center's Basic Skills Education Program (BSEP) in many ways. Soldiers can prepare for the Skills Qualification Test (SQT) or raise their GT scores above 100 for purposes of retention, promotion and military schooling.

Soldiers' adult family members and DoD civilians can prepare for the high school General Equivalency Diploma (GED) test, helping them to find a job or prepare for a better position.

These free classes concentrate on developing skills in basic math, reading comprehension and English grammar.

The next BSEP class meets from July 15 through September 27, from 8 to 11:45 a.m., Monday through Friday, in bldg. 1216. Call the Education Center at 561-4445 or 561-2974 for more information.

Chapel event

A religious cultural tour will be held Wednesday, July 17. The tour includes the Post Chapel, Temple Emmanu-el, a Buddhist temple, Cameron House, Grace Cathedral and the Pot Sticker Restaurant for lunch.

Please call the Fort Scott Chapel at 561-3460 or 561-5800 for reservations. There is *no cost!*

Golden Gaters

The Golden Gaters (formerly the Over-Forty Single Social Club) will have a luau on July 7 at noon at Half Moon Bay.

For more information on the luau or carpooling, call Pat at the Post Chapel at 561-4711. The party will be potluck and an additional contribution of $2 or $3 would be gratefully accepted. The group is open to military widows, widowers, divorcees, never-marrieds, DoD civilians and reservists. Why not join them?

Recycling

Youth Activities recycling will not be held in July or August.

Many Presidio families are on vacation and this is also a time of transition for many of them.

However, you may drop off newspapers and aluminum cans at the Recycling Point behind the pet cemetery throughout the summer.

Please remember that the Recycling Point is only for cans and newspapers, *not* for collecting trash.

The recycling program will begin again in September. If you have any questions, please call 561-5143 for more information.

...the write stuff...

by Ted Weller

It was beautiful and a pleasure to be there...the Yosemite Valley is the one of the most beautiful places to be during the months of May and June.

More on the Valley next week...Let us get to the business at hand for THIS week.

The San Francisco USO at Mission and Seventh Street has F-R-E-E and discount tickets to many clubs and shows in the City. All the following tickets are on a "first come, first served" basis: Wolfgang's, 901 Columbus Ave., free tickets to "Dance Dance" this Saturday and July 13. Also free tickets to "21st Century Dance" tonight at 9 p.m. Discount tickets to Wolfgang's are available for the *Band of Gypsies* this Sunday at 8 p.m. and for *David Lindley and El Rayo-x,* July 12 at 8 and 11 p.m.

Discount tickets are available to The Punch Line, Monday through Thursday for the 9 p.m. underground comedy show, 10 tickets available each night.

Twenty tickets are available every Monday and Tuesday for the comedy auditions at The Other, 100 Cole and Carl. One dollar discounts are for the taking Monday, Tuesday and Wednesday to the 9 p.m. comedy show at Cobb's Pub, 2069 Chestnut in the Marina.

The USO also has 10 free tickets every day to *The Gods Must Be Crazy,* now playing at the Vogue, Sacramento and Presidio, and 20 free tickets for the Monday through Thursday showing of *Fletch* at the Regency II, on Sutter near Van Ness. All you need to do is go to the USO and ask for the USO Courtesy Pass for the show, film or event that you want to see. The hours of operation are 9 a.m. to 5 p.m., seven days a week. If you have trouble getting to the USO by 5 p.m., call first and they can make arrangements for your passes or tickets to be held at the door; call 552-2436.

The Exploratorium has begun its summer hours; it will be open Wednesday through Friday, 11 a.m. to 5 p.m.; Wednesday evenings, 7 to 9 p.m.; and weekends from 10 a.m. to 5 p.m. This wonderful conclave of light, motion, pressure and anything to do with the law of physics can provide you and your family with hours of fun. The Exploratorium is located in the Palace of Fine Arts on Lyon Street just outside the Presidio. A special exhibition entitled: *Exploring Microspace* is a brief voyage into the history, discovery and features of microspace, the world of the infinitesimal.

****And while you are at the Exploratorium be sure to explore the Tactile Dome—you won't be disappointed!!!*****

For those of you who enjoy the Fine Arts Museums of San Francisco and the Asian Art Museum...truly enjoyable times for all in each one...the cost of admission has been raised to $3 for persons aged 18 through 64 and $1 for those aged 5 through 17 or 65 and older.

The Fine Arts Museums...read that to be the M.H. de Young Memorial Museum in Golden Gate Park and the California Palace of the Legion of Honor in Lincoln Park...will continue to offer free admission from 10 a.m. to noon on Saturday mornings and all day on the first Wednesday of each month. This free admission policy also applies to the Asian Art Museum located with the de Young in Golden Gate Park...the Asian Art Museum is also open until 8 p.m. every Thursday through August 29.

Short Takes: Tomorrow (July 6) at Japantown, Post and Buchanan, there will be a theatrical performance of samurai swordfighting at 1 p.m.; at 2 p.m. is Japanese dancing; a flower arranging exhibit runs from noon to 6 p.m....The Third Annual KQED Beer Festival will be at the Concourse, Showplace Square, 8th and Brannan Streets, tomorrow from 1 to 5 p.m....the Marin City Community Festival will be at the Manzanita Community Center tomorrow from 10 a.m. to 8 p.m., featuring *Joe Liggins and His Original Honeydippers* and other blues, jazz, gospel and reggae performers...No. 4 of the Ten Free Summer Sundays in Stern Grove feature *Mozart in the Grove,* performed by George Cleve's Midsummer Mozart Festival Orchestra; the music begins at 2 p.m.

Up, UP and AWAY...to Moffett Naval Air Station (NAS) tomorrow (July 6) and Sunday for the Blue Angels Flight Demonstration Team performance...if you haven't seen these people in action, oh boy have you missed a great one!...Just follow Highway 101 south to Mountain View and Moffett NAS. The gates open at 9:30 a.m. on both days. Along with the Blue Angels there will be demonstrations by A-10s, F-4s, F-15s, U-2s, HH-3s, C-130s, F-16s...if these don't make any sense, find an FAC...and the Blue Angels start their thrills at 3:15 p.m. Admission and parking are FREE.

This week in Presidio's History: *July 9, 1846,* Lieutenant Paul W. Revere, USN, and a detachment of U.S. Marines raise the 28-star flag of the United States over the Presidio of San Francisco and the Castillo de San Joaquin for the first time after Captain John D. Montgomery and 70 men from the USS Portsmouth encounter no opposition in seizing the sleepy town of Yerba Buena from Mexico.

See you at Moffett!!!

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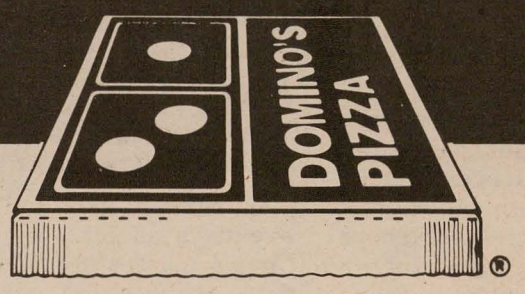

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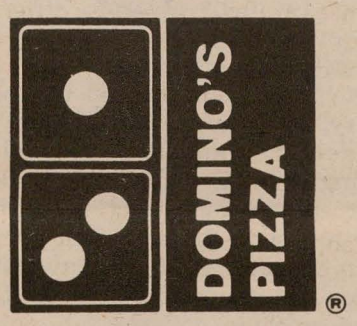

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2-item	$6.50	$ 9.77
3-item	$7.35	$11.02
4-item	$8.20	$12.27
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The Deluxe

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Limited portions of 9 items for the price of 5
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3. When placing the order, let us know if you have large denomination bills.
4. Remain by the phone after ordering. We may call back to confirm the order.
5. Turn on your porch light.
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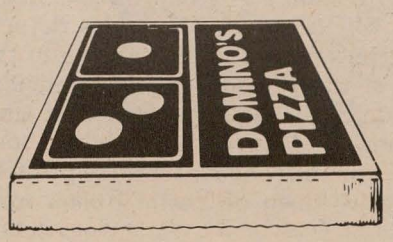

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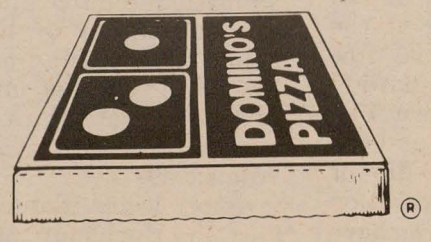

Sports

Ft. Point fishermen drop their quarry a line

Waiting for a fish to strike can take a *long* time, 8-year-old Travis Vonkeith found out.

Story and photo by Karl C. Rankin Jr.

On the pier at Fort Point, fishing lines stretch out into the bay and patient fishermen wait for a sudden strike from one of their favorites, a striper, a sand shark, a perch or a salmon.

People who fish come to this pier regularly to try their luck with fishing. According to Dave Hahn, of San Francisco, it's *mostly* a sport. "I come to relax and enjoy the nice view of the city. I do hope for that day to come again when I caught that 12-pound halibut, but if not, I caught that one fish," he said.

It's a fishing creed always to say your fish was at least one or two pounds heavier or two or three inches longer than it was. Whether it is true or not, it seems to be part of a fisherman's ethic to stretch the truth—maybe just a little.

Then there are the old tales you hear, like the granddaddy of all catfish that some elderly man said was big enough to swallow you alive. Usually when you hear stories like this, you are just a youngster waiting for your first bite. It's one of those fisherman's equivalents of a ghost story.

However, at the Presidio, you too can start a fishing tale or begin a legend. Just grab your pole.

If you don't have one, you can rent one at Outdoor Recreation, bldg. 92. They also have crab nets if you prefer crabbing for red rock or yellow crab.

The fishing report (word of mouth, that is) said salmon and bass were running. However, Ray's favorite is striped bass, which were brought into the Bay Area during the twenties, he said. Ray didn't want to divulge his last name. Some fishermen are guilty of doing this on occasions when they don't want the wife (or husband) to know where they are. Of course, that may not be the reason in Ray's case, but it goes with fishing like anchovies on fishhooks.

According to Jerry Vigil, of San Francisco, most of the fishermen are using either anchovies, bullhead or squid as bait.

In order to fish, you first must have a fishing license. The cost of a resident license is $13.75; non-resident, $37; Disabled Veterans, $2, and, of course, additional amounts are charged for different species you might take, such as trout or stripers.

If you plan on fishing on the bay, take a jacket or some other warm clothing—it does get chilly on the pier.

Also, be sure to check the postings there; they will tell you all the legal requirements for fishing. And last, may your catch be bigger than the one that got away.

Good fishing!

Last week's softball

DEH - 5; Co. H, DLI-SF - 0
LAMC No. 1 - 7; LEC - 5
Corps of Engineers - 7; Doctors Plus -0
LAIR No. 1 - 6; LAIR No. 2 - 0
Attorneys - 16; 6th Army Band - 5
Six Packers - 7; Bay Ward - 0
Attorneys - 8; Co. G, DLI-SF - 3
Oakland - 7; Corps of Engineers - 0
LEC - 17; 6th Army Band - 7
AAFES - 14; LAIR No. 2 - 6
864th Engineers - 11; Bay Ward - 1
LEC - 10; DEH - 6
Six Packers - 9; USAG - 5
LAMC No. 1 - 14; Co. G, DLI-SF - 1
LAMC No. 1 - 7; AAFES - 1
LAMC MSC - 13; LAIR No. 1 - 12

Softball standings as of June 28

	W	L
LAMC No. 1	13	0
Six Packers	14	1
Oakland	12	3
LEC	11	5
Attorneys	10	4
DEH	10	5
Co. H, DLI-SF	8	5
USAG	8	6
LAMC No. 2	6	5
OR Docs	6	5
LAMC MSC	6	6
FBI	5	5
864th Engineers	7	7
LAIR No. 1	7	8
Co. G. DLI-SF	7	9
Doctors Plus	6	7

Summer basketball

Every Tuesday and Thursday evening, Presidio Post Gym No. 1 is alive with basketball action as the Presidio Summer Basketball League swings into action. Four games are played each night starting at 5 p.m. Eleven teams formed by players including active duty, retirees, DA civilians and family members (18 years and older) are competing in league play.

Aerobics

Ongoing coed aerobic exercise classes are held daily at Post Gym No. 1, bldg. 63. Come and join these fun classes to drop those few extra pounds and condition your heart!

There is a free introductory lesson. You can join anytime and register at one of the classes. Classes are open to all ages, both men and women. (Participants are urged to exercise at their own pace.)

Class times:

Tuesdays and Thursdays: 4:30 to 5:30 p.m. and 5:45 to 6:45 p.m.; the instructor is Karen Behnke, R.N.

Mondays, Wednesdays and Fridays: 11:30 a.m. to 12:30 p.m.; the instructor is Melody Pedricks.

The cost for aerobics classes is $3 per class (if paid by the month), or $3.50 per class (on a drop-in basis.)

Next week's basketball schedule

July 9

USAISC	vs	DEH	5 p.m.
DLI-SF	vs	TCB*	6 p.m.
OARB	vs	LEC	7 p.m.
LAIR	vs	6th U.S. Army	8 p.m.

July 11

DEH	vs	LAIR	5 p.m.
TCB*	vs	LEC	6 p.m.
OARB	vs	Hoyes	7 p.m.
DLI-SF	vs	USAISC	8 p.m.

(*TCB stands for Taking Care of Business.)

Basketball results

There was a full schedule of games last week; the results of games played June 25 through 27 are:
Co. B, LAMC - 47; LAIR - 38
USAISC - 45; Hoyes - 54
OARB - 64; DEH - 51
USAISC - 59; 6th U.S. Army - 69
TCB* - 80; DEH - 71
LEC - 47; Hustlers - 42
Co. B, LAMC - 58; Hoyes - 61

Standings as of June 28

	W	L
Hoyes	3	0
LEC	2	0
TCB*	2	0
OARB	2	0
Co. B, LAMC	2	2
6th U.S. Army	2	1
DLI-SF	1	1
USAISC	1	3
DEH	1	3
Hustlers	0	3
LAIR	0	3

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- Auto fine tune
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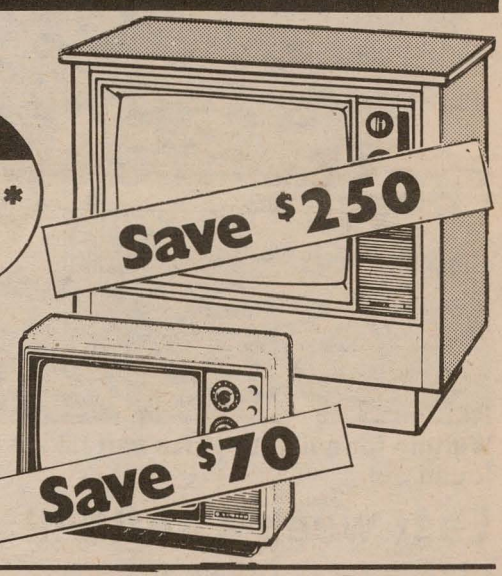

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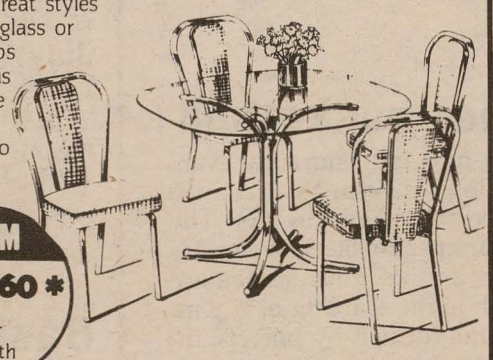

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Presidio quiz: how much do you *really* know about your post? **page 5**

Fourth of July: no fog blocked *this* year's fireworks, **page 7**

Army Track Team: the ties that bind it to the Presidio, **page 11**

Star Presidian

Vol. 28, No. 28 "Published in the interest of the people of the Presidio of San Francisco." July 12, 1985

News briefs

Job recruiting team

A recruiting team from the U.S. Army Recruit Center (they recruit for civilian *and* military positions) will be at the Presidio on July 29. They will hold two sessions at bldg. 603 at 8:30 a.m. and 1 p.m.

The positions they will be recruiting for will be posted at bldg. 37, the Civilian Personnel Office. Please plan to attend.

POW/MIA Day

POW/MIA Day will be observed on July 19 with a prayer breakfast at 6:30 a.m. at the Religious Activities Center, bldg. 682. The prayer breakfast will honor all POWs and MIAs, including the approximately 700 MIAs still unaccounted for.

Breakfast will be followed by a short program.

Safety note

We are coming into the time of the year when many athletic events are scheduled which involve Presidio roadways. As in past years, every effort will be made to ensure that traffic disruption for residents is minimized and that safety precautions are followed by athletic event participants and observers.

Only those events that are non-profit and are being held for the good of the community (i.e., the Special Olympics, Cancer Foundation, etc.) are approved for support by the commander.

Please keep this in mind, if you should find yourself temporarily delayed or detoured by one of our MPs, that it's for a good cause. Also, as they used to say on *Hill Street Blues*, "Let's be careful out there!"

Chapel special event

A religious cultural tour will be held Wednesday. The tour includes the Post Chapel, Temple Emmanu-el, a Buddhist temple, Cameron House, Grace Cathedral and the Pot Sticker Restaurant for lunch.

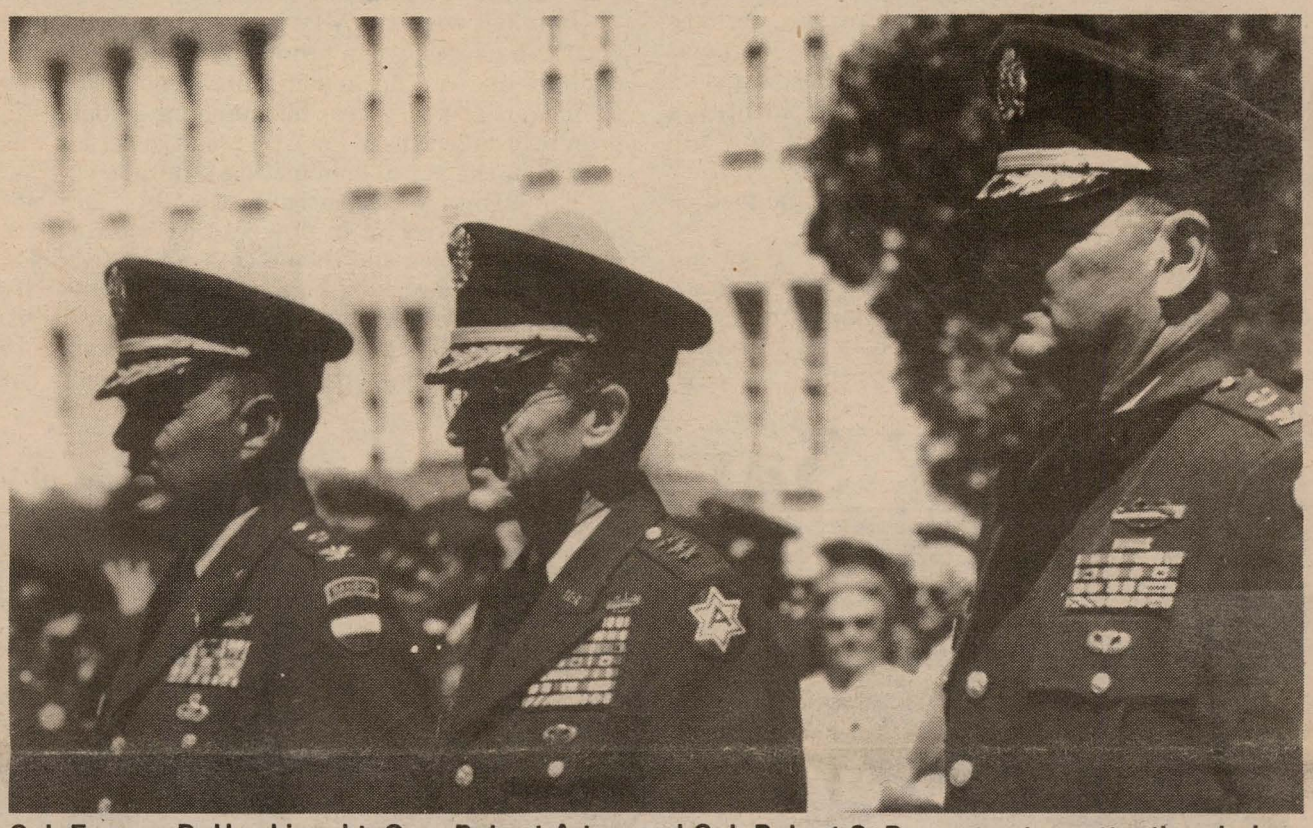
Please call the Fort Scott Chapel at 561-3460 or 561-5800 for reservations. There is *no cost.*

Activities Day

The Presidio is holding its annual Activities Day on the parade field July 19 from 11:30 a.m. to 3:30 p.m. The afternoon has been declared a training holiday for both civilians and soldiers who are expected to attend and participate in the events and activities, which include:

- Music;
- Concessions;
- Military displays;
- Organized sports; and
- A guidon race (with a $100 prize!).

Bring you own blanket and $3 for food. See your unit representative for tickets.



Col. Eugene D. Hawkins, Lt. Gen. Robert Arter and Col. Robert S. Rose stand at attention during the July 3rd change of command ceremony.

Change of command ceremony

Story and photo by Karl C. Rankin Jr.

Col. Robert S. Rose assumed command of the Presidio from Col. Eugene D. Hawkins in a 3 p.m. ceremony at the main parade ground on July 3.

Hawkins left as commander after serving three of his 31 years in the Army here. Hawkins plans to enjoy his retirement in the Bay Area.

As Post Commander Rose said, "I look forward to the future and meeting the challenges. As well, I see our efforts as a good neighbor to the surrounding communities and to the city by the bay—a heritage and tradition entwined in 209 years of colorful history."

During the ceremony, the Legion of Merit was awarded to Hawkins for service from Aug. 1, 1975, to July 31, 1985. The award stated that he was being recognized for the tremendous amount of work undertaken on the complex construction projects during his time at the Presidio and his many achievements in improving the quality of life for soldiers, families and people who live and work at the Presidio.

Lt. Gen. Robert Arter addressed the several hundred dignitaries and guests and spoke about the characters of both colonels.

"There are certain attributes that a commander must possess: an able mind, depth of understanding, powers of discrimination and deduction, a wide range of intellectual interest, organizational ability, aggressiveness yet flexibility, a natural tendency to leadership and the ability to grasp a situation, weigh the pros and cons and come swiftly to a decision. Clearly, Eugene Hawkins and Robert Rose are commanders in that mold.

"A commander worthy of the name must be loyal to certain moral principles to the degree above the average accepted by society, at the risk of being suspected of puritanical tendencies....It is the practical purpose of command which counts, not the social standing," he said.

At the reception following the change of command ceremony, Mrs. Milton Marks presented a certificate of appreciation to Hawkins from the California Senate. Former city supervisor Lee Dolson, a longtime friend of Hawkins, read and presented a proclamation on the behalf of San Francisco Mayor Dianne Feinstein, proclaiming July 3, 1985, "Col. Eugene D. Hawkins Day."

Mrs. Marks also presented a letter of welcome to Rose.

Participating in the ceremony were the honor guard of Company D, 864th Engineer Battalion and Headquarters Company, U.S. Army Garrison, commanded by Capt. M. Thadd Buzan; the 6th U.S. Army Band, commanded by CWO Freddie Vinson Jr.; and the Headquarters Command Color Guard.

The change of command took place on a partly cloudy, windy afternoon and concluded with the melody *I Left My Heart in San Francisco*, played by the 6th U.S. Army Band in honor of Hawkins' departure as commander of the Presidio.

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Opinions

TAKE A BITE OUT OF CRIME

Last week the topics of fraud, waste and abuse were discussed. We learned that by being involved, the potential for millions in savings could be realized. This week, we will talk about another way in which being involved can save money for all of us.

If you've driven around the Presidio, perhaps you've seen the "Neighborhood Watch" signs at the entrances of the housing areas. These signs indicate to potential criminals that the residents are "on the lookout" for criminal activity and will report any suspicious behavior to the Military Police. However, this program is only as good as the people involved allow it to be.

Some people might think that by reporting suspicious behavior to the Military Police they are being "nosy" or "harassing." On the contrary, it is the right and duty of each person to be concerned and inquisitive about what is happening in his or her area. It just makes good sense as well—you might be next on the crime "hit list."

Interviews with criminals after their capture have revealed that the majority of them *depend* on the indifference of the neighbors to help them get away with their crimes.

It is not necessary to identify yourself when calling the Military Police about suspicious activity. They will investigate all reports of suspicious behavior regardless of the source of those reports. If you are willing to give your name, you can be assured that the Military Police will not release your name, address or other identifying information outside of command channels.

Just last week the MPs had a demonstration of what can happen when people get involved. A resident of one of the housing areas noticed some suspicious acitivity near his neighbor's house and promptly called the MPs. As a result, a person was caught in the act of committing a burglary!

The Military Police, unfortunately, are not always as successful in preventing thefts. Often, property is stolen and then recovered by the MPs. However, if the owner cannot positively identify the property, the Military Police cannot return it. To help solve this problem the MPs are offering to mark personal property. The mark, usually the owner's Social Security number, is a means of positive identification which helps the MPs in returning stolen property and in proving that the property is actually stolen.

Anyone interested in participating "Operation Identification" is invited to call Sgt. French at 561-5011 for more information.

Additionally, the Presidio offers young people, ages 14 to 18, the opportunity to take part in the Law Enforcement Explorers' program. Meetings are held every Tuesday evening at 7 p.m. in the Military Police Station. Youths and parents are encouraged to either stop in or call Sgt. French at 561-5011 for more information.

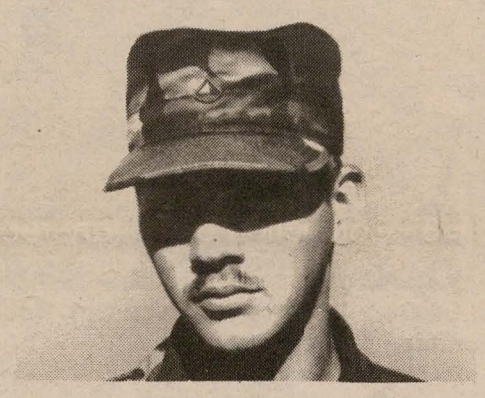
Crime report

- A red wagon was taken from outside a house; the wagon had been left unsecured.
- Someone broke into a car in the DLI-SF area and took the stereo, equalizer, speakers, checkbook, sunglass case and a precision tire gauge. The car had been left unlocked.
- A wallet was taken out of an unsecured wall locker. It contained $9.
- There were eight traffic accidents and two drunken driving reports during this period.

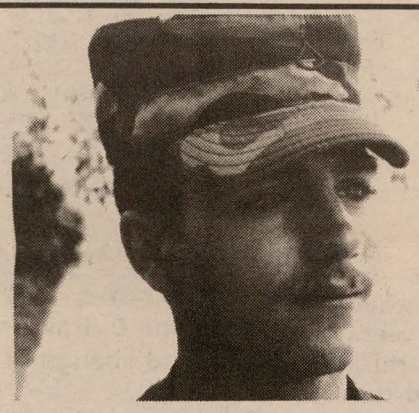
Ramblin' Sam

"Do you know of any construction hazards on post? Where?"

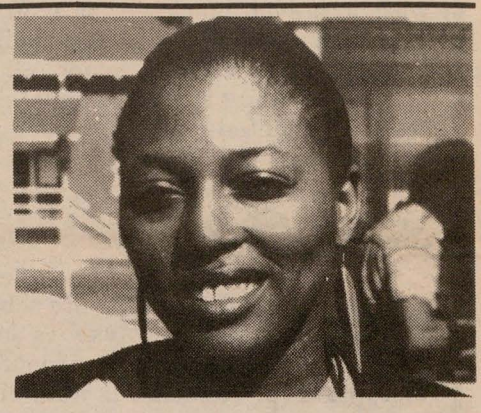
PFC Sheryl L. Riley, heavy equipment mechanic, 864th Engineer Battalion: "The ditches along the enlisted men's and women's quarters at Fort Scott."



PFC Randy A. Smith, heavy wheeled vehicle mechanic, 864th Engineer Battalion: "Tearing down buildings on post, that's where the biggest hazards are now. It was a big hazard for us because they had a lot of asbestos down there."



PFC James S. Harkey, supply clerk, Automation Management Office: "The curb down behind the engineers. It's too big. Now you have to pull up and stop, wait for traffic to stop and do a 90-degree turn. To me, it's a hazard; it backs up traffic."



Victoria L. Thompson, accountant, Finance and Accounting Disbursing Section: "Not really, I don't have any complaints except the old building I work at [Finance and Accounting, bldg. 102], but we're going to move out of that building soon, I understand."

A day of hope dawns over international terrorism

by Liz Greeley

"Free at last! Free at last! Thank God Almighty, free at last!" to quote the late Dr. Martin Luther King Jr. I would imagine those words ran through at least one hostage's mind as he stepped onto the tarmac at Rhein Main Air Base in Germany.

The latest hostage crisis has brought home the true meaning of Independence Day and the value of our freedom, but it has also highlighted the number of Americans who *aren't* free or who are in danger.

For example, there are the seven people kidnapped off the streets in Beirut (I think of them as the Beirut 7), the service men shot down at the café in El Salvador and the MIAs for whom Vietnam now says it is willing to provide some information.

We are living in especially violent times and I've only mentioned a few terrorist acts against Americans.

What is the answer to terrorism; how do we handle it?

Well, if Arab terrorists strike Israeli targets, the Israelis strike back...**hard.** And they never, *ever,* bargain with terrorists.

This hard line seems to be somewhat effective. However, violence also seems to beget violence. The Arabs hit the Israelis, the Israelis hit back, the Arabs hit, etc., etc., etc. Meanwhile, victims on both sides go on dying.

Nevertheless, I admit that I admire the way the Israelis handled the situation when athletes were taken hostage at the Munich Olympics in '72. They could have given in to the terrorists' demands and maybe, and I do mean maybe, the hostage athletes would have been released; instead, they were murdered. Of course, if the Israelis had met the demands, the hostages might not have been released, yet every Israeli would have been a possible terrorist target from that day forward.

Sometimes there is no choice but the hard-line approach Israel took with the Munich terrorists.

Of course, there is always the possibility of a military rescue. The raid on the Entebbe airport and the aborted Iranian hostage rescue mission are two examples.

Another alternative is to accede to terrorist demands, but this hardly seems like a realistic solution, as heart-wrenching as the consequences may be. If the United States accedes to terrorist demands, you might as well paint a target on the back of every American overseas.

So we seem to be between a rock

please see page 3

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Terrorism from page 2

and a hard place; give in to terrorists and you expose all Americans to danger, or don't give in to terrorists and your hostages probably will be killed. Both situations are unacceptable to the American people; we value individual human life too much.

On the other hand, the TWA hostage crisis saw something new and hopeful on the otherwise bleak terrorism scene.

For the first time, to my knowledge, we had the intercession of an intermediary in President Hafez Assad of Syria.

The behind-the-scenes diplomacy must have been incredibly sensitive and intricate, but we gained the return of our hostages, the terrorists declared a victory (deserved or not) and none of the countries involved lost face or could be perceived as weak, and therefore vulnerable.

Now if we could only make similar arrangements for the seven still in Lebanon, Herculean through the task must be, we might see a new day dawning in international terrorism. If we could build upon the TWA precedent we might see other countries serving as intermediaries, more hostages released earlier and perhaps even an eventual decline in terrorist acts.

I concede that this may be too idealistic given the intricate situation in the Middle East, but it seems like a possibility nonetheless.

And though it is not considered a "friendly" nation, Syria's President Assad deserves our heartfelt gratitude—he didn't have to be the intermediary and it was probably a politically risky move.

Thus, a precedent was set. Terrorism still abounds, but we have every reason for hope in this imperfect world—hope that it will change for the better.

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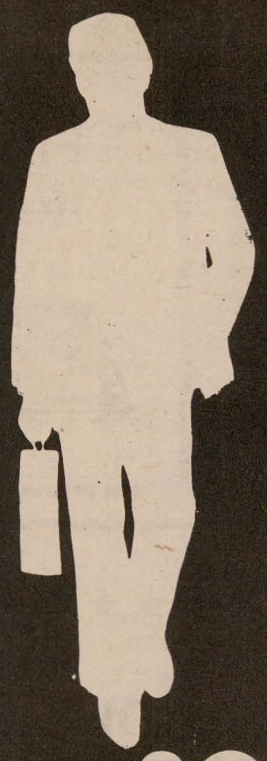

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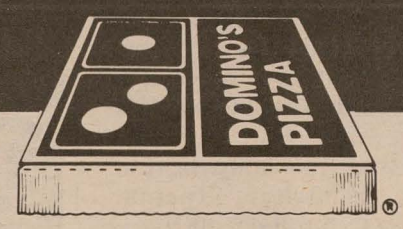

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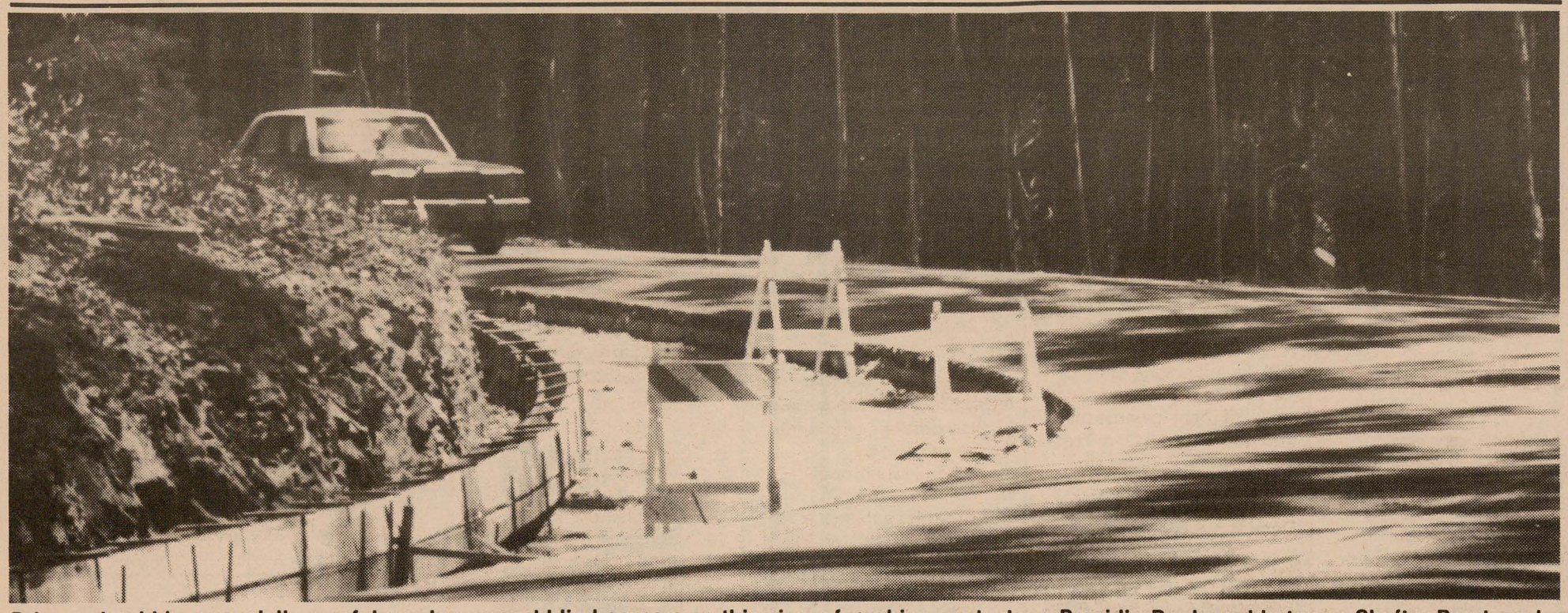

Drivers should be especially careful coming around blind corners as this view of curbing work along Presidio Boulevard between Shafter Road and Simonds Loop demonstrates.

Drivers beware of construction hazards!

Story and photo by Bob Walker

Plans call for the Presidio to get an extensive facelift, a task already begun with the building of curbed islands, restriping of roads and demolition of buildings, all to improve the Presidio's image and its safety.

Curbed islands have been installed and are still being installed along major roads and intersections.

According to SSgt. Dennis O'Brien, traffic NCOIC at the Provost Marshal's Office, "Presidio needs to be improved traffic-wise. Construction will put a strain on traffic flow, but it has to be done."

Some drivers, unaware of finished road changes, have left their mark on some of the new islands, such as rubber on the side of the new curbs.

Safety Officer Bill Rogers said, "Existing traffic codes require adequate warning devices to be posted in advance of roadway construction sites or road hazards. Motorists are responsible to adjust their speed to the construction conditions. Human life comes first."

Road construction has created some hazards, but greater problems are apt to follow when more buildings are demolished to make way for new buildings.

Building the new post office could begin before the end of the month, according to Larry Landon of Master Planning. The post office will be built on Crissy Field across from the old Motor Pool location.

According to Landon, construction preparation for the new enlisted barracks on Mason Street could start as soon as August 25. Several buildings will be demolished before construction begins.

The new enlisted barracks construction will create some problems with rerouting traffic to the existing commissary, because part of the commissary storage and customer parking area will have to be removed to allow room for the new barracks.

According to Landon, construction of many other buildings will start soon. Barracks construction for LAIR, LAMC and other enlisted soldiers is scheduled to begin in September.

The new Child Development Center breaks ground in October and the ground-breaking for the new commissary will be in December.

These are just a few of the construction projects slated for the Presidio. Some inconvenience and hazards may be present with each project, (though many safety precautions have been taken) so everyone should keep their eyes open as construction begins in order to avoid any possible injuries.

Once completed, Presidio's facelift will make life on the Presidio better than ever, with the convenience of centralized facilities in the Crissy Field area and road changes for improved driving safety and traffic flow.

How well do you know the Presidio? This is a test!

by Barbara J. Mountrey

It's happened to most of us: we tell someone we work at the Presidio, and they say, "Gee, I've always wondered about that place..." and they start asking us questions. Following are some of the most common questions that San Franciscans have been known to ask about the Presidio. How many of them can you answer?

The *Star Presidian* will publish the answers next week, along with the names of the first three persons to give us all the correct answers (our deadline is noon on Monday, July 15).

1. How large is the Presidio (in acres)?

2. How many soldiers and how many civilians work at the Presidio?

3. What does "Presidio" mean?

4. Who is the post commander? Is he or she the highest-ranking military person at the Presidio? If not, who is? What are the two highest-ranking civilian positions at the Presidio?

5. How old is the Presidio? What is the oldest remaining building or part of a building?

6. What was the first permanent structure built by the U.S. Army after it acquired the Presidio? What is it used for now?

7. What are the names of all the subinstallations of the Presidio? (Warning: Be sure to use the *correct* name, not the common name.)

8. The double-headed eagle that supports the Presidio coat of arms is the symbol of what royal house? Which two thrones did that family occupy?

9. What Presidio general's house burned down, killing his wife and three daughters, while he was on an expedition to Mexico? What is now at the site of that house?

10. What is the starting point for the Historical Trail? The Ecology Trail?

11. Who planted all the eucalyptus and other trees at the Presidio? When and why?

12. Whose pets are buried in the pet cemetery? Who maintains the cemetery?

13. How many U.S. flags fly daily at the Presidio? Where? Which one is the largest?

14. What is the relationship of 6th U.S. Army Headquarters to the Presidio?

15. What is the only civilian tenant agency at the Presidio?

At the movies

Presidio Theater

Fri, July 12	Moving Violations (PG-13)	7 p.m.
Sat, July 13	Brewster's Millions (PG)	7 p.m.
Sun, July 14	Brewster's Millions (PG)	7 p.m.
Mon, July 15	Brewster's Millions (PG)	7 p.m.
Tue, July 16	Fear City (R)	7 p.m.
Wed, ully 17	The Dungeonmaster (PG-13)	7 p.m.
Thu, July 18	Beverly Hills Cop (R)	7 p.m.

Schwartz Theater

Mon, July 15	Moving Violations (PG-13)	7 p.m.
Wed, July 17	Brewster's Millions (PG)	7 p.m.
Thu, July 18	Fear City (R)	7 p.m.

Hamilton Theater

Fri, July 12	The Little Drummer Girl (R)	7 p.m.
Sat, July 13	Bambi (G)	1 p.m.
Sat, July 13	The Cotton Club (R)	7 p.m.
Wed, July 17	Into the Night (R)	7 p.m.
Thu, July 18	On Her Majesty's Secret Service (PG)	7 p.m.

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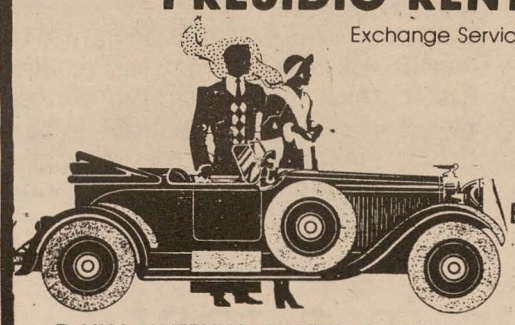

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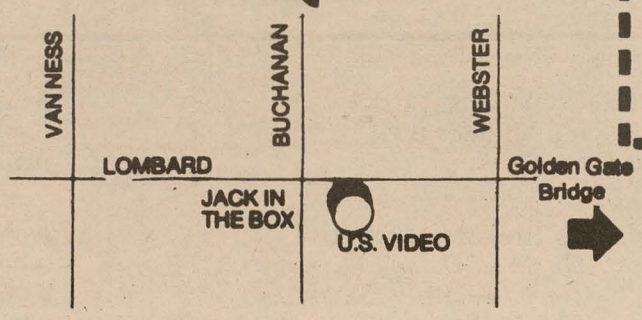

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Photo Feature

PSF, city enjoy a glorious 4th under the stars!

Story and photos by Bob Walker

San Francisco's Fourth of July festivities started off with a bang as the Presidio Ceremonial Platoon set off a cannon salute at Crissy Field. And the 6th Army Band took part in the opening ceremony by playing the national anthem.

Though the wind blew hard, thousands of people turned out to celebrate the nation's birthday and to enjoy the activities.

Musicians performed rock, bluegrass, classical music and jazz.

Children entertained themselves by flying kites, swimming and building sand castles along the beach when they weren't at the children's stage to listen to music or watch comedy and juggling acts.

A tremendous variety of foods satisfied the tastebuds. Food choices included pizza, barbecued ribs and turkey legs, hot dogs, hamburgers, burritos, nachos and Vietnamese foods.

As evening drew closer, the crowd grew larger in anticipation of the fireworks display. The wind calmed down and the sky was clear. Yachts swarmed close to shore and about 50 buses dropped off hundreds of people at Crissy Field, all here to see the fireworks.

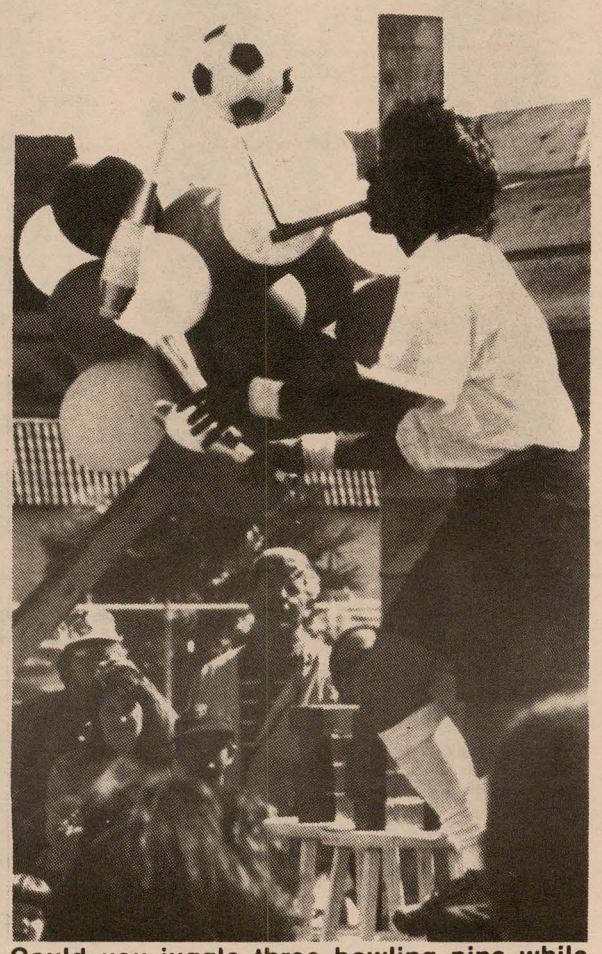
Though illegal, a small number of people brought their own fireworks, adding to the display.

The MPs, San Francisco police and Park Police worked together to ensure that traffic flowed smoothly and to keep things in check.

Finally the sun set and the fireworks went off, concluding the day's events with bang after bang and burst after burst of color, delighting young and old alike.

On that clear night, dazzling fireworks ended the 4th of July events on Crissy Field.

The *High Country Band* played bluegrass on one of the stages.



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Community Calendar

Preseparation briefing

A preseparation briefing will be held Wednesday, August 7, at the Army Education Center, bldg. 1216, from 8 to 11 a.m.

All soldiers who plan to ETS (Expiration Term of Service) before December 31, 1985, are required to attend. Spouses are invited and encouraged to attend.

Topics covered during the briefing will include VA benefits, schools, careers, the Army Reserve, the National Guard, ROTC and other items of interest to the soldier and family.

For more information, call George Dokes at 561-2974 or 561-4445, Army Education Center, bldg. 1216.

Blood drive results

A total of 422 units of blood were donated during the second quarter blood drive.

Winners of the incentive prizes are:

- One free night at the Lake Tahoe condo—Capt. Jesse Heredia, DPCA.
- Dinner for two—Annett M. Randall, DIO, and Tom Galvin, Comptroller.
- Theater tickets—John Burton, LCA.
- Free bowling—MSgt. William S. Cruz, IG; John M. Floyd, Hq Co.; and Tony D. Marsh, LEC.
- Box of candy—Russell L. Dalton, LEC; Lawrence Gill, LCA; and Lucy Rodriguez, DPCA.

YA summer program

Ongoing sign-ups for the Youth Activities summer program can be done at bldg. 569 (Child Development Services).

Classes offered for the summer are: swimming (all levels), tennis, racquetball, computer operations (beginning and advanced), arts and crafts, theater arts and weightlifting.

Call 561-5143 for more information.

Great America Military Days

Great America salutes the military July 20 through August 2. For these days, Great America is offering a supersaver price of $8, reduced from $13.95. This includes a full day's admission to the park with unlimited use of all rides, shows (except concerts) and attractions.

These tickets are on sale at the Recreation Center ITT Office, in bldg. 385. Operating hours are 11:30 a.m. to 1 p.m. and 2 to 5:30 p.m., Monday through Friday.

All Presidians are eligible to purchase these tickets and this includes active duty, reserve and retiree soldiers, as well as Department of the Army civilians. All tickets are sold on a first-come, first-served basis, so hurry on in to the ITT Office!

Piano recital

East ' ıst pianist Dana Dixon will perform a recital at San Francisco State University on Wednesday, July 24, in Knuth Hall at 8 p.m. Dixon will play the Fauré Nocturne, Schubert's Piano Sonata Op. No. 147, the f-minor Ballad of Chopin and the Prokofiev Piano Sonata No. 6.

There is no admission charge.

Benefit from BSEP

People can benefit from the Education Center's Basic Skills Education Program (BSEP) in many ways. Soldiers can prepare for the Skills Qualifications Test (SQT) or raise their GT scores above 100 for purposes of retention, promotion and military schooling.

Soldiers' adult family members and DoD civilians can prepare for the high school General Equivalency Diploma (GED) test, helping them to find a job or prepare for a better position.

These free classes concentrate on developing skills in basic math, reading comprehension and English grammar.

The next BSEP class meets from July 15 through September 27, from 8 to 11:45 a.m., Monday through Friday, in bldg. 1216. Call the Education Center at 561-4445 or 561-2974 for more information.

NAF jobs

The Non-Appropriated Fund (NAF) Personnel Branch of the Civilian Personnel Office is currently accepting applications following position:

Club Operations Assistant, PS-0189-6: pays $6.63 per hour, is an intermittent-on-call position and is open until filled. Candidates should have knowledge of military club operations and the ability to work effectively with all levels of post civilian and military personnel.

Applications are continually accepted for the following positions: bar assistant, bartender, cashier, cashier-checker, cook, food service worker, waiter or waitress, recreation aide, laborer, gardener, education technician, childcare-giver, custodial worker and desk clerk.

Note: the positions listed above do not reflect existing vacancies, although applications are always accepted. These positions may be full-time, part-time, intermittent-on-call, scheduled or temporary. Some positions require that the incumbents work various tours of duty including Saturday, Sunday and holidays.

To be considered for a NAF position, applicants must bring a completed application form (DA 3433, NAF Application) to the receptionist's area of bldg. 37, Civilian Personnel Office, or mail applications to the NAF Personnel Branch, Civilian Personnel Office, bldg. 37, Presidio of San Francisco, CA 94129.

Communication classes

Register now for on-post Communication Program classes. **Communication and Human Interaction** (Speech 303) is a 4-unit course which meets Wednesdays from 6 to 10 p.m.

Communication as a Vehicle to Understanding (Speech 516) is an 8-unit course which meets Saturdays from 8 a.m. to 5 p.m., August 14 through December 14.

Soldiers who plan to use VA benefits should register today at the LAMC Education Center, bldg. 1004, or Fort Scott Education Center, bldg. 1216.

...the write stuff...

by Ted Weller

Fantastic! Overwhelming! Astounding! Gorgeous!...My Roget's is getting thin...beauty that is "in this world!"

If you have ever been to Yosemite National Park you can understand my difficulty with adjectives.

The Yosemite Valley is one of those "must" places that you have to visit when you are in California. Temperatures reaching mid-nineties during the day on the valley floor and dropping into the sixties at night make the park a wonderful place to spend your time off.

Yosemite is only three hours away from the Presidio...and that's if you take the long route on Highway 140 through Merced...two hours by Highway 120 through Manteca and picturesque Tuolumne County. Personally, I like the flatlands of 140 and so does "the elephant" (my blue van). Being a native of California, I have always liked traveling through the San Joaquin Valley and Merced.

Anyway, there are five campgrounds within the valley, and all are on the Ticketron reservation system. Reservations can be made from any outlet in the City, in person only, and $3.50 will hold your campsite for the time requested. The camping fee is $7 per night with a maximum of seven nights allowed.

Sites inside the Yosemite Valley are hard to come by during the heavy summer vacation months, but cancellations do occur during the week and if you are willing...and able...to stand in line at "O-dark-thirty" in the morning (5:30 a.m.) outside the Campground Reservations Office next to Curry Village, you can have a choice campsite in the valley. The only drawback is you have to stand in line each and every morning for that night's stay, and the office doesn't open until 9 a.m. I did meet some very nice people in that line while we watched the hang gliders jumping off Glacier Point.

There are "first-come, first-served" campsites available outside the valley at Hodgdon Meadow (Highway 120), Crane Flat (Big Oak Flat Road), White Wolf (Tioga Road) and Wawona (Highway 41). The cost is the same and all are easy driving distances for a day's excursion into the valley.

Once you get into the valley, just park your vehicle in the day-use parking area in Curry Village and travel by shuttle bus, bicycle or foot; or take a raft with you and ride the Merced River. Whatever you like, the Yosemite Valley has something for you.

...I think this is enough of "How did my kids spend their summer vacation"...on to *the Write Stuff...*

The Second (Indian Head) Division Association will be holding its 64th Annual Reunion in San Francisco July 17 through 20 at the Cathedral Hotel. Anyone who has served with the mighty Indian Head, whether in World War I, World War II, or the Korean conflict or at its current duty station in the Republic of Korea, is invited to attend. This year members of the units from the Netherlands and France that participated with the division under the flag of the United Nations will be present with their colors. The reunion chairperson is Lt. Col. Raymond Baranouskas, who can be reached at (415) 471-9598.

For music lovers:

- The 17th Annual Concord Jazz Festival will be held at the Concord Pavilion, August 1-4, and the music begins at 8 p.m. each night. Call 835-4100 for info; tickets are at BASS outlets.
- *Eric Clapton* will be at the Pavilion July 23 and 24; call BASS.
- *Jimmy Buffet* will be at the Greek Theatre on July 28 at 8 p.m.; call Ticketron.
- Tonight *Three Dog Night* is featured at the Circle Star beginning at 8:30 p.m.; call the box office at 364-2550 for info.
- An All-French Bastille Day Concert by the Chamber Symphony of San Francisco is featured this week at the Stern Grove Summer Festival. The music begins at 2 p.m., but, get there *early* for the choice pieces of turf...and it's FREE.

County Fair Time: Gates open daily at the Vallejo Fairgrounds for the Solano County Fair through July 21. Santa Clara County celebrates at its county fair July 26 through August 11 at the Santa Clara County Exposition Fairgrounds on Tully Road.

Both City College of San Francisco and San Francisco State University are offering on-post college-level courses for US...don't tell me that you can pass this up...see your counselor at the Army Education Center, bldg. 1216, Fort Winfield Scott, or bldg. 1004 at LAMC, for the magic formulas ...either 75 percent or 90 percent of tuition paid.

Another date in Presidio's history: July 14, 1949, building 135 is dedicated as the Enlisted Men's Service Club by General Mark W. Clark, commanding general, 6th U.S. Army.

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PIEDMONT

Sports

Army takes 2nd in Armed Forces games

by Liz Greeley

Track fans may remember names like Ralph Spry, Vesco Bradley, Jeff Waldo, George Barth and Vivienne Britton. If the names are still a little hazy, they appeared in the *Star Presidian* in May when the Presidio hosted the members of the All Army Men and Women's Track and Field Teams.

The Presidio played host to the teams for about a month while they got in shape just before the 1985 Armed Forces Track and Field Championship held at McChord Air Force Base, Wash., June 1 through 5.

Unfortunately, in both men and women's divisions, the Air Force placed first, the Army second, the Marine Corps third and the Navy fourth.

Coach Charles Greene, of Ft. Meade, Md., had hoped that competing at sea level, as opposed to last year's championship held in Colorado, would even up the odds between the Army and the Air Force.

"The altitude [over 7,000 feet] was a disadvantage to the other teams," Greene said in an interview in May.

In spite of placing second again, the men's team won seven golds, six silvers and four bronze medals. The women's team won nine golds, six silvers and three bronzes, coming within three points of tying the Air Force for first place (46-49). The men's team had a 24-point gap they just couldn't close (59-83).

There were some excellent individual efforts on both teams. On the women's team, Sp4 Vivienne Britton, from Fort Myer, Va., took home three gold medals and two silvers.

photo by Bob Walker

Sp4 Nansea Shelley, from Hanau Germany, won a gold medal in the Armed Forces Championship high jump with a jump of 5-1¾.

Britton won a gold for the long jump at 18-2 (18'2"), one for the women's 100 meters with a time of 12.6 seconds and a third as a member of the 4x100 relay which won with a time of 49.2.

She won silver medals in the 200 with 25.15 and the 400 with a time of 57.78.

2nd Lt. Mary List, from West Point, N.Y., set a new Armed Forces record in the women's 1,500 with a time of 4:33.7 and picked up a silver in the 800 with 2:12.71.

1st Lt. Carey Hill, from the Military District of Washington, won a gold, a silver and a bronze medal. She won her gold in the 5,000 with a 17:51.86 time, the silver with a high jump of 5-1¾ and the bronze in the 1,500 with a time of 4:46.9.

Sp4 Nansea Shelley, from Hanau, Germany, contributed two gold medals toward the elusive championship title. One gold was in the high jump at 5-1¾ and the other was as a member of the 4x100 relay team. In addition, she won a bronze in the high hurdles with a time of 17.5.

In the men's division, 2nd Lt. Ralph Spry, from Fort Benning, Ga., won two gold medals. One gold was in the long jump with 24-6½ and the other was as a member of the winning 4x100 relay team, which came in with a time of 40.4.

Sp5 Vesco Bradley, from West Point, N.Y., won a set: one each gold, silver and bronze medal. Bradley won his gold on the 4x100 relay team, his silver in the long jump with 24-6 and the bronze in the 100 with a time of 11.4.

SSgt. Fred Brooks, from Nellingen, Germany, won a gold in the triple jump with 51-11.

Sp4 George Barth, of Ft. Riley, Kan., won the 400 intermediate hurdles with a time of 52.86, narrowly beating teammate Sp4 Napoleon Hooks, of Fort Monmouth, N.J., who came in with a time of 53.0.

Sp5 Mike White, of Fort Lewis, Wash., was among the multi-medal winners, taking home two silvers. White won a silver medal in the 800 with a time of 1:50.6 and another in the 1,500 with 3:48.7.

Besides the teams' fine performances, the coaching staff also worked hard to bring the teams along.

From the Bay Area, Cpt. Earl Harris, from Oakland Army Depot, was one of the assistant coaches, but is was the Presidio of San Francisco's own Bobbie Gascon who was the team manager.

Yet for sports fans and competitors alike, it's already time to start saying, "*Next* year..."

Fourth of July softball tournament

LAMC No. 1 won Presidio's Fourth of July Softball Tournament. The tournament started on the 4th with eight teams participating. The teams competed in round-robin play and then the top four teams went into a double-elimination tournament on July 6. They were: LAMC No. 1, LAMC No. 2, Six Packers and LAIR No. 1.

Game No. 1

LAMC No. 1 - 16 ..... vs ..... LAMC No. 2 - 0

Game No. 2

Six Packers - 10 ..... vs ..... LAIR No. 1 - 0

Game No. 3

LAIR No. 1 - 8 ..... vs ..... LAMC No. 2 - 4

Game No. 4

LAMC No. 1 - 6 ..... vs ..... Six Packers - 2

Game No. 5

Six Packers - 8 ..... vs ..... LAIR No. 1 - 7

Finals

LAMC No. 1 - 13 ..... vs ..... Six Packers - 7

LAMC's Player-coach Stever Burton was selected as the most valuable player of the tournament.

Basketball

The summer basketball league was limited to three games last week because of the holiday. The unbeaten ranks have grown much smaller.

LEC is continuing to roll with a come-from-behind win over DLI-SF. OARB had an easy win over a struggling 6th U.S. Army team. The Hoyes was an easy winner over the Hustlers. At the present, it looks like the Hoyes all the way.

Last week's results

LEC - 36; DLI-SF - 28
OARB - 58; 6th U.S. Army - 32
Hoyes - 59; Hustlers - 26

Le Tour de SAN*FRANCE*CISCO

The annual *Le Tour de SANFRANCECISCO* bike event will be held on Sunday, from 7:30 until 10 a.m. This 50-kilometer bicycle event is *not* a race, but a European-style "tour" for bicyclists of all abilities.

Late registrants can sign up between 6 and 7 a.m. on Sunday morning at the start/finish line at the east end of Crissy Field.

A portion of the event will take place within the Presidio, resulting in some slowing of traffic along Lincoln Boulevard between 7 and 10 a.m.

Aerobics

Get fit or stay fit!!! Inspiring high-energy exercise classes are held daily at post Gym No. 1, bldg. 63. Exercises will stretch, tone and strengthen your body with aerobic conditioning. All exercises are done to popular music.

Classes are held Tuesdays and Thursdays from 4:30 to 5:30 p.m. and from 5:45 to 6:45 p.m.; the instructor is Karen Behnke, R.N.

Monday, Wednesday and Friday classes are held from 11:30 a.m. to 12:30 p.m., and the instructor is Melody Pedricks.

Cost for aerobics classes is $3 a class if you sign up for the month and $3.50 if you drop in.

There is a FREE introductory class for interested people. Classes are open to both men and women of all ages and levels of fitness. Participants are encouraged to exercise at their own pace.

For more information, call 561-4120 or 753-8733.

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Family Advocacy: helping the Presidio family in crisis, **page 5**

'The Emerald Forest': abrupt journey to the vanishing past, **page 5**

Presidio quiz: see how you scored on last week's quiz, **page 6**

Star Presidian

Vol. 28, No. 29 "Published in the interest of the people of the Presidio of San Francisco." July 19, 1985

News briefs

First PSF commander honored

A ceremony honoring the 200th anniversary of the death of Lt. José Joaquin Moraga was held at Mission Dolores in San Francisco on July 13.

Moraga was the first commander of the Presidio of San Francisco and founder of the city as well.

Moraga's body is buried beneath Mission Dolores church.

Activities Day clarification

Civilian employees who wish to take part in Activities Day may be granted up to two hours for lunch by their supervisors. Soldiers have the afternoon off as a training holiday.

Activities Day will be held from 11:30 a.m. until 4 p.m. today.

Next-of-kin lapel button

A new lapel button can now be presented to the next-of-kin of soldiers who died on active duty, but not in a hostile fire zone, U.S. Army Military Personnel Center officials recently announced.

The "next-of-kin of deceased personnel lapel button" is retroactive to 1973. This means that next-of-kin of soldiers who died since March 29, 1973, are eligible to wear it.

The button may be presented to the deceased soldier's spouse (regardless of current marital status); to both the soldier's parents; and to children, brothers and sisters of the deceased soldier.

Three other lapel buttons are available from the Army: the Gold Star lapel button for the next-of-kin of soldiers who died in a hostile fire zone; the Army lapel button for soldiers who were honorably discharged; and a lapel button for retirees.

Additional eligibility explanations and **applications** can be obtained by writing to: **Commander, U.S. Army Reserve Components Personnel and Administrative Center, ATTN: DARC-PSE-AW, 9700 Page Blvd., St. Louis, Mo. 63132-5200.** The request should include the deceased soldier's name, grade, SSN and date of death as well as the requestor's relationship to the soldier.

(Army News Service)

San Francisco Marathon

The 9th Annual San Francisco Marathon will take place this Sunday. A portion of the race's route will bring the estimated 7,000 runners through the Presidio's Crissy Field area between 9 a.m. and noon.

Traffic through Crissy Field will be delayed, but not stopped, during that time. This event is fast approaching other city marathons, such as the Boston and New York events, in size and prestige.

photo courtesy Presidio Photo Facility

Sp4 Donna M. Hammon of the 16th AG (Postal) Detachment won the June Soldier of the Month competition.

16th AG soldier wins SOM

by Karl C. Rankin Jr.

Her mother asked her the questions each evening and each morning. The company helped prepare her through mock boards.

Sp4 Donna M. Hammon, adminstrative specialist, 16th AG (Postal) Detachment was prepared for the challenge and was selected as Presidio Soldier of the Month for June.

"My mother was the biggest help. She would sacrifice watching her television programs and ask me the questions each evening and at 5 a.m. each morning—drilling me," Hammon said.

She also credited the first sergeant and the programs that he set up at the company. "He has implemented a lot of new programs, such as human relations and [mock] promotion and Soldier of the Month boards," she said.

However, 1st Sgt. James L. Brown, 16th AG (Postal) Detachment, asserts that the credit has to be given to Hammon.

"Hammon is very intelligent. The various tasks I've given her have been done in a timely and professional manner," Brown said.

"The hardest part of the Soldier of the Month board was just talking in front of people and selling yourself," Hammon said.

Hammon has been an active part of the postal detachment since November 1983. After her enlistment in the Army she said she intends to continue her education, seeking a degree in nursing. But the road to her childhood dream hasn't been easy.

She was forced to leave high school her senior year because of family difficulties. Yet she continued her quest by getting her GED in Orlando, Fla. She said her reason for joining the Army was to be able to go to college afterward.

"I'm considering the Army program that pays for you to go to nursing school and come back as an officer," she said.

The last time a soldier from the 16th AG was selected as Soldier of the Month was August 1983, according to 1st Lt. John W. Bradley III, 16th AG Detachment commander.

"I'm very pleased with Hammon. It's a way of recognizing the hard-working soldiers. It lets you know if you work hard, the Army will reward people," he said.

Hammon was born in Silver Springs, Md., but grew up in Florida. Her hobbies include making tables form large electrical spools, horseback riding and taking scenic tours. About California, she openly admits that she fell in love with the mountains here. "I love northern California; it's great," she said.

Hammon said, laughing, "I thought I had it all behind me, and there was no greater achievement than being chosen Soldier of the Month. Now, he [the first sergeant] wants me to go for Soldier of the Year."

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Opinions

TAKE A BITE OUT OF CRIME

Your neighbors are the best home security device invented. You don't have to have an intimate affair with your neighbors to get them to watch your home when you are out. Neighborhood Watch is self-serving, in that you take the time to communicate with your neighbors.

Each of you agrees to keep a watchful eye on the other's property and report suspicious activities. Exchange each other's home or work phone numbers. Inform each other of the number of family members in the household. Get your neighbors to pick up newspapers and mail or remove any other telltale signs that your home is unoccupied. Then Neighborhood Watch can give you some piece of mind when you are away from home.

Operation Identification

Operation Identification is a prevention program designed to discourage burglaries by engraving your Social Security number on your valuable possessions. A decal provided by the Military Police station can also be put on the front windows of your house, advising potential thieves that your possessions have been marked for ready identification by law enforcement agencies.

The decal tells the thief your property will be difficult to sell if stolen. Also, property that is marked will make prosecution easier if the thief is caught. Inventory sheets are also provided by the MPs.

Photographing or even videotaping your valuables is another good way to protect your valuables and aids burglary victims in making insurance claims.

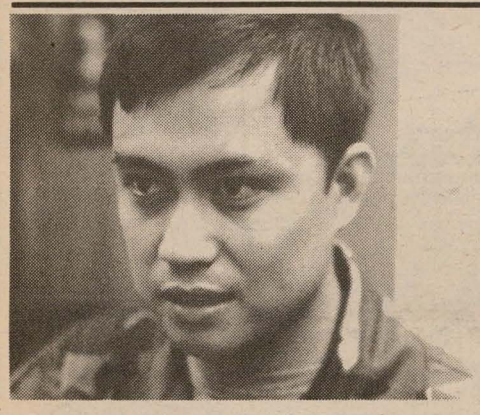
Engravers for Operation Identification may be signed out at the Presidio Crime Prevention Office. For more information, call 561-4925 or 561-5011.

Crime Report

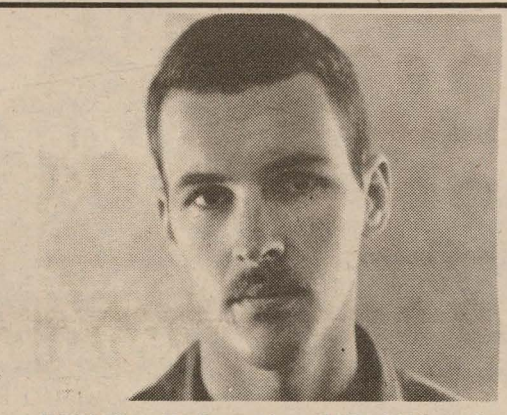
- Someone removed an unsecured backpack containing $150 in cash, plus various credit cards, a Wells Fargo checkbook and two sets of car keys from the clinical laboratory.
- During a traffic stop, the driver was found to be under the influence of alcohol.
- A person was caught taking cash from the cash drawer at the post service station.
- Two people were caught trying to take various parts off a vehicle in the LAMC parking lot.
- Someone took an unsecured wallet containing a VISA credit card and miscellaneous papers from the post gymnasium.
- Someone took an unsecured wallet containing $200 from the women's locker room at the post gymnasium.
- Two people were caught taking coins from a video arcade machine in the game room of the main PX.
- A person was caught receiving $1,692 worth of medical care from LAMC to which she was not entitled.
- A person was caught trying to leave the commissary with food without paying.
- Someone removed $80 which had been left unsecured in a fifth floor room at LAMC.
- There were two traffic accidents.
- There was one drunken driving incident.

Ramblin' Sam

"If you were post commander for a day, what would you do? Why?"

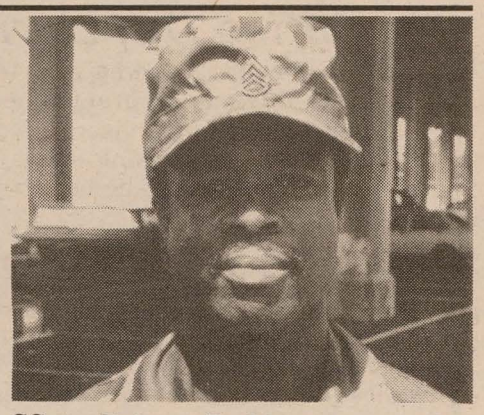


SSgt. Cally Marquez, team leader, COMPACT: "Put more lights on the road on Lincoln near 25th Avenue."



PFC Ken D. Lemoine, MP: "I'd make sure all the ongoing and planned construction is done as close to schedule as possible and make sure the troops have the best facilities."

Sp4 Sharon M. Hopkins, MP: "The first thing I'd do, instead of improving the appearance fo the post for VIPs is improve the barracks and housing for the married and enlisted soldiers. Make it look nicer and have more conveniences."



SSgt. Robert Perkins, communications NCOIC, Headquarters 7th Psychological Operations Group: "Make sure there is job satisfaction for all personnel—civilian and military. That there are adequate housing accommodations and that everyone is equally taken care of. The appearance of the post is very important to civilians coming around."

How Gen. Pershing changed Army leadership styles

by Larry Mazzeno

Many remember Gen. John J. Pershing as the commander of the American Expeditionary Force of World War I. [Many Presidians remember that Gen. Pershing was stationed at the Presidio in 1915.] But few know much about him as an accomplished leader or trainer.

Pershing's career offers a superb study of the way a professional leader develops his own skills and the talents of those with whom he serves.

Born in 1860 in LaClede, Mo., and raised in Nebraska, Pershing worked briefly as a teacher before obtaining an appointment to the U.S. Military Academy. At West Point, he displayed the talents that were to characterize his leadership style for more than 40 years: rigorous adherence to standards, meticulous attention to detail and unswerving commitment to the ideals of the nation.

After graduating in 1886, 2nd Lt. Pershing went west to earn his spurs as a cavalry officer, taking part in some of the final skirmishes of the Indian wars. Peers and superiors alike were impressed with Pershing's relentless desire to master the skills of his profession.

Promotions were slow in the late 19th century. Pershing was promoted to captain in 1901, 15 years after graduating from West Point. Officers had to wait for a vacancy in their branch before being advanced in grade. The only "merit" promotions were to brigadier general, a rank conferred by Congress upon recommendation of the president.

Fate was on Pershing's side, and his talents did not go unnoticed. His service in the Spanish-American War and in the Philippines brought him to the attention of military and political superiors, and in 1906 President Theodore Roosevelt selected Capt. Pershing for promotion to brigadier general.

When World War I broke out, Pershing was leading an American force against Mexican guerilla Pancho Villa. Called to Washington in May 1917, Pershing assumed command of the American Expeditionary Force bound for Europe. Immediately, he began assembling a battle staff of trusted subordinates to supervise the training, equipping and deploying of a force greater than any previously mobilized in the United States.

For the next 18 months, Pershing directed the American war effort in Europe. Convinced that Americans would fight best when led by their countrymen, he resisted Allied efforts to integrate small U.S. units into Allied divisions and corps. To the

please see page 3

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General Pershing from page 2

displeasure of French and English leaders, he insisted that his troops train hard in Europe before they entered the front lines. His strategy paid off, as the American First Army distinguished itself during the final months of the war when the Allies dealt the death blow to the German army.

After the war, Pershing served for three years as chief of staff, helping the Army demobilize and working to promote the Total-Army concept. Convinced the citizen-soldier would be the backbone of future military engagements, he lobbied within the service and in Congress for a strong National Guard and Reserve.

Also under his leadership, the structure of the modern general staff was established.

Pershing left his mark on the Army in another way. He was an outstanding mentor for the young officers serving under him. Those who learned at his side took away lessons that would guide them and this country through the turbulent decades that followed Pershing's retirement in 1924.

Gen. Douglas MacArthur, who served under Pershing in World War I, recalled seeking his advice during the 1930s, when MacArthur himself was chief of staff. Gen. Dwight D. Eisenhower considered himself a "star pupil" of the system of officer training developed under Pershing's "wise leadership." The list of officers who led the Army during the 1930s and 1940s is filled with the names of those who had fallen under the iron gaze of "Black Jack" Pershing at one time or another during their careers.

Perhaps the two who owed the most to Pershing's leadership were Gen. George Patton and Gen. George Marshall. Patton rode into Mexico with Pershing after Pancho Villa in 1915, served with the American Expeditionary Force in World War I and corresponded frequently with the "General of the Armies" during the years when Pershing was chief of staff.

World War II soldiers remembered Patton's insistence on taking care of details, his adherence to tough standards and his belief in the willngness of American fighting men to stand up to any obstacle if provided good leadership. These were qualities Pershing instilled in his subordinates.

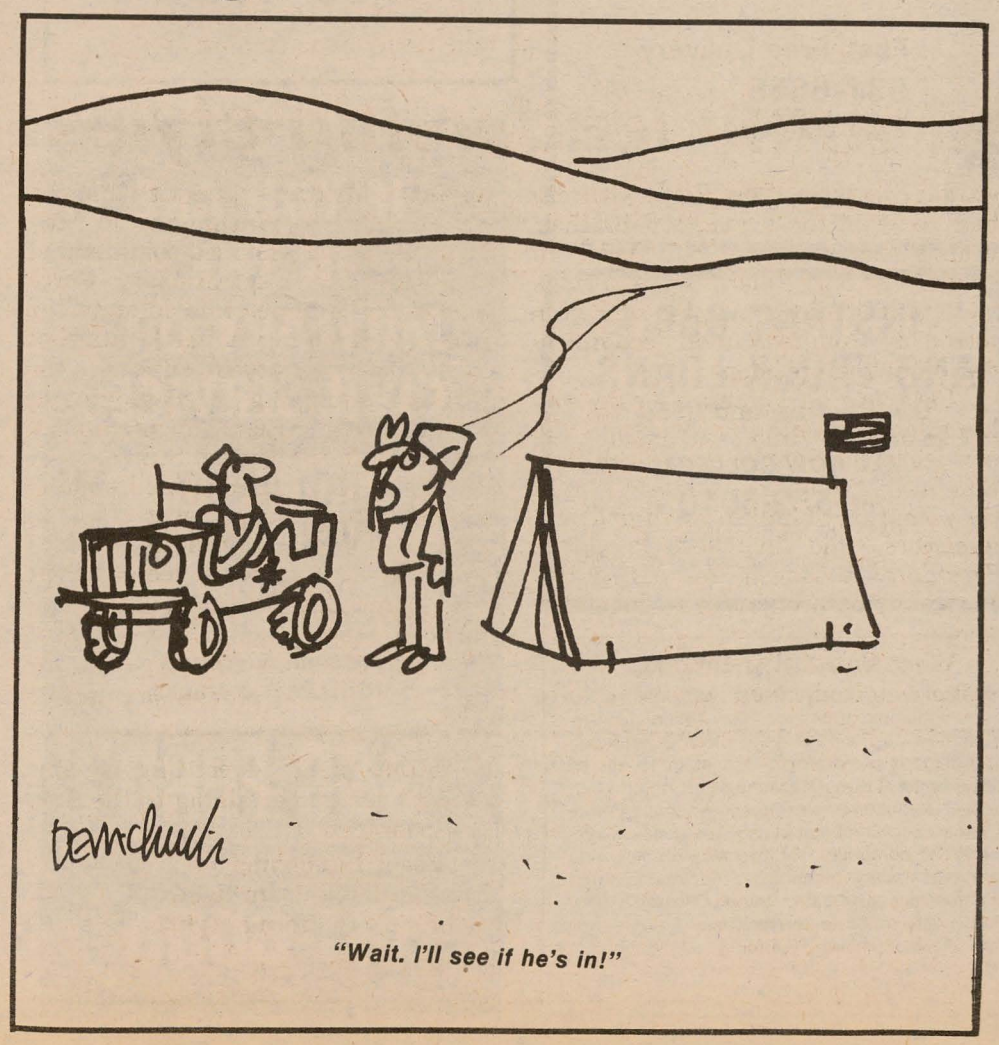
Marshall, more than any other officer, was a product of Pershing's leadership. Early in his career, the young Marshall was noticed by Black Jack as an exceptional organizer and planner. When Pershing led American forces to Europe, he took Mashall with him as an operations officer. In 1921, when Pershing became chief of staff, "Major M" found himself at a desk near his mentor, handling many of the day-to-day operations of the chief's office.

Of course, history has proved that Pershing's trust in Marshall was well placed. The man who learned from Pershing how to win a world war in the field found himself at the head of America's efforts to preserve this country and its Allies in World War II. Marshall, whom Winston Churchill called the "organizer of victory," on more than one occasion expressed his debt to Pershing for the leadership skills he had learned.

Though he spent his last years at a suite in Walter Reed Army Hospital, Pershing lived long enough to see Marshall and the other officers he'd trained lead the country to victory in World War II. In 1946, Congress directed that a special medal be made in his honor. He died July 15, 1948. According to his wishes, he was buried at Arlington National Cemetery, among the graves of the men of the Expeditionary Force.

(Army News Service)

The Lighter Side



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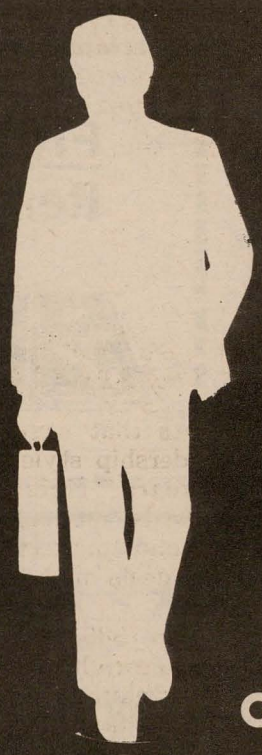

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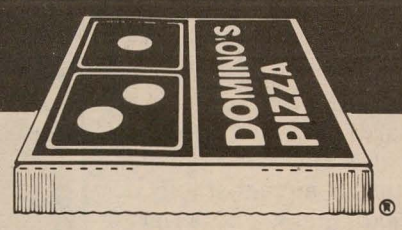

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Features

Family Advocacy helps victims of violence

by Karl C. Rankin Jr.

There were 7,219 children abused or neglected in 1984 along with 9,840 abused spouses. Thirteen children died, 2,405 children were neglected and three spouses died, according to Department of Defense statistics.

These statistics, compiled by DoD DoD through their Family Advocacy Program, reflect the problem of spouse and child abuse, neglect and death.

These figures are slightly higher than the previous year's, and though there is an increase, "this trend has a positive aspect, as it shows we are doing a good job in educating the community in identification and reporting procedures," according to the Army News Service.

According to Karen Kaho, Army Community Services Family Violence specialist at the Presidio, it is very important to get help immediately after abuse has taken place.

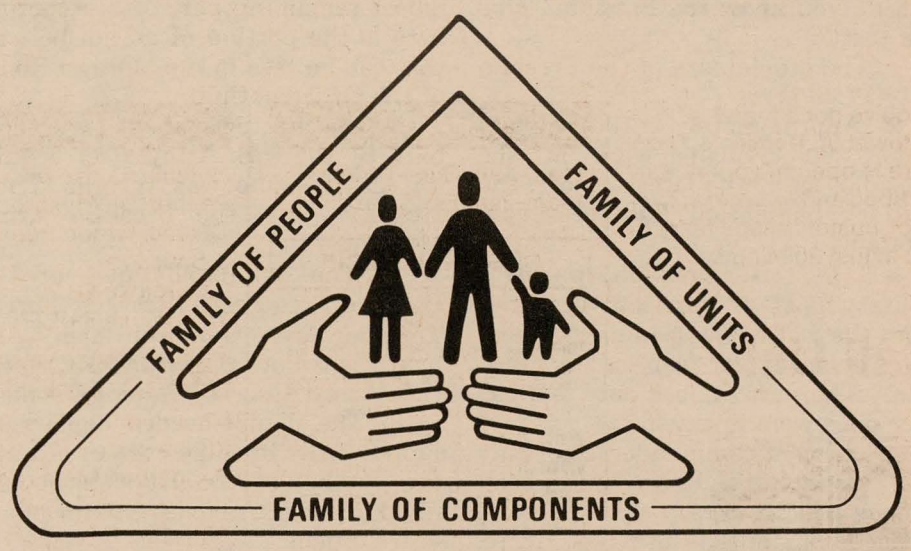
"The longer abuse goes on, the harder it is to change it. If there is violence, get help the *first* time," she said.

The Family Advocacy Program is available to Presidio civilian and military people. The program was established in 1981 and has set goals that include general education and prevention programs for high risk groups and individuals. The people who run the program also recognize that the military must make every effort to establish close linkage with the surrounding civilian community.

Kaho said the program is broken down into five main objectives. These are: develop programs or activities that contribute to a healthy family life; assist command and staff people in awareness of their roles in preventing child abuse or spouse maltreatment; identify, report, manage and follow up on cases of child abuse or spouse maltreatment among families eligible to receive treatment in military medical facilities; work to prevent spouse and child maltreatment; and provide and support health programs such as classes for developing skills for more effective parenting, child growth and development, family enrichment and expectant parent classes.

"Stress is the biggest factor in abuse cases, and there are programs available to help people in high stress situations," Kaho said. Of the cases Kaho has taken care of, she said, "I had only one repeat case of violence. This is a really good program. The Army is really being progressive compared to the local community."

Kaho cited an example. "One couple had a very long history of abuse, and after four months of counseling the wife and husband now talk, communicate and feel closer to one another. When they first showed up for counseling, they would sit across the room from each other and not look at each other. They would read a list of differences about the other spouse which was worlds apart from the other one's and not even make eye contact," she said.



Kaho stressed that when problems begin, family members should not hesitate. Whether it's marital problems or spouse or child abuse, there is counseling and help available through the Family Advocacy Program.

There are Army regulations encouraging the military community to report all incidents of suspected child or spouse maltreatment to the designated case management team contact person or military police.

The designated case management team is a multidisciplinary team that consists of military and civilian professionals. Legal, medical, law enforcement and social services staff are responsible for preventing and treating child abuse and neglect, according to Kaho.

Right now, we're recruiting volunteers from the Presidio community and interested graduate counseling students from local colleges and universities to man the upcoming 24-hour crisis hotline. Training will be provided to those volunteers, according to Kaho.

The Family Advocacy Program is another important step in the Presidio's growth and its goal to meet the needs and expectations of its people.

'The Emerald Forest' unfolds two-fold drama

by Liz Greeley

In today's world, a television news story about a lost or kidnapped child isn't unusual anymore. With the help of all the tools our high-tech society offers, the anguished family searches, waits and hopes.

When the lost child disappears into the Amazon jungle as in *The Emerald Forest,* the family also searches, waits and hopes. But there is a difference in the search: missionaries rather than TV newscasters spread the news, dugout canoes replace the airplanes and jeeps as the searchers' transportation and stone-age Indian tribes take the place of suspicious neighbors in providing leads and clues.

Based on the true story of a Peruvian construction engineer whose son was kidnapped and raised by the Mayuruna people. *The Emerald Forest* is about an American construction engineer in Brazil whose 7-year-old son is kidnapped by the "Invisible People," in what the tribe sees as a kindness.

The desperate father, Bill Markham, searches for his lost son, following up every lead...after 10 years (and nearly getting killed in the bargain), he *finds* his son, just as the Peruvian engineer did.

However, how does Bill Markham deal with a son who tells him that he is quite happy where he is, thank you? He doesn't *want* to be "rescued."

photo courtesy Embassy Pictures

Tomme goes with members of his tribe to wreak vengeance on "The Fierce People," who destroyed his village in *The Emerald Forest.*

Bill Markham's son "Tommy" has become "Tomme," a warrior of the Invisible People and the spiritual son of Wanadi, their chief.

But Tomme's disappearance and discovery is only part of the story.

As the name implies, the story is really about the vanishing Amazon rain forest and the contrasting values of the Invisible People and the people they call the "Termite People."

In one scene, Wanadi patiently explains to Markham that they call his people the Termite People because they eat up the grandfather trees just like termites.

To Tomme's tribe, the civilized world is the "Dead World" and the rain forest bordering a construction site is called the "Edge of the World."

Visually as lush and elegant as the rain forest itself, *The Emerald Forest* depicts dilemmas: the dilemma of a father whose son considers him his "ghost father" and the dilemma of a people who have chosen what they consider a sophisticated and modern civilization versus the tribal way of life and the Amazon rain forest that sustains and protects its people.

Though not on the same emotional impact level as *The Killing Fields,* I heartily recommend *The Emerald Forest* as a must-see film, even for people who don't like "message movies." In this movie the message is visually rich and appealing and the director doesn't presume to force-feed it to an unwilling audience.

For me, the acid test of a good movie is whether or not I still thought about it a few days after seeing it and did it make me *think.* For *The Emerald Forest,* the answer to both questions is a definite *yes.*

Rui Polonah, a Brazilian actor, puts in a powerful performance as Wanadi, chief of the Invisible People, as does sensual and seductive Dira Paes, who plays Kachiri, Tomme's bride. As Bill Markham, Powers Boothe also turns in a strong and believable performance. Charley Boorman, 18-year-old son of *Emerald Forest* producer/director John Boorman, has youthful innocence on his side in his protrayal of Tomme, but it's too soon to tell whether he will become a good actor.

The Emerald Forest is rated **R** and is now showing at the Regency III on Mason at Post Street, near Union Square.

Features

Find out how you score on Presidio knowledge quiz!

by Barbara J. Mountrey

The following are answers to last week's *Star Presidian* quiz, "How well do you know the Presidio? This *is* a test!"

1. The official size of the Presidio is 1,417.49 acres.

2. Approximately 2,400 soldiers and 3,200 civilians work at the Presidio, as of the latest report; the military population fluctuates considerab[ly]

3. [T]he word "presidio" means a military post or garrison; it comes from the Latin "praesidium," meaning "defense, garrison or fortification." The term is used only in areas that once were Spanish.

4. The post commander, as of July 3, is Col. Robert S. Rose. The highest-ranking military person at the Presidio is the commander of 6th U.S. Army, Lt. Gen. Robert Arter. The two highest-graded cilivian positions are two GM-15s employed at Letterman Army Institute of Research.

5. The Presidio, like the City of San Francisco, is 209 years old. The oldest remaining part of a structure here is the portion of an adobe wall that can be seen in the Moraga Room of the Officers' Club.

6. The first permanent structure built by the U.S. Army after acquiring the Presidio was Wright Army Hospital, now the Presidio Army Museum.

7. The subinstallations of the Presidio are: Parks Reserve Forces Training Area, Hamilton Army Airfield, East Fort Baker and Rio Vista U.S. Army Reserve Training Facility.

8. The double-headed eagle that supports the Presidio coat of arms is the symbol of the Hapsburgs, the royal house of Austria and, for many years, Spain.

9. The Presidio general whose house burned down, killing his wife and three daughters, while he was on an expedition to Mexico was Gen. John J. Pershing. The post flag now flies at that site.

10. The starting point for both the Historical Trail and the Ecology Trail is the Presidio Army Museum.

11. The trees that cover the Presidio were planted by the U.S. Army beginning in the 1880s, as part of a beautification program devised by an Army engineer, Maj. W.A. Jones. More than 60,000 trees were planted at that time, to enhance the views and make the ridges appear higher than they actually are.

12. The pet cemetery is the burial site for pets of military families who served at the Presidio. It is maintained primarily by the Boy Scouts, although private individuals contribute time, work and money.

13. Five U.S. flags fly daily at the Presidio, at the Main Parade Field (the largest), Letterman Army Medical Center, the Defense Language Institute-San Francisco Branch, the Coast Guard station and the San Francisco National Cemetery.

14. The 6th U.S. Army Headquarters is a tenant organization at the Presidio.

15. The only civilian tenant agency at the Presidio is the Federal Emergency Management Agency.

Don't look for the names of the people who scored 100 percent on this little test; no one had a perfect score. Some people even called the test "mean" and "sneaky." But most people grudgingly admitted that they enjoyed finding out more about the post where they work.

There are many other interesting facts about the Presidio, some of them far more obscure than the answers to this quiz. Maybe a future version of "Presidio Pursuit" will offer you some *real* challenges!

Want a promotion? How the promotion system works

By Liz Greeley

Promotions—everyone wants them, but sometimes they seem so hard to get. It helps to know something about how the promotion system works for prospective E-5s and E-6s as well as what a soldier has to do before going before a promotion board.

Promotions are based on a point system with 1,000 points as the maximum *possible* points a soldier can earn.

According to Letterman Army Medical Center (LAMC) troop command sergeant major CSM James E. McDonald, the maximum possible points break out like this: duty—**200** points awarded by your commander; SQT—**200** points; military education—**150** points; civilian education—**100** points; awards and decorations—**50** points; weapons qualification—**50** points; physical training test—**50** points; and promotion board—**200** points, which adds up to the 1,000 possible points.

As McDonald explained, there are some military occupational specialties (MOSs) which are at full strength, and these will have high cutoff scores (in the 800s or 900s, for example). And there are shortage MOSs where promotions are much easier to get.

Basically, the system is simple—shortage MOSs have lower cutoff scores than overstrength MOSs in which soldiers may find it difficult to get promoted.

But for soldiers who like the field they're in, aren't in an overstrength MOS and have a cutoff score within reasonable expectations, what then?

First the supervisor has to recommend the soldier for promotion; then the company commander will approve or disapprove the recommendation. Next, the troop commander and personnel check the soldier's records to make sure there are no flagging actions or derogatory information. Then a promotion packet is prepared and followed by an administrative interview when he or she is told how many points have been accumulated. Finally, the soldier receives the disposition form which tells him when and where the promotion board will be held.

Now let's follow a couple of fictitious soldiers through a promotion board. They are: Sp4 Joe Smith and Sp4 Jane Jones.

Sp4 Smith talks to his NCO about the upcoming board and is vaguely told, "Study your military subjects, basic soldiering, world affairs and don't be nervous—you'll be okay."

Smith hears from a buddy in the barracks that he just needs to learn the study guide and look sharp. So Smith finds a study guide and goes over it closely, gives his uniform the once-over, adds extra shine to his shoes and walks into the promotion board.

The six senior NCOs who make up the promotion board notice right off that Smith's hair is a little too long and he looks a bit nervous.

Board members ask a few questions that Smith answers correctly and then they ask a question about nuclear warfare. Smith doesn't know the answer and his face begins to get moist.

A few questions later, someone asks about drill and ceremonies and Smith doesn't know the answer. His face is damp as he stammers out the next couple of answers correctly, not realizing he's nervously wiggling his fingers—the board does.

By the end of the board session, only 30 minutes have elapsed, but Smith is visibly distressed. As he walks out the door, a couple of board members shake their heads.

They check their list; the next soldier before the board will be Sp4 Jane Jones.

Jones' NCO told her that going before a Soldier of the Month board was good experience before a promotion board. So Jones asked him to put her in for Soldier of the Month. Jones did well, too; she was a runner-up and found out what her weak areas were. So she studied up on her weak subjects as well as going over the study guide her NCO gave her.

Before the board, she makes sure her uniform is perfect, her hair the right length and her shoes shined like black glass. Jones feels ready and confident, but takes a few paces up and down the corridor while she waits, just to get rid of any nervous energy.

When Smith comes out, Jones goes in and reports before the board. The board members notice Jones has an aura of confidence. And she doesn't get flustered when she misses the answers on a couple of questions. Her uniform is correct, her brass is on straight, she knows her topics and she is calm. As Jones leaves the room, several board members smile to themselves.

The result is that Sp4 Jones becomes Sp5 Jones and Sp4 Smith stays a Sp4, at least for the time being.

CSM Robert L. Yates, LAMC command sergeant major, said that the worst thing he sees at promotion boards is "probably anxiety. They've become so keyed up and nervous, I've seen them sit there and sweat just drops off their chin. I've seen them come in and pass out. I've seen them come in and they can't even talk, and that's lack of preparation by their immediate supervisor, or they just get a mental block.

"But I think probably the key to the whole thing is supervision and the preparation by the immediate supervisor.

"We try to encourage our non-commissioned officers, if they have a young Sp4 that they want to make E-5 and they think has a lot of potential, what they should do is send him in front of the Soldier of the Month board, because they're basically the same thing," he said.

Yates added, "They're a little better prepared psychologically, mentally."

CSM Robert C. Riddle, Headquarters Command Battalion command sergeant major, is also a great believer in preparation.

"Lack of preparation is the biggest cause of any soldier not being recommended," Riddle said.

"I like to think of a Soldier of the Month board as much more difficult than a promotion board; you have to know much more information; this gains experience," he said.

But Riddle added that if a soldier doesn't pass a promotion board, he or she can come back next month and try again.

He also recommended that soldiers use a study guide judiciously.

"It's been my experience that study guides are helpful up to a certain extent, but the soldier cannot rely 100 percent upon a study guide, because usually the information is outdated," Riddle said.

His advice to soldiers is to find out exactly what the board subject areas are going to be, or ask someone who appeared before last month's board what they asked and what kind of questions they asked, as well as who was on the board. Then concentrate and study.

"Like when you were in school, when you're fully prepared for an examination of any kind, you know you can walk in there and take this thing and no sweat. That's 90 percent of it—confidence," he said.

According to Yates, the reason promotion boards can be so nerve-wracking is that board members are looking at how a prospective NCO handles stress.

"You basically want to know how they respond under pressure, because on a day-to-day basis, most non-commissioned officers work under pressure," Yates said.

Confidence, the ability to handle stress, looking sharp and breadth of knowledge are all things promotion boards look for.

But remember, if you blew the promotion board this month, there's always next month's board.

Photo Feature

Co. D, 864th Engineers protect Coast Guard station

Story and photos by Karl C. Rankin Jr.

Twelve soldiers and an officer from Company D, 864th Engineer Battalion, helped control a spreading fire by building fire breaks at the U.S. Coast Guard LORAN Station at Middletown, Calif., on July 11.

According to CWO 3 H. K. Madigan, commander of the Coast Guard station, the soldiers were instrumental in containing the possible spread of the fire.

The directive to use the 864th Engineers came from the Department of the Army the previous morning. The engineers took two D-7 bulldozers and support equipment to fight the fire. The immediate concern was for a radio tower which is used as an international navigational aid.

"If fire had reached to tower's support cables, the tower could have toppled," said Sgt. Robert D. Collins, a squad leader with the 864th Engineers.

Also involved in the efforts were members of California Department of Forestry and U.S. Coast Guard employees.

"The engineers arrived at about 2 a.m. Thursday morning and fought the fire through the morning," said 2nd Lt. Raymond Prisk, officer-in-charge of the 864th Engineers. The engineers stayed on the job until Friday.

Although the mission of protecting Coast Guard station was a success, some homeowners just over the hill in Hidden Valley were less fortunate. Some of their homes were destroyed by the fire, and several others suffered extensive smoke and heat damage.

Yet, the 864th Engineers performed their mission effectively, with much gratitude and thanks offered by the U.S. Goast Guard LORAN station.

Sp4 Craig Kaisershot and Sp4 Ralph Enyeart use a D-7 bulldozer to create a fire break.

Sp4 Eric K. Bruch and Sgt. Armando Dominguez look out over the valley as the fire approaches.

Charred brush followed the wake of a fire as it approached the Coast Guard station.

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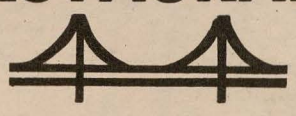

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Community Calendar

Perry Como

The last week in July, *Perry Como* is performing at the Orpheum Theater in San Francisco. Other artists featured in the evening entertainment are *The Ray Charles Singers* and special guest star *Scott Record.*

The Recreation Center ITT Office has discount tickets for Friday, July 26 at 8 p.m. The price for orchestra seating is $24, reduced from $26.

Rock with the stars

Following the Giants vs. Pittsburg Pirates game on Sunday, July 28, *America* is performing at Candlestick Park. The ITT Office has discounted tickets. The price for game and the concert is $8.25 for lower box seats, reduced from $9.50. There are only a limited number of tickets available, so HURRY!

The Recreation Center ITT Office is in bldg. 385 (across the street from the post theater) at 561-3992. Hours of operation are 11:30 a.m. to 1 p.m., and 2 to 5:30 p.m., Monday through Friday.

YA soccer

Registration for the Youth Activities fall soccer program will be held July 23, 24 and 25 from 5 to 6:30 p.m. at bldg. 563 (Child Development Services). On July 27, registration will be held from 10 a.m. to 1 p.m. at Gym No. 1. The registration fee is $15.

Please bring a copy of a birth certificate and 1x2" photo of the player. Soccer teams are for kids under 8, 10, 12, 14 and 16.

For more information, call Youth Activities at 561-5143.

NCO/Enlisted Club

Don't forget about Soul Disco on Saturday nights at the Tradewinds from 8 p.m. to midnight. Another Saturday night happening is the Two-For-One Steak Night from 5:30 to 9 p.m.

Country and Western Night has moved to Fort Scott and is held from 7 to 11 p.m.

There is still a great Sunday brunch for $5 from 10 a.m. to 1 p.m.

Because today is Activities Day, the club will open at 4:30 p.m. Lunch will not be served today. Don't forget this is also All Night Disco night from 10 p.m. to 4 a.m.!

Ladies' Night is July 24 at 4:30 p.m. (it's better than Bosses' Night).

For more information, stop by the club and pick up a copy of the July calendar.

FEW

Wanda Greer, of Letterman Army Medical Center, president of the San Francisco Chapter of the Federally Employed Women (FEW) passed the gavel to Nancy Freeman, of the Facilities Engineers, on June 19 at the Presidio Officers' Club.

Other officers installed were Anne Schartmann, vice president; Corabelle Morehead, recording secretary; JoAnn Joy, treasurer; and Deborah Blackson, corresponding secretary. Robert Joy was named chairman of the nominations committee.

Preseparation briefing

A preseparation briefing will be held Wednesday, August 7, at the Army Education Center, bldg. 1216, from 8 to 11 a.m.

All soldiers who plan to ETS (Expiration Term of Service) before December 31, 1985, are required to attend. Spouses are invited and encouraged to attend.

Topics covered during the briefing will include VA benefits, schools, careers in the Army Reserve, the National Guard, ROTC and other items of interest to the soldier and family.

For more information,, call George Dokes at 561-2974 or 561-4445, Army Education Center, bldg. 1216.

YA summer program

Ongoing sign-ups for the Youth Activities summer program can be done at bldg. 569 (Child Development Services).

Classes offered for the summer are: swimming (all levels), tennis, racquetball, computer operations (beginning and advanced), arts and crafts, theater arts and weightlifting.

Call 561-5143 for more information.

Presidio Chapels

Protestant services are held at the Post Chapel on Sunday at 9 and 11 a.m.; children's church services are at 11 a.m.; Fort Scott Chapel Sunday services are at 11 a.m. and Fort Baker services are Sunday at 9 a.m.

Catholic masses: Chapel of Our Lady masses are on Saturday at 5 p.m.; Sunday at 9 and 11 a.m.; and weekdays at 11:35 a.m. Fort Scott Chapel masses are Sunday at 12:30 p.m.

Jewish services: LAMC Chapel services are held at bldg.1100, Room 106, on Friday at 4:30 p.m.

The first Sunday of the month, Protestant communion is served.

For more information about the chapels, please call 561-4719.

...the write stuff...

by Ted Weller

Yes, it was and is a well-done reel of celluloid, *Brewster's Millions,* that is...but did one notice the manner in which he disposed of the majority of his millions?...food for thought.

Riddle me this: When is a general a commander, but not THE commander...or a piece of military real estate not a camp, or a fort, but an area? The answers to these and others are contained elsewhere in this issue.

If you are interested in the 209-year history of this installation, visit that "first permanent structure" Tuesday through Sunday, 10 a.m. to 4 p.m....Just for fun: how many cannon were mounted on the walls of first Presidio of San Francisco?

Today's Other Question: Is there life below the Tehachapis?

For whoever applied their "artistic talents"...for lack of a better term...to the backboard behind the post library: Was it really necessary to deface community property and not say anything? I'm sure both the DEH and MSAD would be happy to use your painting talents on some projects...!

Tomorrow may prove to be a great day to spend in Golden Gate Park. Start your day with a FREE visit to either the Asian Art Museum or the M.H. de Young Museum from 10 a.m. until noon...these free hours occur every Saturday this summer. When you are finished with the works of art, walk over to the Bandshell for a seven-hour marathon entitled *Comedy Celebration Day* featuring 64 local comedians...it should be fun to see how these folks handle five-minute sets in the daylight...fun begins at noon.

If the comedy does not hold your total attention check the flowers at Strybing Arboretum or the New Shakespeare Company performance in the Sunken Meadow behind the de Young at 2 p.m.

Mothers may want to take the young ones to the Randall Junior Museum, 199 Museum Way, next to the Corona Heights Playground. The museum features live animals: birds, rodents and some mammals, along with a petting corral. It is open Monday through Friday, 10 a.m. to 5 p.m. Call 863-1399 for information. To get there, follow Divisadero Street south until 14th Street, turn right onto Roosevelt Way and follow around the playground to Museum Way...the view makes the trip worthwhile as well.

Upcoming in the Music World:

• Sunday's FREE Stern Grove Festival presentation is a jazz concert with the *Mark Levine Quintet, Bebop and Beyond,* and the *Chris Poehler-Paul Patyer Big Band.* The show begins at 2 p.m.

• *Mel Torme* and the *San Francisco Symphony Pops* will be at the Civic Auditorium July

• *John Williams* conducts the *Boston Pops on Tour* at the Concord Pavilion at 8 p.m. July 28; call 762-BASS for tickets.

• *Power Station* will be at the Cow Palace at 8 p.m. July 29; call Ticketron for tickets, 392-SHOW.

• The *Pat Metheny Group* will be at the Greek Theatre at 8 p.m. August 2; call Ticketron or BASS.

• *Santana* will be at the Warfield Theatre at 7:30 p.m. August 9; call BASS.

The San Mateo County Fair and Floral Festival begins tonight and continues through July 28 at the Fairgrounds in Redwood City. Featured tonight are the *Osmond Brothers.*

This week in Presidio's history: **July 23, 1852:** first American is interred in the Presidio cemetery. **July 24, 1866:** land is purchased for the Lime Point Military Reservation. This was to be the site of a second Fort Point to guard the Golden Gate. The area is now Forts Baker, Barry and Cronkhite. **July 24, 1933:** West Point Preparatory School is established at Fort Winfield Scott.

A missed date in Presidio's history...I hang my head...Last Saturday, July 13, marked the 200th anniversary of the death of the first commander of the Presidio, Lieutenant José Joaquin Moraga...Lo siento mucho, teniente.

..."Loafers??"...

At the movies

Presidio Theater

Fri, July 19	Beverly Hills Cop (R)	7 p.m.
Sat, July 20	Fletch (PG)	7 p.m.
Sun, July 21	Fletch (PG)	7 p.m.
Mon, July 22	Fletch (PG)	7 p.m.
Tue, July 23	Julie Darling (R)	7 p.m.
Wed, July 24	Rappin' (PG)	7 p.m.
Thu, July 25	Fraternity Vacation (R)	7 p.m.

Schwartz Theater

Mon, July 22	Beverly Hills Cop (R)	7 p.m.
Wed, July 24	Fletch (PG)	7 p.m.
Thu, July 25	Julie Darling (R)	7 p.m.

Hamilton Theater

Fri, July 19	Just the Way You Are (PG)	7 p.m.
Sat, July 20	Carnival Magic (G)	1 p.m.
Sat, July 20	Mask (PG-13)	7 p.m.
Wed, July 24	To Catch a King (PG)	7 p.m.
Thu, July 25	Raiders of the Lost Ark (PG)	7 p.m.

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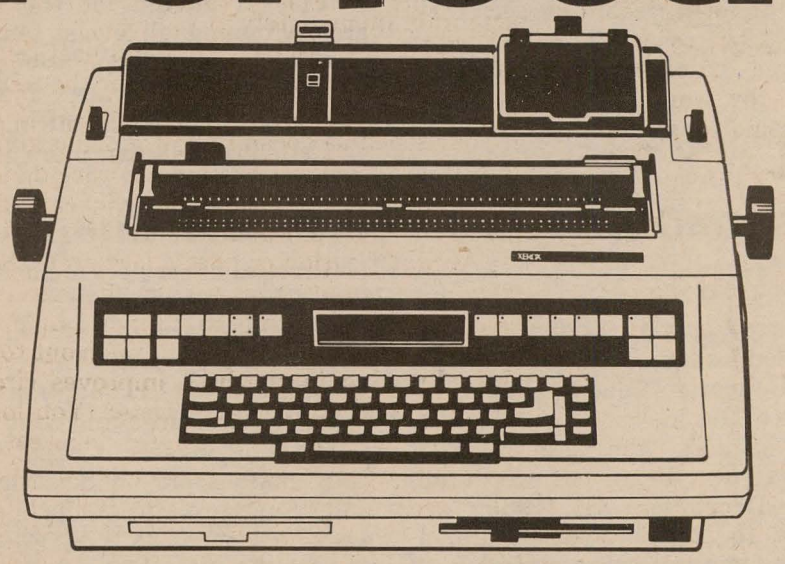

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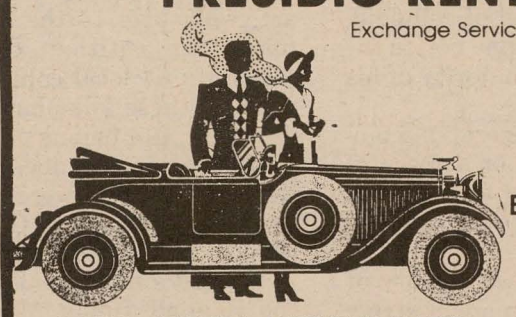

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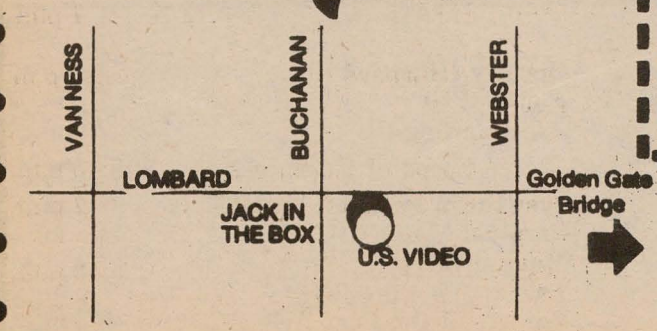

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Sports

How joggers can prevent heat exhaustion

by Freddie Justiniano

Coping with the stress of changing seasonal conditions is an endless cycle of adjustments and readjustment for runners, and summer is no exception. Experts tell us that of the many circumstances under which a person can run, hot weather is the most hazardous. Studies have shown that a stroll on a hot day doubles heat production. Even in cool weather a runner will generate up to 30 times the normal amount of heat generated at rest, and the legs alone will surge up to 11 times their normal heat production.

Fortunately, the body is equipped with an excellent heat-reducing system. At the first hint of stress, the skin's blood vessels enlarge to allow the warm blood to rise to the surface and cool off. If the temperature continues to rise, heart rate and blood flow increase to speed up the cooling process. However, sweating is the most important means of heat removal. Generating up to three quarts of sweat an hour, the body can dissipate 90 percent of its heat gain.

Sometimes, however, runners push themselves to the point that they're generating more heat than the system can handle. Feeling the fatigue of heat stress, their performance begins to suffer; they're forced to slow down or even stop completely. Runners get into serious trouble when the body temperature reaches the danger point of 104 degrees. It's at that point that the system begins to break down under the stress.

Heat cramps are the first real sign of trouble. They generally occur in the voluntary muscles such as the calves of the legs. A good massage and some rest usually are enough to work out the kinks.

A more severe problem is heat exhaustion. It results from having too much of the blood supply at the skin's surface and losing too much fluid through sweating. This imbalance in the blood supply causes the brain to be short-changed. The result is dizziness, confusion and possibly unconsciousness. Getting into the shade and replacing fluids usually are enough to improve conditions. Heat exhaustion acts as a circuit breaker, helping to prevent the most serious heat-related problem of all: heat stroke.

A person suffering from heat stroke has worn out the body's cooling mechanism and has driven the internal temperature to a dangerousy high level; typically it's as high as 110 degrees. The skin can be, but doesn't necessarily have to be, hot and dry to the touch. Some of the more extreme signs of heat stroke are vomiting; irregular breathing; and a fast, weak pulse. Heat stroke requires fast action and medical attention to avoid any permanent damage.

The body temperature has to be brought down quickly. It's normally about 10 to 15 degrees cooler in the shade, so it's best to find refuge as soon as possible. Fanning the body will help to cool things down further. If any water is available, the body should be watered down and rubbed vigorously to open the pores. Fanning the body while it's wet will speed up evaporation and hasten the cooling process. Heat stroke is serious business; if you begin to feel the signs, or if you think one of your running partners is, get medical attention immediately!

About the best way to avoid heat-related problems is to schedule your runs for the cooler times of day, usually before 10 a.m. and after 2 p.m. But if your schedule doesn't allow for that kind of flexibility, or if you are planning to race under tough heat conditions, there are steps you can take to improve the body's heat tolerance.

Acclimatization or heat adaption is the body's way of learning to cope with heat stress more efficiently. The acclimatized runner can process liquids more quickly and pump them out to cool the skin. Running in the heat improves circulation, enabling heat to dissipate faster. You lose fewer precious minerals, or electolytes, in sweat, so your body chemistry doesn't become imbalanced and inefficient even after large losses of perspiration.

All it takes to acclimatize is to run in the heat. Schedule three runs per week for the hotter periods of the day. If it doesn't feel hot enough, wear a sweatsuit. If you still feel comfortable, wear more sweats. You have to be uncomfortably hot to acclimatize; it usually takes about a month to adapt fully.

Eating foods that are rich in potassium and magnesium will help to improve performance under heat stress. Bananas, watermelons, tomatoes, carrots and cucumbers are good sources for these minerals.

Dr. Martha Van Loan, research physiologist at Letterman Army Institute of Research, suggests a common sense approach to coping with heat stress. She recommends taking in fluids before, during and after runs, wearing light-colored clothing to reflect the sun's rays and running on trails as opposed to the hot tar surface of roads.

Van Loan emphasizes, "The body is a terrific adaptive machine." Applying sensible training habits, and learning to identify and deal with different levels of heat stress, will make running during the hot summer months a breeze.

Summer basketball

There was a total of seven games played last week. TCB (Taking Care of Business) has taken over the league with commanding defeats of their opponents.

League standings

	W	L
TCB	5	0
Hoyes	4	0
OARB	4	1
6th U.S. Army	3	2
LEC	3	2
USAISC	2	4
DEH	3	3
DLI-SF	1	4
Co. B, LAMC	2	2
LAIR	0	4
Hustlers	0	4

Softball

The Presidio softball program is winding down with just one week of league play left before the post championships start. The playoffs are scheduled to begin on August 6 with the top 12 teams participating in this double-elimination tournament. As of July 12, LAMC No. 1 still leads the league with a 19 and 0 record with just two games left to play. The Six Packers (6th Army) is the only team who could tie LAMC No. 1 for the league championship with their 16 and 1 record, if LAMC happens to suffer an upset in their last week of play.

Standings as of July 12

	W	L
LAMC No. 1	19	0
Six Packers	16	1
Oakland	13	3
DEH	13	5
Co. H, DLI-SF	14	6
LEC	13	6
Attorneys	12	6
LAMC MSC	12	6
FBI	9	6
LAMC No. 2	9	7
USAG	10	9
Co. G, DLI-SF	10	10
Doctors Plus	7	8
864th Engineers	8	10
LAIR No. 1	8	10
OR Docs	7	9
AAFES	5	9
6th Army Band	4	15
Corps of Engineers	4	15

Teams that dropped out of the league: USAISC, Bay Ward and LAIR No. 2.

Final week softball schedule

Monday

Field No. 1

DEH	vs	LAMC MSC	5:45 p.m.
LEC	vs	OR Docs	7 p.m.

Field No. 2

FBI	vs	LAMC No. 2	5:45 p.m.
LAMC No. 2	vs	Oakland	7 p.m.

Tuesday

Field No. 1

FBI	vs	LAIR No. 1	5:45 p.m.
FBI	vs	Co. G, DLI-SF	7 p.m.

Field No. 2

USAG	vs	AAFES	5:45 p.m.
LAIR No. 1	vs	Oakland	7 p.m.

Wednesday

Field No. 1

LAMC No. 2	vs	Doctors Plus	5:45 p.m.
LAMC No. 2	vs	USAG	7 p.m.

Field No. 2

Doctors Plus	vs	Attorneys	7 p.m.

Thursday

Field No. 1

AAFES	vs	Corps of Engineers	5:45 p.m.
Oakland	vs	Six Packers	7 p.m.

Field No. 2

Doctors Plus	vs	OR Docs	5:45 p.m.
AAFES	vs	6th Army Band	7 p.m.

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Show you care: demonstrating it means more than saying it, **page 3**

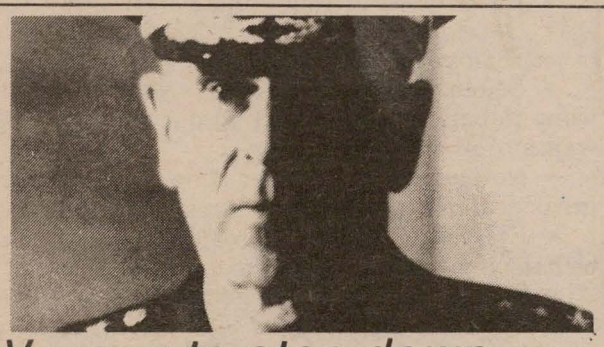
The handicapped: hiring them *could* be your best decision, **page 5**

Activities Day: fun and frolics for all, **page 7**

Star Presidian

Vol. 28, No. 30 "Published in the interest of the people of the Presidio of San Francisco." July 26, 1985

News briefs



Vessey to step down

The White House announced July 11 that Army Gen. John W. Vessey Jr. will retire from active service; stepping down as chairman of the Joint Chiefs of Staff on Sept. 30.

The President has nominated Adm. William J. Crowe to succeed Vessey as chairman.

Vessey, 63, a 46-year veteran, received a battlefield commission during action at the Anzio beachhead in Italy in World War II and is the last of the nation's top military leaders who fought in World War II. He started his military career as an enlisted soldier in the Minnesota National Guard.

President Reagan, responding to Vessey's request to retire, expressed his "profound thanks and admiration for his dedicated service in bringing about a safer, more stable world."

Vessey, who plans to retire to Minnesota, has served as chairman of the Joint Chiefs since June of 1982

Army News Service

Newspaper survey

The deadline for returning the *Star Presidian* survey questionnaire has been extended to July 29. If you received a questionnaire, please return it to the Public Affairs Office as soon as possible. Your response will help the newspaper reflect the concerns and interests of the Presidio community.

IG office relocates

The Office of the Inspector General has been temporarily relocated to Fort Scott, bldg. 1217, formerly the 504th MP Battalion headquarters, during the office renovation. All matters pertaining to the Inspector General will be forwarded to the new location.

EERs

Soldiers will no longer be rated three months after they are promoted to E-5. The requirement for initial EERs (AR 623-205, paragraph 2-6) was eliminated last month.

Military personnel offices (MILPOs) will accept initial reports with a "through" date of April 1985 or earlier, but reports that have a "through" date of May 1985 will be returned to the rater as unauthorized.

Army Personnel Letter

photo by Melvin Wong

CSM John P. Carvalho says he wants personal contact with Presidio soldiers.

Meet Presidio's new command sergeant major

by Karl C. Rankin Jr. and Bob Walker

Presidio's new post command sergeant major plans to continue efforts to bring the Presidio community closer together, with his more than 25 years of military experience.

CSM John P. Carvalho's last position was that of post command sergeant major at Fort Shafter, Hawaii.

Carvalho mentioned that his previous post had just begun a mayoral program similar to the Presidio's. "I noticed some good results from the program," he said. The program is new at the Presidio also. "I hope I can help it. I'd like to foster some pride and closeness in the community," he said.

Carvalho commented that soldiers new to the post can get assistance from Army Community Services (ACS). For example, soldiers can borrow household items such as dinnerware, irons and ironing boards from the loan closet until family belongings arrive here. "It's just a matter of taking care of the soldier," Carvalho said.

Carvalho wants to get closer to the community personally. "I plan on moving the office to one more accessible, where a soldier doesn't have to come by a secretary to see me. I like to walk around post to talk to people. That's how I find problems. I'd like to have that personal contact with the soldier.

"I have to be able to talk to people with this job. We have to have two-way communication, otherwise I could just sit here making paper airplanes and throw them out the window. I'd just be wasting my time if I couldn't talk with people," he said.

Carvalho wants more than just talk. He wants suggestions that will improve life at the Presidio.

"I like suggestions. They give me something to work on. If someone calls and leaves me a number, I'll try to call back. People have the feeling in the Army that you can't change things, but that's not true. We can change things,"Carvalho said.

Though changes can be made, Carvalho said that he doesn't believe in being hasty. He likes to observe things and then make changes that produce positive effects for the post and the people who live and work here.

According to Carvalho, another area that needs some work is improving ways to provide information to the new Presidio soldier and family concerning some of the peculiarities of the San Francisco area, such as having to purchase a phone for your home.

With his own ideas and suggestions from concerned Presidians, Carvalho should soon be able to implement his plans of bringing the Presidio community even closer together and improving life on the Presidio.

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Opinions

TAKE A BITE OUT OF CRIME

by Bernard V. Cannon

"Sex before eight, before it's too late," is the motto of the Renee Guymon Society.

The sexual exploitation of children in America poses a unique and special problem which has occurred since the beginning of time, though always misunderstood. Sexual exploitation of children must be addressed in a special manner, as is the crime of rape. Educating and getting the American public involved is essential.

Few Americans can believe that within their midst, an underground subculture exists, one that promotes international organizations that sexually exploit children through child pornography, prostitution, and molestation. These people are known as "pedophiles," and children are their preferred sexual objects.

Pedophiles rarely exhibit any shame; many justify their sexual orientation by lobbying to get consent laws changed. As they see it, child sex merely "intergeneration sex," and society, through its ignorance, unfairly persecutes them.

Who are these people? They are mostly male *hetero*sexuals from every social and economic level of society. They sometimes use their occupations to gain access to their victims, operating in places you expect to find children. Each pedophile has his age preference for children and specific sexual fantasy; victims' ages can range from one to the teen years.

Underground networks are formed to trade children, pornography and manuals on tactics for use in the event of prosecution. Yet, pedophiles can appear to be *the nicest people you know.*

Magnitude and scope

The true magnitude of the sexual exploitation of children has never been determined. Child molestation may be the "perfect crime," because few victims report it; like rape, it is one of the most under-reported crimes.

Pedophiles are skilled in the seduction process. They know how to use bribes, attention, affection, adult authority, games, TV, movies and intimidation. They are artists at recognizing and temporarily filling emotional, physical and psychological needs of children, an ability some parents may lack.

Pedophiles have an international communications network, and they enjoy discussing their exploits with each other. With the advent of the home computer, the home sex business can run with ease and security. In one case a computer network listed children by age, sex, race, hair and eye color, type of sexual act performed, types of photos taken and other particulars on a mailing list that was *hundreds of feet* long. The list contained names from six different countries.

The monetary profit in these types of enterprises is enormous.

Signs of molestation

- The child is withdrawn, lost in fantasy or other infantile behavior;
- Poor peer relationships;
- Delinquent or a runaway;
- A change in school performance;
- Bizarre, sophisticated or unusual sexual behavior or knowledge.

How to protect your child

Teach your child how people touch each other and why; explain a "good touch" and a "bad touch." Children nust be taught that they have a right to tell an adult not to touch their bodies when it gives them a funny feeling.

Teach your children

- Their full name, address and phone number, *including the area* code.
- How to make a *long distance call,* both by dialing directly to you and by dialing "0" for operator.
- How to call the local emergency number, usually 911.
- That they must not obey the orders of strangers.
- Never to go near a car with someone in it, or get into one without permission.
- Never to admit to anyone over the phone that they are home alone, and never to answer the door—to call a neighbor or police if someone tries to get into the house.
- Never to go into anyone's home without your permission.
- To tell you if someone offers them gifts of money or wants to take their picture.

As a parent you should

- Make sure your child understands the seriousness of the child molestation problem.
- Never leave your child unattended or alone in a car.
- Be involved in your child's activities.
- Develop a code word to be used when anyone other than you is to pick up your child.
- Listen when your child tells you he does not want to be with someone; find out why he or she wants to avoid this person.
- Notice when someone shows your child a great deal of attention; find out why.
- Encourage open communication; never belittle any fear your child may have.
- Have your child's fingerprints taken; keep them in a safe place. Know where dental records are; better yet, have a dental ID disk implanted in one of your child's teeth by the Presidio Dental Activity. Take a photo of your child each year, or four times a year if the child is under 2 years of age.
- Have a set plan for your child outlining what he or she should do if separated from you while away from home.

Report suspected child abuse

If you suspect incest, molestation or any form of abuse committed against a child, contact Letterman Army Medical Center Social Services, for a professional and discreet evaluation of the situation. Your MP desk sergeant is also available 24 hours a day to assist you.

Don't let the children of America have their childhood stolen.

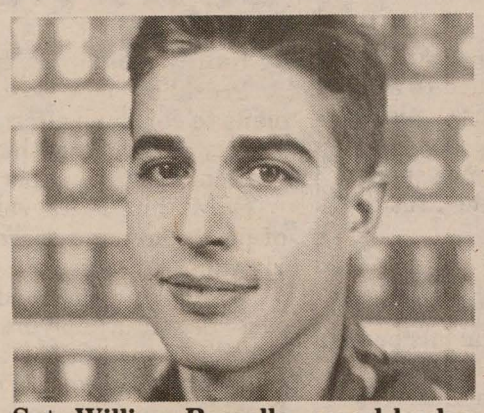
(Reprinted from the June 28, 1984, edition of the *Star Presidian.)*

Ramblin' Sam

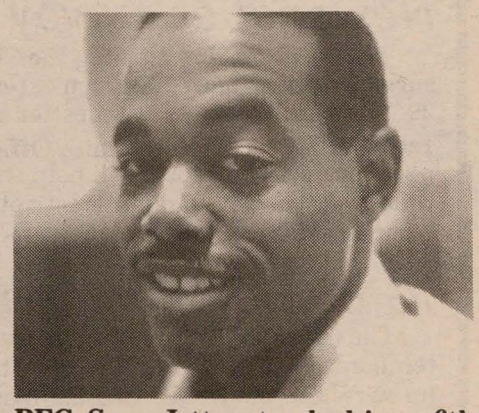
"What boggles your mind?"

Capt. Chuck Harris, chief of medical BAT, Readiness Group: "I've quit letting things boggle my mind. I've learned to expect the unexpected."

Rufus Henderson, employee relations specialist, CPO: "The tremendous volume of traffic during the morning commute hours boggles my mind. Where do all the people come from? Why aren't there more flexible time schedules to alleviate traffic flow?"



Sgt. William Barnello, squad leader, Co. D, 864th Engineers: "It boggles my mind that people would steal something that doesn't belong to them. They didn't earn it and they aren't going to get anywhere by being a thief."



PFC Sean Jetter, truck driver, 6th Army Protocol: "At this particular moment mathematics boggles my mind, because the simple basic skills of adding, subtracting and dividing weren't finely tuned or they were overlooked in primary school. The Education Center is a place where you can with self-initiative get those things you missed in the beginning."

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LAMC CSM: *Show* you care!

by Robert L. Yates, LAMC command sergeant major

The Army Chief of Staff's focus on the four important issues of today's Army could not have come at a better time for our Army.

Regarding **leadership**, many articles, FMs [Field Manuals] and publications have been written, and the five levels of leadership schools are available for today's soldiers to learn this art.

Maintaining has long been a priority of the force and has been addressed firmly by all.

Training the force has certainly been emphasized at all levels.

The remaining issue is one that isn't written about or found in the manuals, and is talked about only occasionally. However, without the final issue, we wouldn't have the soldiers to lead, nor would they be available to maintain; and there would be no Army to equip.

That issue is **to care.** All too often we hear "I don't give a damn," and that is reflected throughout the arena that surrounds the person who voices such a statement.

When someone mentions caring, you will occasionally hear one state "Oh sure, I care!" Then in the same breath you hear "Sure hope I can go home early today."

Then there are those who say that they care for their soldiers and that is reflected in the fact that they never counsel them, nor hold them responsible for their actions. These are the same ones who would never point out to their soldiers that they are not meeting Army standards, and who care too much about them to criticize them or hold them accountable for their behavior.

They give lipservice to caring because, with 1985 being designated as the "Year of Leadership," they know where the focus is and the acceptable answer is one that is positive about caring. However, caring is not lipservice only and must be emphasized at all levels.

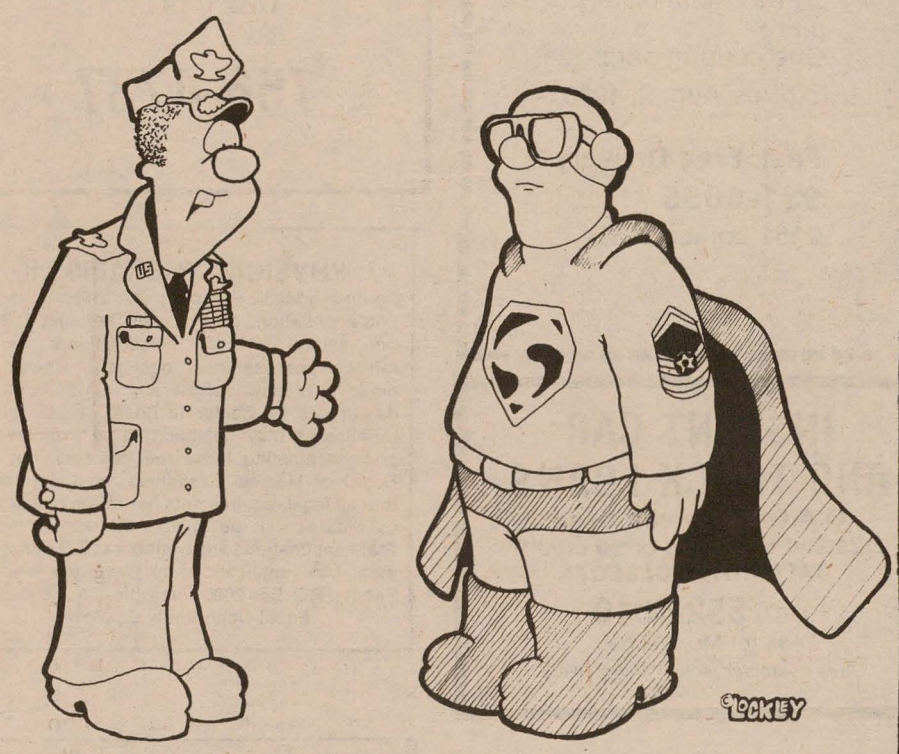
There is a definite need to get a clear understanding of this word "caring." Gen. Wickham has said, "The example of moral courage and honesty is what it's all about."

To me, the starting point is that "actions speak louder than words." We *demonstrate* that we care when we consistently choose to do what's right. We can hold our people accountable, enforce the military standards and offer criticism only when we ourselves are doing things in a positive, professional manner.

We owe a great deal to those soldiers who have died for our country, to those who are not here to read this, and particularly to those 2,464 still missing in action in Southeast Asia, with 1,373 of those for Vietnam alone.

If we don't care about doing the right thing, setting the example and having the standards reflected in our behavior and actions, we sure can't care about our soldiers, our most important and precious asset.

The Lighter Side



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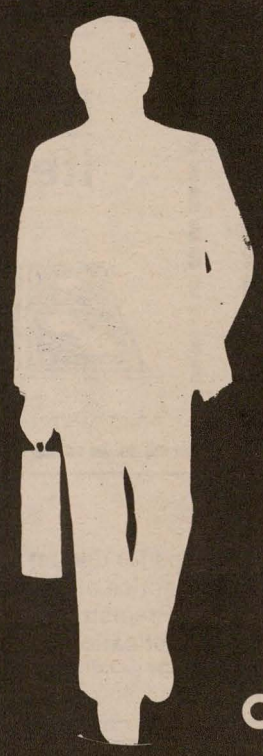

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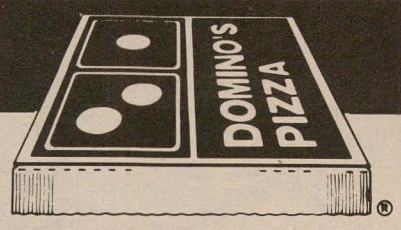

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2-item	$6.86	$10.19
3-item	$7.71	$11.56
4-item	$8.55	$12.77
5-item	$9.40	$14.04

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12" Price Destroyer™ $9.40
16" Price Destroyer™ $14.04

Additional Items

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12" pizza $.85 per item
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is accepting applications for Surgical Nurse I. Salary is $1897 plus $200 retention pay per month. After six months satisfactory service salary is raised to $1984 plus $200 retention pay. When supervising inmates starting salary is $2078 plus $200 retention pay per month. Requirements are: possession of valid California license to practice as RN; one year of experience as a surgical nurse in licensed facility. Mail state applications to California Medical Facility, Box 2000, Vacaville, CA 95696-2000.

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PHYSICAL THERAPIST II

California Medical Facility, Vacaville, is accepting applications for Physical Therapist II. Starting salary is $1973. Requirements are as follows: possession of legal requirements for practice of physical therapy in California as determined by California Board of Examiners. (Applicants may be admitted to examination prior to meeting these requirements, but the Board of Medical Examiners must determine that all legal requirements have been met before candidates will be eligible for appointment.) State applications are available at E.D.D. in your area. Mail applications to California Medical Facilty, P.O. Box 2000, Vacaville, CA 95696-2000.

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California Medical Facilty, Vacaville is accepting applications for Registered Nurse II. Starting salary is $1897 with $200 retention pay per month, after six months of satisfactory service salary is $1989 pluse $200. Requirements are as follows: possession of legal requirements to practice as a professional Registered Nurse in California and one year of professional nursing experience in California state service as a Registered Nurse or a facility licensed for Inpatient Care. For further information contact the California Medical Facility, Vacaville, 1600 California Ave., P.O. Box 2000, Vacaville, CA 95696.

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Community News

Why you should hire the handicapped worker

by Thomas Brooks

Do you know a handicapped person? Do you work with a handicapped person? Do you remember your first professional or personal encounter with a handicapped person?

These questions were asked of all attendees of the June Handicap Awareness Seminar which was facilitated by the Civilian Personnel Office (CPO) for all managers and supervisors of civilian employees.

The Department of the Army has made significant achievements in employing the handicapped. However, these achievements have also brought both a legal and social responsibility, not only to the CPO, but also to supervisory officials. Previously the CPO and selecting officials merely had to state that employment consideration was given to employing handicapped individuals. Now all responsible officials are held accountable, and CPO, along with selecting officials, must report efforts of affirmative action in regard to handicap employment.

But data requirements and statistical analysis are not the primary reason for employing the handicapped. The U.S. Office of Personnel Management (OPM) formally identifies five special categories that qualify for handicap employment. They are: the physically handicapped; the mentally retarded; the mentally restored; 30 percent disabled veterans; and regular employees who, in their normal service, become disabled.

Emphasizing ability

In employing a handicapped person in any one of the above five special categories, supervisory officials should remember that the emphasis should be on ability rather than disability. Human resources are the Army's most important—and usually most expensive—asset. It would be unfortunate not to utilize or to under-utilize people who have skills and ablilities, regardless of whether they have physical, mental or social impairments that are not occupational handicaps. It is not the Army's intention to create additional jobs to accommodate the handicapped. Rather, through selective placement, the *abilities* of handicapped individuals should be matched against the duties of the particular positions.

The key to success of the Handicapped Program rests with the managers and supervisors. The CPO has the primary responsibility to keep management informed of this special employment program and to locate and refer candidates for selection consideration. The final selection responsibility rests with the selecting official.

Schedule A appointments

Those who are hired under the physically handicapped and mentally retarded categories are given Schedule A appointments. A Schedule A appointment is designed for continuing employment of the handicapped in a specific position that matches job tasks and work environment with the capabilities of the incumbent candidate. The initial appointment is for two years. After two years of proven satisfactory performance, the supervisor may noncompetitively convert the handicapped employee to Career or Career-conditional status. This provides the supervisor the opportunity to automatically create permanent employment for the former Schedule A appointee.

The second category

Research and training programs have dramatized the advantage of employing the mentally retarded in repetitive, routine jobs with high turnover rates. There are many positions in the work force that do not require skills of physical or mental ability often deemed necessary by managers. Frequently supervisors tend to seek people who are overqualified for a position. These employees are more likely to become dissatisfied than special category employees who are content doing more routine tasks.

Other special categories

The third category of handicapped is for mentally restored candidates. This appointment is for a period of two years, which provides one to two years of work experience to enable the person to establish a satisfactory work history. This appointment, however, which is termed Schedule B, does not provide for the noncompetitive conversion to Career or Career-conditional status. The employee must go through regular competitive procedures in order to obtain a status position within the federal sector.

The next group of handicapped employees is disabled veterans. These people have a compensable military-service-connected disability of 30 percent or more. Disabled veterans may be selected noncompetitively at any grade level for which they qualify in the competitive service. Although they are initially given a temporary appointment, they may be noncompetitively converted to a Career or Career-conditional appointment at any time after receiving a qualifying temporary appointment.

All these special categories have dealt with hiring the handicapped. The Department of the Army is also under obligation as an employer to reassign and re-train any current employees who, because of illness or injury, are unable to continue in their positions. The last course of action should be disability retirement.

Finally, one last comment about hiring the handicapped. We will not be successful with every handicapped appointment that we make, but neither are we successful with every other type of appointment. Unfortunately, it usually is the unsuccessful appointments that receive the most publicity.

If you are a supervisor and you supervise handicapped employees, or you have recently selected a handicapped person for a position, please do not forget these people. Remember, handicapped people have goals, motivations and advancement desires just the same as people without handicaps.

Handicapped worker wins scholarship

by Liz Greeley

Charles E. Agnew, 19, a file clerk for the Employee Services Section of the Civilian Personnel Office, recently came in second against competitors from the greater San Francisco Bay Area in an Equal Employment Opportunity Council competition and won a $500 scholarship. The competition was based on letters of recommendation, awards and an essay each competitor wrote entitled "The Importance of Equal Opportunity in Pursuit of Education and Career."

For Agnew, equal opportunity is more than some abstract concept or just another program, because he was hired under a program for the disabled. Agnew has a nervous disorder and a speech impairment.

Floyd L. Thomas, chief of Employee Services and Agnew's supervisor, said his handicaps haven't interfered with his work.

"As a matter of fact, I oftentimes talk about Charles to other supervisors, and I've said I'd rather have one of Charles than ten of some of the others," Thomas said.

According to Thomas, Agnew's work responsibilities have been increased, because he can handle the work and he likes to be kept busy.

"I love to stay busy, that's why I'd like to stay here forever. If I don't stay busy, I feel I'm not wanted here. I shouldn't be here if they don't have any work for me. But I know there is work to be done here, so that's why it keeps me happy. They keep me busy for eight hours," Agnew said. He said he especially likes dealing with public at the reception desk.

"Oh, I love it! It makes me mad when I can't help them, because I want to help. I feel so bad about it, because I'm a caring person. I hate to ever turn somebody down, but I know I can't help it. But I still get mad deep inside; it really hurts," he said.

Ann Williams, a staffing specialist with Employee Services, described Agnew as "a superb worker. He goes over and beyond what he's supposed to do.

"He has really been an asset to this office. Personable, intelligent, he's just really been good for all of us here, and he's well-deserving of an award."

As for Agnew, he just would like to thank the people who encouraged him.

"I'd really like to thank my coworkers, if possible. I would like to just thank everybody at CPO and my supervisors, and I consider them all to be friends," he said.

Asked what kind of performance rating he would give Agnew right now, Thomas said, "Based on his job performance, I would rate Charles as outstanding."

At the movies

Presidio Theater

Fri,	July 26	Fraternity Vacation (R)	7 p.m.
Sat,	July 27	Perfect (R)	7 p.m.
Sun,	July 28	Perfect (R)	7 p.m.
Mon,	July 29	Perefct (R)	7 p.m.
Tue,	July 30	Lost in America (R)	7 p.m.
Wed,	July 31	A Soldier's Story (PG)	7 p.m.
Thu,	Aug. 1	Def-Con 4 (R)	7 p.m.

Schwartz Theater

Mon,	July 29	Fraternity Vacation (R)	7 p.m.
Wed,	July 31	Perfect (R)	7 p.m.
Thu,	Aug. 1	Lost in America (PG)	7 p.m.

Hamilton Theater

Fri,	July 26	Oh God! You Devil (PG)	7 p.m.
Sat,	July 27	Escape to Witch Mountain G)	1 p.m.
Sat,	July 27	The Killing Fields (R)	7 p.m.
Wed,	July 31	Back in the U.S.A. (PG)	7 p.m.
Thu,	Aug. 1	Mystery Million $ Hockey Puck (G)	7 p.m.

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Photo Feature

Soldiers enjoy food, sports, shows on PSF Activities Day

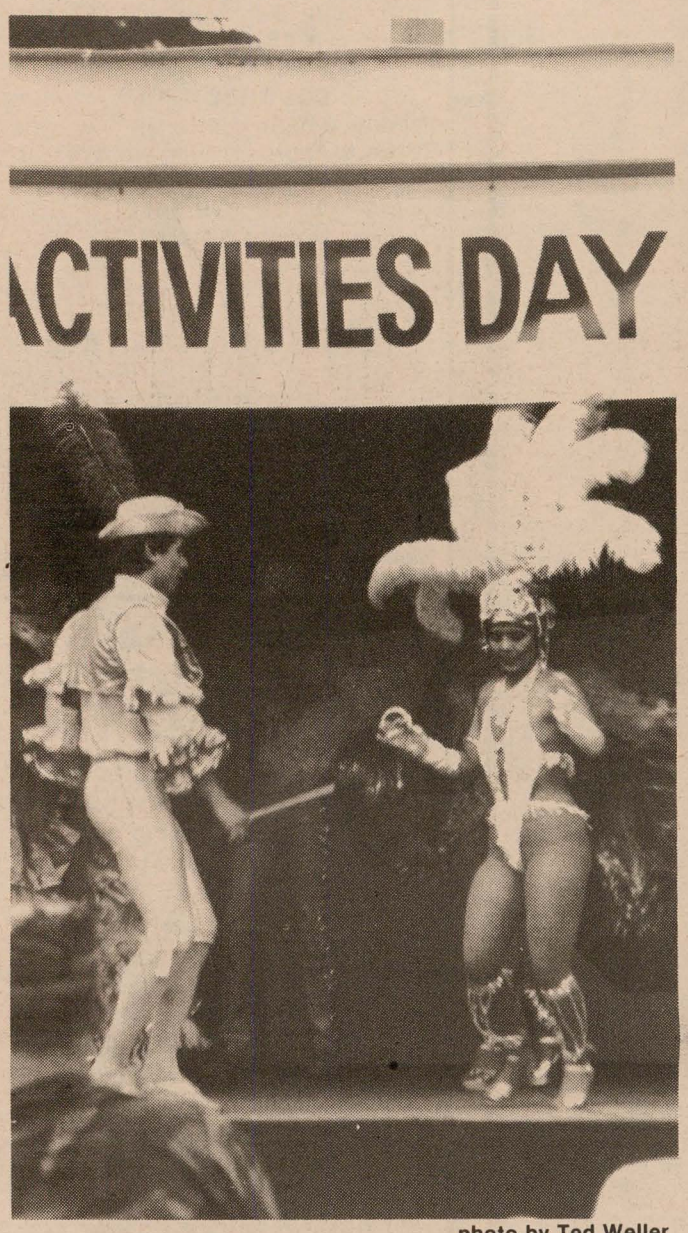

photo by Ted Weller

A Brazilian dance group, *Samba Da Alagria,* had soldiers moving their chairs up to the stage for a closer look.

by Liz Greeley

The fog had burned off early and it was a windy, but warm day on the parade field. The afternoon was perfect for Presidio's Activities Day which was held July 19.

People started spilling onto the parade field promptly at 11:30 a.m.—maybe because they wanted to get a start on the lunch of hamburgers, potato salad, baked beans and soft drinks.

As people sat down to enjoy their lunch, they were entertained by bands on a stage in front of the Civilian Personnel Office. But listening to music wasn't why the annual event is called Activities Day!

For those interested in hardware, there was a Cobra and a Huey helicopter in the main parking lot, set and ready for inspection. Youngsters seemed to enjoy taking the cockpit (of the Cobra, especially) and looking through the scopes of the helicopters.

There was also a Bradley Fighting Vehicle on display, with a videotape playing inside which explained the Bradley's origins and capabilities.

For more athletic types, there was a guidon race, volleyball games and other events.

But the crowning event had to be the dunk tank. A well-aimed softball first dunked Lt. Col. David M. Neck, commander of the Headquarters Command Battalion; next was Capt. M. Thadd Buzan, commander of Company D, 864th Engineer Battalion and Capt. Robert A. Stacy, commander of the Law Enforcement Company, took his turn in the tank as well.

According to Buzan, the dunk tank water was *cold.*

But Col. Robert S. Rose, Presidio's new post commander, came prepared for the cold water. For Rose's turn inside the tank, he wore a wetsuit and a sweatshirt—and he *did* get wet!

Food, sun, music and fun seemed to be the order for Activities Day, 1985.

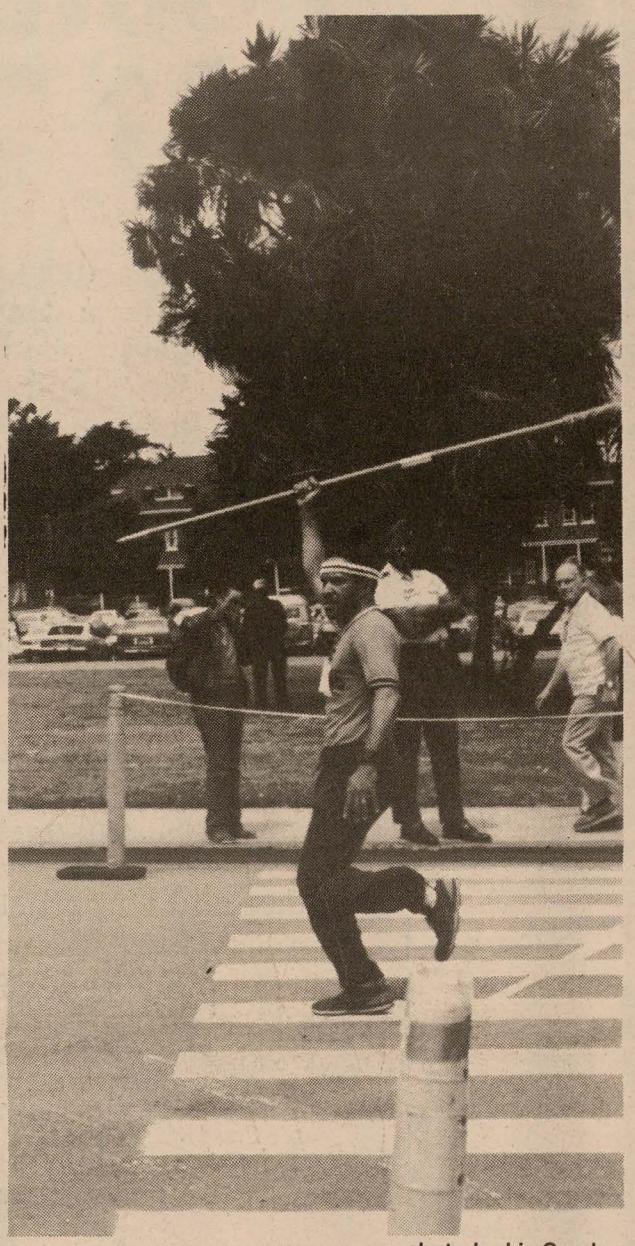

photo by Liz Greeley

The guidon race was one of the early events during Activities Day.

photo by Liz Greeley

Two volleyball games went on simultaneously.

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Community Calendar

No time to write?

When you don't have time to write home, let the locals know your new Permanent Change of Station by filling out a Hometown News Release Form (DD Form 2266) once you arrive at your new unit.

This is a change; it means that any Permanent Change of Station service member reporting for duty, whether overseas or in CONUS, is now eligible. It's okay to submit a form on a move occurring at the same installation, but only if it is a Permanent Change of Station move and not a transfer within the same command.

'Yan Can Cook'

Bay Area fans of the hit public television cooking series "Yan Can Cook" will have a rare opportunity to be a part of the TV studio audience when the nationally broadcast program is recorded at the KQED studios in San Francisco, Monday through Friday, August 19 through 23. Free tickets are now available for the in-studio recording sessions, held at 10:30 a.m. and 1 p.m. daily, and audience members will each receive a complimentary copy of Yan's cookbook.

Seats may be reserved by calling KQED at (415) 553-2174, or mailing a request to: Yan Can Cook Tickets, 500 Eighth Street, San Francisco, Calif. 94103.

Ashford & Simpson

Ashford and Simpson are performing at the Concord Pavilion on Sunday, Aug. 11, at 8 p.m. The Recreation Center ITT Office has discount tickets available for lawn seating. The price is $12.50, reduced from $13.50. The Center ITT Office is located in bldg. 385, at 561-3992. Hours of operation are Monday through Friday, 11:30 a.m. to 1 p.m. and 2 to 5:30 p.m.

photo courtesy Concord Pavilion Public Relations

Ashford and Simpson

They will perform at the Concord Pavilion on Aug. 11. The Recreation Center ITT Office has discount tickets for this and many other events. Check it out!

Tip-A-Canoe

The Presidio Recreation Center is offering a Russian River canoe trip Saturday, Aug. 3. Wine tasting at the Geyser Peak Winery launches this fun-in-the-sun day. The 11-mile course begins at Asti Beach and concludes at the Alexander Valley Campground Bridge. A barbecue chicken dinner with all the trimmings awaits all participants after finishing the four- to five-hour canoe trip. Transportation is provided from the Presidio to the Russian River and home.

The cost for this fun-filled day is just $30 a person. The deadline for signing up is Sunday. Sign up at the Recreation Center ITT Office in bldg. 385.

Arts and Crafts

The Arts and Crafts Center, bldg. 122, now has a T-shirt shop! We can produce or design any number of shirts for you at a great price. Call 561-4497 for further information.

Enroll now for the following children's classes at the Presidio Arts and Crafts Center. Classes meet August 5 through 16, Monday through Friday, except that classes do not meet on Thursdays.

Filmmaking: 9 to 10:30 a.m., ages 8 and up (four weeks, through August 30); **Sculpture:** 10:30 a.m. to noon, ages 8 and up; **Photography:** 1 to 3 p.m., ages 8 and up; **Kite making:** 1 to 3 p.m., ages 7 and up.

The following classes will be held August 19 through 30, daily Monday through Thursday; **Dancin' n' Prancin':** 10 a.m. to noon, toddlers age 3-5; **Model making:** 1 to 3 p.m., ages 7 and up.

All two-week classes are $18 for the first class and $15 for each additional class; four-week classes (Filmmaking) are $36 for the first class (or child) and $30 for each additional class. Call 561-3541 for more information.

...the write stuff...

by Ted Weller

What do Wolfgang's, the Kabuki, the Punch Line, The Other and Cobb's Pub all have in common??

Easy one, wasn't it...Yes, the USO downtown offers discount tickets to each and every one mentioned, plus a few others that I haven't mentioned.

Everything from comedy to "name" rock bands are provided for *your* entertainment each night of the week...sometimes during the daylight hours as well.

The USO also offers tickets every day to movies at the Regency II on Sutter and the Vogue on Sacramento near Presidio.

The only requirement for these free passes is your presence at the USO—that's 7th Street and Mission...in the heart of the City...! Call 552-2436 for more information. Hours of operation are 9 a.m. until 5 p.m., seven days a week. See you there!!!!!

Jobs, jobs and more jobs: the USO also has begun a referral list of employment opportunities in the Bay Area...Yes, Martha, there *are* jobs in San Francisco...The list is still in the process of growing, but the USO is receiving requests for help from the corporate heads downtown every day.

I have come to a learned conclusion...through many hours of observation...that nobody really reads the movie schedule in this periodical or the little ones that seemingly flood the in-box weekly. I am writing about the schedule for the Presidio Theater—you know the place, across from the Outdoor Recreation Branch, MSAD and the Presidio Cultural Center...with the marquee out front.

I have come to this conclusion because of the lack of attendance. Over the past year, AAFES (which runs the movie system nowadays) has been for putting out a lot of $$$$$ for first-run movies...I know that doesn't sound right, because we all "know" that the military movie circuit only runs the true "also rans"...right? WRONG!... Just take a moment to think about this: *Desperately Seeking Susan, Fletch, Brewster's Millions, The Breakfast Club, Stick, The Last Dragon, Places in the Heart*...should I continue, or do you have the "picture," yet?

All these movies have played at the Presidio Theater within a month or so of their release. I know that you are not interested in why this is occurring, but let me say this: AAFES is taking a risk on each first-run movie they bid on. If we don't patronize the theater when the movies are here, then AAFES will have to return to the old system and the "also-rans." I, for one, would rather watch a movie at the post theater than fight the lines outside...I won't discuss price here...remember also that the movies AAFES buys are shown at all AAFES theaters worldwide.

For music lovers:

• FREE Stern Grove Midsummer Music Festival presents Gounod's *Faust.* From the diabolical to the sublime, Gounod's captivating music will be sung in original French by members of the San Francisco Opera's Merola Opera Program. Evan Whallon leads the San Francisco Opera and Matthew Farruggio directs the seventh week of the Fest this Sunday at 2 p.m.

• Stephan Barratt-Due Jr. and Soon-Mi Chung perform works for violin and viola by Mozart, Hvolsey, Handel-Halvorsen and others in the Little Theater at the Palace of the Legion of Honor, Lincoln Way, this Sunday at 2 p.m.

• For the original pop in "Pops," John Williams will conduct the *Boston Pops*, 8 p.m. Sunday at the Concord Pavilion; call 762-BASS for tickets.

• *Jerry Lee Lewis* will be at the Circle Star Theater, August 9; call 367-9030 for show time and tickets.

• *Al Jarreau,* with his special guest, *David Sanborn,* will be at the Greek Theatre in Berkeley on August 16 and 17 at 8 p.m.; call 392-SHOW for tickets.

• *Sting* will be at the Greek Theatre, 8 p.m., Aug. 23 and 24; call 392-SHOW.

• *Santana* will play the Concord Pavilion at 8 p.m., Aug. 10; call BASS.

Heh, heh...not only is the flagpole in Pershing Square the largest on Presidio, it is also the tallest in the Bay Area at 105½ feet and weighs in at 2¼ tons...at least I think that's what she meant.

Last week's question: Okay, while you're still wondering about the cannon on the first Presidio, try this: What fortification was obsolete the day it was completed?? (Hint: Its walls are up to 12 feet thick...)

Survey time: For those readers who have received the *Star Presidian* survey, the Command Information Branch is aware that the deadline for returning the survey has passed. Please continue to fill out the survey and return it by Monday, July 29. Please take your time in filling out the survey; the feedback is extremely important for all of us.

This Week in Presidio History: July 28, 1776, temporary chapel is constructed on the Presidio and the first mass is said by Friar Palou. Aug. 1, 1881, United States Quarantine station is authorized for Angel Island. (Angel Island once was a part of the bay defense system, mounting 25-pounders, 10-inch and 15-inch smoothbore cannon first and Nike Ajax air defense missiles during the 1950s and 1960s.)

aafes

Back to School Sale

Sale 39¢
our reg 1.60
Stuart-Hall notebook filler paper in big, money-saving packs of 300 wide or narrow rule sheets. At these super low prices, be sure to pick up several packs (shown).

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Sale 7.95
our reg 9.95
Texas Instruments scientific calculator. Especially designed for high school and undergraduate college math students (shown). #T1-30-111-SW

Special 11.95
Full grain leather fashion handbags. Choose shoulder straps or top-handles in a variety of fall styles and colors. Limited quantities.

20% off
All skirts, dressy shirts and blouses. We've got both career-oriented and party looks on sale, in the newest fall patterns and colors. Juniors, misses and women's sizes. Limited quantities.

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All men's velour shirts. Short or long sleeve solids, stripes and active looks...with V-necks, tailored or Henley collars. Sizes S, M, L, XL. Limited quantities.

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All young men's dress slacks. Select from favorite names like Jordache, John Henry, E. Jovan, Campus, Neon and RPM. Limited quantities.

Sale $4
our reg $5
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Sale 3.60
our reg 4.50
Boys' Jockey white cotton briefs. 3-pack.

Special 2.65 to 10.50
We've got a large assortment of roomy totes knapsacks and school bags with features like front and side pockets, zippers and shoulder straps. Choose from a variety of sizes, durable fabrics and styles. Limited quantities.

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Sale 9.95
our reg 12.95
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Wednesday thru Sunday, 31 Jul - 4 Aug 1985

Sports

Sail through summer—follow safety rules

In 1983, more than 1,000 people died and nearly 3,000 were injured in boating accidents in U.S. waters.

The U.S. Coast Guard offers these principles of safe boating to the nation's 65 million pleasure boaters:

• Know the rules of the road and practice courtesy and common sense in the water.

• Keep a sharp lookout. Collisions are a major cause of injury and property damage.

• Save alcohol consumption until after you're ashore. Alcohol is a contributing factor in more than half of boating fatalities.

• Keep the load light and evenly distributed in a small boat. Capsizing is a major cause of boating fatalities.

• Stay with the boat if it capsizes, and climb on top of it if possible. You'll stay warmer and rescuers will spot you more easily.

• Stay within limits listed on the boat's capacity plate, and carry fewer people in rough weather. Overloading is a major cause of accidents.

• Carry a personal flotation device of the proper size for each person aboard, smaller ones for children.

• Remain seated and wear a personal flotation device when in a small boat. Falling overboard is another cause of boating fatalities.

• Keep your boat's fire extinguishers and other life-saving gear in top condition and ready for use at all times.

• Don't deny the right of way to large ships and tows in restricted channels where they are unable to maneuver. The rules of the road require small, maneuverable boats, including sailboats, to yield right of way.

• Regulate your fuel consumption. Use the "one-third rule" on the water—one-third of the fuel to get there, one-third to get back and one-third in reserve.

• Learn to troubleshoot your engine and carry a few tools and spare parts. Nearly all engine failures are caused by small, easy-to-fix breakdowns.

• Stream a line over the stern when rowing a boat in fog or on a dark night. This will help you maintain a straight course, alerting you if you drift to one side.

American Forces Press Service

Softball champs

DEH, a team that is peaking for the post championship, surprised LAMC No. 1 by upsetting the Presidio perennial softball champions with a 6-5 upset victory and handing coach Burton and his LAMC powerhouse their first loss in three years.

Needing a win in the second game of the doubleheader, LAMC No. 1 defeated LAMC MSC 8-12 to clinch a tie for the league championship, should 6th Army continue to roll over their opponents. Co. H, DLI-SF played the part of the spoiler with an 11-9 victory over 6th Army, eliminating the possibility of a playoff game between LAMC No. 1 and 6th Army for the 1985 Intramural League Championship.

Congratulations, LAMC No. 1, for winning the championship three years in a row, and good luck in the Medical Services Tournament in Virginia.

Last week's results

July 15

DEH - 6; LAMC No. 1 - 5
LAMC No. 1 - 8; LAMC MSC - 2
Six Packers - 7; OR Docs - 0
AAFES - 10; FBI - 8

July 16

864th Engrs. - 7; Corps of Engrs - 0
Oakland - 5; LEC - 3
FBI - 8; OR Docs - 7

July 17

AAFES - 7; Doctors Plus - 0
Co. H, DLI-SF - 11; Six Packers - 9
LAIR No. 1 - 7; Doctors Plus - 0
DEH - 13; Attorneys - 7
Attorneys - 8; FBI - 7

July 18

864th Engineers - 7; OR Docs - 0
Oakland - 9; AAFES - 2
LEC - 7; Doctors Plus - 0

A meeting for coaches of the top 12 teams will be held at 1 p.m. on August 2 at Gym No. 1, bldg. 63.

Standings as of July 18

	W	L
LAMC No. 1	20	1
Six Packers	17	2
Oakland	15	3
DEH	15	5
Co. H, DLI-SF	15	6
Attorneys	14	7
LEC	13	7
LAMC MSC	12	7
LAMC No. 2	11	7
USAG	11	8
FBI	10	8
864th Engineers	10	10
Co. G, DLI-SF	10	10
LAIR No. 1	8	10
OR Docs	8	12
AAFES	6	10
6th Army Band	4	15
Corps of Engineers	4	16

Commander's Cup

U.S. Army Garrison (USAG), leads in the race for the FY 86 Commander's Cup trophy. USAG has 162 points, with 6th Army trailing in second place with 111 points. USAG has won the Commander's Cup for the past two years, and it looks as though they may do it again.

Standings as of July 19

	Points
USAG	162
6th Army	111
LAIR	104
LEC	76
Co. B, LAMC	75
Co. H, DLI-SF	70
Co. D, 864th Engineers	56
USAISC	55
Co. G, DLI-SF	53
INSCOM	52
Readiness Group	52
Co. A, LAMC	50
OARB	42
6th Army Band	35
SF MI	19
16th AG	13
16th Bde	12
6th Region CID	5

Points are accumulated by teams and individual entry in 22 intramural sports, post championships, attendance at A and R meetings, clinics, league and individual standings and individual participation in post-level sports and Army teams.

Golf tournament

The Annual Presidio Golf Tournament will be held at noon, August 28. This tournament is a four-person scramble event open to officers, enlisted, civilian and retired members of the Presidio community.

An awards ceremony will follow the tournament in the Mesa Lounge of the Presidio Officers' Club.

Entry forms have been distributed; extra copies can be obtained from Maj. Begley, deputy comptroller. Cutoff date for entries is August 20, but will be on a first-come, first-served basis.

For more information call 561-2440 or 561-4107.

Summer basketball

There was a total of five games played last week. The two unbeatens met for the first time, and what a thriller. TCB (Taking Care of Business) met the Hoyes. At the final buzzer, it was:
Hoyes - 46; TCB - 38
LAIR - 41; LEC - 38
6th U.S. Army - 46; DLI-SF - 24

Summer basketball schedule

July 30

USAISC	vs	TCB	5 p.m.
Hoyes	vs	6th U.S. Army	6 p.m.
Co. B, LAMC	vs	LEC	7 p.m.

August 1

DLI-SF	vs	DEH	5 p.m.
TCB	vs	Co. B, LAMC	6 p.m.
Hoyes	vs	6th U.S. Army	7 p.m.

YA soccer

Ongoing sign-ups for the 1985 soccer season will be at bldg. 569 (Child Development Services). Soccer teams are forming for ages under 8, 10, 12, 14 and 16. Registration fee is $15. Please bring a copy of a birth certificate and a 1x2" photo. Volunteer coaches and parents are needed for the season.

Contact the Youth Activities Office at 561-5143 for more information.

Aerobics

Get fit or stay fit!!! Inspiring high-energy exercise classes are held daily at post Gym No. 1, bldg. 63. Exercises will stretch, tone and strengthen your body with aerobic conditioning. All exercises are done to popular music.

Cost for aerobics classes is $3 a class if you sign up for the month and $3.50 if you drop in.

For more information, call 561-4120 or 753-8733.

Standings as of July 19

	W	L
Hoyes	7	0
6th U.S. Army	7	1
TCB	6	1
DEH	5	2
LEC	5	4
Co. B, LAMC	4	3
USAISC	4	4
LAIR	3	6
DLI-SF	3	5
OARB	0	9
Hustlers	0	9

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- Dual cassette deck with tape dubbing
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- AM/FM stereo tuner with 5 band graphic equalizer
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Sharp 19" remote control color tv

- Random access remote control
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- Large LED channel indicator
- Auto color system
- Auto fine tuning

Sharp VHS, VCR

- 8 function remote control
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- 7 day/1 event programmable
- Video search in forward and reverse
- Auto rewind

Save on EVERY Kenwood stereo rack system in stock

- 125 watts per channel
- Double cassette deck with Dolby® NR
- 3-way 12" speakers can handle 130 watts of power
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- Quartz synthesizer AM/FM tuner with 14 station pre-sets
- Direct drive turntable

(just one example)

Save on EVERY Pioneer car stereo, graphic equalizer and speakers in stock (just one example shown)

- In-dash cassette player with AM/FM Quartz Supertuner* III
- 18 station pre sets with LCD station display
- Auto replay and eject
- Auto local seek tuning

Panasonic VHS VCR

Panasonic

- 107 channel cable ready
- 12 position electronic tuner
- 5 function remote control
- 14 day/1 event programamable
- Omnisearch/frame still/slow motion

Save on EVERY Sanyo stereo rack system in stock (just one example shown)

- Dual cassette deck with Dolby® NR
- 30 watt per channel stereo integrated amplifier
- AM/FM stereo tuner with 12 station pre-sets
- 5 band equalizer

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ID card section:
Faster process gets you back to work, **page 5**

Married soldiers:
Military assignments keeping them together! **page 5**

Hole-in-one artist:
Golf fame comes easy for some people, **page 11**

Star Presidian

Vol. 28, No. 31 "Published in the interest of the people of the Presidio of San Francisco." August 2, 1985

News briefs

Pharmacy news

Letterman's Outpatient Pharmacy has ceased dispensing some over-the-counter (non-prescription) drugs during the months of August and September. Letterman must use its remaining fiscal year 1985 budget to stock items for acutely ill patients and patients with chronic diseases such as high blood pressure and diabetes. Consequently, as the pharmacy runs out of an over-the-counter drug, it is not purchasing new supplies of that item.

For example, the pharmacy has run out of some aspirin products, certain brands of cough syrup and anti-inflammatory agents for arthiritis, some antacids and some calcium products. In order to limit the instances when patients must go elsewhere to purchase drugs, LAMC's physicians are, when possible, prescribing alternate drugs which are in stock and will have the same effect.

In addition, the pharmacy will adopt other measures to extend its supplies of life-sustaining medications until the new fiscal year begins in October. One such measure is the temporary limiting of the amount of a drug dispensed to a 30-day supply.

The shortage of over-the-counter drugs is only a temporary situation; in early October the pharmacy will again dispense a range of over-the-counter medications. Until that time, patients are urged to shop at the post exchange and the commissary for items that Letterman can't supply.

Officers' Wives' Tea

The Presidio Officers' Wives Club and the Letterman Women's Auxiliary invite all officers' wives to a Welcome Tea, Tuesday from 1 to 3 p.m. at the quarters of LTG and Mrs. Arter, No. 1 Muir Loop, Presidio of San Francisco. For further information please call Janice Muller at 921-3468.

Pre-retirement

A camouflage-patterned maternity work uniform, approved late in 1982, should be in the supply system in a few months. The uniform is made of 100 percent ripstop cotton material. It will be an organizational item, meaning it will belong to the unit and not the soldier. The maternity work uniform shirt will have only two pockets on the tunic portion of the garment. The trousers will have large pockets on the legs, similar to the Battle Dress Uniform (BDU). The maternity work uniform is *not* a BDU and will not be referred to as such. Additional information may be obtained from AMCPM-CIE, AUTOVON 284-8021.

Army Personnel Letter

Dr. Bob takes his last drink

by Robert H. Williams, *The Washington Post*

"Are you a friend of Bill Wilson?" It's an ordinary enough kind of question, and it's probably asked a thousand times a day somewhere in the world, and if it doesn't mean anything to you, it is a genial code phrase for at least a million people who know that the late Bill Wilson, also known as Bill W., was one of the co-founders of Alcoholics Anonymous.

The question, innocent enough, helps one AA member identify another in social settings, in a store, on the street and at the beach and in the workplace. It is usually asked when one AA suspects that another person is also in the fellowship of Alcoholics Anonymous and wants to say hello in that context. The tip-off has to do with some of the outward signs that a man or woman has recovered from alcoholism through the granddaddy of all the self-help programs: a crispness of manner, a set of clear, attentive eyes and the confidence that comes with knowing exactly how and under what circumstances one has escaped an ugly life and an even uglier death.

What Alcoholics Anonymous is, is a million-plus souls walking the land freed from the fear of dying of a drug or alcohol overdose, dying an ugly death of bloated liver and yellowed skin, of fiery car crashes or gunfire, much of the latter self-inflicted. Every AA meeting consists of a handful, or more, of human beimgs who had, essentially, been written off by society as hopeless.

Most AAs can tell you what day they had their last drink. Many can tell you the hour and minute. All lead up to telling you how they stopped with one version or another of two simple words: "something happened."

That "something" was celebrated in June in 114 countries around the world as the fellowship of Alcoholics Anonymous observed its 50th birthday. June 10, the half-century mark for AA, marked the exact beginning of Alcoholics Anonymous: with the last drink of Dr. Robert Holbrook Smith, a surgeon, and co-founder of AA.

That "something" that was marked has to do with the darkness that comes with the realization that a person has had his last possible ounce of alcohol, white wine, muscatel or scotch. As the bottom nears for an alcoholic, the normal reactions and feelings of a human being are replaced by an overwhelming fear—blind, unreasoning fear of impending doom. At this stage the alchohlic may be afraid to leave the house, to drive a car, even to leave, yes, the bed. It is a fear of nothing and of everything, a dread that, possibly, retribution (for what?) is at hand.

And finally, after days or weeks or months or years of "maintenance" drinking, keeping enough alcohol in the system to stave off withdrawal symptoms (such as convulsions, DTs and hallucinations), in the words of the immortal Roberto Duran, the alcoholic will simply say "no,

please see page 3

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Opinions

TAKE A BITE OUT OF CRIME

Driving an automobile on a military installation is a privilege. The convenience of the automobile has developed into a near necessity in the American lifestyle. There are regulatory guidelines for use of public streets and highways designed to ensure the safety of persons using those roadways. These safety precautions, when observed, have saved many lives and have given the driver a reasonable expectation of an accident-free trip.

The leading cause of traffic accidents in the United States stems from driving under the influence of alcohol. In fact, 55 percent of all traffic accidents and 50 percent of traffic-related deaths are caused by drunken drivers.

An individual with a blood-alcohol content of .10 percent or higher is considered to be under the influence of alcohol. A total of three to five drinks over a two-hour period can put you into the .10 percent category. It takes at least three hours after drinking to come within the legally acceptable limits. Remember, you are the only control measure that can work effectively in this situation. Do not drink and drive!

There have been 70 cases of driving under the influence of alcohol recorded on the Presidio this year. Traffic stops are often initiated for many reasons such as a defective taillight or running a stop sign. During the stop the odor of alcohol may be detected or the operator's behavior may be so erratic that the military policeman suspects him of driving under the influence and apprehends him.

Report all known or suspected drunken drivers to the military police at 561-2251, 561-2252 or 561-2253.

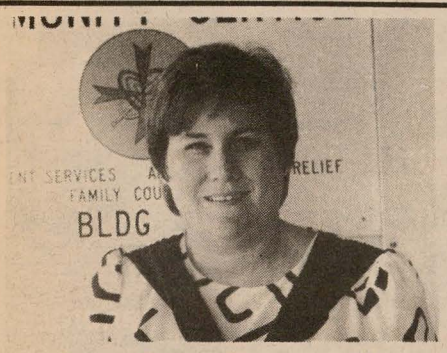
Immediate suspension of driving privileges as a result of drunken driving charges is required for soldiers, family members, DA civilian employees and others with installation driving privileges.

Privileges will be suspended under the following circumstances:

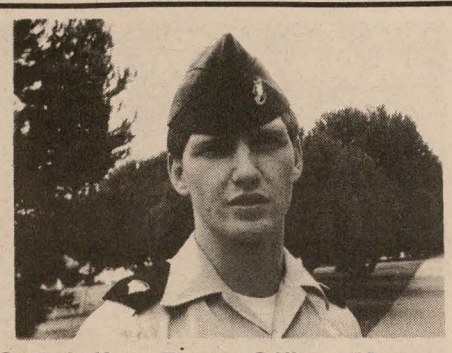
- Apprehension for drunken driving;
- Refusal to take or complete a lawfully requested chemical test for blood alcohol content;
- Driving or being in physical control of a motor vehicle on post when blood alcohol content is .10 percent or higher or off post when the blood alcohol content exceeds the applicable standard.

DON'T DRINK AND DRIVE!!!

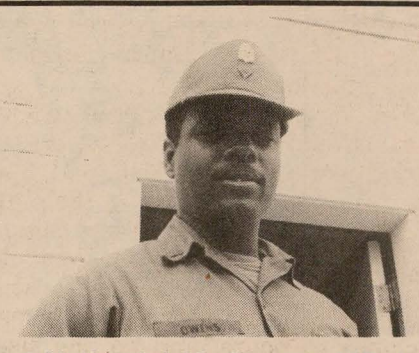
Ramblin' Sam: "What would be the best advice you could give a Presidio newcomer? Why?"



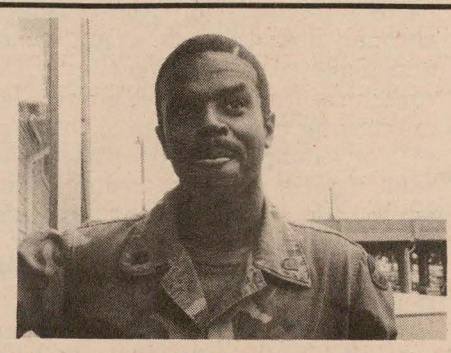
Sue Kingslien, Finance Planner, ACS: "Visit ACS, and enjoy the good things on Presidio."



Sp5 Jeffrey Ross, Officer Management NCO, Sixth Army: "Go to the Recreation Center and take all the tours you can. Presidio has got an unparalleled history."



Sp4 Nathaniel M. Owens, MP, Law Enforcement Company: "Take advantage of the education, get as much schooling as possible and participate in the soldier of the month."



Sp5 George E. Ferguson, Post Mail Inspector, Official Mail and Distribution: "Do what he is told, follow orders, have a good attitude, keep his nose clean and stay away from Polk Street."

Heavy drinker brings illness, sorrow, death to family

by Liz Greeley

I've written about this before, so long-time and faithful readers of the *Star Presidian* won't be surprised—my father was an alcoholic. As a matter of fact, my grandfather was an alcoholic and my 29-year-old-brother is an alcoholic.

To the best of my knowledge, I come from a long line of alcoholics. That's why I don't drink and that's why I never have.

I've seen too clearly what alcoholism does to people, not just physically, but emotionally and psychologically.

I see the grim irony behind the alcohol ads in magazines which push booze as the sophisticated, sexy drink of "winners." I'd probably laugh, if I weren't afraid of throwing up.

My grandfather died of stomach cancer. My grandmother told me how he still managed to drink whiskey even when his doctors had said he was allowed to drink only milk.

My father was killed in a car wreck when he was only 48 years old. He was driving down a lonely stretch of straight Texas highway late at night when his truck went off the road onto sand.

The truck flipped over two and a half times and my father went through the windshield twice, breaking his neck and dying instantly. After the highway patrol found his body and had a chance to do a blood test, they told my mother that he had enough alcohol in his veins to kill an ordinary man.

Besides a broken neck, he also fractured his skull and broke a shoulder. I remember, because the funeral home decided against a closed casket.

If you still think drinking is sophisticated, sexy, or, "well, everybody does it," I *could* tell you more—but I won't.

I won't tell you more about how "sophisticated" and "sexy" drinking is, because if you are an alcoholic who doesn't believe he or she has a "problem," you won't stop drinking and you won't seek help.

If you don't realize you have a problem, you'll drink until one of two things happens:

- You hit rock bottom; you finally realize you have a drinking problem and you decide that you just *can't* drink anymore.
- Or you die.

It's astoundingly simple, but that's the way it is. Make your choice. I can hear you already saying, "But *I* don't have a problem with drinking!" I'll bet you're even making a joke about it. Just remember, I'm not laughing.

If you are an alcoholic, I hope you decide that you need help, because it's always available on post.

Soldiers (and that includes officers) should notify their commanders that they have a problem and need counseling. (You don't have to mention that it's for alcohol.) But, according to Skip Przybyla of the Alcohol and Drug Abuse Program (ADAP), don't wait until you've wrapped your car around a tree—it's a little late then to "voluntarily" enter the program.

However, if you act *before* you've been identified as a problem drinker, then voluntarily seeking ADAP counseling should not hurt your career, according to Przybyla.

As for Department of Army civilians who are problem drinkers, all you have to do is to contact Skip Przybyla at 561-2528 and he can see that you get counseling.

For those who just would like some information about ADAP and what they do, feel free to call them or come by and see them. The ADAP people would be happy to show you their operation and explain the program to you.

As I said earlier, if you're an alcoholic, I hope you decide to get help—your family doesn't need to suffer what mine did.

Besides, I wouldn't wish a death like my father's on anybody.

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Dr. Bob stops drinking

continued from page 1

mas, no mas," and stop it.

He may accompany this act of the last drink with the magical three words: "please help me."

This can be reduced to two words, and then one, "help," and then, AAs will tell you, it is possible to begin the recovery from fear, guilt, anxiety, rage and, if the alcoholic is lucky, many of the physical impairments that go along with alcoholism.

What AA offers to the person who has decided not to drink anymore is in the words of the preamble that is read at the start of every AA meeting. It begins: "Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism."

There is little organization in AA, and it has been called the anarchy that works. Groups form, almost spontaneously, and find a place to meet. Many groups meet in church basements, in office buildings, and recreation centers.

At the basic "closed" (members only) AA meeting a leader presides, reading the preamble, choosing a topic for discussion or amplifying on whichever of 12 steps of AA is to be discussed that hour. Generally, the leader will relate the subject (it may be "gratitude" or "tolerance" or even "How did your day go?") to his own life and drinking experiences, and tell part of his "drunkalogue" to the group, which may number from five or six to as many as 40 or 50 or more members.

Each person in the meeting, then, may have the chance to address the subject, or just "dump," if he chooses, telling of a current problem with wife, dog, car, lover, boss or cab driver. Most experienced AAs say they find most of their problems within themselves, and that the catharsis of "dumping" helps the solution to present itself.

"Open" meetings, which may be attended by anyone (few sightseers are reported at meetings around Washington, D.C.) are less candid and more general in nature than the closed meetings, and at the third type of meeting, the "open speakers' meeting," a leader might bring two alcoholics who will each tell his story for about half an hour: how he began drinking, what it was like, how he got to AA and how life is today. Almost invariably, the point of surrender to the powerlessness over alcohol is expressed in a phrase very close to "something happened."

The story of this remarkably successful organization starts with William G. Wilson, a riches-to-rags stockbroker and Wall Street hustler. He had been diagnosed as a hopeless, chronic alchohlic, doomed to apparently endless hospitalizations and then mean death or insanity. In one of these hospitals, Wilson in November 1934 had what he described later as a spiritual experience, and never had another drink.

He had been hospitalized several times before, and this last time, in October, he was 39, drunk, impotent, angry and depressed, and after a flash of light filled his room, he was to live a life of service to others and die sober in Miami Beach, Fla., on Jan. 24, 1971, at the age of 75, at which time his full name, picture and story were carried by the media worldwide for the first time. He had been, well, anonymous.

After preliminary recovery, but still shaky (experts in the field of alcholism estimate that it takes a month of sobriety for every year an alcoholic drank just to clear his system of the physical effects of booze), Bill W. went to Akron on a business trip. The trip turned out to involve results other than what our protagonist had expected, and he found himself craving a drink, a typical alcoholic response to unexpected events. He knew he would drink again unless—unless what? Then it came to him that if he could find another alcoholic to talk to, perhaps the two of them could do what he alone could not.

He made a few telephone calls, and through a rather involved route found "Dr. Bob" Smith, another "hopeless" alcoholic.

Bill W. had been exposed to Oxford Group, a sort of spiritual predecessor of AA, which had had only limited success in helping anyone get sober. One of the things he had learned is that an alcoholic will listen to another alcoholic who knows what he's talking about when it comes to booze, and no one else. And in Akron that evening in May 1935—dry only a few months—Billy W. knew he was doomed if he could not find another alcoholic, drinking or not, to talk to and, if possible, help.

So exactly what transpired between Bill W. and Dr. Bob—who had been drinking alcoholically since medical school—was that the latter found that he was not alone nor was his problem unique, and that here was somebody who had been there and knew the territory and could show him a way out. Bill W. wore the mantle of total credibility. And Bill W. not only found an alcoholic to help. In the course of helping Dr. Bob, he lost his desire to have just one drink.

That seems to be the basis of the simple magic of AA: the laughter in the rooms where anonymous alcoholics gather is the laughter of those who have been at the gates of hell and been restored; the men and women there laugh at their own problems and understand those of the newcomer.

The founding date of June 10, 1935, for Alcoholics Anonymous was selected because that was the day of Dr. Bob's last drink. This last drink Dr. Bob had was a bottle of beer Bill W. slipped the good surgeon his way into the hospital to perform an operation. This last drink was to steady his hand.

Dr. Bob was to die, sober, in November 1950, 15 years later. It is estimated that he personally treated more than 5,000 alcoholics during that period of his life, at no charge, and that he was never free of the compulsion to drink until his last breath, a rarity among those who recover from alcoholism in the fellowship he helped create.

His last words to Bill W. were said with a wink: "Remember, Willie, don't louse it up. Keep it simple."

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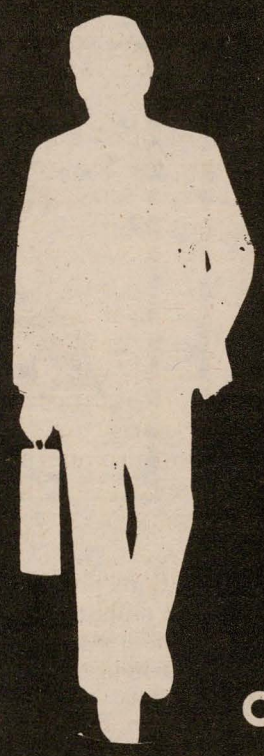

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California Medical Facility, Vacaville, is accepting applications for Physical Therapist II. Starting salary is $1973. Requirements are as follows: possession of legal requirements for practice of physical therapy in California as determined by California Board of Examiners. (Applicants may be admitted to examination prior to meeting these requirements, but the Board of Medical Examiners must determine that all legal requirements have been met before candidates will be eligible for appointment.) State applications are available at E.D.D. in your area. Mail applications to California Medical Facilty, P.O. Box 2000, Vacaville, CA 95696-2000.

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REGISTERED NURSE II

California Medical Facilty, Vacaville is accepting applications for Registered Nurse II. Starting salary is $1897 with $200 retention pay per month, after six months of satisfactory service salary is $1989 pluse $200. Requirements are as follows: possession of legal requirements to practice as a professional Registered Nurse in California and one year of professional nursing experience in California state service as a Registered Nurse or a facility licensed for Inpatient Care. For further information contact the California Medical Facility, Vacaville, 1600 California Ave., P.O. Box 2000, Vacaville, CA 95696.

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Community News

Program keeps married troops together

Story and photos by Melvin Wong

Although the Army does not promise a rose garden, it will make an extra effort to ensure married Army couples are considered for joint assignments.

The Married Army Couples and Joint Domicile Programs are the two options for simultaneous assignments. They will be combined on Oct. 1. Only soldiers enrolled in the Married Army Couples Program will be considered for joint assignments in advance by the Military Personnel Center (MILPERCEN). Approximately half of the Army's 18,000 married couples presently are enrolled in this option.

Under the Joint Domicile Program, a soldier requests joint assignment *after* a spouse has already received reassignment. However, it was difficult and time consuming to accommodate a spouse according to skill and pay grade in the same geographic area. Hence, this option will be discontinued. MILPERCEN will then have more time and flexibility to consider couples for assignments where they can establish a common household.

The ideal situation is for a couple to be stationed at the same post. If that is not possible, an alternative is for them to be stationed within 50 miles or one hour's driving time of each other.

Two married Army couples stationed together on the Presidio discussed the program. Sp4 Penny G. Roberts, a personnel management specialist at COMPACT, is married to PFC Randy D. Roberts, a military policeman. "If the program works the way it is designed, it will provide a greater guarantee that married service members will be reassigned to the same location," said Penny Roberts. Her husband is scheduled for transfer to Germany in December. "I hope it works; I hate to be separated from my wife," he said.

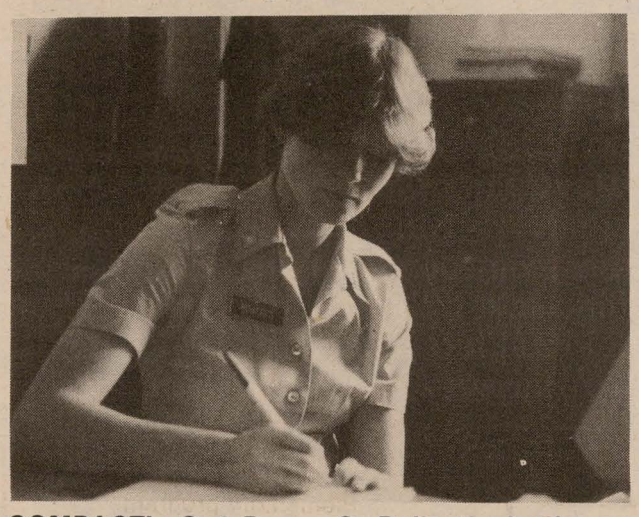
Sp4 Dorothy S. Sansonetti also works at COMPACT as a personnel management specialist. She is married to PFC James R. Sansonetti of quarters Command Battalion at Fort Scott. "The new procedure will be greater reassurance to married service members that the Army is doing everything possible to keep the family together, which is very important, by automatically reassigning them together," she said. Her husband said, "I think it is a great idea and it will help the morale of Army couples."

Nevertheless, filling the needs of the Army will continue to be the primary consideration in assignments.

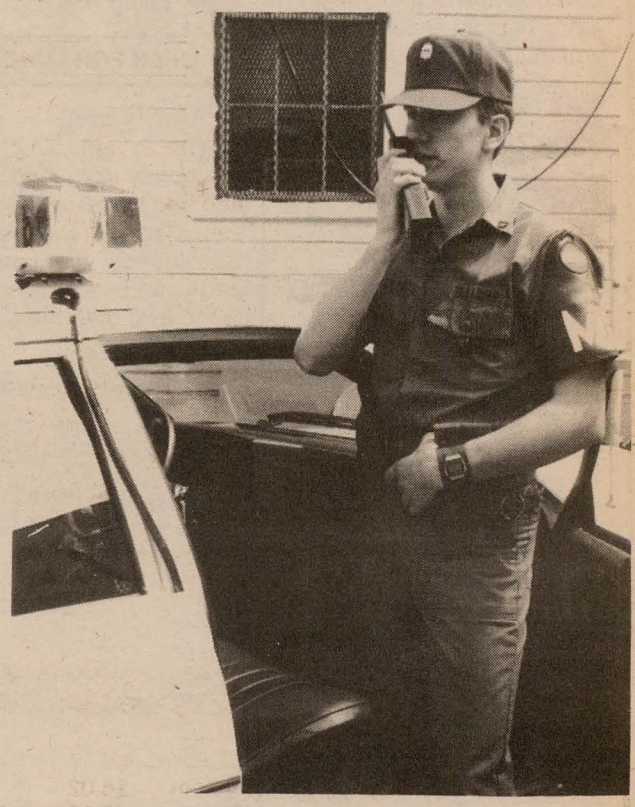
Soldiers who marry each other after Oct. 1 will have 60 days from the date of their marriage to enroll in the program. Soldiers remain enrolled until a written request for termination is received or their marital status changes. Those already in the Married Army Couples Program do not need to reenroll.

If an officer marries an enlisted person, two requests are required, one for each soldier's files. Soldiers married to members of other branches of service are ineligible.

For further information, contact COMPACT, bldg. 86, at 561-4405 or 561-2484.



COMPACT's Sp4 Penny G. Roberts checks request for service school.



PFC Randy Roberts tells his location by radio.

Improved service saves time for getting ID cards

Story and photos by Melvin Wong

The agony of waiting is now lessoned. To accommodate increased business, the post identification section has expanded to larger facilities and increased its staff. The average wait for ID cards is now only 20 to 30 minutes. The ID section handles approximately 100 people daily.

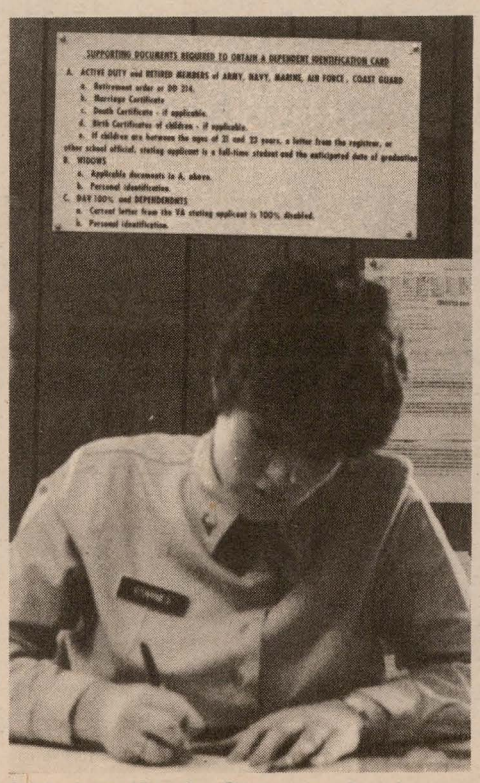
Although service is faster, it is advisable to use the ID services at times other than Monday and noon daily. Those times are the busiest. It might also be worthwhile to call in advance at 561-3478 or 561-8315.

To speed the process, people should bring documentation: orders, retirement papers, marriage and birth certificates. Geneva Convention Identity Cards for medical and religious personnel who serve in or accompany the military also can be obtained.

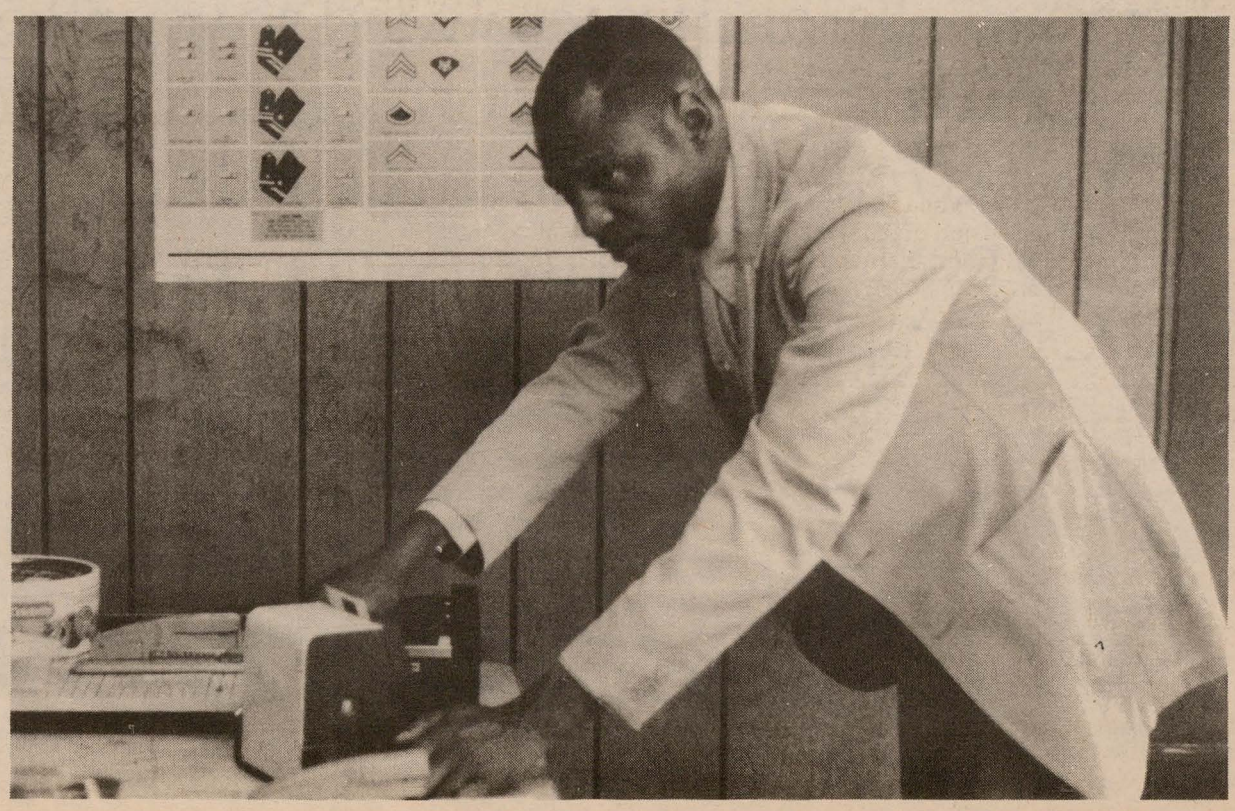
Another service offered is the engraving of metal ID tags, but soldiers should bring blank tags from the Clothing Sales store.

Besides providing ID cards for Army personnel, retirees (all branches of service) and family members, the ID section will soon be operating the Defense Enrollment Eligibility Reporting System (DEERS). DEERS checks eligibility for medical coverage.

The ID section is still seeking improvement, according to Lawrance A. Bell, chief of the section. "With the arrival of the DEERS equipment we will be able to process people more quickly, thus improving our service," he said.



Sp4 Jennifer L. Starnes checks an ID application at COMPACT.



Lawrence A. Bell trims an ID card.

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So next time you fly, try air support from Piedmont. It's what General Washington would have done.

PIEDMONT

Photo Feature

Special care goes into housing for new Presidians

by Bob Walker

Military families who come to the Presidio and expect to move right into government quarters sometimes get frustrated waiting to get into a home.

A great deal is involved in preparing vacant homes for new families. It all begins with the family that is leaving the Presidio. Have they taken good care of the quarters? How well did they clean the home for inspection by the housing office? Did the family make use of the self-help facilities to keep the home in good condition, making needed small repairs themselves?

According to Ed Allen, housing inspector, kitchens have the highest rate of failing to pass inspection. "Nobody realizes how dirty a kitchen gets. Normally it's minor things that causes reinspection that could have been prevented if they checked their own work," Allen said.

According to John Dominge at Family Housing, units must be ready for occupants within 10 working days, except during the peak season (summer), when the regulations allow up to 15 working days for repairs to be completed. Dominge said, "Those who use self-help items help eliminate some work the PM shop would do."

The Preventive Maintenance (PM) shop, from the Directorate of Engineering and Housing (DEH), comes in after the housing unit passes inspection. The PM shop does such work as repairing lighting, stoves and door hinges.

If larger repairs are to be made, a contractor is hired. Work done by contractors includes repainting the home, refinishing flooring and doing roofing work. According to Bob Hughes, construction inspector at DEH, latex paint meeting government specifications is used. "We can't use hard enamels anymore because of lead," he said.

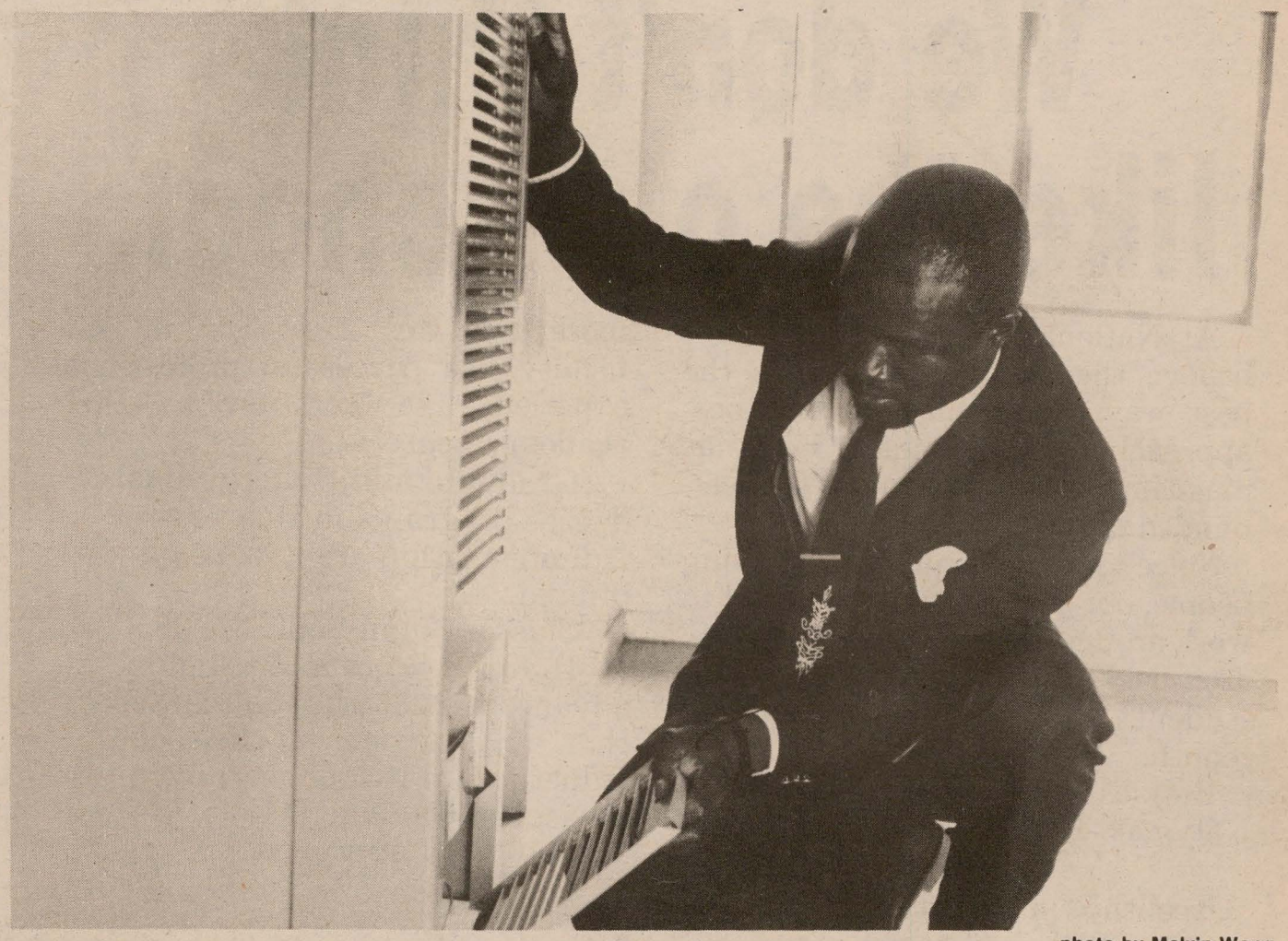

photo by Melvin Wong

Al Smith inspects a housing furnace.

After all work is completed, the housing inspector, PM shop representative and contractor go through to inspect the work. If they find no additional shortcomings, they clear the quarters for occupancy.

Occassionally the housing office receives complaints that units are standing idle. According to Dominge, this isn't the case. He cited examples in which service members accepted quarters, then went on leave to pick up the family. He said, "We received a call about one set of quarters being 'vacant' when in fact it was recently occupied, but no curtains or drapes had been put up."

So don't despair. Repairs must be made in accordance with regulations. People preparing to leave the Presidio can shorten the housing turnaround time by thoroughly cleaning and by making all the repairs they are capable of.

It may take a few days to get those quarters ready for new occupants. The result is a home that meets the housing office's standards for the home of an Army family.

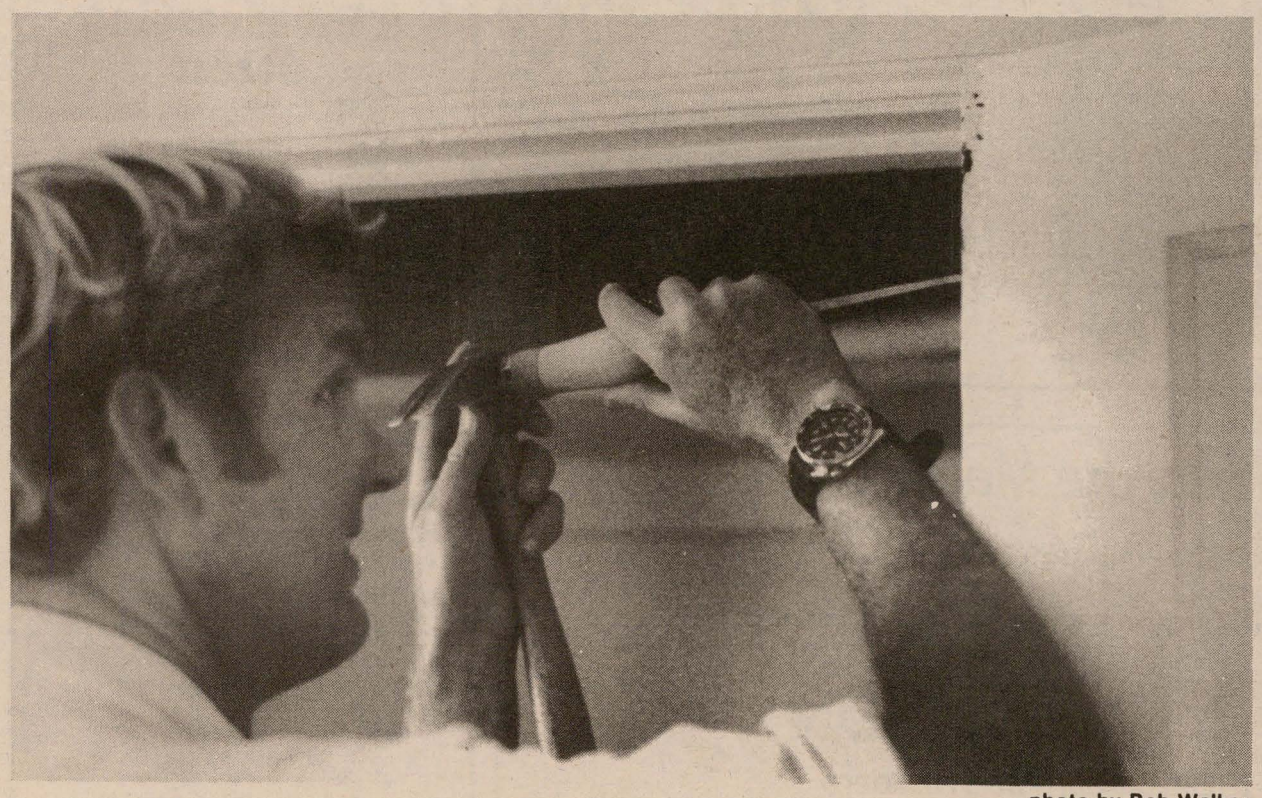

photo by Bob Walker

Preventive Maintenance worker Paul Tietjen works on a closet door hinge.

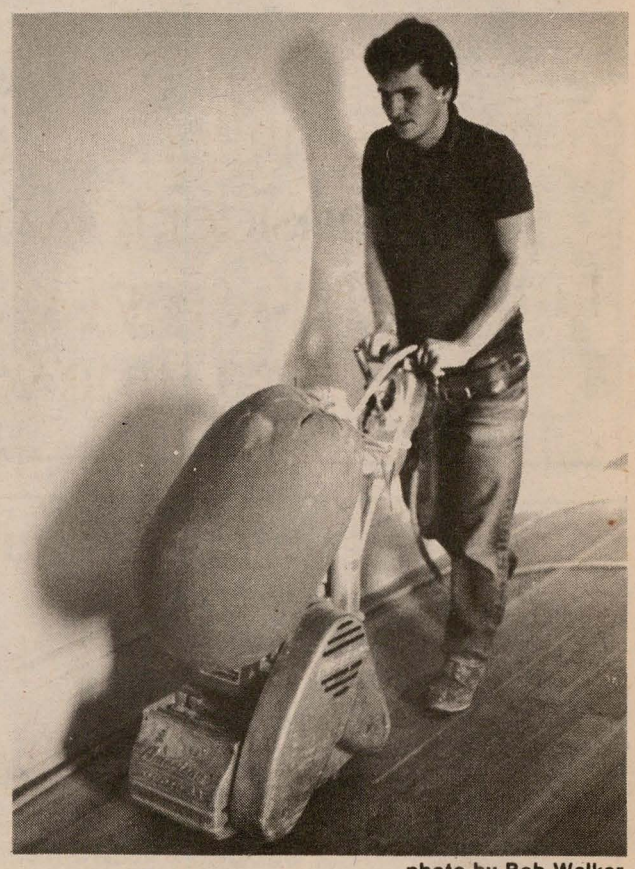

photo by Bob Walker

Contract worker Craig Sparks sands floor in a set of quarters.

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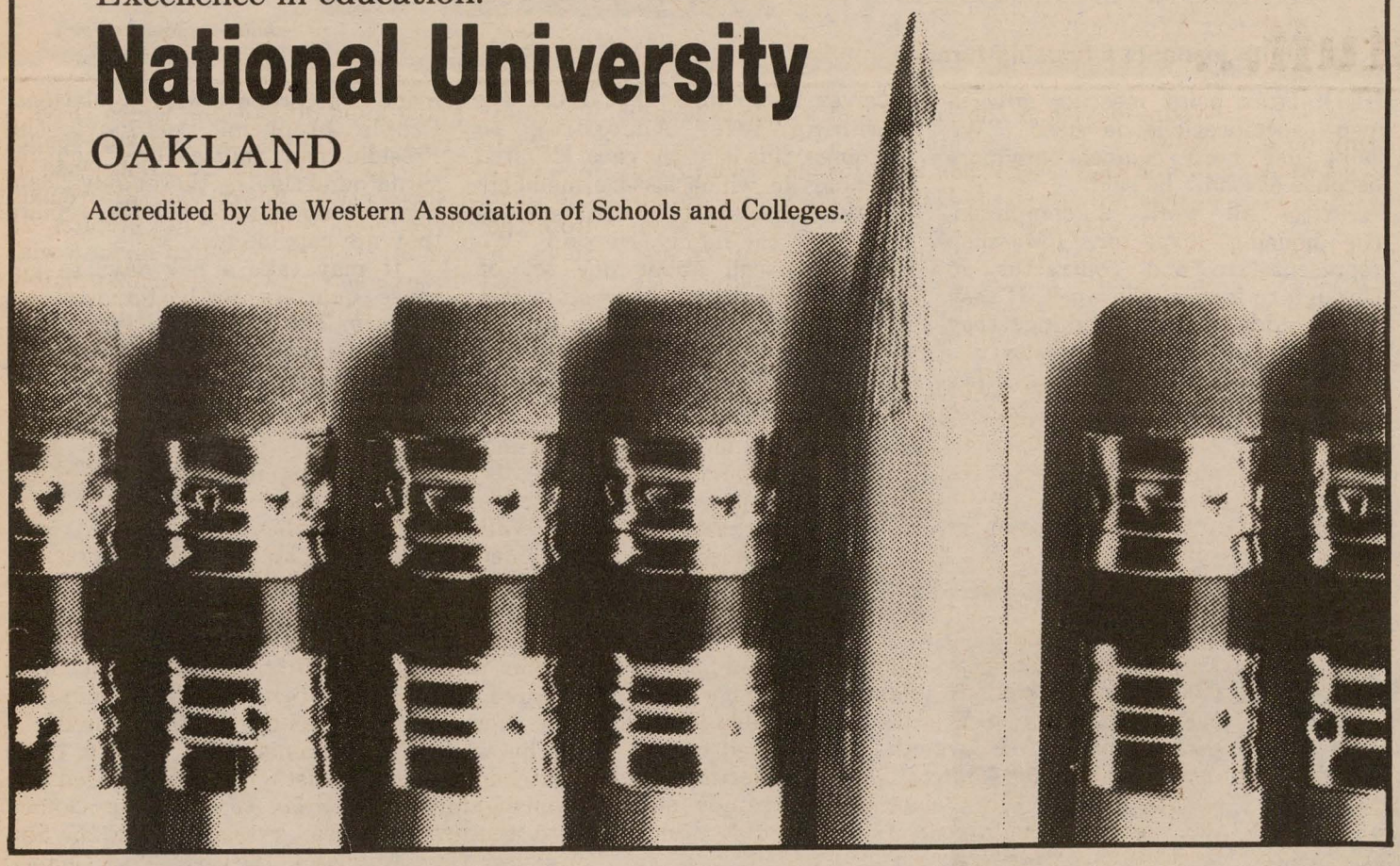

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Community Calendar

New teen program

A new summer recreation program for teenagers entitled "Totally Awesome Activities for Teens" will begin Wednesday at the Recreation Center.

Activities available for the 12- to 18-year-olds will include movies, break dancing, pool, computers, ping-pong and refreshments.

According to Mary Metheany, Youth Activities sports director, this program is a new effort to provide a place for teenagers to get together and participate in positive activities. "All activities will be supervised, and parents are welcome to participate, too," Metheany said.

"Totally Awesome Activities for Teens" will be held at the Recreation Center, bldg. 1331, on Wednesdays and Thursdays from 2 to 6 p.m. during the month of August. The program will be open to Presidio 12 to 18-year-olds with IDs. One guest per Presidio Teen will be allowed. For more information call Youth Activities at 561-5143.

Family housing

Please let the Family Housing Office staff, bldg. 227, 561-2040, know of your PCS or separation from service orders as soon as possible

The most accurate waiting times projected for people on the waiting lists are based on the termination dates given to Housing by the quarters' occupants. Other sources for projections include PCS and ETS orders from the Military Personnel Office and organizational strength reports.

Be sure to make Guest House reservations, 561-3411, or 561-2096, at the earliest possible date if you need temporary housing before leaving.

Raft trip

The Post Chapel is sponsoring a "do-it-yourself" raft trip for all Presidio personnel and their family members, down the Lower Klamath River, Oregon, August 23, 24, 25 and 26. For more information and reservations call the Religious Activities Center, 561-3535

Godspell at PSF

The well-known Broadway musical *Godspell* comes to the Presidio! Sponsored by the Post Chapel, this production features an all-soldier cast under the direction of Mitchell Covington. *Godspell,* a lighthearted musical based on the Gospel according to Matthew, is full of drama, laughs and well-known songs.

Performances will be at the Post Chapel tonight and tomorrow night at 7 p.m. and on Sunday at 4 p.m. Admission is free.

Rec center news

There will be a Russian River Canoe Trip tomorrow from 8 a.m. to 8 p.m. The cost is $33.

A tour of San Francisco is scheduled for Aug. 24, from 11 a.m to 4 p.m. The cost is $6.

Ongoing classes at the Recreation Center, bldg. 1331:

Piano lessons are given on Mondays and Tuesdays. The cost is $7 for a half hour.

A bridge class is held every Thursday at 6:30 p.m. It's free.

Pinochle play starts on Saturdays. Call to register.

At the Community Center, bldg. 1299:

A new ballroom dance class on Monday at 7 p.m. The cost is $2 a class.

A clogging class will meet Tuesday at 6 p.m. The cost is $2 a class.

A beginning square dance class will begin Tuesday at 8 p.m. The cost is $2.50 a class.

Levis & Laces square dance class will meet at 7 p.m. The cost is $2 a class.

The Oriental belly dancing class will be held Thursday at 7 p.m. The cost is $2.

New beginning acting class: Beginning/intermediate acting classes will start Wednesday, from 7 to 10 p.m. The cost for a six-week session will be $45. The class will last two and a half to three hours each night. The instructor for the class is Craig Cummins. Call the Recreation Center to register for this class. Complete payment must be made prior to the first meeting of the class. For additional instructions call the Recreation Center at 561-2000 after 3 p.m. The Recreation Center opens Monday through Friday at 3 p.m., Saturdays, Sundays and holidays at 2 p.m.

Pre-retirement

Unit commanders are encouraged to attend the next Preretirement Orientation Aug. 5 in the Officers' Club from 9 to 11:15 a.m., to familiarize themselves with available retirement services programs. Attendees will be provided with a retirement packet for future reference.

...the write stuff...

by Ted Weller

This Week's Question: Does the Army do a good job of keeping you "in the know" about what is going on?

...There is an answer...

If you are among 3,000 soldiers Army-wide who either received or will receive a special survey soon, you will have the opportunity to address the effectiveness of the Army's Command Information (CI) Program direct to the Chief of Army Public Affairs.

The results of the survey will be used to decide on uses of such CI products as *Soldiers Magazine, the Army News Services (ARNEWS), Soldiers TV Magazine* and post newspapers.

If you are among the "surveyed," please take the 10 to 15 minutes needed to complete the material and drop the return envelope in the mail today.

...If you don't tell us, how can we make it better?...

At the U.S.O.

• Discount tickets to China Crisis, 9 p.m., August 13 at Wolfgang's.

• Every Friday there are ten FREE tickets to 21st Century Dance at Wolfgang's, 9 p.m. to 2 a.m.

• Discounts for the Punch Line, Monday through Thursday, 9 p.m.; The Other, Monday and Tuesday; Cobb's Pub, Monday, Tuesday and Wednesday; and the Last Chance Saloon (every show).

• FREE, FREE box seats for both Giants and A's games are at the U.S.O. There is also FREE admission to the Giants in Candlestick Park, Monday through Friday, to all military members; just show your ID at the box office. The Oakland A's offer half-price admission to all seats except general admission for *all games.* Show ID at the box office, Oakland Coliseum.

Call the U.S.O., 522-2436, for more info!!!!!!!!

PIGSKIN ROUNDBALL: The U.S. Gold Medal Men's Volleyball Team will be matched against the U.S.S.R. Men's Volleyball Team, Aug. 23, 7:30 p.m., at the Cow Palace.

These two teams have not met in international competition since the 1976 Olympic Games. San Francisco is the final stop for a three-city tour which begins Aug. 18 in Seattle and continues to Portland Aug. 20.

Tickets have been specially discounted for service members and their families. The normally priced $12 dress circle seats are available for $9 with a military ID, and the $8 reserved corner seats will cost $6. Tickets and seat selection are available at the Cow Palace Box Office now and the night of the match. Call 469-6065. Don't hesitate, buy your tickets NOW!!

IN THE PARK

The Hershell-Spillman Carrousel [sic] is operating daily from 10 a.m. to 5 p.m. adjacent to Children's Playground off Bowling Green Drive.

The Carrousel, a 1912-vintage merry-go-round, is a survivor of the 3,000-plus that flourished at the turn of the century. Fewer than 225 remain from that bygone era. For 50 cents (adults), 25 cents (children 6-12) or free (children under 6 with adult and seniors), you may enjoy the 62 ornately painted animals, a turning tub, a rocker or the two chariots.

• The San Francisco Mercedes-Benz Grand Priz and Equestrian...interesting combination... Festival will be held tomorrow, 11 a.m. to 4 p.m., and Sunday, 8:30 a.m. to 4 p.m.

• Meet at the park map in front of the California Academy of Sciences at 11 a.m. for FREE East End Walking Tour, and then...

• Meet at the park map adjacent to Spreckels Lake at 2 p.m. for a FREE tour of the West End of Golden Gate Park.

Question??? There were NO cannon mounted on the walls of the first presidio...they were mounted on the walls of the Castillo de San Joaquin...Now: WHERE was the castillo located?

This week in Presidio history: August 5, 1775, Lieutenant Juan Bautista de Ayala sailed the Spanish ship, *San Carlos* through the Golden Gate, the first European vessel to enter the San Francisco Bay. August 4, 1931, the Post Chapel, bldg. 130, was dedicated, signifying the massive reconstruction program after the tragic fire that killed Gen. John H. Pershing's wife and daughters. The program made a concerted effort to preserve the Spanish heritage of the installation.

At the movies

Presidio Theater

Fri., Aug. 2	Def-Con (R)	7 p.m.
Sat., Aug. 3	Rambo: First Blood, Part II (R)	7 p.m.
Sun., Aug. 4	Rambo: First Blood, Part II (R)	7 p.m.
Mon., Aug. 5	Rambo: First Blood, Part II (R)	7 p.m.
Tue., Aug. 6	Rambo: First Blood, Part II (R)	7 p.m.
Wed., Aug. 7	Certain Fury (R)	7 p.m.
Thu., Aug. 8	D.A.R.Y.L. (PG)	7 p.m.

Schwartz Theater

Mon., Aug. 5	Def-Con (R)	7 p.m.
Wed., Aug. 7	Rambo: First Blood, Part II (R)	7 p.m.
Thu., Aug. 8	Certain Fury (R)	7 p.m.

Hamilton Theater

Fri., Aug. 2	Sure Thing (PG-13)	7 p.m.
Sat., Aug. 3	The Great Muppet Caper (G)	1 p.m.
Sat., Aug. 3	The Mean Season (R)	7 p.m.
Wed., Aug. 7	The Bostonians (PG)	7 p.m.
Thu., Aug. 8	The Rescuers (G)	7 p.m.

monday madness

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Sports

Two holes-in-one gives young golfer fame

by Bob Walker

Swoosh, smack, bounce, bounce and plunk are sounds that made one young golfer happy recently as he sank his first hole-in-one at the Sherwood Greens Golf Course in Salinas.

But 18-year-old David Martin, son of Presidio MSgt. Louis Martin, had an even more exciting round of golf July 1 as he went on to sink a *second* hole-in-one.

"I'm a good player. I've come close to hole-in-one a lot. I was hitting a lot of greens. I got lucky and a couple went in. I felt good about getting a hole-in-one. I was happy about it. I didn't expect a second one. I've wanted a hole-in-one, but never went out with the idea of getting one," Martin said.

The extraordinary shots came at the fifth and 12th holes. The fifth hole was 100 yards and the 12th hole was a 142-yard drive. Martin used a sand wedge and a 9-iron respectively to capture his fame.

Martin, a golfer for two years, has played on some famous courses, to include Pebble Beach and Spyglass.

Martin's father, who is NCOIC of the Personnel Actions section at COMPACT, said, "I didn't think David's hole-in-one was a big deal. We're not that familiar with golfing. Others at the golf course let us know how special it was. People at the course treated him like a king because he did something that was unbelievable. Maybe my lucky hat (from Hartnell College) that my son wore had something to do with it. Now he might like to pursue a golf career."

The hole-in-one artist lives in Salinas, Calif., and holds down two jobs, one as a moving and storage worker and one at a pizza restaurant. He will be attending Hartnell College this fall and will play on the football and golf teams there.

The world of golf may be hearing more of Martin if he continues to do the unbelievable, especially if he turns professional. More record-breaking hole-in-one sounds may mark his golf career.

PSF Aquarius Swim Club places at meet

The Presidio Aquarius Swim Team finished the 1985 long course swimming season with a strong showing at the Petaluma Mid-Summer Swim Meet July 20 and 21. Fifteen year-old Lisa Palladino lead the team with a third place finish in the "A" division for the 15-18 year-old girls 100 meters breaststroke (1:30.66). Ian Powell, 16, added a fourth place in the "A" division in the 15-18 year-old boys 100 meters backstroke (1:15.66).

In the "B" division Powell picked up first place in the 200 back (2:45.87)and 50 freestyle (29.50). Palladino earned firsts in the 100 butterfly (1:20.72) and the 400 free (5:37.67). Ted Gallardo captured a first in the 13-14 boys 100 breast (1:33.91) and a second in the 200 breast (3:20.62). Other second places were won by Palladino in the 50 free (33.92) and the 100 free (1.13.39).

Fourth place "B" division awards were presented to Robert Hart for the 15-18 boys 100 back and 200 back while fifth place awards went to Palladino in the 100 back and Gallardo in the 200 individual medley. Dylan Mills picked up a pair of sixth places in the 11-12 boys division for the 50 butterfly and the 50 breast. Joining Mills with sixth places were Robert Assadurian in the 11-12 boys 100 breast, Tami Assadurian in the 11-12 girls 50 breast, Powell in the 100 free and 200 individual medley, and Hart in the 100 breast. Other members of the team participatiing at the meet included Emily Mills and Neiche Loggins.

Dylan Mills and Palladino were named Swimmers-of-the-Meet by coach John Rozum. Mills logged 13,800 yards in the two weeks of meet. He is a member of the bluegills swimming group. Palladino recorded 38,500 yards in the previous two weeks of practice and improved her butterfly and freestyle races. She is a member of the goldfish swimming group.

Aquarius' next meet will be the Pacific Swimming Zone 3 Short Course Open Age Group Championship. The meet will be held at Indian Valley Colleges in Novato on August 17 and 18.

Tennis tournament

The Sports Branch will be conducting the post tennis championships starting Aug. 27. This tournament is open to all active duty soldiers assigned or attached to the Presidio. Persons interested may enter by calling 561-5032 or sign up in person at the Sports Office, located in Post Gym No. 1, bldg. 63.

This double-elimination tournament will be played Friday evenings and all day Saturday and Sunday from Aug. 27 through Sept. 8. Competition will be held in the following divisions:

- Open Division (33 years old and under)
- Junior Vets (34 to 44 years old)
- Seniors Division (45 years old and older)
- Women's (open)

Commander's Cup points will be awarded. A meeting will be held at noon on Aug. 27 at Gym No. 1, bldg 63, for all participants. Entry deadline is noon Aug. 27.

League standings

	W	L
Hoyes	9	0
TCB	7	1
6th U.S. Army	7	2
DEH	7	2
Co. B, LAMC	5	5
LEC	5	3
USAISC	4	5
DLI-SF	3	6
LAIR	3	7
OARB	0	10
Hustlers	0	10

Basketball over

The 1985 Summer Basketball League is over. League play started with 11 teams, but by season's end there were only nine teams left. The Hoyes, with 9 wins and no losses, easily outclassed the rest of the league.

Teams play for softball championship

The last league game is over and now the top 12 teams will be playing for the post championship from Wednesday through Aug. 20. All games will be played at the Fort Scott softball fields, Monday through Thursday, starting at 6 p.m. The following teams will be competing for the post championship: LAMC No. 1, 6 Packers, Oakland, Co. H, DLI-SF, DEH, LEC, Staff Attorneys, FBI, USAG, LAMC MSC, LAMC No. 2 and AAFES.

There were a few upsets in the final week of play in the Intramural League. Eighth place LAMC MSC beat DEH (a team that was in fourth place) 9 to 5. LAMC No. 2 defeated Oakland 12 to 11 on a home run by Kevin Knapp with the base loaded in the last inning. DEH and Co. H, DLI-SF, with identical records of 15 wins and 6 losses, necessitated a playoff game for fourth place and gained a bye in the first round of the post championship. Co.H, DLI-SF, came well prepared to win a trophy in league play; however, DEH missed three of their regular starters, according to coach Sam Oravec. The final score was Co. H, DLI-SF 15, and DEH 8. AAFES, fighting to gain a spot in the post championship, played like champions in their final games of league play to sweep a double header and secured the 12th position in the post championship.

1985 softball final standings

	W	L	
LAMC No. 1	20	1	1
6 Packers	19	2	2
Oakland	16	5	3
Co. H, DLI—SF	16	6	4
DEH	15	7	5
LEC	14	7	6
Staff Attorneys	14	7	6
FBI	13	8	8
USAG	13	8	8
LAMC MSC	13	8	8
LAMC No. 2	12	9	11
AAFES	11	10	12
864th	10	11	13
Co. G, DLI-SF	10	11	13
LAIR No. 1	9	12	15
OR Docs	8	13	16
6th Army Band	4	17	17
Corps of Engr	4	17	17

Dropped from league play were USAISC, LAIR No. 2, Doctors Plus and Bayward.

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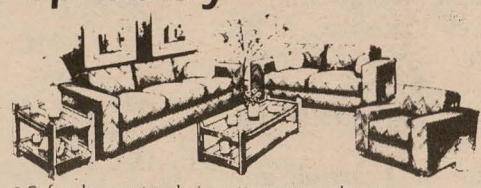

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Star Presidian

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News briefs

Forty years of peace in the Pacific

Forty years of peace in the Pacific will be celebrated in San Francisco at Crissy Field and aboard the USS Enterprise at noon on Aug. 14, exactly 40 years after actual cessation of hostilities.

Participants on shore will have an opportunity to view the joint service celebration in honor of peace in the Pacific theater while the USS Enterprise maintains station in the bay nearby.

The 6th U.S. Army Band will perform at Crissy Field before and after the Enterprise ceremonies and a 21-gun salute will be fired from the battery there. This will also be a good vantage point to view the U.S. Navy ships as they pass in review and the multi-service jet aircraft as they fly over.

The public is invited to attend the Crissy Field celebration where 2,000 bleacher seats will be provided. The band will begin playing at 11:30 a.m. and the ceremony will be broadcast from the Enterprise at noon.

No alcohol

Army facilities will no longer serve individual alcoholic drinks to military personnel during their assigned duty hours.

A new alcohol policy, which becomes effective Aug. 20 with the publication of Army Regulation 215-2 (Morale, Welfare and Recreation Update No. 7), continues the Army's efforts to deglamorize alcohol, said Capt. Tony Stamilio of the Army's Alcohol and Drug Policy Office.

The policy also supports Army readiness requirements by emphasizing the importance of being physically fit and mentally alert.

Servicemembers' "on-duty" status is determined by the commander, and is not necessarily related to uniform wear or to the normal duty hours of an installation, Stamilio said.

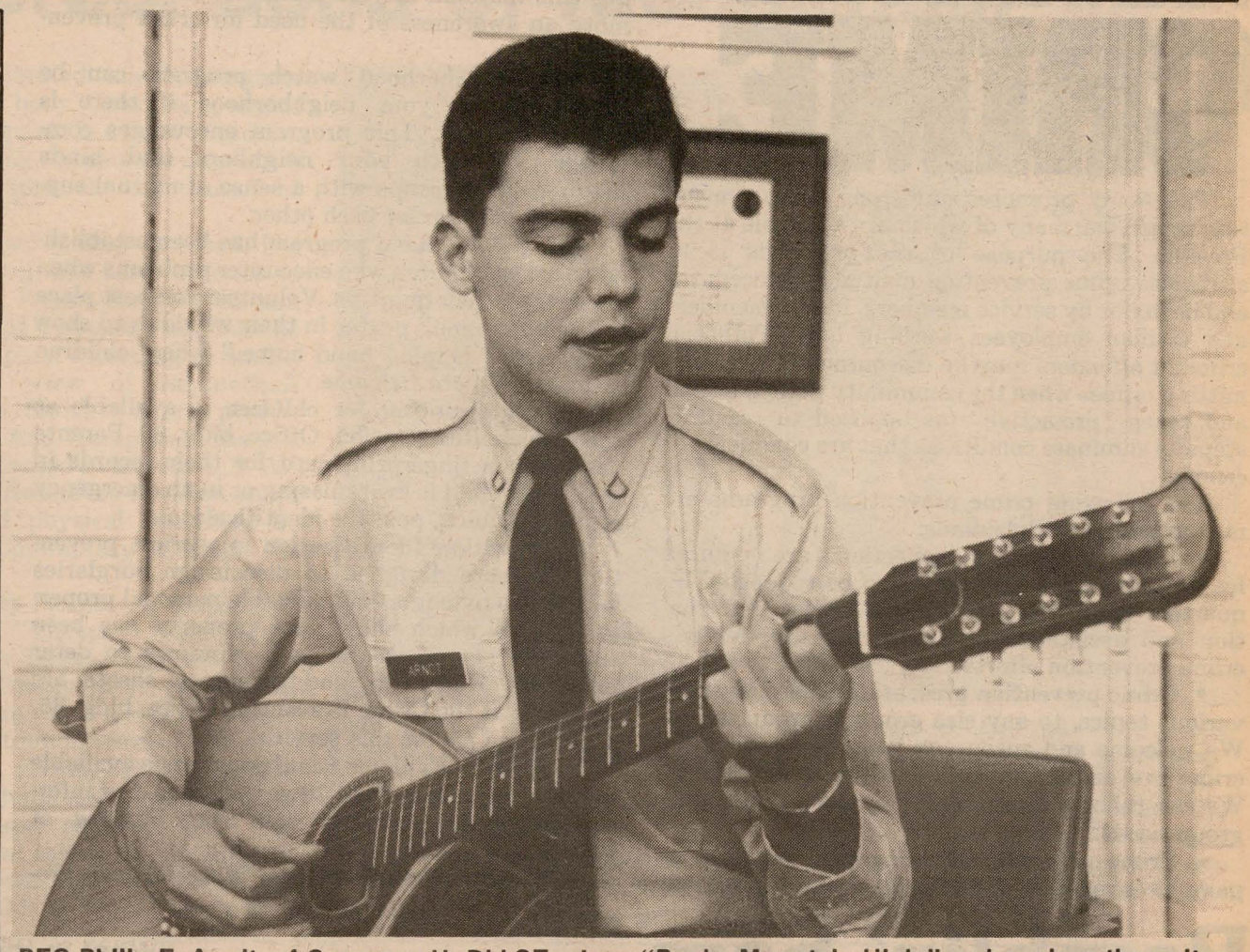
Because employees serving drinks won't be able to obtain proof of a sevicemember's duty status, enforcement and compliance with the regulation will be difficult, according to Stamilio. Therefore, servicemembers are expected to demonstrate discipline by abiding by the intent of the policy, he added. The intent is that servicemembers refrain from drinking during duty hours.

Exceptions to the policy can be authorized by the first general officer in the unit chain of command to allow alcohol to be served at "appropriate occasions and ceremonies," Stamilio said.

The policy does not affect the sale of alcohol to off-duty servicemembers, or to other authorized patrons such as civilians, family members, retirees and guests attending private functions. Package store sales intended for off-duty drinking also remain unaffected by the policy change.

Although the Army hasn't imposed specific penalties for servicemembers caught drinking while on duty, the service will continue to enforce the on-duty impairment standard of .05 blood alcohol level. Violation of the standard could result in administrative actions.

Army News Service



PFC Philip E. Arndt, of Company H, DLI-SF, sings "Rocky Mountain High," as he plays the guitar.

Two Presidians take part in 1985 Army Soldier Show

Story and photo by Bob Walker

Two Presidians may become a part of the 1985 Army Soldier Show which will tour the country from Sept. 10 through Dec. 20.

1st Lt. Matthew R. Rademaker, operations officer for the Directorate of Plans, Training and Security (DPTSEC) was chosen to be the officer in charge of the tour.

PFC Philip E. Arndt, who is studying the Korean language at the Defense Language Institute-San Francisco (DLI-SF), was nominated to take part in the show. The final selection of entertainers will be made Sunday.

Arndt took part in the recent talent show at the Presidio. His act, playing the guitar and singing "Longer," led to his nomination for the Army Soldier Show. He has sung competitively for six years and has sung at churches and at college.

Capt. Mary Kone, commander of Company H, DLI-SF, said, "Arndt went up against some tough competition at the Presidio Talent Show. He was so at ease in the performance that it showed. He did very well."

Arndt said, "Music is one of the most important things in my life. Sometimes it's the prime factor in keeping me in things. It's good stress management, getting my mind off things."

Arndt has three more years in the Army and plans to go back to college when his enlistment ends. He eventually plans to become a minister.

Rademaker said that his responsibilities to the show will include discipline of the troops by ensuring they maintain their military bearing. "They represent the Army," he said.

According to Rademaker, the show provides good publicity for the Army and assists in recruiting.

"It is a unique way to show that the Army is not only combat oriented, but also very people oriented. It promotes competition and morale support for the soldiers," he said.

Rademaker will extend his tour of duty nine months to become the officer in charge of the traveling show. Though he doesn't expect to be a part of the show, he hopes to learn about the entertainment industry.

According to Rademaker, the first month of the tour will be spent rehearsing at Fort Meade, Md., the remaining three months of the tour will take the soldiers to Washington, D.C.'s Constitution Hall on opening night, Oct. 12, and then on through North Carolina, Georgia, Texas, the Midwest, and on down to San Diego and up the coast to Seattle. The exact itinerary has not been finalized.

But the tour won't be all play for the performers. According to Rademaker, an 18-wheel truck will carry the platform, lighting and props for the show. The entertainers will have to set up the stage for many of the performances.

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Opinions

TAKE A BITE OUT OF CRIME

The Army promotes numerous crime prevention programs, many of which are available at the Presidio. The purpose of the programs is to stimulate crime prevention attitudes, procedures and behavior by service members, family members and civilian employees working here. Potential criminal offenders may be discouraged from committing crimes when the community pulls together and takes "pro-active" (as opposed to *re*active) steps to eliminate conditions that are conducive to crime.

The following crime prevention programs are now available to Presidians:

• **Crime prevention inspections** are required for military units, but may also be requested by quarters occupants, along with advice, information and assistance for improving the family's crime prevention efforts.

• **Crime prevention presentations** are given on various topics, to any size group or organization. We welcome and encourage your suggestions for crime prevention subjects and topics of interest. We can tailor a presentation to meet personal or group needs.

• **Crime prevention literature** in the form of pamphlets, posters and colorful books is available at the Crime Prevention Office, bldg. 36. Displaying this material in your office or unit helps promote an awareness of the need for crime prevention.

• **A neighborhood watch program** can be established in your neighborhood if there is enough interest. This program encourages communication with your neighbors and binds neighborhood groups with a sense of mutual support and concern for each other.

• **A helping hand program** has been established to assist children who encounter problems when away from their quarters. Volunteers on post place a "helping hand" poster in their windows to show they are a "helping hand home," where children needing help are welcome.

• **Fingerprinting for children** is available at the Vehicle Registration Office, bldg. 36. Parents are given a fingerprint card for their records in case their child is ever missing or in an emergency requiring quick, positive identification.

• **Operation Identification** is a crime prevention measure designed to discourage burglaries and thefts by engraving valuable personal property. Decals which show your property has been engraved are placed on your windows to deter break-ins. Engravers and inventory sheets are available at the Crime Prevention Office, bldg. 36. There is *no fee* for this service!

• **A police Explorer Scout program** is available for teenagers from 14 to 20 years of age. For information or to sign up, call SFC Partlow at 561-5011.

• **The *Star Presidian* Crime Watch** articles provide important, up-to-date information on crime prevention and crime trends. These weekly articles are written to increase crime prevention awareness for all Presidio citizens.

For more information about crime prevention services, call 561-5011 or 561-4925, or stop by the Crime Prevention Office at the Provost Marshal's Office, bldg. 36.

Crime report

• A 1970 Ford station wagon was abandoned in the vicinity of Pershing Drive.

• A 1969 Oldsmobile was abandoned in the vicinity of Ruckman Avenue.

• A person attempted suicide by ingesting an undetermined amount of Tylenol.

• A man was charged with simple assault and vandalism in the vicinity of Crissy Field.

• Someone wrote graffiti in the freshly cemented sidewalk at the corner of MacArthur and Presidio Boulevard.

• Someone stole two blue Sears Free Spirit 12-speed bicycles from a secured storage room in the vicinity of Pershing Drive.

• Two persons were apprehended for wrongful possession of a controlled substance.

• Someone entered a secured privately owned vehicle in the parking lot of bldg. 1750, and took a purse.

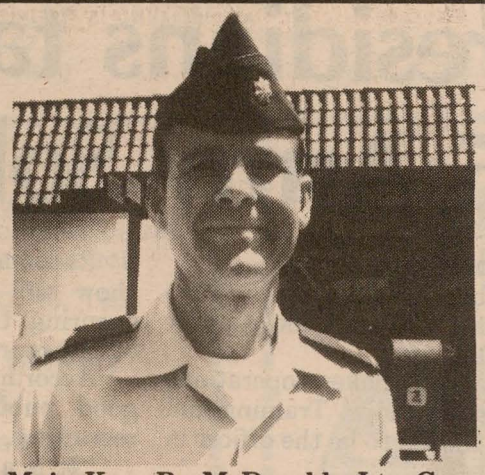
• Someone entered a secured glove compartment of a privately owned vehicle in a parking lot adjacent to Merchant Road.

• Someone took $40 from an unsecured wallet in bldg. 87.

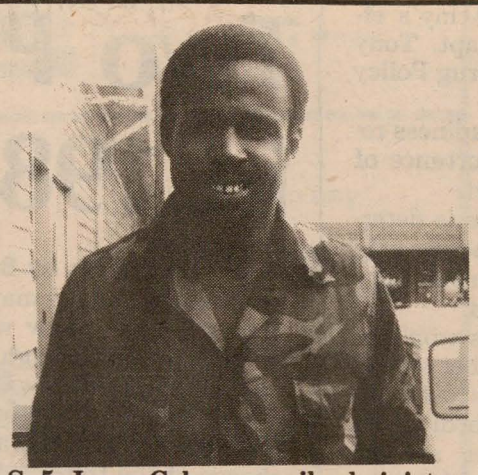
Ramblin' Sam

"What is the best post you've ever worked at? Why?"

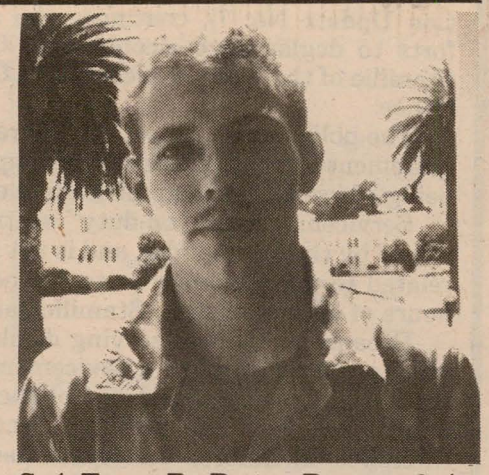
Capt. Maria Perez-Maldonado, Physical Evaluation Board counsel, USAG: "Presidio of San Francisco. The people are really competent, professional and nice."



Maj. Ken P. McDaneld, Lt. Gen. Robert Arter's aide, 6th U.S. Army: "Schofield, Hawaii. The weather was great. It is an old post and well established."



Sp5 Jerry Coburn, mail administrative specialist, USAG: "Grafenwohr, Germany. The post supported the soldiers especially in company sports."



Sp4 Terry R. Petty, Personnel Actions, administrative specialist, COMPACT: "Ansbach, Germany. The chain of command supported the soldiers and knew how to raise the soldiers' morale."

Accentuate the positive to solve retention woes

by James C. Sandefer

Retention is similar to dieting: it has to be an all-out proposition. You can't spot reduce and you can't operate a sporadic, hit-or-miss retention program. Either the entire organization works toward a healthy retention environment or there is low morale and high, uncontrollable attrition across the board. The problem is how to achieve and sustain a positive retention climate.

The solution to this dilemma is attitude. When the leaders of an organization have a positive attitude, it spreads like a prairie fire. Positive in this context refers to the following essential attitude builders. Most important is the postive expectancy of achievement without giving consideration to failure. When doubts about accomplishment are eliminated, planning and successful execution flourish. In this climate, communication, trust and camaraderie are high. There is no incentive for negative, pessimistic thoughts or actions. All energy is channeled toward positive achievement.

Next, taking extra effort to find soldiers doing the right thing, rather than being there when they foul up, enhances the total commitment to achievement. An appropriate pat on the back encourages greater responsibility rather than a thoughtless kick in the pants. Soldiers respond to the expectations

Please see page 3

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Retention continued from page 2

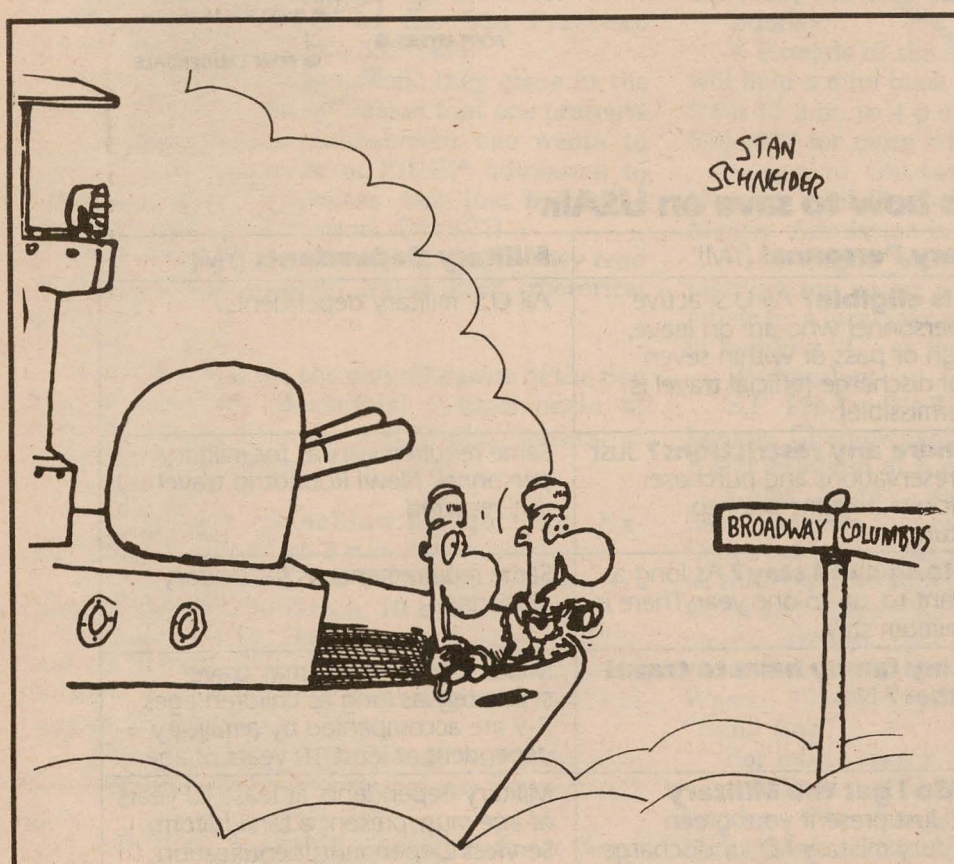
of their leaders. When expectations are geared for success, the results will be pleasantly appropriate.

It is always stimulating to associate with soldiers in a command that plans and trains exclusively for success. By always searching for ways to improve, they eliminate wasted time for developing reasons things can't be done. Their soldiers give the extra effort through personal motivation rather than through fear or intimidation from superiors. Therefore, teamwork, trust and positive, effective communication are exhibited in all actions. In this climate, productivity and retention thrive.

Successful retention hinges on organizational attitude. A positive climate enhances retention better than any other initiative.

The Lighter Side

"You'll regret this when I get out and announce my candidacy for the Presidency!"



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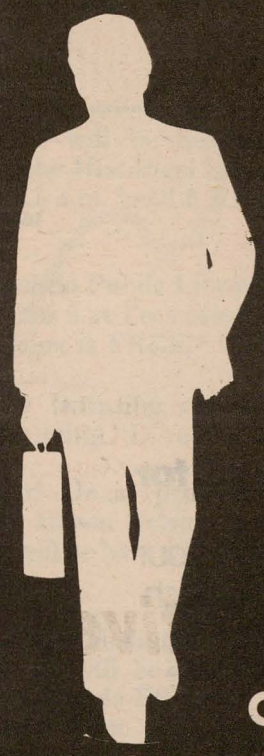

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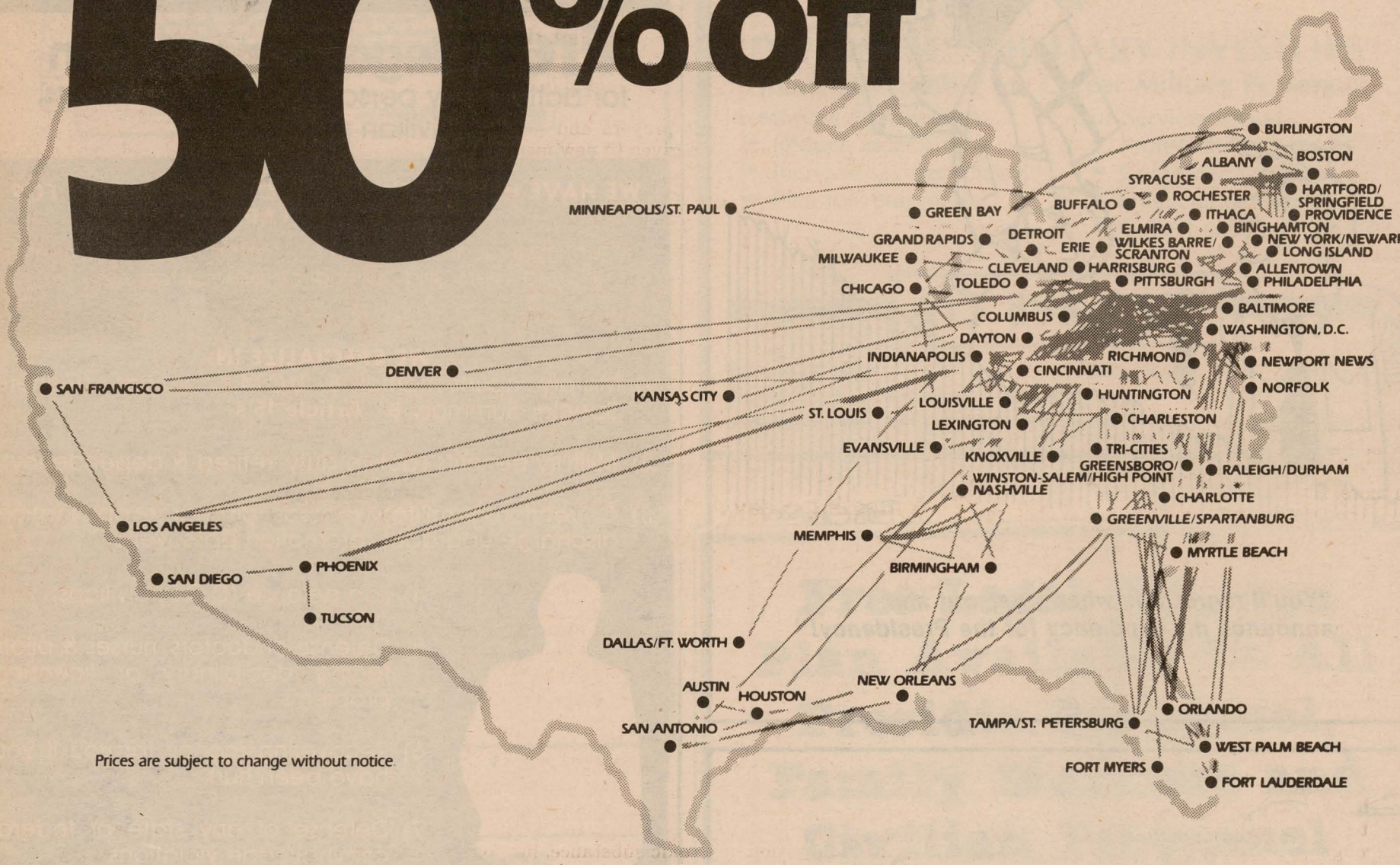

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Community News

Alcoholism—how to make the dark go away

by Robert H. Williams, *The Washington Post*

Editor's note: The following story is a continuation of "Dr. Bob takes his last drink," which began in the *Star Presidian* last week.

The remarkable thing about Alcoholics Anonymous (AA) is how it has been kept simple and functional by its members—men and women who are notorious for their talents at complicating, say, a two-car funeral.

The simple part of AA is that is offers 12 steps to recovery, the 12 steps that have formed the basis for almost every other program of "self-help," including Neurotics Anonymous, Narcotics Anonymous, Impotents Anonymous and similar groups for overeaters, cancer victims and gamblers.

The first step

The steps are all "suggested," which recognizes the alcoholic tendency to resist authority in whatever uniform it appears. And alcohol is mentioned in only one of them, the first: "We admitted we were powerless over alcohol, and that our lives had become unmanageable." It is suggested to newcomers that this step is the only one of the 12 that can ever be done perfectly.

An AA member has got to cut some sort of deal with himself and a "higher power" about the business of drinking. Bill W. (one of the co-founders of AA) said he had a literal spiritual experience, with a blinding flash of light. Most AAs enjoy what is called a spiritual "awakening," a simple coming to accept that there is a power greater than one's self, a power that can lift the compulsion to drink alcohol and, by extension, much, much more.

So a prospective AA member is told that yes, the AA program might work for him if he stopped drinking, and it is usually at this time that "something happened."

It might be in the middle of a moonless night when a man who had been unable to go without an infusion of ethanol for four hours for the past 10 years pours his white wine (reduced to this from half a gallon of bourbon a day because of decreased tolerance) back into the jug and decides to be serious about not drinking. "Something happened," he will report after a comfortable period of sobriety.

Or a housewife who has been chained by Scotch whisky to her isolated bed for five years might look through the cobwebs of a treatment center window and know that all she has to do is go downstairs and join the group to begin her recovery. "Something happened," she will report after she has taken some new place in society.

The "something" is that, when an alcoholic is able to admit utter defeat and utter powerlessness over alcohol, he is stripped, at least temporarily, of that will power that has failed him so often and so dramatically. He is forced to rely on something else: a power greater than himself.

AA emphasizes to newcomers that this decision to stop drinking need be only for today. You can drink tomorrow, if you choose, but just for today you don't have to. This is very simple stuff, but remarkably effective with people who for years had begun every grocery list with liquor.

Now Alcoholics Anonymous is not your run-of-the-mill social gathering, and I have never heard of anybody saying, for instance, that the bowling alley seems too crowded tonight, why don't we go see what one of these AA meetings is like?

If some kind of black light were rigged at the door of one of those church basements, it would certainly detect a footprint on the seat of the pants of almost everybody coming in, at least for the first visit. The footprint might be that of a spouse, a lover or a judge, but more frequently an employer, because the job, ergo the wherewithal, is that important.

But those who get there and stay find that once they have admitted that they are powerless over alcohol there is some help. It begins there, with the surrender. The AAs don't ask anybody to believe in God, or anything else. What you can believe is that yesterday morning you had to have a drink to get your day started and today you didn't.

This is where the magic begins, magic in terms of the workings of the mind and soul. As it begins to dawn on a new AA member that he hasn't had a drink now for a day—two days, a week, 10 days, what? a month—he can see that although the rest of the steps do not mention alcohol, they have built into them a formula for stripping away the sorts of thinking and behavior that led to the compulsive drinking that led to the swollen liver and the red eyes that looked back at a hated face in the mirror.

Don't drink, say your prayers and get to a meeting is the admonition given to new members. There is more advice to come:

- Get a sponsor (someone to begin to trust, for once in your life, and explain to you what the program is and maybe tell you the next thing to do is brush your teeth).
- Read the big book. *(Alcoholics Anonymous,* written by Bill W. and Dr. Bob [the other founder of AA] and the first 100 AAs to get sober. It was first published two years after AA's founding; it sold its 4 millionth copy this last winter.)
- Keep coming back, keep it simple, first things first, easy does it, one day at a time, until the cynical drunk begins to suspect he's a victim of a bumper-sticker mentality.

A meeting a day

He is also told he should get to a meeting a day for at least 90 days. At the end of that, he may be told, if he isn't fully satisfied, "your misery will be fully refunded."

It isn't hard to find 90 meetings in 90 days in the Washington, D.C., area. There are an estimated 1,000 meetings a week there now.

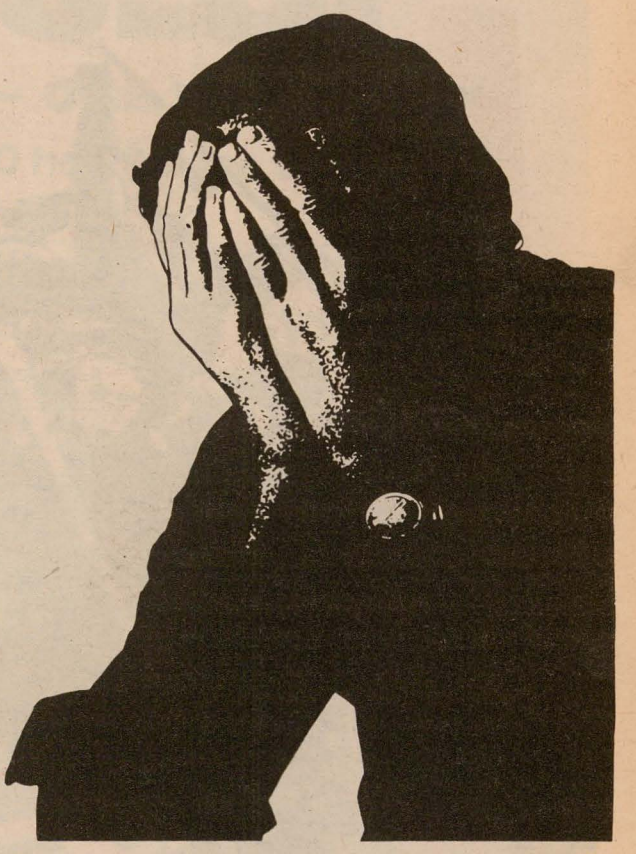
(In the city of San Francisco, there are more than 350 meetings a week.)

The magic of AA is simply a relationship between people that works. Psychologically, it involves a sort of transference that would make most shrinks suicidal with envy. As a prospective fellow of AA begins to recover from the effects of continued digestion of a toxic substance, he looks around and usually "connects" with one person in that meeting. That person will have the certain something—the clear eye, the stride, the self-confidence and the self-esteem and the apparent joy of living. He will express this in what he says during the meeting and afterward. And the newcomer will want all those things.

This may be the person the newcomer asks to be his "sponsor"—a member more senior in terms of years of sobriety who is available to steer the newcomer into the steps of the program and provide a ready ear for all sorts of personal problems the way Bill W. learned with Dr. Bob.

This connection need go nowhere, not even sponsorship. But once made, it is transferable, first to several members of the group and then to the group itself. (Many AAs urge newcomers who consider themselves atheists or agnostics to use the group as a power greater than themselves for the time being.) In extreme cases of recovery, the transference is then made from the group to the entire AA fellowship and then, saints preserve us, to society in general.

This connection/transference is made during the meetings, where at the same time the underlying principles of the AA 12 steps are toyed with and examined and teased and discussed endlessly (but an hour at a time, the AA propensity in this area being to start and stop meetings on time,



unlike the churches many AAs fled). The principles, not so oddly, are tolerance, patience, honesty, open-mindedness, willingness, humility, gratitude and other things taught Boy Scouts but forgotten quickly by those whose reluctance to grow up emotionally can lead to serious chemical substance abuse.

Not everybody gets to Alcoholics Anonymous. There are an estimated 300,000 to 400,000 alcoholics in the Washington metropolitan area alone, according to Joe Wright of the Washington Area Council on Alcoholism and Drug Abuse. Of these, 35 percent, or 40 percent at the outside, may touch a form of help, if nothing more than counseling with a clergyman, or AA, or perhaps formal treatment at a hospital. The other 60 percent will continue their course of untreated alcoholism to its abysmal end.

Of the lucky 40 percent, better than half will go back to the booze and stay there until dead or insane.

Of the remaining 20 percent, 10 will find and make the sobriety grade for three to five years, and the other 10 will vacillate in and out of AA (members call this "slipping" or "relapsing"), with five percent eventually getting more-or-less permanent, or at least long-term, sobriety in AA. A 1983 survey found 30 percent of the members women, with 20 percent of all members under the age of 31.

No one graduates

And none of them will ever graduate. Nobody ever gets completely well in Alcoholics Anonymous. When you are cured, one old-timer said, they hang you on a hook in the packing house. Nobody ever graduates, although many sober up and never go back to meetings. Sobriety is viewed there as a process, not an event. A few go back out there after long years of sobriety, and it is a lot harder for them to get back on track than it is for those who relapse early in their first brush with newfound sanity.

See, the deal cut with a higher power in the middle of the night is to put the cork in the bottle, the plug in the jug. That is up to the alcoholic to do, a day at a time. The steps of the Alcoholics Anonymous program are intended to give the alcoholic a way of life based on gratitiude to whatever that power was that made the dark go away.

Army News Service

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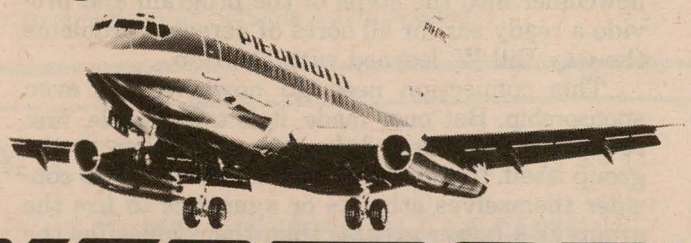


PIEDMONT

Features

July SOM stresses 'can do' attitude

Story and photo by Bob Walker

An administrative specialist won the Soldier of the Month title in July, giving the 16th AG (Postal) its second Soldier of the Month in as many months.

Sp4 Victor Bermudez won the title with what he called his "can do attitude." Bermudez reported to duty at the 16th AG (Postal) on July 24, having come from Hanau, West Germany.

"I had only four days to prepare for the battalion Soldier of the Month board. It was just my hard study and can do attitude that helped me win. It's the 'can do attitude' that counts," Bermudez said.

It was the first time Bermudez had gone for a Soldier of the Month title. He had been before a board only once before, and that was in February for promotion purposes.

Winning Soldier of the Month has unexpected awards. Bermudez said, "I was here when the June Soldier of the Month received her awards. I was surprised that winning Soldier of the Month at Presidio got you so many awards. That's what started my 'can do' attitude."

Bermudez credits the 16th AG (Postal) for supporting him by asking him questions whenever people bumped into him. "They'd throw questions at me," he said.

The person he felt supported him the most was his first sergeant, 1st Sgt. James L. Brown.

"There are so many changes in the study guide. I'd say, 'Hey, this reg has changed'. I'd get his ideas on it for the right answers," Bermudez said.

His previous assignment with the 599th Engineering Battalion in Germany helped him with the Soldier of the Month competition also.

"I was in the field most of time with the engineers. That's how I gained most of my knowledge," he said.

When asked why she thought Bermudez won, Sp4 Sheila Scott said, "Our first sergeant made the difference. He cares about us a lot."

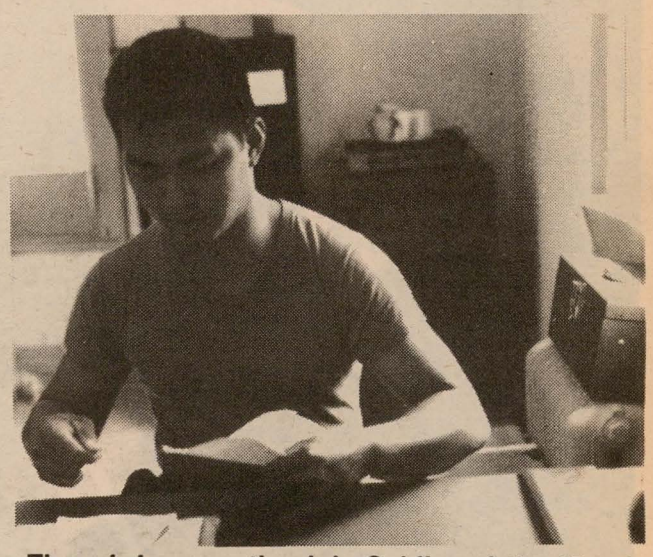
Brown said that a soldier not only represents himself, he or she also represents his unit (the 16th AG) along with the battalion and post.

About Bermudez, Brown said, "He's a very motivated and intelligent individual. He's well-disciplined. He's a go-getter and an all-around super soldier. He knows those above him have a wealth of knowledge; he tapped into that knowledge."

Bermudez has three and a half years of service under his belt and reenlisted for six years before he came to the Presidio.

"I'm going up the ranks. I have been a clerk, am now NCOIC and hope to become a PSNCO [Personnel Staff NCO]," he said.

With his "can do attitude," Bermudez plans to reach all his Army goals.



Though he won the July Soldier of the Month title, it's business as usual as Sp4 Victor Bermudez opens the mail.

'Weird Science' gets bum rap

by Liz Greeley

The San Francisco Chronicle reviewer hated it, Gene Siskel from the TV show "At the Movies" hated it, but Roger Ebert (also from "At the Movies") liked it. "It" is the new movie *Weird Science*, now showing at the Royal Theatre and the Serramonte Six.

The basic premise is that two nerdy 15-year-old boys, Gary (Anthony Michael Hall) and Wyatt (Ilan Mitchell-Smith), decide to create the perfect woman á la *Bride of Frankenstein*, because they can't seem to get a girl any other way.

The boys decide to use Wyatt's home computer, with Gary playing consultant in the project. The result is Lisa, played by Kelly LeBrock. However, Lisa has a mind and a plan of her own. There are two things Lisa wants: to party and to help Wyatt and Gary outgrow their nerdlike behavior.

Lisa is kind of a sultry protectress for the boys, and she has a few creative powers of her own. For instance, she turns Wyatt's pain-in-the-neck older brother, Chet, into a lumpy, gelatinous creature in order to teach him some manners. I found it amusing that even as a creature, Chet still has his crew cut.

As Gary and Wyatt's protectress, Lisa wants a normal teenager's life for the boys, and that is what *makes* the movie and keeps it from sinking into a sexploitation film. Actually, for all the talk about it, there is little actual sex in the movie and none of it on the screen.

Weird Science is a funny movie, but it's not for everyone. It's a good movie for teenagers and the young-at-heart. And if you like groups like *Oingo Boingo* (recorded in Dolby, by the way), who plays the title song, you probably will like the movie.

It's my belief that the kind of people who really won't like the movie are older people and people of any age who take themselves too seriously.

Nevertheless, I do have some criticisms. The language is rougher than it has to be for realism's sake, and the characterization of Chet is really a caricature.

I don't mean Chet's characterization as a pain in the neck is a caricature—there certainly are real people who fit that description. No, I'm talking about Chet, the military academy attendee who *loves* guns and violence and goes hunting for fun. Chet likes to kill things.

Nothing against hunting or hunters, but I'm really tired of seeing the military caricatured as people who enjoy killing, settling for animals when people aren't available. Nothing could be further from the truth.

But on the whole (Chet is a fairly minor character), *Weird Science* is a funny movie with an original premise which gets its chartacters into some extremely unusual and entertaining situations.

For example, how is Wyatt going to explain the Pershing missile sticking up through the floor of his bedroom when his parents come home at the end of the weekend? For the answer to this and other questions, you have to go see the movie.

Caricatures and rough language notwithstanding, this is a good movie for teenagers and people in the mood for some light fun—don't take it too seriously, folks.

Weird Science, a Universal Studio picture, is rated **PG-13.**

Opening tonight

photo courtesy Touchstone Films

'My Science Project'

High school teacher Mr. Roberts (played by Dennis Hopper) is amazed that his student's scientific device has produced a space/time warp in *'My Science Project'*, which opens tonight at the Alhambra, St. Francis and Empire.

MCMLXXXV Touchstone Films

How PSF supports Parks RFTA

Story and photos by Melvin D. Wong

It was 10 years ago when Camp Parks (located across the bay) became a subpost of the Presidio. During the interval, Camp Parks has developed into an important training area for Army Reserve and National Guard units. The site is now known as Parks Reserve Forces Training Area (Parks RFTA).

Since Parks RFTA is a major subpost of the Presidio, it is staffed by active duty Presidio personnel.

For instance, construction, renovation and upgrading of facilities is performed by Company D, 864th Engineer Battalion. They were at Parks RFTA in June to prepare it for summer training. Security is conducted by military police detailed from the Presidio's Law Enforcement Company. And soldiers from Headquarters Company, U.S. Army Garrison (USAG), provide administrative support in training and supply at Parks.

Once again this summer, hundreds of reservists and guardsmen descended upon Parks RFTA for their annual training. Among the military occupational specialties (MOSs) taught at the MOS Training Center there were administration, personnel, signal and supply. NCOs' and officers' courses were also held. All training was conducted by U.S. Army Reserve schools.

To augment Presidio services during the summer training, extra site-support personnel were detailed to Parks RFTA. Among those sent were Sp4 Breck A. Morris of the 864th Engineers and Sp4 Reed L. Swearengin of Headquarters Company, USAG. Both Morris and Swearengin are food specialists.

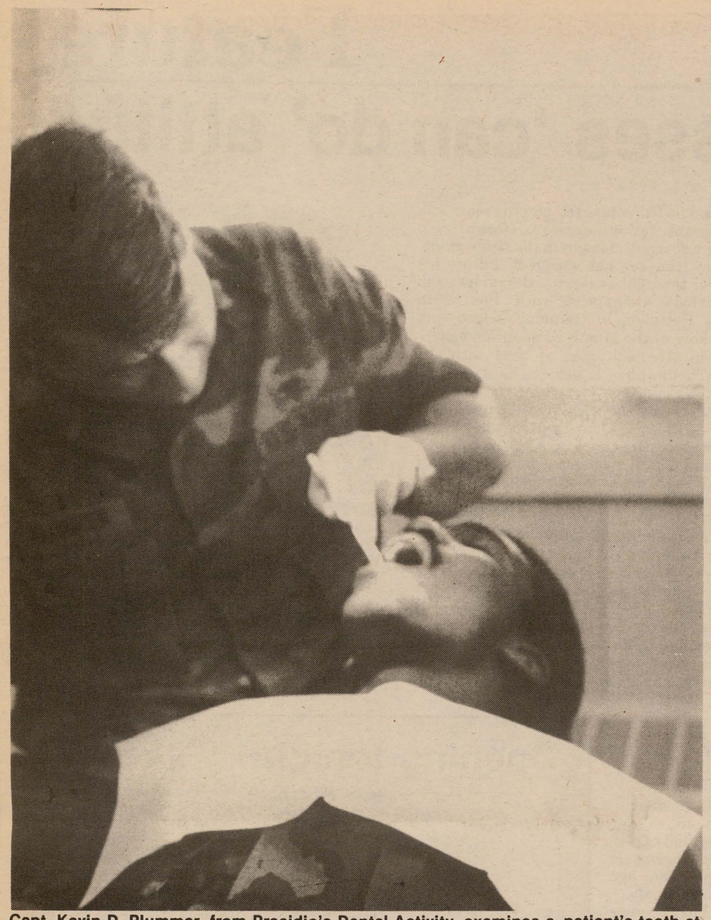
Morris holds rations inventory and frequently returns to the Presidio for provisions. Swearengin is a baker, and he said he enjoys the detail as a change of pace.

"It keeps me real busy," he said.

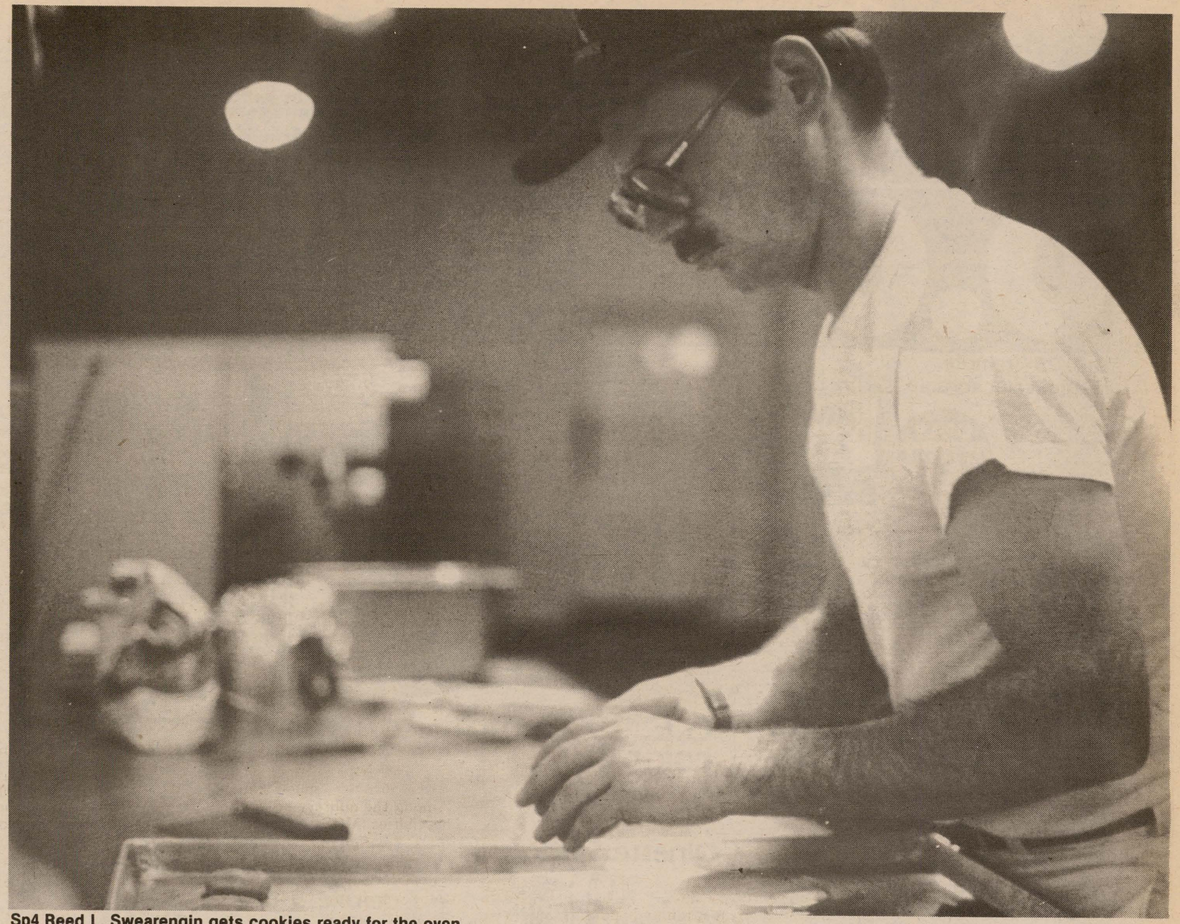
The dispensary is partially staffed by Presidio personnel. Presidio Dental Activity dentists are rotated every three days. However, Sp4 Andrea J. Porter has been there since June. Porter is an administrative specialist who doubles as a clerk and an ambulance driver. Her previous assignment was with the post ceremonial platoon.

Sp5 Julia A. Harding has also been at Parks RFTA since June. Harding is a dental assistant who volunteered for the duty.

"I miss the people at the dental clinic [at the Presidio] but this duty is a nice change of pace, very enjoyable and less of a commute," she said.

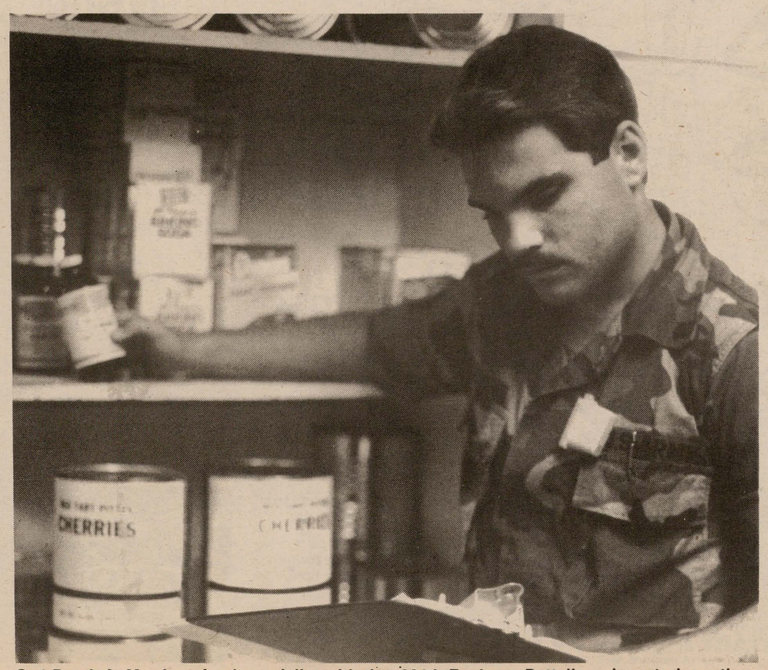


Capt. Kevin D. Plummer, from Presidio's Dental Activity, examines a patient's teeth at Parks RFTA.



Sp4 Reed L. Swearengin gets cookies ready for the oven.

Sp4 Andrea J. Porter, an ambulance driver, goes through a vehicle maintenance check.



Sp4 Breck A. Morris, a food specialist with the 864th Engineer Battalion, inventories rations at Parks RFTA.

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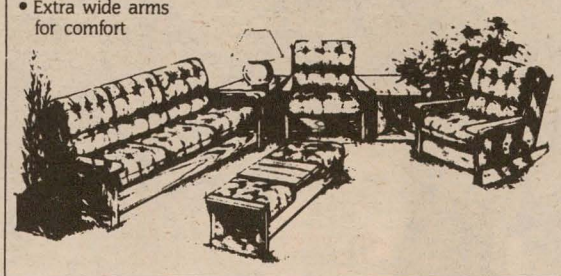

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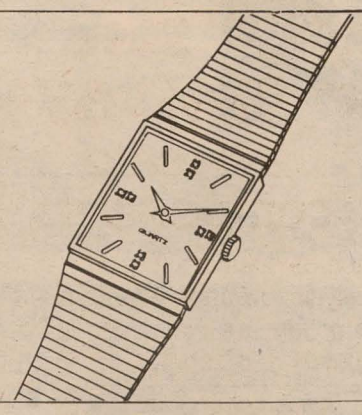

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Community Calendar

Fall term starts early

City College of San Francisco fall courses begin on post and on campus **Aug. 19.**

Available on post are: **Keyboarding: Beginning Typing** (Mondays and Wednesdays, 6 to 8:30 p.m.), **Introduction to Business** (Tuesdays and Thursdays, 6 to 9 p.m.) and **Communications for Supervisors** (Tuesdays and Thursdays, 6 to 9 p.m.).

Courses are open to everyone. Register now at the Fort Scott Education Center, bldg. 1216, or the LAMC Education Center, bldg. 1007.

Secretarial skills

Military Correspondence and **Typing I** and **Typing II** will be held at the Education Center, bldg. 1216, from Aug. 20 through Oct. 18.

Military Correspondence classes are held Tuesdays through Fridays, 7:30 to 9:30 a.m., and **Typing I** and **II** are held Tuesdays through Thursdays, 9:30 to 11:30 a.m., and Friday, 9:30 to 10:30 a.m.

Soldiers, DA civilians and adult family members are eligible to enroll in the courses. There is no fee.

For more information or to enroll, call the Education Center at 561-2974 or 561-4445.

Child observation class

Come to school with your child! Share your child's first school experience in a tuition-free child observation class! The class is for parents and for preschool children, aged 15 months through 4 years.

Watch your child paint, dig, run, climb, build, do puzzles, ride, sing, hear stories, play with other children—learn.

Classes are on Tuesday or Thursday mornings from 9 a.m. to noon, beginning Aug. 20 in bldg. 214, next to the post cafeteria.

For information call 561-1916 (an off-post number) and register on the first day of class at bldg. 214. This program is sponsored by the San Francisco Community College District and Presidio Child Development Services.

photo courtesy Renaissance Pleasure Faire

Renaissance Pleasure Faire

Faire thoughts and happy hours be yours at the Faire! Pluck thy pleasure from the bounty of hearty food, fine wine, robust ale and merriment. The revelry begins on four and twenty August and doth continue 'till nine and twenty September in thy Blackpoint Forest in Novato. Thy Recreation Centre ITT Office, bldg. 385, sells tickets for a modest fare of eight dollars, fifty cents. Shoppe hours are 11:30 a.m. to 1 p.m., and 2 to 5:30 p.m., Monday through Friday.

Preschool and kindergarten

Registration for fall preschool and kindergarten classes at the Child Development Center is now being accepted. According to Sandra Talbot-White, Child Development Center director, fall classes begin on Sept. 3, and classes are already filling up.

Registration is being accepted at the Child Development Center, bldg. 569, from 7 a.m. to 5 p.m daily. To register, children must be at least 3 years old by Dec. 2 for preschool classes, and at least 5 years old by Dec. 2 for kindergarten classes. Parents are requested to bring a military I.D., proof of their child's birth date, immunization record and a $10 registration fee.

According to Talbot-White, the Child Development Center is offering part-day and full-day classes for preschoolers and kindergarteners. Full-day classes include a developmental program, naps, breakfast, lunch and snacks. Part-day classes are held for three hours daily and include developmental programming and a snack.

For more information about the fall classes, call Child Development Services at 561-3588.

Memorial service

The Presidio community shares in the loss of Pam Parker, 15, daughter of CSM Harris Parker and his wife Dorothy. Harris Parker was the 6th U.S. Army command sergeant major before his retirement in 1984.

A memorial service will be held at the Post Chapel on Sunday at 2 p.m.

...the write stuff...

by Ted Weller

My apologies to whoever has the phone number in San Jose that I "typo'd" last week and my apologies to loyal ??...readers for the error.

The correct number to the San Francisco U.S.O. is 552-2436, that's 552-2436.

As to the free tickets, well...they come in the form of U.S.O. Courtesy Passes that one presents at the door of the establishment one wants to patronize...but the offer of FREE* admission to some does apply regardless. One just has to be there...Seventh and Mission...FIRST!!

...Why did it have to be the first time they read this corner of the paper?? Never mind...rhetorical question.

What's doing...

Tonight, at 8 p.m., the playoff games of the San Francisco ProAm Basketball League begin at Kezar Stadium, Stanyan and Waller Streets, at the east end of Golden Gate Park.

Tomorrow:

• Scientific glassblowing at the Exploratorium, 10 a.m. to 5 p.m.; on Sunday also.

• Artists Guild of San Francisco Outdoor Art Show on the Marina Green, 10 a.m. to 3 p.m.

• San Francisco Shakespeare Festival will be held on the meadow east of the Consevatory of Flowers, Kennedy Drive near Arguello Blvd., in Golden Gate Park, at 2 p.m.

• San Francisco Mime Troupe will be at Mission Dolores Park, 18th and Dolores Streets, at 2 p.m.

• ABACUS workshops and classes for Atari users are FREE* in building "C" at Fort Mason at 10 a.m. Call 453-3665 for more information.

• FREE* guided walks through the Fort Mason Center start at building "A" at 11 a.m. and will be held on Aug. 24 also. Call 441-5706 for reservations.

• The Old Adobe Festival will be held in Petaluma at the Petaluma Adobe Historical State Park, Old Adobe Road, from 11 a.m. until 5 p.m.; call (707) 762-2785 for info.

Sunday:

• Friends of the San Francisco Public Library will hold a mini book sale on Pier 2 at Fort Mason from 11 a.m. to 4 p.m. Admission is FREE.* Call 558-3857 for more info.

• Annual Out-takes Party featuring collage films by local filmmakers in building "D" at Fort Mason. Admission is $2.

• A Sight and Sound of Jazz program highlighting an art exhibit by Eileen Nelson and music by a local jazz musician will be held at 3 p.m. in building "C" at Fort Mason.

Wednesday:

S.F. ProAm Ole Timers Basketball Game, plus League Championship Game II, will be held in Kezar Stadium at 8 p.m. Admission is FREE*.

Cross county runners can enter the first San Francisco Summer Cross Country Challenge Series held every Saturday at 10 a.m. until Aug. 31 at the Polo Field in Golden Gate Park; entry fee is $2 on race days. The top ten runners in each race receive ribbons. This is for the intermediate to advanced athlete...we should all qualify...call Tim Wason, 753-1215, for details...Watch out for the "Sand Bog"...

For music lovers:

• Gilbert and Sullivan will grace the grove this Sunday. *The Lamplighters* bring their special magic back to Stern Grove with Alan Harvey's new staging of the bright and bouncy favorite *H.M.S. Pinafore.* Remember, it's FREE*, and the seating is really down-to-earth! Come early for the best seats.

Wham! and their special guests, *the Pointer Sisters,* will play at the Oakland Stadium, at 6 p.m. on Sept. 1. Call 642-9988 or 392-SHOW for tickets.

• The Happy Together Tour featuring *The Turtles, The Grass Roots, The Buckinghams* and *Gary Lewis and the Playboys* will be at the Concord Pavilion at 8 p.m. on Sept. 2. Call 762-BASS for tickets.

• *Laurie Anderson* will be at the Greek Theatre at 8 p.m. on Sept. 6. Call SHOW for tickets.

• *Buddy Rich, Mark Murphy* and *Marc Allen* will headline the Marin Jazz Festival at the Mt. Tamalpais Amphitheatre from noon to 4:30 p.m. on Sept. 14. Call BASS, 392-SHOW, or buy tickets at the gate.

The grand finales of the San Francisco Opera auditions, featuring young Merola Opera members, the San Francisco Opera Orchestra, with Andrew Meltzer conducting, begin at 7 p.m. this Sunday at the Opera House. Admission is FREE*.

Cellist Dierdra Cooper and pianist Lois Brandywynne will present a twilight concert at the Palace of the Legion of Honor on Lincoln Way at 2 p.m. this Sunday. Admission is FREE*.

...There you are folks, all the "*" are FREE, how can you be bored with this city?..!

This week's question: Why is the fortification called Fort Point? Last week's answer: Fort Point has walls that are 5-12 feet thick...Keep working on the location of the Castillo de San Joaquin...the answer is right above this.

This week in Presidio history: Aug. 13, 1776, *The San Carlos* arrives with the main load of supplies for the construction of the presidio. San Canizares, first pilot, lays out the plan for a 100-meter-square presidio.

Food for thought: Does anyone know HOW the UH-1 survived the backblast from the M72A Rambo fired at the HIND-D? Always thought it was a "rocket" launcher?...

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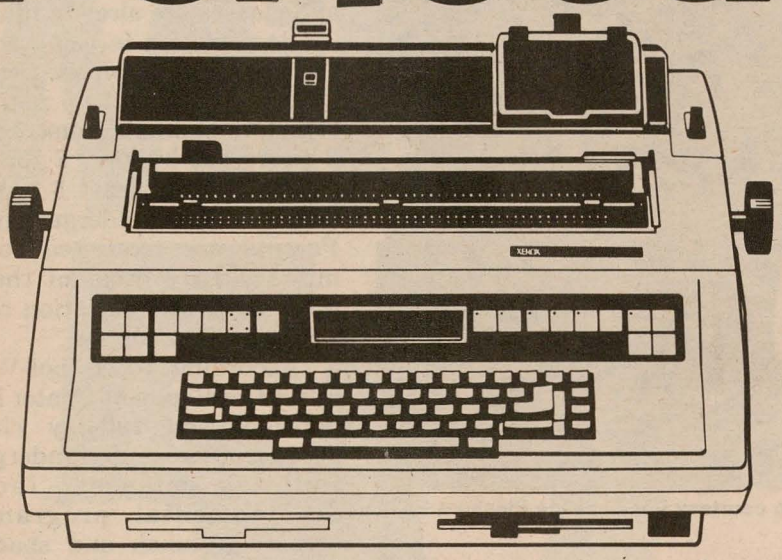

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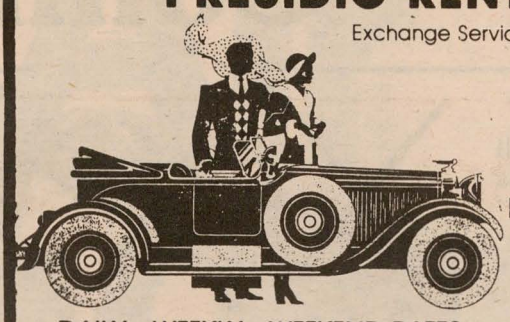

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Sports

Players share pros, cons of racquetball

Story and photo by Melvin D. Wong

Combine elements of the sports of handball, tennis, badminton and pool and what emerges? Racquetball! It is a fast game in which there are two to four players. If two people play, the match is called singles. If four people play—two per team—it is called doubles. Finally, there is the two-against-one match called *cutthroat.*

The game is similar to handball, but players use rackets instead of their hands to strike the ball. A hollow rubber ball about the size of a tennis ball is used.

Unlike tennis, racquetball players may strike a ball in any direction. They can bounce the ball against any of the four walls of a court or even the ceiling and floor. Racquetball, as with badminton, emphasizes wrist strength, whereas tennis requires arm strength.

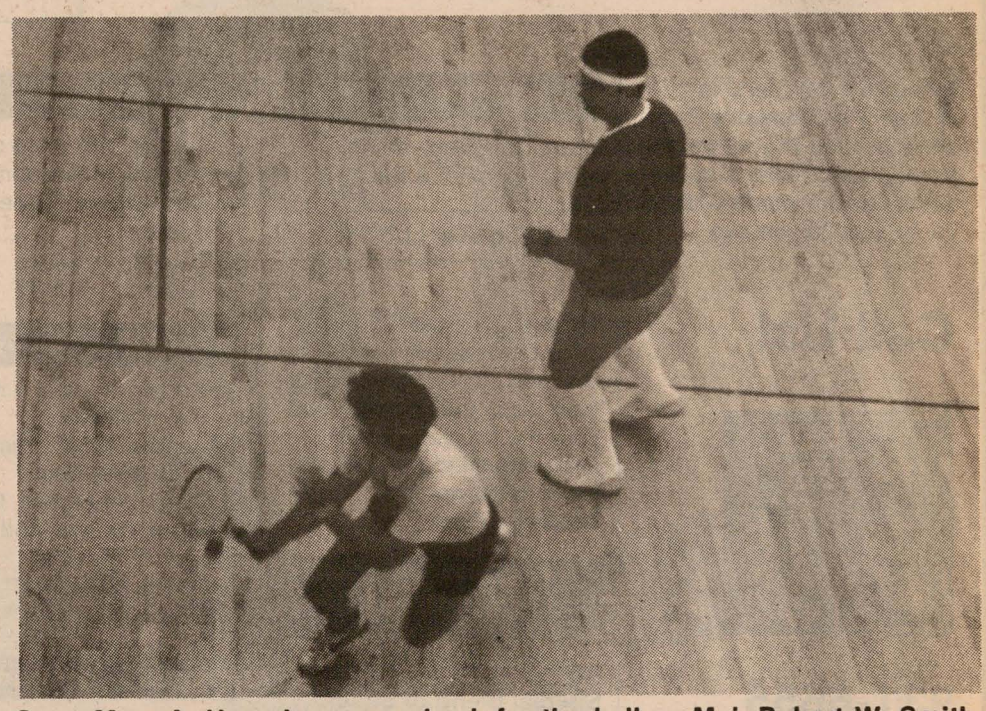
Maj. Robert W. Smith, chief of 6th U.S. Army Human Resources Division, is a racquetball player of many years. He plays the game partly because it is an indoor sport unaffected by weather. Smith said he enjoys it mainly because "racquetball is a high-intensity sport that can be played in a limited time. It is a game of mind and body. Calculating angles the ball rebounds is a form of tactics, the goal being to limit the number of returns an opponent can make," he said.

Smith used to play handball, but that sport required more practice to toughen the hands. Racquetball can be played less frequently without the subsequent pain, according to Smith.

Another view of racquetball comes from Smith's fellow player, Capt. Mary Ann Humphrey. She is a reservist attached to the 6th U.S. Army Human Resources Division and a professor of physical education at Portland Community College in Oregon.

Humphrey has played racquetball for 10 years. "The game requires less finesse than tennis. For the same amount of practice time, racquetball beginners can reach a level of enjoyment faster than in tennis," she said.

"Overall, racquetball is good for endurance, hand and eye coordination, increased reaction time and almost free of injury. Minor injuries include bruises from misplaced hit balls and ankle sprains. This is why mandatory eye protection is expected," she concluded.



Capt. Mary A. Humphrey goes back for the ball as Maj. Robert W. Smith waits for the return during a hot racquetball game at the main post gym.

The main post gymnasium, bldg. 63, has two racquetball courts that can be reserved for one hour. Rackets and balls are available. The gym hours are 9 a.m. to 10 p.m. weekdays, and 9 a.m. to 4:30 p.m. weekends. For more information call 561-4131.

Army Tennis Trials

Two Presidians are currently in training at the 1985 Army Tennis Trials at Fort Eustis, Va.

Col. Nick Lapins and Lt. Col. Milford Hutchinson, from Letterman Army Medical Center, are trying to win a spot on the Army Tennis Team in the Junior Veteran Division. Nick Lapins, a veteran in Army tennis, will be out to defend his singles and doubles title in the Armed Forces Championship, Aug. 18 through 24, at Camp Lejeune, N.C.

Softball championship

The first round of play in the post softball championship will feature the Attorneys versus DEH, LEC will lock horns against USAG, LAMC MSC will match strength against LAMC No. 2, and the FBI will take on AAFES. Sitting in the wings to take on the winners in the second round are the top four seeded teams: LAMC No. 1, the Six Packers, Oakland Army Base and Co. H, DLI-SF.

LAMC No. 1, the defending champions, will be without the services of player-coach Steve Burton, who has transferred to the Washington, D.C., area. Without Burton in the lineup and calling the signals, it's going to be an uphill battle for the defending champs, much to the delight of the Six Packers and Oakland, the pretournament favorites. Burton has been the mainstay of LAMC No. 1 for the past four years.

The games are scheduled Monday through Thursday starting at 6 p.m. at the Fort Scott Field. The finals are scheduled for Aug. 20. Come on out and support your team.

Women's softball

The Presidio women's softball team improved their record to 1-0-1 with a 23-0 win over the Bus Stop.

The game was one in which Presidio bats came alive as they banged out 22 hits in a game that was called after five innings of play. Five players went 3 for 4, including Mary Welsh, Patty Fields, Jean Westby, Sandra Mazor and Linda Hearne.

The big innings were the fourth and fifth, when the Presidio scored eight runs in both innings.

The winning pitcher was Jean Westby, for Company B, LAMC, who allowed no hits for the entire game. The only people reaching base were allowed on by an error or a walk.

Golf tournament

The Annual Presidio Golf Tournament will be held at noon. Aug. 28. This tournament is a four-person scramble event open to officers, enlisted, civilian and retired members of the Presidio community.

An awards ceremony will follow the tournament in the Mesa Lounge of the Presidio Officers' Club.

Entry forms have been distributed; extra copies can be obtained from Maj. Begley, deputy comptroller. Cutoff date for entries is Aug. 20, but will be on a first-come, first served basis.

For more information call 561-2440 or 561-4107.

Jog pets carefully

The hardy soul who jogs each day is to be commended.

But the hardy soul who decides that Fido needs a little jogging also needs to be cautioned.

Especially if Fido has been a house-bound pet for some time.

Like humans, dogs need periods of conditioning before they keep up with an experienced jogger.

The most serious effect of pushing dogs beyond their physical limits is heat prostration. Dogs do not perspire like humans do, but rather lose heat mainly by panting, which is a less effecient method.

Some simple rules to follow if you decide to take Fido on the run—and he should be exercised regularly—are:

- Keep an eye out for for sore or bleeding feet;
- Build up distance and speed gradually;
- Watch for signs of fatigue;
- Keep the dog on a leash at all times; and
- Make the runs in the early morning or at night when the temperature is lower.

Aerobics

Get fit or stay fit!!! Inspiring high-energy exercise classes are held daily at post Gym No. 1, bldg. 63. Exercises will stretch, tone and strengthen your body with aerobic conditioning. All exercises are done to popular music.

Cost for aerobics classes is $3 a class if you sign up for the month and $3.50 if you drop in.

For more information, call 561-4120 or 753-8733.

At the movies

Presidio Theater

Fri,	Aug. 9	D.A.R.Y.L. (PG)	7 p.m.
Sat,	Aug. 10	A View to a Kill (PG)	7 p.m.
Sun,	Aug. 11	A View to a Kill (PG)	7 p.m.
Mon,	Aug. 12	A View to a Kill (PG)	7 p.m.
Tue,	Aug. 13	A View to a Kill (PG)	7 p.m.
Wed,	Aug. 14	Missing in Action 2, The Beginning (R)	7 p.m.
Thu,	Aug. 15	Prizzi's Honor (R)	7 p.m.

Schwartz Theater

Mon,	Aug. 12	D.A.R.Y.L. (PG)	7 p.m.
Wed,	Aug. 14	A View to a Kill (PG)	7 p.m.
Thu,	Aug. 15	Missing in Action 2, The Beginning (R)	7 p.m.

Hamilton Theater

Fri,	Aug. 9	Vision Quest (R)	7 p.m.
Sat,	Aug. 10	A Minor Miracle (G)	1 p.m.
Sat,	Aug. 10	Mrs. Soffel (PG-13)	7 p.m.
Wed,	Aug. 14	Blind Date (R)	7 p.m.
Thu,	Aug. 15	The Never-Ending Story (G)	7 p.m.

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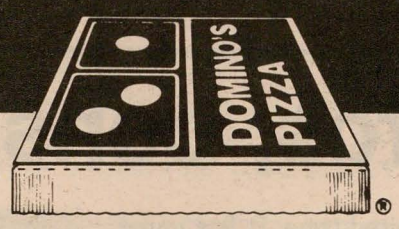

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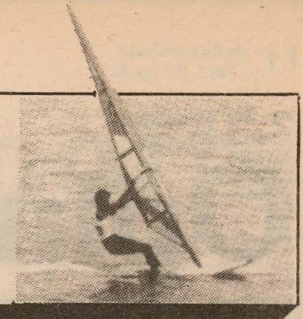
Stress: learn how to beat it before it gets *you*, **page 5**

Egypt: more than sand and dust, **pages 6 & 7**

Boardsailing: Nationals held here, **page 11**



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Star Presidian

Vol. 28, No. 33 August 16, 1985

News briefs

Women's Equality Day

Everyone is invited to attend the Women's Equality Day luncheon on Aug. 26, from 11:30 a.m. to 1 p.m., at the Presidio Officers' Club.

The event's theme will be "'80s Women in Leadership Roles," with five speakers.

According to Federal Women's Program manager Brenda Saénz, these women have climbed the ladder of success, and you can too! Come and hear how they got there, and you can get some tips on your journey to success.

The speakers are:

- Col. Sarah Halliburton, chief of Training and Development for Letterman Army Medical Center's Nursing Department;
- Carole Ellison, management consultant with the state of California;
- Dr, Evelyn McGown, chemist and chief of the Analytical Chemistry Group, Letterman Army Institute of Research;
- Veronica Valdez-Keller, a sergeant with the San Francisco Sheriff's Department; and
- Joan Swanson, Assistant U.S. Attorney.

Lunch will be a half pineapple with chicken salad, juice, roll and butter, and coffee or tea for $7.25.

For tickets, call Brenda Saénz at 561-2022, Evon Riley at 561-2040 or Melodye Austin at 561-3033. The point of contact for Fort Baker is MSgt. Jimenez, at 561-7363. *Reservations must be made no later than Aug. 22,* and checks may be made payable to the Presidio Officers' Club.

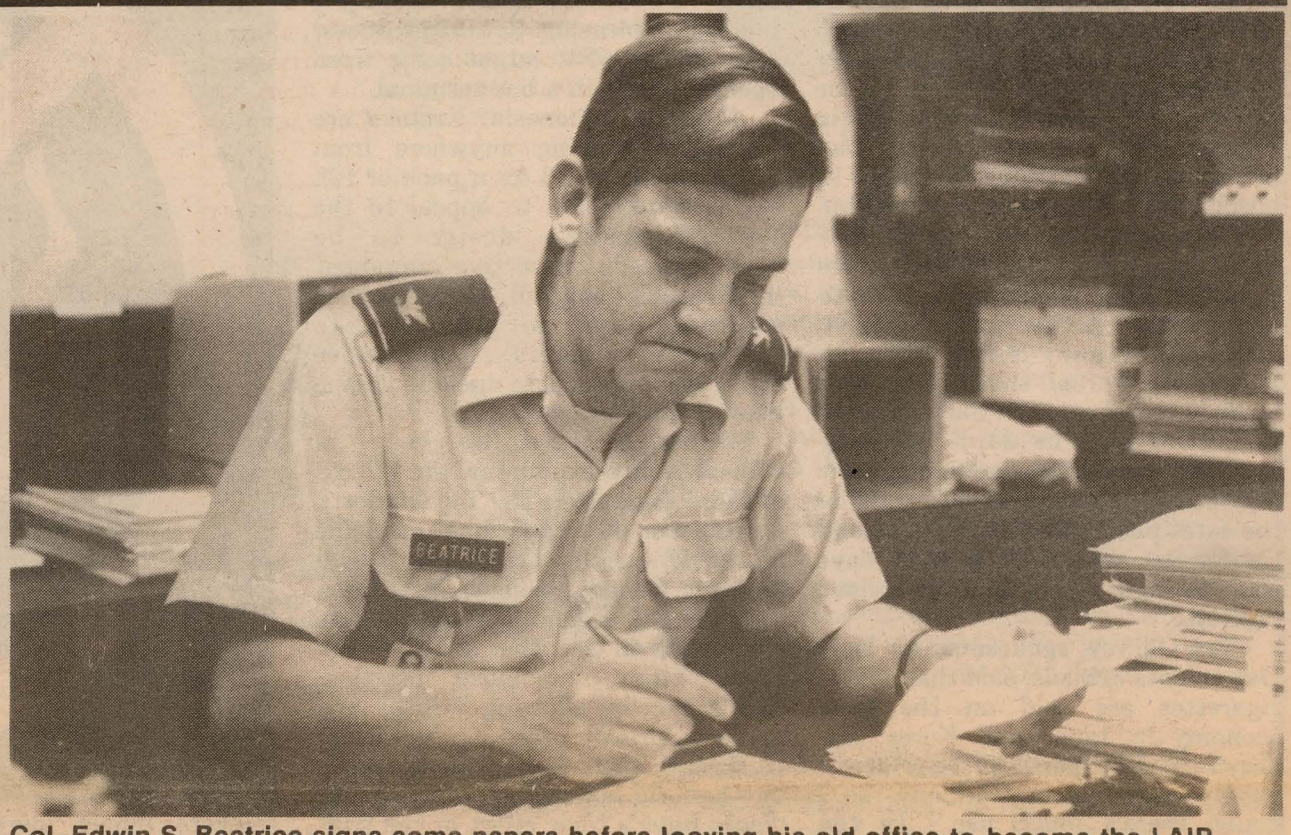
Important note: The post commander has granted permission for Presidio employees to extend their lunch hour in order to attend this event.

Blood drive

Through Presidio community efforts, 422 units of blood were donated during the quarterly blood drive.

Each person is encouraged, if enjoying good health, to share his or her good fortune with others by donating blood at the second quarterly blood drive at the following times and dates:

- **Aug. 22, at the Presidio NCO Club, bldg.135, from 8 a.m. to 2 p.m.; and**
- **Aug. 23, at the Presidio NCO Club, from 7:30 a.m. to noon.**



Col. Edwin S. Beatrice signs some papers before leaving his old office to become the LAIR commander.

LAIR gets new commander

Story and photo by Bob Walker

Neither rain nor sleet nor change of command could keep the new commander of the Letterman Army Institute of Research (LAIR) from his appointed early morning jog.

Dressed in full PT uniform complete with radio and headset, Col. Edwin S. Beatrice was running the day he was to take command of LAIR.

Beatrice took command of LAIR Aug. 9, replacing Col. Thomas F. Zuck, who had commanded LAIR since September 1982.

Concerning his task as the new LAIR commander, Beatrice said that his most challenging task would be to get all of the manpower and resources to do research. New programs to be initiated should bring more money and added manpower to LAIR, he said. "I'd like to see research at LAIR increase by at least 50 percent," he added.

Beatrice came to LAIR in June 1974, as head of the Department of Biomedical Stress. Before assuming command of LAIR he was the chief of the Division of Ocular Hazards.

His specialty field of research is in lasers and their effects on the eyes and skin. He has written more than 100 publications on laser effects.

Those who have worked with Beatrice at LAIR have praise for him.

SFC Vernon R. Farr, NCOIC of the Division of Ocular Hazards, said, "He's easy to work for. He's a very caring person. He listens to people and 'they' talk. He accepts other people's opinions and views. I've seen some officers who wouldn't accept it if it came from the enlisted ranks."

Jack Lund, a civilian research physicist at LAIR, said, "He's a unique person. He has a way of getting things done and working with people. He is very loyal and takes care of the people that work for him. He's always open to hear your problems, whether they are personal or work-related.

"He's multitalented. He's a doctor by training and he's as good an auto mechanic as I know. He likes to get in the laboratory and get his hands dirty."

At the change of command ceremony, Beatrice put out an invitation to officers, enlisted people and scientists at LAIR to come to him with any suggestions they might have that would improve LAIR.

Beatrice has many interests, which include motorcycles, toys, earth satellite stations, computers and electronics. He likes to run, and his favorite music is Chicago, Bruce Springsteen and heavy metal, with Judas Priest his favorite group, as well as a strong liking for classical music—he has played the violin for 25 years.

At home, his wife, Gail, is a homemaker, and, as he said, "She does transcribing and corrects my manuscripts." Beatrice has one son, Christopher, who is working for the summer at Letterman Army Medical Center as a medical illustrator.

Beatrice said he feels he will remain the LAIR commander until he retires. That will give Presidians at least three years in which to spot him jogging early in the morning, listening to heavy metal on the run.

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Opinions

Don't puff life away with 'safe' cigarettes

Billed as herbal, low-tobacco substitutes for regular cigarettes, clove cigarettes, called "Kreteks," are not low-tobacco and may be a health hazard.

In fact, Kreteks actually contain 60 percent tobacco and twice as much tar and nicotine as moderate-tar American cigarettes. Doctors at the Centers of Disease Control (CDC) in Atlanta believe clove cigarettes may be linked to at least one death and 12 hospitalizations for lung inflammation.

Clove cigarettes have been growing in popularity in the United States from 12 million packs sold in 1980 to 180 million packs sold in 1984. However, "It's my feeling, although I don't have proof, that use is down slightly now," said Dr. Sue Binder of CDC. Use may be down following publicity in a national news magazine and other publications surrounding the fatal pneumonia of a 17-year-old Californian who died several days after taking a few drags from a clove cigarette.

Kay Garvey, spokesman for DoD Dependents Schools, said that "clove cigarettes are sold on the local economy in Japan and Korea, but they're very expensive. They aren't legally available in Germany, so I doubt there's much use." In the United States, sale of Kreteks is illegal only in New Mexico.

Some people claim clove cigarettes give the same high as a "low-grade" marijuana, only legal. But an Albany, N.Y., newspaperman who tried one at the request of a colleague reported, "They are harsh and produced a noticeable lightheadedness, but not a pleasant lightheadedness, one akin to what might come from spending time in a bus terminal."

Made in Indonesia, Kreteks are expensive (costing anywhere from $1.50 to almost $3 for a pack of 10), and are marketed to appeal to the young person's desire to be sophisticated. The active ingredient in Kreteks, eugenol, is a natural anesthetic used to give relief to toothache sufferers. Other clove cigarette ingredients include cocoa, licorice and caramel.

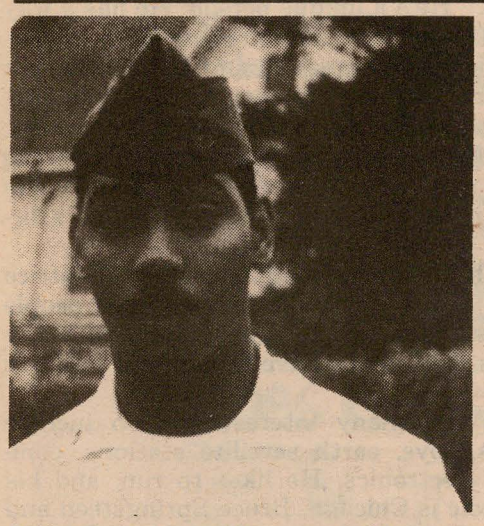
Although there has been no clinical study examining the effects of these cigarettes, Dr. Tee Guidotti, a professor of occupational medicine at the University of Alberta in Edmonton, Canada, believes it is possible that the eugenol and byproducts created when the other additives are burned may immobilize infection-fighting cells, allowing viruses and bacteria already present in the lungs to spread. There is also the possibility that the eugenol or other ingredients have a toxic effect or can trigger an acute allergic reaction.

Furthermore, because of eugenol's perculiar properties, clove cigarette smokers inhale more deeply. Dr. Guidotti is also concerned that eugenol may provide young smokers a pleasant first smoking experience, rather than the nausea and coughing typical of an adolescent's first smoke, thus creating more new smokers.

American Forces Press Service

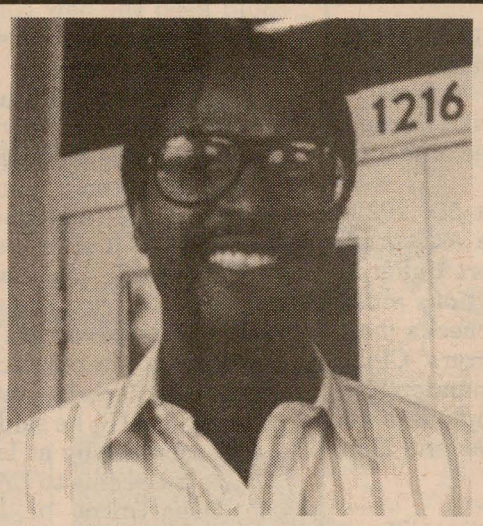
Ramblin' Sam

"How do you handle stress? Does it work?"



Sp4 Morris J. Huffaker, ophthalmic technician, LAMC: "We don't handle it; it handles us."

Margaret A. Smith, secretary, Equal Opportunity, LAMC: "I listen to classical music and read. Sometimes it even works."



George L. Dukes, guidance counselor, Education Center: "I handle it by releasing it exercising and eating the right foods. It really works."

Sp4 Andrea Allen, medical specialist, Ambulatory Internal Medical Clinic, LAMC: "I usually go running, because I like to run. Sometimes I talk to my roommates or go for a long walk. It works for me. Sometimes I take my work home, so I just try to put it aside and relax."

The **Star Presidian** is published weekly by Coast Publishing as a civilian enterprise in the interest of the military and civilian personnel at the Presidio of San Francisco, California.

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Editorial

TERRORISM

On Aug. 12 two bombs were found aboard a West German train used exclusively by the U.S. Army, though they were found before anyone was hurt. Rhein-Main Air Base was attacked not long ago, and two people killed.

The hijacking of TWA Flight 847 and subsequent holding of 39 American hostages for 17 days has brought the subject of terrorism to the forefront of people's minds once again. Some people are beginning to wonder if Americans, and especially American service people both here and abroad, are safe.

The answer, according to Lt. Col. Alexander C. Wylie, chief, Security Operations Division of the Department of Advanced Military Police Training at the Army Military Police School, Fort McClellan, Ala., appears to be: basically, yes.

"Service people should not become paranoid," he said. "The odds of being involved in a terrorist incident are very low." However, Wylie said certain precautions can be taken that may help people avoid becoming victims of terrorist incidents.

The first thing is to become aware of your surroundings. "Look for things out of the ordinary," cautioned Wylie. "If there is someone watching you, your home or the area you work, don't hesitate to report it to law enforcement personnel." Wylie said to look for strangers who loiter (especially people with cameras) in the same general area over a period of time. Be aware of suspicious-looking vehicles that reappear several times a week. "Most of all, report out-of-the-ordinary things that make you take notice."

Wylie said there are other precautions people can take, but those precautions are determined by the level of the threat in the area in which you are living or traveling.

In high-threat situations, Wylie suggested varying your routine. "Leave for work and return home at different times," he suggested.

It's also important to alter the route you take to work. "But be especially careful once you are in close proximity to where you work or live," he said. "Terrorists know that once you get close to those places, it's more difficult to vary your routine." Once again, Wylie emphasized that these precautions should be taken only if the threat warrants it.

People traveling on temporary duty should also take extra precautions. "Travel orders contain a wealth of information valuable to potential terrorists," Wylie said. They usually include complete travel plans, lodging and modes of transportation. In addition, in making travel arrangements, copies of the orders are given out, which makes the travel plans accessible to many different people. Wylie pointed out that higher-ranking individuals should restrict the number of people who have access to their daily itineraries.

When it comes to hijackings, Wylie said there is little anyone can do. However, Department of Defense officials suggested that service people involved in hostage situations remain calm and maintain a very low profile. These officials suggested that service people neither volunteer information concerning their affiliation with the military, nor hide it if asked. They said that if the information is found out later, the repercussions could be more serious.

When making travel arrangements, DoD officials suggested using direct routing, not making note of your military rank, wearing casual civilian clothing and limiting travel within and to high-risk areas.

"Most importantly," Wylie said, "be aware of what terrorism is and know what the threat is in the area you may live or travel." Wylie recommended contacting your service's intelligence people to determine the level of threat in the areas through which you travel.

American Forces Press Service

Dear Editor...

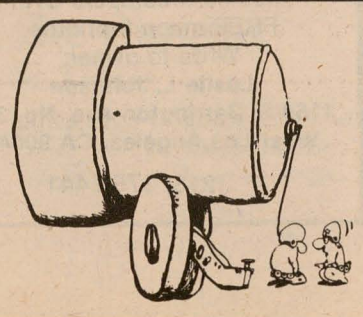
This letter is written to sections of the Presidio community that are serviced by the Installation Property Book Office.

We, as deliverymen, have enough problems making deliveries to buildings that already have substandard access for the type of furniture that we deliver without having to worry about doors that are in need of repair. So if you don't want to be offended by scratched furniture, please call the DEH work order desk and request repairs.

It would help us perform our job without unnecessary difficulties. The numbers to their work order desk are 561-2104 or 561-2105.

Thank you,
Harried Deliverymen
(Names withheld)

The Lighter Side



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Community News

Combat job stress *before* burnout begins

by Bob Walker

The question has been asked, "How do you handle job stress?" Some answer, "You don't handle job stress. It handles you."

It doesn't have to be that way for soldiers and family members at the Presidio. Many resources are available to help you cope with stress.

According to MSgt. Robert McFarland, much of the stress at the Presidio is caused by understaffed duty sections. Because of this, workers become "down and troubled and need a helping hand." The problem of job stress is created by an overabundance of work. Symptoms of job stress may include headaches, lack of energy, backaches, depression, tension, frustration and indigestion. These are but a few of the signs of stress.

According to Jim Willcockson, a biofeedback technician at Letterman Army Medical Center (LAMC), stress can manifest itself in hundreds of ways. He listed pacing the floor, smoking more, biting fingernails and developing ulcers as additional signs of stress.

Willcockson's wife, Capt. Nancy Willcockson, a clinical psychologist at LAMC, added to the long list of stress symptoms with loss of energy, loss of ability to concentrate, loss of motivation, chest pain and dizzy spells.

Capt. Willcockson said, "Job stress can definitely have an effect on family life and quality of work. Lack of motivation and irritability is taken home. Feelings of anger and frustration are expressed at home."

Jim Willcockson said, "People would rather take it out on family members rather than perform the same behavior on the boss. A stressful person may create stress among family members."

The Psychology Service has several programs for stress victims. They teach relaxation techniques and perform biofeedback. Jim Willcockson said, "Biofeedback is safe; you can't OD on it."

Biofeedback uses instruments similar to a polygraph, showing the body's reactions to subjects. The example Willcockson gave was to say he was going to pinch a patient's hand very hard. Without his even touching the patient, the needle soared off the dial.

An anonymous patient of Willcockson's said, "I'm very excited about what we have learned. They carried us through 10 or 12 meetings and stressed relaxation techniques. I learned the techniques very well, practicing twice a day. When they introduced us to biofeedback, they used an instrument to show us how stress is responsive to different things. Stress can harm your health, make you less happy and less effective at work.

"After three or four weeks of relaxation techniques, I came down with a headache on one side. My wife said, 'Try the relaxation techniques.' Within 10 or 15 seconds it went away. I've used the techniques for headaches, and I get rid of them in 10 to 30 seconds.

"Everyone should have a way to manage stress. Everyone has stress. If you don't have stress, you're dead!"

To get started with relaxation techniques and biofeedback at the clinic you must first be examined by a medical doctor to rule out other causes of the symptoms you have. Once other causes have been ruled out, you may receive a consult to the Psychology Service.

If you feel strongly enough that job stress is getting to you, don't let *it* handle *you*. Learn how to handle stress by taking advantage of the resources that are available.

Editor's note: This is the first of a series of articles on stress, how to deal with it, and where to go to find help.

Second career seminar for retirees held

If you are coming up to retirement or leaving the service early—within the next year or so—you could profit by attending a lecture presented by Doug Carter, a retired Air Force colonel, who is currently director of The Retired Officers Association's Officer Placement Service (TOPS).

TOPS has worked successfully with thousands of officers, employers and professional executive search firms. During 1984, this lecture was presented more than 80 times to all services at military installations throughout the United States and at the Pentagon, with each place requesting subsequent lectures because of its success.

Spouses are also invited to attend, since they play an important role in the job search process.

For the retiring officer, this lecture fills a gap not filled currently by the military services. The military services do provide outstanding presentations to officer and senior Noncommissioned Officer (NCO) retirees and resignees, which include such subjects as Veterans Administration retirement benefits, Survivor Benefit Plans (SBP), education, pay and Social Security. Due to a lack of resources and personnel, these briefings do not include the subject of "Marketing Yourself for a Second Career." Since the military does not have an obligation to present a briefing on this subject, qualified people who work in this field are not available within the service communities.

There are many anxieties, traumas and problems associated with leaving the military service, and as a result:

- The average officer or NCO is totally unprepared to begin an effective job search;
- Nine out of 10 officers will write an initial résumé that is not competitive or marketable;
- Most are unaware of rejection shock, the hidden job market, networking, salary negotiation and perks, broadcast and sales letters, professional headhunters and executive search firms;
- A surprising number do not know how to dress for, or particpate in, a successful interview;
- A large number of officers and NCOs wait until they retire before they attempt to enter the civilian job market, and this is a drastic mistake;
- Many will be taken in by executive search firms that are not paid by the employer and, as a result, will lose large sums of money with no positive results;
- The officer or NCO who knows little or nothing about the civilian job market normally will be overqualified and underpaid in the first job he or she accepts.

This list could go on and on with information compiled in more than 25 years of experience by The Retired Officers Association's Officer Placement Service.

In his two-hour lecture "Marketing Yourself for a Second Career," Carter will address many subjects that probably are alien to the retiring officer and probably will be beneficial in the transition to civilian occupations.

Carter does not promise to find anyone a job, but he does guarantee to get people started in the right direction in the initial stages of the job search.

The transition from active duty to the civilian sector is seldom smooth, and most officers and senior NCOs will benefit from all the professional help they can obtain.

The free lecture will be held at the post theater, bldg. 99, at 9 a.m. on Aug. 20.

EGYPT 5,000 Years of History

The Sphinx and the pyramids.

photos courtesy American Forces Press Service

by Evelyn D. Harris

Last week, members of the 16th AG (Postal) left for Egypt and took part in Exercise Bright Star 85.

Egypt, in spite of what some may think, is more than desert and the Nile.

Where can you find an insect and a snake that were once considered sacred, and a bird that acts as a living toothpick for that loud-mouthed reptile, the crocodile?

The answer, of course, is Egypt, land of the Nile, the pharaohs, and a U.S. ally in the Middle East.

The once sacred insect is the scarab beetle, a rather large (for a member of the beetle family) horned creature that gives the appearance of being armor-plated. The ancient Egyptians associated the scarab with resurrection and immortality. Reproductions of its shape and the markings on its head were widely used as talismans and ornaments. Wealthy Egyptians were mummified and buried with jeweled, carved scarab symbols.

The Egyptian cobra, also known as the asp, was sacred as a symbol of Egyptian royalty, who were considered gods. It is believed that Cleopatra used an asp to end her life. At any rate, the Egyptian cobra is not known to have caused any deaths in recent history; it prefers a diet of small birds and toads to one of humans, royal or otherwise.

The Nile crocodile is a member of the only order of reptiles with a voice that ranges from a loud, frightening roar to a low grunt. Baby crocodiles squeak. The crocodile's main food is fish, and they rarely attack man. Crocodiles are the last living relatives of the dinosaurs.

The crocodile bird, also known as the blackback courser, lives on the back of the crocodile and eats the parasites that infest the reptiles's mouth. By their cries, the tiny birds also serve to warn crocodiles of approaching danger.

The land where these animals live, Egypt, has 44 million human inhabitants, making it the most populous country in the Arab world. Ninety-nine percent of the population lives on 3.5 percent of the country's area, on the banks of the Nile and along the Suez Canal. Egypt is mostly desert, and its people depend almost totally on the Nile River for water.

Most Egyptians are farmers or are involved in processing and trading agricultural products. Cotton is the leading agricultural export. As a result of centuries of foreign domination and more recent setbacks resulting from war and the loss of income for the periods the Suez Canal was closed, Egyptians have a relatively low standard of living. But foreign aid, oil income, income from Egyptians abroad, and income from tourism and the Suez Canal are contributing to an economy that is steadily improving.

5,000-year history

Egypt has the longest continuous recorded history of any country in the world—5,000 years. The ancient Egyptian culture was highly developed, with a system of writing and a calendar in use before 3100 B.C. Egypt had 30 dynasties of pharaohs (rulers) beginning around 3100 B.C. and ending in 332 B.C., when it was conquered by Alexander the Great. After Alexander's death, his empire was divided among his generals, and a period of domination by foreign powers began.

In 1882, the British occupied Egypt, which became a monarchy under King Faud I in 1920, with the British retaining extensive powers and a major military presence in the Suez Canal Zone. Egypt was a major base of allied operations during World War II.

A group of military officers, the "Free Officers," led by Lt. Col. Gamal Abdel Nasser, staged a coup d'état on July 23, 1952, and declared Egypt a republic on June 18, 1953. They were motivated by a desire to remove the elements that had traditionally exploited the country. They hoped to raise Egypt's standard of living, develop the country's military and economic strength, and unify the Arab world under Egyptian leadership.

Nasser, who became president in 1956, was a strong Arab nationalist who leaned toward the Soviet Union. He opposed the Baghdad pact, a Western-supported defense arrangement that included Iraq, Egypt's pro-Western rival for influence in the Arab world. Egypt also went to the Soviet Union for military assistance and aid for construction of the Aswan Dam. Egypt and Syria were briefly (1958-1961) joined as the United Arab Republic, but the union dissolved over political and economic incompatibilities.

Egypt adopted its present offical name, the Arab Republic of Egypt, in 1971.

Recent developments

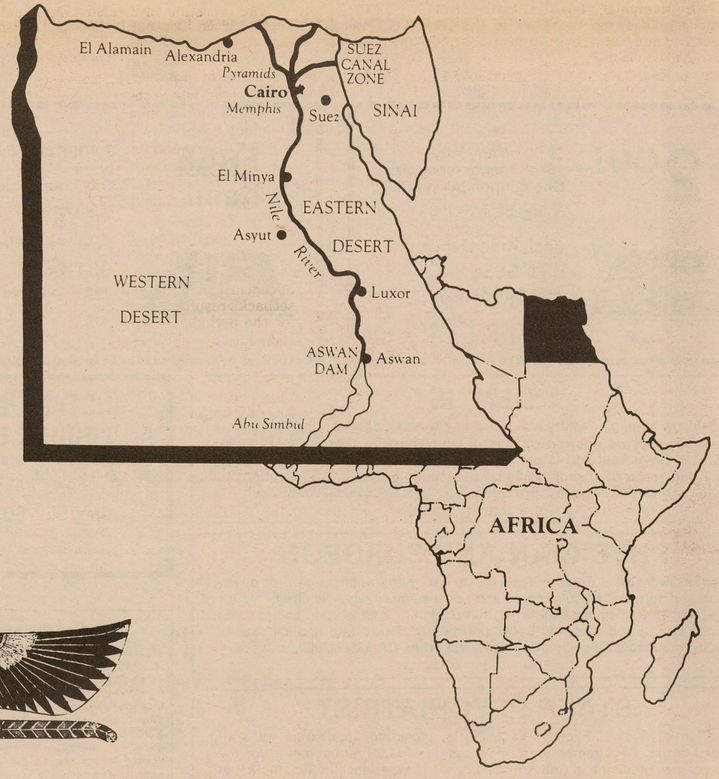
During the Nasser administration, political dissent was not permitted in Egypt. President Anwar Sadat, who came into office upon Nasser's death in 1970, significantly increased the level of democracy in Egypt, but he did not want leftists or religious extremists to interfere with his plans to improve Egypt's economy and bring peace to the Middle East. In September 1981, he instituted a sharp crackdown, arresting some 1,500 primarily Muslim and Christian opposition leaders and banning opposition newspapers. On October 6, 1981, he was assassinated.

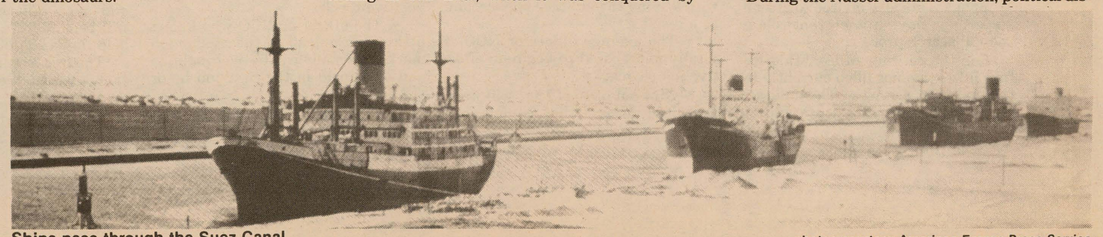
In a national referendum on October 24, 1981, Husni Mubarak was overwhelmingly approved to succeed Sadat. Since President Mubarak came to office, he has worked to restore the good relations Egypt had enjoyed with its fellow Arab nations prior to President Sadat's historic initiatives for peace with Israel. In early 1984, Egypt was readmitted to the Organization of Islamic Countries, and in October 1984, Jordan formally rerecognized Egypt.

U.S.-Egypt relations

During most of the Nasser years, relations between the United States and Egypt were strained. Relations improved when President Sadat came to office, and on February 18, 1974, diplomatic relations between the two countries were resumed. Since then, Egypt and the United States have worked together toward a goal of peace in the Middle East, and the United States has provided substantial economic and military assistance to Egypt.

American Forces Information Service





Ships pass through the Suez Canal.

photos courtesy American Forces Press Service

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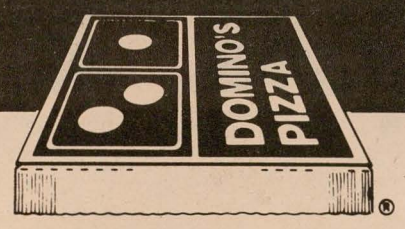

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3-item	$7.71	$11.56
4-item	$8.55	$12.77
5-item	$9.40	$14.04

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12" pizza $.85 per item
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2. Know the phone number and address from where you are calling. Is it a house or apartment? What is the nearest cross street?
3. When placing the order, let us know if you have large denomination bills.
4. Remain by the phone after ordering. We may call back to confirm the order.
5. Turn on your porch light.
6. Have coupons and money ready when the driver arrives.
7. Enjoy your pizza!

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California Medical Facility, Vacaville, is accepting applications for dentist. Requirements are: possession of legal requirements for the practice of dentistry in California; graduation from approved dental school or registration as a senior. Starting salary is $4082 per month. Send State applications to **California Medical Facility, Box 2000, Vacaville, CA 95696-2000.**

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PHYSICIAN AND SURGEON

California Medical Facilty, Vacaville, is accepting applications for physician and surgeon. Requirements are: possession of legal requirements for practice of medicine in California; completion of internship in an approved hospital. Starting salary is $4488 per month. Send State applications to **California Medical Facility, Box 2000, Vacaville, CA 95696-2000.**

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STAFF PSYCHIATRIST

California Medical Facility, Vacaville is accepting applicatins for staff psychiatrist. Requirements are: possession of legal requirements for the practice of medicine in California; one year of experience in the practice of psychiatry, or completion of one year of approved residency in psychiatry. Send State applications to **California Medical Facility, Box 2000, Vacaville, CA 95696-2000.**

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is accepting applications for Surgical Nurse I. Salary is $1897 plus $200 retention pay per month. After six months satisfactory service salary is raised to $1984 plus $200 retention pay. When supervising inmates starting salary is $2078 plus $200 retention pay per month. Requirements are: possession of valid California license to practice as RN; one year of experience as a surgical nurse in licensed facility. Mail state applications to California Medical Facility, Box 2000, Vacaville, CA 95696-2000.

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PHYSICAL THERAPIST II

California Medical Facility, Vacaville, is accepting applications for Physical Therapist II. Starting salary is $1973. Requirements are as follows: possession of legal requirements for practice of physical therapy in California as determined by California Board of Examiners. (Applicants may be admitted to examination prior to meeting these requirements, but the Board of Medical Examiners must determine that all legal requirements have been met before candidates will be eligible for appointment.) State applications are available at E.D.D. in your area. Mail applications to California Medical Facilty, P.O. Box 2000, Vacaville, CA 95696-2000.

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REGISTERED NURSE II

California Medical Facilty, Vacaville is accepting applications for Registered Nurse II. Starting salary is $1897 with $200 retention pay per month, after six months of satisfactory service salary is $1989 pluse $200. Requirements are as follows: possession of legal requirements to practice as a professional Registered Nurse in California and one year of professional nursing experience in California state service as a Registered Nurse or a facility licensed for Inpatient Care. For further information contact the California Medical Facility, Vacaville, 1600 California Ave., P.O. Box 2000, Vacaville, CA 95696.

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Community Calendar

Wives' Club

The Presidio Officers' Wives' Club and the Letterman Auxiliary invite all officers' wives to a Fall Activities Sign-Up Coffee Thursday, Sept. 5, at 10 a.m. at the Presidio Officers' Club.

Anyone interested in teaching a class, craft or other activity, please call Judy Rittman at 563-6389, Doreen Roksvaag at 751-7619 or Becky Hawksley at 929-0842.

Intern positions

The U.S. Army Forces Command (FORSCOM) is now accepting applications for Comptroller career intern positions. The positions in the Comptroller career field include: management analyst, program analyst, accountant, auditor, budget analyst, operations research analyst and other positions in the financial management field.

The Comptroller career intern program is designed so qualified individuals can enter a formal training program that will meet the long-range Comptroller field staffing needs.

Only candidates with competitive status, Veteran's Readjustment Act (VRA) eligibility for appointment under the severely handicapped or 30 percent or more Compensably Disabled Veteran Employment Program may apply.

Application packages can be picked up in the reception area of the Civilian Personnel Office, bldg. 37.

For more information about eligibility, call Tarrie Makovec at 561-5753.

photo courtesy San Francisco Zoo

The 'bear' facts

"Clarry" and "Frosty," two young male koalas, will make their public debut at the San Francisco Zoo's new Koala Crossing on Aug. 22. The zoo is open from 10 a.m. to 5 p.m.

College courses

On-post college courses from San Francisco State University begin Aug. 26. If you have less than two years of college, chances are you could benefit from one of these:

First Year Written Composition (ENG 114). This is freshman college English and is needed by everyone. It meets Tuesdays, from 6 to 8:45 p.m., for 16 weeks. The instructor, John Heinbockel, has earned rave reviews from soldier students.

Intermediate Algebra (MATH 104). Your counselor can help you determine whether this is the right course for you. It meets Thursdays, from 6 to 8:45 p.m., for 16 weeks.

History of Western Civilization (HIST 110). Almost everyone can use this course toward a degree. Instructor George Germany delivers fascinating lectures. The class meets Mondays and Wednesdays, from 6 to 8:45 p.m., for eight weeks.

Classes are open to everyone. Tuition for each course is $205.50. To register or apply for tuition assistance (soldiers only), visit the Fort Scott Education Center, bldg. 1216, or call 561-2974, or the LAMC Education Center, bldg. 1007, at 561-4030.

Chapel news

The *Lovelights* are a vibrant, dynamic gospel group of young professionals. They will present drama, choreography and music for an unforgettable "love" experience. Their performance, sponsored by the Post Chapel, will be Thursday at 7 p.m. in the Post Chapel.

Ken Edwards, a former Army chaplain, and his wife, Rosali, are coordinators of the Beulah Retreat and Conference in North Carolina. The *Lovelights* are a part of the Beulah ministries.

...the write stuff...

by Ted Weller

Warning, warning, WARNING don't try and drive on Market Street between Fremont and Eighth Streets. Last week MUNI...Municipal Railway...started a nine-month trial period of public transit on Market.

WOW!...and I thought the traffic in Tegucigalpa was tough...with all those islands on Market, it is easier to take a bus or transit the downtown on either Bryant or Howard.

If you catch any number bus on Market, there are brochures available explaining the changes along with a map obtainable from a MUNI driver, Metro Station Agent, AC Transit Ticket Agent, City Hall Information Booth or MUNI headquarters on Presidio Blvd. at Geary...WOW!!!!

What's doing...

The SS Jeremiah O'Brien, at Pier 3, Fort Mason, will be open to the public tomorrow and Sunday from 11 a.m. until 4 p.m. Tour the last operating "Liberty Ship" and its four-story engine room and see the machinery in operation. Cost for admission is $3 for adults, $1 for children and $6 for families. Call 441-3101 for more information.

The Stern Grove Midsummer Music Festival...Sunday at the Grove...will close its 1985 season with highlights from the San Francisco Ethnic Dance Festival featuring authentic regional dances of many lands. International ensembles dressed in colorful folkloric costumes will demonstrate their virtuosity supported by their own live music. Swirling begins at 2 p.m. in the Grove, 19th and Sloat Avenues, and, as always, admission is *FREE!*

What is the difference between R2D2, C3PO and the real robot world? Find the answers tomorrow and Sunday at the Lawrence Hall of Science, Centennial near Grizzly Peak, in Berkeley. FREE demonstrations, films, workshops, interactive exhibits and special shows are all part of the plan to illustrate the difference. Admission is $2.50 for adults and $1.50 for kids. Call 642-2275 for information.

To complement San Francisco's Old Street Car Festival on Market Street, the Exploratorium will screen its rare classic *A Trip Down Market Street, 1905,* and other films tomorrow and Sunday, from 1 p.m. until 5 p.m. The Exploratorium is located inside the Palace of Fine Arts at the bottom of Lyon Street.

The San Francisco Mime Troupe will present *Crossing Borders—A Domestic Farce,* tomorrow at 2 p.m. in the Golden Gate Park Panhandle, Baker Street and Masonic Avenue. Admission is FREE...what else??

The San Francisco Arts Company presents *Godspell—San Francisco '85,* tomorrow at 8 p.m. in the Mercy Theatre, 3250 19th Avenue. Admission is only $5. Call 647-6128 for information.

There will be a FREE IBM PC users group meeting this Monday in Building A, Fort Mason Center. Call 386-3735 for information.

Latent Images Department

American magazine photographers are honored in Kodak's 60-piece photography exhibit in the One Market Street Plaza Lobby. The photos, representing the imagery and techniques of state-of-the-art photography, were all taken for corporate, advertising and editorial uses. Admission is FREE and the exhibit is open from 7:30 a.m. until 6:30 p.m.

Photography by Anne Leibovita is offered at the Stephen Wirtz Gallery, 3345 Sutter. Leibovita, a chief photog for *Rolling Stone Magazine,* during the '70s, has been published internationally since in *Paris-Match, Vanity Fair* and others. Exhibition is FREE, Tuesday through Saturday, from 10:30 a.m. until 5:30 p.m.

Reunion Corner

For veterans of the Battle at Plei Me Special Forces Camp, a 20th Anniversary Reunion has been planned for October this year. For information write: The Plei Me Society; 1807 N. Gramercey Place, No. 3; Hollywood, CA 90028, or call (213) 461-7804.

FREE!!!!!

FREE guide: AT&T is offering its 80-page Guide to Temporary Military Lodging FREE to all callers. The guide includes addresses and telephone numbers of temporary lodging and childcare facilities for most military installations in CONUS. The guide is available by calling, TOLL-FREE, 800-551-3131, ext. 660.

This week's question: If buildings 228 and 229 were built in 1909 and 1897, respectively, as bakeries, what was building 220 originally designed and built for in 1939?? About the Castillo de San Joaquin: it was located on Cantil Blanco or the white (chalk) cliff that was demolished to make way for Fort Point...no one said these were going to be EASY...!!

At the movies

Presidio Theater

Fri,	Aug. 16	Prizzi's Honor (R)	7 p.m.
Sat,	Aug. 17	Goonies (PG)	2 & 7 p.m.
Sun,	Aug. 18	Goonies (PG)	2 & 7 p.m.
Mon,	Aug. 19	Goonies (PG)	7 p.m.
Tue,	Aug. 20	The Killing Fields (R)	7 p.m.
Wed,	Aug. 21	The Company of Wolves (R)	7 p.m.
Thu,	Aug. 22	Lifeforce (R)	7 p.m.

Schwartz Theater

Mon,	Aug. 19	Prizzi's Honor (R)	7 p.m.
Wed,	Aug. 21	Goonies (PG)	7 p.m.
Thu,	Aug. 22	The Killing Fields (R)	7 p.m.

Hamilton Theater

Fri,	Aug. 16	The Falcon and the Snowman (R)	7 p.m.
Sat,	Aug. 17	The Sword in the Stone (G)	1 p.m.
Sat,	Aug. 17	Heartbreakers (R)	7 p.m.
Wed,	Aug. 21	Avenging Angel (R)	7 p.m.
Thu,	Aug. 22	The Last Unicorn (G)	7 p.m.

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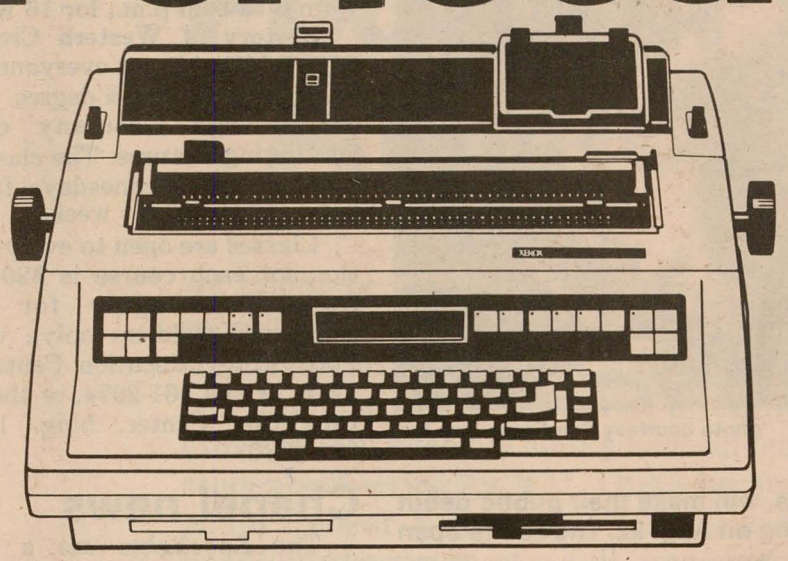

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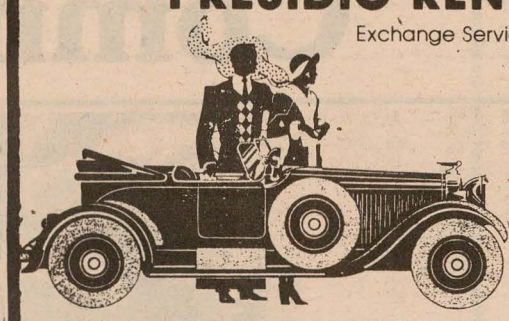

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Sports

Boardsailing championships

Story and photo by Bob Walker

Presidio commissary patrons began seeing more than the usual boardsailing at Crissy Field Beach Aug. 9 and 10.

Hundreds of sports enthusiasts were there, about 150 of whom competed here in the national boardsailing finale for the year. It concluded on Sunday, as the winners made their mark.

Boardsailing is a fast-growing sport. According to Alexander B. Kahan, public relations spokesman for the event sponsors, "Boardsailing is the fastest-growing sport. There are more people boardsailing in Europe than those who ski. Boardsailing is the biggest sport in Europe."

The competition held here provided three events for both professional and amateur boardsailors.

The big event, providing the most excitement, was the slalom. The slalom event uses a shorter board that moves faster and is more difficult to control.

The traditional board is longer and is used for both wave competition and traditional triangle racing. Kahan explained that the wave competition is judged like surfing, based on maneuvering and performance, while traditional triangle racing is like traditonal yacht racing.

Kahan said, "It's easy to pick up and learn in a few hours using dry land boards with wheels. It's a good recreation sport for the family."

According to Kahan, some top winners competed here, including defending world champion Robby Naish, from Hawaii; silver medalist Scott Steel, in the wing glider competition, from Maryland; and Ann Gardner Nelson, a silver medalist in the freestyle, from San Diego.

Angela Cochran, a professional boarcsailor who took part in the competition here, said, "I had to get a job, so I taught boardsailing. I've been traveling all summer." She said that she's from Florida, but lives in Hawaii. Cochran added, "You sail every day to prepare—you just have to practice, you don't have to exercise. My goal is to be the best and create a better image for women internationally."

Nancy Robberson, an amateur boardsailor from Michigan, has been active for five summers with the sport. She ran a boardsailing rental and school operation for three summers in Massachusetts. She said, "I've raced pretty much all over the country—the Great Lakes, the Atlantic

A boardsailor warms up for the National Boardsailing Competition held off Crissy Field Aug. 9 and 10.

and now the Pacific. I love sailing in the bay at Crissy Field. It's a beautiful place to sail. The choppy conditions make it challenging to keep the board down.

"Most boardsailors I know try to respect the ferries, even though, being non-motorized, we have the right-of-way. Safety is a big factor.

"I really like it here. All the people here have been very, very nice—which makes it nice to sail here. The local boardsailors are very nice and considerate. I've gotten a real feeling of camaraderie here. That's what makes it nice."

According to Kahan, the event will return here next year and will be bigger and better than ever.

For those who have always wanted to give it a try, now might be a good time to get started. When next year's competition comes to Crissy Field, maybe you can mingle with the pros and someday follow the circuit yourself.

Freak picks teams of the week

Hellooooooo... It's been too long, hasn't it? The doctors are encouraged with my progress, and they've got me down to a 12-volt battery for my shock teatments. Listen...dementia isn't what it's cracked up to be! Anyway, my physicians decided that I should stay away from professional sports for a few months...so I watched a lot of USFL games and spent plenty of time with the Giants. Watching those guys makes you really appreciate primal scream therapy let me tell ya. Since the NFL has begun summer training, I thought I might as well depress you readers with my annual predictions.

NFC West: *San Francisco* will not win as many games this year as they did in 1984, but only because they have a more difficult schedule and every other team will be "gunning for them." They still will win most of their games and, probably, represent the NFC in SuperBowl XXI.

Los Angeles will pose a minor threat to the Niners, *if* the Rams really block for good old Dieter Brock. Signing this guy shows you how desperate they are to be able to pass the ball nearly as well as Dickinson can run it.

NFC Central: *Chicago* will not dominate other teams as they did last year...but I wouldn't like to meet any of their defenders in a dark alley, either. That wasn't an eclipse...their new tackle, "Refrigerator" Perry, tends to blot out the sun when he hauls his 350 pounds onto the playing field. If Jim McMahon stays healthy, the Bears will be the 49ers' biggest challenge.

Green Bay was one of the best teams in the NFL last year, but only for the last several weeks. Then again, if you had to work for a coach who weighs 260 pounds and has a bad temper...well, you get the idea...

NFC East: *St. Louis* is on the threshold of having a great team. The only thing lacking has been consistency. These guys were a bettor's nightmare...they never did as well as they should against weak teams, and seemed to demolish those teams with better records. Neil Lomax is close to Joe Montana as the best quarterback in the NFC.

Washington seems ready for a slide, mainly due to advancing age. But good old Bum Phillips gave them George Rogers for two Wendy's hamburgers and some Nevada beachfront property. His addition puts the 'Skins a little ahead of *Dallas*, who have a bad case of the "shorts"; they're short of offense, they're a little short in the defense and they're a bit short in common sense by letting Danny White start at quarterback. The only good thing about the "shorts" are the ones worn by their cheerleaders.

Next week—the AFC.

Sports briefs

Tennis lessons

Don Low, a nationally recognized "Pro to the Stars" tennis professional, has been contracted by the Sports Branch to give private or group lessons on the Presidio.

Private lessons are $20 for a half-hour. Group lessons' costs are pro-rated among the students based on $20 for a half-hour. For example, if five students are in the group, the cost would be $4 for each person.

Low participated in seven amateur tours throughout the world, and toured with such tennis greats as Pancho Gonzales, Art Larsen and Gussy Moran. In his book, Bobby Riggs acclaims Don Low as one of the most qualified pros in the business.

People interested in signing up for tennis lessons are urged to contact the Presidio Sports Office at 561-4120 or 561-5032 for more information.

Softball championship

DEH, the dark horse of the tournament, jumped to an early lead against the Attorneys and hung on for an 8-7 victory in the opening game of the tournament. Other first-round winners advancing to the second round included LEC over Garrison, 7-0; LAMC No. 2 outlasting MSC, 4-3; and the FBI overpowering AAFES, 11-1.

The second round featured the four seeded teams taking on the winners of the first round. League champion LAMC No. 1 came from behind to defeat DEH 4-3, and avenge their only loss of the season. Company H, DLI-SF surprised LEC 10-4; Oakland won over LAMC No. 2, 7-4; and the Six Packers prevailed over the FBI, 5-2.

Semifinal games in the winners' bracket will pit LAMC No. 1 against Company H, DLI-SF, and Oakland will take on the Six Packers with the winners moving on to the finals.

In the losers' bracket of the double-elimination tournament, MSC goes against DEH, AAFES faces LEC, the Attorneys will challenge LAMC No. 2 and Garrison will take on the FBI.

On Monday, starting at 6 p.m., the finals of the losers' bracket will be played, with the winners going for the championship on Tuesday, at 6 p.m., at Fort Scott Field No. 1. The awards ceremony will be held following Tuesday's championship game.

Come on out and watch topnotch softball played at the Presidio.

Bowling team roll-off

The Presidio of San Francisco will enter a team in the Northern California Armed Forces Bowling Traveling League. The team will be selected by a 24-game roll-off held Aug. 24 and 31. The team will be composed of active duty personnel only.

Entering average: 170—must be verified by your league secretary or published in the 1985 Association Average Book.

For more information, call the Presidio Sports Office at 561-4120 or 561-5032.

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WHERE YOU GET CREDIT

Peace in the Pacific: the Japanese surrendered 40 years ago, **pages 6 & 7**

...the write stuff...: where to go when you've got "barracks blues," **page 9**

Jimmy the Freak: outrageous picks of the season, **page 11**

Star Presidian

Vol. 28, No. 34 "Published in the interest of the people of the Presidio of San Francisco." August 23, 1985

News briefs

16th AG Postal returns

The end of training exercise Bright Star '85 in Cairo, Egypt, has brought home to the Presidio half of a group of soldier mail handlers who served 30 days there.

Sp4 Dennis Tolland, Sp4 Cassandra Sharpley and Sp4 Anthony J. Anderson, all from 16th AG Detatchment (Postal), a part of the Rapid Deployment Force, returned to San Francisco from the desert on Sunday.

According to the unit commander, 1st Lt. John Bradley III, the four soldiers who remain in Cairo are providing mail service to soldiers and airmen who are finishing the redeployment of training units. Those four soldiers are scheduled to fly in this weekend.

Bright Star is an exercise that sees about 20,000 members of all the armed forces participate every two years.

Women's Equality Day

Lt. Gen. Robert Arter, 6th U.S. Army commander, will be the kick-off speaker at Monday's Women's Equality Day luncheon.

Lt. Gen. Arter's speech will be entitled "Women in Leadership Roles," according to Brenda Saénz, Federal Women's Program manager.

The luncheon will be held from 11:30 a.m. to 1 p.m., at the Presidio Officers' Club on Monday, and the general theme will be "'80s Women in Leadership Roles."

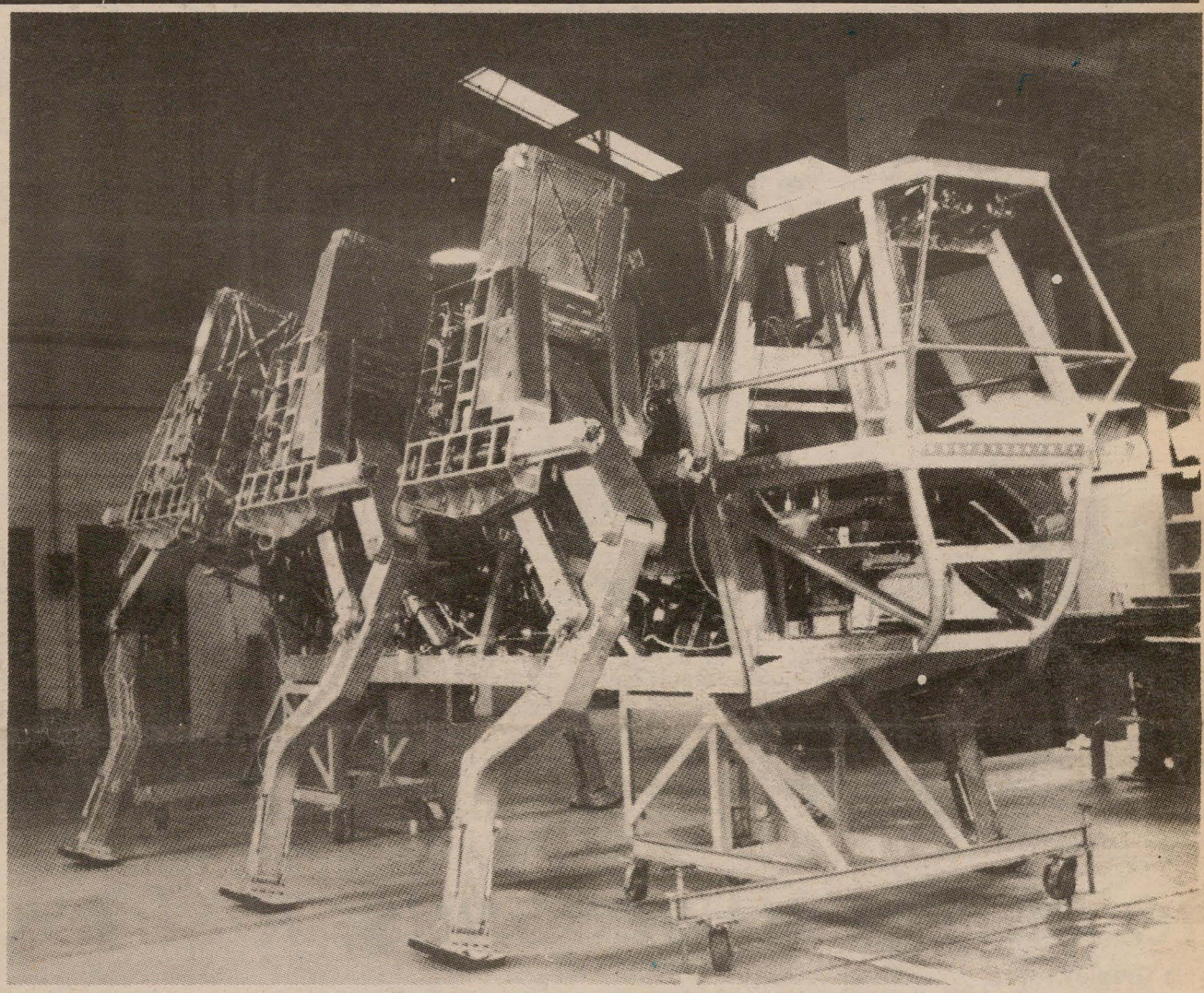
For more information, call Brenda Saénz at 561-2022, Evon Riley at 561-2040 or Melodye Austin at 561-3033. The point of contact for Fort Baker is MSgt. Jimenez, at 561-7363.

Important note: The post commander has granted permission for Presidio employees to extend their lunch hour in order to attend this event.

Electrical shutdown

An electrical power outage is scheduled tomorrow, from 7:30 a.m. to 4:30 p.m.

Buildings to be affected are: T-2, T-3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 34, 35, 36, 37, 38, 39, 40, 41, 42, 45, 49, 50, 105, 124, 127, 128, 129, 135, 204, 207, 210, 212, 214, 220, 222, 223, 227, 229, 230, 231, 237, 249, 250, 252, 280, 283, 284, 285, 286, 287, 288, 289, 290, 603, 605, 606, 609, 617, 628, 629, 640, 643, 644, 649, 650, 651, 653, 654, 661, 662, 663, 667, 668, 902, 903, 904, 905, 906, 907, 908, 909, 910, 911, 912, 913, 914, 915, 916, 917, 918, 919, 920, 924, 926, 934, 1160, 1165, 1171, 1182, 1183, 1184, 1185, 1186, 1187, and 1188.



Robots like this mechanical walker could bring a whole new light to battlefield strategy.

Robots take to the battlefield

by Donna Bolinger

A tank ranges toward enemy lines and fires a lethal salvo—without a driver or fire control specialist inside...

A ship steals into the enemy's harbor at night, performs its mission and escapes without endangering its crew—because there is none...

A pilotless aircraft flies far behind enemy lines, gathers valuable information and relays it back to headquarters...

Mind boggling? Yes! But distinct possibilities if the new generation of computing technology evolves as expected, according to a Defense Advanced Research Projects (DARPA) report, "Strategic Computing."

Someday, robots could save American service member's lives the report states. They might take over dangerous military missions, act as moving sentries, conduct reconnaissance or mapping missions, test for nuclear, biological and chemical contamination, even haul ammunition or weapons over rough terrain.

Unlike typical robots that operate from a fixed location or move along a track, these vehicles will steer themselves over virtually any terrain, recognizing landmarks and even avoiding obstacles.

DARPA, the DoD agency charged with conducting the Defense Department's most advanced scientific research, is already at work testing two types of automated vehicles that could have valuable battlefield applications.

The first is the autonomous land vehicle, a boxy, 12-foot high, 16,000-pound vehicle with eight wheels. It uses a television camera and laser radar to "see" what's ahead. Based on this information and programmed terrain data, it eventually will be able to tell if a dark spot in its path is a shadow from a tree, a fallen tree limb that can be traversed safely or a heavy log that requires a detour. If necessary, the vehicle will change its course to avoid an obstacle, or even "plan" a different route to its objective.

DARPA engineers hope to refine the vehicle so it can move at speeds of up to 40 miles per hour.

Also in the testing phase is a mechanical walker that looks like a giant aluminum locust, but is expected to be able to gallop like a horse or sidestep like a crab. DARPA officials project that

please see page 3

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Opinions

TAKE A BITE OUT OF CRIME

Larcenies make up about a third of all crimes reported to the Presidio Military Police. At least 40 percent of these larcenies involve property that was not secured.

The absence of protective measures to protect your property invites its theft, misuse or temporary loss. What degree of protection you choose to give to your property should reflect directly your concern for keeping it.

Bicycles currently are the single most preferred item by post thieves. The ones being taken are the expensive, multi-speed bicycles, preferably unsecured or secured with cheap, easily compromised locks.

Bicycles should be secured with a heavy chain and a strong lock that is threaded through the frame and tires of the bicycle and attached to a permanent object. A strong padlock, with a case-hardened shank is recommended.

Bicycles left unattended for a long time invite theft as well. To reduce a thief's opportunity to steal your bike, do not leave it unattended for a long time. If you must leave it outside overnight, park it in a well-lit area and *always* secure it.

If your bicycle does not have serial numbers already engraved on its component parts, engrave them with your driver's license or Social Security number. If your bicycle is stolen and afterwards recovered, this will help the police trace the parts back to you. If you do not have access to an engraving tool, call the Military Police Crime Prevention Section at 561-5011, and they will loan you an engraving tool to mark your property.

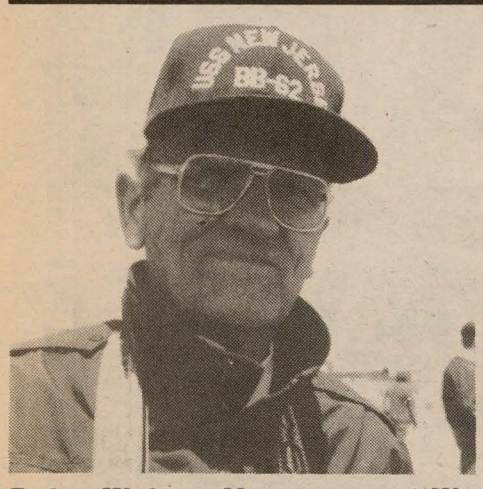
Also, you can help the Military Police by reporting any suspicious activity by calling 561-2251 or 561-2252.

And do your part and help stop fraud, waste and abuse of your TAX dollars. REPORT IT. The Presidio Fraud Hotline is 561-3578. (All calls are kept confidential.)

Ramblin' Sam

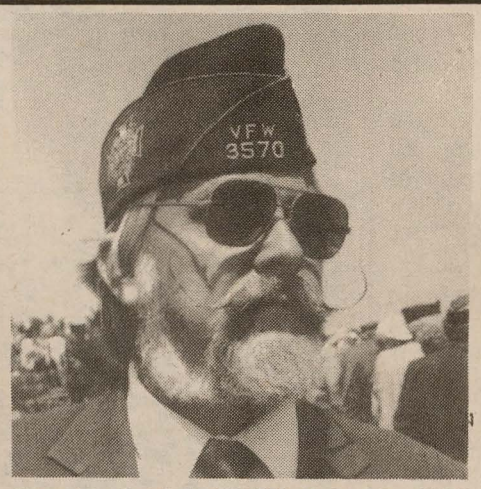
by Joseph A. Hirsch

"What are your feelings about the Peace in the Pacific ceremony?"

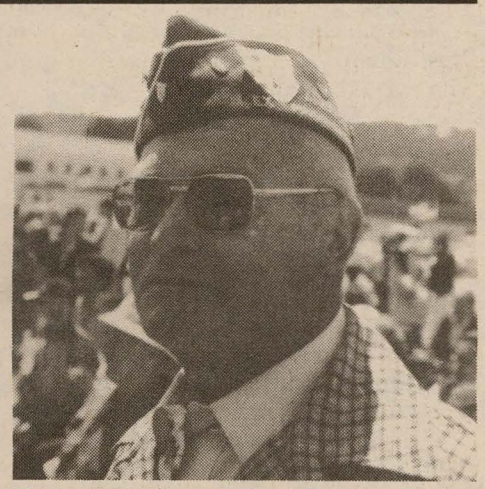


Dale Waltz, Navy ret.: "We remember by this kind of ceremony, that we are privileged to have justice, rights and freedom in this country. I'm proud that we can gather here and show our responsibilities towards those things, too."

Earl Gauthier, USAF ret.: "I enjoyed everything about the ceremony and I especially liked Gen. Larsen's speech. The fact that we could hear everything going on aboard the Enterprise was very good. It [the ceremony] made me very proud."



Stan R. Ornfelt, VFW, Post No. 3570: "I thought the ceremony as a whole was very well done. It shows that our country's patriotism isn't dead. It was nice to see so many young people."



Walter Karkut: "Seeing the Enterprise and New Jersey, and hearing Vice President Bush say we should stay prepared, made me very proud to be here. America appreciates what the fallen men did for her."

He saved 10 seconds, lost everything

by Liz Greeley

Mists part and a sign ahead reads "Pearly Gates Accident Registration."

An official with a clipboard and an AR (Accident Registration) armband is walking down a line of registrants with a checklist.

"Name?"

"Sgt. Joe Tentpeg, SIR!"

"The 'Sir' isn't necessary, Joe, we're all on a first-name basis here. Type of accident?"

"Privately owned vehicle."

"You were driving your car?"

"Yes...uh...Al, that *is* what your nametag says, isn't it?"

"Yes, Joe. Now, tell me, what happened?"

"Well, I was on a PCS (uh, that's a permanent change of station) move to Germany. I was driving across country with my family. I...I guess I fell asleep at the wheel, Al. My wife, Sandra, and my two kids aren't here, are they?"

"No, Joe. And the information checks, you did fall asleep at the wheel.

"Were you wearing your seat belt, Joe?"

"Uh...well, no Sir, I mean, Al."

"(Sigh.) What about your wife and children, Joe?"

"Oh, yes! I always make them buckle up and 'make it click,' I tell them. I wouldn't want anything to happen to my family."

"Why weren't *you* buckled up, then?"

"Well, see, Al, it was like this. I *was* buckled up. But I stopped to put some gas in the car at one of those self-serve gas stations, and when I got back in the car...I...well, I guess I forgot."

"Nooo, that doesn't check, Joe. According to my records, you got back in your car, *thought* about fastening your belt and decided, 'Hey, I'm too tired and it's only 50 miles to Dad's anyway.' And I quote."

"How did you know that?!"

"Joe, remember where you are. We're in the business of knowing these things."

"Oh."

"Didn't you know that in fiscal year 1984, 205 soldiers died in car accidents, and nearly 2,000 soldiers suffered non-fatal injuries, according to Jim Lopez, a safety manager at the Pentagon?"

"No, I didn't."

"Well, you would have if you hadn't skipped over that safety article in *The Fort Podunk Gazette,* Joe. Also, you'd know that the National Highway Traffic Safety Administration estimates that safety belts reduce the chances of serious or fatal injuries by *60 percent.*"

"Really?"

"Would I lie, Joe? Besides, based on those figures, Army safety officials estimate that 120 soldiers would survive fatal accidents *each year,* if they all were to wear safety belts—soldiers like you, Joe."

"Gee, I didn't realize..."

"Tell me one more thing, Joe. When you got back in your car at the gas station, with Kim and Kenny asleep in the back, did you stop to think about what they and Sandra—since they *were* buckled up—would do without you, in case something did happen on those last 50 miles? What will they do now that you're gone, Joe?"

Joe couldn't answer. He stood with head bowed as a single tear coursed a wet, silvery trail down his cheek, and disappeared.

"It's such a shame, Joe. It takes so little time to buckle up, and make it click.

"Next?"

(Editor's note: Labor Day marks an Army-wide seatbelt awareness campaign called "Make It Click—Buckle Up." Labor Day through Memorial Day is traditionally the highest-casualty period of the year.)

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Robots from page 1

within the next decade, it should be able to gallop at speeds up to 25 miles per hour, go 100 miles without refueling, climb a 60 degree slope, cross a 10-foot ditch and scale a five-foot obstacle.

DARPA scientists, working with industry and university research scientists, are spending this summer and fall teaching the vehicle to walk. Its scanning mechanism will send instructions about the terrain to onboard computers that coordinate the leg movements. Once the machine learns to walk, scientists plan to remove two of its six legs so it can run, an even greater test of coordination and balance.

And while the mechanical horse now requires an operator that steers it from a cockpit, DARPA plans to redesign it so it, too, can go unmanned.

Dr. Clinton W. Kelly III, director of DARPA's Engineering Applications Office, said the vehicles are designed to fill a void that's plagued the Army since it put its last "combat" horse out to pasture during World War II and discharged its mules in the 1950s. Kelly said about half of the earth's land surface is just too hilly, rocky or wet for conventional vehicles, and that a "legged" vehicle that could traverse such surfaces with heavy loads might result in significant tactical advantages.

Kelly said the vehicles could bring a whole new light to battlefield strategy, and that if the same technology were applied to aircraft and ships, it could alter war altogether.

In addition, the robots will offer "immunity from stress and fatigue," Kelly said, because they will continue working hour after hour, even under uncomfortable or dangerous circumstances, saving precious manpower for other jobs.

The concept of vehicles that move autonomously isn't new. DARPA, in cooperation with the defense industry and several universities, has been researching the possibility for almost 20 years. Kelly said that within the next 20 years, unmanned vehicles could be assigned many of DoD's most dangerous and laborious jobs.

The United States isn't alone in the drive to come up with a vehicle. Already the Soviet Union has a six-legged "mechanical mule" that's used in Soviet forestry projects. As shown on a videotape obtained by Ohio State University engineers during the 1970s, the Soviet vehicle straddles a log, picks it up with claws mounted on its underbelly, lugs it to a road, folds down a wheel from each of its six legs and rolls away.

And not surprisingly, Japan is coming up with commercial applications for the walkers. One Japanese robot that resembles a giant spider is being used to maneuver huge boulders in Tokyo Bay for seawall foundations. Meanwhile, Japanese engineers are designing a walker to repair and maintain irradiated areas of nuclear power plants.

American Forces Press Service

Pentagon warning system tracks vulnerable asset

by Donna Bolinger

The Pentagon recently installed an early warning system to track its most vulnerable asset: manpower. The system, just put into operation, is designed to detect troop shortages before they start.

Today's recruiting picture is bright. In fiscal year 1984, a bumper crop of recruits, in terms of aptitude and numbers, joined the armed forces.

The dilemma facing defense manpower planners: how to maintain this trend in a climate of reduced youth unemployment, an improving economy and more intense competition for available manpower?

The early warning system is designed to help. While the system isn't a crystal ball, DoD officials stress, it offers at least an indication of what's ahead for recruiters.

The system predicts dips in recruiting nine months before they happen. Projections are based on demographics, economic and unemployment forecasts, and current recruiting rates and resources. New variables can be plugged into the program as well.

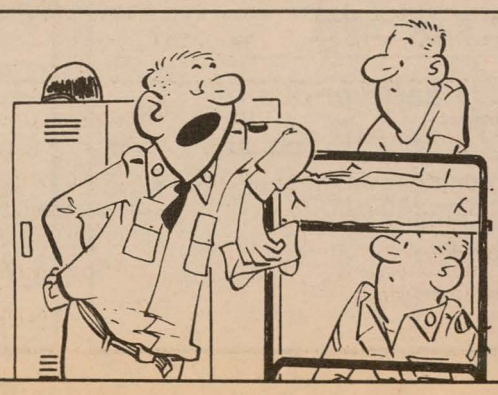
"The early warning system can tell us that given these economic conditions, this number of youth is recruitable," according to a DoD accessions policy spokesperson.

When the numbers fall short, the one variable that can be controlled—recruiting—can be pumped up. That means more recruiters, more recruiting ads and more recruiting markets.

The system is expected to help eliminate manpower shortages such as those that plagued the services during the 1970s, DoD's bleakest recruiting days since the end of the draft.

American Forces Press Service

The Lighter Side



"Then, looking him straight in the eye, I said, 'You can't transfer me to another outfit! Who'd take me?'"

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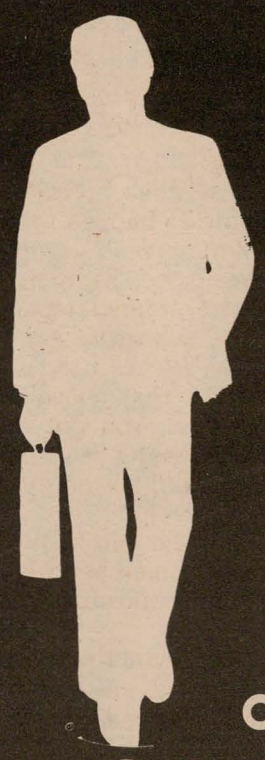

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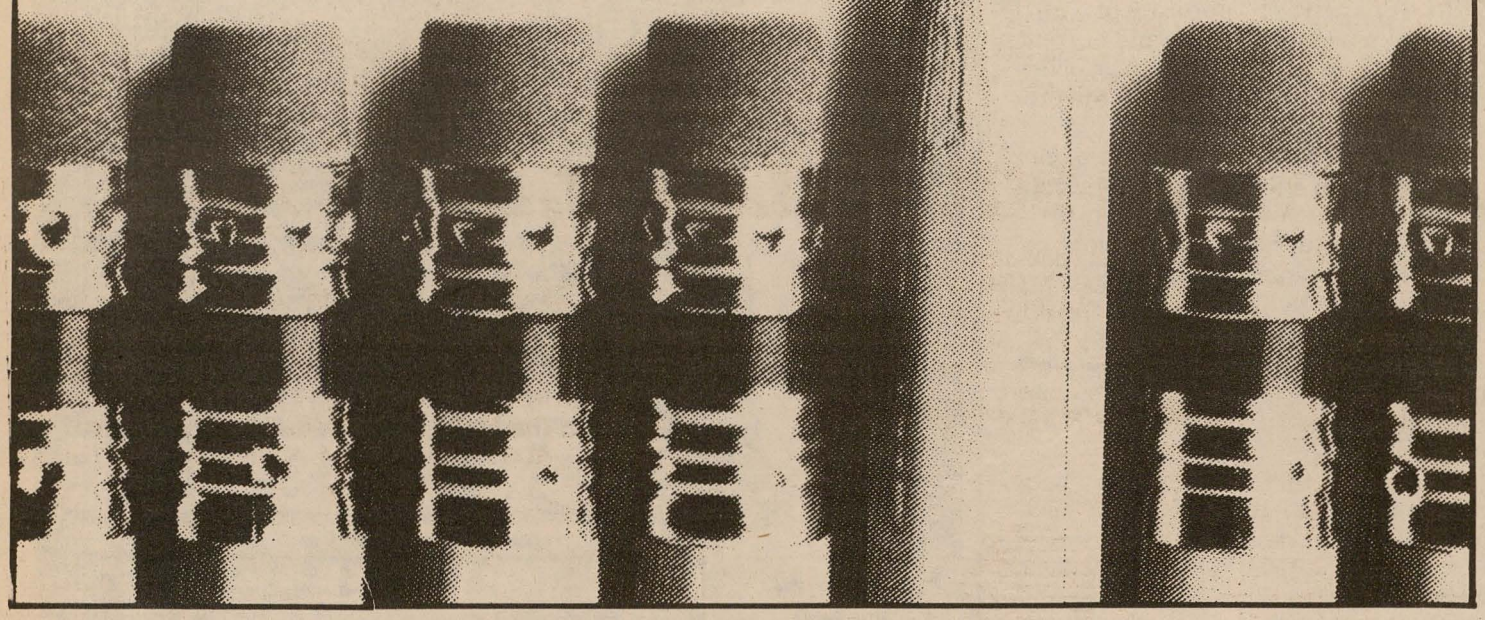

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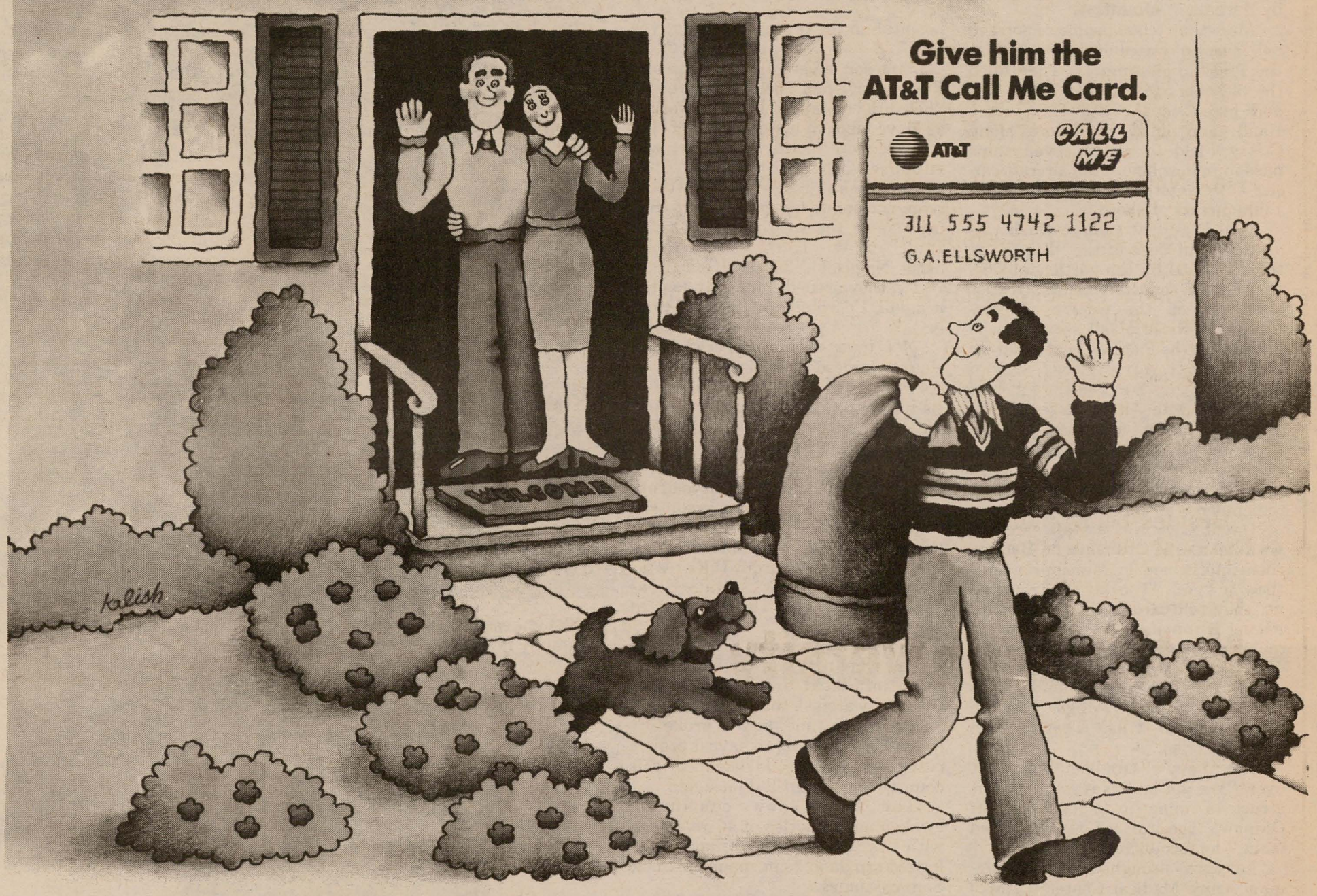

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Young and old gather to celebrate peace

by Barbara J. Mountrey

More than 5,000 people celebrated "40 Years of Peace in the Pacific" at the Presidio on Aug. 14. They filled the bleachers to watch a USO show and listen to the 6th U.S. Army Band, and lined the shore along Crissy Field to watch seven ships pass in review before the aircraft carrier USS Enterprise, anchored about 1,000 meters offshore.

Vice President George Bush was on the flight deck of the "Big E" as the ships, led by the battleship USS New Jersey, rendered honors. He cast a wreath on the waters to commemorate those of all services who had died in the Pacific Theater during World War II. A tri-service flyover of jet aircraft also honored the fallen of all nations, with Air Force jets flying the "missing man" formation.

Many of those present at the Presidio event were too young to remember World War II, but others remembered all too well.

David Levy was a staff sergeant with Air Corps Ordnance on Bataan, then imprisoned in Manchuria until the war's end. "The day they released us, they told us a second bomb had been dropped. We felt elated, relieved—overwhelmed," he said.

"They had a formation and a parade. An American bomber flew over and waved its wings. Then we knew it was true. That's when everyone cried."

But Levy's troubles were not over. "We got on a Navy ship, but it struck a mine in a typhoon off Okinawa. The cruiser Lousville towed us in," he recounted.

Levy was brought back to Letterman Army Medical Center (LAMC) then. "The second happiest thing in my life was sailing under the Golden Gate Bridge. After two and a half months, we knew we were home safe," he said.

Richard D. Jameson, a retired Air Force senior master sergeant, knows exactly where he was when he heard that peace had come: "I was in the hospital, in the process of dying," he said.

Jameson, a veteran of Bataan and Corregidor, had been sent on a "hellship" to Japan, where he worked as slave labor in a steel mill.

"We were in the camp that was supposed to be bombed. Two smokestacks had been left as reference points for the bombers. But because of the weather and limited fuel, they took the alternate—Nagasaki," he said.

"If they needed somebody to drop it again, I'd volunteer," he said firmly.

Not everyone at the celebration shared Jameson's feelings, however. As retired Army Lt. Gen. Stanley R. Larsen, one of the youngest regimental commanders in the Pacific, was speaking to the thousands gathered at Crissy Field, several people stood, unfurled a banner and began to chant an anti-war slogan. Immediately, angry veterans and others tore down the banner. Military police escorted the demonstrators from the area as the band played "God Bless America," and thousands of onlookers cheered.

William Spizziro, a retired Navy master chief petty officer, was one of those infuriated by the demonstration. "I watched the American flag go down one time, and it broke my heart. I'm not going to have it broken twice," he said. "I defended this country once and I'll do it again."

The USO show continued, awakening memories of 40 years ago with its vintage songs and long-legged tap dancers in spangled Uncle Sam costumes.

The veterans and others watched appreciatively, but remembered that the event was not just a show, but a commemoration.

As Jameson said, "Those of us who are here count our blessings and remember those who paid the supreme sacrifice."

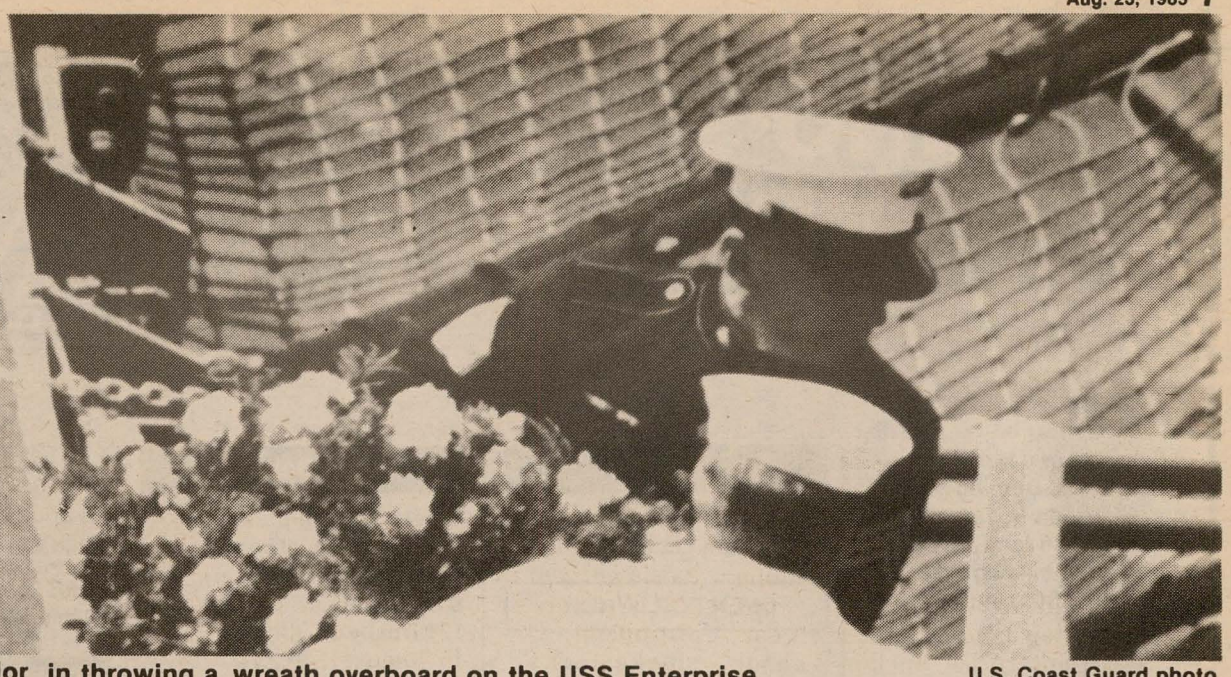
photo by Joseph Hirsch

A USO showgirl woos the crowd at Crissy Field during the Peace in the Pacific ceremony last week.

A father and son watch the USS Enterprise. photo by Joseph Hirsch

photo by Joseph Hirsch

A family remembers their loved ones during the Peace in the Pacific ceremony.

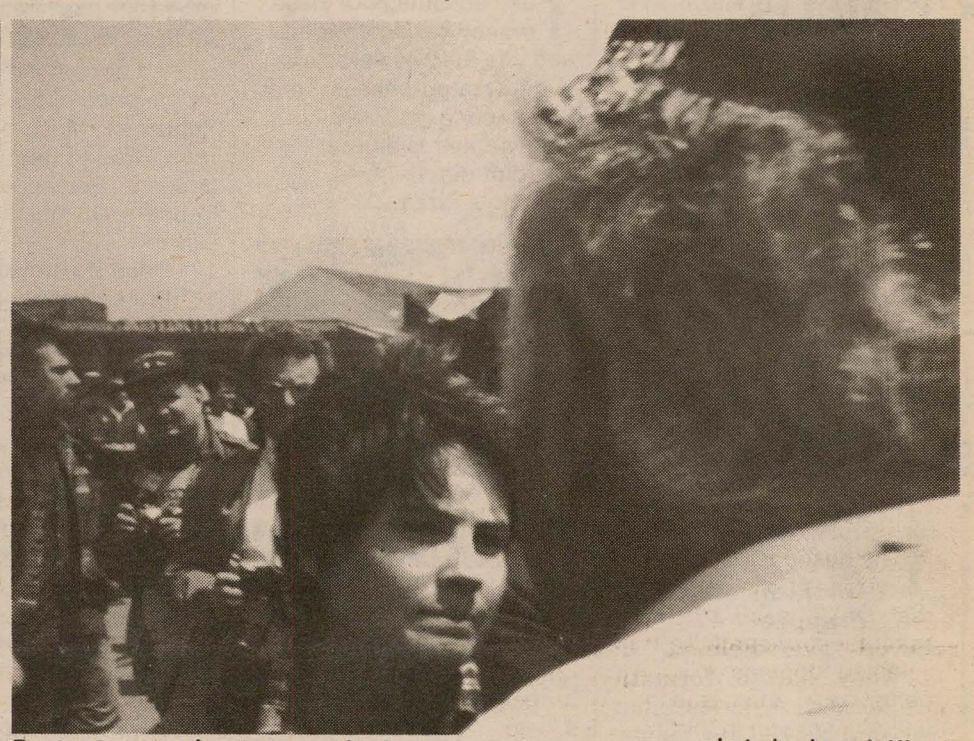


Vice President George Bush is assisted by a Marine and sailor in throwing a wreath overboard on the USS Enterprise.

U.S. Coast Guard photo

photo by Bob Walker

USO performers recall the hits at the Peace in the Pacific ceremony.



Protestors and veterans clash.

photo by Joseph Hirsch

Air Force F15s fly missing-man formation over the USS Enterprise during Peace in the Pacific.

photo by Joseph Hirsch

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3. When placing the order, let us know if you have large denomination bills.
4. Remain by the phone after ordering. We may call back to confirm the order.
5. Turn on your porch light.
6. Have coupons and money ready when the driver arrives.
7. Enjoy your pizza!

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California Medical Facility, Vacaville is accepting applicatins for staff psychiatrist. Requirements are: possession of legal requirements for the practice of medicine in California; one year of experience in the practice of psychiatry, or completion of one year of approved residency in psychiatry. Send State applications to **California Medical Facility, Box 2000, Vacaville, CA 95696-2000.**

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is accepting applications for Surgical Nurse I. Salary is $1897 plus $200 retention pay per month. After six months satisfactory service salary is raised to $1984 plus $200 retention pay. When supervising inmates starting salary is $2078 plus $200 retention pay per month. Requirements are: possession of valid California license to practice as RN; one year of experience as a surgical nurse in licensed facility. Mail state applications to California Medical Facility, Box 2000, Vacaville, CA 95696-2000.

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PHYSICAL THERAPIST II

California Medical Facility, Vacaville, is accepting applications for Physical Therapist II. Starting salary is $1973. Requirements are as follows: possession of legal requirements for practice of physical therapy in California as determined by California Board of Examiners. (Applicants may be admitted to examination prior to meeting these requirements, but the Board of Medical Examiners must determine that all legal requirements have been met before candidates will be eligible for appointment.) State applications are available at E.D.D. in your area. Mail applications to California Medical Facilty, P.O. Box 2000, Vacaville, CA 95696-2000.

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REGISTERED NURSE II

California Medical Facilty, Vacaville is accepting applications for Registered Nurse II. Starting salary is $1897 with $200 retention pay per month, after six months of satisfactory service salary is $1989 pluse $200. Requirements are as follows: possession of legal requirements to practice as a professional Registered Nurse in California and one year of professional nursing experience in California state service as a Registered Nurse or a facility licensed for Inpatient Care. For further information contact the California Medical Facility, Vacaville, 1600 California Ave., P.O. Box 2000, Vacaville, CA 95696.

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Community Calendar

Ballet registration

Ballet registration will be held Sept. 5 and 6, from 4 to 6 p.m., at bldg. 1390, at Fort Scott (between the Bowling Center and the Chapel).

Classes will be held on Mondays, Tuesdays, Thursdays and Fridays. Ballet classes are for children age 6 and older.

For more information, call Helen Piernik at 994-0681 from noon to 2 p.m.

Enlisted Spouses Club

The Presidio Enlisted Spouses Club would like to invite all enlisted spouses to join us in a Hail and Farewell. It will be held above the Thrift Shop.

The club will hold a short business meeting so that guests may find out first hand how the Spouses Club operates.

The Hail and Farewell will be held Sept. 9, at 7 p.m. Please RSVP by Sept. 31, to Edme Botwright at 922-7939, or Miriam Rieck at 751-3178.

Girl Scouts

An information and organization meeting will be held for all parents and other interested adults to prepare for the new scout year.

Many of last year's volunteer staff have left and there are a lot of jobs to be filled before we can register our girls. Leaders, people to help with special programs, etc., are needed to help continue Presidio's outstanding Girl Scouting program. The meeting will be held at 7 p.m., Wednesday, Sept. 4, at the Girl Scout house (bldg. 214, east of the AAFES Cafeteria).

For more information, please call Kiki D'Ambrosia at 331-5282 after Sept. 1.

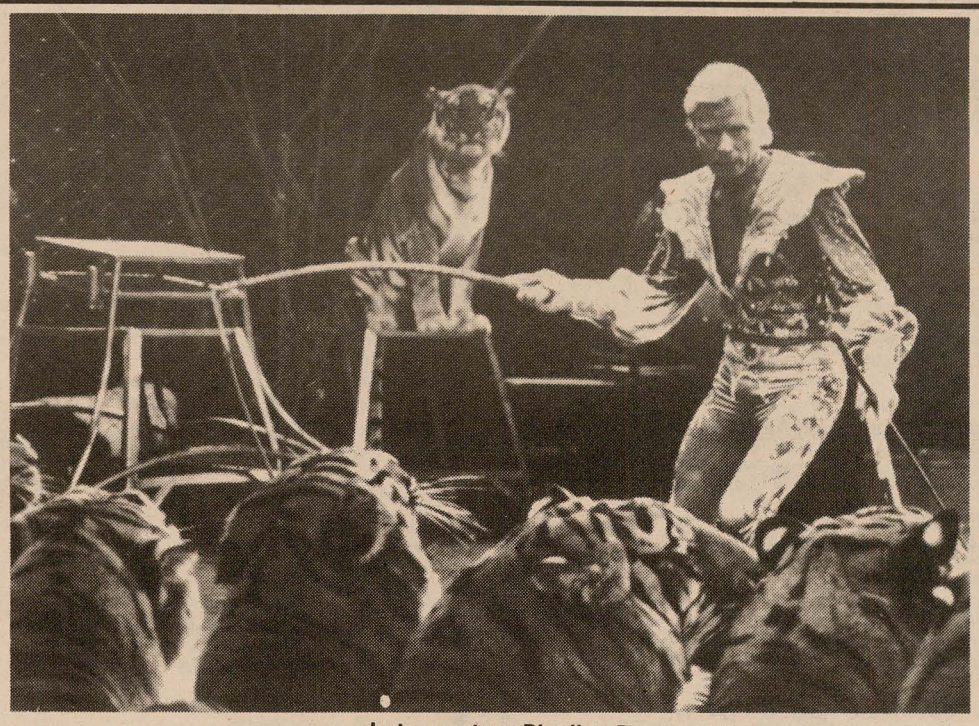

photo courtesy Ringling Bros. and Barnum & Bailey Circus

Down Simba!

The famous Gunther Gebel-Williams commands 22 snarling Bengal tigers in the Ringling Brothers and Barnum & Bailey Circus. The circus comes to town Thursday and will be here through Sept. 2. Go to the ITT Ticket Office for discount tickets.

Child care

Want to offer child care in your quarters?

Then please call Karen Jupe, Family Services director, at 561-4712.

Orientation classes for Family Child Care (FCC) providers will be held Sept. 6, from 10 a.m. to noon, Sept. 9, 9 a.m. to noon, and Sept. 11, 9 a.m. to noon. (All three classes are required.)

Quarters-based Family Child Care is a program providing developmental care for children by an adult (18 years old or older) in their own home for 10 hours or more a week for pay. Both the person providing services (FCC provider) and the housing unit (FCC home) will be certified in accordance with Army regulations.

Certification is mandatory for those wishing to offer child care in their quarters on the Presidio or its sub-posts.

OWC

The Presidio Officers' Wives' Club and the Letterman Auxiliary invite all officers' wives to a Fall Activities Sign-up Coffee Thursday, Sept. 5, at 10 a.m. at the Presidio Officers' Club.

Anyone interested in teaching a class, craft or other activity, please call Judy Rittman at 563-6389, Doreen Roksvaag at 751-7619 or Becky Hawksley at 929-0842.

Star Presidian deadline

Due to the Labor Day holiday on Sept. 2, the deadline for submissions for the Sept. 6 edition of the *Star Presidian* will be 9 a.m., Aug. 30.

School bus schedule

The entire Presidio bus schedule will be published in next week's *Star Presidian.*

...the write stuff...

by Ted Weller

I hope that last Sunday was the indicator for the grand entrance of San Francisco's summertime. It was a beau-u-u-u-tiful day. I left the "elephant" parked in the garage, put walking shoes on all and trekked to Pier 39.

There are times when it is nice to play the tourist, last Sunday was one such time. We passed by the kite flyers on the Marina Green, walked... ran...with fellow strollers up the hills of Fort Mason down to the old mine dock and Aquatic Park. We then took in some of San Francisco's past aboard the old lumber schooner and the ferryboat at the Hyde Street Pier...all the ships there are FREE to visit.

Then the two little ones and I went below the waterline in the U.S.S. Pampanito...$3 for adults, $1 for children, ages 6 to 12...six combat patrols in that cramped space would be enough for me.

From the submarine we played the good tourists and had a little crab at the Wharf and had lunch on Pier 39, visiting every little...or large...shop along the way.

Sometimes we forget that a lot of San Francisco's fame...and fortune...is located within easy walking distance of our quarters. The time we spend at this duty station is short enough, we should spend the good days looking at this "Baghdad-by-the-Bay"...before we move on.

On with the SHOW.

The 48th Annual San Francisco County Fair-Flower Show will occupy the Hall of Flowers in Golden Gate Park today through Sunday. This year's theme is Pacifica; stop and smell the blossoms and buds from Pacific rim nations each day from 10 a.m. until 6 p.m. Admission is $2.50, FREE for children under 12. There will be an auction at 2 p.m. on Sunday. Go and smell, then buy it!

Tomorrow and Sunday, Lindley Meadow will be brimming over with the best from some of the City's most famous restaurants at *San Francisco's a la carte, a la park.* Fifty of the finest will present their gourmet cuisine from 1 until 7 p.m. each day. The proceeds will benefit the San Francisco Shakespeare Festival.

Eat, Drink and Be Merry, is the theme of the Renaissance Pleasure Faire, in the Black Point Forest off Highway 37, beginning tomorrow and continuing through Sept. 29. When you step through the gates, imagine yourself at a 16th century English village harvest time pleasure faire complete with traditional games, sporting events and dances. The fun begins at "10 in the morn' til 6 in the eve,'" every weekend and Labor Day until the 29th. Tickets are available from the ITT Office, bldg. 385, for $8.50.

Last week in Presidio's history: August 21, 1936: construction of Fort Cronkhite begins. Named in honor of Maj. Gen. Adelbert Cronkhite, commander of the 80th Division, AEF (American Expeditionary Force), the 800-acre reservation was the site of Battery Townsley. Townsley and its sister battery, Davis, at Fort Funston, both mounted 16-inch guns. Together, they were the first modern, heavy seacoast batteries that were virtually impervious to air bombardment, and high-angle naval gunfire. With these two batteries in place, San Francisco Bay was claimed to be the most strongly fortified harbor in the world. (My note: Our recent visitor, the U.S.S. New Jersey, mounts *nine* 16-inch guns with a maximum range of 23 miles apiece.)

This week in Presidio's history: August 27, 1915: fire destroys the quarters of Gen. John J. "Black Jack" Pershing, while he is leading an expedition in Mexico after the bandit, Pancho Villa. Pershing's wife and three daughters are killed in the fire. His son, Warren, survives.

... The crab was just within limit...

At the movies

Presidio Theater

Fri,	Aug. 23	Return to Oz (PG)	7 p.m.
Sat,	Aug. 24	St. Elmo's Fire (R)	2 & 7 p.m.
Sun,	Aug. 25	St. Elmo's Fire (R)	2 & 7 p.m.
Mon,	Aug. 26	St. Elmo's Fire (R)	7 p.m.
Tue,	Aug. 27	The Naked Face (R)	7 p.m.
Wed,	Aug. 28	Girls Just Want to Have Fun (PG)	7 p.m.
Thu,	Aug. 29	The Last Dragon (PG-13)	7 p.m.

Schwartz Theater

Mon,	Aug. 26	Return to Oz (PG)	7 p.m.
Wed,	Aug. 28	St. Elmo's Fire (R)	7 p.m.
Thu,	Aug. 29	The Naked Face (R)	7 p.m.

Hamilton Theater

Fri,	Aug. 23	That's Dancing (G)	7 p.m.
Sat,	Aug. 24	Peter Pan (G)	1 p.m.
Sat,	Aug. 24	Amadeus (PG)	7 p.m.
Wed,	Aug. 28	Rope (PG)	7 p.m.
Thu,	Aug. 29	The Kid From Not So Big (G)	7 p.m.

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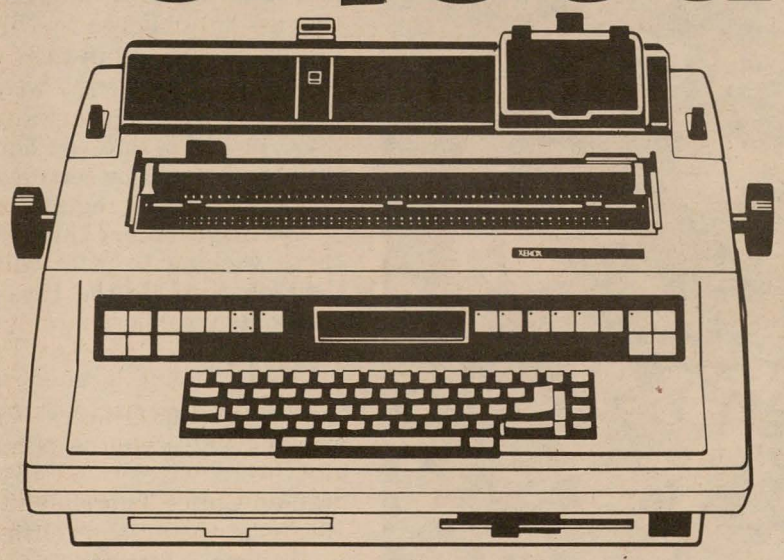

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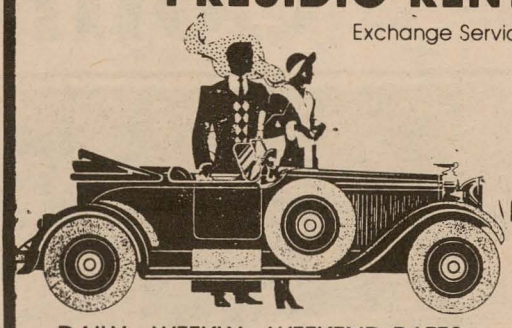

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Sports

Flag football

The first meeting of all interested soldiers and full-time DA civilians who want to play on the post flag football team will be held on Wednesday, at 5:30 p.m., at Gym No. 1, bldg. 63.

The Presidio flag football team will be playing the Bay Area Naval League. For more information, contact the Sports Branch at 561-4120 or 561-5032.

Intramural flag football

Intramural flag football league competition begins on Sept. 16. Units or activities that want to enter a team are asked to call the Presidio Sports Office at 561-4120 or 561-5032 no later than Sept. 10. A rules interpretation meeting will be held at 1 p.m. on Wednesday, Sept. 11, at bldg. 63, Gym No. 1. Units entering a team in the intramural flag football league must have a team representative at this meeting.

Tennis tournament

Entries are now being accepted by the Presidio Sports Office for the post tennis tournament scheduled for Aug. 30 through Sept. 8. The tournament is open to all active duty soldiers assigned or attached to the Presidio.

Any questions regarding eligibility should be referred to the sports director at 561-4120 or 561-5032.

The tournament will consist of four divisions: Open Division (for players 33 years old and younger), Junior Vets Division (players 34 to 44 years old), Senior Division (45 years old and older) and Women's Division (Open only).

A scratch and rules interpretation meeting will be held at noon on Tuesday at bldg. 63, Gym No. 1. First round opponents will be drawn and players failing to attend will be eliminated from the tournament. Players unable to attend the meeting because of military commitments must notify the sports director at 561-4120 or 561-5032 before Tuesday.

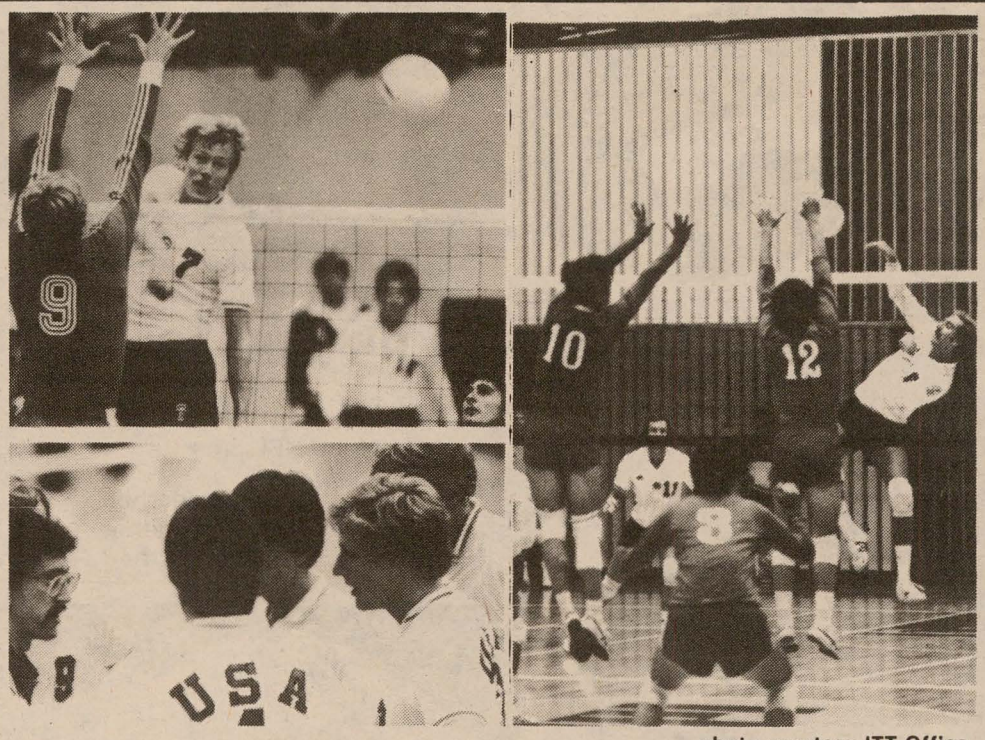


photo courtesy ITT Office

U.S. vs. U.S.S.R.

The match you didn't see at the 1984 Olympics comes to the Cow Palace tonight at 7:30 p.m., when the United States plays the U.S.S.R. in volleyball. ITT has discount tickets.

Appropriate awards will be presented to the champion and runner-up in each division.

For more information, call the Presidio Sports Office at 561-4120 or 561-5032.

Slow-pitch softball

Team entries are now being accepted for the Presidio Labor Day softball tournament. Play begins on Saturday, Aug. 31 and will run through Labor Day, Sept. 2

Eligibility: open to all people playing in the Presidio softball program, or assigned to the Presidio. Teams may be formed with players from other teams, units or activities. The team roster is limited to 15 players, including coach and managers.

Entry fee and entry deadline: $25; (checks may be made payable to PSF Installation Morale Support Fund.) Players must submit an entry and a check to the Sports Office, bldg. 63, Gym No. 1, no later than **today**, entry deadline.

Awards: individual trophies will be awarded to the champion and runner-up teams. Team trophies will go to first, second and third place teams, as well as an award to the outstanding player.

For more information, call the Presidio Sports Office at 561-4120 or 561-5032.

Learn to swim

An adult beginner's swim program will be held by the Presidio Sports Branch each Monday and Wednesday from 2 to 3 p.m. starting Sept. 16.

All soldiers who cannot swim are encouraged to enroll in this program, because every soldier must be able to swim. Army civilians, retirees and family members are welcome.

For more information, contact the Sports Branch at 561-4120 or 561-5032.

Tennis courts

All tennis courts on the Presidio, with the exception of courts no. 3 and 4 adjacent to the Post Library, will be closed for repairs about three weeks.

Reservations for courts no. 3 and 4 can be made by calling the Sports Reservations Office at 561-4131.

For more information, call the Presidio Sports Office at 561-4120 or 561-5032.

Army seeks runners for marathon

Active duty soldiers interested in running in the Armed Forces Marathon on Nov. 3, in Washington, D.C., have until Sept. 16 to submit applications through their local sports office.

Selections of the five-man, five-woman Army team will be made based on the best certified sanctioned marathon run by applicants between Jan. 1 and Aug. 30. Soldiers should attach a certification from a sanctioned marathon to the athlete application form. Without the certification, soldiers will not be eligible for selection.

Selected soldiers will be brought to Washington, D.C., at Army expense.

For more information, call the Presidio Sports Office at 561-4120 or 561-5032.

Aerobics

Get fit and stay fit!!! Inspiring high-energy exercise classes are held daily at Post Gym No. 1, bldg. 63. Exercises will stretch, tone and strengthen your body with aerobic conditioning. All exercises are done to popular music.

Classes are ongoing, so you can join any time. Monthly registration is encouraged.

Cost is $3 per class if you sign up for the month and $3.50 to drop in.

There is a FREE introductory class. Classes are open to both men and women of all ages and levels of fitness. Participants are encouraged to exercise at their own pace.

For more information, call 561-4120 or 753-8733.

Freak rates AFC teams' season chances

by Jimmy the Freak

If you thought last week's NFC predictions were outrageous, just wait until you get a gander at how I see this year's AFC race. The following observances are more off-the-wall than a fruit fly on mescaline! Then again, the AFC is a very strange conference, full of teams who actually believe that they can unseat the 49ers as world champs. Next thing you know, they will believe that someone can outcoach Don Shula or that some player can be more obnoxious than Mark Gastineau. No waaaaay.

But let's get ready for another thrilling season, anyway. I've got my complimentary tickets from the NFL, and I'm ready to go! Excuse me, I must be on the front rowwwww.

AFC East: *Miami* should rule the roost again this year, if Dan Marino can be cured of his Napoleonic complex concerning his worth. He's good...but he's no Joe Montana. The Dolphins' weakness is in its defense. Beekeepers can relax, the 49ers already stomped the Killer Bees.

New England has more talent than most other AFC teams, but I have a feeling that some of the prima donnas may have problems adjusting to assistant coach Steckel's boot camp mentality. .

The New York Jets should improve if they can stay away from the massive amount of injuries that they suffered last year.

this year, especially if Mrs. Irsay gets the team in the divorce settlement with the team's owner, and moves the team back to where it belongs along the Chesapeake Bay.

Buffalo will shuffle off to the bottom of the standings. If you thought Vince Ferragamo looked bad in L.A., wait until you catch his act in minus 20 degrees!

AFC Central: *Cincinnati* has more talent than anyone else in this division, and a good, young coach who learned his trade at the knee of Bill Walsh. Besides, how can you bet against a team that has a quarterback named "Boomer"?

Pittsburgh has done it with mirrors every year since Bradshaw retired. I guess that explains why the Steelers are reflections of their tough coach.

Houston should win several more games this year, only because Wally Moon has had an entire year to learn the defenses of the NFL. Before this, the only defense he saw in Canada was at NORAD.

Cleveland brings up the rear, both in football and in quality of life along the Erie.

AFC West: *Seattle* has Curt Warner back, and he fills the only missing piece of the championship jigsaw that was missing last year. I predict that Jim Zorn will make a comeback, and that the *Seahawks* will be in the Super Bowl if *Miami* stumbles.

The Los Angeles Raiders will not win their division this year. Even Al Davis admits that his team is getting "Hollywooditis."

Denver played over their heads last year, and other teams will be better prepared for them.

San Diego will finish higher if Kellen Winslow plays at least half of the season.

Kansas City will be the best last place team in the history of the NFL.

Labor Day Sale

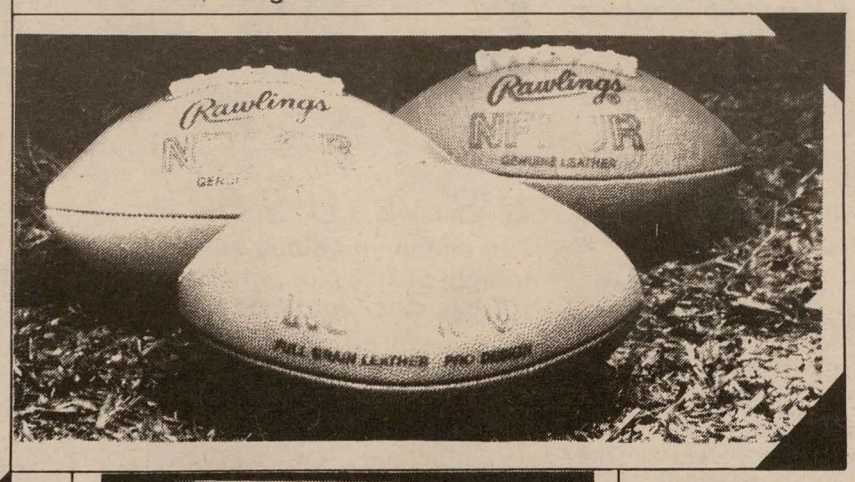
Our store-wide Labor Day Sale is picture perfect for quality and value

25% off

Selected juniors' and misses' coordinates. Mix and match the fall styles, colors and fabrics just right for you... from workdays to weekends. Includes slacks, skirts, blouses, jackets, vests and more from famous names like Bobbie Brooks, Tomboy, Russ Togs and Smith & Jones. Limited quantities.

Rawlings footballs. All are officially licensed by the NFL and feature the NFL crest.

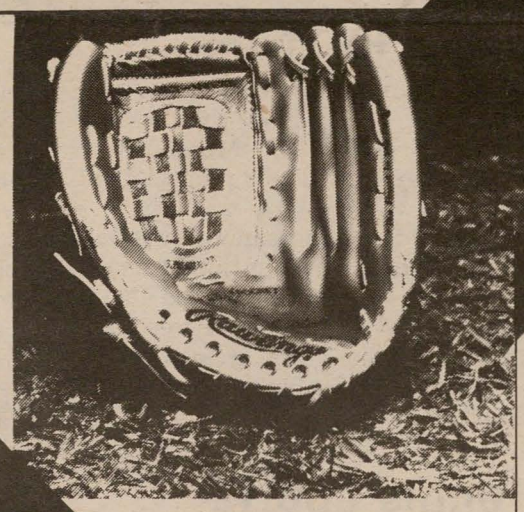
	Our Reg	Sale
NFL Jr., split grain leather	9.95	**7.95**
NFL QB, split grain leather	14.95	**11.95**
NFL 100, full grain leather	19.95	**15.95**



Sale 52.95

our reg 64.95

Hitachi AM/FM/SW stereo cassette recorder. Two-way speakers, auto stop. Uses 6 D batteries (not included) or 120/220/240V, 60 Hz. #TRK-7040H



25% off

All baseball and softball gloves in stock. Choose from many of your favorite names, including Rawlings and Louisville Slugger. Limited quantities.

Sale 99.95 our reg 114.95

The Nikon L35AF offers a host of automatic features: infrared autofocus, programmed auto exposure, auto pop-up flash...plus autofilm loading, advance and rewind. f/28 lens, programmed electronic shutter, bright-frame viewfinder.

Sale 69.95 our reg 89.95

Kiron 28-70mm f/4 macro focusing zoom lens. Has popular focal lengths for landscapes, group or family shots, or portraits. Macro focusing to ¼ life-size.

Check out these and other Labor Day Specials at your exchange!

Automotive
40% off
- Wheel balance & rotation
- Cooling system check-up
- Front-end alignment

You'll also receive a **FREE** courtesy check when you take advantage of any of these specials.

Theater
½ Price Popcorn
Buy any 12 oz. soft drink, snack or candy and save 50% on a large popcorn order.

Laundry & Dry Cleaning
3 shirts
laundered or dry cleaned for the price of 2.

aafes Chicken Special
½ Price
2-piece chicken order, inluding fries, slaw and rolls

aafes

Wednesday thru Monday, 28 Aug - 2 Sep 85

Women in the Army: what society thinks they can do, **page 2**

Refunds: you may be eligible for one, **page 5**

Equality Day: today's leaders and tomorrow's get together, **page 5**

Star Presidian

Vol. 28, No. 35 "Published in the interest of the people of the Presidio of San Francisco." August 30, 1985

MAIN POST LIBRARY
Bldg. 35a
Presidio of San Francisco, CA 94129

News briefs

Presidio school bus schedule

Bus No. 1 morning run: provides bus service for children attending Star of the Sea school.

Leave:

Motor Pool	0726
Lincoln & Presidio	0730
512 Simonds Loop	0732
537 Simonds Loop	0733
Presidio & Liggett	0734
Clark & Liggett	0735
Portola & Morton	0735
Presidio & McArthur	0737
Presidio & Funston	0738
333 Infantry Terrace	0740
414 Washington Blvd	0744
1407 Washington Blvd	0746
Kobbe & Upton	0748
1310 Kobbe	0749
Storey & Ruckman	0752
960 Hoffman	0755
Lincoln & Brooks	0759
Lincoln & Pershing	0800

Arrive:

Star of the Sea school (8th Ave. near Geary)	0810

Bus No. 1 afternoon run: provides bus service for children returning from Star of the Sea school.

Leave:

Motor Pool	1425
Star of the Sea School	1440
Lincoln & Brooks	1447
Lincoln & Pershing	1448
960 Hoffman	1452
Storey & Ruckman	1455
1310 Kobbe	1458
Kobbe & Upton	1459
1407 Washington Blvd	1501
414 Washington Blvd	1503
333 Infantry Terrace	1507
Presidio & Funston	1509
Presidio & McArthur	1510
563 Ruger	1512
537 Simonds Loop	1513
512 Simonds Loop	1514
Presidio & Liggett	1516
Clark & Liggett	1517
Portola & Morton	1518
Bldg. 1016—Lincoln	1520

Arrive:

Motor Pool	1525

The bus returns to Presidio via Arguello Gate. Buses operate Monday through Friday (school holidays excepted).

Bus No. 2 morning run: provides bus service for children attending Zion Lutheran, Kitteredge and Katherine Burke schools.

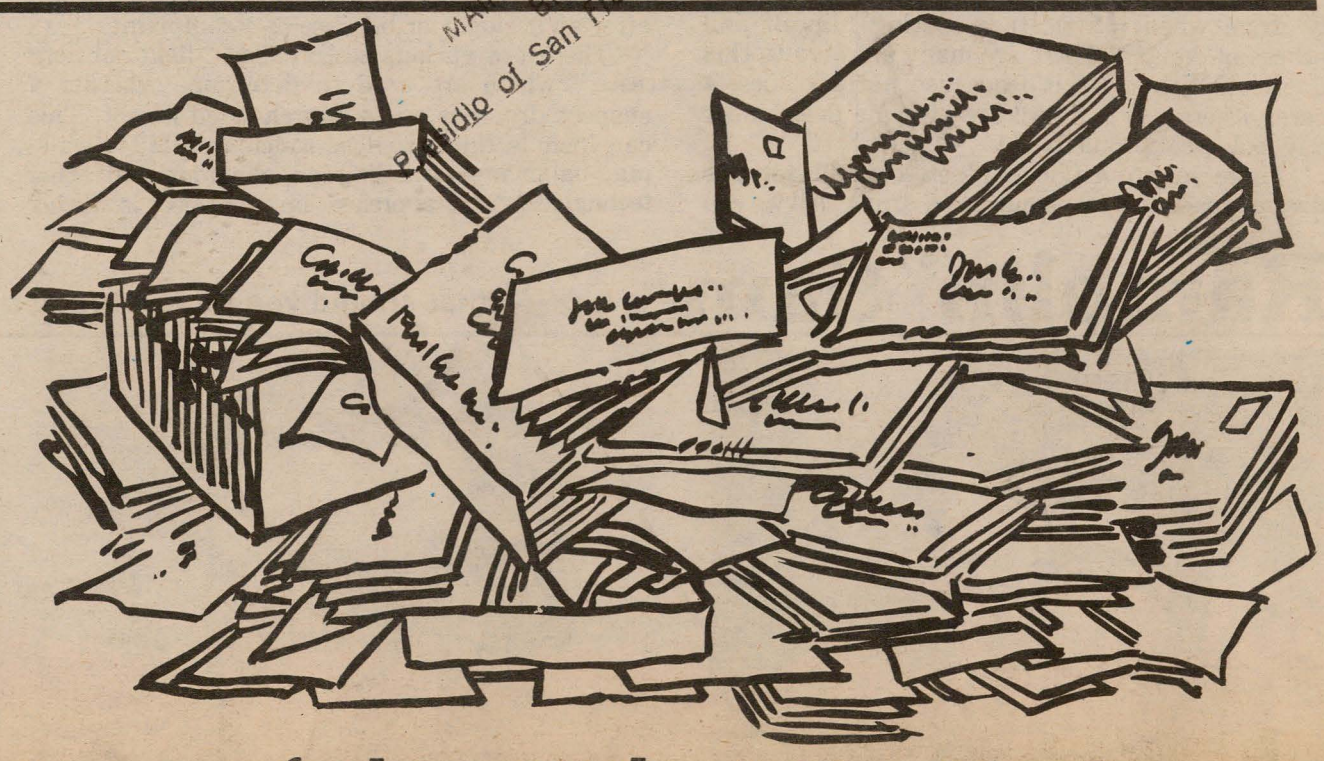
Leave:

Motor Pool	0736
Bldg. 66—Lincoln	0740
512 Simonds Loop	0742
537 Simonds Loop	0744
Presidio & Liggett	0746
Clark & Liggett	0747
Portola & Morton	0750
Presidio & Funston	0753
333 Infantry Terrace	0756
414 Washington Blvd	0800
1407 Washington Blvd	0802
960 Hoffman	0805
Lincoln & Pershing	0809

Arrive:

Zion Lutheran School (9th Ave. & Anza St.)	0815
Katherine Burke School (195—32nd Ave.)	0821

please see page 3



Last of the 16th AG returns

by Joseph A. Hirsch

The Presidio soldiers that wrapped up postal operations for remaining servicemembers at Exercise Bright Star '85 in Egypt, came home after spending 33 days there.

The soldiers' return was preceded by three other 16th AG Detachment (Postal) soldiers who came back a week earlier.

Returning late Saturday to San Francisco's International Airport, were SSgt. Arnold Jones, Sp4 Yolanda Tisdale and the unit's executive officer, 2nd Lt. Martha Kinney.

In Egypt, the 16th AG soldiers were teamed with seven soldiers from the 305th AG Detachment (Postal), a unit based at Fort Bragg, N.C.

It was the joint effort of these 13 soldiers that kept close to 10,000 training soldiers and airmen in touch with family and friends back in the states during the exercise.

"We operated a shop out of the back of a truck, but besides that we worked just like a regular post office," Jones said.

"We put in close to 15-hour days and worked seven days each week," he added. "Our two windows sold stamps and money orders and delivered letters and packages every day."

According to Jones, the system of establishing an Army Post Office (APO) in the U.S. Embassy in downtown Cairo took some patient work to get started, but he described the system as "very quick and efficient" once the bugs were worked out.

"At the beginning of the exercise," Jones said, "we sent in two soldiers each day to the embassy in Cairo to pick up the mail sent from the states."

After the exercise got rolling, the Air Force took over the embassy pickups until the final days of the operation, when 16th AG soldiers resumed the mail call.

Jones said the soldiers handled well over 500 pieces of mail each day including about 10 "care" packages for training soldiers.

"We did all the work with the official mail too," he said.

"Documents and letters that were used for training were routed through our system. Commanders and officials from the exercise could count on the service, so they gave us a lot of business."

"Our job here in garrison doesn't allow us to be mail clerks and handlers," said Sp4 Anthony J. Anderson. "It's only when we get called on a deployment, like the Bright Star mission, that we get to work with the mail so it [the exercise] was good training for us."

"Working with the other postal unit gave us a chance to see how they work in the field, and how we can better our operation," he said.

The 16th and 305th are the only two active postal units assigned to the Rapid Deployment Force.

That mission requires them to be, on a moment's notice, ready to deploy wordwide to any kind of climate and situation. They must also be quick with setting up their post offices and establishing the mail routes back and forth to the states.

"This deployment to Egypt left our unit strength a little low," said 1st Lt. John W. Bradley III, the unit commander.

"We have soldiers in Honduras and had some just returned from the Multinational Forces and observers in the Sinai desert.

"Our best unit training comes from these field exercises because we can't work an APO or run the mail on post while we're in garrison," Bradley said. "It's our main concern to always meet the mail for the soldier and that's what we do best."

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Opinions

TAKE A BITE OUT OF CRIME

The tragic specter of horror-filled, bloody, sudden, shocking death continues to haunt us through the drunken driver. Why does someone deliberately drive when intoxicated, putting himself and others in danger? There are many answers to this question. Some say it's because he just doesn't care; others say it's because of some deep, inner psychological problem.

There is no magic, sudden cure-all for the diverse reasons why people drive drunk. All we can do in law enforcement is to enforce the law on the books, and try to inform the public of the consequences of driving while intoxicated.

Trying to prevent accidents and other mishaps is part of the duties of the military police. Before stopping a driver because of suspicion of drunken driving, there must be probable cause.

"This can be running a stop sign, weaving, crossing the double yellow line or otherwise creating a hazard," said SSgt, Dennis A. O'Brien, Provost Marshal's Office Traffic Section NCOIC. Other reasons, according to O'Brien, often are after an accident or because of a complaint.

There are various tests called "field sobriety tests," which are used to determine whether a suspect driver is to be apprehended or not. This can include finger-to-nose touching ability, walking, balancing, standing on one foot and other techniques. After apprehension, a suspect is further tested using a breath analyzing device to determine blood-alcohol content, or is transported to Letterman Army Medical Center to be administered a blood test.

Refusal of a DUI (Driving Under the Influence) blood-alcohol content test is in violation of the California Implied Consent Law which results in the person automatically losing his or her driving privileges for one year.

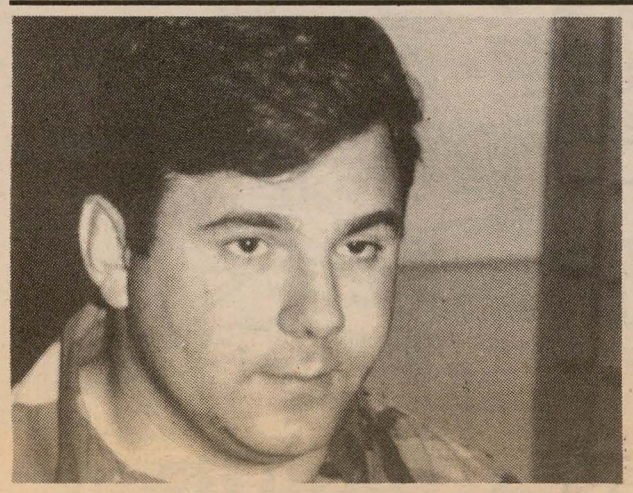
SSgt. O'Brien, who has served a number of years as a military policeman, said, "I've seen decapitation, mutilation and a lot of things I would just as soon forget due to DUIs."

Remember, *don't drink and drive!*

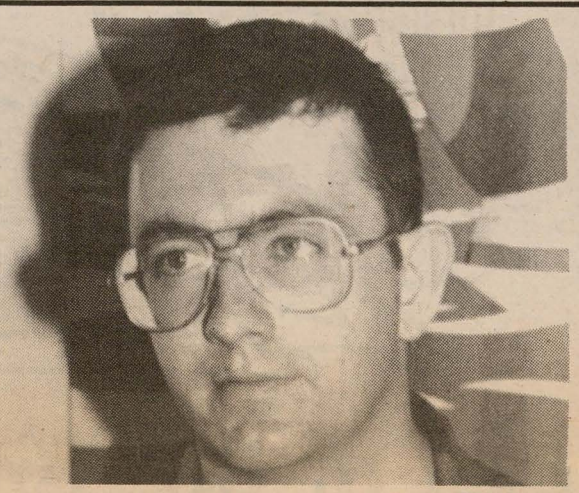
And do your part and help stop fraud, waste and abuse of your tax dollars—REPORT it. The Presidio Fraud Hotline is 561-3578. (All calls are kept confidential.)

Ramblin' Sam

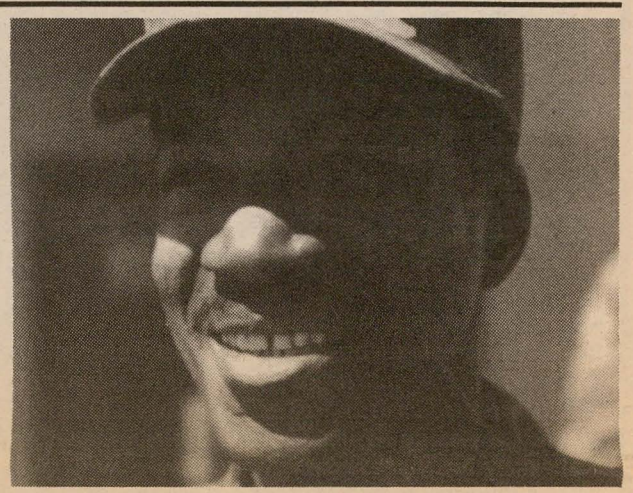
"What should you do if a friend of yours has a drinking or drug problem?"



Sp4 Leonard W. Kellert, training assistant, USAG: "I would say something to the individual and try to get him to seek professional guidance. If he is uncooperative I'd find a compassionate member in his chain of command to help him."



Capt. Gerard Noone, executive officer, USAG: "You try to talk to that person yourself. Try to get them to realize the damage they're doing to themselves or to their careers, or the potential they have for doing damage to someone else."



Sp4 Benjamin Harper, vehicle operator, Company D, 864th Engineers: "Talk to him and find out why he is drinking. I'd tell him about professional agencies he could go to for help."

What women consider before joining, society's views

by Donna Bolinger

Within the bounds of present law and its ban on women in combat, male and female recruits are offered the same career opportunities in the military, get the same training and hold down the same jobs.

But a recent DoD study shows they probably weighed a whole different set of variables when considering military service in the first place.

The study concluded that a young woman's decision to enter the military may be influenced not only by her own attitudes, perceptions and goals, but also by those of others..."the values, beliefs, and definitions of role-appropriate behavior prevailing in American society."

Specifically, it shows that the more favorably women service members are perceived by society, the more likely they are to enlist.

Women who said they weren't interested in military service often cited parental disapproval, family responsibilities, pregnancy and an anticipated dislike of the military. Men, on the other hand, tended to cite the level of military pay as their reason for not enlisting.

The study also points out that potential female recruits are more likely to regard higher education as complementary to military service, while men tend to regard it as an alternative.

"The research findings suggest that women's attitudes toward the military reflect an outlook which is rather different from men's," the study summarized. "Not only are women in the aggregate less interested in military service than men, but those who are interested tend to view the service in a broader context. Their interest in the military is more likely to be limited and qualified by interests in other areas."

The study was conducted at the request of Congress to evaluate young women's attitudes toward enlisting in the military—particularly in light of the projected decline in the size of the 17- to 21-year-old male youth population and increases in employment oportunities provided by an improving economy.

According to the study, society's changing attitudes are reflected in the increase of active duty women from 42,000 in 1971 to almost 201,000 in 1984.

Recent research by the National Opinion Research Center of the University of Chicago confirms that society increasingly accepts women service members, even in traditionally male-dominated fields. This study found that:

Thirty-one percent of Americans questioned thought that there should be more women in the Armed Forces and 53 percent thought that the number was "about right."

In terms of occupational assignments, the majority of respondents said that, assuming proper training, military women should be assigned to non-traditional as well as traditional military duties. It was found that 84 percent approved assignment of women as military truck mechanics, 73 percent as jet transport pilots, 62 percent as jet fighter pilots, 59 percent as missile gunners in the United States, 59 percent as commanders of large bases, 57 percent as crew members on combat ships and 35 percent as soldiers in hand-to-hand combat.

Twenty percent believed that the increase in the number of women had raised the effectiveness of the military; 61 percent felt that it had maintained effectiveness and fewer than 8 percent believed it had decreased effectiveness.

More than 50 percent felt that if the draft were reinstated, women as well as men should be drafted.

American Forces Press Service

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El Sobrante, California 94803

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Bus schedule from page 1

Kitteredge School 0825
(2355 Lake St.)
Motor Pool 0835

Bus No. 2 afternoon run: provides bus service for children returning from Zion Lutheran, Kitteredge and Katherine Burke schools.

Leave:
Motor Pool 1450
Kitteredge School 1455
Zion Lutheran School 1510
Katherine Burke School 1515
Lincoln & Pershing 1520
1407 Washington Blvd 1524
Kobbe & Upton 1526
Upton & Storey 1527
960 Hoffman 1528
414 Washington Blvd 1532
333 Infantry Terrace 1535
Presidio & Funston 1538
Presidio & McArthur 1539
Portola & Morton 1541
Clark & Liggett 1543
537 Simonds Loop 1544
512 Simonds Loop 1545
563 Ruger 1548
Bldg. 1016 Lincoln 1550
Arrive:
Motor Pool 1554

Bus No. 3 morning run: provides school bus service for children attending St. Monica's, Zion Lutheran and Argonne schools.

Leave:
512 Simonds Loop 0738
537 Simonds Loop 0739
Presidio & Liggett 0741
Clark & Liggett 0742
Portola & Morton 0745
Presidio & McArthur 0746
Presidio & Funston 0747
333 Infantry Terrace 0750
414 Washington Blvd 0754
1407 Washington Blvd 0756
960 Hoffman 0759
1310 Kobbe 0802
Kobbe & Upton 0804
Storey & Ruckman 0806
Lincoln & Pershing 0810
Arrive:
St. Monica's School 0815
(24th & Geary Blvd
Zion Lutheran School 0820
(9th Ave. & Anza St.)
Argonne School 0825
(675—17th Ave.)

Bus No. 3 afternoon run: provides school bus service for children returning from St. Monica's and Argonne schools.

Leave:
Motor Pool 1410
Argonne School 1430
St. Monica's School 1455
Lincoln & Pershing 1500
1407 Washington Blvd 1504
1310 Kobbe 1507
Kobbe & Upton 1508
Ruckman & Storey 1510
960 Hoffman 1514
414 Washington Blvd 1518
333 Infantry Terrace 1521
Presidio & Funston 1523
Presidio & McArthur 1524
Portola & Morton 1525
Clark & Liggett 1528
Presidio & Liggett 1529
537 Simonds Loop 1530
512 Simonds Loop 1532
563 Ruger 1534
Arrive:
Motor Pool 1537

Bus No. 4 morning run: provides bus service for children attending St. Vincent De Paul, St. Brigid's, Convent of the Sacred Heart, Stuart Hall and Hamlin schools.

Leave:
Motor Pool 0720
1298 Storey Ave 0723
960 Hoffman 0725
1310 Kobbe 0728
Lincoln & Brooks 0732
Lincoln & Pershing 0733
1407 Washington Blvd 0737
414 Washington Blvd 0738
333 Infantry Terrace 0741
Post Theater 0742
Presidio & Funston 0743
540 Presidio 0745
512 Simonds Loop 0746
537 Simonds Loop 0748
Clark & Liggett 0750
Morton & Portola 0751
LAMC bldg. 1104 0752
Arrive:
St. Vincent De Paul 0757
(2350 Green St.)
Hamlin School 0802
(2129 Vallejo)
Franklin & McArthur 0808
(Ft. Mason)
St. Brigid's School 0813
(1615 Broadway)
Convent of the Sacred Heart 0818
(2222 Broadway)
St. Vincent De Paul 0822
(2350 Green St.)
Motor Pool 0830

Bus No. 4 afternoon run: provides bus service for children returning from St. Vincent De Paul, St. Brigid's, Hamlin, Convent of the Sacred Heart and Stuart Hall schools.

Leave:
Motor Pool 1415
St. Vincent De Paul 1455
St. Brigid's 1500
Fort Mason (Franklin & McArthur) 1510
Hamlin School 1518
Convent of the Sacred Heart 1520
Lombard & Ruger 1525
563 Ruger 1526
537 Simonds Loop 1527
512 Simonds Loop 1528
Clark & Liggett 1529
Morton & Portola 1530
Presidio & McArthur 1531
Presidio & Funston 1532
333 Infantry Terrace 1534
414 Washington Blvd 1537
1407 Washington Blvd 1538
Lincoln & Brooks 1543
Lincoln & Pershing 1545
1310 Kobbe 1547
1298 Storey Ave 1552
960 Hoffman 1555
Arrive:
Motor Pool 1559

*Note: St. Vincent De Paul children will be picked up the first Wednesday of each month at 2 p.m. Stuart Hall children will be picked up each Friday at 2 p.m.

Bus No. 5 morning run: provides bus service for children attending Sherman School.

Leave:
Motor Pool 0653
Sheridan & Infantry Terrace 0656
333 Infantry Terrace 0657
414 Washington Blvd 0700
1407 Washington Blvd 0702
1591 Stilwell 0706
Stilwell & Pershing 0707
960 Hoffman 0712
Presidio & Funston 0717
MacArthur & Wallen Ct 0719
Morton & Portola 0721
Liggett & Clark 0722
Fort Mason (Franklin & MacArthur) 0729
Arrive:
Sherman School 0735
(Green St. near Franklin)
Motor Pool 0745

Bus No. 5 afternoon run: provides bus service for children returning from Sherman School.

Leave:
Motor Pool 1330
Sherman School 1355
Fort Mason (Franklin & MacArthur) 1400
563 Ruger 1407
Liggett & Clark 1409
Morton & Portola 1410
MacArthur & Wallen Ct 1411
Presidio & Funston 1415
Sheridan & Infantry Terrace 1418
333 Infantry Terrace 1419
414 Washington Blvd 1422
1407 Washington Blvd 1424
1591 Stilwell 1429
Stilwell & Pershing 1430
960 Hoffman 1434
Arrive:
Motor Pool 1440

No. 6 bus run: provides service for school children living at Forts Barry and Baker, and attending schools in Sausalito and Marin City.

Leave:			
Motor Pool	0725		
936 Simmons Rd., Ft. Barry	0744		0859
802 Bunker Rd., Ft. Barry	0748		0903
623 Murray Circle, Ft. Baker	0758		0913
607 Murray Circle, Ft. Baker	0800		0915
Bayside School	0810		0925
(630 Nevada St., Sausalito)			
Martin Luther King School	0815		
(Ebbtide off Broadway, Sausalito)			
North Bay School	0825		
(610 Drake, Marin City)			
Bayside School	1146	1320	1435
Martin Luther King School			1445
North Bay School		1335	1450
623 Murray Circle	1201	1350	1505
607 Murray Circle	1203	1352	1507
802 Bunker Rd.	1213	1402	1517
936 Simmons Rd.	1218	1407	1522
Arrive:			
Bayside School	1315	1430	
Motor Pool			1540

School bus service is provided for children attending first through fifth grades. Other students may ride on a space available basis only.

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Community News

Money

Civilians can get refunds

Thousands of DoD civilian employees enrolled in the Blue Cross and Blue Shield health insurance plan under the Federal Employees Health Benefits Program are eligible for tax free cash rebates.

Employees who were enrolled in the plan on May 1, 1985, are eligible for refunds ranging from $73 for standard option single enrollments to $374 for high option family enrollments.

Blue Cross and Blue Shield officials say they will contact about 1.5 million eligible federal enrollees—about 250,000 from DoD—regarding the refund procedures. More than 100,000 of those eligible are employed by the Army.

Because of a technicality in federal law, federal retirees who were enrolled in the program on May 1 are not eligible to receive the rebate, according to the U.S. Office of Personnel Management officials. However, legislative authority is being sought to offer these rebates.

The refunds will be from $754 million in excess Blue Cross and Blue Shield reserve funds—those funds that cover the cost of health care claims. Because the government contributes the lion's share of an employee's premium cost, the government will be reimbursed $465 million of the reserve, and enrollees will receive $289 million.

The unexpectedly low number of claims filed in 1984 and 1985, as well as cost-saving measures in the Federal Employees Health Benefits Program, contributed to an excessive reserve buildup.

The refund procedure was proposed by Blue Cross and Blue Shield to distribute this excess and stabilize premium costs. All insurance plans under the Federal Employees Health Benefits Program have been offered the opportunity to make refunds if they have excess reserve funds, Office of Personnel Management officials said.

American Force Press Service

Carole Ellison, of Ellison & Associates, talks about her five steps to success.

Women & the 19th Amendment

States that granted women the vote (full or limited suffrage) prior to 1920 were:

Alaska	1913	Nevada	1914
Arizona	1912	New York	1917
Arkansas	1917	North Dakota	1918
California	1911	Ohio	1919
Colorado	1893	Oklahoma	1918
Idaho	1896	Oregon	1912
Illinois	1913	Rhode Island	1917
Indiana	1919	South Dakota	1918
Iowa	1919	Tennessee	1919
Kansas	1912	Texas	1918
Maine	1919	Utah	1870
Minnesota	1919	Washington	1910
Missouri	1919	Wisconsin	1919
Michigan	1918	Wyoming	1869

Luncheon honors equality

story and photo by Liz Greeley

On August 26, they were all there: Lt. Gen. Robert Arter, commander of 6th U.S. Army; Col. Robert S. Rose, Presidio commander; Col. A. Gordon Hennessy, Letterman Army Medical Center's deputy commander for administration and chief of staff; and Col. Edwin S. Beatrice, commander of Letterman Army Institute of Research.

What were they there for? What was going on? High-level talks on leadership roles?

Actually, yes. The commanders were all seated at the head table (Lt. Gen. Arter was the kick-off speaker, in fact) at the Women's Equality Day Luncheon at the Presidio Officers' Club. The theme for the luncheon was "80s Women in Leadership Roles."

The luncheon consisted of a few opening remarks by the Federal Women's Program Manager, Brenda Saénz, followed by lunch. After lunch, the audience of about 130 men and women heard short speeches from:

- Col. Sarah A. Halliburton, chief of Training and Development for LAMC's Nursing Department;
- Dr. Evelyn McGown, chemist and chief of the Analytical Chemistry Group for LAIR;
- Veronica Valdez-Keller, a sergeant with the San Francisco Sheriff's Department;
- Joann Swanson, Assistant U.S. Attorney; and
- Carole Ellison, training consultant, of Carole Ellison and Associates.

Halliburton, who has a bronze star among her many awards, kept her remarks short, but among the things she said was, "All things are possible. You must be willing to pay the dues, to do the work, and you can achieve—in our country—whatever you desire."

McGown, the next speaker, stressed decision-making. Make decisions and don't be afraid, she emphasized.

According to Swanson, the most important thing in figuring out where you want to go careerwise is whether you're *interested* in the job and whether you see yourself being interested in the future.

The final speaker, Ellison, is listed in the 1984 edition of *Who's Who in the West.* Ellison has a five-step plan for success which goes:

1. Determine what it is you want to become.
2. Get the training and the skills necessary for that career.
3. *Ask* for the job you want.
4. Continue learning and continue growing.
5. Be flexible.

Ellison also shared a favorite quote, "'Limits exist only in the souls of those who do not dream.'"

According to Ellison, "Dreams are the building blocks of reality."

On August 26, 1920, the 19th Amendment which granted women the right to vote, was enacted into law.

It must have been a satisfying day for the suffragettes, who dreamed and worked for that amendment, to see *their* dream become reality. And that reality is what we now celebrate as Women's Equality Day.

News Features

Smokers warned about hazards..and warned

by Alice Boyd

You've just dropped your last bit of change into the cigarette machine and selected your favorite brand. After waiting a second or so, the package slides into the tray below. You pick it up, and there's "that message" staring at you again..."Warning: The Surgeon General has determined that cigarette smoking is dangerous to your health."

You ignore it. You've read it dozens of times before. So what! You're gonna smoke until you die anyway. Right?

That's probably true, but while you're at it, the Surgeon General wants you to think about the risks you're taking.

So, beginning this October, cigarette packs will carry one of four new warnings. The warnings will be alternated every three months, as provided by the Comprehensive Smoking Education Act passed in 1984.

They are:

1. Surgeon General's warning: Smoking causes lung cancer, heart disease, emphysema and may complicate pregnancy.

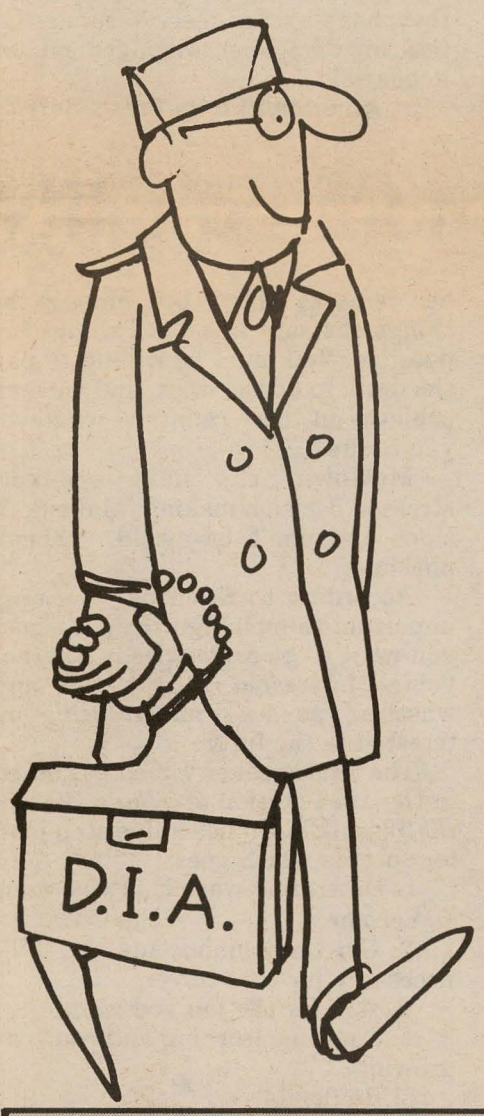
2. Surgeon General's warning: Quitting smoking now greatly reduces serious risks to your health.

3. Surgeon General's warning Smoking by pregnant women may result in fetal injury, premature birth and low birth weight.

4. Surgeon General's warning: Cigarette smoke contains carbon monoxide.

If warnings are not enough to make you quit, you can get additional information on smoking and your health by contacting the: Department of Health and Human Services, Public Health Service, Office on Smoking and Health, Park Buiding 1-10, Rockville, Md. 20857. The telephone number is (301) 443-1690.

American Forces Press Service



How DoD plans to *keep* secrets secret

When 16 million classified documents get handled each year by 4.3 million DoD military and civilian employees and contractors, how do you make sure they don't fall into the wrong hands?

It's this "needle in the haystack" problem DoD is working to overcome, L. Britt Snider, DoD principal director for counterintelligence and security policy, recently told Congress.

Snider said the Pentagon has made a major effort to plug up security leaks. But still DoD receives about 600 reports a year about contacts hostile intelligence services make with DoD personnel, Snider said. There are occasional instances where DoD employees and contractors themselves initiate these contacts and offer to sell classified information to which they have access.

Snider conceded that when compared to the vast numbers of cleared people, the number who participate in, or initiate espionage activities is "infinitesimally small.

"But it is equally true that one person with the right access may be capable of compromising military systems that cost the U.S literally millions, if not billons, of dollars to develop and produce," he said.

"This may lead to tactics to counter the latest U.S. military hardware or the latest U.S. strategy. And so, from our standpoint, even one case is too many."

Snider outlined DoD's plan for confronting the problem:

Controlling access

Secretary of Defense Casper W. Weinberger recently announced plans to slash the number of the security clearances within DoD by 10 percent by Oct. 1.

"Obviously, the object is to accomplish the defense mission with as few cleared people as necessary," Snider said.

More accountability

Weinberger's plan calls for improved classified document control, but just as importantly, better controls over people with access to classified information. Meanwhile, the DoD Hotline and periodic security inspections are creating more awareness about security violations.

Better enforcement

DoD is looking at ways to improve its investigative process before granting clearances, and already conducts comprehensive reinvestigations of those with access to particularly sensitive information. Additionally, each service's counterintelligience investigative agency, the Federal Bureau of Investigation and the Central Intelligence Agency have stepped up cooperative efforts to police security violations.

"We nonetheless must face the ultimate reality that no matter what we do there will be other espionage cases in the years to come—perhaps not as many, perhaps not as serious, hopefully not as drawn out as those which have recently come to light, but there will be other cases," Snider said.

"It is the challenge for all of us in this area to minimize their occurrence within the limits of our resources and consistent with the values and principles of a free society."

American Force Press Service

At the movies

Presidio Theater

Fri, Aug. 30	The Last Dragon (PG-13)	7 p.m.
Sat, Aug. 31	Cocoon (PG-13)*	7 p.m.
Sun, Sept. 1	Cocoon (PG-13)*	7 p.m.
Mon, Sept. 2	Cocoon (PG-13)*	7 p.m.
Tue, Sept. 3	Cocoon (PG-13)*	7 p.m.
Wed, Sept. 4	Just One of the Guys (PG-13)	7 p.m.
Thu, Sept. 5	Code of Silence (R)	7 p.m.

*Adults: $2.50, Children $1.25

Schwartz Theater

Mon, Sept. 2	Girls Just Want to Have Fun (PG)	7 p.m.
Wed, Sept. 4	Cocoon (PG-13)	7 p.m.
Thu, Sept. 5	Just One of the Guys (PG-13)	7 p.m.

Hamilton Theater

Fri, Aug. 30	Baby...Secret of the Lost Legend (PG)	7 p.m.
Sat, Aug. 31	Cinderella (G)	1 p.m.
Sat, Aug. 31	Lost in America (R)	7 p.m.
Wed, Sept. 4	The Aviator (PG)	7 p.m.
Thu, Sept. 5	Gremlins (PG)	7 p.m.

Photo Feature

864th shoots the rapids

story and photos by Joseph A. Hirsch

Their rafting guide "Skeeter," peered at them through a pair of dark sunglasses and quietly said, "This isn't like an"E" ticket ride at Disneyland. This is a *dangerous* fun and each of you rafters has to work as a team. Teamwork is the key here."

So with the spirit of teamwork, the theme of adventure training, and doing it on two beautiful days last week, about 75 Presidio soldiers from Company D, 864th Engineer Battalion, shot the rapids on the south fork of the American River near Placerville, Calif.

According to Capt. Thadd Buzan, company commander, the two-day white water excursion and camping trip was to benefit the unit in many ways, but, said Buzan, "This trip gave the company something different from their work routine at the Presidio. Most importantly, it was a challenging and exciting activity that built teamwork and esprit de corps."

This break in the engineers' routine began with planning nearly six months ago, Buzan said.

"We'd thought of many different activities and decided that a rafting trip would be the most exciting," he said.

"We had a lot of help from folks at the ITT Office at the Presidio when it came to finding a good river guide company. They set us up with a great package deal that, as a unit, we couldn't pass up," Buzan said.

The soldiers trekked to their water fun by way of two buses and cargo trucks. Once there, they used the equipment and services from instructor/guides of a Placerville-based company.

After raft control and safety classes by the instructors, and a final trip route was computed, the soldiers packed their rucksacks aboard 12-man rafts. In two days of rafting, the engineers covered nearly 25 miles, stopping late in the evening of Aug. 21 to set up their camp.

Photographers snapped slides of the engineers on the tough Class I and II rapids earlier that day and showed them that night at the campfire.

The next morning, the soldiers ate breakfast, got more classes on safety and then relaxed with volleyball and horseshoes until the river level rose enough to allow rafts to pass on the rapids.

"We felt very fortunate to have these guides showing us the ropes about rafting," Buzan said.

"They [the guides] were very professional and helpful when soldiers had questions or didn't understand a certain stroke or procedure," he said.

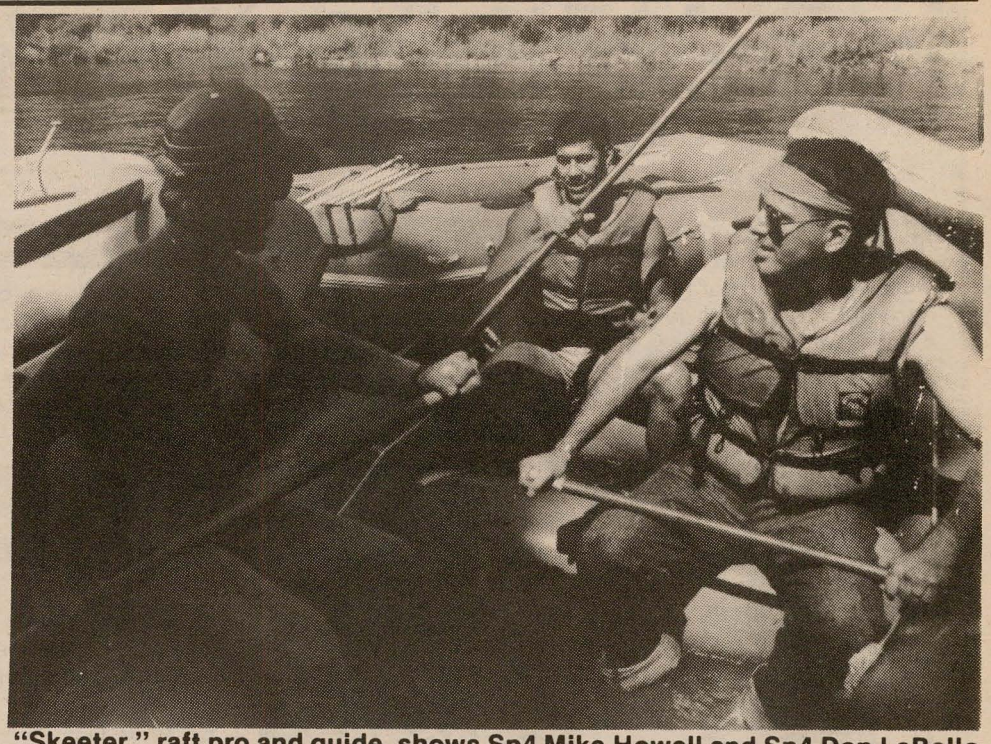
Many of the Company D soldiers were qualified swimmers, but just as many had never rafted on white water rapids before their trip on the American.

The new experience gave Sp4 James Irish, a carpenter in vertical construction platoon, a lot to think about while on the water.

"There's more to this than just hopping on a raft and shooting over a few rapids," Irish said.

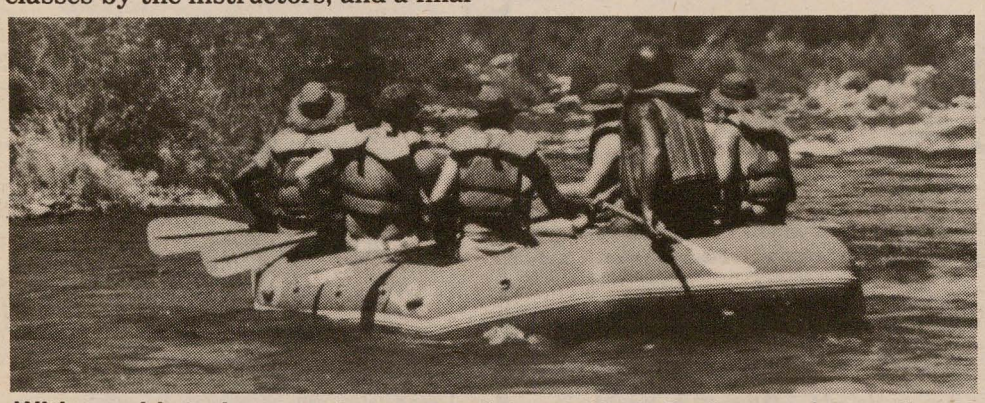
"This is great fun and we've shown a lot of teamwork in the rafts, but the guides had warned us about the dangers, too," he added.

About the adventure training, Sgt. Jim Huey, of the Earth Moving Platoon, said, "We work hard together as a company, and this trip shows us we can play hard together too."

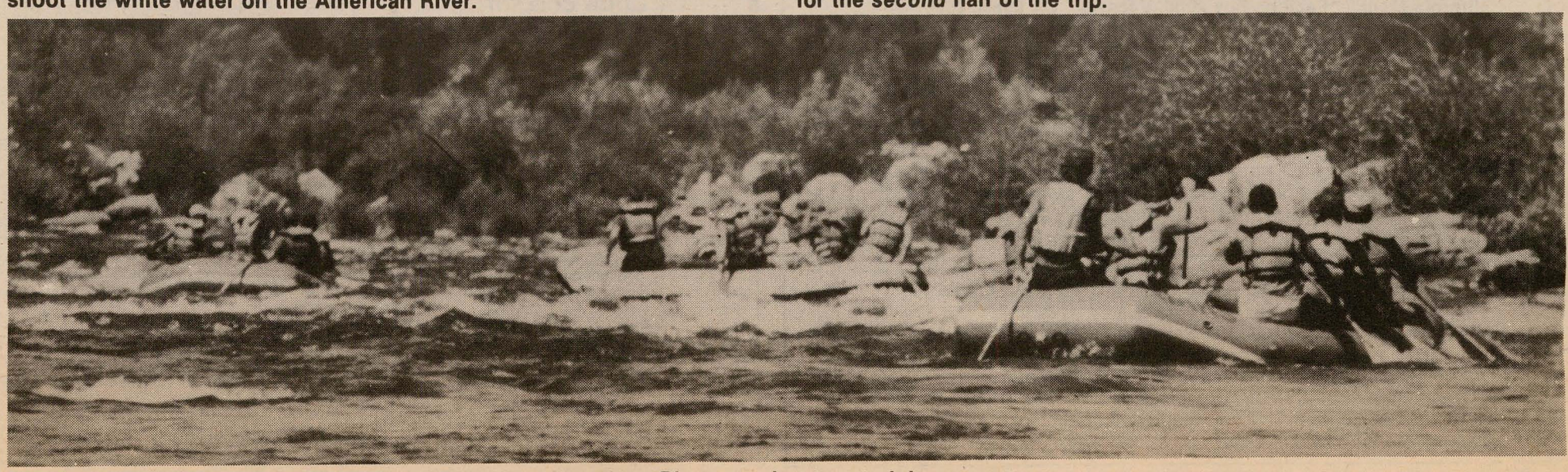


"Skeeter," raft pro and guide, shows Sp4 Mike Howell and Sp4 Don LaBello the proper way to hold a paddle.

Sp4 Jim Irish bails out some of the "white water" just before his unit leaves for the *second* half of the trip.



With a guide to instruct them, one of the 12 864th Engineer rafts readies to shoot the white water on the American River.



The 864th Engineers raft down the south fork of the American River as adventure training.

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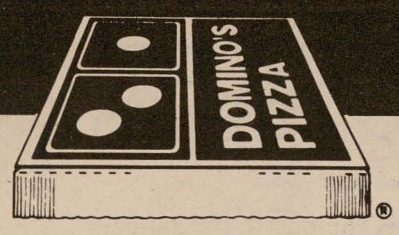

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4-item	$8.55	$12.77
5-item	$9.40	$14.04

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16" Price Destroyer™ $14.04

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4. Remain by the phone after ordering. We may call back to confirm the order.
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6. Have coupons and money ready when the driver arrives.
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STAFF PSYCHIATRIST

California Medical Facility, Vacaville is accepting applicatins for staff psychiatrist. Requirements are: possession of legal requirements for the practice of medicine in California; one year of experience in the practice of psychiatry, or completion of one year of approved residency in psychiatry. Send State applications to **California Medical Facility, Box 2000, Vacaville, CA 95696-2000.**

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Equal Opportunity Employer

PHYSICAL THERAPIST II

California Medical Facility, Vacaville, is accepting applications for Physical Therapist II. Starting salary is $1973. Requirements are as follows: possession of legal requirements for practice of physical therapy in California as determined by California Board of Examiners. (Applicants may be admitted to examination prior to meeting these requirements, but the Board of Medical Examiners must determine that all legal requirements have been met before candidates will be eligible for appointment.) State applications are available at E.D.D. in your area. Mail applications to California Medical Facilty, P.O. Box 2000, Vacaville, CA 95696-2000.

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REGISTERED NURSE II

California Medical Facilty, Vacaville is accepting applications for Registered Nurse II. Starting salary is $1897 with $200 retention pay per month, after six months of satisfactory service salary is $1989 pluse $200. Requirements are as follows: possession of legal requirements to practice as a professional Registered Nurse in California and one year of professional nursing experience in California state service as a Registered Nurse or a facility licensed for Inpatient Care. For further information contact the California Medical Facility, Vacaville, 1600 California Ave., P.O. Box 2000, Vacaville, CA 95696.

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Community Calendar

Parent Effectiveness class

Child Development Services will offer Parent Effectiveness classes beginning Tuesday, Sept. 17, from 7 to 9:30 p.m. Classes will be held at the Child Development Center, bldg. 563.

The 24 hours of instruction (10 sessions) will focus on listening skills (yours and your child's), problem ownership, communication skills and on problem solving (a six-step process that really helps). Parent Effectiveness classes can provide parents with new listening and problem solving skills which can improve communication with others and reduce parent-child conflicts.

The class instructor will be Karen Jupe, Family Services director.

Registration for the Parent Effectiveness classes is now being accepted at the Child Development Center, bldg. 569.

For more information, call Karen Jupe at 561-4712.

Street closure

Old Mason Street is permanently closed to all traffic between the Four Seasons, Exchange Annex, bldg. 609, and the Motor Pool vehicle storage yard gate at bldg. 636.

The public should honor all installed barricades for their own safety and the safety of construction workers.

The street is being closed for the construction of a new post office and a commissary.

Testing news

The **Graduate Record Exam (GRE), Graduate Management Admission Test (GMAT)** and the CLEP English Exam with Essay will be given at the Fort Scott Education Center in October. These tests are for active duty soldiers only.

The Graduate Record Examination will be given Thursday, Oct. 17, at 7:30 a.m. The fee for this test is $29. Deadline for registration is Sept. 6.

The Graduate Management Admission Test will be given Monday, Oct. 21, from 7:30 a.m. to 12:30 p.m. The fee for this test is $30. Registration deadline is Sept. 13.

The College Level Examination Program (CLEP) English Essay will be given Thursday, Oct. 10, at 2 p.m. There is no charge for this exam, but it must be ordered by Sept. 6.

The fees are payable by check or money order when you register for the test. To register contact a counselor at the LAMC Education Center, bldg. 1007, 561-3692 or 561-4030; or the Fort Scott Education Center, bldg. 1216, 561-4451 or 561-2974.

photo by Dan Cheatham

Scottish Gathering

Melissa A. Emerson, of Cotati, and Kristina Gilbertson, of Los Gatos, dance the Sailor's Hornpipe. They will be among the competitors at the 120th Scottish Gathering and Games this weekend in Santa Rosa.

Laundry service

Are you aware that the Laundry (bldg. 1097) offers a service to all active duty soldiers, which, through payroll deduction, authorizes a 25-piece laundry bundle each week for a nominal cost of just $8 per month? The bundle may include both the soldier's military and civilian clothing, within the 25-piece limit. You have the choice to either turn in and pick up your laundry yourself, or you may turn in your clothing to your unit supply representative. Hanger service is available upon request at no extra charge.

Soldiers who are not enrolled in the payroll deduction laundry program are encouraged to do so. The laundry also offers piece-rate service as well as special one-day service. On the one-day service, items turned in by 9 a.m. are ready for pickup the same day at 3 p.m.

OWC

The Presidio Officers' Wives' Club and the Letterman Auxiliary invite all officers' wives to a fall activities **signup coffee on Thursday, at 10 a.m., at the Presidio Officers' Club.**

Information about post activities, club membership and classes being offered this fall will be available.

...the write stuff...

by Ted Weller

The words came echoing back across the ballfield..."He caught it!!!"..."He really caught it!...I caught it, I really caught it!...And so ended the game, with the tying run standing on third looking fondly at the plate.

That catch ended this year's edition of the Headquarters Company, U.S. Army Garrison, Presidio of San Francisco Organizational Day.

That catch also stopped the valiant effort of the "Senior NCOs"...I can't help it, I'm biased...to tie the score and go on to defeat the "Officers Plus." But, as it turned out, the game ended with the score of 12-11.

The Labor Day holiday weekend is upon us:

Start your weekend in the Park with the 17th Annual Ratha-yatra festival in Marx Meadow. The fun begins at 8 a.m. continuing until dusk.

The final rendition of the 1985 San Francisco Summer Cross Country Challenge Series begins at 10 a.m. at the Polo Field in the Park; entry fee is $2.

The San Francisco City Celebration Dance Festival kicks off at 1 p.m. in the Park's Bandshell, while at 2 p.m., the San Francisco Mime Troupe will perform in the Sunken Meadow. Also at 2 p.m., another of Shakespeare's plays will be presented in the meadow east of Conservatory Valley. And they are all FREE!

North of the Bridge:

The 120th Annual Scottish Gathering and Games will be tossing and piping tomorrow and Sunday at the Sonoma County Fairgrounds in Santa Rosa. The President's "Old Guard" Fife and Drum Corps will begin the activities each day at 7:30 a.m. and play throughout the weekend ending each day at 5:30 p.m. Competition includes piping, drum majoring, fiddling, Highland dancing and, of course, the heavy events and caber toss championships. Tickets are available from the I.T.T. Office for $10.25 (adults) and $5.25 (for children 12 years old and older). Children under 11 years get in FREE!

The Marin Fiber and Neddle Arts Show and Sale will be held in the Marin Center Exhibit Hall, San Rafael, today, tomorrow and Sunday. Call 479-0500 for more information.

East of the other bridge:

FALL FEST 85 sponsored by the Concord Chamber of Commerce will be held in Todos Santos Plaza Saturday through Monday. The fun begins each day at 10 a.m., ending at 11 p.m., tomorrow and Sunday, and at 6 p.m. on Monday. FEST features stage coach rides, chili cookoffs, a grape-stomping contest, western stunt shows along with a guarantee of continuous entertainment...and...AND...it's FREE!!!!!!!!

Down on the Peninsula:

The 15th Annual Art and Wine Festival is featured in Millbrae on Broadway tomorrow and Sunday. Two hundred and fifty artists will present their work from 9:30 a.m. until 6 p.m. each day, AND...of course...it's FREE...so is the parking.

Finally, back in the park: the Spirit of America Festival kicks off at 9 a.m. on the Polo Field on Labor Day. Go to the first major rock and roll concert in the Polo Field since Crosby, Stills & Nash played to 200,000 people in 1968. Take the MUNI No. 29 or No. 5, and avoid the muss and fuss of parking. Food booths, All-Day Barter Fair, arts and crafts booths and a Spirit of America Run for Hunger along with music provided by major Bay area performers and surprise guests will keep everyone moving until 6 p.m.. But, of course,...it's FREE...that's right: F-R-E-E. Long live rock and roll!!!!! The magic is back!!!!!

Now don't tell me that you can't enjoy this weekend because you don't have any $$$$$$. Go out and have some fun!!!!!

But remember to keep everything within limits...we want to see your smiling face on Tuesday.

This week in Presidio's history: August 30, 1965: Maj. Gen. Henry W. Halleck takes command of the newly formed Division of the Pacific. Sept. 1, 1951: The Pacific Pact, a mutual assistance treaty between the U.S., Australia and New Zealand, is signed in the Presidio Service Club, bldg. 135.

Smile...have a great weekend and remember...every party does not have to flow with suds to be a success...!

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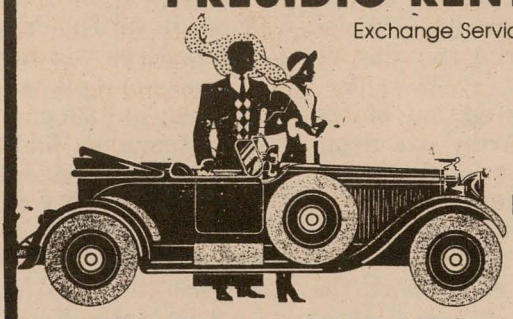

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Sports

photo by Edgar Gallardo

Jeaniene Talley, of the Aquarius Swim Club, uses a butterfly stroke during a recent meet.

Aquarians swim well at recent meet

by John Rozum

The Aquarius Swim Club's Ken Yamada is the fastest swimmer in northern California age-group swimming. Yamada, 16 years old, captured first place in the 50-yard freestyle with a time of 22.89 at the Zone 3 Pacific Swimming Short Course Open Age Group Championship meet on Aug. 17, at Indian Valley Colleges. Yamada bested a field of 45 swimmers from 17 northern California swim teams to earn the award. His time was fast enough to gain him a "AAA" National Age Group time standing. Yamada also placed fifth in the boys' 15- to 18-year-old 100-yard freestyle with a time of 51.14 and fifth in the 100-yard butterfly with a time of 57.41.

The Aquarians placed a total of five individuals and one relay team in final events. Fourteen-year-old Jeaniene Talley swam in four final races, earning fifth place in the girls' 13- to 14-year-old 100 butterfly (1:08.27), sixth in the 50 freestyle (28.00), sixth in the 100 freestyle (1:08.32) and seventh in the 200-yard individual medley (2:32.48).

Talley scored 92 points for her efforts to lead Aquarius to a tenth place finish with 719 points. Gabrielle Talley scored a fifth place in the finals of the girls' 10-year-old and under 50-yard backstroke with a time of 39.76, while Lisa Palladino netted seventh place in the finals of the girls' 15- to 18-year-old butterfly with a time of 1:09.79

Rounding out the individual finalists was Ian Powell, who swam to an eighth place finish in the finals of the boys' 15- to 18-year-old 200-yard backstroke with a time of 2:20.54. Aquarius' boys' 11- to 12-year-old 200-yard freestyle relay team of Randy Hart, Robert Assadurian, Dylan Mills and Gene Talley garnered a third place award with their time of 2:15.09.

In the "B" division, Mills stroked to a second place finish in the boys' 11- to 12-year-old butterfly and a third place in the 50 freestyle, while Gene Talley earned a second place in the 50 freestyle and a third place in the 50-yard butterfly. Ted Gallardo picked up second places in the boys' 13- to 14-year-old 100-yard breaststroke and 200 individual medley, and third place in the 100 freestyle. Tami Assadurian earned a second place in the girls' 11- to 12-year-old 100 breaststroke. Lisa Palladino also earned a second place in the girls' 15- to 18-year-old 100 freestyle while Franklin Rissler took a third place in the boys' 10-year-old and under 25-yard freestyle.

Other swimmers who participated at the meet included Emily Mills, Kenny Lown and Robert Hart.

Coach John Rozum said, "With 15 swimmers, this was the largest team we have fielded this year, and as far as individual performances, it was the best meet we've had."

This meet marked the end of the 1984-85 swimming season for the Aquarians. The club holds its annual awards banquet today, and will start the new season this weekend with the Ignacio Rotary Swim Classic in Novato.

LAMC wins softball championship

The Six Packers and LAMC No. 1 advanced to the post softball championship finals. LAMC No. 1, the defending champions, moved into the finals by beating Oakland Army Base 11-1 and Co. H, DLI-SF 7-4 in loser's bracket. Co. H, DLI-SF, earlier surprised LAMC No. 1 with a 7-2 win to send the defending champions into the loser's bracket.

The Six Packers, the only undefeated team in the tournament, advanced to the finals with a 5-2 victory over the FBI, a 4-2 triumph over Oakland Army Base and a 5-3 conquest over Co. H, DLI-SF.

LAMC No. 1, needing back-to-back wins, played like champions over a tough Six Packers team, a team which gave up only nine runs in their first four games of the tournament.

In the first game, both teams pulled off some outstanding fielding gems as they went scoreless for six complete innings. In the top of the 7th inning, LAMC No. 1 drew first blood by scoring a run on a base hit by Jim Roysden. The Six Packers answered when Scott McDonald scored on Keith Adams with a base hit. Adams got as far as third base, but LAMC No. 1 held fast to keep the Six Packers from scoring and force the game into extra innings. There was no scoring in the eighth inning. In the ninth inning, Richard Sajac scored on Steve Burnett with a base hit for a 2-1 lead for LAMC No. 1. The big bats of the Six Packers failed to produce a run in their half of the inning, and it was a 2-1 win for the defending champions which moved the team into the tournament's "if" game.

With the win under their belts and momentum on their side, LAMC No. 1 seemed unstoppable and drove home an easy 8-0 victory over a hopeless Six Packers team.

Steve Burnett from LAMC No. 1 was selected as the outstanding player of the tournament.

At the end of the tournament, the post commander, Col. Robert S. Rose, presented league and tournament awards to the winners.

Sports briefs

Bowling league

An organizational meeting will be held at 1 p.m. on Wednesday, Sept. 4, at the Bowling Center. Units or activities that want to enter a team in the league must have a representative at the meeting. League rules will be formulated and officers elected.

For more information, contact the Sports Office, at 561-4120 or 561-5032.

Women's basketball

Tryouts for the women's post basketball team will be held at Gym No. 2, bldg. 1152, from 5 to 7 p.m., Sept. 9 through 20. Tryouts are open to active duty soldiers, family members and DA civilians assigned to the Presidio. The women's team will compete in the Navy League and military tournaments throughout northern California.

For more information, call the Sports Branch at 561-4120 or 561-5032.

Men's basketball

The men's basketball tryouts begin Tuesday at 6 p.m. Tryouts will be held Mondays through Thursdays from 6 to 8 p.m. at Gym No. 1, bldg. 63. Team eligibility is open to active duty soldiers, family members 19 years old and older, and DA civilians employed at the Presidio. The team will be coached by 1st Sgt. John Malone.

For more information, call the Sports Office at 561-4120 or 561-5032.

Army seeks runners for marathon

Active duty soldiers interested in running in the Armed Forces Marathon on Nov. 3, in Washington, D.C., have until Sept. 16 to submit applications through their local sports office.

Selections of the five-man, five-woman Army team will be made based on the best certified sanctioned marathon run by applicants between Jan. 1 and Aug. 30. Soldiers should attach a certification from a sanctioned marathon to the athlete application form. Without the certification, soldiers will not be eligible for selection.

Selected soldiers will be brought to Washington, D.C., at Army expense.

For more information, call the Presidio Sports Office at 561-4120 or 561-5032.

Aerobics

There is a FREE introductory class. Classes are open to both men and women of all ages and levels of fitness. Participants are encouraged to exercise at their own pace.

For more information, call 561-4120 or 753-8733.

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The SQT test: a soldier's annual job checkup, **page 5**

Renters: laws can work for and against you, **page 6**

Golf tourney: Presidians gather on the greens, **page 11**

Star Presidian

Vol. 28,. No. 36 "Published in the interest of the people of the Presidio of San Francisco." September 6, 1985

News briefs

Amtrack military discounts

AMTRAK has announced that effective immediately a military discount will be offered to family members of military service members traveling with or without their sponsors. The spouse and children 12 to 21 years of age will receive a 50 percent discount off the regular one-way fare, and children 2 to 11 years old will receive a 75 percent discount off the regular one-way fare. Children under two travel free, and the standard 25 percent discount applies to the soldier.

High Holy Days

Rosh Hashana, the Jewish New Year, will begin at sundown, Sept. 15, and end at sundown, Sept. 17.

Yom Kippur, the Day of Atonement, will begin at sundown, Sept. 24, and end at sundown, Sept. 25.

Sukkot—the festival of Sukkot will begin at sundown on Sept. 29 and end at sundown on Oct. 8. A "Sukka" (tent or Tabernacle) will be constructed next to the religious activities center, bldg. 682.

Electrical shutdown

There will be a 6 a.m. to midnight electrical shutdown of the entire Fort Scott area on Sunday, Sept. 15.

Buildings affected are: 680, 681, 682, 683, 683, 957 through 989, the 1200 area and 1400 area, bldg. 1601, 1621, 1625, 1648, the 1700 area, Fort Point Museum and Golden Gate Bridge contractor trailers on east Battery Road.

Lincoln Boulevard closed

Lincoln Boulevard, between Presidio Boulevard/Letterman Drive and Funston Avenue, including side streets, Torney and Girard Road, will be closed beginning Sept. 16 for six to eight weeks. Shutdown is necessary for a major construction project on Lincoln Boulevard.

Assault rations to replace LRPPS

Soldiers will be eating a new menu of field rations within the next two years.

A new assault food packet has been developed to provide Special Forces, reconnaissance and similar units a balanced meal for up to 10 days, said Lt. Col. William K. Huff, chief of the Army's Food Services Office.

Although production of the assault packet will begin in fiscal year 1986, they will not be fully introduced for field use until the long-range patrol packets (LRPPs), which are currently being served, are used up.

Army News Service

photo by Joseph Hirsch

Starine Cheek is the Community Life Program Coordinator for the Presidio's mayoral program.

Mayors solve PSF problems

by Debbie Campbell

Every soldier must consider the possiblity of being moved suddenly, leaving behind familiar surroundings and friends. That's all part of life in the military. Unfortunately, these circumstances exist for military family members as well, whether they are prepared for them or not.

Such drastic moves can bring about trauma and anxiety among family members who must constantly make adjustments to their lifestyles. Some family members may resort to staying home alone, isolating themselves from their neighhorhood, according to Starine Cheek, Community Life Program coordinator.

"I felt very secluded when we first got to Fort Baker. In reality, it's only four miles away from the Presidio. We're now trying to avoid a lot of those feelings," said Sue Driscoll, mayor of the Fort Baker area.

The Community Life Program, a part of Army Community Service, is unusual in that it includes 11 mayors who represent separate housing areas all over the Presidio. These mayors, all family members themselves, work on a volunteer basis, serving as a communications link between the people and the post commander. This type of system is common in Germany, but is just catching on here, according to Cheek.

The mayoral program was introduced at the June 19 Community Action Council. At that meeting, Col. Eugene D. Hawkins, then post commander, installed the first eight mayors.

The new system has been developed so the mayors may work along with 28 or so area coordinators already assigned to each neighborhood.

Since June, the mayors have developed plans at their monthly meetings to get residents involved in community actions. This includes overcoming problems that arise within the residential areas, as well as entertainment and activities for the entire family, Cheek said.

More and more families are finding out about the program and getting involved.

"We had only five families out of 58 at our first meeting. The next month we had 12. If I can get 30, I'll be thrilled," Driscoll said.

In some of the neighborhoods, the mayors have put together newsletters to let each family know what is happening, and perhaps to help make them feel a bit closer to their neighbors, Cheek said.

"What's important is that they feel they can make a difference in the community," she said.

Other projects include a welcome packet with the history of Fort Baker, the bus schedule and other things. "A formal welcome is nice," Driscoll explained.

An example of how this system is progressing is when a problem arose in the 400 area neighborhood. A safety hazard concerned the residents. However, because they were aware of the mayoral program, they turned to their mayor to resolve the problem, according to Cheek.

This mayor, Susanne Clyde, realized how important the problem's solution was to the neighborhood, so she met with people from different post agencies who could help her get answers. Then she made up a flyer with answers to their questions, and distributed it to the neighborhood families, Cheek said.

Another success story, she said, is the change that has come about among many of another neighborhood's teens. While many teenagers had been getting into trouble, they're now getting involved in community projects. In one case, the neighborhood teens are helping to write the area's newsletter, according to Cheek.

The mayors have laid the foundation for the program, which continues to grow. An ongoing program, it is constantly developing, and should improve the quality of life for soldiers and their families, according to Cheek.

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Opinions

TAKE A BITE OUT OF CRIME

In some areas that have recently experienced a crime wave, it must seem as if the criminal has become omnipotent, all-seeing. At times it appears that a criminal can take whatever he wants with impunity; that he can get into any house and do as he will with you or your property.

You *can* fight back. It is a fact of life that a criminal is always on the lookout for "easy pickings," or taking the path of least resistance. The criminal doesn't like to take on something that will present difficulties for him, such as a well-lit apartment building with a reliable security system. He positively hates being in the light, because of increased chances of being identified, which may result in later conviction. Light causes fear in his case.

The idea of light providing security is as old as human history. When men and women lived in caves, fires were often tended to keep predators away. As time passed, protective lighting evolved from wood fires and candles to the relatively sophisticated gaslights, which were installed in the early 1870s, providing communities with better visibility and more security.

It is well known in law enforcement circles that lighting plays an important part in deterring criminal activity. A variety of experiments and studies have been held. One example was a small Indiana town that decided, in December 1973, in response to energy conservation appeals, to turn off its streetlights. There was an immediate outbreak of vandalism and petty thefts. The lights were turned back on—it was necessary to face reality. Other incidents nationwide indicate dramatically how improved lighting sharply reduces crime, sometimes as much as 85 percent in some areas.

So, what would be some good ideas for fighting back against the criminal? Well, considering that lighting is the single most cost-effective means of providing for our security, it might be wise to look at the possibility of installing night-lights, if you don't already have them. These can illuminate boundaries, fences and buildings. Keep your hedges and other vegetation well trimmed, thereby increasing visibility around your house. And obviously, your porch lights should be working properly. When away from home, it is best to leave your lights on. The idea is to make your home look "lived in."

There are other devices. Floodlights are on the market, but this is possibly beyond the means of your housing authority. Some police officials refer to the sodium vapor lamp as the "best source available." Others include the mercury vapor and metal halide lamps. But whatever one uses, one thing is for sure: good, improved lighting deters crime.

If you think the lighting around your living quarters is inadequate, contact your local mayor. Then, after your mayor makes contact with the Provost Marshal's Office, a lighting security survey can be made. The number of the physical security section, Provost Marshal's Office, is 561-5011 or 561-4925.

You can help the military police by reporting any suspicious activity by calling 561-2251 or 561-2252.

And do your part to help stop fraud, waste and abuse of your tax dollars; REPORT it. The Presidio Fraud Hotline is 561-3578. All calls are kept confidential.

Ramblin' Sam

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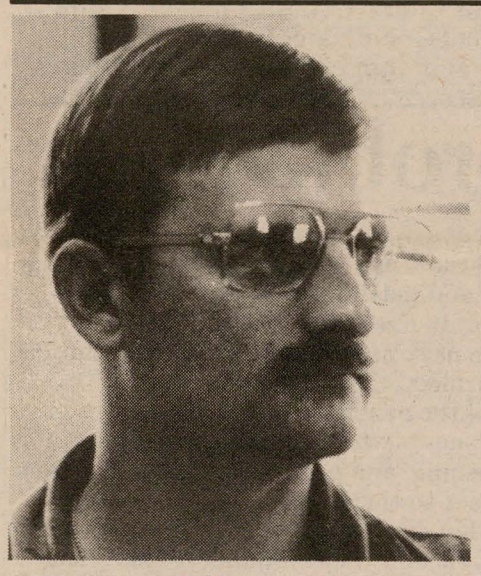
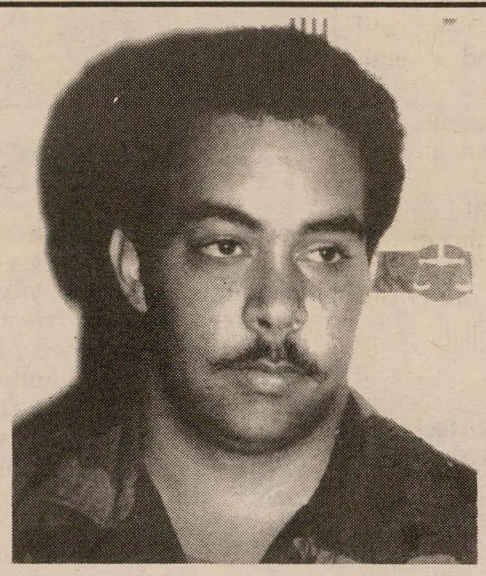
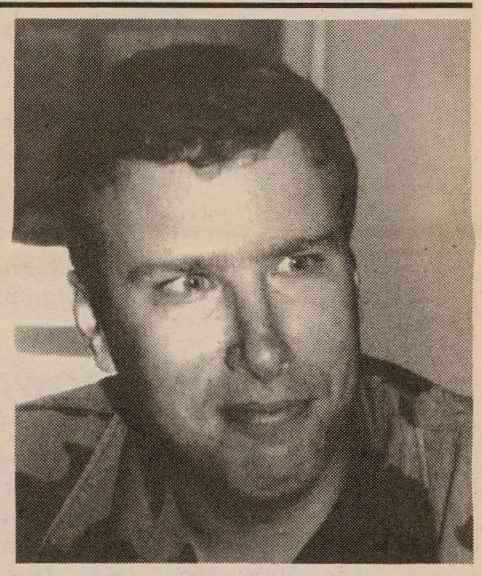


SFC Stewart Streitenberger, assistant adjutant, Headquarters Command Battalion: "The American public doesn't understand or support armed services. They tend to neglect programs designed for military members of all services until conflicts arise."

Pvt. 2 Regina Benjamin, postal clerk, Headquarters Command Battalion: "They think all we do is sit here and joke around. They don't understand the pressures we're under. We have to pick up and move our families overseas in an hour if they need us."



Sgt. Troy Sherrod, supply specialist, USAG: "It seems to me that some of the public can always find something bad to say against or about us. I think a majority supports us, though, like in the ceremony a few weeks ago."



Sp5 Lawrence J. Wallace, personnel administration specialist, Headquarters Command Battalion: "The American public supports its perception of the U.S. Army which consists of John Wayne, Audie Murphy and Rambo. Very few comprehend what Army life really consists of."

How Leadership is like a can of peaches

by Peter J. Schmotzer

A couple of us old-timers were sitting out in the field one afternoon. You know, one of those times when there's a lull in the action and you get to discussing things. We got around to talking about chow, as most soldiers do.

"You know, these MREs aren't so bad," one guy said. "Yeah," said another, "but the fruit isn't as good. You know, you just can't beat that old can of peaches."

He was right. I can remember a couple of frosty mornings. Those cans of peaches had been in my rucksack, were chilled and tasted superb.

Leadership is like that old can of peaches. The MRE freeze-dried peaches are good, as are today's young leaders, but they are just not quite the same. Soldiers like good leadership. They work harder, strive to do the impossible and push their chests out when they do.

This is the year of leadership. A challenging year. A year of reflection and introspection. The Army today is somewhere between that old can of peaches and the new MRE. Sometimes we have to "suck it up" and other times we can "puff out our chests." This year, we, the leaders at all levels, have been handed a most difficult task: to look at ourselves.

please see page 3

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Leadership continued from page 2

We feel threatened by this self-imposed review: "I'm a leader. I know what leadership is; I've had plenty of hands-on experience."

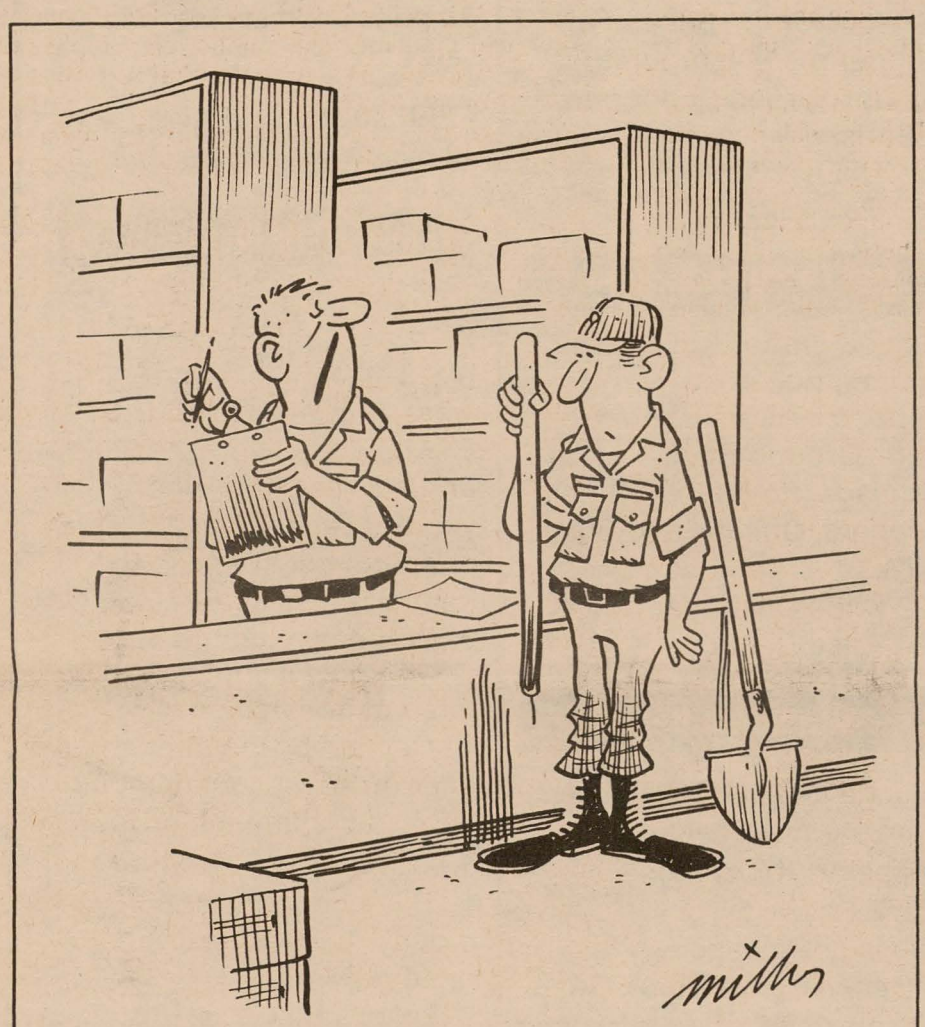
This year challenges all of us to gain the wisdom of leadership. Wisdom is a unique combination of experience and knowledge. We have been told throughout time to seek out and listen to the wise men. We ask you, our experienced leaders, to please share with us your experience and knowledge. Share it with us verbally over coffee or during a break in training. Write it down and teach it to us in our classrooms.

We must all ask difficult questions of ourselves; what makes a good leader? Do I meet all the standards? What must I do to improve myself? How can I improve my leadership skills? Each of us must reflect on our own experiences and lessons learned and pass them on to the leaders who will follow us. We would be remiss in our duties if we did not.

(Maj.) Peter J. Schmotzer is a reserve officer currently attending the Command and General Staff College at Fort Leavenworth, Kan.)

Army News Service

The Lighter Side



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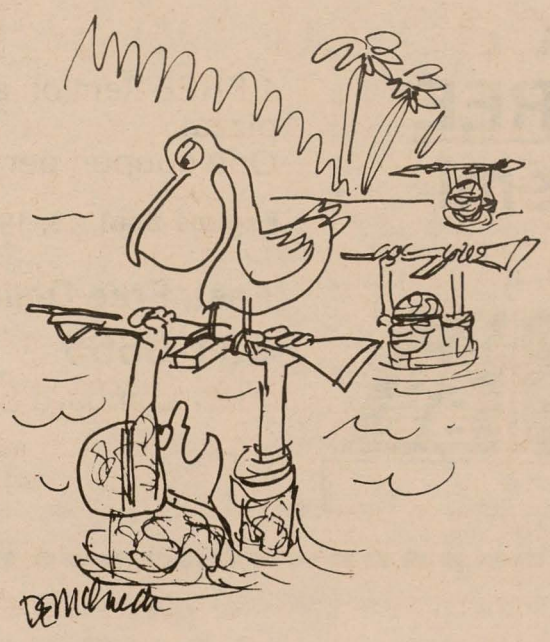

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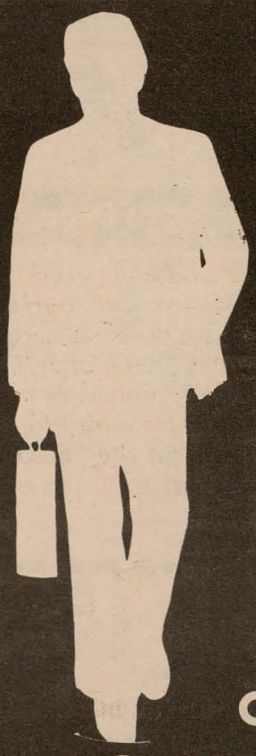

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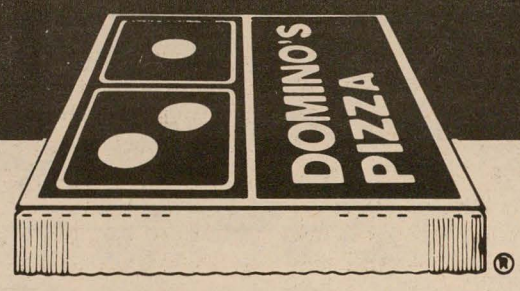

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Community News

SQT measures soldiers' skills, job knowledge

by Debbie Campbell

Most people would like to be recognized as being good at what they do. If they know their job and perform it to their utmost, they usually expect some sort of acclaim. U.S. Army soldiers are probably no different from most people, and the Army is generally known for giving rewards to individuals who are considered worthy of them.

The Army has many ways in which to judge a soldier's skill and effectiveness so that promotions and other rewards may be given accordingly. One way in which the soldier is evaluated is through the Skill Qualification Test, or SQT.

The SQT is given once a year to evaluate each soldier's skill, and a separate test is given for each MOS. There are four skill levels in each MOS, with the fourth being the most advanced. Soldiers at the fourth skill level must be well versed in all different aspects of their MOS.

"Many young soldiers fail to realize the importance of the SQT test. The SQT plays a big part in helping soldiers get promotions and in gaining entry to different military schools," said SSgt. Bayani San Jose, test site manager and administrator of SQT testing.

In some ways, according to the SQT test NCOIC, SSgt. Jerry G. Washington, the SQT test can make or break a soldier. Those people who fail the test twice can be reclassified by their commander or separated from the Army.

There has been a recent upswing in the value of the SQT score. The score used to be worth a total of 150 promotion points. Since spring of 1985, that figure has increased to 200 promotion points.

Yet some people feel that the SQT shouldn't be worth quite so much when it comes to considering an individual for promotion. They feel that a written test is not always the best way to evaluate someone.

"Some individuals are doing the job, but can't take tests. It doesn't mean they're not proficient in their job," said SFC Willa L. N. Chandler, personnel specialist NCO with Company B, LAMC.

In some cases, people feel the SQT test is fair in that it covers the basic skills in each MOS. However, they still find it difficult to apply to tests what they do every day on the job.

According to Pvt. 2 John T. Belsha, airplane repairer at Hamilton Army Airfield, "From day one we learn not to memorize in aviation. Then, for the SQT, we have to memorize."

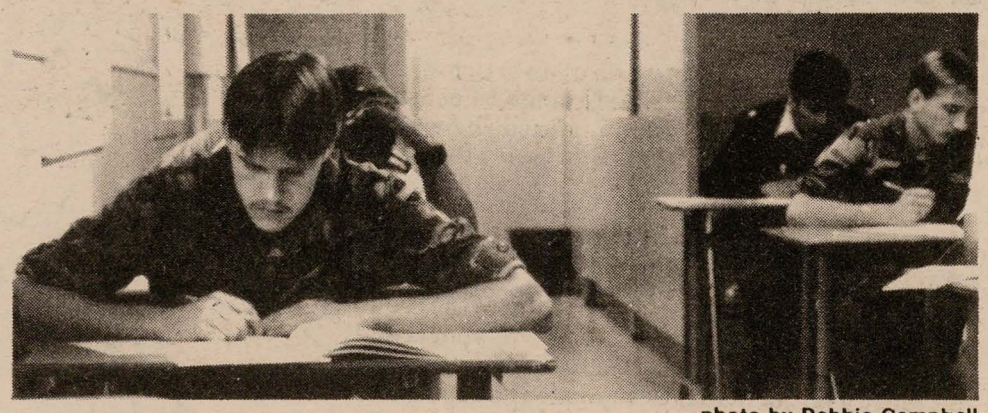


photo by Debbie Campbell

Airplane repairer, Pvt. 2 John T. Belsha looks over the SQT test booklet before starting the test.

His comments are similar to those of his boss, SSgt. Bryan P. Spaur, maintenance supervisor, who said, "In our unit we deal with administrative functions. On the SQT, most of it deals with combat-related skills."

These sentiments seem to be widespread in the Army. According to Sergeant Major of the Army Glen E. Morrell, quoted in *Army Times*, the SQT should test soldiers in "what they do every day rather than asking them a bunch of questions on theory and subjects they may not need to know for several years."

It seems that although most people might agree that the SQT test score can provide valuable promotion points, its value as a true test of overall skill is questionable.

For these reasons, the SQT test is being considered for some changes, according to *Army Times*. Two of the options, according to *Army Times*, would be to "keep it in its present form and use results only to measure training progress, or change the format to put more emphasis on hands-on type testing for promotion, school selection, and reenlistment purposes."

This reevaluation of the SQT may be best for the soldier, as it could help him to present himself and his skill in the best possible light.

Watch your credit cards like you watch your cash

by Tom Joyce

Today's mail included a letter from home and the bills from the credit card companies that arrive like clockwork each month. On one bill you notice a $100 charge for a performance of Puccini's *Madama Butterfly*. Not only did you not order tickets, you don't even like opera.

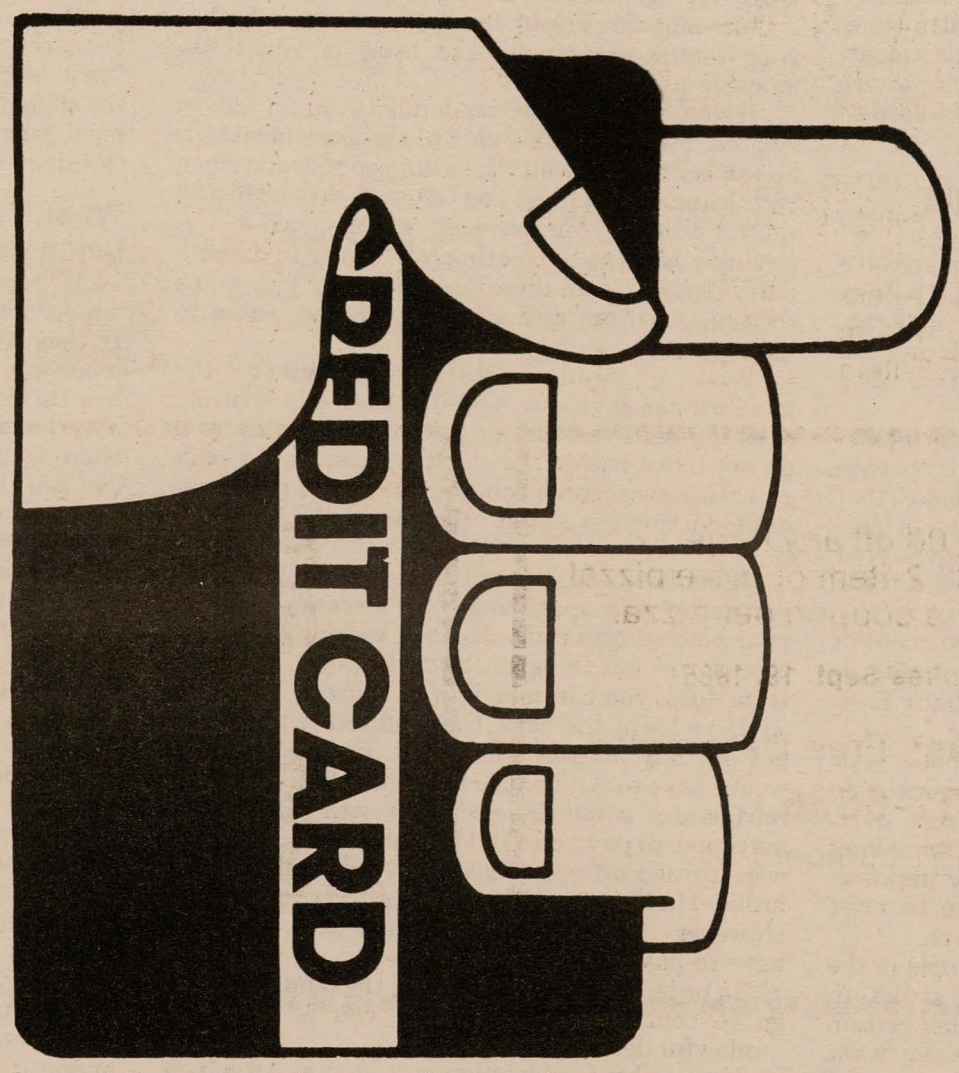
Chances are someone else enjoyed the concert at your expense. Finding out who it was is nearly impossible.

Credit card fraud is registered in the hundreds of millions of dollars each year. VISA International, the world's largest credit card company, reported losses of $138 million in 1984 alone. Seventy percent of that was from lost or stolen cards. The other 30 percent was from counterfeit cards.

Federal law restricts card holders' liability to $50 on reported lost or stolen cards. If you report your cards lost or stolen before they are used, you are not liable for any unauthorized charges.

Dan Brigham, a public relations associate with VISA International, says all credit cards should be handled like money. "The Achilles heel of credit cards is the account number, the expiration date and the name on the card," he says. "With that information, anyone can fabricate a card or make transactions against your card."

Brigham suggests cardholders become more aware of what they are doing with their cards. He suggests consumers remove the carbon paper from retailers after each transaction. "That is where the counterfeiters get their information," he cautions. "Examine your statements as soon as you recieve them. Make sure all charges are authorized. Especially in the case of counterfeit cards, the monthly statement is the first time someone will know their card is being used by an unauthorized individual."



Brigham also advises against giving your card number to people over the telephone. "One of the newest scams is that someone will call a number at random and induce a person to divulge their account information, most often misrepresenting themselves. They will then use the information to transact illegal business against the cards." Brigham says if you initiate the phone call, the rules are different. But if someone else initiates the call, be wary.

There are other ways of protecting your cards. Brigham suggests distributing your valuables all around your body, especially if you are going to be in a crowd situation. "Put your money in one pocket, your cards in another. Pin your wallet pocket shut and check valuables often."

The credit card industry is doing its part to make cards less susceptible to fraud. Cards are being redesigned, and new technology is entering the retail market to make cards safer. "The ultimate goal," says Brigham, "is to make it so every transaction made against a card can be authorized by the card holder."

Most credit card companies provide toll free numbers to report lost or stolen credit cards. Keep those numbers handy.

American Force Press Service

News Feature

Renters, know your rights and responsibilities

by Jon L. Frobish

This article is a continuation of an article on the problems that renters face and things to consider before a lease is signed. If you missed the article, the full text of both articles is available at the post SJA office.

Who should make repairs in my apartment?

You should—if you, your family or a friend caused the damage. For example, if your child breaks a window, you must replace the glass. Or, you must ask the manager to make the repair and be prepared to pay for it. If you did not cause the damage, your landlord probably is responsible for making the repairs.

The best time to ask for parts or improvements is before you move in. Walk through the apartment or house with your landlord and ask him to fix the things you two agree are wrong. You may want to take a friend along. Then, he or she can be a witness if you and the landlord later disagree about the repairs to be made.

It also is a good idea a to take pictures of any problems, like a broken table leg or light fixture. Be sure that you and your friend initial and date the photographs. These photos also can help you prove you are entitled to get back your security deposit when you move.

If your landlord or landlady does not make the repairs by the date promised, send a letter to remind him or her. Keep a copy.

What if you have a big problem? Say the furnace has not worked for six weeks, and the landlord won't fix it—despite all your phone calls and letters to remind him. In this case, you can report the landlord to a housing or building inspection department. But remember: An inspector could condemn the building if it is in very bad shape. This means you eventually may have to move. You may, however, be able to sue your landlord for back rent and moving costs.

What if there are rats or mice in the building? Maybe garbage sits around for a week at a time. You can call the county or city health department. A lot of trash in the hallways could be a fire hazard. In this case, you can report the landlord to the fire department.

What can I do instead of reporting the landlord or landlady?

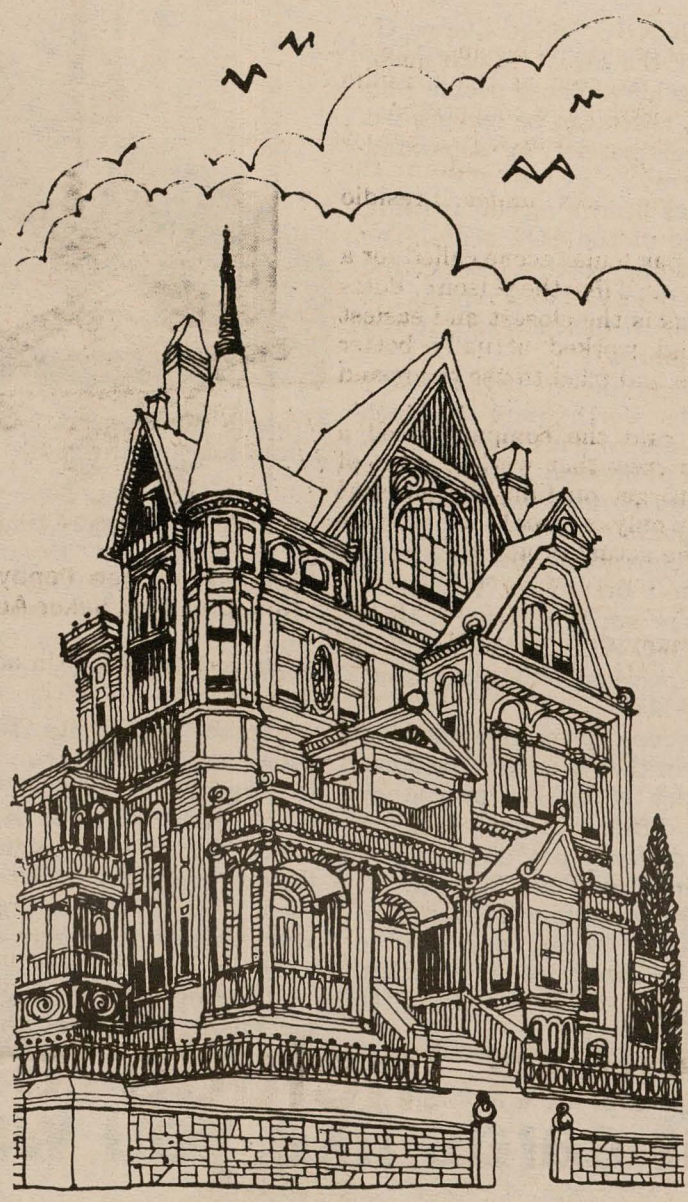
You can make repairs yourself or pay to have them made. Then you can subtract the money spent from your rent. But you cannot subtract more than the cost of one month's rent for any one repair. And you cannot make more than two repairs within one year.

You also could stop paying rent until repairs are made. However, you probably should put your rent into an "escrow" account. This means that your money is kept in a savings account or safe deposit box or held by a court. It shows your landlady that you are willing to pay the rent if she will make the repairs.

In either case, the problem must be with one of the "necessaries" of life, such as heat, lights or plumbing. Be sure to write to your landlady first, saying what you plan to do.

If you have a major complaint about your landlady, it is possible that her other tenants do too. Get them together to talk things over. Perhaps all of the tenants will sign a letter asking the landlady to make a certain repair or improvement. Or they might select one person to meet with the landlady on behalf of all tenants.

If all else fails, you and the other people in the building might consider holding a rent strike. In California, rent strikes are legal only under certain conditions. So you and the other tenants may want to pool your money and hire a lawyer.



Can my landlord sue to evict me?

In some cases your landlord can sue whether your rental agreement is a lease or month-to-month.

If you have a lease, the landlord might sue to evict you if you break a part of the agreement. Or, he can try to evict you if he asks you to leave when your lease runs out and you refuse to do so. He also can try to evict you for other reasons such as not paying your rent or creating a nuisance by having noisy parties. In all these cases, he must give you a three-day written notice to move before suing to evict you.

With a month-to-month agreement, the landlord can give you a 30-day notice in writing, even if you have not done anything wrong. If you do not move within that time, he can sue to evict you. However, some communities have laws that limit evictions to certain "good cause" reasons only.

A landlord who wants you to move cannot lock you out of your apartment. And he cannot remove your belongings or any doors or windows. He also cannot turn off the gas, electricity, heat or water. If he does, you can take him to court.

If you win the case, the landlord will have to pay for any damage he caused. For instance, he would have to pay for the food that spoiled in your refrigerator while the electricity was off. And he may have to pay you $100 for each day the utilities were turned off or at least $250 for every law he broke. He also may have to pay for your lawyer. However, if the landlord wins the case, you may have to pay for his lawyer.

In order to have you evicted, the landlord must go to court. His suit against you is called an "unlawful detainer action."

Here is how an eviction suit starts. After you get either a three-day or a 30-day notice, the landlord will send you a "complaint." This is a paper that says you are being sued. You also will receive a "summons," which tells you when and where to appear in court. If the landlord sues in municipal court, you must reply to the complaint in writing, or the case probably will be decided in the landlord's favor. The summons tells how soon you must reply.

How do I handle the eviction notice?

If the suit involves money and the amount is $1,500 or less, your landlord may take you to the small claims court. Lawyers are not allowed in this court, but you can talk to one beforehand. However, most eviction suits are filed in municipal court, and there lawyers can represent you and your landlord or landlady, too.

Some eviction writs are "retaliatory evictions." That means the landlady wants to punish you—perhaps for reporting her to a building inspector.

Suppose the landlady sues you within 180 days of the time that you report her to a building inspector, notifying her of needed repairs or asking her to make your place livable. In these cases, the court may decide that the suit is retaliatory eviction. If so, you will not have to move. However, if the landlady sues after six months go by or any time after you join a tenant's group, you will have a harder time proving retaliatory eviction.

In any case, you must not be behind in your rent, or the landlady is likely to win the suit.

What can I do if my landlady wins the suit?

If the landlady wins, you may have to pay the court costs and attorney's fees.

You are allowed to "appeal" if your landlady wins the suit. This means you can ask a higher court to rehear your case. But you still will have to move unless the court grants a "stay" or delay until the case is finally decided.

If you do not appeal, there is not much you can do, except move. Otherwise, the landlady can get a "writ of possession." This is a paper that orders the sheriff to move you out. If you are in the apartment when the sheriff comes, he will put you on the sidewalk.

What if you move out but leave your belongings behind?

If your things are worth less than $100, the landlord can keep or sell them or throw them out. If they are worth more than $100, the landlord must give you 15 days to take them away. If he has them put into storage during that time, you may have to pay storage charges. If you do not claim your belongings within 15 days, the landlord can sell them.

What can I do about discrimination?

You may believe that a landlord or landlady won't rent to you or is evicting you because of your race, religion, national origin, sex or handicap. Perhaps he or she will not rent to you and a person of the opposite sex because you are not married.

If so, you can write or call the California Department of Fair Employment and Housing. This organization, which can order a landlord or landlady to pay up to $1,000 if you can prove discrimination, has offices in Bakersfield, El Centro, Fresno, Los Angeles, Oakland, Sacramento, Salinas, San Jose, Santa Ana and Ventura.

Or you can write or call the U.S. Department of Housing and Urban Development (HUD) in Los Angeles, Sacramento, San Diego, San Francisco or Santa Ana. For telephone numbers of either organization, dial the directory assistance operator.

Features

'Riptide' crew films at Fort Baker shore

by Joseph A. Hirsch

"I don't know where they could be, Murray; hope they're ok," whispered Joe Penny.

"Yeah, these rocks are really dangerous; where are we going, by the way?" questioned Thom Bray.

"Where" they were going was made to look like Alcatraz Island, the home of the famous prison. What they were doing was acting for the cameras of Stephen J. Cannell's television production *Riptide.*

Last week, the cast and crew of the popular weekly series were on location at Fort Baker's Cavallo Point, filming a segment of a special two-hour show that will air in November.

Suddenly a scream, "Cut!" The director pointed his finger at Penny.

"You've got to speak up, Nick," he said, using Penny's stage name.

"Sound, are you ready? Let's try it again for a print now!" the director's voice trailed off.

According to Don Potts, a location manager for the program, the setting just off Fort Baker's coastline was chosen over a number of other possible locations for the shoot because of its resemblance to Alcatraz.

"Another reason we chose this spot," Potts said, "is because the officials we contacted at the Presidio were very helpful and cooperative."

Fort Baker is located just across the Golden Gate Bridge from the Presidio and falls under Presidio jurisdiction.

"This particular scene called for a set that looked like the prison," Potts said. "This is the closest and easiest for us and worked actually better than if we had tried to use the island itself."

Potts said the company used a 90-person crew that worked most of the day to get on film a scene that would be only a couple of minutes long in the actual program.

"This entire episode centers around San Francisco, and we've been in many different spots around the city," Potts said.

"Filming at Fort Baker and working with the folks at the Presidio has been the least troublesome for us in terms of settling the red tape that goes with each shoot," Potts said.

Potts said the crew filming the *Riptide* program is joined by at least four others in the Cannell production family.

"We produce *A Team, Hardcastle and McCormick* and two new series, *Hunter* and *Sting,* in addition to the *Riptide* show, and the schedule keeps the entire company on the run," he said.

Cannell actors and crews are located mostly in the Los Angeles area, but have traveled all over the United States to shoot, Potts said.

"When we're out on location, such as here at Fort Baker, the entire operation is self-contained.

"We bring our own sleeping quarters, a caterer, generators and all the equipment we need for the shoot according to what the scene calls for," Potts said.

"Sometimes the work seems like madness when there are people running everywhere and actors that need attention, but when we get the great cooperation from people like those at the Presidio, it makes the jobs of the entire crew a lot easier, and we do appreciate it."

photo courtesy Stephen J. Cannell Productions

Perry King, Joe Penny and Thom Bray of the television show, *Riptide,* filmed at Fort Baker Aug. 29.

Summer's movies include 'thrillers', 'dogs'

by Liz Greeley

For school kids, at least, summer is over, and the summer movie season with it. There were several good comedies, some interesting sci-fi thrillers and some real dogs this summer.

I use a five-star rating system for these movies. Here's how it works:

★ Don't go. If you feel an urge to go anyway, kill it. Have a friend strap you into a straitjacket, if necessary.

★★ Marginal. Entertaining for some, but these movies are not for everyone.

★★★ Definitely good films to go and see. Some are just plain fun films.

★★★★ Excellent films that I consider must-see films. The Oscar committee may not see it my way, but these are the gems of the lot.

★★★★★ I reserve this category for classics-to-be, such as *The Killing Fields.* By classics, I mean films like *Gone with the Wind, Some Like It Hot, Bonnie and Clyde, The Sting, Funny Girl* and my personal favorite, *All That Jazz.* (Remember what I said about the Oscar committee.)

It's showtime!!

★ I'm including only two films in this category: *Mad Max Beyond Thunderdome* and *Teen Wolf.*

As far as I'm concerned, *Beyond Thunderdome* is a totally pointless movie. The only thing to recommend it is Tina Turner singing the title song in THX© sound. Even if Mel Gibson stars in it, a bad flick is still a bad flick.

Speaking of BAD, *Teen Wolf* definitely belongs in this category. Okay, maybe there are genetic werewolves running loose, and maybe it doesn't have to be a full moon for them to change. But it's stretching credulity too far to ask the audience to believe that there is a high school basketball referee who wouldn't call *obvious* double dribbling—they live for that sort of thing. Besides, it's a really tack-ee flick when you get a glimpse of the seam in the wolf's hair suit.

photo by Brian Hamill

Mia Farrow and Jeff Daniels embrace in Woody Allen's romantic fantasy, *The Purple Rose of Cairo.*

1985 Orion Pictures Corporation. All rights reserved.

★★ The only candidate for this category is *Ladyhawke.* It was beautifully filmed, but I knew something was wrong when I left the theater wondering only what breed of horse they used.

★★★ Included here are: *Lost in America,* (which may actually deserve four stars), *The Emerald Forest, D.A.R.Y.L., Rambo: First Blood, Part II, Fletch, Real Genius* and *Weird Science.*

Most of these movies are delicious comedies—just plain fun. On the other hand, as far as *Rambo* goes, all I'll say is that *I* enjoyed it. Bear in mind that I'm a former Marine and Vietnam-era vet, though.

★★★★ *Prizzi's Honor* and *Back to the Future* top the list, which also includes *Cocoon.*

Prizzi's Honor might be a candidate for five stars, but it's missing the dash of *something* that sets classics apart from mere movies.

Back to the Future is fantastic, full of Spielbergian touches. For instance, making the time machine out of a DeLorean has dash, and using a "Mr. Fusion" machine to power it is another amusing detail. Apparently, plutonium (which is what originally powers the machine) is passé by the time "Doc" returns from the year 2015.

Besides Michael J. Fox's excellent performance as Marty McFly, Christopher Lloyd (remember "Jim" from *Taxi*?) was great as the lovably nutty, mad scientist who invents the time machine.

★★★★★ My only nomination for this category goes to Woody Allen's bittersweet romance *The Purple Rose of Cairo,* starring Mia Farrow. Allen uses the audience's emotions like Rembrandt used paint—both are great artists.

So much for some of the summer's best—and worst—films. Many are still showing and new movies are opening all the time.

It's showtime, folks!

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Community Calendar

Maps, guides and more maps

Do you need to know the bus route to Pier 41? Would you like to know which restaurants serve Italian food? Or do you need information on state parks or the wineries? Let the Recreation Center ITT office help you.

They have maps and guides to direct you to Pier 41 for that Alcatraz Tour, a list of all Italian restaurants in San Francisco, a map of all the state parks for your camping trip or a guide you can use through all the Napa wineries from Sterling to Mondavi. The following is a list of these publications: Wine Map of North Bay Counties, $1.25; Tourist Information Packet, which consists of a San Francisco map, a shopping guide, restaurant guide, $1; San Francisco Street and Transit Map, $1; California Visitor's Map, 25 cents; and San Francisco Visitor's Map, 50 cents.

The Recreation Center ITT office is located in bldg. 385. Operating hours are 11:30 a.m. to 1 p.m. and 2 to 5:30 p.m., Monday through Friday.

Youth activities

Youth Activities will be offering the following classes in the fall: swimming, computer operations, ballet, pre-ballet, baton, gymnastics and movement and tap.

For more information about all classes, call Youth Activities at 561-5143, or come by bldg. 567.

Recycling

Youth Activities will begin recycling in October. Newspapers and aluminum cans only are acceptable.

'*Code of Silence*'

photo by James Zenk

Chuck Norris plays detective Eddie Cusack in *Code of Silence*, showing tonight at the post theater.

1985 Orion Pictures Corporation. All rights reserved.

The recycling point is near bldg. 661 and behind the pet cemetery. Please do not leave trash or other recycling materials there.

For more information, call the Youth Activities office at 561-5143.

YA has moved

Youth Activities has moved again. Our new home is bldg. 567, Child Development Services. This is our permanent home, so come by and visit us.

Enlisted Spouses' Club

Cleaning house? Need a place to take your treasures? The Presidio Enlisted Spouses' Club is asking for donations of household items, furniture and toys. Please call Ginger Kindell at 921-0749.

Information and registration night

Presidio families, here's your chance to find out about all the youth programs on post.

Youth Activities will be sponsoring an information night on Thursday from 6:30 to 9 p.m. at the main post gym. Groups participating are Girl Scouts, Boy Scouts, Cub Scouts, Youth Activities sports, Youth Activities class instructors, Aquarius Swim Club, Child Development Services and the arts and crafts branch.

For more information, call the Youth Activities office at 561-5143.

Family housing

Please let the Family Housing Office staff, bldg. 227, 561-2040, know of your PCS or separation from service orders as soon as possible

The most accurate waiting times projected for people on the waiting lists are based on the termination dates given to Housing by the quarters' occupants. Other sources for projections include PCS and ETS orders from the Military Personnel Office and organizational strength reports.

...the write stuff...

by Ted Weller

So far this "San Francisco summer" hasn't been all that it's cracked up to be, but we can still hope that it will come true.

A great way to start any weekend activity in this "City" is with a visit to any one of the fine arts museums. Normal hours for both the M.H. de Young Museum and the California Palace of the Legion of Honor are Wednesday through Sunday, 10 a.m. to 5 p.m. Admission to the museums is $3 for adults, $1 for youths ages 5 to 17 and seniors 65 and over. Children under 5 get in free.

An added plus is that every Saturday morning from 10 a.m. until noon, admission is FREE to all, as well as the first Wednesday of each month.

Currently at the de Young Museum is a major collection of Maori art, *TE MAORI: Maori Art from New Zealand Collections,* along with a selection of *California Indian Baskets* from the permanent collection. The Legion of Honor has on view *Master Drawings from the Achenbach Foundation for Graphic Arts* and *Drawings by Maynard Dixon: The Edith Hamlin Collection,* along with *Recent Bookbindings, 1980-1985: Hand Bookbinders of California.*

Both museums provide a beautiful and educational way to spend a foggy Saturday morning waiting for that "San Francisco Indian Summer" to materialize.

Coming up this week:

The Artists Guild of San Francisco will have its Outdoor Art Show at the Marina Green from 10 a.m. until 3 p.m. tomorrow.

The Sunset Junior Playhouse Summer Productions, *Why Teachers Go Nuts* and *Cinderellas by the Dozen,* will be presented tomorrow at 12:30 p.m. at the Sunset Recreation Center, 28th Avenue and Lawton Street. Admission is FREE.

This year's annual FREE Concert in the Park features Kurt Herbert Adler conducting the San Francisco Opera Orchestra, with soprano Mirella Freni, tenor Ermanno Mauro and baritone Leo Nucci on Sunday at 2 p.m. on the Music Concourse, Golden Gate Park.

The Golden Gate Energy Center will hold its annual Open House on Thursday, from 4 to 8 p.m. at the Center's facilities at Fort Cronkhite. Displays of energy equipment, mini-lectures, a nature walk and reception are among the activities planned for this FREE event. Reservations for the Open House should be made by Tuesday by calling 332-8200.

For future planning:

The annual drawing of the holdiay season reservations in the Presidio's house, condo, and town house at Lake Tahoe are just around the corner. Registration signups are scheduled for Presidio active duty soldiers only—Sept. 18; active duty soldiers, other posts—Oct. 9; retired miliary personnel—Oct. 16; and reservists and DA civilians—Nov. 6. Reservations will cover three- and four-day periods from Dec. 13 through New Years's Day. Registration may be made by telephone, at 561-4356, or in person at the outdoor recreation center, bldg. 92, for the desired dates.

This week in Presidio's history: September 9, 1863: Angel Island is occupied by Company B, 3rd Artillery, and the new post is named Camp Reynolds. September 8, 1951: a Mutual Defense Pact between the United States and Japan is signed in the Presidio Service Club, bldg. 135.

Only 15.4 eons behind the curve this week.

At the movies

Presidio Theater

Fri,	Sept. 6	Code of Silence (R)	7 p.m.
Sat,	Sept. 7	Pale Rider (R)	7 p.m.
Sun,	Sept. 8	Pale Rider (R)	7 p.m.
Mon,	Sept. 9	Pale Rider (R)	7 p.m.
Tue,	Sept. 10	Explorers (PG)	7 p.m.
Wed,	Sept. 11	Explorers (PG)	7 p.m.
Thu,	Sept. 12	Red Sonja (PG-13)	7 p.m.

Schwartz Theater

Mon,	Sept. 9	Code of Silence (R)	7 p.m.
Wed,	Sept. 11	Pale Rider (R)	7 p.m.
Thu,	Sept. 12	Explorers (PG)	7 p.m.

Hamilton Theater

Fri,	Sept. 6	Stick (R)	7 p.m.
Sat,	Sept. 7	Robin Hood (G)	1 p.m.
Sat,	Sept. 7	Police Academy II (PG)	7 p.m
Wed,	Sept. 11	The Purple Rose of Cairo (PG)	7 p.m.
Thu,	Sept. 12	The Last Starfighter (PG)	7 p.m.

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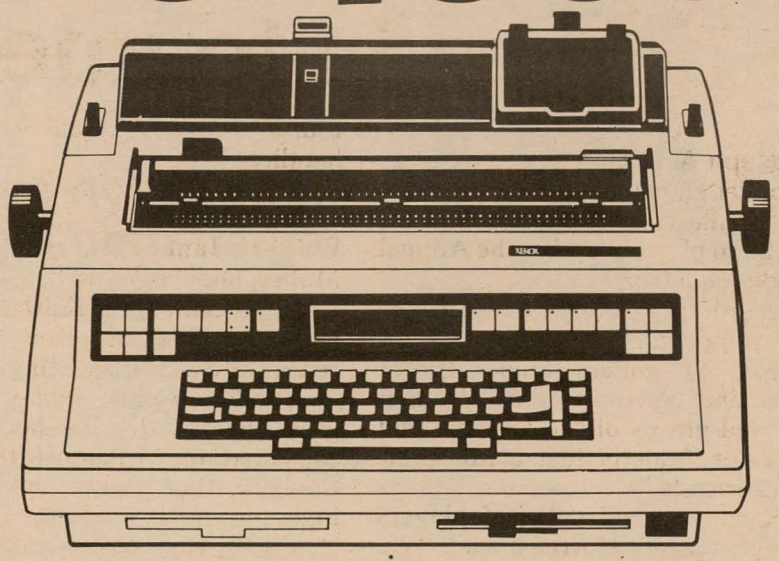

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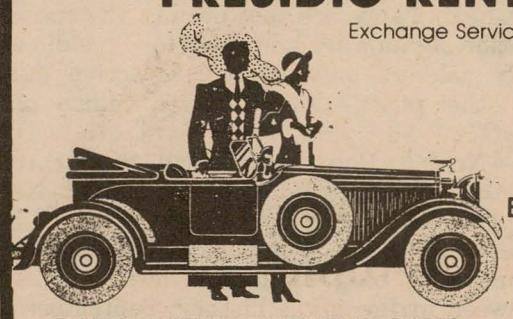

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Sports

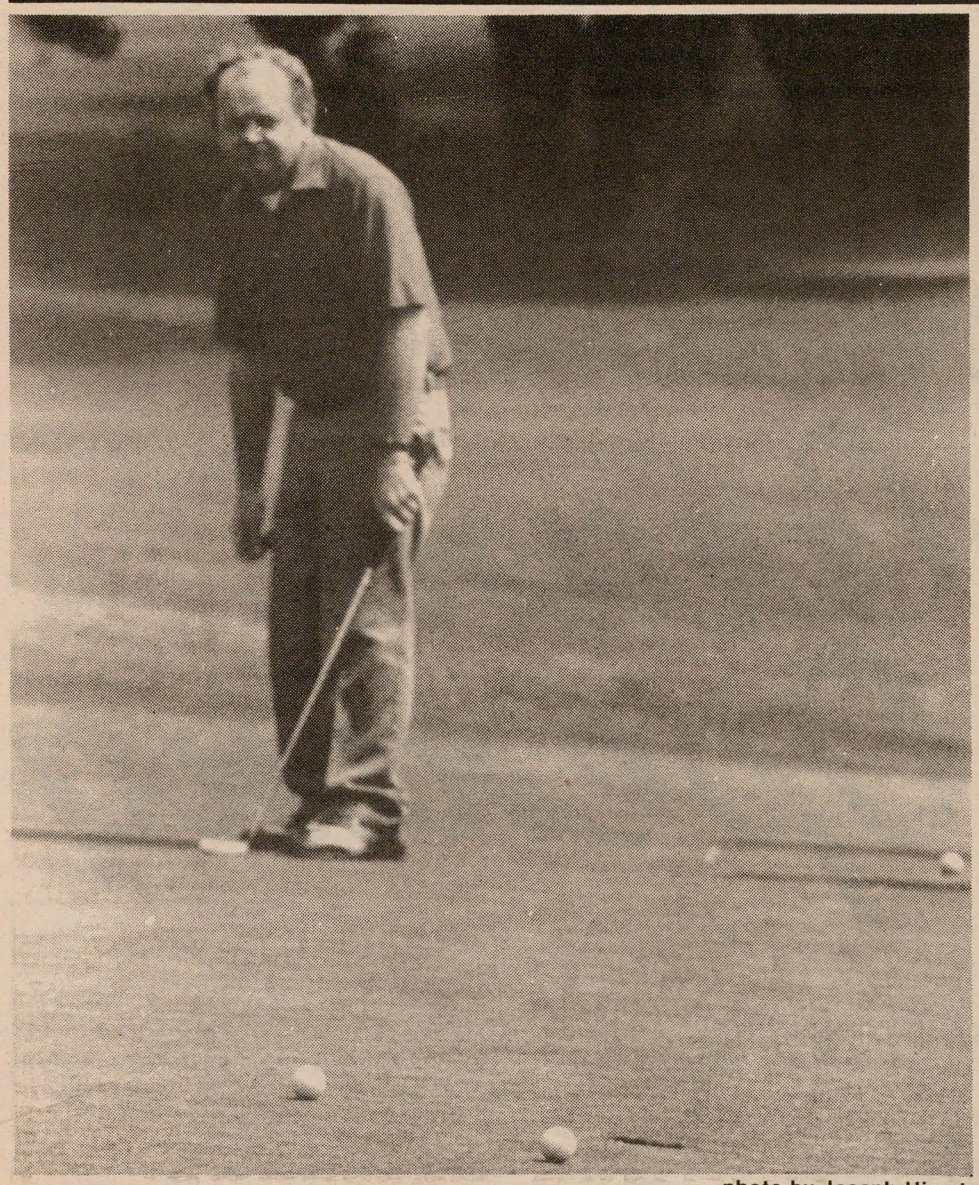


photo by Joseph Hirsch
John Buckley, course superintendent, seems disappointed with his putt during the Presidio Golf Tournmanent.

Presidio golfers take to greens in tourney

by Joseph A. Hirsch

Soldier and civilian golfers took to the Presidio course the afternoon of Aug. 28 to play a round in the Annual Presidio Golf Tournament.

According to George Morrison, post comptroller and tournament director, 44 golfers made up 11 teams, and squared off on the fairways and greens of the Presidio golf course for "mostly just a fun game among friends."

"Each year, all sorts of players sign up to play," Morrison said. "We get good and the not so good players and just whoever wants to play from the post," he said.

Brisk afternoon winds and partly cloudy skies greeted the golfers, but otherwise, it was a perfect day for the tournament.

Of the 44 players signed up to play, four were women from the post's civilian work force.

The tournament winners were the foursome of Joseph Rittman, Peter Dolezal, Bill Clyde and Bob Mahoney.

The team capped the win when their gross score of 70 was lowered to a net score of only 46 strokes after tourney officials figured in the team's handicap.

Second place team honors went to Richard Casian, Dennis Pfaltzgraff, Walter Jankowski and Richard Muller, shooting a 48.8.

Roko Smiljanic, Keith Chapman, Gary Dutcher and Ken Volk took team third place, shooting a 55.4.

The team that shot the lowest gross before the handicap add-ins consisted of William Meyers, Lon Caviglia, Dick Oakes and Sid Domingue.

On the fifth hole, Domingue chipped a shot from about 15 feet to sink the pin for the birdie. Then, on the sixth, Domingue came within five feet of the cup on his tee shot.

But, despite impressive all-around team shooting, Domingue and his team couldn't swing the win.

In the longest drive contest on the first hole's fairway, Lou Caviglia took first in A flight, Dennis Pfaltzgraff in B flight, Roko Smiljanic in C flight, and in D flight, Peter Dolezal took first.

Closest-to-the-pin winners were Domingue in A flight, Dutcher in B flight, Hank Smart in C flight and Craig Robillard in D flight.

Flag football

The intramural flag football league will begin play on Sept. 16. Units or activities that want to enter a team are required to submit a letter of entry to the sports branch no later than Sept. 10. A rules interpretation meeting will be held at 1 p.m., Wednesday, at bldg. 63, Gym No. 1. Units entering a team must have a team representative at this meeting.

For further information, call the sports office at 561-4120 or 561-5032.

Football practice

Practices are being held at the PX field Monday through Friday starting at 6 p.m. Team membership is open to active duty soldiers only. Interested soldiers are urged to attend scheduled practices for a spot on the team.

For more information, call the sports office at 561-4120 or 561-5032.

Road racing

The post road racing championship will be held on Tuesday, Sept. 24, instead of Wednesday, Sept. 25. The start/finish line will be at Gym No. 1, bldg. 63.

The race starts at noon (rain or shine) and runs over a four-mile course. This race is open to the Presidio community, including active duty soldiers, family members, retirees and DA civilians employed on post.

Pre-meet favorites include Lon Kincannon (LAIR), Reggie Humdy (LAMC), Sam Rojas (LAMC), Allison Murray and Valerie Coppes (LAIR).

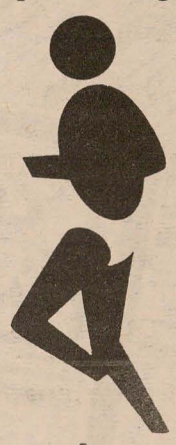
Awards will be presented to the top team for number of entries and to the team with the first five finishers (male or female) based on combined time. Individual awards go to the top three finishers in age groups (male and female).

There will be no race-day entries or entry fees.

Interested runners can sign up at Gym No. 1, bldg. 63, or call Bob Darling at 561-4120 or 561-5032.

No bowling

The bowling center, bldg. 1387, will be closed on Sunday, Sept. 15, because of a power outage.



Army seeks runners for marathon

Active duty soldiers interested in running in the Armed Forces Marathon on Nov. 3, in Washington, D.C., have until Sept. 16 to submit applications through their local sports office.

Selections of the five-man, five-woman Army team will be made based on the best certified sanctioned marathon run by applicants between Jan. 1 and Aug. 30. Soldiers should attach a certification from a sanctioned marathon to the athlete application form. Without the certification, soldiers will not be eligible for selection.

Selected soldiers will be brought to Washington, D.C., at Army expense.

For more information, call the Presidio sports office at 561-4120 or 561-5032.

Learn to swim

An adult beginners' swim program will be conducted by the sports branch each Monday and Wednesday from 2 to 3 p.m. beginning Sept. 16.

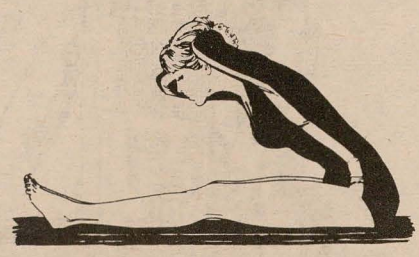
All soldiers who cannot swim are encouraged to enroll in this program, because every soldier must be able to swim and be drownproofed. Army civilians, retirees and family members are welcome as well.

For more information, call the sports office at 561-4120 or 561-5032.

Women's basketball

Tryouts for the women's post basketball team will be held at Gym No. 2, bldg. 1152, from 5 to 7 p.m., Monday through Sept. 20. Tryouts are open to active duty soldiers, family members and DA civilians assigned to the Presidio. The women's team will compete in the Navy League and military tournaments throught northern California.

For more information, call the sports branch at 561-4120 or 561-5032.



Aerobics

Get fit and stay fit!!! Inspiring high-energy exercise classes are held daily at post Gym No. 1, bldg. 63. Exercises will stretch, tone and strengthen your body with aerobic conditioning. All exercises are done to popular music.

Classes are ongoing, so you can join any time. Monthly registration is encouraged.

Cost is $3 per class if you sign up for the month and $3.50 to drop in.

There is a FREE introductory class. Classes are open to both men and women of all ages and levels of fitness. Participants are encouraged to exercise at their own pace.

For more information, call 561-4120 or 753-8733.

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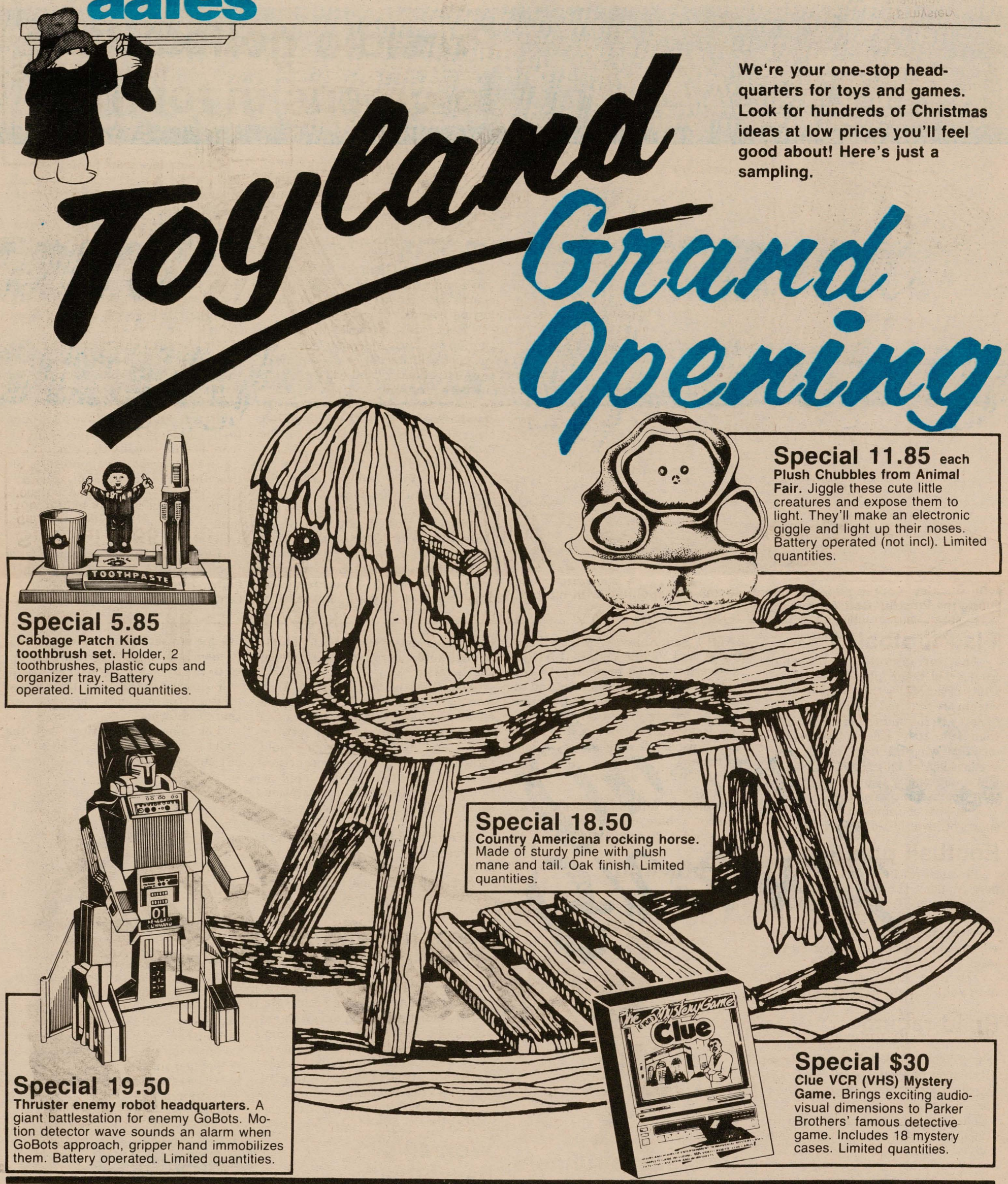

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Thruster enemy robot headquarters. A giant battlestation for enemy GoBots. Motion detector wave sounds an alarm when GoBots approach, gripper hand immobilizes them. Battery operated. Limited quantities.

Special $30

Clue VCR (VHS) Mystery Game. Brings exciting audio-visual dimensions to Parker Brothers' famous detective game. Includes 18 mystery cases. Limited quantities.

It's happening Saturday, 14 September 1985

Aug. SOM: This soldier is eager, **page 5**

Hispanic Heritage: post joins nation to celebrate, **page 6**

Oh Jimmy!: The Freak on a limb this week, **page 11**

Star Presidian

Vol. 28, No. 37 "Published in the interest of the people of the Presidio of San Francisco." September 13, 1985

News briefs

Fort Scott: 'Dark Sunday'

Fort Scott area residents this is your last warning about the 18-hour electricity outage on Sunday. Starting at 6 a.m., the power will be down in bldgs. 680, 681, 682, 683, 684, 957 through 989, the entire 1200 and 1400 area, bldg. 1601, 1621, 1625, 1648, the entire 1700 area, Fort Point Museum and Golden Gate Bridge contractor trailers on Battery East Road.

According to the post engineers, the power outage comes as a much needed project to help upgrade the system to prevent future outages.

Pick up a copy of next week's *Star Presidian* for complete details on the outage and future Presidio upgrade projects.

Lincoln Boulevard closed

Lincoln Boulevard, between Presidio Boulevard/Letterman Drive and Funston Avenue, *including side streets, Torney and Girard Road*, will be closed beginning Sept. 16 for six to eight weeks. Shutdown is necessary for a major construction project on Lincoln Boulevard.

New clothing allowance

Beginning Oct. 1, the enlisted clothing allowance for all services will be paid only once a year rather than monthly. The change is designed to make the payment more visible and to encourage service members to use the money for its intended purpose.

The new plan calls for the payment to be made on the last day of the anniversary month of the service member's enlistment.

Two types of clothing allowances will be paid: basic and standard. After the initial six months of duty, a service member will receive one-half of the *basic* allowance. The full basic allowance is then paid annually until the service member is eligible for the *standard* allowance, which is paid annually after the third year of service.

Clothing allowance rates vary by service and sex and are based on uniform costs.

Beginning Oct. 1, basic rates will be:

- Army—men, $115.20; women, $129.60
- Navy—men, $100.80; women, $122.40
- Air Force—men, $64.80; women, $90.00
- Marine Corps—men, $115.20; women, $118.80.

Standard rates will be:

- Army—men, $165.60; women, $187.20
- Navy—men, $144.00; women, $172.80
- Air Force—men, $90.00; women, $126.00
- Marine Corps—men, $165.60; women, $169.20.

AFPS

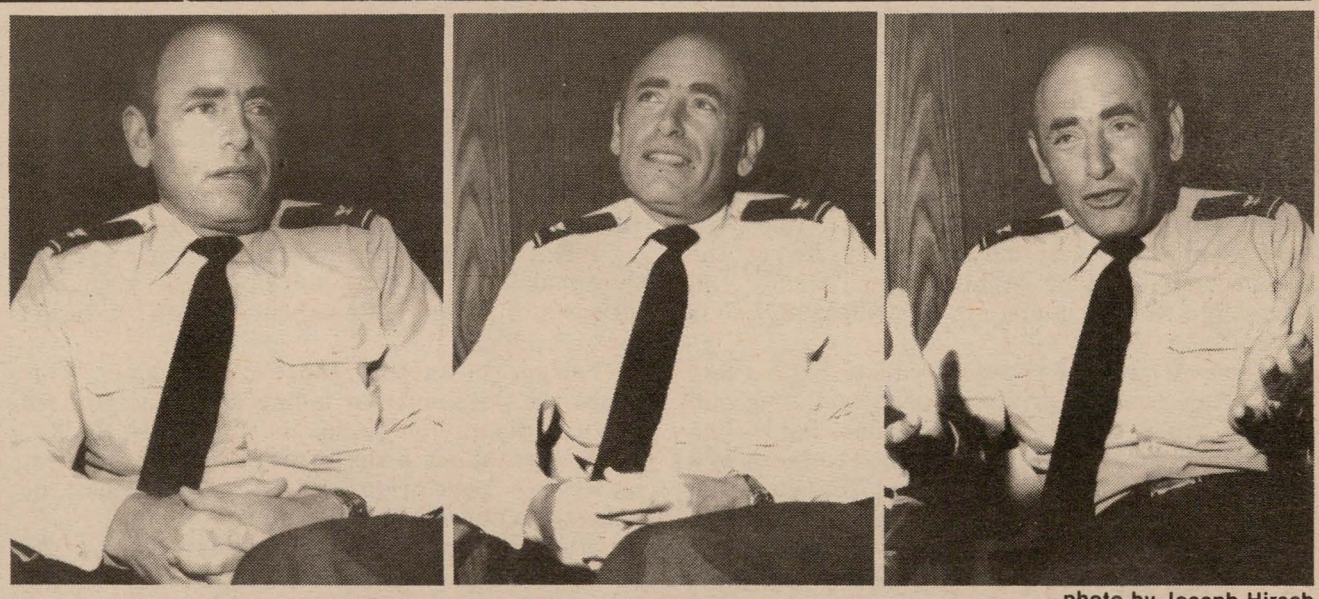

photo by Joseph Hirsch

G-l-e-i-c-h-e-n-h-a-u-s spells concern for soldiers, civilians

by Joseph A. Hirsch

Col. D. Peter Gleichenhaus is a soldier Presidians are going to grow used to during the next few years.

Some will spell his name wrong and others will mispronounce it, but those who see him out and around post, talking with soldiers, will know right away that behind that long nametag is a soldier who is very serious about his new job.

Gleichenhaus took over the reins as deputy post commander this week, and he appears to have brought with him from his last post in Germany a high degree of concern for the welfare and well being of those who work, live and soldier on the Presidio.

"I have joined the post commander and the director of Personnel and Community Activities and the others working here. As a team we are concerned with improving the quality of life for everyone, in any way we can," Gleichenhaus said.

"I feel that there are always ways to improve."

A New York native and first-timer at the Presidio, Gleichenhaus just finished a tour in Germany, where he served as the executive officer to the deputy commander in chief of U.S. Army Europe.

His military service began in 1961 after he studied at Cornell University and graduated from the U.S. Military Academy at West Point.

His assignments have taken him to a number of United States and overseas posts where he's served in infantry, air defense and artillery units.

Gleichenhaus earned a master's degree in physical education at Wisconsin and taught that subject to cadets at West Point, from 1972 to 1975 and again from 1978 to 1979.

Among his more recent assignments, he served on the staff of the Department of the Army in Washington.

He brings to the Presidio his wife Barbara, and three children. The oldest is a sophmore at the University of San Francisco, another, a freshman at San Francisco State and the youngest, a senior at Washington High School.

"I received a very in-depth orientation when I got here," Gleichenhaus said.

"From that, I saw that soldiers and civilians working here are well qualified and eager about their work."

He specifically said of soldiers, "I feel that the Presidio offers plenty of room for contributions by soldiers. From the private in the motor pool to the most senior staff officers, I think each has an important role in the function and success of the Presidio."

Gleichenhaus mentioned the "uncommonly large" civilian work force on the Presidio and challenged both soldiers and the civilian corps to continue to put in their 100 percent contribution on the job.

"When we all do that," he said, "everyone benefits from the rewards."

Gleichenhaus said he's an active sportsman who enjoys tennis, basketball and handball and he takes to an "occasional run."

"My experience in being around soldiers shows me that they're in excellent physical shape," he said.

"But I don't believe the time and exercise we've allotted challenges soldiers anywhere near their potential.

"I believe that being physically fit is a personal matter. Soldiers seem to want to go out and get in a good game of basketball or just do anything to keep themselves fit." he said.

"Here on the Presidio, most of us have sufficient time away from our jobs to enjoy this outdoors and thereby add to the Army's fitness program," he said.

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Opinions

TAKE A BITE OUT OF CRIME

Major causes of traffic accidents—from the shattering crunch of twisted, tortured steel to a nick on the bumper—can be failure to yield the right-of-way, speeding, following too closely, driving while intoxicated or failure to judge proper clearance.

From Jan. 1 to Aug. 31, there were 183 reported accidents on the Presidio, with one fatality.

One of the most serious offenses in a traffic accident stiuation is the hit-and-run, in which one vehicle hits another and unlawfuly leaves the scene of an accident. A hit-and-run offense can result in a felony conviction, regardless of who is at fault.

Then we have the speeding violator. It's a fact that after drunken driving, speed is the second largest cause of accidents. In that same time period, about 700 tickets were issued to those who thought speed limit signs were just for "looks."

At every entrance to the Presidio there is a speed sign informing motorists of the speed limit on post: 25 miles per hour, unless otherwise posted. Yet motorists have been found traveling in excess of 60 mph just beyond these signs.

One of the tools used to enforce traffic speed laws is radar.

Radar uses a principle called the Doppler Effect. This principle works when one frequency is tansmitted to a moving object and is bounced back on another frequency; the difference in frequencies is then measured to determine range, location and rate of speed. The first hand-held radar device, an early forerunner of the kind used on the Presidio, was introduced by CMI, Inc., in 1970. This handy portable device is called the "Speedgun."

When a violator of speed laws is apprehended, he or she can expect a fine and/or loss of driver's license with a subsequent revocation of on-post driving privileges.

Remember: Driving is a privilege.

There is not enough space here to cover all the causes of accidents, so just a few more are highlighted.

Take, for example, your sun visor. Some drivers, instead of using their glove box or other areas for storage, will load their sun visor down with maps, cigarettes and other things.

When the glare of the sun hits their eyes as they make a turn, they pull down the visor and all sorts of things fall on them—a sure invitation for an accident.

Fatigue is another cause of accidents. This raises the possibility of falling asleep as you are driving. Before you get behind the wheel, think.

A word about pedestrians. When an accident between a pedestrian and a car happens, the pedestrian doesn't have a chance.

Stop for the safety of anyone crossing the street on foot. Do not pass a vehicle that has stopped at a crosswalk; a pedestrian hidden from your view may be crossing the roadway.

Data acquired from after-accident interviews have determined that the majority of accidents can be prevented, so here are some tips:

- Don't drink and drive.
- Drive defensively; if another driver insists on having the right-of-way, even if you are entitled to it, let him have it.
- Before pulling out into traffic, ensure that you can do so safely by eyeballing and using your rearview mirror.
- Ensure that your vehicle's safety equipment, such as horn, brakes, lights and seat belts, is operational.
- Make it a habit to check the condition of your tires.

If you're ever involved in an accident on the Presidio, follow **these** basic rules, even if you are responsible:

- Notify the Military Police at 561-2251, 561-2252 or 561-2253.
- Stay at the scene. Do not leave.

These are the maximum speeds on the Presidio:

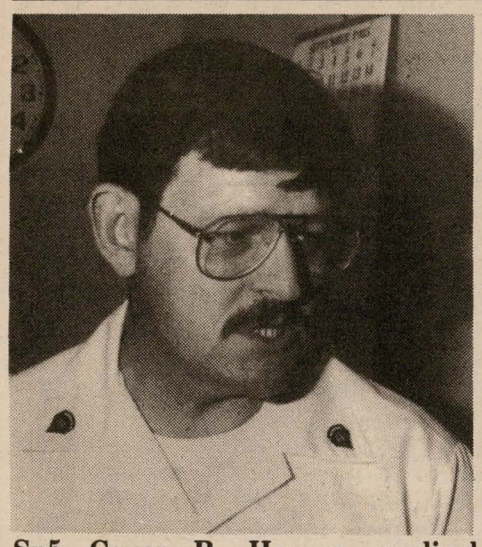
- 25 mph—Main roadways
- 35 mph—New Mason Street
- 30 mph—Lincoln Boulevard from 25th Avenue to Story Avenue
- 20 mph—Housing areas, hospital area
- 15 mph—Infrequently used roads
- 5 mph—All parking areas

No matter what the posted speed, the *California Driver Handbook* says about the Basic Speed Law, "You must never drive faster than is safe for the conditions present at that time." Use your basic driving skills. "And," says SSgt. Dennis O'Brian, PMO Traffic Section NCOIC, "use common sense."

Do your part to help stop "fraud, waste and abuse" of your tax dollars. Report it. The Presidio Fraud Hotline is 561-3578. All calls are kept confidential.

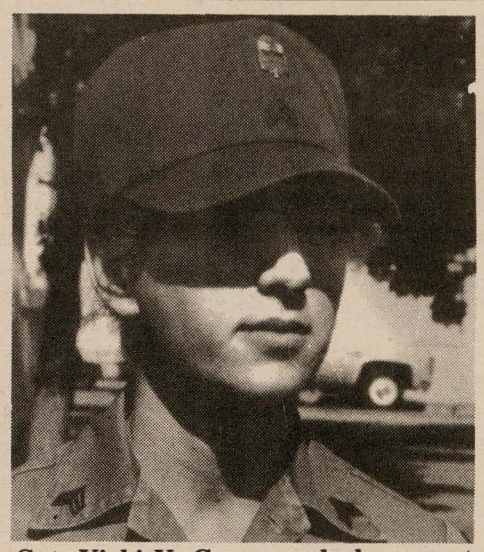
Ramblin' Sam

"Does your unit's physical training program prepare you for the Army Physical Readineess Test?"

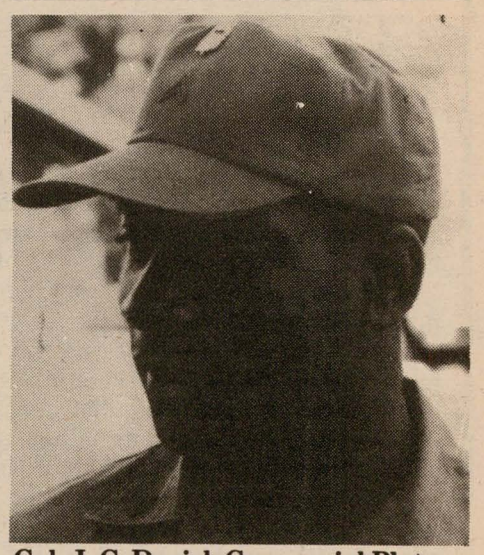


Sp5 Cover B. Horner, medical specialist, Co. B, LAMC: "Yes, we do push-ups and sit-ups. Periodically, they time us on our runs. We do PT three times a week."

Sp4 Yolanda D. Tisdale, postal clerk, 16th AG Postal: "It helps, but you need to keep up with it on your own. Even if you have PT every day, it's not going to help as long as they keep doing those short repititions."



Sgt. Vicki Y. Guzman, desk sergant, LEC: "Yes. Our unit does PT three times a week. We have one of the best PT programs that I've ever seen since I'be been in the service. They've got a lot of discipline and morale."



Cpl. J. C. Daniel, Ceremonial Platoon, USAG: "No, I'm used to running at least four or five miles where I come from. Here we only run two or three and the pace is too slow. I recommend PT every day and at least a four-mile run."

Cirrhosis: A deadly message to stop drinking

by Bill Wood

A strange and busy organ indeed is the liver. No one should leave home without one, but sometimes folks who drink a lot finally do.

Some of the barroom crowd call this fatal condition 'liver quiver,' but in doctor's parlance, it's 'cirrhosis.'

At three to four pounds, the liver is the body's largest gland. It's a workhorse, and is continuously fed nourishment by the blood vessels of the intestine.

Daily, it manufactures a pint of bile, without which we couldn't digest so much as a single bean.

But it's a lousy drinker that can't handle alcohol very well. All it takes is one martini to increase its useless

please see page 3

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Cirrhosis continued from page 2

fatty tissue by one-half percent of the liver's weight.

In an alcoholic, this fat reaches 25 percent—and cirrhosis is apt to come next.

The human body has a great eagerness for alcohol. It absorbs it not only from the intestine, as are all other fluids, but directly from the stomach as well.

Even the best liver can only handle a drop of alcohol at a time. The rest swirls through the bloodstream. Some is exhaled through the lungs, which provides the police and their Breathalyzers and easy and accurate test of the blood alcohol content.

A French physician, Rene Theoplhie Hyacinthe Leannec, first described the disease called cirrhosis of the liver. This is the same doctor whose distaste for placing his ear next to perfumed but unbathed bosoms inspired him to invent the stethescope.

Also, at autopsies, he was disturbed by livers that were yellow, knobby and hard. He termed this condition cirrhosis, from the Greek word for tawny, 'kirrhos.'

The livers were yellow because they were fatty, hard because of scars, and knobby because of the regeneration of liver tissue between the scars produces little mounds.

It was suspected by Laennec, and known to the world today, that the common cause of cirrhosis was the consumption of alcohol.

But you don't have to be an alcoholic to get cirrhosis. Some moderate drinkers get it. What seems to matter most is how long a person has been on the booze.

Cirrhosis tends to hit people in their 40s and 50s. However, some young persons are victims too. One 18-year-old girl developed a massive, fatty liver after eight months of steady wine drinking.

Also, drinkers often don't eat well, partly because a sick liver can't process protein very well. So the nitrogenous material protein goes right through the liver to the brain, where it has a toxic effect.

Restricting the protein intake of cirrhotics helps their brains get better.

According to Richard Seizer, who wrote 'The Drinking Man's Liver,' that's why the medics refer to cirrhotics as 'one meatballers.'

Cirrhosis of the liver is indeed bad news. Liver cells implode and die. The flow of bile is blocked. Big tangles of fiber impede absorption and secretion. The whole thing is a mass of sores and wounds, covered with scar tissue.

The obstructed bile, unable to flow down into the gut, backs into the bloodstream. Skin and eyes become a sickly yellow. The stool turns white, the urine dark as wine. The belly swells with gallons of fluid that seep from the surface of the liver.

And then it gets worse. The blood fails to clot, the palms of the hands turn red, and capillaries crowd the surface of the skin and neck.

Male breasts enlarge, testicles turn soft and atrophy. Soon the man is impotent—which may cause him to drink even more.

In a word, the victim is a mess. That scare you any? Better have a drink. You look a little pale. But cheer up, there's hope.

Sixty percent of all cirrhotics who quit drinking are alive and well, five years later. And all the awful conditions we talked about here will disappear. Well, almost all.

That impotence thing, that's permanent. Sorry 'bout that.

Bill Wood is editor of the RANGER, Fort Lewis, Wash.

The Lighter Side

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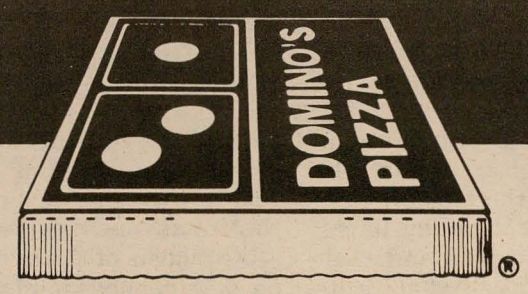

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Community News

Eagerness nets Jackson August SOM contest

by Debbie Campbell

Every now and then we meet someone whose quiet demeanor and seemingly passive personality conceal a subtle sense of confidence and stability that attracts other people. Such a person is Sp4 Anthony Jackson, a supply clerk with Army Information Systems Command (USAISC), and the August winner of Presidio's soldier of the month competition.

Jackson has the easygoing, unassuming manner, which, in some people, might cause them to sink into the woodwork. From first impressions, many people might not see Jackson as the leader type, or the type to win the soldier-of-the-month board.

"I figured I might as well try to win if I was going to go at all," Jackson said with a smile, when asked about his attitude toward the monthly contest.

"He really prepared himself. He took his time and didn't try to cram it all in at the last minute. I'm sure that's why he won," said Claudia H. Wood, the property book officer USAISC.

"His friends were very helpful. A bunch of them got together and went over the material every night for about two weeks before the board. They really wanted him to win," Wood said.

His supervisors remarked about his initiative and willingness to jump in and get his work done without questions.

"I was impressed by his eagerness to go up for the board, since he had only been here since June," Wood said.

According to 1st Sgt. Florentino Barril of USAISC, "Jackson's worked out well. He's an energetic individual who doesn't need to be told what to do. He just takes the initiative and does it."

Barril said Jackson filled the NCO slot at his office.

"He's taken charge down there. I don't have an NCO, but it looks like we don't need one, since he's just taken charge," Barril said.

Jackson, a Detroit native, is a sports enthusiast who recently played on the USAISC softball team.

What he said he enjoys most, though, is "people-watching."

Jackson loves San Francisco, and describes it as "the perfect place for anything." Since he's moved here, he said, he always finds a way to get downtown. He especially enjoys Fisherman's Wharf and the different ethnic neighborhoods.

"The city is strange. There are so many different kinds of people. You can do anything you want here," he said.

Jackson's other interests include riding motorcycles and traveling. Although he's been to Korea, he said he really would like to see Panama, or "someplace where there's a lot of open space." One of the reasons Jackson joined the Army was to travel, he said.

photo by Joseph Hirsch

Sp4 Anthony Jackson flips through a file at USAISC.

In his third year of a three-year tour, he is going to reenlist this month. He said he feels that reenlisting and winning soldier-of-the-month will help him when he goes to the E-5 board at the end of September.

Although Jackson is not large in stature, he is a man who commands respect. He said he realizes that as a supply specialist a lot of people depend on him.

He said he's not the type of person to use his position to his advantage.

"If you have a lot of rank and people don't like you, what good is it? I'm not trying to gain rank just for the power I'd get. I try to get along with people. I don't have a problem with anybody," he said.

With that remark, Jackson displays the virtue and sense of humor which, according to his mentor, Wood, are inherent in his personality.

Though he may not claim to be a "supertroop," Wood said she feels Jackson has the drive and initiative to win the contest for the soldier-of-the-year.

LAMC opens clinic to help women control PMS

by Bob Walker and Debbie Campbell

Many women suffer from a variety of cyclic symptoms now being identified as Pre-Menstrual Syndrome, or PMS. The Letterman Army Medical Center now has a PMS clinic within its Obstetric/Gynecology clinic.

According to one of the clinic's patients, whom we will call Ellen, the clinic has helped her to recognize and understand her problems as well as treat them. "I had problems in dealing with other people. I would start to cry if someone just looked at me, or I would fly into a rage. I was looking for a fight."

Ellen said she suffered from many of the symptoms of PMS, including nervous tension, forgetfulness, crying spells, headaches and rages. Some of the more visible symptoms she experienced were abdominal bloating, weight gain, food cravings, increase in appetite and swelling of her hands and feet.

Other symptoms included anxiety, depression, heart palpitations, fatigue and insomnia.

According to Maj. Janet E. Curtis, head nurse of the OB/GYN clinic, "Some women who are typically very stable and controlled can have such swings that they lash out at people or may try to take on the world at that point in time."

According to Ellen, many women at the clinic had once felt that menstruation was each woman's curse.

Most of us, she said, have been taught that we just have to learn to withstand this curse. Society has always taught us that women are emotional. That's just the way it is.

However, PMS is a hormonal imbalance, and it's often hard to tell were emotion stops and the hormonal imbalance starts, Ellen explained.

It is important to diagnose each patient individually before the treatment for PMS actually starts, Ellen said.

"Patients aren't diagnosed as having PMS until they have been observed through three months of charting, to identify if there is truly a correlation between the menstrual cycle and the symptoms. Patients are interviewed and put on a regime—plotting their menstrual cycle for three months. The charting is then evaluated by the interdisciplinary team of physicians, the psychologist and myself," Curtis said.

Charting includes traking their symptoms, noting severity of the symptoms each day and keeping a food diary. Modifications in diet may be a part of the therapy, such as increasing foods containing vitamin B-6 and reducing caffeine, refined sugar and perhaps, chocolate intake.

Capt. Nancy Willcockson, clinical psychologist, said, "The PMS Clinic is taking a multidisciplinary approach to the problem. A psychological screening is conducted with every patient to rule out more problems with depression, anxiety or other emotional symptoms.

"The severity of PMS-related depression or anxiety may require psychological intervention as well. This screening is an important part of the program," Willcockson said.

There is a PMS support group directed by Curtis and Willcockson and co-led by the group members. It meets Tuesday evenings for 90 minutes. This group allows PMS sufferers to give each other support and guidance on how to cope with PMS to improve the quality of their lives.

Willcockson said, "The participants find out they are not alone. Many have reported a reduction in symptoms or that they can cope better with PMS through the support of the group."

"You get a real lift from the group meetings. A lot of women don't have this support at home. They can't talk to their husbands about it. So the support group is a way of getting some of that poison in your system out,' group co-leader Ellen explained.

Future plans for the PMS clinic include stress management training for PMS sufferers, a family support group providing information to better understand PMS, a PMS hot-line for crisis intervention and nutritional consultation.

There's no simple cure for PMS, according to Curtis, but the PMS clinic and the PMS support group are taking great steps toward helping those who have it. If you feel you may have PMS, contact the OB/GYN clinic at 561-3322, and request an appointment for PMS screening.

Post joins nation to honor Hispanic Heritage

by Joseph A. Hirsch

A number of Presidio units and activities are joining in with the nation to celebrate Hispanic Heritage Week, Sept. 15-21.

During the celebration, Presidians will have the chance to dine on authentic Hispanic cuisine at one of the four scheduled meals.

Hispanic Heritage displays are scheduled at the post library and in the main entrance lobby to Letterman Army Medical Center (LAMC).

The week's activities were to begin with a dinner at the post recreation center on Sept. 15, but a planned power outage has postponed the event. The center's director, Elizabeth de la Torre, said interested Presidians could call the center at 561-2000 for the new date and time.

NCO Club

The Tradewinds NCO Club is the setting for a Hispanic Heritage luncheon on Sept. 19 from 11:30 a.m. to 1:30 p.m. The single ticket price is $5 and the luncheon is open to "anyone on the Presidio who wants to come," according to Eleanor Castorena, Hispanic employment program manager at the Presidio.

At the luncheon, Brig. Gen. Walter J. Bickston, chief of staff, 6th U.S. Army; Armando Canales, Hispanic employment program manager at FORSCOM; and Ernest Reyes, the director of admissions at the University of San Francisco, will speak to an audience that is limited to 200.

For more information about the luncheon, contact Costorena or Brenda Saenz at the Equal Employment office, bldg. 201, or call 561-2022 or 561-2035.

Unit-sponsored meals

The USAG and 864th Engineer Batallion dining halls are preparing Hispanic-style meals and are extending invitations to all Presidians.

The USAG lunch is slated for Sept. 18, from 11:30 a.m. to 1:00 p.m. and the 864th's meal is scheduled for Sept. 20, for one hour only, beginning at 11:30 a.m.

Hispanic displays

Both LAMC and the post library are planning Hispanic Heritage displays during the week.

SFC Gary Allison, the Equal Opportunity NCOIC at LAMC said the hospital will have pictorial displays of Hispanic Medal of Honor winners dating back to the Civil War.

Allison said LAMC is also publishing a commemorative booklet of Hispanic heroes.

The 16-page booklet is scheduled to be ready for the Sept. 19 luncheon at the NCO Club. Additional booklets will be available through post distribution, Allison said.

At the library, a display case will offer books and other Hispanic literature, subject to the normal check-out policies.

The library opens at 10 a.m. Monday through Saturday and closes at 5 p.m. on Monday, Friday and Saturday and at 9 p.m. on Tuesday, Wednesday and Thursday.

De la Torre said the highlight of the week will come on Sept. 20, when the center shows two Hispanic video films.

The shows, entitled "Carmen" and "El Norte," will begin at 6:30 p.m. She said the shows are open to the entire Presidio community free of charge. Refreshments will be served.

'Hispanic' comes from many backgrounds

by Sgt. Maj. Rudi Williams

Part of the audience always became annoyed when the old Interagency Committee on Mexican-American Affairs met in the late 1960s to discuss issues concerning Americans of Spanish ancestry.

"Someone would get up to make a speech and say, 'I'm Mexican,' or 'I'm Cuban,' and this would sometimes annoy Puerto Ricans, Chileans or others in the audience," said Manuel Oliverez, a former member of the committee and now manager of the Department of Defense Hispanic Employment Program.

Symbolism and semantics often stood in the way of working on the issues. To solve the problem, the committee and other groups started searching for an all-encompassing word that had "no negative baggage, was neutral, but still connoted some of our culture and heritage," said Oliverez.

They tried several: "Iberian-American" for Spanish. "But not all Americans of Spanish descent are from Spain," said Oliverez, who is of Mexican descent.

"Not everyone felt comfortable with Iberian-American because they felt it didn't cover all of the groups—everyone wasn't from Europe," said Oliverez.

They tried "Latino-Americano." That didn't quite make it because we're not all from Latin American," Oliverez said.

The search for a neutral word continued.

"Latino-American" was the most common designation at the time. It included people from Central and Latin America or any person of Spanish origin from Latin America.

Finally, the word "Hispanic" was adopted because it had a basis in the word "Hispaniola" (an island in the Caribbean) and because it allowed each subgroup "to retain its identity—Cubans are Cubans, Puerto Ricans are Puerto Ricans, and Mexicans are Mexicans." said Oliverez. "It's a word that no one objected to."

The dilemma was that "we are a varied people; from very white and blonde to black and in-between," said Oliverez. "There are Afro-American, Italian and Oriental Hispanics; to be Hispanic, you don't have to be a mixture of populations indigenous to the southern United States, Central and South America, or Spain. It's a combination that has culture and language, i.e., born and raised and acculturated in the Western Hemisphere or the southern part of the Western Hemisphere.

"However, for the process of programs for jobs, political issues, social and economic issues in the United States, 'Hispanic' serves as a word which in one concept depicts all of the various subgroups into one Hispanic family," said Oliverez.

Oliverez believes choosing one word to represent all people of Spanish ancestry has had positive benefits for all concerned.

"You don't have goals in DoD for the employment of Puerto Ricans, Cubans, Mexicans or any other group," he said. "You have goals for Hispanic-Americans. And you try to find the most qualified Hispanic-Americans to make contributions to the mission of the Department of Defense."

Oliverez thinks that the various subgroups add strength to the American society through their diversity. Asked how the word Hispanic is accepted by visitors from Spanish-speaking countries, Oliverez said, "The average Mexican, for instance, coming to America would consider Mexican-Americans to be 'Norte-Americanos.'"

"A Hispanic-American like myself, for instance, sees himself as Mexican within the Hispanic umbrella. But the way I perceive myself is not necessarily the way a Chilean, a Paraguayan or an Argentinean may perceive me. He probably perceives me—although looking very much like him and speaking Spanish quite a bit like him—as an American.

"In his mind, I'm a 'Norte-Americano'—I'm an American," said Oliverez.

Since Congress passed legislation in 1968 proclaiming the week of September 15 as Hispanic Heritage Week, federal agencies have observed it.

"The federal sector has led in this area for many years," said Oliverez. "The private sector is beginning to come on board and start to observe it, too."

How do Hispanics feel about having a week set aside for them?

"Hispanics see the fabric of American society as something like a tapestry, and all of us are different threads and hues—all coming together making America," he said. "We see ourselves as very much the fabric of America—to our boots...to our souls...we've fought in the wars, and in every war we've fought with bravery—we've led...we've followed....

"...We're very proud of our heritage, our language, culture, traditions and values," Oliverez said. "Hispanic Heritage Week is an acknowledgment that America is a pluralistic society made up of many pieces and parts; all working together.

"We have Black History Month, Asian-Pacific-American Week, Polish Week and many observances, including St. Patrick's Day. That doesn't take away from the Irish being good Americans and believing in their country.

"We're proud of being Americans, and also very proud of being Hispanic-Americans," said Oliverez. "For us, it's that one week of the year we're proud that the rest of the American people are proud."

AFPS

Special Features

Family service centers can make moving easier

by Donna Bolinger

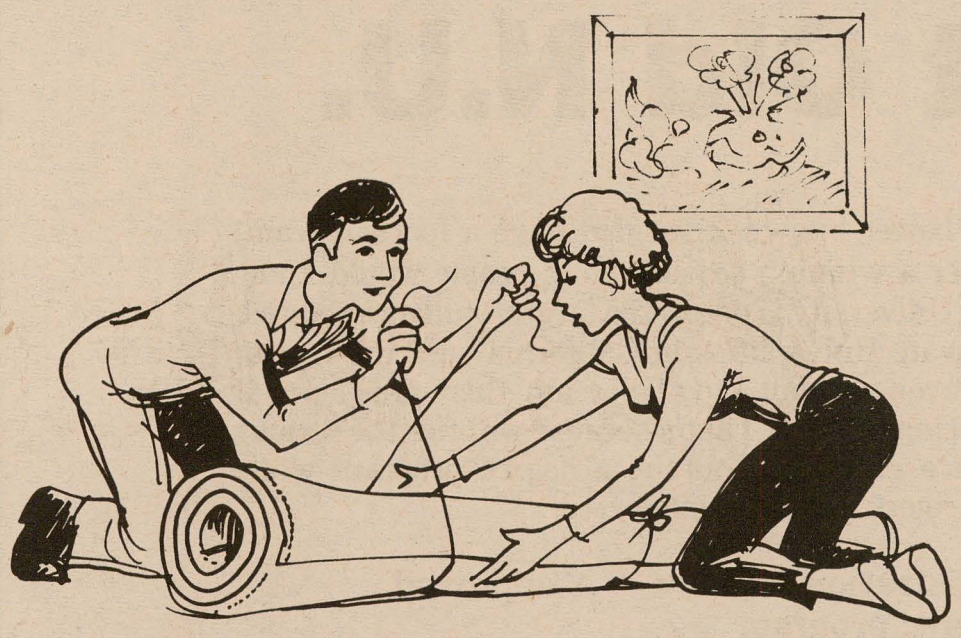
Moving means new experiences, new opportunities and making new friends. It also means leaving behind familiar surroundings, fond memories and a peer group.

Each year, about 300,000 military families pack their bags and move on to new duty stations. These families can describe the ups and downs of frequent moves as few civilian families can.

"It's hard to say goodbye to people, places and things that we've grown fond of, explained Fred Rogers, best known for his role in the children's program, *Mister Roger's Neighborhood*. "And it can be hard, too, to start a new life in unfamiliar surroundings. Whenever we move away from a place where we've lived for a while, it can feel like we're leaving a little bit of ourselves behind—even if we think the move will bring better opportunities than we had before."

The average person makes about 12 moves in a lifetime. Military families often make that many moves within a 20-year career. Anne Tarzier, Army relocation program director, said moving is so much a part of military life that families often overlook the stresses involved.

But psychologists are quick to point out that relocating, along with starting a new job, rates high on the list of life's stresses, almost as high as a death in the family or divorce. Put simply, relocation=change, and life change=stress—and often distress.



These stresses can be magnified for military families, especially those moving overseas, pointed out J. Robert Stephens, chief of family programs for the Air Force. "They go through a wearing two or more days of following packers around the house, making sure their belongings get packed properly and nothing gets forgotten. . . .Then when they arrive at their new station, they often have no place to stay, no household goods, and no car."

Recognizing the stress this places on families, family service centers are helping them deal with the logistical and emotional difficulties of moving—offering everything from pots and pans to individual and family counseling.

Nearly every family service center operates a lending closet where families can borrow household staples until their own arrive. Some installations are designating transient quarters where families without assigned quarters waiting for them can stay when they reach their duty station.

Alice Ivy Snyder, deputy director of the Navy's largest family service center, in Norfolk, Va., said one of the biggest problems of moving is fear of the unknown. Information, both before and after the move, has become a key in making PCS moves easier.

According to Stephens, these briefings address the psychological aspects of moving as well as the logistical ones. "Overall, our goal is to instill in people the feeling that PCSing is a positive, growing experience," he said.

Fred Rogers pointed out that successful moves require patience and communication. "Like all stressful times, moving can mean a time of special family closeness when family members learn again to trust one another, help one another, and comfort one another. Often that's when people and families grow the most—through times that are hard as well as times that are good."

In addition to presenting newly assigned service families with community directories when they arrive, some family service centers operate hotlines that provide information to service families about to PCS. Other centers have set up files about different duty stations that service members can read to prepare them for their move.

Some centers offer pre-PCS briefings during which military families have an opportunity to learn about the move: how assignments are made in the first place, how moving contractors are selected, packing do's and don'ts.

AFPS

Family's health is important, too

When planning a move, it's easy to get so wrapped up in 1,001 details that you overlook the most important ones—your family's emotional health. This is especially true in the case of children, who often associate their sense of self with their house.

Child psychologists say a move can be good for children because it helps them develop the coping skills they will use throughout their lives. During a move, children learn about separation and togetherness, regrets and expectations, saying goodbye to someone familiar and saying hello to someone new.

They offer these tips to help deal with a PCS move:

- Discuss the move with children as soon as you know about it and encourage them to voice their feelings and concerns.
- Encourage children to focus on the move by drawing pictures about it or collecting old snapshots for a scrapbook about the place you're leaving.
- Visit your next duty station with your children if possible. If not, share with them as much information about your new home as you can.
- Pack any sentimental items that might help your children feel at home in the new area.
- Get children involved in packing, even if it's tempting to want to get them out of the way.
- Be positive. If parents are optimistic and enthusiastic, children are likely to feel the same way.

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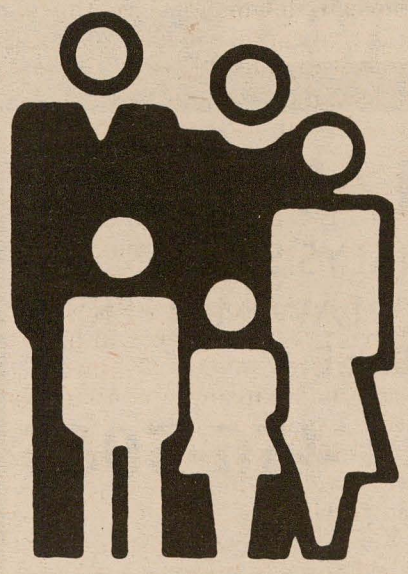

Checklist will make a move easier

A good move depends largely on how much you get involved and how well you prepare for it. Service members making PCS moves can follow this checklist to ease moving headaches:

- Set an early appointment with your local transportation office for a thorough counseling on rights, privileges, entitlements and moving or storage requirements.
- Go through the house from attic to basement, including the garage. By throwing away unneeded items, you can reduce shipping weights and save yourself some money.
- Send out garments, rugs, carpets, draperies and similar items for cleaning.
- Consider hiring a contractor for general housecleaning.
- Arrange to ship pets, plants and perishables or take them along. The mover will not ship them.
- Fill out and mail change of address notices. Notify your local post office of your new address.
- Close out local charge accounts, utilities and other services.

- Collect all documents that might be needed at the next duty station, including medical, dental, school, birth, marriage and other important records.
- Keep PCS orders, ticket reservations, traveler's checks, passports and checkbooks separate from other documents. Packers have been known to pack these items, and it could be costly for the carrier to find them.
- Get valuables and cash from safety deposit boxes. Valuables should be carried along with personal records., Keep them separate from household goods so they won't be packed.
- On moving day, plan to be present during all phases of the move.

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Community Calendar

Arts and Crafts fall classes

The Presidio Art Center is offering a wide variety of fall classes. All weekday classes are held from 6:30 to 9:30 p.m., in bldg. 122, at the corner of Lincoln Boulevard and Riley Avenue. Call 561-4497 for more information.

Classes scheduled are: *Beginning Photo,* Sept. 24 through Oct. 29 and Nov. 5 through Dec. 10, $6; *Intermediate Photo,* Sept. 25 through Oct. 30, $10; *Color Photo,* Sept. 25 through Oct. 16, $6; *Photo Silkscreen,* Oct. 23 through Nov. 13, $6; *Photo Restoration,* Nov. 20 through Dec. 11, $6; *Photo Field Trip to Yosemite,* Sept. 27 through 29, $60; *Wood Safety,* Fridays, FREE; *Beginners' Wood,* Sept. 26 through Oct. 24 and Oct. 31 through Dec. 5, $6; *Wood Workshop: Make a Step Stool,* Sept. 26, $10; *Intermediate Wood: Making American Period Furniture,* Sept. 23 through Dec. 9, $20; *Upholstery,* Tuesday through Dec. 10, $45; *Beginners' Ceramics,* Sept. 25 through Oct. 30, $10; *Intermediate Ceramics,* Nov. 6 through Dec. 11, $10; *Beginners' Pottery Workshops,* Sept. 28 and Nov. 2, 10 a.m. to 4 p.m., $3; *Pottery Miniworkshops,* Fridays, starting Sept. 27, $1; *Intermediate Pottery,* Sept. 25 through Nov. 13, $12; *Glazing Workshops,* Oct. 5 and Nov. 2, 10 a.m. to 4 p.m., $10; *Raku Workshops,* Sept. 21 and Oct. 19, 10 a.m. to 4 p.m., $7; *Stained Glass,* Sept. 23 through Nov. 4 and Nov. 18 through Dec. 23, $22; *Glass Jewelry Making,* Sept. 24, Oct. 22, Nov. 19 and Dec. 10, $3; *Glass Sandblasting,* Oct. 26 and Nov. 23, 10 a.m. to 3 p.m., $10; *Watercolor Painting,* Sept. 26 through Dec. 5, $20; *Oil Painting,* beginning Sept. 25 and ongoing, $10; *Children's Crafts,* Fridays from 6 to 8:30 p.m., $2.50; *Children's Holiday Gift Workshops,* Nov. 2, Nov. 16 and Dec. 7, 10:30 a.m. to 1:30 p.m., $5; *Matting and Framing,* Thursdays starting Sept. 26, $3; *Auto Repair and Maintenance,* Tuesdays and Thursdays, Sept. 24 through Nov. 26, $40.

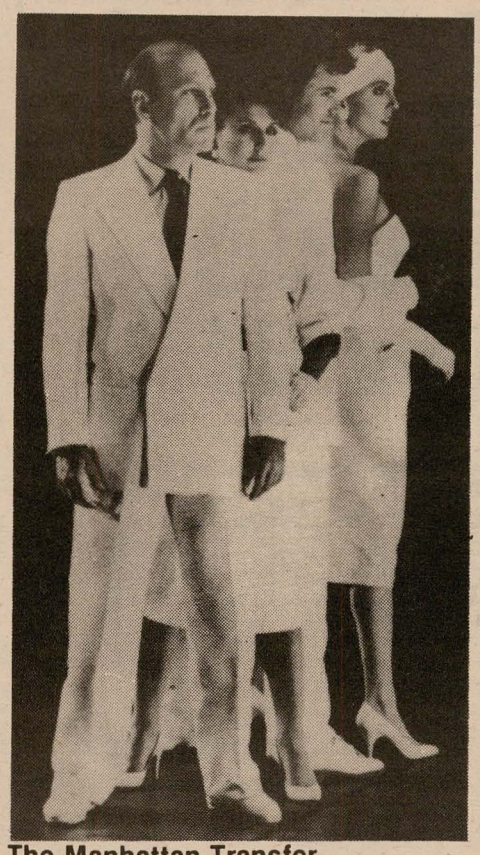
Advanced registration is required for *all* classes and workshops. Please call 561-4497 or come by bldg. 122 to sign up.

BSEP classes

Individuals can benefit from the education center's Basic Skills Education Program (BSEP) in many ways.

Soldiers can prepare for SQT or raise their GT scores above 100 for purposes of retention, promotion, and military schooling. The adult family members and DoD civilian employees can prepare for the high school equivalency (GED) test, enabling them to find a job or move into a position with career potential.

These free classes concentrate on developing increased skills in basic math, reading comprehension and English grammer. The next BSEP class meets from Oct. 3 through Dec. 20., 8:00 to 11:45 a.m., Mon. through Fri. in bldg 1216. For more information or to enroll, visit the education center, bldg 1216, or call 561-4445/2974.



The Manhattan Transfer.

In concert

The Manhattan Transfer is performing at the Concord Pavilion Sept. 22 at 8 p.m.

This dynamic foursome is a contemporary vocal group that sings everything from nostalgic doo-wopp and bubbling jazz to snappy pop.

The recreation center's ITT office has discount tickets for lawn seating at $12.50 reduced from $13.50.

The recreation center ITT office is located in bldg. 385.

Operating hours are 11:30 a.m. to 1:00 p.m., and 2 p.m. to 5:30 p.m., Monday through Friday.

LAMC enforces DEERS policies

Effective Oct. 1, Letterman Army Medical Center will begin a new program to strictly enforce the eligibility checking policy mandated by the Department of Defense.

All patients will be subjected to having a DEERS computer eligiblity check done prior to receiving non-emergency care (to include all children over the age of one year).

A current ID card is not sufficient proof of eligiblity unless it is presented within 120 days of issue. If the patient does not have a proper eligibility in the computer, he or she will not be permitted access to medical care unless an emergency exists. An emergency situation will be determined by a physician. Any such emergency patient will then be billed for the care.

All beneficiaries of military health care are highly encouraged to verify their eligibility status in DEERS by calling toll free in California: (800) 334-4162 or outside California (800) 538-9552.

Enrollment in DEERS is done through any servicing personnel office.

This program is designed to protect the privileges of those entitled to care by stopping ineligible people from using the facilities, staff and money.

Also, CHAMPUS will deny all claims for patients who are not properly enrolled in DEERS. Don't gamble with your health benefits and those of your family. Check your eligibility now!

...the write stuff...

by Ted Weller

Ten score, eight years, and 331 days ago a weary band of 240 soldiers, settlers and family members led by Teniente Don Joseph Joachin Moraga arrived at the top of a wind swept, sand covered hill overlooking San Francisco Bay.

Working with Jose Canizares, first pilot of the San Carlos, Moraga laid out the plan for a square, 92 yaras (about 80 yards) on each side, enclosure on the site selected by Teniente Coronel Juan Bautista de Anza earlier that year.

The first presidio built on the site, consisted of the commandancia, a church, barracks, storehouse and a guardhouse, surrounded by a 14-foot high, five-foot thick wall.

By the middle of September, the construction had progressed so rapidly that Sept. 17, 1776 was selected as the day for the ceremonial founding.

Led by Fray Pedro Font, who had journeyed with Anza throughout Alta California, the religious ceremony founding the presidio was impressive and was followed by the ringing of all available bells and the firing of every cannon, swivel gun and musket.

My Note: The founding of Mission Dolores did not occur until Oct. 9, 1776.

Now that I've answered the question of who came first, let's get on with IT:

Tomorrow, in Golden Gate Park, the Olympic Club will sponsor 5km and 10km runs. Be at the South Parking lot at the Polo Field at 8 a.m.

A *FREE* Seacoast Fortification Seminar will be presented tomorrow by the Golden Gate National Recreational Area and Fort Point and Army Museum Association at the Fort Point Classroom, bldg. 988 beginning at 9 a.m. The seminar will examine the U.S. seacoast fortifications from colonial times to the present, with a special emphasis on the defenses of San Francisco Bay. The program includes visits to various seacoast batteries and an opportunity to participate in a gun drill using the 6-inch disappearing gun at Battery Chamberlain on Baker Beach. Call 556-1693 for reservations.

The San Francisco Indian Center/CAID will host its 4th Annual American Indian Trade Fair and Exposition tomorrow and Sunday at the Civic Center Plaza beginning at 10 a.m. and continuing until 6 p.m.

A free guided tour of Fort Mason Center begins at 11 a.m. tomorrow at bldg. A. Call 441-5706 for reservations.

The FREE monthly workshop and class for Atari users, sponsored by ABACUS is tomorrow 10 a.m. - 2 p.m. in bldg. C, Fort Mason Center. Call 453-3665 for information.

Military boardgamers (wargamers): If you are interested in participating in the West Coast Inter-Service Simulations Competition (WISC) at Vandenburg AFB, Calif., Oct. 12-14, drop by the Public Affairs Office, room 214, bldg. 37 for the information package.

Other events in Presidio's history, this week: Sept. 14, 1952, The Chapel of Our Lady is dedicated following its complete renovation. Sept. 18, 1965, the Presidio of San Francisco is formally recognized as a California Registered Historical Landmark.

At the movies

Presidio Theater

Fri,	Sept. 13	Red Sonja (PG-13)	7 p.m.
Sat,	Sept. 14	Back to the Future (PG)*	7 p.m.
Sun,	Sept. 15	Back to the Future (PG)*	7 p.m.
Mon,	Sept. 16	Back to the Future (PG)*	7 p.m.
Tue,	Sept. 17	Back to the Future (PG)*	7 p.m.
Wed,	Sept. 18	Witness (R)	7 p.m
Thu,	Sept. 19	Secret Admirer (R)	7 p.m.

*Adults $2.50, children $1.25

Schwartz Theater

Mon,	Sept. 16	Red Sonja (PG-13)	7 p.m.
Wed,	Sept. 18	Back to the Future (PG)*	7 p.m.
Thu,	Sept. 19	Witness (R)	7 p.m.

Hamilton Theater

Fri,	Sept. 13	Cal (R)	7 p.m.
Sat,	Sept. 14	Snow White and the Seven Dwarfs (G)	1 p.m.
Sat,	Sept. 14	Desperately Seeking Susan (PG-13)	7 p.m.
Wed,	Sept. 18	The Care Bears Movie (G)	7 p.m.
Thu,	Sept. 19	Romancing the Stone (PG)	7 p.m.

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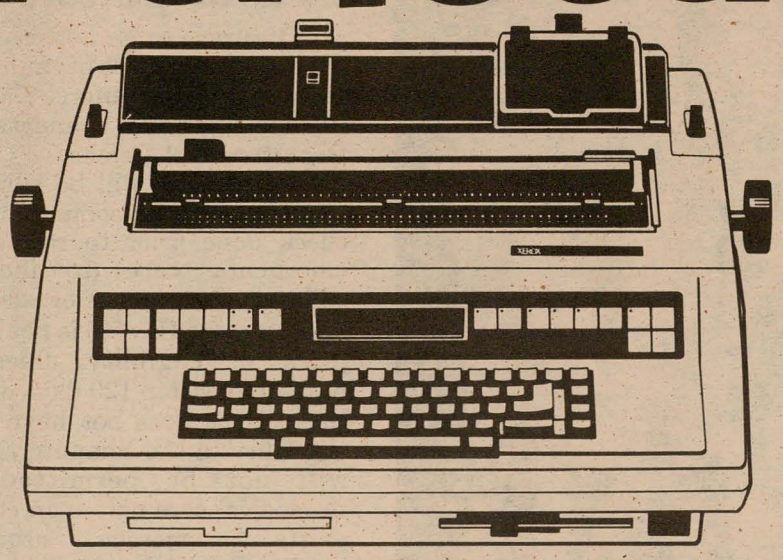

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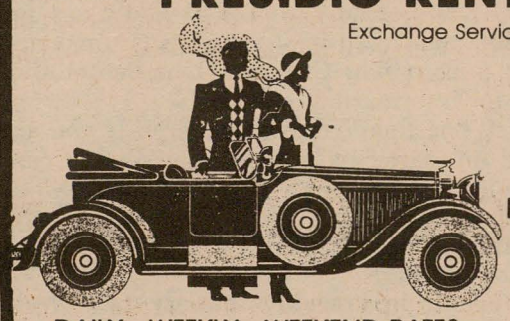

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Sports

Army seeks runners for marathon

Active duty soldiers interested in running in the Armed Forces Marathon on Nov. 3, in Washington, to Washington, D.C., at Army expense.

For more information, call the Presidio sports office at 561-4120 or 561-5032.

Gym closure

Post Gym No. 1, bldg. 63 will be closed on Sept. 29 to hold the U.S. Military Academy Physical Aptitude Examination. Post Gym No. 2, bldg. 1152 is open from 8 a.m. to 5 p.m.

Bowling league

An organizational meeting will be held Sept. 17 at 1 p.m. for all units and activities interested in participating in the Presidio intramural bowling league. Points toward the Commander's Cup will be awarded for all units attending this meeting. For more information contact the Sports Office at 561-4120 or 561-5032.

Flag football

The Presidio intramural flag football league will get underway Monday evening. Games are scheduled at the PX field located next to the post library. Games will be played Monday through Thursday, starting at 6 p.m. Headquarters USAG, the defending league and post champions, with Rudy Russell leading their attack, will be the team to beat. Come on out and support your favorite teams.

Two runners cross the line during the Presidio-10. photo by Joseph Hirsch

Golf tournament

The fall Commander's Cup golf tournament will be held at the Presidio golf course on Sept 25 and 26.

Active duty personnel assigned or attached to the Presidio are eligible to participate in the Senior, Open and Callaway Divisions.

Senior Division is 40 years of age and over, Open Division is 39 years of age and under. The Callaway system will be used for persons who do not have an established handicap at the Presidio course.

Individuals desiring to enter the tournament may do so by calling the Presidio Sports Office at 561-4120 or 561-5032 by Sept. 20.

YA tennis

Youth Activities will be sponsoring a tennis tournament on Sept. 22 from 9 a.m. to 5 p.m.

The tournament will be at the Infantry Terrace and Library Courts for ages 8-10, 10-12, 12-14 and 14-18. Registration is $3. Deadline for entries is Sept. 20 at 4 p.m. Please register at bldg. 567.

For more information call 561-5143.

YA soccer

There are a few more spaces left for Under 10 and Under 14 soccer teams. Please give us a call if your son or daughter is interested in playing. The Youth Activities number is 561-5143.

Football practice

Practices are being held at the PX field Monday through Friday starting at 6 p.m. Team membership is open to active duty soldiers only. Interested soldiers are urged to attend scheduled practices for a spot on the team.

For more information, call the sports office at 561-4120 or 561-5032.

Learn to swim

An adult beginner's swim program will be held by the Presidio Sports Branch each Monday and Wednesday from 2 to 3 p.m. starting Sept. 16.

All soldiers who cannot swim are encouraged to enroll in this program, because every soldier must be able to swim. Army civilians, retirees and family members are welcome.

For more information, contact the Sports Branch at 561-4120 or 561-5032.

Presidio hosts two running events next month

Whether they're casual joggers or serious runners, Bay Area service members and civilians are invited to participate in two big running events scheduled next month at the Presidio.

The five-mile Fleet Week Challenge Run is Oct. 13, at 8 a.m.

The Navy has thrown down the gauntlet to runners of all ages to test their mettle. This race starts at the Presidio's Crissy Field and ends at Pier 31-32. Runners may compete on either a team or individual basis. Team members must register by Sept. 20.

Entry fees are $8 for civilians and $5 for active-duty service members until Oct. 11 at 2 p.m., after which the price will be raised to $10 on race day.

The following weekend, on Oct. 19, is LAMC's Combat Medic Marathon Relay. Sponsored by the Conquistadores Running Club, proceeds go to the new Army Medical Museum at Fort Sam Houston.

There will be three categories of teams, including Open Miltiary and Open Civilian, for teams of eight men and two women, and Top Brass for military only, allowing 05 and above for officers and E7 and up for enlisted. The Run is of standard 26.2 mile marathon length with each person running about 2.6 miles.

The race begins 9 a.m. at the Presidio on the Crissy field runway. Entry fees are $5 for military runners and $7 for civilians. Deadline for entering is Oct. 11.

Special awards wil be given to the top three teams in each category. All parcipants will receive custom designed T-shirts as they also will in the Fleet Week Challenge Run.

Those interested in either race can obtain entry forms from SGC Miko Thorne, LAMC Occupational Therapy, at 561-2333. The point of contact to trace information is Lt. Col. John Moore at the same location and number.

Information and forms for the Fleet Week event may be obtained by writing to: Fleet Week Challenge Race/Friends of the Port, Room 339, Ferry Building, San Francisco, Calif. 94111.

Freak downs Dallas, cans Colts, nice to 'Niners

by Jimmy the Freak

So...go figger it! If I had been on the job last week and published my predictions for this past weekend's games, there is no way I would have forecasted that both Super Bowl teams would lose to two stumblebum teams like the Vikings and Oilers, even on a day when I take a little too much medication!

The reason that I missed last week's deadline was that I was at a seminar for civil servants on energy conservation...I even learned to clap with one hand! I think that the 49ers were honor graduates of that seminar.

That game was messier than a kindergarten class on a field trip to a sludge plant.

I guarantee that Bill Walsh will be kicking some players this week in practice right where they put their wallets. Bitter...errr..."better" days ahead?

San Francisco 30 Atlanta 13

Home opener and all that jazz. The real reason I pick the 'Niners by so many points is that, the Vikings' game notwithstanding, they are that much better than the Falcons.

Miami 40 Indianapathetic Colts 7

Don Shula will be chewing on the artificial surface at practice this week. Look for Marino to have a big game against the morons in the Colts' defensive backfield (I wonder if those guys are related to the Irsey family?)

Denver 27 New Orleans 9

The Saints may be the NFC's answer to the Colts. If you could get a peek at their game plan, you would understand why Bum Phillips' nickname is really short for "Bumbling."

Chicago 23 New England 16

A good, tough battle. The Patriots will discover, however, that the defense in Chicago is a tad tougher than they're used to facing in the namby-pamby AFC East.

St. Louis 31 Cincinnati 21

The Cardinals are just a little too strong for the Bengals this early in the season. By the end of the year, this would be a closer match. I still think that the Bengals' uniforms should be used to start the pre-game bonfire.

Tampa Bay 24 Minnesota 20

I see a combination of factors working in this game...the Bucs played the Bears very well, it's their home opener and the Vikings will let down after their victory against the 49ers. If Bud Grant gets these guys into the playoffs, sainthood is just around the corner!

Upset of the Week

Detroit 24 Dallas 20

Dallas should be pretty beaten up after their fray with the Redskins. Also, the Cowboys have been notoriously ineffective against tough defenses. Oh, well...I guess that you will just have to pay more attention to the cheerleaders...

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Save 20% to 30%

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Stress: there's help available, **page 5**

Power outages: *why* they really are necessary, **pages 6 & 7**

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Star Presidian

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News briefs

Terrorism seminar

Last week Judith Dozier vividly recalled for her audience the early evening in December when two would-be plumbers entered her home in Italy to fix a strange leak.

Before the evening was over, her husband, Brig. Gen. James Dozier, then the senior military officer of NATO in Verona, was taken by plumbers-turned-terrorists. She was left for 42 days, wondering, waiting and praying for her husband's return.

Judith Dozier visited the Presidio last week to take part in the Sixth U.S. Army Headquarters program to train trainers about terrorist attacks.

"The main goal of our seminar is not to train a crack commando unit, but to teach them how to recognize and possibly avoid a possible terrorist attack," said SSgt. Joanne Sullivan, a military intelligence analyst with the Sixth Army.

Revised OER Form

Beginning Oct. 1, all Army officers must use the revised Officer Evaluation Report (OER) Support Form.

According to Pepe J. Juarez, COMPACT OER clerk, the Presidio already has some forms (DA Form 67-8-1, dated Feb. '85), on hand at bldg. 1163 (Self Service Supply Center).

All rated officers must maintain a working copy of the support form throughout the rating period. Raters and rated officers now share the responsiblity for preparing the support form. The local military personnel office is no longer responsible for initiating the form and providing it to the rated officer.

Complete guidance on the preparation and use of the new OER Support Form is in AR 23-105 (Officer Ranks Personnel Update).

Army News Service

Free rank insignia

Enlisted soldiers in the Army will no longer have to pay for rank insignia, service stripes, overseas service bars or unit sew-on patches beginning Oct. 1, according to U.S. Army Troop Support Agency officials. Nor will they have to pay to have them sewn on.

The items supplied by the Defense Personnel Support Center will move from the Army and Air Force Exchange Service (AAFES) Military Clothing Sales Stores to unit supply rooms and become part of the unit's organizational inventory, said a Troop Support Agency official.

Other uniform items such as shoulder marks, Ranger tabs, and expert infantry and medical badges will also be provided by the unit. "These things move into the same supply category as a tent, helmet or poncho," the official said.

According to a Presidio supply sergeant, the unit will provide free sewing services to the soldiers through the post tailor shop.

Army News Service

The night the lights went out at Fort Scott

by Joseph A. Hirsch

High voltage electricians from Presidio's Directorate of Engineering and Housing (DEH), breathed a sigh of relief Sunday night when they turned on the switches restoring power to Fort Scott after a necessary 18-hour outage to by-pass a broken cable.

This outage project was given "urgent " status by DEH officials when a bulldozer at the construction site of the new post office, unearthed a main feeder line to a substation at Fort Scott, according to G. F. Dudley, supervisor in the DEH high voltage shop.

"One of the two feeder lines into the substation at Fort Scott was already damaged and broken down," said Dudley, a 38-year veteran of the shop.

"The dozer hit the line and somehow it didn't break all the way through. The line was still energized. Through some miracle, the substation was still getting power, but we had no idea when the line would finally blow up," Dudley said.

Should the line have blown before engineers and contractors had a chance to by-pass it, Dudley and other DEH officials said the outage to Fort Scott could have been as long as three days.

Less than seven hours after restoring the power, electricians and DEH officials met with a contracting representative to discuss the plans for the future outages that are necessary to repair bad lines and switches.

"One of main things we're doing by having these outages now," Dudley said, "is preventing longer and unannounced outages in the future.

"This new work is also going to allow us to have the capability in the future to just switch over to another power source when we have to isolate and work on a certain area of post."

As it stands now, the Presidio is served by four main feeders coming from off-post power companies. The four feeders supply their own separate areas to the Presidio. When the work is complete, Dudley said linemen can let one feeder do the work of two when work must be done to a certain section, thus eliminating the outages.

Two men from a contractor based in Vacaville, Calif., worked the entire 18 hours in a manhole the size of a small closet.

Three huge cables designed to carry 12,000 volt loads, were cut, spliced and taped to meet Army standards. Dudley said the work was needed, because even a small pinhole or little drop of moisture could cause the line to explode and throw the power off.

Each of the three splices took the men three hours to complete.

Meanwhile, above ground, Dudley and a 10-man crew of high voltage linemen, power support crews and tree trimmers, hustled to meet other jobs and work orders while the power was down.

Dudley said the linemen were on hand to help the contractors with turning off power, identifying 4,000- and 12,000-volt cables and ensuring that Army standards were met.

Power support crews, headed by supervisor Bernard Mitchell, provided generator power to three buildings in Fort Scott.

"We had request from TISA (the food warehouse), the chapel and the Army Reserve Center near the 25th Avenue gate," Mitchell said.

"Even though it's important to provide these people with power during the outage, it's more important that our generators don't run power back down the lines and kill the men working on them."

Mitchell said a power transformer works to either reduce or increase power from a source. The power support crews worked during the entire period checking fuel and oil levels and making sure power stayed out of the lines.

Power cables from generator to building could get crossed and burn up motors on appliances. Mitchell's crew used meters and gauges on each wire to test and make sure the temporary power was correct.

Engineers from the DEH tree trimming shop, took advantage of the outage to cut and remove cypress and eucalyptus limbs that had overgrown the high voltage lines.

"It's dangerous working around these lines with a chainsaw and a bucket truck when they're hot," tree trimmer Gary Cooper said.

"If these limbs are allowed to grow in and around these lines, a bad storm comes along and knocks these trees all over the place and the limbs can snap the lines like pieces of string.

"Twelve thousand volts can really tear up a chainsaw, so we came out today when the power was down," he said.

The scene surrounding the hole, became tense around 11:30 p.m. when the workers announced they had finished the splices.

The crew drove their trucks to the substation that feeds post from Greenwich Street and to the Reserve Center where transformers and cables had to be switched on at *precisely* the correct time.

As the workers in the manhole connected the new splices into the power boxes, Dudley radioed the crew at the substation to get ready.

After a series of tests to determine whether the lines would stand the load, Dudley called his line crew to throw the switch.

And Fort Scott's street lights began to glow just after midnight.

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Opinions

TAKE A BITE OUT OF CRIME

by Terry G. Knowles

Larcenies make up about a third of all crimes reported to military police. The majority of these larcenies involve property that was not secured.

SSgt. Brian Meyer, chief of Military Police Investigations, notes that people, both military and civilian, are too trusting, careless or are just too apathetic with regard to securing their valuables.

"Supervisors are not ensuring that people working under them are security conscious about their belongings," Meyer said. "Time spent investigating thefts of unsecured personal property could be better spent on more serious crimes such as fraud, major larcenies and supply diversions."

Statistics provided by Meyer show that from Jan. 1 to Aug. 31, there were 213 reported larcenies. Of these, 63 percent were unsecured property. Eighty-seven percent of the thefts were of private property. Of the 79 larceny cases of secured property, the majority could have been prevented if *proper* locking devices had been used.

It is the unanimous consensus of investigators working out of the Provost Marshal's Office that apathy and carelessness are major causes of most larcenies. "A recent example," Meyer said, "occurred in the LAMC billets on Sept. 10. A young woman left her 35mm camera on a bench in a hallway, unattended and unsecured, and went into her room to show some photos to a friend. When she came back out, it was gone. If she had taken it with her or done something to properly secure it there would have been no theft."

SSgt Victor J. Gutierrez, of PMO's Physical Security Section, said, "Burglars and ordinary thieves normally seek targets of opportunity. Preventive measures such as adequate locking devices are a must for the safekeeping of your property. A person who doesn't do this is just asking a thief to come and take his or her property."

It is likely that a person who leaves an item of personal property unsecured will become a victim in other ways, too. Capt. Jon L. Frobish, of SJA's Claims Office, said that items generally left unsecured would not be compensated for by SJA Claims.

"For example," Frobish said, "if a quick-release CB radio was removed from an unlocked car, we probably wouldn't pay anything."

You can help prevent larcenies. For example:

- If you are an LAMC patient, secure your personal property, i.e., watch, jewelry, purse or wallet in a safe place and make sure that it is locked up.
- Always lock your car and take the keys with you.
- Avoid leaving anything lying around loose in your car in plain view. Lock your valuables in the trunk.
- Safeguard your credit cards—they are the same as money.
- When leaving your room, ensure that all valuables are secure, that doors and windows are locked. An unlocked window or door is an open invitation for theft.
- If you work in an office, make sure it is locked when not in use.
- Use the buddy system to help you and your friends prevent theft.
- It would be a good idea, if you haven't already done so, to arrange direct deposit for your paycheck.

Sometimes suspicious people are seen hanging around certain areas of Presidio. If you see or hear of one of the following types of people or conditions, call the military police at 561-2252 or 561-2253:

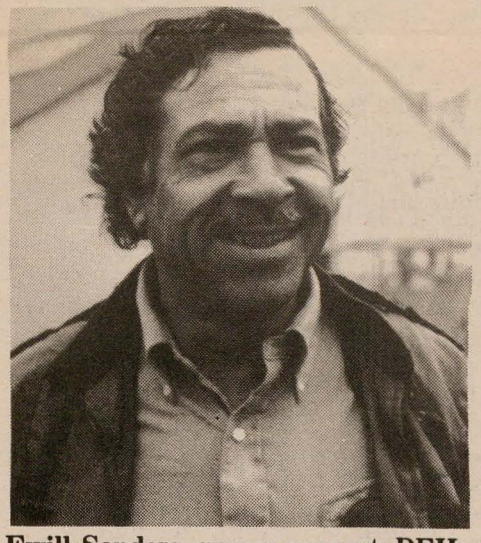
- People in the act of committing vandalism or burglary.
- People loitering in secluded areas.
- People carrying weapons such as knives, guns and other lethal devices.
- Broken or open windows in closed quarters or offices.
- Loud, explosive or otherwise unusual noises.

Whether you are military, a family member or a DA civilian, crime prevention is everybody's business. For more information on crime prevention programs, visit or call the Crime Prevention Office or the Provost Marshal's Office in bldg. 36 at 561-5011 or 561-4925.

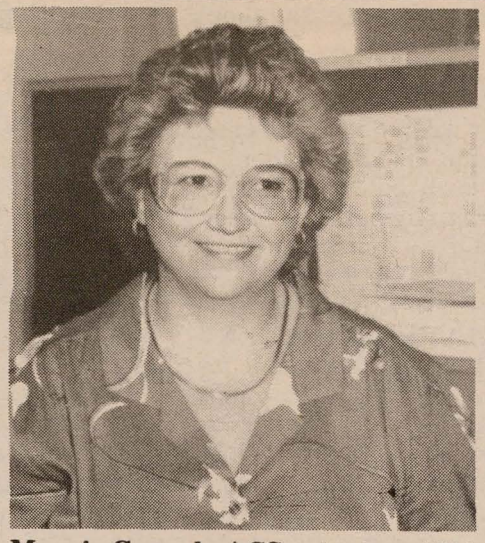
And do your part to help stop fraud, waste and abuse of your tax dollars; report it. The Presidio Fraud Hotline is **561-3578.** (All calls are kept confidential.)

Ramblin' Sam

"What would you do if you won the new lottery?"

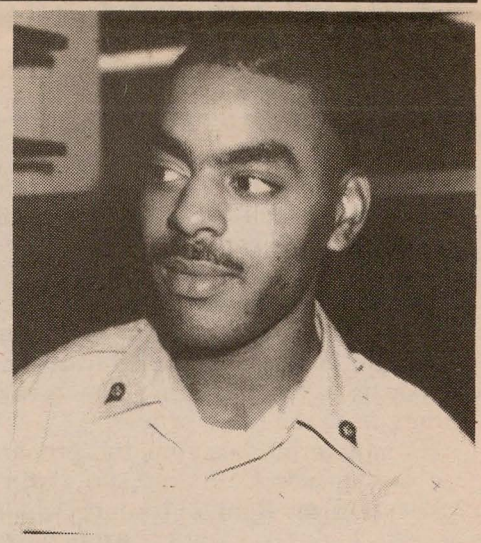


Ewill Sanders, power support, DEH: "I'd retire on the spot. I'd grab the wife and go out and live some, you know, travel, cruises, vacations. I'd spend every dime."



Maggie Germek, ACS volunteer: "I'd buy a new dishwasher, and wardrobe. I'd build onto my house and pay for it. I would have a lot of fun with the money, too."

Sp4 Michael Franks, LEC traffic section: "I would buy stocks and bonds, a Corvette and a condo. I'd want to invest most of it though."



Sp4 Clifton Williams, COMPACT records branch: "I'd buy a Porsche, travel across the country and just act like a millionaire. I'd only stay in the Army for a little while."

One man's opinion: What leadership is

by Wayne L. Dandridge

Leadership is taking the point position when your unit is expecting contact with the enemy. Leadership is ensuring that you are the last person to abandon ship. Leadership is flying a crippled bomber to the ground when one of your wounded crew members cannot bail out. Leadership is keeping your young soldiers, marines, airmen and sailors alive and never leaving your wounded behind. Leadership is writing a dead trooper's family a personal letter immediately after the battle.

Leadership is not glorifying war. Leadership is not doing anything to get promoted. Leadership is not winning the battle at all costs, nor is it losing a war to avoid casualties. Leadership is not found in the security of a well-fortified command bunker, nor is it found in a plush officers' field mess.

Leadership is rewarding a soldier, sailor, airman, marine or civilian with the appropriate motivational device immediately after an exceptional deed or service. Leadership is commanding and managing. Leadership is establishing and using specific, prioritized objectives. Leadership is

please see page 3

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Leadership continued from page 2

managing by exception, using job enlargement and seeking job enrichment. Leadership is humanistic. Leadership is believing in God, family and country—in that order. Leadership is treating men and women equally without regard to race, color, creed, religion, age or custom. Leadership is visiting your wounded and sick frequently. Leadership is knowing and living by the Constitution, the Code of Conduct, the Geneva Convention and the basic human rights of all mankind. Leadership is being assertive, but not aggressive.

Leadership is not ruthless or mindless discipline, but it is the ability to do the right thing at the right time by putting the whole before the part. Leadership is not a good efficiency report, nor is it paper readiness. Leadership is not a court-martial for every offense or punishment for every mistake. Leadership is fair, predictable, and consistent.

Giving a superior sound, professional advice when you know he or she does not want to hear it is leadership. Leading when you can, following when you should and getting the hell out of the way when you have nothing to offer is leadership. Learning the language and customs of a host country is leadership. Staying in top physical condition is leadership.

Leadership is not forgetting that the past is our heritage, the present is our challenge and the future is our responsibility. Leadership is not being overweight, not smoking and not drinking alcohol. Leadership is not being right all the time, and is certainly not being wrong most of the time.

Knowledge

Leadership is a general who knows the friendly and enemy situation, the immediate action for the M-16 rifle, his driver's first name and family, and the Lord's prayer. Leadership is a private who knows he or she is in the chain of command and may have to take over when senior in rank. Leadership is knowing why there are air, land and sea forces; why there are cavalry, infantry, armor, artillery, aviation and logistical forces; and why combined arms and concentration of combat power are important. Leadership knows about AirLand Battle, and how to use it.

No compromise of the integrity of one's word, deed or signature is leadership. Setting high standards and seeing that they are met are leadership. Intelligence, dedication, creativity and selflessness are leadership. Stamina, vigor and commitment are leadership. Spontaneous, contagious enthusiasm is leadership. Initiative, self-improvement and professionalism are leadership.

Leadership is adaptability, appearance, cooperation and decisiveness. Ingenuity, sociability, tact and tenacity are leadership. Leadership displays knowledge, manages resources efficiently and plans beyond the immediate requirements of assigned duties. Delegating authority, commanding confidence and respect, and accepting full responsibility for your actions are leadership.

Leadership can be good or bad, centralized or decentralized, warm or cold, offensive or defensive, macro or micro, expressive or free. Leadership can be Protestant or Catholic, Jewish or Molsem, Hindu or Mormon, atheist or agnostic.

Leadership is guiding. Leadership is legendary. Leadership is foresight. Leadership is absorbent, abstinent and—unfortunately at times—abominable. Leadership is balance, basic and too frequently backward and barbaric.

Leadership has saved lives, killed, stopped wars, voted and dictated. Leadership has walked softly and carried a big stick, but it also has been loud and nonviolent.

Caring

Leadership is honesty, enthusiasm, loyalty, courage and wisdom. Taking care of your soldiers', civilians', sailors', airmen's and marines' family members is leadership. Leadership includes being a good boss and friend, father or mother, son or daughter, sister or brother and husband or wife. Knowing that the profession of arms is much more than just a job is leadership.

Leadership is helping, training, encouraging, mentoring, understanding, motivating, disciplining, crying, laughing, standing firm, giving way, counseling, correcting, giving a second chance and trying again and again. Leadership is optimizing, minimizing, memorizing and mesmerizing. Leadership is tall, short, thin, heavy, male, female, black, brown, white, yellow, old, young, naturalized and non-naturalized. Leadership is from the city and the country. Leadership is from the North, South, East and West. Leadership looks you in the eye, kicks you in the rear, covers your flank, and takes your place on the most dangerous mission.

Experience

Leadership comes from experience, but experience comes from mistakes. Leadership changes the odds and knows the risks. Leadership develops teamwork. The tides, the channels, the seasons, the winds, the weather and the best forecast are all known by leadership. Leadership often makes good grades in school and has numerous years of formal education with many important degrees; but it also has been known to fail math, English and other equally important subjects.

Leadership comes from family, friends, teachers, coaches and pastors. Simple, easy-to-understand orders come from leadership. Complex tasks are changed into short and accurate plans by leadership. Leadership can be learned and taught, but not forgotten or bought. Leadership can be seen, tasted, smelled, felt and heard; but it can come from a blind person with no hands who cannot hear or walk.

Finally, leadership is so in love with life that it is willing to die to ensure that others' lives will go on.

The above article was written by Maj. Dandridge while he was a student at the Armed Forces Staff College in Norfolk, Va. It appeared in "Military Police Journal."

Dear Editor...

Opportunity and caring

A letter to the Presidio Community:

As a newly elected mayor, I attended my first Community Life Council Meeting on Thursday, Sept. 12. I feel a strong need to tell the Presidio Community what a great opportunity is given to the mayors to talk directly, at these meetings, with the different directorates that support the Presidio.

The 11 mayors present were seated among the officers from the different agencies on post such as: DEH, MP, DPCA, Vet, DOL [Directorate of Logistics] and Hq Cmd Bn. We were able to report our problems directly to Col. Rose and the appropriate directorate. The areas discussed ranged from parking/traffic problems and lighting for dark areas near housing, to the problems of residents cleaning up after their pets.

The post staff did not have guaranteed solutions for every problem, but they did listen and let us know how they would go about finding a solution. I saw rank dissolve into genuine caring as the post commander and his staff listened intently to both enlisted and officer housing mayors tell of their special problems.

For those housing areas that do not have a mayor yet, I strongly urge you to get together and elect one so you can take advantage of this unique opportunity to have your voice heard. It only takes one interested person to start the ball rolling. For anyone interested in getting involved, there is invaluable assistance available from Starine Cheek who is the Community Life Program Coordinator at ACS.

In closing, I want to say a rousing well done and thank you to Col. Rose, his staff and Starine Cheek for an impressive beginning to an important program for the residents of the Presidio.

Your fellow Presidian,
Lynn Ryan
Mayor of Infantry Terrace

Of rose gardens

Dear Editor:

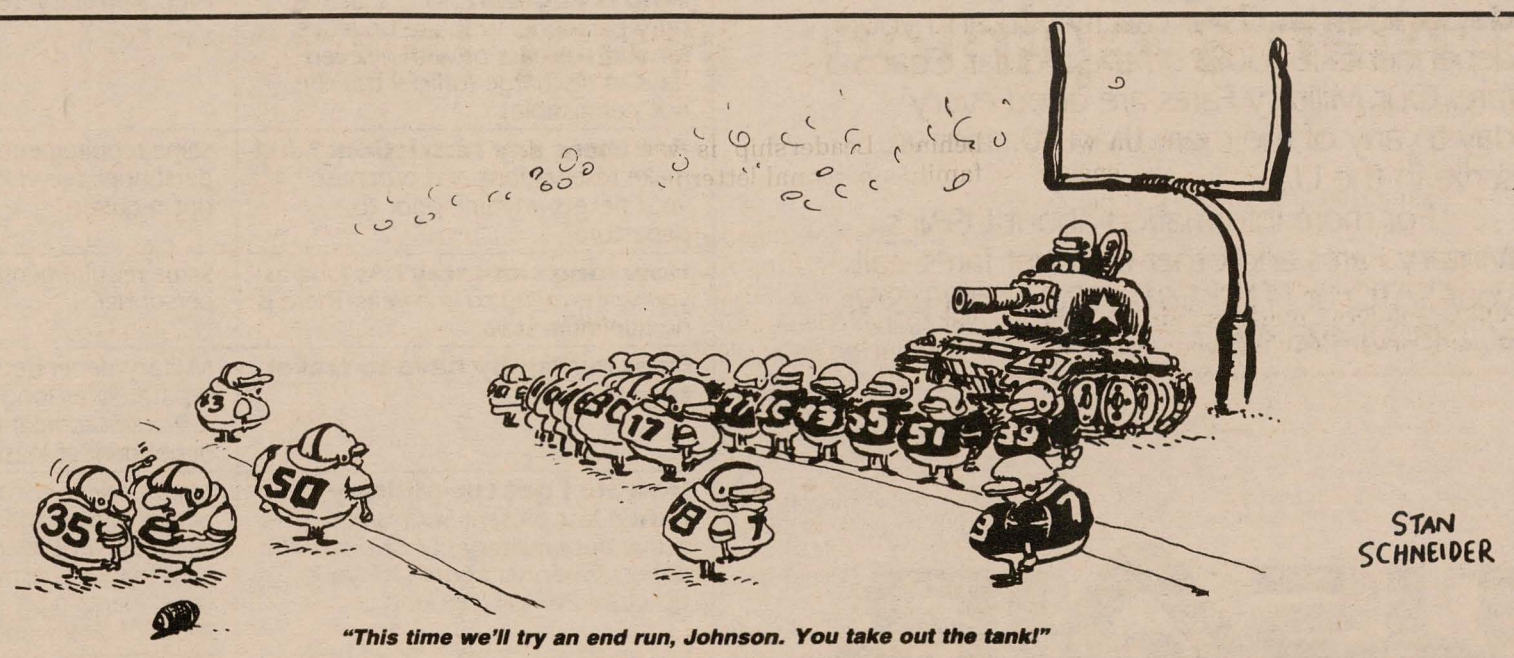
Trying to understand the commissary rose garden; roses or thistles?

Red roses = love, yellow roses = jealousy, white roses = I am worthy of you, and now we have the next group of Roses that impact the commissary workers—John Rose, deputy director, Susan Rose, pay clerk commissary, David Rose, largest vendor salesman and Col. Robert Rose, Presidio commander.

A final note, red roses and white roses = unity. Who was it that said, "I never promised you a rose garden?"

Sincerely,
Lawrence L. Laughlin
President, AFGE Local 1457

The Lighter Side



"This time we'll try an end run, Johnson. You take out the tank!"

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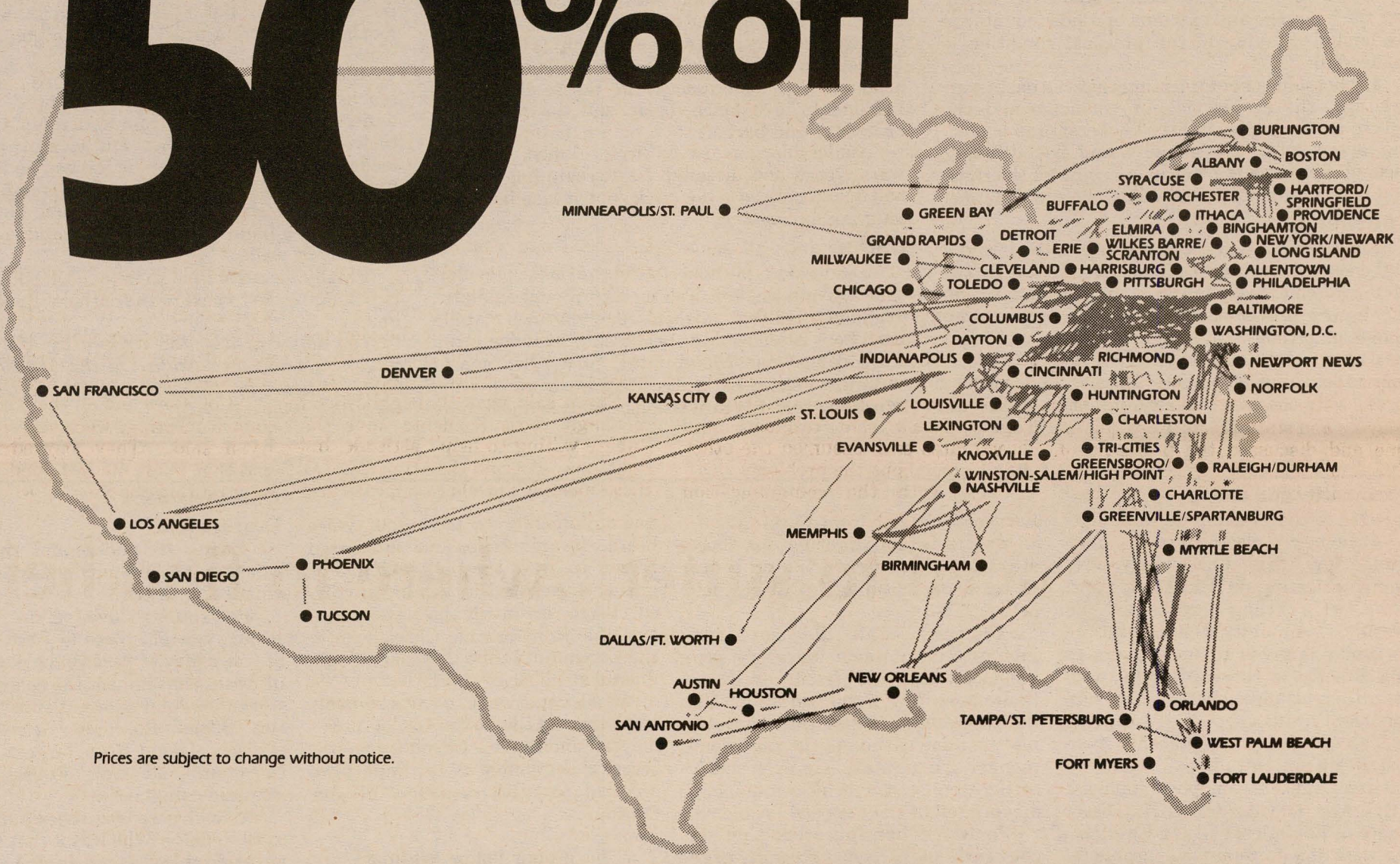

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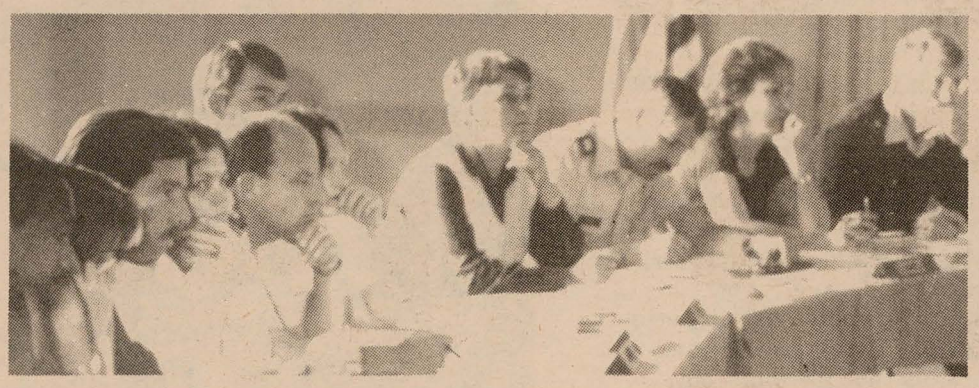
Community News

How mayors, directors get things *done*



Story and photo by Joseph A. Hirsch

There was some real listening going on at the Community Action Council meeting held Sept. 12 at the NCO Club.

"Listening and communicating," Starine Cheek said, "that didn't exist before."

Cheek is the coordinator of Presidio's Community Life Program.

At the council meeting, she said four new mayors were sworn in by Col. Robert Rose, post commander, who chaired the meeting.

The mayors are the chosen representatives of housing residents, and among their duties is voicing the concerns and problems that residents raise at neighborhood meetings.

At the council meeting, the mayors and staff directors met one on one and discussed the problems of Presidio's residents.

Having the directors there, Cheek said, allowed them to address each of the concerns as they were brought up by the mayors.

"The mayors brought into light the concerns of the residents, and the agencies, in turn, responded with solutions or suggestions," Cheek said.

The mayors come to Cheek in advance of council meetings, and she takes the compiled concerns to the commander and his staff.

"The agencies then have the time to prepare their response or solutions and give it to the mayors to pass on to the residents," Cheek said.

"At these meetings, we're not trying to surprise anybody or get someone in trouble," Cheek said.

Before the mayoral program began, Cheek said residents and directorates each assumed the other didn't care about the problems.

Now with the communication flowing between the two, both sides are discovering that some of the problems and concerns are already slated to be solved or eliminated by the agencies. Mayors take that information back to their neighborhood meetings, and make the community aware of the plans.

Most of the issues brought up at the council meeting are ones that are common to the Army families throughout the United States and overseas, Cheek said.

"The mayors brought up things like the playground upgrading project and several were concerned about the traffic safety in their area.

"As those were brought up, Col. Rose would direct the problem to the agency it involved, and they had an opportunity to respond right away," Cheek said.

For example, a mayor representing the housing area closest to Lincoln Boulevard said that traffic along the street had been disregarding the posted speed limit signs.

Maj. Randy E. Hoff, Presidio's Provost Marshal, told the mayor and the rest of the council about the plan for increasing patrols and the number of speeding tickets written there.

Cheek said that at neighborhood meetings, most residents have the "we're willing to help" attitude, but right now, she said the attendance at those meetings needs to improve and more mayors need to be installed before the bigger problems can be solved.

"This is the residents' voice," Cheek said of the mayors, "That person representing them is one of them, and knows the problems firsthand. It takes the entire neighborhood to pull together and realize that to get help and solutions, they have to ask for it."

One of the newly installed mayors at the meeting, Lynn Ryan, from Infantry Terrace, said she was taken aback at the immediate responses the mayors got at the meeting.

"There we all were," Ryan said, "a bunch of housewives sitting among the people who run this post and we were being answered.

"It was easy to see that these directorate chiefs were really concerned with what we had to say.

"They took notes and asked questions and made me feel as though they're going to help us all they can."

Ryan said that not every question was answered by the staff, but those were taken back to the offices and at the next meeting, slated for Nov. 14 at 3:30 p.m., the mayors were told that the results would be presented.

"Col. Rose and all the staff at the council meeting, were very helpful," Ryan said. "They showed concern and that made me feel good; that we were getting the help."

Stress—no need to suffer...where to find help

by Bob Walker, Debbie Campbell

The alarm clock rings. Out goes the groping hand to turn it off. "I'll get up in another 10 minutes," the young woman says. She sleeps on until it is past time to be at work.

This is a typical scene. It happens all too often.

When she finally wakes up she is hit by a blinding headache. Her heart pounds, not only because she is late, but because she dreads the thought of another day at the office.

Looking in the mirror, she notices a rash is spreading across her neck and chest. She begins to cry, her body shaking.

This woman is suffering from stress. Her body is reacting to the stress of her job and everyday living, which could cause her harm if she doesn't seek help soon.

Fortunately, the Presidio offers programs to help soldiers and retirees who are suffering from the many types of stress.

Often the root of stress is financial, according to Sue Kingslien, financial counselor and consumer affairs coordinator with Army Community Service (ACS).

"Frequently a young soldier, married or single, will take advance pay or take out a loan to pay for the cost of a PCS move. When he gets here he discovers he has more going out than coming in. Because of this he feels he needs to get help," Kingslien said.

As financial counselor I'm able to evaluate and assess each soldier's finances. I then help to set up a budget for that individual to get him back on the right track, Kingslien said.

AER

Another service available through ACS is staffed by Ursula Sallee, assistant Army Emergency Relief officer.

"Soldiers can be in a stressful situation because something has happened out of the ordinary," Sallee explained.

The soldier may turn to Army Emergency Relief for "no-interest loans or grants to cover emergency situations such as payment of rent to prevent eviction or emergency leave due to a death in the family," Sallee said.

In these ways ACS helps reduce stress caused by financial problems.

Family Advocates

Other types of stress are frequently related to financial problems. When someone can't keep up with their bills they often need an outlet through which to vent their frustation, and they take it out on their family, according to Starine Cheek, coordinator for the Army Family Advocacy Program as well as the Community Life Program.

The Army Family Advocacy Program deals more with child and spouse abuse issues. "When there is violence toward a spouse or child, the family's financial situation is often the basis of their problem," Cheek said.

The Community Life Program is for those families who feel "they don't have any support. In this case they turn inward, causing stress among family members.

"This program is set up to get people to turn to their neighbors for help and support," Cheek added.

Karen Kaho, family violence specialist for the Army Family Advocacy Program, works in conjunction with Starine Cheek on child and spouse abuse.

Kaho is a liaison between agencies in San Francisco and the Presidio.

"If people feel that they're losing control with their spouse or child and need to get help before they go too far, they should call me at ACS to set up an appointment," Kaho said.

She screens each individual or family and then refers them to the proper professional agency for help.

Some projects under way in this department include a parenting class, and a 24-hour-a-day crisis line to begin in October.

Kaho said, "Before the stress at home gets too ovewhelming, come see us. People shouldn't feel alone or troubled about getting help, because stress can be harmful both emotionally and physically.

"Stress causes people to not take care of themselves. They need to do more positive things with their time, no matter how little free time they have."

Another source of stress that is an issue at ACS is handled by Margie Dee, Exceptional Family Member Program coordinator.

Handicapped children

The Exceptional Family Member Program deals with children who are handicapped in some way. "The stress here comes from not knowing what the child's problem is. Once they [the parents] find out, they often have guilt feelings," Dee said.

The reaction after diagnosing the child is often that the parents are afraid to discipline him. The child behaves poorly, thus creating a stressful atmosphere, Dee added.

Other problems that result in stress are when the parents isolate the child from his peers, or the entire family focuses on that child's handicap.

Get help

If you or someone you know is experiencing symptoms of stress, it's best to seek professional help. Along with the aid available through the Psychology Service at Letterman Army Medical Center, there are also the numerous ACS programs covered here.

How DEH turns on Fort Scott

Story and photos by Joseph A. Hirsch

Although many residents in the Fort Scott barracks and the 1400 housing area knew the power would be out Sunday, they were still in the dark about why the outage would have to be 18 hours long.

Electricians from the Directorate of Engineering and Housing (DEH) worked alongside a contractor from Vacaville, Calif. to bypass a damaged line to a substation at Fort Scott.

Officials from DEH said the bad cables could have blown at any time, causing an outage that could have lasted three days.

Capt. Steve Ramee, a doctor in the Cardiology Department at Letterman Army Medical Center, said he and his family made the 'Niners game live this week.

"We decided to just get out of the house for the day," Ramee said.

"It was one of the first times that we didn't just watch the game on TV," he added.

Ramee said his and other families were contacted by their area mayors Saturday as they made one last attempt to contact all the residents affected.

"The mayors came around and made sure the neighbors were aware of the outage and they told us the MPs would be making more patrols.

"It seemed real strange to have an 18-hour outage, but I know they needed to make it that long," he said.

Part of the DEH crew's job Sunday involved a little public relations work. Their yellow trucks made easy targets for people with questions and concerns about the outage.

Gary Scotto and Paul Rubio, high voltage linemen, worked briefly in the 1400 area to cut a main power switch.

"Some of these people really don't understand why their power is off, and they can get heated sometimes," Scotto said.

"We'd like to get their electricity back on as quick as possible, but this work takes a while, because if splices and connections aren't made just right, the high voltage would find the fault and blow the line.

"It is a great inconvenience to be without power and some people have even gotten to the point of trying to fight us.

"We try to explain to them the best way we can, and they usually cool off and let us finish. Most of the time it's just bad luck or Mother Nature that's to blame. We just pick up the pieces and work as quick as we can," Scotto said.

Capt. Tracy Makovec and his wife Tarrie, found a way to beat the outage.

Makovec works as a pathologist at Letterman Army Institute of Research and said because of the outages that have hit the Presidio in the past, he decided to buy a small portable generator.

"I picked this one up about five years ago and it was kind of expensive," Makovec said.

"It's strong enough, though, to run the fridge or the TV and the noise isn't too bad. We watched some TV, and we read and did other things and really didn't mind the outage.

"Our mayor came around to us Saturday and reminded us about the power outage and about the only concern we had was that it gets dark quick in the area. [But] we knew the MPs would be around to patrol," he said.

The officials in DEH that planned and worked this outage, announced Monday that another outage will affect the 1000 area on Sept. 28 and 29.

Lowell Whiteaker, chief of Contract Services and Utility Sales Branch in DEH, said contractors will kill the the power for an hour in the morning and evening to buildings 1082, 1000 area housing, 1152, 1151, 1012 through 1016, 1007 through 1009, 1051, 1050 and 1060.

The morning and evening hours are required to allow a DEH crew the time to install and unhook generators to the buildings, Whiteaker said.

Contractors will be installing new power supply cables and replacing transformers and switches. The *Star Presidian* will report each outage as DEH makes them available.

Contractors Mike Woodside and Mike Zilch work with 12,000 volt lines.

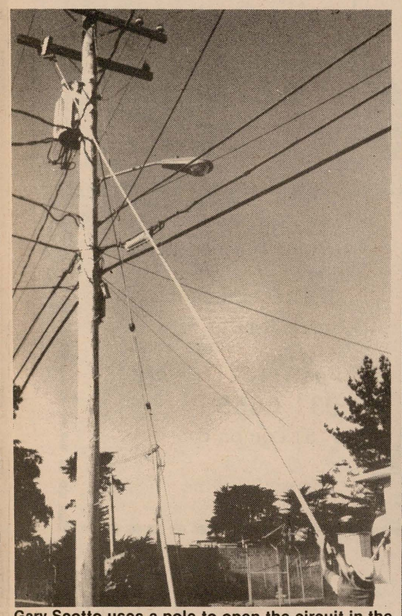
G.F. Dudley, Tom Baker and Rick Hendricksen look over high voltage line diagrams and plan future outages.

Capt. Tracy Makovec and his wife Tarrie used this small generator during the power outage.

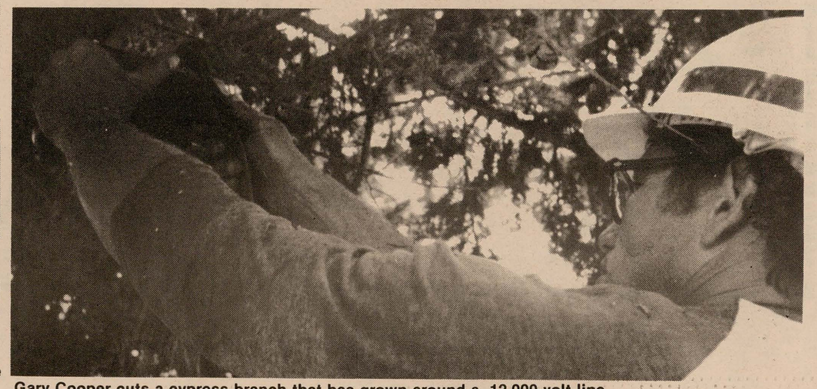
Gary Scotto gets ready to restore power to Fort Scott early Monday morning. He has to radio to let the other crew know.

Ewill Sanders checks the fuel level on a heavy duty generator at the 25th Avenue gate during Sunday's power outage.

High voltage lineman Paul Rubio connects a small generator to the Fort Scott Chapel for emergency power.



Gary Scotto uses a pole to open the circuit in the 1400 area.



Gary Cooper cuts a cypress branch that has grown around a 12,000 volt line.

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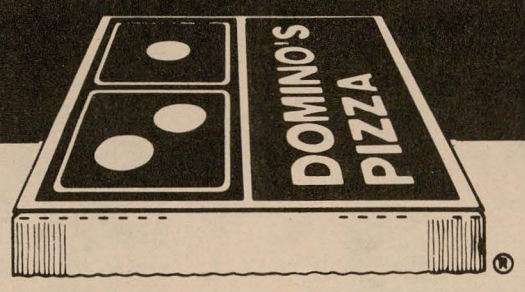

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	12"	16"
Cheese	$5.17	$7.80
1-item	$6.02	$9.02
2-item	$6.86	$10.19
3-item	$7.71	$11.56
4-item	$8.55	$12.77
5-item	$9.40	$14.04

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Limited portions of 9 items for the price of 5
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Additional Items

Ground Beef, Green Peppers, Ham, Double Cheese, Pepperoni, Mushrooms, Black Olives, Onions, Sausage, Pineapple, Jalapenos, Extra Thick Crust
12" pizza $.85 per item
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Helpful Hints for Ordering

1. Know what you want before ordering (size of pizza, how many, what you want on it, any Coke®?)
2. Know the phone number and address from where you are calling. Is it a house or apartment? What is the nearest cross street?
3. When placing the order, *let us know if you have* large denomination bills.
4. Remain by the phone after ordering. We may call back to confirm the order.
5. Turn on your porch light.
6. Have coupons and money ready when the driver arrives.
7. Enjoy your pizza!

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Community Calendar

Military history symposium

A military history symposium will be held on Saturday in the Presidio Recreation and Cultural Center (bldg. 385) from noon to 5 p.m.

This is the fourth annual military history symposium sponsored by the Fort Point and Army Museum Association.

"The 20th Century Army Family" is the title and theme of the military history symposium. An afternoon of informative speakers and panel discussions on a variety of subjects will address a wide range of topics concerning Army family life in the 20th century.

Among the scholars and "living historians" who will share their research and experiences with Association members are Dr. Ernest Fisher of the U.S. Army Center of Military History in Washington, D.C., who will discuss the Non-Commissioned Officer. He will be joined by Anne Frederick Hicks, of Palo Alto, who will share her experiences as an "Army brat." Ellie Shukert and Barbara Acibetta, from San Francisco, will discuss their extensive research on war brides, and Col. Robert Finkel from Dallas will talk about the Army and Air Force Exchange System (AAFES).

In addition to these speakers, a panel discussion with members representing the views of military members, spouses of military members and their children will also discuss other aspects of military family life as they actually lived it.

To make reservations, please call our association office at 921-8193 or send in a reservation form.

Education

German Headstart

A German Headstart class will be held at the Army Education Center, bldg. 1216, from Oct. 8 through Dec. 3. The class will meet Tuesdays and Thursdays from 6 to 8:30 p.m.

The class is offered primarily for soldiers, adult family members and DA civilians on orders or alerted for Germany, but others can enroll on a space-available basis. The class is an excellent opportunity to learn practical German to tell time, ask directions, order a meal, shop, travel and exchange dollars, and much more.

There is no charge for the course; books and materials will be provided by the Education Center.

For more information or to enroll, call or visit the Education Center at 561-2974 or 561-445, bldg. 1216.

photo courtesy Transamerica Open

Such concentration!

The Transamerica Open Tennis Championship will be held Monday through Sept. 29 at the Cow Palace. The ITT Office has tickets for the semifinals on Sept. 28 at noon. The price is $15 for Dress Circle seating. Since ITT has a limited number of tickets available, hurry on in to bldg. 385 to get yours!

Attention Army mechanics

Are you interested in being certified by the National Institute for Automotive Service Excellence (NIASE)? You need two years of "hands-on" experience (or a combination of education and experience) and passing scores on a set of tests.

The Fort Scott Education Center will order the tests which you can take on Nov. 12 and 14. You must order and pay for the tests by Sept. 27.

To be certified as an auto mechanic, you must pass tests in engine repair, engine performance, suspension and steering, brakes, automatic transmission/transaxle, manual drive train and axles, electrical systems, and heating and air conditioning—all for a cost of $90.

Truck mechanics must pass tests in gasoline engines, diesel engines, electrical systems, drive train, brakes and suspension, and steering; at a cost of $70.

Certification tests are also available in body repair and painting and refinishing.

Call or see your education counselor at Fort Scott, bldg. 1216, 561-2974; or LAMC, bldg. 1007, 561-4030.

Language proficiency

Do you want to learn a language or retain proficiency in one? German, Spanish and Korean books and tapes are available to soldiers free of charge.

Visit the Education Center (bldg. 1216) to obtain your copy. Call 561-3189 or 561-4445 for more information.

Military band tattoo

The Sixth U.S. Army Band and the Presidio Color Guard will join with five other military bands for a Bay Area Military Band Tattoo.

A tattoo is a tradional military band review in which several military bands participate. The performance will be held tomorrow at 3 p.m. on Presidio's main parade field.

Approximately 300 musicians will perform a selection of military marches and patriotic arrangements.

Note: If it is raining tomorrow, the performance will be held in the post gym, at the corner of Funston Avenue and Lincoln Boulevard.

For more information, call Vince Nunez at 561-3952.

Youth Activities

Youth Activities will be offering the following classes in the fall: swimming, computer operations, ballet, pre-ballet, baton, gymnastics, and movement and tap.

Swimming will be taught beginning tomorrow from 9 a.m. to noon, and is open to all ages. The instructor for the class will be Diane Curl, who can be reached at 563-3852. The class cost is $10 each month, and will be held at the post swimming pool.

For more information about all classes, call Youth Activities at 561-5143, or come by bldg. 567.

Yom Kippur

Yom Kippur, the Day of Atonement, the most ancient and sacred day in the Jewish calendar, begins this year at sunset on Tuesday, and ends at sunset on Wednesday.

Jewish soldiers and their family members are invited to attend the High Holy Days religious services at the synagogue of their choice in San Francisco. Accommodations to these services may be obtained by calling Ruth Callman at 561-4397, or the Jewish chaplain, Rabbi Dalin, at 561-2351.

At the movies

Presidio Theater

Fri,	Sept. 20	Secret Admirer (R)	7 p.m.
Sat,	Sept. 21	Mad Max Beyond Thunderdome (PG-13)*	7 p.m.
Sun,	Sept. 22	Mad Max Beyond Thunderdome (PG-13)*	7 p.m.
Mon,	Sept. 23	Mad Max Beyond Thunderdome (PG-13)*	7 p.m.
Tue,	Sept. 24	The Man With One Red Shoe (PG)	7 p.m.
Wed,	Sept. 25	The Man With One Red Shoe (PG)	7 p.m.
Thu,	Sept. 26	The Heavenly Kid (PG-13)	7 p.m.

*Adults $2.50, children $1.25

Schwartz Theater

Mon,	Sept. 23	Secret Admirer (R)	7 p.m.
Wed,	Sept. 24	Mad Max Beyond Thunderdome (PG-13)*	7 p.m.
Thu,	Sept. 26	The Man With One Red Shoe (PG)	7 p.m.

Hamilton Theater

Fri,	Sept. 20	Moving Violations (PG-13)	7 p.m.
Sat,	Sept. 21	The Wizard of Oz (G)	1 p.m.
Sat,	Sept. 21	Porky's Revenge (R)	7 p.m.
Wed,	Sept. 25	Tuff Turf (R)	7 p.m.
Thu,	Sept. 26	Purple Rain (R)	7 p.m.

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Cost per pay period:

Individual	$15.00
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If you have any questions regarding the plans or enrollment process, please call

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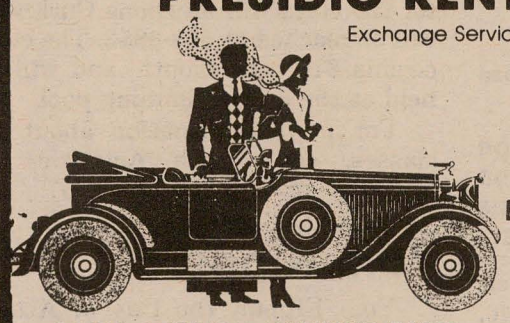

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Sports

Aerobics

Get fit or stay fit!!! Inspiring high-energy exercise classes are held daily at Gym No. 1, bldg. 63. Exercises will stretch, tone and strengthen your body with aerobic conditioning. All exercises are done to popular music.

Classes are ongoing, so you can join any time, but monthly registration is encouraged and saves money.

Classes are held Tuesdays and Thursdays from 4:30 to 5:30 p.m., and from 5:45 to 6:45 p.m.; the instructor is Karen Behnke, R.N.

Monday, Wednesday and Friday classes are held from 11:30 a.m. to 12:30 p.m., and the instructor is Melody Pedricks.

Cost for aerobic classes is $3 a class if you sign up for the month and $3.50 if you drop in.

There is a FREE introductory class for interested people. Classes are open to both men and women of all ages and levels of fitness. Participants are encouraged to exercise at their own pace.

For more information call 561-4120 or 753-8733.

Aerobic dance class

"Fall into fitness" with aerobic dancing by Jackie Sorenson. This program is serious fun and designed for all ages and levels of fitness.

Classes meet Tuesdays and Thursdays from 9 to 10 a.m., and Fridays from 8:30 to 9:30 a.m. at Gym No. 2, bldg. 1152 (behind LAMC). A session is in progress, and will last through December 7. Cost for classes is $3 a class.

Call certified instuctor Sarah Owens for more information at 387-8296.

Gym closure

Gym No. 1, bldg. 63, will be closed all day on Sept. 29, while the U.S. Military Academy Physical Examination is held. Gym No. 2, bldg. No. 1152, is open for free play from 9 a.m. to 4:30 p.m.

Have you got calories to burn?

Weight	100		150		200	
Time expended	1 hr.	1 min.	1 hr.	1 min.	1 hr.	1 min.
Bicycling 6 MPH	160	3	240	4	320	5.5
Bicycling 12 MPH	273	4.5	410	7	547	9
Walking 2 MPH	160	2.5	240	4	320	5.5
Walking 3 MPH	213	3.5	320	5.5	427	7
Walking 4½ MPH	293	5	440	7.5	587	10
Jogging 5½ MPH	493	8	740	12	987	16.5
Jogging 7 MPH	613	10	920	15	1227	20.5
Running 10 MPH	853	14	1280	21	1707	28.5
Jumping rope	500	8.5	750	12.5	1000	16.5
Running in place	433	7	650	11	867	14.5
Tennis singles	267	4.5	400	6.5	533	9
Swimming 1500 yds.	183	3	275	4.5	367	6
Swimming 3000 yds.	333	5.5	500	8.5	667	11

Curious about how many calories you're burning off in that diet/exercise program you've started? Help has arrived!

The chart above shows average calories spent per hour and per minute in various activities depending upon a person's weight. While precise figures are not available, those shown were averaged from several sources. Note that lighter people will burn fewer calories and heavier ones will burn more while participating in the same exercise.

Worth remembering: Exercising harder or faster for a given activity will only slightly increase the calories spent. A better way to burn more calories is to exercise longer and cover more distance.

—Based on information from the National Institutes of Health and the Food and Drug Administration's Consumer *magazine.*

Flag football schedule

Monday

Corps of Engineers	vs	LEC	6 p.m.	PX Field
Six Packers	vs	LAMC	7 p.m.	PX Field

Tuesday

Presidio	vs	Skaggs Island	5 p.m.	PX Field

Wednesday

864th Engineers	vs	USAG	6 p.m.	PX Field
OARB	vs	LEC	7 p.m.	PX Field

Thursday

LAIR	vs	LAMC	7 p.m.	PX Field
Corps of Engineers	vs	Six Packers	7 p.m.	PX Field

Commander's Cup Golf Tournament

The fall Commander's Cup Golf Tournament will be held at the Presidio Army Golf Course on Wednesday and Thursday. Active duty personnel assigned or attached to the Presidio are eligible to participate in the Senior, Open and Callaway Division.

The Senior Division is for people 40 years old and older; Open Division is for people 39 years old and younger. The Callaway system will be used for people who do not have an established handicap at the Presidio Army Golf Course.

People who want to enter the tournament may do so by calling the sports office at 561-4120 or 561-5032 no later than close of business TODAY.

Road racing

The Post Road Racing Championship will be held on Tuesday instead of Wednesday, Sept. 25. The start/finish line will be at Gym No. 1, bldg. 63.

The race starts at noon (rain or shine) and is over a five-mile course. This race is open to the Presidio community, including active duty soldiers, family members, retirees and DA civilians employed on post.

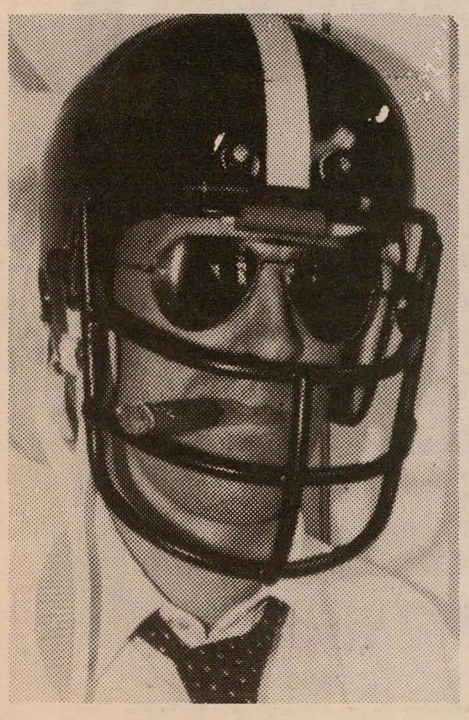
Premeet favorites include Lon Kincannon (LAIR), Reggie Humdy (LAMC), Sam Rojas (LAMC), Allison Murray and Valerie Coppes (LAIR).

Awards will be presented to the top team for number of entries and to the team with the first five finishers (male or female) based on combined time. Individual awards go to the top three finishers in age groups (male and female).

There will be no race-day entries or entry fees accepted.

Interested runners may sign up at Gym No. 1, bldg. 63, or call Bob Darling at 561-4120 or 561-5032.

Jimmy the Freak



Where's a policeman when you need one? Where's a doctor when you need one? Where's a football pool when you need one? I'm not patting myself on the back, mind ya, but I did very well in my predictions last week. Even got the fast draw on the Dallas Cowed-Boys. But don't worry...I won't get a swelled head. Every time I look in the mirror, I get reminded that Mother Nature found a way to keep me humble since birth. Like Old Granny Freak reminded me as a tyke, "Lordy child, you're more homely than a runner-up at a Russian beauty contest!" The old crone always was a slick talker. Oh, well...the results as I see 'em for this coming weekend:

San Francisco 27 Los Auntjemima Raiders 16

The 49ers defense is on a roll, and should flatten the Traitors like a pancake (get it...get it?). Why would Oakland want to force a bunch of disgruntled, overpaid bunch of egomaniacs to return to Alameda? And, besides Al Davis and his staff, you have to consider the players' feelings, too!

Green Bay 30 New York Jets 21

The Pack's passing attack will whack and smack the New York defense which will come untracked and crack. Do everyone a favor, will ya Joe Namath...get out of the broadcast booth and show those bumbling Jets quarterbacks how it's supposed to be done!

New England 31 Buffalo 17

The Bills can't seem to win without three feet of snow as sideline markers. I just knew that with Vince Ferragamo as their leader, Buffalo would quickly shuffle off to oblivion.

Tampa Bay 24 New Orleans 10

Good Ole Boy Phillips is so out-of-date that he was seen reading up on the single wing offense. Someone told him that it was extremely effective for the Yale Bulldogs. But no one told him that they last used it in 1930! Bum's a caution, ain't he?

Detroit 34 Indianapologetic Colts 10

The Lions could have a letdown after their big game against the Cowboys. They may only beat these donkeys by three touchdowns if they're not careful! As if Bob Irsey *needed* an excuse to drink!

Dallas 28 Cleveland 20

This prediction stands *only* if Gary Hogeboom starts. Want to screw Iran up? Send Danny White to be the next Ayatollah. But you ought to see their cheerleaders!!

Upset of the Week

Kansas City 27 Miami 23

The Chiefs reallly showed me something with their dismantling of the Raiders last week. The Dolphins have too may flaws; the Chiefs have too good an offense and a much better kicker.

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YOUR FIRST APPOINTMENT IS WITHOUT CHARGE

American Indian Day: history and some Indian heroes, **page 5**

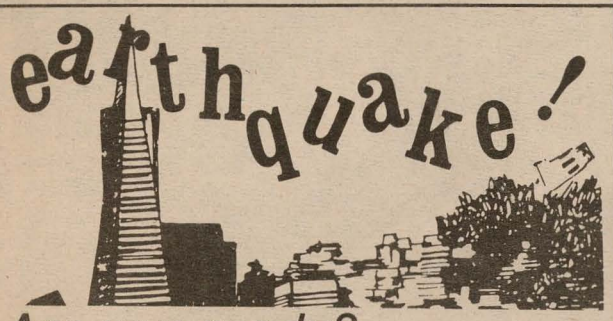
Oh, Danny boy: the pipes, how they did play, **page 7**

PSF construction: what's being built and for whom, **page 7**

Star Presidian

Vol. 28, No. 39 "Published in the interest of the people of the Presidio of San Francisco." September 27, 1985

News briefs



Are you ready?

Earthquakes registering 7.8 and 7.3 on the Richter scale rocked Mexico City last week, killing more than 4,000 people.

San Francisco is located between two major earthquake faults, and the famous 1906 earthquake is estimated at 8.3. Are *we* in danger? Heck, yes!

Can we *do* something to prepare for the "big one"? Heck, yes!

While the world's eyes are fixed on the tragedy of fellow human beings caught in nature at her most destructive, think what would happen if an earthquake hit here. What would you do?

The Directorate of Plans, Training and Security is giving special showings of the Presidio Natural Disaster Plan and individual and family survival actions at the main post theater on Thursday and Friday at 10 a.m. and 1 p.m.

Don't think it couldn't happen here. Instead, prepare for a major earthquake now—more lives will be saved because of preparation.

For more information, call Tom R. MacKenzie at 561-3636 or 561-3961.

Emphasis on youth

Focusing his comments on youth, Ernest Reyes, director of admissions at the University of San Francisco, told 200 Presidians that America's kids are this country's best natural resource.

Reyes spoke to the group last week during a luncheon at the NCO Club in honor of National Hispanic Heritage Week.

Brig. Gen. Walter J. Bickston, chief of staff for Sixth U.S. Army, and Amando Canales, Hispanic Employment Program Manager for Forces Command, preceded Reyes' comments and said they were impressed by the large turnout for the luncheon.

"My job at the university is elating for me," Reyes told the crowd. "I get to see firsthand that education is the key to the security and success of that young student.

"We have a lot of work to do as adults and leaders to get these kids involved. They are our future," Reyes said in conclusion.

The luncheon was one of a number of luncheons and exhibits with which Presidians celebrated the week.

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photo by Debbie Campbell

Nancy Haralson and Curtis Gosney, seminar attendees, practice using puppets to teach children about preventing sexual abuse.

Army seminar helps kids to say "No!" to sexual abuse

by Debbie Campbell

How many times as a child did your hear your mother say, "Don't talk to strangers"? Probably all of us were given this motherly advice at least once or twice.

No matter how good your mother's intentions were, though, she probably never realized where the real potential for child sexual abuse was. Today, statistics prove that sexual abuse is not as likely to be committed by the stereotypical suspicious-looking man at the playground as by someone whom the child knows and, perhaps, loves.

If this news is a surprise to you, maybe you should also know that one out of four girls and one out of nine boys will be sexually abused before they reach the age of 18.

This information provided by a pamphlet for the Children's Self-Help Project in San Francisco, was the same type of information that set the Department of the Army in motion to deal with the problem.

The Department of the Army arranged a six-day seminar to train specially selected people from many different Army commands. They met in San Francisco last week to attend the Children's Self-Help Project's course and had several meetings at Presidio's Child Development Center offices.

However, this wasn't the first time the children at Child Development Center have taken part in the self-help program.

According to John Gunnarson, director of Child Development Services, the Children's Self-Help Project has been invited here many times.

"I heard about the Project at a seminar. I thought it would be worthwhile for Army children, because most kids are being misinformed.

"The Children's Self-Help Project teaches kids that in 85 percent of the cases the child knows the offender. It's not always a dirty old man who jumps out from behind bushes.

"This is a way to give children skills so they can be more assertive in defending themselves," Gunnarson said.

The methods used at the Children's Self-Help Project are geared toward the kids.

Curtis Gosney, Family Advocacy Program coordinator from Fort Ord, Calif., said that this program is interesting for young kids.

"I've done programs before where I made up stuff about sexual abuse and how kids can avoid it, but it never had the same impact. Kids respond better to puppets," Gosney said.

The puppets Gosney referred to are large hand puppets used to sing and act out short skits. The idea is to get a child to understand the importance of saying "No" when forced or tricked into doing something that he or she doesn't want to do.

These simple and pleasant presentations also teach the children that an abuser may be someone the child knows, so it's all right to feel confused and upset about saying "No."

Please see page 3

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Opinions

TAKE A BITE OUT OF CRIME

Traffic law enforcement has been and continues to be a major problem facing the Presidio community.

To give some insight into just how big a problem it is, "here are some statistics that I'm sure will amaze you," said SFC Sheldon M. Stein, crime prevention NCO for the Provost Marshal's Office. From Aug. 1 through Aug. 31, there were a total of 368 traffic citations issued for various violations. Of these, seven were for driving under the influence of alcohol, 62 were for moving violations, 80 were for speeding violations, 50 were for defective equipment and 169 were for parking violations.

It should always be remembered that driving a car on post is a privilege and not a right. Not only are cars a handy means of getting to and from work, but they are also fun and convenient for recreational purposes. Since driving on post is a privilege, repeat traffic offenders are warned that their driving privileges can be withdrawn either temporarily or permanently by the post commander, whether they are military or civilian.

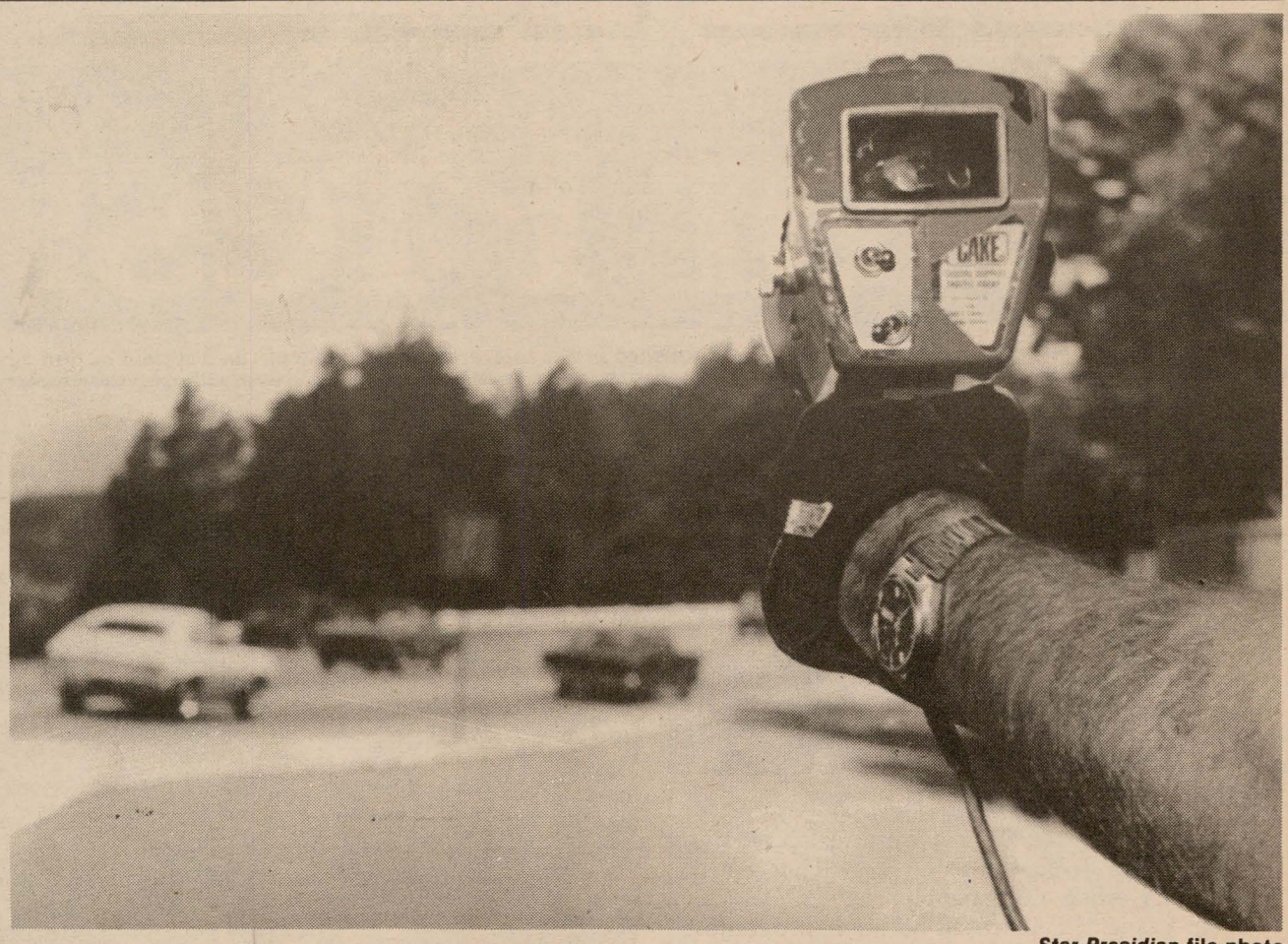
Drivers should remember that a red curb means no stopping, standing or parking; yellow and white curbs mean loading or unloading only of freight or passengers; and a green curb means temporary parking, not to exceed 30 minutes. Violation of any of the above will result in the driver's being cited; the fine will be $15 or more, depending on the violation.

One of the most frequent violations, Stein said, "is that of non-handicapped personnel parking in handicapped spaces which are clearly marked in blue with a wheelchair design in the middle. I have had numerous individuals who have been cited for this violation come to my office and complain stating, 'I only parked there for a minute while I mailed a letter,' or 'I just picked up my prescription.' These are not acceptable excuses, but show lack of consideration for those people who really have a need for these parking spaces." All vehicles using handicapped spaces should have the handicapped decal properly displayed on their bumper, the appropriate license plate or a disabled placard on their dashboard. Failure to have one of these can result in a citation, as the military policeman does not know if the driver of the vehicle is disabled or not.

The military police are always here to help, and they have a tremendous responsibility to keep our community safe for us and our families. Traffic enforcement is one the highest priorities, but it requires the cooperation of the entire community.

Traffic safety is everyone's business. With your help, we can reduce accidents and citations and truly make the Presidio a beautiful place to live and work.

Do your part to help stop fraud, waste and abuse of your tax dollars; report it. The Presidio Fraud Hotline is 561-3578. (All calls are kept confidential.)

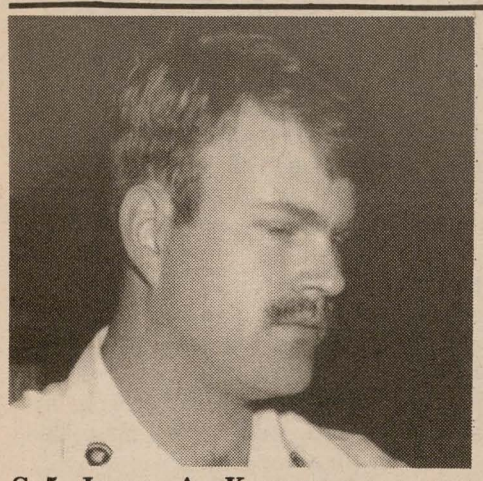


Star Presidian file photo

Traffic citations (such as checking for speeders) are a priority with the military police.

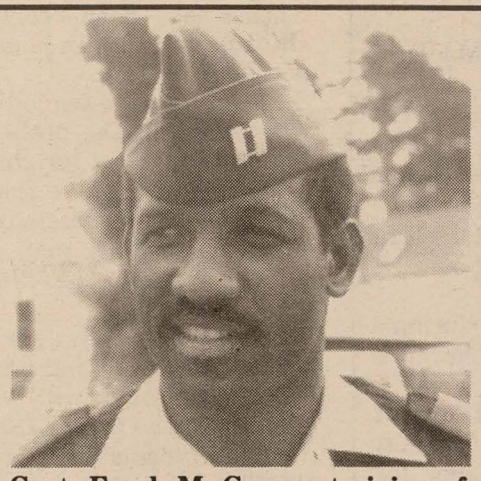
Ramblin' Sam

"Why did you join the Army?"



Sp5 James A. Keeney, emergency medical technician, LAMC Ambulance Section: "I joined for the education and medical training. I wanted to advance my career, to travel and improve my life. I also got to go to Turkey; that was a good experience."

Sp5 Patricia Thiel, personnel records sergeant, COMPACT: "My cousin asked me to take her to the recruiter. I ended up making a date to take the entrance test with her. We were supposed to go in together on the buddy system, but she ended up not joining and I did."



Capt. Frank M. Conner, training officer, Sixth U.S. Army Headquarters: "After being drafted I reenlisted because I enjoyed the camaraderie of being around other soldiers. I had a real sense of belonging. Another important factor was that schooling was so available."

Sp6 George L. Morris, assistant NCOIC, Nuclear Medicine, LAMC: "I joined for the opportunity and the educational advantages. I was working and trying to go to college at the same time. In the Army I still have to work, but at least I'm in the area that I was studying for. I've also learned how to deal with all types of people."

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Child abuse continued from page 1

Children are urged to tell people in their "support group"—such as their mother, father, aunts, uncles, teacher or policemen—when they have been sexually abused. Children also must know that no matter what, sexual abuse is not their fault.

Suzanne Tedesco, Child Development Services project specialist from Department of Army headquarters, was one of the people selected to be trained.

As part of her job, Tedesco is expected to be familiar with the program as are the 20 representatives from the other Army commands.

"We want to implement a standardized safety education program. That's why we're training people in it.

"We need to send a consistent message for military personnel, since they move so much. If the same program is offered throughout the Army, it will help give them a sense of permanence," Tedesco said.

She seemed as enthusiastic about the project as the other trainees.

"It is critical that children are properly educated about child abuse. Once you see the content of the program, something in you comes out and makes you feel like you have to help," said Pat Trotti, family advocacy representative from the U.S. Military Academy at West Point, N.Y.

Trotti said she was amazed at how the children were able to take in and retain the material without being openly affected by its explicitness.

"Kids know what feels funny. The program teaches them to trust their own feelings.

"These people have seen so many kids and claim that they've never seen them react to the material in a negative way," Trotti said.

The project director of the Children's Self-Help Project, recognized as the first such self-help project, is Pnina Tobin. Tobin said, "We feel our program reduces children's vulnerability.

"Even if a child is not able to come to us right away and tell us that he or she is being abused, at least we know we've planted the seed. In years to come, they may be able to come back for help.

"We've had many children admit to having been abused before. At least now they are able to say something and get help," Tobin said.

Everyone at the seminar represented a different Army installation. They came from as far away as the East Coast and Wiesbaden, West Germany.

The Department of the Army wants the progam to be implemented as soon as possible. The need may be greater for Army children, who withstand pressures that many of their civilian peers don't, according to a couple of seminar attendees. The reason they may need more help is that they move so often.

Fortunately for Army children, there is a project such as the Children's Self-Help Project which looks out for their well-being more than ever before.

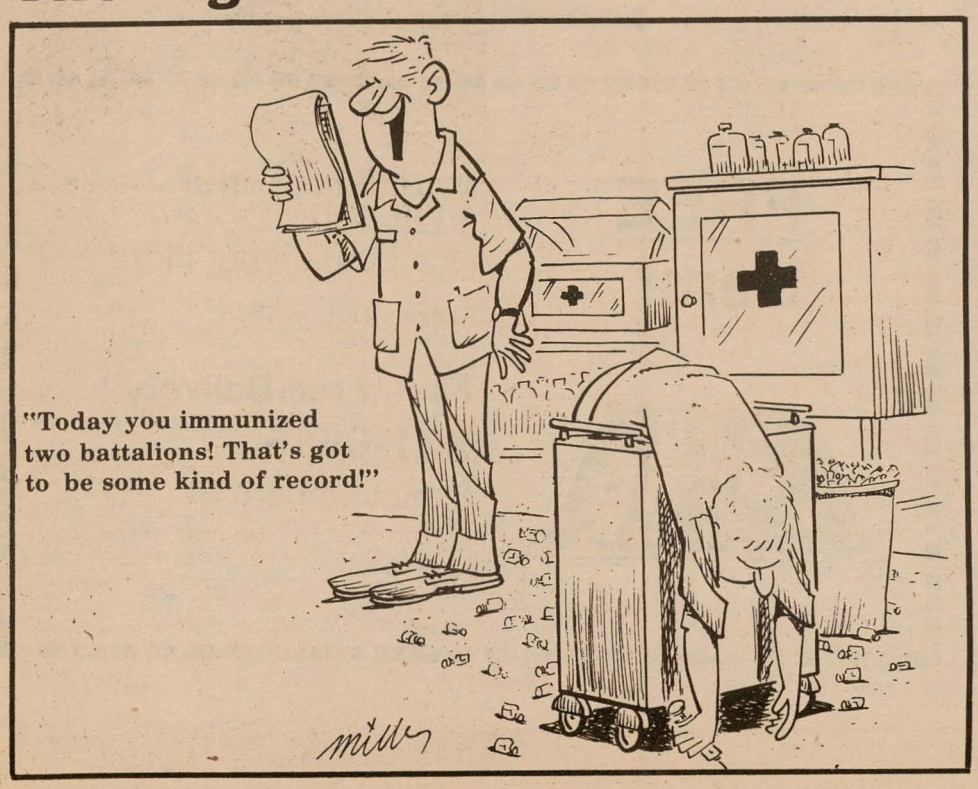
Oops!

We goofed!

Presidians may pick up the new Officer Evaluation Report Support Form (DA Form 67-8-1, dated February 1985) at bldg. 1181 (Publications).

Guidance on the preparation and use of the new form is in AR 623-105 (Officer Ranks Personnel Update), according to an official at COMPACT.

The Lighter Side



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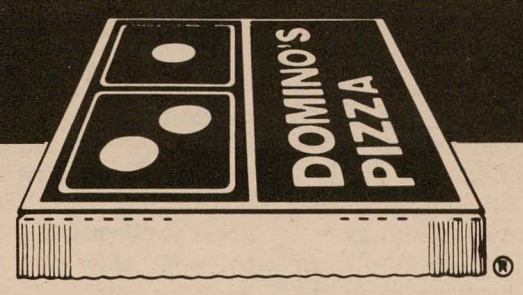

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2-item	$6.86	$10.19
3-item	$7.71	$11.56
4-item	$8.55	$12.77
5-item	$9.40	$14.04

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Pepperoni, Mushrooms, Onions, Green Peppers, & Sausage
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Additional Items

Ground Beef, Green Peppers, Ham, Double Cheese, Pepperoni, Mushrooms, Black Olives, Onions, Sausage, Pineapple, Jalapenos, Extra Thick Crust
12" pizza $.85 per item
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3. When placing the order, let us know if you have large denomination bills.
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5. Turn on your porch light.
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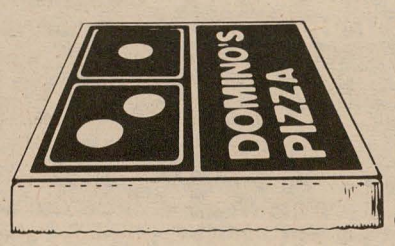

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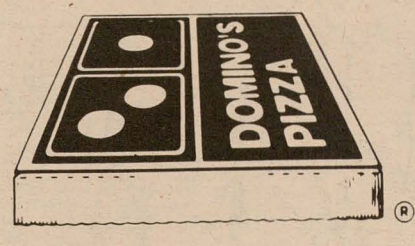


Features

How Indians helped shape our country

by Debbie Campbell

Today is American Indian Day, and it is unlikely that a single group of people can claim to have contributed more to modern America than the American Indians.

Indians have inhabited both North and South America, including Alaska, for more than 20,000 years. They lived in well-developed communities long before the Greeks even introduced their city-states, according to William Grandon in his book, *The Last Americans.*

Many modern Americans tend to take for granted their American Indian neighbors. One way Americans can pay tribute to native Americans, though, is by observing American Indian Day.

This event traditionally takes place the last Friday in September. This year's theme is "On the Threshold of the 21st Century: American Indian and Alaskan Native Policy Action Agenda."

American Indian Day should be a reminder to all Americans that as the original occupants of the land, the American Indians laid a strong foundation for the colonial newcomers.

Before the colonists came to the New World, the Indians had domesticated wild food plants that presently make up more than two-fifths of the world's agricultural products, according to Arnold Marquis in his book *A Guide to America's Indians.*

Plants such as corn, cotton, tobacco, potatoes and peanuts were all gifts of the Indians.

Perhaps the story best known to Americans is that of our first Thanksgiving Day celebration, which emphasized the good-natured willingness of the Indians to help the newly arrived colonists, without whose help the colonists might not have survived.

The Indians made transportation easier for the colonists as well. There were trails well established in the 17th century which provided easier routes through the wilderness, over mountains and across rivers. According to Marquis' book, they also had developed portages to make overland and water travel easier.

The Indians also were adept at producing medicine from plants and may be credited with discovering the medicinal uses for quinine, cocaine, witch hazel and others, all used in modern pharmacies.

Without the American Indian, white men might never have developed the skills necessary to survive in the wild new country. White men learned hunting and trapping from the Indians, as well as how to make a dugout canoe and laced snowshoes, Marquis said.

It is hard to understand how the Indians could have given so much for so little. They fought in every war involving the Americans, even though they weren't recognized as citizens until 1924.

Americans may want to take time to consider these and other contributions made to our country by the American Indians.

Thus, American Indian Day could be our chance to create our own day of thanksgiving.

The secret Indian heroes of WWII

by Ken Largo and Liz Greeley

Since today is American Indian Day, what famous Indian heroes come immediately to mind—think hard now.

If you couldn't come up with any names (except possibly Jim Thorpe), it is *not* because America lacks Indian heroes. Perhaps, because of the secrecy surrounding their mission, one group was overlooked. That group is the Navajo "code talkers" of World War II.

In World War II, Navajos were recruited as code talkers for the Marine Corps, because their language was virtually unknown outside their people, according to the American Forces Press Service.

During the war, Navajos were assigned to the 1st, 2nd and 3rd Marine Divisions, as well as raider battalions.

According to the American Forces Press Service, the Navajos developed their own code. For example, a fighter aircraft was a chicken hawk; the month of March was a squeaky voice; a battleship was a whale; and a route was a rabbit trail.

According to one rumor, when the Japanese surrendered in 1945, one of the first things they asked about was America's "unbreakable" code.

"We weren't called 'code talkers' then, just 'communicators,'" said Dean Wilson of Shiprock, N.M. Wilson was one of the first Navajo "communicators" during World War II.

Wilson still remembers the 43-year-old code. Actually, it was a code *within* a code.

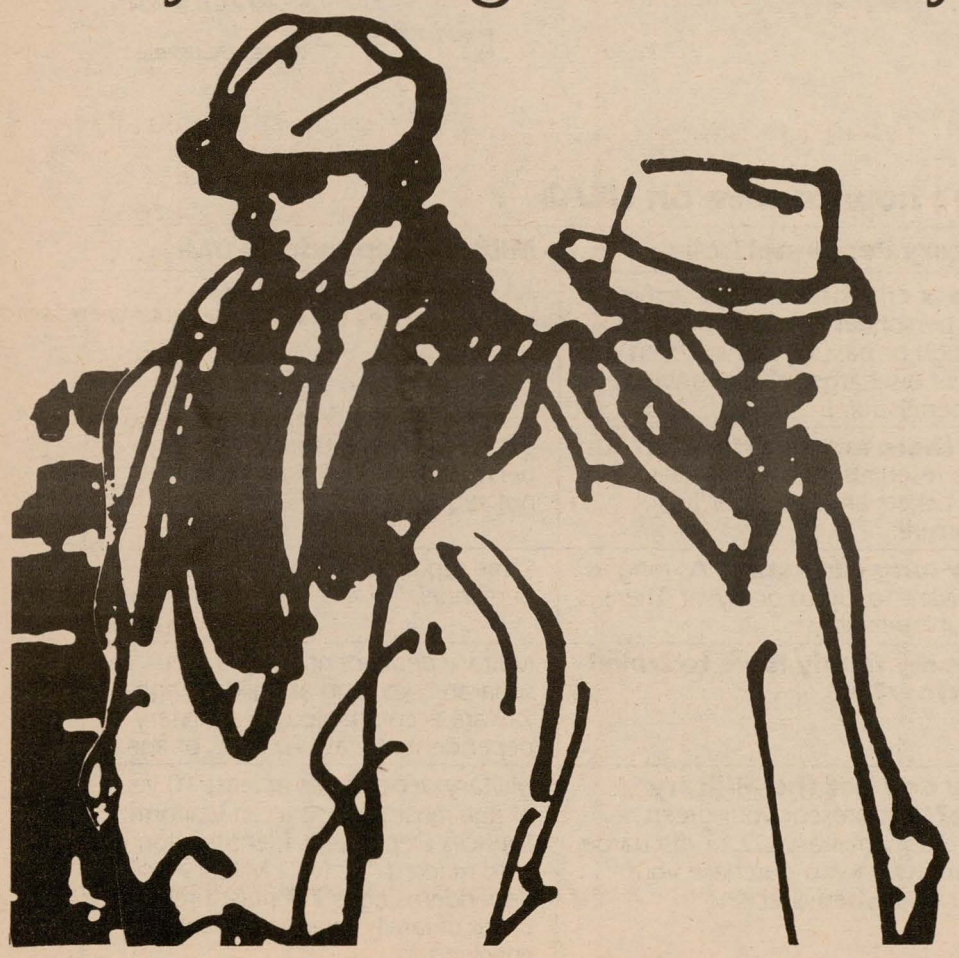
According to Wilson, the word "the" was spelled out. For "t," they used the Navajo word for turkey—*tun-ji.* For "h," the word for horse was used—*thli.* "E" was elk—*tsE.* So the word "the" was *tun-ji thli tsE* in code.

The words "Roger" or "ten-four" became "sent you a bunch of rabbits" in Navajo, or *GUH na NI ye.* And a submarine was an iron fish, while a bomber (because of the type of aircraft) was translated into Navajo for "eggs iron bird," or *bi-ish NAa-ta-i,* according to Wilson.

Is it any wonder the Japanese never broke the code?

Editor's note: Dean Wilson, of Shiprock, N.M., is the uncle of Ken Largo, who works at Logistic Control Activity.

Are you being recruited by the KGB without knowing?



by Tom Joyce

How would you know if you are being recruited by a hostile intelligence agency? "Approaches," said a DoD official, "are extremely subtle." In most cases you won't even know it's happening until it's too late.

A contact can take many forms and happen in any place—in a bar, a restaurant, a shopping mall. The "agent" can have a foreign accent or might speak English better than you do. Initially, the contact is in the form of a friendly conversation. A relationship is established and rapport carefully built up.

"At some time you will be asked to do something that appears perfectly innocent," said the official. "They will try to put you under some type of obligation." For instance, an agent may ask for an unclassified telephone directory or ask you to write an unclassified paper for publication in a foreign country. Almost always they will ask you to sign a receipt of some kind. All perfectly innocent. But by this time, they have you. Chances are you have been photographed giving an Eastern Bloc agent "something."

You should be cautious of anyone who asks you for names of friends, weaknesses of friends or activities on your installation," the official said. "That is the time to contact your security people. Until you have turned over sensitive material, you have done nothing wrong."

The Armed Forces have no desire to have service people spying on each other. There is no profile of the "average" spy. But if an E-3 is driving around in a Jaguar and spending money as if there is no end to it, it may be wise to report it.

One Army sergeant assigned to the Defense Intelligence Agency was doing just that. He always had money, lent it freely and lived a lifestyle beyond his means. His coworkers never reported it. Only after he died and was buried was it discovered he had been working for the Soviets.

"Don't be embarrassed to report suspicious situations to the security people," said the official. "They are the experts. Let them decide if there is something to pursue." Everything will be kept on a confidential basis.

American Forces Press Service

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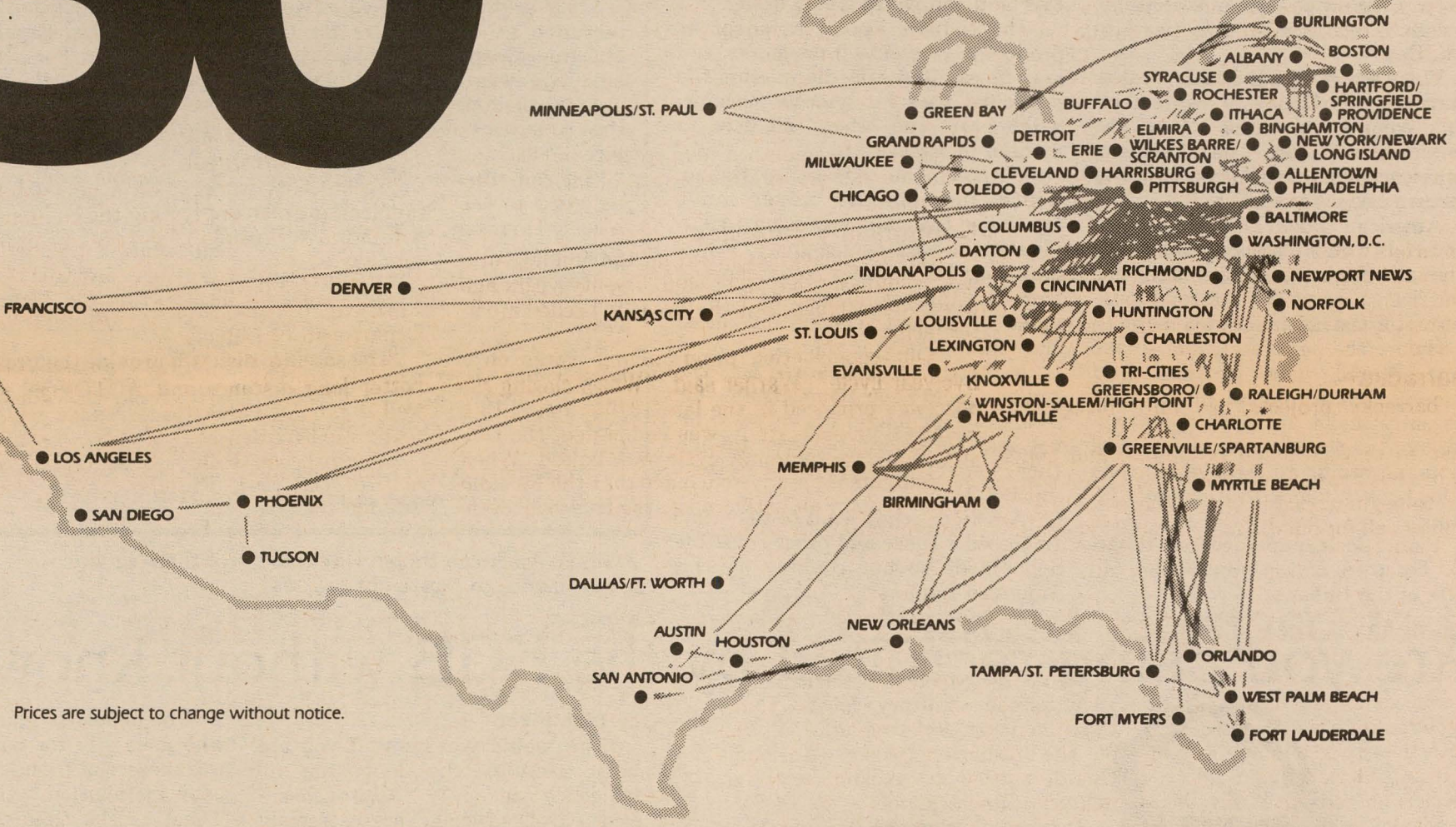

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Features

DEH shares plans to build a better Presidio

by Joseph A. Hirsch

Fiscal year 1986 starts Tuesday, and the new fiscal year brings with it a number of construction and upgrading projects for the Presidio.

David Warner, Master Planning Specialist, said the wide range of projects planned, totalling roughly $40 million for the coming year, include the post office (already started), a commissary and new troop housing.

Warner said the list also includes a Child Support Service Center, a shopping plaza in the Post Exchange area, a new bowling center and renovation work to building 102.

The Harvis Construction Company from South San Francisco began work about three weeks ago on a new post office near Crissy Field. Warner said the U.S. Postal Service is picking up the tab on the new building. The Postal Service, Warner said, expects to have the project completed by May 1986.

The work to renovate building 102 on the main parade field already is under way, according to Warner. When completed, the building will be used by the Presidio's Finance and Accounting Office.

"The building was previously stripped down to the bare structure," Warner said.

Then tie-rods were installed in the framework to strengthen and protect the building from earthquake damage.

The tie-rods would redistribute the energy of a quake throughout the building to reduce potential damage.

The Arnst Construction firm is doing the work, Warner said.

New barracks

Two barracks projects are fully designed, Warner said.

"What we're waiting on is bidding and contracting by the Corps of Engineers. We expect construction to begin in early 1986," Warner said.

The plans call for buildings to house 313 people in the USAG complex (three buildings) and 167 in the LAMC complex (two buildings), he said.

The USAG barracks will be built near Crissy Field and will include a dining facility. The new medical barracks will be located near the existing medical barracks.

"All the coordination between the post commander, the Corps of Engineers and Golden Gate National Recreation Area has been done," Warner said. "Once the work begins, troops should be moving in about 18 months later," he added.

One other barracks is programmed for 1987 and will be built where the Thompson Hall guest house now stands.

Warner said the new barracks will bring the total number of modern bachelor soldier quarters to about 800.

The planned Child Support Service Center will be built near the post library and will provide facilities for up to 250 children.

"The child care program was nationally recognized for its excellence," Warner said. "This project will provide a modern facility for the program."

He said the plans are 100 percent complete and approved and are awaiting award of the construction contract.

Commissary setbacks

Various delays have held up the building of a new commissary, Warner said. Twenty years ago it was determined that the Presidio needed a better facility.

"Our construction programming works on a five-year cycle," Warner said. "When closing the post was proposed in the late 1970s, and until a base realignment study was completed, the construction programming cycle was halted. When the realignment study concluded that the Presidio should remain an active post, the five-year cycle was reinitiated, Warner said.

Warner said the final design for the commissary building is expected to be finished in December, and construction could begin as early as January. The work should take 18 months to finish, he said.

The new commissary will be near the Post Exchange, close to the old motor pool.

AAFES is planning a 30,000-foot expansion of the PX that will turn the current store into a shopping mall, Warner said.

The project will include space for several concessions and a new convenience store, and will effectively provide one-stop shopping for soldiers and their families.

The PX project begins in March and is expected to take a little over a year to complete, he added.

Out of non-appropriated funds, a new, modern bowling center will be built. Warner said the 12-lane bowling alley will be built where the outdoor recreation center is now located. By early next year, Warner said, the construction could begin on the center, which could be ready for customers one year later.

High-tech changes

Technicians working on a new satellite communications dish are testing the equipment which will improve Presidio's long distance communication system.

Warner said the antenna dish was built by American Telephone & Telegraph Co. for the Department of Defense.

The satellite dish will provide the Presidio with better long distance and AUTOVON service as well as provide video transmissions for Letterman Army Medical Center.

The dish was built near Mountain Lake adjacent to the Park Presidio tunnel, which runs through the post.

Lilt of bagpipes highlight Bay Area Military Band Tattoo

by Liz Greeley

"It was something that sort of makes you realize how wonderful it is to be with the services in one way or other," Irving Fleischer said.

Fleischer, a retired Army lieutenant colonel who now lives in Berkeley, Calif., was describing the Bay Area Military Band Tattoo held on the main parade field on Sept. 21.

Fleischer described the event using terms such as "outstanding" and "a very great event."

A military band tattoo is essentially a military band festival. But perhaps Fleischer used such enthusiastic terms because of the participants. They were:

- The Sixth U.S. Army Band;
- The Treasure Island Navy Band;
- The Black Raven Pipe Band of the Royal Canadian Legion;
- The 91st Division Pipes and Drums;
- The 59th Army Band of the California National Guard; and
- The 91st Division Band of the U.S. Army Reserve.

Imagine a sunny, blustery day on the Presidio. After each band has been called forward, three PT-17s (Stearman biplanes) fly over.

These 1941 vintage aircraft were once used by the Army Air Corps as trainers.

After the flyover, the music began with familiar military songs. Then the announcer, Col. Donald J. Foley of the California Army National Guard, started to explain how the military tattoo began.

It seems that during the 17th century, British troops spent their evenings in local pubs and inns. Between 9:30 and 10 p.m., a drummer was sent marching through the streets, beating out a warning call to his comrades. The drummer's warning was also a notice to the local innkeepers that it was time to close up shop. The Dutch had an expression for this which was *do den tap toe.* Roughly translated into English, it meant "shut off the taps."

Apparently, no one knows for sure, but the belief is that the British whittled the Dutch phrase down to "taptoe," which then evolved into today's expression, "tattoo."

Saturday's tattoo was more than a single drummer. Almost 200 musicians performed marches and songs such as *British Eight, Marche de Bataille* (battle march of the Danish Army), *Brown Hair Maiden, Barren Rocks of Aden, Big Four, Scotland the Brave, American Legion, Highland Laddie* and *Green Hills of Tyrol.*

But the grand finale was the 91st Division Pipes and Drums facing the Black Raven Pipe Band as both played *Amazing Grace.* Both pipe bands wore kilts, and the Black Raven pipers wore busbies, those tall, black fur hats. As they played, the other bands played soft background music to the lilt of the pipes.

photo by Liz Greeley

The 91st Division Pipes and Drums join the Black Raven Pipe Band in *Amazing Grace.*

And then all the bands played *God Bless America.*

Retreat was sounded, and the day's event ended as the bands played *This Is My Country.*

As he walked away at the end of the tattoo, the curator and director of the Presidio Army Museum, Eric Saul, said, "My hair still stands on end when I hear it—*Amazing Grace,* that was *wonderful.*"

Fleischer was glad to be "able to express my appreciation to Sixth Army." He also wanted to thank *everybody* at the Presidio, he said.

As far as the success of the event, the Sixth U.S. Army organizer, Capt. Paul A. Petty, is already talking about next year and something about a B-17...

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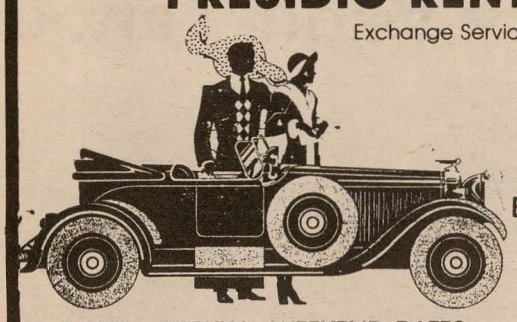

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Community Calendar

English workshops

Three FREE English workshops are being offered by the Army Education Center from Oct. 7 through Nov. 6. These classes meet Monday through Thursday: *Basic English* (12:30 to 2:30 p.m.)—basic English is the language you need for everyday use in the United States. Practice the things you *need* to do in daily life, such as filling out job applications and explaining medical problems. *Grammar: A Painless Review* (2:30 to 4 p.m.)—do you often have to guess if something is correct or not, and make the same mistakes again and again? Eliminate grammatical errors in speaking or writing and replace them with correct English. *Writing: Practice Makes Perfect* (4 to 5:30 p.m.)—if you hate writing but need to do it, this workshop will give you the intensive practice in writing and correcting your own work that you need to improve.

These classes are open to soldiers, their adult family members and Army civilian employees. To enroll or for more information, call 561-4445 or come by bldg. 1216.

OWC

On Thursday the Presidio Officers' Wives' Club will hold a luncheon at the Presidio Officers' Club. Social time begins at 11:30 a.m., with lunch served at noon.

Following the luncheon, retired Col. Milton Halsey Jr. will guide the club on a historic walking tour of the original Spanish presidio.

For reservations, please call Sarah Dyson at 387-8107 or Gretchen Hollenbeck at 923-9663.

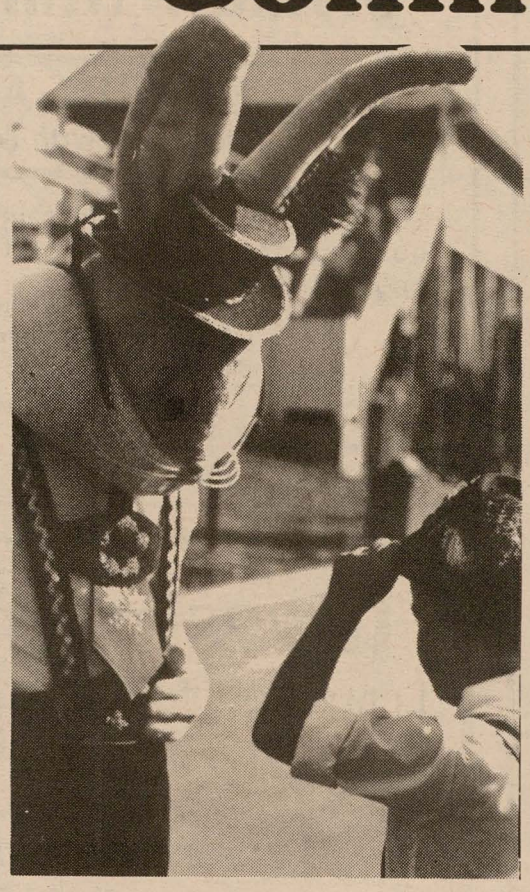

photo courtesy ITT Office

Oktoberfest at Great America

Bugs Bunny in *lederhosen*? Well, it's Oktoberfest at Great America and ITT has discount tickets! Call ITT at 561-3992 for more information.

Recycling

Recycling for October will be held Oct. 5. Quarters residents are reminded to have newspapers and all-auminum cans ready for pickup from 1) a.m. to 3 p.m.

All proceeds from recycling go to the Boy Scouts, Girl Scouts, Aquarius Swim Club and Youth Activities sports.

If it rains, there will be no recycling. However, cans and newspapers can be dropped off at the recycling point, next to bldg. 661, at any time. Our recycling point is for newspapers and cans *only*; please do not drop off trash, phone books, computer paper, etc.

Mandatory briefing

All soldiers honorably separating (though not retiring) from the Army during the months of November, December, January and February will report to the Fort Scott Education Center, bldg. 1216, Oct. 16 from 8 to 11 a.m. for a mandatory briefing. Spouses may attend also.

Topics to be discussed are designed to help in making the transition to civilian life.

For more information, call Jackie Burke at 561-2974 or 561-4445.

Language proficiency

Do you want to learn a language or retain proficiency in one? German, Spanish and Korean books and tapes are available to soldiers free of charge.

Visit the Education Center (bldg. 1216) to obtain your copy. Call 561-3189 or 561-4445 for more information.

...the write stuff...

by Ted Weller

Good morning, one and all.

Or afternoon or evening depending on when you picked this paper up or it was delivered to you. Delivered?

This is for all the quarters residents out there: how does this newspaper come to be on your doorstep every week? I know that isn't the burning question on your mind this morning...or whatever time it is...but consider it for a moment.

Yes, there is an answer to this question. Each week a group of volunteers from the Army Community Services painstakingly stuffs the multitude of flyers and the PSF Weekly Bulletin into your copy of the *Star Presidian* and then delivers the right amount of copies to your local neighborhood deliveryperson.

Yes, the "doer" is your neighbor. In my case it's a young family member. These members of our community are, along with the stuffers, very important links in the process of communication on the Presidio...how else could my drivel be placed in your hands each week...don't answer that, it was rhetorical.

In order for this system to work, volunteers are always needed within the various neighborhoods, so call the Army Community Services at 561-5155 and ask to have your name placed on the list for your neighborhood delivery.

Let's get on with:

The Third Annual Festival of Spain, *Festivales de Espana*, begins tomorrow at The Cannery (Fisherman's Wharf), 2801 Leavenworth Street. Festivities will begin at 11 a.m. and continue until 6 p.m. The admission? FREE, of course—olé!

Also for FREE is the Oktoberfest, San Francisco '85, tomorrow and Sunday at the Civic Center Plaza in front of City Hall. Go and enjoy the best of the wurst on Saturday, 11 a.m. to 9 p.m., and Sunday, 11 a.m. to 6 p.m.

This one's not for free, but only $2 at the "gate" for the Greek Food Festival at 245 Valencia Street, between Duboce and 14th Streets. This one actually started yesterday, but today, tomorrow and Sunday, from noon until 10 p.m., there will be live Greek music, dinners, pastries, gifts and crafts.

...And you say there's nothing to do in "The City"...!

For the music lovers (only if the weather is off):

- The Autumn Moon Festival, with Beijing musicians Liu Weishan and Sun Shongjian performing on the Chinese zither, begins tomorrow at 7 p.m. at the Chinese Culture Center, 750 Kearny Street.
- Guitarists Mark Reginer and Charles Rock, along with oboists Denis Harper and Frank Wang, will perform at the Herbst Theater at 7:30 p.m. tomorrow.
- The Morrison Artists Series opens at the McKenna Theater, San Francisco State University, 19th and Holloway Avenues. For FREE will be New York's Aulos Ensemble, featuring selections from Bach, Handel, Telemann and Vivaldi, beginning at 3 p.m. on Sunday.
- Flutist Angela Koregios, cellist Daniel Teiter and harpist Natalie Cox will be performing Vivaldi, Strauss, Respighi, Rameau and Ravel in the Old First Church, Van Ness and Sacramento, beginning at 5 p.m. on Sunday.

This week in Presidio's history: October 3, 1936: Fourth Army headquarters moves from Omaha, Neb., to the Presidio. Commanded by Lt. Gen. John L. DeWitt, Fourth Army field forces consist of the Ninth Corps, with the 3rd and 4th Divisions; the Third Corps, with the 7th and 40th Divisions; and the Ninth Coast Artillery, stretching from Puget Sound, Wash., to San Diego, Calif.

At the movies

Presidio Theater

Fri,	Sept. 27	The Heavenly Kid (PG-13)	7 p.m.
Sat,	Sept. 28	Chips Ahoy/The Black Cauldron (PG)	7 p.m.
Sun,	Sept. 29	Silverado (PG-13)	7 p.m.
Mon,	Sept. 30	Silverado (PG-13)	7 p.m.
Tue,	Oct. 1	Silverado (PG-13)	7 p.m.
Wed,	Oct. 2	Desperately Seeking Susan (PG-13)	7 p.m.
Thu,	Oct. 3	Weird Science (PG-13)	7 p.m.

Schwartz Theater

Mon,	Sept. 30	The Heavenly Kid (PG-13)	7 p.m.
Wed,	Oct. 2	Silverado (PG-13)	7 p.m.
Thu,	Oct. 3	Chips Ahoy/The Black Cauldron (PG)	7 p.m.

Hamilton Theater

Fri,	Sept. 27	Ladyhawke (PG-13)	7 p.m.
Sat,	Sept. 28	1,001 Rabbit Tales (G)	1 p.m.
Sat,	Sept. 28	Fletch (PG)	7 p.m.
Wed,	Oct. 2	Lawman Without a Gun (R)	7 p.m.
Thu,	Oct. 3	The Last Detail*	7 p.m.

*No rating available

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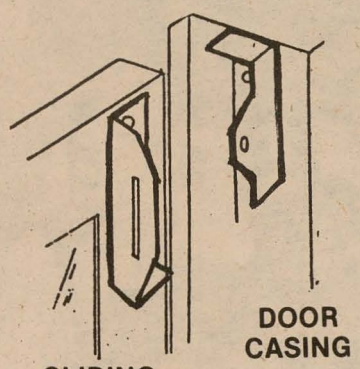

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ADVERTISMENT

Pilot cleared by court

American accused of burglary

A JET co-pilot, who got as "drunk as a skunk" at a six-hour drinking spree was yesterday cleared at a USAF Mildenhall court martial of burglary, theft and assault.

When the five-officer jury announced its verdicts, after ten hours of deliberations 1st Lt. Michael McCormack, 26, hugged his attorney.

McCormack's English-born mother, Kathleen, who had come over from her home in Massachusetts, collapsed when the verdicts were announced and was helped from the courtroom.

Both McCormack and his wife, Linda, were in tears as they left hand in hand to the congratulations of friends and witnesses brought over from America. Among them was the police chief from his home town.

McCormack, a co-pilot on air-to-air refuelling missions, said he did not know whether he would be staying in the air force.

It had been alleged that he entered a fellow officer's room and stole a camera, stereo and pearl necklace and earrings, and kneed in the groin another officer who arrested him after an evening spent drinking in "Bravo Bar" in the officers' quarters.

Defence attorney Mr. Robert Rivkin said McCormack had drunk eight to ten tequilas as well as beer as a number of officers "let their hair down" at a drunken party. He had been in "Blitzville" and was "as drunk as a skunk."

McCormack, he said, should only have been charged with being drunk and disorderly. There was no motive for the alleged burglary or theft, and the assault as a "non event" in a drunken scuffle.

Early in the trial, Mr. Rivkin said there had been wild parties in the past in the Bar, in which English women guests removed officers' trousers and put them in nappies. McCormack was not involved in these parties, the court was told.

The attorney from San Francisco, who specialises in court martial law, said after the case, "This is the most satisfying victory I have ever had in a court martial."

He claimed the U.S. government "went about this in a very unfair way," refused to accept that errors had been made by investigators and greatly exaggerated the charges.

"He was willing to accept he was drunk and disorderly, but they never charged him with that."

Reprinted from
East Anglian Daily Times,
Aug. 17, 1985

MILITARY LAW SPECIALIST
ROBERT S. RIVKIN

- Court martial defense
- Author of two books on rights in the military
- Former ACLU staff attorney

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Sports

Flag football

The racehorses of the 864th Engineers kicked off the 1985 intramural flag football season with a romp over LAIR. The racehorses led 6-0 in the first quarter on a 40-yard touchdown kick return by Travis Dandridge.

In the second period, Darrell Brown went to work, hitting Glister Collins and Cedric Archie for scores from 18 to 32 yards out, respectively. Collins scored again in the final period, using his speed down the sidelines as he galloped 39 yards for the touchdown and a 26-0 win over LAIR.

Garrison wins

Defending champions Headquarters Company, U.S. Army Garrison, escaped defeat at the hands of the Six Packers in their opening game of the season. The Six Packers led 8-0 in the first quarter on a touchdown punt return by James Holt, and a successful point-after-touchdown pass play from Keith Adams to Holt. A 4-yard pass from Rudy Russell to Sly Freeman tied the score at 8-8 at halftime.

Garrison's margin of victory came on an intercepted pass by Russell, who returned the pass 39 yards for a score in the third period.

The final period belonged to both defensive units, as the offensive units were shut out while the defending champions hung on for a 14-8 victory.

photo by Liz Greeley

Aerobics is fun!

Karen Behnke, R.N., teaches aerobics Tuesdays and Thursdays from 4:30 to 5:30 p.m. and from 5:45 to 6:45 p.m. For more information about classes, call 561-4120 or 753-8733.

Other scores

Corps of Engineers 32; Co. H, DLI-SF 14.
LAMC 14; LEC 8.
Oakland Army Base 30; Co. H, DLI-SF 6.
USAG 34; LAIR 0.

Fleet Week Run

The Post Running Team will represent the Presidio at the annual Fleet Week Challenge Run to be held at 8 a.m. on Oct. 13. This five-mile road race starts at Crissy Field and goes along the bay to Pier 32, which is just south of the Bay Bridge.

The post team won the corporate team title last year and returns this time with a stronger and more experienced team.

The team members are Lon Kincannon, Freddie Justiniano (LAIR), Reggie Humdy, Sam Rojas (LAMC), Kevin Call (USAG), Tom Murphy (Sixth U.S. Army) and Bob Darling (Sports Branch).

People can still enter this race by picking up an entry blank at Gym No. 1 (bldg. 63) or Gym No. 2 (bldg. 1152).

Presidian shatters record at Benicia meet

by John Rozum

Lisa Palladino set a pool record in the 100-yard butterfly to lead the Presidio's Aquarius Swim Club to an impressive showing at the Benicia B-A + Swim Meet last weekend.

Palladino swam the race in 1:09.60 to earn a first place in the 15- to 18-year-old age group. Her time shattered the old record by more than ten seconds.

Ken Yamada earned two second place awards in the "A" division for 15- to 18-year-old boys with a 58.14 in the 100 butterfly and a 50.49 in the 100-meter freestyle. Yamada's freestyle time qualifies him for the Far Western Swim Meet later this year.

Ian Powell captured third in the 15- to 18-year-old age group 100-meter backstroke with a 1:04.06, fourth in the 200-meter backstroke with a 2:24.75 and eighth in the 50-meter freestyle with a 24.94.

Rounding out the top finishers for Aquarius in the 15- to 18-year-old age group was Jeaniene Talley, who earned a third place in the 100 freestyle with a time of 1:04.42.

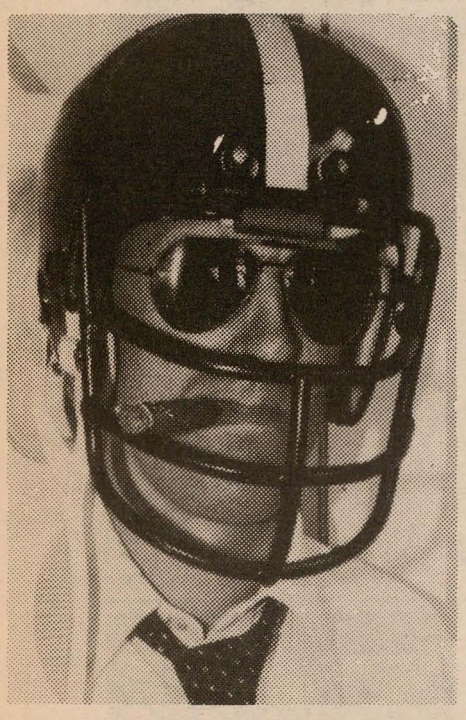
In the 13- to 14-year-old age group, Ted Gallardo collected a fourth place in the "A" division of the 200-meter breaststroke with a time of 2:50.44, and a sixth place in the 100-meter breaststroke with a time of 1:17.41. Gabrielle Talley earned a fourth place in the "A" division of the 9- to 10-year-old girls' 50-meter backstroke.

Members of the Aquarius who earned "B" division awards included Robert Hart, with a first in the 15- to 18-year-old 200 backstroke; Powell, with a first in the 400-meter individual medley and a second in the 100 butterfly; Jeaniene Talley, with a first in the 100 backstroke; and Palladino, with second places in the 50 freestyle, 100 freestyle and a third place in the 200 backstroke.

Other "B" awards were given to Tami Assadurian, for a first in the 11- to 12-year-old girls' 50 breastroke and a third in the 100 individual medley; Kenny Lown, for second places in the boys' 9- to 10-year-old 50 breastroke and 100 individual medley; Gabrielle Talley, for a second in the 50 freestyle and a third in the 50 breaststroke; and Gallardo, for a second in the 200 backstroke.

Fifteen-year-old Palladino was named Swimmer of the Meet by coach John Rozum. She improved her times in the 100 butterfly, 100 and 200 backstroke, and 50 freestyle. She also recorded a total of 51,500 yards in the three weeks of practice before the meet.

Jimmy the Freak



Sorry for the delay, but I had to find a chaser for the crow I had to eat after last week's predictions. What a week! Who woulda thought that the Colts would actually win a game? I guess Bob Irsey sold his soul for a win. I think the devil got the short end of the deal, myself. And who would've known that, after demolishing the Raiders, the Chiefs would fold against the Dolphins like a set of cheap venetian blinds? And who woulda thought that the Saints would make Bum Phillips look like a genius in thrashing the Buccaneers? Making Bum look good is like a Russian five-year plan—in the long run, it just won't work. But I *did* foresee the embarrassing defeat that the 49ers put on the Oakland/Los Angeles Nomads, didn't I? Maybe Al Davis will be so embarrassed that he will try to change his appearance. Start with that hairdo, Al, baby. It's time to change the oil, Bubba!

Anyway, here's another feeble attempt to gain some credibility around here...

San Francisco 41 New Orleans 13

Don't let up, boys...don't let up!! Just because the Saints have about one-quarter of the talent that you do, don't get cocky! Five Craig touchdowns sounds about right.

Chicago 26 Washington 17

Joe Theismann may be in for his second divorce this year. This time, the Redskins' fans may be suing him for nonsupport. If mouthiness was worth points, Joe would be top scorer every year. Like he said in a recent interview, he's never met a microphone that he didn't like. The Bears' defense will cut him off at the pass.

New York Giants 27 Philadelphia 20

The Eagles shouldn't spend their playoff bonuses as yet. One win does not make them favorites in their division. Win number two may not happen for quite a few weeks.

Detroit 24 Tampa Bay 20

Alex Karras must be spinning like a top over the way that the Lions' defense played against the hapless Colts last week. I look for them to return to their old "black and blue" defense for this coming week.

Upset No. 1
Los Antiseptic Raiders 27 New England 21

Look for the Raiders to come out fighting after their uninspired effort against the 'Niners. If their defense doesn't play any tougher, look for Howie Long to rip off their ears and clear out a couple of sections of spectators in frustration. Marc Wilson ain't much, but he should be just enough to get the Raiders a couple of touchdowns.

Upset No. 2
Kansas City 30 Seattle 24

What's the big mystery? I figure that if I keep picking the Chiefs to pull an upset every week, at least once in a while they'll make me look like I know what I'm supposed to be doing...*n'est-ce pas?*

Star Presidian
Sept. 27, 1985

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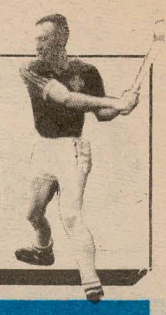
Recreation Center: loses 34 years of memories, **page 5**

The Total Army: the 864th shows how it works, **pages 6 & 7**

The Irish came: havin' a *grand* time, **page 11**



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Star Presidian

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News briefs

Power outage

There's good and bad news about next week's power outage that the Directorate of Engineering and Housing (DEH) is planning for the Presidio.

Here's the bad news first. Engineers will cut the juice to seven buildings in the 600 and 900 area for two days, while a contractor replaces high-voltage service lines in that area.

The good news comes from the power support shop and the crews that provide emergency electricity. Their generators will pump power into each building affected during the outage, but people already at work when the power goes out will have to wait an hour or so while the engineer crews hook up the generators.

According to Lowell Whiteaker, the chief of DEH's contract services branch, bldgs. 650, 651, 920, 654 and 924 and two maintenance shops, bldgs. 923 and 937, will be without power on Tuesday, from 7:30 a.m. until 4:30 p.m., while the contractor works on power lines.

On Wednesday and Thursday, Whiteaker said, bldg. 654 will be without power during the same hours as the first outage.

However, there is more good news. The work to replace and splice these new cables should prevent the need to have future outages.

Keep your eye on the *Star Presidian* so you won't be in the dark about possible future outages.

Fall cleanup

Get ready to clean yourself up, Presidio. So comes the word from headquarters for the annual fall cleanup to begin Oct. 15 and last for 13 days.

The focus for the cleanup is on the housing areas, where the trash should be picked up, weeds should be removed from sidewalks and around buildings and grass should be cut where necessary.

Residents are reminded that the playgrounds in their areas will need attention too.

The Presidio's commander, Col. Robert Rose, has seen to it that soldiers living on post get time off from work to get the fall cleanup rolling. Because not all Presidians can go home at one time, a schedule has been announced to help residents.

The cleanup schedule is:

- Oct. 15—the 1500 area;
- Oct. 16—bldgs. 1 to 100 and the 300 and 700 area;
- Oct. 17—the 500, 800 and 400 areas;
- Oct. 18—the 900, 1000 and 1200 areas;
- Oct. 21—the 1300, 1400 and 1700 areas;
- Oct. 22—the 500, 600 and 800 areas, all at Fort Baker; and
- Oct. 23—Forts Mason and Barry.

Please see page 3

photo courtesy Presidio Army Museum

An American officer discusses an upcoming operation with two Kachin officers, members of the American Kachin Rangers, in Burma in 1945.

Detachment 101 exhibit opens

by Debbie Campbell

A new exhibit will open at the Presidio's Army Museum Sunday at 1 p.m.

According to Eric Saul, museum curator and director, the exhibit will honor the World War II fighting force Detachment 101, of the Office of Strategic Services (OSS).

The OSS, a clandestine intelligence-gathering and commando unit, was a prototype of today's Green Berets and the CIA.

The OSS was organized in early 1942 by Maj. Gen. William "Wild Bill" Donovan, with operations in all areas of the world.

Detachment 101 agents were trained in sabotage and in spying behind enemy lines, and then assigned to operate in Burma. They learned to use many tactics that were later employed by others in the Vietnam conflict and elsewhere.

To organize such a unit, Donovan needed men who were willing to lay their lives on the line. Their leader would have to be even more daring. For that reason Capt. Carl Eifler seemed the perfect choice.

"Eifler was really a character—a swashbuckler right out of an old Errol Flynn or John Wayne movie," Saul said. Eifler was recruited to head the unit.

The first group to go to Burma consisted of only 20 men. Nevertheless, these select few had undergone rigorous training to perform irregular tactics, harrassing the Japanese by destroying their lines of communication, bridges and roads.

They learned other unique skills, using special weapons such as exploding logs, cow-dung mines and fruit-shaped mines, according to Saul.

They had special poison pens, for stabbing people, shoes with a knife in them and other such "James Bondian" weapons, Saul explained.

Known as "The One the Only," these men set the stage for the future.

According to former Detachment 101 soldier Mel Corvin, the detachment was actually the first of its kind, but was simply dubbed Detachment 101 to keep the British from finding out it was the only one.

These few men learned to work along with a northern Burmese tribe called the Kachins, who had unbelievable skill in guerrilla warfare. The Kachins were particularly ruthless when fighting the Japanese, because the Japanese had pillaged and plundered their villages and raped their women.

As much as the Kachins hated the Japanese, they liked the Americans, and justly so.

The Americans taught these rough people

Please see page 3

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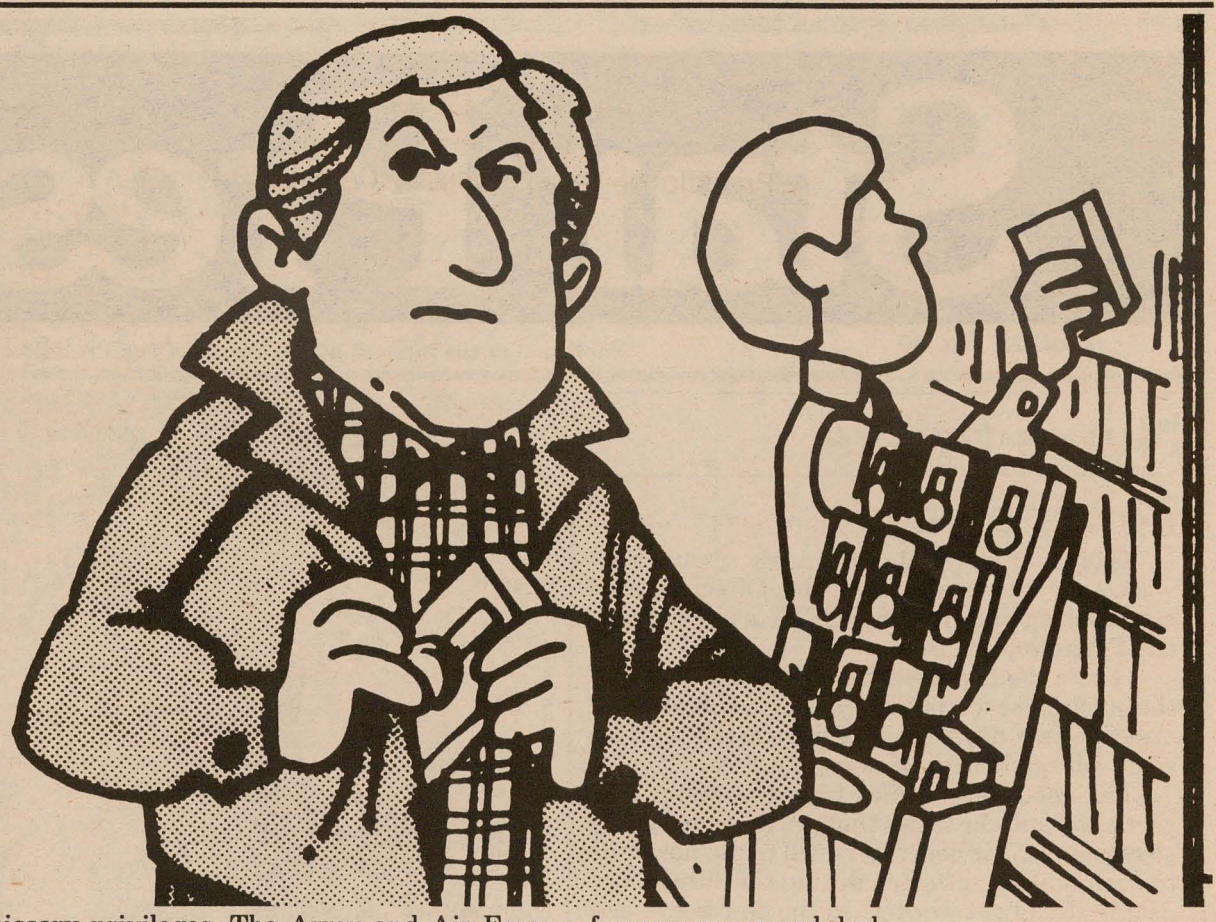
Opinions

TAKE A BITE OUT OF CRIME



by Brenda Ludwig

Shoplifting is one of our nation's most expensive crimes. It costs us more than $16 billion a year and is going up every year. Retailers set their prices based on projected profits on their total sales. When shoplifting occurs, it forces the retailers to raise their prices to make up the loss.

Additionally, it causes the store owners to install sophisticated security systems in an effort to curtail their losses; once again, the cost is passed on to the buying public.

Why do people shoplift? According to SFC Sheldon M. Stein, Crime Prevention NCO for the Provost Marshal's Office, there are several reasons. The most common is "impulse." The majority of people who shoplift usually have the money to pay for the item and really do not need it. Some people shoplift for the thrill of getting away with something and not getting caught. Some people are kleptomaniacs and cannot help themselves. Kleptomania is a disease and can be treated. Then there are those who are professional shoplifters—those who make it their living.

To many, shoplifting isn't something of great importance to be concerned about; but nothing could be further from the truth. Shoplifting is something we all should be highly aware of, as it affects all of us.

The *punishment for shoplifting* can be serious and follow you for the rest of your life. For soldiers caught shoplifting, it could result in a UCMJ Article 15, reduction in rank, up to two years in jail and a dishonorable discharge. Military family members can face up to six months in jail, a $500 fine and loss of PX and commissary privileges. Retired soldiers and their family members will be prosecuted in the civil courts and can receive prison sentences, large fines *and loss of* PX and commissary privileges. The Army and Air Force Exchange System stores have fully trained security personnel on duty to detect shoplifters as well as surveillance systems.

Active duty soldiers always are responsible for the actions of their family members and can be held accountable for their behavior. Shoplifting is everyone's business. If you see someone shoplifting, report it immediately. They're stealing from *you.*

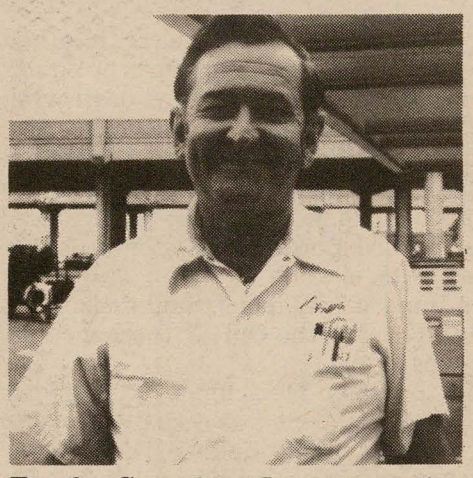
Do your part to help stop fraud, waste and abuse of your tax dollars: report it. The Presidio Fraud Hotline is 561-3578. All calls are kept confidential.

Crime Report:

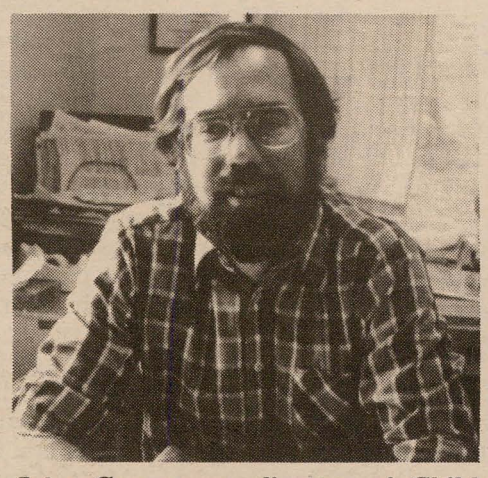
- Person(s) unknown removed five $1 bills from an unsecured desk.
- Person(s) unknown cut the chain and lock off a 12-speed bicycle from a guard rail and stole the bike.
- A person was caught taking items from an unsecured vehicle.
- A person was observed trying to leave the main PX with two women's undergarments. The person was caught.
- One person was charged with drunken and disorderly conduct.
- Person(s) unknown damaged a vehicle that is impounded at Battery Caulfield and took parts from the engine.
- There was one reported traffic accident.

Ramblin' Sam

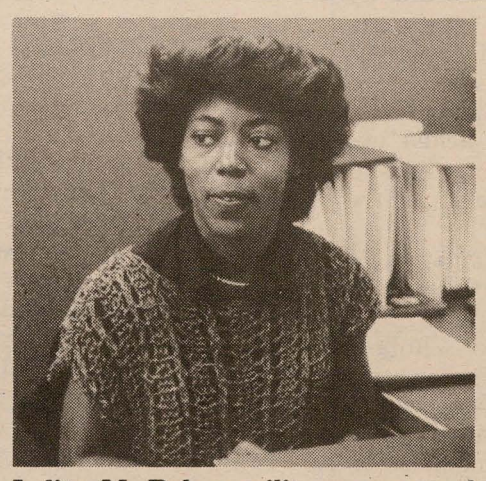
"What are the benefits of being a DA civilian?"



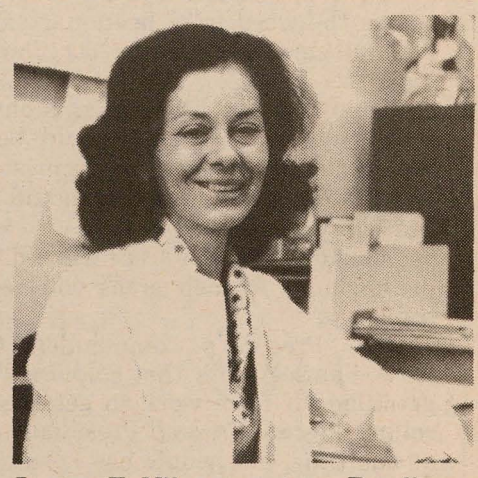
Frank Gonzales Jr., automotive foreman, AAFES: "Thereis a lot of job security as a DA civilian. You can stay with the same job for a long time. I've been here for 37 years."



John Gunnarson, director of Child Development Services, ACS: "For my organization, the advantage is the resources available within the federal system to accomplish the goals of the Child Development Services."



Lolita M. Baker, military personnel clerk, COMPACT: "As a DA civilian, you get to meet a variety of people from different backgrounds. You get a lot of privileges in education and certain military activities, like the gym and the NCO and Officers' Clubs."



Joanne F. Niles, secretary, Readiness Group-Sixth U.S. Army: "For a military wife, being a civilian is great because there are always GS jobs available on every post. You can travel from one post to the next and not have to go through all that paperwork."

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Detachment 101 continued from page 1

demolition, cryptography, radio communication and radio repair. It was an auspicious partnership.

By the end of the war the Kachins were so well known for their bloody exploits, the threat of guerrilla ambush made the Japanese taut and tense, and finally paranoiac, Donovan reported.

The OSS reported that the Kachins' guerrillas killed 25 of the enemy for every casualty of their own, according to a story by Francis Russell of Time-Life Books.

Perhaps the Kachins were so effective because they were fighting for their own land in an environment with which they were familiar.

This wasn't true of the soldiers of Detachment 101. The climate in north Burma is quite inhospitable. The conditions were too bad for transporting troops through the jungle, so most of the troops parachuted in at a low altitude.

This was how most supplies were transported to the area also, Corvin said.

Some of the most treacherous conditions were endured by these men, who learned to live with snakes, leeches and insects and the diseases that come with them.

"During the monsoon season the heat was so oppressive. It was 100 degrees to 110 degrees every day with absolute humidity. Everything just rots and mildews," Corvin said.

Despite the inclement conditions, Detachment 101 turned into quite a success. Part of this most likely is due to the chivalrous bravery of the unit's commanders.

For example, there is the famous story about the time that Eifler flew Donovan behind enemy lines to see how well the detachment was doing. Before taking off in the tiny L-5 liaison plane, they agreed to take the cyanide pills they brought along, if captured. Some people say Donovan might not have taken such a risk if he knew Eifler was not an accredited pilot.

However, according to Corvin, Donovan *knew* Eifler was not an accredited pilot.

Such raw courage, tinged with a bit of the eccentric, was the trademark of Detachment 101.

By the end of the war, Detachment 101 had tallied some impressive statistics. An overall total of more than 900 Americans and 10,000 Kachins killed or seriously wounded about 10,000 Japanese. (Known enemy dead total 5,447.)

A total of only 15 Americans and 184 Kachins were known killed. These statistics show how effective the forces were.

Though they were virtually unknown during the war, Detachment 101 served a very special purpose. Not only did they aid in defeating the Japanese in the China-Burma-India Theater, but they also set a precedent for guerrilla warfare in Vietnam, while the CIA became the descendent.

Reasonably harmless today, many former Detachment 101 soldiers will attend the exhibit dedicated to their exploits at the museum dedication on Sunday at 1 p.m.

News Briefs continued from page 1

Fire prevention

Next week, in honor of Fire Prevention Week, the Presidio Fire Department will make courtesy inspections of family quarters, according to assistant chief Eugene A. Day.

According to Day, inspectors will be handing out fire safety brochures as they make the courtesy inspections.

All inspectors will be in uniform, a fire truck will be parked outside and each inspector will wear a badge with his name and badge number on it. In addition, all firefighters carry picture IDs with them.

Sure-pay

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Oct. 1, Sure-pay went into effect for all soldiers coming on active duty from that day, according to Sue Kingslien, financial planner and consumer affairs counselor for Army Community Services (ACS).

Soldiers on active duty can ask for Sure-pay. Kingslien said Sure-pay is highly encouraged, because soldiers deploy, go TDY or go on leave. With Sure-pay, they always can be sure their paycheck will be in their bank account.

Because Sure-pay is encouraged, ACS is offering training about it for either individuals or units, Kingslien said.

For more information about Sure-pay, call Kingslien at ACS at 561-5156.

Design contest

Active duty soldiers with the creative touch are encouraged to enter the Army Chief of Staff's Design Contest and win up to $2,500.

Taking the theme "Proud and Ready," the contest allows soldiers to enter objects of any size and media. They can be constructed from wood, clay, glass, metal, stone or paper, painted or photographed—whatever.

Dean Steiner, director of the Presidio Arts Center, said local judges will send 15 entries from the Presidio to compete at the FORSCOM level, from which winners will go to the All-Army competition.

"The deadline for entering this contest will be 10 p.m. on Nov. 1," Steiner said. "So far we haven't received any entries, and the deadline is closing fast."

The Department of the Army is awarding $2,500 to the first place winner, who will also have the entry published Army-wide.

For more information about the rules and guidelines, call the Arts Center at 561-4497.

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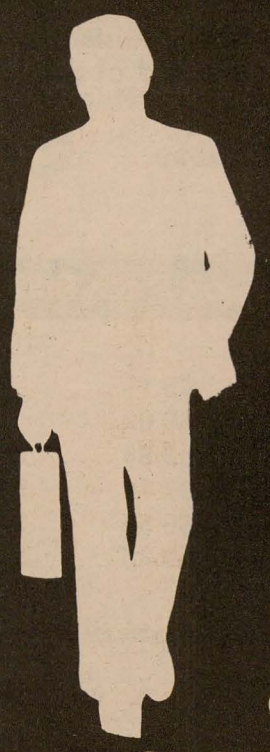

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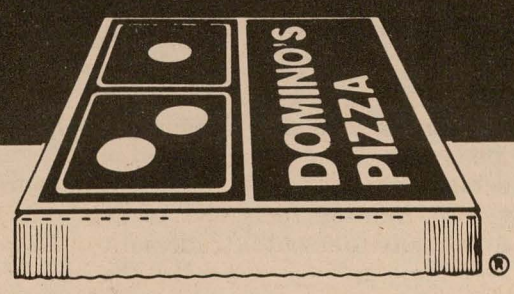

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4. Remain by the phone after ordering. We may call back to confirm the order.
5. Turn on your porch light.
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Features

Rec Center loses 'backbone' of organization

Story and photo by Debbie Campbell

The Presidio's Recreation Center is now presented with a problem it hasn't faced in 34 years. Since 1951 it has been graced with the presence of Elizabeth de la Torre, who retired Sept. 30.

The slender woman was a key contributor to the success of the Recreation Center, not only by organizing and directing activities, but by welcoming each soldier with her friendly and kind attention.

"She's concerned with the troops. Her whole career is geared toward the single soldier, because that's what she did for so long," said Gabriel G. Best, a program director at the Recreation Center.

According to de la Torre, the single soldier made up a much greater percentage of the Army in the '50s and '60s.

"The young soldiers would come in looking so lost and lonesome. If they felt like it, I'd sit down and talk about anything with them. Usually they just seemed to want to get away from the atmosphere of the barracks," she said.

In those days, the men were restricted to the post because of a lack of money and transportation. Therefore, the Recreation Center became a hot spot on the post.

"There would be a dance every night, whether it was here or at Fort Baker or Cronkhite," de la Torre said. According to her, those were exciting times.

De la Torre has been the backbone of the Recreation Center. "She holds everything together here, putting in a 50-hour week. She just has so much knowledge," said Michael L. Stieber, program director.

De la Torre has produced many successful programs. Some of her favorite projects were very popular with the soldiers.

"For three years in a row, we put on a car show, in conjunction with a fashion show. We'd drive new sports cars into the building we used to occupy down near LAMC. Then we set up runways in between the cars. This was a popular idea and a lot of fun," she said.

Perhaps one of the reasons de la Torre is so good at dealing with people is because of her background. She grew up in Los Angeles, and her high school was a mixture of races and nationalities. According to de la Torre, the kids were taught not to discriminate.

This acceptance of cultural differences surely must have helped her deal with soldiers from every background and nationality.

Elizabeth de la Torre, who worked at the Recreation Center 34 years, retired Monday.

As a recreational studies major at the University of California at Berkeley, de la Torre further prepared herself for her job.

De la Torre never let the passing years daunt her spirit of fun and mischief. In earlier years, when Recreation Center supervisors wore conservative uniforms, de la Torre emceed shows and entertained the troops by doing a modified "striptease."

This consisted of very little of either the strip, or the tease, as she would tear off a single button on her uniform, and coyly kick her leg to the side; to the wild cheers of the crowd, according to de la Torre.

In later years, her spirit for the daring became a bit less tame; on one Halloween, in the '60s, she hired a group of San Francisco's finest mystics and palm and card readers to tell fortunes and mystify the troops.

This project was a big hit, because other posts' Recreation Centers asked about it in later years.

Though she has had years of good experiences in the past, de la Torre sees today's soldier as no less important than yesterday's. "They are just different nowadays. Soldiers seem to be under more pressure. There are fewer of them, and I think they get more work.

"Many soldiers *just like to come in and watch* TV. That's OK, though, just so they're comfortable," she said.

It's quite remarkable to meet someone whose compassionate and accepting nature has brought her so far. As director of the Recreation Center, de la Torre shows unique adaptability.

De la Torre claimed to be ready for about a six-month vacation, during which she will catch up on her much-needed private time, though she admitted she'll probably keep in touch with the other program directors and, maybe, give tips on new projects.

According to program director Stieber, it will be hard to let her go.

By his statement, it seems clear that there is a lot of respect and affection for Liz de la Torre.

Thirty-four years' worth of soldiers, were they here to say goodby, justly might pay tribute to her.

Spying for the Soviets pays—in heartbreak, disaster

by Tom Joyce

"Be it to give your life meaning or to make a political statement; be it to seek adventure or to pay your delinquent alimony; be it for whatever reason, see a lawyer or a psychiatrist or a priest or even a reporter, but don't see a KGB agent. That is the solution to nothing."

Those are the words of convicted spy Christopher Boyce (of *The Falcon and the Snowman* fame), a former employee of a California aerospace firm who was caught passing secrets to the Soviets and is now serving 40 years in prison on eight counts of espionage. In this case, Boyce initiated contact with the Soviets. But a Department of Defense spokesman emphasized: "No one is immune from possible approaches from hostile intelligence agents."

That includes military personnel. Since World War II there have been some 40 publicly reported cases in which military personnel have betrayed their country. Among them:

- Capt. J. P. Kauffman provided data on Air Force installatons in Greenland and Japan to the East Germans in the 1960s.
- Petty Officer 1st Class N. C. Drummond supplied classified Navy documents to the Soviets and collected more than $20,000 before his arrest and trial in 1964.

"But I'm just a clerk in the motor pool. Why would I be of any interest to the KGB?" you ask.

Obviously, people working in highly sensitive positions are prime targets for hostile agents. One-third of the DoD employees who were involved in espionage, had previous intelligence training or were affiliated with intelligence organizations. But anyone who has some kind of weakness is a prime target. "Just because you don't have access today," said the official, "doesn't mean you won't have it in the future. The KGB will wait."

The major factor in the military espionage cases has been greed... people selling out their country for a few bucks. Sexual perversion and drug use have not been major factors in military people recruited as spies. But the Soviets are famous for using blackmail as a means to get what they want.

In the days after World War II, most people who contacted the Soviets did so out of ideology. That's not true today. A KGB manual explicitly states that Americans can be bought. Some people naïvely rationalize that selling a few secrets to the enemy won't hurt. That, obviously, is wrong.

William Kampiles, a former CIA employee, sold the KH-11 satellite manual to Soviet agents for $4,000. The Soviets initially thought it was a weather satellite. Actually, it was a powerful intelligence tool. It was "only" one secret, but the damage it caused was significant. And there is no stopping at one secret.

If you are thinking about dabbling in espionage, listen to some words of wisdom from Christopher Boyce, delivered in testimony before the Senate Permanent Subcommittee on Investigations: "I only wish, Senators, that before more Americans take that irreversible step [to become involved in espionage], they could know what I now know, that they are bringing down upon themselves heartache more heavy than a mountain."

American Forces Press Service

Reno
864th helps Ord engineers

Story and photos by Joseph A. Hirsch

RENO, Nev.—They came with their dump trucks, a scraper and other heavy earth-moving equipment, and when they left, the local National Guard unit had a road on which to drive to work.

A platoon of combat construction engineers from the Presidio-based Company D, 864th Engineer Battalion gave their earth-moving assistance to Company B, 14th Engineer Battalion, from Fort Ord, Calif.

These units teamed up to build a hard dirt road to the Army Aviation Field used by the CH-53 Sky Crane-flying Nevada National Guard.

"The contract to build the hangars and air facility didn't include building a road to get to it," said 1st Lt. Kenneth Creighton, support platoon leader with Co. B, whose 41-soldier crew was augmented with the 12 Presidio engineers.

"The guardsmen were using the runway/taxiway as a road to get to work when they weren't flying on it," Creighton said.

The airstrip is near an old Air Force base near Stead, Nev.

"Our battalion was tasked to help the Guard and build the road because the Nevada National Guard didn't have any engineer units to do it," Creighton said.

He said the heavy construction work is part of the Fort Ord engineers' regular training.

"We needed the project, so we took the work to keep with our training cycle," Creighton added.

The engineers first looked at the site in July, Creighton said.

"We then figured we would need some more help to cut and move the earth for the road," he said.

Because his unit didn't have the big equipment needed to move the tons of earth, he said, his unit called on the 864th, because they were close and had the right gear.

"The 864th's equipment," Creighton said, "was able to do the earth moving more efficiently than we could have with our dozers and backhoe."

"We couldn't have asked for better help. The units worked great together," he said.

Sp4 Benjamin Harper is a dump truck driver in the 864th's Earth Moving Platoon. He drove here in a 20-ton dump truck, taking about eight hours to complete the trip.

He and the other Presidio soldiers made their home in an old barracks building about a mile from the road site. Just outside their barracks door was the motor pool where, at night, the engineers turned mechanics and serviced their equipment.

Harper pulled some levers inside the truck's huge engine compartment and brought out an air filter the size of some small cars' engines.

"This is probably the most important part of this whole truck. This dirt and sand here in the high desert is rough on these trucks," Harper said.

"And if we don't keep our eye on the fluid levels, especially the oil, the trucks just tear up, and it costs hours of downtime," he said.

"Sure the maintenance takes some time to do, but it takes a lot longer to replace an engine this big," he said.

Harper and the other 864th engineers said they enjoyed the trip here because it offered a working environment different from that at their San Francisco home.

"This Reno job was a change of pace for us," said Sp4 Mike Howell, another truck driver.

"These trucks take a beating, and when we drive them for eight or more hours a day, it feels like we have, too," he said.

With a mourtain range in the background, Sp4 Michael Barnes, Earth Moving Platoon, uses a vibratory roller on the road.

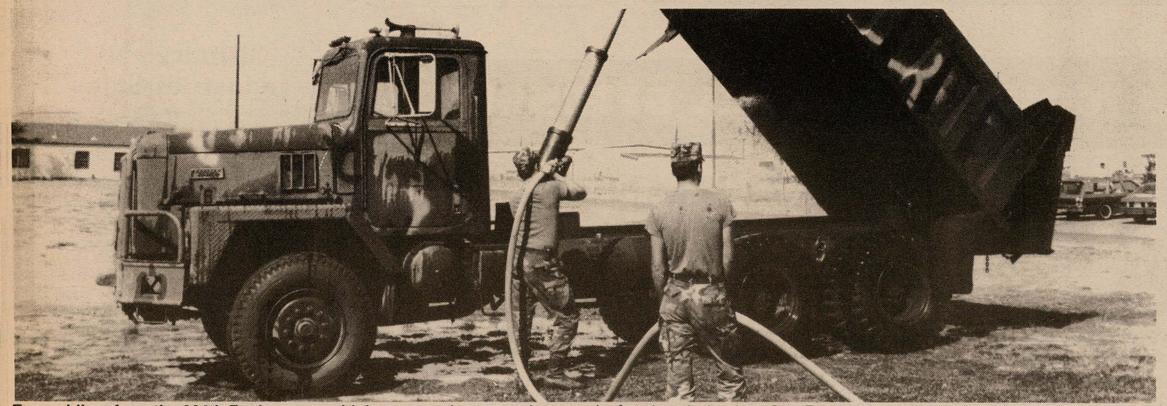
An 864th Engineer scraper works alongside the 14th Battalion's dozer as they build a road for the National Guard.

Sp4 Mike Howell a heavy equipment mechanic, changes an air filter on a 20-ton dump truck.

Sp4 Craig Kaisershot fills his scraper with diesel fuel during a maintenance break.

Sp4 Craig Kaisershot, of the Earth Moving Platoon, moves tons of Nevada desert soil while driving his scraper.

A 20-ton dump truck takes on a load of gravel at a nearby gravel quarry.



Two soldiers from the 864th Engineers use high-pressure hoses to clean trucks for the trip back to San Francisco.

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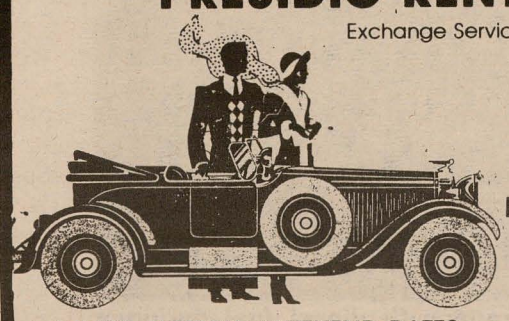

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Community Calendar

Commissary

The commissary schedule for Columbus Day is:

- Oct. 12—regular hours
- Oct. 13—closed
- Oct. 14—closed
- Oct. 15—Columbus Day closure

Blue chip lawn

Not long ago, Col. Robert S. Rose, post commander, was driving through family housing when he noticed a *spectacular* lawn.

Rose considered the lawn so spectacular, in fact, that he gave each of the gardeners a blue chip for their endeavors.

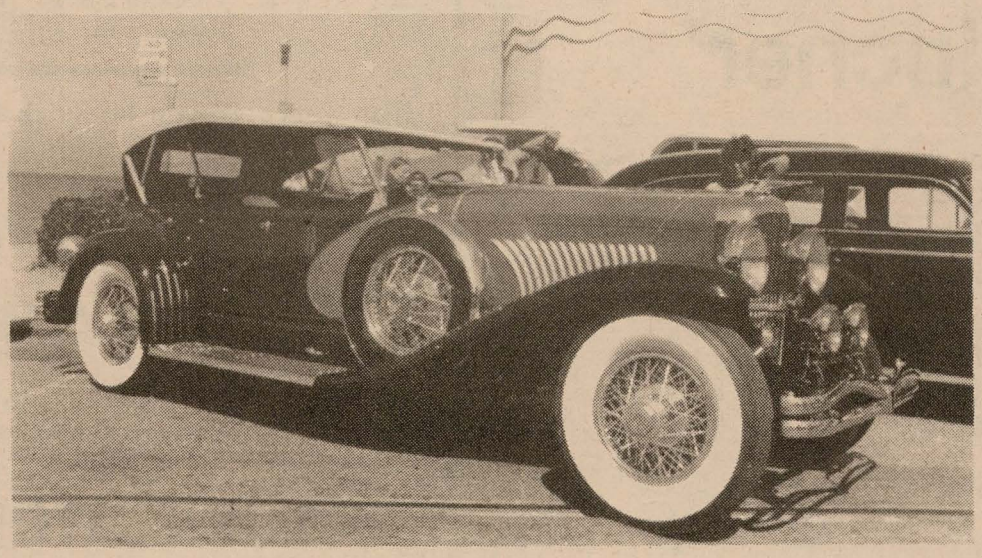
The blue chips went to James and Laurie Knobel and Earl and Paula Gravile. The Knobels and Graviles live at 853 C and D, respectively, on MacArthur Avenue.

Pet services

Effective Oct. 1, soldiers must pay a $10 user fee whenever they bring an animal to the Veterinary Clinic for treatment.

This fee is in effect until further notice.

For more information, call the Presidio Veterinary Clinic at 561-3744.



Yes, sir, that's my baby!

Well...actually, it's a 1937 Cord owned by Sid Colberg. Cars like this one will make up the Classic Car Rally which will be held in front of the Officers' Club on Sunday from 2 to 3 p.m.

Recycling

Recycling for October will be held tomorrow. Quarters residents are reminded to have newspapers and all-aluminum cans ready for pickup from 10 a.m. to 3 p.m.

All proceeds from recycling go to the Boy Scouts, Girl Scouts, Aquarius Swim Club and Youth Activities sports.

If it rains, there will be no recycling. However, cans and newspapers can be dropped off at the recycling point, next to bldg. 661, at any time. Our recycling point is for newspapers and cans *only;* please do not drop off trash, phone books, computer paper, etc...

Mandatory briefing

All soldiers honorably separating (though not retiring) from the Army during the months of November, December, January and February will report to the Fort Scott Education Center, bldg. 1216, Oct. 16 from 8 to 11 a.m., for a mandatory briefing. Spouses may attend also.

Topics to be discussed are designed to help in making the transition to civilian life.

For more information, call Jackie Burke at 561-2974 or 561-4445.

Languages

Do you want to learn a language or retain proficiency in one? German, Spanish and Korean books and tapes are available to soldiers free of charge.

Visit the Education Center (bldg. 1216) to obtain your copy. Call 561-3189 or 561-4445 for more information.

...the write stuff...

by Ted Weller

Regardless of what everyone is saying, I believe that our summer is still with us and we should have some nice days coming soon.

Therefore:

Why not join in the fun at the Maritime Heritage Celebration at the Hyde Street Pier, foot of Hyde Street, for a day's worth of maritime traditions, tomorrow from 11 a.m. until 6 p.m. Guided tours of historic ships are offered along with sessions on boatbuilding and other nautical crafts. Call 556-6435 for more information.

The Battery Chamberlin museum, Golden Gate National Recreation Area's coastal defense museum, will be open to the public tomorrow and Sunday from 2 to 3 p.m. The historic 40-ton disappearing gun...???...is open for viewing on Saturdays and Sundays from noon to 4 p.m. Battery Chamberlin is at the north end of the Baker Beach parking lot. Call 556-8642 for more information.

The 493rd anniversary of Christopher Columbus' landfall in the Bahamas will be celebrated in San Francisco beginning tomorrow and continuing through the 14th. Tomorrow's events will feature the discovery of the New World in a reenactment with "Columbus" landing at Aquatic Park at 12:30 p.m.

The procession of the Madonna del Lume and the blessing of the fishing fleet, a 50-year-old North Beach rite imported from Sicily, will be on Sunday. The procession will leave the Church of Saints Peter and Paul for the Jefferson Street boat basins at Fisherman's Wharf at 2 p.m.

The 3rd Annual Festa Italiana kicks off today and continues through Sunday at Pier 45, Fisherman's Wharf. Festivities begin at noon each day and continue until midnight. Admission is $6 per day for adults and $1 for children, ages 6 to 12 with an adult. Call 673-3782 for more information.

The San Francisco Museum of Modern Art will celebrate its 50th anniversary with a FREE party beginning tomorrow at noon until 4 p.m. Activities feature performers from the Children's Gallery; artist Debra Disman; clowns, Occasional Fools; cartoonist Dale Axelrod; and much more performing storytelling, balloon sculpturing, puppeteering and playdough sculpting. The birthday parade and cake-cutting ceremony will be at 3 p.m. All activities will take place throughout the War Memorial Building, Van Ness and McAllister. Call 863-8800, ext. 250 for more information.

Tonight is the monthly meeting of the Underwater Photographic Society, featuring slide presentations on aquatic life. The meeting is from 7:30 to 9:30 p.m. in building C, Fort Mason Center. Admission is FREE. Call 974-0262 for more information.

There will be an Afghan Cultural Assistance Fair and Exhibit tomorrow, 10 a.m. to 10 p.m., and Sunday, 10 a.m. to 4 p.m., in building A, Fort Mason Center. The admission is FREE! Call 453-3011 for more information.

The 6th Annual San Francisco Firefighters Chili Cook-off is slated to begin at 10:30 a.m. Sunday at Pier 3, Fort Mason Center. The all-day celebration will feature The City's fire-eating cooks spooning up their hottest stuff along with entertainment and other refreshments. Proceeds will benefit the Kevin Collins Foundation for Missing Children, the San Francisco Suicide Prevention Center and the Fort Mason Foundation. Admission is $5; call 441-5706.

Lt. Col. David Neck will relinquish command of the Headquarters Command Battalion to Lt. Col. William McKelvey in a ceremony beginning at 2 p.m., Tuesday at the main parade field. Admission is FREE...I knew that would get your attention.

St. Vincent's School for Boys, an orphanage for special youngsters, urgently needs 20 volunteers to work for three hours, 9 a.m. to noon, on Wednesday to help set up their annual Pumpkin Sale. The work involves unpacking and lining up hundreds of pumpkins...sounds like FUN!...The school is located three miles north of San Rafael on Highway 101. If you are interested, call either Col. Klose at 221-8135, or Mrs. Wong at 542-1353.

This week in Presidio's history: Oct. 9, 1863—Point San José is occupied by units of the 9th Infantry Regiment. The area had been reserved for military use in 1850, but had not been occupied. The U.S. government's title to the area had been disputed and several private buildings had been erected. On Oct. 2, 1863, Brig. Gen. George Wright, commander of the Department of the Pacific, was ordered to take "military possession" and erect shore batteries, leaving the question of ownership to be settled later. This area is known as Fort Mason today.

At the movies

Presidio Theater

Fri,	Oct. 4	Weird Science (PG-13)	7 p.m.
Sat,	Oct. 5	National Lampoon's European Vacation (PG-13)	7 p.m.
Sun,	Oct. 6	National Lampoon's European Vacation (PG-13)	7 p.m.
Mon,	Oct. 7	National Lampoon's European Vacation (PG-13)	7 p.m.
Tue,	Oct. 8	My Science Project (PG-13)	7 p.m.
Wed,	Oct. 9	My Science Project (PG-13)	7 p.m.
Thu,	Oct. 10	E.T. The Extraterrestrial (PG)	7 p.m.

Schwartz Theater

Mon,	Oct. 7	Weird Science (PG-13)	7 p.m.
Wed,	Oct. 9	National Lampoon's European Vacation (PG-13)	7 p.m.
Thu,	Oct. 10	My Science Project (PG-13)	7 p.m.

Hamilton Theater

Fri,	Oct. 4	The Beginning (R)	7 p.m.
Sat,	Oct. 5	Heidi's Song (G)	1 p.m.
Sat,	Oct. 5	Gotcha (PG-13)	7 p.m.
Wed,	Oct. 9	The Wars (R)	7 p.m.
Thu,	Oct. 10	Star Trek II—The Wrath of Khan*	7 p.m.

*No rating available.

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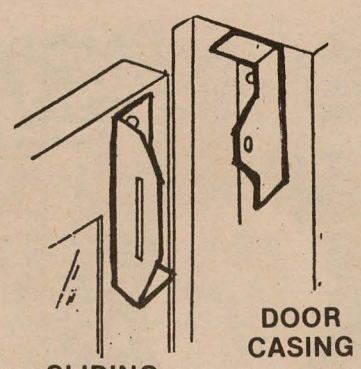

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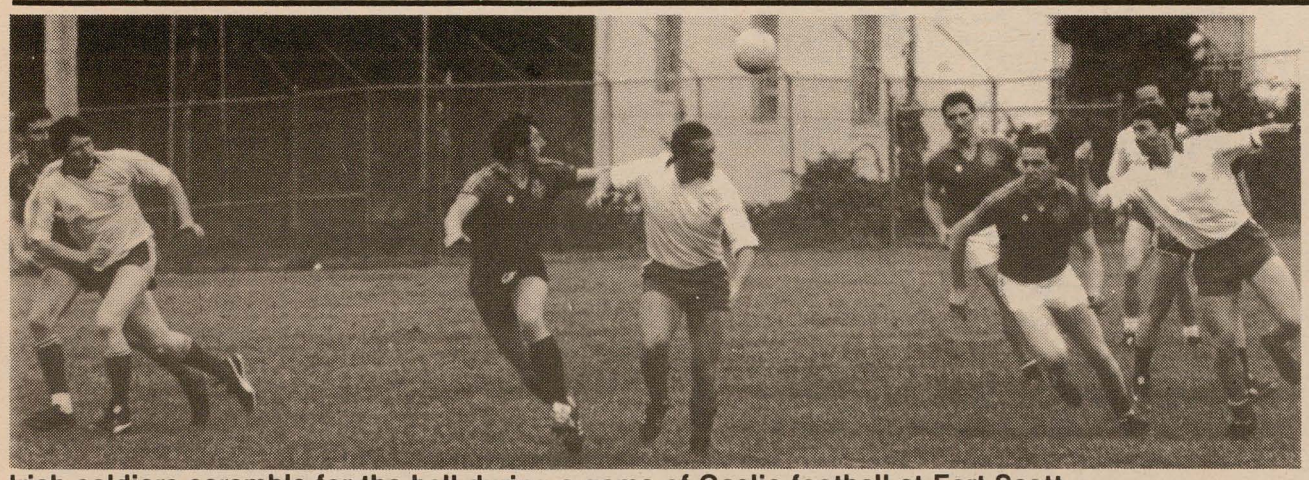
Sports



Irish soldiers scramble for the ball during a game of Gaelic football at Fort Scott.

Irish beat PSF at softball

Story and photo by Joseph A. Hirsch

During a whirlwind 18-day tour of the United States, 46 Irishmen made a stop at the Presidio on Sept. 27 to play exhibition games of Gaelic football and hurling.

The mostly soldier group represented Ireland's Defence Forces.

They were on a combined vacation and exhibition tour that took them from coast to coast. While they were in San Francisco, the men toured downtown and played two Gaelic football games with local teams.

Presidio soldiers joined the men for a barbecue at Fort Scott's Log Cabin, where the Irish and Americans exchanged their countries' sports talk and latest events.

Following the lunch, the touring group moved to the activity field and donned playing shorts and cleated shoes for the games.

Brig. Gen. J. J. Barry, the assistant chief of staff of the Defence Forces and the team's president, said the group was excited about the tour of the States.

"These lads have really talked about how they've enjoyed everything," Barry said with a strong accent.

The exhibition began with the Irish playing a game called hurling.

The men divided into teams and squared off for two 10-minute halves.

The game required each player to hit and pass a small leather ball with an ash playing stick. The ball, about the size of a baseball,was passed by the team to an opposing goal, where the players tried to score points.

Tour group manager Peter Archbold, himself an eight-year playing veteran with the Irish Army, said the game of hurling is second in fast action only to hockey.

"The lads pass and hit the puck (ball) to try and tally scores against each other," Archbold said.

"That little piece of leather can be hit by some of these players to reach a top speed of 120 mph," he added. "You can bet these players are skillful. Many of them have grown up with a hurling stick in their hands," he added.

Paul Carter, who works in COMPACT's enlisted records branch, said, "I saw the players weren't wearing any kind of protection, and it really made me wonder why these guys with the swinging sticks weren't all beat up.

"I think it takes a lot of guts to play this game without any pads or helmets," he said.

"Once in a while a lad will split a lip or crack a head or two, but they generally know to duck and dodge for defense," Archbold said. "Padding and all that would just get in their way and slow them up a bit too much," he said.

Toward the end of the hurling, three of the ash sticks lay broken at the side of the playing field, victims of rough shots to the ground and goals.

A hand-picked team from the Irish hurling squad then took a crash course in American softball. When the lessons were over, a Presidian team took the Irish to the diamond for a game.

According to a couple of the Irish players, they had watched baseball and softball only on television.

An Irish outfielder with his newly acquired glove said how uncomfortable it was to play the game with the "leather on the hand." After a Presidian got the glove on the Irishman's correct hand, the game got under way.

After just a few innings, the hard-hitting Irish proved to be too much for the Presidio team, on which several post units were represented.

The Irish claimed their first softball victory, winning 8-6.

"At first I really didn't think they (the Irish) would do very well, since they've never played," said Bill Mantia, a player from the Letterman Army Medical Center team.

"This softball is a lot like our country's rounders," Mike Brennan said.

"Only in our Ireland, it's the girls who play the game. It was a bit to learn so quickly, but hey, we won, right?" Brennan said.

The final exhibition game saw the Irish again team up and play their native Gaelic football.

Not quite the same as soccer and similar to rugby, the game is played with a ball much like a volleyball.

The teams played two halves and scored goals before a crowd of about 50 Presidio soldiers.

At the start of their tour, earlier in September, the group played two games in Boston, Mass. After stopping in San Francisco, the group went to Los Angeles. Now, they're in New York before their scheduled return to Ireland on Wednesday.

Sports briefs

Flag Football

U.S. Army Garrison remains the only unbeaten team in the intramural flag football league. The 864th Engineers' defense gave Garrison all they could handle, but Garrison emerged with a 12-6 victory.

The Six Packers came from behind with nine seconds left in the game to win with a 23-yard field goal to give the Corps of Engineers its first loss of the season.

Other scores

Corps of Engineers 23; LEC 2
Six Packers 1; LAMC 0
LEC 20; OARB 15
LAMC 42; LAIR 0

Next week's games

Monday

864th Engineers . vs . .Corps of Engineers 6 p.m.
OARB . . . . . vs . .LAIR . . . . . 7 p.m.

Wednesday

LEC . . . . vs . . . Six Packers . . . . . 6 p.m.
USAG . . . vs . . . Corps of Engineers . . . . . 7 p.m.

Thursday

Co. H, DLI-SF . . . vs . . LAIR . . . . . 6 p.m.
864th Engineers . . vs . . OARB . . . . . 7 p.m.

Commander's Cup golf

The golfing season has come to an end with the Commander's Cup Tournament. There were three divisions of play with four winners and four runners-up. In the Senior Division, Dennis Hohn (LAIR) fired a two-day total of 178 for the best low gross score. Steve Carvalho's (LAMC) two days' total of 180 and a 19 handicap gave him second place with a 142 low net score.

In the Open Division, Ken Volk (LAIR) paved the way in low gross with a 164 score. Gary Dutcher (LAIR) was runner-up with a 145 low net score.

The Callaway Division is represented by golfers who do not have an established handicap and by new golfers. There are some outstanding Callaway golfers.

Mack Pondelecik (Sixth U.S. Army) shot a 188 total for first place low gross, and second place went to Walter McAuliffe. Low net was captured by Rick Pacholczak (Sixth U.S. Army) with a 150.5, and runner-up was Tom Levitt (PSF OE) with a 153 low net total.

Fleet Week run

The Post Running team will represent the Presidio at the annual Fleet Week Challenge Run to be held at 8 a.m., Oct. 13. This five-mile road race starts at Crissy Field and goes along the bay to Pier 32, which is just south of the Bay Bridge.

People can still enter this race by picking up an entry blank at Gym No. 1 (bldg. 63) or Gym No. 2 (bldg. 1152).

Jimmy the Freak

Before you jump right into my predictions, I would like to make it clear that I am writing this column a week in advance. I got a pass from the Home for Insipid Sportswriters, and will be traveling to one of America's garden spots for a few days of R & R (I wonder how things are in Coalinga?). Please bear in mind that a lot can happen to a football team from week to week—things that can affect motivation, conditioning...and the point spread. A star player may be injured. A coach may get fired. The defensive line might get hit with a paternity suit. Steroids may jump in price. All these things must be kept in mind when you take a gander at how I see the NFL games from afar.

San Francisco 31 Atlanta 23

The Falcons are still smarting after the thrashing the 49ers gave them a couple of weeks ago. If Bartkowski plays most of the game, look for the 'Niners to get plenty of sacks. The poor guy has as much mobility as a sumo wrestler in a body cast.

St. Louis 34 Washington 14

They're redoing a famous Peter Sellers movie in honor of Joe Theismann..."The Mouth That Roared." If the 'Skins don't play any better, the national deficit will go way down...cuz thousands of civil servants will throw themselves into the Potomac like so many lemmings in heat.

New York Giants 23 Dallas 20

Lawrence Taylor goes wild whenever the Cowerboys come to town. It's not that I really like the Giants, mind you...they have the pizzazz of damp firecrackers...but the Dallas team is still looking for some identity...and a little offense. Sorry, Joe.

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Star Presidian

Vol. 28, No. 41 "Published in the interest of the people of the Presidio of San Francisco." October 11, 1985

News briefs

Pay raise

President Reagan signed a Continuing Resolution Authority (CRA) Sept. 30 allowing the government to continue operating, but at the Fiscal Year 1985 budget level. The CRA, however, does not include the three percent military pay raise or any funding for new government programs.

According to an official at the U.S. Army Finance and Accounting Center at Fort Benjamin Harrison, Ind., the October mid-month paychecks are on their way to soldiers or their financial institutions. He said that if appropriate legislation is signed and in effect before Oct. 20, the October end-of-month paychecks will include the pay raise.

According to Maj. Matt Fleumer, Presidio finance and accounting officer, the information he has indicates that the pay raise will be retroactive to Oct. 1.

Army News Service

Handicap award

The State of California's Department of Rehabilitation has selected the Presidio as one of the 10 top employers of disabled people.

At an awards breakfast Tuesday, Governor George Deukmejian presented awards during the "Hire a Winner" breakfast that many California employers attended.

On the Presidio, handicapped employees work in a variety of jobs, according to Ann Williams, a staffing assistant with the Employee Services Section of the Civilian Personnel Office.

"We've hired computer programmers, secretaries, patient representatives and military records clerks, " Williams said.

"Our program at the Presidio gives the disabled a chance to work and prove themselves, where on the outside they might never have gotten the chance," she said.

The Employee Services Section works closely with the San Francisco-based Department of Rehabilitation office by relaying the needs of the Presidio to counselors who, in turn, match those needs with the skills of handicapped workers.

The Presidio is one of the best handicapped employers in the entire San Francisco area," said Marilyn Ridgway, a rehabilitation counselor with the state office.

Fall cleanup

This is just a reminder that fall cleanup will be held from Oct. 15 to 28.

Post CSM John P. Carvalho stresses that residents are responsible for cleaning up playgrounds in their housing area also.

Each housing area will be inspected the day after its cleanup, according to Carvalho.

'Presidian' deadline

Since Monday is a federal holiday, the submission deadline for the Oct. 18 edition of the *Star Presidian* is no later than noon *today.*

The *Star Presidian* deadline is normally at 9 a.m. on Mondays for Friday publication.

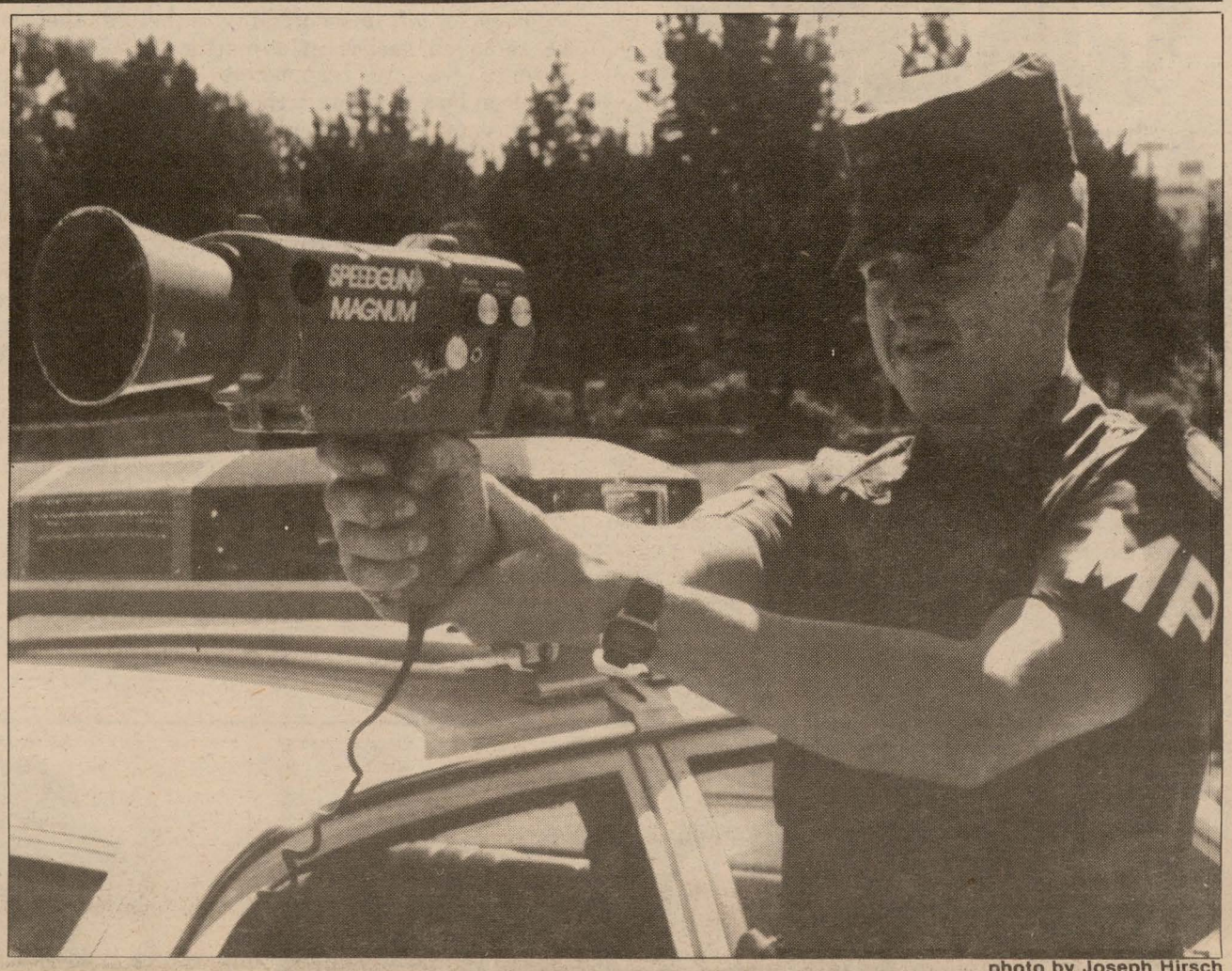

photo by Joseph Hirsch

Sgt. Michael Dennison, using a radar gun, searches for speeders on Lincoln Avenue.

MP wins top soldier award

by Debbie Campbell

The young man seemed agitated and a little tense as he took a seat, his body spring-loaded with nervous energy.

His youthful appearance couldn't disguise a mature sense of purpose and an intensity shown by his talk.

"I like to have personal challenges. I like to challenge myself. That's the attitude I take toward my job and also the way I handled the Soldier of the Month board. I studied pretty hard for two weeks," said Sgt. Michael P. Dennison, of Law Enforcement Company (LEC), winner of the September Soldier of the Month contest.

Dennison, 22, is four years into an Army career which, so far, definitely can be described as a success.

According to Dennison, he took a natural liking to Army life. "I think the Army is great. I'm real comfortable with the discipline and the attitude of the people. The traveling is nice, too," he said.

Dennison has been here for about a year and has adapted so well to his job that he recently was made NCOIC of the Traffic and Accident Investigation Section at the Provost Marshal's Office.

This job carries a lot of responsibility. Dennison is in charge of six people who investigate all accidents on post. They also work in close coordination with the post engineers to help make the roadways as safe as possible for Presidians.

Other duties include ensuring safety at special events as well as the daily retreat ceremony.

Dennison said of his job, "I'm new to the job. It's an awful lot of responsibility, but I try to be democratic about it."

When off the job, Dennison likes to surf, ski and scuba dive, though he admits his free time is quite limited.

A member of the Presidio's Special Reaction Team, he trains to be prepared for any emergency.

A native of Sacramento, Calif., he played ice hockey and baseball in high school. He also met his wife, Joanne, in California. She now works at the Pentagon Federal Credit Union.

After three years in an infantry division in Baumholder, West Germany, Dennison said he misses working in a more combat-oriented atmosphere.

"Eventually I want to go back to an infantry division or Ranger school," he said.

It's motivation and drive like this that make Dennison seem a natural as Soldier of the Month.

According to 1st Sgt. Wayne J. Fischer, LEC, Dennison has a strong desire to excel and climb the career ladder all the way up to sergeant major.

"Dennison made time to study for the Soldier of the Month board, even with his busy work schedule. He works 12- to 14-hour days," Fischer said.

For Dennison, going to the Soldier of the Month board was good practice before he goes before the E-6 board. It seems this honor graduate of the Platoon Leader Development Course has what it takes to make E-6 before he turns 23.

According to SSgt. Patrick V. Fiel, a military policeman at LEC, Dennison can accomplish any

Please see page 3

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Opinions

TAKE A BITE OUT OF CRIME

by Sheldon M. Stein

"Mama, Mama, my bike is gone!" cries a child.

"Where did you leave your bike?" the mother asks. "Did you lock it up?"

"I left it in front of the house, but I didn't lock it," the child whines.

This kind of dialogue has been increasing at an alarming rate on the Presidio within recent months.

Theft makes up about one-third of all reported crimes on the Presidio, and bicycles are currently the single most preferred item to steal. In about 95 percent of the cases, the bicycles have been left unsecured.

You either should secure your bike to a permanent object with a heavy chain which has a case-hardened shank padlock, or bring it inside your home when you're not riding it. As parents, we should teach our children always to secure their bicycles when not using them and teach them how to do so.

Bicycles left unsecured invite theft, as they can be removed easily, in a matter of seconds. As parents we are responsible for teaching our children how to protect their property.

If your child's bicycle does not have serial numbers on its component parts, engrave them with your driver's license number or Social Security number, which will help identify the bicycle if it is stolen and later recovered.

Engravers can be signed out from the Crime Prevention Section, Provost Marshal's Office, bldg. 36.

By following proper security procedures, you should not have to explain to your crying child why his or her bicycle was stolen.

Also, you are encouraged to register your bike at the Vehicle Registration Section at the Provost Marshal's Office.

Do your part to help stop fraud, waste and abuse of your tax dollars: report it. The Presidio Fraud Hotline is 561-3578. All calls are kept confidential.

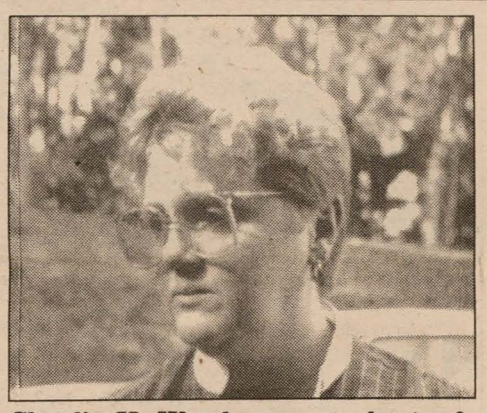
Crime report:

- A juvenile took two cassette tapes from the main PX without paying. The person was caught and the tapes recovered.
- Someone made a 10- to 12-inch scratch on the driver's side of a 1985 Isuzu truck.
- A black leather purse, containing $65, and numerous credit cards, was taken from an unlocked vehicle on Presidio Boulevard.
- Person(s) unknown took a 15-speed Firenza bicycle which was secured to a bicycle rack at LAMC.
- A person left the main PX with a paperback book without paying. The person was caught and charged with petty theft, and the book was recovered.
- An unsecured single-speed bicycle was taken from Sanches Street by person(s) unknown.
- Person(s) unknown took an Armani dark-blue wool jacket from a coat rack in bldg. 101, finance.
- A window of bldg. 1056, the sign shop, was broken by person(s) unknown.
- Two 10-speed bicycles were taken from an unsecured shed by person(s) unknown.
- There were two reported DUIs.

Ramblin' Sam

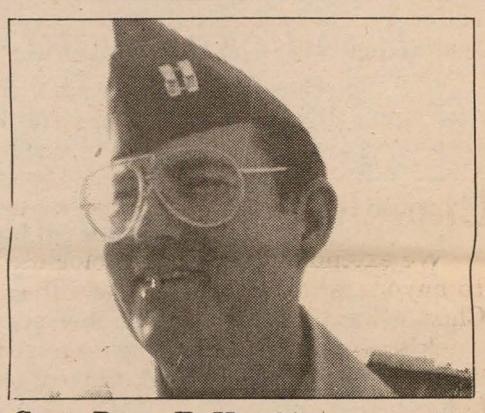
"What do you consider a real luxury?"

PFC Elizabeth Webb, administrative assistant, Sixth U.S. Army: "To me, real luxury is never having to work. It would be real luxury to be set financially for life and be my own boss."



Claudia H. Wood, property book officer, USAISC: "There are four things that I think are real luxurious: furs, diamonds, pedicures and maids."

Pvt. 2 Roy E. Pack, military police, LEC: "Real luxury is a cabin in the mountains, and an endless supply of gas for my Harley."



Capt. Perry E. Hutchison, reservist, 91st Maneuver Training Command: "Real luxury is having my RV. I bought it because I drill here and live in Los Angeles. As I tour for the reserves, I take my RV. I've been from Washington to California and east to Nebraska."

Civilians—show you're part of the Presidio!

by Liz Greeley

I remember the last time I read "Building occupants will police the area around their buildings...." I thought, "Hmmm, that means the soldiers will be out of the office."

I don't recall *ever* having seen soldiers and DA civilians picking up around a building together.

Why? Because civilians automatically conclude that directives of that sort "don't mean *me*."

Again, why? I think it's because many Presidio civilians don't think of themselves as part of the Presidio community, and some even feel forgotten.

But a community is a social group of any size whose people live in a specific place, share a government and have a common cultural and historical heritage. (Yes, I looked it up in the dictionary.)

Civilians *are* part of the Presidio community, but I guess we just forgot. As part of that community, we have responsibilites to it that go beyond just doing our jobs.

What I'm getting at is the fall cleanup. "Building occupants" doesn't translate to "just soldiers." It also means DA civilians who work in that building.

Admittedly, no one can *force* you to help in the cleanup—no one wants to, anyway. Like a blood drive, taking part in the cleanup is voluntary—something you do, if you can, as a community member.

Ahh, but how do you go about it? Won't your boss want you to be at work?

Not if your boss is beside you as you pick up around the building. If your section, branch or division chief doesn't come to you about the fall cleanup, then go to him or her and suggest it!

Hopefully, your division chief will set aside a specific time when every able-bodied person in the division (or directorate) will go out and pick up around your building.

Now, I'm *not* suggesting that you get out rakes, hedge clippers and wheelbarrows. Just go out and pick up trash, pull up weeds and put them in the nearest dumpster. See? It's really not so terrible.

Fall cleanup is being held from Oct. 15 through 28, so you have plenty of time to get the ball rolling.

But mainly, I think it's time we reminded the rest of the Presidio, and ourselves, that we're Presidians too!

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Soldier of the Month continued from page 1

mission he sets out to do. "He had the self-confidence needed to be a true leader even before he made sergeant.

"He's known in LEC for his motivation as well as for his work on the Special Reaction Team," Fiel said.

The Soldier of the Month contest was good experience for Dennison. However, there are still other rewards for winning Soldier of the Month besides gaining promotion points. His other prizes included:

- A $50 U.S. Savings Bond from the Presidio Thrift Shop;
- A jacket from DeMaestri Distribution;
- A $50 U.S. Savings Bond from the Enlisted Spouses Club;
- Use of a Tahoe condo and an athletic bag from the Morale Support Activities Division;
- A Certificate of Leadership and $750 scholarship from National University;
- A certificate for two box seats from the Oakland A's Baseball Club;
- A certificate and $50 from the Pentagon Federal Credit Union;
- Discount coupons from the Post Exchange
- Dinner for two at Scott's Seafood Grill and Bar;
- A $50 U.S. Savings Bond from The Final Final;
- Dinner for two at the Tradewinds NCO/Enlisted Club;
- $20 from the Wells Fargo Bank.
- A trophy from the Sergeants Major Association;
- A year's free membership in the local chapter of the AUSA; and
- A certificate of achievement from the NCOA.

Whether Dennison goes back to an infantry divison, goes to Ranger school or continues to work in Traffic and Accident Investigation, it is clear that he has the ability to excel.

For Dennison, winning Soldier of the Month may be just a sample of things to come.

Have any letters to the editor?

Do you have something you want to say to the *Star Presidian* public? Maybe you have an opinion or a comment you would like to share.

Then put it in writing! If you would like to write a letter to the editor, just type it (triple-spaced) and send it to:

Dear editor
ATTN: *Star Presidian*
Bldg. 37, Room 212
Presidio of San Francisco, CA 94129-6520

If you would rather your name not appear in print, then request your name be withheld from publication, but all letters *must* be signed.

But remember, this is a forum for opinion and commentary, not a way to solve major problems. If you *do* know about major problems that need attention, then call 561-BOSS.

Classic Car Rally apologies

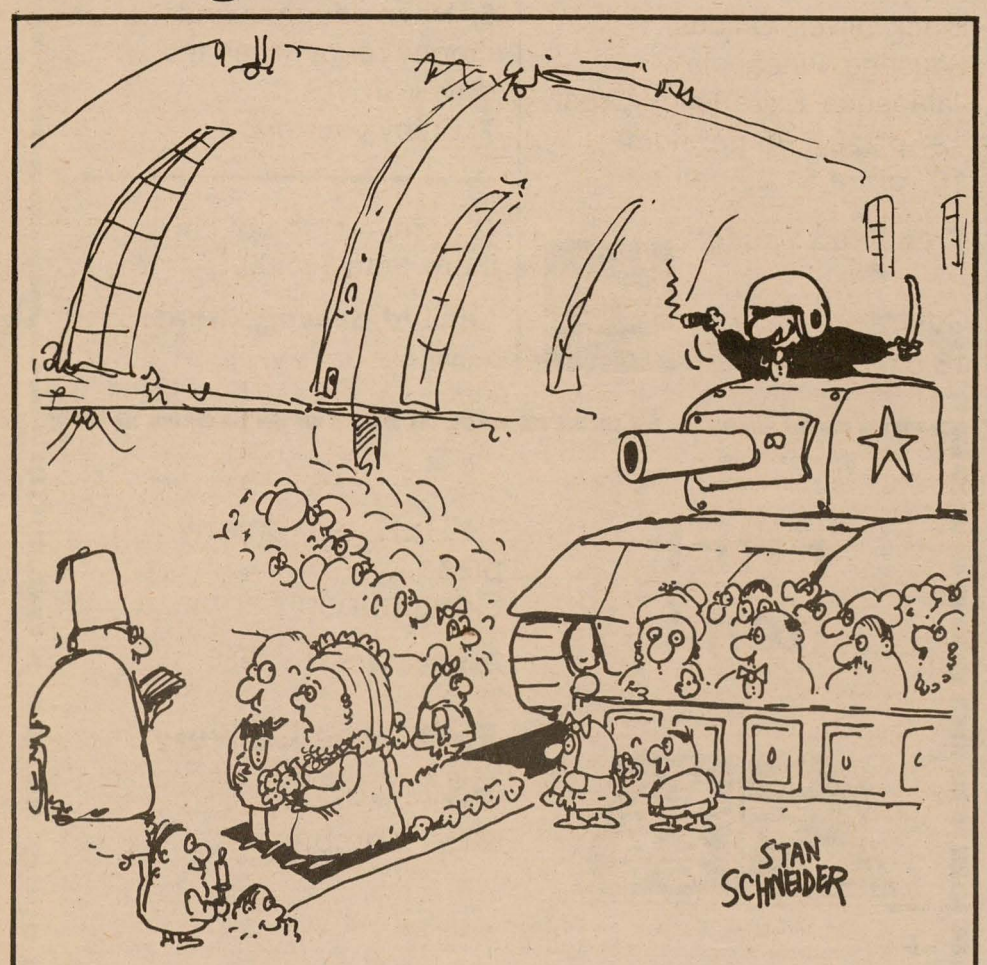
We extend our heartfelt apologies to anyone who wanted to attend the Classic Car Rally publicized in last week's *Star Presidian*—only to discover it had been held the day before.

We could offer several excuses (some of them good ones)—but that's all they'd be—excuses.

So we're sorry, and hope that if you missed the rally, you just attended the museum exhibit dedication instead. Our editor has promised to fall on her pica pole if it ever happens again.

Mea culpa,
The editor

The Lighter Side



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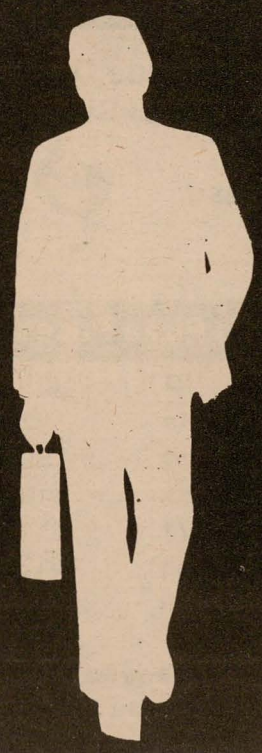

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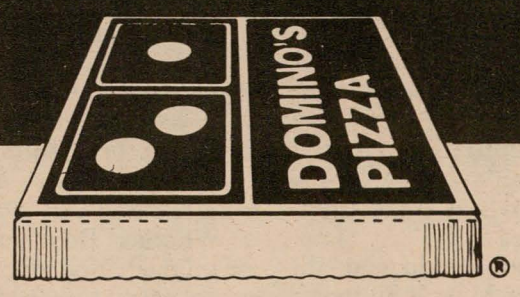

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Special Feature

Handicapped workers accentuate the positive

Story and photo by Debbie Campbell

What is a handicap? According to the *American Heritage Dictionary,* a handicap is "an anatomical, physiological or mental deficiency that prevents or restricts normal achievement."

There are people on the Presidio who are handicapped according to society, but who see their handicap in quite a different light. They might say a person is handicapped only if he or she allows himself or herself to be seen that way.

Invisible handicaps

Peter K. Dolezal, civilian personnel officer, has a handicap that can't be seen.

Dolezal is a trim, tan man, whose smooth skin and full head of hair make him appear much younger than his 37 years.

Dolezal has been a diabetic since the age of 15. At that age, his newly discovered disease was not easy for him to handle.

"As a teenager, you just want to fit in, to be like everyone else. Being thrown into that situation was quite a shock. At first I tried to fight it," he said.

Though he eventually got used to taking medication and restricting his diet, Dolezal soon found that his disease placed more restrictions on him.

Dolezal wanted to go into the military or join the foreign service after college. He found that, with his disease, he simply couldn't pass the physicals.

After graduating from Bradley University in Peoria, Ill. Dolezal turned to a government job in personnel as the best substitute for his thwarted aspirations.

"I feel a great sense of loyalty to the Army. It may sound corny, but the main reason I accepted the government job with the Army was it was the closest I could get to active duty," he said.

Dolezal is a good example of someone who never let his handicap ruin his chances for success. He said he doesn't feel handicapped. Indeed, the success he has made of his career would suggest that this is true.

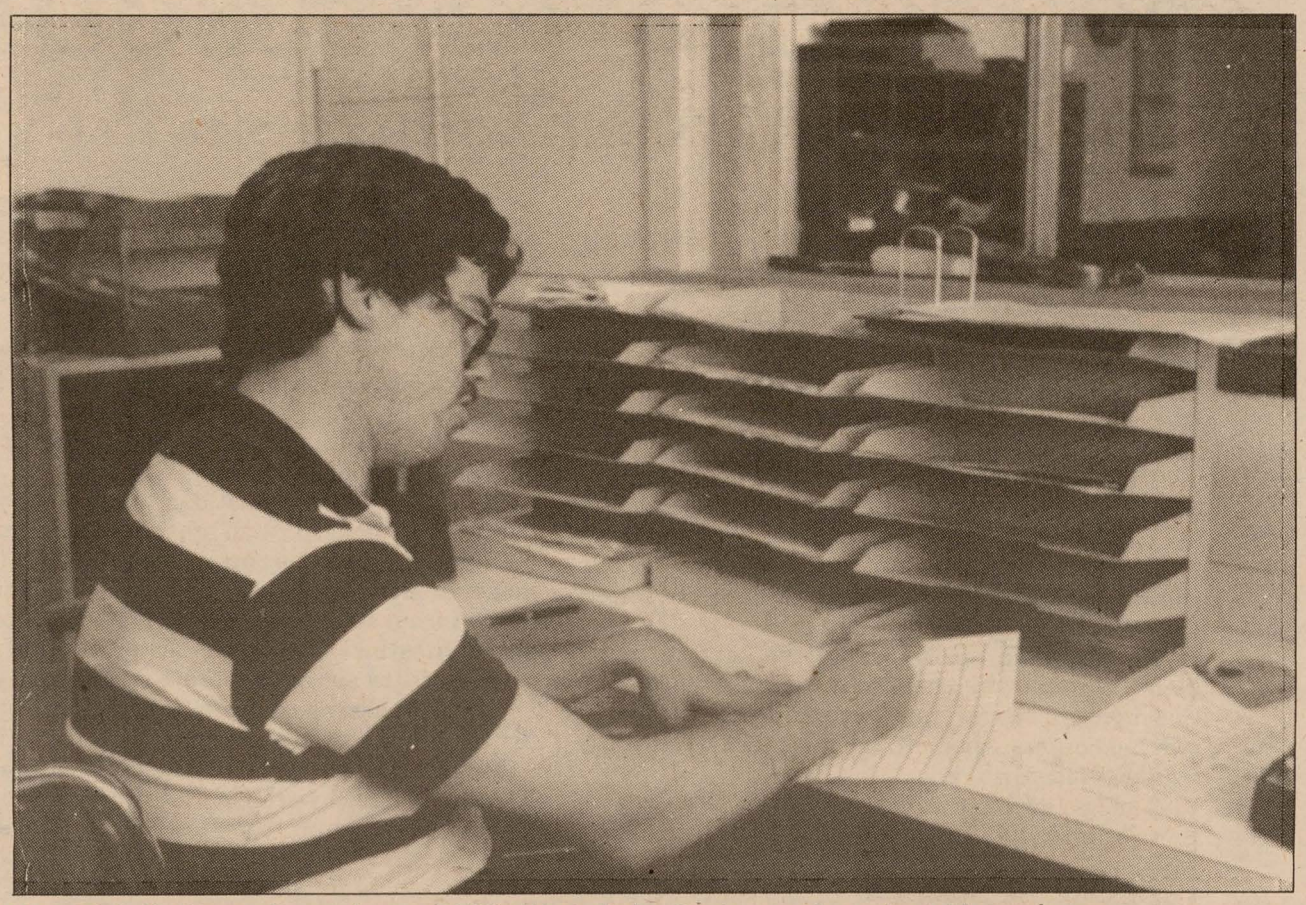
Graves' disease

Sylvia C. Hurdle, a personnel clerk at the Defense Language Institute-San Francisco, is an attractive young woman with a friendly, articulate manner. Like Dolezal's, her handicap is not visible, except that it has had an effect on her facial features.

At 32 she has Graves' disease, which is an irregularity of the thyroid gland. Her body produces enough hormones for four people. Some side effects of this are that her heart rate is extremely high and she has gained about 40 pounds. The disease also affects hair growth and her voice, as well as making her eyes protrude a bit.

Luckily for Hurdle, in an odd way, the disease was discovered when she fell last year and broke both ankles. This led to tests that revealed the thyroid problem.

At that time, Hurdle had been working in retail sales, where she was always on her feet. This changed because of the severity of her fractures, as well as because of Graves' disease. She also discovered she has arthritis, which increased the disablility.



Michael J. Halloran, dispatcher at DEH's Work Order Desk, says he enjoys his work.

Hurdle had help from the California Department of Rehabilitation, which helped develop her skills in clerical work in order to get her present job in personnel.

Hurdle said, "I don't really feel handicapped, except when it's cold and my arthritis bothers me. Some days I wear slippers to work because my feet are swollen.

"At first I felt the disease put a lot of limitations on my life. But once I understood everything, I realized it wasn't permanent."

Hurdle takes about 22 pills a day to control the effects of Graves' disease. She said the pills aren't having the desired effect, so she may agree to have an operation to help reverse her thyroid problem.

Though an operation seems drastic, Hurdle is optimistic. She doesn't let her condition affect her work. "I like my job. I just have to do the best I can with what I have," she said.

Visible handicaps

Though her handicap has a profound effect on her life, it is not really visible. Michael J. Halloran has a more visible handicap.

Halloran is the dispatcher for the Directorate of Engineering and Housing (DEH) Work Order Desk. A victim of cerebral palsy since birth, Halloran has the optimism and strength of character some people achieve only through years of struggle.

He hasn't let his birth defect or his cumbersome wheelchair get in the way of success.

Halloran, 26, has taken classes in broadcasting and communication at a local college, where he's learning to write copy for radio and television. He said he thinks it's "better to go to school to broaden my own horizons."

Halloran is not totally restricted to his wheelchair. He can walk long distances, and took part in the Bay to Breakers marathon.

He has been working for the government for about two and a half years and has only good things to say about it.

"The government opened doors for disabled people more than any other organization. They want the disabled to be happy, and to be able to work with a good outfit," he said.

Thinking of others

Halloran also tries not to let his handicap bother other people.

"I like to come away from anything with a positive attitude. I try to make people feel comfortable, as if I had no disability," he said.

Above all, Halloran knows that you can't force people to think your way, and that you have to take one day at a time.

His colleagues at DEH seem to be among his favorite people. "The people I work with are the greatest!" he said with a wide grin.

Each of these three people is special in his or her own way, but they have some things in common, too. Their handicaps are not alike, but they have the same positive attitude that has helped them succeed. And they all seem to remind others that a handicap is only in the eyes of the beholder.

At the movies

Presidio Theater

Fri, Oct. 11	E.T. The Extraterrestrial (PG)	7 p.m.
Sat, Oct. 12	Summer Rental (PG)	7 p.m.
Sun, Oct. 13	Summer Rental (PG)	7 p.m.
Mon, Oct. 14	Summer Rental (PG)	7 p.m.
Tue, Oct. 15	Mask (PG-13)	7 p.m.
Wed, Oct. 16	The Falcon and the Snowman (R)	7 p.m.
Thu, Oct. 17	Real Genius (PG)	7 p.m.

Schwartz Theater

Mon, Oct. 14	E.T. The Extraterrestrial (PG)	7 p.m.
Wed, Oct, 16	Summer Rental (PG)	7 p.m.
Thu, Oct, 17	Mask (PG-13)	7 p.m.

Hamilton Theater

Fri, Oct. 11	Missing In Action (R)	7 p.m.
Sat, Oct. 12	Treasures of the Snow (G)	1 p.m.
Sat, Oct, 12	Code of Silence (R)	7 p.m.
Wed, Oct, 16	Mademoiselle (PG)	7 p.m.
Thu, Oct. 17	Bullit*	7 p.m.

*No rating available

Search and rescue

Presidians assist semi annual Coast Guard exercise

Story and photos by Joseph A. Hirsch

The captain of the pleasure boat Mile Rock was frantic, almost panicky, when he spoke into the mike of his marine radio.

"This is just a drill," were the first words he spoke.

Monitoring the distress channel on Yerba Buena Island, a Coast Guard radio operator asked the captain the condition of his boat.

The next few words the captain spoke told waiting rescue teams they couldn't hesitate to find his troubled boat.

"This is the Mile Rock. I've got a serious engine fire and people are jumping into the water. I need your help," the captain said.

As the radio operator told the captain to remain calm and that help was on the way, nearby Coast Guard rescue crews, manning four boats and two helicopters, sped off, heading just west of the Golden Gate Bridge.

The people, the equipment and the 50-degree San Francisco Bay water were real; the situation was not.

On Sept. 30, local Coast Guard units used the fictitious Mile Rock to hold a twice-yearly drill to test their search and rescue readiness. An evaluation team graded their response.

The Mile Rock's passengers came from two Presidio units, Company D, 864th Engineer Battalion, which sent 12 soldiers, and Sixth U.S. Army's Readiness Group-Presidio, which sent 10.

"We're testing the knowledge and readiness of these teams," said Lt. j.g. Richard Arnold, commander of the Coast Guard's cutter Point Heyer and the officer in charge of the search and rescue exercise.

Although everyone involved in the exercise knew what was going to happen, Arnold asked the soldiers to play the part of panicked and injured sightseers as best they could.

"These rescue teams need to react just as they would if it were the real thing," Arnold said. "So having the soldiers in the water, acting scared and hurt, makes the rescuer concentrate on what he's doing.

"If it were just a joke, no one would get anything out of the training," he said.

To add to the realistic situation, two small boats were doused with gasoline and set afire. Soldiers were made up with moulage (special makeup) kits to make their injuries look as if they ranged from serious burns and broken bones to exposed intestines. The rescue teams handled each of their patients as they would a real casualty.

As the passengers were pulled from the water by the rescue boat's crews, they were examined and treated according to their injuries. The most seriously injured were airlifted from the ships.

Helicopters from the Coast Guard station in San Francisco played a vital role in getting the most seriously injured patients to Crissy Field.

Because their schedule didn't permit, ambulance crews from Letterman Army Medical Center didn't participate. In a real emergency, according to Arnold, the hospital would meet the choppers and ships bringing patients in with a triage area that is used in disasters.

Suddenly, in the middle of the exercise, a call from the Coast Guard's main station alerted the boats and 'copters that a person was going to jump from the bridge.

Immediately, attention turned from the exercise to trusses on the bridge above, where a woman was reported to be getting ready to jump.

The three-man crew of a 30-foot rescue boat from the Coast Guard station at Fort Point had just dropped off four victims from the Mile Rock. They were on the way back to the exercise area when the call came in about the jumper. They searched, but didn't find anyone.

"I was pretty pumped up during the exercise, and then the call for the jumper came in," said Petty Officer 1st Class Terry McDougall, a crew leader on the rescue boat.

"The exercise showed a lot of teamwork between the units. Not every accident is going to happen so close to us, and everyone has to work together to get the casualties back to shore," he said.

Crews man the station at Fort Point 24 hours a day. In addition to their search and rescue missions, the crews spend a good deal of time patrolling the shore and enforcing maritime law.

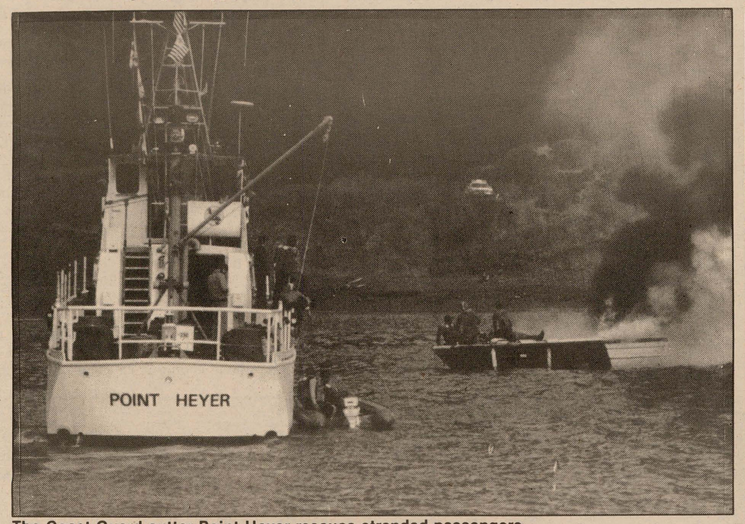
Senior Chief Petty Officer Robert Adams, the senior enlisted man in charge of the station, said the drill's success was due to a number of things.

"For starters," Adams said, "we couldn't have done this without the help of the soldiers who jumped in the water and played our victims.

"The training team that was here to evaluate our performance gives a hard look at how the crews react on short notice.

"Part of their evaluation includes how well they treat the exercise as the real thing. There's nothing pretty about our boats, and we didn't put our best crews on duty the day of the drill. If the crew makes a mistake, this drill is a way they can practice and make it right. It would be nice to say that we hope we never have to use these SAR [search and rescue] skills, but we logged in over 450 missions last year. At a little better than one day, we have to be ready," he said.

Three Coast Guardsmen, in a 30-foot search and rescue boat, take on passengers from the 50-degree San Francisco Bay. A helicopter stands by to airlift them to Crissy Field.



The Coast Guard cutter Point Heyer rescues stranded passengers.

SP4 Donald Broderick, Company D, 864th Engineer Battalion, was made up with moulage to simulate severe head injuries for the exercise.

A Coast Guard chopper readies to lift victims from the water and take them to Crissy Field.

A Coast Guard helicopter lifts a "wounded" 864th Engineer from the Point Heyer.

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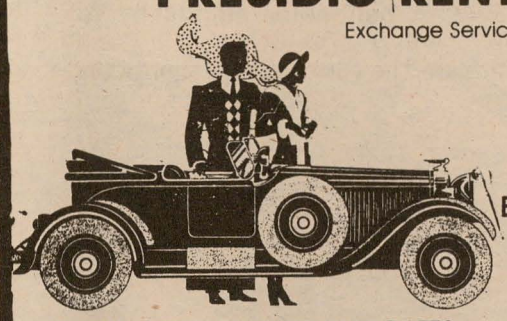

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Community Calendar

Teen club

Have you heard about the new teen club that is making a lot of news? It is the Presidio Teens Inc. (PTI), and was formed by Star Terrell (mayor of the 800 area) and the idea was to create unity between teens and the adults in the area.

The club meets every Sunday at MacArthur Park at 5:30 p.m. to talk about future activities. President Jesse Leon Guerrero is getting the club off to a good start. Already he has helped the club sponsor the *Rock the Cabin* dance that was held on Sept. 27 and was a huge success.

If you just happened to miss the first event, don't despair, just come to the Halloween dance and help us *Spook the Cabin* Oct. 25. Don't miss it!

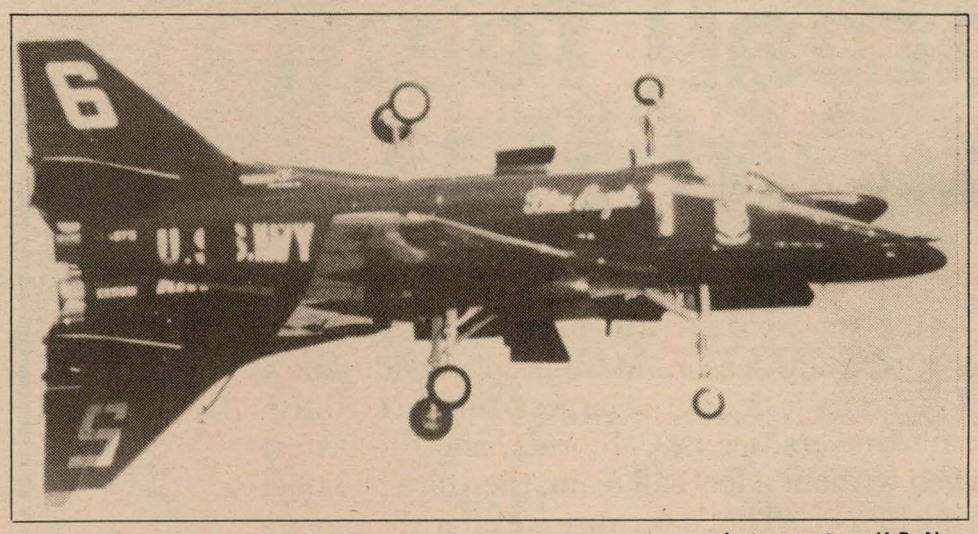

photo courtesy U.S. Navy

Fleet Week 'Blues'

The Navy's Blue Angels will fly precision maneuvers over the bay tomorrow from 11:30 a.m. to 12:05 p.m. as part of Fleet Week celebrations.

Education

Survey results

This summer, the Presidio Education Centers surveyed soldiers with less than two years of college about their educational needs and desires. Results showed that most soldiers want courses on post that meet two nights a week for eight weeks, cost the student $50 to $74 in tuition and count toward a desired degree.

From Oct. 21 to Dec. 12, three courses that meet these criteria are *planned.*

Introduction to Economic Analysis (ECON 100) and Psychology of Group Interaction and Career Development (PSY 202) will meet Mondays and Wednesdays from 6 to 8:45 p.m. The Humanities: Major Works (HUM 130) will meet on Tuesdays and Thursdays, 6 to 8:45 p.m.

Who needs these courses? Probably you! Economics is a requirement for almost every college degree in business or management. Economics or psychology can be used by anyone who has not completed all social science requirements for a degree. Humanities can be used by anyone who has not completed all humanities requirements for a degree.

Tuition for each course costs $51.37 or $20.55, depending on rank and years of service. DA civilians are welcome also.

To find out more, call or visit the Fort Scott Education Center, bldg. 1216, 561-2974, or the LAMC Education Center, bldg. 1007, 561-4030.

Promotion points

Are you a soldier looking for promotion to sergeant or staff sergeant? Would you like to know how your Education Centers can help you reach your goal?

The new 1,000-point promotion worksheet is divided this way: 200 points for duty performance, 50 points for awards and decorations, 150 points for military education, 100 points for civilian education, 100 points for military training, 200 points for the SQT and 200 points for the promotion board.

Let's start with civilian education. You can earn points four ways: first, complete a college course and earn one point for each semester hour of credit; second, pass college-level tests, such as CLEP, and earn one point for each semester hour of credit recommended by the American Council on Education; third, complete a course from a business, technical or correspondence school and earn one point for each 16 hours; and fourth, improve your education by earning a high school credential, completing a college course or raising your GT score and earning 10 points.

The Education Center also can help you maximize your score on other areas of the worksheet. For example, the Army Correspondence Course Program gives soldiers a twofold bonus. You improve your performance in your MOS, and you earn promotion points at the same time. For every five hours of study, during your free time, you can get credit for one promotion point. If you can handle it, more than one correspondence course may be taken as long as you study in different schools—one course in your own MOS (Quartermaster, Signal or Engineer School, for example) plus another in, say, Infantry School or the Soldier Support Institute, which has courses in computer programming and finance.

Getting a good score on your SQT is important. The Education Center has your Soldiers' Manuals or the new Soldiers' Training Publications (STPs), which are the prime source for preparation for the tests. The field manuals, training manuals, pamphlets and Army regulations that cover your learning tasks are right on the shelves for reading or checkout. Training Extension Course tapes also are available. Those that are needed to improve your skills in the Common Task Test, now a part of your SQT, are set up for review.

Finally, there is the matter of promotion board preparation. Your training resource staff and librarians know which Army regulations have to be read, and there is a promotion and Soldier of the Month study guide which can be loaned out to you.

So, what are you waiting for? Your future career is the payoff. Come on in to the Army Education Centers now!

Secretarial skills

Military Correspondence and Typing I and Typing II will be taught at the Education Center, bldg. 1216, from Oct. 22 through Dec. 20. Military Correspondence is taught Tuesdays through Fridays, 7:30 to 9:30 a.m. and Typing I and II are taught Tuesdays through Thursdays, 9:30 to 11:30 a.m., and Fridays, 9:30 to 10:30 a.m.

Soldiers, DA civilians and adult family members are eligible to enroll in the courses, and there is no fee.

For more information, or to enroll, call the Education Center at 561-2974 or 561-4445.

...the write stuff...

by Ted Weller

And once again the time is upon us...not that we were unaware that it was coming, for it comes here twice a year.

Yes, of course, I am speaking,...writing...of the fall version of the semiannual Presidio of San Francisco Cleanup Campaign.

Once again we are ALL, let me repeat that ...ALL...involved in the cleanup, whether "we" are soldiers, family members or DA civilians. For 13 days beginning Tuesday, all Presidians need to pitch in to help keep the "oldest continuously active military installation in the United States" looking its best.

Even though the housing and troop billet areas have been accounted for in the scheme of things, as well as the "common" areas throughout the post, also of importance is the immediate vicinity of the administrative and logistical buildings. Building occupants...workers...need to take a look at their surroundings and pull a weed here, clear a drain cover there and pick up the accumulation of windblown paper all around the building.

The secret to this whole affair is the fact that everybody needs to do his or her part; then we...ALL...can get back to work with a minimum of distraction.

And we can get back to...

Stanford vs. UCLA in Palo Alto tomorrow at 1 p.m., with Stanford offering a military discount on all home football games for general admission seating. The price is $3 with an active duty ID card, and tickets go on sale 1½ hours before kickoff. These tickets are sold on a first-come, first-served basis.

Great America in Santa Clara...about 50 miles south on Highway 101...will be celebrating Oktoberfest tomorrow and Sunday. Tickets are available for $9.50 at the ITT Office, bldg. 385. Call 561-3992 for more information.

There will be a tour of San Francisco's coastal defense fortifications, 2 to 4 p.m. tomorrow. Meet at the north end of the Baker Beach parking lot. Bring a flashlight!

Fleet Week will kick off tomorrow with military band performances beginning at 9:30 a.m. at the Marina Green (USMC), Pier 39 (USN) and Crissy Field (Sixth U.S. Army); a demonstration by Special Boat Unit Eleven off Crissy at 10 a.m.; and the parade of ships through the Golden Gate at 10:45 a.m.

The ships will be open to the public at Piers 27, 30-32 and 45, tomorrow after the parade and on Monday.

The Five-Mile Fleet Week Challenge Run...the Presidio is the defending champion...from Crissy Field to Pier 30-32 begins at 8 a.m. on Sunday. Be there and show them that San Francisco is an "Army town" too!!!!!!!!!!!

After we win the run again, all the shutterbugs should check out the Photo Flea Market in Building A, Fort Mason Center, from 11 a.m. until 4 p.m. The admission is FREE.

San Francisco's Columbus Day parade will swing through the northeast side of the city from 1 to 3:30 p.m. on Sunday. More than 200 units will mass at Market and Spear Streets and move west on Market, north on Kearny, northwest on Columbus, north on Stockton and west on Filbert, passing in review on the north side of Washington Square...Whew!! That was Common Task #071-329-1003 come to life in 60 words or less...

Go out and have fun with your holiday weekend, but please take care when driving so we will see you all on Tuesday!

This week in Presidio's history: October 14, 1911—companies of 30th Infantry and one battery of field artillery are reviewed by President William Howard Taft at the ground-breaking ceremonies of the Panama-Pacific International Exposition.

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New classes begin the week of October 28

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Sports

Flag football

The Presidians remained undefeated with a 3 win-no loss record in the Central Pacific Sports Conference eight-man Flag Football League, after wins over Naval Air Station Lemoore by scores of 12-9 and 22-7.

Scoring on a 40-yard touchdown pass from Rudy Russell to Robert Collier, the Presidians moved to an early 6-0 lead in the first quarter of the first game, only to have the sailors of Lemoore come right back to score 9 points on a touchdown, a successful point-after-touchdown and a safety, all in the first period, to go ahead 9-6 at the half, as both teams failed to score in the second quarter.

In the third period, Glister Collins intercepted a pass and ran it back 65 yards for a Presidian score and a 12-9 victory as the defensive unit shut out Lemoore for the remainder of the game.

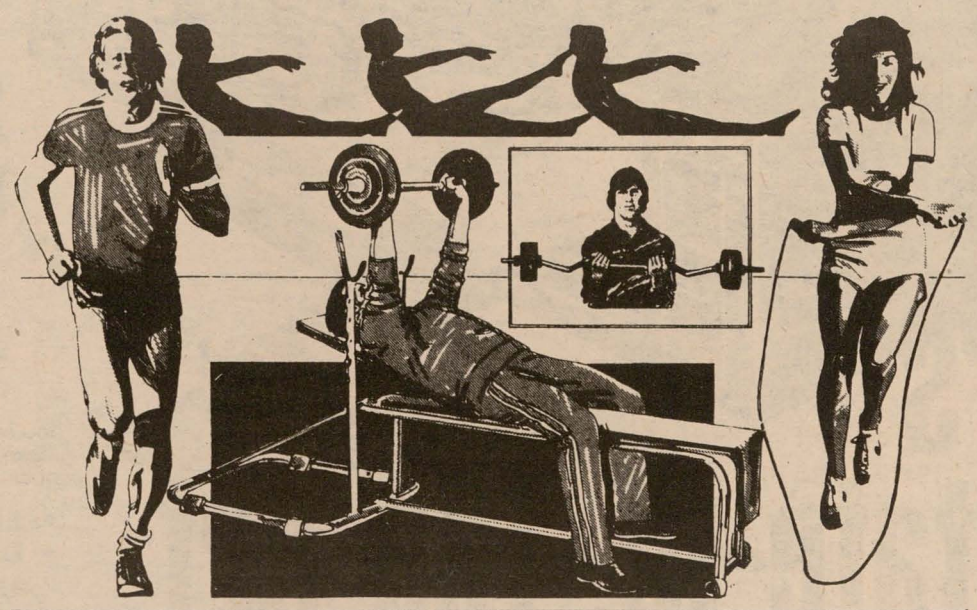
In the second game, Lemoore took a 10-8 lead at halftime. Then the Presidians scored on a 9-yard touchdown pass from quarterback Russell to Collins and a successful 2-point point-after-touchdown from Russell to Dennis Perry.

At the end of the third period, the Presidians trailed 17-16 after Russell's 5-yard touchdown pass to Perry and then hitting Eric Randolph for another 2-point point-after-touchdown.

The margin of victory came in the final two minutes of play, as quarterback Russell controlled the ball and finally hit Cedric Archie for a 7-yard touchdown pass and a 22-17 conquest over the defending league champions.

Earlier in the week, the Presidians defeated Skaggs Island 28-12. Collier paved the way for the win by taking the opening kickoff 65 yards for a touchdown, followed by three touchdown passes by Russell to Douglas Jackson, Eric Thomas and Collins, respectively.

The team traveled to Mare Island on Oct. 8 for their next game.



Next week's games

Wednesday

LEC	vs.	Six Packers	6 p.m.
USAG	vs.	Corps of Engineers	7 p.m.

Thursday

USAG	vs.	OARB	6 p.m.
Co. H, DLI-SF	vs.	864th Engineers	7 p.m.

Can't tell the players without a score card (or an acronym chart)? Then here goes: USAG is U.S. Army Garrison; LAMC is Letterman Army Medical Center; LEC is Law Enforcement Company; OARB is Oakland Army Base; and DLI-SF stands for Defense Language Institute-San Francisco.

Football standings

Teams	Won	Lost
USAG	4	0
Sixth U.S. Army	4	1
Corps of Engineers	3	1
LAMC	3	2
LEC	2	2
864th Engineers	1	2
OARB	1	2
LAIR	0	4
Co. H, DLI-SF	0	4

Fleet Week Run

The Post Running Team will represent the Presidio at the annual Fleet Week Challenge Run to be held at 8 a.m. Sunday. This five-mile road race starts at Crissy Field and goes along the bay to Pier 32, which is just south of the Bay Bridge.

The post team won the corporate team title last year and returns this time with a stronger and more experienced team.

The team members are Lon Kincannon, Freddie Justiniano (LAIR), Reggie Humdy, Sam Rojas (LAMC), Kevin Call (USAG), Tom Murphy (Sixth U.S. Army) and Bob Darling (Sports Branch).

People can still enter this race by picking up an entry blank at Gym No. 1 (bldg. 63) or Gym No. 2 (bldg. 1152).

Powerlifting trials

The 1986 Army Powerlifting Trials (for men) will be held Nov. 17 through 23, followed by the Armed Forces championship Feb. 8 through 13, 1986, at Fort Lewis, Wash. People interested in being considered to participate or coach in powerlifting should submit their applications through the sports branch office in bldg. 63.

There are 11 weight classes. Each application must include certified lift totals from official competition. Lift totals for post command championships will be accepted, provided they are certified in writing by the post or command sports directors.

All applications must be received by Headquarters, Department of the Army, no later than Oct. 31. For more information, call 561-4120 or 561-5032.

Aerobics

Get fit or stay fit!!! Inspiring high-energy exercise classes are held daily at Gym No. 1, bldg. 63. Exercises will stretch, tone and strengthen your body with aerobic conditioning. All exercises are done to popular music.

Classes are ongoing, so you can join any time, but monthly registration is encouraged and saves money.

Classes are held Tuesdays and Thursdays from 4:30 to 5:30 p.m. and from 5:45 to 6:45 p.m.; the instructor is Karen Behnke, R.N.

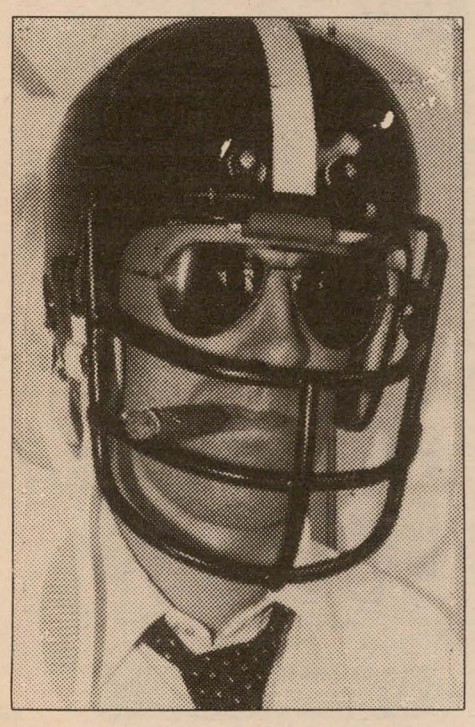
Monday, Wednesday and Friday classes are held from 11:30 a.m. to 12:30 p.m., and the instructor is Melody Pedricks.

The cost for aerobics classes is $3 a class if you sign up for the month and $3.50 if you drop in.

There is a FREE introductory class for interested people. Classes are open to both men and women of all ages and levels of fitness. Participants are encouraged to exercise at their own pace.

For more information, call 561-4120 or 753-8733.

Jimmy the Freak



What's red, white and gold, has four arms and eyes all over its head? Well, I don't know either, but the Falcons believe that Joe Montana fits the description...the guy must be so arm-weary, after 57 passes, that he'll barely be able to pick up his hefty paycheck this month. When Joe sees the other teams conceding short passes, he must feel like a postal employee...if they're going to give it to you, why work hard for it? Anyway, here are my guaranteed picks for this week's games...and the check is in the mail:

San Francisco 27 Chicago 23

This has the potential to be the toughest game of the year for either team. Wild-and-crazy Jim McMahon would really enjoy beating the 'Niners...almost as much as "head-butting" the approach ramp to the Golden Gate Bridge. There's lots of scar tissue between that trooper's ears.

Kansas City 30 San Diego 21

There's two answers to the question, "Can the Chargers beat the Chiefs without Dan Fouts?" They are *nyet* and *non*, as they say in Kiev and Dijon, respectively. Tom "Loud Mouth" Bass is gone as San Diego defensive coordinator.

Los Antisocial Raiders 28 New Orleans 13

Al Davis and his urban bandits can finally do something nice for the 49ers, and beat one of their conference foes. If anyone can "grease the skids" for this game, it has to be Ole Al and his 40-weight hairdo.

New York Giants 31 Cincinnati 21

I really hate to bet against a team being led by a quarterback named Boomer. I guess he has a temper with a short fuse to go along with his explosive personality. Anyway, unless the Giants' kicker misses four or five extra point attempts, I don't believe that the New Yorkers/Jerseyites will come up losers in this one.

Upset of the Week No. 1 Pittsburgh 23 Dallas 20

The Cowboys are good at dancing the "Texas Two-Step"—that means two steps forward, then two steps back. It seems that anytime they play against the Steelers, they take their two steps in reverse.

Upset of the Week No. 2

Tampa Bay 26 Los Agitating Rams 24

Just wishful thinking, I guess. Hopefully DeBerg will have the desire to derail da Rams' defense.

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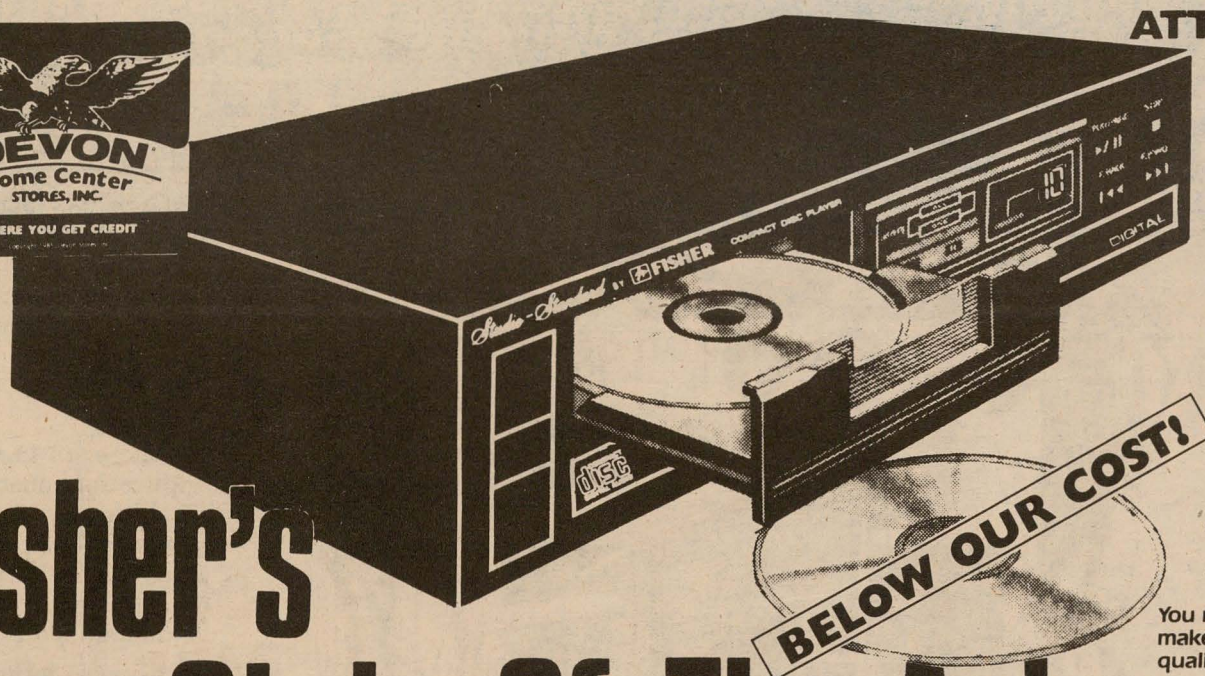

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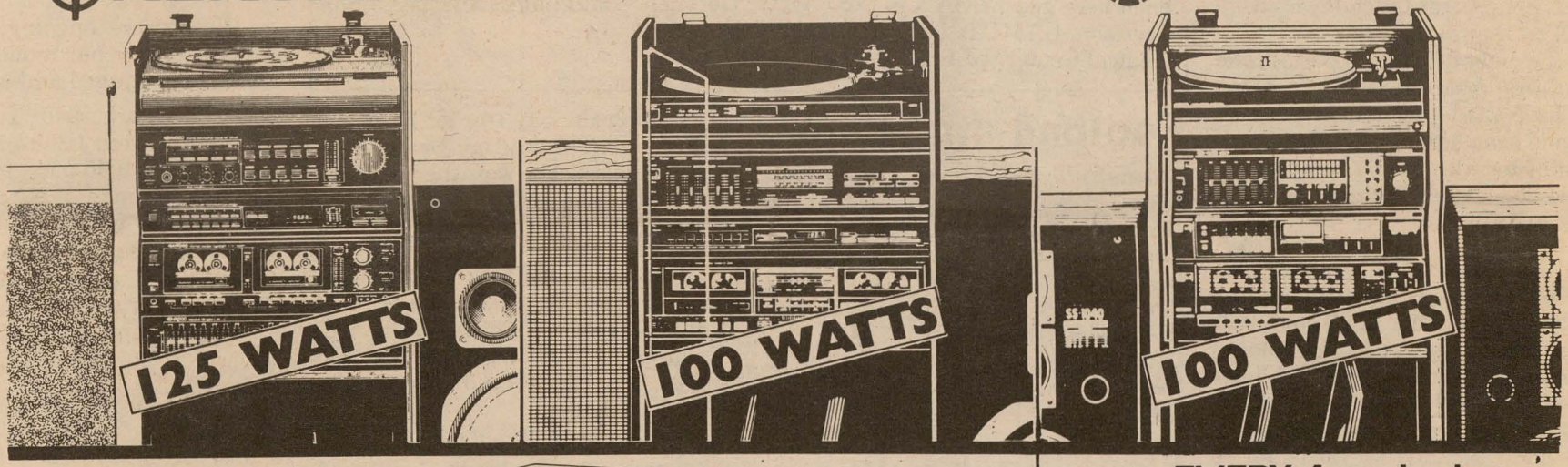

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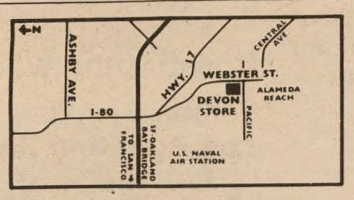

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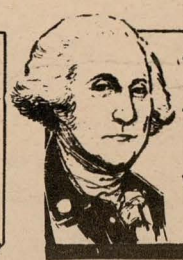
Fleet Week: ships, jets and sailors galore, **pages 6 & 7**



Yorktown: what Washington, Cornwallis were like, **page 9**

'Boat children': East meets the 'Delta Dogs,' **page 9**

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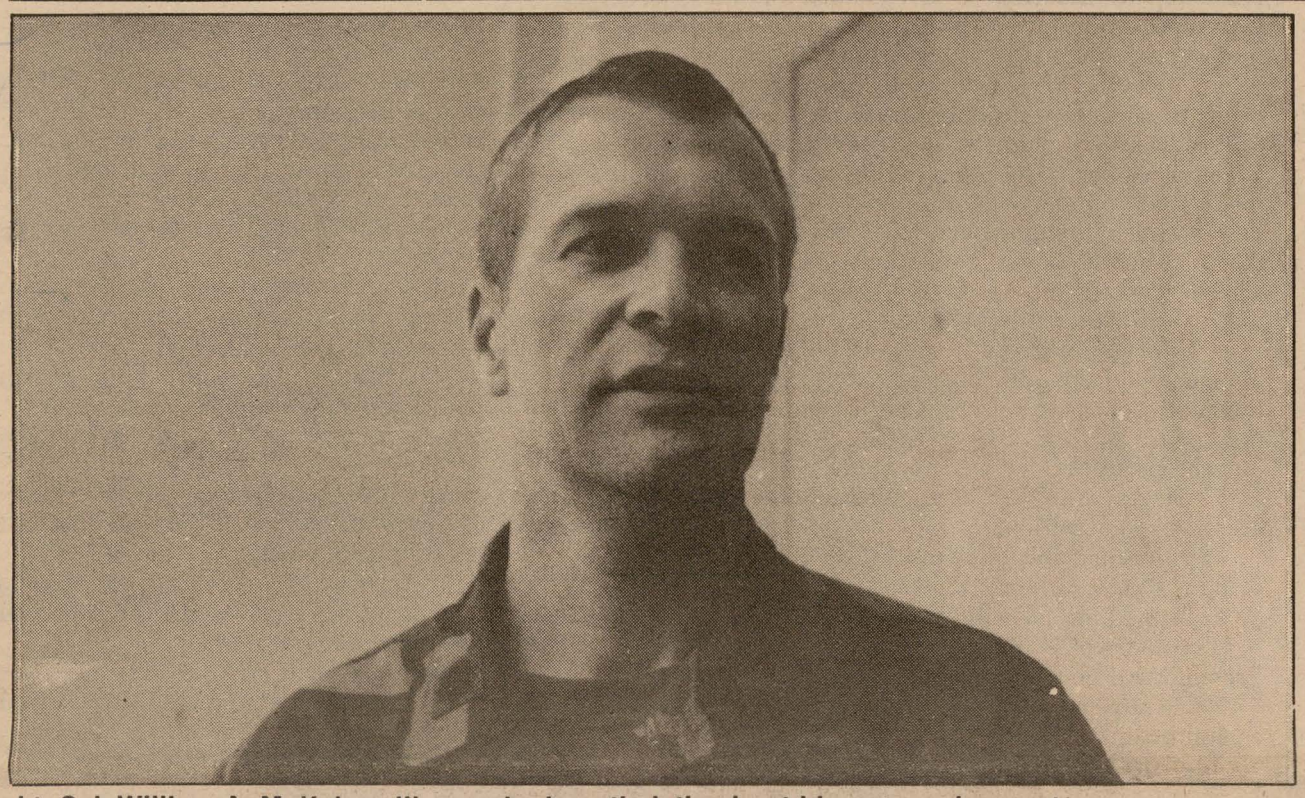

Lt. Col. William A. McKelvey III, says he is optimistic about his new assignment.

New commander takes charge of Hq. Command Battalion

Story and photo by Debbie Campbell

Command of the Headquarters Command Battalion was presented to Lt. Col. William A. McKelvey III in a change of command ceremony Oct. 8 at the parade field.

Ceding command of the battalion after almost two years was Lt. Col. David A. Neck. Neck will move on to work as the C-4 (logistics officer) of the Combined Field Army in Uijong-Bu, South Korea.

His job here was unique because he was tasked to build the battalion from the ground up, he said. "With a nucleus of officers, NCOs and lower enlisted personnel, we came up with SOPs and plans to assume command of five subordinate units," he explained.

Neck said he felt one of the greatest challenges to overcome was learning how to "stay on top of and accomplish a variety of different type missions simultaneously.

"We became experts at keeping a lot of balls in the air at one time and not dropping them," he added.

Though he admits that the battalion has not yet met its full potential, that's just a matter of time, according to Neck. It normally takes a new organization five years to reach full potential.

Neck said he was satisfied with the performance of the soldiers in his command. "The soldiers here are quality. There are a lot of professionals working from the lowest ranks all the way up," he said.

The new commander, McKelvey, a native of South Carolina, received his commission in 1968 after graduating from the ROTC program at New Mexico State University.

His past assignments include a two-year tour of duty at the Pentagon in Washington, D.C. and a three-year tour of duty in West Germany, which gave him the chance to travel all over Europe as a member of the U.S. Army European Headquarters Inspector General's inspection team.

His other assignments include two tours with the 82nd Airborne Division as well as the 1st Cavalry Division in Vietnam.

The new commander is ready to take command of the battalion with a positive attitude. "Lt. Col. Neck and his staff did a remarkable job in putting things together. They achieved success in lots of areas. My job now is to pull the rest of those areas up to their potential," he said.

McKelvey holds a bachelor's degree in business administration from New Mexico State University, as well as a master of arts degree from Central Michigan University in personnel administration.

His military education includes the Airborne School, the Infantry Officer Basic Course and Ranger School, all at Fort Benning, Ga.

In 1980, McKelvey graduated from the Command and General Staff College at Fort Leavenworth, Kan.

McKelvey has earned the Bronze Star, the

Please see page 3

News briefs

Ft. Scott NCO Club Annex to close

Club officials have announced that the Fort Scott NCO Club Annex (bldg. 1227) will close indefinitely on Sunday, leaving soldiers in the Fort Scott area with one club choice—the main NCO Club.

"Really the club is closing for a number of reasons," said SFC Peter G. Melanson, the Tradewinds Club manager.

"The books have shown in the red for quite a while and we can't justify its [the annex] staying open.

"The crowd just isn't great enough to support it," Melanson said.

While the patron shortage is the main reason, Melanson said the Army's recent plan to deglamorize alcohol is having effects on many U.S. Army posts that have a club system.

Melanson said that other posts already have begun to close and consolidate clubs and create a family atmosphere to attract more business.

The Presidio will follow suit and Melanson said the Tradewinds NCO Club will begin a seven day a week schedule and offer specials to attract club use.

Melanson said that in the future, Presidians also may see the Information, Tours and Travel (ITT) Office and the Recreation Center move in with the NCO Club to promote a family atmosphere.

ITT and the Rec Center then would be more accessible to soldiers if the agencies consolidate with the club, Melanson said.

IG Office

The office of the Inspector General has moved back to bldg. 87, 2nd floor, Room 219.

Sunday school

Protestant Sunday School begins each Sunday morning at 9:30 a.m. There are classes for everyone, from 3-year-olds to adults.

Confraternity of Christian Doctrine (CCD) classes are also held each Sunday for children from kindergarten through junior high school age.

Both Sunday School and CCD are held at the Religious Activities Center, bldg. 682, and bus transportation is provided in the Presidio housing areas.

Please call 561-3535 for more information or come by and visit on Sunday morning.

Art auction

The upcoming art show and auction cosponsored by the Letterman Auxiliary and the Presidio Officers' Wives' Club could be the art event of the year for the Presidio community.

Bring your friends and join the LAMC Auxiliary and the OWC for this event on Friday evening, Nov. 1. Exhibition and previewing start at 6:30 p.m. The auction starts at 8 p.m.

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Opinions

TAKE A BITE OUT OF CRIME

by Terry G. Knowles

As another bullet ricocheted off the amusement park's railing, Max, Agent 86, said, "We can't go in there, 99."

"But why, Max?" asked Agent 99, still pointing to the Tunnel of Horror as a possible hiding place from the KAOS agents.

"Because there are Gollywoggles in there..." —from the TV series *Get Smart.*

Halloween, one of the oldest, fun traditions in our history, is just around the corner. In the eyes of children it is a time of cackling witches, jack-o-lanterns, candy and gollywoggles.

But in the eyes of others, Halloween has another meaning. To parents it is a time of anxiety, to law enforcement officials, it is a time of increased vigilance.

Sometimes the fun turns to cruel tricks—such as when people tamper with the kids' treats. Take some tips from McGruff and SFC Sheldon M. Stein, crime prevention NCO:

• Parents should discuss trick or treating with their children. Emphasize to your children that they should have a preplanned, well-lit route to follow and that you should know that route.

• It is *strongly* advised that you or another responsible adult accompany your children.

• Children should watch for traffic before crossing a street.

• Children should stay within the neighborhood and only visit homes they know.

• Make sure costumes are flame resistant or retardant and afford a clear field of vision at night.

• Make sure your children's costumes are not cumbersome; short enough to prevent tripping and visible to motorists.

• Only give or let your children accept wrapped or packaged candy. You are encouraged to inspect your children's bags of candy for pills, fruit that appears to be damaged, suspicious or unwrapped candy.

When you inspect your children's candy, you should be aware of the following facts provided by National Confectioners Association and the Chocolate Manufacturers Association about commonly reported suspected adulterations:

• "Needle Holes"—air holes may legitimately occur in chocolate products in the manufacturing process as nuts, cherries, and the like are covered with chocolate. These holes do not necessarily mean that someone has tampered with the candy.

• "Glass"—sugary crystals occur when sugar doesn't break down completely in processing. These crystals may look like glass, but if they dissolve in water, they are sugar.

• "Foreign objects"—chocolate "bloom" may appear as a light tan coloring on chocolate stored in a place that is too warm. This is cocoa butter rising to the surface. It may affect the appearance but the product is safe to consume.

However, it is well to remember that children are often too trusting.

If you are suspicious about your child's candy, bring it to the Military Police station where it will be examined, or call 561-2251 or 561-2252.

The hours of Halloween trick or treating on the Presidio will be from 5:30 to 8 p.m.

Let's have a happy, safe Halloween. It is an occasion meant for fun.

And do your part and help stop fraud, waste and abuse of your tax dollars: report it. The Presidio Fraud Hotline is 561-3578. All calls are kept confidential.

Crime watch

• Person(s) unknown stole travelers' checks worth $300 by unknown means from a secured desk.

• Various pieces of stereo equipment were stolen from family quarters at Fort Baker by unknown person(s).

• A 12-speed orange Huffy bicycle was taken from an unsecured storage shed next to family quarters on Sanches Street.

• A person was caught for attempted theft and possession of a burglary tool.

• After watching a woman put a lipstick, a pair of earrings and contact lens solution in her pants pocket and try to leave without paying, a store detective caught her. The woman was subsequently charged.

• Person(s) unknown took an electronic Motorola beeper from a male latrine at LAMC, which had been left there unsecured.

• A person tried to leave the Four Seasons with a package of caulk sealer in his pants pocket without paying, and he was caught and charged with petty theft and shoplifting.

• A large box containing TA50—military pistol belts, etc.—was removed from an unsecured vehicle by unknown person(s).

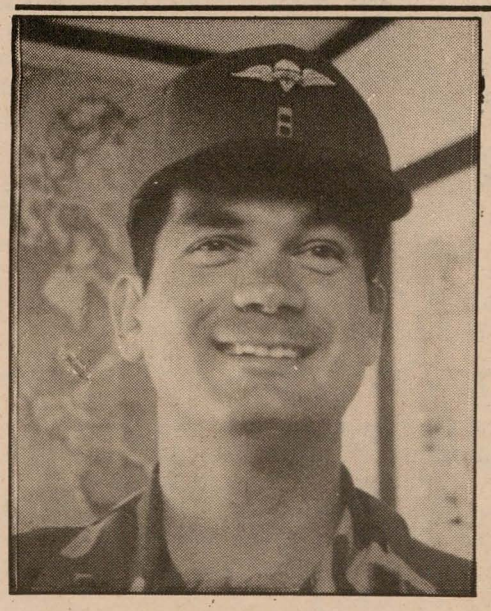
• A set of rings, worth about $2,400 was left unsecured in the ladies' room at the Officers' Club and taken by person(s) unknown.

• Person(s) unknown stole a Fuji 12-speed bicycle from a bike rack next to bldg. 1028 by cutting the locked cable.

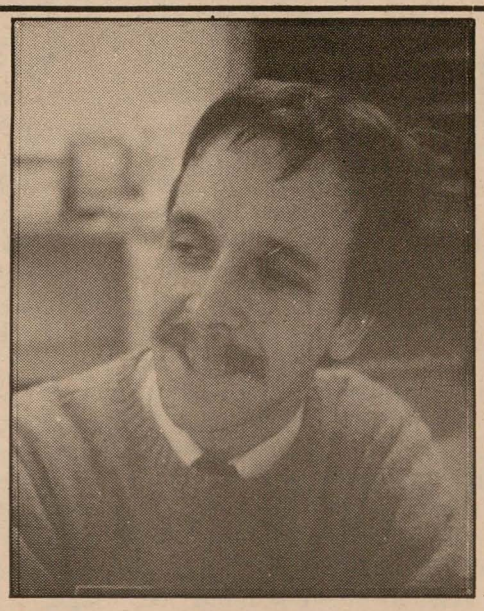
• There was one reported *DUI.*

Ramblin' Sam

"Who was or is your favorite boss?"

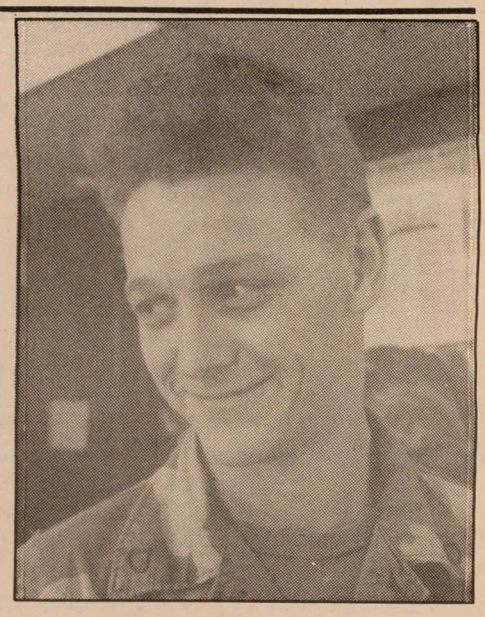


CWO 2 Gaylin Jesmer, chief air equipment technician, parachute maintenance branch: "My best boss was CWO 4 Robert Page. He gave me inspiration to do the best I could, to stay in Army and apply for warrant officer."



Terry R. Berkley, medical receptionist floater, LAMC: "My favorite is my current boss, Norman Downs. He's fair. He'll go the extra mile for you and back you up, regardless of who you are. If you're in the right, he'll do what he can."

SSgt. Marticia D. Banks-Booker, unit administrator, HHC, 7th PSYOP group: "My favorite boss was a master sergeant who is dead now, named Edward Ballard. He was a real father figure to me. We had mutual trust and confidence in each other. We had good rapport."



PFC Michael N. Connell, radio teletype operator, Company D, 864th Engineers: "My favorite boss is SSgt. Caulk, because he really cares about his troops. He takes time to listen to them. A friend of mine was going off to Korea, but he didn't have any money. Caulk made sure he got taken care of and got to the airport okay."

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New Commander continued from page 1

Meritorious Service Medal, the Air Medal, the Army Commendation Medal, the Combat Infantry Badge, senior Airborne Wings and the Pathfinder Badge.

McKelvey said he's excited about living on the Presidio because of its remarkable history. He said he feels privileged to be here in San Francisco, which he considers to be a desirable tour of duty.

The new commander is looking forward to his job; he sees it as a real challenge.

"We have good times ahead. With the quality of the soldiers and leaders, the opportunity is here to do a lot of good things.

"There will be activities to boost the esprit. I'm definitely excited," he said.

McKelvey's family has joined him here. It includes his wife, Nancy, and two daughters. Amy is a senior at Washington High School, and Ashley is a fifth-grader at Argonne Elementary School.

The outgoing commander said he "was proud to be afforded the opportunity to form a battalion from the ground up." Yet he's looking forward to his new assignment in Korea.

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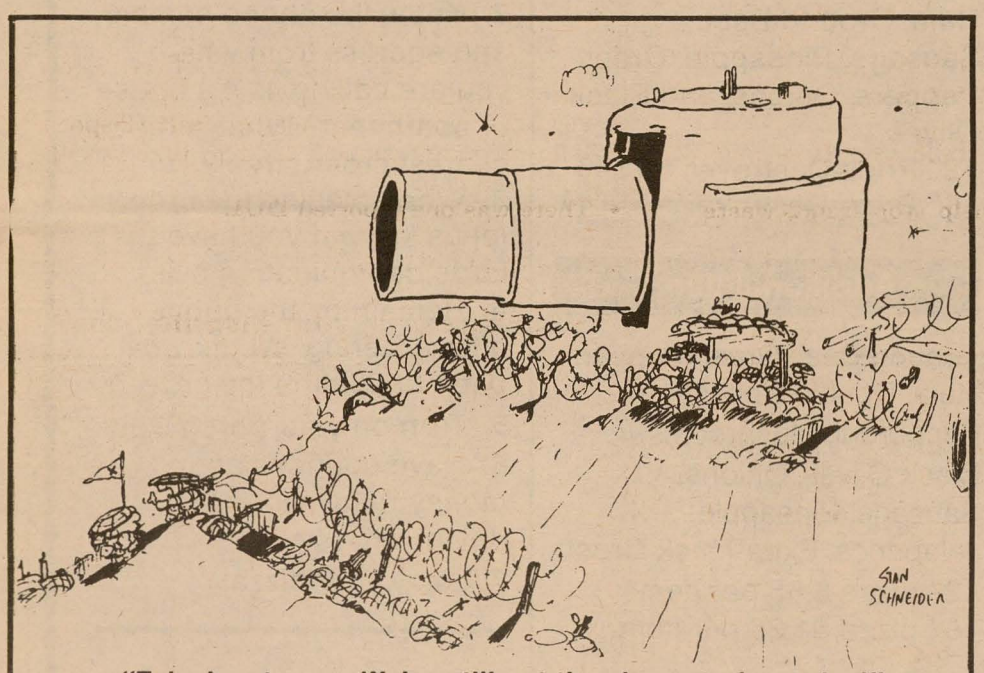
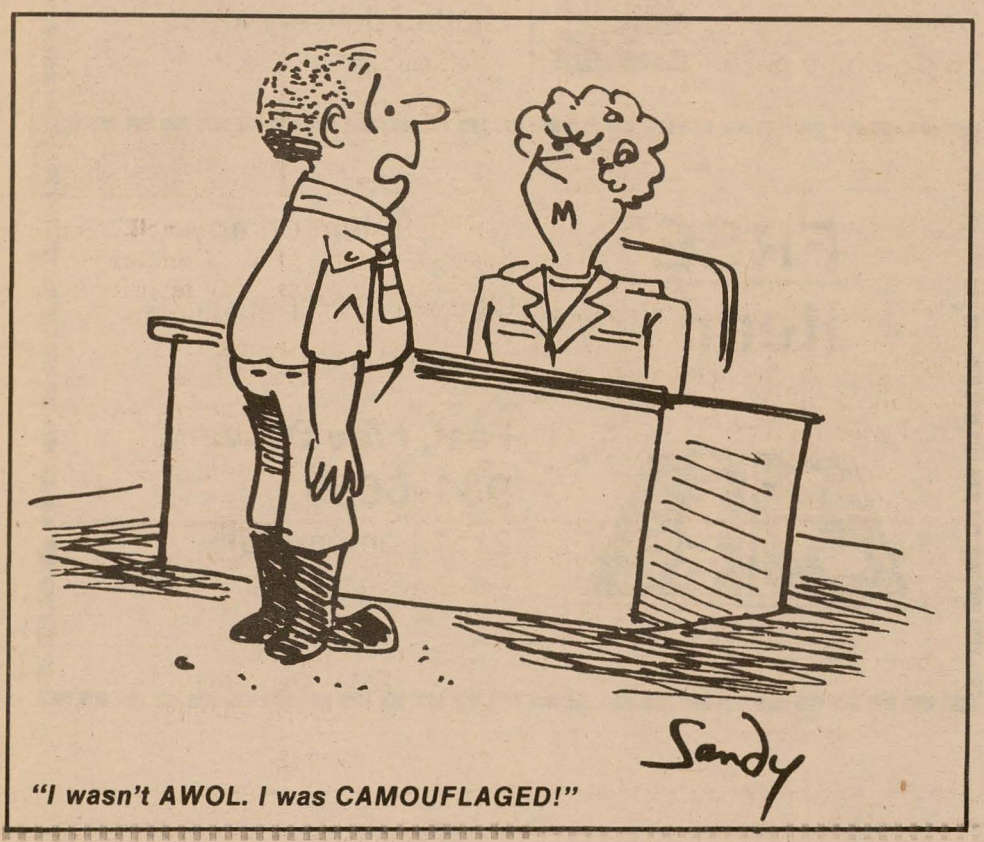
If you would rather your name not appear in print, then request your name be withheld from publication, but all letters *must* be signed.

But remember, this is a forum for opinion and commentary, not a way to solve major problems. If you *do* know about major problems that need attention, then call 561-BOSS.

The Lighter Side



"Take heart, men. We've still got the element of surprise!"



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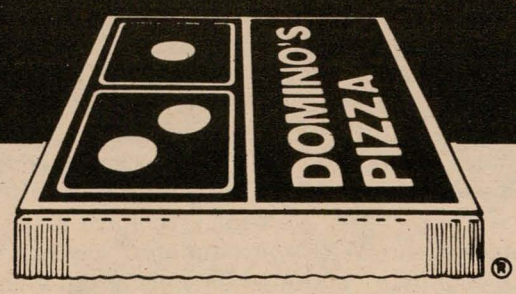

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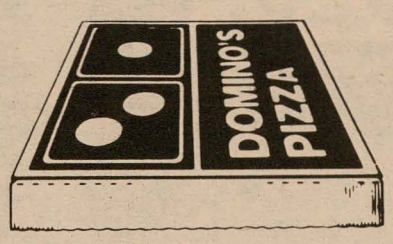

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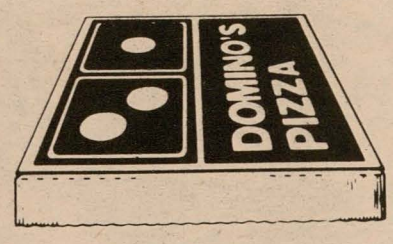

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PIEDMONT

Enterprise, Blue Angels usher in Fleet Week

Story and photos by Joseph A. Hirsch

To try and use just one word to describe the beautiful weather and the colors and the crowd's pride wouldn't do justice to this year's Fleet Week celebration.

The Bay Area helped the Navy celebrate its 210th birthday with a whole array of activities including a five mile run in which about 200 Presidio soldiers took part.

The celebrating ended Wednesday when the Navy ships took up anchor and sailed back to the high seas.

What a week they spent in port though!

The Fleet Week celebration turned five this year when San Francisco Mayor Dianne Feinstein declared Oct. 12-15 as Fleet Week.

The Navy's Blue Angels, a stunt-flying, death-defying group of jet aviators, teased Bay Area crowds with practice flights for their show on Saturday.

On Oct. 12, a summer-like day greeted the thousands of people who turned out on the shore from Fort Point to the wharf area. Hundreds of small boats dotted the bay. The groups of curious patriots greeted and applauded as an eight-ship contingent of the Navy's Pacific Fleet sailed into the bay.

A frigate and two carriers were among the convoy of ships that passed under the Golden Gate. About 5,000 sailors proudly stood at parade rest as the crowds cheered.

A small Greenpeace ship and other small boats tried to block the path of the huge carrier, the U.S.S. Enterprise, the convoy leader. But swift action by Coast Guard boats from Fort Point and Yerba Buena Island cleared the protesters.

Other law enforcement officials thwarted the efforts of a painting protester on the west side of Fort Point. He had painted only three letters of an anti-nuclear slogan with his brushes before he and his paint were detained.

After the ships passed and the private boats cleared the bay's main channel, the eyes of the crowd turned to the skies where the Blue Angels, in tight formation, made their appearance.

Their daredevil flying skills have carried the Blue Angels to cities all across the United States. Since their start in the early 50s, the fliers have performed for over 200 million spectators.

A hush fell over the Crissy Field crowd when a sole Blue Angel piloted his jet fighter upside down just 20 feet above the water at a speed well over 200 mph.

The Angels dazzled their bay audience for 35 minutes, ending their show with a loud, fast pass over the crowd, dipping their wings in salute.

The crowds turned out by the thousands again when the docked ships opened their portals and gangways for open house.

The Navy's birthday ball at a downtown hotel ended the day's events.

Bright and early Sunday morning, close to 3,000 runners turned out at Crissy Field for the five-mile Fleet Week Challenge Run.

Col. Robert S. Rose, post commander, started the event off with a short speech and showed the first-place trophy to the crowd.

Moments later, as the Sixth U.S. Army Band played, the blast of a cannon signaled the start of the race. The runners ran the five miles and wound their way to the finish at Piers 30 and 32.

The soldiers were the largest group to run in formation.

Led by the new Headquarters Command Battalion commander, Lt. Col. William A. McKelvey III, the soldiers called cadence as they ran through the streets of San Francisco.

Among the soldiers were two Spanish students from the Defense Language Institute-San Francisco.

"Being out on the streets and the unit calling cadence made the five miles seem easy for me," said PFC Gregory Reynolds, a 20-year-old from Maryland.

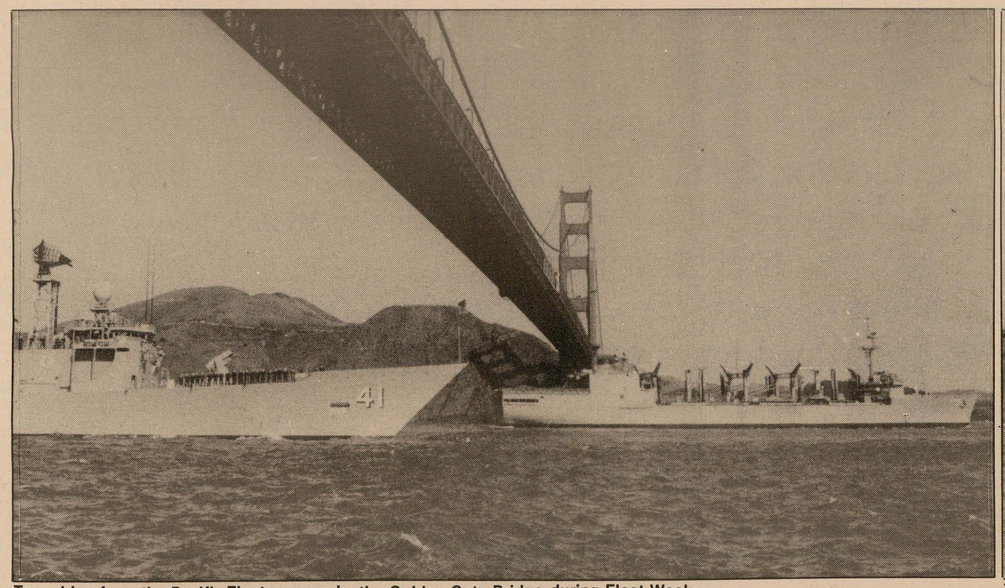
"The civilians gave us a hand and, I think, enjoyed the group running by in formation," said Pvt. 1 Mike Murphy.

Murphy and other soldiers toured the docked ships after the run, and he mentioned a sort of unspoken competition between the services.

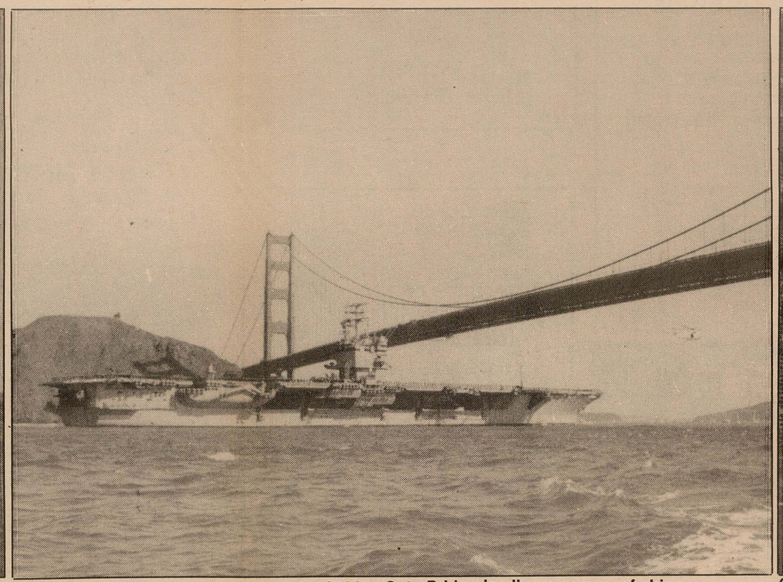
"I've always heard of and seen the services verbally toss each other around. But during Fleet Week, the sailors and marines seemed to be proud to show off what they do for a living. It was real impressive," Murphy said.

"I think the younger kids today don't really understand all there is about the services," Reynolds said. "Having the [Fleet Week] celebration gives them a chance to see the Navy, for instance, up close and they can ask questions. People get patriotic and that's good to see."

After the run, both soldiers and civilians tour ships and listen to a marine band.



Two ships from the Pacific Fleet pass under the Golden Gate Bridge during Fleet Week.



The U.S.S. Enterprise passes below the Golden Gate Bridge leading a convoy of ships.

Col. Robert S. Rose runs with the Headquarters Command Battalion on their way through Fisherman's Wharf during the Fleet Week Challenge Run.

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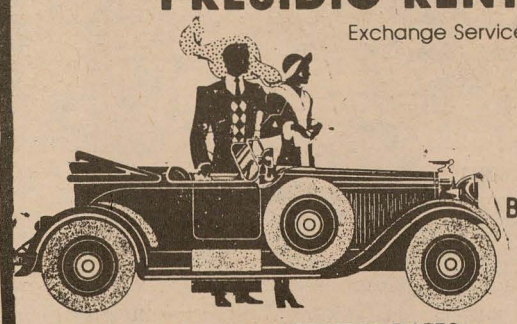

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Features

Meet the generals who won, lost at Yorktown

by Debbie Campbell

This week marks the 204th anniversary of the surrender of Lt. Gen. Earl C. Cornwallis and the British army to Gen. George Washington and the Continental Army.

In command of the battle were two strong men, Washington and Cornwallis. The significance of George Washington to Americans is overwhelming. He has been called the father of our country as well as the father of the Army.

Cornwallis

Charles, Second Earl of Cornwallis, was a man whose personality and lifestyle were similar to those of Washington in many ways.

Like Washington, Cornwallis was adored by his troops. According to Franklin and Mary Wickwire, in their book *Cornwallis The American Adventure,* "His soldiers were prepared to blame the navy, the politicians or Sir Henry Clinton for Yorktown, but not Lt. Gen. Earl Cornwallis."

The writers suggest that the outcome of the battle might have been different if the British troops hadn't been so confident of Cornwallis' ability to lead them. Unfortunately, his direction helped lead them to defeat at Yorktown.

By the standards of that era, Cornwallis was well prepared to lead his men. He had training from more than one of England's military academies as well as an academy in Italy.

Cornwallis had a penchant for the military from a very young age. These feelings were uncommon among his peers, who were rich aristocrats.

Nevertheless, Cornwallis was similar to Washington in that he steadfastly was devoted to military training and a desire to be well prepared for battle.

Washington

Washington was a very practical leader. His less than brilliant military record doesn't reflect his devotion to his troops. (He lost more battles than he won.)

According to a story by Col. Gordon T. Bratz, "Washington diligently attended to training and taking care of his men." One of his "overriding passions was to establish 'order, regularity and discipline.'"

Differences

Though the two leaders had many of the same beliefs concerning war, the similarities ended with their physical appearances.

Washington was unusually tall and large for that day. In a time when most men were under six feet tall, he was over six feet tall and weighed about 230 pounds.

On the other hand, the Wickwire's book said that Cornwallis was rather plump. He was not handsome, heavy-lidded eyes and a large nose. A double chin and broad rectangular face made his appearance less than intimidating.

Shared beliefs

However, Cornwallis believed in many of the same principles as Washington. Washington "enjoyed a popularity close to worship. In fact, he turned down an offer to become king of our country because he believed in the concept of a free government," according to *DA Scene.*

What many people probably don't know is that Cornwallis actually entertained many of the same sentiments as the Americans on the subject of government and freedom.

Cornwallis was a champion of no real political cause. "He was loyal to his own moral principles rather than to any particular faction or party," the Wickwires said. In fact, he had supported the cause of Americans in the House of Lords.

"As a man, he displayed qualities of honesty, justice, endurance, tolerance, humanity and eagerness to better the life of those under him," the Wickwires said.

As any American child learns in school, Washington shared many of these same qualities.

In the battle of Yorktown two opposing forces met whose leaders, given the chance, might have been friends.

'Boat children' visit PSF

Story and photo by Barbara J. Mountrey

The 13 Southeast Asian children who visited the Presidio Oct. 9 knew just how to greet post commander, Col. Robert Rose. When Chaplain (Col.) Jerry Autry said, "Okay, kids—one, two, three—" they chorused, "AirBORNE!"

Then they broke into giggles, as they did at many things they saw on their first visit to an Army post.

The children were part of a class from Bryant School. Their English teacher, Helen Lustig, brought them to the Presidio because it was the Post Chapel Fund that had sent 14 of her students to Disneyland in April. The chaplain and congregation made the gesture after reading a newspaper article about the many "boat people" and other Southeast Asian families living in poverty in San Francisco's Tenderloin and Mission districts.

"Disneyland was so much fun!" said Mom Roeurth, who came here from Cambodia. Her classmates agreed, remembering their favorite rides: "The Haunted House! The railroad train! The one where we went around and around! And the best one was Space Mountain!"

The happy memories are in dramatic contrast to the stories the children wrote for a class assignment about leaving their homelands.

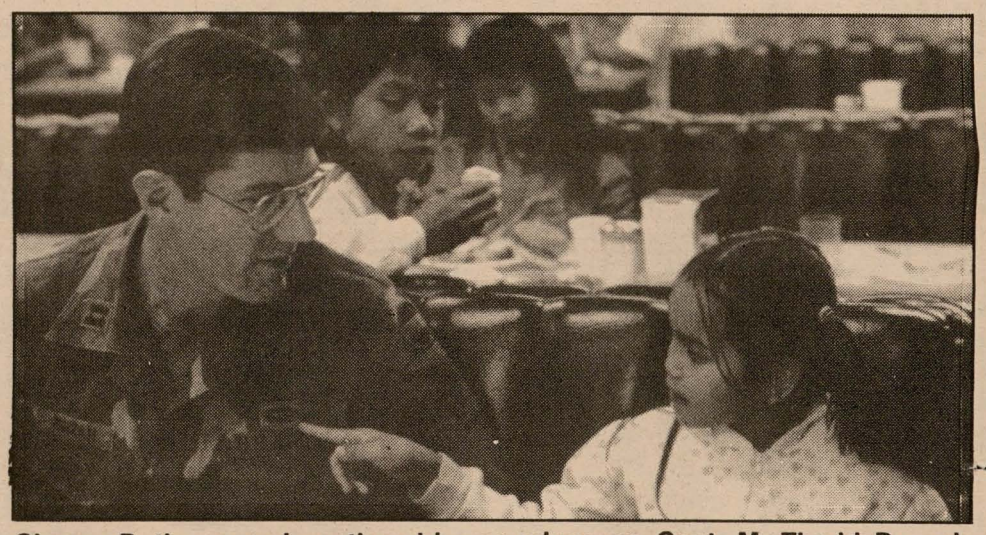
Journ Chhith wrote, "When I was in Cambodia my family was so poor. My family decided to get some food from the rich woman. She gave my mother some rice. My father was asleep. The Vietnamese came and took my father away. We never saw him again."

Vo Van, one of the boat people, wrote, "The difference between the United States and Viet-Nam is that there is no peace in Viet-Nam. The United States has joy and peace...I was lucky to come to America to be free."

Lustig put together a book of the children's stories and drawings of their homes, called *We Remember.*

Memories of their countries' enmity originally kept the Cambodian and Vietnamese children apart, but today the only social division seems to be between the boys and the girls. They rode around the Presidio in separate vans and sat at separate tables at the Company D, 864th Engineer Battalion, dining facility.

Lunch with the "Delta Dogs" was another new experience that evoked excited chattering in several languages. The children wanted everything—fish cakes, french fries, hamburgers and especially the soft ice cream, which made such a hit with them that the machine finally ran out.



Chanry Buth recognizes the airborne wings on Capt. M. Thadd Buzan's uniform. Buzan commands Company D, 864th Engineer Battalion.

Approaching the hamburgers, Long Nguyen demonstrated his command of English and of American culture by demanding, "Where's the beef? Where's the beef?"

Even in the chow line the children were very courteous, saying, "Excuse me please," even to each other.

Four of the girls were equally polite when asked how they liked the food: like a chorus line, all four giggled and turned their heads away, reluctant to criticize. But one turned back slightly and wrinkled her nose. Others even found a way to compliment their hosts, declaring the meal "*much* better than school food!"

The one time the chattering and giggling stopped was when the group arrived at the Post Chapel. Although they shouted, "Airborne!" as they leaped from the vans, once they were inside they were suddenly hushed and reverent. "What a beautiful temple," whispered one girl. Another confided, as she left, "I was praying to God."

As they finished their tour of the Presidio, most of the children seemed to agree with the opinion of Kim Mai Do: "Soldiers are very nice!"

At the movies

Presidio Theater

Fri, Oct. 18	Real Genius (PG)	7 p.m.
Sat, Oct. 19	Brewster's Millions (PG)	7 p.m.
Sun, Oct. 20	A View to a Kill (PG)	7 p.m.
Mon, Oct. 21	A View to a Kill (PG)	7 p.m.
Tue, Oct. 22	The Legend of Billie Jean (PG-13)	7 p.m.
Wed, Oct. 23	The Bride (PG-13)	7 p.m.
Thu, Oct. 24	Fright Night (R)	7 p.m.

Schwartz Theater

Mon, Oct. 21	Real Genius (PG)	7 p.m.
Wed, Oct. 23	Brewster's Millions (PG)	7 p.m.
Thu, Oct. 24	The Legend of Billie Jean (PG-13)	7 p.m.

Hamilton Theater

Fri, Oct. 18	Mischief (R)	7 p.m.
Sat, Oct. 19	Storm Boy (G)	1 p.m.
Sat, Oct. 19	A View to a Kill (PG)	7 p.m.
Wed, Oct. 23	Raw Courage (R)	7 p.m.
Thu, Oct. 24	Cinderella Liberty (R)	7 p.m.

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Sports

USAG captures 1985 Commander's Cup

by Joseph A. Hirsch

For the third year in a row, Headquarters Company, U.S. Army Garrison (USAG) has claimed the Presidio's coveted Commander's Cup award for sporting excellence in fiscal year 1985.

Col. Robert S. Rose, post commander, is scheduled to present the company with their prize on Nov. 4 at the main post gym, according to John Funes, the director of this year's competition.

"The results tell the story," Funes said. "The units with the greater number of soldiers aren't always the winners of the Commander's Cup Funes said.

The scoring system awards points to units for having soldiers participate on All-Army teams, post teams and in special sporting clinics, according to Funes.

Garrison's 210 overall points bettered their Sixth U.S. Army rivals' score of 154 by 56 points. Third place fell to Company B, Letterman Army Medical Center (LAMC), which earned 133 points. Law Enforcement Company (LEC) took fourth place (131 points), and Letterman Army Institute of Research (LAIR) placed fifth (130 points).

A total of 19 teams placed representatives and teams in 10 different sports which included flag football, softball, running and bowling.

Below is a list, by sport, of the top four units and the points they earned toward winning the Commander's Cup.

Bowling

1st—USAG 32 points;
2nd—Intelligence and Security Command (27);
3rd—Co. B, LAMC (25); and
4th—Sixth U.S. Army Band (24).

Tennis

1st—Co. A, LAMC (27);
2nd—LEC (20);
3rd—Sixth U.S. Army (18); and
4th—Military Personnel Center (17).

Road racing

1st—Co. H, Defense Language Institute-San Francisco (18);
2nd—LAIR (13);
3rd—USAG (11); and
4th—a tie between LEC (8) and Co. G, DLI-SF (8).

Golf

1st—Sixth U.S. Army (25);
2nd—USAG Team One (23);
3rd—Co. B, LAMC (19); and
4th—a tie between Sixth U.S. Army's Readiness Group-Presidio (18) and LAIR (18).

Basketball

1st—Co. D, 864th Engineer Battalion (33);
2nd—USAG (27);
3rd—a tie between LAIR and U.S. Army Information Systems Command (USAISC) (26); and
4th—Oakland Army Base (OARB) (22).

Flag football

1st—USAG (44);
2nd—Co. D, 864th Engineer Battalion (28);
3rd—LEC (22); and
4th—Sixth U.S. Army.

Soccer

1st—a tie between Co. H, DLI-SF (25) and Co. G, DLI-SF (25); and
2nd—a tie between LAIR (5) and Co. B, LAMC (5).

Racquetball

1st—LEC (22);
2nd—USAG (19);
3rd—USAISC (18); and
4th—Sixth U.S. Army Band (16).

Volleyball

1st—Co. H, DLI-SF (21);
2nd—LAIR (20);
3rd—San Francisco Military Intelligence Group (SF-MI) (19); and
4th—USAG (17).

Jimmy the Freak

What a bad week! I oughta be called "Jimmy the Bleak." I feel like Little Orphan Annie at an Optometrists' Convention (you just don't see it, do you?). Francisco Franco had a better week than I did. The reason for my funk, you may well ask. It seems that some of you readers don't really believe that I exist. We've received several queries concerning my legitimacy and questions about my parentage and...uhhh...OHHH, now I see...never mind.... As Chester A. Arthur used to say, you can't fool all of the people all of the time, I guess.

San Francisco 31 Detroit 17

It may be closer—but I doubt it. The 'Niners may not win their division, but they will make the playoffs. In this game, how can anyone possibly pick a team to beat a class act like the 49ers when that team already lost to Indianapolis? Didn't Bob Irsey used to be in show business? He used to be slapped by Larry and Moe, I believe.

Dallas 27 Philadelphia 10

Like W. C. Fields, you won't find the Cowboys buried in the City of Brotherly Love (and they make fun of the guys in San Francisco!). Hang in there, Eagles...I figure that you will be a winning team by the time of Halley's Comet...the *next* time it comes around, that is.

Cleveland 27 Los Anathema Raiders 20

The hot rumor of the week is that Al Davis will find out that his real father is the Reverend Moon and he intends to have the team declared a tax-exempt religion under the name of "The Church of the Perpetual Head Slap" or as "The Twisted Sisters of the Poor." Just whine, baby, whine.

Houston 23 Cincinnati 20

Moon-man over Boomer in this one.

Miami 34 Tampa Bay 14

First the Dolphins take away the Bucs' Florida fans. Then they take away their best defensive player, Hugh Green. Now they intend to take away their manhood by dissecting their offense and abusing their defense. Oh, well...Don Shula has always been known as a tough coach, not a sentimentalist.

Air Force testing

Gym No. 1, bldg. 63, will be used for testing candidates for the U.S. Air Force Academy on Sunday.

The basketball court and exercise room will be closed from 9 a.m. to 12:30 p.m. It will reopen after the test is over. All other parts of the gym will be open as usual. Gym No. 2, bldg. 1152, will be open from 9 a.m. to 12:30 p.m.

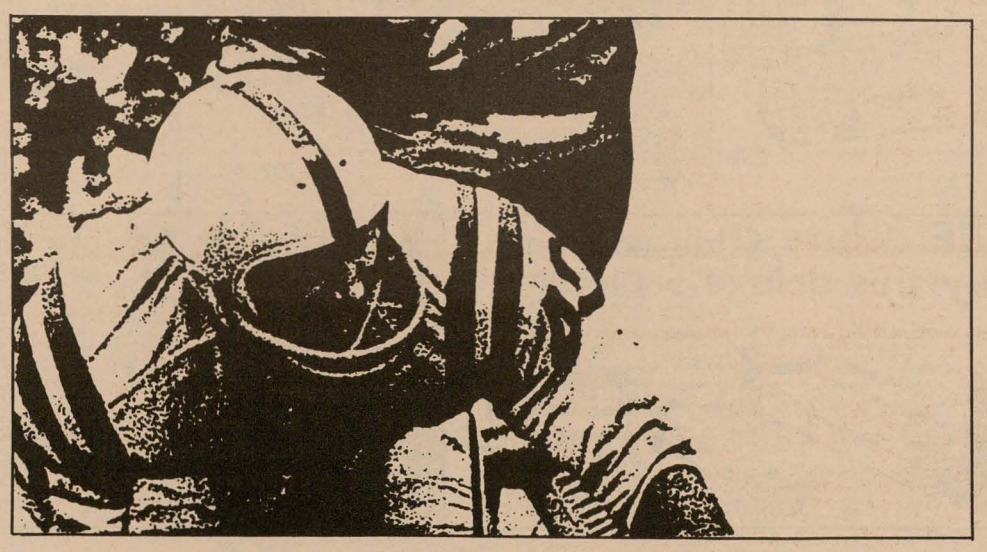
USMA testing

Gym No. 1, bldg. 63, will be used for testing candidates for the U.S. Military Academy at West Point, N.Y. on Oct. 27.

The basketball court, weight room and exercise room will be closed until testing is finished. These facilities will reopen after testing.

The men's and women's locker room and sauna, and racquetball and squash courts will remain open. Reservations will be required for racquetball and squash courts.

Gym No. 2, bldg. 1152, will be open on Oct. 27 from 9 a.m. to 4:30 p.m.



Next week's football games

Monday			PX Field
Six Packers	vs	LAIR	6 p.m.
LAMC	vs	OARB	7 p.m.
Wednesday			
LEC	vs	864th Engineers	6 p.m.
USAG	vs	Co. H, DLI-SF	7 p.m.
Thursday			
Corps of Engineers	vs	OARB	6 p.m.
Six Packers	vs	864th Engineers	7 p.m.

Football standings

Team	Won	Lost
Corps of Engineers	5	1
USAG	4	1
Sixth U.S. Army	4	2
LAMC	3	2
OARB	3	2
LEC	3	2
864th Engineers	1	4
Co. H, DLI-SF	1	4
LAIR	0	6

Football results

Corps of Engrs.-29, 864th Engrs.-6
OARB-30, LAIR-0
LEC-22, Sixth U.S. Army-14
Corps of Engrs.-24, USAG-21
Co. H, DLI-SF-28, LAIR-0
OARB-9, 864th Engineers-6

Tennis reservations

Reservations for the 10 post tennis courts are made at Gym No. 1, bldg. 63, in person or by calling 561-4131.

Picking up a reservation permit at Gym No. 1 is recommended.

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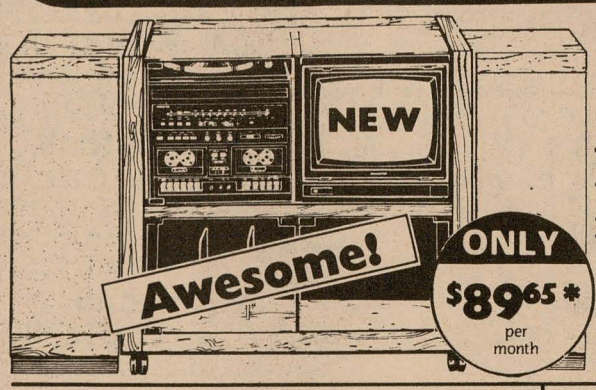

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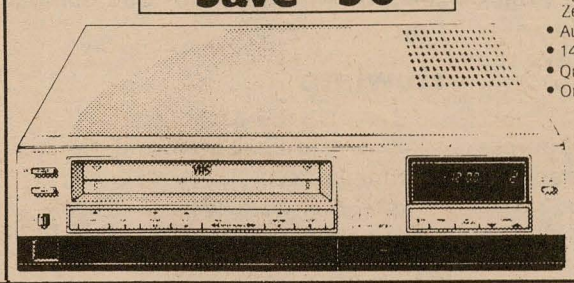

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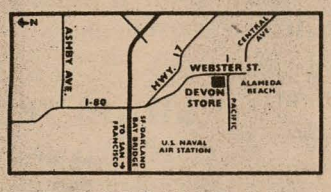

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SecDef's letter: attention all current and potential military retirees! **page3**

West Coast MI: psst! Want to know what they do? **page 5**

PSF fire fighters: it's not all "lights and sirens" for these workers, **pages 6 & 7**

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Star Presidian

Vol. 28, No. 43 "Published in the interest of the people of the Presidio of San Francisco." October 25, 1985

News briefs

Women in the 91st Division

The Army will be examining the role of women in the reserve forces by holding a conference entitled "Utilization of Women in the 91st Division" tomorrow from 8 a.m. to 4 p.m. at the command conference facility, bldg. 35.

The 91st Division, an Army Reserve division of 3,500 soldiers, has units that range from Ukiah to Fresno to Monterey.

The conference will go over job opportunities, recruitment, promotions, officer appointments and success stories of women in the reserves.

Keynote speakers include Maj. Gen. Robert S. Holmes, commanding general of the 91st Division, Marine Lt. Col. Darleen Kruger, commander of the Oakland Military Entrance Processing Station and Amey "Jean" Stone, member of the Defense Advisory Committee of Women in the Service.

For more information, please call Maj. Frank Noto at (415) 334-2210 or (415) 434-4466.

Commissary closure

The Presidio commissary will close in November for both Veteran's Day and Thanksgiving Day. The commissary will be closed Nov. 10, 11 and 12. The commissary also will close Nov. 28, Thanksgiving Day.

Thanksgiving Day Dinner

Eat your Thanksgiving Day dinner this year at the Headquarters Company, U.S. Army Garrison Dining Facility in bldg. 101B.

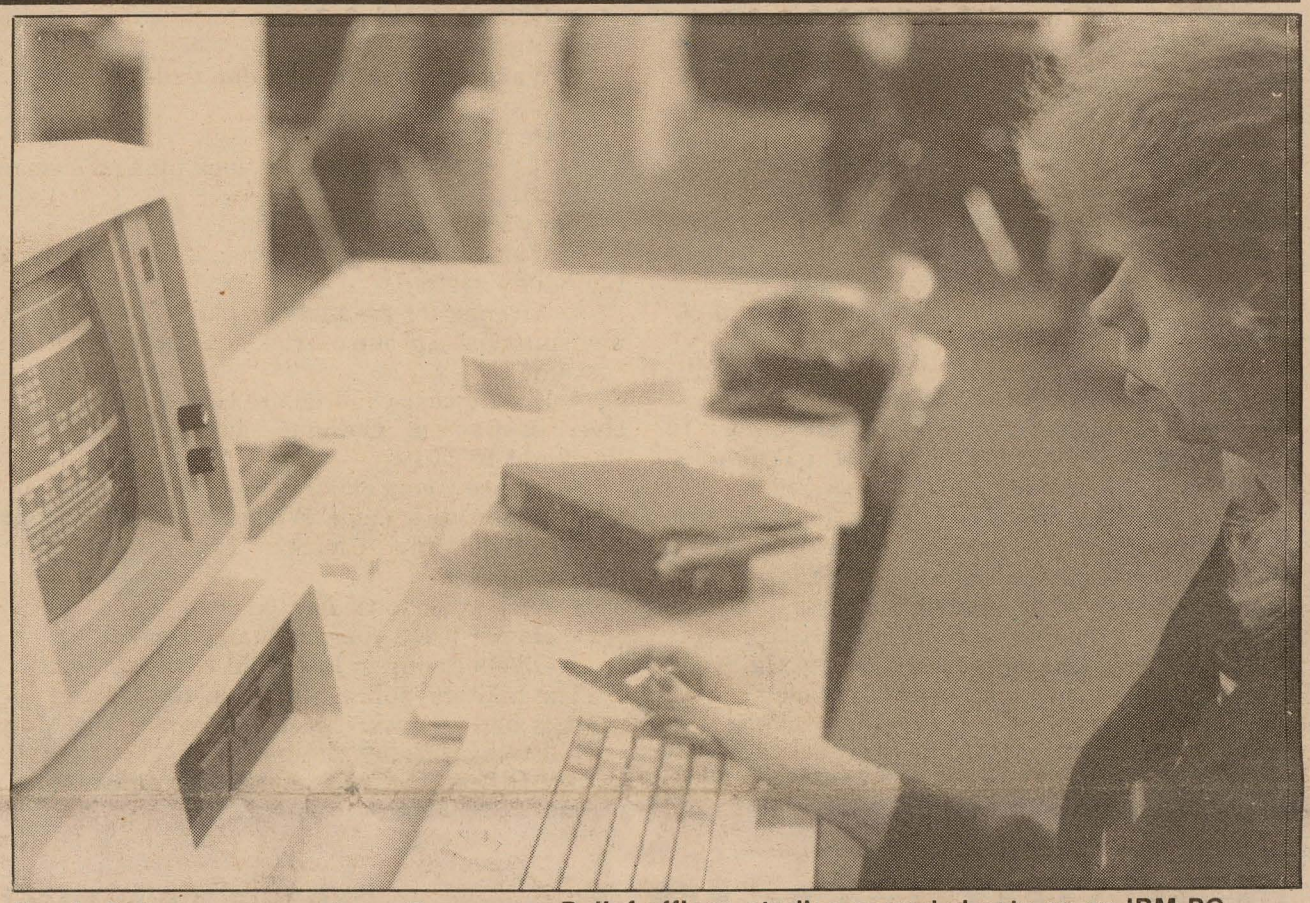
The Presidio of San Francisco is sponsoring the meal in conjunction with the Headquarters Command Battalion.

The dinner is open to soldiers, retirees and family members. Meal card holders eat free, active duty enlisted will be charged $2.20 and active duty officers, retirees and family members will be charged $5.35. Contact the Presidio Public Affairs Office at 561-5465 or 561-5187 for tickets before Nov. 12. Dining periods are: noon to 1 p.m. for meal card holders only, 1:15 to 2:15 p.m.; 2:30 to 3:30 p.m.; and 4 to 5 p.m.

Uniform for the day will be:

- Officers and NCOs are to wear dress blues;
- Retirees and spouses are to wear coat and tie or dress;
- Family members are to wear coat and tie or dress;
- Enlisted soldiers are to wear dress greens or appropriate civilian attire.

This year, don't slave over a hot stove, put on your best clothes and leave the cooking to the Garrison food specialists.



Ursula Sallee, assistant Army Emergency Relief officer, studies spread sheets on an IBM PC.

Let the computer teach you—about computers, astronomy...

Story and photo by Debbie Campbell

The Computer Based Learning Center at the Education Center (bldg. 1216), offers Presidians a chance to learn computer skills as well as other subjects at no cost.

The center was opened in June this year and has seen such a steady increase in participation that the schedule for computer use is booked solid every day.

According to Pat. J. Farrell, coordinator of the Computer Based Learning Center, the four PLATO computers are the greatest contributors to the center's popularity.

PLATO stands for Programmed Logic Automated Teaching Operation. Farrell simply calls it a "teaching machine."

Teach is exactly what PLATO does, with more than 1,500 courses on subjects ranging from astronomy to veterinary medicine.

The computer programs are self-paced—they "not only instruct you but also manage your instruction," Farrell said. The computer responds to an incorrect answer by automatically going back over that lesson. It won't let the student continue until he or she shows a good understanding of the lesson by passing a test.

Kimi Orr, a family member, is a recent immigrant from Japan. She is working on PLATO's Introduction to Computers course.

"I hope to get a job in computers," she said. With Introduction to Computers and the courses she plans to take later, Orr is preparing herself for that goal.

Many of the students at the Computer Based Learning Center are active duty soldiers, like Sp4 Vanessa Huddleston, of San Francisco's Military Intelligence Detachment.

Huddleston is working in Introduction to Programming in BASIC, which is a computer language. Of the center, she said, "It's a really good program. It's open from 7:30 to 4:15, so I got permission to come over one hour a day to work on this course. It's easier than going to San Francisco State at night."

The PLATO system is not the only highlight at the Computer Based Learning Center, however. Other resources include filmstrips, overhead projector transparencies, audio and video cassettes and small, hand-held computers which teach basic skills to people with spelling or math problems.

Farrell also tutors people who have "holes" in their learning, he said. If they have trouble with a certain part of a computer program, he tutors them on that specific problem.

In addition, the Computer Based Learning Center offers use of the business-oriented IBM

Please see page 3

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Opinions

TAKE A BITE OUT OF CRIME

by Terry G. Knowles

The children's tradition of trick-or-treating is almost here. While it is—for millions nationwide—a fun thing to do, there are some unfortunate side effects.

These unfortunate occurrences include vandalism, tampered candy and accidents.

Although Halloween is a fun time for most, some children use Halloween as an excuse to cause thousand of dollars worth of damage in what *they* think of as fun, by spraying shaving cream or paint on government and private property, throwing eggs and other potentially more harmful objects.

Many of these practices cause high repair bills and, in some cases, serious injury.

Deliberate damage to property and injury to others cannot be regarded as part of the Halloween tradition and it will not be tolerated.

SSgt. Michael "Big Mike" Christman, the Provost Marshal's Office administrative NCO and a father of three, puts it succinctly: "Halloween is a lot of fun with kids' smiling faces, the colorful costumes, the pumpkins. Fun for me, too.

"But a parent's biggest worry is that the candy my children get from trick-or-treating may be doctored with drugs or poison. Another concern is in making sure my kids' costumes are not of the type that blends in with the dark, the kind that will be easy to see, light-reflective.

"And, of course," Christman added, "you've got to watch out for vandals."

Here are some trick-or-treat tips from the Presidio military police for both adults and children:

For little ghosts or goblins:

- Tell your parents where you are going to trick-or-treat;
- Stay in groups of three or four friends;
- Trick-or-treating should be in your own neighborhood;
- Don't trick-or-treat with a stranger;
- Don't eat your goodies until your parents check them;
- Walk on the sidewalk—don't run;
- Stay in lighted areas;
- Be polite; and
- If you get lost or scared, look for a policeman or an MP.

For parents and big goblins:

- Walk in groups with friends. Encourage a big buddy system.
- Arrange for an adult or parent to go along and supervise a group of trick-or-treaters. Dress in costume too.
- Ensure that children are costumed in reflective, easy-to-see clothing, and give them a flashlight to carry.
- Advise young children not to eat goodies until an inspection is made. When in doubt, it is wiser to throw out any suspicious candy rather than take a chance.
- Keep your house lighted.
- Do not leave your home unattended.
- Give a crying or lost child a helping hand.

The military police will be on the lookout for vandals and suspicious-looking people. The MPs will also be driving around with the famous, lovable Officer McGruff giving out candy—but if you hear sirens, be sure to stay clear.

Presidio trick-or-treater hours are from 6 to 8 p.m. on Oct. 31. Be on the lookout for vandals, suspicious-looking people or tampered candy and if you see or find any, report it to the military police at 561-2251 or 561-2252.

Remember, crime prevention is everybody's business. For more information, call or visit the crime prevention office, Office of the Provost Marshal, bldg. 36, 561-5011 or 561-4925, and ask for SFC Sheldon Stein or Sp4 Brenda Ludwig.

Crime report

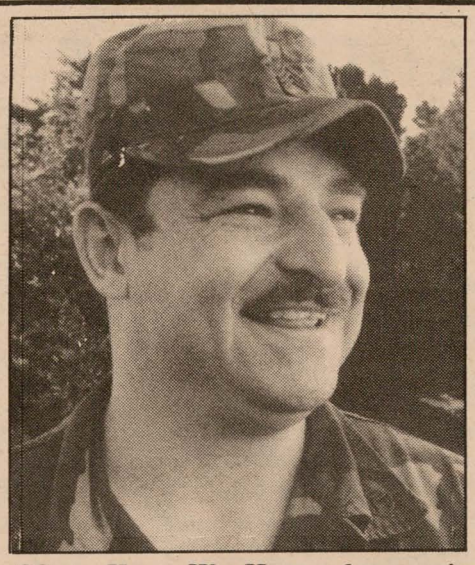
- Person(s) unknown broke off an antenna from a car parked near the U.S. Army Garrison billets.
- Person(s) unknown broke into a locker in the bowling alley and took two pairs of bowling shoes and two bowling balls.
- Person(s) unknown took two unsecured wallets from the manager's office of the Officers' Club. The wallets contained $55 in cash and miscellaneous credit cards.
- A person was caught speeding, driving without a license and in possession of stolen property.
- Person(s) unknown cut the lock securing a bicycle and took it from the porch of the Law Enforcement Company barracks.
- Person(s) unknown broke into the storage rooms of the Presidio Yacht Club.
- Person(s) unknown took the light blue car cover from a 1980 Chrysler LeBaron, then vandalized the car by scratching it with a sharp object and splattering the body with eggs.

And do your part and help stop fraud, waste and abuse of your tax dollars: report it. The *Presidio Fraud Hotline is 561-3578. All calls* are kept confidential.

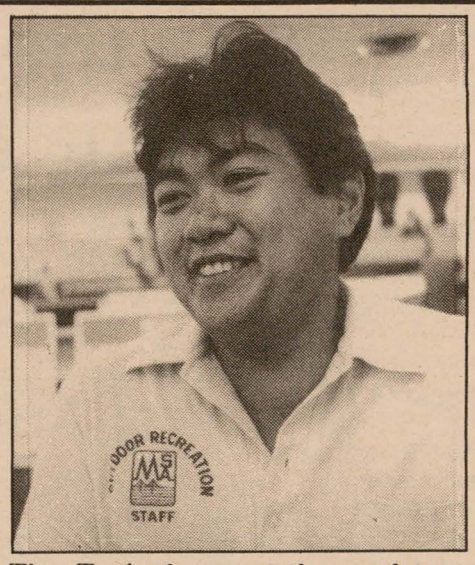
Ramblin' Sam

"What is the scariest thing that's ever happened to you?"

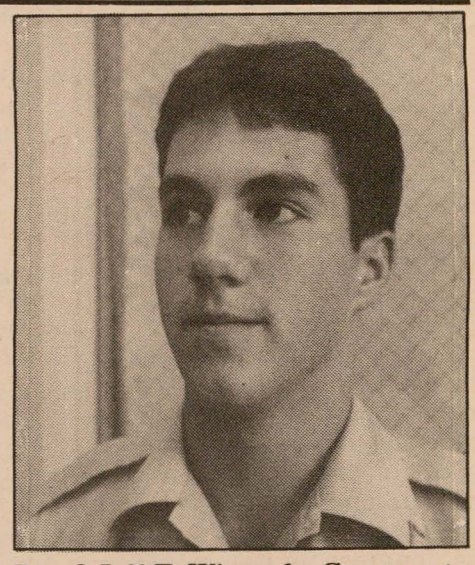
Susan F. Burzo, recreation assistant, Outdoor Recreation: "When I was 9 my mother and I were home alone once. I woke up when she was calling the police, because she heard someone opening a window in our basement. Then, when the police came, he made me go down in the basement before him, to show him where the noise was."



SSgt. Kurt W. Hernandez, senior chaplain's assistant, Religious Activities Center: "My scariest moment was when I was assistant at a funeral. The family lined up to kiss the dead man who was in an open casket. When it was the widow's turn to pay her last respects, suddenly the dead man sat up in the casket. It was just a muscle twitch, but it scared some of those people so bad they fainted!"



Tim T. Areja, recreation assistant, Outdoor Recreation: "I was scared when two friends and I were out partying and decided to go through one of the sacred Hawaiian graveyards. We were driving through and all of a sudden the car stalled for no reason, and the wind started blowing really hard. We decided to leave real quick, and the car suddenly started back up, so we drove off."



Pvt. 2 Jeff E. Wintrode, German student, DLI-SF: "The scariest thing for me was getting off the cattle truck at basic training."

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PLATO continued from page 1

personal computer. The IBM PCs teach word processing, data base management, spread sheet management and is currently being programmed for graphics ability.

These IBM software packages help teach people how to organize budgets, financial statements and learn other business-related skills.

According to Farrell, many of the people using the center are from different offices on the Presidio, including Logistics Control, Civilian Personnel and Army Community Services (ACS). The people are there to improve their work, or because their office needs to be better organized.

Ursula Sallee, assistant Army Emergency Relief (AER) officer at ACS, works every day on the IBM PC to "make record-keeping easier," she said.

"I want to learn to put the whole AER program on the computer. Eventually, everyone at ACS will put part of their program on the computer," Sallee said.

The Computer Based Learning Center is economical for the Army as well, according to Farrell. The center offers many of the courses that soldiers might otherwise go on temporary duty to attend. Also the Army provides the PLATO computer courses at a fraction of their cost in the private sector.

Sallee said, "I went to a demonstration class off post where I gathered information on their computer program. I found the center here offered all the same things offered on the outside, for free."

Some new developments at the Computer Based Learning Center include longer hours of operation. This is planned to be effective the beginning of November. The current hours are Monday through Friday, 7:30 a.m. to 4:15 p.m. The new hours will be Monday through Thursday, 7:30 a.m. to 8 p.m. and Fridays from 7:30 a.m. to 4:15 p.m.

Also, four new PLATO terminals will be installed later this year. The computer courses offered are approved by some colleges and universities as well, so students can receive credits for them.

In addition, the Army is giving one promotion point for every 16 hours of work in a specific course to E-4s and E-5s.

Farrell said he feels the Computer Based Learning Center will continue to grow in popularity.

"Technology is changing the way people learn. They want to learn about computers, because they feel it's a survival skill," he said.

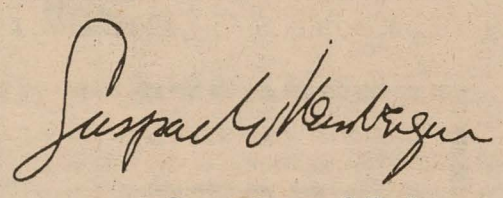
For anyone who wants to learn as well as accumulate promotion points or college credits, the Computer Based Learning Center at the Education Center is the place to go.

Secretary of Defense writes an open letter to soldiers

In the past few months, there has been considerable speculation about potential changes to the military retirement system. The speculation, often well intentioned but ill informed, has been based on criticisms from both the public and private sectors about the perceived generosity of the system. The Joint Chiefs of Staff and I have steadfastly maintained that any recommendation for change must take account of—first, the unique, dangerous, and vital contribution to the safety of all of us that is made by our service men and women; and the effect on combat readiness of tampering with the retirement system. Concurrently, we must honor the absolute commitments that have been made to retirees and those currently serving. We remain committed to these principles.

Notwithstanding our oppositon, the Congress, in its recent action on the pending Defense Authorization Bill, has mandated a reduction of $2.9 billion to the military retirement fund. At the same time, the Congress has directed the Department of Defense to submit options to make changes in the retirement system for future entrants to achieve this mandated reduction. Nonetheless, we will continue to insist that whatever changes the Congress finally makes must not adversely affect the combat readiness of our forces, or violate our firm pledges.

I want to emphasize to you again, in the strongest terms, that the dedicated men and women now serving, and those who have retired before them, will be fully protected in any options we are required to submit to Congress. Our proposals will affect future entrants only. You can be assured that our efforts on this issue will not falter.



Secretary of Defense

American Forces Press Service

Fort Scott Annex closure clarification

In last week's *Star Presidian*, we ran a news brief item called *Ft. Scott NCO Club Annex to close.* The information published was correct but incorrectly attributed to SFC Peter G. Melanson.

In addition, the Tradewinds NCO Club is not the *only* club open to Fort Scott soldiers—the Defense LanguageInstitute-San Francisco Annex is open on Friday and Saturday nights.

The *Star Presidian* staff and I apologize for the error.

The editor

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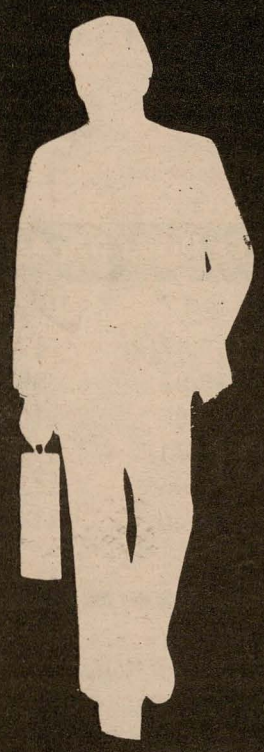

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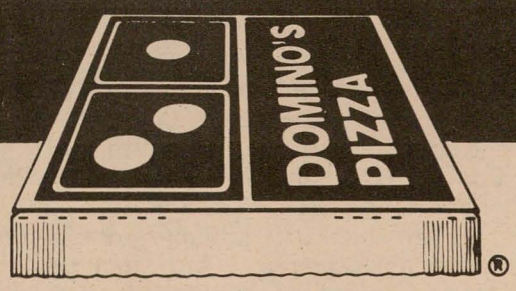

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FYI

West Coast MI Bn keeps our secrets safe

by Joseph A. Hirsch

The news shocked the nation when television newscasters reported that high-security secrets had been sold to the Soviets by Americans.

One of the culprits accused was a sailor aboard a Navy ship.

The damage was assessed and though the security of the country was jolted and damaged, it was not broken.

Now all the Armed Forces have taken measures to prevent secrets from being leaked to spies or terrorists.

Recently the Army reduced the number of soldiers with clearances as a step to protect information passing through the hands of troops. The other services have tightened the control of information at all levels hoping to deter the selling of the nation's secrets.

On the Presidio, as other posts, many soldiers and civilians work in jobs that require them to deal with with secrets, classified documents and other sensitive information.

Making sure that the information they work with stays secure initially depends upon the soldier or civilian working with it, according to Maj. Edward Menard, the operations officer of the West Coast Military Intelligence (Counterintelligence) Battalion.

But his battalion, a unit of the 902nd Military Intelligence Group, headquartered at Fort Meade, Md., operates on the Presidio to investigate and help prevent security leaks and possible espionage.

"There are a lot of misconceptions about what this unit does.

"We mostly get confused with CID [Criminal Investigative Division] and some people think we're out to spy on them or whatever," Menard said.

"Our mission as an MI [Military Intelligence] unit, is to investigate cases of espionage, sabotage and subversion within the Army," he said.

Their investigations lead them to cases within units and directorates where security possibly has been jeopardized or breached, Menard said, but the battalion is also charged with protecting the soldiers and civilians, too.

"History has shown that over the last year, some Americans sold their country down the river. The Navy intelligence service units are very similar in mission to Army MI units, and they, along with the FBI, were able to flush to culprits out.

"But a big part of our job is to protect the Presidio from people who might approach our soldiers and civilians and try to gain information," he said.

Menard said that within units and organizations on the Presidio, the initial protection and training comes from first sergeants and section security managers.

"It's their job to inform their soldiers and civilians on how to recognize and react to an approach for information, but we supplement that training by publishing security posters and holding security training in greater depth than what they teach.

"We work to protect our new technology and defenses here such as computers and communications equipment," Menard said.

He said the roots of the 902nd Military Intelligence Group go back about 40 years to the beginning of the Manhattan Project. He said tight security measures were taken by the military to protect the new atomic bomb and the Army played a vital role in the effort.

Today, the battalion is responsible for all territory west of the Mississippi River. Intelligence detachments and resident offices are spread all over the western half of the nation and all basically provide the same services. Soon, the unit will assume full responsibility for the entire nation, covering all echelon-above-corps units within the continental United States and Alaska.

"As a nation we learned a very modern lesson with the bombing of Pearl Harbor," Menard said. "That tragedy showed how uncoordinated security and intelligence efforts can leave this nation open to any kind of attack. Since then, a real importance has been placed on this kind of work."

Special Agent Scott McDonald is an ex-Special Forces soldier and he currently serves as an agent with the battalion.

Recently graduated from the U.S. Army's Intelligence Center and School at Fort Huachuca, Ariz., McDonald said he enjoys the work as an agent.

"It's very interesting to become involved in these cases, to work with people the way we do," he said.

"My job includes seeing that some of the smaller units in the battalion meet certain deadlines and suspenses on investigations.

"These smaller units investigate cases and report them to us for review, where we check them [the cases] for legalities and accuracy," he said.

McDonald said the promotions from E5 to E7 are great because the field is wide open in those ranks and the reenlistment bonus is the healthiest of all other MOSs.

"Someone who wants to become an agent today must have a tour of service under his belt and his record has to be spotless.

"The work is a reward in itself for the time and hours we put in," he said.

'The Majestic Kid' rides off into the sunset—if we're lucky

by Liz Greeley

Well, pard, *The Majestic Kid* is a most confusin' play about the West.

The Majestic Kid is a comedy western play showing at the American Conservatory Theatre through Nov. 9.

Lawrence Hecht plays Judge William S. Hart Finlay; Scot Bishop plays the male romantic lead, Aaron Weiss; Nike Doukas plays Chicago lawyer Ava Jean Pollard; Michelle Casey portrays landowner and female romantic lead, Lisa Belmondo; and Mark Murphey is The Laredo Kid.

This is a play about the West, and though I'm a Texan, I'll overlook the fact that women do not wear cowboy hats, nor do they *ever* appear with their jeans tucked into their boots as Michelle Casey does as Belmondo. Everybody knows that only a goat-roper or a drugstore cowboy would tuck his (or her) jeans into his boots. (They know in Texas, anyway.)

But since all that is being overlooked, the heart of the problem is the play—it is darned confusing! Oh, you eventually figure it out, but you don't care by then.

To give you an idea, the plot goes something like this: boy (Weiss) meets girl, girls likes boy, boy likes girl, boy doesn't know *what* he likes or wants, boy accidentally shoots girl and then the big finish.

Throw in a judge crookeder than a pail of snakes (Finlay), a lover/law partner that doesn't want to let go (Pollard) and Belmondo's Dark Secret, and you've got the basic idea.

The Laredo Kid is the real element of surprise. Laredo is the king of the Saturday afternoon westerns Weiss was weaned on as a kid.

Now a 29-year-old Chicago lawyer, Weiss has come west to help the Apaches get their land back from the ranchers—like Belmondo.

Luckily for Weiss, Laredo comes out of retirement to help him with his problems—but Laredo can't figure out which script they're using. Laredo still thinks he's in the movies and the guns shoot blanks. So it's Laredo who dubs Weiss The Majestic Kid in this time of trouble.

On the other hand, Bishop, as Weiss, walks around the stage, says his lines when he is supposed to, but never, at any time, does he *act*. This puts a serious crimp in the play, as you might imagine.

But Mark Murphey makes The Laredo Kid seem as real as a rattlesnake taking a siesta in the shade of an ol' cactus. Laredo genuinely wants to help Weiss become a western hero like himself. It turns out to be a tough, exasperating job.

So exasperating that at one point, Laredo says to Weiss, "Pard, you could make a saint mad enough to stomp on a porkypine barefoot!"

Murphey's brilliant performance, even with good performances by other players, cannot save the play—it just has too many flaws.

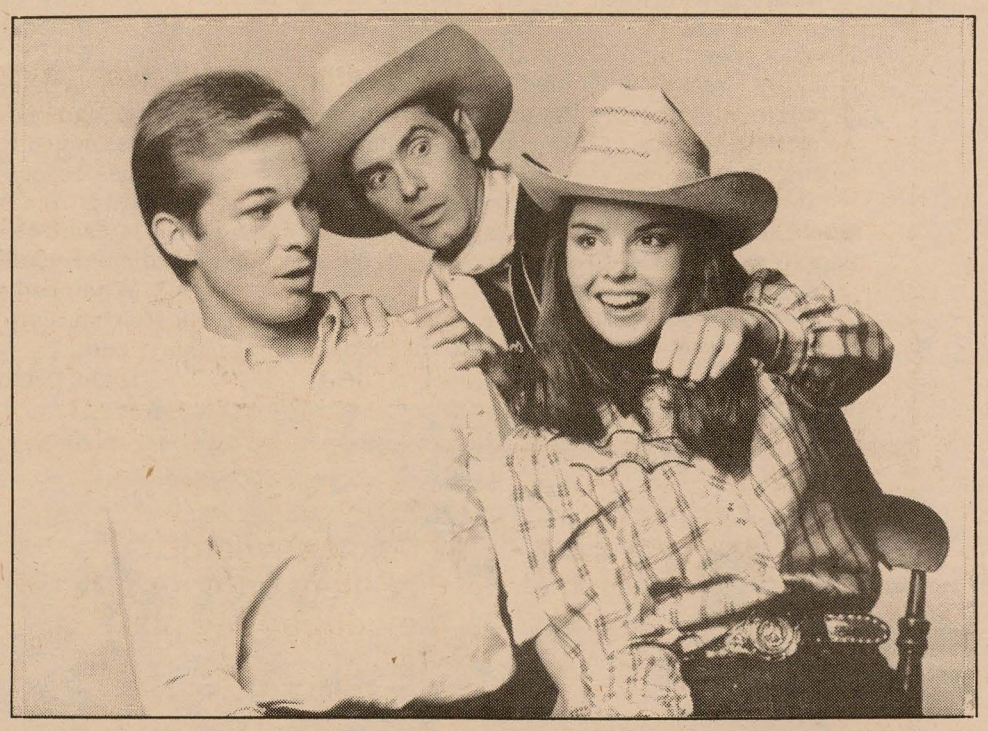


photo by Larry Merkle

Scot Bishop is a Chicago lawyer taken for a truck ride by his rancher girlfriend Michelle Casey while his childhood matinee idol, The Laredo Kid (Mark Murphey), hangs on.

The playwright, Mark Medoff, has written some highly acclaimed plays such as *Children of a Lesser God* and *When You Comin' Back, Red Ryder?* But *The Majestic Kid* just doesn't measure up.

The Majestic Kid has many funny scenes, but I still have to say that you're better off going to the movies instead.

Let me put it another way, I'd sooner kiss a horny toad than see *The Majestic Kid* again.

Photo Feature

PSF Fire Dept. trains, waits and fights fires

Story and photos by Joseph A. Hirsch

As a child, I can remember fire engines passing the family station wagon on the road. My mother told us, over the scream of the siren, to whisper a small prayer for whoever it was that needed help.

Growing up, I learned that some of those prayers went to needlessly pulled fire alarm boxes or to some malfunctioning electronic smoke detector.

Maybe, in those cases, that whispered prayer would protect the firemen as they rode the truck.

Today, in addition to the silent prayers they get, fire fighters across the nation are using the latest technology and equipment to prevent and battle blazes. Statistics show that dollar losses from fires have been cut in half by the addition of smoke alarms and increased fire safety awareness.

The Presidio, too, has come a long way since the days of those whispered prayers.

A 30-man crew of trained fire fighters and medics take turns pulling 24-hour-a-day vigils at Presidio's main station on Lincoln Boulevard.

The familiar image of a tall and friendly fireman waving as he passes a car full of kids still exists, but today's high-tech gear must be manned by highly trained professionals.

It's mid-morning Sunday and the 49ers are losing again on three different TVs in the firehouse.

The phone in the dispatch room rang for the first of many times that day.

Over a loudspeaker, the radio watch calls Gene Day, an assistant chief on shift, to the phone.

"Okay, okay, now listen," Day said into the receiver. "The main water valve is..." his voice trails off.

"My kids are all teen age, but they can't fix a broken water pipe," Day said later. Water flooded his yard and his concern turned from the game to his children.

Behind the fire station, Phil Tripp, a driver and operator of one of Presidio's two pumpers, watches the sky as dark clouds blow into the bay.

"There's a big golf tournament tomorrow against a rival fire station," Tripp said. "We don't want rain." He watched the rain fall and walked back inside to the kitchen.

Matt Buckley sat quietly and reservedly in a corner of the kitchen, eyes glued to the TV. He was spending his second shift as a fire fighter. Buckley recently joined the crews at the department from the Presidio Golf Course, where he worked for three years renting out carts and collecting greens fees.

It seemed boring and actionless around the station the entire weekend. Contrary to what some people may think, fire fighters don't sit in their trucks waiting for a call.

The weekend actually provided a great opportunity to meet the men behind the badge, so to speak.

They've been charged with saving lives and property, day and night, no matter what the weather. So at work, during their 24-hour shift, they train, practice and drill during the week. On the weekend, especially Sunday, they relax and their minds turn toward their families, friends or the big golf tourney.

"Sometimes you can wake up and say to yourself, 'I don't want to go into work today,' but you pull yourself out of bed and you go in," Day said. "Sometimes the waiting between calls can seem forever, but we all try to keep ourselves busy."

During the week, Day said fire fighters spend the day inspecting Presidio's buildings and working with their equipment during training.

"Just like any city fire department, the federal fire stations, like here at the Presidio, have to keep up on the latest techniques and training," Day said. "No one can pick up and know everything about fire fighting. We go over and over the trucks and pumping techinques, and the guys on the rescue pore over their gear, too," he said.

The Presidio Fire Department has five trucks, some dating back to the early '60s. Included are two medium-sized pumpers that serve the Fort Cronkhite and Fort Baker area.

At the main station, two American LaFrance pumpers and a rescue van are housed.

Day said the department recently raised the funds to get two pumpers at Station One upgraded with diesel engines and a fresh coat of paint.

"These two trucks were getting so old and literally just rusting away.

"We were told there weren't any monies for new trucks, so we had to get these two worked on," he said.

Powerful, turbo-charged diesels and extensive pump and body work has brought the trucks up to reliable standards, Day said.

"The trucks came back in good shape and we've got a third almost completed to go to Cronkhite for service," he said.

Fire fighters take turns manning the two-person crew that protects the buildings and housing areas across the Golden Gate.

On the rescue van, the department has created their own version of the famous TV show vehicle, "Squad-51."

Two men are assigned each shift to man the rescue van. On board are the "Jaws of Life" (a rescue tool to free victims from car wrecks), an all-purpose rescue saw, extra air tanks, a portable generator and an array of medical supplies.

Day said the shifts usually have an Emergency Medical Technician (EMT) ride in the rescue van.

"When someone calls the 5656 number here on post, that call comes into the fire department," Day said.

"If the person needs some sort of medical help, we send the rescue out right away, while our dispatcher gets an ambulance on the way.

"All the men are trained in basic first aid and many of them are EMTs. Because we can get to the scene a lot faster [than the ambulance] that training comes in handy," Day said.

Kevin McCullough is a state-trained EMT and a Presidio fire fighter who rides in the rescue van during his shift.

Before he was hired for the job, he went to school in San Jose, earned a fire science degree and took his EMT training.

I'd been a volunteer for awhile during school, and I knew eventually I'd want to work full-time at this," McCullough said.

"I like the job here," he added.

"The federal service hired me and I can get great experience while I'm here, working as an EMT and a fire fighter," he said.

Because the pay and benefits for trained fire fighters are more attractive in bigger cities, he and other younger firemen will eventually leave the government, McCullough said.

Breaking up the Sunday quiet, the emergency number chimed out a constant ring from behind a console that houses the phones and radios.

The fireman on dispatch quickly jotted down an address and name and hit the bell's button on the side of the console.

Three rings and seconds later, Engine One is on its way to the 700 housing area. A gas stove is sparking and a resident is concerned.

Winding past stopped cars and kids on bicycles, the engine stopped in front of the quarters just minutes after the call.

Children gather around the truck as two fire fighters enter the house. A stove has shorted out and there's no fire. Capt. Frank Rihtarshich, a lead fire fighter on Engine No. One, tells the family they won't be able to use the stove until they call in a work order. He and the other fire fighter disconnect the power and and gas and walk outside back to the truck. Children have lined the road and start throwing questions at them.

"No, there's no fire, " Rihtarschich answers.

"Why are the trucks yellow?" "What are those hats for?" "Where are you going now?" The kids are curious.

The crew was soon inside the station again, where it was quiet for the rest of the evening. The TVs blasted and a spaghetti dinner from a famous Presidio firehouse recipe simmered in the kitchen.

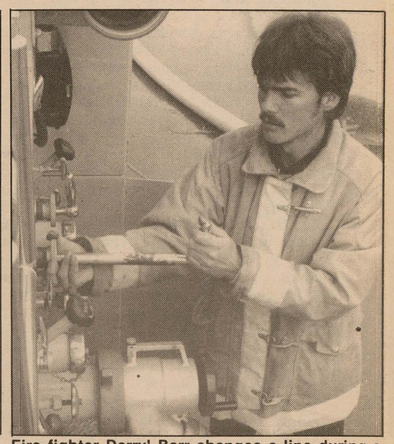
"The federal fire fighter must work a 72-hour week, and the pay is somewhat less than what fire fighters earn in the city," Day said.

"But here, you make friends quick and a kind of brotherhood develops that you might not always see. But come time at a fire and you know you can rely on each other," he said.

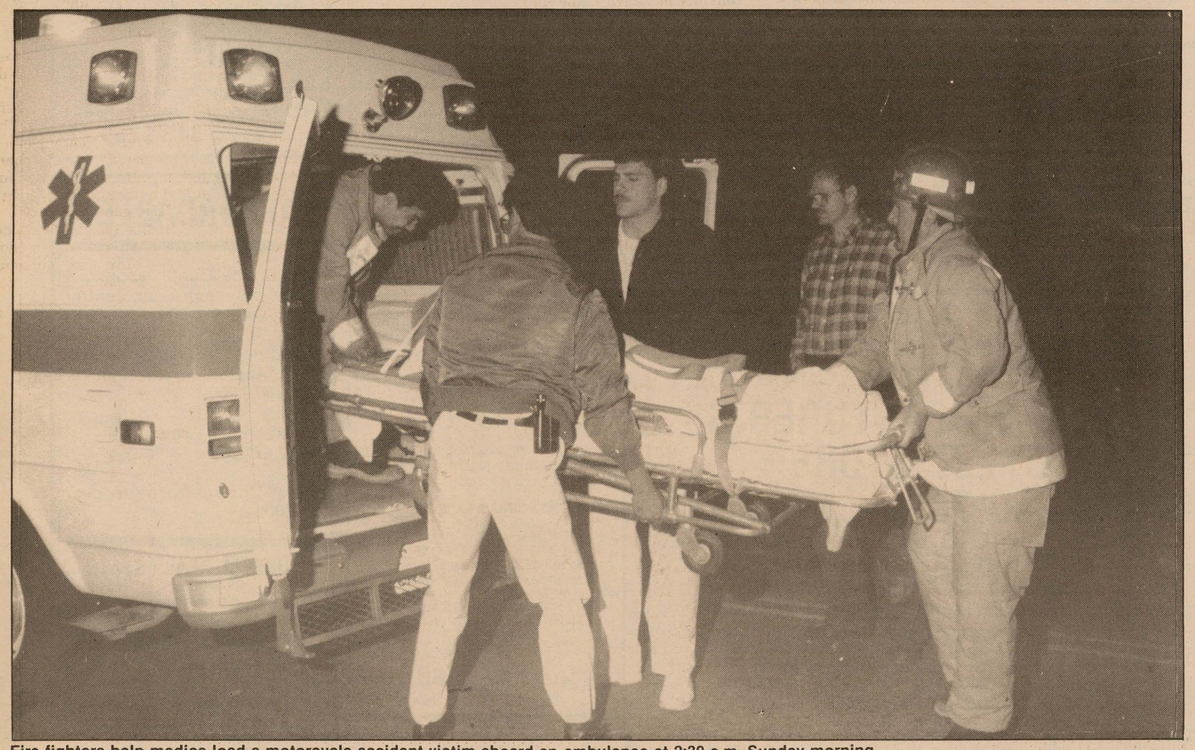
Fire fighter and EMT Kevin McCullough checks the medical kit from Rescue One during a weekly inspection.

Fire fighter Kevin McCullough hooks up a 5-inch line while other fire fighters ready the truck to pump during a drill.

Capt. Frank Rihtarshich talks to neighborhood kids about the "big blaze" in family quarters.



Fire fighter Darryl Barr changes a line during a drill.



Fire fighters help medics load a motorcycle accident victim aboard an ambulance at 2:30 a.m. Sunday morning.

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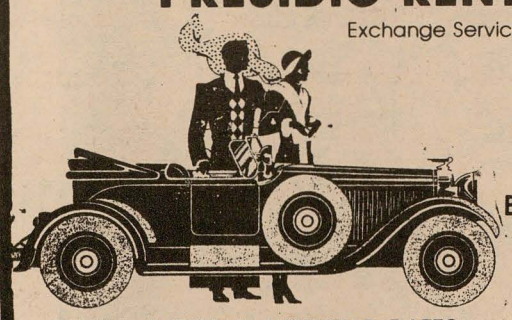

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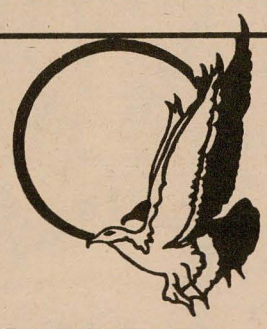

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Community Calendar

Art auction, show

The Letterman Auxiliary and the Presidio Officers' Wives' Club will sponsor an art auction on Nov. 1 at the Presidio Officers' Club.

Hors d' oeuvres and wine tasting will also be held at the event.

Previewing begins at 6:30 p.m. and the auction will start at 8 p.m.

Wood workshop

The Presidio Arts Center is offering a one-day workshop in how to make a pine stepstool in just four hours. The workshop is tomorrow at 10 a.m. The fee is $10 and includes all materials. Participants must have a woodshop qualification card to take this class.

Call 561-4497 to sign up, or come by bldg. 122, at the corner of Lincoln and Riley Avenue.

T-shirts for sale

Youth Activities has T-shirts for sale at $6 each. They are 100 percent cotton and available in all youth sizes.

You can buy them at bldg. 567, Youth Activities Office.

Halloween dance

The Presidio Teens Incorporated will be giving a pre-Halloween dance "Spook the Cabin" tonight from 7 p.m. to midnight at the Log Cabin (bldg. 1299). Teenagers 13 to 19 are welcome; tickets are $3.

For more information, call Youth Activities at 561-5143.

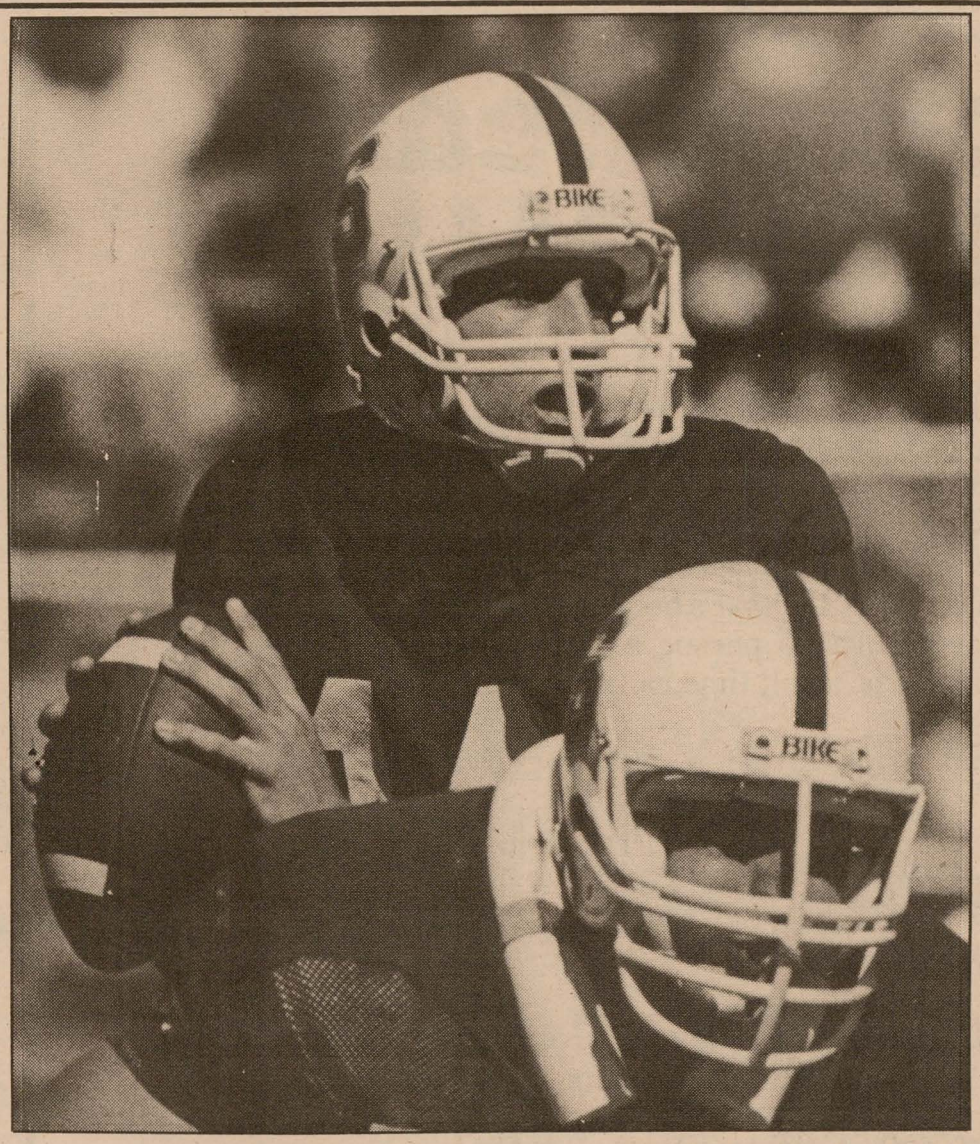

photo courtesy David Madison Photography

Stanford vs. Arizona

ITT has discount tickets ($8.25) for reserve seating at tomorrow's game. If you want to see John Paye complete that pass, call ITT now.

Holiday portraits

The Presidio Arts Center is offering an opportunity to have you and your family photographed for the holidays by our professional photographer.

The studio is available on Nov. 1 and Nov. 15 from 6 to 9 p.m., and Nov. 2 and Nov. 16 from 10 a.m. to 4 p.m.

The fee is $20 and includes five poses with five different 5x7 prints.

All orders will be returned to you by Christmas and additional prints (any size) may be ordered. This is by appointment only, and you are encouraged to call the Arts Center at 561-4497, bldg. 122, at the corner of Lincoln Boulevard and Riley Avenue.

Call early!

Position management

The Civilian Personnel Office will hold a workshop on Nov. 13 exclusively for managers and supervisors (second-level and higher or equivalent), who have been delegated position management responsibility and authority; i.e., those with authority to design positions and change organizational position structure.

The workshop will be held from 8 a.m. to 4 p.m in the Training Room, bldg. 37. Please submit written nomination(s) early to the Training and Development Branch at 561-2554, to reserve space. Class size will be limited to 24. An advance reading assignment is included.

...the write stuff...

by Ted Weller

So far, so good. The paper is in the typewriter, I feel like I have journeyed back into the last century.

You have to understand, I normally prepare this weekly occurrence on a word processor, but due to circumstances perfectly within my control, I have been relegated to using a typewriter. But, at least, it has a correcting function.

The only reason I bring up this subject is to warn the editor about the frequency of "typos" from this point on!

Okay, blue pencil...she still uses one...in hand, let's begin.

The San Francisco American Indian Arts and Crafts Show and Sale will have craftspeople and traders displaying the finest in rugs, pottery and jewelry tomorrow and Sunday, from 8 a.m. until 6 p.m. in Building A, Fort Mason Center. Call 493-1414 for more information. Admission is only $3 at the door.

The San Francisco Recreation and Parks Department is sponsoring a FREE Halloween celebration for all children under age 12 at the Children's Playground in Golden Gate park tomorrow between 2 and 4 p.m. Your kids can design their own trick-or-treat bag, make a Halloween button, take a FREE ride on the carousel or enter the Halloween costume contest. For more information call 753-5210.

The Austrian Consulate will celebrate its own national holiday along with the Golden Gate Band concert at the Bandshell, Sunday from 1 to 3 p.m.

Now if the weather decides that fall has come, here are some indoor activities for all:

At the Exploratorium, on both Saturday and Sunday, blacksmith Eric Clausen will demonstrate a variety of techniques that form the basis of the art and science of blacksmithing. The demonstrations will run from 10 a.m. until 5 p.m. on both days.

Also at the Exploratorium, Catherine Favre, a European-born violinmaker, will demonstrate the art of violin making. She will show how she carves a violin, the principles of tap-tuning and violin acoustics.

Both of these events are included in price of admission. For adults it is $6 for three months and admission is FREE to those 17 years old and younger.

The 40th anniversary of the United Nations is the theme of the 8th Semiannual Marin Coin, Stamp and Fine Jewelry Show at the Marin Center Exhibition Hall tomorrow from 10 a.m. to 7 p.m. and Sunday from 10 a.m. until 5 p.m. There will be free stamp-starter kits for the kids as well as free appraisals, and the admission is FREE. Call 453-6784 for more information.

The School of Creative Arts at San Francisco State University will present the final curtain call of Eve Merriam's *The Club* at 2 p.m. in the university's Little Theatre. Tickets are $4.50 general admission; $3.50 for students.

Also playing out at 1600 Holloway Avenue is this month's edition of the Morrison Artist's Series featuring the Daniel String Quartet from Holland. The afternoon program begins at 3 p.m. in McKenna Theatre and will feature Webern's *Quartet*, Opus 18 (1905), *Quartet in D Major*, K. 499 by Mozart and *Quartet No. 3 in A Major*, Opus 41 by Schumann. Admission is FREE.

Have a happy Halloween!

At the movies

Presidio Theater

Fri,	Oct. 25	Fright Night (R)	7 p.m.
Sat,	Oct. 26	Fletch (PG)	7 p.m.
Sun,	Oct. 27	Volunteers (R)	7 p.m.
Mon,	Oct. 28	Volunteers (R)	7 p.m.
Tue,	Oct. 29	Creator (R)	7 p.m.
Wed,	Oct. 30	King David (PG-13)	7 p.m.
Thu,	Oct. 31	Friday the 13th Part Three/ Friday the 13th, The Final Chapter (R)*	7 p.m.

*Double Feature-Admission $2.00

Schwartz Theater

Mon,	Oct. 28	Fright Night (R)	7 p.m.
Wed,	Oct. 30	Volunteers (R)	7 p.m.
Thu,	Oct. 31	Creator (R)	7 p.m.

Hamilton Theater

Fri,	Oct. 25	Racing With the Moon (PG)	7 p.m.
Sat,	Oct. 26	Bambi (G)	1 p.m.
Sat,	Oct. 26	E.T.-The Extraterrestrial (PG)	7 p.m.
Wed,	Oct. 30	Turk (PG-13)	7 p.m.
Thu,	Oct. 31	Dracula*	7 p.m.

*No rating available

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Sports

Flag football standings

Teams	Won	Loss
Corps of Engineers	6	1
USAG	5	1
Sixth U.S. Army	4	2
LEC	4	2
LAMC	3	3
OARB	3	3
Co. H, DLI-SF	2	4
864th Engineers	1	5
LAIR	0	6

Next week's games
Monday

LAMC . . vs . . Co H, DLI-SF . . 6 p.m.
LEC . . . vs . . USAG . . . . . 7 p.m.

The intramural flag football season ends after Monday's games. The post flag football championship will be held Nov. 4 through 18 and the championship game will be held on Nov. 20. The top six teams will compete in a double-elimination tournament for the post championship.

Powerlifting trials

The 1986 Army Powerlifting Trials (for men) will be held Nov. 17 through 23, followed by the Armed Forces championship Feb. 8 through 13, 1986, at Fort Lewis, Wash. People interested in being considered to participate or coach in powerlifting should submit their applications through the sports branch office in bldg. 63.

There are 11 weight classes. Each application must include certified lift totals from official competition. Lift totals for post command championships will be accepted, provided they are certified in writing by the post or command sports directors.

All applications must be received by Headquarters, Department of the Army, no later than Oct. 31. For more information, call 561-4120 or 561-5032.

photo courtesy Golden State Warriors

Golden State Warriors

If you want to see Joe Barry Carroll in action, the ITT Office has tickets for a select number of the Warriors' home games. For more information, call 561-3992 from 11:30 a.m. to 1 p.m. or 2 to 5:30 p.m., Monday through Friday.

Aerobics

Get fit or stay fit!!! Inspiring high-energy exercise classes are held daily at Gym No. 1, bldg. 63. Exercises will stretch, tone and strengthen your body with aerobic conditioning. All exercises are done to popular music.

Classes are ongoing, so you can join any time, but monthly registration is encouraged and saves money.

There is a FREE introductory class for interested people. Classes are open to both men and women of all ages and levels of fitness. Participants are encouraged to exercise at their own pace.

For more information, call 561-4120 or 753-8733.

Runners risk more than sprained ankles

by Donna Bolinger

It's just before dawn. A soldier dons athletic gear and hits the streets, ready for an early morning jog.

Unfortunately, in pursuit of physical and psychological health, he or she may be running into trouble.

Joggers are easy targets for muggers and rapists. They often run alone, at a predictable time, usually early in the morning or late in the evening when most people are at home, and in secluded areas where cries for help can't be heard.

Experts such as psychologist Martin Reiser of the Los Angeles Police Department say runners are good targets for all kinds of reasons—from motorists who resent their freedom to sexual misfits to deranged individuals whose anger can be triggered by things such as the color of a jogger's running shorts.

But the overwhelming factor, police say, is that sooner or later most runners will lead an attacker to an isolated area. While aware of the dangers, many runners continue to go it alone, claiming that's part of the pleasure.

Officials at the Soldier Physical Fitness Center estimate that, of more than 2 million people on active duty, about 30 percent jog regularly...and that most hit the road with particular emphasis right before physical fitness tests.

"It's difficult to determine just how many of these joggers have been attacked, because neither military nor civilian police separate these statistics from those of other crime victims.

Police say women are the most frequent victims of violence on the jogging trail and that rape rather than mugging is usually the motive.

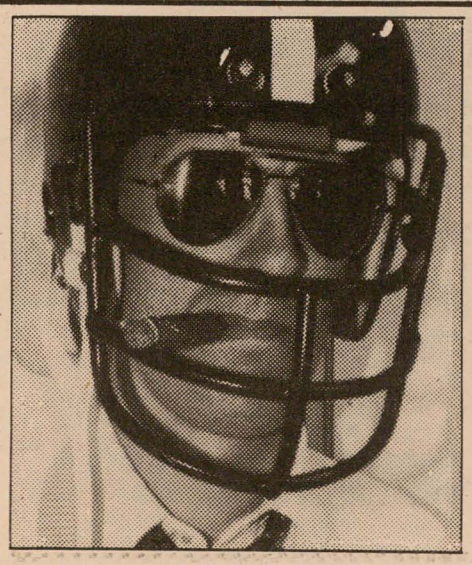
In a survey made by one women's running club, 46 of 100 respondents had been the victims of 57 separate attacks. They said the most common places of attack were parks, bicycle trails and commercial streets after business hours. The safest places, they found, were downtown and residential areas.

The American Running and Fitness Association offers these tips for safety on the run:

- Run with a friend or dog.
- Run during daylight hours and avoid alleys or isolated or unpopulated areas.
- Avoid doorways, trails or sections of trails surrounded by heavy brush.
- Vary your schedule so no one can count on seeing you in a certain place at a certain time.
- Let someone know where you're going and how long you'll be gone. Have them alert the police if you don't return as planned.
- Wear identification and carry a police whistle around your neck.
- Run defensively and be alert. Listen for sounds of people sneaking up behind or beside you.
- Leave entertainment devices, including headsets and radios, at home. They block out noises you need to hear.
- Don't wear jewelry that might attract muggers.
- Avoid antagonizing motorists. Ignore verbal harassment.
- Take a course in self-defense.

American Forces Press Service

Jimmy the Freak



Hellooo, everybody! Between my primal scream therapy sessions, I've been doing a lot of thinking about professional football, and I've got some questions about burning issues that I'd like to share with you: Will O. J. ever complete a sentence that is correct, grammatically? Will John Madden be the next spokesman for United Airlines? Speaking of big, should the 49ers offensive line be called "Big Bubba and the Holding Company"? Did you realize that the 'Niners finally have more victories than Joe Montana has ex-wives? Does Al Davis really comb his hair with a basting brush? For the answers to these and other questions of paramount importance, tune in next week.

San Francisco 77
Los Anguished Rams 0

If Dickerson has a good game, the score shoud be a little closer...say, 58-7. All seriousness aside, doesn't John Robinson get on your nerves just a little?

Green Bay 31
Inappropriate Colts 13

Let's drop Bob Irsey into a cage with a gorilla, so that the gorilla can do to Bobby what Bobby did to the people of Baltimore last year.

San Diego 27
Los Aggravating Raiders 17

Two, four, six, eight...who can we emasculate? Raiders, Raiders...whimper you Raiders!

Miami 31 Detroit 10

Shula takes no prisoners after this game!

Atlanta 23 Dallas 21

The 'Boys get caught looking past the Falcons to their game the following Monday with the Cardinals. Watch for Tom Landry to show some emotion when he drop kicks Danny White over the goalposts.

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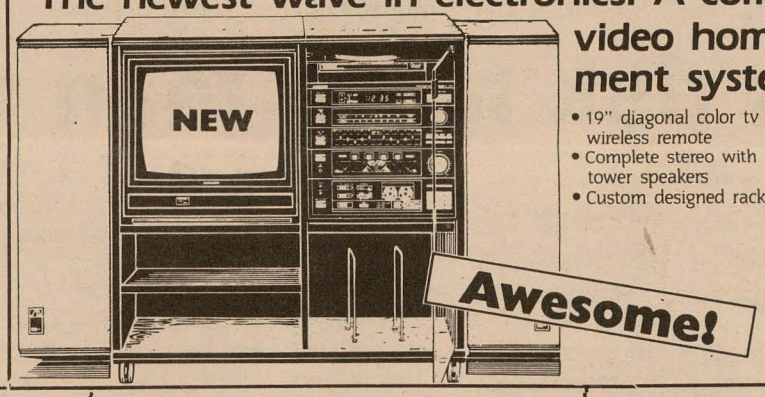

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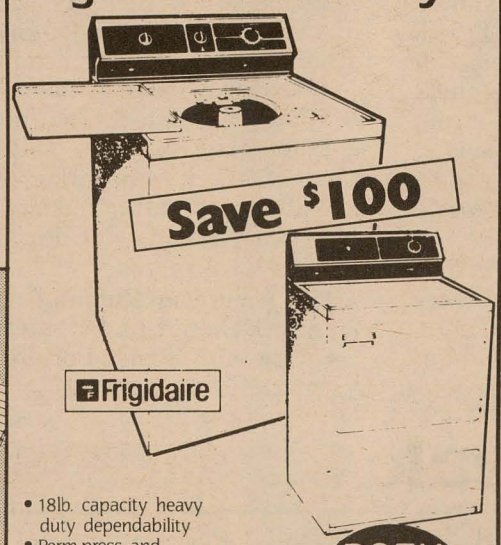

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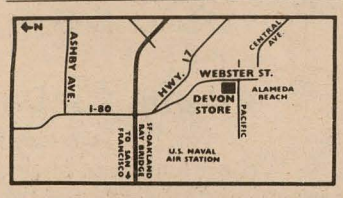

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Equal Opportunity: preventing sexual harassment, **page 5**

Presidio Teens Inc.: both fun and responsibility, **page 5**

All that jazz: it isn't just rock 'n roll to the Sixth U.S. Army Band, **pages 6 & 7**

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Star Presidian

Vol. 28, No. 44 "Published in the interest of the people of the Presidio of San Francisco." November 1, 1985

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News briefs

FOCUS '86

All Presidio soldiers, civilians and family members are invited to FOCUS '86, a celebration of Presidio accomplishments and plans for the coming year.

FOCUS '86 will open Tuesday at 10 a.m. in the post theater and will be repeated at the same time Wednesday and Thursday.

Supervisors are encouraged to grant their workers one hour of administrative leave on one of those three days to learn more about past and future Presidio achievements.

Veterans Parade

In conjunction with the opening of Fort Mason Center's "40 Years Later" celebration and exhibition on Saturday, Nov. 9, the annual San Francisco Veterans Parade will be moved to the Marina district.

Over 150 marching units are expected to take part in the parade, which will march from Crissy Field's promenade to lower Fort Mason along Marina Boulevard between 11 a.m. and 1 p.m.

Mustering along Golden Gate National Recreation Area's portion of Crissy Field, the parade will follow a route out Mason Street, from Halleck Street, through the Marina Gate toward Fort Mason. Although normal hours of operation will be kept by both the Post Exchange (PX) and commissary, patrons are advised that a great deal of traffic congestion can be expected during the hours of the parade.

Since Marina Boulevard and its adjacent streets will be closed to all traffic, those patrons who still intend to shop should enter the post at either the Gorgas Avenue or Lombard Gate entrances and cross Mason at Marshall Street to the commissary, or follow the signs to reserved parking at the PX. Provost Marshal personnel will be on hand to aid in the traffic control. Any questions should be directed to our Community Relations Office staff at 561-2006 or 561-3870.

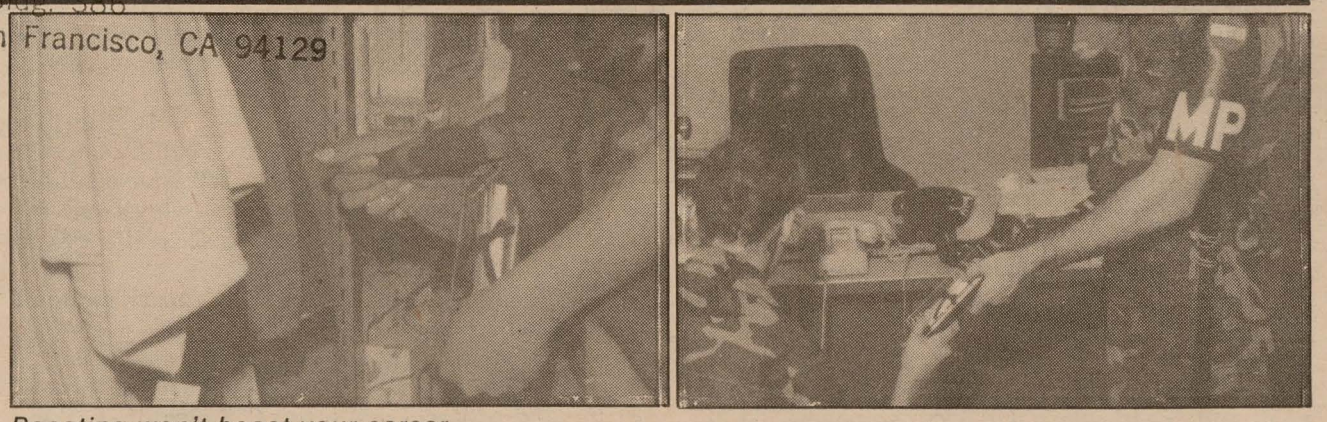
Road construction

There has been a delay in the road construction at Lincoln Boulevard and Torney Street.

The project began in mid-September, but contractors soon ran into problems which halted work for four weeks. Underground utilities were discovered which hadn't been in the plans, according to Ed Littleton of the Corps of Engineers, which is handling the project.

The construction is to change the grade of the road, making it slope in the opposite direction. This will help make the curve safer for drivers, Littleton said.

The contractors have not yet determined a completion date. However, work is once again under way on the project, Littleton said.



Boosting won't boost your career.

Detectives nab PX shoplifters

Story and photos by Joseph A. Hirsch

In case you didn't know it, you're being watched while you shop at the Presidio Post Exchange (PX).

You're being watched by people that look a lot like you do. They appear to be shopping just like the other cart-pushing patrons in the store. These watchers are hard to pick out in a crowd, but you can believe they'll be casting a look your way every now and then.

Confused by all this watching? Well, don't be worried, unless you're a shoplifter. That's who the watchers are *really* watching.

These store detectives are specially trained employees of the Army Air Force Exchange Service's (AAFES) system that specialize in catching shoplifters in their stores worldwide.

These in-store Dick Tracys are helping to curb multimillion-dollar-a-year losses that AAFES stores incur from patrons who steal.

On the Presidio, the detectives are on duty at the PX and, according to a security supervisor who asked not to be identified, the watchers are nabbing thieves almost daily.

"Over the last five months alone, the number of people caught by our store detectives has increased tremendously," the supervisor said.

During an average week, he said at least five or more shoplifters are caught.

Get ready for some shocking statistics.

The Presidio PX, according to the supervisor who also walks the PX floors, has caught more people shoplifting than any other store. The Exchange also led the chain of stores in having the highest dollar value of items taken last year.

Here's another shocker.

About 3 percent of the shoplifters are active duty soldiers. The remainder are retirees and youngsters.

Family members make up a small percentage of the group but the supervisor didn't give any specific numbers.

"Our store detectives aren't police officers," the supervisor said. "We don't make arrests, and we don't carry guns. If we catch someone who's stolen something from the store, we detain that person and make a picture of the merchandise. We call the MPs right away and they take the case from there."

From that point on, the supervisor said the next steps taken depend on the person's status.

Army regulations say that a soldier who's caught shoplifting will be turned over to his command for punishment. The usual result is an Article 15 when loss of rank, restriction and extra duty are imposed on the soldier.

In a case where a family member, such as a child, takes something and is caught, the youngster is turned over to his parents.

When a retiree steals something from the PX, he or she is turned over to the U.S. magistrate where a fine, community work or jail time could be handed down.

In each situation, the supervisor said repeat offenders lose their PX privileges.

"In court, detectives have to prove beyond a shadow of a doubt that we saw the person steal," the supervisor said.

In his three-and-a-half years with store security, he said AAFES hasn't lost a case yet.

"It's funny how these people act when they get caught," he said. "They almost always pull out a big wad of cash from their pocket and try to pay us."

But it's too late by then. He said AAFES doesn't give second chances.

SFC Sheldon M. Stein, the Crime Prevention NCOIC at the Provost Marshal's Office, said the post should take a serious look at what's happening.

"We're lucky that we catch the large number of shoplifters that we do. Those store detectives do a pretty good job," Stein said.

But when the thief gets away, and they do, Stein said, the honest patrons of the store are the ones that absorb the cost of the stolen items. At last count, AAFES reported losses from shoplifting in the millions of dollars.

"Our Neighborhood Watch program is gathering momentum," Stein said. "The program is teaching people about the losses and problems with shoplifters and how, in the long run, that crime is really hurting everyone," he said.

"The Mayoral program here is an excellent source of disseminating information about shop-

please see page 3

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Opinions

TAKE A BITE OUT OF CRIME

by Terry G. Knowles

One of the most effective devices used by the Provost Marshal's Office (PMO) staff to reduce crime is the Neighborhood Watch program. It is a program where community members can help protect each other from crime.

Americans today, especially in the military, are a mobile group. This relatively constant moving about tends to make a community less cohesive, making it easier for a criminal to perform his malevolent task by "blending in" anonymously.

It has been estimated from Provost Marshal files, the FBI and other sources, that burglary has become such a low-risk venture for the criminal that one household in ten will be broken into each year, and one burglary will occur somewhere in the nation *every nine seconds.*

If there was ever a time to be concerned about your neighborhood and your home security, it is now.

Because the military police cannot be everywhere at once, one of the best innovations for crime prevention is the concerned neighbor. Being a concerned neighbor does not mean invading your neighbor's privacy, but it does mean being concerned and curious about strangers and suspicious activity.

You are the one who really knows what is going on in your neighborhood, and your children also can be a valuable source of information. Children should be encouraged to report strange or suspicious activity.

The Provost Marshal recommends the following guidelines for Presidio residents:

- Neighbors first must break the ice and take the time to get to know each other.
- Explain to your neighbor your concern about protecting the neighborhood, and suggest you pool your resources to watch out for each other.
- Become familiar with those living around you so that a suspicious stranger will be noticed easily.
- Exchange home and work phone numbers in case a questionable situation or home emergency arises.
- If strangers such as salespeople, deliverymen or repairmen are seen calling on your neighbor's unoccupied quarters, tell your neighbor to see if the person was expected. Salespeople are required to have a permit—ask to see it if they call on you.
- When you plan a trip or vacation, don't advertise it to too many people. Ask a trusted neighbor to collect your mail and newspapers.

People across the country are learning to fight crime and protect each other's homes by working together. Become a concerned neighbor. Exchange information and be alert to what is going on in your neighborhood.

Members of the Physical Security and Crime Prevention sections are making every effort in keeping the public informed about what they can do in fighting crime by using the news media, advertising, news articles and other methods to reach the public.

Thanks to the efforts of people such as SSgt. Victor J. Gutierrez, of PMO's Physical Security section, crime prevention activity is being updated constantly.

"There will be additional signs serving notice on any would-be criminals that the Presidio is a Neighborhood Watch community. These new signs will soon be posted at entrances to the Presidio and all of its subposts," Gutierrez said.

Neighborhood Watch is your program and, while it is sponsored by the Provost Marshal's Office, only you can make it work.

A good point of contact to help you set up a Neighborhood Watch is your area mayor, who can get help from the Crime Prevention office.

For more information on Neighborhood Watch programs or other crime prevention programs please call or visit the Crime Prevention offices at the Provost Marshal's Office, bldg. 36, 561-5011 or 561-4925.

If you should witness a crime in progress or suspicious activity, call the military police at 561-2251 or 561-2252.

Crime report

- One person was charged with drunken and disorderly conduct.
- Two people were charged with stealing a car. The driver was charged with driving with a license also.
- Person(s) unknown damaged a car by breaking in the windshield and smashing the front and sides of the body. An AM-FM stereo cassette, four tires, the carburetor and the car's battery were taken.
- Person(s) unknown took a Bruning Electric Eraser from an unsecured room in bldg. 1013.
- Person(s) unknown stole a locked 1981 Plymouth K-Car on Liggett Avenue.
- One person was charged with driving without a license.
- *Person(s) unknown took $40 in cash from an* unsecured wallet in the LAMC Emergency Room.

Ramblin' Sam

"What question would you like to ask Ramblin' Sam?"

Sp4 Darren V. Bartholomew, postal clerk, 16th AG (Postal): "Why is Jimmy the Freak even considered when week after week he shows no knowledge in predicting football scores?"
Answer: "The Freak has unshakable (and perhaps unwise) faith in the 49ers, an unrelenting bias against Dallas and a vendetta going against Al Davis. Freaky also has a sense of humor and an ascerbic wit that could melt titanium—that's why the *Star Presidian* keeps him."

Capt. Colleen P. Parker, chief of Human Resources Development Division, USAG: "Why does the *Star Presidian* have so many ads?"
Answer: "Glad you asked! Ads pay the cost of publishing the *Star Presidian*—which saves the Army about $44,000 every year."

Mike J. Halloran, radio dispatcher, Directorate of Engineering and Housing: "How long has the *Star Presidian* been in existence?"
Answer: "Good question. The earliest issue on file is January 1958. But since that issue is volume *6*, it seems likely that the *Star Presidian* was born in June 1952.

PFC Marilyn X. Greer, food service specialist, USAG: "Who thought up Ramblin' Sam?"
Answer: "The 'Inquiring reporters' made their first appearance on March 14, 1958, when Kenneth S. Erwin was the *Star Presidian* editor. The name 'Ramblin' Sam' wasn't bestowed until the June 14, 1974 issue, when SSgt. H. J. Rodgers was the editor."

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Editorial

Is dedication dead?

by Liz Greeley

Sometimes it seems like everything *used* to be better.

During reminiscences of halcyon days, soldiers were braver and more dedicated, drill sergeants were so vicious that they should have worn spiked collars and been kept on a leash, women were more feminine and Mom's apple pie was an indescribable delight, devoid of additives, too.

No, things just aren't the way they used to be. Or are they? Sometimes even memories seem to play Halloween tricks on us.

For example, dedication is not dead among today's soldiery. There just aren't any "old-timers" to reflect on it...yet.

About dedication...about 6 p.m. on October 24, I was walking past Letterman Army Medical Center (LAMC) on my way home, when I noticed a soldier near the new sidewalk between the Lombard Gate and LAMC. As I walked, I wondered what this soldier, still in his BDUs, was doing there.

As I came closer, I could see that the last block of cement had been laid in, but the sidewalk was still roped off.

Then a couple of runners ducked under the tape and *tried* to jog down the new sidewalk.

The soldier went into action. He warned off the joggers and replaced the trampled boards which supported the still-wet cement. And then Sp4 John D. Francis resumed his watch.

It may not seem like much to the casual observer: a diligent sentinel guarding a stretch of cement. Some people may think it even amusing. At any rate, so what?

Well, if a soldier is that dedicated about guarding a stretch of sidewalk, how will he react to greater responsibility? With more, or less dedication? My guess is the former.

I've heard it said, I don't recall where or by whom, that there are no unimportant jobs. But what Thursday evening showed me is that it's the seemingly unimportant jobs that highlight character the most.

If a soldier guards a stretch of sidewalk that well, how well would he guard his country in wartime, when people's lives are at stake?

My hat is off to Francis, who works at Company D, 864th Engineer Battalion.

Well done, soldier.

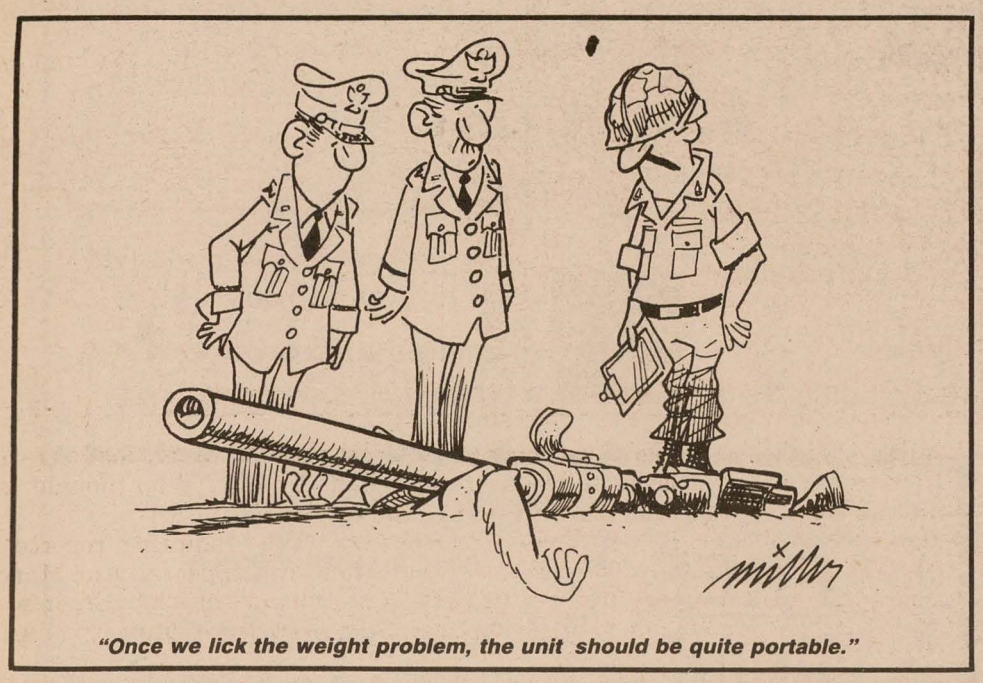
Shoplifting continued from page 1

lifting to parents and their kids and, by all of this info, we're educating people and preventing a lot of problems."

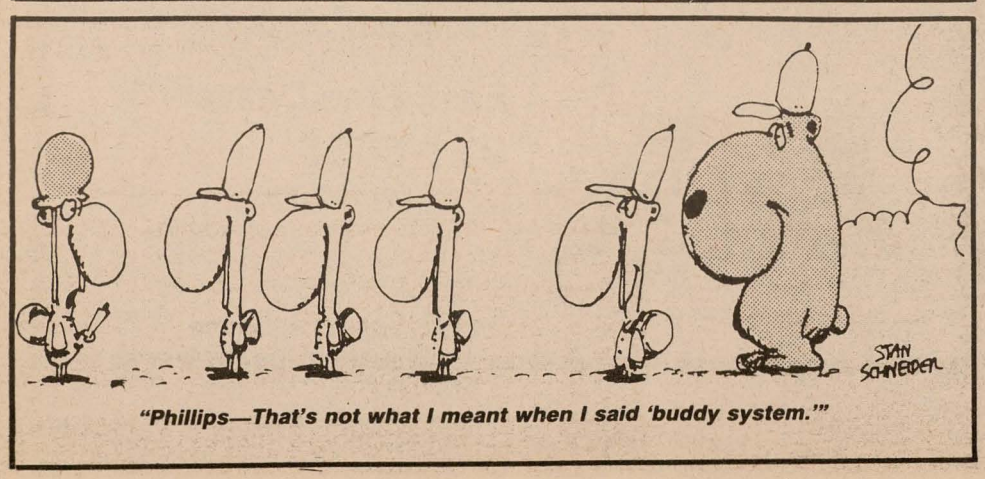
Stein said that just knowing that family members could get their privileges revoked is deterrence enough.

"Crimes aren't all done by active duty people," Stein said. "I think they realize they have too much to lose."

The Lighter Side



"Once we lick the weight problem, the unit should be quite portable."



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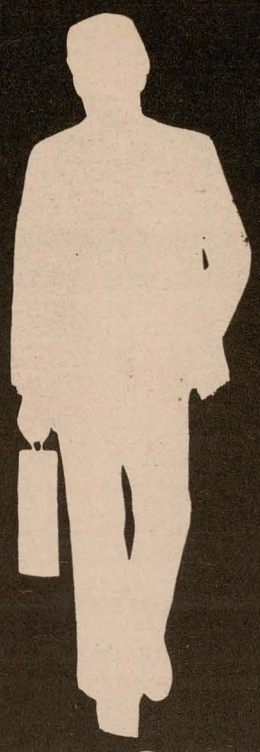

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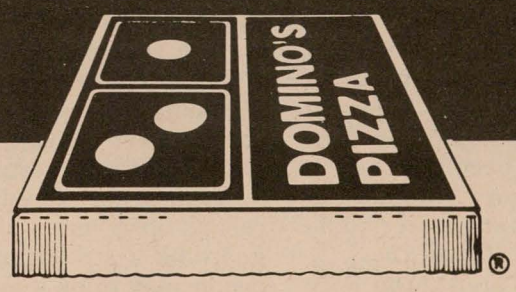

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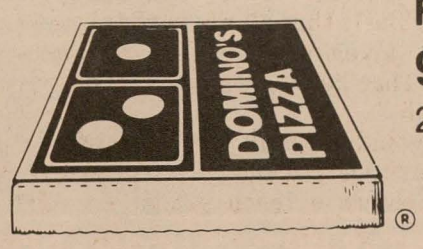

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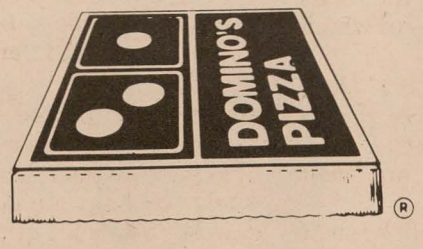


FYI

New EO advisor revitalizes program

by Debbie Campbell

The Presidio offers many services which are designed to help out the soldier in almost any situation. If he or she is short of funds, the Army Emergency Relief program can help out; if he or she needs to find housing off post, ACS offers its Housing Referral program; if a soldier just wants to spend a weekend skiing at Lake Tahoe, the Outdoor Recreation Center provides low-cost ski equipment rentals.

However, many people don't realize that another important service is available which can contribute to a soldier's mental well-being.

This service is at the Equal Opportunity office in bldg. 909. Equal Opportunity is a service which takes complaints from all soldiers concerning sexual harassment and other discriminatory acts.

SFC Robert L. Keating, the new Equal Opportunity advisor, arrived on the Presidio in September. Keating is enthusiastic about his new assignment and said he thinks it's important to let Presidians know he is here.

Since his arrival, he has held awareness training on sexual harassment at the Defense Language Institute-San Francisco as well as many other units on post.

He said sexual harassment is now a big issue in the Army. Keating explained that sexual harassment, or discrimination, only can be recognized as such when the person in question believes he or she is actually being harassed or discriminated against.

In other words, harassment is any treatment with sexual overtones that is not welcomed by the person filing the complaint.

It is important, Keating said, for soldiers to use the chain of command when filing a complaint. He said he thinks this often helps straighten out problems at the company level.

However, Keating wants people to feel free to call him directly. He said he doesn't want anyone to think it's wrong to bring him a complaint, as long as they feel justified in doing so.

"Sexual harassment is not just a female issue," Keating said, "males can be harassed too. My main job is to make sure everyone gets the same chances and that they get treated the same."

Handling complaints is not the extent of the Equal Opportunity advisor's job, though. Keating is responsible for planning and putting on ethnic events on the Presidio as well.

Keating is currently working on plans for Martin Luther King's birthday celebration in January as well as Black History Month in February.

According to Keating, the main problem at Equal Opportunity today is that the program is simply not well known. He said he wants to eliminate the stereotype which says the Equal Opportunity advisor dictates what will happen. "I want it to be a people's program," he said.

If someone has a problem or suggestion for the program, Keating said he wants these ideas to be submitted to him. In fact, he said, he needs volunteers for committees to set up the training as well as the ethnic events.

Although Keating said he thinks that Equal Opportunity hasn't been too well recognized, he "wants to eventually be able to walk down the street and have everyone know who I am."

With his outlook on his job, Keating is paving the way for a project to boost morale and give soldiers a chance to voice their opinions on these important issues.

Presidio mayor starts teen club, gets kids off streets

Story and photo by Debbie Campbell

There's a club on the Presidio which, in many ways, is changing the lives of Presidio teens. It's called *Presidio Teens Inc.*

Presidio Teens Inc., which is sponsored by Youth Activities, was established about two months ago by Star Terell, who is the mayor of the 800 housing area.

Since the club's inception, the residents of the 800 area have noticed a change among the teens there. Before, the kids were often bored. Because they had nothing better to do, they were hanging out on the streets in the evening and generally were raising suspicions among the area's adults, Terell said.

According to some of the teens, they were not out to cause anyone harm, they just wanted a chance to get together and have some fun.

Adrienne Toms, club publicist, said, "the club is good. We have stuff to do and we can make money in the process."

The club presently consists of 35 members, with 20 more applications being processed. The officers of the club were chosen by the teens and are respected by the other kids. This is a boost to the morale of some of the kids, who said they think they would still be out on the streets otherwise.

"Ponch" Rogers, club vice-president, said he enjoys the responsiblities of being an officer.

"I've done a lot with the club. I've helped make emblems, I've called meetings. I've met all the requirements."

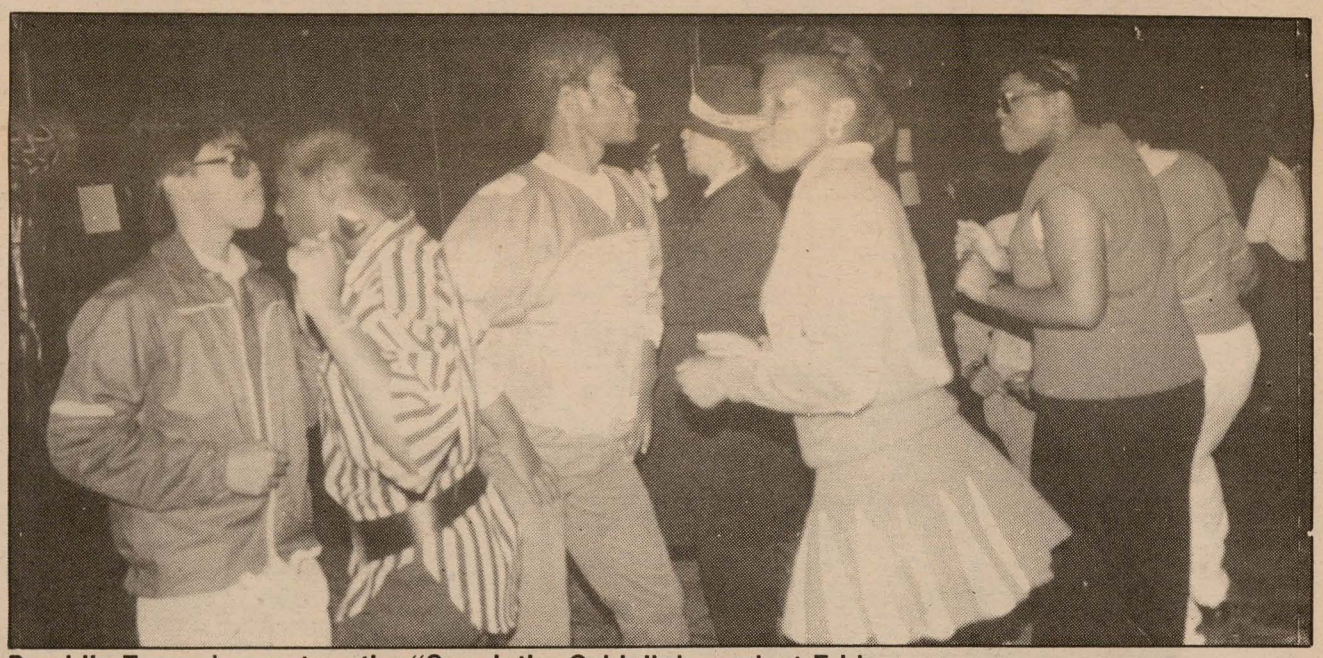
The teenagers range from 13- to 18-year-olds. According to Rogers, his little brothers and sisters now want to start their own club.

Terell said she tries to leave almost everything up to the kids; she sees this as a real learning process. Under her kind, but firm, guidance the teens already have put on two dances, the latter of which was a Halloween dance held on Oct. 25.

Terell said that when the kids have their meetings every Sunday, they don't have just a social hour. They come up with new ideas for activities, make plans and learn to carry out their plans.

Another of the teens' major accomplishments is publishing *The Courier*, a community newsletter which is written and put together by the teens.

Adrienne Toms said she's proud of the fact that she helps with the newsletter in addition to contributing news briefs to the *Star Presidian*.



Presidio Teens Inc. put on the "Spook the Cabin" dance last Friday.

The club seems to have given many of the teens the incentive to take hold of each new situation and tackle problems assertively.

Terell's daughter, Donnice Harrison, is the club's secretary and treasurer. She seems to enjoy her role in the club. "I take notes from the meetings and I type all the important papers. If I want to, I know I can voice my own opinion. I want to be a lawyer," she said.

Many of the teens said they have great respect for Terell, who is really the backbone of the club. Kenny Lore, a club member, said, "We all respect her because we know she's trying to help us." Without her, the kids said, the club wouldn't exist.

At the Oct. 25 dance, Terell was a blur of activity. She seems to have an endless supply of energy and, indeed, more than her share of patience as the mother of five girls.

The club members pay $2 in dues every two weeks to help support their activities. Also the dances raise a lot of money. One hundred and fifty teens from all over the Presidio (not just the 800 area), paid $3 each to get into the Oct. 25 dance. In return, they were treated to an evening of good, clean fun.

An adult chaperone said how pleased she was when a club member refused to allow one of the teens into the dance until he got rid of his cigarette.

Another achievement of Presidio Teens Inc. has made the teens proud. The one thing they said they had really wanted was a place to meet. So, as of two weeks ago, they have their own clubhouse in bldg. 908, which they are diligently cleaning and painting in preparation for the first meeting there.

Presidio Teens Inc., may soon become well known as a haven for teens all over the post, who need a place to meet and be with friends.

The club's president, Jesse Leon-Guerrero said, "One thing I like is that all my friends come to our meetings. It gives us a chance to make new friends, too. That helps because, in the Army, we move so much."

For Army kids, a club like this may be just what is needed to help a lonely teen come out of his shell or to inspire a tenth grader to voice her opinion.

Hopefully, the next time one of the teens moves with his (or her) family, he will borrow some ideas and start a teen club at the family's new assignment.

Photo Feature

Take a look inside an Army musician's life

Story and photos by Liz Greeley

For a special few, the Army has the perfect job. Soldiers in these jobs still have to go to Physical Training (PT) and pass the Common Task Testing (CTT), and they get to work many weekends and most holidays.

The Presidio has almost 40 people in these jobs—they call them the Sixth U.S. Army Band.

Currently rated the number one band in FORSCOM, the Sixth U.S. Army Band has played for audiences as diverse as Eskimos in the Arctic Circle, vacationers at Disneyland and the premier of China.

But CWO 2 Freddie Vinson Jr., 35, bandmaster and commander of the Sixth U.S. Army Band, doesn't think their performances make the band special.

"What makes it really special is the people we have working with the band itself. They are very talented people, most of them very young but mature for their age, very intelligent and super talented," Vinson said.

Vinson said that Army Bands give young musicians a wider range of exposure to music than they would get elsewhere, because they are required to play symphonic music, jazz, rock and marches.

Vinson also said that being a soldier-musician is difficult.

"It takes a lot of hard work, a lot of dedication, a lot of time being closed inside those four walls hammering things out and trying to get them the way they should be, and the way we know we're capable of doing them," he emphasized.

SFC Edward C. Aguilar, 38, the band's first sergeant and drum major, said he also thinks the public has some misconceptions about an Army musician's life.

"Maybe one of the things that they probably would not understand is that besides having to do our musical mission and support the civilian and military functions here, we also have to be a soldier.

"We do exactly the same thing everybody else does as far as what we have to do in the Army. We're soldiers first and musicians second," Aguilar said.

Aguilar explained why the band often works weekends and holidays.

"People in the San Francisco area, or anywhere as far as that matters, when it comes to music, they don't want to hear music Monday through Friday. They would like to hear their music Fridays, Saturdays and Sundays and holidays, so we don't get too many of those," he said.

Because the band doesn't get many weekends off, Aguilar said he sometimes can't be with his family if, for example, they decide to go to Great America on a working weekend.

"But I've got a very good, understanding family and they understand that, as far as that goes. That's one of the difficult parts of being a soldier-musician in the Army band field," he said. Aguilar just celebrated his 20th year as a soldier-musician.

For lower-ranking enlisted soldiers, who live in the barracks, there are other frustrations.

Sp4 Jay L. Stoltzfus, 24, plays a trumpet in the band.

Stoltzfus said, "It does get awful frustrating when you live with someone and work with them and you're around them 24 hours a day."

So would Stoltzfus have done anything differently, if he had the chance?

"Yeah, I would have come in before I went to college.... If I would have done it differently, I would have come in right out of high school and used the VEAP for college," he said.

What?

As an Army musician, there are rewards as well as frustrations.

"We do get an awful lot of people that come up and say, 'Nice job,' and tell us about what it was like when they were in.

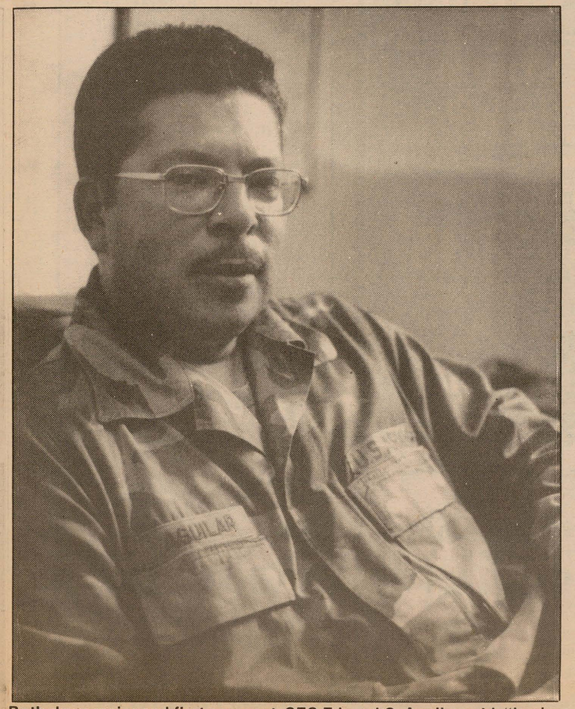
"So that's kind of nice, too, because you get to hear some nice stories," Stoltzfus said.

Aguilar said, "It's rewarding to go out and put on a fine performance and have the people come up and say, 'We really enjoyed that.' That really pumps me up and makes me feel good to have them come up and compliment you on a job you did.

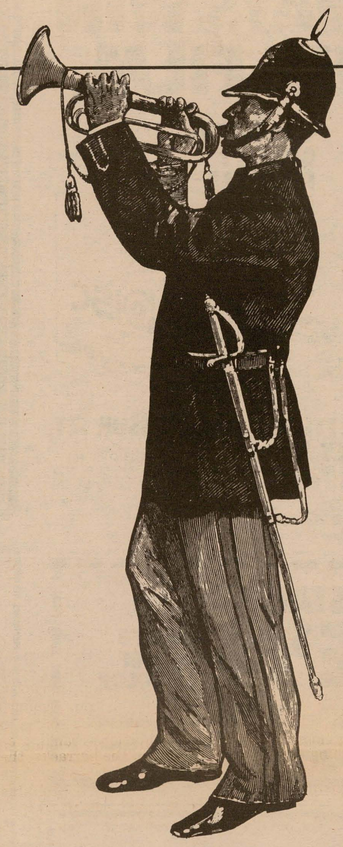
"It makes us all feel good, it makes us feel like we've gone out and done what we're supposed to do—represent the Sixth Army and the Presidio the way it should be."

"For the most part, because we enjoy what we're doing, it makes things a lot easier. As a result, we make ourselves happy by playing music and playing it well," Vinson explained.

Aguilar, pipe in hand, smiled slightly when he said, "There's not that many people around that actually feel good about coming in and doing their job every day of the week, and I've been fortunate—I've been doing it for 20 years."



Both drum major and first sergeant, SFC Edward C. Aguilar said, "I enjoy what I'm doing a great deal—the musical aspect of it and being a soldier in the Army gives me a tremendous amount of satisfaction."



The Sixth U.S. Army Band marches in October's monthly retirement ceremony.

CWO 2 Freddie Vinson Jr., bandmaster and commander of the Sixth U.S. Army Band, said he wanted to be a musician "ever since I first heard my daddy play his trumpet."

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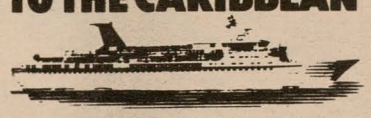

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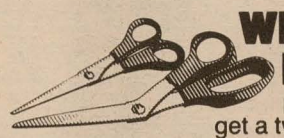

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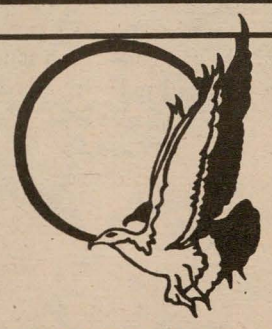

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Community Calendar

Thanksgiving Day dinner

Eat your Thanksgiving Day dinner this year at the Headquarters Company, U.S. Army Garrison Dining Facility in bldg. 101B.

The Presidio of San Francisco is sponsoring the meal in conjunction with the Headquarters Command Battalion.

The dinner is open to soldiers, retirees and family members. Meal card holders eat free; active duty enlisted soldiers will be charged 2.20; and active duty officers, retirees and family members will be charged $5.35. Children under age 12 are charged $2.65. Contact the Presidio Public Affairs Office at 561-5465 or 561-5187 for tickets before Nov. 12. Dining periods are: noon to 1 p.m. for meal card holders only; meal card holders and other guests 1:15 to 2:15 p.m.; 2:30 to 3:30 p.m.; and 4 to 5 p.m.

- Officers and NCOs should wear dress blues, coat and tie or appropriate dress.
- Retirees and spouses should wear coat and tie or appropriate dress.
- Family members should wear coat and tie or appropriate dress.
- Enlisted soldiers should wear dress greens or appropriate civilian attire.

This year, don't slave over a hot stove. Put on your best clothes and leave the cooking to the Garrison food specialists.

Officers' Wives' Club

The Presidio Officers' Wives' Club November luncheon will be held at the Presidio Officers' Club on Thursday. Social time will begin at 11:30 a.m., with lunch being served at noon. Laura Williams, mother of comedian Robin Williams, will be the guest speaker.

For more information and reservations, please call Sarah Dyson at 387-8107, Gretchen Hollenbeck at 923-9663 or LuAnn Greenspane at 751-4827.

Education

Classes

An Effective Military Writing course will be held at the Education Center, bldg. 1216, from 9:30 to 11:30 a.m., Nov. 12 through 26.

The objectives of the course are to avoid common writing errors; to organize ideas for writing; to practice writing DFs, EERs, SOPs, military and non-military letters (staff studies, accident reports, reports of survey and awards can also be included if desired by the students); and to learn the use of resources such as a thesaurus. Students will also learn to use AR 340-15, *Preparing and Managing Correspondence;* AR 623-105, *Enlisted Evaluation Reports;* and DA PAM 310-20, *Administrative Publications: Action Officer's Guide.*

The course is designed for NCOs, and those interested in enrolling should call or visit the Education Center, bldg. 1216, at 561-2974 or 561-4445.

Tests

The Graduate Record Examination (GRE) will be given Dec. 19 at 7:30 a.m. at the Fort Scott Education Center. This test is for active duty soldiers only. The registration fee of $29 is payable by check or money order, no later than Thursday.

If you are interested in taking this examination, contact a counselor at the LAMC Education Center, bldg. 1007, at 561-3692 or 561-4030; or the Fort Scott Education Center, bldg. 1216, at 561-2974 or 561-4445.

Evening hours

Due to the popularity of the new Computer Based Learning Center (CBLC), the Fort Scott Education Center, in bldg. 1216, has expanded its hours of operation to include 4:15 to 8 p.m., Monday through Thursday.

People now can take advantage of the 1,500 courses offered on the PLATO computers and further their skills with the IBM Personal Computers.

An educational counselor will provide academic and career counseling to soldiers not able to come to the Education Center during normal duty hours.

Call the CBLC coordinator at 561-2974 to schedule a time for computer use.

Pumpkin Patch Kids

photo by Joseph A. Hirsch

Kristopher Plummer, 4, and Megan Plummer, 5½, enjoy their pumpkin after a visit to Bob's Pumpkin Farm in Half Moon Bay, Calif. About 150 kids from the Child Development Center made the trip last week.

Basketball, cheerleading

Sign-ups for Youth Activities basketball and cheerleading will be held on Nov. 7, 14, 19 and 21. Sign-ups will be held at Gym No. 1 between 4:30 and 6:30 p.m. The registration fee is $12.50 for children in the 4th through 12th grade.

Volunteer coaches are needed for all age levels.

Call Youth Activities for more information at 561-5143.

Recycling

Recycling for November will held tomorrow. Quarters residents are reminded to have newspapers and all-aluminum cans ready for pick-up between 10 a.m. and 3 p.m.

If it rains, recycling will not be held. However, cans and newspapers can be dropped off at the recycling point, next to bldg. 661, at any time.

Call Youth Activities for more information at 561-5143.

Correspondence courses

Did you know that you may enroll in correspondence subcourses which are not directly related to your MOS, but which are of general interest to you? As long as you understand that you are not getting credit for a full course, any correspondence subcourse may be taken and applied towards promotion points, at the ratio of one promotion point for five credit hours. You do not have to hold the rank mentioned in the eligibility section of the course descriptions.

Here are some examples of subcourses which you might take:

- Putting Your Thoughts on Paper;
- Punctuation;
- Spelling, Abbreviation and Capitalization;
- Basic Mathematics;
- Statistics;
- Map Reading;
- Introduction to Computers;
- Office Management;
- Instructional Methods;
- Prepare to Conduct Training;
- Effective Leadership in Small Groups;
- Problem Solving;
- Hispanic-American Culture;
- Black-American Culture;
- Civil Affairs and Public Health;
- Comparative Governments; and
- Contemporary Economic Problems.

There are still many other subcourses available. See an education counselor at any one of the Army Education Centers, bldgs. 1007 and 1216.

Open season

Open season for federal employees' health benefits will be from Monday through Dec. 6.

This year, the Civilian Personnel Office has scheduled a Health Benefit Fair to be held at the Tradewinds (NCO) Club on Nov. 13, from 8 a.m. to 4 p.m. Several representatives from the various health plans will be available to answer questions from eligible federal employees about the 1986 open season.

Please drop by Civilian Personnel for brochures and information when it's convenient for you and your supervisor. For more information, please call the Civilian Personnel Office at 561-5757.

Art auction, show

The Letterman Auxiliary and the Presidio Officers' Wives' Club will sponsor an art auction today at the Presidio Officers' Club.

There will be hors d'oeuvres and wine tasting at the event.

Previewing begins at 6:30 p.m., and the auction will start at 8 p.m.

At the movies

Presidio Theater

Fri.	Nov. 1	Return of the Living Dead (R)	7 p.m.
Sat.	Nov. 2	Star Trek II: The Wrath of Khan (PG)	7 p.m.
		Star Trek III: The Search for Spock (PG)	
Sun.	Nov. 3	Teen Wolf (PG)	7 p.m.
Mon.	Nov. 4	Teen Wolf (PG)	7 p.m.
Tue.	Nov. 5	St. Elmo's Fire (R)	7 p.m.
Wed.	Nov. 6	Flesh and Blood (R)	7 p.m.
Thu.	Nov. 7	The Mean Season (R)	7 p.m.

Schwartz Theater

Mon.	Nov. 4	Return of the Living Dead (R)	7 p.m.
Wed.	Nov. 6	Teen Wolf (PG)	7 p.m.
Thu.	Nov. 7	Flesh and Blood (R)	7 p.m.

Hamilton Theater

Fri.	Nov. 1	Cocoon (PG)	7 p.m.
Sat.	Nov. 2	A Minor Miracle (G)	1 p.m.
Sat.	Nov. 2	Brewster's Millions (PG)	7 p.m.
Wed.	Nov. 6	Summer Spell (PG)	7 p.m.
Thu.	Nov. 7	Enter the Dragon (R)	7 p.m.

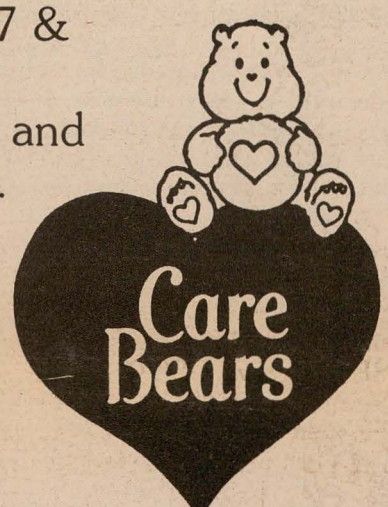
AMERICAN GREETINGS

Care Bear Cousins and Strawberry Shortcake are Coming to

PRESIDIO MAIN EXCHANGE

When: Saturday, November 2nd
Where: Presidio Main Exchange
Time: 10 a.m. to 2 p.m.
Activities: • Receive a FREE picture of yourself with Care Bears or Strawberry Shortcake.

• **Coloring Contest:** We will be selecting a winner from 4 different age groups. Have your child color the Care Bear coloring sheet which can be picked up at the American Greetings card department. Entries are due back by 1 p.m. on Sat., Nov. 2. The age groups are up to 4 years old, 5 & 6 years old, 7 & 9 years old and 9 & 10 years old. Winners will receive a free Care Bear lighted musical figurine and will be announced at 2 p.m. on Sat., Nov. 2nd.



Enter the drawing in the American Greeting Card Department for Care Bear Bank. Drawings will be made by Care Bears every ½ hour during their visit. No purchase necessary.

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Sports

Men's basketball

The Presidio men's basketball team will play tomorrow at Gym No. 1, bldg. 63, against Beale Air Force Base at 2 p.m.

They will again play host to Alameda Naval Air Station on Tuesday starting at 7:30 p.m. Admission is free, so come out and support the Presidio team.

Team roster:

Shawn Turner, Co. B, LAMC; Ethan Reeves, Co. B, LAMC; Joel Smith, Co. B, LAMC; Johnathan Turner, Co. A, LAMC; Edward Franklin, Co. A, LAMC; Willie Scott, LEC; Arnold Ladardo, LEC; Chris Cox, LEC; Timothy Peterson, Co. D, 864th Engineer Bn.; James Holt, Sixth U.S. Army; Dennis Porter, Sixth U.S. Army; Elvis Williams, Co. D, 864th Engineer Bn.; Gregory Dominique, Co. D, 864th Engineer Bn.; Rudolph Russell, USAG; Marlon Smith, USAG; Ambrose Williams, USAG; Anthony Howard, COMPACT; Nolan Smith, USAISC; Oscar Hines, DEH; David Bernstine, DEH; Nate Washington, DEH; Ray Horne, DEH; Coach John Malone, USAG; and Assistant coach William Ray, DEH.

Basketball clinic

The Pacific Officials' Association will have a basketball officials' clinic for anyone interested in officiating during the upcoming basketball season. The clinic will be held on Nov. 9 from 9 a.m. to noon at Gym No. 1, bldg. 63.

For more information, call John Funes at 561-5032 or 561-4131.

Women's basketball

The post women's basketball team has been working out for about a month at Gym No. 1, Mondays through Fridays from 5 to 6 p.m. They have had two scrimmage games so far, and it looks as though it will be a successful season for them.

The team played Mather Air Force Base on Oct. 11 and won 29-25. Because it was their first game of the season, they seemed a little tight and made a lot of simple mistakes.

In their second game, on Oct. 19, against Travis Air Force Base, they looked a lot better by playing a fast break game as well as playing good defense. Final score: Presidio 61, Travis 50.

High scorers on the Presidio team were: Christie Wilson 16 points, Tracy McCray 14 points and Raven Brown 14 points.

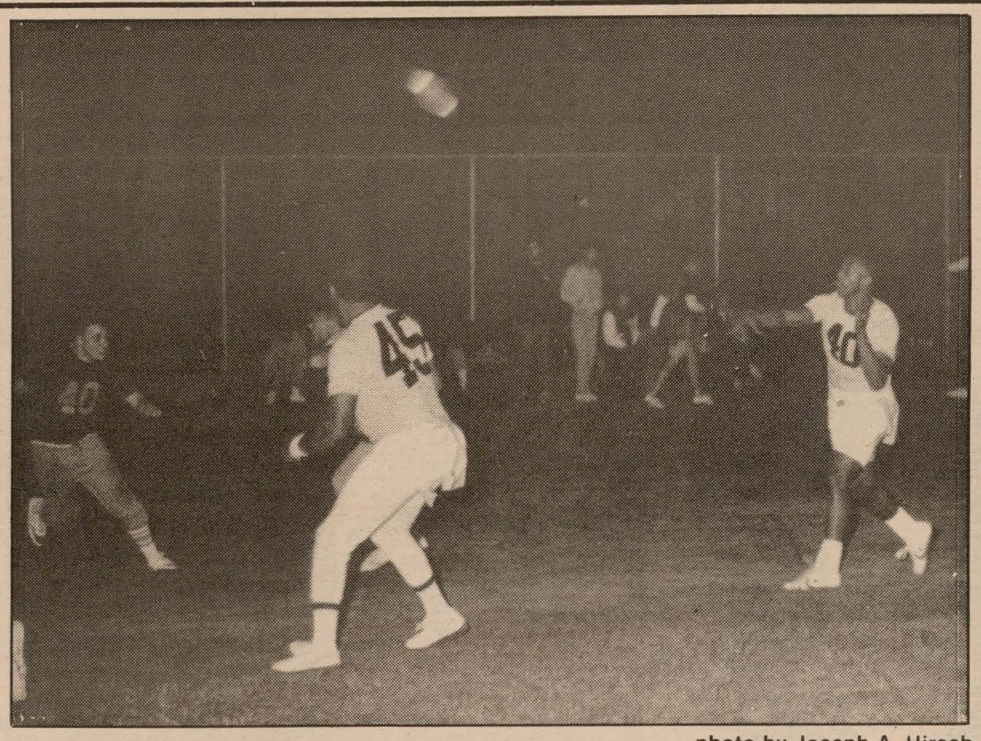


photo by Joseph A. Hirsch

The long bomb

Sgt. Rudy Russell, USAG's quarterback, gives it his best shot during Monday's game against LEC. Nevertheless, LEC won the contest 20-14.

Basketball schedule

Teams	Site	Date	Time
PSF men	Gym No. 1	Nov. 2	2 p.m.
PSF men vs. Alameda NAS	Gym No. 1	Nov. 5	7:30 p.m.
PSF men vs. Mare Island	Mare Island	Nov. 7	7:30 p.m.
PSF men vs. Travis AFB	Travis	Nov. 9	noon
PSF men vs. Treasure Island	Gym No. 1	Nov. 12	7:30 p.m.
PSF women vs. USS Gompers	Gym No. 1	Nov. 13	7:30 p.m.
PSF men vs. Moffett NAS	Moffett	Nov. 14	7:30 p.m.
PSF men vs. Oaknoll	Gym No. 1	Nov. 19	7:30 p.m.
PSF women vs. Mare Island	Mare Island	Nov. 20	7:30 p.m.
PSF men vs. Stockton	Stockton	Nov. 21	7:30 p.m.
PSF women vs. McClellan AFB	Gym No. 1	Nov. 23	1 p.m.
PSF men vs. McClellan AFB	Gym No. 1	Nov. 23	3 p.m.
PSF men vs. Skaggs Island	Gym No. 1	Nov. 26	1 p.m.
PSF men (tournament)	Beale AFB	Nov. 29-Dec. 1	
PSF women vs. Beale AFB	Beale AFB	Nov. 30	2 p.m.

The women will be playing their next game at Moffett Naval Air Station in the Orion Tournament at 6:45 p.m. today.

Cross country championship

The fiscal year 1986 Post Cross Country Championship will be held on Nov. 13 at noon at Gym No. 1, bldg. 63.

This race will be the annual harrier championship for men and women.

The race is run over 3,000 meters (1.9 miles) of cross-country trails behind Gym No. 1. Team awards will be presented to the top unit team for number of finishers and for the lowest combined times of its top three finishers.

Individual awards will also be given to the top two men and women age-group finishers. Commander's sports participation points are earned for unit participation. The entry fee is $2 per person and the race is open to the entire Presidio community.

Preregistration is required. To sign up for the race, call Bob Darling at Gym No. 1, bldg. 63, at 561-4120 or 561-5032.

Aerobics

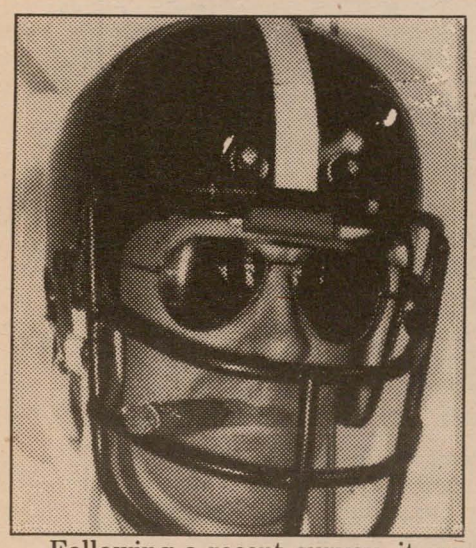
Get fit or stay fit!!! Inspiring high-energy exercise classes are held daily at Gym No. 1, bldg. 63. Exercises will stretch, tone and strengthen your body with aerobic conditioning. All exercises are done to popular music.

Classes are ongoing, so you can join any time, but monthly registration is encouraged and saves money.

There is a FREE introductory class for interested people. Classes are open to both men and women of all ages and levels of fitness. Participants are encouraged to exercise at their own pace.

For more information, call 561-4120 or 753-8733.

Jimmy the Freak



Following a recent survey, it was brought to my attention that there are a *few* of you readers (give or take a hundred or so) who are less than enamored with *moi*. Some think that the Freak picks on this team or that. Others think that the Freak should *never* be wrong with his predictions. Whatsamatter...did you lose your little lunch money to the bad old bookie? Anyway, I've given it a lot of thought, and I've decided (hey, Ms. Editor, is that thing loaded?) to try to be a little nicer. I'm going to make a real effort to say nice things about people and teams. So here goes....

San Francisco 24 Philadelphia 20

It was devilishly impossible to choose between these two groups of fine young men. They both look so splendid in their little uniforms while being cheered on so enthusiastically by their polite, well-intentioned supporters and....

ARGHHHHH...I just can't do it! It's not me! If you don't like me or my style, you can just go call a cab!! Oooops...not you sir. Commanders are my favorite people.

Whew! Here's how I see a few of the other games this weekend:

St. Louis 27 Dallas 20

The last time the Cowboys beat the Cards on Monday night, the Rams were still in Cleveland, the Redskins were still in Boston and Joan Collins was still an innocent. Well...maybe not *that* long ago.

New York Giants 30 Tampa Bay 20

Just because Howard Cosell likes the Giants doesn't mean everyone else should dislike them. I mean, give 'em a break! Anyway, no matter how well the Bucs play, Steve DeBerg will find some way to lose. The guy would have made a great ticket agent for the *Titanic*.

Atlanta 27 Washington 23

Joe Theismann (the only 6-foot quarterback with a size 9½ helmet) is quickly running out of excuses for this team's ineptness. There's no truth to the rumor that John Riggins and Justice O'Connor are dating, by the way.

New York Jets 34 Insipidapolis Colts 14

Do you know the difference between Bob Irsey and a gerbil? Funny...I don't either. Except a gerbil will drink only one-half of his body weight on a daily basis.

Cincinnati 29 Buffalo 20

Vince Ferragamo will set a personal, season-high record in this game. He will actually have more completions than interceptions.

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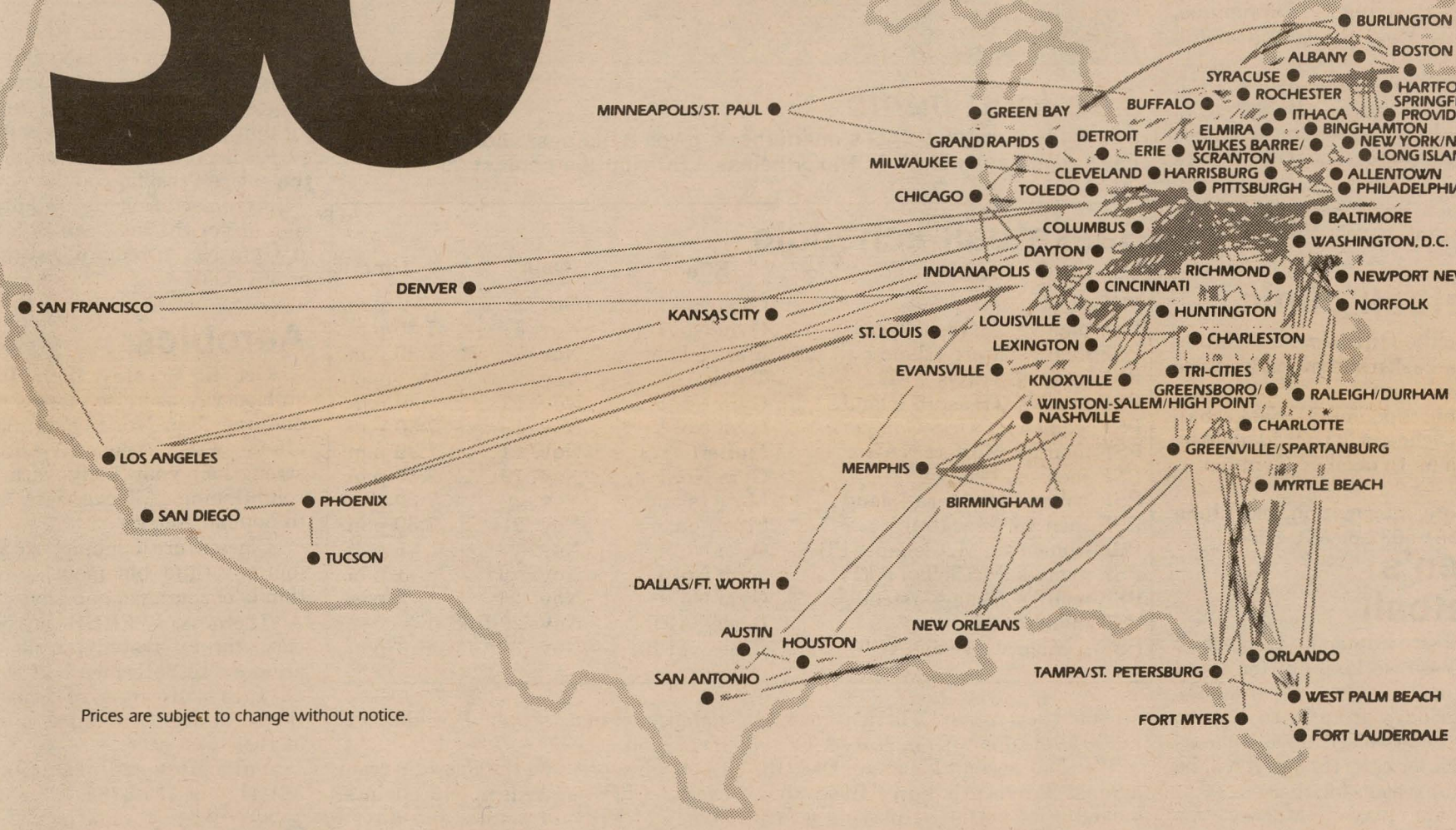

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Are there any restrictions? Just make reservations and purchase your tickets anytime prior to departure.	Same requirements as for military personnel. New! Roundtrip travel not required.
How long can I stay? As long as you want to, up to one year. There is no minimum stay.	Same requirements as for military personnel.
Does my family have to travel together? No.	Military dependents may travel separately as long as children ages 2-9 are accompanied by a military dependent at least 10 years of age.
How do I get the Military Fare? Just present your green active duty military I.D. or discharge papers when you purchase your ticket and when checking in.	Military dependents at least 10 years of age must present a tan Uniform Services Dependent Identification card marked "active". Military dependents ages 2-9 must present proof of family relationship when checking in.

Post commander: getting to know him, **page 5**

MacArthur returns: he's back and he's mad, **pages 6 & 7**

Skiing anyone? then see what Outdoor Rec has for you, **page 11**

Star Presidian

Vol. 28, No. 45 "Published in the interest of the people of the Presidio of San Francisco." November 8, 1985

News briefs

Volunteer recognition

Today's Volunteer Recognition reception, set to take place at 3 p.m., will honor volunteers on the Presidio with comments from Lt. Gen. Robert Arter and Maj. Gen. Frederick Bussey.

The Commander's Community Service award as well as the Blue Chip award will be presented to 12 groups of volunteers who have made major contributions to the welfare of Presidians.

Over 550 volunteers work on the Presidio, with the largest numbers working for the American Red Cross, Army Community Services (ACS), the Post Chapel, and the Letterman Auxiliary.

Some of the volunteers have contributed years and years of service for various reasons. Some of them help because they're retired and it makes them feel valuable. Others are involved in helping kids because their own kids have just moved away from home, said Steve Miller, of the Religious Activities Center.

Many young enlisted wives volunteer because it helps them get out of the house, said Mary Schuster, of ACS.

Whatever the reason, there has been a steady increase in participation over the past two or three years, Miller said.

Volunteers are not always well-recognized for all their efforts, so today's awards ceremony should help show the volunteers that they are appreciated.

No surcharge

Family members will not have to pay the surcharge to eat their Thanksgiving turkey or Christmas pie in an Armed Forces dining facility. Secretary of Defense Caspar W. Weinberger waived the surcharge for the holidays on Oct. 25, saying, "The sharing of holiday meals is an important and effective way of showing our support of the quality of family life and morale of our active duty and reserve members and their families."

This year you can eat your Thanksgiving Day dinner at the Headquarters Company, U.S. Army Garrison Dining Facility in bldg. 101B.

The Presidio of San Francisco is sponsoring the meal in conjunction with the Headquarters Command Battalion.

The dinner is open to soldiers, retirees, family members and guests. Meal card holders eat free, while active duty enlisted and family members of both enlisted and officers pay $2.20. The cost for active duty officers, retirees, retiree family members and guests is $5.35. Children under 12 years of age of active duty enlisted or officers are charged $1.10. All other children under age 12 are charged $2.65. Contact the Presidio Public Affairs Office at 561-5465 or 561-5187 for tickets before Nov. 12.

Dining periods are noon to 1 p.m. for meal card holders only; meal card holders and other guests 1:15 to 2:15 or 2:30 to 3:30 p.m.

photo by Debbie Campbell

Members of a boat, part of the flotilla, watch "Humphrey the humpback whale" spout on his way down the Sacramento River on Sunday.

Army helps herd 'Humphrey'

by Debbie Campbell and Jeff Robinson

On Oct. 10 an object entered the San Francisco Bay. For 25 days it swam from the Golden Gate Bridge and then swam on to waters past Rio Vista, Calif. Efforts by the Department of the Army, Navy, Coast Guard and the Marine Mammal Center all failed to drive the object out.

It wasn't fear for the lives of the Bay Area residents which ordinarily might have brought out all the Armed Forces and been the main reason for concern. But in this case, it was the concern for the object, a 40-ton humpback whale, nicknamed "Humphrey." Humphrey was lost and obviously scared and that made the groups continue their cause. Then on Monday, after a weekend effort, the groups ceased operations around 4:30 p.m. when the wayward whale saw the glimmer of gold from the gate he had entered some 25 days earlier. With a flip of his tail, the new friend of many Bay Area residents sailed away to return to his home somewhere in the Pacific.

An Army Reserve unit from Rio Vista was mobilized to join the many participants in the final weekend effort to help the whale. The 481st Heavy Boat Company was sent out through the Sacramento Delta to make sure the whale did not return to his temporary resting place just north of Rio Vista.

"He's an endangered species," said SFC Dennis N. Miller, skipper of the Lingayen Gulf (LCM-1528). "I would like my grandchildren to know what a whale is. If I can help this one get back to the ocean, it might just help in some way."

The Lingayen Gulf left Rio Vista about 7:30 a.m. on Sunday. The plan was to meet with the lead vessel and follow to make sure Humphrey did not turn around and head inland again.

Humphrey was sighted around noon, following the lead vessel, which was playing sounds of humpback whales feeding. Once Humphrey passed, the Lingayen Gulf, along with two other Army vessels, 10 Navy boats and countless small craft started the long journey down the delta.

During the mission, several Sacramento and San Joaquin Sheriff boats kept out of the path of the lead vessel and the mass of mission-related boats behind.

Of the 11 on board the Lingayen Gulf, a marine researcher, Mike Pulsipher, was there for two primary reasons. "The first," he said, "is to try and find out why he came this far inland. The second is to see that this does not occur again."

The crew itself was happy to be picked for the assignment. "The Mammal Center placed a request to the Department of the Army to use our vessels," said boatswain's mate, SFC Paul R. Clifton. "The actual order came from Sixth Army. They asked our command, the 124th Army Reserve Command, who finally gave the go-ahead."

After spending many hours following the whale, disappointment fell among the crew and others on board when the Navy gave the order for all Army vessels to fall behind and remain at the Carquinez Bridge and not to proceed with the rest of the pack.

"Last weekend the only ones out here to try

please see page 3

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Opinions

TAKE A BITE OUT OF CRIME

by Terry Knowles

Some people don't like to talk or think about some things. Rape is one of those things and because it is such a taboo subject to many, misconceptions and untruths arise.

The following are some of the myths surrounding the cause of rape: a rapist becomes so overwhelmed by sexual desire that he couldn't control himself; the woman dressed too seductively; the woman "asked for it"; or, incredibly, "all women want to be raped."

Rape is a crime, a hostile act whose aim is to violate, hurt, humiliate and, sometimes, to kill. The only role sex plays is as a weapon.

The following is a statement by a rape victim who, for obvious reasons, will remain anonymous:

"If you think that rape is motivated by sex, or happens because the victim asked for it, look at the facts. Rape can happen to anyone—children, grandmothers, students, working women, mothers, wives, the rich and the poor."

Rapists are usually common, ordinary people and, in many cases, know their victim. In fact, about a third of all rapes occur in or near the victim's home.

However, most rapes occur outside. You need to be alert to your environment, particularly if it's dark. Here are some tips:

- Stay in well-lit areas as much as possible.
- Walk directly at a steady pace. A rapist looks for someone who appears helpless, vulnerable.
- Walk on the side of the street facing traffic.
- Walk close to the curb. Avoid alleys, doorways, bushes and other places where a rapist can hide.
- Be careful when people stop and ask you for directions. Always reply from a distance and never get too close to the car.
- If you feel threatened, don't be reluctant to scream and run. Consider carrying a whistle or a noisemaker—if you find yourself in trouble, use it.

In some cases burglary is the primary motive for breaking into a person's quarters, while rape is secondary. Some suggestions for home security measures:

- Make sure all doors are solid and sturdy. Entry doors should be solid core wood (at least 1¾ inches thick) or metal. Good locks—such as a deadbolt lock with a one-inch throw—are a must. Don't rely on chain locks; an average-size man can break them with ease.
- Have your locks changed when you move into new quarters.
- Install a peephole viewer in your door.
- Install good exterior lighting around your quarters.
- Always check the identity of salesmen, repairmen and others who call on you.
- Make sure all windows, doors and other areas of entry can be locked.
- If you live alone, don't advertise it.

Rape and other sexual offenses are crimes and are punishable by law. However, in many cases the experience is so traumatic for the victim and her family that it is estimated at least one half of rapes and other sexual offenses are not reported. It is important that these offenses *are* reported in order to help prevent the rapist from victimizing others.

Moreover, even if you do not want to file charges, it is important that you be aware that confidential help is available. For this kind of help, the numbers are: Military Police, 561-HELP; for the Chaplain's Office, call 561-5430 or 561-2045 after business hours.

More information on rape prevention measures—and crime prevention in general—can be picked up at the Crime Prevention offices at the Provost Marshal's Office, bldg. 36, 561-5011 or 561-4925.

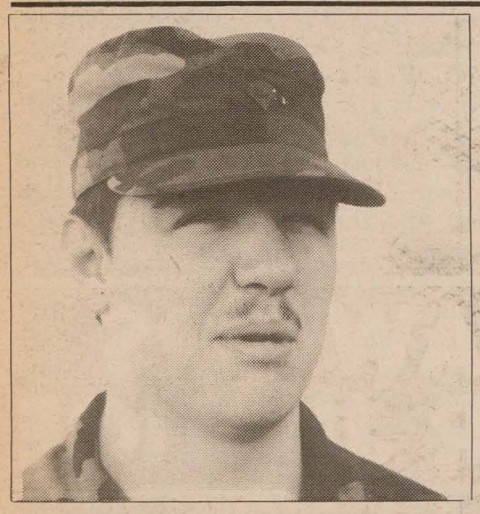
Crime report

- Someone took an unsecured digital stopwatch from a LAIR building.
- A driver was cited for speeding.
- The owner prevented an attempted theft of an unsecured women's bicycle when she confronted the would-be thief. The suspect fled.
- Someone stole an unsecured Huffy Omni 10-speed bicycle on Riley Avenue.
- A juvenile was caught trying to steal three blank cassette tapes from the Exchange.
- Someone put a 1/8-inch diameter hole in a family living room window on Sibley Road.
- There were two reported DUIs.

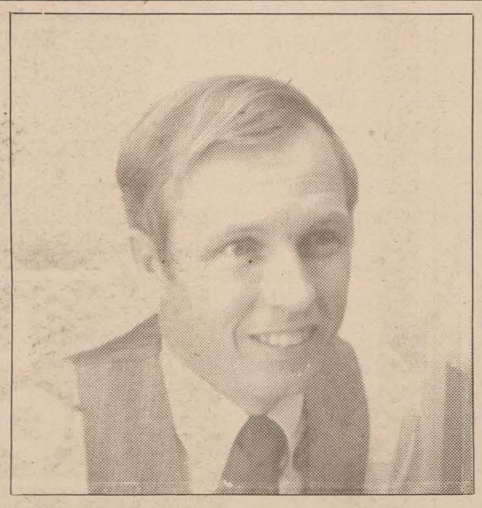
Do your part to help stop fraud, waste and abuse of your tax dollars: report it. The Presidio Fraud Hotline is 561-3578.

Ramblin' Sam

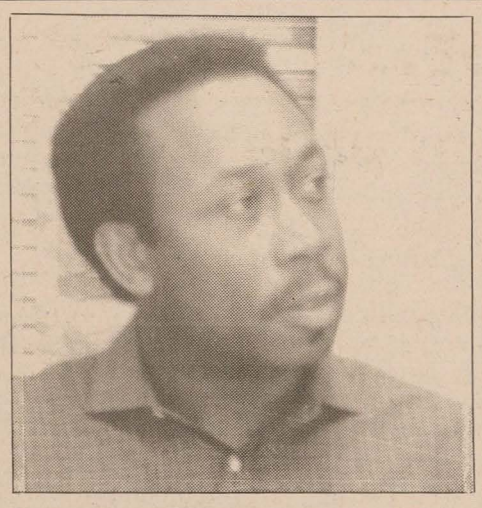
"What would you like your grandchildren to remember about you?"



Sp4 Vancil A. Smith, legal specialist, Staff Judge Advocate: "I'd like them to remember me as a nice person who tried to help people every chance I got."



Melvin A. Howry, chief of Legal Assistance, Staff Judge Advocate: "I want them to know that I was an honest, hard-working attorney and that I put my family and children first."



Douglas Jenkins, dispatcher, Transportation Motor Pool: "I want them to remember that I was a very straightforward person and that I judged people with decency and if they deserved respect, I gave it to them."

Capt. Pauline L. Vicenti, business manager, Financial Management Division, DPCA, USAG: "I want them to remember my Christmas dinners. That's what I remember about my grandmother. That's when I really got to spend the most time with her."

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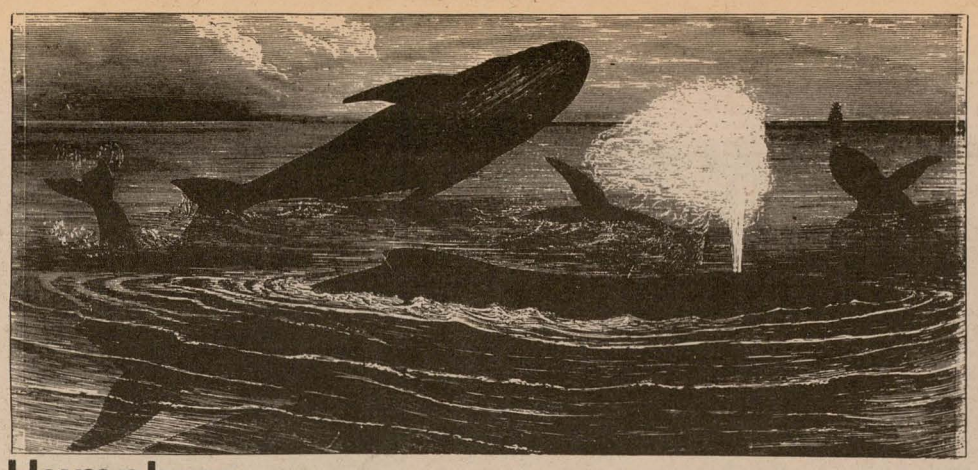


Humphrey continued from page 1

and help Humphrey was ourselves and a large group of volunteer boats," Miller said. "It's a shame we can't see this through, but if that's what's decided, then I'll accept it."

The Lingayen Gulf remained at the docks near the C & H Sugar refinery at the Carquinez Bridge on Sunday night.

"You never know, he [Humphrey] just might decide to head back north," Miller said.

On Monday the crew of the Lingayen Gulf, on its way back to Rio Vista, was happy to hear that Humphrey was nearing the Pacific. For the crew, the remaining part of Monday was spent maneuvering and running drills, such as a man-overboard test. In the test, the boat made a 180-degree turn in moments to pick up an object, a life preserver, from the chilly waters of the delta.

The 481st is one of only five heavy boat companies which the Army has. Of these, it is one of only two on Reserve status. The 481st falls under the command of the 319th Transportation Brigade at Oakland Army Base.

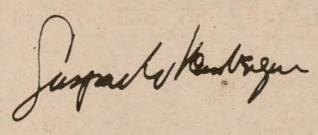
Although the 481st may not be involved in another whale-chasing expedition, they are there should "Humphrey" or one of his friends ever decide to return to the Sacramento Delta.

Veteran's Day message

As our nation pauses to observe Veterans Day on this November 11, 1985, we should reflect on our traditions and heritage as Americans and be thankful to the millions of veterans, past and present, whose loyalty, courage, dedication and patriotism are responsible for the peace and freedom that enrich our lives today.

On this historic day, as we join together in communities across America to honor the men and women who have served and continue to serve, let us renew our commitment to them and our fellow citizens. Let us resolve to safeguard our great nation's heritage and values.

On behalf of the entire Department of Defense, I express sincere appreciation and gratitude to all our veterans. Without their sacrifices our cherished freedom would long ago have vanished.



American Forces Press Service

Dear Editor...

Put it on the front page!

Dear Editor,

I just received my copy of the base paper and as always like to see what is going on with the Army, since I am a retired Navy captain.

I have decided to take advantage of your offer to write the editor, not that I haven't done it a few times to the *Chronicle* and the *Examiner*. Maybe I'll have more luck with you than them. Anyway, my complaint is, and I want you to note there are many positives, but your paper had the front page filled with the story of the new lieutenant colonel who is a commander. He has about as much influence at Presidio on the scheme of things as I do. Yet, you devoted all this space to him. Buried in the back of the paper was this wonderful story about these refugee children. It should have been splashed on the front page. It was well written, interesting, and gave us an idea that some things are going on with military people other than mindless spending in Washington. In fact, I was so impressed with the story, I called a friend of mine that works at the *Examiner*. Many people would probably like to know how to contribute and other things, if they could have seen it, of course.

My complaint is that you and others would do well to understand that you serve many people in the military family. If journalism schools, even military ones, are teaching such poor ways to present news, then it is time for recycling. I may be old, but I'm up on the state of the art. Thank you for letting me have my say.

Sincerely,
Mary Louise Rhoads,
Captain, USN

Reply

For our readers' information, the writer refers to the Oct. 18 issue of the *Star Presidian*. The two stories mentioned are: *New commander takes charge of Hq. Command Battalion* and *'Boat children' visit PSF.*

I also would like to add that Lt. Col. William A. McKelvey III, commander of the Headquarters Command Battalion, commands about 826 Presidio soldiers.

The editor

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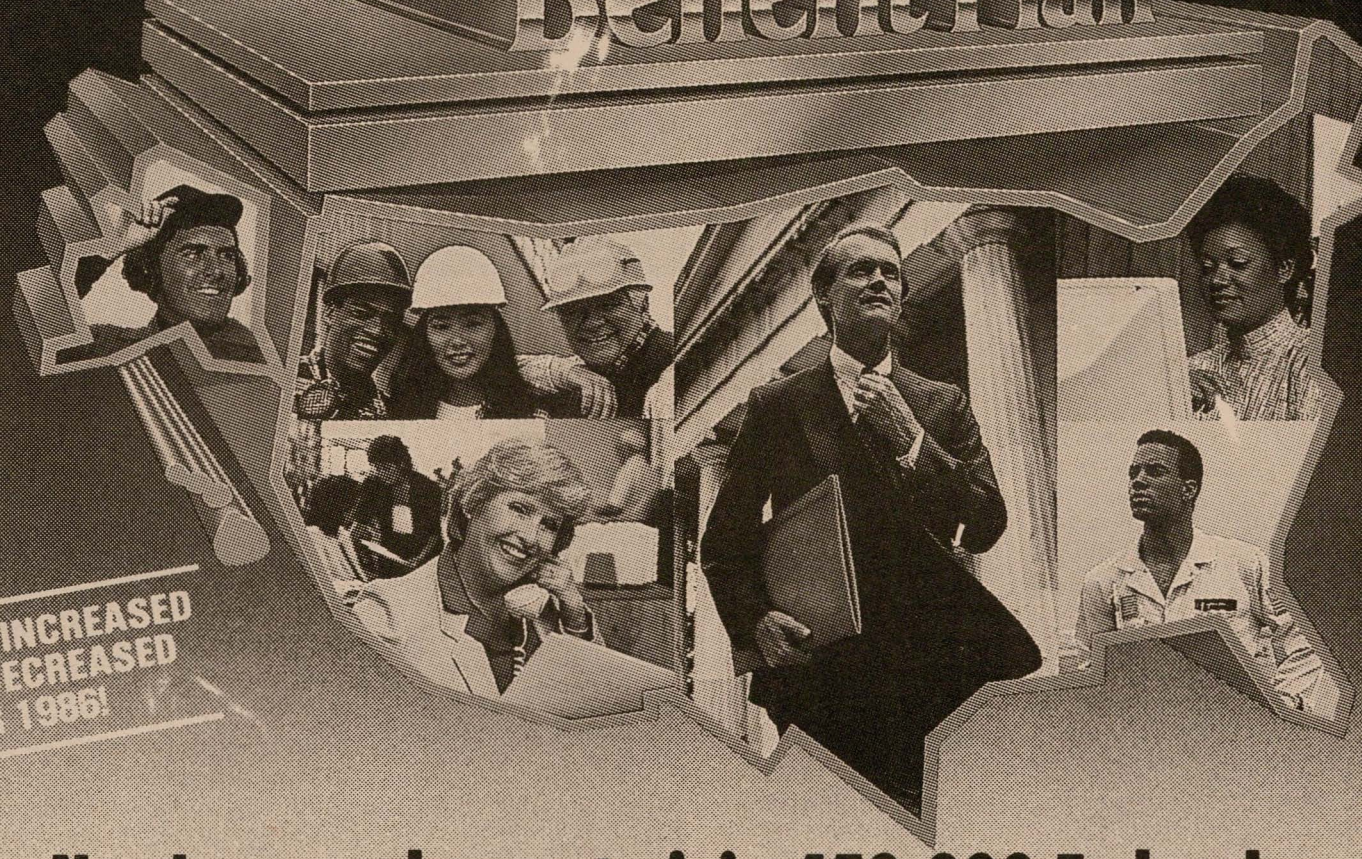

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Feature

Presidio commander explains priorities

by Liz Greeley

Getting to know someone could be like plumbing the depths of a well—the surface may be cool, pure and refreshing, but what happens when you go deeper?

If a man can be likened to a well, what lies hidden in the depths, beneath the calm surface?

With Col. Robert S. Rose, the Presidio commander, certain themes rise to the surface of his conversation. Themes such as:

- People;
- Service;
- Responsiveness to the community;
- Communication;
- Economy and efficiency;
- Good management and leadership;
- Making a contribution; and
- Making things better.

Caring

As far as people go, does the Presidio commander really care about a clerk at the Finance and Accounting Office, for instance?

"I feel that our employees, the supervisors, and the managers, the leaders, *know* what has to be done, and they are the *best* ones to understand what has to be done at the Presidio and how to do it, just as importantly," Rose said.

"I have a lot of faith and confidence in our people here and I've seen a lot of employees doing their best to get the job done. There's not much more you can ask for from an employee," he added.

He also said that he tries to get involved with his people so that he can get a better understanding of their jobs and their problems.

If the hypothetical finance clerk is thinking that actions speak louder than words, he or she should know that "quality of life" is part of Rose's goals and objectives for this fiscal year.

According to Rose, "the work environment is part of that also." That includes plans to buy ergonomic (biotechnological) furniture for the Finance and Accounting Office and renovating the building. "So that we can give our employees a better place in which to work," he explained.

Service

However, involvement with people (and tenant units) goes deeper than new furniture and building renovation.

Rose said that he would like "to see a real sense of service in operation.

"I look toward that attitude of openness, of service and support for our organizations, where the immediate response is 'How can I help you?' Or, 'What can I do to help you to do your job?' and I think that's important."

Col. Robert S. Rose

But caring about people can lead to frustration as well.

Responsiveness

"I would like to be more *responsive* to the needs of our military organizations and our community at the Presidio," he said.

For example, Rose said he would like to be able to do more, such as having a community center for each housing area mayor. Unfortunately, much as he would like to, that is one project he cannot undertake.

Regarding communication, Rose said that it's important to keep the channels open and the information flowing both ways.

Economy and efficiency

Economy and efficiency are also important to him.

"I think we should be interested in giving Uncle Sam and the U.S. taxpayer a full day's work for a full day's wages. I think we ought to be giving him efficiency and economy. I think we *owe it* and we're accountable to him for that, or her.

"What that means is that you do your best to operate in an ethically and morally correct environment. It means that when bureaucracy may have been arbitrary or capricious, because of some rule or regulation, you take a look at that," he explained. If you have grounds, Rose recommends going through the chain of command to get whatever is wrong changed—make it right, in other words.

Management philosophy

And he has definite views about management and leadership, especially micromanagement.

"Micromanaging is when you get down and tell a person *how* to do the job—I don't believe in that.

"I believe in giving my managers the greatest flexibility but, by the same token, I expect them to be accountable and be responsible. I think that my involvement has been more in the area of *what* are you doing, rather than *how* are you doing it," he said.

He also said that he believes that he has to be a flexible manager: with some people, he said he will have to tell them to do a job; with some subordinates he will sell them on an idea; with others he will participate in the process of getting the job done and ask for their ideas; and with still others, he simply will delegate the task. According to Rose, a good manager patterns his management style to the individual subordinate.

"We all can't know everything, and we have to have faith and confidence in our subordinates," he said.

But with Rose, you gain his confidence the old-fashioned way—you *earn* it.

"That is a two-way street; a subordinate has to be doing those things he or she should be doing to develop that confidence," he said.

But he also said that managers should be willing to invest in their people, both personally and organizationally, and that training was one important way of accomplishing that task.

So do you know all you need to know about the post commander now? No.

Make things better

How a person would like to be remembered can sometimes reveal a person's character more deeply than the usual questions one might ask. How would Rose like to be remembered by the Presidio community?

"Well, I don't know if it's as much as what they would say about Rose, the commander, as they would about the Presidio.

" 'Gee, we really have done some great things the last couple of years, and we have made some improvements and this place is a little bit better for having that guy, whoever he was.'

"That's me and I think it's the contribution you make to whatever the organization or whatever the place. You leave it a little bit better than when you found it.

"I think that's important and that applies to people as well as the structure of the organization—the physical aspects of it," he said.

"I guess that's Rose."

At the movies

Presidio Theater

Fri,	Nov. 8	The Mean Season (R)	7 p.m.
Sat,	Nov. 9	Invasion U.S.A. (R)	7 p.m.
Sun,	Nov. 10	Invasion U.S.A. (R)	7 p.m.
Mon,	Nov. 11	Invasion U.S.A. (R)	7 p.m.
Tue,	Nov. 12	Warning Sign (R)	7 p.m.
Wed,	Nov. 13	Warning Sign (R)	7 p.m.
Thu,	Nov. 14	Goonies (PG)	7 p.m.

Schwartz Theater

Mon,	Nov. 11	The Mean Season (R)	7 p.m.
Wed,	Nov. 13	Invasion U.S.A. (R)	7 p.m.
Thu,	Nov. 14	Warning Sign (R)	7 p.m.

Hamilton Theater

Fri,	Nov. 8	Heavenly Bodies (R)	7 p.m.
Sat,	Nov. 9	Pete's Dragon (G)	1 p.m.
Sat,	Nov. 9	Prizzi's Honor (R)	7 p.m.
Wed,	Nov. 13	Gymkata (R)	7 p.m.
Thu,	Nov. 14	Ninja Mission (R)	7 p.m.

Photo Feature

MacArthur returns–takes Supervisors to court

by Jim Hudgins

Gen. Douglas MacArthur returned to San Francisco last week, in spirit at least, recreating his jubilant and historic visit to the city 34 years ago.

Over a half million excited Bay Area residents crammed the sidewalks of the financial district in 1951 to welcome one of America's most famous soldiers home from Korea following his relief from duty by President Truman.

Last week's "motorcade," which included the same 1931 Lincoln touring car used for the original event as well as several vintage military vehicles, began at Fort Mason and ended at the steps of City Hall. This time, the looks of present-day San Franciscans were more of bemusement than excitement.

"MacArthur," realistically played by retired Army Air Corps Lt. Col. Wy Spalding, made his most recent return to take part in the 37th session of the Court of Historical Review and Appeal.

This court meets periodically to consider historical controversies involving San Francisco's colorful history. The issue in question that involved Wy Spald...(ahem) Gen. MacArthur, was entitled *To consider the matter of Gen. Douglas MacArthur and why nothing has been named for him in San Francisco.*

Public Defender Jeff Brown acted as advocate and Supervisor Louise Renne acted, in a less-than-vigorous manner, as counselor for the opposition. It was noted that as far back as 1942, a resolution was presented to the city's Board of Supervisors that would have changed the name of 19th Avenue to "MacArthur" Avenue. Although the city of Oakland *did* name a major thoroughfare after him, the city of San Francisco never did act to rename any road or memorial to Gen. MacArthur.

Ex-supervisor Lee Dolson began the testimony in Judge Roy Wonder's court by displaying a photograph of the enthusiastic crowds of San Franciscans that thronged around the touring car shared by Gen. MacArthur and then-governor Earl Warren. Although the city had been remiss in not naming anything for the general, Dolson suggested that a memorial "...is already in the hearts of San Francisco natives, a city spared because of military leaders like Douglas MacArthur." He then suggested that some street or other fitting memorial be renamed for MacArthur so that "...our children will not forget the strong feeling of gratitude that their fathers held for this great American."

Although an Army officer, MacArthur was partial to Marines, joked Dolson, because he "was never rotten to the Corps!"

President of the Board of Supervisors, John Molinari, stated that, although he championed the naming of some memorial to MacArthur, he cautioned against renaming 19th Avenue, which would greatly alter the existence of many of its current residents. He suggested that a small street, like Park Presidio, be considered for renaming.

Gen. MacArthur then took the stand and, in the modest manner he is so well known for, suggested that the tunnel near Park Presidio be renamed the Douglas MacArthur Tunnel in honor of the tunnel on Corregidor in which he and his family lived during those early, dark days of World War II.

As the hearing ended, Judge Wonder decided that it was proper to petition the city's supervisors to find a suitable memorial.

The motorcade and trial was the opening activity leading to this weekend's "40 Years Later" celebration at Fort Mason Center. Running from Saturday through Monday, this event will honor the history of Fort Mason and honor the veterans of World War II and the Korean conflict, many of whom embarked from Fort Mason to the theaters of conflict.

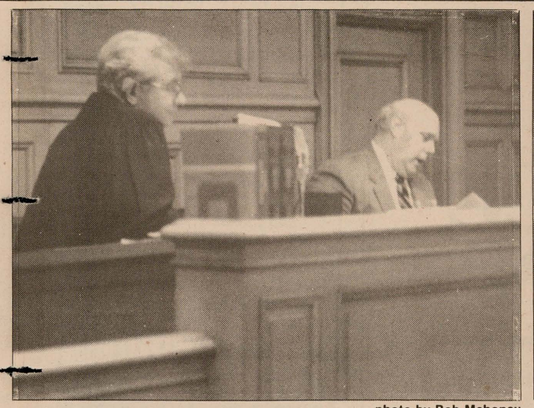

photo by Bob Mahoney

Judge Roy Wonder listens as Franklin D. Winston testifies before the court. As an 8-year-old boy in Oakland, Winston wrote a letter in 1942 which led to the naming of a MacArthur Boulevard in Oakland.

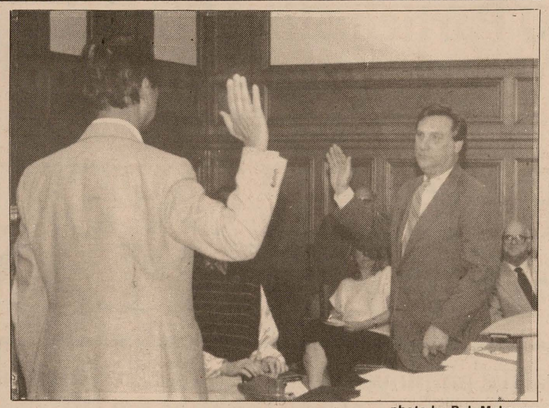

photo by Bob Mahoney

San Francisco Supervisor John Molinari takes the oath before testifying before the Court of Historical Review.

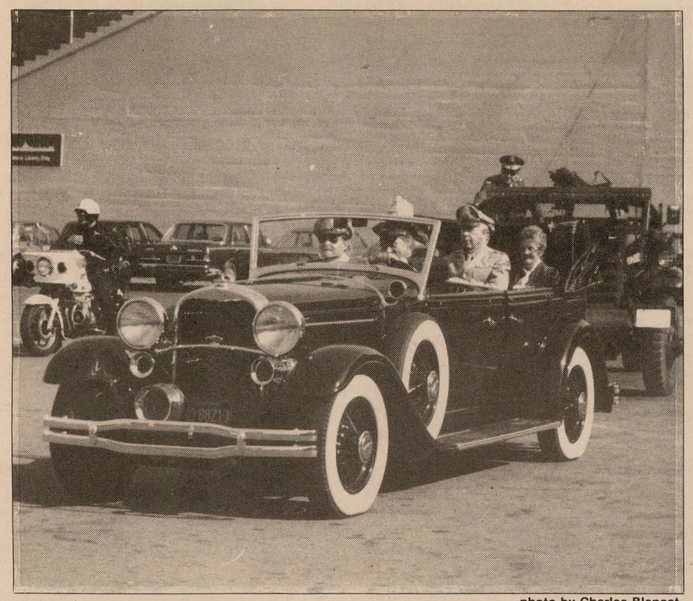

photo by Charles Blancet

Gen. Douglas MacArthur's "staff" and witnesses formed part of a motorcade from Fort Mason to San Francisco City Hall.

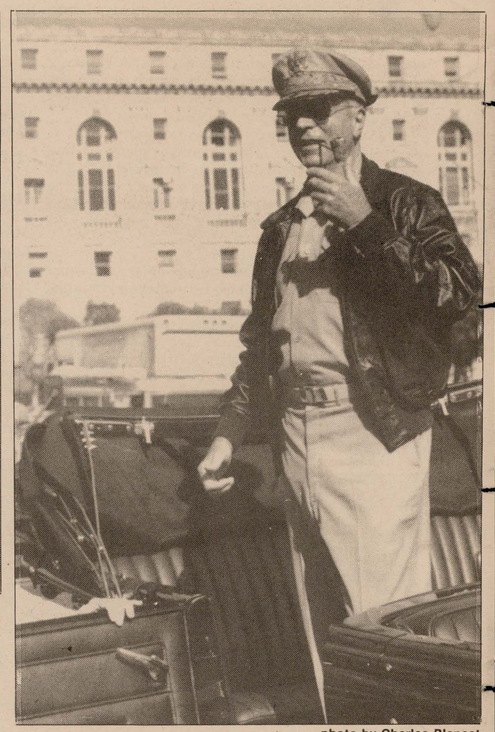

photo by Charles Blancet

Gen. Douglas MacArthur steps from the city-owned 1931 Lincoln touring car, the same car the real MacArthur used in 1951.

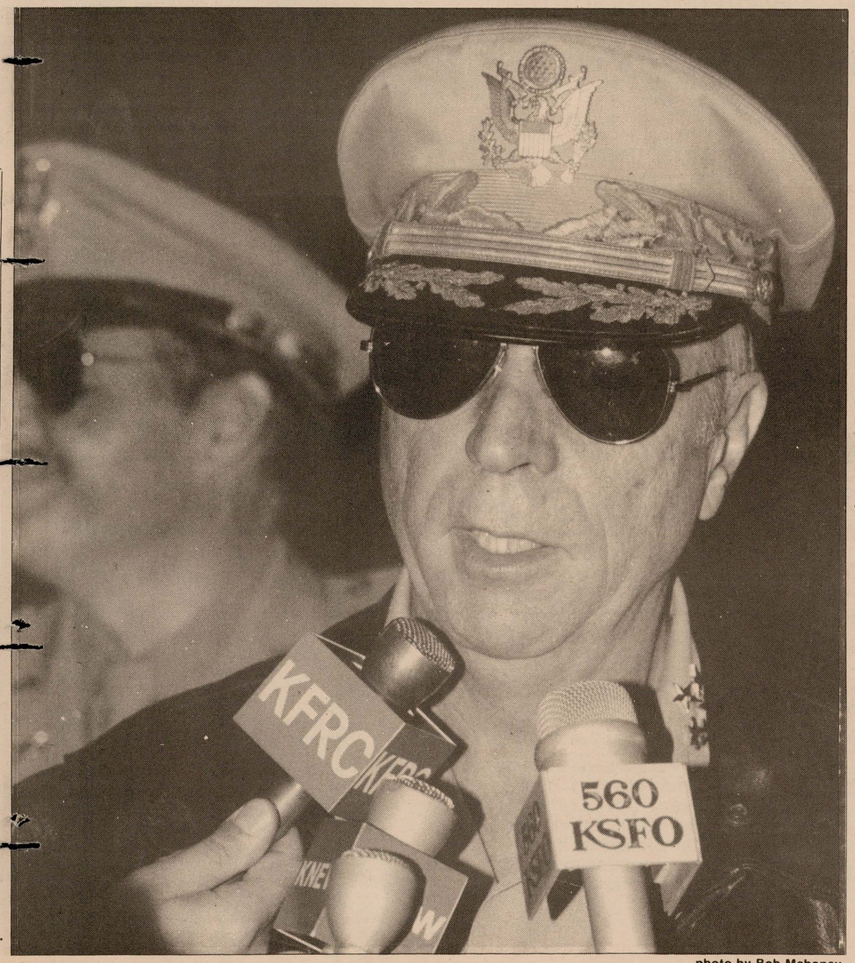

photo by Bob Mahoney

Gen. Douglas MacArthur (retired Army Air Corps Lt. Col. Wy Spalding) is interviewed before entering the court.

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Community Calendar

Degree deadline

Soldiers who intend to complete a degree with the former Los Angeles Metropolitan College, which operated in overseas locations, must do so by Dec. 31. Transcripts for courses taken from this school will continue to be available after this deadline date.

Transcript requests, accompanied by $1 and a stamped, self-addressed envelope should be sent to: Los Angeles Metropolitan College Records, Los Angeles Mission College, 1212 San Fernando Road, San Fernando, CA 91340. Contact your Education Center for more information.

Golden Gaters

The Golden Gaters (formerly the Over-Forty Single Social Club) will be celebrating its third anniversary at the Religious Activities Center, Presidio of San Francisco, with a pre-Thanksgiving dinner. It will be held Nov. 23 at 6 p.m. The club will provide the turkey and members will bring the accompanying dishes. Entertainment will be provided by the Cable Car Singers (barbershop quartet).

For fun and friendship, you are invited to join. Please call Pat at the Post Chapel, to reserve your place. The group is co-sponsored by Army Community Services, Oakland Army Base and Presidio post chaplains.

The cost? Just a small contribution at the door for club expenses. Who is eligible to join? Military widows, widowers, divorcees, nevermarrieds, DoD civilians, active duty and retired and reservists over age forty who are presently single. Call 561-4711 for more information.

photo by Debbie Campbell

Clowning around

Sp4 Andrea A. Allen, a LAMC medical specialist, hands a balloon to 4-year-old April A. Harris. Allen volunteered to dress up as a clown on Halloween to help cheer up the hospital.

CPR instruction

The American Red Cross-Letterman, will hold a cardio-pulmonary resuscitation (CPR) modular instructors' course on Nov. 19, 20 and 21.

This course is for those interested in becoming CPR instructors. Pre-registration and a current (non-expired) CPR-modular card certification is required to participate.

For further information please call 561-2187.

PSF wants you

Did you say, "It's the same old thing?" Well, say no more! Now *you* can alter those old patterns.

Volunteers are needed to form the following: Black History Month, Hispanic Employment program and Asian Cultural committees. These working committees will assist the Equal Employment Opportunity officer, Special Emphasis managers, and the Equal Opportunity officer with ethnic and cultural events, preparation and provide ideas for activities the work force wants to participate in and sponsor. Interested soldiers and civilians, tenants and garrison units, and all grade-level employees are encouraged to contact Mr. Facundo at 561-2035 or 561-2022 or drop by the Equal Employment Opportunity Office, bldg. 201. Do not miss this opportunity to get involved. Join up now.

Deserving families sought

Do you know a family that nurtures individual growth of its members, has strong teamwork in the home and generously serves others? Then tell the Army Community Service (ACS) about them, and they may be selected for honors in the ACS Great American Families Awards Program, held in cooperation with the American Family Society, U.S. Army and other participating national organizations.

To nominate a family for local honors, drop a note to: AWARD, Army Community Services, Bldg. 566, Presidio of San Francisco, San Francisco, CA 94129 (ATTN: Great American Family). Submit your nominations no later than the close of business, Nov. 15.

...the write stuff...

by Ted Weller

Have we got a weekend for you! Everything from Golden Knights to original USO shows...and a parade to boot!!!

If you have not heard already, this weekend is not only Veterans Day, but Fort Mason will be celebrating and commemorating its history as the U.S. Army port of embarkation for the Pacific theater.

This celebration is also honoring all the veterans that "shipped" out of the port. The festivities will begin at 10:45 a.m. on Mason Street near the Marina Gate with the official Veterans Day Parade...yes, it has moved out here from the usual downtown route...this year's route begins at the Presidio, moves south along the Marina, to the gate of Fort Mason Center (that's across from the Marina Safeway).

After the formal opening ceremony and the dedication of Fort Mason as a National Historic Landmark, the festivities at Pier 3 will begin.

The featured event is the re-creation of the USO's State Door Canteen with continuous entertainment from the era. Actor David Soul headlines the show, complete with singer, dancers and comedians recalling the performances of the '40s and '50s. Military bands will be playing big band music and the dance floor is open to all...the more authentic the dress and dance style the better.

Also included in the festivities are re-creations of a MASH unit; a Red Cross office, complete with donuts and free coffee; a mess hall open to sample today's version of yesterday's classics; and the National Liberty Ship Memorial, the USS Jeremiah O'Brian will be open for free tours. There will be plenty of nostalgia available.

The whole affair will be open from 11 a.m. until 6 p.m. tomorrow, Sunday and Monday. Admission is $2 for adults and anyone under 16 will be admitted FREE!

More from the "wild blue yonder."

The U.S. Army Parachute Demonstration Team, the "Golden Knights," will also be jumping into the Fort Mason Meadow at 1 p.m. on Saturday as part of the celebration.

After the fun at Fort Mason, journey up to the Presidio Cultural Center between 8 and 9 p.m. for an exhibition of clogging...I asked, too...it's western dancing with taps on the boots. Admission is $2.

This week's quiz, complete with answers:

Did the Wright Brothers design the first airplane; was the tank conceived in World War I; how about the Gatling Gun, was it the first machine gun?

The answers: no, no and no.

The explanation is that Leonardo da Vinci thought of them first—24 of Leonardo's inventions will be on display in natural wood, working-model-form as part of the Exploratorium's latest exhibit: *Models of the Inventions of Leonardo da Vinci.* Along with the first airplane, the first helicopter, parachute and paddle wheel ship will be on display.

The Exploratorium is open Wednesday through Friday, 1 to 5 p.m.; weekends, 10 a.m. to 5 p.m.; and Wednesday evenings, 7 to 9:30 p.m. Admission is FREE to those age 17 and under and the $3 charge for adults is good for six months.

The School of Creative Arts at San Francisco State University will present the fall concert of the University Symphony next Tuesday in the McKenna Theatre at 8 p.m. Tickets are $3.50 general admission and $2.50 for students. For more information or ticket reservations, contact the Creative Arts Box Office at 469-2467.

For volleyballers: the Recreation and Parks Department of San Francisco sponsors drop-in volleyball games at Kezar Pavilion (corner of Stanyan and Waller Streets) every Monday night between 7 and 9:30 p.m. The fee for an evening of volleyball is $1; call 558-4055 for more information.

Late addition: the festivities at "40 Years Later," will be FREE on Monday, Veterans Day, for all those that present themselves at the gate in uniform.

This week in Presidio's history: Nov. 13, 1914—30th Infantry leaves the Presidio to train recruits at various camps on the East Coast.

The week just passed in Presidio's history: Nov. 2, 1769—Sergeant José Ortega, in the exploring party of Captain Gaspar de Portola, sighted the southern area of the San Francisco Bay and discovered that the coast route of Point Reyes was blocked by water. Nov. 6, 1850—President Millard Fillmore signs an executive order reserving the Presidio, Yerba Buena Island, Angel Island, Alcatraz, Mare Island, Benicia and Point San José for military purposes. Nov. 3, 1919—Crissy Field is dedicated in honor of Major Dana H. Crissy, commander of Mather Field at the time he led a team of DeHaviland aircraft from the Presidio in a demonstration of the new air arm of the Army. The demonstration involved the simultaneous flight of aircraft from each seaboard cross country. Unfortunately, Crissy died when his aircraft crash-landed outside Salt Lake City, Utah. Nov. 1, 1941—the Fourth Army Intelligence School, predecessor of the Defense Language Institute, opens in an abandoned hangar on Crissy Field.

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Sports

Ski orientation classes

Classes on safety and maintenance for the 1985/86 ski season will begin at Outdoor Recreation, bldg. 92, on Nov. 20 at 5 p.m.

Authorized people who expect to use skis from Outdoor Recreation MUST attend one session before checking out skis. There will be NO EXCEPTIONS to this policy.

The class is designed to reduce the incidence of skiing injuries among Presidians and to eliminate the improper use and abuse of Outdoor Recreation rental equipment.

In the oral presentation of the class, the instructor discusses the mental attitude of the skier, his or her preparation for and approach to safe skiing, the physical ability of the skier and how it affects safe skiing, and the skiing rules of the road.

The instructor also discusses the type of equipment available at Outdoor Recreation, proper selection, adjustment and fitting, and the care and use of each.

Following the lecture a film is shown emphasizing the main points of the lecture.

The whole structure of the class is designed to instill knowledge of and confidence in the equipment on the part of the skier, which leads to safer skiing.

People who previously attended a class at Outdoor Recreation are not required to attend.

Outdoor Recreation closure

Outdoor Recreation will be closed on Nov. 28 for Thanksgiving Day. Normal hours of operation are Monday through Friday from 8:30 a.m. to 5 p.m.; Saturday, 9 a.m. to 1 p.m.; and Sunday and holidays, 1 p.m. to 5 p.m.

Ski trip No. 1

Don't forget to sign up for Ski Trip No. 1, a three-day trip to South Shore Lake Tahoe on Dec. 13, 14 and 15. The cost is $65 (skiers) and $60 (non-skiers and skiers with own ski equipment). This includes transportation, lodging and equipment rentals as specified. Ski lift tickets and meals are not furnished by Outdoor Recreation. Deadline for payment is Nov. 27. For more information call or come by Outdoor Recreation, bldg. 92, 561-4324.

U.S. Air Force Academy testing

Gym No. 1, bldg. 63, will be used for candidate testing for the U.S. Air Force Academy on Nov. 17.

The basketball court and exercise room will be closed from 9 a.m. to 12:30 p.m. It will reopen when the test ends. All other parts of the gym will be open as usual. Gym No. 2, bldg. 1152, will be open that day from 9 a.m. to 12:30 p.m.

U.S. Military Academy testing

Gym No. 1, bldg. 63, will be used for candidate testing for the U.S. Military Academy, West Point, N.Y.

On Nov. 24, the basketball court, weight room and exercise room will be closed until the test ends. The men's and women's locker room, sauna and racquetball and squash courts will be open.

Reservations will be required for racquetball or squash courts. Gym No. 2, bldg. 1152, will be open on that day from 9 a.m. to 4:30 p.m.

Cross country championship

The fiscal year 1986 Post Cross Country Championship will be held on Nov. 13 at noon at Gym No. 1, bldg. 63.

This race will be the annual harrier championship for men and women.

The race is run over 3,000 meters (1.9 miles) of cross country trails behind Gym No. 1. Team awards will be presented to the top unit team for number of finishers and for the lowest combined times of its top three finishers.

Individual awards will also be given to the top two men and women age-group finishers. Commander's sports participation points are earned for unit participation. The entry fee is $2 per person and the race is open to the entire Presidio community. Proceeds will benefit the Combined Federal Campaign.

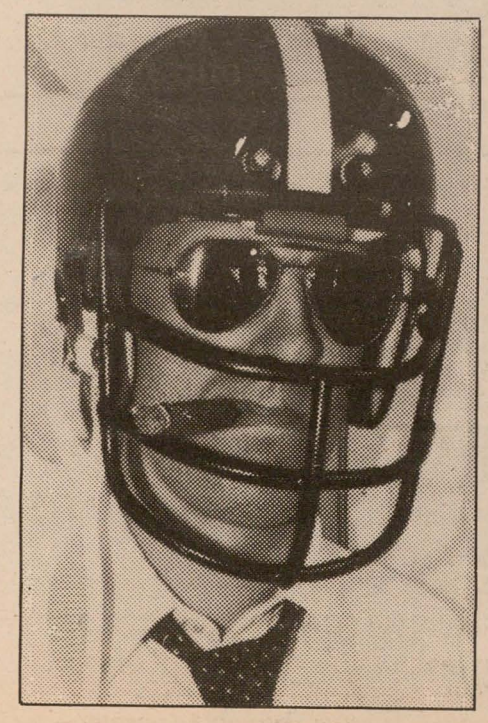
Preregistration is required. To sign up for the race, call Bob Darling at Gym No. 1, bldg. 63, at 561-4120 or 561-5032.

Basketball clinic

The Pacific Officials' Association will have a basketball officials' clinic for anyone interested in officiating during the upcoming basketball season. The clinic will be held tomorrow from 9 a.m. to noon at Gym No. 1, bldg. 63.

For more information, call John Funes at 561-5032 or 561-4131.

Jimmy the Freak



Ughhh...Jimmy had too much medicine last night! I was celebrating the 49ers' win with a few colleagues from my "club"—you know, that little place just this side of the railroad tracks in Tarzana—when it dawned on us what a great deed Matt Cavanaugh did for all the second-stringers of the world. Ed MacMahon must be beaming! Bud Abbott is doing back flips! Betcha even old George Bush is a tad tickled.

As a "second-stringer" in my own office (I'm Deputy Assistant Coat Watcher and Designated Hostage), I think that the installation should institute (ooops, the doctor doesn't want me to use that word) a "Second Team" Week. All deputies would be in charge of their offices and make all of the major decisions. Like who makes coffee or who turns out the lights at the end of the day. Maybe Mrs. Freak would even let me use sharp instruments for a day. Now for some second-rate predictions for this week's games.

San Francisco 27 Denver 17

The team has proven that they can win even without their main squeeze, Monsieur Montana. The only thing that can stop them would be for Denver to have a three-foot-deep snowfall. Even then, Roger Craig would probably ski to a touchdown or two.

Dallas 30 Washington 17

Even more than Narcissus, the Redskins have been doing it with mirrors. This is an old team with one foot on the playoff banana. That noise you heard is Joe "It's Everbody's Fault But Mine" Theismann being force-fed a ton of crow by the Dallas defense.

New England 29 Indecisivapolis Colts 10

Did you hear that Bob Irsey was his usual, charming self at a party and he got beaten up by Dale Carnegie? Even Mother Theresa wouldn't help this dude. The poor, old Colts can't win because leadership starts at the top...need I say more?

New York Giants 31 Los Antacid Rams 21

When you watch the Rams play, you need an antacid because they tend to turn one's stomach. The Giants have the kind of defense that will negate Dickerson's running and the passing of their pygmy quarterback.

Houston 34 Buffalo 14

These teams just met on the football escalator...the Oilers were going up, and the Bills were heading south.

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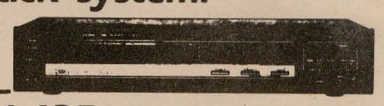

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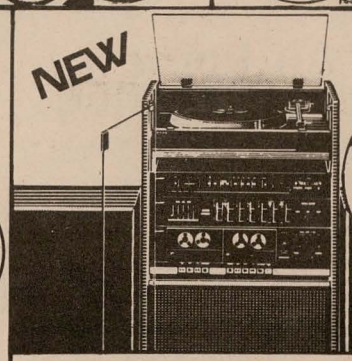

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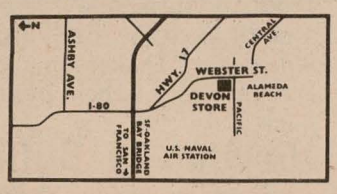

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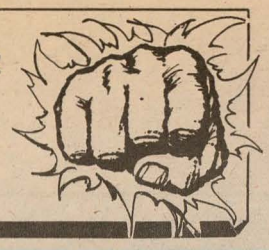
Spouse abuse: ACS offers help, **page 5**



40 Years Later: Fort Mason comes alive again, **pages 6 & 7**

Jimmy the Freak: picks of the weak, **page 11**

Star Presidian

Vol. 28, No. 46 | "Published in the interest of the people of the Presidio of San Francisco." | November 15, 1985

News briefs

PLDC is a must

Sergeants will need to be graduates of a primary leadership development course as of July 1 next year in order to be promoted to staff sergeant.

"The new requirement is being made to ensure all soldiers being promoted to staff sergeant have had a primary level of leadership training," said Sgt. Maj. Dennis Smith of the enlisted programs branch of the office of the deputy chief of staff for personnel at the Pentagon.

Smith added that soldiers who have graduated from a primary non-commissioned officer course, a primary leadership course or a basic non-commissioned officer course before Jan. 1, 1986, will be considered to have met this requirement.

"Soldiers on the promotion standing list to staff sergeant who are not graduates of one of these courses as of June 30 will be removed from the list," Smith said. "Recommendations for promotion will not be made unless a soldier is a graduate."

Attendance will be restricted at these courses between January and June to only sergeants and promotable sergeants to give them every opportunity to attend a course, Smith said. Primary leadership development courses are conducted at non-commissioned officer academies throughout the Army.

Although sergeants review their records when going before staff sergeant promotion boards, NCOs who have graduated from an accredited leadership course should make sure their diplomas are in their official personnel files. Soldiers can contact their unit first sergeants or personnel NCOs for more information.

Filing claims is easier

Soldiers whose household goods are lost or damaged in shipment will soon find the procedures for filing claims easier and more responsive.

Under new procedures being phased in by the Military Traffic Management Command (MTMC), soldiers may annotate loss and damage to their shipments at delivery on DD Form 1840. The new form, entitled "Joint Statement of Loss or Damage at Delivery," will be supplied by the mover. Then soldiers will have up to 70 days after delivery to inspect their property for further loss or damage. Under the old procedure, the limit was 45 days.

To report loss or damage discovered during that 70-day period, soldiers have only to fill out the reverse side of DD Form 1840 and send it, with appropriate records, to the local claims office.

photo by Joseph A. Hirsch

A day to remember

Lt. Col. Robert G. Melton, chief of optometry at Letterman Army Medical Center, visits the National Cemetery on Veterans Day with his sons, Mark (left) and Michael, to honor the memories of past veterans.

Food and fun in store for Presidio's Family Week

by Joseph A. Hirsch

A special and very full week of activities is in store for Presidio's soldier families when the post joins the Army in celebrating Family Week Nov. 24 through Nov. 30.

When Congress created National Family Week, Department of the Army officials encouraged unit commanders to make Army Family Week a celebration during the national event, according to Capt. Colleen Parker, the project officer for the Presidio.

The Army would use Family Week to celebrate the soldier family's spirit and give recognition to that family by way of a job-well-done gesture, Parker said.

"On the Presidio, the activities are very decentralized this year, and most of the things offered are really for the entire family," she said.

The events during Presidio's Family Week begin with religious events on Nov. 24.

Beginning at 9 a.m., the Chapel of Our Lady will hold a special family Mass. An Advent workshop for families will begin at 1 p.m. at the Religious Activities Center, located in bldg. 682 on Lincoln Blvd., near Fort Scott.

Other special services are scheduled at Presidio chapels. Services begin at 9 a.m. at the post chapel and across the bay at Fort Baker's chapel.

At 11 a.m., the Fort Scott chapel and the post chapels will each hold a service. An early afternoon service is slated for Fort Scott at 12:30 p.m.

At the post bowling center at Fort Scott, an adult/junior mixed doubles tournament will kick off at 12 p.m.

Later that evening, the Presidio recreation center will sponsor an ice cream social beginning at 6 p.m.

Nov. 25

The only Family Week event scheduled for Nov. 25 will be family swimming relays at the post pool beginning at 5 p.m.

please see page 3

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Opinions

TAKE A BITE OUT OF CRIME

by Sheldon M. Stein

The popularity of motorcycles, four-wheel-drive trucks and other off-road vehicles is growing by leaps and bounds. The feel of the wind in your face, the challenge of you and your machine against the elements—it can be exhilirating, but it also can be deadly.

If you're not an experienced off-road driver, you can easily become involved in an accident and run the risk of hurting not only yourself, but your passengers, joggers and hikers.

The use of off-road vehicles on Army installations is governed by Army Regulation 210-9. It states, in part, that all land and water areas will be closed to recreational use of off-road vehicles. Only those trails and areas determined suitable, and specifically designated as such, can be used by off-road vehicles.

As members of the Presidio community, we are able to enjoy and appreciate all the natural beauty the post has to offer and all the recreational opportunities that are close by. However, there is no authorized area for the use of off-road vehicles on the Presidio. Any use of off-road vehicles on the Presidio or its subinstallations is strictly prohibited. Anyone caught operating a vehicle off-road on post will be issued a traffic citation, which carries a fine.

The military police are attempting to prevent the dangerous and illegal operation of off-road vehicles on the Presidio and its subposts.

The use of off-road vehicles also destroys the habitat for some endangered plant species.

Parents who have children with motorcycles, mopeds or other off-road vehicles should make sure they are using their vehicles legally and have the proper equipment to operate them safely.

The following licensing and operating procedures are listed to make sure adults and children alike understand their duties and responsibilities:

A moped may not be driven on a freeway, bicycle path or trail, bikeway, equestrian trail, hiking trail or recreational trail, unless the path or trail is on or next to a roadway or permission to use the trail or roadway is granted by local ordinance.

Motorcyclists and moped drivers are required by regulation to wear protective headgear (helmets) while riding on the Presidio and its subposts. Violators will be cited.

There are many off-road trails available for public use in the area. Your local library or bookstore can yield a guide to the location of these areas and the benefits of safe off-road driving.

If you have any questions or comments on this topic, call the military police traffic office at 561-3810 or the crime prevention office at 561-5011.

Crime report

- There was one traffic accident in which drugs were the cause. The driver was a civilian.
- Person(s) unknown slashed all four tires of a vehicle parked in the U.S. Army Garrison barracks area.
- An individual had a calculator stolen in bldg. 1100.
- An individual had a VCR and miscellaneous property taken from on-post quarters.
- An individual had an item of stereo equipment taken from a wall locker in bldg. 1801.
- A retired military member was apprehended for shoplifting at the Main Post Exchange.
- During this period, there were six traffic accidents, with no injuries and property damage only.

Dear Editor...

Dear Editor,

I thought your front page story on PX shoplifters (Nov. 1) was good but thought that you lacked one fact.

You listed that about 3 percent of shoplifters were active duty soldiers and the remainder as retirees and youngsters.

Well most surveys that I have seen show that over 50 to 60 percent of items stolen in these activities are taken by employees. (Percentage is higher in other areas.)

I think that SFC Stein should try taking his own advice and take a serious look at what's happening.

Thank you
Frank Garcia
Retired Army Enl.

P.S. I like the *Star Presidian* but I think Ramblin' Sam should move around the post a little more and talk to all the people.

Dear Mr. Garcia,

I checked with SFC Stein again on some things and this is what he told me.

While employee thefts are a problem at exchanges throughout AAFES, those crimes are not listed as shopliftings. That crime falls under the larceny of Non-Appropriated Fund property category and is listed in the statistics as such.

Stein said his office is solely concerned with crime prevention and he, along with the other soldiers and civilians in the office, works hard to deter and prevent crime on the Presidio. Their office works very closely with the exchange and other activities on a day-to-day basis.

In any case, be assured that people here share your concern and are trying to fight back too!

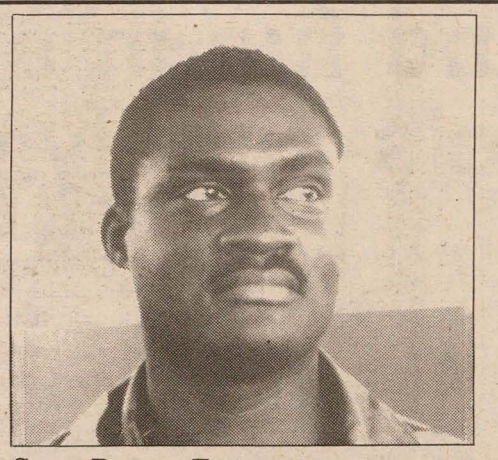
As for Ramblin' Sam, we send him out to the far corners of the post each week and he's really been trying. Each week he tries to talk to someone new and interesting. We'll get on his case for that. Thanks again for your letter and feel free to write anytime.

Sincerely,
The acting editor

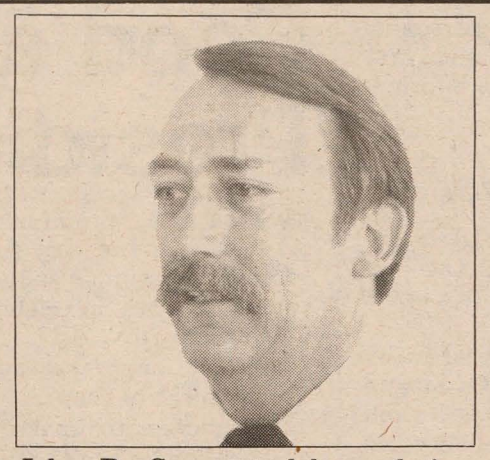
Ramblin' Sam

"What would you like to be doing in the year 2000?"

Capt. Billy Jo Charbonneau, logistics systems officer, Logistics Control Activity, Army Materiel Command: "I'd like to be head of the English department at Oklahoma State University, and also head of the ROTC department."



Sgt. Remy Fortunato, personnel records specialist, In-processing, USAG: "First, hopefully, I'll be out of the service and working in my second career. I'd like to be taking it easy, too, lying on some Caribbean beach."



John D. Sergeant, labor relations specialist, Civilian Personnel Office: "I would like to be reborn into a reincarnation of a CPO personnel intern. They have always been my heroes."

SFC Bill E. Germain, reenlistment NCO, USAG: "I'm like George Burns. I want to stick around till there are no other actors and actresses."

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Family Week continued from page 1

Nov. 26

Kids and their parents will eat a special luncheon beginning at 11:30 a.m. at the Child Development Center in bldg. 567.

At 5 p.m., local scouting units will hold a special retreat ceremony at the post flagpole.

Winding up the day will be a family guitar recital at the post recreation center beginning at 6p.m.

Nov. 27

It's special Army family night at the Tradewinds NCO Club. A buffet dinner (one time in line) will cost the entire enlisted serviceman's family only $7.50, according to club officials.

That price includes entertainment, but at press time this week, the officials were not firm on what the entertainment would be.

The recreation center is the host for two events on the 27th. The first is a clog dancing demonstration that "kicks up" at 6 p.m. The second event is an Uno card tournament that starts at 7 p.m.

If clogging, cards and a good meal deal are a little too much for your family, the Army and Air Force Exchange Service is offering family movie night for eligible theater patrons.

Starting at 7 p.m. AAFES will give away a small soda and popcorn to each member of the family in attendance at the show.

The feature scheduled is "Beverly Hills Cop" and stars Eddie Murphy as a detective who goes to the limits to catch a killer. The movie is rated R.

Nov. 28

For the family on Thanksgiving, three excellent dining choices can keep mom out of the kitchen and give the entire family a great holiday meal.

The U.S. Army Garrison dining facility is serving up turkey and all the trimmings four different times during the holdiay.

Even the busiest holiday travelers will find time to eat, but reservations and tickets are required for families. Many tickets are still available and since Defense Secretary Caspar Weinberger cut the surcharge for family members, the meal is even cheaper for the family to enjoy.

Call 561-5465 for more information or stop by the Public Affairs Office, bldg. 37, to get your tickets and times.

The Presidio Officers' Club Thanksgiving dinner will be served three times on Nov. 28, beginning at 2 p.m. The last serving is 6 p.m.

A turkey buffet will be offered at the recreation center starting at 4 p.m.

Nov. 29

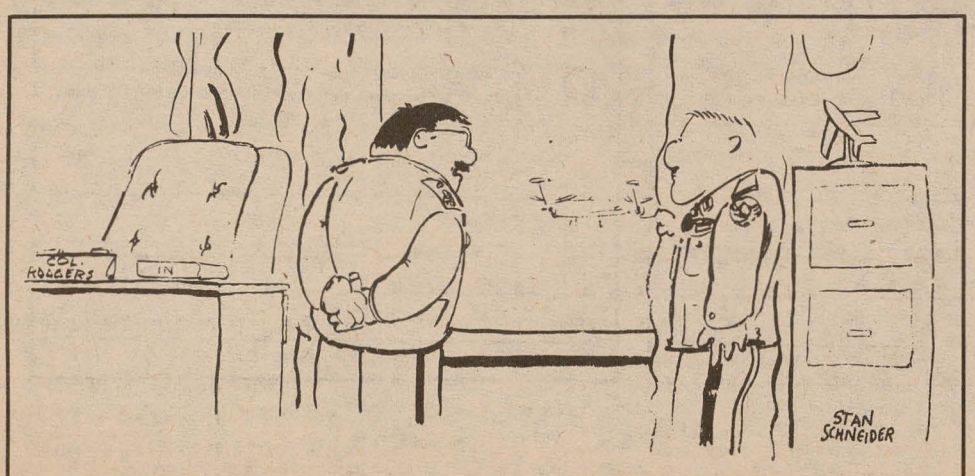
When the turkey and stuffing has settled a little from the day before, you and the family can grab a pizza and movie combo from—yes, you guessed it—the post recreation center.

Movie titles were unavailable at press time.

During the entire week, the post library will sponsor a book display for family's reading.

The Lighter Side

"We're coming alone fine. He's starting to bark."



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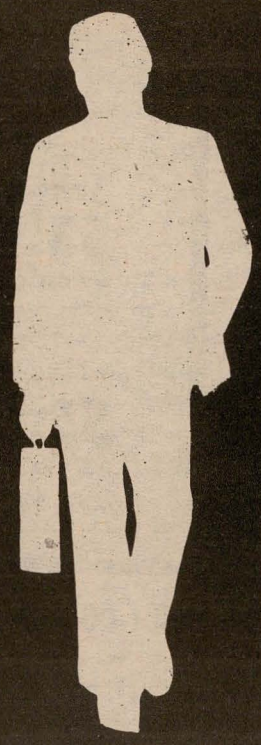

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Feature

Spouse abuse: America's own suffering

by Debbie Campbell

The United States is a nation known for its contributions to the world's needy. The United States makes daily attempts to eliminate world hunger, to clothe and educate the poor and to save animals on the verge of extinction.

We Americans cringe at the thought of violence and terrorism. We're continually outraged when we hear of the pain endured by those less fortunate than ourselves.

Something many Americans fail to realize, however, is that there's plenty of violence and suffering in our own country.

In fact, the suffering that goes on is often between people who represent the institutions of love and marriage: husband and wife.

The facts on spouse abuse are startling, as they've been addressed more often in recent years. The fact is, spouse abuse occurs in many homes at levels ranging from verbal to physical abuse, and even death.

These problems are no different among Army families. According to a Department of Defense Family Advocacy Program study, in fiscal year 1984, of 1,129,162 spouses, there were an established 9,843 cases of spouse abuse. (Three of these cases resulted in death.) In other words, 8.7 cases were reported for every 1,000 spouses.

This figure is much higher than that for fiscal year 1983, during which 6,540 cases of abuse were reported.

The increase could mean that a growing number of cases is reported each year; the figures can't really reflect the actual total of cases, because family violence often is not reported, according to Karen Kaho, family violence counselor at Army Community Services (ACS).

Lorraine is the wife of a Presidio soldier. She has been married for almost 11 years. (This is not her real name, as she prefers to remain anonymous.) She has experienced abuse several times.

She is a young woman with two children determined not to let what has happened to her ruin her life. Her strength is reflected in her words.

"I don't deny myself the things I enjoy now. For the first eight years I used to stay home and wait for him. I finally say, 'The hell with it.'

"So me and the kids never stay home on weekends. It bothers him, but that's too bad."

Lorraine has the strength and drive that many women don't have. However, when asked for details on each incident of abuse, she seemed a little reluctant to bring the subject up. The pain and resentment that many women would feel were not completely hidden in Lorraine's eyes.

"He's an alcoholic. Every time it happened he'd been drinking. We can have a problem. I'll try to rationalize, but an alcoholic won't take the blame for what he does."

She has become a bit callous over the years, or maybe she is just being realistic when she talks about her husband's behavior.

"After it happened the last time, he apologized. I just said, 'Don't lie. Go get help!' Now I say if he does it again, I'll leave with the kids. He knows it, too."

Like many women, Lorraine has no clear-cut reason for why she has put up with the abuse for so many years. She's a woman fully capable of taking care of herself, with experience in more than one job field.

She said that at first it was important that her children have a father. Also, her husband would continually claim that he would change for the better.

He often admitted that what he did was wrong, but he'd never admit to being alcoholic. The drinking, Lorraine claimed, was the main cause for the violent attacks.

Lorraine resignedly said she knows he has to admit to himself that he needs to quit drinking; no one can make him do it.

Lorraine's case is similar to many other spouse abuse cases, according to Kaho.

Kaho said that many abusive husbands do have alcoholic tendencies. They usually use the alcohol as a crutch. Unfortunately, in many cases, men become irrational when drinking. This often escalates into violence, Kaho said.

After the first incident, the wife will try to brush it off, she said. The wife sometimes doesn't want to admit she's really been abused. She'll claim that it won't happen again because her husband convinced her it wouldn't or because she feels she'll be able to keep from provoking another argument.

According to Kaho, denying or down-playing th abuse is the worst mistake the wife can make.

It is important to reach out to get help. Without treatment the violence most often escalates.

"People do die from this. That's the danger. People really do get hurt, both physically and emotionally," Kaho explained.

Kaho recommends that couples experiencing difficulties in communicating or handling their stresses seek counseling *before* any violence occurs.

Luckily for Lorraine, she knew about the different programs available at ACS. She and her husband are now in therapy.

Lorraine also has been sensible enough to keep and account of every incident. "I've covered myself," she said. "I have pictures of my injuries. I have places to go, and money put away in case something happens."

Lorraine said she and her husband have benefited from the therapy, but it's a slow process.

Kaho explained that the programs at ACS include counseling for couples, individuals and groups.

She is also very enthusiastic about the new crisis hotline which starts this month. There will be trained volunteers at the phone 24 hours a day to help people in any emergency situation. The hotline should make it easier for victims of abuse who have been put off by the thought of seeking help in person.

Kaho said many women are afraid that if they report that they're having marital problems to their husband's commander or first sergeant, it will ruin their husband's career. This is simply not true.

Kaho emphasized that the command realizes if a soldier is unhappy at home, his or her job is adversely affected.

With the programs open to couples on the Presidio, there is no reason why any woman should feel she has to keep her suffering a secret. But that's up to each woman as she must deal with her problems on her own.

If she realizes how much she is really worth, that she does deserve to be happy in life, maybe she will take that first step to get help. It seems certain that every woman who has experienced abuse and then found help would agree that getting help is the first step on the road to a happier life.

At the movies

Presidio Theater

Fri, Nov. 15	Goonies (PG)	7 p.m.
Sat, Nov. 16	Red Sonja (PG-13)	7 p.m.
Sun, Nov. 17	Year of the Dragon (R)	7 p.m.
Mon, Nov. 18	Year of the Dragon (R)	7 p.m.
Tue, Nov. 19	The Emerald Forest (R)	7 p.m.
Wed, Nov. 20	The Emerald Forest (R)	7 p.m.
Thu, Nov. 21	Indiana Jones and the Temple of Doom (PG)	7 p.m.

Schwartz Theater

Mon, Nov. 18	Goonies (PG)	7 p.m.
Wed, Nov. 20	Year of the Dragon (R)	7 p.m.
Thu, Nov. 21	The Emerald Forest (R)	7 p.m.

Hamilton Theater

Fri, Nov. 15	Highest Honor (R)	7 p.m.
Sat, Nov. 16	The Sword and the Stone (G)	1 p.m.
Sat, Nov. 16	Beverly Hills Cop (R)	7 p.m.
Wed, Nov. 20	Flight of the Eagle (PG)	7 p.m.
Thu, Nov. 21	Deliverance (R)	7 p.m.

Photo Feature

40 years later: San Francisco remembers

by Joseph A. Hirsch

Forty years ago a young and very scared Army private first class boarded a ship at Fort Mason with many of his buddies.

The ship ride was the beginning of a long journey that would take him and his unit into the bowels of death and destruction, for the world was again at war.

That nameless and faceless private wouldn't return to that beautiful city he waved back to as the ship crossed underneath the Golden Gate Bridge.

Last weekend, thousands of patriots and former privates turned out on a brisk and windy Saturday to remember the role Fort Mason played during the war effort in the forties.

Now, the crowd watched "40 Years Later," as marching bands, drill teams and hundreds of others paraded down Marina Blvd. to Fort Mason Center.

Many youngsters gripped small American flags that flapped in the strong bay breeze.

Veterans proudly displayed their VFW and other military decorations in a gesture that seemed to tell others, 'Yes, I was there!"

Forty years ago, Fort Mason bustled with activity. More than a million men and nearly 25,000 tons of supplies shipped out of the pier and into the seemingly empty seas.

Back at the parade, the shockingly close Wy Spalding version of Gen. Douglas MacArthur made his appearance, corncob pipe and leather jacket intact.

"I've returned," MacArthur's voice seemed to echo. "And I'm proud of what you're doing here today."

A sharp salute, and his car drove on past the cheering crowd.

"What was that guy's name again, Dad?" a young boy asked of his father.

"MacArthur," the older figure said with a smile.

More bands, more drill teams, an American flag and suddenly an instantaneous volley of salutes from the military in uniform that dotted the crowd.

In that brisk, cool wind, we stood proud for a moment and joined together; we remembered.

photo by 51st Mil. Hist. Det.

The cool weather couldn't chill the enthusiasm of this flag-waving child.

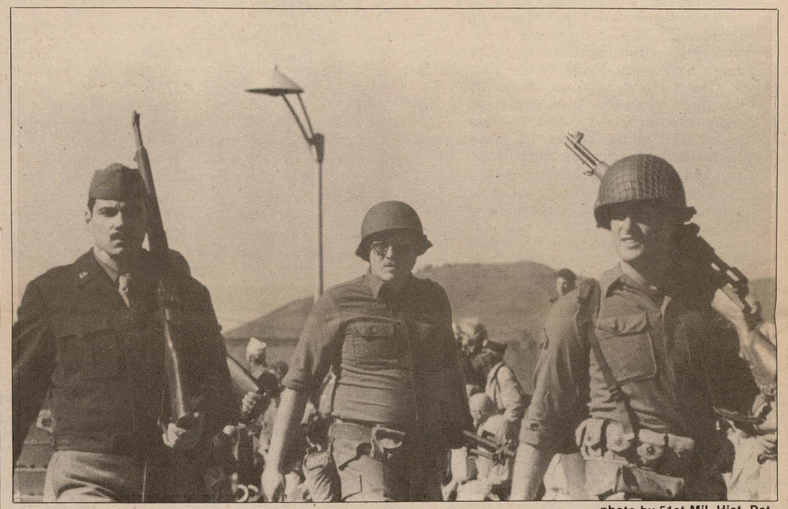

photo by 51st Mil. Hist. Det.

These World War II uniforms brought back memories to many at the "40 Years Later" parade.

photo by Chuck Blancet

More than 150 units paraded from Crissy Field to Fort Mason to celebrate "40 Years Later."

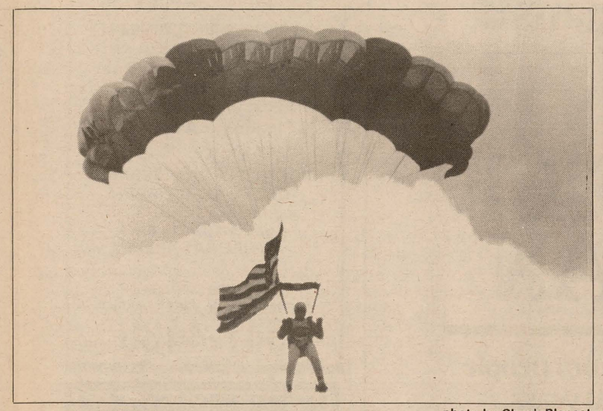

photo by Chuck Blancet

An Army Golden Knight drops from the clouds to Fort Mason during the "40 Years Later" celebration.

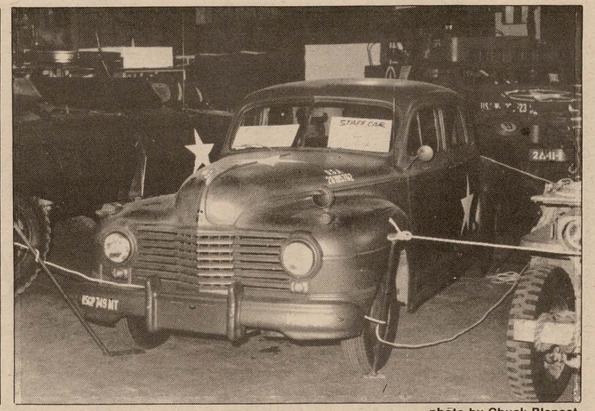

photo by Chuck Blancet

This 1942 Dodge staff car was on display at Fort Mason with other memorabilia from World War II.

photo by Chuck Blancet

Two USO dancers enjoy a hot jitterbug during the show at Fort Mason Center.

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Community Calendar

photo by Larry Merkle

Marcia Pizzo (center) is one of the stars of "Opera Comique," which opened last week and runs through Dec. 7 at the American Conservatory Theatre, Geary and Mason Streets, in San Francisco.

Dancers soar high above the ice in the Ice Capades' ballet, "The Spirit of the Waltz," one of six productions in their spectacular new musical revue at the Oakland Coliseum.

The Ice Capades

The Ice Capades extravaganza is playing November 19 through 24 at the Oakland Coliseum. Featured artists are Kitty and Peter Carruthers, the 1984 Olympic Silver Medalists and four-time United States National Champions. Other celebrated artists are the Snorks of Saturday morning cartoon fame. The ITT Office has discount tickets for Saturday, November 23, at noon. The price is $6, reduced from $9.50. Come join in the family entertainment!

The Presidio Recreation Center ITT Office is located in bldg. 385. Operating hours are 11:30 a.m. to 1 p.m. and 2 to 5:30 p.m., Monday through Friday.

Open season

Open season for federal employees' health benefits has started and runs through Dec. 6

Please drop by Civilian Personnel for brochures and information when it's convenient for you and your supervisor. For more information, please call the Civilian Personnel Office at 561-5757.

Red Cross update

The Red Cross number for night and weekend emergencies has been changed. The new number is 523-6442.

...the write stuff...

by Ted Weller

I know, believe me I know...but what's really ridiculous is I knew when I picked up the paper and read this dribble that I had misled all my [???] loyal [???] readers.

It's bad enough that I can hear my DINFOS instructors yelling in the distance "Error in F-A-C-T!!!!!!"

Well, I will not let this deter my efforts to bring you the events of the week, mea culpa, mea culpa...

The Planetarium at San Francisco State University is presenting an hour-long show entitled "A Comet Called Halley" on Wednesdays at noon in Room 422, Thornton Hall on the SFSU campus.

The shows are FREE and there is space for 50 persons per show. The program makes use of 100 special effects projectors and omniphonic sound to illustrate the history and current visibility of the famous comet and about comets in general. Call 469-1852 for more information.

I also have a note from a reliable source...reliable only in that they could spell Pleiades...Halley's Comet will be visible with binoculars from the Presidio tonight and tomorrow near the Pleiades...this is an open star cluster in the constellation Taurus, okay, folks?...According to my source, the comet will appear as a fuzzy object just south of the cluster.

Mea culpa...

Tonight at 7:30, the Master Mantak Chia will present a system of meditation, internal exercises, martial arts and other practices to enhance your life. The program is called Awaken Healing Energy: The Healing Tao and will be presented in Building C, Fort Mason Center, for FREE.

Also tonight, at the Tradewinds, is ALL NITE DISCO from 10 p.m. until 4 in the morning.

Tomorrow at the Bandshell in Golden Gate Park there will be a pop-rock concert from noon until 3 p.m. and it is FREE.

The Exploratorium will present a one-day exhibit beginning at 10 a.m. tomorrow until 5 p.m. entitled "What Goes On behind the Operating Room Doors?" The exhibit will have instrument displays, models and an operating room complete with equipment used in cardiac and other forms of surgery. Operating room nurses will be on hand to describe how the equipment is used and to answer any other questions. Admission is $3, which is good for six months of the Exploratorium.

Books, books and more books are available at very affordable prices from the Friends of the Public Library Mini-Book Sale this Sunday, 11 a.m. until 4 p.m. at Pier 2, Fort Mason Center. Admission is FREE.

Also at the Fort Mason Center on Sunday are:

Paintings: Joseph Bacon and Thomas Week will show recent landscapes and other subjects in oils and acrylics from 1 p.m. until 6 p.m. in Building A. Admission is FREE.

At 7:30 p.m. in Building D, fans of Walt Whitman will read and discuss the poet's life. Admission is $2. Call 621-3021 for more information.

The San Francisco State University Symphonic Band will present a concert of original compositions and transcriptions for band on Sunday at 3 p.m. in the SFSU McKenna Theatre. Tickets are $3.50 for general admission and $2.50 for students, seniors and alumni. Call the Creative Box Office, 469-2467, for ticket reservations.

Animal lovers: The San Francisco Zoological Society needs volunteers to work with animals in the Children's Zoo and Animal Resource Center. One must be 16 years old or better and willing to work one full weekday per week. For more information call the Volunteer Program Coordinator at 661-7104.

Mea culpa!!

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October 1, 1985

Effective December 1, 1985, following the expiration of GSA Contract GS-00F-77750 on November 30, 1985, the IBM CORRECTING SELECTRIC III TYPEWRITER will be available for purchase by Federal Government Agencies on an OPEN MARKET BASIS only. The IBM CORRECTING SELECTRIC III TYPEWRITER will not be available to you on the current Single Award Contract referenced above, nor will it be available on the GSA Multiple Award Schedule (FSC Group 74, Part 1, Section A).

Ordering activities have until November 30, 1985, to issue purchase orders for the IBM CORRECTING SELECTRIC TYPEWRITER Model 6705-B01 referencing the current contract.

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Sports

Army sets new PT standards for soldiers

Soldiers have until Oct. 1, 1986, to get in shape to meet revised standards of the Army Physical Fitness Test, the new name of the Army Physical Readiness Test.

The revised standards

- increase, in most cases, the minimum and maximum performance levels for push-ups, sit-ups, and the two-mile run;
- redefine and increase the age groups from four groups to eight 17-21, 22-26, 27-31, 32-36, 37-41, 42-46, 47-51, and 52-plus;
- increase the women's performance levels for the sit-ups;
- eliminate the "go, no-go" standard for soldiers aged 40 and over.

The decision to increase the events' repetitions and to shorten the two-mile run time was based on many years' worth of fitness studies, on field-testing of several thousand soldiers and on consultation with fitness experts in the private sector, said Lt. Col. Robert G. Tetu. He monitors the PT test program for the Army's deputy chief of staff for operations and training in the Pentagon.

The new standards

Event Age group		Push-up Repetitions	Sit-up		Sit-up Repetitions	Run		Run (Min. for 60 points) (Max. for 100 points) Min. seconds
17-21	Male	42/82	17-21	Male	52/92	17-21	Male	15:54/11:54
17-21	Female	18/58	17-21	Female	50/90	17-21	Female	18:54/14:54
22-26	Male	40/80	22-26	Male	47/87	22-26	Male	16:36/12:36
22-26	Female	16/56	22-26	Female	45/85	22-26	Female	19:36/15:36
27-31	Male	38/78	27-31	Male	42/82	27-31	Male	17:58/13:18
27-31	Female	15/54	27-31	Female	40/80	27-31	Female	21:00/17:00
32-36	Male	33/73	32-36	Male	38/78	32-36	Male	18:00/14:00
32-36	Female	14/52	32-36	Female	35/75	32-36	Female	22:36/18:36
37-41	Male	32/72	37-41	Male	33/73	37-41	Male	18:42/14:42
37-41	Female	13/48	37-41	Female	30/70	37-41	Female	23:36/19:36
42-46	Male	26/66	42-46	Male	29/69	42-46	Male	12:12/15:12
42-46	Female	12/45	42-46	Female	27/67	42-46	Female	24:00/20:00
47-51	Male	22/62	47-51	Male	27/67	47-51	Male	19:36/15:36
47-51	Female	10/41	47-51	Female	24/64	47-51	Female	24:30/20:30
52-plus	Male	16/56	52-plus	Male	26/66	52-plus	Male	20:00/16:00
52-plus	Female	9/40	52-plus	Female	22/62	52-plus	Female	25:00/21:00

Many soldiers could pass the test under the old standards without regular exercise.

"No longer will the sedentary person be able to squeeze by with a passing score," Tetu said.

Tetu pointed out that soldiers still must pass each event with a minimum of 60 points, for a minimum test score of 180.

The women's performance levels for the sit-ups were increased, Tetu said, because the old standard was totally out of line with women's capabilities. Research conducted by the Army's Physical Fitness School at Fort Benjamin Harrison, Ind., confirms that women have the same sit-up capability as men, he said.

Setting a minimum and a maximum performance level for soldiers in the 40-and-over groups was based on medical evidence that showed these soldiers, when medically screened and considered healthy, can physically stress themselves as much as they could when they were younger, Tetu said. The medical screening requirement is still required before these soldiers can be tested. These soldiers will be included in the age groups for minimum and maximum standards and will have to achieve 60 points to pass each event.

Tetu emphasized that the test does not measure all components of physical fitness. By virtue of their mission requirements, some units have to do other physical tasks in regular PT sessions. For example, a light-infantry soldier having a good score on the test but unable to sustain a forced march laded with his basic combat gear would be deemed physically unfit to do his job.

The test's new name is intended to reflect the Army's emphasis on Fitness," Tetu said, including nutritional and medical fitness.

ARNEWS

Aquarians splash to honors in San Mateo

The Aquarius Swim Club's Ken Yamada stroked to three second places and one third place to pace the Aquarians at the Mid Peninsula Mariners Fall Invitational Championships Nov. 2 and 3 in San Mateo.

Yamada, swimming in the 15-18 age group, scored second places in the 100-yard butterfly (57.01), 100 backstroke (1:02.39), and 100 freestyle (50.40) and scored a third place in the 100 breaststroke (1:10.26) to finish second overall behind Daly City's Victor Wales for the high-point award in the 15-18 age group.

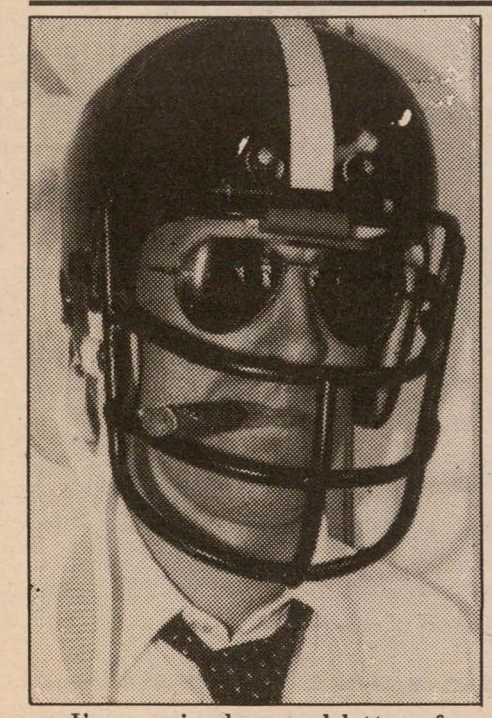
Yamada combined with Aquarians Robert Hart, Tom Burke and Ted Gallardo to pick up second place in the 2090 yard medley rely (2:02.87) and third place in the 200 freestyle relay (1.46.63).

Other scores in the 15-18 age group came from Lisa Palladino, with third in the 100 breaststroke (1:21.55) and fourths in the 100 butterfly (1.09.49) and 200 free (2:19.39), and Jeaniene Talley, with thirds in 100 free (1:01.89) and 200 individual medley (2:33.62), fourths in the 100 back (1:12.47) and 100 breaststroke (1:22.92) and fifths in the 100 fly (1:10.76) and 200 free (2.19.62).

In the 8-under age group, Gavin McGrane earned fifth place awards in the 25 fly (20.58) and 50 free (38.42) and a sixth place award in the 25 breaststroke (25.58) and 50 free (38.42) and a sixth place award in the 25 breaststroke (25.13). Rounding out the award winners in the "A" division was the 10-under girls' medley relay team of Sarah Marin, Sally McGrane, Rachel McCreery and Gabby Talley, with a fifth place finish (3:05.31).

In the "B" division, Oren Andrews picked up third in the 8-under 50 free, as did Kenny Lown in the 9-10 100 free. Dylan Mills scored a pair of thirds in the 11-12 50 back and 50 free. Other Aquarians participating at the meet included Emily Mills, Pam Dean, Rebekah Smith, Ashley O'Neal, Danny McGarry, Jimmy Royer, Monique Rocca, Shannn Royer, Brian O'Neal, Robert Assadurian and Tami Assadurian. The Aquarians travel to Palo Alto this weekend to come to compete in Palo Alto Swim Club's Senior/Junior Meet.

Jimmy the Freak



I've received several letters from fans (?) who were curious about my background and what made me qualified to write this column.

Actually, the questions went something like "...just who the $?/½^43987!! do you think you are, ya freak?" In all honesty, my predictions are a gift.

As a child, my father, Timmy the Freak, accidently dropped me on my head...seven times...and, ever since, I've had this "sixth sense" about sporting events.

All through my school years, I would give answers such as "take Hannibal and seven," or "the North had home field advantage at Gettysburg." So you can see how I was made for this position.

It's a dirty job, but *someone* had to be abject enough to take it.

Oh, by the way...why wait till the last minute? May as well send in your slides for FOCUS 87 now. Thanks.

San Francisco 31
Kansas City 20

At the beginning of the year, I really thought that the Chiefs would be one of the best teams in the AFC. However, their fans must feel like Zsa Zsa Gabor's last husband. Lots of promises, plenty of experience, but no staying power.

Chicago 23 Dallas 16

I might be tempted to reverse this prediction, but only if the game were changed and played in an indoor stadium. It'll be colder than my mother-in-law's heart outdoors near Lake Michigan. Remember what happened to the Cowboys when they played those big games at Green Bay against Vince Lombardi's teams?

Miami 34
Indolentapolis Colts10

The Colts are much improved over last year. The Dolphins are not as good as last year. That's why I'm favoring the Miamians by only 24 points. At least the Colts won't have their owner watching this game. He'll be in Sonoma being honored as the man who personally kept three cheap wineries in business last year.

Cincinnati 31
Louse Angeles Raiders 21

The Bengals have a good coach. The Raiders have a good coach. The Bengals have a good defense. The Raiders have a good defense. The Bengals have an obnoxious owner. The Raiders have an obnoxious owner. The Bengals have a quarterback with a good arm and an I.Q. over 100. The Raiders have...ooops!

New York Jets 28
Tampa Bay 13

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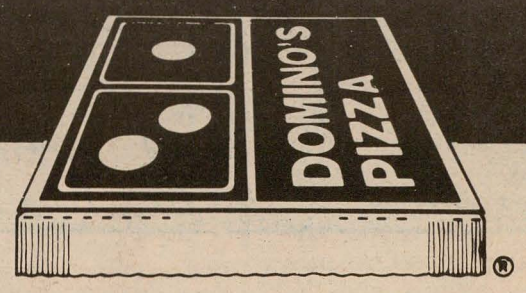

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Army Family Week Issue

PSF Mayors: helping families is No. 1 job, **page 5**

Pooh Corner: a whimsical tale, **pages 6 & 7**

Oh! You Freak: is he in the deep end? **page 13**

Star Presidian

Vol. 28, No. 47 "Published in the interest of the people of the Presidio of San Francisco." November 22, 1985

News briefs

Thanks for the support

The family of the late MSgt. William Cruz would like to extend a warm and sincere thank you to all the friends and relatives who contributed their support in the family's time of sorrow.

Exploratorium is free

The Exploratorium, during Family Week, is offering free admission to Army families on Wednesday from 1 to 9:30 p.m. and Fri, Sat, and Sun from 10 a.m. to 5 p.m. ID cards will be required at the door.

AAFES takes plastic money in stores

The Army and Air Force Exchange Service (AAFES) is expected to begin accepting major credit cards in larger exchange stores in the United States by Christmas.

Soldiers should be able to use major credit cards in exchange stores overseas and in the smaller stores in the states after the first of the year, said Clare Moelk, the exchange official in the office of the secretary of defense.

In early October, the House Armed Services Committee approved using credit cards in AAFES stores as well as in the Navy and Marine Corps exchange systems. The first phase of the credit card plan involves interbank credit cards like Visa and Mastercard, Moelk said. The second phase will consider other charge cards such as those exclusive to national stores and membership clubs like Sears, Diners Club and American Express.

Solicitation bids have been sent to all financial institutions and card processing firms that have expressed interest.

Contracts for the major credit cards are expected to be awarded in early December to implement the program by Dec. 15, Moelk said.

The credit card program will be a joint-service effort so that soldiers, sailors, airmen and Marines will be able to use the same cards throughout the AAFES, Navy and Marine Corps Exchange systems, Moelk said.

According to Bill Radka, Presidio's exchange manager, soldiers could begin using their plastic money in the main exchange and the Four Seasons store as early as Dec. 15.

Radka said current contract negotiations with a local bank are on schedule and that only an unforseen problem would interfere with the service being offered by the December date.

photo by Joseph Hirsch

SFC Lee Fuhrmann, Readiness Group PSF and his family live in the Pershing housing area. From left, his wife Peggy (a mayor in Pershing), Tammy, Mike, Kristina and Karen.

Army spouses: strength, support

by Debbie Campbell

Everyone has probably heard the saying, "Behind every great man, there's a great woman." The idea behind this quote is also part of Army Family Week.

Army Family Week gives us the chance to heap praise on every group within the Army's worldwide family.

Undeniably, one group most deserving of this praise is the Army spouse. The typical Army spouse—or, in most cases, the Army wife—has

please see page 3

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Opinions

TAKE A BITE OUT OF CRIME

by Sheldon Stein and Brenda Ludwig

Domestic violence is a growing problem in the military as well as the civilian world. During FY 1985, there were 23 domestic disturbances reported on the Presidio.

When the military police respond to a domestic disturbance, it is like entering a volcano; a violent eruption can occur at any time.

The term "domestic violence" is used in reference to many types of family problems, such as child abuse, spouse abuse and sibling abuse.

It may begin with angry words, a shove or a slap. Sometimes this escalates and a pattern of abuse is established. Without intervention, the assaults then become more frequent and more violent as time goes on. Abuse may result in permanent physical injury or even death.

Almost always it leaves the person involved feeling isolated, angry, disappointed, lonely and bitter.

There is no typical profile on domestic violence victims except that typically they are female. Young, old, black, white, Hispanic, Oriental, single, married, professional, unemployed, rich, poor—all may be potential victims of domestic violence.

Like the victims, the abusers may come from any walk of life. To the public, they may appear to be good providers, warm, loving parents and law-abiding citizens.

One of the questions frequently asked about domestic violence is, "Why the abuse?"

The abusers often have a low opinion of themselves or are under the influence of drugs or alcohol. Abusers usually refuse to accept responsibility for their destructive behavior or believe it was justified.

Why does the victim stay?

There are many reasons why women (or men) remain in violent relationships: ignorance, love, fear, pride, embarrassment, financial dependence or a combination of these things.

Until recently, domestic violence was largely viewed as a "family problem." Today police, courts, hospitals and social service agencies won't hesitate to become involved. So when you think abuse is in process, call your Presidio military police at 561-2251 or 561-2252 and report it. Your concern could save a life. It will certainly prevent suffering and will result in professional counseling for a family in need.

Crime Report

- One person was apprehended for possession of a controlled substance.
- One person was apprehended for second degree burglary and grand theft.
- One person was apprehended for assault consummated by battery, and drunk and disoderly conduct.
- A juvenile was caught trying to steal a calculator from the main exchange.
- Someone stole an unsecured gold class ring from a locker at the main gym.
- Someone stole an unsecured purse containing $1,125 in U.S. currency, one military I.D. card and a driver's license, which was left in the solarium on the fifth floor of LAMC.
- There were seven traffic accidents.
- There was one person charged for DUI.

Dear Editor...

Dear Editor,

Having read about the upcoming Family Week activities in the *Star Presidian*, I noticed that AAFES is sponsoring a "family" event by offering an R-rated movie, "Beverly Hills Cop."

It seems very contradictory to offer an R-rated movie for Family Week, when the ratings call for no children under 17 years of age without the accompaniment of an adult. The R-rated movies have been closely screened by the movie industry. They contain objectionable material for viewers under the suggested age limitation.

This particular movie has an excessive amount of profanity and it just doesn't make sense to offer it up as a family film, even enticing patrons with free popcorn and soda.

I would suggest that a movie be selected that has no age restrictions imposed on any family members and the material is appropriate enough that parents don't have to worry what their young children would be exposed to.

Captain Larry E. Gilmore

Dear Capt. Gilmore,

According to Pam Cline, the Presidio's exchange services manager, the movie schedule during Family Week was made for the Presidio theaters by AAFES headquarters in Dallas. Officials there were unaware of the Family Week activities slated here for that week.

Cline said the Presidio Exchange Service is doing "everything we can at our level" to get the feature changed.

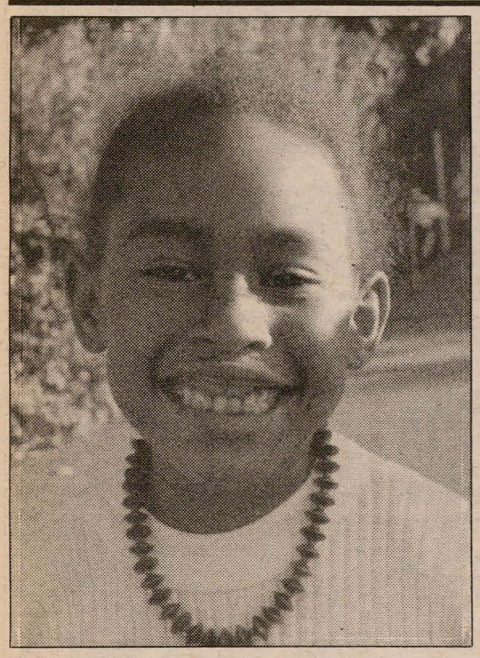
Cline said there are very few G-rated movies on the market these days, and that makes it tough to schedule more family-type movies for theater-goers.

Thanks for your concern and letter.

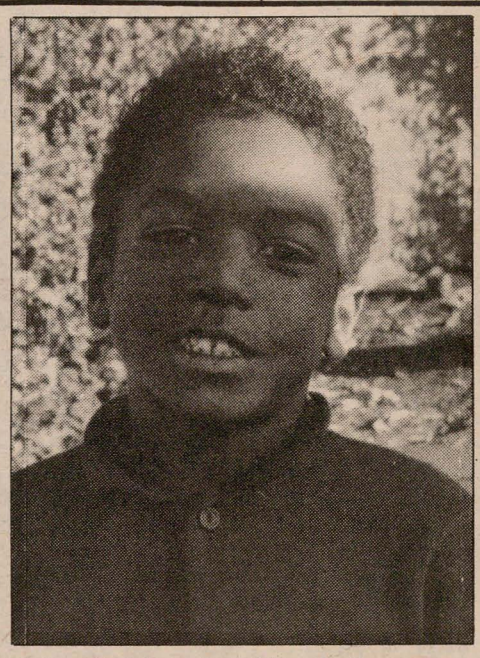
The acting editor

Ramblin' Sam

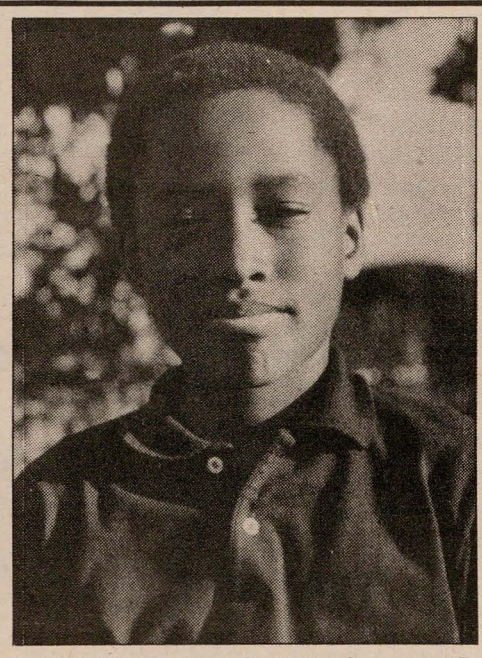
"Do you want join the Army when you grow up?"



Katrina C. Ramsey, 7: "I don't want to be in the Army because you might get killed with a gun or with a bomb."



Brian White, 4: "My dad's gonna teach me about going in the Army; that means I want to."



Terryl D. Gregg, 9: "No, because I don't want to fight in a war. I don't wan't wars to happen."

Melanie A. Schwankl, 8: "Yes, because I want to go out to the fields, and because my dad is in the Army and I want to be like him."

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News Briefs continued from page 1

provided strength and support to her husband and family in the most adverse conditions, through war and peace.

The Army wife needs to have that extra bit of dedication and spirit to help keep the family on its feet.

On the Presidio you don't have to look too far to find just this type of Army wife.

Lynn Ryan works for the community as well as her family. She's the treasurer of the Officer's Wives' Club in addition to being the mayor of the Infantry terrace housing area. She also volunteers her time at the Presidio Thrift Shop.

Although she's been an Army wife for only five years, she said she truly enjoys it.

Ryan said she gets a great feeling of camaraderie from being a part of an Army community.

Ryan feels another one of the advantages to being an Army spouse is the welcome she got when she first arrived on the Presidio—the same friendly welcome she now extends to each new family as they arrive in the Infantry Terrace housing area.

"The greatest asset to Army life is a sense of security. The Army post is there, established and maintained. There's a sense of continuity to living on post," she said.

Ryan said she feels fortunate to be living in her housing area on the Presidio. "We were in the right place at the right time on the housing list," she said.

Because her husband, a major, works as the Directorate of Engineering and Housing, Ryan said he's not as likely to be called to the fields as an infantry soldier is.

"However, if the time came and he had to go, I'd certainly be supportive," she said.

Peggy Fuhrmann is the wife of a sergeant first class who, like Ryan, is very supportive of her husband.

An active participant in the NCO Wives' Club and Army Community Services and a Presidio mayor, Fuhrmann does not work at a full-time job.

She is a bit unlike many women today in that she's really happy to stay home and keep house.

She said she feels her support of her husband and the career moves he has made has helped keep them going.

Fuhrmann admits that the Army is really where she's most comfortable.

When asked if she has ever tried to talk her husband out of making a new career move that she didn't like, Fuhrmann siad, "I've stood by his decisions. They weren't always what I wanted. There were a lot of years when I would have preferred not having to uproot. But he was in before we got married so I just grit my teeth.

"When he crossed over 20 years, I realized I didn't know any other life. If we stay three years in one place now, I find myself getting fidgety," she said.

Fuhrmann and her husband have been married for 17 years and have three daughters, and one son.

On the subject of war Fuhrmann said, "I would have to let him go, because that's what the Army's all about. The kids and I will be OK."

That's what the Army wife is all about too. Whether she is the wife of an officer or an enlisted soldier, the Army spouse gives that little bit extra to make her family happy.

Sue Driscoll, another Presidio mayor, lives in the Fort Baker area. She volunteers for the Letterman Auxiliary as the welcoming chairperson.

She and her husband, a resident at Letterman Army Medical Center, have two children.

Driscoll is an enthusiastic woman who sees the Army as a great way of life.

She said she's pleased to see how the Community Life program is making things happen.

"Communication is now getting better on post, making people more comfortable. The spouse at home is more aware of what's happening.

"Col. Rose is definitely family oriented. That makes this an exciting time."

Driscoll acknowledges the fact that her positive outlook and her love of travel have helped make her family's lives much easier.

She said she supports her husband in his career, especially since they made the decision together to stay in until he retires.

"We've had our ups and downs, but if you learn to work with the system, it makes it better," she said.

This attitude is just what helps Army families like the Driscolls, the Fuhrmanns and the Ryans stay together. These women's positive behavior and outlook are exemplary for today's Army spouse.

It's important that they be encouraged to continue to work with the Army in boosting the morale and the standard of living for all soldiers and their families on the Presidio. With this, the Army soldier is best prepared for any situation.

AAFES continued from page 1

"I see this service as a real convenience to the soldier here, because before, he's had to go off the Presidio, and pay higher prices to charge things," Radka said.

"Now, that soldier can walk in to our exchange, pick out the things he or she wants and pull out their card to pay for it.

"Let's face it," Radka said, "credit cards are a way of life. We all use them."

Radka said AAFES and the Presidio exchange alike, will take measures to protect themselves from fraud and abuse of the card's usage.

AAFES will use phone lines and computers to keep up to date on valid cards and in certain cases, Radka said, whether a soldier has stayed up to par on paying his monthly credit card bills.

"If the soldier charges a certain dollar amount, we check to make sure that he isn't abusing credit priveledges."

Correction

Last week, a mix-up caused us to use the wrong name in the front page photo cutline. Lt. Col. Robert G. Melin is the correct spelling.

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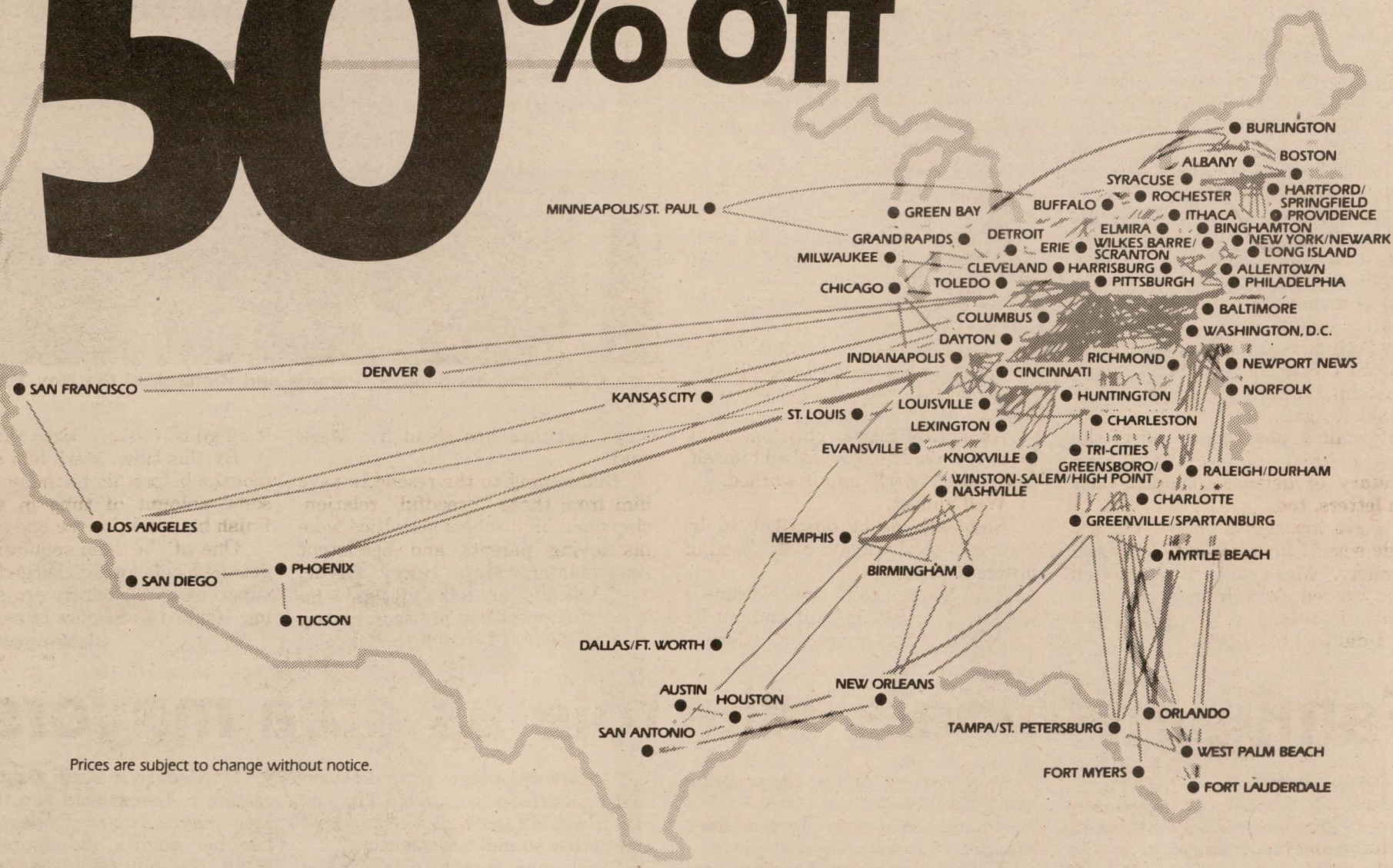

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Features

Boy Scout set his sights on top award

by Joseph A. Hirsch

Presidio family member Mark Casias has grown up just as any normal, red-blooded American kid would in today's day and age.

His interests are very broad.

As a high school student, he played football. Today, while he attends a local college, he studies acting and is learning to play to guitar.

Mark also grew up learning about teamwork, leadership and hard work, and no, it didn't all come from his soldier father's influence.

Mark was a Boy Scout. On Nov. 6, he finished an almost eight-year stint as a Scout, but not before attaining the organization's highest honor: Eagle Scout.

On the heels of his 18th birthday, which is the deadline for receiving the award, Mark was awarded the Eagle rank during a ceremonial court of honor that was held in the 6th U.S. Army's command conference room.

In a memory album, Mark keeps letters lauding his achievements. They include notes of congratulation from San Francisco Mayor Dianne Feinstein, California's governor and Ronald Reagan.

Presidio's post commander, the Army's chief of staff and the secretary of defense included their own letters, too.

"I set my sights on getting the Eagle when I first joined Scouting in Germany," Mark said. "Even though I got steered away from that goal a couple of times, I got back on track and I did it. I knew I would."

At the age of 10 and a half, Mark was enticed by a friend to join a lcoal Boy Scout troop in Germany, where Mark's dad, Maj. Richard Casias, was stationed.

"For about a month, my folks had no real idea that I'd even joined up. I kept it to myself. But later, when they found out, they were pretty happy about the idea."

In Germany, Mark worked to achieve merit badges and the first two ranks towards his goal, but with four left, his family moved back to the United States.

"I joined a troop in Virginia for a while and I began to get interested in other things," Mark said.

Another set of orders for dad brought the family to the Presidio about four years ago, Mark said. It was here that his interests began to turn toward those things that 14-year-old boys' interests turn toward, like a girlfriend and other school activities. He was in the Golden State now.

"In the back of my mind, I kept on remembering my goal. I wanted to finish and I wanted to make that Eagle," Mark said.

As a Life Scout, only one rank away from his goal, he asked himself, "Why quit now?" and it worked.

Well almost.

Suddenly, as he described it, he became a victim again of a "flood of different things."

"For about a solid month's time, I kind of shut scouting out and got involved in school more and relationships and high school activities were his loving parents and persistent scoutmaster, Maj. Harry Clyde.

Mark Casias and his parents, Pamela and Richard, at the Nov. 6 court of honor.

"Actually, my folks just gave me a lot of support and my scoutmaster showed me that I'd come too far to let it all go to waste," Mark said.

By this time, Mark had only four months before his birthday and that some amount of time in which to finish his work for the badge.

One of the final requirements to get the Eagle award charged Mark to supervise a community project totalling 100 or more hours of service. He

please see page 15

Family members take role as area mayors

by Joseph A. Hirsch

Just six months ago, the newly formed Community Life Program introduced an even newer program that would see mayors represent the voice of the Presidio's housing residents.

The mayors would be family members living in the areas they served. They would be sworn into office and, from then on, be charged with gathering firsthand information on problems and concern of their neighbors.

Each mayor, speaking as that neighborhood's collective voice, would then hand these concerns over to the Presidio's command and staff directorates for answers.

This community voice would sometimes raise eyebrows, but it would be answered and the program would flourish.

Today, the mayors have doubled in strength to 14.

Almost as many housing area mayorships remain to be filled, but what the program lacks in mayoral numbers, it has more than made up in its current strengths and accomplishments.

Their main goal: the betterment of family life on the Presidio.

Starine Cheek, the Community Life Program coordinator and the mentor of the Presidio's Mayoral Program, said she's overwhelmed by the success of the program so far.

"We've come such a long way since those first days," Cheek said, "and it's only been six months.

"I knew the program would eventually get off the ground, but I had no idea it would take such a strong hold and gather so much momentum."

Cheek may appear to be excited about the impact of the program so far, but it's a right that she's earned when you see all the accomplishments of the program.

Cheek has taken the effort to solely recruit the seemingly shy housewife and turn her into a communicator, a problem solver and a variety of other mayoral positions.

With a line of communications open between the resident and the command and staff, Cheek said, the program can do nothing but blossom from that point on, communications being the key.

Married to a staff sergeant and raising a 4-month-old son, Pershing area mayor Donna Fagan said she had her doubts and apprehensions about the program when she first volunteered.

"I used to be the type (of housewife) to sit at home and just stare at the four walls," said Fagan, who also acts as secretary to the program.

"My husband and I were stationed at Fort Lewis, and I didn't know anyone there because we lived off post."

She said her husband's late hours kept her home at nights by herself and she became lonely at times.

Being a new mother and now a

please see page 15

At the movies

Presidio Theater

Fri,	Nov. 22	Indiana Jones and the Temple of Doom (PG)	7 p.m.
Sat,	Nov. 23	The Care Bears Movie (G)	7 p.m.
Sun,	Nov. 24	Commando (R)	7 p.m.
Mon,	Nov. 25	Commando (R)	7 p.m.
Tue,	Nov. 26	Godzilla (PG)	7 p.m.
Wed,	Nov. 27	* The Care Bears Movie (G)	7 p.m.
Thu,	Nov. 28	Back to the Future (PG)	7 p.m.

*at press time, AAFES made this change.

Schwartz Theater

Mon,	Nov. 25	Indiana Jones and the Temple of Doom (PG)	7 p.m.
Wed,	Nov. 27	Commando (R)	7 p.m.
Thu,	Nov. 28	Godzilla (PG)	7 p.m.

Hamilton Theater

Fri,	Nov. 22	Back to the Future (PG)	7 p.m.
Sat,	Nov. 23	Peter Pan (R)	1 p.m.
Sat,	Nov. 23	Witness (R)	7 p.m.
Wed,	Nov. 27	Fraternity Vacation (R)	7 p.m.
Thu,	Nov. 28	Closed for Thanksgiving	7 p.m.

Photo Feature

Cultural Center comes to Pooh Corner

Story and photos by Debbie Campbell

The people of the Presidio were treated to a little whimsy last weekend as the Presidio Post Players presented "The House at Pooh Corner" at the Presidio Cultural Center.

This adaptation of A.A. Milne's classic children's tale was brought to life by a cast of 10 family members and three active duty soldiers.

The family members are all junior high and high school age, and their performances showed maturity in that they were composed and confident.

The director of the show was Kathy Plambeck, a family member, who also is active in the community as a dance teacher at the recreation center.

Plambeck also was the director of "Godspell," which was the company's last production. She said most of the cast for "The House at Pooh Corner" also was in "Godspell."

Plambeck said acting is good for kids because it helps bring them together and they learn to work together.

She said that during the two months spent rehearsing the show, she's seen the kids grow a lot.

The play was presented Friday evening, twice on Saturday and Sunday afternoon at the playhouse. Monday evening, the last performance of the show was put on at the Officers' Club.

The play included three original songs written by Mitchell Covington.

Most of us are familiar with the silly but loveable Winnie-the-Pooh character. In this production, he was played by Sgt. Jim A. Green, a nuclear medicine technologist student at Letterman Army Medical Center.

Green seemed a natural as Winnie-the-Pooh. He said he's been involved in theater since high school and that he really enjoys it.

He's enthusiastic about his work in the Presidio Post Players, but is afraid that the program members may not continue to work together.

"I'll be leaving soon. Hopefully, they'll keep up the program," Green said.

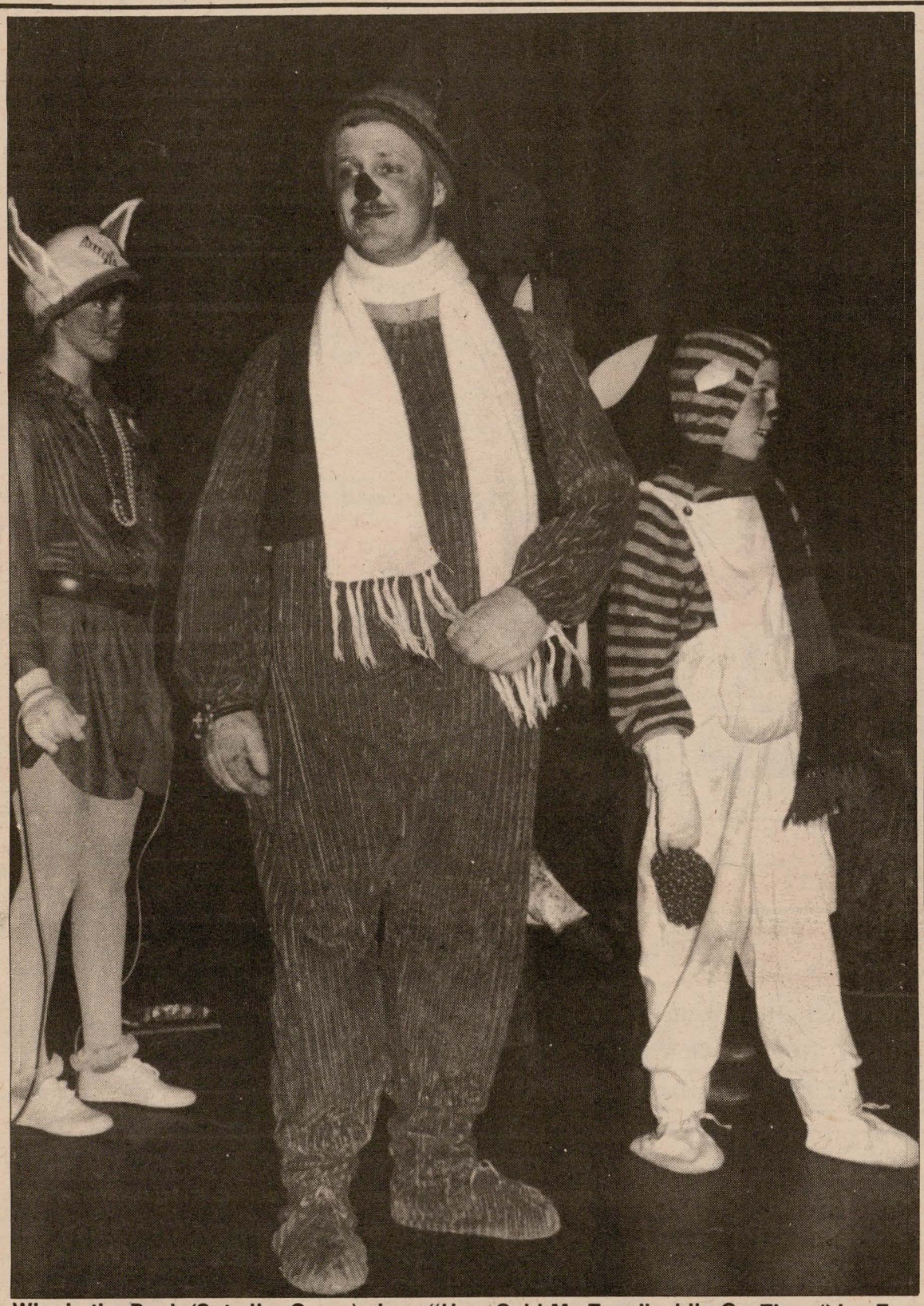
The colorful set and costumes for the play were created by Ardyss Golden, who also is a family member.

Although about half the audience of the Saturday matinee was below the age of ten, the delightful story would have captivated audiences of all ages.

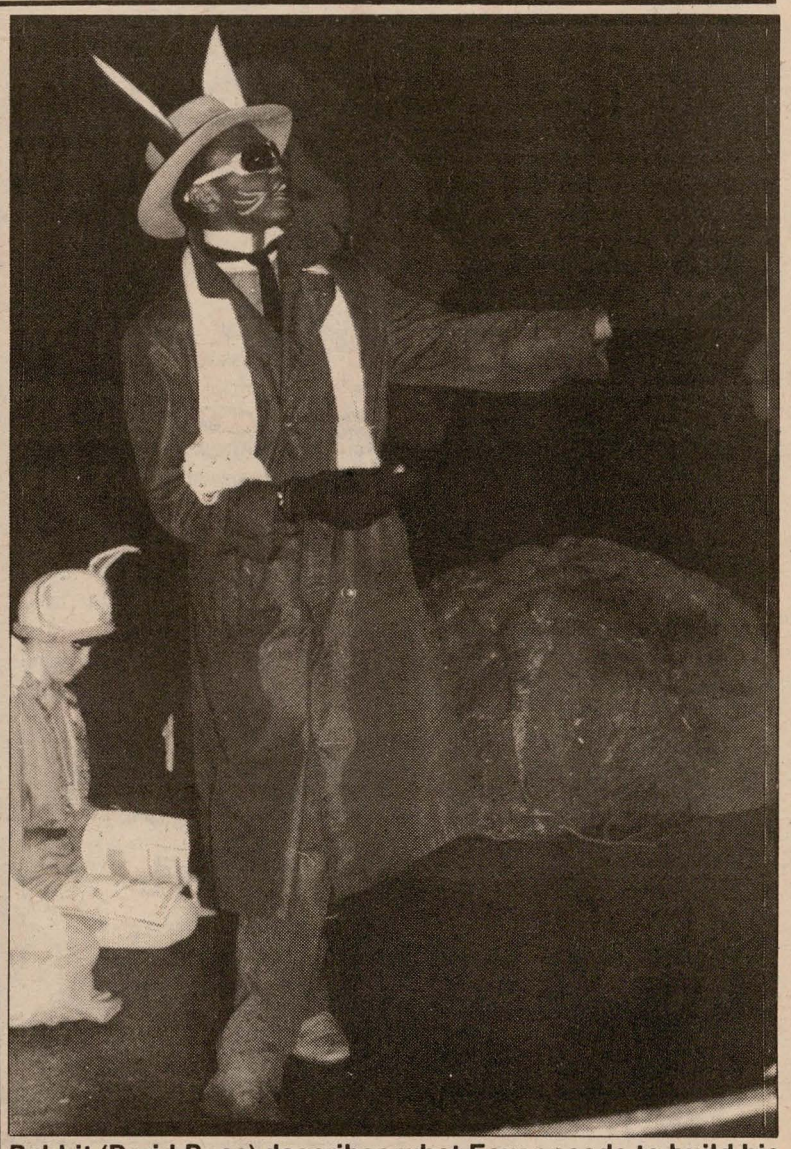
It's good to see that some young family members as well as active duty soldiers have such a strong interest in bringing good family entertainment to the Presidio. These young people should be commended for a job well done.

Christopher Robin (Krista Jackowski) tells his friends what an education is and why he may have to go away soon

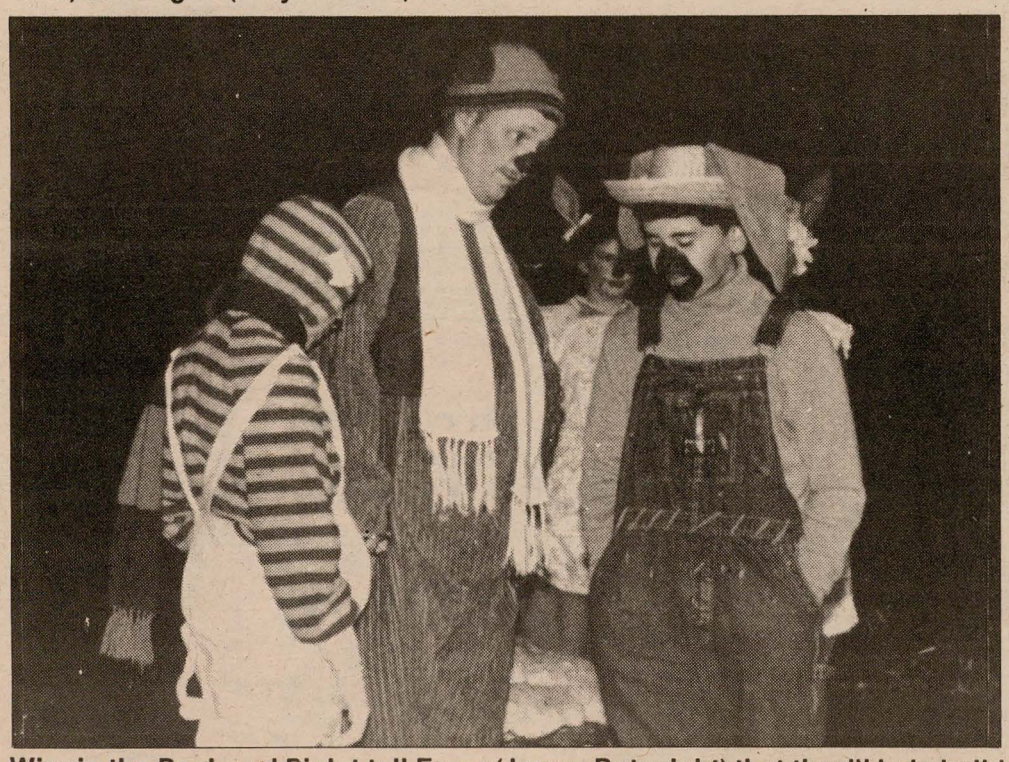
Owl (Sp4 Clifford J. Reeves) flutters on stage, announcing that Tigger *is about to arrive.*



Winnie-the-Pooh (Sgt. Jim Green) sings "How Cold My Toes" while On Time (Lisa Fosdick) and Piglet (Amy Ferraris) listen.



Rabbit (Darid Ross) describes what Eeyor needs to build his house.



Winnie-the-Pooh and Piglet tell Eeyor (James Botwright) that they'll help build a house for him.

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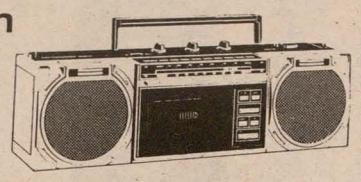

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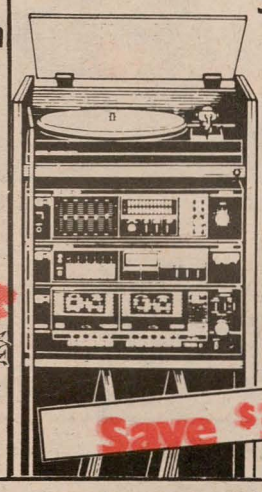

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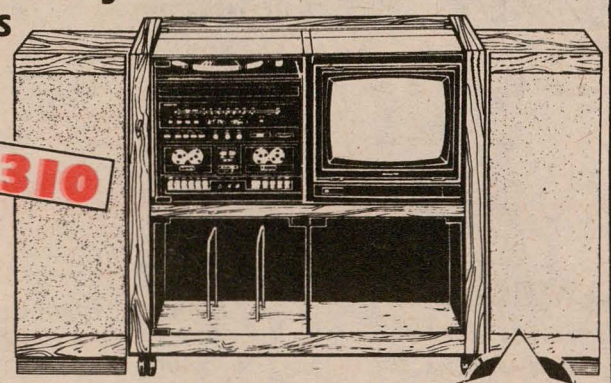

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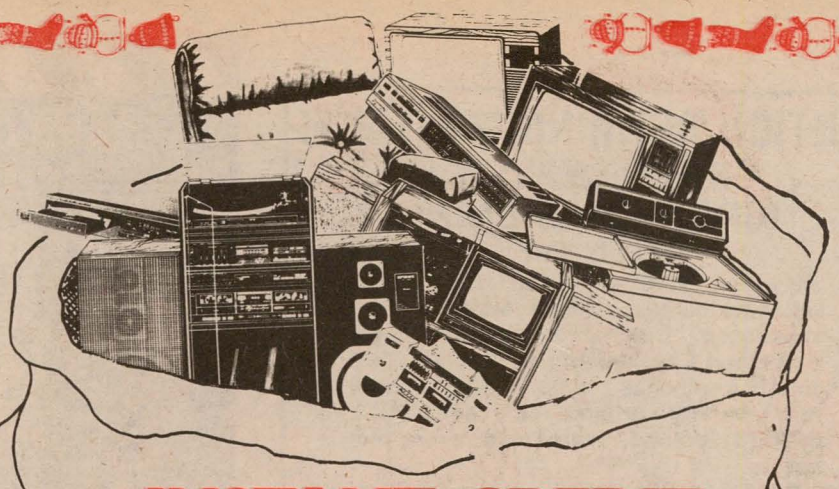

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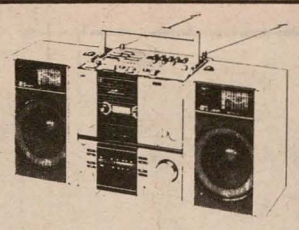

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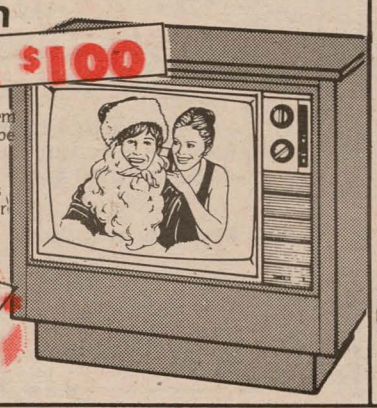

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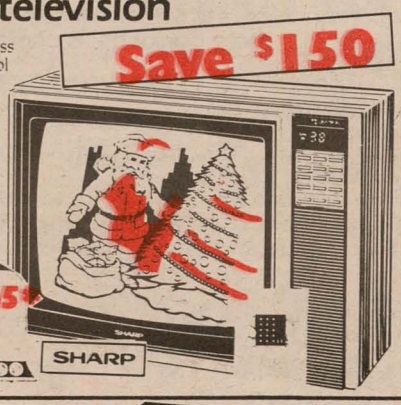

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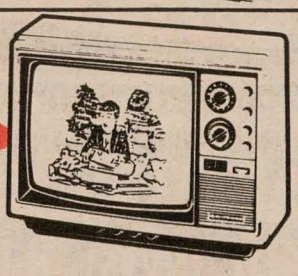

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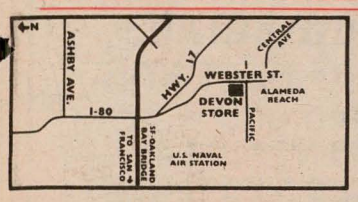

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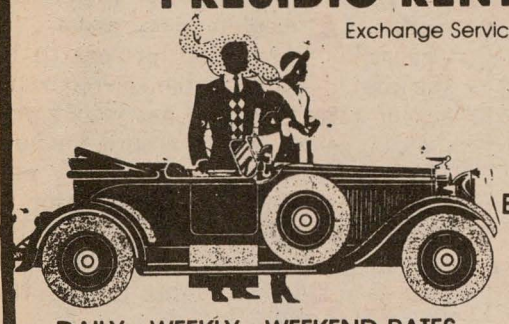

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Community Calendar

Learn to teach

Interested in becoming certified to teach classes for adults? A degree is not necessary if you have experience in the non-academic subject to be taught. Come to the Ft. Scott Education Center, bldg. 1216, for an information meeting Dec. 5, 7 to 8 p.m.

Clerical positions

The Civilian Personnel Office is now accepting applications for clerical positions at various locations throughout the Presidio. This includes postitions as clerks, clerk-typists, and secretaries. All applicants for clerk and clerk-typist positions are required to take the civil service examinations or be eligible for reinstatement as a result of prior federal service. Applicants for clerk-typist positions must be able to type a minimum of 40 words per minute. For additional information concerning testing procedures and dates, call the receptionist at 561-5732.

OWC holds bazaar

On Dec. 5 the Presidio Officers' Wives' Club will hold their annual Christmas Bazaar from 10 a.m. until 4:30 p.m. at Harmon Hall. There will be a large variety of craft items and Christmas ornaments for sale, baked goods, white elephants, a children's corner, a "country kitchen" for lunch and much, much more. What a great way to start your Christmas shopping! For more information please call Pam Casisas at 922-3384.

photo by Larry Merkle

A.C.T.'s 10th

A Dickens classic

"A Christmas Carol" comes to the American Conservatory Theater Dec. 1 through Dec. 26. Michael Byrnes (Tiny Tim) and Henry Woronicz (Bob Cratchit) are pictured.

The American Conservatory Theatre (A.C.T.) celebrates its tenth annual production of "A Christmas Carol" this year with a 29-performance run from Dec. 1 through 26.

The San Francisco Holiday tradition opens Dec. 4 at 8 p.m., following lower-priced preview performances on Dec. 1 at 7 p.m. and Dec. 2 at 8 p.m.

Associate director Eugene Barcone will stage Dennis Power's and Lair Williamson's adapatation of the Charles Dickens classic using Wiliamson's original direction, and Dakin Matthews and William Paterson will alternate in the role of Ebenezer Scrooge. Paterson created the role for A.C.T. in 1976.

The timeless story of a miser who mends his hard-hearted ways, "A Christmas Carol" has proved to be the kind of drama audiences return to season after season. Last year's production set an A.C.T. record for box-office revenue, selling out every performance in the two weeks prior to Christmas. Seats are still available for all performances, although the best seats are available during the first two weeks of the run.

A.C.T. will be offering six special matinee performances of "A Christmas Carol" for northern California schoolchildren this year, as well as providing the regular 50 percent and a special senior citizen charge of $5 for any matinee performance when tickets are purchased on the day of the show. Following each performnce all audience members are invited to meet the members of the cast in the Radience Room, A.C.T.'s lounge downstairs from the theater lobby.

Running Tuesday through Sunday, "A Christmas Carol" is approximately one hour and 45 minutes long and will be performed without intermission. All tickets are on sale now. Contact the A.C.T. box office at 673-6440 for curtain times and prices.

...the write stuff...

by Ted Weller

It must be getting close to Thanksgiving...all the stores have their Christmas decorations out....

In addition to the Thanksgiving meal provided by the Headquarters Company, USAG Dining Facility, the San Francisco USO is also celebrating Thanksgiving at its downtown location, 1107 Mission St.

Roast turkey with all the trimmings will be served between noon and 4 p.m. on Thursday. The USO Center is located at the corner of 7th and Mission Streets, directly across from the Greyhound bus station.

For those in the East Bay, Port O' Call, the home away from home for all service personnel is having turkey dinner at 1 p.m. along with a few football games on their field and on the television. Port O' Call is located at 20600 John Drive, Castro Valley. Just take the BART to the San Leandro station and then the No. 80 bus to the front door. Call 537-4690 or 881-9346 for more information about the dinner as well as the facility itself.

After all the information I have provided there is no excuse for you to miss a Thankskgiving meal this year!!!!!!

For the runners; the Challenge Cup 50's Fleet Feet Footrace will begin at 7 a.m. at the Polo Field in Golden Gate Park tomorrow morning.

Tomorrow at Fort Mason Center, Building A will be a Folk Art Exhibition and Sale featuring an extensive collection of Japanese folk art gathered from rural artisans, 9th Century Khmer sculpture, stone carvings from India's Gandhara period and treasure from China's ancient silk routes. The exhibition and sale will open at 10 a.m. and close at 6 p.m. Call 873-3536 for more information and the Admission is FREE.

Tomorrow night is Country and Western night at the Tradewinds Club from 8 until midnight. Admission is $2 with a club card and $3 for non-members.

Sunday:

Gold Rush Revue, a 90-minue star spangled spectacle filled with the best in Old California songs and dances is FREE for military personnel this Sunday. This escape into California's history is produced by the Living History Center at Black Point Farms in Marin County. Performances are at 2, 4, 6 and 8 p.m. Advanced reservations are required and the I.T.T. Office in building 385 will help out with them.

The de Young Memorial Museum will sponsor a docent community lecture on the *Te Maori* exhibition on Sunday at 2 p.m. in the Trustees' Auditorium in the museum. The lecture is FREE after the normal museum admission fee.

For all "49ers Faithfuls" the Tradewinds Club will have the TV, hot dogs and chili in the Main Lounge ready for the kickoff of Monday Night Football.

Our Presidio Men's Basketball Team will tip the roundball against Skaggs Island this Tuesday (Nov. 26) in the Post Gymnasium at 7:30 p.m....of course, admission is FREE!

Army Family Week begins this week with religious events at our chapels and a mixed doubles torney at the Bowling Center, check out this week's special edition...I know it...you're holding it!

Other Thanskgiving Day activities: Before or after you have stuffed yourself with turkey and fixin's, spend some time in the Japanese Tea Garden or the Conservatory of Flowers in Golden Gate Park or at the San Fancisco Zoo. Admission to all is FREE...yes, FREE from 10 a.m. until 5 p.m....what a deal!!!!!

If you like football, but are fed up with professionals try the A.A.A. Football Championship beginning at 11 a.m., Thursday in Kezar Stadium, Stanyan and Frederick at the east end of Golden Gate Park.

This Week in Presidio's History: November 25, 1882, Fort Mason is named for Colonel Richard B. Mason, former military governor of California, who had served with General Kearny in the War with Mexico and occupied Los Angeles in 1847 and then authorized to establish a temporary civil government in California and served as the acting governor, 1847-49. He was brevetted as a brigadier general in 1848. November 25, 1882, Fort Point is renamed as Fort Winfield Scott in honor of General Winfield Scott, commander of U.S. Forces in Mexico during the War with Mexico. He captured Vera Cruz in 1847 and occupied Mexico City the same year. He also was in command of the Union forces at the beginning of the War between the States. November 23, 1911, Letterman General Hospital is named for Major Jonathon Letterman who, while serving as the medical director Army of the Potomac, organized a system of field medical service featuring mobile hospitals and ambulance service which later became the standard for the entire US. Army.

...the Care Bears are coming...see the movie schedule...Army FAMILY Week lives...

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Sports

Tennis courts, field closes

Starting today, tennis courts No. 3 and No. 4 and the Athletic Field (next to Post Library) will be closed. These two sports facilities are to be demolished to make way for the new Child Care Development Center.

Post Cross-country Championship

The annual post cross country championship saw veteran runner Lon Kincannon from LAIR finally win after being a runner-up in numerous post running championship races.

His pre-race plan worked to perfection as he cruised to an easy 10:59 victory on the hilly 3,000 meters course.

The woman champion was also from LAIR.

Allison Murray romped to an easy victory over teammate Valerie Coppes. The team champion was Co. H, DLI, who scored a narrow win over 6th U.S. Army HQ by only nine seconds.

Over 75 runners took part in this event held on a cold afternoon in the Presidio hills.

The race netted $104.00 for the Combined Federal Campaign.

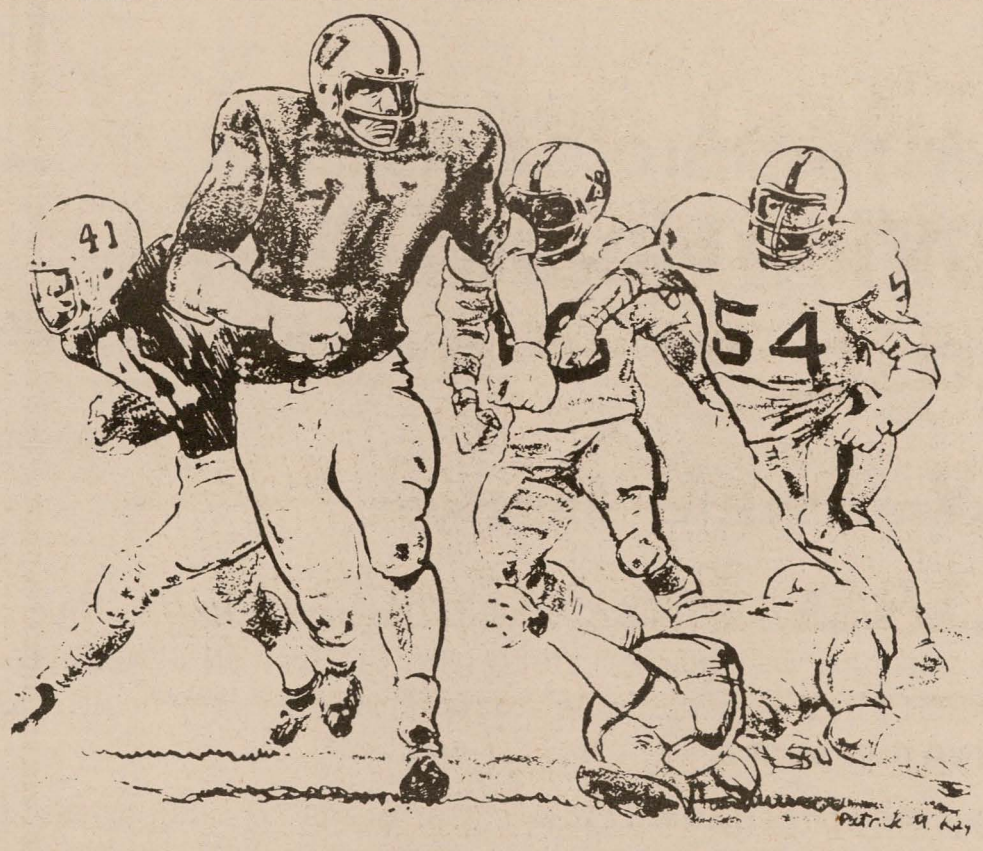
U.S.M.A. Testing

Post Gym 1, bldg. 63, will be used to test candidates for the U.S. Military Academy, at West Point on Sunday.

The basketball court, weight room and exercise room will be closed until testing is over.

These facilities will reopen until the scheduled closing time.

The men's and women's locker room & sauna and racquetball/squash courts will be open.



Reservations will be required for racquetball/squash courts. Post Gym 2, bldg. 1152 will be open from 9 a.m. to 4:30 p.m.

Post flag football

The 1985 Flag Football Post Championship is in its final week. Six teams went into the tournament and now it's down to three teams. The results from past games are as follows:

Nov. 4

6th U.S. Army—7, LEC—6, LAMC—14, Co. D 864th Engineers—0

Nov. 6

Corp of Engineers—28, 6th U.S. Army—6, LAMC—20, USAG—14

Nov. 12

USAG—12, LEC—8, 6th U.S. Army—17, Co. D 864th Engineers—14

Nov. 13

USAG—8, 6th U.S. Army—2, Corps of Engineers—19, LAMC—18

Aerobics

Get fit or stay fit!!! Inspiring high-energy exercise classes are held daily at Gym No. 1, bldg. 63. Exercises will stretch, tone and strengthen your body with aerobic conditioning. All exercises are done to popular music.

Classes are ongoing, so you can join any time, but monthly registration is encouraged and saves money.

Classes are held Tuesdays and Thursdays from 4:30 to 5:30 p.m. and from 5:45 to 6:45 p.m.; the instructor is Karen Behnke, R.N.

Mon, Wed, and Fri. classes are held from 11:30 a.m. to 12:30 p.m. and the instructor is Melody Pedricks.

There is a FREE introductory class for interested people. Classes are open to both men and women of all ages and levels of fitness. Participants are encouraged to exercise at their own pace.

For more information, call 561-4120 or 753-8733.

Post level basketball

PSF Men went against Treasure Island last week and lost 82 to 95.

Presidio led most of the game until the final nine minutes when Treasure Island tied it up and took the commanding lead for the rest of the game.

It seemed as though PSF could not buy a basket in the last few minutes of the game. T.I.'s Ed Johnson had 23 points in the 2nd half and was high scorer for the game. He was mainly responsible for the T.I. win. Presidio's Joel Smith had 16 points and Marion Smith had 14 points.

Two days later Presidio played Mare Island and beat them 99 to 90.

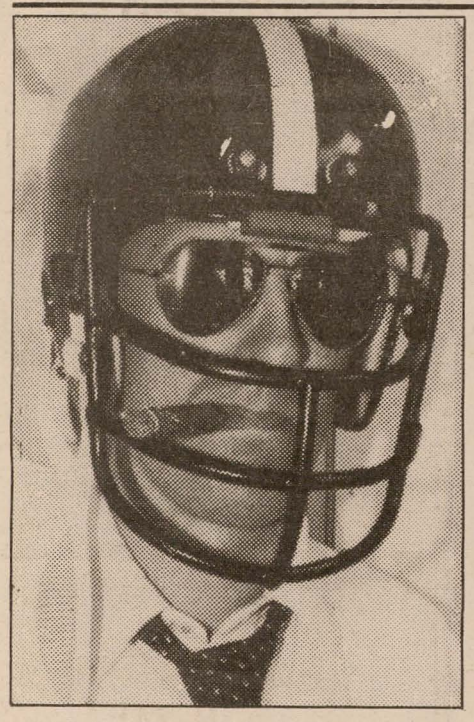
Fast breaking and controlling the rebounds were the keys to their win.

Coach Malone made full use of his substitutions and maintained a fast moving game whereas Mare Island had trouble keeping up with Presidio's fast pace.

Presidio's men will be playing at McClellan AFB this weekend along with the women. Then on the Nov. 26 they will host Skaggs Island at 7:30 p.m.

The women will go against Travis AFB tonight at Post Gym 1 at 7:30 p.m.

Jimmy the Freak



While doing this weekly column (or is that doing this column weakly?) I've come to the realization that there are many readers who, though newly converted supporters of the 49ers, root heartily for *other* NFL teams. (Nothing like being called an athletic supporter, eh?)

I guess that's not too surprising considering the nomad-like existence many Presidians experience while serving their country or accompanying a family member. However, it does make it a tad rough on this humble prognosticator since, no matter who I believe will win or lose, there will be a group of readers who feel personally affronted. There's people like Sue at the Print Plant who lives and dies with "her" Dolphins (secretly, I think she really wants to be Dan Marino's personal passcatcher), or Pete in Finance who thinks that the sun rises and sets for "his" Steelers (there's more than a little rust on that boy's I-beam). There's even a guy in our office who is a diehard fan of the Patriots. My gawd, talk about your chowder overdose! Anyway, my point is, if you really want to continue to read this column without being annoyed or put off, you have two choices—forget about those other bozo teams and root solely for the 'Niners (like Eric, Joe and the other Presidian sports fans with taste), or get "freaky" and write the %★& column, yourself...then call a cab!

San Francisco 27
Seattle 14

The Seahawks keep doing the little things to get beaten this season. This week, the little thing will be to show up for the 49er game. Look out Rams, here they come!!

Chicago 51
Atlanta 3

Thinking that the Falcons have any chance of beating the Bears is like Custer telling his men not to take any prisoners! (I know I had the location of the Chicago-Dallas game wrong—but considering the outcome, It's a good thing that the game wasn't played in Chicago, or the score could've been 144-0!...nitpickers!)

Green Bay 29
Loss Angeles Scams 21

Ol' Johhny Robinson and his boys are starting to hear little footsteps coming at them from Northern California. You just can't win in the NFL with a quarterback who's so short that he can's see over the center when he takes the snap! The Pack will have Dickey at quarterback, and Lynn will win.

Denver 24
Lout Angeles Raiders 20

Since there won't be any snow to toss with the game being played in Smogsville, I understand that the same fan who chucked that baby against the 49ers will be brought to the game by the Broncos. He's expected to disrupt an important field goal attempt by throwing an uncouth, loudmouth, front-running Los Angeles resident in front of the holder. He'll have his choice of millions!

New York Jets 34
New England 27

A really close match-up, but the Jets have more offense and the home field advantage. It really doesn't matter, cuz neither team is good enough to beat whoever the NFC puts into the Super Bowl.

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November 4, 1985

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In deciding which type of plan best meets your needs for 1986, please keep in mind these points about the Children's Hospital Private Office Health Plan:

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- There is **no charge** for doctor's visits, surgery, or hospitalization in Children's Hospital (there is a $5.00 charge for office visits).
- You are **covered** for **physicals, maternity** and **well baby care,** and for **eyeglass** examination.
- You pay just $4.00 for each **prescription drug** 34 day supply.
- There are **no claim forms** to fill out.
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And this plan is offered by people you can trust. Children's Hospital has been serving the San Francisco area for 110 years. If you grew up here, you've known about us all your life. If you're new to the area, just ask a friend about us.

For a complete benefits description please refer to the Plan's Brochure (CG 73-200) and the FEHB 1986 Enrollment Information Guide.

If you wish to enroll in the Children's Hospital Plan, get an enrollment form from your payroll or personnel office, and be sure to copy correctly the type of enrollment you want: Self only enrollment code is **B-R-1**; Self and family enrollment code is **B-R-2.**

Please call us if you have any questions or if you have not received the FEHB Brochure for Children's Hospital Health Plan. Telephone **(415) 750-6302.**

Sincerely,

Ben Hunter

Marketing Director
THE PRIVATE OFFICE PLAN

Eagle Scout continued from page 5

would have to pick a project, organize the materials and labor and complete it before his birthday.

Mark took a trip to the pet cemetery on Crissy Field Avenue one day after his dog died.

"I noticed what a wreck that place was, ice plant all overgrown and the fence broken up, and I decided that's what my project would be. I'd fix up that cemetery and make it presentable," Mark said.

Mark organized the work force from other Scouts in his troop, got materials and set to work as a supervisor.

"I got some great help from the guys in Company D, 864th Engineers, and a lot more support from my parents."

Before the work project for Eagle, Mark had to complete two other work projects for the two previous ranks.

With the help of some last-minute shuffling and probably the watchful eye of Boy Scouting's patron saint, Mark completed his requirements and received his award.

"My parents were a big encouragement the whole time, but I don't think I would have finished if they were constantly pushing me. They let me do things on my own," Mark said.

Mayoral impact contiunued from page 5

new mayor has made Fagan a more outgoing person.

"I was afraid of the whole idea at first, but I realized this had to be done. These people living [here] needed some sort of way to express their problems. We needed a voice."

As a mayor in Pershing (one of four so far in that area), Fagan sees her responsibilities growing almost daily.

"I've got nearly 100 families in my area and it's a busy job to keep up with sometimes. These people's concerns and problems are very real and valid. They expect some sort of response and they want it right away."

As a mayor, Fagan said she can see both sides of a particular housing area problem now, rather than just the resident's point of view.

"At the council meetings, we present this voice and the directorates tell us what they're doing to fix or control it.

"As mayors, the directorates and staffs let us know what their problems and difficulties are in getting things done and we come to agreements on most everything.

"Some things," Fagan said, "can be taken care of right away, though."

One of the Presidio staff agencies that has worked very closely with the Mayoral Program from its start is the Provost Marshal's Office (PMO).

Efforts to introduce the Crime Watch and Neighborhood Watch programs have been increased since the mayors were inducted, according to PMO officials. Communities have recieved the Military Police more eagerly once they learned that PMO had many helpful hints to protect family quarters.

Capt. Philip J. Hoffman, the operations officer at the PMO, said he sees the Mayoral Program as a "phenomenal step" and a very "energetic approach" to getting families' problems solved.

"It's the squeaky wheel that gets the oil, and the voice of the residents through the mayors is getting heard," Hoffman said.

"I think since the mayors have been in office, residents have learned a lot more about what the MPs actually do and what the office can do to protect themselves against crime," Hoffman said.

"We're setting up meetings and briefings more often now because a true interest has been taken by the residents in the area of watching out for their neighbors and themselves," he said.

"Sure the residents would see the patrol cars cruise through the block, but that's all they thought we did. The Mayoral Program opened that line of communication, and it's helped both the residents and our office here," he said.

The PMO is just one of the many staff directorates that sit in on the Community Action Council meetings that now convene every two months.

John Dominge is the chief of family housing.

"We want to be made aware of the problems in the housing areas, but because of our staffing, we were limited to what we could do, outside our normal scheduling," he said.

Dominge said the mayors have brought forward some of the more pressing issues from the neighborhoods, and from there, his staff can concentrate their efforts to resolve those issues.

"The program has great command interest, and that is part of it success. I'm hoping this system continues to grow and become a plus to the families and staffs."

That "command interest" Dominge mentioned is one of the driving forces that Cheek said makes the program what it is.

"We are very fortunate," Cheek said, "to have a commander that really shows his concern for the family. We're lucky."

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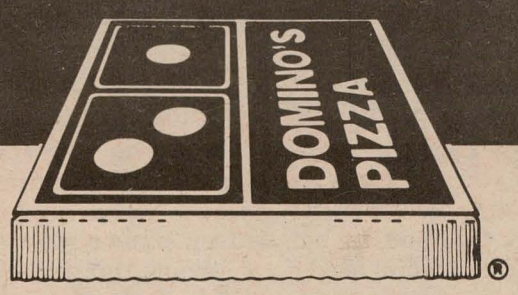

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Additional Items

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A *sensitive* job: how PSF's mortuary officer handles it, **page 5**

LAMC Auxiliary: they turn caring into action, **page 5**

Earthquake: PSF and SF fire departments team up for drill, **pages 6 & 7**

Star Presidian

Vol. 28, No. 48 "Published in the interest of the people of the Presidio of San Francisco." November 29, 1985

News briefs

Pediatric clinic

The Pediatric Clinic at LAMC will be open today from 8:30 a.m. to noon to handle urgent problems on a walk-in basis.

VA pension changes

Approximately 21,430 Veterans Administration (VA) pensioners and recipients of parents' Dependency and Indemnity Compensation in Northern California have been sent notices informing them of changes in reporting their income to the VA.

The notices explain the new Eligibility Verification Report (EVR) which replaces the old Annual Income Questionaire (AIQ). Though the VA furnishes these forms periodically, pension recipients must report any change in their income as it occurs.

San Francisco VA Regional Office acting director, John C. Spangler, said the VA will now process income reports throughout the year at the local Regional Offices. "We have replaced the AIQ card with a full page form which is easier to read and provides more space for required information," he said.

The first Eligibility Verification Reports were mailed out on Oct. 1. Future mailings will be made on a prioritized basis each month to about 2,000 pensioners in Northern California. Failure to return the completed form to the VA by the date indicated on the questionnaire may result in interruption of benefit payments.

Help in completing the new EVR form is available from local veterans' county service officer, major veterans' service organizations or by calling the San Francisco office, toll free, at (800) 652-1240.

DP placard reminder

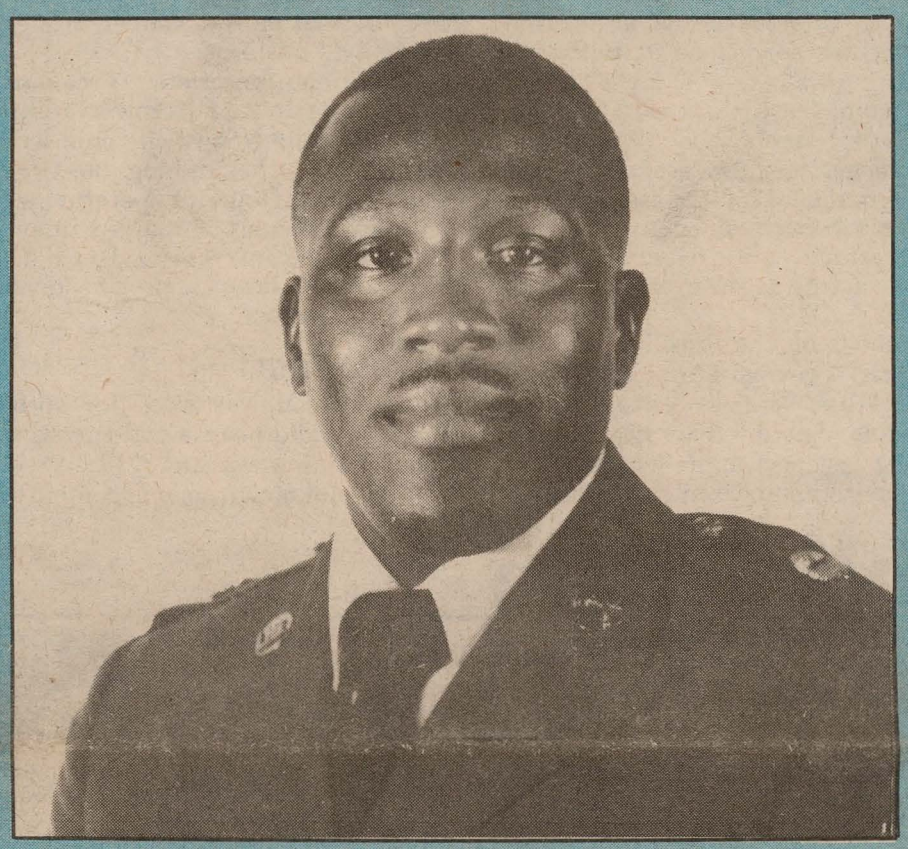
Handicapped people who have not yet replaced their blue Disabled Person (DP) placards with the new white ones face the prospect of being ticketed for illegal parking.

"I am concerned," said Department of Motor Vehicles Director George E. Meese, "because law enforcement agencies tell me many blue placards are still being displayed by disabled persons who say they didn't know about the law requiring new placards.

"The new law, enacted last year, authorized new placards to be issued to all eligible handicapped persons in California. Starting Oct. 1, only the new placards are to be used with the exception of some temporary blue placards bearing expiration dates."

The new DP placard is made of white plastic, the size of an automobile license plate, with a red border and wheelchair symbol. The lettering and placard number are black and the placard is good for two years.

All placards cost $6. All permanent placards will expire at the same time: June 30, 1987.



Acting Sgt. Stacy E. Harrison won October's Soldier of the Month title.

MP wins October SOM title

by Joseph A. Hirsch

October was the second month in a row that Law Enforcement Company saw one of its soldiers claim Presidio's coveted post Soldier of the Month title.

Acting Sgt. Stacey E. Harrison, 27, won the competition, held at the post headquarters building, over a soldier from Letterman Army Institute of Research.

Harrison, a New Jersey native, leaves this week for Fort McClellan, Ala., for studies to become an Army military police investigator.

Harrison said he looks forward to the school as a way of furthering his career as a soldier.

"I joined the Army after college and a few jobs, with the idea that I wanted to help other people," Harrison said.

"I figured the MP Corps was the best way to do that and now I'm trying to further my career with this school," he said.

After the two-month-long school, Harrison will begin work as an agent with the Provost Marshal's Military Police Investigations (MPI) office.

Harrison joined the service in March 1983, after he saw a future installing computerized business phones leading him nowhere.

"In college, I studied business at the University of Delaware, and when I got out, I took some odd jobs and ended up installing high-tech car phones," he said.

"I talked with some buddies who were in the Army and even a retired guy I knew. They gave me the good and the bad about being a soldier and I decided that I wanted to do it," Harrison said. "I felt I needed a change in my lifestyle."

After his initial entry training and MP school at Fort McClellan, Harrison was given orders for Camp Humphreys in Korea.

"Another thing I liked about joining the service was the fact that I'd be able to travel. In Korea, I got to take some leave and get into Japan and it was great to see all that countryside," he said.

In September 1984, Harrison set his bags down at the Presidio and went to work right away as a specialist four working on regular patrols, but later he was made an "acting jack," otherwise known as an acting sergeant. In that position, he assumed the role of patrol supervisor and was responsible for the other MP patrols on his shift.

"Working as an MP on the Presidio is a unique job because it's a different scene every day," Harrison said.

"There's always something new and different. That's why I'll go on to become an MPI investigator. It's something new and different, plus there's a shortage here, and I'll be able to help fill a space."

please see page 3

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Opinions

TAKE A BITE OUT OF CRIME

by Sheldon M. Stein

Neighborhood Crime Watch works. Some of you may be asking what is Neighborhood Crime Watch? Well, it is a program designed to encourage soldiers and their families to take part in protecting their property and the property of their neighbors, joining community crime prevention programs and reporting suspicious activities to the military police.

The need for neighbors to look out for each other is the basis of Neighborhood Watch and enables neighbors to get to know each other and work together in a program of mutual assistance. It also involves citizens being trained to recognize and report suspicious activities in their neighborhoods while acting as the eyes and ears of the military police.

Some neighborhoods on the Presidio, through their mayors and the Provost Marshal's Crime Prevention Section, have established "Neighborhood Crime Watch." This has already resulted in a burglary suspect apprehension.

On Nov. 13, a concerned citizen saw a person going from house to house, turning the door knobs, trying to enter the quarters. The military police were immediately notified, and the suspect, after a short chase, was subsequently caught.

It was later discovered that over $11,000 worth of personal property had been stolen from one set of quarters and that the suspect may be implicated in several prior burglaries on the Presidio. The suspect was turned over to CID and the FBI has taken over the investigation.

"Neighborhood Crime Watch" works as you can see, and if your housing area has not organized in this program, you are strongly urged to contact your mayor or SFC Sheldon M. Stein and Sp4 Brenda K. Ludwig at 561-5011 or 561-4925 for more information. Remember: crime prevention is everybody's business.

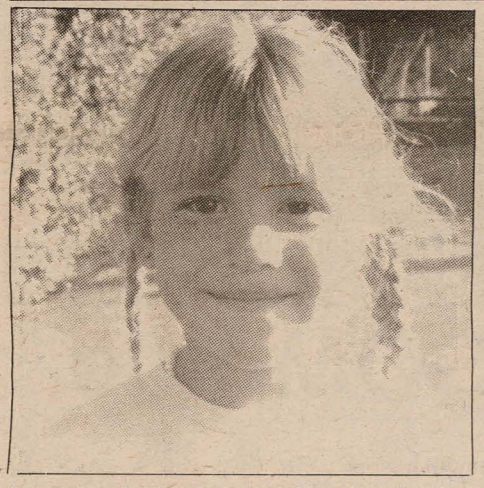
Attention motorists: Presidio and Army regulations require all vehicles routinely operated on the Presidio to be registered with the Vehicle Registration Office in bldg. 36, Office of the Provost Marshal. Hours of operation are from 8 a.m. to 3 p.m., Monday through Friday, holidays excluded. Registrants will need a valid state registration, driver's license, proper identification and proof of insurance.

Crime report

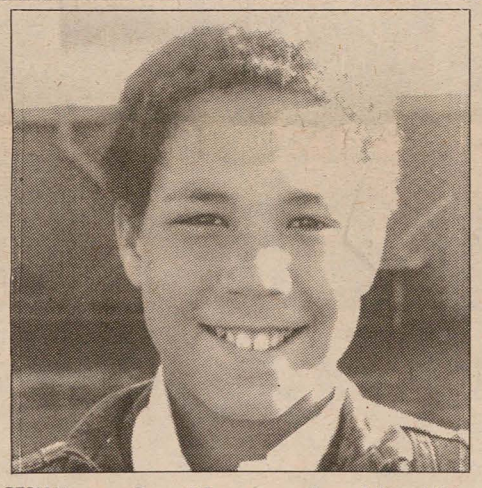
- A person was cited for speeding, driving without a valid license and turned over to SFPD for outstanding warrants.
- An unknown person committed vandalism by bending a car radio antenna in the Golden Gate Reserve Center parking lot.
- Someone damaged the ignition slot on a Honda scooter in the parking lot next to bldg. 1801.
- Someone, by unknown means, took a 1984 Mercury Cougar, which was secured and parked in the parking lot next to bldg. 1801.
- A person was caught for driving without a valid license and turned over to SFPD for outstanding warrants.
- Someone broke into a set of quarters on MacArthur Avenue and took two piggy banks, containing unknown currency, and one set of stereo headphones.
- Someone broke into a 1967 Ford Mustang, secured and parked in the parking lot next to bldg. 1028, and took one suitcase containing clothing and $15 along with one purse containing miscellaneous credit cards.
- A person was caught for speeding, failure to stop at a posted stop sign, evading a peace officer and hit and run.
- Someone took an unsecured, portable lamp from post headquarters, bldg. 220.
- Someone took a 1981 dirt bike, which had been secured in the back yard of a set of quarters on Washington Boulevard.
- Someone damaged and painted graffiti on a tool shed at Julius Kahn Playground.
- Someone took five $100 bills from an unsecured wallet in the Emergency Room at Letterman Army Medical Center.

Ramblin' Sam

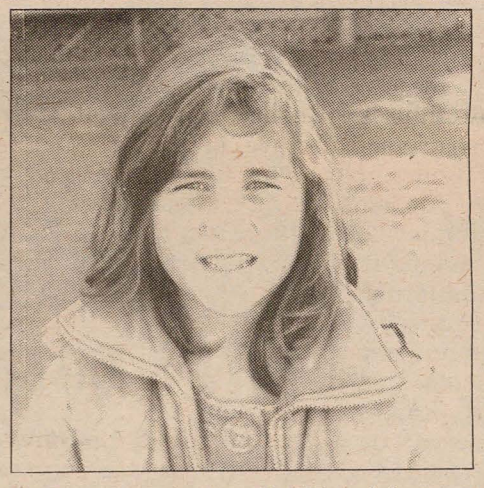
"Why do we celebrate Thanksgiving?"



Heather L. Smith, 6: "To thank God for giving the Pilgrims some food and a new land."



William L. Hartsough, 10: "To celebrate the Indians and the Pilgrims coming together after a lot of people were killed."



Valerie A. Keating, 8: "To celebrate a special holiday. You have a big feast and invite friends and the whole family."

Edward L. Weller, 8: "The first Thanksgiving was with the Pilgrims and the Indians. The Indians came about 60 years later because they wanted to help the Pilgrims. The Indians helped the Pilgrims grow crops."

When your number comes up, be buckled up

by Tom Joyce

How would it feel to be involved in a car crash at just 10 miles an hour?

Here's one way to find out, without damaging your car. You'll need a 200-pound bag of cement. Haul it up to the second floor of a building and toss it out the window. Imagine one of your buddies standing on the ground below and catching the bag as it falls. That's how dangerous a low-speed collision can be.

It is estimated that 85 percent of Americans refuse to buckle up. Military people on the average have a much better record, but many soldiers still won't take the time to protect themselves and their passengers.

A fatal automobile accident occurs every 20 minutes in the United States, claiming 43,800 lives in 1984 alone. Federal safety authorities claim seat belts could have prevented half of those deaths. Safety statistics show that each of us can expect to be in an auto accident once every 10 years. For one out of 20 of us, it will be a serious crash. For one out of 60, it will be fatal. So why do so many of us refuse to wear seat belts?

B. J. Campbell, director of the Highway Safety Research Center at the University of North Carolina, thinks people don't wear seat belts because they don't think of it. He says people need to be reminded constantly.

Toward that end, many private sector organizations have established programs to remind people to buckle up, something the military services have been doing for years. And although the services have much better results, they believe it's not enough until 100 percent of the population buckles up.

please see page 3

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Soldier of the Month from page 1

To help tackle the Soldier of the Month board, Harrison went to his chain of command, as do many soldiers who try out for the competition.

"But I also went to Sgt. Dennison, the MP who won the award last month.

"He gave me a lot of help and encouragement. Because he'd been there, he knew firsthand what the board would look for.

"A lot of other soldiers in my company helped me out with little question-and-answer periods," he said.

It was that kind of one-on-one drilling that Harrison said made the competition a sure win for him.

To soldiers that will follow him and try for the competition, Harrison said he'd recommend they hit the books and study.

"The basic soldiering skills and soldier manuals can give you a lot of guidance," he said. But, he added, it's the quiet time and studying with a friend that helped the most.

In his spare time, Harrison said, you'll usually find him working with the weights at the gym. He said he likes to experiment with photography now and then.

Since he's from the East Coast, he said he enjoys taking long drives and seeing as much of the West Coast as he can.

The Soldier of the Month offers a lot more than just a title and trophy to the winner, Harrison said.

With a $750 scholarship from a local college, he plans to take courses that will further his law enforcement career.

After he returns from school in Alabama, the single soldier said he has a free Tahoe trip and some gift certificates waiting for him.

It looks as though Harrison will stay in the service and make a career of fighting crime in the Army.

He said, though, that the Army has given him a great start if he were to decide to pursue a civilian career.

"I feel fortunate that I finally found something I like doing and that I can help other people. In the Army, I've gotten a big jump on getting to my goals."

Buckle up from page 2

Incentive programs vary from installation to installation. There are no Army-, Navy-, Air Force- or Marine Corps-wide incentive programs to wear seat belts. But each service has strong education programs encouraging their use. Department of Defense regulations require all personnel who operate government vehicles equipped with seat belts to wear them. That includes people using their privately owned vehicles on official business.

Still, some people refuse to wear them, a refusal based on misinformation and long-standing myths. Those myths include:

"I don't want to be trapped by my safety belt if the car is submerged or catches fire." You're 25 times more likely to be killed if you're thrown from a car than if you're trapped in it. The exceptions receive wide publicity, thus reinforcing the myth. The National Highway Traffic Safety Administration says only 0.5 percent of all accidents that result in injuries occur under these conditions.

"I don't believe it will happen to me." You've heard and seen the figures. Chances are good every driver will have an accident at least once in his or her lifetime and chances are 50-50 it will cause injuries.

"I only need to wear them for high-speed driving or for long trips." Remember the 200-pound bag of cement? Eighty percent of all accidents happen at speeds of less than 25 miles per hour; 75 percent occur within 25 miles of home.

American Forces Press Service

Thanksgiving Day message

As we celebrate another Thanksgiving Day, our thoughts go back to the Pilgrim forefathers and to the hardships they suffered during their first year in a new and strange land. These were experiences that they endured willingly in their pursuit of freedom for themselves and their children. As the pioneer descendants of the Pilgrims pushed the American frontier westward, at great personal risk and peril, they too found abundant reasons to give thanks to the God who led and sustained them.

Today, you, the men and women of our Armed Forces, preserve and enlarge the courageous traditions of our forefathers in defense of liberty. As you gather with family, friends, or your fellow service men and women for the traditional Thanksgiving feast, all Americans join you in thanking God for giving us our sacred rights and the courage to defend them. In large measure, those blessings are the result of your dedication and your commitment to protect freedom whatever the cost.

Nancy and I wish all of you a Happy Thanksgiving. Our thoughts and prayers are with you and your loved ones wherever you may be. God bless you.

Ronald Reagan
Commander in Chief
American Forces Press Service

In search of accuracy

The *Star Presidian* wishes to point out that the chief of optometry at LAMC, whose photograph appeared on page 1 of our November 15 issue, is neither Robert G. Melton, as we said in that issue, nor Robert G. Melin, as we said in last week's issue. His correct name is Robert Gmelin. Clearly, the gremlins got into our typewriters.

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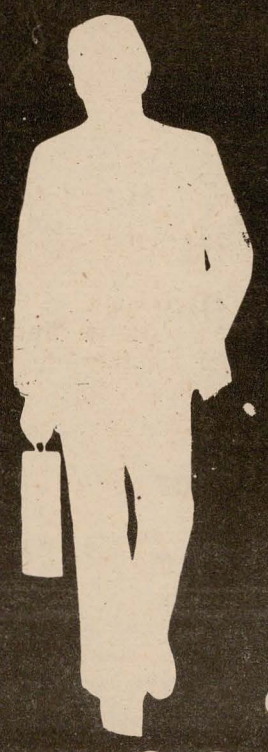

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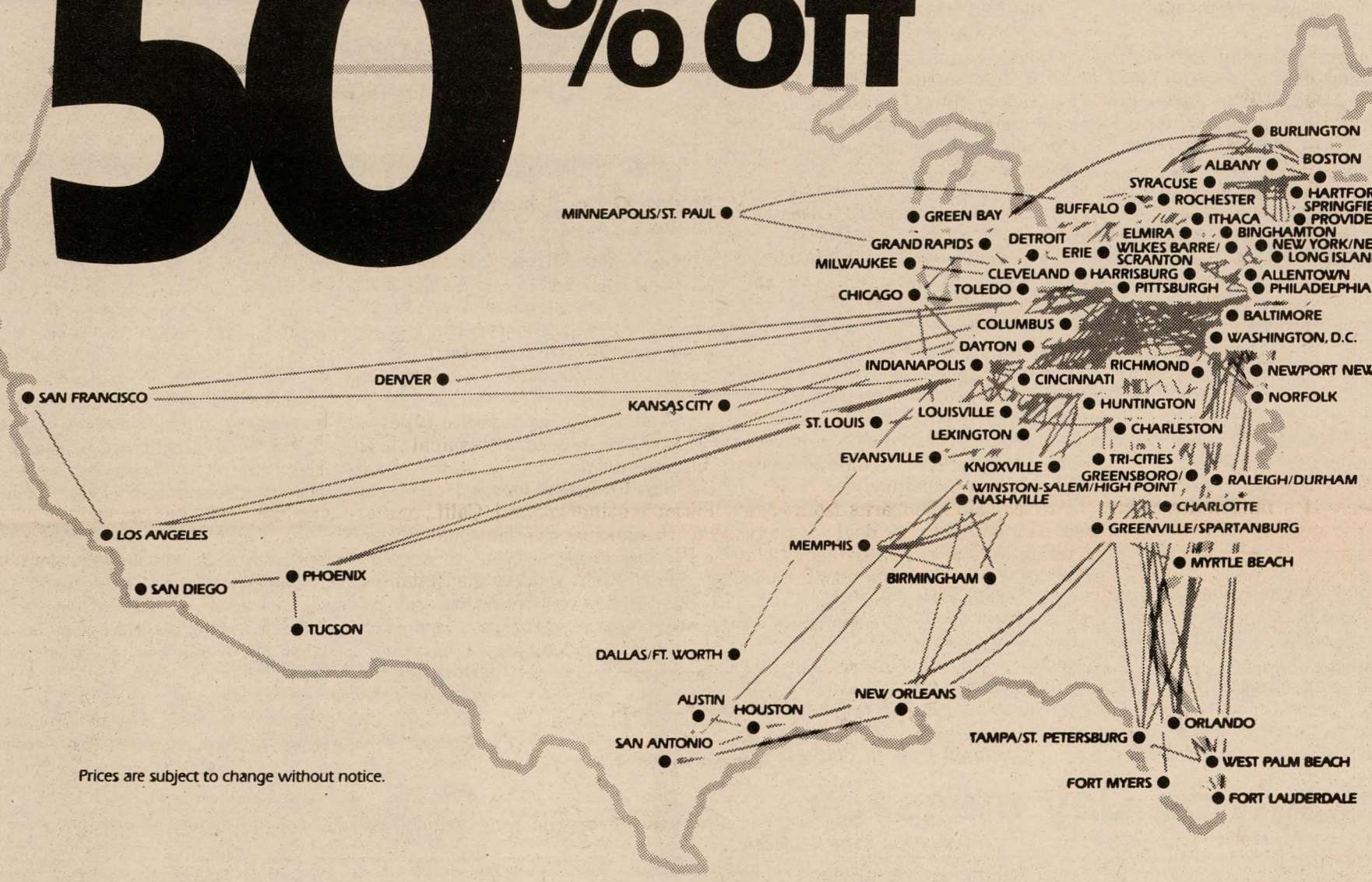

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Does my family have to travel together? No.	Military dependents may travel separately as long as children ages 2-9 are accompanied by a military dependent at least 10 years of age.
How do I get the Military Fare? Just present your green active duty military I.D. or discharge papers when you purchase your ticket and when checking in.	Military dependents at least 10 years of age must present a tan Uniform Services Dependent Identification card marked "active". Military dependents ages 2-9 must present proof of family relationship when checking in.

Features

How mortuary officer handles sensitive job

Story and photo by Debbie Campbell

Many Army soldiers generally are interested in "living for today," or at most, just for the next few years. They don't give death and dying too much thought.

However, there are some people on the Presidio whose job entails dealing with this unfortunate fact of life.

One of these people is Shirley M. Graves, mortuary officer. (Although people sometimes react in disbelief to her name, she remarked that this is just a coincidence and not meant to be funny.)

Graves' job consists of dealing with the next of kin in the case of the death of active duty service members, family members and retirees who die in military medical facilities.

Graves said she feels it's important that soldiers and their families know what is available to them in the event of their death.

"I find that many of the families are completely surprised to learn that the Army has any programs to assist in the burial process," she said.

A mortuary officer is there primarily to satisfy the needs and wishes of the next of kin. They must go to the home of the deceased and conduct interviews to find out if the family needs help in arranging funeral services. If a family doesn't want to have to deal with all of the details, the Army will assist.

Graves said that the mortuary officer must also be sure that the next of kin are treated in a "caring" manner.

Graves has been working at this position since July 1984. She has been working for the government since 1966 in the office of the Adjutant General.

Also, Graves' experience in mortuary work is not limited to the Presidio. She has had previous experience as a receptionist and singer at several mortuaries.

Now, she gets much more involved in helping military families deal with their grief. She said in many ways this work is rewarding. "I feel I have special gifts," Graves said.

"You can't become emotionally involved, but you have to be sensitive," she continued.

Most of the time, when a death occurs, people are not prepared. They are not knowledgeable concerning the necessary and minute details involved in the burial process. The program, authorized by law and carried out by the Army, helps to lessen the burden at this critical time.

"As mortuary officer, I am the second official representative of the U.S. government to appear at the home of a deceased active duty servicemember," Graves said.

Graves has learned to be strong on the job because that's really what her work requires. Her appearance and manner are extremely professional, yet she doesn't hide a warm and friendly personality.

Graves said she learns from each case, so it can help her deal with any situation. She seems to be genuinely proud of what she's doing and she realizes it takes a person who is concerned for others to pay such close attention to detail.

"I get satisfaction from helping people," she explained. She also gets

photo by Debbie Campbell

Shirley Graves, mortuary officer, prepares paperwork for a Presidio soldier's case.

to travel in performing her job, which she said is an added advantage.

Graves is a person who enjoys giving herself to help others. But she has other sides to her character; she is a professional singer in her off-duty time.

Graves said her favorite types of music are opera, classical and religious music. She has performed at the San Francisco Opera House, the Paramount in Oakland, Calif., and at the Presidio for the National Prayer Breakfast.

In 1971, she went to the Bahamas, on an invitation from that government, to sing at the anniversary of their emancipation day celebration.

Graves described performing as "giving up your own personality. You are the person you're portraying."

Born in Louisiana, Graves has made San Francisco her home. She has been interested in singing all her life and has studied music for years.

Graves is a woman who brings dignity to her work and seems proud to be able to help others in this way.

"I believe that my presence and the assistance I bring helps to make the situation more bearable for grieving families," she said.

For many, the Army's mortuary services program is a comfort. And it's nice to know there are professionals such as Shirley Graves who take so much pride and care in doing their work the best way they know how.

Join a winning team—the LAMC Auxiliary volunteers

by Debbie Campbell

For Army Family Week last week we honored the Army spouse with stories and photos.

Many people think of the Army spouse as a homemaker and a mother. Some people forget that sometimes men are Army spouses, too. However, Army spouses are often involved in the work world and in the community in many different ways.

Army wives on the Presidio are no different, whether they're working at a full-time job, or whether they do volunteer work for one or more of the numerous organizations on post.

One of the largest of these organizations is the Letterman Auxiliary.

The Letterman Auxiliary is a volunteer organization whose mission is to promote the welfare of the patients, staff and families of Letterman Army Medical Center (LAMC), Letterman Army Institute of Reserach (LAIR) and Dental Activities (DENTAC).

The auxiliary is now made up entirely of women, mostly officers' wives. However, the members urge everyone to join, from enlisted soldiers to retirees, men and women.

The organization has about 120 members and still needs new members to help with the growing number of activities, according to Sally Bussey, honorary president.

The auxiliary is divided into committees, the leaders of which represent the different medical and dental divisions, for example, DENTAC, the hospital and interns.

At monthly executive board meetings, the committee heads put together their ideas for new projects and plan upcoming events. The board changes yearly so that practically everyone contributes to the projects.

"People are not afraid to speak up at our meetings. We get a lot of input from members of all different ages," said president Cheryl R. Reddy.

Like its sister organization, the Officers' Wives' Club, the Letterman Auxiliary has social functions such as luncheons and guest lectures.

However, the Letterman Auxiliary directs more of its activities toward volunteering. Most of their work is meant to improve conditions for LAMC patients and other people on post.

Members of the auxiliary volunteer on a regular basis at the American Red Cross, the Thrift Shop, the Creative Cottage, Army Community Services (ACS), the post museum, Boy and Girl Scouts and many other organiztions.

One of their projects is a monthly newsletter called *Lifelines*, which puts out all kinds of information to help Presidians get acquainted with the San Francisco Bay Area. The paper also stresses the need for new volunteers for the auxiliary.

Joan C. Barrett, program chairman, worked on plans for the crisis hotline which is designed to help people in almost any emergency situation, such as spouse abuse, rape or child abuse. The project was organized by Karen Kaho, Family Violence program counselor at ACS.

According to Barrett, the hotline started this month and is beginning to get a good response. Volunteers, on duty 24 hours a day, have been trained to effectively help people in emergencies, Barrett said.

Barrett, who doesn't work at a full-time job, said she finds this type of work enjoyable.

"The main reason I do it is because it gives you such a good feeling. You really get as much out of it as you put in," she said.

Barrett explained that many hotline volunteers hold down full-time jobs, even though they volunteer their spare time.

Cindy O'Donnell is also a volunteer for the crisis hotline. O'Donnell said she chose to volunteer at ACS because "it has a wealth of things to offer."

O'Donnell said that for a mother with young children, who isn't quite ready to go out into the workforce, volunteer programs are ideal.

A large group of the auxiliary's members volunteer at the hospital for various clinics.

Karen Foley is a registered dietitian who volunteers in the Nutrition Care Division of LAMC.

"The hospital is so short-staffed, so the volunteer's role is very important," she said.

Foley is enthusiastic about her work as a dietitian. "I really am motivated. I really love my job," she said.

According to Reddy, since the Letterman Auxiliary started two years ago, there has been a big swing toward volunteering and recognition of volunteers.

The members hope this upswing will continue in order to help improve the medical and dental facilities, as well as the quality of life for all Presidians.

Photo Feature

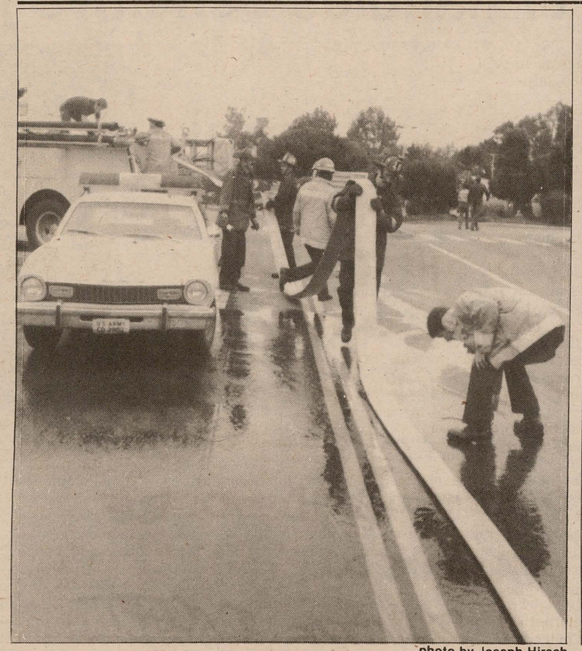

photo by Joseph Hirsch

Presidio and San Francisco firefighters load hoses onto a Presidio Fire Department fire engine in front of Letterman Army Medical Center and head for Crissy Field. The disaster drill participants were delayed by a gas leak at LAMC for about an hour.

photo by Bob Walker

Captain Britton Smith, of the Presidio Fire Department, checks hose and hydrant pressure on a San Francisco portable hydrant during a recent drill at Crissy Field.

Preparedness

Fire Department practices earthquake drill

by Joseph A. Hirsch

It's been over two months since a pair of earthquakes devasted Mexico City. For the population that escaped the deadly wave of destruction, public officials there have yet to establish a safe supply of drinking water.

Not too long after the Mexican quake, San Francisco officials hosted many seminars and lectures on earthquake and disaster preparation.

Concerned Bay Area residents were asking just how these local officials would be prepared to deal with a quake when and if one hit. Presidio fire and engineering officials are able to answer those concerned on post by showing how they are prepared to deal with disaster.

Last week, with the help of San Francisco Fire Department's Division Two, Presidio firefighters showed off a system of above-ground hoses and portable hydrants that would take the place of broken water mains if disaster should strike the post.

Not only would the portable system provide water for fighting the fires that would surely result from an earthquake, but residents and, more importantly, Letterman Army Medical Center (LAMC) would be able to draw a clean, drinkable supply of water.

Just as the fire departments were readying for the drill, a call into the Presidio switchboard reported a gas leak at LAMC. Responding to that emergency delayed the drill for about an hour, but soon the men and equipment were on Crissy Field pumping water at the rate of nearly 3,000 gallons a minute.

"The situation in Mexico is still real bad. Today, we're going to show how we can avoid those kinds of water problems and recover from disaster," said Frank Blackburn, the chief of Division Two and, with his men and equipment, the cornerstone of the drill.

Blackburn showed a gathering of about 40 media representatives and post officials scale maps and charts that explained the water system and how it would help the Presidio.

Blackburn said that during an earthquake, the water stored in Presidio's reservoirs would most likely be contaminated through breaks in the supply lines.

Those otherwise contaminated water stores could be, in a time of disaster, made drinkable by a chlorination unit, such as the one in operation by San Francisco's Water Department during the drill.

According to Blackburn, the chlorination unit is capable of making 2 million gallons of potable water per day. The drinking water would be stored in portable tanks during a disaster, he said.

For fighting fires, and during the drill, salt water from the bay would be pumped to the portable hydrants by pumpers stationed near the beach.

Through a complex network of hoses, and using a preplanned method of pumping pressures, firefighters would have an endless supply of water to extinguish flames.

During the drill, the combined departments pumped nearly 90,000 gallons of water onto Crissy Field and back into the bay for nearly a half hour.

Sustaining pumping that long showed drill planners and firefighters that the system would work and work for a long period of time.

"Probably most important out here today is the fact that these two departments have shown that they have to and can work together during a crisis," said Gene Day, an assistant fire chief at Presidio's Fire Department and the coordinator of the drill for the Army.

"We don't have these portable hydrants nor the lengths of hose that it would take to construct this system," said Bob Olsen, a Presidio firefighter.

"The hydrants are a great idea and we showed that the system works with a lot of cooperation. San Francisco (fire department) would be a big help in the time of disaster," he said.

photo by Bob Walker

A San Francisco firefighter directs the water from a high-pressure hose into the San Francisco Bay.

photo by Bob Walker

Firefighter Ed Moniot checks discharge pressure on Engine No. 1 during a disaster drill.

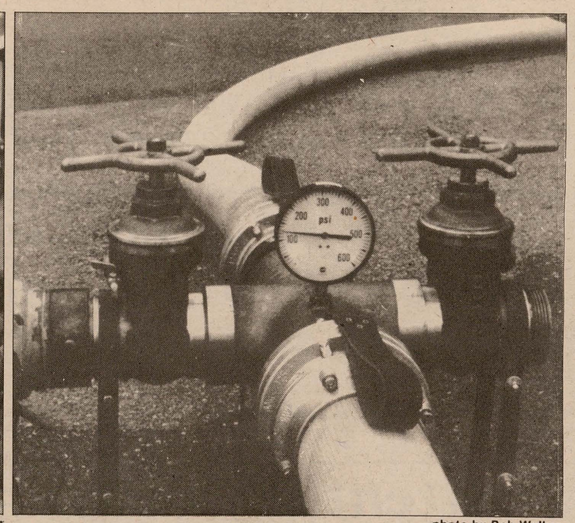

photo by Bob Walker

The gauge on this portable hydrant lets firefighters know if they have enough water pressure.

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Community Calendar

New external degree

The University of the State of New York now offers an Associate in Science Degree in Business. This is exciting news for soldiers who want a fully accredited two-year degree in business but require flexibility in meeting requirements.

What makes this program different?

• No residency requirement. It is not necessary to take any courses in New York.

• Liberal credit acceptance. Classroom or correspondence courses from accredited colleges, exam programs such as CLEP and DANTES, FAA certificates, service schools and MOS credit can be used.

• Reasonable cost. The fee for evaluating all credit sources is $225. If degree requirements are met within one year, the only additional fee is $60 for graduation.

To find out more about this new opportunity, see your educational counselor at Fort Scott, bldg. 1216, or LAMC, bldg. 1007.

Recycling

Recycling for December will be held on Dec. 7. Quarters residents are reminded to have newspapers and all-aluminum cans ready for pick-up from 10 a.m. to 2 p.m.

If it rains, recycling will not be held. However, cans and newspapers may be dropped off at the recycling point, next to bldg. 661, at any time.

Youth basketball

Basketball sign-ups are still needed for all Youth Activities basketball teams. This year teams are forming for children in grades 4th through 12th. The registration fee is $12.50. Sign up at bldg. 567 or give Youth Activities a call at 561-5143. Please let all your friends know about the 1986 Youth Activities basketball season.

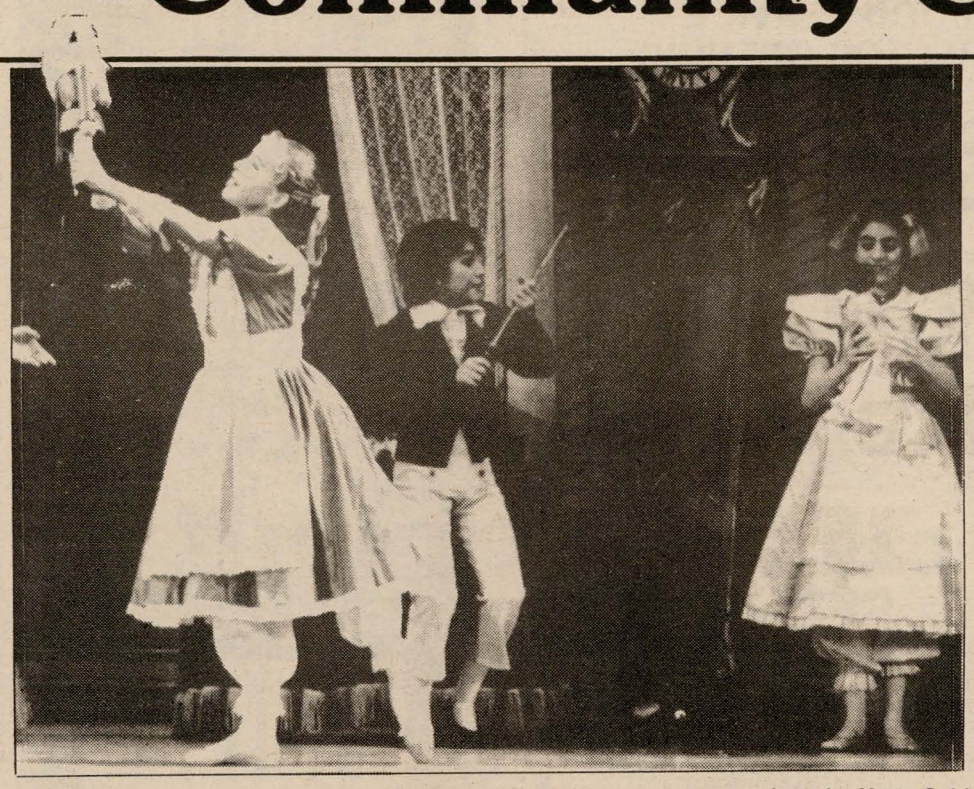


photo by Marty Sohl

'Nutcracker Suite'

The Recreation Center ITT Office is selling discount tickets for *The Nutcracker*, performed by the San Francisco Ballet. The tickets are for Dec. 13 at 2 p.m., and the price is reduced from $30 to $24.50. Call 561-3992 for more information.

Diploma mills

We've all heard the term "diploma mill" used to imply that a school or college offers credentials which are bought rather than earned. A recent article in *Educational Record* points out that diploma mills are widespread and growing, usually not illegal and result in many victims.

How can you protect yourself against diploma mills? The key is accreditation. Before you enroll in any college degree program, talk with your education counselor. Your best assurance of quality is regional accreditation by one of the following associations: Middle States Association of Colleges and Schools/Commission on Higher Education; New England Association of Schools and Colleges; North Central Association of Colleges and Schools; Northwest Association of Schools and Colleges; Southern Association of Colleges and Schools; or Western Association of Schools and Colleges.

The fact that a college may accept nontraditional sources of credit, such as credit by examination or credit for military experience, does not necessarily mean that the school is a diploma mill. Still, if the school's advertising promises a degree that sounds quick and easy, it is better to check it out.

Counselors are available at the LAMC Education Center, bldg. 1007, or the Fort Scott Education Center, bldg. 1216.

Learn to teach

Interested in becoming certified to teach classes for adults? A degree is not necessary if you have experience in the non-academic subject to be taught. Come to the Fort Scott Education Center, bldg. 1216, for an information meeting on Thursday from 7 to 8 p.m.

Clerical positions

The Civilian Personnel Office is now accepting applications for clerical positions at various locations throughout the Presidio. This includes positions as clerks, clerk-typists, and secretaries. All applicants for clerk and clerk-typist positions are required to take the civil service examinations or be eligible for reinstatement as a result of prior federal service. Applicants for clerk-typist positions must be able to type a minimum of 40 words a minute.

For more information concerning testing procedures and dates, call the receptionist at 561-5732.

OWC holds bazaar

On Thursday, the Presidio Officers' Wives' Club will hold their annual Christmas Bazaar from 10 a.m. until 4:30 p.m. at Harmon Hall. There will be a large variety of craft items and Christmas ornaments for sale, baked goods, "white elephants," a children's corner, a "country kitchen" for lunch and much, much more. What a great way to start your Christmas shopping! For more information please call Pam Casias at 922-3384.

...the write stuff...

by Ted Weller

I am hoping that yesterday was as joyous for you as it was for me. But with what weight we have acquired, it seems that the PT must start a little earlier this week.

For your entertainment tomorrow at the Hall of Flowers, Golden Gate Park, the Association of Potters' Show and Sale is from 1 until 6 p.m.

Also tomorrow, the Golden Gate National Recreational Area is sponsoring a Natural and Nautical History Walk of Land's End. If you're interested in the two-hour walk, it begins at 10 a.m. at the U.S.S. San Francisco memorial.

Tonight, for your musical entertainment, the Tradewinds Club presents Bobby "G" in the Ballroom and the "Madman" in the Green Room battling for six hours in the "All Nite Disco." Dancing begins at 10 p.m. Have fun!!!!

Beginning at noon tomorrow and continuing until 4 p.m., members of Sight and Insight are having an Arts and Crafts Christmas Sale in Building C, Fort Mason Center. Admission is FREE!

Also beginning this week and continuing through Dec. 23 is the annual Guardsman Christmas Tree Sale in Pier 3, Fort Mason Center. There will be plenty of trees, garlands, holly, poinsettia, mistletoe and decorations for your Christmas celebrations. Flame retarding, flocking and delivery services are available. The sale is held daily from 8:30 a.m. until 9 p.m. and, of course, the admission is FREE.

The Presidio women's basketball team will be playing two home games this week; the first is tomorrow afternoon at 2 p.m. against Beale Air Force Base and the second is Wednesday night against Alameda Naval Air Station (NAS) at 7:30 p.m. Both games will be held in Gym No. 1. Admission is always FREE; go and rock the walls!!!!!

About the men's team, not only did they beat the toughest team in the league, Mare Island, 99-90, but they have also walked over Moffett NAS, 113-79 and Stockton, 109-98. The next home game for the men is a doubleheader on Dec. 12 against the U.S.S. Arkansas. For some tough roundball, be there at 6 p.m. at Gym. No. 1.

I understand that there are a few teams out there that are "fearing to tread" on the same court as the Presidians!!!

Here are a few items that have dropped in the "In" box:

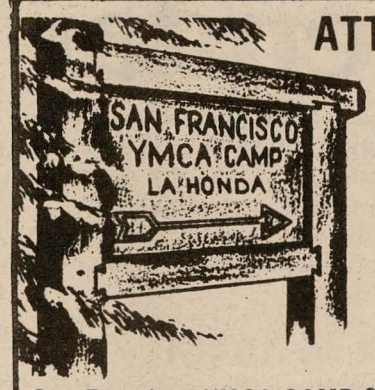
• The Redwood Empire Association has compiled a listing of resorts, hotels, motels and cozy bed-and-breakfast inns from the Golden Gate north to Oregon that are offering various bait to attract visitors during the winter and early spring season. The booklet is available upon receipt of $1 for postage and handling at REA's office, One Market Plaza, Spear Street Tower, Suite 1001, San Francisco, CA 94105.

• The San Francisco USO Center has developed a Job Search Program for military spouses, family members and the soon-to-be-discharged in the Bay Area. The USO has over 30 employers on the job vacancy lists and a hot line phone list with 52 numbers that have job information recordings. Contact Ruth Ann Dorsey at the USO on Seventh and Mission or call 552-2436, Tuesday, Wednesday or Thursday.

If you are aware of any program, event or happening that is either FREE or under $5, please don't hesitate to call or drop a note in the "In" box. The number is 561-3770 and the address is: PAO, bldg. 37, room 214.

For some reason, the well has been drying up as of late with information I can pass on to this community. If we all work together, maybe we can all have some FREE fun together!!!!!!!

This week in Presidio's history: Dec. 1, 1892, the U.S. Army artillery post on Alcatraz Island is officially designated as a saluting station to return salutes of foreign vessels of war. Nov. 29, 1960, the West Coast Memorial of the Missing was dedicated, memorializing 412 members of the U.S. Army forces who were lost in American coastal waters of the Pacific Ocean during World War II. The memorial is located at the intersection of Kobbe Avenue and Washington Boulevard on Fort Winfield Scott.



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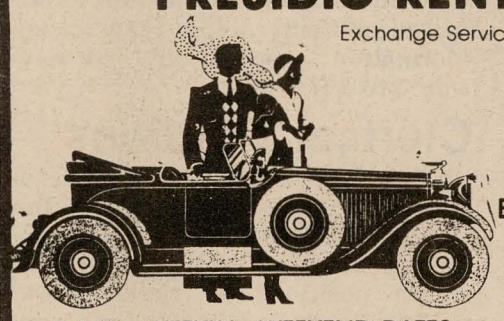

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Sports

Thanksgiving Turkey Shoot

There were four divisions of play in the last golfing event of the season, with four winners and runners-up in the Thanksgiving Turkey Shoot.

In the Senior Division, Dennis Hohn (LAIR) shot an 84 for the best low gross score. Michael Phillips was second with an 87. The low net winner was David Kim (LAMC) who shot an 88 with an 18 handicap for a 70 total. A tie for runner-up was between Richard Casias (Sixth U.S. Army) and Steve Carvalho (LAMC) at 76 each.

In the Open Division, low gross went to Allen Mauldin (Sixth U.S. Army) with a score of 78. The runner-up was Ken Volk (LAIR) with a score of 87.

The Callaway Division was led by Richard Hurlburt's (USAG) low gross score of 93, followed by William Haertle (Sixth U.S. Army) with a 95. The low net was captured by Thomas Levitt (USAG) and Walter McAuliffe, who were tied at 76. Robert Mahoe (LEC) was runner-up with a 76.5.

In the Women's Division, Jennifer Freitas (LEC) was the low gross winner with Suzanne Gonzalez the runner-up.

Flag football semifinals

USAG downed LAMC 20-8 on Nov. 18 to advance to the finals in the Post Flag Football Championship against the Corps of Engineers.

The pinpoint passing and running by Rudy Russell (USAG) was just a little too much for LAMC. In the first quarter Russell made a 17-yard pass to Marlon Smith for a touchdown. Russell came right back to Smith for the point-after-touchdown (PAT).

Four minutes into the second quarter, USAG punted and Joel Smith for LAMC took a pitch off and ran it back for a 48-yard touchdown. Quarterback Eric Randolph passed to Joel Smith for the PAT.

With Russell's passing and running, USAG came right back with an 8-yard run for another touchdown. Halftime score was USAG 14, LAMC 8.

In the fourth quarter, Russell passed 31 yards to J. C. Daniel for the last touchdown. Final score: USAG 20, LAMC 8.

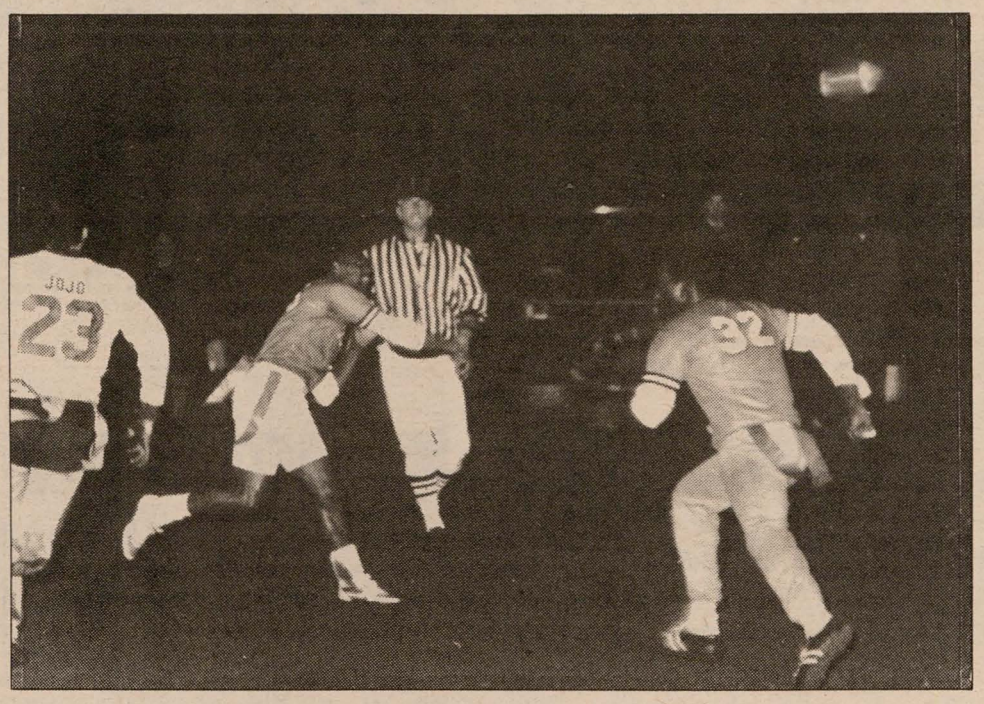

photo by Charles Blancet

The winning edge

Rudy Russell throws a pass during the USAG-Corps of Engineers post championship title game.

Post championship

The first game was a must-win situation for USAG on Nov. 20, and they came through like defending champions. The first quarter was a defense battle with neither team scoring.

Rudy Russell (USAG) started the second quarter off with a 60-yard touchdown run, but the Corps of Engineers came right back with a 4-yard touchdown pass from quarterback Jim Trautner to John Hood and a 29-yard field goal by Tom Bonfilio to take a 9-6 halftime lead.

With both teams opening up, Russell started the second half with a 51-yard touchdown pass to James Fleming. Tom Bonfilio countered with another 18-yard field goal to tie the score at 12-12. In the fourth quarter, USAG's Russell threw a 9-yard touchdown pass to Sylvester Freeman. Corps of Engineers' Mark Courting took the kickoff back 63 yards for a touchdown. The Corps of Engineers missed the PAT, giving USAG a 20-18 win. It was Corps of Engineers' first loss, forcing an "if" game.

During the second game, USAG threw a tough defense at the Corps of Engineers, limiting them to just two field goals.

J. C. Daniels (USAG) started the scoring off with one of four pass interceptions for a 27-yard touchdown in the first quarter.

In the second quarter, Russell (USAG) hit speedy James "The Rock" Fleming with a 56-yard touchdown pass. Russell passed to Daniels for the PAT.

The halftime score was USAG 14-3 over the Corps of Engineers. In the second half, the Corps of Engineers could muster only another field goal by Tom Bonfilio, giving USAG a 14-6 win for their second post championship in a row.

Russell was voted the most valuable player of the game.

Jimmy the Freak

This is a short work week for all of us at the Presidio, so this column will be equally brief (all right, all right...stop all that cheering out there!). All seriousness aside, there has been a lot to be thankful about this past year. Just think of it... the 'Niners started off the year in such a dramatic and pleasant (for non-Dolphin fans, that is) fashion. We avoided those monstrous winter storms that tossed trees around the Presidio like balsa wood the past few years. Howard Cosell left the broadcast booth and we didn't get our pay cut.

When you look at it in that light, it just gives you goosebumps all over in anticipation for the next year, doesn't it?

San Francisco 31 Washington 21

Although Jay Shroeder played superbly for Theismann the night of Joe's awful injury, there's no way that he will get the 'Skins into the playoffs. By the way, didn't Washington's new quarterback use to be the child actor who played Dennis the Menace?

Green Bay 28 Tampa Bay 17

Both teams are going nowhere...and the Bucs get there first. Steve Young may be the answer...but what's the question?

New England 27 Indiantacid Colts 17

The Patriots may get to the Super Bowl. So what?!! If they meet the Bears, they had better bring a load of body bags with them from Boston.

At the movies

Presidio Theater

Fri,	Nov. 29	The Care Bears Movie (G)	7 p.m.
Sat,	Nov. 30	The Care Bears Movie (G)	7 p.m.
Sun,	Dec. 1	Remo Williams: The Adventure Begins (PG-13)	7 p.m.
Mon,	Dec. 2	Remo Williams: The Adventure Begins (PG-13)	7 p.m.
Tue,	Dec. 3	American Ninja (R)	7 p.m.
Wed,	Dec. 4	American Ninja (R)	7 p.m.
Thu,	Dec. 5	Silver Bullet (R)	7 p.m.

Schwartz Theater

Mon,	Dec. 2	Back to the Future (PG)	7 p.m.
Wed,	Dec. 4	Remo Williams: The Adventure Begins (PG-13)	7 p.m.
Thu,	Dec. 5	American Ninja (R)	7 p.m.

Hamilton Theater

Fri,	Nov. 29	Fandango (PG)	7 p.m.
Sat,	Nov. 30	Pirates of Penzance (G)	1 p.m.
Sat,	Nov. 30	Cat's Eye (PG-13)	7 p.m.
Wed,	Dec. 4	Cavegirl (PG)	7 p.m.
Thu,	Dec. 5	The Power (R)	7 p.m.

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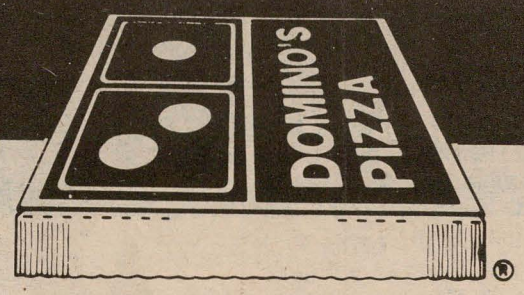

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3-item	$7.71	$11.56
4-item	$8.55	$12.77
5-item	$9.40	$14.04

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12" Price Destroyer™ $9.40
16" Price Destroyer™ $14.04

Additional Items

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12" pizza $.85 per item
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2. Know the phone number and address from where you are calling. Is it a house or apartment? What is the nearest cross street?
3. When placing the order, let us know if you have large denomination bills.
4. Remain by the phone after ordering. We may call back to confirm the order.
5. Turn on your porch light.
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Reenlistment: there are lots of considerations before you ETS, **page 5**

New dog tag: even tomorrow's dog tag will be computerized, **page 6**

Claims: what you should know before packing for a PCS move, **page 7**

Star Presidian

Vol. 28, No. 49 "Published in the interest of the people of the Presidio of San Francisco." December 6, 1985

News briefs

Lincoln Blvd. construction

Work at the construction site on Lincoln Boulevard, near the Letterman Army Medical Center annex, has been delayed periodically since the project's inception. Efforts to complete the work have been thwarted several times since it started on Sept. 16, said Lowell E. Whiteaker, chairman of the Contract Services and Utility Sales Branch.

Work came to a halt on Oct. 30 because workers found a primary electrical cable close to the road's surface, according to Whiteaker.

Contractors have submitted a new proposal for more work on the project, which will change the grade of the road.

Last week work was postponed because of poor weather conditions. Work on the project will resume as soon as the weather permits, Whiteaker said.

Hanukkah

Hanukkah, the Jewish Feast of Lights and Rededication, which lasts for eight days, begins this year at sundown tomorrow and ends Dec. 15.

Basic to the celebration of this happy festival, according to Rabbi William Z. Dalin, LAMC and Presidio Jewish chaplain, is the kindling of the Hanukkah lights.

On the first evening, one light is kindled. The number of lights is increased on each consecutive evening until, on the eighth evening, the entire menorah is kindled. The extra candle, kindled each night, is used as the *shamos*, or taper from which the other candles are kindled.

The festival commemorates the successful struggle for religious freedom led by the Maccabees against Syrian oppressors in 165 B.C. The struggle culminated in a great victory for the Jewish people, who then rededicated the temple in Jerusalem to the service of God and rekindled the menorah in the sanctuary.

A candle-lighting ceremony for Jewish soldiers and their families will be held at the Presidio Religious Activities Center, bldg. 682, on Dec. 14 at 5 p.m.

Tree lighting ceremony

This year's post Christmas tree lighting ceremony will be held on Tuesday at 4 p.m., next to the Presidio Fire Department. The Presidio Handbell Choir will play Christmas songs, and Santa will make an appearance. Before the ceremony, Presidio women from the Enlisted Wives' Crafts program will decorate the tree with the many decorations they have made, as well as decorations made by church schoolchildren.

Christmas concert

This year's Bay Area Christmas Concert will be held on Thursday at 7 p.m. at the Palace of Fine Arts theater.

John C. Newton works at an LCR host computer.

Clerk turns idea into dollars

story and photo by Vince Nunez

The Presidio will save countless thousands of dollars, thanks to a good idea from John H. Newton, 35, communications clerk for the U.S. Army Information Systems Command (USAISC).

Newton proposed that all local calls should be routed over the direct dial lines of Pacific Bell rather than the Least Cost Routing (LCR) system. That suggestion will save the Presidio approximately $39,300 a year. For that idea, Newton received $1,870.

"I came up with the idea and was talking with my supervisor," Newton said. "She said that it was a great idea, but that I should write it up as a suggestion since we didn't have the authority to implement it."

Newton made a cost analysis to determine the savings, and then sent his suggestion over to the Incentive Awards Office in bldg. 37, room 217.

"I'd sent in five suggestions over the past four years, but the most I ever got was $75," Newton said.

Even though it would be almost three years before Newton received his award, the suggestion was immediately recognized by Anne K. Grcich, chief of operations for USAISC.

"Anne liked the idea and said 'Let's start saving right now,' so we did," Newton said.

Grcich, now chief of plans and programs for USAISC, recalled Newton's idea.

"It was an excellent and timely suggestion, which would immediately benefit the organization," she said.

"Jack [Newton] is a very brilliant person. He has had a lot of good ideas.

"He is very creative. He is always looking for a better way to do his job," she said.

Newton is as careful with his own money as he is with the government's.

"I'll invest my award in a money market account so that it will gain interest until I decide what I want to do with it," he said.

Newton said he would like to remain with USAISC and advance beyond his current GS-6 position.

"It's a dynamic activity [USAISC], and an interesting field," he said.

Newton is enthusiastic about the incentive awards program and doesn't understand why more soldiers and civilian employees do not take advantage of it.

"It gives an incentive to make a suggestion when you know you'll get a financial award," he said.

Newton, for the time being, will continue in his work as a telephone clerk, but he still is working on developing ideas and trying to figure out how to spend all his money.

For more information on the incentive awards program, call David Davies or Muriel Talley at 561-4332.

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Opinions

TAKE A BITE OUT OF CRIME

by Sheldon Stein

Hold onto your purse and watch your wallet! Christmas shopping is here, and with it people will be carrying more cash than usual while shopping. Purse snatchers and pickpockets know this and tend to increase their activity during the Christmas shopping season. The Crime Prevention Office has developed profiles of shoppers and pickpockets along with some preventive measures that may help make your Christmas shopping season more enjoyable and secure.

Pickpockets

Pickpockets operate in crowds of people in department stores, on elevators or on public transportation. Some pickpockets work in teams: one will bump or distract you while the other "picks" your wallet.

Most men carry their wallets in their back pockets and often the wallet protrudes from the pocket. This presents an easy target for pickpockets. The best place to carry your wallet and money is in a front pants pocket or an inside jacket pocket. This makes it much more difficult for the pickpocket to operate undetected.

However, if you choose to leave your wallet in your rear pants pocket, have pockets that button closed, or use a wallet chain. This way the pickpocket cannot steal your wallet without getting your attention.

Purse snatchers

Purse snatching is the most frequent type of street robbery. It usually is committed by a young man in good physical condition. Purse snatchers do not operate with the gentle touch of a pickpocket. Purse snatchers rely on speed and brute force to remove your purse. They snatch your purse in an attempt to break the strap or rip it from your grasp. They will go so far as knocking you to the ground or dragging you into traffic in order to steal your purse.

Tips for protection

Do's

- Keep your purse under your physical control at all times and close to your person.
- Carry credit cards and checks instead of cash. Keep a record of credit card account numbers at home.
- If possible, carry your wallet, keys and other valuables on your person in an inside pocket.
- Carry a clutch purse upside down, with your hand on the flap, so that everything will fall out if grabbed.
- If carrying a coat, carry your purse under the coat.
- Shop with a friend or family member when possible.
- Stay in well lighted areas and avoid walking close to shrubbery, dark doorways or other places of concealment.
- If attacked, ask witnesses to stay until the police arrive.
- Notify the police *immediately* after an attack.

Watch your surroundings. Be alert for suspicious persons, especially around banks, stores, streets and your home.

Shop safely this Christmas.

Don'ts

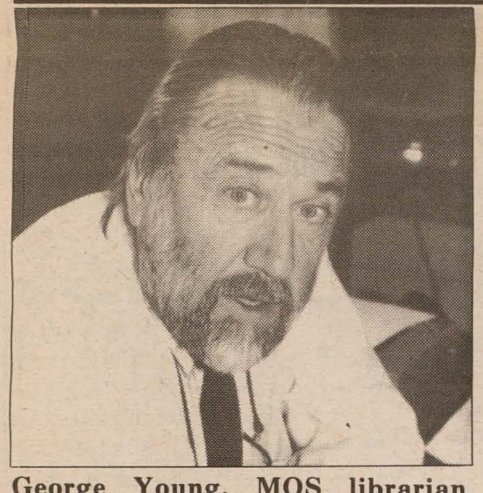
- If possible, don't carry a purse.
- Don't carry a lethal weapon—it could be used against you.
- Don't fight if attacked. Surrender the purse or wallet.
- Don't carry large amounts of money or unnecessary valuables in your purse.

Crime report

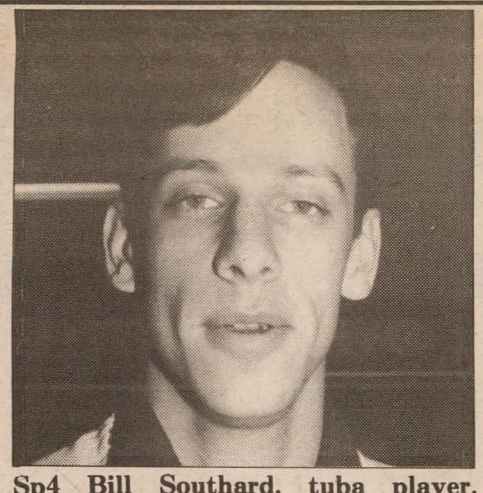
- Someone took a bicycle from bldg. 1801.
- Someone took $20 from an unsecured wallet in bldg. 1100 (LAMC).
- Someone took a beeper that was left unsecured from the conference room in bldg. 1102.
- Four soldiers were apprehended for possession of marijuana.
- One person was apprehended for assault.
- There were four traffic accidents reported.
- There were two people charged with driving under the influence.

Ramblin' Sam

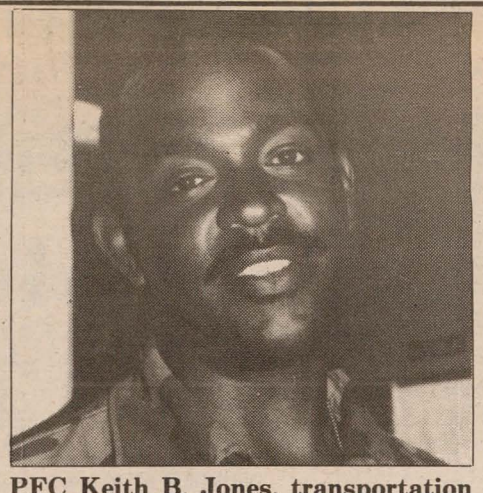
"How have computers and automation affected your work?"



George Young, MOS librarian, Education Center: "They haven't yet. It's in the works because obviously computers and data retrieval are important to a library."



Sp4 Bill Southard, tuba player, Sixth U.S. Army Band: "We haven't used them at all yet. We really need them. We will be getting them for working with the music library and for business operations."



PFC Keith B. Jones, transportation specialist, 864th Engineers: "It would be more efficient for soldiers in our unit if we had computers. In today's world, they're essential. We could use them for record keeping and personnel files."

Maj. Gerald E. Rosenbaum, assistant Director of Planning Training and Mobilization, 6211th U.S. Army Garrison: "They provide flexibility and an ability to be creative. They let you adjust to changing requirements; to 'fix' problems."

Drinking and driving—are you willing to pay the price?

by Liz Greeley

Sulfur smoke drifted around 1st. Lt. Joe Allen's feet as he stood in line trying to remember why he was here. And were was *here?*

Before long a man came down the line; he seemed to be checking names and histories. Soon it was Joe's turn.

"1st. Lt. Joseph A. Allen, U.S. Army, right? You can call me Harv, Joe."

"What am I doing here, and what's going on?" Joe asked anxiously.

Harv put his clipboard on his hip. "You mean you don't remember a thing about the car accident, Joe? You really should watch that drinking and driving, by the way. It'll get you in trouble every time. As far as *where* you are—you're in Hell, Joe."

"Hell?!!!"

Harv cracked his gum once and said, "You know, nine out of 10 people who come through here are surprised, just like you. Of course, *some* of them expect it. But most are surprised, even shocked.

"Well, I've got other people to check in..."

"Wait! Please, tell me why I'm here," Joe begged.

"Well...okay. I kind of like you, Joe, so I'll answer your questions.

"You went to the Christmas party at the BOQ and had a little too much to drink. Actually, you had a lot too much to drink. Then you tried to drive home to Larkspur, but you crashed on the Golden Gate Bridge. You died instantly. But that's not why you're here."

"Why am I here, then?"

please see page 3

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Drinking and driving continued from page 2

"You were too drunk to remember, huh? You crashed into another car head-on—the Williams family car." Harv said, looking at his watch.

Joe swallowed hard. His voice was husky as he asked, "What happened to the Williams family?" He wasn't at all sure he wanted to know, but he did know he *had* to find out.

"They were killed—all of them. Irving, his wife, Emily, 11-year-old Crissy and 3-year-old Irving Jr. burned to death, trapped inside their car. That's why you're here," Harv said.

Joe was crying in agony. Harv started to walk away, but Joe caught his sleeve.

"Wait...so now I burn in Hell throughout eternity, is that it?"

"Nah, that burning stuff went out centuries ago, but you are guilty of four murders if you don't count yourself.

"Let's see...according to your disposition form, you've been sentenced to relive the car crash throughout eternity. Only this time you'll remember the crash in detail.

"Each time you'll see your car swerve into oncoming traffic, and you'll see the Williams' faces just before the crash. Then you'll see the car burn and the family try to get out of the doors...but they're jammed shut. Then the flames engulf the car. You'll even hear their screams.

"The soul in eternal torment, as promised," Harv said, looking down at his clipboard, checking off boxes.

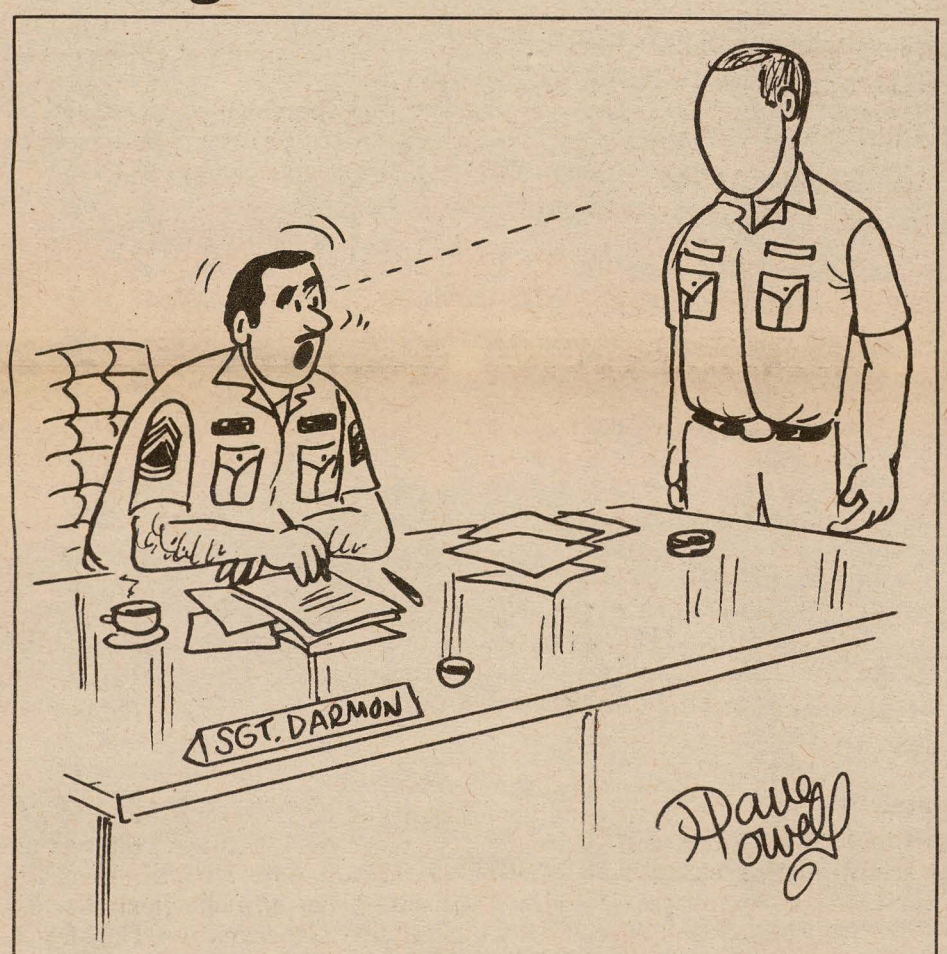
Joe sank to his knees, weeping.

"But I didn't know I was too drunk to drive! I sure never thought anyone else would be hurt," Joe wailed.

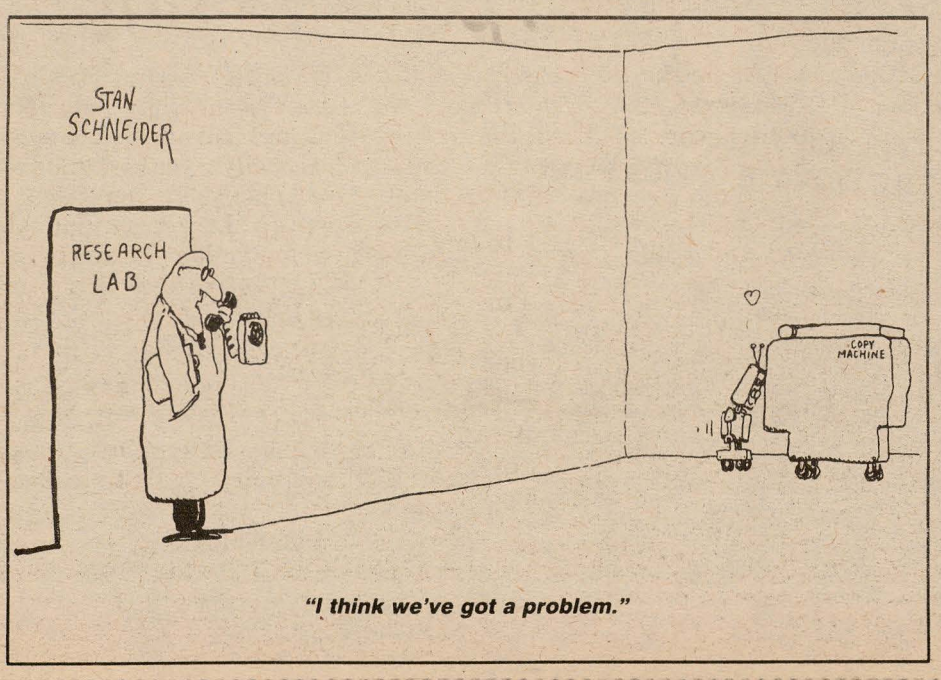
"Yeah. Funny thing about that—no one ever does," Harv murmured as he walked farther down the line.

(All characters depicted are fictitious and are not intended to resemble people at the Presidio of San Francisco or elsewhere. This editorial is a reminder that National Drunk and Drugged Driving Awareness Week is Dec. 15 through 21.)

The Lighter Side



"I know I said I didn't want to see your face in here again today, Smith, but. . ."



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Admitted to United States Court of Military Appeals (1958), U.S. Supreme Court (1958), New York Bar, California Bar, Washington, D.C. Bar. J.A.G. Officer, active & reserve; service in U.S. Army, U.S. Navy & U.S. Air Force, U.S. and Korea; Municipal Court Judge Pro Tem, San Francisco; Legal Advisor, State of California Office of Emergency Services, Assistant District Attorney (prosecutor); won landmark decision in murder case before Supreme Court of California (People vs. Ray, 1975).

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November 4, 1985

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And this plan is offered by people you can trust. Children's Hospital has been serving the San Francisco area for 110 years. If you grew up here, you've known about us all your life. If you're new to the area, just ask a friend about us.

For a complete benefits description please refer to the Plan's Brochure (CG 73-200) and the FEHB 1986 Enrollment Information Guide.

If you wish to enroll in the Children's Hospital Plan, get an enrollment form from your payroll or personnel office, and be sure to copy correctly the type of enrollment you want: Self only enrollment code is **B-R-1**; Self and family enrollment code is **B-R-2.**

Please call us if you have any questions or if you have not received the FEHB Brochure for Children's Hospital Health Plan. Telephone **(415) 750-6302.**

Sincerely,

Ben Hunter

Marketing Director
THE PRIVATE OFFICE PLAN

HURRY! DEADLINE ENDS! CALL NOW!

Features

Want a bonus or overseas assignment?

story and photo by Debbie Campbell

To many, the Army is a way to gain valuable experience and pride in developing one's potential.

However, many soldiers never develop a sense of direction in the Army. They don't realize the options open to them, and then fall into a routine, just waiting for their time in the Army to end, according to SFC Orlando D. Jones, senior career counselor at the Reenlistment Center.

As the reenlistment NCO, Jones said one of his main goals is to help all soldiers understand their options and make plans for the future.

Jones, and his colleague, SFC Gerald J. Gallegos, who is also a career counselor, are "fired up" about the job, Jones said.

Presidio Reenlistment serves soldiers in areas from Los Angeles to as far east as El Paso, Texas.

"We encounter soldiers who go through an entire four-year enlistment without using the Army programs that can make their lives easier, like ACS and educational benefits," Jones said.

According to Jones, the Army is always making changes in the reenlistment program. Therefore, it's important for a soldier to become familiar with his or her options. Soldiers should seek career counseling at least 12 months prior to getting out.

"They may come to us six months before getting out and feel that the Army hasn't done much for them. The first thing we do then is try to overcome these obstacles, by preparing testimonials that may open new avenues.

"For instance, every time you went to the dentist for free, that's an incentive to stay in," Jones explained.

In many cases, soldiers don't know they can reclassify for other MOSs, or for assignments overseas. There are many ways to do this. One of the ways is through a program called the Bonus Extension And Retraining program (BEAR).

BEAR allows all soldiers E-6 and below who are currently in an average or balanced primary MOS to reclassify in 22 selected MOSs. By transferring to one of these shortage MOSs they can get bonuses of up to $20,000 as well as faster promotions, Jones said.

Another advantage is the airborne option, in which the soldier is guaranteed to enter airborne school.

"If we can fill the needs of the soldier and the soldier fills the Army's needs, it's ideal," Gallegos said.

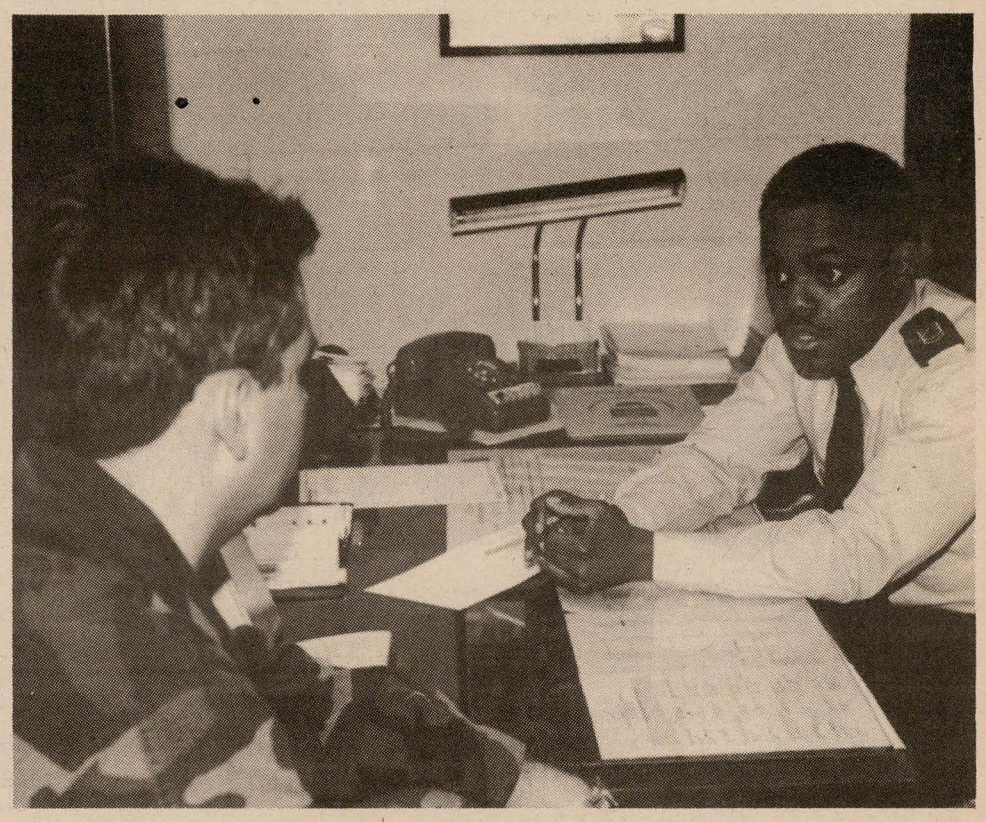
The reenlistment office has a computer called the Skill Alignment Module, which is linked to Retention Branch Headquarters, Department of the Army. It helps to fit a soldier's needs as well as those of the Army.

"After 48 hours it will tell us how the soldier can reenlist, in what MOS and where," Jones explained.

Jones and Gallegos work closely with the additional duty reenlistment NCOs who serve as advisors to each unit commander's reenlistment program. This way those NCOs can answer questions a soldier may come up with on the atest developments in the reenlistment program.

For soldiers who, after their term of service is over, decide to go back to the civilian job market, Jones and Gallegos give advice on how to make that transition easier. They can assist in filling out résumés and can give information on unemployment benefits, the Army Reserves and National Guard, and civil service tests.

For these two NCOs, "it doesn't stop at the time the soldier says he is getting out," Jones said.



SFC Orlando D. Jones, senior career counselor at the Reenlistment Center, explains career options to Sp4 Chuck R. Fowler, a saxophone player with the Sixth U.S. Army Band.

Two soldiers who reenlisted recently explained why they did it.

USAG accountable mail clerk Sgt. Catherine Parker said, "They gave me and offer I couldn't refuse. I take my hat off to the post reenlistment guys.

"I got a good assignment—I'm going to Holland. The Army has good things to offer."

Sgt. Gabriel J. Golliday, clarinet player, Sixth U.S. Army Band, has his own reasons for reenlisting.

"The Army is a good place for me to practice and get better. In the civilian world, I might be stuck working a part-time job so I would have enough time to practice.

"Actually, the Army is not a bad job. You get a chance to serve; it makes you proud when you wear the uniform."

Jones said he has noticed a higher quality of soldier in the Army today. "The emphasis is on quality search. There's an increase in a more professional type soldier," he said.

This is good news for the Army. The reenlistment office staff seems determined to keep up this high rate of reenlistment. They say they understand the importance of keeping a sense of continuity in the Army as well as a high level of quality. THis is what reenlistment is all about in their eyes.

Test your California, San Francisco knowledge

by Melvin D. Wong

The San Francisco Bay is among the world's great natural harbors. Nov. 2 marked the 216th anniversary of the bay's discovery in 1769. Yet, for more than 200 years, this magnificent bay eluded mariners as they sailed offshore.

Only 50 years after Columbus discovered the New World, a Spanish ship was already exploring the California coast in 1542. A later Spanish expedition in 1602 found, and charted, San Diego and Monterey Bay (present-day Fort Ord overlooks it). However, San Francisco Bay remained undiscovered.

Since Spain was occupied elsewhere in its vast empire, it was not until 167 years later that the Spanish colonized California (specifically San Diego) in 1769. A land party went searching northward until they climbed a ridge and observed a magnificent panorama. It described in written accounts as "a great arm of the sea, extending to the southeast farther than the eye could see." It was San Francisco Bay! This great harbor that had eluded discovery from sea finally had been sighted from land.

Meanwhile, the Spanish vanguard proceeded to the Presidio of today and to the tip of the San Francisco peninsula. They beheld a sweeping view of the Golden Gate entrance to the bay. The expedition's priest wrote, "it is a very large and fine harbor such that not only all the navy of our most Catholic Majesty but those of all Europe might seek shelter in it."

Now, let's test your knowledge of California and San Francisco history:

1. How did California get its name?

2. Spain occupied California to keep what other countries from claiming it?

3. Where was the first Spanish settlement in the area?

4. When Spain established the Presidio, what was happening on the other side of the continent?

5. What is a *presidio*?

6. What was the original Spanish name for San Francisco?

7. Who is the patron saint of San Francisco?

8. The Spanish named Alcatraz Island for what bird?

(The answers are listed below, upside down.)

Answers:

1. When Spain began exploring the Pacific coast, legend had it that a lush island rich with gold and pearls existed northwest of Mexico. It was said to be inhabited by Amazons ruled by beautiful Queen Calafia (hence the name California for this mythical island).

2. Russia and Britain were exploring Alaska. British buccaneers such as the famous Sir Francis Drake were raiding Spanish ships in the Pacific.

3. The first Spanish settlement was established near the present Officers' Club on Sept. 17, 1776.

4. The 13 American colonies had declared their independence. The Continental Army, under command of Gen. George Washington, was then engaged in battle with the British for control of New York City.

5. *Presidio* is derived from the Latin word *praesidium*, meaning a garrison or a fortified camp.

6. *Yerba Buena* (good herb) was the settlement's name until 1847, when the first American military governor changed it to San Francisco.

7. St. Francis of Assisi.

8. When the Spanish arrived, pelicans swarmed over this island.

News Features

Even mild flu can be lethal

It starts with a mild headache, followed by a runny nose, fever, aches, pains and general malaise. You've probably got the flu, but that should be confirmed by medical authorities.

In general, the recommended treatment is bed rest, plenty of fluids and a mild pain reliever. Some flu victims need more treatment, others need less. Flu usually runs its course in a week.

October through April is flu season, according to Lt. Cmdr. (Dr.) Joel Rosenstock, assistant professor of preventive medicine and biometrics and assistant professor of medicine at the Uniformed Services University of the Health Sciences.

Fortunately, this year's flu season is expected to be mild, because the same strains of flu that were here last year (A-Philippines, A-Chile and B-USSR) are expected to return. That means a lot of people have built up some immunity. But it doesn't mean you don't have to be vaccinated; vaccine protection wears off during the year.

Although a case of the flu is generally not worrisome to people from 22 to 30, Rosenstock points out that senior enlisted and officer personnel should be aware of serious complications associated with the flu.

"A major complication is primary viral pneumonia," said Rosenstock. "The flu invades the lungs and causes pneumonia. Ten to 30 percent of those who contract pneumonia will die."

An older person with the flu is in a weakened state and open to a "super infection," a situation in which bacteria invades the lungs, resulting in bacterial pneumonia.

With bacterial pneumonia, the flu sufferer has the common symptoms associated with the flu. The sufferer then begins to feel better for a couple of days. "When the second infection sets in," cautioned Rosenstock, "it will be accompanied by fever, chills, shaking and a cough. If the bacterial pneumonia is not diagnosed and treated, the pneumonia could be fatal."

Rosenstock also cautioned that in some cases the flu can "tip people over the edge" who are suffering from pulmonary diseases such as bronchitis or asthma. "The flu further complicates these conditions and may result in serious problems and even death," said Rosenstock.

"Avoiding the flu is the best treatment possible," said Rosenstock. That means getting a flu shot. There are four high risk groups of people who should be sure to receive flu immunizations. The first is anyone with a chronic heart or lung disease and anyone in a chronic care facility like a nursing home.

The second category is health care professionals, followed by those more than 65 years of age. Fourth is those persons less than 65 with milder pulmonary problems.

People who are allergic to eggs should avoid the flu vaccine.

Rosenstock said flu is one of the rare viral diseases for which there is medicinal treatment, but one that is seldom used.

The drug Amantadine is helpful, provided the sufferer is seen by a physician during the first one to three days of the onset of the flu. "The drug helps reduce the symptoms of the flu by about 50 percent, and it lasts a shorter time," said Rosenstock. The drug is given mostly to those who don't have the flu to help prevent its spread in possible epidemic situations. But it has side effects ranging from shaking to dizziness to insomnia.

No aspirin for kids!

"Aspirin should not be given to children or teen-agers when they have flu-like symptoms," stressed Lt. Cmdr. (Dr.) Joel Rosenstock.

"There is a possible association between aspirin and Reye's syndrome—a potentially fatal illness that leads to a sudden deterioration of the brain and liver."

Reye's syndrome can affect people up to age 20, but Rosenstock pointed out it occurs mainly in children under 12. "Reye's syndrome brings about neurological changes," said Rosenstock. "The symptoms are dizziness and protracted vomiting." Mothers should be cautioned that an episode of intractable vomiting after the onset of flu is reason to seek a doctor's care, said Rosenstock. There is no real treatment for Reye's syndrome, and 10 to 15 percent of the victims die.

Acetaminophen (brand names: Tylenol, Liquiprin, Tempra and Datril) is generally considered safe for children as a fever control, advised Rosenstock. Acetaminophen has not been linked to Reye's syndrome.

American Forces Press Service

Soldiers to wear computerized dog tags by 1987

by Tom Joyce

Fans of the television series *M*A*S*H* no doubt remember the efficient company clerk Cpl. Radar O'Reilly. "Radar" was the GI's dream: He knew where to find everything, how much money Uncle Sam owed everyone, when people were due to rotate and when they received their last tetanus shot.

In today's world of specialization, clerks usually don't have access to all the information "Radar" did. Finance people have the finance records, personnel folks have the personnel records and medical people have the medical records.

Wouldn't it be easier if soldiers carried all their personal files with them? That was the challenge presented to the Soldier Support Division of the U.S. Army's Combat Development Directorate, Fort Benjamin Harrison, Ind.

After years of research, officials at the directorate believe the new soldier data tag—a computer chip sandwiched between two metal dog tags—will enable soldiers to carry detailed personal information with them.

Chris Occhialini, systems manager for the soldier data tag, said the computer chip was the directorate's overwhelming choice for information storage because it is more durable and its data can be erased and updated. Laser cards and magnetic strips were considered, but magnetic strips could be erased by magnets and laser cards were susceptible to scratching. The chip being considered is about one-quarter inch square and has a 64K memory (about 15 pages of single-spaced typewritten information). Each chip is expected to cost about $30.

Preparing to deploy to a war zone is organized confusion at best. Before departing for overseas, checks must be made on each soldier. Does the soldier have a will? All the necessary shots? A medical profile? Is he or she qualified? How many more years of service does he or she have?

Today, everyone awaiting deployment lines up and has his or her paperwork processed manually by finance, personnel, medical and other representatives.

With the soldier data tag the computer chip would be handed over and placed into a reader. In 30 seconds or so, all needed information would be available.

A February 1983 test showed how efficient the soldier data tag could be to manifest troops boarding aircraft for deployment. The Air Force requires a written list of troops boarding airplanes before deploying. Presently, this information is compiled on paper and changes must be sent back to administrative personnel for retyping.

During the test, soldiers boarding the aircraft handed over their computer chips, which were read into portable computers. Within minutes, a complete, accurate listing was given to the aircraft commander.

The technology behind the soldier data tag and its associated equipment is impressive. Basically, the Army is studying ways to provide the portable computers at low command levels that are linked with larger computers at higher levels. For example, during conflicts, soldier casualty information could be passed on to higher headquarters directly from the field. Not only would a casualty be identified, but higher headquarters would also be able to identify the soldier's specialty and begin looking for a replacement immediately.

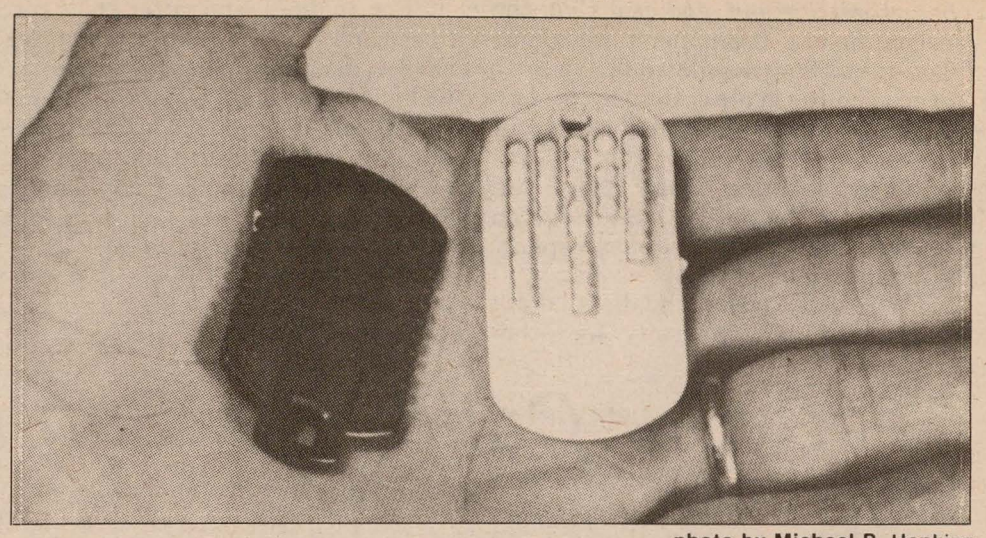


photo by Michael R. Hankins

The soldier data tag of the future is a computer chip sandwiched in plastic between two metal dog tags.

Occhialini said different types of information would normally be accessed through a password known only to the wearer. That means finance people couldn't access routine medical information and the medics wouldn't have access to personnel information. There would be open access to emergency medical information.

Occhialini said users wouldn't be able to keep all the information on the chip when deployed to hostile areas. In that case, "we can also erase sensitive information and load it onto computers in a safe area," he said. The only things that would remain are medical and Geneva Convention information.

The tag is not intended to replace paperwork totally. "We want to build in redundancy," Occhialini said. "We want to distribute the data base and to reduce the administrative burden through automation."

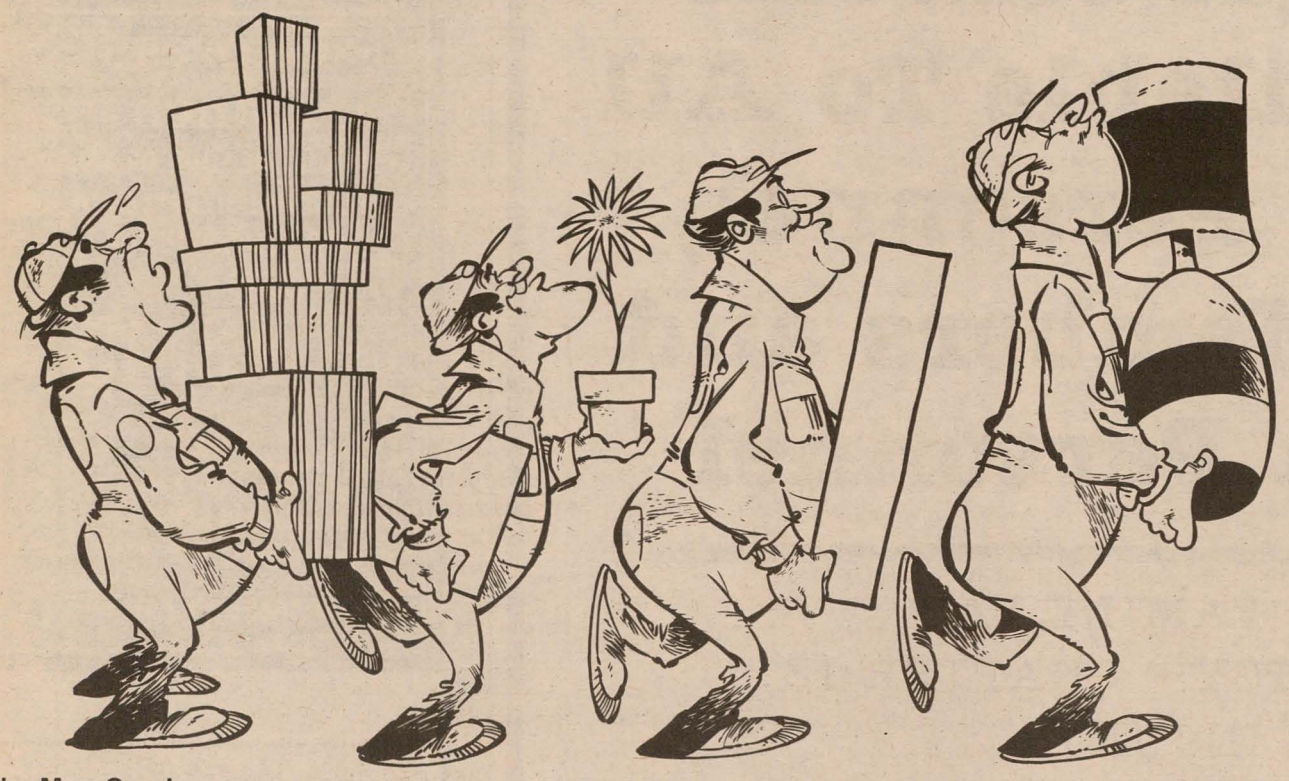
Occhialini said the tag was designed "to provide timely and accurate information concerning the soldier when it was needed without having to rely on paper alone."

The concept of a soldier data tag has been approved, and funding has been appropriated. More application and durability tests are scheduled. Occhialini said procurement for Army and Army National Guard soldiers should begin in late 1987.

American Forces Press Service

News Feature

Claims: 'Honest...the movers broke the lamp!'



by Mae Combong

Congress has enacted a number of laws giving private individuals the right to file claims against the United States. This article will briefly outline the types of claims that are of particular interest to soldiers. The discussion of these claims is general in nature and is designed only to acquaint you with the general provisions.

Personal property claims

The most common type of claim by soldiers is the type authorized by the Military Personnel and Civilian Employees' Claims Act. This act, as implemented by Army Regulation (AR) 27-29, provides that military personnel and civilian employees may be paid up to $25,000 for any loss or damages to their personal property incident to their service.

This maximum is raised to $40,000 for loss or damages resulting from acts of violence directed against the individual while stationed in a foreign country or from an authorized evacuation of personnel from a foreign country.

AR 27-20 applies where household goods, hold baggage or other personal property is damaged or lost while being shipped to your new duty station, or where your personal property is damaged by or destroyed by fire, flood, hurricane, vandalism or other unusual occurrence while located in government quarters, or where the authorized property is stolen incident to service.

Note: unusual occurence does not include hit-and-run accidents and other collisions.

Limitations

There are certain limitations to a personal property claim:

- A claim must be filed in writing within two years from the date it accrues. A claim accrues at the time of the incident causing the loss or damage, or at such time as the loss or damage is, or should have been, discovered by the claimant through the exercise of due diligence.
- For each loss or damage, there are limits on the maximum amounts payable for many categories of property. For example, compensation for china and crystal is limited to the maximum payment of $2,500 for each category for a claim. Objects of art and tools may not exceed $1,500 per category per claim, maximum payment for rugs is limited to $3,000 per claim, compensation for antiques (other than furniture) may not exceed $4,000 per claim, antique furniture is limited to $3,000 per claim, and there are many other limitations.

By the way, according to the U.S. Customs, antiques must be at least 100 years old.

- Loss of money in any amount during shipment or storage with baggage or household goods is not payable.
- Payment is not allowed for consequential damages or other types of loss or incidental expenses such as loss of use, interest, carrying charges, lodging or food costs while awaiting arrival or shipment, attorney fees, telephone calls, inconvenience or insurance premium costs.

This list is not all-inclusive. You should consult Chapter 11, AR 27-20, for a complete listing.

Commercial insurance

If you have valuable property which exceeds the limitations set forth in AR 27-20, or if you are unsure, it would be wise to buy commercial insurance in order to protect yourself and your family from serious loss if your property is damaged or destroyed in any manner already mentioned.

You can also obtain additional coverage under the Army claims system by declaring an excess valuation of your household goods through your point of origin Transportation Office.

Such a valuation will raise the $25,000 limit by the amount of the valuation and will lift the specific limits on certain categories of high-value goods. The charge for this coverage is 50 cents for each $100 valuation. This additional coverage is with the carrier who is assigned by the Transportation Office to handle your shipment.

If a loss arises from your shipment of household goods, you must notify the carrier within 45 days of delivery through the Naval Supply Center in Oakland or your Claims Office. Otherwise, your claim may be reduced by the amount the government was precluded from recovering against the carrier if you fail to furnish timely notice of loss to the carrier.

If your loss arises from shipment of your privately owned vehicle (POV), a DD Form 788 must be completed and verified by the inspector at the time the vehicle is picked up at your destination.

Theft claims

Further limitations on payment of theft losses are imposed in addition to those already mentioned. For example, compensation for money generally will be limited to $100, unless exceptional circumstances exist to justify a larger payment.

If you have a large sum of money that must be kept for some reason, it should be deposited in a bank or, for emergency storage, in a company safe when a banking facility is not open.

Generally, no payment will be made for a claim filed for the theft of a CB radio or tape deck stolen from the passenger compartment of a vehicle unless it was permanently installed. If payment is made, it is limited to $500 a claim.

You are expected to provide adequate safeguards and protection for your property at all times. Any loss attributable to your own negligence or that of your family member or authorized agent will not be payable.

For example, if you or your spouse goes to the commissary while leaving your quarters unlocked, and, while you are gone, a thief enters the quarters and steals your valuables, a claim would not be payable because you did not safeguard your property by locking the quarters before leaving. The government will not compensate people for carelessness.

Property damage claims (POV)

Certain types of claims occasionally will be applicable to soldiers. AR 27-20 implements federal statutes which provide for claims resulting from negligent acts by a government agent or employee acting within the scope of their employment, or as a result of noncombat activities of the military forces.

Nonmilitary personnel may submit claims for personal injury based on the same causes. For example, if a soldier negligently operates an Army vehicle and causes damage to your privately owned vehicle, you are authorized to recover the amount of your damages from the government.

By the same token, if your property is damaged because of maneuvers or other noncombat activity peculiar to military service, compensation may be paid under the same regulation. AR 27-20 provides the same protection against such losses due to National Guard activities.

Medical care recovery claims

Another aspect of claims is the area of medical care claims. The Federal Medical Care Recovery Act sets up procedures for the assertion and collection of claims in favor of the United States for the reasonable value of medical services furnished by or at the expense of the Army.

For example, assume a soldier or a family member is in a motor vehicle accident with John Doe caused by John Doe's negligence. The soldier or family member is hospitalized and most, if not all, medical expenses are paid by the U.S. Army.

The Federal Medical Care Recovery Act allows the Army to assert a claim against John Doe to recover the cost of the soldier or family member's medical care. The usual source of recovery is from the insurance company of the person causing the accident.

If Doe is an uninsured motorist, recovery may be sought from the injured soldier's insurance company. No medical care claim is asserted against the soldier or his or her family member unless he or she was guilty of gross negligence or willful misconduct.

Other claims

There are other types of claims and claims procedures which often can become complicated. For advice or assistance, you should contact the Claims Branch, Office of the Staff Judge Advocate.

For personal property or property damage claims, call 561-2925. For vehicle accident claims or medical care recovery claims, call 561-2588.

A reminder

One thing you should remember: the government is not an absolute insurer and the claims regulations are not meant to provide total coverage. The claims regulations should not be relied on as substitute for insurance in view of the limitations on the types of losses covered and on the amount payable for many categories of property.

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Community Calendar

Commissary closure

The commissary will be closed on Christmas Day, Dec. 25, and on New Year's Day, Jan. 1, 1986.

Holiday safety

During the holidays, the fire department would like to remind everyone to increase your awareness about fire safety. Below are certain points to remember:

- Test your Christmas tree lights before putting them on the tree. Make certain that the wiring is U/L listed and not frayed. Never leave your quarters with the tree lights on.
- Keep extension cords to a minimum.
- Use candles in a safe manner, never leaving them unattended.
- Check your smoke detector to make sure that it operates properly by pushing the test button.
- Take care not to store material of any kind near the furnace or water heater.
- Do not smoke when in bed or when drowsy. Empty your ashtrays at least one hour after using them, either into the toilet or a closed container which is non-combustible. All cushions in chairs or couches should be checked before retiring for the evening. Keep your cigarette lighters and matches away from the children.
- Don't overload the fireplace or leave it unattended. If you have to leave your quarters, have a neighbor check on its condition. Dump ashes into the garbage can or use them as an additive for the flower bed. Do not burn the Christmas tree in the fireplace after the holidays—the tree is extremely flammable when dry and would literally become a torch with explosive potential.

Think of the above pointers in order to enjoy a safe holiday.

Children's Christmas party

Youth Activities and the Presidio Girl Scouts will be sponsoring a Christmas party for children ages 4 through 12 on Dec. 21 at 3:30 p.m. The party will be held at the Religious Activities Center. A visit from Santa Claus is planned, and cartoons, Christmas caroling and treats will be provided.

So come join the party and celebrate Christmas with all your friends. If you care to bring a can of food for the Presidio food baskets, it would be appreciated.

photo courtesy ITT Office

Join the circus!

If you would like to watch the Pickle Family Circus Holiday Show, the ITT Office has discount tickets for Dec. 21 at 2 p.m. Discount tickets for adults are $8.50 and $3.75 for children. For more information, call ITT at 561-3992.

Recycling

Recycling for December will be held tomorrow. Quarters residents are reminded to have newspapers and all-aluminum cans ready for pickup from 10 a.m. to 2 p.m.

If it rains, recycling will not be held. However, cans and newspapers may be dropped off at the recycling point, next to bldg. 661, at any time.

Youth basketball

Basketball sign-ups are still needed for all Youth Activities basketball teams. This year teams are forming for children in grades 4 through 12. The registration fee is $12.50. Sign up at bldg. 567 or give Youth Activities a call at 561-5143. Please let all your friends know about the 1986 Youth Activities basketball season.

Ballet classes

Registration will be held this month for 1986 classes.

You may register at the Fort Scott ballet studio on Mondays, Tuesdays, Thursdays and Fridays between 5 and 6 p.m.

Please call Helen Piernik between noon and 2 p.m. at 994-0680 for more information.

Cable car Christmas caroling

Don a warm coat and hat and join your friends in Christmas caroling on a cable car going through the Presidio community Dec. 18 at 7 p.m. The cable cars will be boarded in the Religious Activities Center (RAC), bldg. 682, parking lot.

Reservations are necessary and can be made by calling the RAC at 561-3535.

Refreshments will be served after caroling!

Chapel worship schedule

Protestant

Post Chapel—9 a.m. and 11 a.m. on Sundays; children's church at 11 a.m. service.

Fort Baker Chapel—9 a.m. on Sundays.

Fort Scott Chapel—11 a.m. on Sundays.

Catholic

Chapel of our Lady—9 a.m. and 11 a.m. on Sundays; 5 p.m. on Saturdays; and 11:35 a.m. on weekdays.

Fort Scott Chapel—12:30 p.m. on Sundays.

Jewish

LAMC Chapel—bldg. 1100, Room 106, 4:30 p.m. on Fridays.

New external degree

The University of the State of New York now offers an Associate in Science Degree in Business. This is exciting news for soldiers who want a fully accredited two-year degree in business but require flexibility in meeting requirements.

What makes this program different?

- No residency requirement. It is not necessary to take any courses in New York.
- Liberal credit acceptance. Classroom or correspondence courses from accredited colleges, exam programs such as CLEP and DANTES, FAA certificates, service schools and MOS credit can be used.
- Reasonable cost. The fee for evaluating all credit sources is $225. If degree requirements are met within one year, the only additional fee is $60 for graduation.

To find out more about this new opportunity, see your educational counselor at Fort Scott, bldg. 1216, or LAMC, bldg. 1007.

At the movies

Presidio Theater

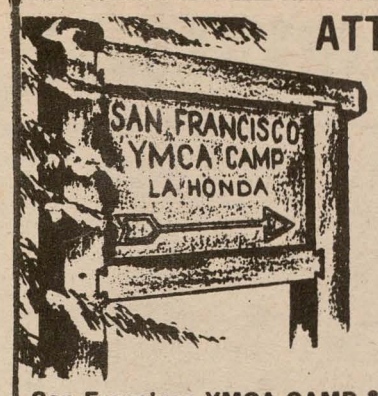
Fri,	Dec. 6	Silver Bullet (R)	7 p.m.
Sat,	Dec. 7	To Live and Die in L.A. (R)	7 p.m.
Sun,	Dec. 8	To Live and Die in L.A. (R)	7 p.m.
Mon,	Dec. 9	To Live and Die in L.A. (R)	7 p.m.
Tue,	Dec. 10	Better Off Dead (PG)	7 p.m.
Wed,	Dec. 11	Friday the 13th Part V (R)	7 p.m.
Thu,	Dec. 12	Rambo Part II (R)	7 p.m.

Schwartz Theater

Mon,	Dec. 9	Silver Bullet (R)	7 p.m.
Wed,	Dec. 12	To Live and Die in L.A. (R)	7 p.m.
Thu,	Dec. 12	Better Off Dead (PG)	7 p.m.

Hamilton Theater

Fri,	Dec. 6	Secret Admirer (R)	7 p.m.
Sat,	Dec. 7	Throw Out the Anchor (G)	p.m.
Sat,	Dec. 7	D.A.R.Y.L. (PG)	7 p.m.
Wed,	Dec. 11	The Coca-Cola Kid (R)	7 p.m.
Thu,	Dec. 12	Children of the Corn (R)	7 p.m.



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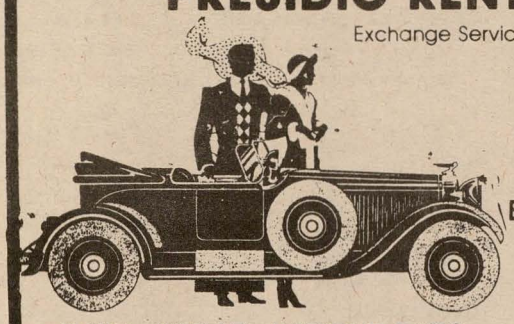

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Sports

Shooting match

Presidio soldiers who have a keen eye and a steady aim should set their sights on the post's annual marksmanship competition that's scheduled for next month.

Set for the ranges at Fort Scott and Parks Reserve Forces Training Area (RFTA), the competition will see active duty Presidians compete for trophies and commander's cup points plus a possible shot (no pun intended) at being selected for the All-Army marksmanship team.

George Munro is the project officer for the competition this year.

"We're better organized all around this year in the competition," Munro said. "And we're hoping to see one of our Presidio soldiers go on to All-Army."

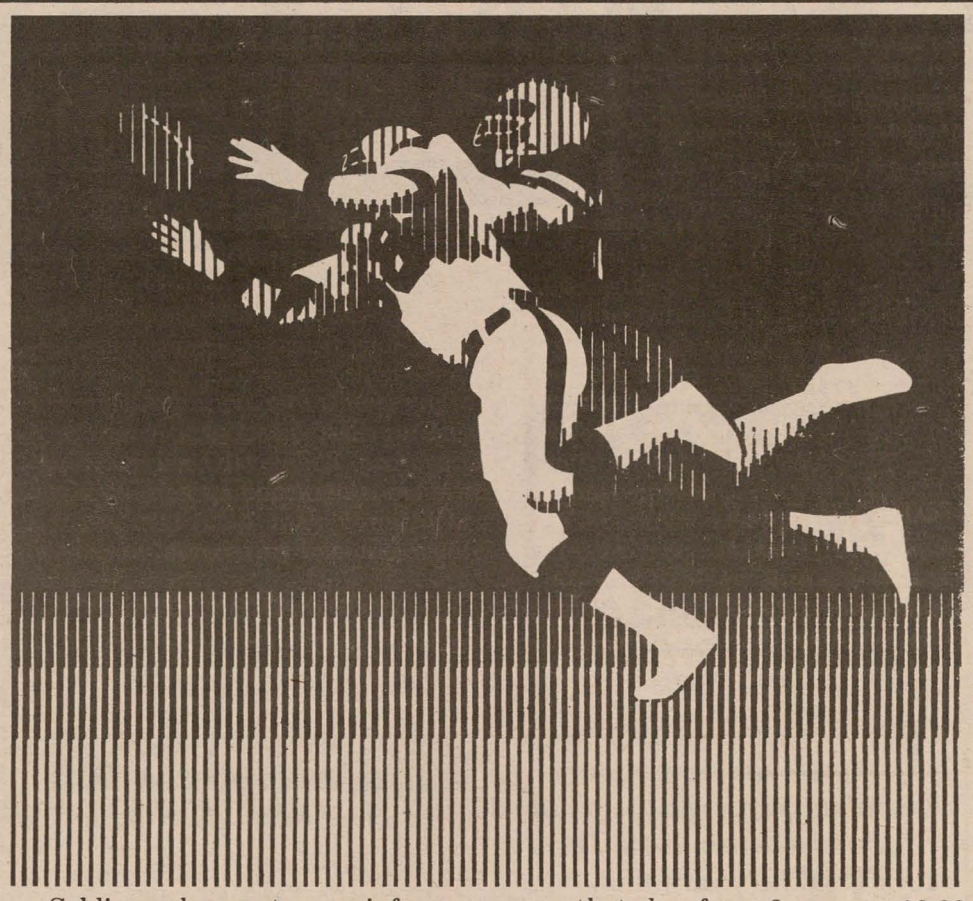
Munro said soldiers can enter and shoot in both the M-16 event (Jan. 21 through 24) and the .45 caliber pistol event (Jan. 27 through 30).

For competitors and unit coaches, the Army Marksmanship Training Unit No. 6, from Fort Ord, Calif., will be in town to help soldiers ready themselves for the competition, Munro said.

The unit coaches can attend meetings Tuesday through Dec. 12, and soldiers entered in the match can attend their clinic Jan. 8 through 10.

Munro said pistol shooters can use the indoor pistol range, located in bldg. 1396 at Fort Scott, Monday and Wednesday evenings to practice.

For the M-16 shooter, the clinic and prescheduled range trips with their units to the outdoor ranges at Parks RFTA are the best training from now until the competition.



Soldiers who want more information about the matches can call Munro at 561-3838 or Michael J. Burcham at 561-3781.

Gym closure

Gym No. 1, bldg. 63, will be used for testing candidates for the U.S. Air Force Academy on Dec. 15.

The basketball court and exercise room will be closed from 9 a.m. to 12:30 p.m. They will reopen when the test is over. All other sections of the gym will be open as usual.

Gym No. 2, bldg. 1152, will be open that day from 9 a.m. to 12:30 p.m.

Women's basketball

The Presidio women's team ventured north to play McClellan Air Force Base.

They started off well with fine shooting by Raven Brown and Tracy McCray. This enabled them to lead at halftime by a score of 35-18.

In the second half, McClellan rallied to tie the score and force an overtime period. The Presidio continued to miss numerous shots and scored only 3 points to McClellan's 9 points.

McClellan earned the victory by a score of 66-60. The Presidio's high scorers were McCray and Brown with 20 points each.

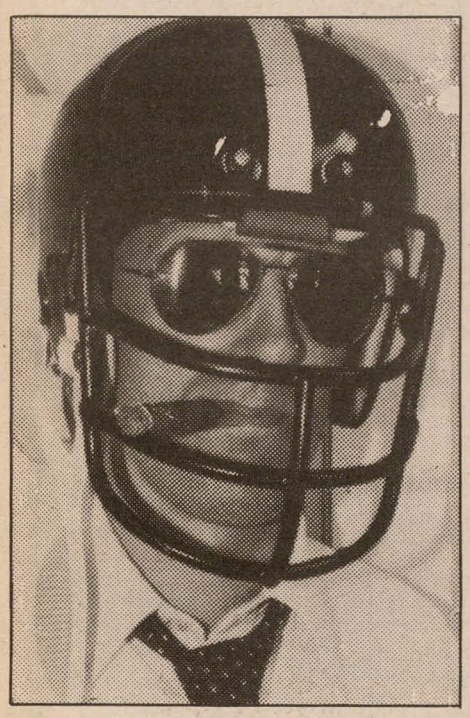
Characteristics of a good running shoe

There are more bones in the human foot than in any other single part of the body. That's one reason why bad running shoes are bad news—poorly fitted, cheaply made "bargain" shoes are no bargain at all. Below are some tips that will make both you and your feet feel better in the long run.

- Shop for shoes at the end of the day when your feet are swollen. Always ask to have your feet measured—a great shoe is no good if it doesn't fit!
- A high, rounded toe box (at least 1½ inches high) prevents blackened "runner's toe."
- A well-molded Achilles pad at the heel prevents irritation of the Achilles tendon. Make sure the pad is high enough—a short pad will cut into your heel.
- A firm heel counter provides hindfoot stability.
- A soft, raised heel wedge absorbs the impact at heel strike. Beveled or rounded heels help you to get a quick roll-off.
- A flexible midsole helps prevent Achilles tendon problems. A studded sole absorbs shock and provides traction.

American Forces Press Service

Jimmy the Freak



How about dem 'Niners? Just about when everyone was crying over their grave, the Red and Gold began to play some *football!* Although Joe Montana has been playing about half as well as he did last year, that's still a tad better than most quarterbacks in the NFL. Their defense has been their salvation. They have been hitting hard and often...Cap Weinberger should be so lucky. Now that Chicago has been shown to be human (or, at least, Neanderthal), look for the 'Niners to go all the way.

San Francisco 31
Los Aggravated Rams 13

Bet the mortgage and the kids' college fund on this one! The Rams are folding better than an accordion. The reason that they have dropped so many passes in the last several weeks is that they have been hearing the footsteps of the 49ers' secondary well in advance. With all the pounding that he's been taking recently, Dieter Brock has lost three inches off his listed height...he's now 5 feet 2 inches tall and going...going....

Denver 27
Loathe Angeles Raiders 17

Al Davis' darlings may have to play this game under blizzard conditions. I guess Howie Long can whine about the fact that he had to wear long underwear and it gave the offensive line something else to hold onto. If you see something that's gray and black and greasy in the snowbank, pull Al Davis out and give him something warm to drink, okay?

Chicago 56
Indialobotomy Colts 14

Everything that could go wrong for a game *will* go wrong for the poor Colts in this one. The Bears will be playing in a semiberserk manner after their loss to Miami. They will be playing in that meat freezer they call Soldiers' Field. And the Colts have been giving the word "inept" a whole new meaning. The Army should name their new tank the "Irsey," since the Colts' owner is usually in one.

Minnesota 27
Tampa Bay 10

What is the NFL schedule-maker smoking these days?!! He's had a Florida-based team playing *in* Wisconsin and Minnesota in December! Maybe Eva Braun *did* have a child. Anyway, it's heartening to know that people, like me, after some professional help, can get meaningful jobs. And then there are those who own the teams.

Washington 28
Philadelphia 13

After blowing that lead in Minnesota last week, the Eagles will be flatter than a two-dollar retread. Jay Shroeder looks like the real thing at quarterback (didn't he use to play the piano for Lucy Van Pelt?) Although the 'Skins are going nowhere...the Eagles got there first.

Kansas City 10
Atlanta 9

The first annual Toilet Bowl game. This game will be so boring that it would make even a presidential spokesperson look dynamic. This game may set an attendance record—60,000 no-shows!

San Diego 41
Pittsburgh 24

The Steelers' defense is still better than the Chargers', but their offense is light years away in comparison. David Woodley is a good quarterback...third string, that is. Chuck Long of Iowa would look good in Pittsburgh...and he already has a gold-and-black uniform.

Upset of the Week
Cincinnati 29
Dallas 23

Boomer is due for a big game, and this is it! Danny White couldn't enjoy his turkey on Thanksgiving, since about this time every year he starts to choke at most big events...especially important football games.

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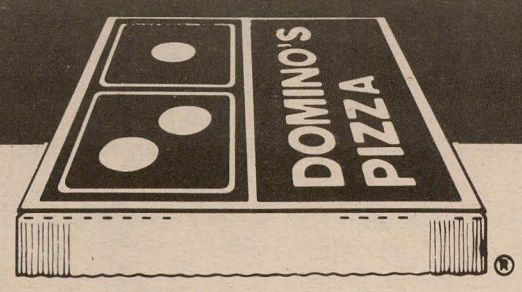

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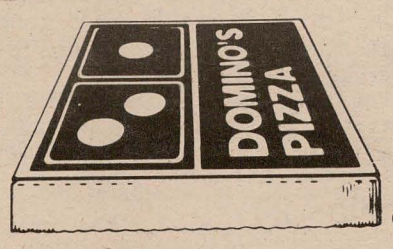

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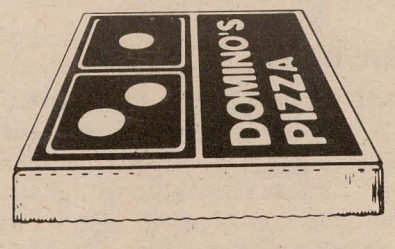

PSF Museum: what happens after the exhibit opening is over? **page 5**

DOIM: how and why USAISC reorganized, **page 5**

Religious Activities: what happens when Sunday is over, **page 6**

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Star Presidian

Vol. 28, No. 50 | "Published in the interest of the people of the Presidio of San Francisco." | December 13, 1985

News briefs

Christmas tree safety

According to Presidio fire officials, natural Christmas trees, owing to their flammability, should be used for only 15 days. Natural trees which are to be installed in a place of assembly (club, church, theater or dining room), should be treated with a flame retardant by an approved vendor.

Natural Christmas trees used in quarters should be kept from drying out by placing the tree in a stand which has a container full of water. If the tree is kept this way, it will be more resistant to fire. Keep in mind that the natural tree will still be volatile, and care is essential during its use.

Christmas decorations should be noncombustible. Lights and lighting sets for all trees, natural and man-made, should be in good operating condition. Christmas tree lighting should be turned off when unattended.

Contact the post fire inspector for further information at 561-4220.

ASVB/AFCT test

The ASVB/AFCT test for GT improvement will be given at Fort Scott Education Center on Dec. 19 at 7:45 p.m.

For more information,contact SSgt. Meddler at 561-6012.

'Presidian' takes time off

The *Star Presidian* will close down for the holidays after the Dec. 20 edition. Your newspaper will resume service beginning with the Jan. 10 edition.

Spring college classes

College of Marin and Indian Valley College begin spring semester classes on Jan. 20.

New students may register by phone, and calls are taken Monday through Friday, from 9 a.m. to 3 p.m. until Jan. 15, except Dec. 23 through Jan. 3.

For those who did not receive a schedule in the mail, the Fort Scott and LAMC Education Centers each have a reference class schedule copy.

LAMC family named Family of Year

Story and photos by Joseph A. Hirsch

The family of a staff sergeant assigned to Letterman Army Medical Center was chosen last month as the Presidio's Army Family of the Year.

Harold Botwright, who works in LAMC's Speech and Audio clinic, his wife, Edmee, and their children James, 12, Pamela, 10, and soon-to-be-adopted son Joseph, 2, were awarded the honor and given one year reign as the Presidio's top family during a late November ceremony at the NCO Club.

Currently residents of the MacArthur housing area, the Botwrights will now go on to compete for FORSCOM's Family of the Year. If they win at that level, the competition could carry the family to the title of being the top family in the Army.

"What's so great about this award and honor and the competition in general, is that it recognizes the efforts of the entire family, not just mine or my wife's work," said Harold Botwright.

Sitting comfortably in an easy chair in their home, Botwright said his family didn't have to study or take a test for the award. They simply "lived and functioned as we normally do; that's why it feels so good to be chosen for this," he said.

"We weren't aware that we won this [title] until about a week before the ceremony," Edmee said.

She is the president of the Presidio's Enlisted Spouses Club and just began work in LAMC's Bacteriology Clinic. She's also active with her church and teaches Sunday school to fourth graders.

The Botwrights were entered into the running for Family of the Year by a neighbor who nominated them.

On a two-page application, the person doing the nominating must spell out exactly why they feel the family should be chosen. The questions on the application ask the person to list the family's community service by all the members, the teamwork that shows family strength and the positive influences on the community, without steering away from the family responsibilities.

An individual's growth, encouraged and supported by the family, is listed as well, and must show that it helps the members live happy and productive lives.

It sounds like tough work in this day and age, but it's evident with the Botwrights that family teamwork plays a big role in their daily lives.

The nominations are compiled and go before a board of Presidio soldiers and civilians who work at different post staffs and directorates.

The board then bases their decision on the nominations and chooses the post family by voting.

Botwright said he and his family have lived on the Presidio, in the same set of quarters, for seven years. He said he feels as though the post has come a long way since he first settled down here.

"I've seen so many improvements in just the last year or so," he said. "It seems as though the agencies and directorates are more service-oriented. They want to make every effort to make life easier for for the soldier and his family," he said.

"Service oriented" is what the entire family might be called because of their work outside the home.

please see page 3

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Opinions

TAKE A BITE OUT OF CRIME

by Sheldon Stein

"Tis The Season To Be Jolly" and you can be assured some of us will become too jolly and wind up paying the ultimate price; the lives of our family or that of an innocent victim.

About 140 Americans will be killed today. Nearly 548 will be maimed or disfigured. Half of them because someone had too much to drink. In fact, the *Number One* killer of Americans is Americans, someone like you. Someone, who just this once, had too much wine, beer or mixed drinks. Someone who drank one more than they should have and got behind the wheel of a car. Either way, someone once alive is suddenly dead. An individual driving under the influence of alcohol is the greatest single threat we face.

Here are some facts that may startle you. Out of approximately 149 million drivers in America, 110 million are drinkers, resulting in approximately 25,000 deaths a year and billions of dollars in property damage, insurance costs and medical services. Additionally three-fourths of a million people will suffer serious injuries and over a million people will be arrested.

In California, if your blood alcohol level reaches .10 you are considered to be under the influence of alcohol and for those of us in the military, if your blood alcohol level reaches .05 you are considered impaired. Surveys show that when your blood alcohol level reaches .05, your chances of having an accident increase two times and when your blood alcohol reaches .10, it increases seven times, and when your blood alcohol reaches .15, your chances of having an accident increase 25 times.

Some myths surrounding alcohol and how to sober up, like taking a cold shower, black coffee, fresh air or exercise have no effect at all. So as the holiday season rapidly approaches us, here are some Do's and Don'ts:

- If you intend to drink, eat first.
- Drink slowly. Space out your drinks.
- Set a limit and stick to it.
- If you know you have had too much to drink, get someone else to drive or wait until you sober up.

The holiday season is the time for families to get together—a time of joy and happiness—a time to be thankful; so let's not make it a time of sorrow or guilt and always remember: don't drink and drive. Buckle up for safety!

The week of Dec. 15 through 21 has been designated as Drunk and Drugged Driving Awareness Week for the Presidio. The Military Police will have a booth set up in the main PX arcade and will have a breath analyzer on display and will be handing out pamphlets. Additionally, a representative from the California Highway Patrol will be there on the 16th, 18th and 20th to discuss drunken driving. Films, literature, displays and demonstrations by the Post ADAP Office will be available to the Presidio community.

Crime Report

- Ninety-two dollars was taken from an unsecured purse in bldg. 604.
- Nine hundred and fifty dollars was taken from bldg. 50.
- A bicycle was removed from bldg. 1801.
- A portable clock radio was taken from bldg. 917.
- Sixty dollars was taken from a room located in bldg. 1208.
- Three shoplifters were apprehended at the main exchange.
- There were two driving under the influence incidents.
- There were three traffic accidents.

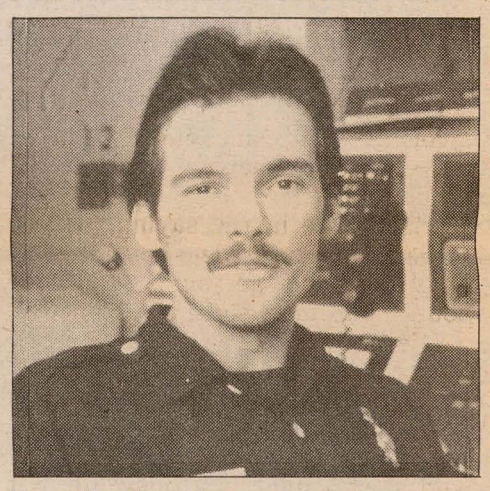
Ramblin' Sam

"How do you feel about the 'Rambo' movies?"

SFC Jay A. Kalbrener, first sergeant, Company G, Defense Language Institute-San Francisco: "I don't like them. I think it's senseless violence."

Sp4 Rosalyn D. Thomas, company clerk, Defense Language Institute-San Francisco: "I think they're exciting, but they're not realistic. Plus they're a bad influence on children."

Capt. Jeffery A. Terrill, adjutant, Defense Language Institute-San Francisco: "They're an emotional catharsis for the frustrations of a lot of people. Rambo lets people vent their frustrations with the political realities of the world."



Darrell A. Barr, driver/operator, Presidio Fire Department: "I like them. I realize it's a fantasy, but then again, it makes you wonder where those MIAs and POWs are. Is our government capable of getting them out or do we have to use a Rambo-type character?"

Dear Editor...

Dear Editor:

As Christmas approaches, I am once again filled with sweet memories of home. I can almost smell the pies my mother baked; hear my dad fussing at the old furnace that went on the blink only in the coldest weather. I can hear the snow crunching beneath my feet as I walked to school. "The crunch of life" my father called it. He explained that in the spring the snow would melt, preparing the fields to receive the farmer's seed.

I loved my father's simple appreciation of nature, of life. He could make even the snow seem less an obstacle and more of a friend. He said he always found what he was looking for, no matter where he looked. I am grateful that he taught me to do the same.

Christmas is also a time when I reflect on the values my parents tried to instill in me. Actually, discussions about values with my folks were usually quite brief.

The Golden Rule and some common sense were their answers to the problems and questions each of us face in life. They also stressed that a generous heart and a willingness to give of oneself to others would add the warmth to life that we all needed and wanted. I have not found it necessary to add much to their uncomplicated recipe for happiness. And it's at Christmas that I am particularly reminded of their ideas about sharing and about giving.

Christmas was a very special time at our house. There was a steady stream of friends and relatives coming to visit, good things to eat from my mother's kitchen, sleigh rides, and, of course, the anticipation of what Santa Claus would bring.

It was also a time for giving, and was not to be limited to just family. If in fact, if giving was to be considered important at all, it had to include sharing with those who had less than we did. Keeping the good fortunes of life—family, a home, enough to eat—to yourself, in my mother's view bordered on the sacriligious. She

please see page 3

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Family of the Year from page 1

Both Edmee and Harold volunteer their time on Sundays to the Religious Activities Center (RAC) and to the Catholic parish on post.

They feel strongly about the importance of religion in families' lives.

"A great thing about the RAC is that it gives the whole family a place to get away from it all," he said.

"There are activities for the kids and for the folks and it gives both a chance to take a break and do something new," he said.

Both of their older children, James and Pamela, work in the church and RAC on Sundays and for special activities.

Their father said the children enjoy the work because the staff at the RAC makes it enjoyable, besides getting a point across.

"The kids learn about responsibility and working with others, and it's important to them," he said. "They enjoy learning there because the staff and volunteers take a sensible approach."

Edmee said she feels becoming a part of the work force with the hospital and joining the Enlisted Spouses Club got her out of the four walls of her quarters and made her feel more like a part of the community.

"I think a lot of wives just don't know what there is to do on this post to make their lives better," she said.

"I don't feel like a dependent, but rather an equal member of our family. By getting out and seeing what our community is doing, I think I've got a voice when it comes time to getting things done or changed to better our family life.

"I believe in the saying, 'If you want to solve a problem you gotta get involved,' and getting out of the house and into some of these activities is a great way to start for any family," she said.

When asked how she felt about being an Army wife and taking on a full-time job at LAMC, Botwright said she thought it a busy life, but worth the effort when she looked at all the benefits.

"In the last year, I've become more involved with Family Life program, and it's done really wonderful things for families here," she said.

"For instance, with the Wives' Club we get together while the kids are in school, and we have time to talk and do things on our own.

"We're a group of women who don't want to stay inside and out of contact with the world outside, and it's great to have all the friends," she said.

She praises the Mayoral program on post too.

"It takes a lot of work to be a mayor and I see those women as very motivated about the position, not just acting a role," she said. "We're lucky to have the program, and you can see it working."

"There are many things for families to do on the Presidio," Harold said, but he added that getting away with just his wife is also a welcome opportunity.

"My wife and I are forever, and we plan our time together around all the other things we get involved in," he said. A trip to Hawaii and other excursions have dotted their married life together, but they both agree that family trips are always on their agenda.

"I get a very secure feeling here on the post," she said. "I've always encouraged [my husband] to stay in the Army because I think the benefits are good."

Their award netted many congratulations from people they never met before, Harold said. There's no doubt the family will spend a lot more time together using the many gift and dinner certificates that came with the honor.

Winning the post's Family of the Year award has brought the Botwrights closer. They've been recognized for their work, but it's apparent that closeness was already there.

Dear Editor from page 2

firmly believed that those who had should help those who had not. The monetary value of the gift was not important. Indeed, the gift need not be a material one. An offer of our time and energy to someone in need qualifed as being in keeping with the spirit of Christmas. Sincere intentions went a long way in my mother's eyes.

The feeling you got from giving wasn't something you could buy in a department store or order from a catalog. No one could give it to you and no one could take it away. Sharing what you had with someone was a truly lasting gift of yourself, she said.

Life has been good to me, and I've made it a tradition in my own family to reach out whenever I can. For me, Christmas has a special magic that makes giving especially rewarding. I usually try to provide a family with something often taken for granted by many of us: groceries. I have a soft spot for the elderly. I sometimes think that right after being hungry, feeling lonely and forgotten have got to be the coldest, most desolate feelings in the world. And too often, particularly in a big, impersonal city, bare cupboards and loneliness are our seniors' constant companions. So I count my many blessings and try to fill at least one cupboard; warm one heart. Well, two hearts. Mine, too, is warmed.

To anyone who is trying to capture the magic of Christmas, I urge you to reach out a generous, helping hand to someone whose blessings are not so plentiful as your own. You will not only gladden your neighbor's heart, but receive something not found under the tree: the true spirit of Christmas.

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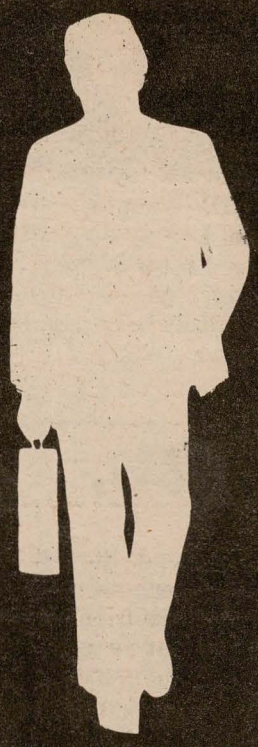

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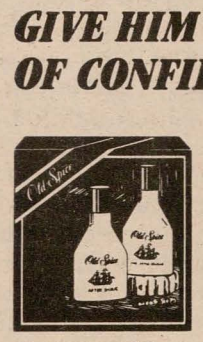

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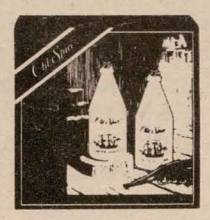

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Features

Take a look at how Presidio's museum works

Story and photo by Debbie Campbell

Behind the serene, quiet scenes of the Presidio Army Museum, there has been a lot of thought and hard work. The museum, fourth largest of the Army's 72 museums, but third in popularity, provides us with the stories behind decades of military history.

Each exhibit was well planned by the museum's small, yet enthusiastic staff. Eric Saul, museum director and curator, has worked at the museum since 1973. He said that because of the museum's age (it was built in July, 1863) it represents an important piece of the Army's past.

The building was originally used as a hospital and dispensary. Its last use before the museum opened was as a drug abuse clinic.

The first museum staff's idea was to get the building back to its original look which, according to Saul, took about two years of work.

Over 12 layers of tile and several layers of wallpaper were peeled off to reveal a hardwood floor and cream-colored walls.

Saul said thirty percent of his time now is spent just keeping the building in good condition.

There are three permanent members of the museum staff and three temporary workers. In addition, volunteers play an extremely important role in the maintenance of the museum, as well as the production of exhibits.

One support group, which is authorized by the Department of the Army, is the Fort Point and the Army Museum Association.

According to retired Army colonel Milton B. Halsey, executive director of the Army Museum Association, members give tours of the museum as well as financial support to help promote new projects.

In the past six years there have been close to 15 exhibits built at the museum. The museum houses "the largest collection of artifacts of military objects in the country, with a total worth of about $5 million," Saul said.

These figures reflect an enormous amount of work on the part of the staff. Saul said the majority of time is spent cataloging, cleaning, marking, storing, and entering on their computer, every item in the museum.

The materials on display make up only about five percent of the 20,000 artifacts in the museum's collection. There are hundreds of items stored in drawers as well as a library of 2,000 books and 20,000 photos. The oldest item is a 1,000-year-old skeleton of a Miwok Indian.

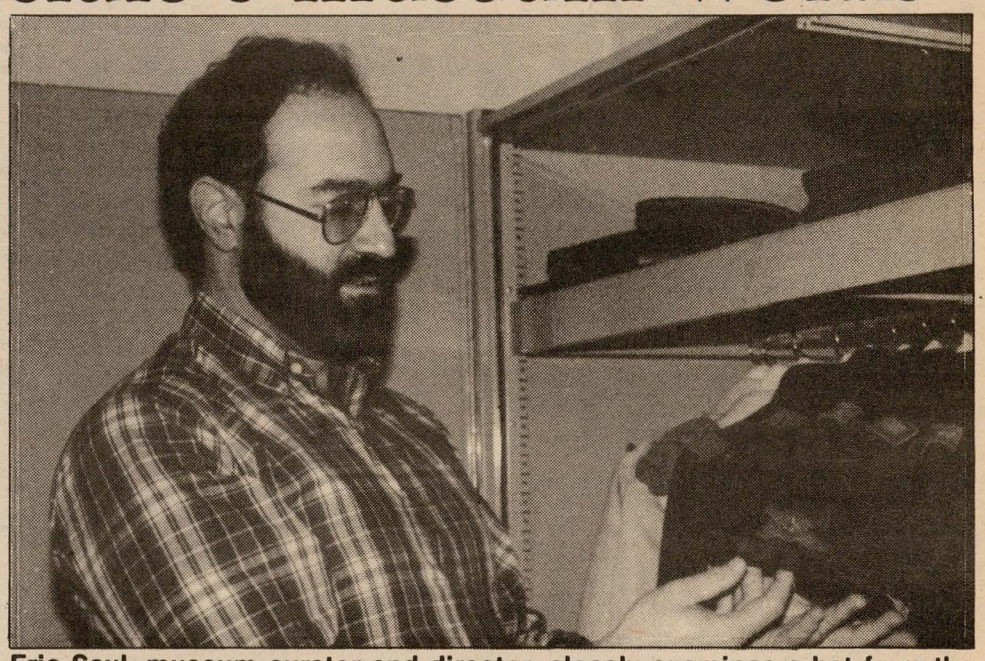
Atmospheric conditions in the museum are controlled by dehumidifiers and recorded on hydrothermographs. Special acid-free pads protect old clothing from rotting. Saul said he also makes sure that no old uniforms are displayed for more than two years, because they fade in the light.

Artifacts usually come to the museum as donations. "Most people donate them because they want other people to enjoy them. Ninety-eight percent of donators are people whose husband, fathers or grandfathers passed away," Saul explained.

The museum is constantly changing, Saul said. A major project now is the actual restoration of two buildings and adding them to the museum. He is working with the 864th Engineers to complete the work.

The buildings are called Earthquake and Fire Refugee Cottages. They were used in 1906 and 1907 to house refugees of the San Francisco earthquake and fire.

Saul said this would add to the exhibit on the 1906 earthquake and fire that are already there.



Eric Saul, museum curator and director, closely examines a hat from the museum's antique uniform collection.

"This is just one of about 19 projects going on at any given time," he said.

The museum has become increasingly popular over the years with soldiers (for whom the museum was opened), as well as military retirees and civilian members of the community. Retired Army Air Corps lieutenant colonel Wy Spalding, museum volunteer, was recently hired for a special cataloging project. He described the museum as "a focal point for important things in the Army and in society. We're recognizing how important our history is to us."

Saul said he feels a special kind of feedback from the museum's patrons, especially from the retirees. He said they are receptive to the museum because it shows everyone else that what they've done is important.

Saul seems proud of his work at the museum. One of his exhibits on the most decorated soldiers in the U.S. Army during World War II, the Japanese-Americans, has been on the road to 41 other museums and will now be displayed at the Smithonian Institution's National Museum of American History as part of the bicentennial celebration of the signing of the U.S. Constitution in 1987.

While the future for the museum looks hopeful, the fact still remains that there are many limitations to its growth. The main problem is the small amount of space available. Saul said his goal for the next five years is to get a second building. "That way, we could display many more of the fine things people have given us," he said.

While everyone on post may not have visited the museum yet, perhaps they should, to help them forget their problems and lose themselves in some of our country's past. After all, we may one day make our own place in Army history.

USAISC reorganizes for better communication

by Debbie Campbell

There has been a major reorganization of two separate directorates on every major post in the Army since Oct. 1.

On that date, the Automation Management Office (AMO) and the Directorate of Communications-Electronics merged into one group called the United States Army Information Systems Command (USAISC).

The reorganization is designed to combine all like areas relating to information management, to reduce duplication of work and to bring new technology to all these areas, according to the Presidio's Director of Information Management, James T. Sheffer.

The merger is expected to make the work of these two organizations better organized and more efficient.

"We want to give better service to the customer throughout the entire area. It's easier to do since you don't have two organizations going in two different directions," said Maj. James A. Belin, deputy Director of Information Management.

The responsibilities of the newly combined offices are numerous. The new USAISC is responsible for all telecommunications functions on post, which includes all radios, telephones and satellites. USAISC also controls other separate administrative areas, including processing personnel information at the printing plant, publications and responsibility for audiovisuals.

The primary mission of the old AMO was data processing, including all financial information processing.

The Army is now attempting to bring in new technology with the emphasis on information management and the Vertical Installation Automation Baseline (VIABLE). VIABLE is intended to modernize information processing at 47 Army installations and eventually overseas commands, Sheffer said.

There are five data centers in the United States. The Presidio is using the data center located in Salinas, Calif.

"We transmit data to be processed in Monterey, and it comes back over the phone. Instead of taking days, it will only take a couple of hours," Sheffer explained.

"Other changes will help bring the Army more up to date in information management technology which constantly changes in this field. This makes it difficult to keep up," Sheffer added.

By the end of FY 86 there will be 305 personal computers and/or word processors installed on post. Also, 225 VIABLE terminals will be linked to the huge data base in Salinas.

Another objective in FY 86 is to install the Garrison data base. This will enable the post to have its own data base containing all the data on the Presidio. Thus, the commander will have access to all the information in the data base, Sheffer said.

New plans also are set to upgrade some of the computer hardware already in use here, including new disc drives for quicker, more efficient processing.

The post command is involved in this new system, as the entire commander's staff has been assigned to take training at the Presidio Education Center.

Because of their eagerness to learn, the Presidio was one of the first of the FORSCOM sites to go through the Information Systems Planning study and to develop a five year automation plan. This gives the Presidio a head start in dealing with the latest changes in technology, according to Sheffer.

A major project to be completed in FY 87 will be the installation of a new telephone system, to include new hardware with push-button telephones.

A future objective of this project is to lay optical fiber cables to connect the entire post. This will be called the Information Systems Command network.

According to Sheffer, the reorganization process for the program will be ongoing.

One of the most basic problems will be getting the people from the two directorates to start thinking as part of the whole group.

"Employees go through years of one thing, and it takes time to make the transition. We still hear people saying they belong to one or the other organization, rather than just USAISC. This will be overcome with time," Belin explained.

The reorganization of these two groups into the USAISC seems sure to set the Presidio and the Army on their way into the remainder of the 1980s.

Photo Feature

Where do chaplain's assistants come from?

story and photos by Joseph A. Hirsch

On the Presidio, it's easy to find offices where soldiers, commissioned officers and civilians work together as a team to accomplish their assigned tasks and goals.

For instance, the team at the Finance Office makes sure soldiers get paid on time and pay problems are resolved quickly.

At the legal offices, for another example, soldiers and civilians are counseled by another Army team about how to handle their legal matters. From a simple claim or will, to a complex court-martial, Presidians rely on these services every day.

But stop and think for just a moment. Where can that soldier go when he or she has a problem that he or she thinks no one in finance, or even the unit first sergeant, can help solve?

Where can that person find a friend who will listen?

The Army's claim to provide for a soldier's every need has held true for the most part, and if you guessed the Presidio's Religious Activities Center (RAC), you may have found the answer to that special need or problem.

The team working to fulfill the religious and spiritual needs of Presidio soldiers and civilians consists of chaplains who are commissioned officers; chaplain's assistants, who are enlisted soldiers; and civilians, who work as paid professionals and as volunteers at the RAC.

This team's job at the RAC might best be compared, on a small scale, to the popular TV show *M*A*S*H,* where the weary Father Mulcahey was called upon around the clock to answer the soldiers' spiritual needs.

After the services on Sunday, the poor father would find himself in all sorts of odd situations. The other soldiers put a lot of trust in him.

But work done in RAC is very real and the players, not actors, fill a real role that is similar.

You can find the RAC team busy throughout the week, and taking a glance at the center's monthly calendar of events would back up the fact that Sunday isn't all they live for.

"To be quite honest," said Steve Miller, the director of Protestant Religious Education and an assistant to the RAC's director, "our routine on Sunday is already set. The real work comes during the week with all the programs and activities that we offer.

"Sunday kind of gives us all a day to relax and get charged for the work week ahead," Miller said.

Miller is in his sixth year with the Presidio RAC and makes the weekly services with his family. He calls the services his "church."

During the week, he said he can find himself doing anything from coordinating transportation to supplies and he claims he's even worked on an activities schedule or two.

But he said he wouldn't trade the sometimes hectic and mind-boggling pace for anything.

"In this job there's such a diversity; so many new and exciting things," he said.

He said that if he had to choose, the main goal of the RAC would be to improve on the quality of life for all soldiers and families stationed on post.

"On the Presidio, you have a community within a community. We're totally independent here and we can fulfill most of the soldiers' needs," Miller said.

Miller claims the RAC's special programs and activities are geared to make a soldiers' religion more than just a Sunday service.

"Religion is a way of life for most people and, to soldiers, it usually is a meaningful experience for themselves and their families," Miller said.

He said the differences between the RAC's programs can be seen on the faces and in the actions of the people involved.

"We try and make it different from the others that are always passing the hat and pounding the Bible into folks' heads," he said.

"The activities get the soldier and his family involved. They're active with their hands, or helping each other and that's religion at work," he said.

By doing all these things as a family, or when a single soldier comes in to see what the RAC is all about, Miller said people are creating their own form of praising God and he thinks they're not under any pressure of evanglism or persuaded to join a certain faith.

"It's a very magnetic feeling to see this work. It makes all of us working here feel a sense of accomplishment," he said.

Miller said that Sunday remains a very important and cherished time for the RAC team.

"That's the day where we have to shine. We must be ready to join together and offer our praise and thanks," he said.

Sgt. James Park is one of the six enlisted assistants, and he works at what he calls a "building manager's" position.

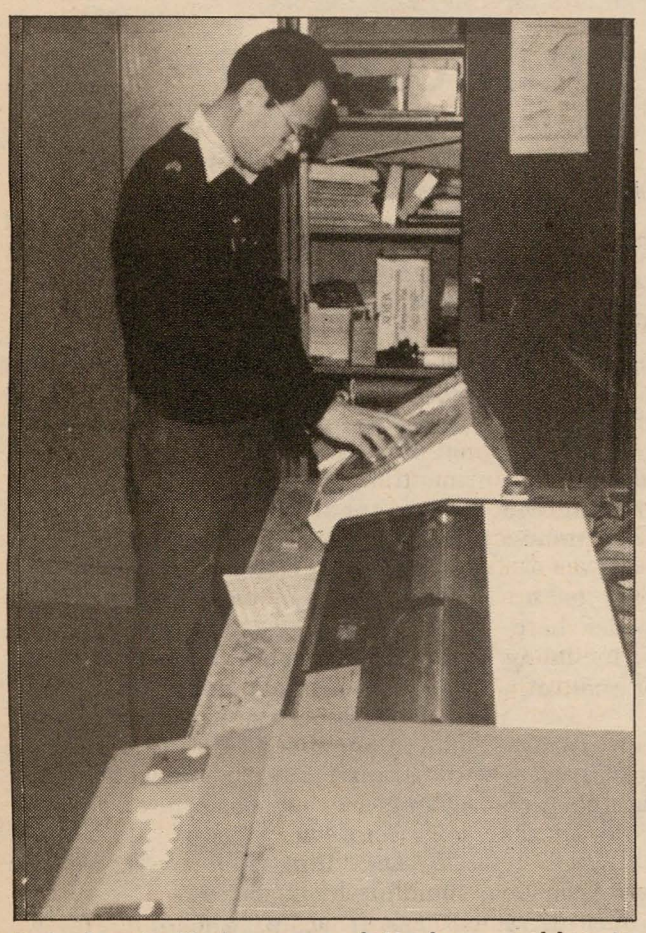
"There is a lot of work done there to prepare for the programs we offer," Park said.

Whether it be a youth group or a craft class for wives, Park said he gets a lot of satifaction out of his job.

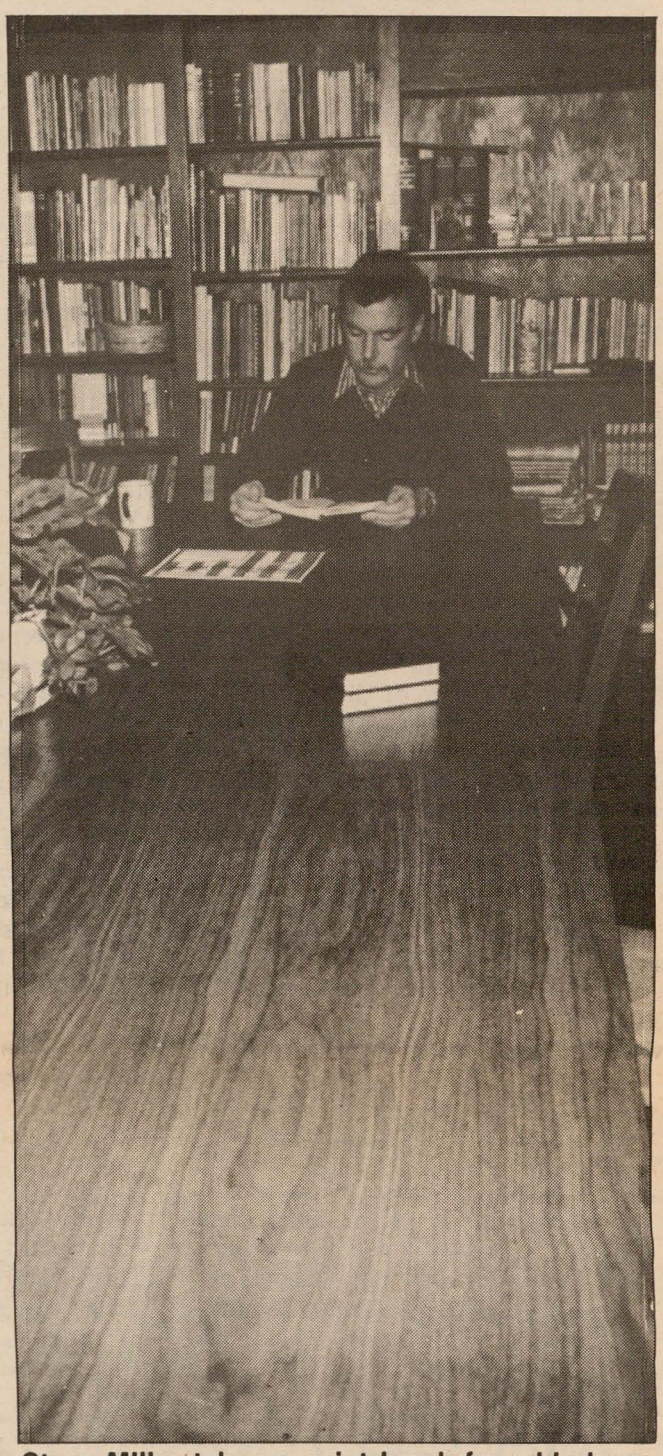
"This is a 100 percent different job all the time. Some new things come up, and we have to be relied on to smooth over the bumps so the program is a success. I've been a chef and a gardener here. There's a very wide variety of jobs, but we don't forget we're soldiers first. We train and keep up with PT with the RAC. It's like a family and the other people here are like my brothers and sisters," he said.

Park said the enlisted assistants sometimes get the title of being a "Holy Roller" by other soldiers who don't understand the job.

"They think we are all so humble and that we have to act a certain way because we have this MOS, but we are all normal. Like the other soldiers, we chose this work because of our interest. We have to be able to help any way we can," he said.



Sgt. James Park uses a lettering machine to make up the activities schedule for the Religious Activities Center.



Steve Miller takes a quiet break from his busy day with his Bible.

Chaplain (Col.) Jerry Autry, the post chaplain, calls the assistants special people.

"I think a soldier who chooses this MOS has a special challenge. If he or she didn't, they couldn't work very well in job," Autry said.

"Many people can see that chaplain in front of the church and put him on a pedestal. But the assistant gets to see him at his very worst, and those soldiers are able to keep up their faith and make the effort to help in any way they can," Autry said.

He said it's a spiritual commitment that attracts soldiers to the job.

"They have to enjoy working with people and all the wide range of problems that can come with this business. Not every person could do that. The crew I have now has been the best I've ever worked with," Autry said.

The RAC takes special care of their own, and Autry said there is always time allotted to give the crew a break.

"We have our own staff pastor, Chaplain Harris," Autry said. "He sees to it that we don't get so involved with everything and forget about ourselves," he said.

"We work hard together and we play hard together, and we have our quiet times too," he said. "We don't like to take too much time for ourselves, though. We're here to help others."

Features

Religious Activities—more than sermons

story and photo by Joseph A. Hirsch

After many years of college and special training, some priests and ministers, after their ordination, find the Army as a great way to further their vocations.

As Army staff chaplains, these clergymen must call on the services of trained soldiers, civilians and volunteers to help them carry out their job of catering to a post's religious needs.

On the Presidio, six enlisted soldiers are assigned to duties as chaplain's assistants.

Work that ranges from running errands to teaching children about God's works and ways are part of their normal weekly routine.

PFC Jeff Rohling has worked as a chaplain's assistant at the Presidio's Religious Activities Center (RAC) for about five months.

When he enlisted in the Army two years ago, he was assigned duties as a truck driver and was eventually stationed on the Presidio.

With Company D, 864th Engineer Battalion, he would see a lot of hard work and many long hours behind the wheel.

Or so he thought.

"When I signed into Delta [company] I figured there would be a lot of work and field duty," Rohling said.

There was a lot of work and engineers are always in the field, but not Rohling and some of the other truck drivers stationed in the unit.

"The company had too many drivers assigned to it and, as a result, I only logged about 21 miles in six months," he said.

During his tour with Company D, Rohling volunteered many hours at the RAC. His interests grew and his love for the work grew too.

"At my job with Delta, I was just spinning my wheels, and it got to a point that I became more involved at the RAC," he said.

So, with some shuffling of paperwork, the help of an eager chaplain and a heartened company commander, Rohling signed out of Delta Company and onto the chaplain's staff.

"I was lucky," he said. "Chaplain Autry wanted me aboard the staff and my CO knew about the driving situation so he let me go.

Rohling then started his chaplain's assistant career by way of an on-the-job training program.

"Because I'd volunteered so much, I knew pretty well what I was getting into with this job," he said.

"I ran a lot of errands and did the odd jobs at first, but as I learned more about the RAC and helping people, I got better at it and now I teach a class on Sunday in addition to the other work I do here," Rohling said.

So for four months, Rohling worked in the RAC assisting with Sunday services, teaching class to seventh graders and helping the chaplains with their daily routines. He eventually became the center's transportation coordinator as well.

But recently, Rohling's plans were changed by a set of orders. He worked his last day at the RAC Dec. 5. He learned later that the orders were assigning him to a post in Germany where he would again work as a truck driver.

"It will be tough to leave here," Rohling said about the move.

"The Army no longer allows soldiers to gain the MOS without going to school for it," he said.

"I'm hoping I'll be able to convince the unit overseas that I'd like to go to the school and become a chaplain's assistant," he said.

At the RAC, Rohling said the job has been a challenge right from the start.

"We deal with people on a one-by-one basis here," he said. "And I don't think people on the post really understand what we do."

When asked if being deeply religious was a requirement for the job, he said he doubted whether a "Bible beater" would like the job.

"That kind of person, I think," he said, "wouldn't like dealing with all the different situations and religions that we're used to here. We don't try and beat God or the Bible into a soldier or his family."

As transportation coordinator, PFC Jeff Rohling helps a child down from his van.

Rohling crosses his fingers now and hopes an Army-wide shortage of chaplain's assistants, coupled with letters he's received recommending him for school, will give him the chance at school.

"I've really enjoyed it here and sure, there have been some down times, but if I've been able to cheer up someone who was in a grumpy mood I feel like I've contributed to the mission here. This whole job centers around people and your friends."

How soldiers become Santa for those overseas

by Joseph A. Hirsch

Many U.S. servicemen and women stationed overseas in the Pacific Ocean area are going to celebrate their Christmas away from home because duty to their country calls.

Their family and friends will bundle up homemade baked goods and other gifts of cheer to send to those separated loved ones.

And those packages coming from home, no matter where in the world that is, will make it on time, thanks to a joint-service team working in a downtown San Francsico postal center.

For the seventh Christmas season in a row, men and women in uniform are helping postal service workers send an estimated 250,000 pounds of holiday gifts to servicemembers stationed in places like Japan, Guam and the Philippines.

"Operation Pallet" is the name given to a six-week-long program that speeds Christmas parcels by Air Force cargo planes and commercial airline jets that fly to many Pacific areas.

Growing in size each year, Operation Pallet was the 1979 brainchild of James McDonald and his coworkers.

McDonald, a former soldier, is the transportation officer with the Joint Military Postal Activity (JMPA). He said he got the idea for Operation Pallet when he saw the postal service become overwhelmed with parcels each year during the holidays.

"During the first year of Operation Pallet, we only had soldiers from the Presidio helping send the parcels," McDonald said.

"As the job grew, the demand for more and more help increased, and we eventually got the Navy and Marines involved," he said. McDonald pointed out that Operation Pallet helps all services get their holiday packages quicker.

The joint-service team is currently working in a downtown postal concentration center, according to McDonald.

He said packages that family and friends send to Pacific-stationed GIs come from all over the world and are concentrated at the center.

Once a package's destination is identified, it joins other parcels and the joint-service crew swings into action by building pallets for the Air Force and loading the commercial containers.

Soldiers, Marines and sailors swarm over five-foot-square pallets, stacking and securing parcels for their flight aboard Military Airlift Command's cargo jets.

On the commercial containers, the crews stack parcels, one on top of the other, until the thick metal-walled containers will hold no more.

The doors are shut and sealed, and the container is readied for the trip to San Francisco Airport by way of postal service trucks.

The loaded Air Force pallets are trucked to Travis Air Force Base where airmen, who are working around the clock, coordinate pallets with outbound C-141 and C-5A cargo transports.

"Parcels come into the center at all different times and the crews have to load and secure the pallets and containers in a hurry to meet the deadlines."

From the Presidio, 17 soldiers from the Headquarters Command Battalion joined the ranks at Operation Pallet.

Split into teams that pull the two daily shifts, the soldiers make up the largest group of all the services working at the center.

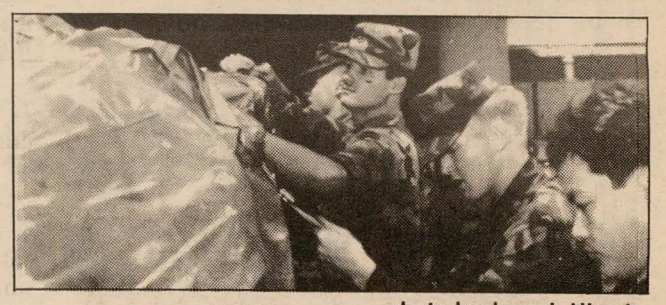


photo by Joseph Hirsch

A soldier, sailor and a Marine help each other stretch cargo nets over a pallet.

Sgt. Vincent Carlson, a soldier assigned to the Earth Moving Platoon of Company D, 864th Engineer Battalion, said he spent three tours in Korea. Now working on Operation Pallet, he said he vividly remembers the Christmases he spent away from home.

"I can remember getting my first holiday mail while I was stationed in Korea," Calrson said. "I think it got to me sometime in January," he said smiling.

"I'm kinda glad that we can make a difference for those guys stationed over there now."

"I've seen packages heading for all kinds of places," Brown said. "It's fun to see all the different places where GIs are stationed," Brown said.

"The services are a big help to us when the holidays roll around," said Judge L. Moncreac, a postal service mail-handling technician.

"They all want to work hard and help out. I think it means something to them that they're helping the troops across the ocean get their Christmas mail on time."

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Community Calendar

Commissary closure

The commissary will be closed on Christmas Day and on New Year's Day.

Children's Christmas party

Youth Activities and the Presidio Girl Scouts will be sponsoring a Christmas Party for children ages 4 through 12 on Dec. 21 at 3:30 p.m.

The party will be held at the Religious Activities Center. A visit from Santa Claus is planned and cartoons, Christmas caroling and treats will be provided.

So come join the party and celebrate Christmas with all your friends. If you care to bring a can of food for the Presidio food baskets, it would be appreciated.

Ballet classes

Registration will be held this month for 1986 classes.

You may register at the Fort Scott ballet studio on Mondays, Tuesdays, Thursdays and Fridays between 5 and 6 p.m.

Please call Helen Piernik between noon and 2 p.m. at 994-0680 for more information.

Cable car Christmas caroling

Don a warm coat and hat and join your friends in Christmas caroling on a cable car going through the Presidio community on Wednesday, at 7 p.m. The cable cars will be boarded in the Religious Activities Center (RAC), bldg. 682, parking lot.

Reservations are necessary and can be made by calling the RAC at 561-3535.

Graduate Record Exam

The Graduate Record Examination (GRE) will be given Feb. 3, 1986, beginning at 7:30 a.m. at the Fort Scott Education Center. This test is for soldiers with bachelors degrees who are applying for graduate school. A fee of $29 is payable by check or money order no later than Wednesday.

If you are interested in taking this examination, contact a counselor at the LAMC Education Center, bldg. 1007, 561-3692 or 561-4030, or the Fort Scott Education Center, bldg. 1216, 561-4445 or 561-2974.

New external degree

The University of the State of New York now offers an Associate in Science Degree in Business. This is exciting news for soldiers who want a fully accredited two-year degree in business, but require flexibility in meeting requirements.

To find out more about this new opportunity, see your educational counselor at Fort Scott, bldg. 1216, or LAMC, bldg. 1007.

...the write stuff...

by Ted Weller

The holidays are upon us now...the weather is bright, cool and clear...typical San Francisco Christmas.

For those of you that are planning to go home for the holidays and traveling a distance, many commercial airlines, AMTRAK, car rental companies and bus lines are offering all types of discounts to military personnel.

If you haven't made your airline reservations, check around and don't hesitate to tell the agent that you are a soldier, sailor, Marine or airman. According to the Military Traffic Management Command, military furlough fares can guarantee reserved seats with daily flights. But, beware of the many restrictions that could leave you in the cold, somewhere.

If you want to travel a little slower and have the time, check out AMTRAK...these folks are offering a 25 percent discount off the regular fare anywhere in the system for active duty members. And if your spouse travels with you it's 50 percent, children 12 to 21 years old, also 50 percent children 2 to 11 years old, 75 percent, and children under two travel FREE.

More discounts are offered for a spouse traveling alone, traveling with children and children traveling alone during daylight hours.

Greyhound also offers active duty and retired personnel both a 15-day or 30-day Ameripass. The 15-day discount pass sells for $119, instead of $249, and the 30-day for $169, as opposed to $349.

Trailways also is offering active duty and retired personnel up to 50 percent discounts off its 15- and 30-day passes just for travels within the continental 48 states.

Among the car rental companies, Hertz, Avis, National and Budget are all offering discounts on their daily rates for active duty and retired members of the USAR, National Guard and Department of Defense activities as well as members of the U.S. Coast Guard.

...With all of these organizations, all that is required is your identification card to receive your discount....

Greyhound is also offering a special rate for shipping freight. The program, special package express rate, allows friends, relatives, family members and military retirees to ship a package weighing no more than 100 pounds to a soldier anywhere in the Greyhound system in the U.S. for $10 or less.

This same rate applies to a soldier sending a package to another soldier anywhere in the system as well. Again, all that is required is your military identification card to send or receive the package.

...This is an all-year-round program offered by Greyhound for all of us...

On the local side:

The Sixth Annual Winter Arts and Crafts Fair features handmade arts and crafts by women along with ceramics, weaving, jewelry, toys and more at the San Francisco Women's Building, 3543 18th Street, between Valencia and Guerrero. The Fair begins at 10 a.m. and continues until 7 p.m. tomorrow and Sunday. Donations are $2 to $5 at the door.

The Western States Crafts Jamboree will be held at the Marin Center Exhibit Hall until 9 p.m. tonight and from 10 a.m. until 9 p.m. tomorrow and 10 a.m. to 6 p.m.on Sunday. Over 100 exhibits from six western states will feature fine arts and quality crafts with food and entertainment alongside. Admission is only $2.75 and children 12 and under are admitted for FREE.

Carol Negro will direct the San Francisco Children's Chorus in the musical *The Christmas Rose,* tomorrow and Sunday at the San Francisco Music Center, 544 Capp Street. Curtain is at 7 p.m. both nights and the admission is FREE.

This week in Presidio's history: December 13, 1774—Captain Rivera y Moncade and Father Francisco Palou finish their exploration of the San Francisco Bay by placing a cross at Point Lobos on the seaward side of the present-day Presidio. December 15, 1965—ground breaking ceremony is held for Letterman General Hospital. The hospital was completed in early 1969.

Last week in Presidio's history: December 8, 1794—The Castillo de San Joaquin is completed. The fort was built to control the entrance to the bay and the anchorage. When completed, it stood in the form of a horseshoe, 120 feet long and 100 feet wide with walls of adobe, five feet thick. Twelve guns of different caliber were mounted initially. The remains of the castillo and the cliff it was built on were removed to make way for the construction of Fort Point in 1853. December 12, 1884—the Presidio burial ground is designated the San Francisco National Cemetery by Robert T. Lincoln, Secretary of War. The original size of 9.5 acres has been increased until its present 53 acres was established in 1953.

At the movies

Presidio Theater

Fri,	Dec. 13	Rambo: First Blood Part II (R)	7 p.m.
Sat,	Dec. 14	Death Wish (R)	7 p.m.
Sun,	Dec. 15	Death Wish (R)	7 p.m.
Mon,	Dec. 16	Death Wish (R)	7 p.m.
Tue,	Dec. 17	Mad Max Beyond Thunderdome (PG-13)	7 p.m.
Wed,	Dec. 18	Mad Max Beyond Thunderdome (PG-13)	7 p.m.
Thu,	Dec. 19	Compromising Positions (R)	7 p.m.

Schwartz Theater

Mon,	Dec. 16	Rambo: First Blood Part II (R)	7 p.m.
Wed,	Dec. 18	Death Wish (R)	7 p.m.
Thu,	Dec. 19	Mad Max Beyond Thunderdome (PG-13)	7 p.m.

Hamilton Theater

Fri,	Dec. 13	Maria' s Lovers (R)	7 p.m.
Sat,	Dec. 14	The Night Before Christmas (G)	7 p.m.
		Mickey's Christmas Carol (G)	7 p.m.
		Robin Hood (G)*	1 p.m.
Sat,	Dec. 14	The Goonies (PG)	7 p.m.
Wed,	Dec. 18	Return to Oz (PG)	7 p.m.
Thu,	Dec. 19	The Big Score (R)	7 p.m.

*Call for information.

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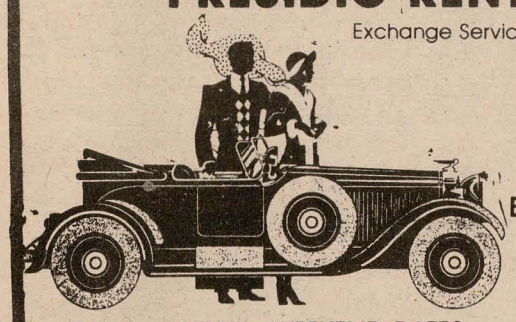

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Sports

Men's basketball results

The Presidio men's basketball team had a series of close games against various military installations last week.

Game 1: The first game was a tough loss to Mather Air Force Base, 91-84. Mather's hot first-half offense, which earned 70 points, was the big factor in the outcome.

Presidio top scorers were: Ambrose Williams, 12 points; and Joel Smith, 10 points.

Game 2: Presidio's high-scoring offense prevailed against McClellan Air Force Base, 102-96, in a thriller. McClellan led by 20 points with 10 minutes left in the game.

A team effort and a never-give-up attitude enabled Presidio to tie the score at the buzzer. Presidio's defense prevailed in overtime to notch the victory.

Top scorers were: Gregory Dominique, 21 points; David Bernstein, 22 points; Rudy Russell, 11 points; and J. C. Daniels, 10 points.

Game 3: Presidio gave the game away to NAS Moffett Field, 89-87, with 25 turnovers. This enabled Moffett to keep pace with Presidio's offense. No team could pull away and Moffett edged Presidio. Top scorers were: Greg Dominique, 23 points; Marlon Smith, 20 points; and Rudy Russell, 6 points.

Game 4: Presidio lost another high-scoring shootout to the USS Gompers, 101-95. The battle was won on the rebounds as the Navy team outrebounded the Presidio. A high number of turnovers (30) plagued our team. Top scorers were: Greg Dominique, 14 points; J. Anderson, 35 points; and Ambrose Williams, 11 points.

photo by Joseph Hirsh

Half marathon?

Presidio soldiers run formation-style in the half marathon held in Golden Gate Park on Sunday. Of the 103 soldiers who ran the 13.5-mile-course, 30 were in this formation.

Intramural basketball league

Units interested in the upcoming intramural basketball league should contact the Sports Office, Gym No. 1, bldg. 63, at 561-4131 or 561-5032.

League play will start on or about Jan. 6. League play will be governed by the 1986 NCAA basketball rules as modified for intramural play.

A mandatory rules interpretation meeting for all teams will be held on Thursday at 1 p.m. at Gym No. 1.

Gym closure

Gym No. 1, bldg. 63, will be used for testing candidates for the U.S. Air Force Academy on Sunday.

The basketball court and exercise room will be closed from 9 a.m. to 12:30 p.m. They will reopen when the test is over. All other sections of the gym will be open as usual.

Gym No. 2, bldg. 1152, will be open that day from 9 a.m. to 12:30 p.m.

Aerobics

Get fit or stay fit!!! Inspiring high-energy exercise classes are held daily at Gym No. 1, bldg. 63. Exercises will stretch, tone and strengthen your body with aerobic conditioning. All exercises are done to popular music.

Classes are ongoing, so you can join any time, but monthly registration is encouraged and saves money.

Classes are held Tuesdays and Thursdays from 4:30 to 5:30 p.m. and from 5:45 to 6:45 p.m.; the instructor is Karen Behnke, R.N.

Monday, Wednesday and Friday classes are held from 11:30 a.m. to 12:30 p.m., and the instructor is Melody Pedricks.

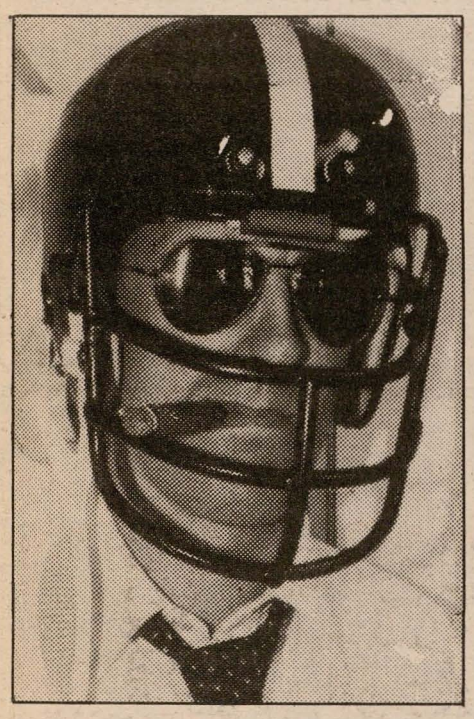
There is a FREE introductory class for interested people. Classes are open to both men and women of all ages and levels of fitness. Participants are encouraged to exercise at their own pace.

For more information, call 561-4120 or 753-8733.

Youth basketball

Basketball sign-ups are still needed for all Youth Activities basketball teams. This year teams are forming for children in grades 4 through 12. The registration fee is $12.50. Sign up at bldg. 567 or give Youth Activities a call at 561-5143. Please let all your friends know about the 1986 Youth Activities basketball season.

Jimmy the Freak



Ummm...'scuse me, I was eating some grapes, and were they sour! Since the end of Monday night's game, I've had this urge to find Mary and beat her, and her little lamb, to a pulp. Boy, did the 49ers get jobbed, or what? ...The Rams did not beat them...they just had a few more points. But don't worry...I had the tea leaves in my morning cup of refreshment read by the neighborhood psycho, er-r-r...psychic, and she told me that the 'Niners will still make the playoffs and will play the Los Angeles Bigmouths one more time and will stuff a Rozelle-autographed pigskin where the sun doesn't shine in southern California. One Ram lineman was unable to play against the 49ers because he had a "bruise on the brain." I think that he was the only one on the entire team that could qualify for such an injury.

San Francisco 31
New Orleans 20

This could be a closer game than it deserves to be. Hopefully, our boys will not be licking their collective wounded pride and look past the Saints to the last week's game against the Cowboys. If New Orleans plays like they did against the Rams, we could be in trouble. If they play like their usual zombie-imitation selves, it should be a walkover.

San Diego 38
Philadelphia 28

IF the Chargers can score over 50 points against the top defensive team in the AFC, how in the heck do you suppose that the Eagles will ever stop them? At least they will have the warmth of the San Diego sun to enjoy...I mean, wouldn't you rather be there than looking across the river to New Jersey on a December morning (sorry, that *is* an unfair question, isn't it)?

St. Louis 28
Lose Angeles Rams 24

Just being petty, I guess. If they keep it up, the Rams will qualify for the first annual Pia Zadora award from the NFL...they get paid a lot, look pretty good in their uniforms, but there just is not a whole lot of talent. Johnny Robinson looks like a cabbage patch coach, doesn't he?

Seattle 34
Looselip Angeles Raiders 20

I read that Al Davis was seen at last week's game wearing an all-white outfit. Geez...that's like Elizabeth Taylor wearing white to her next wedding, isn't it? Be careful, Al...it's really difficult to get body grease out of white material. Since white is colorless, I guess Al was dressed in keeping with his personality.

Upsets of the Week
New York Giants 33
Dallas 20

If the Bengals can beat the Cowboys by dozens of points, how can they hope to beat a team with a defense that is infinitely better than that crew in Cincinnati? My last question of the week is: how does Tom Landry keep his hat on during those games played in a stiff wind? Those wood screws must really work fine!

Miami 34
New England 27

Could be the most enjoyable Monday night football game to be seen in the last few years. The Patriots have got to win a game in Miami sooner or later...and they will...but not in this century.

New York Jets 27
Chicago 21

The Bears are beginning to lay back and slowly get into shape for the playoffs. The Jets *have* to win, so, on emotion alone, I think that they will squeeze out a narrow victory. Chicago looked very beatable against the Inferiorapolis Colts.

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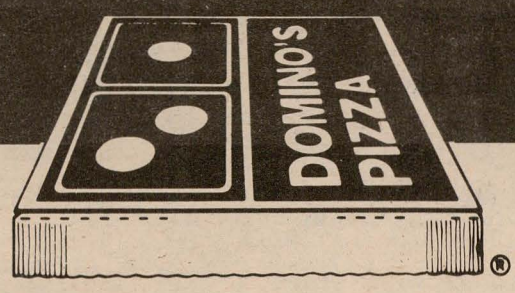

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2. Know the phone number and address from where you are calling. Is it a house or apartment? What is the nearest cross street?
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4. Remain by the phone after ordering. We may call back to confirm the order.
5. Turn on your porch light.
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Commander's message: holiday greetings to Presidians, **page 2**

LAMC Santa: bringing Christmas cheer to the sick all year, **page 6**

November SOM: dedication is the key, **page 7**

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Star Presidian

Vol. 28, No. 51 "Published in the interest of the people of the Presidio of San Francisco." December 20, 1985

News briefs

101st memorial

A memorial service for the 101st Airborne Division soldiers who died in a plane crash last week will be held at the Post Chapel today at 11:30 a.m.

On Dec. 12, 248 soldiers died when their plane crashed immediately after takeoff in Gander, Canada. The soldiers were part of a peacekeeping force in the Sinai in Egypt and were on the last leg of their journey home to Fort Campbell, Ky., when their DC-8 military charter plane crashed.

All Presidians are cordially invited to attend the memorial service.

Time in service change

Effective Jan. 1, Presidio soldiers will need less time in service to be considered for secondary zone promotion to sergeant and staff sergeant.

Soldiers with less than 57 months in service who are recommended for staff sergeant, however, will need to accumulate a minimum of 575 administrative points before they are recommended to appear before the promotion selection board.

The changes in time-in-service requirements give the commander the chance to recognize the truly outstanding soldier at the earliest time permitted by Department of Defense directive, said Sgt. Maj. Dennis Smith of the Enlisted Program Branch in the Office of the Deputy Chief of Staff for Personnel in the Pentagon.

The time-in-service requirement for secondary zone promotion to sergeant will be reduced six months—from 24 to 18 months. The time-in-service requirement for secondary zone promotion to staff sergeant will be reduced by one year—from 60 months to 48 months. Smith said that recommended soldiers may be boarded three months before they reach the minimum time-in-service requirement so they will be on the local standing list when they meet the 18- or 48-month requirement.

According to Sgt. Lisa M. Vajdl, NCOIC of the Enlisted Promotion Branch of COMPACT, all other promotion criteria contained in Chapter 7, AR 600-200 (Enlisted Personnel Management), remain in force.

Of particular importance to soldiers is the new criterion of satisfactory attendance at the Primary Leadership Development Program Course (PLDC), which is necessary in order to qualify for consideration for promotion to staff sergeant.

As of June 30, 1986, soldiers on a promotion standing list to staff sergeant, who have not attended PLDC, will have their names removed from the list.

Army News Service

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Opinions

Post commander extends holiday greetings

The holiday season is here. During this special time, we all take the opportunity to share joy and fellowship with our families and friends throughout the Presidio community as well as those throughout the nation and the world.

But, it is more than that. It is a time of renewal, a rebirth of the human spirit. It is a time to rejoice in the continuation of life. It is a time for the warmth of friendship. And it is a time for peace.

No one knows the value of peace better than the soldier whose existence is predicated upon its defense.

We have recently lost 248 comrades-in-arms, soldiers who had served their nation well. As we enter into the New Year, let us all remember these soldiers and their families, keeping them alive in our hearts and prayers. Let us be appreciative of what they and all like them have given us. Let us renew our hope for peace on earth.

I wish each of you a joyous, prosperous and safe holiday season.

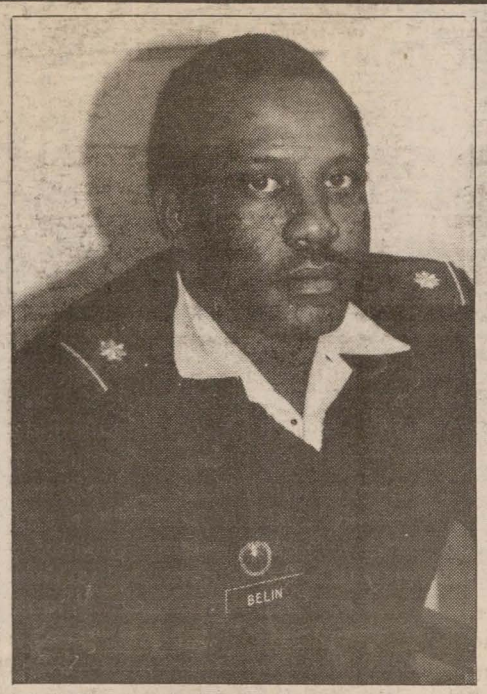
Robert S. Rose
Colonel, Infantry
Commanding

Ramblin' Sam

"What are your goals for 1986?"

SFC Robert L. Keating, Equal Opportunity Advisor, HRDD: "I want to buy a new Cadillac. Also, I hope to finish up my bachelor's degree which I've been working on for a while."

Sp4 Noe R. Caballero, aircraft refueler, USAG: "I'd like to be more effective as far as the military is concerned. I'd also like to complete the college course I'm taking."



Maj. James A. Belin, deputy Director of Information Management: "I want to be the best leader that I can be in the military environment and the best possible father I can be for my kids. I'd like to be open to change to be able to accomplish both of these goals."

SSgt. Nathan Johnson, senior instructor, 6227th USAR School: "I want to get reestablished in another police department for my civilian job. I also want to be appointed as a warrant officer. I've had my paperwork in for that for a while."

TAKE A BITE OUT OF CRIME

by Sheldon Stein

Many people have learned that drinking less, or not at all, are alternatives that they can enjoy and of which they can be proud. A recent survey was conducted on the nation's drinking habits. It found that only two out of three Americans drink at all. One third of those who do drink claim they have cut back and only six percent said they were drinking more.

The physical fitness movement has had something to do with that, experts say. People who regularly work out realize that alcohol hampers their conditioning. Alcohol is a depressant which slows reactions, dulls perceptions, adds calories, but lacks nutritional value.

Another reason cited for the new attitude toward drinking is that Americans are more career-oriented than ever before. Their self-image, either professionally, as soldiers, or individually, as people, is improved by being sober and in control. It's easier to "Be all you can be" if you're not slowed down by alcohol.

A third reason for the decline in alcohol consumption is that people are realizing that drinking and driving don't mix. If you drive after you've been drinking, you're only asking for trouble, not only with the military authorities, but also with civilian authorities.

Beverage distributors, night clubs and restaurants have noticed these changing attitudes and have been quick to offer alternatives for people who want to drink lighter or less.

The newest and fastest-growing category of low-alcoholic beverages is wine coolers. Beer drinkers looking for less alcohol can now choose from several low-alcohol beers that contain half the alcohol of a regular beer. There are also several brands of unfermented sparkling ciders and new types of soft drinks on the market today.

Back in April 1984, the Army banned "Happy Hour" in its clubs. They now offer some type of free food buffet to attract customers instead of having reduced prices on drinks. Not only military, but civilian clubs are changing "Happy Hours" to food specials.

Although today's trend is for less alcohol, that doesn't mean less fun. People are socializing more and drinking less for Christmas and New Year's. Even though the latest statistics show a decline in drinking, drunken driving remains the nation's number one killer.

If you live on the Presidio and feel you have had too much too drink, call 561-2251 or 561-2252 and the military police will escort you to the barracks or to your quarters. Have a joyous and merry holiday season and don't make it your last.

Crime report

- Five people were apprehended for driving under the influence.
- There were four traffic accidents.
- Two people were caught shoplifting.
- One assault case was reported.
- There was one domestic disturbance.
- There was one unsecured building.

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Dear Editor...

There is no adequate way to describe the days in the Sinai with the Multimational Force and Observers (MFOs). We saw things so alien to our own concept of life, terrain so different, that it brought us together and went beyond the normal ties of Army relationships.

The desert is so different from the desert in the United States. It is so threatening, without the cacti and other life to soften it. It has no roads, save the MSR (Multinational Force Supply Route). Our life hinged on that one slim, bumpy road and the Transcall (C-160) the French flew twice a day, barring a sandstorm. The days could be so boring or so short. Those at Sharm el Sheik could usually count on bad food, rationed water and dysentery. The long-range patrols would be divided between the various companies of troops, each rotating after several weeks in the wadis. They baked, sweated and got sick in the sun. They shivered and wrote long letters home at night.

I counted it a privilege to know some of these troops. I did not know the men of the 101st, but I can remember the long wait to get letters and the frustration when the French did not fly in and bring the mail. I still can see the faces of the men who received "Dear John" letters from the States. I can still see the smiles from one big fellow whose back I scratched, simply because he was so homesick for a backscratch from his wife.

I can remember being called upon to act as a medic, instead of a food inspector, when we had a truck wreck with four injured soldiers. I knew each one and felt so many emotions while trying to treat them that I had to cry when I was no longer needed. It probably would have been easier to say that I couldn't help, but even someone who can take notes and vital signs is freeing someone else to make a big difference to the more seriously wounded.

I know those same medics are probably stateside now. They are probably frustrated by the restrictions placed on them by all the protocol and red tape that is the CONUS (stateside) Army. In the Sinai, we had two doctors and one physician's assistant, and if there were a medevac, one would go with the helicopter. Those medics learned to make decisions and confirm them. They knew how to care.

I don't know if any of those people were on the Arrow Airlines plane. Some part of me feels the ache of wondering why I wasn't there. I can remember the faces of those on my troop rotation, so scared and tense all the way to New York. We were supposed to fly out on the same plane that went from Athens to Cairo, carrying a probably now-forgotten Navy man who wanted to see the famous Red Sea coral. The plane was to have continued to New York, with us aboard. The plane...TWA 847.

I also know that Fort Campbell is not the only place that mourns for those boys. I remember a young man, Robert Lash, that died in a scuba accident. When we heard, we were shocked. Bob had been so tall and so nice that he was hard not to notice. I was working in the same warehouse where he worked and came upon one of the female soldiers crying on the doorstep. We all missed him.

There is a friend of mine in San Antonio now whom I saw last week. He teased me about the big hug I gave him when he pulled through a huge sandstorm. We had heard the border at Taba had closed, but that he was on his way. We waited, and for once in my own career, I didn't really care about the food inside his truck. I was glad he was alive. He only said he didn't want to delay the already late mail.

I remember the joy of the 82nd Airborne men when the videotapes came from home. I still hear the voices talking about their families, showing off pictures and counting the days until they were "short." We played countless games of pinochle, watched the same movies over and over, drank large quantities of beer and talked about home.

All in all, we knew we had a purpose there. It seems unfair to us that there has to be something wrong before anyone will mention the MFO. The brief article I read made the tour sound like a resort. Perhaps it was for some of the higher ranking, but I remember the 25-yard dash to the central latrine, the snakes, the bugs, the heat, the incessant need for something to drink and the long wait between letters. I know about the long hours everyone put in and the way no one really complained since there was nowhere to go anyway. I remember all those people who every day risked their lives for us: the firemen who put out the fire in the south camp mess hall, the medics who flew to help, the truck drivers who wouldn't let anything stop them and the men who did the patrols that were the mission.

I still didn't half mention all those that comprise the MFO. I know that I will probably get calls from other MFOs who will say, "What about us?" I hope they do, because MFOs are bound deeply together by those long hours when we were sure we would never see our homes again.

I still can't help but cry for those men on the Arrow Airlines plane. We all thought that death was in the desert, that we would be sniped as we drove through Gaza, that a bomb would take out the Tel Aviv restaurant we were eating in. When we came into Kennedy Airport, some of us were so relieved that we kissed the ground and poles. We applauded the pilot and the crew. We got hugs and kisses at the airport. We had survived.

I can't find a way to lessen the pain that is felt by the families of the men that are gone. In a strange way, I am grieving for the men who have no one. The men who lived and died doing a job and made no impact on the world. I can rely on the old saw that the good die young, and keeping the peace is the highest form of good a person can do in his lifetime.

In this season of merrymaking, let's all hug our families a little harder, remember those that will be alone. Indeed, next year could find one less person at your table, or one more question in your child's eyes. Let's try, for the sake of those that died keeping the peace, to make this statement true:

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Sgt. Carolyn Downs
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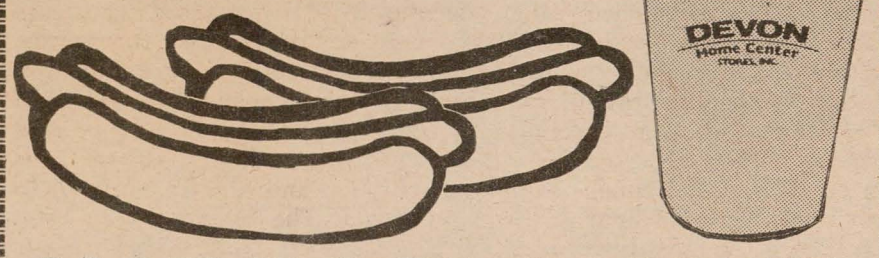

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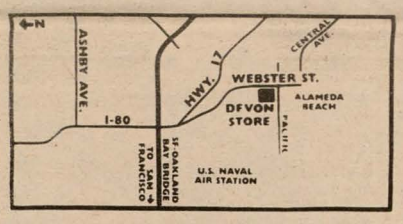

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Features

Presidians help vets

by Betty Voris

A four-year Christmas project of caring and sharing that has caught the imagination of Presidio organizations and people promises to bring joy into the lives of patients confined this holiday season to the Veterans Hospital at Fort Miley in San Francisco.

This afternoon carolers will take flowers and gifts to over 400 patients confined to the San Francisco-based hospital and personally present one to each veteran as they go caroling from room to room.

"It is such a special time," said Betty Voris, project coordinator. "I personally find it the most rewarding thing I do all year. I know it touches all our hearts to see the joy and the smiles that come from the patients because someone cares."

Leslie Buchman, volunteer director at Fort Miley, agreed, "It means so much to these patients to have the carolers singing through the halls. The brightly wrapped gifts are very special, especially to those who have no one to come visit or to send presents to them at Christmas time. And the flowers add so much by bringing the festiveness of Christmas to all the floors. Our Christmas tree in the lobby is one of the few decorations that are up. Last year we all knew when your Presidio singers came. The hospital took on that very special look of Christmas."

Collecting gifts and caroling for the patients was started in 1982 by the Presidio Officers' Wives' Club (POWC). Each year the number of gifts has increased and last year, with the cooperation of other groups, the club was able, not only to present a gift to each patient, but leave gifts for those admitted to the hospital each day up to, and including, Christmas Day. The gifts are presented by the carolers in the name of "the soldiers and their families at the Presidio."

In addition to the gifts, the carolers placed poinsettias in each of the major wards and gave small, decorated Christmas trees to patients in intensive and coronary care wards, as well as patients unable to function outside of their hospital rooms.

This year the POWC again asked others to help contribute the 400-plus gifts needed and flowers to decorate the wards. The response has been wonderful, Voris said. "It's a project everyone can find worthwhile," she added.

The Main Exchange has a decorated "Angel Tree" immediately inside the door of the Exchange. Frequent messages urge patrons to remember hospitalized veterans by buying a gift and leaving it under the Angel Tree. Colorful angels on the tree let the giver know the age and condition of the recipient, and the gift is wrapped free of charge when purchased. Exchange employees have adopted the program as their Christmas project and are buying robes and major items for those who have no one else.

Large decorated boxes are placed in each post chapel for the gift collections. The Religious Activities Center is serving as a drop-off point for gifts and baked goods. Chapel youth groups and the Presidio Girl Scouts are wrapping those gifts not already wrapped with paper, ribbons and decorations donated by the Exchange. The Presidio Brownies made colorful decorations for the packages and baked cookies for "goodie" baskets.

Sixth U.S. Army wives began collecting gifts in October and have made it their Christmas project. The Reserve Officers' Wives donated money for buying the colorful flowers. Other groups donating money or items include the post wives, the Thrift Shop, the Junior Enlisted Wives and the Fort Point Association.

photo by Debbie Campbell

Christmas Angels

Christmas Angels hang on the Angel Tree in the Post Exchange. The Angels encourage patrons to buy gifts for Veterans Hospital patients.

Soldiers help patients at Laguna Honda Hospital

by Marla Baty

The long, bleak corridors of Laguna Honda Hospital in San Francisco were filled with elderly people. Most of them have no families. It seemed not many others knew these people existed.

But a glitter shone through their eyes when they saw the friendly faces of ten Presidio soldiers and four Marines from Treasure Island.

The Presidio soldiers and the Marines had volunteered to aid the Laguna Honda patients down the hallways to the theater for their 28th annual Christmas show.

"Presidio has sent volunteers for several years," said Randall May, director of volunters and activities at the hospital.

The Christmas program started off with a melody from Glen Ash and Guy Cherney. The San Francisco Singers, the Sixth U.S. Army Band and the San Francisco Boys' Chorus continued the harmony. Ash later come back for the finale.

Between all the songs, Ray Jason, a local juggler, mystified his audience with several different juggling tricks.

After the show, the soldiers and Marines wheeled the patients into an assembly line. An elevator took four patients at a time to the appropriate floor. On each floor, a soldier took a patient back to his or her room.

"The soldiers helped us do a number one job," said Kim E. Eames, public assistant for accounting at the hospital. "They were dependable. It was fantastic to have their help," she said.

The patients love them," said Eva S. Villalon, a volunteer at the hospital for three years. "The patients love to tell the soldiers 'war stories.' I appreciate their help."

Afterwards the soldiers said they felt good about themselves.

"It was for a great cause, and I feel self-fulfilled," announced Marine Cpl. Curtis Elleyle.

Sgt. Cindi M. Ramm, from the AGR Records Section of COMPACT, said, "It made me appreciate life more. I received by giving."

"I did it in the spirit of Christmas," emphasized Staff Sgt. Patricia J. Thiel, from the AGR Records Section, COMPACT.

At the movies

Presidio Theater

Fri,	Dec. 20	Compromising Positions (R)	7 p.m.
Sat,	Dec. 21	A Christmas Story (PG)	7 p.m.
Sat,	Dec. 21	Chips Ahoy (G)	7 p.m.
		The Black Cauldron (PG)	7 p.m.
Sun,	Dec. 22	Pale Rider(R)	7 p.m.
Mon,	Dec. 23	Transylvania 6-5000 (PG)	7 p.m.
Tue,	Dec, 24	Closed	
Wed,	Dec. 25	Closed	
Thu,	Dec. 26	Sweet Dreams (PG-13)	7 p.m.

Schwartz Theater

Mon,	Dec. 23	Compromising Positions (R)	7 p.m.
Wed,	Dec. 25	Closed	
Thu,	Dec. 26	Transylvania 6-5000 (PG)	7 p.m.

Hamilton Theater

Fri,	Dec. 20	Warning Sign (R)	7 p.m.
Sat,	Dec. 21	The Night Before Christmas (G)	7 p.m.
		Mickey's Christmas Carol (G)	1 p.m.
		The Last Unicorn (G)	7 p.m.
Sat,	Dec. 21	Pale Rider (R)	7 p.m.
Wed,	Dec. 25	Closed	
Thu,	Dec. 27	The Man With One Red Shoe (PG)	7 p.m.

Photo Feature

LAMC Santa spreads joy

Story and photos by Bob Walker

A San Francisco resident marks his 38th year of service to the military community as he plays Santa Claus on Monday at Letterman Army Medical Center (LAMC).

Joseph Lafferty, 87, began his Santa routine at the Presidio in 1948 to brighten the lives of adults and children alike, who would have to spend Christmas Day in the hospital.

Lafferty, a member of the Disabled American Veterans (DAV) organization, is given $500 a year to visit patients at LAMC. For this, he buys doughnuts to give to the patients every other Wednesday as he visits them, minus his Santa suit.

In addition to doughnuts, Lafferty gives the patients and hospital staff many other items which he has arranged for on his own time and at his own expense. It's not uncommon to see him pushing his cart around the hospital with chocolates, magazines, playing cards, lollipops and cancelled postage stamps for stamp collectors.

Lafferty gets the chocolates free from a large firm in the city. The candy comes in six-pound boxes, which he spends hours mixing to make an assortment for the patients.

He picks up items such as postage stamps and magazines from neighbors, friends and resale shops. Lafferty said that the DAV money pays for about half of what he does here.

His love for people appears to be the result of having had a rough childhood. When he was an infant, his mother left his alcoholic father. She couldn't afford to care for him, so he lived with his father. This made for difficult years as a youth. He went to work at 10 years of age.

"I don't remember graduating from the fourth grade," he said.

He served in the Navy from 1916 through 1919. He then served with the merchant marines for four years. During World War II, he was a construction foreman for the Coast Guard in the Bay Area. He built his own home in the 1950s, doing about 80 percent of the work himself.

Lafferty is a man of many talents, according to his LAMC friends. Carol Glenn, who works in the Nutrition Care Division said, "He takes junk and makes something; he just restored a piano. I can remember the year he lost his Santa pants, and he had to make his own."

LAMC Chaplain (Col.) Bernard Borson said, "It's kind of a challenge to him to fix things. To others, he has a way of renewing things that are junk. When in the Officers' Club recently, he [Lafferty] looked at the adobe walls and said, 'I know how to do that. I used to teach the Indians how to do this.'

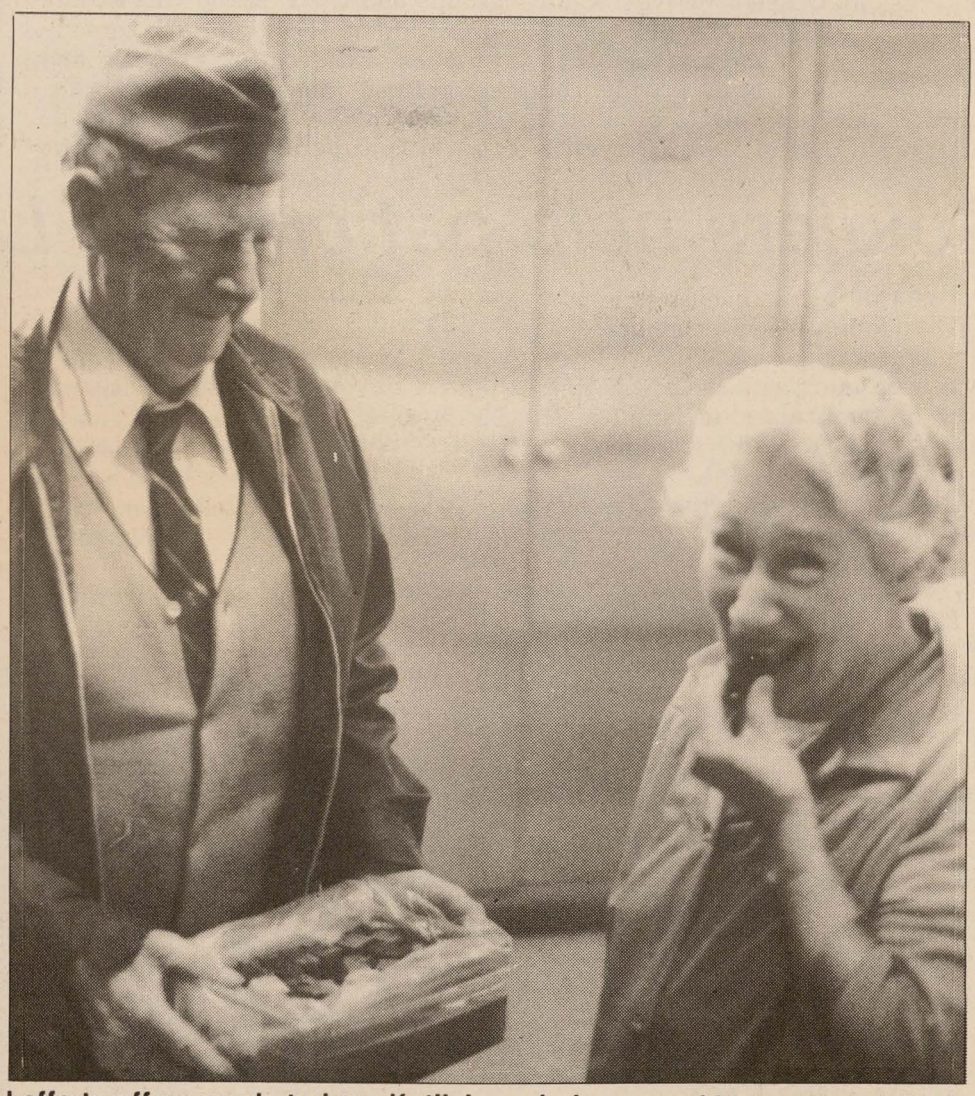
"At Christmas he gives each patient a gift he has boxed and wrapped, taking considerable time and effort. He feels a willingness to care for and serve patients of this hospital. We are very appreciative of the work he has done here all these years. He is young in spirit and heart. For a man his age, he is really interested in people and what's going on in the world. He must have a thousand hobbies."

Lafferty's philosophy is: "You can't help others, but you help yourself. It makes you feel good." He should experience his own philosophy as he visits the sick for his 38th year dressed as Santa.

Lafferty explained that he asks the patients if they've been good all year. "If not, I give them a gift for being honest. If they say yes, I tell them I don't believe it. I have to tease them. 'That ain't the way I hear it, but I'll give you something if you try,' " he said.

Joseph Lafferty prepares to spread cheer and goodwill as LAMC's Santa Claus.

Lafferty with his dog, Boy, and a homemade deer at his home in San Francisco.



Lafferty offers candy to Irma Kotilaineu during one of his regular visits to LAMC.

Features

LEC soldier wins Soldier of the Month title

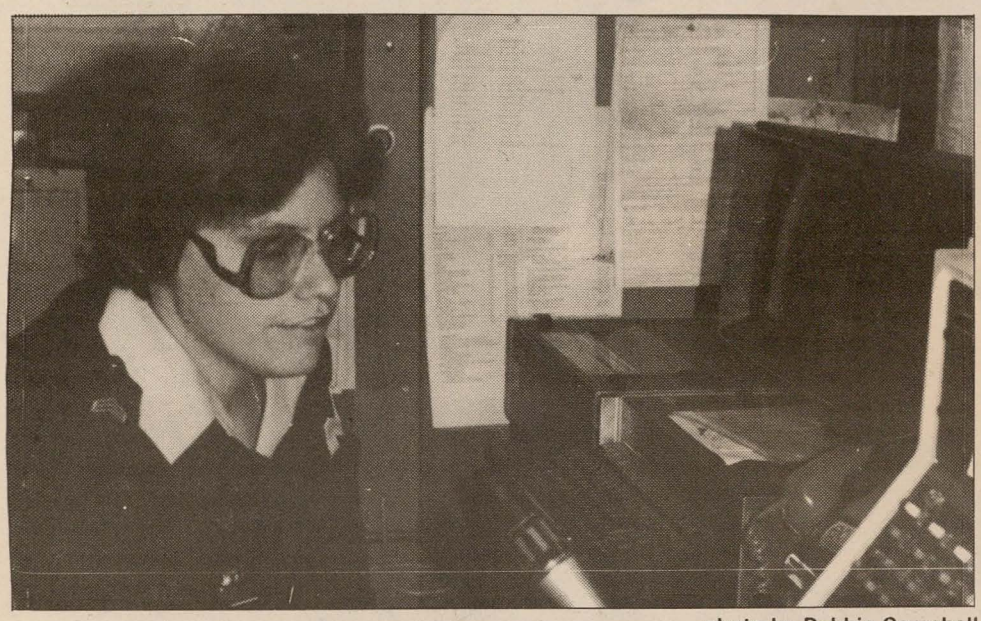


photo by Debbie Campbell

Sgt. Bonita M. Kusman, desk sergeant at the Law Enforcement Company, answers a call from a patrol car.

by Debbie Campbell

People who know Bonita M. Kusman, 25, may find it easy to describe her approach toward her job, because it would be just one word: dedicated.

Kusman, desk sergeant at the Law Enforcement Company (LEC), won the Soldier of the Month title for November.

Since leaving her hometown of Donovan, Ill., the Army has become a way of life for her. It provides her with the challenge she said she enjoys.

"I've always worked at a job where I can excel. I'm working in an desk sergeants, Kusman takes on many responsibilities. She supervises two civilian clerks, as well as every E-6 position," she said.

When she's on duty, as one of four patrol car on the Presidio. Kusman is also the barracks NCOIC.

Kusman seems to enjoy her job, even though the work load is demanding.

"As desk sergeant, I have to make all the decisions as to the functions of the patrols. I need to know who to dispatch, where and when.

"I receive all cases that come in and prepare them to be put on the blotter. If the information on the blotter isn't correct, I'm responsible. It all comes back to me," she said.

The caseload in the Office of the Provost Marshal is staggering. According to Kusman, 1,533 cases have already been processed during 1985.

"A case of driving under the influence (DUI), can be as long as 14 pages," she explained.

Kusman has been here since October 1984. Before that she was stationed at a Physical Security duty site at Kriegsfeld Army Depot in Germany.

She is still working on a degree in criminal justice at San Francisco State University. However, she said she doesn't have a lot of free time.

Kusman said she enjoys biking, hiking and volksmarching, but she loves training soldiers.

"I like working with people," she said.

She's had an interest in helping others since her first year in the Army, when she worked as part of a rape prevention squad in her free time, while stationed at Aberdeen.

"I saw all the gory details, but was able to help women who refused to talk to a man because of the shock," she said.

Her interest in working undercover led her to still more disturbing situations as she saw death close up and in detail during her on-the-job training at Aberdeen.

"In the military police you put your badge on, and you never know what will happen. You don't find out till you get there," she said.

In Aberdeen, as a private first class, Kusman went to her first Soldier of the Month board.

"My first sergeant came and told me I was going to the Soldier of the Month Board. I said, 'What's that?' "

The first time, she lost the title to her best friend by a narrow margin. The next month she tried again, and the title was hers.

For the November contest, Kusman said she had great support from her friends.

"My friends wouldn't let me go in my room without asking me a question like, 'What's the definition of a map?' I was really happy with all the support I got from the company," she said.

She recently went before the E-6 board, and she said she was happy with her performance. One of her next goals, and a big dream, is to become a drill sergeant.

"I've wanted to be a drill sergeant ever since day one in the Army," she said.

According to Capt. Robert A. Stacy, commanding officer of LEC, Kusman is setting herself up for success.

"She seems to have looked into the future to set her military goals. She projects out for her goals and then goes after them. Her attitude on and off duty sets a good example for her peers," he said.

1st Sgt. Wayne J. Fischer, LEC, appreciates Kusman because of her willingness to work on her own.

"She's always one of the first to volunteer for assistance. I wish I had another 40 soldiers like that," he said.

Kusman's dedication to her work has brought her success in the Army since she first enlisted in 1978. She said she thinks life is not meant to be easy.

"If you want something bad enough, go for it. But I wouldn't accept something given to me on a silver platter," she said.

USO entertains soldiers, finds their families jobs

by Debbie Campbell

For many of us, the thought of the United Services Organization (USO) conjures up images of entertainers, parties and young servicemembers in strange overseas ports. It may bring back memories of a more idealistic era, something many of us long for.

Today's USO is still working to keep up the same image, but with some changes. Changes that provide much needed services to military families in particular.

The USO was established in 1941, just about six months before World War II began for the United States. Its purpose was to provide a "link between the civilian and military community," said Barbara Remnant, associate director of the USO Downtown Center in San Francisco. This includes all the branches of the military.

The organization continues to serve the military as a source of entertainment today. Some of the newer programs though, include informative services.

Cynthia Ayala Brown is the program coordinator at the USO Downtown Center. Her work includes "greeting all foreign and American ships coming to San Francisco and the Bay Area," she said.

Brown organizes welcome packets with brochures of San Francisco, maps and general information to help servicemembers who are unfamiliar with the area.

Brown also organizes parties and picnics, as well as scouring the area for ideas for entertainment. She gets free and discount tickets to various nightclubs and shows in San Francisco, as well as hotel and motel reservations, car rentals and tour information.

One of the changes that Brown has brought about is in greeting military vessels to San Francisco. Since the USO Downtown Center is a bit short of space, she arranged to take the entertainers and parties on board the vessels.

Brown said she really enjoys her work.

"I get a lot of thank you letters all the time. I wouldn't trade my job for anything," she said.

Besides these services, the USO Downtown Center has become something of a haven to lost or tired servicemembers. Since there is a bus terminal nearby, Brown said they often have people come to them in a real emergency.

"Many people who come to us have seen the USO before, but don't really know what it is. They may need help because their money has been stolen. We usually can help them," she said.

The latest project at the USO Downtown Center is the Job Search program set up and run by Ruth A. Dorsey. The program is called Couples Off Post Enrichment program (COPE). COPE is for military family members and servicemembers who are soon to be discharged.

According to Dorsey, she started by sending letters to over 500 Bay Area employers, asking them to participate by giving consideration for employment to the program's members.

Soon, Dorsey said, she had an entire bulletin board filled with job listings.

In addition to this, she gives help with résumés and makes arrangements for interviews.

According to Dorsey, quite a few people have found help through this program since it started in March 1985.

Edna Flourant, a military family member, was able to get a job through the USO's COPE, as well as Bruce Johnson, another family member.

According to Johnson, he left his name and some information with Dorsey. "After a month, she called and gave me all the information on the job. I just went by and got it. It was a success," he said.

This way, he said, he can go to school while working part time.

Flourant was just getting back into the job market after 25 years and didn't know where to start to find a job. She had heard of the USO program and looked into it. Now, she said, "I earn enough to add to my husband's IRA contribution."

The USO is a totally non-profit organization. In fact, according to Remnant, "It's the only civilian non-profit agency whose sole function is to serve the military."

There are many volunteers who work for the USO, giving vital support in helping organize parties and greeting visitors to their offices on 7th and Mission Streets.

Many of these volunteers, like Audrey Janisen, remember the days when the USO meant Bob Hope and dancing girls.

She and the other members of the staff at the USO Downtown Center realize the importance of the organization that, over the years, has touched so many people.

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Community Calendar

Free buffet on Christmas

All soldiers and family members are invited to attend a free Christmas buffet at San Francisco USO from noon to 4 p.m. on Christmas Day at the USO, 1107 Mission Street.

It will be a casual buffet of turkey and ham, all types of bread, cranberry sauce, pickles, olives, chips, dips, salads and desserts.

Come one, come all to San Francisco USO on Christmas Day and celebrate. Free and discount tickets also will be available to clubs and shows.

Chapel Services

Christmas Eve

Protestant

Post Chapel at 5:30 p.m. and 7 p.m.

Catholic

Chapel of Our Lady children's Mass at 5 p.m. and midnight Mass.

Christmas

Protestant

Fort Scott Chapel at 10 a.m.

Catholic

Chapel of Our Lady at 11 a.m.; and Fort Scott Chapel at 12:30 p.m.

College mixer

All college-age military family members are invited to attend a college mixer sponsored by the Presidio Officers' Wives' Club on Sunday at 8 p.m. at the quarters of Brig. Gen. and Mrs. Walter Bickston, 341 Infantry Terrace.

For reservations and more information, call Linda Jackowski at 752-5119 evenings.

Ballet classes

Registration will be held this month for 1986 classes.

photo by Athol McCredie

Te Maori exhibit

This doorway of a storehouse from the Ngati Kahungunu tribe of New Zealand is part of the Te Maori exhibit at the M. H. de Young Memorial Museum in Golden Gate Park.

You may register at the Fort Scott ballet studio on Mondays, Tuesdays, Thursdays and Fridays between 5 and 6 p.m.

Please call Helen Piernik between noon and 2 p.m. at 994-0680 for more information.

Rec Center hours

The Recreation Center will be open on Tuesday from 2 to 6 p.m.; Wednesday from 2 to 9 p.m.; Dec. 31 from 2 until 6 p.m.; and Jan. 1 from 9 a.m. until 9 p.m.

Normal hours of operation are Sunday through Thursday, 2 to 9 p.m.; Fridays and Saturdays, 2 until 10 p.m.

For more information, call the Recreation Center at 561-2000 after 2 p.m.

Commissary closure

The commissary will be closed on Christmas and New Year's Day.

Children's Christmas party

Youth Activities and the Presidio Girl Scouts will be sponsoring a Christmas Party for children ages 4 through 12 tomorrow at 3:30 p.m.

The party will be held at the Religious Activities Center. A visit from Santa Claus is planned, and cartoons, Christmas caroling and treats will be provided.

So come join the party and celebrate Christmas with all your friends. If you care to bring a can of food for the Presidio food baskets, it would be appreciated.

Star Presidian

Today's *Star Presidian* is the last issue for 1985. The next issue will come out on Jan. 10, 1986.

Deadline for the Jan. 10 issue will be at 9 a.m. on Jan. 6.

...the write stuff...

by Ted Weller

..."Tis the season to be jolly...forgiving of our fellow man, et cetera, etc....

Forgive the fool that changes lanes on Lombard without the benefit of turn signals. The fool that stands in the corner gutter waiting for the "walk" signal.

Those that can't see the long lines behind, in front, or alongside them and continue to recap the events of the past seven decades to the teller, office worker, postal employee....

The one person who really doesn't understand that speed limits are for controlling the flow of traffic and persists in doing 35 miles-an-hour in lane two through San Rafael.

All those "drivers" that believe turn signals are similar to their appendix...something we have, but cannot find.

...Yes, there are more, but forgiving is not the purpose of this weekly occurrence.

If you still haven't bought your conifer (i.e., tree), the Guardsmen are still selling them on Pier 3 at the Fort Mason Center. They also have plenty of garlands, holly, mistletoe and firewood. All proceeds from the sales go towards sending underprivileged children to summer camp. The Pier is open every night until 9 p.m.

The Asian American Theater Company presents *And All Through the House* tonight, tomorrow and Sunday at the People's Theater Coalition, third floor, bldg. B, Fort Mason Center. Curtain is at 8 p.m. tonight and tomorrow, and at 3 and 7 p.m. on Sunday. Call 776-8999 for more information.

Tomorrow the San Francisco Parks and Recreation Department is sponsoring a holiday celebration for children in the children's playground, Golden Gate Park. Your kids can visit with Santa, make a button, take a FREE ride on the carousel or design their own ornament. The fun begins at 2 p.m. and continues until 4.

The Sunset Playhouse Company will present *Mr. Scrooge Finds Christmas* at the Sunset Recreation Center at 1 p.m. tomorrow. Admission is FREE.

A Child's Christmas in Wales —a beautiful and sensitive visual record, prepared in the "moving still" technique, as Kevin Reilly reads Dylan Thomas' classic story, will be held at the Exploratorium. This program begins every hour on the hour from 1 until 4 p.m., tomorrow and Sunday.

The 12th Annual Christmas Relays around Lake Merced, sponsored by the West Valley Track Club, begin at 7 p.m. on Sunday. Registration is in the parking area, Sunset and Lake Merced Boulevards.

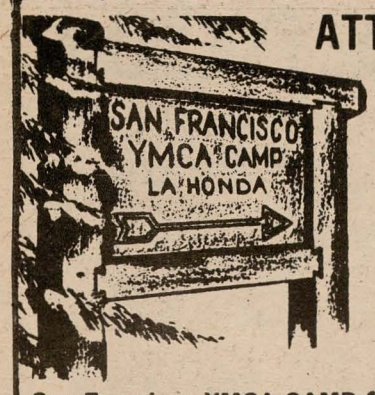
The Golden Gate Park and Christmas Concert, featuring selections from *Messiah*, a community sing-a-long and conducted by Robert Hansen, will begin at 1 p.m. in the Bandshell at Golden Gate Park on Sunday.

FREE, FREE, FREE day at the San Francisco Zoo on Tuesday. Don't worry, some of the animals like the semi-cool weather they are predicting.

The circus is back! The Pickle Family Circus is back at the Palace of Fine Arts theater beginning tonight through the 30th. Tonight's presentation is a gala benefit for KQED; admission is $15 for adults and $10 for children. Curtain is at 7:30 p.m. Tomorrow's shows are 2 and 7:30 p.m. with admission at 1 and 4 p.m. Call 826-0747 for more information.

The Exploraturium has extended its public hours on Wednesdays. The science museum will be open continuously from 1 until 9:30 p.m. each Wednesday. Also, museum admission is FREE on the first Wednesday of each month and after 6 p.m. each Wednesday evening.

The National Park Service rangers are sponsoring special candlelight tours of historic Fort Point for the public tomorrow and Dec. 28. The tours are from 6:30 until 9 p.m. and will begin and end in the upper parking lot just off of Lincoln Boulevard. Dress warmly, bring a flashlight and wear comfortable shoes for the approximately one-mile walk. Call 556-2857 for reservations and more information.



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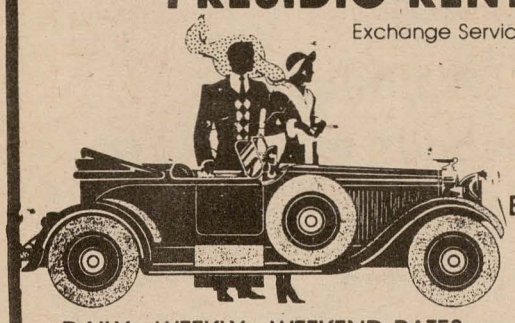

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Sports

Shriners' East-West game

Free tickets are available to all soldiers and their families for the Shriners' East-West game on Jan. 11. The game, held at Stanford University Stadium, kicks off at noon with pregame festivities beginning at 10:30 a.m. Transportation will be provided from the Presidio to Stanford University and back. Anyone interested should sign up at the ITT Office.

The ITT Office is located in bldg. 385, at 561-3992. Operating hours are: 11:30 a.m. to 1 p.m. and 2 to 5:30 p.m., Monday through Friday.

Warriors vs. Houston

The Warriors will challenge Houston at the Oakland Coliseum on Jan. 2 at 7:30 p.m. The ITT Office has discount tickets for $4.25, reduced from $8.

Men's basketball sweep

Presidio's men's basketball team scored a clean sweep last week, winning four games in four days. They started with Naval Weapons Station Concord and took charge from the start to the finish.

They used all their players by substituting freely in the game, which kept their opponents off guard. The team quickly moved the ball down the court and took good shots. The defense came up with numerous steals. Presidio won easily by a score of 89 to 52.

The following night was a repeat performance by Presidio. The final score was: Presidio 92, Concord 74.

On Thursday night, the team played a double-header because of a make-up game. Their opponent was the USS Arkansas. The team pressed their opponents hard at half-court causing several turnovers. Presidio controlled the rebounding with good positioning around the boards. The offense looked extremely good by moving the ball around and taking good percentage shots. Score of first game: Presidio 69, Arkansas 39. Second game: Presidio 86, Arkansas 49.

photo by Vince Nunez

Soccer champs

Marc Gonyea (left) and David Kearney (right) help Ventura Rodriguez Jr. bring the ball downfield. These athletes are members of the Presidio Scorpions who recently won the Viking League Championship against teams from San Francisco and northern San Mateo County.

Intramural basketball

The Presidio Intramural Basketball League will start in January. Seven teams have signed up already. Units that have not signed up, must do so right away.

For more information, contact John Funes at Gym No. 1, bldg. 63, at 561-5032 or 561-4130.

Women's basketball

The Presidio women's basketball team played Moffett Naval Air Station last week and lost a close one. Moffett is last year's league champions and this year they seem to be doing the same as last year, dominating the league. Presidio's women gave them a run for their money on their own court losing by just two points, 68-66.

The game could have gone either way from start to finish. Presidio's Raven Brown failed to maintain her 11-point average, but her teammate, Ann Veneciano, picked up the slack and got eight points that night.

The overall difference for Presidio was USAG's Anita Dixon, who just recently was assigned to the Presidio. She scored 12 points in the first half and 15 points in the second half for a total of 27 points.

Presidio women's basketball team participated in Travis Air Force Base's (AFB) Eighth Annual Basketball Tournament and took third place.

Playing three games on Saturday, the Presidio women lost the first game to Mather AFB, then dropping down to the loser's bracket. They then had to play McChord AFB.

Holidays sports tournament

The Sports Branch will host several sports tournaments during the Christmas and New Year's holidays. The competitions will be held in the afternoons starting at 1 p.m. until 6 p.m. each working day.

Tournaments will be held in basketball, volleyball, racquetball, squash and handball. All games will be played at Gym No. 1, bldg. 63.

Spectators are cordially invited to attend.

Aerobic dancing

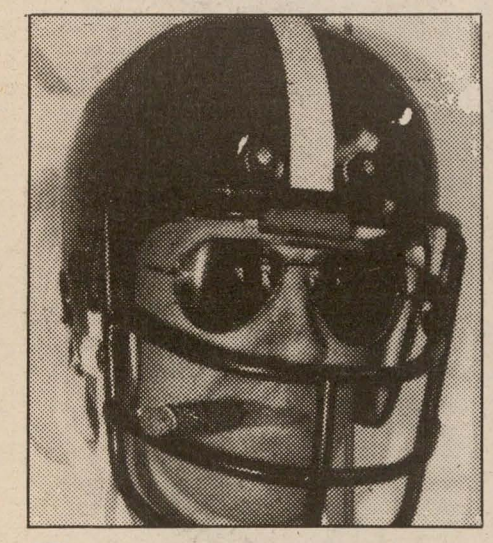
Think fitness for 1986. It is time to trim off 1985's fat through a serious, but fun, exercise program of aerobic dancing.

Dances are choreographed by Jackie Sorenson for the non-dancer and taught by instructor Sarah Owens. Classes meet Tuesdays and Thursdays from 9 to 10 a.m. at Gym No. 2, bldg. 1152 (behind LAMC).

The winter session starts on Jan. 7. The cost for 12 weeks (24 classes) is $70, or $3 a class.

For more information, call 387-8296 or 567-7779.

Jimmy the Freak



It's time to separate the men from the boys, the wheat from the chaff, the lion-hearted from the wimps.

It's the last game to qualify for the playoffs and only the strong will survive...and earn the extra money that goes with post-season play. Pride is fine, but most of today's players are more interested in that paycheck and keeping gas in Mom's Mercedes.

Since the *Star Presidian* is taking a well-deserved holiday hiatus, I should give a brief prediction on how I see the overall playoff picture. It's fairly obvious that the strength is in the NFC—the Bears, Cowboys and 49ers are all capable of winning the Big Game. In the AFC, Miami, the Jets and Raiders appear to have the inside track. Whoever represents the NFC should be favored at Super Bowl XX, but then again, who thought that the Royals would win this year's World Series? Talk to ya again before the Super Bowl.

San Francisco 27 Dallas 24

I was all set to predict the Cowboys' victory, but the fact that the 'Niners *have* to win, and the Cowboys don't, plus the home field advantage, gives the locals a very slight edge. I really believe that Coach Landry will hold back a little and let his guys get healthy for the more important playoff games. If the 49ers can avoid being tighter than a string on a three-dollar banjo, they should do all right.

New England 34 Cincinnati 28

The Patriots should make the playoffs—at least as a wild card selection. They would go farther without the injuries they've suffered to key people. Look for the Bengals to be a power next year. "Boomer" Esiason should be a superstar—I can just see him as the poster boy for pyrotechnic films.

Indianappalling Colts 27 Houston 20

The stretch drive is on for the fabulous Colts! Can they end their season with two great wins in a row? Will Bob Irsey finally have a reason to drink like a dehydrated camel? Will the players have a reason to learn how to spell the head coach's last name since he probably will return for another year? The answers are: yes, who needs a reason, and yes!

Green Bay 34 Tampa Bay 23

The Buccaneers lost what little respect anyone had for them when they succumbed to the Colts. The Packers did what the Dolphins and the 49ers couldn't do...win at Detroit. That shows a little pride still exists in Green Bay...about 300 percent more than in Tampa.

New York Jets 34 Cleveland 24

The Jets are better than they showed against the Bears. They have more talent than the Browns and will be playing before a vicious home crowd. Wouldn't you play well if you had to perform in front of thousands of cold, inebriated New Yawkers?

Chicago 19 Detroit 0

The Bears' defense barely will make it to the game on time, since they all have an appointment to have their teeth filed that morning in preparation for the playoffs. Just think, if the 49ers are fortunate enough to get into the playoffs and win the wild card game, they would then have the honor of playing *in* Chicago in January against these brutes.

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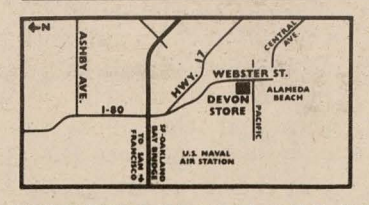

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